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Article

Treatment Options for Non-Small Cell Lung Cancer After Failure of Previous Immune Checkpoint Inhibitors and Chemotherapy: Meta-Analysis of 5 Randomized Controlled Trials

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Abstract: Background: Immune checkpoint inhibitors (ICIs), either alone or in combination with platinum-based chemotherapy, are effective in the first-line treatment of metastatic, non-oncogene addicted, non-small cell lung cancer (NSCLC). However, when NSCLC patients progress, the efficacy of available treatment options is limited. Methods: We undertook a meta-analysis that compared combination regimens with the current standard of care. Only randomized controlled trials (RCTs) were included (endpoint, overall survival [OS]). Our analysis used an artificial intelligence software program that reconstructs individual patient data from Kaplan–Meier curves. Hazard ratio (HR) with 95% confidence interval (CI) was the main parameter. Heterogeneity was based on Wald's test and likelihood ratio test. Results: Five RCTs were included, whose experimental arms included 5 different combinations. In our analysis, these combination regimes showed no OS benefit compared to chemotherapy (HR=1.066, 95%CI, 0.9311 to 1.221; p=0.35). Among the five control arms, cross-trial heterogeneity was remarkably low (likelihood ratio test=3.76 on 4 df, p=0.40; Wald test=3.83 on 4 df, p=0.40). Discussion: In conclusion, five new second-line combination treatments for patients with NSCLC were not found to determine any benefit in terms of OS in comparison with current standard of care.

Keywords: immune checkpoint inhibitors; biomarkers; resistance mechanisms; non-small cell lung cancer

1. Introduction

Although immune checkpoint inhibitors (ICIs) alone or in combination with platinum-based chemotherapy have demonstrated survival benefits in patients with metastatic, non-oncogene addicted non-small cell lung cancer (NSCLC), disease may still ultimately progress. Before the advent of ICIs in the front-line setting, docetaxel (either alone or in combination with antiangiogenic drugs like nintedanib for adenocarcinoma histology or ramucirumab for all histologies) was considered the standard of care after disease progression on platinum-based chemotherapy. Other single-agent chemotherapies such as gemcitabine, vinorelbine or pemetrexed (for non-squamous histology, if not already included in first-line combinations) are often used in clinical practice as an alternative to docetaxel as second-line treatment or beyond. However, efficacy of single-agent chemotherapy in pre-treated patients remains disappointing. Moreover, data on single-agent chemotherapy primarily refer to patients pre-treated with platinum-based chemotherapy, while data for patients pre-treated with ICIs are extremely limited. Therefore, clinical research is actively evaluating innovative

combinations compared to standard chemotherapy for patients whose disease progresses after ICIs +/- platinum-based chemotherapy.

In this study, we evaluated all randomized controlled trials (RCTs) that evaluated new combination treatments as second-line or beyond. Our analysis was aimed at assessing whether these combination treatments can confer a survival benefit in terms of overall survival (OS) compared with the standard-of-care.

Wang et al. [1] have recently published a network meta-analysis on this topic in which all assessments of OS, typically reported in a Forest plot, were binary and therefore did not consider the timing at which events occurred and, accordingly, did not consider the follow-up duration of individual trials.

In the present study, we used a relatively new evidence-based method (the IPDfromKM method [2]) to provide specific statistical support for the above conclusion given that the presence of a survival benefit with combination therapies is a matter of controversy. The IPDfromKM method operates by reconstructing individual patient data from the information published in clinical trials; in particular, an artificial intelligence (AI) software extracts as much information as possible from the graphs of the Kaplan-Meier curves thus generating these databases of reconstructed patients. This method has already found numerous successful applications, particularly in the fields of oncology [3] and cardiology [4].

2. Materials and methods

Literature search. We searched PubMed, Scopus and EMBASE to identify randomized controlled trials (RCTs) that met the eligibility criteria for the analysis. The final search was conducted on 10th of August 2024. The search term was constructed as follows: ["non-small cell lung cancer" OR "NSCLC" OR "non-small-cell lung cancer") AND ("advanced" OR "locally advanced" OR "metastatic") AND ("failure" OR "progression" OR "relapse" OR "after" OR "second-line therapy" OR "subsequent therapy" + filter "published in the last 5 years"]. The selection of articles was conducted in accordance with the PRISMA algorithm [5].

