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Article

Bioaccessibility and Antioxidant Capacity of Alkaloids from Microencapsulated Biomass of Eggplant (*Solanum Melongena* L.)

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Abstract: Eggplant is a vegetable grown worldwide, and due to quality standards, large amounts of biomass are generated after harvest. Biomass is considered a source of bioactive compounds with antioxidant properties. Therefore, this research aimed to evaluate microencapsulated alkaloids' bioaccessibility (BA) and antioxidant capacity from eggplant fruit biomass. Eggplant biomass was collected, and the total alkaloid content, antioxidant capacity, and alkaloid profile were determined before and after the digestion *in vitro* for encapsulated and non-encapsulated alkaloids. The bioaccessibility of microencapsulated alkaloids (12 % BA) increased three-fold compared to non-encapsulated (4 %BA). The antioxidant capacity of digested microcapsules measured by ORAC and TEAC assays was increased (30 and 8 $\mu\text{mol TE/g}$ powder, respectively), and their bioaccessibility was higher than non-encapsulate alkaloids. Solamargine and solasonine decreased during *in vitro* digestion by 17 and 15 %BA, respectively. However, microencapsulation showed the protection of these alkaloids during *in vitro* digestion. This study demonstrates that microencapsulated alkaloids from eggplant biomass manage to protect bioactive compounds from *in vitro* digestion, having antioxidant potential mainly through hydrogen atom transfer. Therefore, microencapsulation represents an alternative to protect alkaloids and give added value to eggplant plant biomass.

Keywords: eggplant; alkaloids; microparticles; bioaccessibility; antioxidant capacity

1. Introduction

Eggplant (*Solanum melongena* L.) is a vegetable that belongs to the genus *Solanum*, considered the largest of the Solanaceae family, to which the potato (*Solanum tuberosum*) and tomato (*Solanum lycopersicum* L.) also belong [1]. In 2021, Mexico produced 125,531 t, while the state of Sinaloa contributed 95.6% of national production [2]. However, due to quality standards, an excess of agricultural biomass is produced in the fields [3,4]. Annually, according to the International Society of Horticultural Sciences (ISHS), 140 billion t of biomass of horticultural products is generated in the world, representing losses of 40% in post-harvest, and the main biomass found includes seeds, peels, leaves, roots, stems and fruits [5,6]. Much of the biomass is not used, and to reduce large amounts of biomass, it is returned to the soil, burned, or used as livestock feed [4,7]. These methods do not always turn out to be profitable and can have a negative effect on climate change; for this reason, it is considered an issue of social, economic, and environmental concern [5,6].

In eggplant cultivation, its biomass represents an important source of secondary metabolites that are present throughout the entire plant; one of the groups of compounds with important biological activity is alkaloids, which were identified in eggplant fruit, stems, leaves, roots, and flowers [8–11], some studies report solasonine and solamargine as the alkaloids synthesized in the highest

proportion in eggplant [12]. Previous studies have found that alkaloids have been associated with various properties such as antioxidants, anticancer, and antiproliferative [13–17], prevent strokes [18], anti-inflammatory, antiepileptic, analgesic, hypolipidemic, hypotensive, and nervous system depressants [14,19–21]. Structurally, alkaloids are varied, and their biological activity is subject to their structure and bioaccessibility [22].

Bioaccessibility is defined as the percentage of compounds released from a food matrix that are accessible for absorption by the epithelial cells of the small intestine [23,24]. It has been shown that bioactive compounds have low bioaccessibility, which can hinder their biological activity. In this sense, the evaluation of piperine alkaloid from *Piper nigrum* mixed in food preparation showed a bioaccessibility of 60%. In terms of content, after digestion, the piperine alkaloid decreased from 6.5 to 3.9 $\mu\text{g/g}$ [25]. On the other hand, Pasli, *et al.* [26] reported that a simulated digestion decreased the total phenolic and flavonoid content of eggplant extracts and also a reduction in the antioxidant capacity. Therefore, there is a need to protect these compounds from degradation during the digestive process. One of the most used strategies to enhance the bioaccessibility of bioactive compounds such as alkaloids is the microencapsulation process; this technique also allows these to be released at specific sites in a controlled manner and under certain conditions [27]. Spray drying has become a widely used method for encapsulating compounds. The leading encapsulating agent is maltodextrin (a water-soluble biopolymer), which is used to protect different bioactive compounds, just like Srinivasan and Shanmughasundaram [28], microencapsulated the alkaloid vasicine, derived from *Adhatoda vasica* Nees., by spray-drying, using maltodextrin in various proportions and obtained an encapsulation efficiency in a range of 69 to 84 %, as well as alkaloid retention of 69 %.

