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Article

Serum 25(OH)D Analysis in Captive Pachyderms (Loxodonta africana, Elephas maximus, Diceros bicornis, Rhinoceros unicornis, Tapirus indicus) in Europe

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Simple Summary: When animals are taken out of their natural environment, this might have implications for their physiological systems. At higher latitudes, pachyderms that normally live near the equator may not be able to synthesize sufficient amounts of vitamin D, especially in winter times. The pachyderms investigated in this study (Asian (Elephas maximus) and African elephants (Loxodonta africana), black (Diceros bicornis) and Indian rhinoceroses (Rhinoceros unicornis) and Malayan tapirs (Tapirus indicus)) presented to have different vitamin D levels when kept in captivity at higher latitudes compared to each other, additionally the black rhinoceroses showed differences between summer and winter times. We compared the pachyderms with horses, as they all share a similar digestive system. Tapirs had very low vitamin D levels, similar to horses. The higher vitamin D levels of elephants and rhinoceroses compared to horses, could indicate that they are capable of producing vitamin D. However, this requires further testing. If this is indeed the case, comparing both rhinoceros species in this study, this might indicate that the Indian rhinoceros are capable of producing enough endogenous vitamin D year around at latitudes around 52°N, while both elephant species and the black rhinoceros are not.

Abstract: The aim of this study was to detect seasonal and species differences in serum 25-hydroxy vitamin D (25(OH)D) concentrations during summer and winter months in Asian (Elephas maximus) and African elephants (Loxodonta africana), black (Diceros bicornis) and Indian rhinoceroses (Rhinoceros unicornis) and Malayan tapirs (Tapirus indicus) - when kept in captivity in (Western) Europe. Both elephant species had a low circulating level of serum 25(OH)D while African elephants (median 33.2 nmol/l – range: 21.2-58.8 nmol/l,) did not show a seasonal variation. Asian elephants had significant higher circulating levels of serum 25(OH)D compared to their African counterparts, but also did not show a seasonal difference (median 68.7, - range 55.5-110.6 nmol/l). Both rhinoceros species investigated had higher serum 25(OH)D levels compared to both elephant species; the Indian rhinoceros had high circulating levels year around (median 107.9 – range: 106.3-132.8 nmol/l), while the black rhinoceroses showed significant lower 25(OH)D levels in winter (summer median 109.0– range 51.5-251.0 nmol/l; winter median 58.3 nmol/l - range 23.5-226.0 nmol). Malayan tapirs have very low levels of serum 25(OH)D (median < 20.3 – range < 20.3-33.5 nmol/l), which is comparable to horses. Higher levels of circulating 25(OH)D of elephants and rhinoceroses compared to horses, could indicate that elephants and rhinoceroses are capable of producing vitamin D. However, this requires further testing. If this is indeed the case, this might indicate that the Indian rhinoceros are capable of producing enough endogenous vitamin D year around at latitudes around 52°N, while both elephant species and the black rhinoceros are not. To the author's knowledge, this is the first report of vitamin D levels in tapirs.

1. Introduction

Elephants, rhinoceroses and tapirs, also commonly known as pachyderms, are kept a lot in zoos all over the world predominantly for conservation efforts. Most of them are housed in institutions in Europe and North America at much higher latitude than their natural range. Therefore, there are many differences regarding the natural habitat and the UVb radiation and environmental temperature of the captive versus wild pachyderms. This might contribute to hypovitaminosis D in captivity, since both factors are crucial in endogenous vitamin D production, which can result in hypocalcaemia and/or hypophosphataemia in humans [1] and might also lead to hypocalcaemia and/or hypophosphataemia in captive pachyderms. In captivity, problems with hypocalcaemia, especially in relation to dystocia and musculoskeletal problems have been described for (captive) Asian elephants [2–6]. In captive Asian elephants, both in Europe and in current range countries, hypocalcaemia is reported [2,6,7], all associated with unbalanced nutrition/too low dietary calcium (Ca) levels [6,8,9]. Van Sonsbeek et al. (2013)[7] demonstrated a significant increase of Ca plasma levels after oral Ca supplementation in summer and oral cholecalciferol administration in summer and winter in captive Asian elephants in Europe, but not in African elephants. To the author's knowledge, no reports are available on hypocalcaemia in rhinoceroses nor tapirs.