Our inclusion criteria were represented by patients with non-oncogenic driven, unresectable locally advanced or metastatic NSCLC who experienced disease progression after immune checkpoint inhibitors and chemotherapy. The endpoint of our analysis was OS. We included all RCT that tested a combination treatment in the experimental group and used either docetaxel or a similar regimen of chemotherapy in the control group. Owing to the method of our analysis aimed at reconstructing individual patient data, another inclusion criterion was the availability of a Kaplan-Meier graph comparing the two above-mentioned treatment options based on the endpoint of OS.

Reconstruction of individual patient data from Kaplan-Meier curves and statistical analysis. Our analysis, performed by application of the online version of the IPDfromKM method, included a first phase in which the graph of each Kaplan-Meier curve was digitized using Webplotdigitizer (version 4 online; <https://apps.automeris.io/> accessed 10 August 2024), and a second phase in which the AI algorithm reconstructed individual patient data (separately for each curve evaluated in the analysis) from the x-y coordinates deriving from the digitized KM curves [2] (<https://www.trialdesign.org/one-page-shell.html#IPDfromKM>, version 1.2.3.0, accessed 10 August 2024). Once these databases of reconstructed patients had been created, indirect comparisons were made between the combination treatments and the standard of care, using the same statistical tests (e.g. Cox multiple regression model) as in studies based on "real" patients.

Design of the analysis. Regarding the design of our analysis, since five trials were selected as source of clinical material, we firstly selected OS as the endpoint of the statistical analysis and then performed an indirect comparison between the five arms pooled together of the studies treated with a combination treatment versus the five arms of the same studies treated with the standard of care (docetaxel or a similar regimen of chemotherapy). The hazard ratio (HR), with 95% confidence interval (CI), was the parameter for testing the superiority of combination treatments versus standard of care. Finally, the five control arms of the included trials were subjected to an assessment of cross-trial heterogeneity, which was based on Wald's test and the likelihood ratio test. In the present

investigation, we used three statistical packages ("survival," "survminer," "survRM2," and "readxl") of the R-platform (version 4.3.2).

3. Results

The PRISMA algorithm was used to select the trials eligible for our analysis. After selecting only RCTs according to the design of our analysis, 6 eligible were identified [6-11]; Figure 1 shows the PRISMA algorithm. We excluded the trials by Schoenfeld et al. [11] owing to the absence of a control arm with standard chemotherapy; as a result, five RCTs were included in our analysis (Table 1).