There is little or no information about the effect of gastrointestinal digestion on microencapsulated eggplant biomass alkaloids; for this reason, the objective of this study was to evaluate the bioaccessibility and antioxidant capacity of microencapsulated alkaloids from the biomass of the eggplant plant (*Solanum melongena* L.).

2. Materials and Methods

2.1. Biomass Collection

The eggplant plants (*Solanum melongena* L.) were collected in June 2022, 15 days after the last harvest (open field), from a farm in Villa Juárez, Navolato, Sinaloa, Mexico. The fruit was washed with water and rinsed in a chlorinated solution of 50 ppm; finally, samples were dried at 20 °C, then were freeze-dried (−49 °C and 0.079 bars), ground, and stored in sealed acetate bags at −20 °C.

2.2. Alkaloid Extraction

The extract rich in alkaloids was obtained using the QuEChERS method with some modifications, as reported by Lehotay [29]. For this, 3 g of dried sample was homogenized with 12 mL of distilled water and 15 mL of 1 % acidified acetonitrile, sonicated for 10 min, then 4 g of magnesium sulfate and 1 g of sodium acetate were added, and centrifuged at 4,000 rpm for 5 min at 4 °C. The supernatant was purified with a C18 cartridge, dried in a SyncorePlus, and then stored at −20 °C.

2.3. Totals Alkaloids Content

The method based on the alkaloid reaction with bromocresol green (BCG) was used with some modifications [30]. To quantify the alkaloid content were weighted 63 mg of the dry extract obtained by the QUECHERS method and 0.5 g microcapsule (1 mL of water was added to release the alkaloids), 2.5 mL of chloroform was added to each sample, the mixture was placed in a separation funnel, and 2.5 mL of phosphate buffer pH 7.4 and 2.5 mL of BCG were added. The organic phase was collected and quantified using a spectrophotometer at 470 nm. The results were calculated as mg solasodine equivalent per g dry extract (mg ESS/g DE) and as mg solasodine equivalent per g microencapsulated powder (mg ESS/g powder).

2.4. Antioxidant Capacity Assay

The antioxidant capacity of the alkaloid-rich extract without microencapsulation and microencapsulation was evaluated before and after *in vitro* gastrointestinal digestion through the Trolox equivalent antioxidant capacity (TEAC) assay described by Karadag, *et al.* [31], the ion reduction capacity by ferric ion reducing antioxidant power (FRAP) was also determined, following the methodology of Benzie and Strain [32], and the oxygen radical absorbance capacity (ORAC) according to Huang, *et al.* [33]. The results were expressed as equivalent micromoles of Trolox per g of dry extract ($\mu\text{mol TE/g DE}$) and $\mu\text{mol TE/g powder}$.

2.5. Identification and Quantification of Alkaloids by Ultra High-Resolution Liquid Chromatography/Mass Spectrometry (UPLC/MS)

The UPLC chromatographic system coupled to a Waters Xevo TQ-S mass spectrometer was used to identify and quantify the alkaloids and glycoalkaloids in the dry extract. Samples were automatically injected through a Waters Sample Manager-FTN Acquity system to an Acquity H series UPLC equipped with an Acquity UPLC BEH Phenyl 1.7 μm , 2.1 x 100 mm column. The conditions were mobile phase A (5 mM ammonium formate, pH 3.0) and phase B (acetonitrile + 0.1 % formic acid). At time 0, it started with 90 % A and 10 % B with low flow that gradually increased 0.3 mL/min and was maintained in these conditions for 5 min, then 10 % A and 90 % B; At 5.1 min, it was raised to 90 % A and 10 % B and was maintained until 8 min. Likewise, the conditions for the Waters Xevo TQ-S mass spectrometer were established through the MassLynx software. The conditions were as follows: positive electrospray ionization (ESI+), source temperature 150 °C, cone voltages were 60 to 100 V, and capillary voltages were 3.21 kV. The desolvation temperature was 400 °C, the desolvation gas flow was 650 L/h, and the collision gas flow was 0.15 mL/min. The run time was 10 min with an injection volume of 5 μL , and the MRM (multiple reaction monitoring) mode was used for analyte analysis. Retention time and transitions using MRM were used for identification, and calibration curves (solamargine and solasonine) were used for quantification to compare the area under the curve of the obtained peaks.

