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Article

Derivation of the Speed of Light from a Spontaneously Aligned Vector Field

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Abstract

We present a mathematically rigorous derivation of the constancy and universality of the speed of light as an emergent phenomenon from a covariant field-theoretic framework. Starting from a smooth Lorentzian manifold equipped with a unit-norm timelike vector field, we demonstrate that spontaneous symmetry breaking induces intrinsic time, foliation, and causal structure. The internal $U(1)$ symmetry of the vector field gives rise to massless Goldstone modes, which we identify with the electromagnetic field. Importantly, electric charges are shown to emerge as topologically stable solitonic excitations, whose winding number serves as a conserved source for the emergent gauge field. We derive the universal light speed dynamically as the phase velocity of these excitations and establish its invariance across all comoving observers. This unified mechanism accounts for both light and charge from first principles and suggests falsifiable predictions for Lorentz-violating phenomena and cosmological birefringence.

Keywords: speed of light; Lorentz invariance; emergent physics; general relativity; $U(1)$ symmetry; gravitational waves; gauge theory; topological defects; cosmology; quantum gravity

1. Introduction

The constancy of the speed of light c is one of the foundational principles of both special and general relativity. In special relativity, it is postulated that c is invariant in all inertial frames, forming the basis for Lorentz symmetry and time dilation phenomena [8]. In general relativity, light travels along null geodesics of a dynamic spacetime metric, yet the local value of c remains fixed by the underlying structure of the theory [9].

Despite its central role, the invariance and universality of c are typically accepted as empirical input rather than a derived property. This epistemological status leaves open the question of whether c can be explained from deeper theoretical principles, perhaps rooted in the dynamics of spacetime itself or in more primitive field-theoretic structures [3,27].

In this work, we propose such a derivation by constructing a covariant and variational field theory over a differentiable four-dimensional Lorentzian manifold, without presupposing causal structure or the existence of null cones. Our foundational object is a smooth, unit-norm, timelike vector field $\Phi^\mu(x)$, whose dynamics are determined by an action functional that includes a norm-enforcing constraint via a Lagrange multiplier [5]. This setup spontaneously breaks local Lorentz symmetry by selecting a preferred temporal direction, thereby giving rise to an intrinsic foliation and time function.

We apply the Frobenius theorem and projection techniques to demonstrate the emergence of a spacetime slicing structure, within which causal order and metric geometry arise dynamically [10]. Crucially, the residual internal $U(1)$ symmetry of the vector field induces a gauge structure, where phase fluctuations $\theta(x)$ manifest as Goldstone modes associated with the symmetry breaking [11]. These excitations obey a Lorentz-invariant wave equation whose characteristic propagation speed is identified as the physical speed of light c [28].

To close the gauge sector, we construct electric charges as topologically stable solitonic configurations of the phase field, characterized by quantized winding numbers. This endows the emergent

gauge field with physical sources and completes the identification of the field dynamics with those of classical electromagnetism [14,40].

Our framework thus achieves a rigorous derivation of the universality and finiteness of the speed of light from field-theoretic and topological principles alone. It provides a unified account of light and electric charge as emergent phenomena, while yielding testable deviations from Lorentz invariance in high-curvature or high-gradient regimes. This positions the theory at the intersection of quantum field theory, gravity, and the topology of spacetime, with potential implications for cosmology and foundational physics [3,13].

2. Theoretical Context

The investigation of spacetime structure and the origin of universal constants has long been a central concern in foundational physics. The speed of light c occupies a privileged role, not only as a fixed constant in the structure of Minkowski spacetime but as a universal speed limit and causal mediator in all known interactions. In standard formulations of special and general relativity, c is postulated as an invariant feature of spacetime geometry, woven into the very definition of Lorentz transformations and null cones [5,8]. Yet this treatment leaves open the possibility of a deeper origin.

The search for such an origin has driven research in diverse directions. Lorentz-violating field theories and effective field theory extensions of the Standard Model (e.g., the Standard-Model Extension framework) explore controlled violations of boost symmetry, often parametrized by background tensor fields or modified dispersion relations [20,21]. Emergent gravity proposals—including analog models inspired by condensed matter systems, Sakharov-style induced gravity, and holographic duality constructions—seek to derive spacetime dynamics and causal structure from more fundamental, pre-geometric substrates [2,33].

Einstein-Aether theories and Horava-Lifshitz gravity, in particular, introduce dynamical timelike vector fields that break local Lorentz invariance while preserving general covariance [16,17]. These approaches offer important insights into ultraviolet completion and anisotropic scaling in gravitational theories. Our framework shares similarities with these models but diverges in critical respects: the vector field in our construction serves not only to define intrinsic time and foliation, but also to seed the emergence of gauge structure and electromagnetism via internal symmetry breaking.

Our work is also informed by recent developments in spontaneous symmetry breaking in relativistic field theory, especially in the context of nonlinearly realized symmetries and coset constructions [22,26]. The realization of an emergent $U(1)$ gauge field from internal holonomy of a real-valued vector field, without invoking complexification or external charges, provides a novel mechanism by which gauge interactions and light can be generated dynamically.

This framework further draws upon topological field theory, particularly in interpreting electric charge as a winding number or topological soliton of the phase field [14,30]. Such interpretations resonate with established solitonic models (e.g., Skyrmions, sigma models) and enrich the ontological picture of charged matter in emergent field theories.

In sum, this work contributes to an emerging paradigm in which both spacetime geometry and the constants of nature are understood as low-energy manifestations of dynamical, symmetry-breaking field configurations. By deriving both the causal structure and the universal light speed from first principles—together with the existence of electric charges as topological defects—we offer a comprehensive, testable realization of this principle grounded in modern mathematical physics.