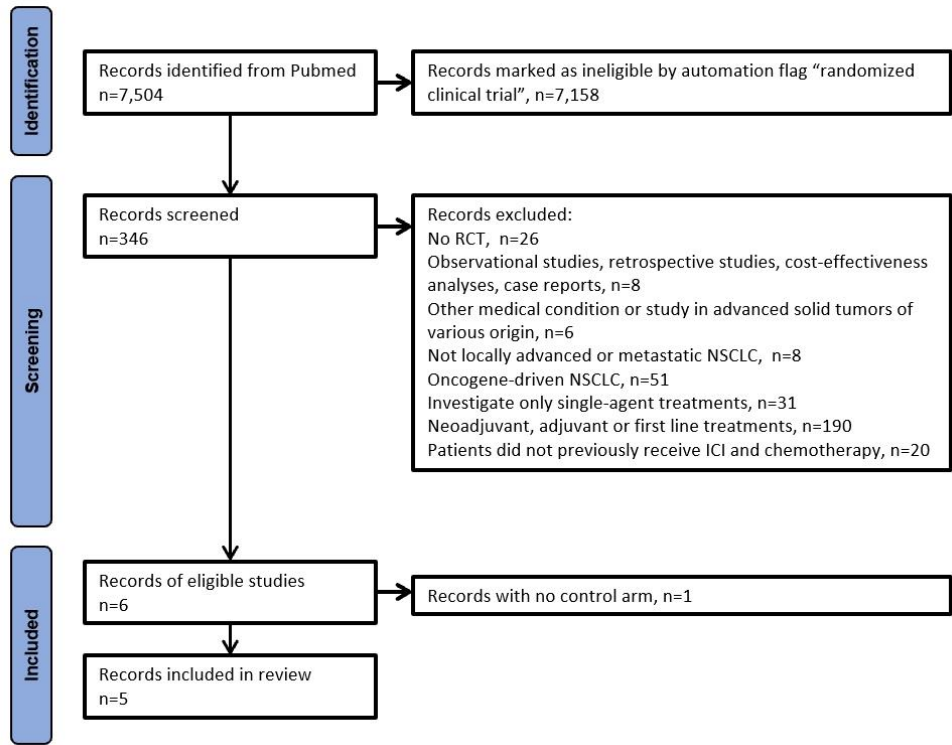


Figure 1. PRISMA flowchart of our literature search. The keywords used for our initial search were as follows: Pubmed "non-small cell lung cancer" OR "NSCLC" OR "non-small-cell lung cancer") AND ("advanced" OR "locally advanced" OR "metastatic") AND ("failure" OR "progression" OR "relapse" OR "after" OR "second-line therapy" OR "subsequent therapy" + filter "published in the last 5 years".

The combination regimens evaluated in these trials included pembrolizumab + chemotherapy, pembrolizumab + ramucirumab, sitravatinib + nivolumab, atezolizumab + cabozantinib, and canakinumab + docetaxel. Figure 2 describes the results of our main analysis, which shows that the pooled curves of active and control arms are largely superimposed with one another. The HR for the comparison of combination treatments vs standard of care was HR=1.066 (95%CI, 0.9311 to 1.221; P=0.35). Among the five control arms (Figure 3), the level of cross-trial heterogeneity was remarkably low (likelihood ratio test= 3.76 on 4 df; p=0.40; Wald test = 3.83 on 4 df, p=0.40).

Table 1. RCTs included in our analysis: main characteristics and OS data. Endpoint, death for any cause.

Study (Author, year)	Study type	Histology (intervention group vs controls)	Metastatic sites (intervention group vs controls)	Intervention vs. controls	Follow-up duration (months)	HR (95% CI)*	Total number of events/patients (n/N)	
							Treatment group	Controls
1. Jung et al (NCT03656094, 2022) [6]	RCT	Adenocarcinoma: N=26 (55.3%), vs N=25 (49.0%); squamous cell carcinoma: N=20 (42.6%) vs N=25 (49.0%); pleomorphic carcinoma: N=1 (2.2%) vs N=1 (2.0%)	Brain, N=12 (25.5%) vs N=10 (19.6%); liver, N=5 (10.6%) vs N=5 (9.8%); bone, N=7 (14.9%) vs N=11 (21.6%)	pembrolizumab + chemotherapy vs. chemotherapy [§]	30	1.09 (0.66-1.83)	31/47	29/51
2. Reckamp et al [7]	RCT	Adenocarcinoma: N=39 (58%) vs 36 (52%); squamous cell carcinoma: N=27 (40%) vs 28 (41%); other: N=1 (1.5%) vs N=5 (7%).	At least one organ: N=69 (100%) vs N=67 (100%)	pembrolizumab + ramucirumab vs. standard-of-care [§]	30	0.69 (0.51-0.92)	45/69	51/67
3. Borghaei et al (SAPPHIRE, 2023) [8]	RCT	Non squamous cell carcinoma	Brain, N=58 (20.4%) vs N= 62 (21.2%)	sitravatinib + nivolumab vs. docetaxel	42	0.86 (0.70-1.05)	110/284	128/293
4. Neal et al (CONTACT-01, 2023,) [9]	RCT	Squamous cell carcinoma: N=48 (25.8%) vs N=44 (24.4%); non squamous cell carcinoma: N=138 (74.2%) vs N=136 (75.6%)	At least one organ: N=186 (100%) vs N=180 (100%)	atezolizumab + cabozantinib vs. docetaxel	22	0.88 (0.68-1.16)	114/186	106/180
5. Paz-Ares et al. (CANOPY-2, 2024) [10]	RCT	Adenocarcinoma, n=75 (63%) vs n=75 (64%); large cell carcinoma, n=1 (1%) vs n=0; squamous cell carcinoma, n=42 (35%) vs n=39 (33%); other, n=2 (2%) vs n=3 (3%)	Not reported	cabozantinib+docetaxel vs. docetaxel	18	1.06 (0.76-1.48)	73/120	68/117

* These values of HR are those reported by the authors in their original articles. [§] Chemotherapy: gemcitabine, pemetrexed, docetaxel, or vinorelbine. [§] Standard of care: docetaxel/ramucirumab, docetaxel, gemcitabine, and pemetrexed.