2.6. Alkaloid Microencapsulation

An aliquot of 50 mL of alkaloid-rich extract (concentration of 84 mg of dry extract) stock was mixed with 8 g maltodextrin (MD) ten dextrose equivalents (DE) as wall material. The mixture was homogenized on a stir plate at 600 rpm until completely dissolved. Subsequently, the mixture was fed to a Spray Dryer Yamato ADL311S. The conditions were inlet temperature 145 °C and outlet 80 °C, the atomization pressure was 0.1 MPa, the feed flow was 5 mL/min, and the airflow was 0.32 m³/min. The recovered powder (alkaloids microencapsulate) was weighed to obtain the yield of the process and stored at 20 °C [34].

2.7. Physical Characterization of the Microcapsules

2.7.1. Morphology

The morphology of the microencapsulate was analyzed using scanning electron microscopy (SEM) model EVO-50, Carl Zeiss brand. The powder was coated with gold in a DESK II model ionizer, Denton Vacuum brand, operating with a voltage of 10 kV and under high vacuum conditions. The size was determined using ImageJ Software.

2.7.2. Moisture

The moisture percentage in the microcapsules was determined using the gravimetric method AOAC 925.09 [35].

2.7.3. Process Yield

The encapsulation yield of the process was calculated using a gravimetric technique, which is the relationship between the weight of powder after drying and the total solids at the beginning of the feed. It was reported as a percentage [36].

$$\% = \frac{(\text{powder weight after drying})}{(\text{total solids at initial feeding})} \times 100 \quad (1)$$

2.7.4. Encapsulation Efficiency (EE)

These were calculated by the content of total alkaloids in the encapsulated powder using the value of the encapsulated extract obtained concerning the theoretical encapsulated extract (mg solasodine equivalents) and reported as a percentage.

$$EE\% = \frac{(\text{encapsulated extract obtained})}{(\text{theoretical encapsulated extract})} \times 100 \quad (2)$$

2.8. Bioaccessibility Assay

The percentage of bioaccessibility (% BA) of the alkaloids in the extract and the microparticles was determined following the INFOGEST method by Brodkorb, *et al.* [37] with some modifications. This *in vitro* model simulates the digestion of products when they pass through the mouth, stomach, and small intestine, imitating the chemical composition, pH of the digestive fluids, temperatures, and transit times. To start the process, 8 mg of dry extract rich in alkaloids and 0.5 g of microencapsulated extract were used, and 2 mL of the simulated oral phase was added and incubated for 2 min at 37 °C. After that, 2 mL of the gastric phase was added, the pH was adjusted to 3, and the mixture was incubated at 37 °C for 2 h. Finally, 4 mL of the intestinal phase was added proportionately to the total liquid until the gastric phase. The pH was adjusted to 7 and incubated for 2 h at 37 °C. After this process, absolute methanol was added in a 1:1 ratio. The samples were centrifuged at 10,000 rpm for 15 min at a temperature of 4 °C. The supernatant was recovered and stored at -20 °C. The *in vitro* bioaccessibility of extract and microencapsulated was calculated with the following equation:

$$\% BA = \frac{(\text{final concentration})}{(\text{initial concentration})} \times 100 \quad (3)$$

The final concentration is the result obtained through some assay used to evaluate the end of the intestinal phase, and the initial concentration is the result obtained from undigested samples.

2.9. Statistical Analysis

It was a completely randomized experimental design with one factor and three replications. The results obtained were analyzed using an analysis of variance (ANOVA), using Tukey's mean comparison test ($p \leq 0.05$), with a significance value of 5 % in case of significant differences. The statistical package used to analyze the results was Minitab version 2019.

3. Results

3.1. Total Alkaloid Content of Eggplant Biomass Extract

The content of total alkaloids in the fruit biomass extract was quantified before and after the *in vitro* gastrointestinal simulation. The total content of alkaloids is higher in the undigested extract (173 mg ESS/g), but after the digestion process, a significant reduction was shown (7 mg ESS/g); these changes caused a bioaccessibility of 4% (Table 1).

Table 1. Total alkaloids and antioxidant capacity of alkaloid-rich extract of eggplant biomass fruit.