Based on the habitats and anatomy of the two elephant species it is expected that serum 25(OH)D levels follow the same trend as the UV index, meaning it fluctuates with seasons, having a high summer 25(OH)D level and lower winter vit D level. However, they are often compared to horses regarding their vitamin D metabolism [7,10,11]. If they are truly comparable with horses, serum 25(OH)D levels would be low or undetectable [12]. It was also suggested that African elephants might have a higher threshold to endogenously produce cholecalciferol in the skin compared with Asian elephants, like seen in humans which originates from living around the equator versus people living in the Northern Hemisphere [7]. Both temperature and UV radiation in Europe is much lower compared to Africa (see Figure 1), so it might also be possible that the threshold to endogenously produce cholecalciferol is not met in African elephants and that African elephants will not show a seasonal trend and low overall 25(OH)D values in their serum. Actually, this condition is not only the case for the African species, but for all pachyderms.

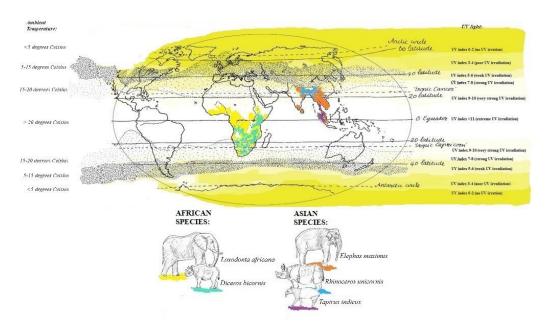


Figure 1. Distribution in the natural range on a map with UV index and temperature. The African elephant in yellow, black rhinoceros in light green, Asian elephant in orange, Indian rhinoceros in

blue and Malayan tapir in purple. Range countries all species current know how of the different IUCN specialist groups (Accessed multiple times during September 2023-January 2024). · is indicating the current position of the location of the animals in the study. (This image was based on Martini,2014; KMNI/ESA, 2023).

The aim of the study was to detect seasonal and species differences in the vitamin D levels during summer and winter months in Asian and African elephants, Malayan tapir, and black and Indian rhinoceros kept in captivity in (Western) Europe.

2. Materials and Methods

2.1. Samples

Serum collected for health monitoring of the captive pachyderms from the Rotterdam Zoo and stored at the biobank at the Rotterdam Zoo (-80°C), and serum sent to the Rotterdam Zoo for progesterone analyses from pachyderms at other institutions in the period of January 2020 to October 2023 were used for this study, with permission obtained for use of the samples. Details of individuals participating in the study can be found in Table 1.

For the African elephant, 97 unique samples of ten individual elephants housed at two different zoological institutions (Wuppertal Zoo, Hilvarenbeek Zoo) were available: age at the start of the monitoring period ranged from 1-35 years (years); eight females (age 4-35 years), two males (age 1-27 years). For the Asian elephant, 94 unique samples of five individual elephants housed at one institution (Rotterdam Zoo; age 0-50 years old) were analysed; four females (10-50 years) and 1 male (1 year). For the black rhinoceros, 90 unique samples of five individuals were available: age 0-19 years, three males (0-19 years) and two female (3-9 years) housed at one institution (Rotterdam Zoo) while for the Indian rhinoceros, four unique samples of one female rhinoceros housed at one institution (Rotterdam Zoo), age at the start of the period five years (only samples during 2022 and 2023 were used). For the Malayan tapir, 36 unique samples of two individual tapirs, age 7-9 years; one male (seven years, only samples in 2023 were used) and one female (nine years) housed at one institution (Rotterdam Zoo) were analysed.

Table 1. Participating institutions (Zoo), animal data and calculated cholecalciferol intake of the animals through provided pellets.

					n	Cholecalciferol	Recommended
Zoo*	Individual	Species	Sex	Year of birth		intake	vitamin D
200				(years)		(IU/kg BW)**	intake (IU/kg
							BW)
A		L.				6.5	8-121
	1	Africana	f	2015	9		
		L.				6.5	
	2	Africana	f	1985	18		
		L.				6.5	
	3	Africana	f	1986	18		
		L.				6.5	
	4	Africana	f	1992	19		
В		L.				3.6	•
	5	Africana	f	1993	6		
		L.				3.6	
	- 6	Africana	f	2007	3		

