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Article

Thermal Stress and Suitability for Aquatic Species in the San Francisco Estuary

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Abstract: Increases in water temperature caused by climate change will challenge water and species management in the San Francisco Estuary. Our goals were to describe spatial and seasonal patterns in water temperature across the upper Estuary, and evaluate how temperature stress and suitability vary across the aquatic ecosystem. We synthesized 10 years of continuous water temperature data at 75 stations across six regions of the Estuary between 2010 and 2019. We identified stressful temperature thresholds for species of interest using published physiological limits and observed distribution, including ESA-listed native (e.g., osmerids, salmonids), non-ESA-listed native (e.g., cyprinids), non-native (e.g., centrarchids, bivalves), and nuisance species such as invasive aquatic vegetation, and harmful cyanobacteria. We then quantified thermal stress across varying spatial and temporal scales and metrics. Analyses indicated there were detectable regional temperature differences, and that Suisun Bay was the only region to provide regular thermal refuge during the warmer parts of the year, though portions of the Confluence and Suisun Marsh also provided potential thermal refuge during summer/fall and during cooler parts of the day. Meanwhile, the Central and South Delta experienced the warmest temperatures, exceeding thresholds for listed species throughout summer and early fall. We found that listed species such as juvenile salmonids and osmerids experience more thermal stress across a number of metrics. Fishes with higher heat tolerance (including non-natives and select natives), aquatic vegetation, and *Microcystis* (a harmful cyanobacteria) had the lowest average number of thermal stress days. This study demonstrates that the Estuary is already exhibiting stressful conditions for species of concern, and thermal stress will only increase with climate change. We identify at what times of year and where the Estuary may provide refuge from thermal stress conditions which has important implications for restoration prioritization and design and species management.

Keywords: water temperature; estuary; thermal stress; habitat suitability; climate change; refugia; Sacramento-San Joaquin delta; long-term monitoring; fish

Introduction

The San Francisco Estuary (estuary), including the Sacramento-San Joaquin Delta (Delta), Suisun Bay, and Suisun Marsh, has been experiencing the effects of global climate change for at least the past forty years. Each of the past four decades has been successively warmer than all previous decades and the 2010's have been the warmest decade on record (Cloern et al. 2010, Goss et al. 2020, IPCC 2021). Climate change models predict a continuation of these trends, with a temperature increase of 2 to 4°C over the next century (Dettinger et al. 2016, Knowles et al. 2018, Pierce et al. 2018), more precipitation falling as rain instead of snow (Dettinger et al. 2016), increased precipitation variability (Swain et al. 2018), increased extreme precipitation (Polade et al. 2017, He 2022a), and increased saltwater intrusion due to a combination of reduced freshwater outflow and sea level rise (Dettinger et al. 2016, Polade et al. 2017, Knowles et al. 2018, Pierce et al. 2018, Swain et al. 2018, Ghalambor et al. 2021).

The impact of climate change on estuaries is of worldwide concern because estuaries provide key ecosystem services, including nursery habitat for fisheries, buffering development from storms,

carbon sequestration, transportation, and recreation ((Barbier et al. 2011). However, estuaries are also frequently highly developed, and thus already threatened by human impacts in addition to climate change. A 12-year monitoring study of 166 estuaries in Australia showed an increase in temperature and acidification rate over that time span, with the final values for both exceeding the Intergovernmental Panel on Climate Change (IPCC) projection by 2100 (Scanes et al. 2020). The changes observed are significantly more extreme than the predictions from global models, which indicates a need for regional-scale estuarine models (Collins et al. 2012, Knowles et al. 2018, Scanes et al. 2020). Analysis of expected and potential impacts to estuaries in Australia, the United Kingdom and Chesapeake Bay found wide-ranging impacts to species from the locally predicted changes in precipitation, water temperature and chemistry, salinity, flow, primary productivity, turbidity, and geomorphology (Gillanders et al. 2011, Robins et al. 2016).

Within the estuary, there is considerable regional variability in measured water temperature (Bashevkin et al. 2022b). While water temperature is controlled primarily by air temperature (Vroom et al. 2017), inflow and precipitation also interact with seasonal and spatial water temperature patterns in the system (Bashevkin and Mahardja 2022, Bashevkin et al. 2022b). As with estuaries worldwide, the estuary will increase in temperatures with climate change, and local models have projected up to a 4°C increase in annual mean water temperature between 2020 and 2099, with greater increases in temperature predicted during the summer than the winter (He 2022b).

The estuary is home to many native fish species, including several that are listed as threatened or endangered under the state or federal Endangered Species Acts (hereafter - "listed species"; CDFW 2022). How water temperature affects these species on a regional scale is important for identifying climate change refugia and potential conservation actions for such listed species. This idea has been applied to many cold-water stream systems across the United States, where restoration of riparian vegetation, bank structure, and flows has been targeted to preserve habitat for sensitive fish species (Kurylyk et al. 2015, Ebersole et al. 2020), but has rarely been evaluated in estuaries. To enhance our understanding of ecological interactions and implications relative to water temperature, we examined spatial and seasonal water temperature trends in relation to a number of listed and unlisted species that were focused around 1) resource management (e.g., state or federally listed endangered or threatened species), 2) species that may negatively affect management-relevant species (e.g., non-native predators and competitors, benthic invertebrates that affect the lower trophic food web, aquatic vegetation, which may negatively impact habitat, and toxic cyanobacteria), and 3) other native fishes where information is less known.

Listed fishes in the estuary including Delta Smelt (*Hypomesus transpacificus*), Longfin Smelt (*Spirinchus thaleichthys*), spring run and winter run Chinook Salmon (*Oncorhynchus tshawytscha*), and Green Sturgeon (*Acipenser medirostris*) are particularly sensitive to warm water temperature (Mayfield and Cech 2004, Komoroske et al. 2014, Jeffries et al. 2016, Zillig et al. 2021). Each species has a limited temperature optimum (the temperature range for optimal performance) such that increasing water temperature may increase chronic temperature stress and decrease health, growth, and/or reproductive fitness (Fangue et al. 2020). Negative changes in physiological and behavioral performance can affect growth, survival, and recruitment and limit or exclude native species from the estuary (Lewis et al. 2021). For example, an analysis of the spawning window of the endangered Delta Smelt predicted that under most climate change scenarios, they may no longer be able to reproduce in the estuary (Brown et al. 2016, Hobbs et al. 2019), though an alternative model found their spawning window may expand, but shift earlier in the year (Huntsman 2024). Warming water temperature increases stressful days for juveniles and initiates earlier spawning which would decrease the maturation window and also likely have negative impacts on fitness (Brown et al. 2016). Therefore, it is important to identify when and where thermally suitable habitats occur for native species of concern to focus conservation and habitat restoration efforts.

Here, we use continuous (real-time) water temperature data and literature on fish physiology and field detections to address the following three objectives with the study goal to better understand how warming temperatures may impact aquatic species:

- (1) Describe the inter-annual variation in water temperature in the estuary between 2010-2019 and determine whether spatial differences are detectable
- (2) 52152
 - a. Determine species thermal sensitivities based on cited literature and field data
 - b. Evaluate how thermal stress varies by species and Endangered Species Act (ESA) listed versus non-listed status
- (3) Assess what parts of the estuary may provide thermal refuge at different temporal scales

We combined records from continuous temperature probes from the past 10 years with data on the thermal sensitivity of aquatic organisms to assess future impacts of warming on the Delta ecosystem. First we examined how temperature has varied temporally over the previous decade and how temperature varies regionally across the Delta. Next we conducted a literature review to describe thermal sensitivities of native and non-native fishes, invertebrates, and primary producers. We then combined thermal sensitivity data to establish thresholds for each taxon and examine how habitat suitability and thermal stress is likely to vary spatially and through time as the climate continues to warm.

Resource managers rely on the use of temperature thresholds and habitat suitability models to assess risk to listed species and make decisions for real-time water operations and inform potential locations for habitat improvements via restoration or flow augmentations. This information will help guide species management and conservation measures needed to lessen the impact that stressful thermal conditions will have due to continued drought periods and climate change.

Materials and Methods

Study Area

The study was conducted in the Upper San Francisco Estuary, including the Sacramento-San Joaquin Delta (Delta), Suisun Bay, and Suisun Marsh. The Delta is a tidal inland delta with fresh to brackish water in the Central Valley of California. The Sacramento River provides freshwater from the north, while the San Joaquin River provides freshwater from the south. From the Delta, water flows into Suisun Bay and Suisun Marsh before entering the San Francisco Bay on its way into the Pacific Ocean. The system plays an important role in water delivery to the state of California, and, as a result, has an extensive network of environmental monitoring stations (Figure 1; Table S1).