Method	Undigested	Digested	% BA
Total alkaloid content*	173 ± 8.6 ^a	7 ± 0.8 ^b	4
TEAC**	1195 ± 10 ^a	141 ± 16 ^b	12
FRAP**	800 ± 21 ^a	50 ± 2 ^b	6
ORAC**	1778 ± 43 ^a	545 ± 5 ^b	31

*mg ESS/g DE; ** μmol TE/g DE. Data is shown as mean ± standard deviation (n=3). Equal letters indicate no statistically significant difference by the Tukey test (p < 0.05). Comparisons were made by row and treatment.

3.2. Antioxidant Capacity of Eggplant Alkaloids Fruit Extract

The antioxidant capacity values of the alkaloid-rich extract from the fruit, measured by ORAC, TEAC, and FRAP, before and after the *in vitro* digestive simulation ranged from 800 to 1778 μmol TE/g DE (Table 1). Our results showed a higher antioxidant capacity in the undigested extract measured by ORAC and TEAC assay. *In vitro* digestion significantly reduced the antioxidant capacity of the alkaloids in each method evaluated. In addition, the percentage of bioaccessibility (%BA), determined by TEAC, FRAP, and ORAC, ranged from 6 to 31%, with the highest bioaccessibility by the ORAC method at 31%.

3.3. Identification and Quantification of Alkaloids by Ultra High-Resolution Liquid Chromatography Coupled to Mass Spectrometry (UPLC/MS) in Extract

The alkaloids and glycoalkaloids of eggplant fruit were extracted using the QuEChERS method. The alkaloid extract was quantitatively evaluated before and after the *in vitro* digestive simulation using commercial standards (solamargine and solasonine) previously reported in the genus *Solanum*. The extract from the eggplant biomass showed a higher concentration of solamargine with values of 2485 ng/g, while solasonine was 1724 ng/g before the *in vitro* digestion process. After digestion, the concentration of these glycoalkaloids was reduced by up to 80% (Table 2).

Table 2. Alkaloids and glycoalkaloids identified and quantified by UPLC-MS in the alkaloid-rich extract of eggplant fruit biomass.

Compound	Compound type	Molecular mass [M+H] ⁺	Retention time (min)	Undigested (ng/g)	Digested (ng/g)	% BA
Solamargine	Glycoalkaloid	867.49	3.86	2485 ± 6 ^a	431 ± 11 ^b	17.34
Solasonine	Glycoalkaloid	883.49	3.81	1724 ± 35 ^a	263 ± 9 ^b	15.26

Data is shown as mean ± standard deviation (n=3). Equal letters indicate no statistically significant difference by the Tukey test (p < 0.05). Comparisons were made by row and treatment.

3.4. Physical Characterization of Microcapsules

3.4.1. Morphology

One of the essential characteristics of the encapsulation process is its size and shape. In this sense, the particles obtained had a diameter that varied from 1 to 14 μm; the shapes were spherical and irregular, with depressions on the surface (Figure 1).

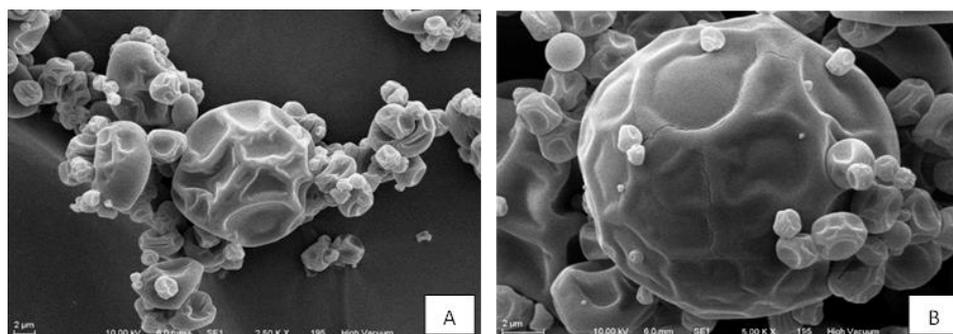


Figure 1. Scanning electron microscopy of the microcapsules of the alkaloid-rich extract of eggplant fruit. Specifications: (A), magnification: 2.5 K X, beam intensity (HV): 10.00 kV, sample to lens distance (WD): 6.0 mm. (B), magnification: 5.0 K X, beam intensity (HV): 10.00 kV, sample to lens distance (WD): 6.0 mm.