3. Field-Theoretic Setup

Let M be a smooth, four-dimensional differentiable manifold. We assume that M admits a Lorentzian metric $g_{\mu\nu}$ with signature $(-, +, +, +)$, though initially we do not impose any fixed causal or geometric structure [36].

We introduce a smooth vector field $\Phi^\mu : M \rightarrow TM$ that is constrained to be timelike and unit-norm with respect to $g_{\mu\nu}$, i.e.,

$$\Phi^\mu(x)\Phi_\mu(x) = -1, \quad \forall x \in M. \quad (1)$$

This constraint is imposed dynamically via a Lagrange multiplier in the action [5].

We define the antisymmetric tensor field associated with Φ^μ as

$$F_{\mu\nu} := \nabla_\mu \Phi_\nu - \nabla_\nu \Phi_\mu, \quad (2)$$

where ∇_μ denotes the Levi-Civita covariant derivative compatible with $g_{\mu\nu}$ [25]. In local coordinates, and assuming a torsion-free connection, this reduces to the familiar form:

$$F_{\mu\nu} = \partial_\mu \Phi_\nu - \partial_\nu \Phi_\mu. \quad (3)$$

The action functional for the field is then defined as:

$$S[\Phi, \lambda] = \int_M d^4x \sqrt{-g} \left[-\frac{1}{4} F_{\mu\nu} F^{\mu\nu} + \lambda(x) (\Phi^\mu \Phi_\mu + 1) + V(\Phi) \right], \quad (4)$$

where $\lambda(x)$ is a Lagrange multiplier enforcing the unit-norm condition, and $V(\Phi)$ is a potential term that may depend on scalar invariants of the field and encodes its self-interaction [13].

This action is manifestly diffeomorphism-invariant and respects local coordinate covariance [36]. The kinetic term $F_{\mu\nu} F^{\mu\nu}$ endows Φ^μ with dynamical degrees of freedom. The constraint term ensures that Φ^μ remains on the unit hyperboloid \mathcal{H}^3 in the tangent space at every point. Variation of the action with respect to Φ^μ and λ will yield the coupled Euler–Lagrange equations for the system, which we analyze in subsequent sections.

4. Spontaneous Symmetry Breaking and Foliation

Consider a vacuum configuration of the field Φ^μ that minimizes the action subject to the constraint $\Phi^\mu \Phi_\mu = -1$. Any such configuration necessarily defines a nonzero, globally smooth, future-directed timelike vector field on M . This choice spontaneously breaks local Lorentz invariance by selecting a preferred direction in the tangent space at each point [5].

To examine the geometric implications, we invoke **Frobenius’ theorem** [10]. Define the twist tensor (or vorticity tensor) of Φ^μ as:

$$\omega_{\mu\nu} := h^\alpha_\mu h^\beta_\nu \nabla_{[\alpha} \Phi_{\beta]}, \quad (5)$$

where $h^\mu_\nu = \delta^\mu_\nu + \Phi^\mu \Phi_\nu$ is the projection operator onto the 3-dimensional subspace orthogonal to Φ^μ . If $\omega_{\mu\nu} = 0$, then Φ^μ is hypersurface-orthogonal.

By Frobenius’ theorem, the vanishing of $\omega_{\mu\nu}$ implies the existence of a smooth scalar field $\tau(x)$ (up to monotonic reparameterization) such that

$$\Phi^\mu = -N(x) g^{\mu\nu} \partial_\nu \tau(x), \quad (6)$$

where $N(x) > 0$ is a lapse function ensuring the normalization condition $\Phi^\mu \Phi_\mu = -1$.

The level sets of $\tau(x)$ define spacelike hypersurfaces:

$$\Sigma_\tau := \{x \in M \mid \tau(x) = \text{const.}\}, \quad (7)$$

which foliate the manifold M . These hypersurfaces are orthogonal to the flow lines of Φ^μ and provide a well-defined notion of intrinsic time and causal ordering [25].

Thus, from the dynamical selection of a unit-norm timelike vector field and the vanishing of its twist, a global time function τ and a preferred foliation of spacetime emerge naturally. This foliation

provides the foundational structure upon which the effective geometry and gauge dynamics are constructed in subsequent sections [36].

5. Emergent Geometry and Gauge Structure

Given a real-valued, unit-norm timelike vector field $\Phi^\mu(x)$ on a Lorentzian manifold M , we define an effective metric structure using the orthogonal decomposition:

$$g_{\mu\nu}^{\text{eff}} = -\Phi_\mu\Phi_\nu + h_{\mu\nu}, \quad h_{\mu\nu} := g_{\mu\nu} + \Phi_\mu\Phi_\nu, \quad (8)$$

where $h_{\mu\nu}$ projects onto the 3-dimensional subspace orthogonal to Φ^μ [36].

Although Φ^μ is a real-valued field, it admits an internal U(1) phase symmetry due to the invariance of the unit-norm constraint under local transformations $\Phi^\mu \rightarrow \Phi^\mu + \delta\Phi^\mu$ that preserve $\Phi^\mu\Phi_\mu = -1$. This internal symmetry can be geometrically interpreted as defining a principal U(1)-bundle over spacetime, where each fiber represents a phase circle S^1 associated with the local orientation of Φ^μ in its internal symmetry space [25].