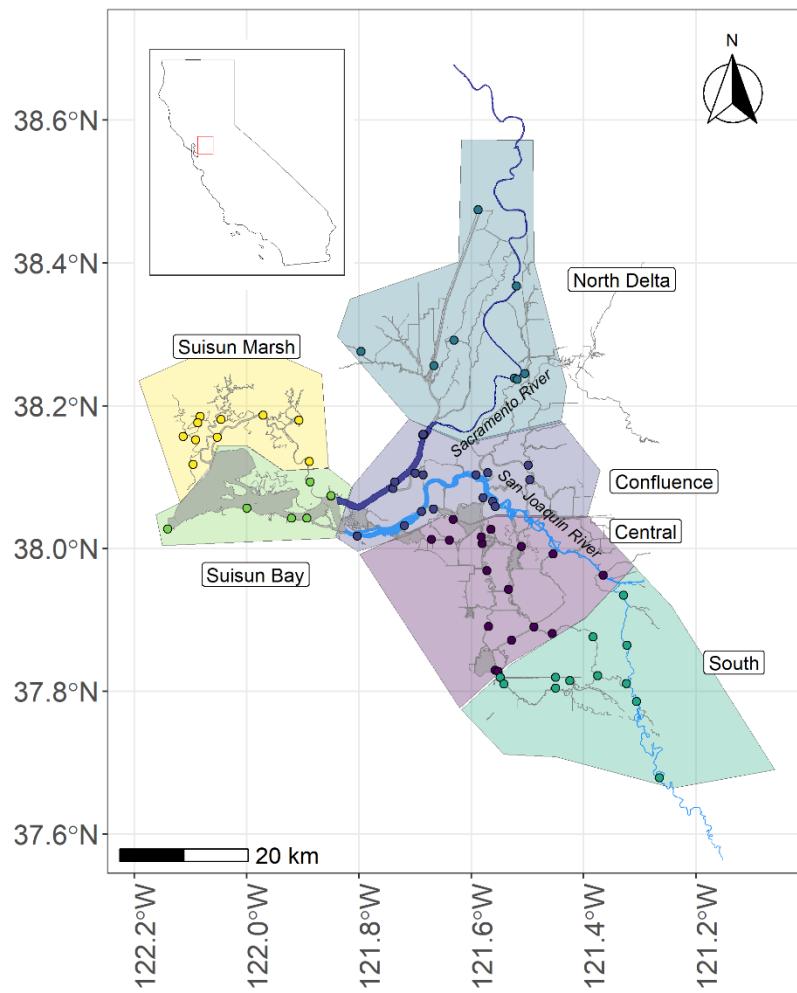


Figure 1. Map of study boundaries and individual water quality stations used in analyses. Regions are delineated and labeled. Sacramento River shaded in navy blue and San Joaquin River shaded in bright blue.

Data Compilation, Cleaning, and Filtering

We compiled data from the California Data Exchange Center (CDEC; <https://cdec.water.ca.gov/>), which hosts non quality-controlled real-time water quality data from several different monitoring programs. We downloaded all available event (15-minute) and hourly water temperature data in the estuary using the “CDECRetrieve” package (Rodriguez E 2022). We then standardized all data to hourly data by taking the first value of each hour. The full integrated dataset and associated metadata, including details on the sensors and data contacts, are available on the Environmental Data Initiative (EDI) (IEP et al. 2020).

We removed data that were of questionable quality based on the following criteria: 1) values outside a range of 1-40°C based on our knowledge of the system, 2) any day with fewer than 20 values (out of 24), 3) any day with 18 or more repeating values, 4) outliers (defined as values outside 3 times above or below the interquartile range) on the remainder component of the seasonally decomposed dataset, and 5) values where there was greater than a 5 degree change in temperature within an hour. Approximately 2.8% of values were removed due to these steps. Additional details and code for downloading data and QA/QC are available on EDI (IEP et al. 2020). We then removed 15 stations that were not representative of our study (non-contiguous stations, stations not in the Delta, some duplicate stations), and filtered to 2010-2019 as most of the stations initiated monitoring by 2010, removing 36.2% of remaining values. We then removed station-years with 275 days or fewer days per year and 10 months or fewer months of data per year to avoid biasing calculated summary statistics. Based on these filters, we then removed stations with fewer than 8 years of data.

Approximately 26.9% of remaining data were removed due to these filters, with a final dataset composed of 6,149,782 values across 75 stations (Table A1; see <https://deltascience.shinyapps.io/ContinuousWaterTempQC/> for spatial representation of all stations originally considered).

Region Assignments

To identify regions within the study area with similar thermal regimes, we calculated the daily mean temperature (T_{avg}) for each station for each day of the year over the entire time frame of the dataset (2010-2019). We then used hierarchical cluster analysis on the Euclidian distance between the T_{avg} for each day of the year (function 'hclust' in R version 4.1.1; R Core Team 2021) with Ward's minimum variance method. We based geographic regions on cluster assignments, but did adjust assignments slightly based on spatial proximity.

Water Temperature Patterns

To address objective 1, we used our compiled water temperature dataset and tested for statistically significant trends in average maximum (T_{max}) and minimum (T_{min}) water temperature. Due to the limited temporal scale of our dataset and the known variability between years, we did not aim to detect a trend over time, but instead looked at differences between individual years and regions-seasons combinations. To reduce temporal auto-correlation, we calculated monthly average T_{max} and T_{min} and ran mixed effects models with maximum likelihood as an estimation method. We conducted analyses in R Version 4.2.1 (R Development Core Team 2021). We used the "lme4" package to run mixed effects models (Hothorn et al. 2008, Wood 2017, Lenth et al. 2022). We included the fixed effects of water year (October 1 of calendar year-1 to September 30 of calendar year), season, and region, with an interaction term between season and region. We also included station and month as random effects. We conducted post-hoc tests using the Bonferroni correction and because there was some temporal auto-correlation, we used a more conservative alpha = 0.01 to distinguish differences between pairs.

Eq. 1

$$Temp \sim WY + Season * Region + (1|Station) + (1|Month),$$

where

Temp = average monthly maximum or average monthly minimum water temperature (°C),

WY = water year as a factor, where WY_i = October 1_{i-1} to September 30_i

Season = season as a factor,

where wet season = October-April and dry season = May-September

Region = region as a factor, as defined by Figure 1,

Station = station as a factor, included as a random effect on the intercept (denoted by '(1|...}') to account for spatial autocorrelation

Month = month as a factor, included as a random effect on the intercept (denoted by '(1|...')).

Species Temperature Thresholds

To evaluate the biological implications of water temperature patterns and address objective 2a, we selected key native and non-native fishes, invertebrates, and primary producers relevant to the estuary. We then conducted a literature review of available temperature thresholds, and summarized long-term field survey data to develop a single integrated table of temperature thresholds. We describe different temperature threshold terms in Table 1.

For each species and life stage (where possible) we included two documented or estimated temperature thresholds: suboptimum temperature (T_{sopt}) and maximum temperature tolerance (T_{tol}). We defined T_{sopt} as the temperature value outside documented thermal optima at which physiology 'turns for the worse' and performance decreases (Fangue et al. 2020). Suboptimal temperatures are considered moderately stressful and can reduce energy diverted to growth, reproduction, and activity due to the increased energy demand for basic maintenance mechanisms (Sokolova et al.

2012). For this study, we focused only on T_{sopt} when temperatures are warmer than optimal, not T_{sopt} when temperatures are cooler than optimal. The second species threshold, T_{tol} , we described as the upper temperature limit for survival. We used combined literature on critical thermal maxima, similar end-point measures, and mortality to assign T_{tol} thresholds, thus we list a range of threshold values found in Table 2.

As a quality check of the T_{sopt} and T_{tol} assignments, many of which came from laboratory studies, we compared threshold values to temperatures associated with fish field detections (i.e. the field detection temperatures should not be greater than the tolerances obtained from literature). We calculated the mean, 75% quantile, and maximum water temperature at which species were detected in field surveys using data from the “deltafish” package (Clark and Bashevkin 2022), which accesses an integrated dataset of 9 long-term fish monitoring surveys in the estuary from 1959 to 2021 (Bashevkin et al. 2022a). While some species have distinct life stage nomenclature (e.g. salmonid alevins, fry, etc.), given variation in life-stage designations within the literature and among monitoring surveys, we standardized all species into three life stages (larvae, juveniles, adults) for consistency and generalization of analyses. We subsequently use species thresholds to inform the following analysis of heat stress in the estuary and species sensitivity to estuary temperature (Table 2). Additional details about threshold and life stage determinations have been published in Davis et al. (2022).

Table 1. Description of abbreviated terms used to describe habitat temperatures, and species temperature thresholds for suboptimum and tolerance exceedance.

Term	Description
T_{max}	Maximum daily water temperature
T_{avg}	Average daily water temperature
T_{tol}	Tolerance temperature threshold for species
T_{sopt}	Suboptimal temperature threshold for species
E_{tol}	Annual daily tolerance exceedance; number of days/yr that $T_{\text{max}} > T_{\text{tol}}$
E_{sopt}	Annual daily suboptimum exceedance; number of days/yr that $T_{\text{max}} > T_{\text{opt}}$
T_{mar}	Temperature margin; difference of T_{tol} and T_{max} in a region and season

Table 2. Species temperature thresholds summarized from the literature (as documented in Davis et al. 2022). Suboptimum (T_{sopt}) and tolerance (T_{tol}) thresholds are reported by life stage (adult, juvenile, larvae) based on lengths estimated from the literature. For consistency with other species life stages, early life stages of salmonids were not differentiated; juveniles start at the fry life stage. Maximum field detection temperature indicates the maximum temperature species-life stage combinations were detected by monitoring data from the estuary. NA indicates thresholds were not found in the literature. Asterisks in the Status column indicate listed species.

Taxon	Species	Assigned Life Stage	Status	Maximum Field Detection Temperature (°C)	75% Quantile Field Detection Temperature (°C)	T_{sopt} Range (°C)	T_{tol} Range (°C)
<i>Acipenser medirostris</i>	Green Sturgeon	Adult	Native*	NA	NA	19	NA
<i>Acipenser medirostris</i>	Green Sturgeon	Juvenile	Native*	28.5	20.6	20-21	30-34
<i>Acipenser medirostris</i>	Green Sturgeon	Larvae	Native*	NA	NA	20-24	26-28