T. indicus

m

							4
		L.				3.6	
	7	Africana	f	2016	5		
		L.				3.6	
	8	Africana	m	2019	6		
		L.				3.6	
	9	Africana	m	1993	5		
		L.				3.6	
	10	Africana	f	1992	1		
С		E.				5	12–15 ¹
	11	maximus	f	1970	25		
		E.				5	
	12	maximus	f	2000	22		
		E.				5	
	13	maximus	f	2003	20		
		Ε.				5	
	14	maximus	f	2010	25		
		E.				5	
-	15	maximus	m	2021	2		
		D.				2.5-6.6***	3-92
	16	bicornis	m	2001	19		
		D.				2.5-6.6***	
	17	bicornis	f	2011	37		
		D.				2.5-6.6***	
	18	bicornis	f	2017	22		
		D.				2.5-6.6***	
	19	bicornis	m	2020	11		
		D.				2.5-6.6***	
	20	bicornis	m	2019	1		
		R.				1.5	-
-	21	unicornis	f	2017	4		
	22	T. indicus	f	2011	32	10-30****	10.5^{3}

^{*} Corresponding Zoos: A) Hilvarenbeek Zoo; B) Wuppertal Zoo; C) Rotterdam Zoo. ** Cholecalciferol was present in concentrates (pellet or bricks), and intake was estimated based on the amount on the package (in international units (IU)) and the amount of pellet/bricks given and the bodyweight (BW) of the animals. *** In the beginning of 2022, the type and amount of pellet had changed, 6.6 IU/kg BW is the maximum they received when eating all pellet offered per day, which was not always the case. **** In June 2021 the diet has changed in order to reduce the BCS of the female, the concentrates changed from horse to rhinoceros pellets and amount of pellets were reduced with 50%, therefore, she has started with an amount of 30 IU/kg BW to 10 IU/kg BW in 2023. Recommendations: ¹Ullrey et al. 1997; ²advised in Pilgrim and Biddle, 2020 – based on Dierenfeld, 1996; ³advised in AZA Tapir TAG, 2013 – based on Padilla and Dowler, 1994), to the author's knowledge there are no current recommendations of cholecalciferol in Indian rhinoceroses.

2016

8

5

All animals in all institutions had access to outside during summer for at least 8 hours during the daytime, in winter this was often reduced to a maximum of 6 hours during the daytime, depending on the temperature. No analyses were performed on the food items. Cholecalciferol intake

was estimated based on the bodyweight of the animal, amount of concentrates and information on the amount of cholecalciferol on the package, this can be found in Table 1.

2.2. Vitamin D Analysis

Total serum 25(OH)D concentrations were determined by the VIDAS® enzyme linked fluorescent assay (ELFA) (Biomérieux, Marcy-L'Etoile, France). The VIDAS 25 OH vitamin D TOTAL assay combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA) [13] with a detection limit of 20.3 to 315 nmol/l.

Based on the UV index [14], the summer and winter can be divided into different months. A UV index of 1-2 means no UV radiation, a UV index of 3-4 represents very poor UV radiation, 5-6 a weak UV radiation, 7-8 is strong UV radiation, and 9-10 and higher represents a very strong UV radiation while > 11 is extreme UV radiation. When looking at the months in the year, during 2020-2023, January, November and December had a mean index of 0-1; May to July were graded 6-7. March and October showed always an index of two, while March, April, Augustus and September varied between three and five. Summer and Winter were divided based in UV index (< 2 and > 5, respectively) resulting in the winter being November, December, January and Summer as May, June, July. On the 21st of March Spring officially starts (longer and more sunny days in Western Europe) and ends the 21st of June when Summer is officially starting. The 21st of September Autumn officially starts (shorter and colder and more clouded days) with the 21st of December the start of the Winter. Here we define Summer as the period from April-September and Winter from October to March.

2.3. Statistical Methods

All tests were performed with R statistics (version 4.3.3). A Kolmogorov Smirnov test was performed on all data of the African elephants, Asian elephants and black rhinoceros. None of the animals had normally distributed data, therefore, a Kruskal Wallace rank sum test was performed to determine statistical differences between seasons in all species. As a post hoc test, a Dunn test was performed to determine the significant differences between the groups, with Holm-Bonferroni correction (ggstatsplot package in R).