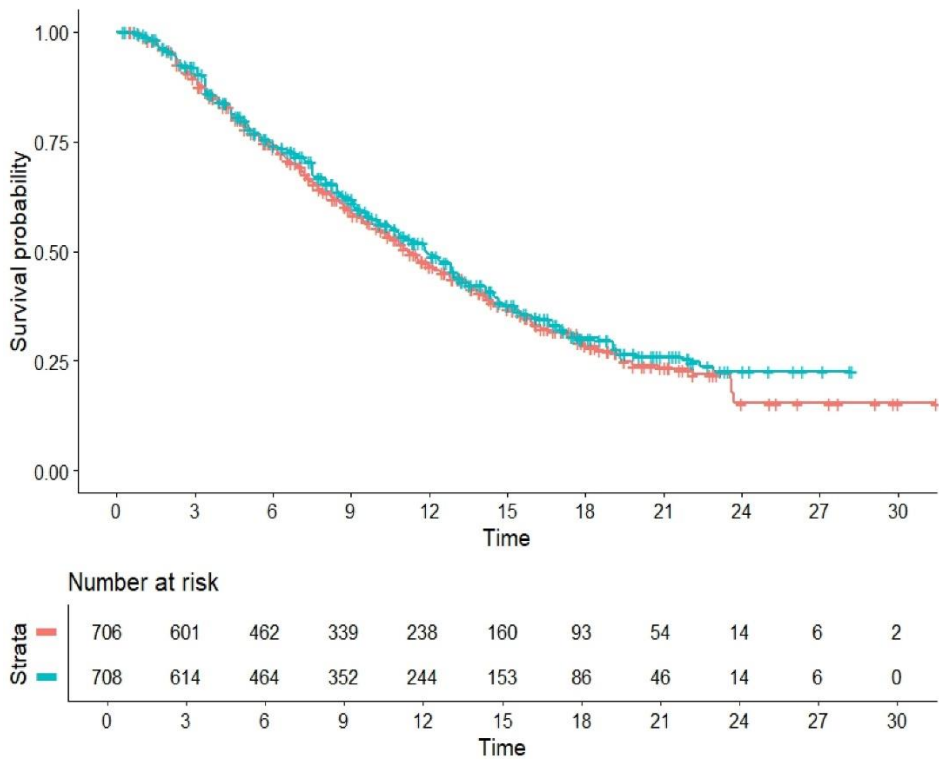


Figure 2. Main analysis: in red, combination regimens; in green, standard-of-care. Time in months.