<i>Acipenser transmontanus</i> s	White Sturgeon	Adult	Native*	23.6	15.8	NA	NA
<i>Acipenser transmontanus</i> s	White Sturgeon	Juvenile	Native*	26.7	19.4	21-24	31
<i>Acipenser transmontanus</i> s	White Sturgeon	Larvae	Native*	24.8	20	20	27-32
<i>Arundo donax</i>	Giant Reed EAV	Undifferentiated	Non-native	NA	NA	<24 & > 30	32
<i>Catostomus occidentalis</i>	Sacramento Sucker	Adult	Native	32.1	20.6	20	30
<i>Catostomus occidentalis</i>	Sacramento Sucker	Juvenile	Native	31.8	20.3	NA	NA
<i>Catostomus occidentalis</i>	Sacramento Sucker	Larvae	Native	19	17.4	NA	NA
<i>Corbicula</i> spp. (<i>manilensis</i> ; <i>fluminea</i>)	Asian Clam	Undifferentiated	Non-native	NA	NA	< 22 & > 30	37
<i>Cottus asper</i>	Prickly Sculpin	Adult	Native	32.1	21.7	22-24	32
<i>Cottus asper</i>	Prickly Sculpin	Juvenile/Larvae	Native	32.1	20.3	NA	NA
<i>Egeria densa</i>	Brazilian waterweed	Undifferentiated	Non-native	NA	NA	3-16 & 26-30	20-30
<i>Eichhornia crassipes</i>	Water Hyacinth FAV	Undifferentiated	Non-native	NA	NA	<10 & >30	34
<i>Gasterosteus aculeatus</i>	Threespine Stickleback	Adult	Native	26.7	18.6	NA	26-29
<i>Gasterosteus aculeatus</i>	Threespine Stickleback	Juvenile/Larvae	Native	32.1	19.5	NA	25-29
<i>Hypomesus nipponensis</i>	Wakasagi	Adult	Non-native	27.6	20.9	NA	NA
<i>Hypomesus nipponensis</i>	Wakasagi	Juvenile	Non-native	28.8	21.1	NA	29.1
<i>Hypomesus nipponensis</i>	Wakasagi	Larvae	Non-native	23.3	16.1	NA	NA
<i>Hypomesus transpacificus</i>	Delta Smelt	Adult	Native*	27.8	17.8	19-22	26.5-28.5
<i>Hypomesus transpacificus</i>	Delta Smelt	Juvenile	Native*	27.8	21.2	20-22	27-29
<i>Hypomesus transpacificus</i>	Delta Smelt	Larvae	Native*	25.5	19.9	20-23	27.6-29
<i>Hysterocarpus traskii</i>	Tule Perch	Adult	Native	32.1	20.8	21	34
<i>Hysterocarpus traskii</i>	Tule Perch	Juvenile/Larvae	Native	32.1	21.8	NA	NA

<i>Lavinia exilicauda</i>	Hitch	Adult	Native	29.6	21.1	29	38
<i>Lavinia exilicauda</i>	Hitch	Juvenile/Larvae	Native	29.6	21.8	NA	NA
<i>Menidia spp. (audens/beryllina)</i>	Mississippi Silverside	Adult	Non-native	31.8	17.8	NA	31
<i>Menidia spp. (audens/beryllina)</i>	Mississippi Silverside	Juvenile	Non-native	31.8	23.3	26	35
<i>Menidia spp. (audens/beryllina)</i>	Mississippi Silverside	Larvae	Non-native	24	22.5	25	34
<i>Microcystis spp.</i>	Microcystis	Undifferentiated	Non-native	NA	NA	< 19 & >25	36
<i>Micropterus salmoides</i>	Largemouth Bass	Adult	Non-native	29.1	20.6	NA	33-35
<i>Micropterus salmoides</i>	Largemouth Bass	Juvenile	Non-native	31.8	24	27-29	33-40
<i>Micropterus salmoides</i>	Largemouth Bass	Larvae	Non-native	29.4	23.6	NA	NA
<i>Morone saxatilis</i>	Striped Bass	Adult	Non-native	28.3	20	24	28
<i>Morone saxatilis</i>	Striped Bass	Juvenile	Non-native	32.1	22.2	25	32
<i>Morone saxatilis</i>	Striped Bass	Larvae	Non-native	32.1	22.3	25	NA
<i>Oncorhynchus mykiss</i>	Steelhead/Rainbow Trout	Adult	Native*	25.6	16.7	20	25.5
<i>Oncorhynchus mykiss</i>	Steelhead/Rainbow Trout	Juvenile	Native*	28.3	14.4	17-21	24-29
<i>Oncorhynchus mykiss</i>	Steelhead/Rainbow Trout	Larvae	Native*	21.7	13.3	10-12	15-19
<i>Oncorhynchus tshawytscha</i>	Chinook Salmon	Adult	Native*	25.9	20.6	21	23-26
<i>Oncorhynchus tshawytscha</i>	Chinook Salmon	Juvenile	Native*	28.5	18.3	16-20	24-28
<i>Oncorhynchus tshawytscha</i>	Chinook Salmon	Larvae	Native*	21.7	11.7	13-16	16.7-29
<i>Orthodon microlepidotus</i>	Sacramento Blackfish	Adult	Native	27.7	20	NA	32
<i>Orthodon microlepidotus</i>	Sacramento Blackfish	Juvenile/Larvae	Native	31.1	22.8	24	32
<i>Pogonichthys macrolepidotus</i>	Sacramento Splittail	Adult	Native	32.1	19	24	29
<i>Pogonichthys macrolepidotus</i>	Sacramento Splittail	Juvenile	Native	32.1	21.5	21-25	28-33

<i>Pogonichthys macrolepidotus</i>	Sacramento Splittail	Larvae	Native	26.7	20	22-27	32
<i>Potamocorbula amurensis</i>	Overbite Clam	Undifferentiated	Non-native	NA	NA	<12 & > 28	NA
<i>Potamogeton crispus</i>	Curlyleaf Pondweed	Undifferentiated	Non-native	NA	NA	<5 & > 25	25
<i>Ptychocheilus grandis</i>	Sacramento Pikeminnow	Adult	Native	26.5	20	22-25	35-38
<i>Ptychocheilus grandis</i>	Sacramento Pikeminnow	Juvenile/Larvae	Native	31.1	20	NA	NA
<i>Spirinchus thaleichthys</i>	Longfin Smelt	Adult	Native*	25.6	12	15	25.6
<i>Spirinchus thaleichthys</i>	Longfin Smelt	Juvenile	Native*	28.3	19.3	15	26.4
<i>Spirinchus thaleichthys</i>	Longfin Smelt	Larvae	Native*	24	13.5	15-20	24.8

Thermal Stress and Suitability

We compared water temperature data to species thresholds to determine how thermal stress varied among different species and life stages (Objective 2a), and to determine which areas of the estuary might provide thermally suitable habitat or refuge (Objective 3). These analyses all use measured continuous water temperature data to examine data at different scales.

Regional and Seasonal Vulnerability

We calculated a ‘temperature margin’ (T_{mar}) for species-life stages by season and region to indicate how close species were to experiencing temperatures above their thresholds. We first filtered seasonal and regional presence for each species-life stage of interest using fish monitoring data. We used the “deltafish” package (Clark and Bashevkin 2022) to access the integrated fish dataset (Bashevkin et al. 2022a), plus additional fish datasets from fish salvage counts collected at the State Water Project pumping facility (<https://filelib.wildlife.ca.gov/Public/salvage/>), from the Yolo Bypass Fish Monitoring Program (Interagency Ecological Program et al. 2022), and from CDFW Trammel Net Survey (Stompe and Hobbs 2023) to determine regional and seasonal presence of fishes. Presence of species and life stages was determined by there being >1 detection of that species-life stage combination in the given region and season during the entire duration of the dataset based on life stage-length designations specified in Davis et al. (2022). Thus, a species-life stage classified as “present” in a region and season may not currently or commonly be present in a region where it is labeled as “present,” but there is some historical precedence for its presence there. It is also important to note that cases in which species were classified as “not present,” do not mean species are absent in the region, but that they were not detected in the particular surveys we used.

We calculated T_{mar} as the difference between a species’ T_{tol} (lower value if there was a range of values) and the T_{max} (mean maximum temperature for a given station, month, and water year averaged across season and region; Figure S7), which is a slightly modified approach to add ecological relevance to fish presence. This was in contrast to previous temperature margin models that calculate the difference between a species tolerance and maximum field temperature (Deutsch et al. 2008, Davis et al. 2019). We then binned the T_{mar} values to visually assess level of vulnerability across species and life-stages where possible. T_{mar} bins from most vulnerable to least vulnerable included <0°C, 0-3°C, 3-6°C, and >6°C. Season was designated as follows: Winter = January-March, Spring = April-June, Summer = July-September, Fall = October-December.

Thermal Stress by Species Life Stages

We calculated the number of stressful days experienced per year based on T_{sopt} and T_{tol} thresholds for a range of species and life stages (Table 2). Species and life stages that lacked T_{sopt} and T_{tol} were not included in analyses. To reduce inflation of stressful days, for each species-life stage, water temperature data were filtered to season-region combinations where the species-life stage was present, based on fish monitoring data. T_{sopt} and T_{tol} were compared to daily T_{max} at each station to determine whether the observed temperature was above the species threshold. To be moderately conservative with our estimates of suitability, within each region, if >30% of stations in a region were above the water temperature threshold (T_{sopt} or T_{max}) for a particular day, that entire region was considered to be above the threshold for that day. For each species-life stage, we summed days exceeding the water temperature thresholds for the suboptimum (E_{sopt}) or tolerance (E_{max}) by water year, and created boxplots to show the range of days exceedance across the 10 years of the dataset. We were not able to acquire both kinds of thresholds for all species of interest and life stages, hence not all species were included in exceedance analysis, but threshold information is provided in Table 2. If there was a range of thresholds reported in the literature, we used the lower threshold value for our visualizations, and reported results for lower and upper thresholds.

Thermal Stress by Listing Status

To assess whether there were differences in E_{max} by species ESA listing status (i.e. listed or non-listed), we filtered the datasets to the adult life stages of fishes and repeated the model for both the upper and lower range values of T_{tol} . We did not conduct analyses for T_{sopt} due to a lack of available threshold values in the literature. We ran a mixed effects models with a binomial distribution to represent proportional data using the “lme4” package (Bates et al. 2016), with the fixed effect of listed status and the random effect of species:

Eq. 2

$$p_{\text{TOL}} \sim \text{status} + (1/\text{species}),$$

where

p_{TOL} = proportion of days per year exceeding tolerance threshold,

status = listed or unlisted, and

$(1/\text{species})$ = random effect of species

We assessed residuals for assumptions of homogeneity of variance and normality.