To determine if there was a significant difference between African and Asian elephants, a Wilcoxon rank sum test was performed. Alpha error in the analysis was set at p < 0.05. Some individuals accounted for more samples compared to others and to correct for this, the mean was analysed per animal per season, which then counted for n = 1. The total mean was analysed by calculating the mean per individual, which accounted for n = 1. The animals which contributed only with one or two samples or did not have samples in all seasons were only used to calculate the total mean and median (individual number 5, 6, 7, 10, 15, 20; Table 1) but were not used in the Summer/Winter comparison.

No further testing was performed on the Indian rhinoceros, because of the low number of samples, and the Malayan tapir who turned out to have numerous samples for which values were under the detection level.

3. Results

As mentioned before, the data for both elephants and the black rhinoceroses were normally distributed. Therefore, next to the total mean and standard deviation, the median and range is provided for all species in Table 2. The median and range of Summer and Winter based on the two different division techniques (UV index vs Calendar) are also shown in Table 2. Figure 1 shows the 25(OH)D analyses in all African and Asian elephants and black rhinoceroses over time. Figure 2 is a ggplot, showing the distribution of the samples during the different seasons of the African and Asian elephants and black rhinoceroses.

No significant differences could be detected between the two seasons for African elephants (p = 0.71), Asian elephants (p = 0.09) by making use of the UV radiation index, nor when using the

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calendar. Comparing the mean of the Asian and African elephants, the latter showed a significant lower 25(OH)D serum level (p < 0.001).

For black rhinoceroses a significant difference in the 25(OH)D in Winter and Summer was observed when the division was made based on both UV index and calendar data (index: p < 0.001; calendar: p < 0.001) was found. The Indian rhinoceros data only contained four samples of one individual and only one of those samples originated in Winter, which had a high concentration compared with the black rhinoceroses.

The Malayan tapir 25(OH)D levels were almost all under the detection level of 20.3 nmol/l. For the Indian rhinoceros and Malayan tapir, no additional statistics were performed.

Table 2. Serum 25(OH)D concentration (nmol/l) in captive pachyderms in Western Europe.

		` '	,	1 1 ,		1	
Species***	Mean	Median	Median per season (range)				
	(±SD)	(range)	Summer		Winter		
			Calendar	UV index >6	Calendar	UV index	
			(Apr-Sept)	(May-July)	(Oct-Mar)	<2	
						(Nov-Jan)	
L. africana*	34.5	33.2	33.5 n = 47, 6	31.3 n = 23, 6	33.0 n = 30,	33.3 n = 13,	
$n = 90, 10^{+}$	(± 9.0)	(21.2-58.8)	(20.3-43.8)	(22.0-41.8)	6	6	
					(20.3-41.3)	(23.8-41.3)	
E. maximus	75.3	68.7	71.2 n = 48, 4	66.5 n = 24, 4	60.2 n = 44,	69.0 n = 21,	
n = 94, 5	(±	(55.5-110.6)	(32.5-122.0)	(32.5-112.0)	4	4	
	21.1)				(29.0-88.3)	(46.0-74.8)	
D. bicornis	126.2	86.3	109.0† n =	118.0† n =	58.3 n = 45,	57.9 n = 22,	
n = 90, 5	(±	(72.9-237.0)	44, 4	23, 4	4	4	
	70.2)		(51.5-251.0)	(77.5-243.0)	(23.5-226.0)	(26.0-111.0)	
R. unicornis	-	107.9	109.5	121.2	106.3	106.3	
n = 4, 1		(106.3-	(105.3-132.8)	(109.5-132.8)			
		132.8)					
T. indicus**	-	< 20.3	< 20.3	< 20.3	20.3	20.3	
n = 26, 2		(< 20.3-	(< 20.3-<	(< 20.3-<	(< 20.3-	(< 20.3-	
		33.5)	20.3)	20.3)	33.5)	33.5)	

⁺ First value is the number of values, second values the number of individuals. * Four values were below 20.3 nmol/l. ** Many values were below 20.3 nmol/l, for the statistics 20.3 nmol/l was used as the actual value, but this is most likely inaccurate. *** Mean per individual was used to calculate the total mean and median; in Table 1 the number of samples provided per individual are reported. For the seasons only the individuals with a complete dataset were used. † Value is statistically different compared to the corresponding Winter value.