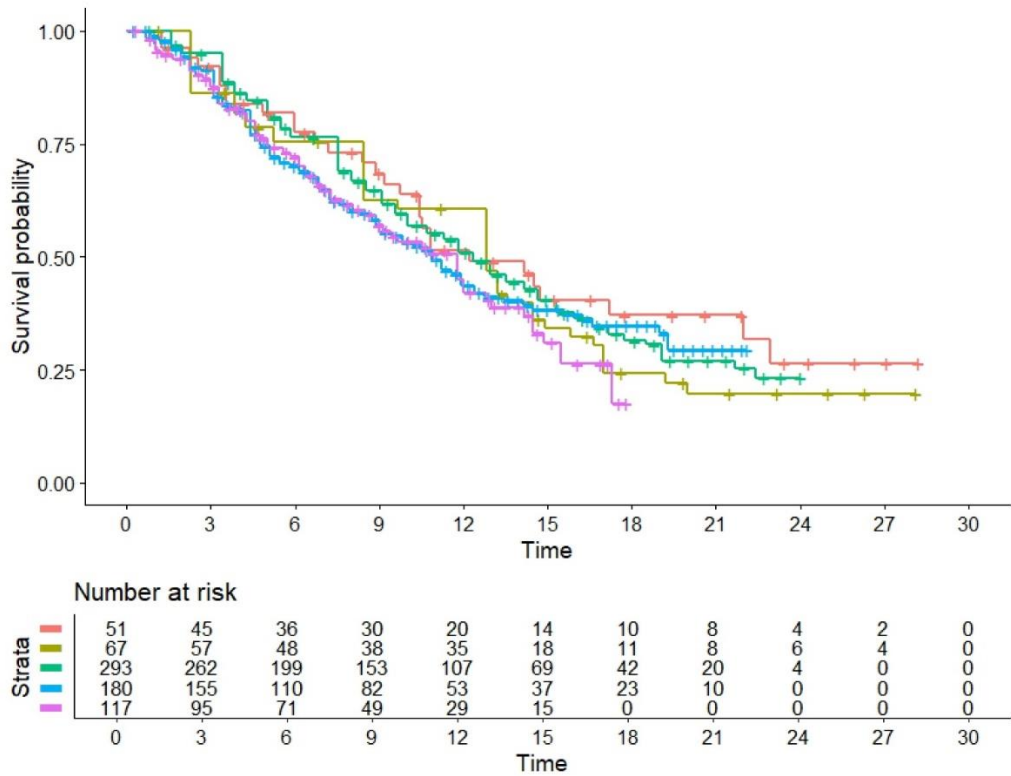


Figure 3. Heterogeneity analysis based on the 5 control arms: in red; trial by Jung et al. [6]; in dark green: trial by Reckamp et al. [7]; in light green trial by Borghaei et al. [8]; in blue: trial by Neal et al. [9]; in purple: trial by Paz-Res et al. [10]. Time in months.

Finally, Figure 4 compares the OS pattern between each of the 5 treatment groups with the 5 control arms pooled together. Among the 5 treatment groups, the arm of the trial by Paz-Ares et al. [10] (canakinumab + docetaxel) showed the worse OS pattern (HR=1.33, 95%CI 1.03 - 1.71) while the study by Reckamp et.al. [7] investigating ramucirumab + pembrolizumab demonstrated the best OS (HR=0.84, 95%CI 0.61 to 1.15); the other RCTs showed values of HR ranging from 0.91 to 1.11, but none of them reached the statistical nor the clinical significance compared to the standard of care. It should be noted that, unlike the other 4 trials, the trial by Borghaei et al. [8] included exclusively patient with non-squamous histology; however, both Figures 3 and 4 show that this difference had no impact on the pattern of OS.