Daily Thermal Stress by Station

We visualized the proportion of each day that temperatures were >22°C. While other analyses have focused on mean and maximum daily temperatures, these visualizations allows us to better understand, on multiple scales, when and where certain species may be able to recover. We are also able to note differences within a region to identify particularly warm or cool stations.

We used the continuous water temperature dataset to calculate, for each station and day of the year between April and September, the proportion of each day that was >22°C. We selected 22°C to represent the T_{sopt} of Delta Smelt, which is a species for which management actions occur in the summer, when temperatures are warmest. However, this 22°C also represents temperatures that are suboptimal for Green Sturgeon, White Sturgeon, Sacramento Suckers, Prickly Sculpin, Tule Perch, *O. mykiss*, Chinook Salmon, Sacramento Splittail, Sacramento Pikeminnow, and Longfin Smelt (see T_{sopt} in Table 2). Temperatures at each station were averaged across the dataset for each calendar day. To further put the analysis in context of warming temperatures, we also examined how potential recovery temperatures might differ between the whole dataset and warm years by comparing the same metric for the whole dataset (2010-2019) and the three warmest (2014, 2015, 2016) years in our dataset.

Results

Region Assignments

After clustering stations into six thermal regimes based on T_{avg} across the year (Figure S1), we saw the thermal regimes frequently fit into geographic regions (Figure S2). Most stations in the far south of the Delta had a similar thermal regime (Cluster 3), the Central Delta also had a similar thermal regime (Cluster 2), Suisun Marsh were mostly in the same thermal regime (Cluster 4), as was Suisun Bay (Cluster 5). The Lower San Joaquin River and the Lower Sacramento River had two clusters interspersed (Clusters 1 and 6), but were combined into a single 'Confluence' region due to geographic proximity. The Cache Slough and Sacramento River in the northern Delta also had stations representing a several thermal regimes, but were combined for ease of analysis.

Water Temperature Patterns

We ran a mixed effects model on maximum and minimum water temperature to statistically test for variation among years, regions, and seasons. We found significant differences between year, region, season, and the interaction between region and season. Monthly average T_{max} and T_{min} in 2015 were particularly high (95% CI: 17.7 – 21.0°C for maximum temperature; 16.4 – 20.0°C for minimum temperature), with 2014 and 2016 following as the next hottest years (Figure 2B; See Supplemental Materials for additional results and model validation). For our comparison of region by wet and dry season, we found that during the dry season (May-September), the Central and South Delta experienced the highest average maximum temperatures, and Suisun Bay experienced the lowest average maximum temperatures (Figure 2C). During the wet season (October-April), there were less differences in temperature between regions. Suisun Marsh, the South, and the Central Delta experienced the warmest average maximum temperatures, and the North Delta and Confluence experienced the coolest average maximum water temperatures. The wet years had negative anomalies of maximum daily temperatures, whereas most of the dry years had positive anomalies, with 2015 experiencing the highest anomaly (Figure 2A). Trends in model results were generally similar for mean minimum water temperatures, with the exception that mean minimum temperatures in Suisun Marsh were cooler than those in Suisun Bay, reflecting the larger range that the region can experience (Figure 3A, Figure 3B; see Supplemental Materials for additional results and model validation).

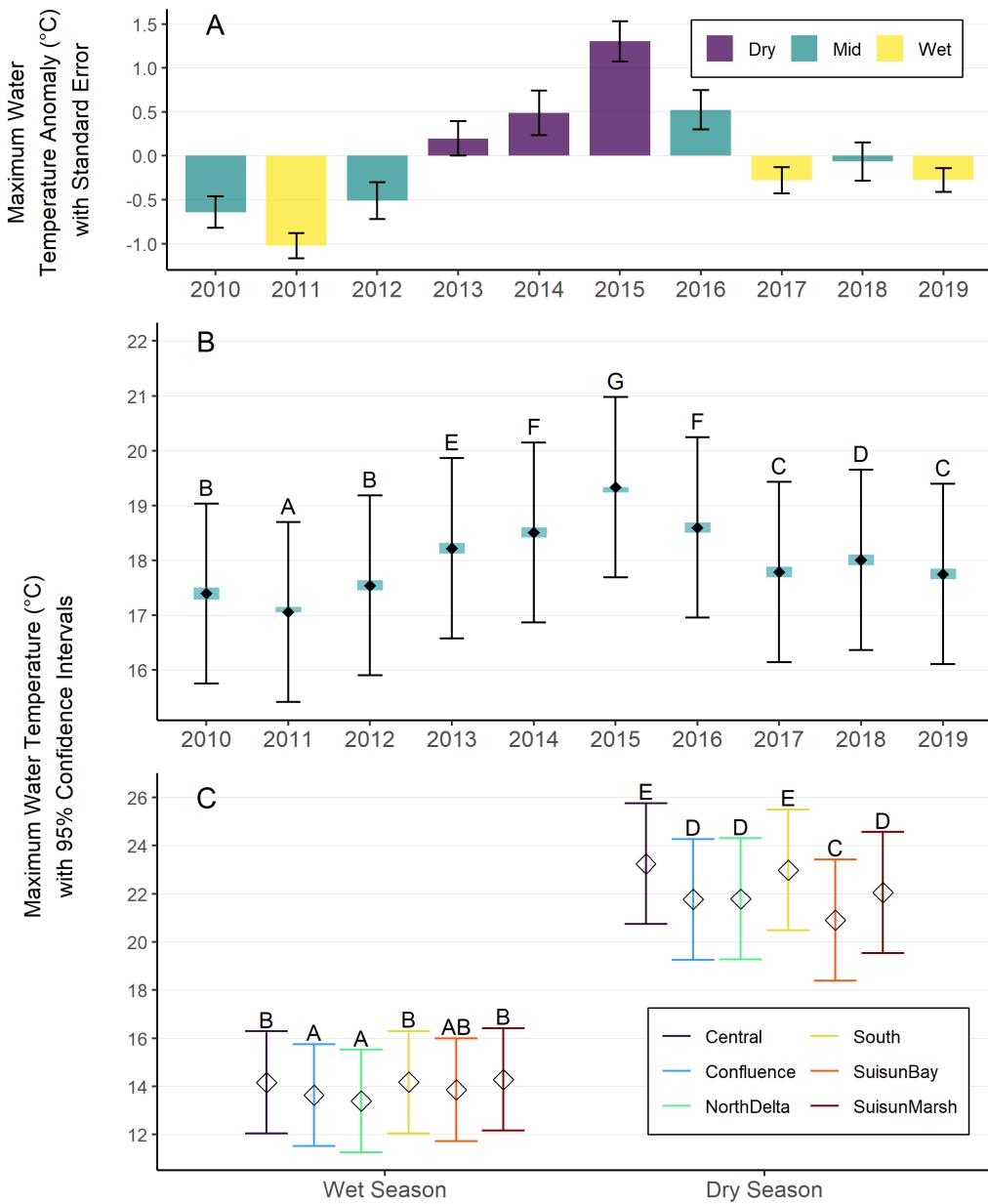


Figure 2. Trends in maximum daily water temperature (T_{\max} , °C) by water year, region, and season. A) Temperature anomalies calculated (from raw data) as the difference between the mean of the T_{\max} across the dataset and T_{\max} for a given station and date. Mean anomalies are plotted with standard errors accounting for different results by region. Results are plotted by water year type. Designations of water year type are from CDEC (<https://cdec.water.ca.gov/reportapp/javareports?name=WSIHIST>, which are based on unimpaired runoff. Dry = CDEC “Critical” and “Dry” designations, Mid = CDEC “Above Normal” and “Below Normal” designations, and Wet = CDEC “Wet” designation. B) Mean maximum monthly water temperature with 95% confidence intervals by water year. Results are from Equation 1. Blue boxes generated by “emmeans” package and non-overlapping boxes indicate significantly different years. C) Mean maximum monthly water temperature with 95% confidence intervals by season and region. Dry Season encompasses May-September; Wet Season encompasses October-April.

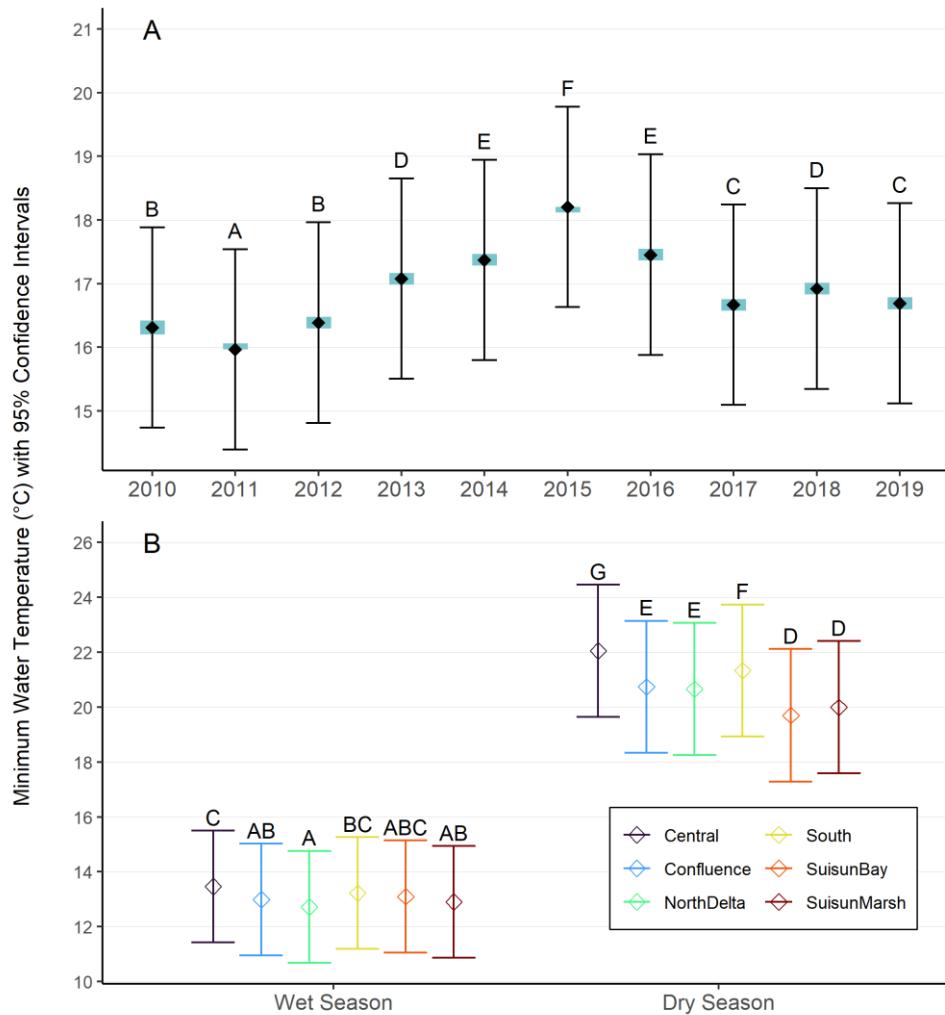


Figure 3. Trends in minimum daily water temperature (T_{\min} , °C) by water year, region, and season. A) Mean minimum monthly water temperature with 95% confidence intervals by water year. Blue boxes generated by “emmeans” package and non-overlapping boxes indicate significantly different years. B) Mean minimum monthly water temperature with 95% confidence intervals by season and region. Dry Season encompasses May–September; Wet Season encompasses October–April.