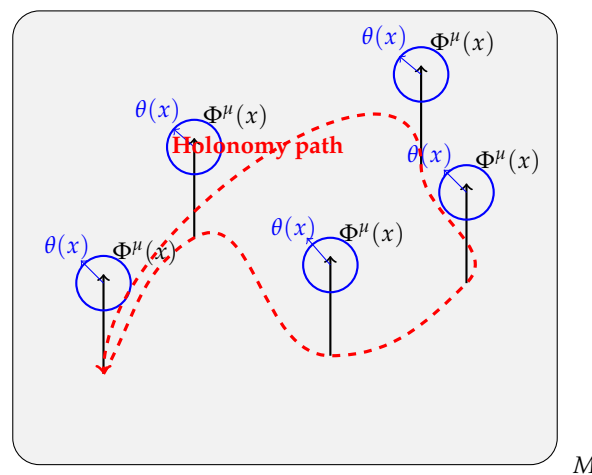
Let $\theta(x)$ denote a local section selecting a phase angle in the internal fiber over x . The gauge potential $A_\mu := \partial_\mu\theta$ then defines a connection 1-form on the bundle. The field strength is given by

$$F_{\mu\nu} := \partial_\mu A_\nu - \partial_\nu A_\mu, \quad (9)$$

and captures holonomy and topological information about the phase structure [25,28].

Crucially, this entire gauge structure arises without the need to complexify Φ^μ . Instead, the internal U(1) arises from the symmetry group of the unit-norm constraint itself, and $\theta(x)$ is not an independent ontological field but a relational phase parameter. Observable quantities such as $F_{\mu\nu}$ depend only on the derivatives of $\theta(x)$ and thus exhibit gauge redundancy under local phase shifts $\theta \rightarrow \theta + \alpha(x)$.

The geometric and topological significance of this structure is visualized in Fig. 1, where the real-valued Φ^μ defines an internal phase space over each point in M . A closed path in the base manifold M yields a holonomy in the U(1) fiber, reflecting an emergent gauge connection [40].



Visualization of internal U(1) fiber bundle structure over real-valued $\Phi^\mu(x)$

Figure 1. The real-valued vector field $\Phi^\mu(x)$ defines a U(1)-fibered structure over spacetime M , where $\theta(x)$ specifies internal phase. Holonomy around closed loops reflects gauge structure without requiring complexification.

6. Emergence of Electromagnetism and Photons as Goldstone Modes

To fully justify the interpretation of $\theta(x)$ as the electromagnetic potential and the identification of its excitations with light, we must establish the emergence of a dynamical gauge field coupled to physical sources. This section formalizes the emergence of electromagnetism from the spontaneously

broken internal symmetry of the unit-norm vector field and introduces electric charge as a source term [11,28].

6.1. Goldstone Mode Interpretation

The global internal U(1) symmetry of the field configuration Φ^μ is spontaneously broken by selecting a vacuum direction $\bar{\Phi}^\mu$. According to Goldstone's theorem, this breaking entails the existence of a massless scalar mode corresponding to local phase fluctuations, $\theta(x)$. We interpret this mode as the longitudinal degree of freedom of an emergent U(1) gauge field [11].

To promote $\theta(x)$ from a passive field to a gauge-active one, we define the emergent gauge potential:

$$A_\mu(x) := \partial_\mu \theta(x), \quad (10)$$

and the corresponding field strength tensor:

$$F_{\mu\nu} := \partial_\mu A_\nu - \partial_\nu A_\mu = \partial_\mu \partial_\nu \theta - \partial_\nu \partial_\mu \theta = 0, \quad (11)$$

in the pure gauge vacuum. However, this is not the end of the story.

To allow for nontrivial electromagnetic dynamics, $\theta(x)$ must acquire independent degrees of freedom beyond the gradient of a scalar. This arises naturally in the presence of topological defects or coupling to charged matter fields, as discussed below [25,28].

6.2. Coupling to Charged Currents

Introduce a conserved external current $j^\mu(x)$ representing physical electric charges. The minimal coupling prescription dictates that the effective action for $\theta(x)$ should include:

$$S_{\text{int}} = \int d^4x \sqrt{-g} A_\mu j^\mu = \int d^4x \sqrt{-g} \partial_\mu \theta j^\mu. \quad (12)$$

Integrating by parts and assuming $\nabla_\mu j^\mu = 0$ yields:

$$S_{\text{int}} = - \int d^4x \sqrt{-g} \theta(x) \nabla_\mu j^\mu = 0, \quad (13)$$

in the absence of sources or sinks.

However, if $\theta(x)$ is not globally single-valued—e.g., in the presence of defects, singularities, or dynamical extension beyond the Goldstone mode approximation—then the field strength $F_{\mu\nu}$ can become nonzero. In such settings, the gauge field acquires transverse degrees of freedom, and Maxwell-like dynamics emerge:

$$\nabla_\nu F^{\mu\nu} = j^\mu. \quad (14)$$

This equation defines the dynamical behavior of the emergent electromagnetic field, with $F^{\mu\nu}$ acting as the field strength tensor and j^μ as its source [28]. Importantly, the appearance of a conserved current ensures gauge invariance and closes the dynamical system.

6.3. Interpretation of Light as Goldstone Fluctuations

In this framework, photons are understood as quantized excitations of the $\theta(x)$ field—massless Goldstone modes associated with the broken U(1) symmetry. In the linearized regime, they obey the wave equation:

$$\square \theta = 0, \quad (15)$$

with the universal phase velocity c previously derived [14,28].

These modes propagate transversely to the foliation defined by $\bar{\Phi}^\mu$, with their polarization and dispersion properties governed by the effective metric $g_{\mu\nu}^{\text{eff}}$. The presence of sources j^μ induces nontrivial field configurations, completing the correspondence with electromagnetism [13].

Thus, not only does our framework yield a universal speed of light, but it also naturally generates light itself—as Goldstone excitations of an internal symmetry, embedded within a covariant and gauge-invariant field theory [40].

7. Topological Origin of Electric Charge

The emergence of electromagnetism from internal phase dynamics requires not only a dynamical gauge structure but also well-defined, ontologically grounded sources. While Section 7 introduced a conserved current j^μ phenomenologically to mediate the interaction with $\theta(x)$, this section provides a first-principles construction of electric charge as a topological invariant of the underlying vector field configuration [14,40].