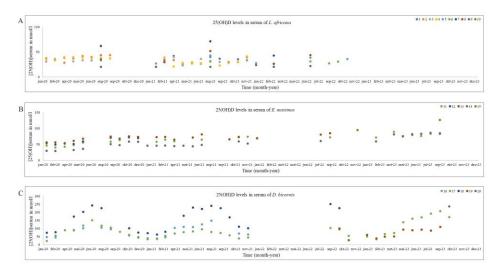


Figure 2. Serum 25(OH)D concentrations in nmol/l from individual African elephant (A), Asian elephant (B) and black rhinoceros (C) during 2020-2023. The numbers of the individuals in the legenda correspond with the individuals in Table 1.

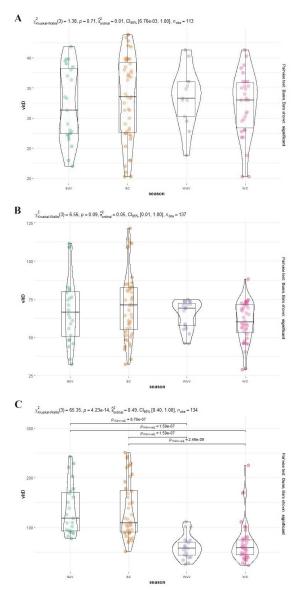


Figure 3. Distribution of serum 25(OH)D concentrations (nmol/L) in African elephants (A), Asian elephants (B) and black rhinoceros (C) per season. The bars indicate the significant difference

between Summer and Winter values. Suv is summer according to UV index (green), sc is summer according to calendar months (orange), wuv is winter according to UV index (purple) and wc is winter according to calendar months (pink); vitD is 25(OH)D.

4. Discussion

The samples originate only of a small number of individuals housed in only 1-2 institutions. Due to multiple missing samples and to reduce the impact of individuals on the mean, a mean was calculated per season per animal or a mean per animal reducing sample size even further. UV index in range countries is generally higher, with the exception for the Asian elephant and the Indian rhinoceros as shown in Figure 1. Therefore, it might not be a surprise that the African elephant serum 25(OH)D levels were significantly lower than that of their Asian counterparts supports the theory that the threshold for vitamin D production has not been met. However, another African megaherbivore, the black rhinoceros, did show significant higher levels of serum 25(OH)D in Summer while it also lives in areas with high UV radiation index and high ambient temperature, indicating that it might (at least partly) meet its threshold to endogenously produce vitamin D. The Indian rhinoceros showed higher mean vitamin D levels compared to black rhinoceroses although no statistics could be performed due to the low sample size. So it is unclear if the difference is statistically significant, which would require testing multiple Indian rhinoceroses. Furthermore, the Indian rhinoceros showed less variation in summer and winter compared to the black rhinoceroses, perhaps due to adaptations to their natural environment, where they live in range countries were UV radiation is not always very strong or extreme (Figure 1).

The 25(OH)D levels in this study are considerably higher compared to the findings in other studies performed by the author [7,15]. Perhaps this might be due to a different test procedure, since the VIDAS analyses total 25(OH)D instead of only D3 metabolites. Here, a mean 25(OH)D of $34.5 \pm$ 9.0 nmol/l in African elephants was found versus a mean (± SD) 25(OH)D3 of 11 ± 5 nmol/l by van Sonsbeek et al. (2011)[15] and 15.6 ± 7.7 nmol/l by van Sonsbeek et al. (2013)[7]. A study conducted in Florida, North America in African elephants [11] found a 25(OH)D level of 39.4 ± 18.7 nmol/l, which is actually more comparable to the values in the present study, despite that there is still the same difference in latitude between the Netherlands (52°N) and Florida (28°N). Asian elephants are more studied with regards to their vitamin D metabolism in comparison with their African counterparts. Mean 25(OH)D of Asian elephants reported here was 75.3 ± 21.1 nmol/l, versus 25(OH)D3 of 36 ± 11 nmol/l by van Sonsbeek et al. (2011)[15] and 35.6 ± 11.7 nmol/l by van Sonsbeek et al. (2013)[7]. This finding of much higher circulating levels of 25(OH)D compared to 25(OH)D3 in previous studies could indicate that both elephant species have high levels of circulating 25(OH)D2, which is supported by Childs-Sanford et al. (2020, 2023, 2024)[10,16,17]. Additionally, this can also indicate that (Asian) elephants can absorb cholecalciferol added to their diet, which has been proven in Asian elephants in a recent study by Childs-Sanford et al. (2023)[16]. In the study of Childs-Sanford et al. (2020, 2023)[10,16], captive Asian elephants sera samples were analysed discriminating 25(OH)D2 and D3 (43°N). They showed no detectable 25(OH)D3 levels in sera, 25(OH)D2 levels were detected and were on average 17.5 ± 2.2 nmol/l, which is much lower compared to the previous studies by van Sonsbeek et al. (2011, 2013)[7,15] and values reported here. A recent study analysed the 25(OH)D levels in serum on captive Asian elephants in India (Tamil Nadu; latitude 8-14°N). They found a mean of 27.7 ± 4.9 nmol/l (range: 21.2-35.4 nmol/l) [18] which in considerably lower compared to our findings and also compared to previous studies [7,15], except for the studies by Childs-Sanford et al. (2020, 2023, 2024)[10,16,17], unfortunately no details were provided on the diet or sunlight exposure by Perumbilly et al. (2024)[18] except that this was found to be sufficient. As mentioned above, this can be due to use of total versus differentiated 25(OH)D tests, or differences in cholecalciferol supplementation/daily vitamin D intake. The current study was unable to demonstrate significant seasonal differences in circulating 25(OH)D levels in both elephant species, which is in comparison to previous mentioned studies [7,10,11,15,17]. However, in van Sonsbeek et al. (2013)[7], a significant decrease in 1,25(OH)2D3 in African elephants was noticed during winter. This was negated when adding cholecalciferol to the diet which indicates that African elephants might not be able to

