

Communication

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Eduardo Gabriel Torres Conde * and Rosa Elisa Rodríguez Martínez

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Communication

The Largest Historical Stranding of *Physalia physalis* Recorded

Eduardo Gabriel Torres-Conde 1,2,* and Rosa E. Rodríguez-Martínez 1

- ¹ Unidad Académica de Sistemas Arrecifales-Puerto Morelos, Instituto de Ciencias del Mar y Limnología, Universidad Nacional Autónoma de México, Prolongación Avenida Ninos Héroes S/N, Puerto Morelos, Quintana Roo, 77580, Mexico; rosaer@cmarl.unam.mx
- ² Posgrado en Ciencias Biológicas, Universidad Nacional Autónoma de México, Mexico
- * Correspondence: etorresconde2@gmail.com

Abstract: Historically, *Physalis physalis* massive stranding events have been infrequent and poorly documented. However, their occurrence can have significant impacts on human health and the stability of coastal ecosystems. In this study we analyze the largest P. physalis stranding event historically recorded affected Cuba's northwestern coast in December 2022. We counted all colonies during the massive event along ~ 3 km coast, within a 5 m stripe. Density, dimorphic form (left/right-handed), and colony size were quantified using 0.25 m² quadrat placed every 50 m, 10 m from shoreline. Eighty-five people were stung, with 38 having strong allergic reactions, resulting in a health risk. Over ten thousand colonies were recorded, with the highest mean colony density (29.3 per m²) ever reported. The massive stranding coincided with the lowest Arctic Oscillation index (-2.59) in the past 11 years during December, likely linked to climate change. This led to the emergence of northeasterly winds reaching speeds of up to 24 km/h. Wind direction and speed, coupled with the dominance of left-handed colonies (71.4%), suggest the Sargasso Sea as the possible source of the bloom. The high prevalence of juvenile P. physalis colonies (68 %) likely aligns with the autumn breeding season in the northern hemisphere. The potential causes of P. physalis blooms are still poorly understood. Systematic monitoring of the distribution and abundance of this species should be a research priority considering the potential risk to human health and that the blooms could become more frequent and affect other areas in the Atlantic, given climate change and increasing eutrophication of the oceans.

Keywords: Arctic Oscillation index; bloom; climate change; health risk; Portuguese man-of-war

1. Introduction

The understanding of blooms involving gelatinous zooplankton remains limited, mainly because they are not commonly the focus of fisheries and oceanographic research efforts, resulting in a dearth of information about their origins and causes (Licandro et al., 2010; Canepa et al., 2020). The excessive proliferation of these species can negatively affect marine ecosystems' stability through excessive predation and have adverse consequences for human activities such as tourism and fisheries, as usually these blooms are composed of stinging species (Purcell and Arai, 2001; Canepa et al., 2014). Among the gelatinous zooplankton species, *Valella valella, Porpita porpita*, and *Physalis physalis* are frequent contributors to the blooms found stranded on coasts, propelled by wind and currents (Graham et al., 2001; Canepa et al., 2020).

P. physalis, commonly called Portuguese man-of-war, is a cosmopolitan colony formed by specialized zooids, a pneumatophore, and tentacles that have stinging cells (cnidocysts) with toxins to paralyze prey and that are powerful enough to harm humans gravely (Burnett et al., 1994). It is an effective predator, comprising fish larvae up to 90% of their diet (Purcell, 1984). Gut contents analyses of colonies collected in the Gulf of Mexico and the Sargasso Sea showed that one colony consumes an average of 120 fish larvae daily (Purcell, 1984). Thus, when *P. physalis* is in high quantities, excessive predation can affect the marine ecosystem's stability (Mitchell et al., 2021). *P. physalis* is also among the worst stinging species in the Pacific and Atlantic oceans affecting tourist and fishery activities (Canepa et al., 2020). Its sting can cause cardiac, neurological, gastrointestinal, respiratory, and allergic reactions in humans (Martínez et al., 2010; Mitchell et al., 2021).

Strandings of *P. physalis* are common on the coasts but usually in low quantities (Torres-Conde et al., 2022). For example, between 1914 and 2021, less than 200 beach cast colonies per year were reported for the Mediterranean Sea (Badalamenti et al., 2021), while on the northwestern coast of Cuba, annual densities from 2018 to 2021 were estimated at less than 150 colonies/100m (Torres-Conde and Martínez-Daranas, 2020; Torres-Conde et al., 2022). Scientific reports of massive strandings of this species are scarce (Table 1), most likely because these events are sporadic and primarily triggered by unusual meteorological and oceanographic conditions often associated with climate change.