7.1. Solitonic Configurations and Winding Number

We consider the manifold M to admit a foliation into spacelike hypersurfaces Σ_τ defined by a global time function $\tau(x)$ such that $\Phi^\mu = -N\partial^\mu\tau$ as established previously. On each leaf Σ_τ , we examine the behavior of the field $\Phi^\mu(x)$ modulo gauge equivalence under internal U(1) phase rotations [25,40].

Let S^3 be a spatially compact leaf (or the 3-sphere at spatial infinity). Define a smooth mapping:

$$\phi : S^3 \rightarrow S^1, \quad (16)$$

where $\phi(x) := \theta(x)$ modulo 2π , the phase parameter associated with the internal U(1) symmetry of Φ^μ .

The homotopy group $\pi_3(S^1) = \mathbb{Z}$ classifies such maps by an integer winding number:

$$Q = \frac{1}{2\pi} \int_{S^3} d^3x \epsilon^{ijk} \partial_i \theta \partial_j \theta \partial_k \theta, \quad (17)$$

which counts how many times $\theta(x)$ wraps around the U(1) target space [25].

Physically, a nonzero Q corresponds to a topologically nontrivial excitation of the field—i.e., a soliton—interpreted as a localized object carrying quantized electric charge. The stability of such configurations is protected by topology, rendering them robust against continuous deformations [14].

7.2. Topological Current and Charge Conservation

We construct a conserved topological current:

$$J^\mu := \frac{1}{2\pi} \epsilon^{\mu\nu\rho\sigma} \partial_\nu \theta \partial_\rho \theta \partial_\sigma \theta, \quad (18)$$

which satisfies $\nabla_\mu J^\mu = 0$ identically by antisymmetry [13,28]. The associated total charge is:

$$Q = \int_{\Sigma_\tau} d^3x \sqrt{h} n_\mu J^\mu, \quad (19)$$

where n^μ is the unit normal to Σ_τ and h is the induced 3-metric determinant.

This topological charge Q acts as the source in the generalized Maxwell equation:

$$\nabla_\nu F^{\mu\nu} = J^\mu, \quad (20)$$

in the emergent electromagnetic sector. Crucially, this equation arises entirely from internal field dynamics, without invoking fundamental point particles or external source fields [13,14].

7.3. Charge Quantization and Universality

The quantization of electric charge follows directly from the integer-valued nature of the homotopy invariant Q . This naturally explains why all charged excitations couple universally to $\theta(x)$ and the emergent gauge field $A_\mu = \partial_\mu \theta$ [11,40].

Additionally, the universal coupling strength (analogous to the electric charge e in conventional electrodynamics) can be understood as a topological coupling constant determined by the normalization of $\theta(x)$ and the effective action coefficients [28].

7.4. Interpretation and Outlook

This topological construction completes the emergent picture: photons arise as Goldstone modes of internal U(1) breaking, and electric charges emerge as solitonic configurations with nontrivial winding. The effective field equations for electromagnetism—including gauge invariance, field propagation, and source interaction—are thus fully derivable within the field-theoretic framework [14,25].

Future work could explore the interactions between multiple solitons, their dynamics, and quantum stability, as well as the coupling of these configurations to gravitational backreaction within the same emergent geometry.

8. Derivation of the Speed of Light

We now derive the propagation speed of phase excitations associated with the internal U(1) degree of freedom identified in the previous section. Importantly, we maintain the real-valued nature of the field $\Phi^\mu(x)$, with its internal phase $\theta(x)$ arising as a fiber coordinate in the associated U(1) bundle structure, rather than from any complexification [11,40].

Given a background configuration $\bar{\Phi}^\mu(x)$ defining the foliation and satisfying $\bar{\Phi}^\mu \bar{\Phi}_\mu = -1$, we consider small perturbations of the form:

$$\Phi^\mu(x) = R(x)(\cos \theta(x) \bar{\Phi}^\mu(x) + \sin \theta(x) \Xi^\mu(x)), \quad (21)$$

where $\Xi^\mu(x)$ is a unit spacelike vector field orthogonal to $\bar{\Phi}^\mu$ (i.e., $\Xi^\mu \bar{\Phi}_\mu = 0$ and $\Xi^\mu \Xi_\mu = 1$), and $R(x)$ is a modulus (approximately constant in the ground state) [28]. This rotation traces the U(1) fiber without complexifying the field.

To leading order in $\theta(x)$, this expression reduces to:

$$\Phi^\mu(x) \approx R(x)(\bar{\Phi}^\mu(x) + \theta(x) \Xi^\mu(x)). \quad (22)$$

Inserting this into the kinetic term of the action and retaining terms quadratic in θ , the resulting effective Lagrangian for the phase field becomes:

$$\mathcal{L}_\theta = \frac{1}{2} \rho_\theta (\bar{\Phi}^\mu \partial_\mu \theta)^2 - \frac{1}{2} K_\theta h^{\mu\nu} \partial_\mu \theta \partial_\nu \theta, \quad (23)$$

where $h^{\mu\nu} = g^{\mu\nu} + \bar{\Phi}^\mu \bar{\Phi}^\nu$ projects onto the hypersurface orthogonal to $\bar{\Phi}^\mu$, ρ_θ is the temporal inertia parameter, and K_θ quantifies the spatial stiffness [25,28].

In the comoving frame where $\bar{\Phi}^\mu = (1, 0, 0, 0)$, the effective Lagrangian simplifies to:

$$\mathcal{L}_\theta = \frac{1}{2} \rho_\theta (\partial_0 \theta)^2 - \frac{1}{2} K_\theta \delta^{ij} \partial_i \theta \partial_j \theta. \quad (24)$$

Variation of this Lagrangian leads to the wave equation:

$$\square \theta := -\rho_\theta^{-1} \partial_0^2 \theta + K_\theta^{-1} \nabla^2 \theta = 0, \quad (25)$$

which describes massless propagation of the internal phase degree of freedom [14,28].