Thermal Stress and Suitability

Regional and Seasonal Vulnerability

Estimated T_{mar} varied broadly across species and life stages. Several species, particularly ESA-listed fishes, were within 3°C of their T_{tol} or were detected in regions that exceeded their T_{tol} (Figure 4). Most species had wider T_{mar} in fall (October–December; >3°C), and all species had robust margins in the winter (January – March; 3–6°C or >6°C). We found negative T_{mar} (i.e., habitat temperatures were warmer than species thresholds in the <0°C category) for all life stages of Rainbow Trout/Steelhead and Chinook Salmon during spring and summer in at least some of the regions in which they were detected. Species in the 0–3°C T_{mar} bin included listed salmonids and osmerids, and additional unlisted species such as Striped Bass (adult), Sacramento Splittail (juvenile), and Threespine Stickleback. Sturgeon, Tule Perch, Sacramento Blackfish, Sacramento Sucker, Sacramento Pikeminnow, and most of the non-native fishes also had relatively robust temperature margins. The North Delta, Central Delta, and South Delta had the greatest number of species-life stage combinations in which T_{mar} was negative or in the 0–3°C bin, and the Confluence and Suisun Bay had the fewest species-life stage combinations that might experience negative or small T_{mar} .

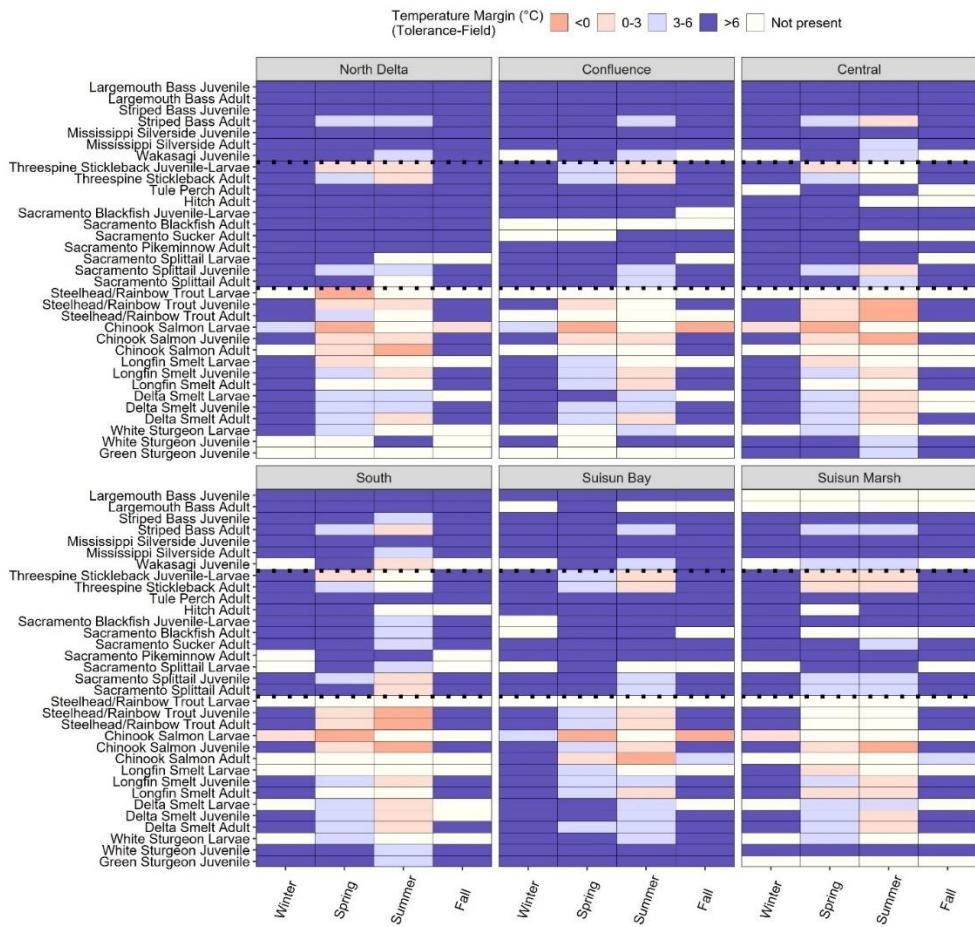


Figure 4. Heat map of temperature margins (T_{mar} , $^{\circ}\text{C}$) between water years 2010 and 2019 using continuous water temperature data. White indicates the species-life stage combination is not present or not detected in the monitoring dataset at a particular region-season combination based on monitoring data and life stage-length designations from Davis et al. (2022). Species are organized from non-native fishes to native unlisted fishes to native listed fishes and their relatives. Dotted lines indicate these separations.

Thermal Stress by Species Life Stages

The mean number of exceedance days across all fish species and life stages in the last ten water years was 138 days for E_{sopt} and 52 days for E_{tol} , based on the temperature thresholds selected from the literature (Figure 5). Many of the listed species, such as osmerids and salmonids, have lower T_{sopt} and T_{tol} relative to other species (Table 3) and thus exhibited greater vulnerability compared with non-native fishes and heat-tolerant native fishes. The fishes with the lowest T_{tol} , adult Steelhead/Rainbow Trout and juvenile Longfin Smelt, had the greatest vulnerability (mean 81-107 E_{tol}), and all other species had fairly similar T_{max} , and thus, similar E_{tol} (33-59 E_{max}). When assessing vulnerability by T_{sopt} , adult and juvenile Longfin Smelt had the greatest E_{sopt} (309-310 days), followed by juvenile Chinook Salmon, adult Sacramento Sucker, adult Steelhead/Rainbow Trout, adult Tule Perch, and larval White Sturgeon (>200 days E_{sopt}) (Figure 5; Table 3). While E_{tol} were relatively similar among fishes, certain lifestages of Sacramento Splittail, Hitch, Striped Bass, Largemouth Bass, and Mississippi Silverside had lower E_{sopt} , suggesting they may better withstand warmer water temperature compared with other species and life stages of fishes. Adult fishes tended to have higher E_{sopt} and E_{tol} than juvenile and larval fishes (Figure 5, Table 3). Among nuisance species, *Microcystis* only exceeded its T_{tol} a few days each year (mean 19 days E_{tol}). Aquatic vegetation and non-native clams also had high T_{tol} , with only a mean of 52 days per year that exceeded threshold values (Figure 5, Table 3).

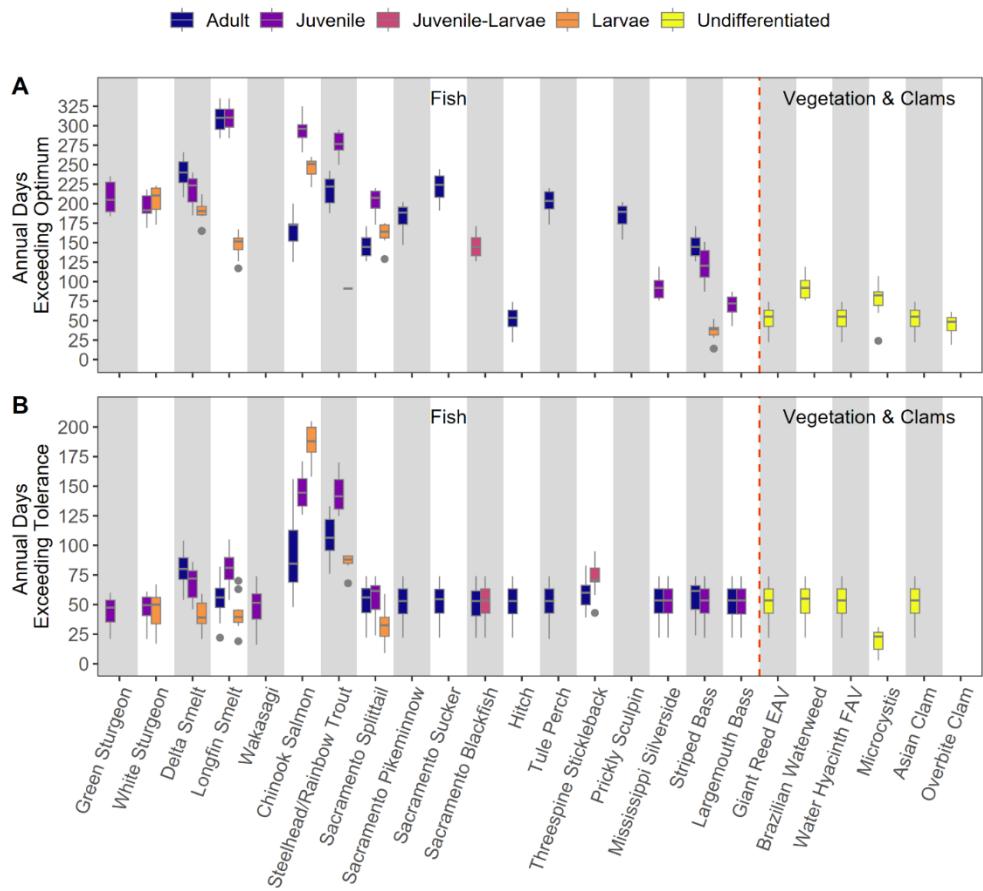


Figure 5. Boxplot of the annual number of days water temperature exceeded heat thresholds of species and life stage between 2010 and 2019. Boxplots represent A) E_{sopt} and B) E_{tol} , as the sum of days per year where water temperature exceeded species T_{sopt} and T_{tol} , respectively. The number of days for some species-life stage combinations were not computed due to lack of available threshold data. Thresholds used are listed in Table 2.