Table 1. Studies of massive stranding of *Physalia physalis*. NAOi North Atlantic Oscillation Index, ENOS El Niño Southern Oscillarion.

Year	Month	Location	Coast	Number	Possible causes	Source
			length	of		
			(km)	colonies		
2010	February	Doñona National	~ 50	~ 10 373	Unusual low	Prieto et
		Park (Spain)			NAOi event	al., 2015
2010	August	Bay of Biscay (France	~ 250	3,500	Prevailing west-	Fonseca
		and Spain			southwesterly	and
					and	Pastor,
					northwesterly	2020
					winds	
2015	June-	Chilean coast (Chile)	~ 3 300	31,522	ENSO event	Canepa
	September					et al.,
						2020
2017	January-	Chilean coast (Chile)	~ 3 300	~ 9010	ENSO event	Fierro et
	March					al., 2021
2022	December	NW Cuba	~ 3	10,441	Unsual low AOi	This
					event,	study
					northeasterly	
					winds	

Gelatinous zooplankton blooms have been associated with environmental factors, such as light, temperature, salinity, and food availability (Purcell et al., 2012), while onshore strandings are known to be influenced by wind and wave direction, as well as the geomorphology of the shoreline (Potin et al., 2011; Torres-Conde et al., 2021; Bourg et al., 2022). In the case of *P. physalis* strandings, the speed and direction of the wind have been identified as the primary factors for predicting the source of the bloom, as the pneumatophore acts as a sail that can be oriented left or right (Woodcock, 1944; Totton and Mackie, 1960; Ferrer and Pastor, 2017). The Arctic Oscillation index (AOi), the North Arctic Oscillation index (NAOi), and El Niño Southern Oscillation (ENSO) have been used as indicators for predicting strandings. These indices demonstrate stochastic variations between positive and negative phases and are associated with climate variations in middle and high latitudes (Prieto et al., 2015; Torres-Conde, 2022).

In this study, we describe the largest documented beaching event of *P. physalis* and examine the climatic conditions that could have favored their transport to the northwestern coast of La Habana, Cuba, in December 2022. The results should raise awareness within the scientific community to monitor *P. physalis* strandings along the Atlantic coast, considering the risk they represent to human

populations, tourism, and fisheries, particularly because increments in jellyfish populations are often associated with warming caused by climate change and eutrophication (Purcell et al., 2007).

2. Methods

Data on a *P. physalis* stranding event in December 2022 were obtained in La Habana (23% 49.759"N, 82°26'24.072"W), northwestern coast of Cuba, by sampling ~ 3 km of the littoral of Paseo Marítimo, from streets 1st on the east to the west (Fig. 1). The beach is dominated by rocky supralittoral and sublittoral and an abrasive rocky zone down to the terrace edge, where there is a continuous coral reef that extends to a depth of 20 m (Zlatarski and Martínez-Estalella, 1980; Caballero and de la Guardia, 2003). The dominant winds are from the northern component in the dry season and the east in the rest of the months (Martínez, 1983; Torres-Conde, 2022). The coastal area is urbanized. Locals and tourists visit the beach and coastal waters to swim, snorkel, and dive. Data on the number of people affected by *P. physalis* stinging in the study area during the bloom event was provided by the Instituto de Ciencias del Mar-ICIMAR from la Habana, Cuba.



Figure 1. Location of the study site.

Samplings were conducted between the 27^{th} and 31^{st} of December 2022, when the massive arrival of *P. physalis* occurred (Fig. 2 a-b). All colonies along the ~3 km coast were counted in a ~5 m wide stripe. Additionally, $0.25 \, \text{m}^2$ quadrats were placed every 50 m along the beach 10 m from the shoreline to quantify the density, the percentage of each dimorphic form (left-handed or right-handed), and the size of the colonies (accuracy = 1 mm). Colony density was standardized to a square meter. Possible differences in the frequency of *P. physalis* among dimorphic forms and size were tested with a chi-square test. A post hoc analysis for Pearson's chi-squared test was used for paired comparison. A significance level of 0.05 was used for all tests. All analyses and graphics were done in R (R Core Team 2023) using packages: ggplot2 (Wickham, 2016), ggpubr (Kassambara, 2020), and GAD (Sandrini-Neto and Camargo, 2012).