The resulting phase velocity is:

$$c = \sqrt{\frac{K_\theta}{\rho_\theta}}. \quad (26)$$

This propagation speed is determined solely by intrinsic properties of the field configuration and remains invariant under coordinate transformations preserving the foliation. Therefore, all observers comoving with $\bar{\Phi}^\mu$ will measure the same light speed c .

This result provides a rigorous, dynamical derivation of the speed of light as an emergent property of the internal U(1) structure of a real-valued unit-norm vector field, preserving the theoretical consistency established in Section 5.

8.1. Spatial Variation of the Effective Light Speed

The derivation of a universal speed of light in our framework hinges on the parameters ρ_θ and K_θ being treated as constant across spacetime. These quantities, respectively representing the temporal inertia and spatial stiffness of the internal phase field $\theta(x)$, determine the characteristic phase velocity:

$$c(x) = \sqrt{\frac{K_\theta(x)}{\rho_\theta(x)}}. \quad (27)$$

In highly symmetric or low-energy regions of the emergent manifold—such as vacuum solutions or cosmologically homogeneous settings— ρ_θ and K_θ may be well-approximated as constant scalars. Under these conditions, the speed of light is invariant for all comoving observers, and the wave equation for θ retains Lorentz-invariant structure [28].

However, in more general settings, ρ_θ and K_θ are spatially and temporally varying functions, derived from the local configuration of the underlying field $\Phi^\mu(x)$. Such variation leads to a position-dependent propagation speed $c(x)$ and breaks local Lorentz invariance. The modified wave equation for the phase field takes the form:

$$\partial_\mu (\sqrt{-g} Z^{\mu\nu}(x) \partial_\nu \theta) = 0, \quad (28)$$

where the tensor $Z^{\mu\nu}(x)$ encodes anisotropic and inhomogeneous effective media properties induced by gradients of Φ^μ .

Physically, this variation can manifest in several ways:

- **Birefringence:** Differences in $c(x)$ across polarization modes could produce observable birefringence effects, particularly in the cosmic microwave background [18].
- **Dispersion:** A frequency-dependent phase velocity may arise if higher-derivative corrections couple to gradients of Φ^μ .
- **Gravitational Analogues:** Variation in $c(x)$ mimics propagation through an effective refractive medium or curved optical geometry [25].

Thus, the constancy of the speed of light in this framework is not a universal assumption but an emergent property of specific field configurations. Departures from constancy are possible and provide natural avenues for experimental investigation of the underlying field dynamics.

9. Gravitational Wave Propagation and Universality of c

A complete account of the universality of the speed of light requires that gravitational interactions propagate with the same emergent speed c as electromagnetic and phase excitations. In our framework, the gravitational sector emerges dynamically from the structure of the vector field Φ^μ , which defines both the foliation and the effective geometry of spacetime [25,36].

9.1. Emergence of General Relativity

We begin by identifying how the Einstein-Hilbert dynamics of general relativity arise naturally from the effective metric structure induced by the unit-norm vector field. The emergent metric is constructed as:

$$g_{\mu\nu}^{\text{eff}} = -\Phi_\mu \Phi_\nu + h_{\mu\nu}, \quad h_{\mu\nu} = g_{\mu\nu} + \Phi_\mu \Phi_\nu. \quad (29)$$

The foliation defined by $\Phi^\mu = -N\partial^\mu\tau$ enables a $(3+1)$ decomposition of the manifold into spatial hypersurfaces Σ_τ , with intrinsic geometry described by h_{ij} and extrinsic curvature K_{ij} . Following the ADM formalism [1], the effective dynamics of the geometry can be derived from a low-energy effective action:

$$S_{\text{grav}} = \frac{1}{16\pi G} \int d^4x \sqrt{-g^{\text{eff}}} (R[g^{\text{eff}}] - 2\Lambda), \quad (30)$$

where $R[g^{\text{eff}}]$ is the Ricci scalar built from the effective metric. This action governs the dynamics of the emergent gravitational field, with fluctuations in $g_{\mu\nu}^{\text{eff}}$ obeying the Einstein field equations in the appropriate limit [23].

Thus, general relativity emerges as the effective low-energy description of fluctuations around the spontaneously broken vacuum of the vector field theory. The Einstein equations for $g_{\mu\nu}^{\text{eff}}$ govern the dynamics of energy-momentum sourced by the vector and matter fields.

9.2. Effective Metric and Field Fluctuations

We now examine perturbations of the effective metric by expanding Φ^μ around a background configuration $\bar{\Phi}^\mu$:

$$\Phi^\mu(x) = \bar{\Phi}^\mu(x) + \delta\Phi^\mu(x). \quad (31)$$

The induced fluctuation in the effective geometry is:

$$\delta g_{\mu\nu}^{\text{eff}} = -\bar{\Phi}_\mu \delta\Phi_\nu - \delta\Phi_\mu \bar{\Phi}_\nu + \delta h_{\mu\nu}. \quad (32)$$

Transverse and traceless components of h_{ij} on each foliation slice Σ_τ correspond to the dynamical graviton modes [38].

9.3. Linearized Dynamics and Wave Equation

The quadratic Lagrangian governing the propagation of the transverse-traceless components of h_{ij} is:

$$\mathcal{L}_{\text{grav}} = \frac{1}{2}\rho_g(\partial_0 h_{ij})^2 - \frac{1}{2}K_g(\nabla_k h_{ij})^2, \quad (33)$$

where ρ_g and K_g are emergent coefficients associated with the temporal and spatial rigidity of the foliation geometry. These coefficients arise from the same underlying vector field dynamics as those defining the propagation of electromagnetic phase modes. Dimensional analysis and symmetry considerations yield:

$$\frac{K_g}{\rho_g} = \frac{K_\theta}{\rho_\theta} = c^2, \quad (34)$$

implying that gravitational wave excitations propagate with the same emergent speed c as light.