Table 3. Mean days exceeding species suboptimum (E_{sopt}) and tolerance (E_{tol}) thresholds by Life Stage. Days exceedance was calculated for the 'Lower' and 'Upper' end of the threshold onset. Values in parentheses represent the minimum to maximum exceedance across the 10-year dataset (water years 2010-2019).

Species	Life Stage	E_{sopt} (Lower)	E_{sopt} (Upper)	E_{tol} (Lower)	E_{tol} (Upper)
Green Sturgeon	Juvenile	208 (184-235)	188 (164-213)	45 (21-60)	44 (21-60)
White Sturgeon	Juvenile	196 (169-218)	141 (122-170)	46 (21-61)	46 (21-61)
White Sturgeon	Larvae	206 (173-223)	206 (173-223)	45 (17-67)	43 (17-66)
Giant Reed EAV	Undifferentiated	52 (22-74)	52 (22-74)	52 (22-74)	52 (22-74)
Sacramento Sucker	Adult	221 (191-244)	221 (191-244)	52 (22-74)	52 (22-74)
Asian Clam	Undifferentiated	52 (22-74)	52 (22-74)	52 (22-74)	52 (22-74)
Prickly Sculpin	Adult	185 (154-202)	147 (126-171)	NA	NA

Brazilian Waterweed	Undifferentiated	93 (76-119)	52 (22-74)	52 (22-74)	52 (22-74)
Water Hyacinth FAV	Undifferentiated	52 (22-74)	52 (22-74)	52 (22-74)	52 (22-74)
Threespine Stickleback	Adult	NA	NA	60 (39-83)	52 (22-74)
Threespine Stickleback	Juvenile-Larvae	NA	NA	72 (43-95)	52 (22-74)
Wakasagi	Juvenile	NA	NA	48 (16-74)	48 (16-74)
Delta Smelt	Adult	239 (208-266)	185 (154-202)	80 (54-104)	54 (22-74)
Delta Smelt	Juvenile	218 (185-240)	180 (147-201)	68 (46-86)	52 (22-74)
Delta Smelt	Larvae	190 (165-212)	146 (109-160)	41 (21-59)	34 (9-59)
Tule Perch	Adult	201 (173-220)	201 (173-220)	52 (21-74)	52 (21-74)
Hitch	Adult	51 (22-74)	51 (22-74)	51 (22-74)	51 (22-74)
Mississippi Silverside	Adult	NA	NA	52 (22-74)	52 (22-74)
Mississippi Silverside	Juvenile	93 (76-119)	93 (76-119)	52 (22-74)	52 (22-74)
Microcystis	Undifferentiated	76 (24-107)	76 (24-107)	19 (3-31)	19 (3-31)
Largemouth Bass	Adult	NA	NA	52 (22-74)	52 (22-74)
Largemouth Bass	Juvenile	69 (43-87)	53 (22-74)	52 (22-74)	52 (22-74)
Striped Bass	Adult	147 (126-171)	147 (126-171)	56 (24-74)	56 (24-74)
Striped Bass	Juvenile	121 (87-151)	121 (87-151)	52 (22-74)	52 (22-74)
Striped Bass	Larvae	36 (14-52)	36 (14-52)	NA	NA
Steelhead/Rainbow Trout	Adult	218 (188-242)	218 (188-242)	107 (76-133)	107 (76-133)
Steelhead/Rainbow Trout	Juvenile	276 (250-295)	198 (169-218)	144 (125-170)	53 (22-74)
Steelhead/Rainbow Trout	Larvae	91 (91-91)	91 (91-91)	86 (68-91)	59 (21-83)
Chinook Salmon	Adult	166 (125-200)	166 (125-200)	90 (48-156)	44 (21-64)
Chinook Salmon	Juvenile	293 (266-325)	223 (192-246)	147 (126-171)	56 (24-74)
Chinook Salmon	Larvae	246 (221-260)	198 (167-220)	186 (158-205)	51 (22-74)
Sacramento Blackfish	Adult	NA	NA	51 (22-74)	51 (22-74)
Sacramento Blackfish	Juvenile-Larvae	147 (126-171)	147 (126-171)	52 (22-74)	52 (22-74)
Sacramento Splittail	Adult	147 (126-171)	147 (126-171)	53 (22-74)	53 (22-74)
Sacramento Splittail	Juvenile	203 (173-220)	121 (87-151)	56 (24-74)	52 (22-74)
Sacramento Splittail	Larvae	162 (129-175)	50 (34-69)	33 (9-59)	33 (9-59)
Overbite Clam	Undifferentiated	44 (19-61)	44 (19-61)	NA	NA

Sacramento Pikeminnow	Adult	183 (147-202)	120 (86-150)	51 (22-74)	51 (22-74)
Longfin Smelt	Adult	309 (284-335)	309 (284-335)	55 (22-82)	55 (22-82)
Longfin Smelt	Juvenile	310 (284-335)	310 (284-335)	81 (54-105)	81 (54-105)
Longfin Smelt	Larvae	146 (117-167)	96 (73-116)	42 (19-70)	42 (19-70)

Thermal Stress by Listing Status

For E_{tol} , ESA-listed species experienced a significantly greater proportion of days exceeding the lower range of adult T_{tol} , with listed species experiencing stressful days for 18.1% of the year (95% CI: 16.3-20.2%) and unlisted species experiencing stressful days for 12.7% of the year (95% CI: 11.7-13.6%), though there was no difference detected between listed and unlisted species in the E_{tol} based on upper range of adult T_{tol} values. See Supplemental Materials for additional model results.

Daily Thermal Stress by Station

The days exceeding 22°C have ranged from April to October, and primarily occur between June and September (Figure 6). Across years and stations, the Central Delta clearly exceeds 22°C for the majority of the day between mid-June and mid-September across stations, allowing for little recovery. Although Suisun Bay reaches 22°C during most of July and August, on average, this is for less than 50% of the day, potentially allowing for periods of recovery.

Comparing a particularly warm period, which was also a drought period, with the entire dataset, the period of daily stress increases to incorporate more stations, notably in the Central and South Delta, as well as many of the more eastward stations of the Confluence, and more days extending through the rest of June and September (Figure 6). Much of the Confluence, Central, and South Delta provide suboptimal temperatures for all of July and most of August, with no periods for recovery during the day.

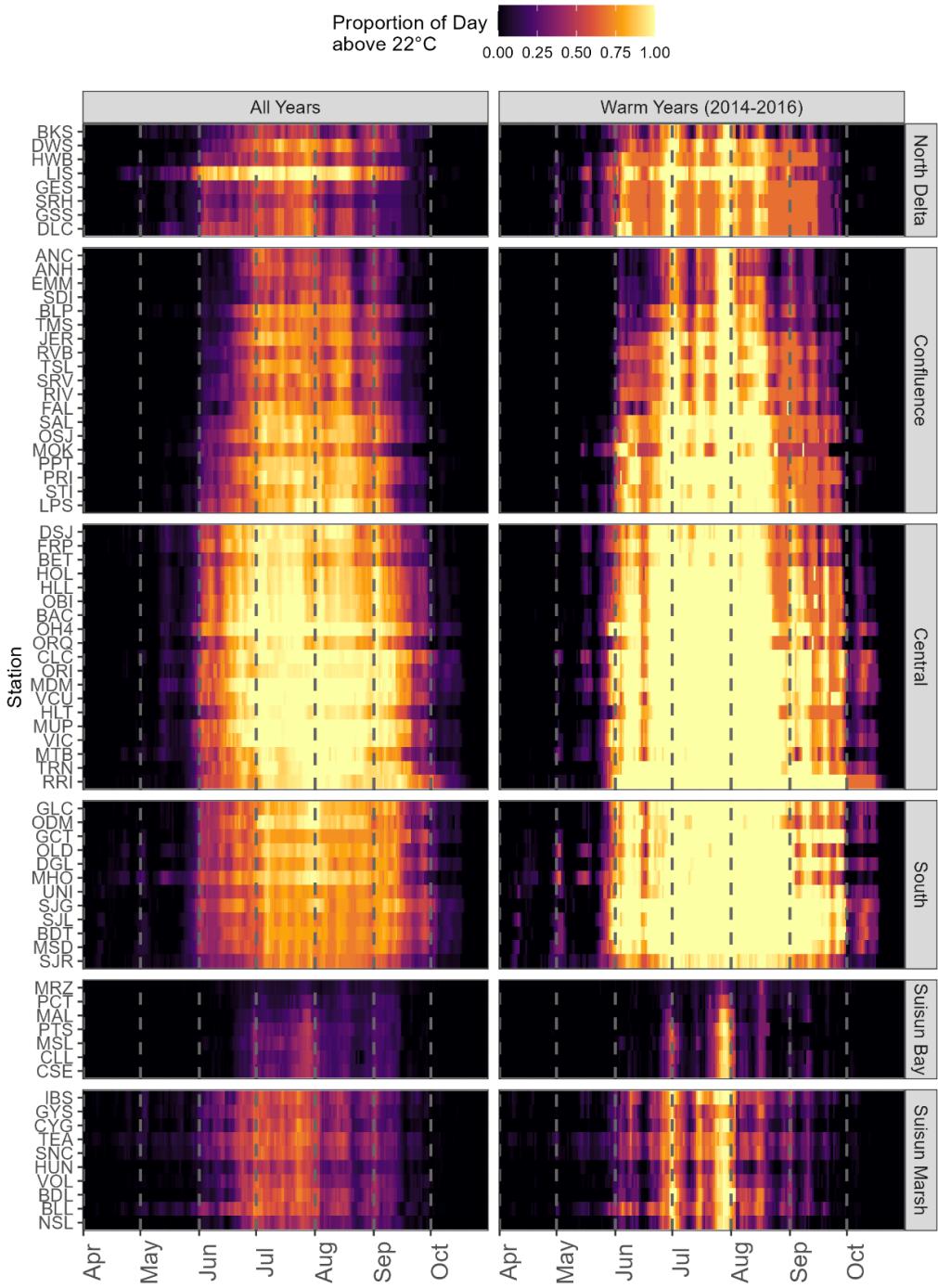


Figure 6. Daily thermal stress by station and day of year. Colors represent the average proportion of each day exceeding 22 °C for each station from 2010-2019 based on continuous water temperature data. Stations are ordered by longitude from west to east.