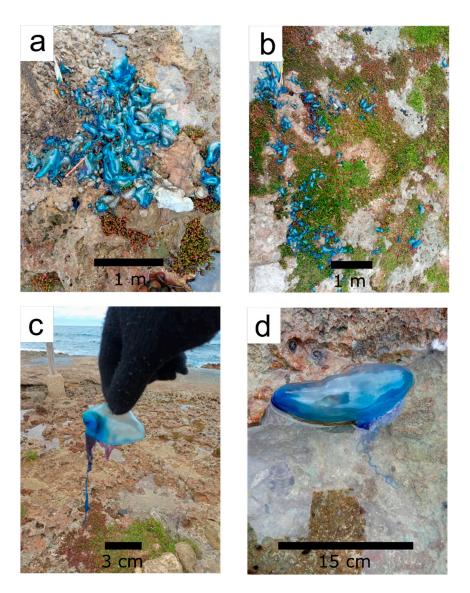


Figure 2. a and b) Massive stranding of *Physalia physalis* on the northwestern coast of La Habana, Cuba, on December 28th and 29th, 2022; c) Juvenile colony of *P. physalis*; d) Mature colony of *P. physalis*.

Wind direction, wave height and direction, and air temperature were obtained for the eight days before the massive beaching of *P. physalis* from the Windguru website (https://www.windguru/cz/). The climatic situation for the month of the arrival was obtained from the monthly summaries of the Cuban Meteorology Institute (https://www.insmet.cu). The daily Arctic Oscillation Index (AOi) and the North Atlantic Oscillation Index (NAOi) for the month of the massive beaching (December 2022) were attained from the database of the United States Climate Prediction Center (www.cpc.ncep.noaa.goc) (CPC, 2023) (Supplementary Table 1).

3. Results and Discussion

Between December 27th and 31st, 2022, 85 individuals, including tourists, experienced *P. physalis* stings at the study site, with 38 suffering severe allergic reactions. No fatalities were reported. Along the studied shoreline, 10,441 *Physalia physalis* colonies were recorded (~345 colonies per 100 m). The average colony density was 29.3 per m² (SE: 30.2). Statistical significant differences in the frequency of *P. physalis* were found between the dimorphic forms (χ -squared= 31.48, df = 1, p = 0.001) and sizes (χ -squared= 18.21, df = 3, p = 0.008). Left-handed colonies were more prevalent (71.4%) than right-handed colonies (28.6%), with 68.8% of the total being in a juvenile state (\leq 10 cm) (Fig. 2c-d, Fig. 3).

A week before the strandings, the prevailing winds and waves were northeasterly, with a mean wind speed of 12.1 km/h, a mean wave height of ~1 m, mean air temperature of 22.3 °C, and mean water temperature of 27.4 °C (Table S1). The Arctic and North Atlantic Oscillation indices displayed negative values (AOi: -2.59; NAOi: -0.13) (Table S2). Four days before the strandings (December 24, 2022), a cold front reached the coast of La Habana, bringing northeasterly winds reaching 24 km/h, an average wave height of 1.5 m, and an average air temperature of 19 °C.

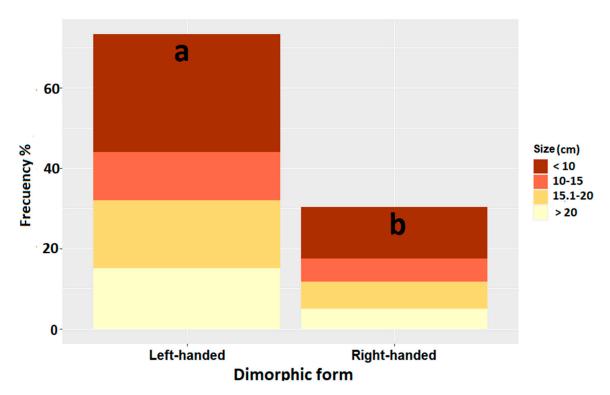


Figure 3. Percentage of *Physalia physalis* colonies in four size classes (<10, 10-15, 15.1-20, > 20 cm) and dimorphic forms (Left-handed and Right-handed) that stranded on the northwestern coast of La Habana, Cuba, on December 28th and 29th 2022. Different letters indicate significant differences between dimorphic forms using the chi-squared test at the 0.05 significance level.