endogenously produce sufficient vitamin D in winter months in the Northern Hemisphere. In the same study in Asian elephants, a significant change in bone marker concentration, indicative of higher levels of bone resorption during the winter time were found, which might also suggest that Asian elephants do not seem capable of producing sufficient amounts of cholecalciferol in winter months at the latitude of the study in the Northern Hemisphere and that Ca absorption might be (at least partly) depended on vitamin D. However, it should be mentioned that it is still unknown whether both elephants species are capable of producing endogenous cholecalciferol at all.

In a study by Olds et al. (2018)[19] seasonal variation of 25(OH)D levels was detected in two captive Eastern black rhinoceros in America with the mean serum 25(OH)D level of 100.6 nmol/l. This is slightly lower compared to the mean of 126.2 ± 70.2 nmol/l reported here. However, our median is much lower, namely 86.3 nmol/l (range 72.9-237.0 nmol/l). A study in wild black rhinoceroses shows higher levels: a mean of 139.0 nmol/l [20] which is higher compared to our summer median value of 109.0 nmol/l (range 51.5-251.0 nmol/l) and winter median 58.3 nmol/l (range 23.5 – 226.0 nmol/l), which might indicate that some black rhinoceroses are not capable of producing enough endogenous vitamin D. However, these data should be interpreted with care like the elephants, since the data includes D2 and D3 and like elephants, it is currently unknown if they are capable of producing endogenous cholecalciferol. However, the study performed by Clauss et al. (2002)[20] analysed 25(OH)D3 in wild black rhinoceroses, in which it is highly unlikely they receive oral cholecalciferol. This makes it very plausible that black rhinoceroses are capable of endogenous cholecalciferol production. Horses, which are also a member of the Perissodactyla, like rhinoceroses and tapirs, are depending on vitamin D2 in their diet and not able to endogenously produce vitamin D3 [12,21,22]. However, they also show seasonal variation in 25(OH)D levels which might be caused by the plants they consume, due to increasing levels of D2 due to UVb radiation of the roughage [12]. Additionally, the black rhinoceroses received a different amount of cholecalciferol during the course of the study, due to change of pellet and amount of pellets they received. This could be the reason why the levels of 25(OH)D in these animals are higher in 2023 compared to the previous years (Figure 1). This finding, makes it also very plausible that black rhinoceroses are capable of absorbing cholecalciferol in their digestive tract. Which is supported by Olds et al. (2018)[19], which demonstrated a correlation between levels of cholecalciferol in the diet and plasma 25(OH)D levels in captive black rhinoceroses.