Discussion

With growing evidence of climate change impacts on the San Francisco Estuary, we show how spatial and seasonal patterns in water temperature may affect select special status species, as well as other native, non-native, and nuisance species. We found that across all ten years and all regions of our study, late spring, summer, and early fall water temperatures may cause sublethal and lethal impacts on listed and unlisted native species, severely limiting the habitat they can occupy. Many native fishes in the estuary are already living near the edge of their thermal limits, and increasing temperatures favor non-native fishes, invertebrates, and aquatic weeds which have the potential to

further threaten native fishes through altered predator-prey interactions, competition, and food availability.

Water Temperature Patterns

With available water temperature data in the estuary, we identified the existing range of water temperatures observed in the past decade and examined if and how water temperatures differed between years, regions, and seasons. We found there was $\sim 1.3^{\circ}\text{C}$ (modeled mean annual maximum) and $\sim 2.2^{\circ}\text{C}$ (modeled mean annual minimum) difference between the warmest and coolest years in the dataset. The warmest period we observed (2014-2016) overlapped with the extended and extreme drought that occurred between 2012 to 2016, which in addition to elevated water temperature, was associated with low streamflow (Swain et al. 2018).

We found that the regional variation was more pronounced in the dry season, with $\sim 2.3^{\circ}\text{C}$ difference between the warmest and coolest regions for both maximum and minimum water temperatures, though these differences are likely greater when looking at individual stations and days within regions and seasons. The warmest temperatures during the dry season occurred in the Central and South Delta and coolest temperatures occurred in Suisun Bay and Marsh (Figure 2). The measured continuous temperature dataset indicates that maximum temperatures have reached 24°C at all stations in our dataset over the decade, and up to 30°C at several stations in the South region (Table S7). Climate change modeling has indicated that these extreme water temperatures will become more common in the next few decades during the summer (Huntsman et al. 2024), as evidenced in July 2024, which was the hottest July on record globally and in California (NOAA 2024a, NOAA 2024b).

Comparison of Stress by Species

While several studies have demonstrated that increases in water temperature will affect ESA-listed fishes in the estuary such as Delta Smelt and Chinook Salmon (Cloern et al. 2011, Brown et al. 2016, Mahardja et al. 2022), we wanted to apply observed temperature patterns to a range of species and examine both sublethal and lethal effects. There was variation in which species were identified as most vulnerable or stressed depending on the type of threshold used (lethal versus suboptimal, as well as the particular T_{tol} or T_{sopt} metric considered).

Across analyses, we found that listed species such as native osmerids and salmonids are more vulnerable to increased temperatures associated with climate change and experience significantly more days of thermal stress compared to unlisted species (particularly if behavioral movement to cooler habitat is limited). Meanwhile, many of the unlisted native species, such as Sacramento Blackfish, adult Hitch, adult Prickly Sculpin, adult Sacramento Pikeminnow, adult Sacramento Sucker, adult Tule Perch, and larval Sacramento Splittail, have $T_{\text{tol}} > 30^{\circ}\text{C}$ and are thus likely more resilient to current and future temperatures. However, some of these unlisted native species as well as non-native species have lower suboptimal thresholds (adult Sacramento Sucker, adult Tule Perch, adult Striped Bass) comparable to those of native salmonids and osmerids, and thus may be vulnerable to continued increases in water temperature.

In contrast to many of the listed and some unlisted native fishes, non-native fishes such as Mississippi Silversides and Largemouth Bass may be less vulnerable to warming estuary temperatures, and continue to thrive, demonstrated by lower E_{sopt} , E_{tol} , and larger temperature margins. These findings may explain Silverside population increases in recent years, particularly during drought conditions (Mahardja et al. 2016). The increase of non-native fishes with increasing water temperature may intensify predation on and competition with the native, endangered species such as Delta Smelt (Baerwald et al. 2012) and Chinook Salmon (McInturf et al. 2022), especially with availability of more suitable predator habitat and increased bioenergetic demands of predators with warmer conditions (Nobriga et al. 2021).

In addition to non-native fishes, warming temperatures are likely to promote harmful cyanobacteria and aquatic weed growth, as well as a continuation or increase in invasive clam populations due to the higher temperature thresholds and lower E_{sopt} and E_{tol} of these species.

Microcystis blooms begin to appear in the water column when water temperature reaches 19°C and peak in abundance at 25°C in the estuary (Lehman et al. 2013, Lehman et al. 2021, Lehman et al. 2022). *Microcystis* blooms and their toxins have been linked to decreased health and survival for native fish and zooplankton (Ger et al. 2009, Ger et al. 2010, Acuna et al. 2012a, Acuna et al. 2012b, Kurobe et al. 2018, Acuña et al. 2020), as well as change in phytoplankton community composition in the estuary (Lehman et al. 2010, Lehman et al. 2021). The invasion of aquatic weeds, particularly *E. densa*, into subtidal habitat can also permanently affect native fish communities by creating slower, clearer water (Hestir et al. 2016, Work et al. 2020), promoting alien sunfishes and Largemouth Bass over native fishes (Brown 2003, Brown and Michniuk 2007, Conrad et al. 2016). The low abundance of *Microcystis* and *E. densa* in Suisun Marsh and Suisun Bay have partly been attributed to high salinity and turbidity in these regions (Moisander et al. 2009, Borgnis and Boyer 2015, Durand et al. 2016). Our analysis suggests that lower temperatures may also limit their growth in Suisun Marsh and Suisun Bay compared with the Central and South regions.

Non-native clams, such as the Overbite Clam (*Potamocorbula amurensis*), and particularly the Asian Clam (*Corbicula fluminea*), have high temperature tolerances (Table 2), although it should be noted that temperature tolerance for *Potamocorbula amurensis* is based on a congener as lab studies have not been conducted on this species. These clams have been implicated in decreasing primary productivity in the estuary and thus food availability for estuarine fishes (Kimmerer & Thompson 2014; Cloern & Jassby 2012). Both spatially and temporally, much of the estuary is suitable for both species of non-native clams.

Stress by Region and Season

For all listed species besides sturgeon, the Central and South Delta are already above or within 0-3°C of their lethal T_{tol} during the summer, and salmonids are also vulnerable in most regions during the spring (Figure 4), similar to findings in Mahardja et al. 2022. In some seasons, fish species may be able to find cooler temperatures, though fish behavior and the ability to adapt can vary by and within species (Cocherell et al. 2012; Myrick and Cech, 2000). For example, juvenile Chinook salmon and *O. mykiss* T_{mar} in most regions in spring are 0-3°C, such that additional increases in warming may exacerbate mortalities directly or indirectly from predation, disease, respiratory stress, or other factors. However, we found Chinook juvenile temperature margins are more robust in the Suisun Bay in the spring (3-6°C), potentially allowing them to find suitable thermal habitat before they migrate to cooler temperatures in the San Francisco Bay. Similar refugia may occur for Delta and Longfin Smelt in the summer if they are able to access it.

Species comparisons with T_{sopt} indicate the entire study area exceeds thresholds for optimal physiological performance throughout the entirety of the summer for many listed species. The modeled average T_{max} during the dry season (May-September) ranged 20.9-23.3°C (95% CI: 18.1-20.4°C to 23.8-26.1°C) across regions during the dry season, exceeding Delta Smelt, Green Sturgeon T_{sopt} , and Steelhead/Rainbow Trout, Longfin Smelt, and Chinook Salmon T_{sopt} and T_{tol} , and leading to potentially >146 days and >33 days of sublethal and lethal stress, respectively, across native species (Table 3). Furthermore, we found that summer temperatures in certain regions exceeded T_{sopt} for the entire day during July and August, limiting a species' ability to recover over the course of a day. These cumulative stress days occurred across the estuary, with the greatest frequency in the Central Delta, and with spatial extent extending to the Lower San Joaquin River portion of the Confluence and the South during warmer years (Figure 6). Chronic stress from prolonged exposure to higher temperatures may result in long-term changes to stress responses, diminished ability to cope with other stressors, and increased energy demands when compared with acute temperature stress (Alfonso et al. 2021).

Study Limitations

This study relied on the usage of available data published on data repositories and in the literature. Thus, there were some limitations related to both available data and standardization of data across studies. For example, while compiling temperature thresholds, we included various

metrics and types of studies, but they were not always available or consistent across all species and life stages (Davis et al. 2022). There was also variability in temperatures and metrics reported for species thresholds, thus our selection could bias our results, depending on the value selected. For determining where and when species-life stages were present, surveys were not equally sampled across all regions, habitats, seasons, species, and life stages. Thus, we may have over- or under-estimated the number of stressful days for certain species and life stages depending on the particular study we used to represent a threshold, and depending on how representative sampling methods were of particular species and life stages.