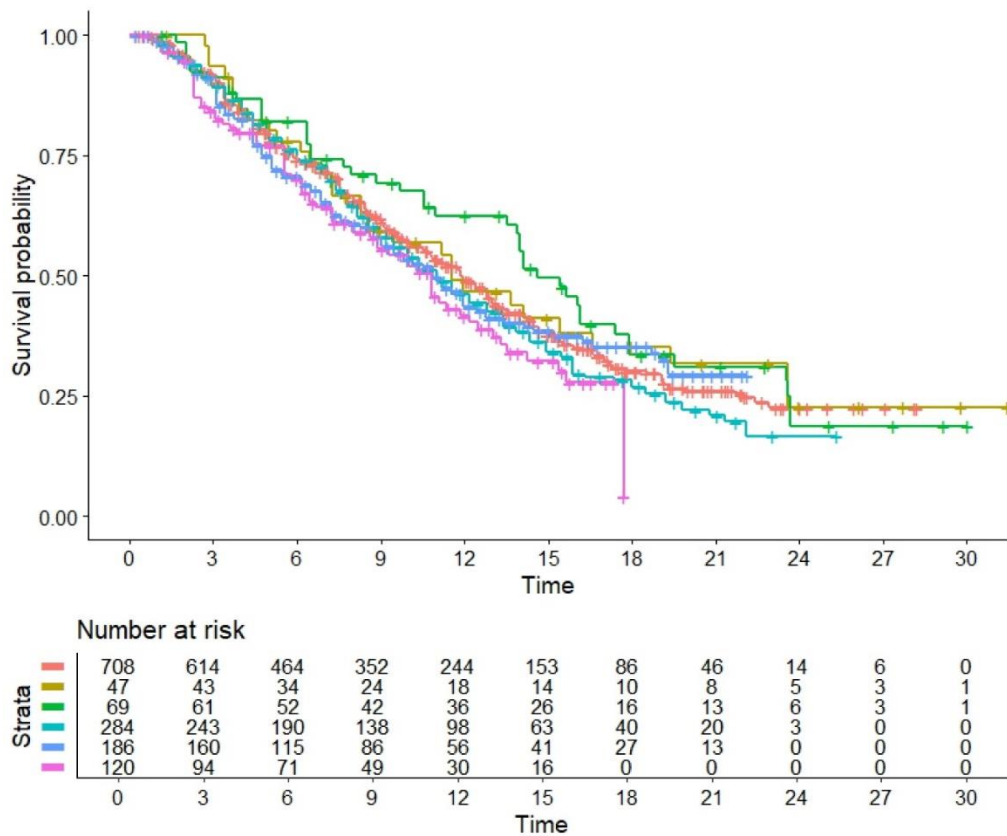


Figure 4. Overall survival: comparison of each of the 5 treatment arms with the 5 controls arms pooled together. In red: the 5 control arms pooled together; in dark green: trial by Jung et al. (pembrolizumab + chemotherapy) [6]; in light green: trial by Reckamp et al. (ramucirumab + pembrolizumab) [7]; in light blue: trial by Borghaei et al. (sitravatinib + nivolumab) [8]; in dark blue: trial by Neal et al. (atezolizumab + cabozantinib) [9]; in purple: trial by Paz-Res et al. (canakinumab + docetaxel) [10]. Time in months.

4. Discussion

The availability of different treatment options for patients with NSCLC after failure of previous ICIs and chemotherapy offers a range of alternatives, that have been reviewed in the recent network meta-analysis published by Wang et al. [1]. Given that the overall therapeutic framework of the numerous proposed treatments is complex, our analysis was intentionally kept as simple as possible and therefore addressed specifically a basic question: since docetaxel (or similar chemotherapy options) is currently considered the standard-of-care, is there any survival benefit in using a novel combination regimen under these circumstances? Our analysis was based only on RCTs that addressed this question: a total of 5 relevant RCTs were identified that tested 5 combinations of drugs for second-line or later treatment. After reconstruction of individual patient data, our pooled analysis based on 5 combination treatment arms and 5 control arms clearly demonstrated that the combination regimens do not determine any remarkable benefit in OS neither in terms of clinical relevance nor in

terms of statistical significance. Our results substantially confirm those published in the meta-analysis by Wang et al. [1], the only difference being that these authors reported that the antiangiogenic therapy combined with ICI [7,12] demonstrated a benefit in OS compared to standard of care (HR= 0.69; 95%CI, 0.51 to 0.92); In our analysis we excluded the study by Ghiringhelli et al. [12] as it is a conference abstract, with a limited number of patients and it does not report results as KM curves. Still, in our hands, the other study included by Wang in this group [7], investigating ramucirumab + pembrolizumab demonstrated the best HR for OS compared to the other combinations, although in a limited number of patients. In addition, the patient reconstruction approach does not use any of the statistical tests commonly used in meta-analysis studies, nor are forest plots the tool used to present survival results. We have presented the data using a KM summary graph, which makes the result of the analysis highly intuitive at first glance, while keeping the statistical analysis robust, using the Cox regression model.

The main limitation of the present analysis is the simplified nature of the basic questions that we investigated. On the one hand, the five included RCTs shared the advantage that they were all designed as direct comparison; on the other hand, the network meta-analysis by Wang et al [1] examined a large number of outcomes, but most of the results on effectiveness were based on indirect comparisons, which represent a lower level of evidence.

In conclusion, the novel combination regimens investigated so far has not demonstrated survival benefit over standard of care for non-oncogene addicted NSCLC with progressive disease after ICIs and platinum-based chemotherapy, and the treatment of these patients remains an urgent unmet need.

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Conflicts of Interest: The authors declare that they have no conflicts of interest.

Abbreviations

CI	confidence interval
HR	hazard ratio
ICI	immune checkpoint inhibitor
KM	Kaplan-Meier
NSCLC	non-small cell lung cancer
OS	overall survival
RCT	randomized controlled trial

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