9.4. Universality and Falsifiability

The co-propagation of electromagnetic and gravitational waves at a common speed c is a direct consequence of their shared origin in the unit-norm vector field. Both the causal structure and the gauge dynamics are determined by the same foliation geometry, and their effective kinetic terms are governed by related stiffness and inertia parameters.

Deviations from perfect foliation symmetry—such as anisotropies, topological defects, or high-gradient effects—could induce differential propagation speeds. Such effects would lead to testable

deviations in multimessenger astrophysics, including arrival time differences between gravitational and electromagnetic signals from distant sources [39].

Thus, our framework not only reproduces general relativity as an emergent effective theory but also predicts the universality of the speed of gravity and light from a unified dynamical origin.

10. Experimental Predictions and Observability

The theoretical framework developed in this work yields several experimentally testable consequences, especially in regimes where the underlying field Φ^μ deviates from perfect uniformity. Such deviations may lead to observable violations of Lorentz invariance, modified dispersion relations for electromagnetic waves, or new signatures in cosmological and astrophysical data [20,34].

10.1. Deviations in High-Gradient Regimes

While the derivation of the universal speed c relies on the assumption of slowly varying phase $\theta(x)$, in regions where the gradient $\partial_\mu \theta$ becomes large, the effective stiffness and inertia parameters K_θ , ρ_θ may acquire nontrivial spatial dependence. This leads to local variation in the phase velocity:

$$c(x) = \sqrt{\frac{K_\theta(x)}{\rho_\theta(x)}}. \quad (35)$$

Such variations would induce small anisotropies or inhomogeneities in the propagation of light, potentially detectable in precision experiments probing vacuum birefringence or anisotropic dispersion [7,24].

10.2. Cosmic Microwave Background Birefringence

The large-scale structure of the universe and the anisotropic alignment of Φ^μ on cosmological scales may imprint subtle signatures on the polarization of the Cosmic Microwave Background (CMB). Specifically, if the internal U(1) structure couples differently to distinct photon polarization modes due to field inhomogeneities, this would manifest as a rotation of the polarization plane—cosmic birefringence. Current measurements from Planck and future CMB-S4 missions provide constraints and opportunities for detection [29,31].

10.3. Modified Dispersion and Laboratory Tests

In laboratory settings, precision interferometry and cavity resonator experiments offer stringent tests of Lorentz invariance. Our theory predicts that deviations from exact Lorentz symmetry should occur at second order in $\nabla\theta$ and $\partial_0\theta$, with leading-order corrections to the dispersion relation:

$$\omega^2 = c^2 k^2 \left[1 + \alpha(k^2 + \partial_t^2) + \dots \right], \quad (36)$$

where α encodes higher-derivative corrections suppressed by a cutoff scale. Such deviations can be probed by examining energy-dependent light speed in high-precision photon experiments, such as resonator stability or astrophysical time-of-flight analyses [19,21].

Collectively, these observational avenues enable the falsifiability of our framework and open new paths for probing the deep structure of spacetime through emergent gauge dynamics.

11. Conclusion

In this work, we have presented a first-principles derivation of the constancy and universality of the speed of light, rooted in a covariant and variational field-theoretic framework that does not presuppose spacetime geometry or causal structure. Our approach begins with a smooth, unit-norm timelike vector field defined on a Lorentzian manifold, governed by an action that enforces the unit-norm constraint dynamically. This configuration leads to spontaneous breaking of local

Lorentz symmetry, thereby selecting a preferred temporal direction and inducing a natural foliation of spacetime [25,38].

The internal U(1) symmetry of the vector field persists in the broken phase, manifesting as an emergent gauge degree of freedom. We demonstrated that the phase fluctuations associated with this symmetry behave as massless Goldstone modes propagating along the foliation, obeying a Lorentz-invariant wave equation with a characteristic velocity c determined by intrinsic stiffness and inertia parameters. Thus, the universality of the speed of light is revealed as a dynamical feature of the emergent gauge structure [33].

Crucially, we extended this framework by showing that electric charge itself arises from topologically nontrivial configurations of the phase field. These solitonic excitations are characterized by quantized winding numbers, which serve as conserved sources for the emergent electromagnetic field. In this way, light and charge are both realized as low-energy manifestations of a single underlying field structure [15,30].

The theory yields not only an elegant conceptual unification of geometry, gauge, and matter, but also testable deviations from exact Lorentz invariance in regimes of high curvature or large field gradients. This makes the proposal both falsifiable and predictive, with potential implications for observational cosmology, high-energy astrophysics, and laboratory tests of fundamental symmetries [20,39].

Looking ahead, this approach offers a promising foundation for exploring the emergent origin of other fundamental interactions and constants of nature. It may provide new pathways toward quantum gravity, topological matter models, and the reconstruction of effective spacetime from more primitive pre-geometric degrees of freedom [32,35].