During our calculations of T_{mar} , we observed some fish were detected in field surveys at temperatures higher than the physiological T_{tol} thresholds recorded in literature (Figure S8; Table 2). This was contrary to other studies that have found lower field tolerances than laboratory tolerances (Eaton et al. 1995). We attribute these to either life stage cutoffs being slightly different between studies and our literature, fish being dead or in very poor condition when caught, or some level of field or local acclimation/adaptation that is either different from what is experienced in the laboratory or has changed over time and with warming temperatures (McCullough et al. 2009). In particular, acclimating fishes to variable temperatures can result in higher thermal tolerances (Schaefer and Ryan 2006), therefore, the highly variable field temperatures may produce greater thermal plasticity than that seen in a laboratory settings. More research is warranted describing species ability to acquire temperature tolerance in variable and complex field conditions versus laboratory conditions.

Temperature Effects and Interactions

Increased temperatures are expected to exacerbate compounding stressors that are hypothesized to have led to declines in native species. Increases in water temperature can increase rates of metabolic processes and therefore energetic demands (Davis et al. 2019, Hammock et al. 2020); If these energetic demands are not matched with an increase in energy supply due to low food availability, stress levels may worsen, and growth and reproduction can be affected (Lusardi et al. 2020). Food limitation is thought to be one of many important stressors contributing to the Pelagic Organism Decline (Mac Nally et al. 2010). Zooplankton, which comprise the major food source for pelagic fishes, shift to smaller body size or smaller species when temperatures warm, limiting available food resources (Richardson 2008). High water temperatures can also cause osmoregulatory difficulties and, since increased salinization of the estuary is expected to coincide with climate change, there is the potential for synergistic impacts to fish and invertebrate physiology (Davis et al. 2019, Ghalambor et al. 2021). Increased temperatures can also increase the toxicity of certain contaminants, which may contribute to native fish and invertebrate declines (Fong et al. 2016, DeCourten and Brander 2017, DeCourten et al. 2019).

The resilience and adaptability of a fish, as well as its degree of dependence on specific habitats and environmental conditions, will also greatly impact how a species responds to future conditions. Studies by Moyle et al. (2013) and (Mahardja et al. 2021) evaluated climate change vulnerability and drought resilience of fishes in the estuary, respectively. Similar to this study, both studies found that salmonids and osmerids were highly vulnerable to climate change and drought, and that heat-tolerant non-native species, such as Mississippi Silversides, sunfishes, and Largemouth Bass, fared better with climate change and drought conditions, with littoral fishes faring better than pelagic species.

Potential for Refugia

For this study, we wanted to identify what parts of the estuary were particularly stressful for fish, and where thermal refugia might exist. Based on our analyses, the only region to provide consistently suitable temperatures is Suisun Bay. However suitable thermal habitat largely exists in the western and Sacramento River portions of the Confluence, Suisun Bay, and Suisun Marsh, as well as some locations in the North Delta, which is consistent with Brown et al. (2016). This cool water temperature corridor corresponds with the “North Delta Arc of Native Fish Habitat” (Durand 2013), which is primarily where Delta Smelt have been detected in recent years (Hobbs et al. 2017), and have

been found to have seasonally lower warming trends (Bashevkin et al. 2022b). The North Delta Arc corridor has been identified as an area to target for tidal wetland restoration (Durand 2013, Hobbs et al. 2017), and has been the key location for recent releases of cultured Delta Smelt into the estuary to support the population (USFWS 2021). The higher diversity and abundance of native fish in this region has been attributed to relatively high turbidity, hydrodynamic complexity (Bever et al. 2016), and tidal wetland area (Sommer and Mejia 2013). However, our research demonstrates that cool water temperature in this region may also be a reason why this area is beneficial for native fishes, many of which have lower temperature tolerances (Davis et al. 2022). It is important to note, however, that salinity is strongly correlated to the distribution of several estuary fishes (Feyrer et al. 2010, Sommer and Mejia 2013). Suisun Bay, Marsh, and parts of the Confluence (especially during dry years in the summer and fall) are prone to higher salinities, which limits the habitat to euryhaline taxa, and may decrease the amount of suitable habitat for certain species of concern and/or have indirect effects on the lower trophic food web (Ghalambor et al. 2021).

Understanding how temperature regimes vary in different regions and seasons of the estuary will help inform restoration and/or reinforcement efforts for native species. For example, certain parts of the North Delta may be too warm in the summer, such that benefits of restored or enhanced habitat and food enhancement actions may not outweigh the negative impacts associated with warming water temperature (e.g., increased energy demands, increased non-native predators, etc.). Having unsuitable temperatures in the summer does not necessarily mean habitat restoration is not valuable in a given location, however, as much of the estuary experiences suitable temperatures during the rest of the year such that restoration can target life stages present in those seasons, and can also produce food and benefit other species (e.g. mammals, waterfowl). Targeted protection of climate refugia has been a useful tool for conservation in other systems (Kurylyk et al. 2015, Justice et al. 2017), but connectivity, flow management, and alignment of stakeholder objectives need to be taken into account for it to be effective (Ebersole et al. 2020).

Climate Change Effects

Recent modeling studies based on historical data have found average increases in temperature on the order of 0.017°C per year, with specific regions and months exhibiting greater than 0.15°C increases per year, and more recent periods exhibiting significant increases in March-June across much of the Upper estuary (Bashevkin et al. 2022). Heatwave incidents have been prevalent in many recent years (Bashevkin et al., in review) and climate change modeling further indicates significant temperature increases in the next few decades across the estuary (Huntsman 2024). Comparisons of the 10-year temperature dataset with the warmest three years of the dataset indicate a large increase of stations and days in the Confluence, Central and South regions that become stressful for native species for entire months with no nighttime recovery to temperatures below thresholds (Figure 6, Figure S12). Warmer temperatures in the spring may provide benefits in certain cases, such as potentially providing longer spawning periods for certain species (Huntsman et al. 2024). However, given existing conditions and predicted increases, the next few decades will likely lead to further narrowing of temperature margins across the estuary and shifting towards higher numbers of E_{tol} and E_{sopt} , especially of the coldwater native species of species.

Because most life stages of fish are mobile, it is possible fish species may find additional refuge in unsampled parts of the estuary, such as deeper parts of the estuary (Mahardja et al. 2022). Some species may also be able to acquire additional thermal tolerance, shift the distribution and timing of their migration/residence depending on temperature, or compensate by finding additional food resources (Lusardi et al. 2020, Alfonso et al. 2021). However, rapid shifts in the composition and timing of food resources may make adaptation difficult as climate change and non-native species drive phenological mismatches between predators and prey (Merz et al. 2016, Renner and Zohner 2018).

Concluding Remarks

While this study covered a large portion of the Upper estuary and was able to leverage the long-term efforts of monitoring programs and existing research across agencies, we identified areas for additional research. We found that most of the water temperature data were collected with 1 meter of the surface, which may not reflect additional suitable habitat at depth that could be $>3^{\circ}\text{C}$ cooler (Mahardja et al. 2022) and more suitable for species. Understanding temperature regimes in off-channel habitats such as sloughs and marshes will be important for understanding climate change impacts, as many restoration projects are happening in these habitats (Herbold et al. 2014, Sherman et al. 2017). We also found less long-term water temperature data available in the northern parts of the North Delta, the northern part of Suisun Bay and Grizzly Bay, and the western Delta to San Francisco Bay. Since many of these areas provide potential temperature refuge and areas of restoration, it would be informative to also have more long-term monitoring stations across various habitats in these areas. We also found temperature threshold data (particularly for optimal physiological performance) lacking for many species and life stages. Additional laboratory and field studies could better define and validate thresholds or identify differences with lab and field-determined thresholds.

Environmental parameters such as salinity and streamflow can be modified to increase suitable habitat and potentially increase food resources for species through managed actions (Sommer 2020, Sommer et al. 2020, Beakes et al. 2021). However, the community is uncertain whether inflow can be used to adjust water temperature in the estuary. In upstream tributaries, reservoir releases can provide cooler water for early life stages of Chinook Salmon (Yates et al. 2008). While some studies have found relationships between inflow/ discharge and water temperature (Bashevkin et al. 2022c, Vroom et al. 2017), reservoir releases have not been found to impact downstream temperatures in the estuary (Daniels and Danner 2020). Restoration of tidal wetlands, deeper pools, and riparian vegetation, including the addition of shade, may provide thermal refugia (Enright et al. 2013, Kurylyk et al. 2015) or an acute escape from high water temperatures. Areas with cooler temperatures can also be identified as release locations for cultured Delta Smelt, should juvenile life stages be released in the future. In the estuary, water temperature is mainly driven by air temperature (a function of solar radiation) and day length (Vroom et al. 2017, Sommer 2020). One consideration for restoration projects is to incorporate shade into restored habitat, which could reduce insolation and mitigate warming temperatures to some extent (Greenberg et al. 2012, Fuller et al. 2022).

Ongoing conservation strategies to preserve native species in the estuary may take note of key findings from this study. Regional habitat and food restoration efforts should focus on restoring areas of cooler habitat within at-risk fish habitat ranges, consider inter-annual as well as daily variability at a given location, as minimum temperatures may also play an important role in species stress, and lastly, consider effects to other species. For example, restoration efforts should consider a range of altern multi-species and lifestage needs (e.g., non-listed, native but thermally vulnerable Threespine Stickleback, Sacramento Splittail, adult Sacramento Sucker, adult Tule Perch) within the project goals and analyze the seasonal thermal limits to evaluate the potential for increasing the density of more thermally tolerant predators and nuisance species (e.g. bass, aquatic weeds, harmful algae). While efforts to restore habitat (in acreage and suitable conditions) continue, many of the estuary's listed species are already (Chinook Salmon, *O. mykiss*, Delta Smelt) or soon to be (Longfin Smelt) cultured and genetically managed in hatchery facilities. Direct supplementation of species during cooler periods may be required annually to support species resiliency and conservation, and if species continue to decline, additional human interventions and contingency actions may warrant consideration (Sommer et al. 2024).

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