The number of *P. physalis* colonies that washed ashore during the last week of December of 2022 was two to seven times higher than the annual records (range: 44-145 per 100 m) along the northwestern coast of Cuba in previous surveys (Torres-Conde et al., 2021; Torres-Conde, 2022). The density of strandings was also significantly higher than that reported in other massive swarm events of the Portuguese Man-of-War. For instance, from February 2010, 10,373 *P. physalis* colonies were stranded along ~50 km of Doñona National Park in Spain (~20 colonies per 100 m). This event was likely influenced by unique climatic conditions during the previous winter, including a negative NAOi (-4.64) and anomalous strong westerly winds (Prieto et al., 2015). Also, in 2010, over 3,500 colonies arrived on the Basque coast in August (~1.4 colonies per 100 m), possibly due to a combination of west-southwesterly and northwesterly winds between August 2009 and August 2010 (Ferrer and Pastor, 2017). In the summer of 2015, another massive stranding event occurred in Chile's central and south-central coast, associated with the Niño Southern Oscillation (ENSO), where nearly 200 people were stung; the density of stranded colonies (1 colony per 100 m; Canepa et al., 2020) was considerably lower than the one recorded in the present study.

Our data suggest that the arrival of the Portuguese Man-of-War in large numbers along Cuba's northwestern coast was facilitated by specific meteorological and oceanographic conditions, primarily driven by the most negative mean AOi in the past 11 years (CPC, 2023). Negative AOi values promote the influx of cold fronts with robust northeasterly winds and low air temperatures from high latitudes to mid-latitudes (Thompson and Wallace, 2001; Thompson et al., 2003; Cedeño, 2015). Previous studies by Torres-Conde et al. (2021) and Torres-Conde (2022) have established an

association between *P. physalis* and holopelagic *Sargassum* spp. strandings on the northwestern coast of Cuba with a negative AOi phase, cold fronts, and moderately strong northeasterly winds (> 18 km/h), which align with the conditions observed in the current study.

The dimorphic form of *P. physalis* is used to predict the source of stranded colonies (Ferrer and González, 2020). Ferrer and Pastor (2017) propose the North Atlantic Subtropical Gyre (NASG), encompassing the Sargasso Sea, as the primary source of *P. physalis* strandings along Atlantic Ocean coasts. Our results support this hypothesis as a higher percentage of left-handed colonies were stranded in La Habana in December 2022, influenced by predominantly northeast winds and waves. The high prevalence of juvenile colonies likely corresponds to the breeding season of *P. physalis*, which typically occurs in autumn in the northern hemisphere (between September and December; Ferrer and González, 2020). The small left-handed colonies were likely carried from the NASG towards the north coast of Cuba by a combination of wind and current conditions generated by an unusually negative NAOi.

Global climate change has caused abrupt and abnormal behaviors in the NAOi, AOi, and ENSO patterns, which in turn influence meteorological conditions with changes in temperature, wind, and currents, which alter the distribution of marine species in the Atlantic Ocean (Fromentin and Planque, 1996; Thompson and Wallace, 2001; Prieto et al., 2015; Marx et al., 2021). One notable case is the extensive strandings of the holopelagic *Sargassum* spp. in the Caribbean, with high ecological, economic, and human-health-related repercussions (van Tussenbroek et al., 2017; Rodríguez-Martínez et al., 2023). Similarly to the holopelagic *Sargassum*, climate change and eutrophication may play a role in *P. physalis* blooms (Hanisak and Samuel, 1987; Purcell et al., 2012; Brooks et al., 2018; Bourg et al., 2022). However, further research is needed to assess the environmental conditions that favor the reproduction of *P. physalis* and the occurrence of blooms. Not enough historical data is available to determine if *P. physalis* is increasing its distribution and abundance and if blooms are becoming more frequent.

The high density of *P. physalis* that was stranded on the northwestern coast of Cuba in 2022 and the risk it implies for human health should serve as a warning to the scientific community about the importance of implementing systematic monitoring efforts along the Atlantic coasts to gain a comprehensive understanding of the distribution and influx patterns of *P. physalis*. Climate change and eutrophication could turn isolated blooms of *P. physalis* into recurring events and affect a higher number of countries and territories. For example, in February 2023, strandings of *P. physalis* with a density of 20 colonies per 100 m occurred in a 70 km coastal stripe in the north of the Yucatan Peninsula, Mexico, where historically only isolated colonies were observed sporadically (Aldana-Arana, pers. comm.). Monitoring initiatives will provide invaluable insights, enhance prediction capabilities, and effectively manage future massive strandings in coastal regions. Monitoring initiatives should also include the Sargasso Sea to comprehend the specific conditions that may be responsible for the occurrence of *P. physalis* blooms in the Atlantic.

Supplementary Materials: The following supporting information can be downloaded at the website of this paper posted on Preprints.org.

Author contribution: "EGTC, RERM, conceived and designed the research; EGTC, performed the experiments; EGTC, RERM, wrote and edited the manuscript." All authors contributed critically to drafts and gave final approval for publication. On behalf of all authors, the corresponding author states that there is no conflict of interest.

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