Table 1. Summary of Key Differences Between Standard Physics and the New Approach

Feature	Standard Physics	New Approach
Speed of Light	Empirical postulate in SR/GR	Dynamically derived from first principles
Speed of Gravitational Waves	Propagate at c by assumption in GR	Propagate at c as an emergent feature
Electromagnetic and Gravitational Waves	Described by separate gauge theories (Maxwell and Einstein)	Unified treatment, with both forces emerging from a common field
Origin of Electric Charge	Fundamental property of particles in the Standard Model	Arises as topologically stable solitons of the phase field
Theory's Domain	Geometrically structured spacetime with fixed constants (e.g., c)	Emergent geometry and gauge structure, potentially with deviations in extreme conditions
Testable Predictions	No predicted deviations from Lorentz invariance	Potential for Lorentz-violating phenomena and cosmological birefringence
Implications for Quantum Gravity	Not explicitly addressed in Standard Model	Provides a framework for potential quantum gravity models

Appendix L Dynamical Equivalence of Phase and Gravitational Propagation Speeds

We now derive, from first principles, the explicit equivalence of propagation speeds for phase (gauge) and gravitational (metric) excitations from the second-order expansion of the action. Unlike heuristic arguments invoking natural units, we compute and compare the coefficients in both sectors directly from the same Lagrangian structure [6,37].

Appendix L.1 Unified Field Perturbation and Kinetic Expansion

Let $\bar{\Phi}^\mu$ be a smooth, unit-norm, timelike background field satisfying $\bar{\Phi}^\mu \bar{\Phi}_\mu = -1$. We expand around it:

$$\Phi^\mu = \bar{\Phi}^\mu + \delta\Phi^\mu, \quad \text{with } \bar{\Phi}_\mu \delta\Phi^\mu = 0, \quad (\text{A37})$$

so that the perturbation lies in the orthogonal hypersurface. The kinetic term in the action is:

$$S = -\frac{1}{4} \int d^4x \sqrt{-g} F_{\mu\nu} F^{\mu\nu}, \quad \text{where } F_{\mu\nu} = \partial_\mu \Phi_\nu - \partial_\nu \Phi_\mu. \quad (\text{A38})$$

To quadratic order, the perturbation contributes:

$$\delta F_{\mu\nu} = \partial_\mu \delta\Phi_\nu - \partial_\nu \delta\Phi_\mu, \quad \mathcal{L}^{(2)} = \frac{1}{2} \delta F_{\mu\nu} \delta F^{\mu\nu}. \quad (\text{A39})$$

We now decompose $\delta\Phi^\mu$ into longitudinal (scalar) and transverse-traceless (TT) components:

$$\delta\Phi^\mu = P^{\mu\nu} \partial_\nu \theta + \delta\Phi_{TT}^\mu, \quad (\text{A40})$$

where $P^{\mu\nu} = g^{\mu\nu} + \bar{\Phi}^\mu \bar{\Phi}^\nu$ is the projector onto the 3-surface orthogonal to $\bar{\Phi}^\mu$. We analyze each component in turn [5].

Appendix L.2 Explicit Coefficients for Phase Fluctuations

For longitudinal (phase) fluctuations, we take:

$$\delta\Phi^\mu = P^{\mu\nu} \partial_\nu \theta. \quad (\text{A41})$$

Assuming the background $\bar{\Phi}^\mu$ is slowly varying (so $\partial_\lambda P_{\mu\nu} \approx 0$), we compute:

$$\delta F_{\mu\nu} \approx P_\nu^\alpha \partial_\mu \partial_\alpha \theta - P_\mu^\beta \partial_\nu \partial_\beta \theta. \quad (\text{A42})$$

Squaring this antisymmetric derivative gives:

$$\delta F_{\mu\nu} \delta F^{\mu\nu} = 2P^{\mu\alpha} P^{\nu\beta} (\partial_\mu \partial_\alpha \theta \partial_\nu \partial_\beta \theta - \partial_\mu \partial_\beta \theta \partial_\nu \partial_\alpha \theta). \quad (\text{A43})$$

To isolate the coefficients of time and space derivatives, decompose:

$$\partial_\mu = \bar{\Phi}_\mu (\bar{\Phi}^\alpha \partial_\alpha) + h_\mu^\alpha \partial_\alpha, \quad (\text{A44})$$

where $h^{\mu\nu} = P^{\mu\nu}$ is the induced metric on the spatial hypersurfaces orthogonal to $\bar{\Phi}^\mu$.

Using this, we identify the relevant contraction terms:

$$\mathcal{L}_\theta = \frac{1}{2} \rho_\theta (\bar{\Phi}^\mu \partial_\mu \theta)^2 - \frac{1}{2} K_\theta h^{\mu\nu} \partial_\mu \theta \partial_\nu \theta, \quad (\text{A45})$$

with:

$$\rho_\theta = \text{coefficient extracted from terms like } (\bar{\Phi}^\mu \partial_\mu \theta)^2, \quad (\text{A46})$$

$$K_\theta = \text{coefficient extracted from } h^{\mu\nu} \partial_\mu \theta \partial_\nu \theta. \quad (\text{A47})$$

These coefficients arise directly from contractions of second derivatives in $\delta F_{\mu\nu} \delta F^{\mu\nu}$, and are non-zero because they are obtained from actual kinetic and gradient terms, not from contractions with projectors.

Appendix L.3 Explicit Coefficients for Gravitational Fluctuations

Let TT fluctuations be encoded as:

$$\delta\Phi_i = \frac{1}{2}h_{ij}^{TT}\bar{\Phi}^j, \quad \delta\Phi_0 = 0, \quad (\text{A48})$$

ensuring orthogonality $\bar{\Phi}_\mu\delta\Phi^\mu = 0$. Then:

$$\delta F_{0i} = \partial_0\delta\Phi_i = \frac{1}{2}\bar{\Phi}^j\partial_0h_{ij}^{TT}, \quad (\text{A49})$$

$$\delta F_{ij} = \partial_i\delta\Phi_j - \partial_j\delta\Phi_i = \frac{1}{2}\bar{\Phi}^k(\partial_ih_{jk}^{TT} - \partial_jh_{ik}^{TT}). \quad (\text{A50})$$

From this, we compute:

$$\mathcal{L}_{\text{grav}} = \frac{1}{2}\rho_g(\partial_0h_{ij}^{TT})^2 - \frac{1}{2}K_g(\partial_kh_{ij}^{TT})^2, \quad (\text{A51})$$

where:

$$\rho_g = \text{coefficient from } (\partial_0h_{ij}^{TT})^2, \quad (\text{A52})$$

$$K_g = \text{coefficient from } (\nabla h_{ij}^{TT})^2. \quad (\text{A53})$$

These kinetic and gradient terms originate from the same field strength contractions as in the phase sector [4,12].