To the author's knowledge, no information is available on wild Indian rhinoceroses regarding serum vitamin D values. There is one study from North America in captive Indian rhinoceroses which shows a significant difference in seasons regarding 25(OH)D levels [23]. Serum 25(OH)D in Bapodra et al. (2014)[23] ranged from 22.4 (± 2.93) in winter to 32.8 (± 7.44) nmol/l in summer, which is much lower compared to our findings of 106.3-132.8 nmol/l. An explanation for the high levels of 25(OH)D in the present study could be that the animals in the study of Bapodra et al. (2014)[23] did not receive any cholecalciferol in their diet, which could indicate that Indian rhinoceroses are capable of absorption of cholecalciferol in their diet. The significant higher levels of 25(OH)D in summer found by Bapodra et al. (2014)[23] might indicate Indian rhinoceroses are capable of endogenously produce of vitamin D, however, it could also be caused by increasing levels of vitamin D2 in their diet as mentioned above.

If both Asian elephant and rhinoceros species show higher 25(OH)D levels compared to the African species, this could suggest that the Malayan tapirs should also have high values in summer or overall of serum 25(OH)D. However, they show very low vit D levels overall. Perhaps this is due to the fact they are mainly nocturnal and they are housed inside (out of fear for sunburn) or hide in the shade on very sunny days [24]. Some other nocturnal species like the Egyptian fruit bat show also undetectable levels of 25(OH)D in both captive and wild specimens [25]. However, when exposed actively to sunlight they are able to increase their vitamin D levels, indicating that they are able of cholecalciferol production in their skin (Southworth et al., 2013)[26]. Or perhaps their vitamin D physiology resembles that of horses, where the main vitamin D source is vitamin D2 and not cholecalciferol production in the skin [21]. This might also be the case for African elephants, which do have very low levels circulating serum levels of 25(OH)D.

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Comparing the very low serum 25(OH)D levels of the African elephants and Malayan tapirs with the intake in cholecalciferol (Table 1), might indicate that they either do not resorb cholecalciferol from the digestive tract or cholecalciferol is not their main metabolite in vitamin D metabolism. This would support the hypothesis that they have a similar vitamin D metabolism to horses. Another option could be that the amount of cholecalciferol given was too low for these species, at least in all African elephants, and one of the Malayan tapirs, which were given lower amounts than current recommendations (Table 1). Also, Asian elephants in the study here received a much lower amount of cholecalciferol than recommended. However, it should be noted that this interpretation might not be correct (lower than the recommendations), since it is unknown what amount of ergosterol the animals received in their diet and current recommendations are based on vitamin D and not cholecalciferol solely. As described above, levels of 25(OH)D in this study were much higher than in previous studies and in the captive population in Asia.

Future research should be done to gain further insight into the normal vitamin D metabolism, for instance in vivo and in vitro testing of UVb radiation would be highly recommended by the author to investigate the capacity of producing endogenous vitamin D, especially since UV index in range countries is much higher compared to places where most animals live in captivity (Europe and North America). However, it is known that (Malayan) tapirs, are very sensible for sunburn, so in vivo testing for these animals needs to be conducted with great care. There are virtually no referential values of serum 25(OH)D preferably with discrimination of 25(OH)D2 and 25(OH)D3 in these species in the wild, with the exception of the black rhinoceroses, especially presence of circulating 25(OH)D3 levels in wild animals might give an idea that these animals are capable of endogenous vitamin D production. Additionally, differentiation between pregnant animals, lactating animals, age and sex, time spent outside and the amount of vitamin D (both cholecalciferol and ergosterol) in their diet to investigate the effect of those variables on serum 25(OH)D should be investigated.

5. Conclusions

African elephants have significantly lower levels of serum 25(OH)D compared to their Asian counterparts when held in zoological institutions in the Northern Hemisphere. Circulating serum 25(OH)D levels in Asian elephants were found to be higher compared to previous studies despite low levels of cholecalciferol in their diet. Both elephant species have a low circulating level of serum 25(OH)D compared to the rhinoceroses in this study and do not show a seasonal variation. This might indicate they are uncapable of producing sufficient endogenous vitamin D whole year round or part of the year, or they receive insufficient vitamin D in their diet.

Both rhinoceros species showed much higher levels of 25(OH)D compared to all other pachyderms which makes it more likely that they are able to endogenously produce cholecalciferol. The Indian rhinoceros had high circulating levels year round, while the black rhinoceroses show a significant lower 25(OH)D level in the winter. This indicates that Indian rhinoceroses are capable of endogenously producing enough vitamin D year round, while black rhinoceros are not.

Malayan tapirs have very low circulating levels of serum 25(OH)D, which might be due to inability of endogenously produce of cholecalciferol or insufficient amount of vitamin D in offered in their diet, or might be normal for this species.

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