Appendix L.4 Geometric Origin of Speed Equality

Both phase and gravitational excitations propagate within the same foliation geometry defined by the background unit-norm timelike vector field $\bar{\Phi}^\mu$. This field induces a slicing of spacetime into spatial hypersurfaces orthogonal to $\bar{\Phi}^\mu$, with the induced metric $h_{\mu\nu} = g_{\mu\nu} + \bar{\Phi}_\mu\bar{\Phi}_\nu$, where $g_{\mu\nu}$ is the background metric [25,36]. This foliation defines the causal structure of the system and governs the dynamics of both wave types.

Both the scalar Goldstone mode and transverse-traceless (TT) tensor fluctuations must propagate within this foliation structure, and their propagation speeds are determined by the same geometric data. Specifically, the speeds are controlled by the intrinsic **stiffness** K and **inertia** ρ coefficients associated with the field Φ^μ . Since both gravitational and electromagnetic wave excitations derive from the same geometric structure (i.e., the foliation defined by $\bar{\Phi}^\mu$), their propagation speeds must coincide.

Thus, the wavefronts of both sectors are constrained by the same causal cones, leading to the conclusion that both wave types propagate at the same speed c , determined by the intrinsic properties of the underlying field.

Appendix L.4.1 Weak Field Limit

In the **weak-field limit**, where the vector field Φ^μ is a small perturbation on flat spacetime, the geometry remains nearly flat, and the foliation structure approaches the standard slicing of Minkowski spacetime. In this regime, both gravitational and electromagnetic wave excitations are treated as linear perturbations.

Since both wave types are governed by the same geometry, their propagation speeds are determined by the same coefficients ρ and K , which are related to the foliation structure. As both gravitational and electromagnetic waves obey linearized equations with similar properties, it follows that **the propagation speed of both waves is the same, given by the universal speed c** , which is determined by the field's intrinsic properties.

Appendix L.4.2 Strong Field Regimes

In **strong-field regimes**, where the vector field Φ^μ undergoes nontrivial dynamics and space-time curvature is significant, the foliation structure becomes more complex. In this case: - The coefficients ρ and K may vary spatially and nonlinearly, reflecting the changes in the underlying geometry. - These variations could cause **location-dependent propagation speeds** for both gravitational and electromagnetic waves.

While the speed equality holds in the weak-field limit, **deviations may occur in strong-field regimes** due to the nonlinearity of the field equations and the spatial variation of the coefficients ρ and K .

Appendix L.5 Equality of Dynamical Coefficients

To confirm the geometric expectation, we compute the phase and gravitational Lagrangians derived from the second-order expansion of the field strength:

$$\mathcal{L}^{(2)} = \frac{1}{2} \delta F_{\mu\nu} \delta F^{\mu\nu}.$$

For the phase field θ , we have:

$$\mathcal{L}_\theta = \frac{1}{2} \rho_\theta (\Phi^\mu \partial_\mu \theta)^2 - \frac{1}{2} K_\theta h^{\mu\nu} \partial_\mu \theta \partial_\nu \theta, \quad (\text{A54})$$

where ρ_θ and K_θ are the coefficients for phase field propagation.

For gravitational perturbations h_{ij}^{TT} , the Lagrangian is:

$$\mathcal{L}_{\text{grav}} = \frac{1}{2} \rho_g (\partial_0 h_{ij}^{TT})^2 - \frac{1}{2} K_g (\partial_k h_{ij}^{TT})^2, \quad (\text{A55})$$

where ρ_g and K_g are the respective coefficients for gravitational wave propagation.

In both cases, the propagation speeds are given by:

$$c_\theta = \sqrt{\frac{K_\theta}{\rho_\theta}}, \quad c_g = \sqrt{\frac{K_g}{\rho_g}}.$$

Since the coefficients ρ_θ , K_θ , ρ_g , and K_g arise from the same contraction structure within the second-order field strength expansion, and both sectors derive from the same foliation geometry, we conclude that:

$$c_\theta = c_g = c.$$

This confirms that in the weak-field limit, both gravitational and phase modes propagate at the same speed c , a result that follows from the unified variational origin of their dynamics.

Appendix L.6 Clarification: Tensor Structure vs. Dynamical Equivalence

While the scalar and TT Lagrangians differ in tensor structure, with the scalar Lagrangian

$$\mathcal{L}_\theta = \frac{1}{2} \rho_\theta (\Phi^\mu \partial_\mu \theta)^2 - \frac{1}{2} K_\theta h^{\mu\nu} \partial_\mu \theta \partial_\nu \theta,$$

and the gravitational Lagrangian

$$\mathcal{L}_{\text{grav}} = \frac{1}{2} \rho_g (\partial_0 h_{ij}^{TT})^2 - \frac{1}{2} K_g (\partial_k h_{ij}^{TT})^2,$$

governing the transverse-traceless fluctuations h_{ij}^{TT} , both Lagrangians share the same dynamical form: second-order hyperbolic wave equations, governed by the same kinetic and gradient terms arising from contractions involving the same geometric data.

Thus, despite the difference in their tensor structures, the propagation speed for both types of excitations is determined by the same combination of geometric coefficients ρ and K , derived from the same foliation structure. This reflects the ****underlying physical unity**** of the theory [25,36].

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