3.4.2. Moisture and Yield

The moisture of the encapsulated products was low (3.4 %); according to NOM-183-SCFI-2012, powdered dairy products must have a maximum of 4 % moisture to maintain their stability. The yield in this research was below (45 %), which was considered favorable (>50 %) [38].

3.4.3. Encapsulation Efficiency

This variable is defined as the amount of alkaloids that managed to be trapped within the wall material (maltodextrin)[39]. In this research, the encapsulation efficiency was 80 %.

3.5. Total Alkaloid Content of Encapsulated Eggplant Alkaloids Fruit

The results of the total alkaloid content of the digested and undigested microcapsule are shown in Table 3, where a decrease from 1.59 to 0.185 mg ESS/g of powder was observed. The alkaloid content decreased after *in vitro* digestive simulation; however, regarding bioaccessibility percentage, it was higher (12%) than the non-encapsulated extract (4%).

Table 3. Total alkaloids and antioxidant capacity of encapsulated eggplant alkaloids fruit.

Method	Undigested	Digested	%BA
Total alkaloid content*	1.59 ± 0.06 ^a	0.185 ± 0.04 ^b	12
TEAC**	3.90 ± 0.05 ^b	8 ± 0 ^a	>100
FRAP**	3.46 ± 0.22 ^a	2.75 ± 0 ^b	79
ORAC**	16 ± 0 ^b	30 ± 1 ^a	>100

*mg ESS/g powder; **μmol TE/g powder. Data is shown as mean ± standard deviation (n=3). Equal letters indicate no statistically significant difference by the Tukey test (p < 0.05).

3.6. Antioxidant Capacity of Encapsulated Eggplant Alkaloids Fruit

The antioxidant capacity for the ORAC assay presented the highest value in undigested microcapsules (Table 3). Meanwhile, in TEAC and FRAP, the values were lower. After the *in vitro* digestive simulation, the antioxidant capacity of the microcapsules increased almost twice by the ORAC (30 μmol TE/g) and TEAC (8 μmol TE/g) assays; FRAP, on the contrary, decreased. The bioaccessibility of the antioxidant capacity of the microcapsules loaded with alkaloid-rich extract evaluated by the three methods ranged from 70% to values greater than 100%, which were higher than those presented by the unencapsulated extract (6 to 31% BA).

3.7. Identification and Quantification of Alkaloids by Ultra High-Resolution Liquid Chromatography Coupled to Mass Spectrometry (UPLC/MS) of Encapsulated Eggplant Alkaloids Fruit

The compounds that were quantified in undigested and digested encapsulated eggplant alkaloid extract were solamargine and solasonine. Undigested microcapsules had a higher solamargine content than solasonine (Table 4). After the *in vitro* digestive simulation, an increase in the content of digested microencapsulated glycoalkaloids was observed compared to the undigested microcapsule; the values ranged between 9.743 and 12.74 ng/g.

Table 4. Alkaloids identified and quantified by UPLC-MS of encapsulated eggplant alkaloids fruit.

Compound	Alkaloid type	Molecular mass [M+H] ⁺	Retention time (min)	Undigested (ng/g)	Digested (ng/g)
Solamargine	Glycoalkaloid	867.49	3.86	6.111 ± 1 ^b	12.74 ± 0 ^a
Solasonine	Glycoalkaloid	883.49	3.81	5.169 ± 1 ^b	9.743 ± 0 ^a

Data is shown as mean ± standard deviation (n=3). Equal letters indicate no statistically significant difference by the Tukey test ($p < 0.05$). Comparisons were made by row and treatment. ND: No detected.

4. Discussion

In plants, alkaloids act as a defense mechanism against biotic and abiotic stress, such as attacks by pests, herbivores, pathogens, UV radiation, drought, etc. Different types can be found, such as tropane alkaloids, pyrrolizidine alkaloids, indolic alkaloids, and steroidal alkaloids. In this sense, research has indicated that the *solanum* species has many biologically active alkaloids[40].

Authors various reported total alkaloids, however, are expressed as alkaloids different, such as Páltinean, *et al.* [41], who found 8.6 mg of chelidonine equivalents per gram in an alkaloid-rich extract of *Fumaria* species in eggplant biomass was reported 26 mg of atropine equivalents per gram [8]. Our results were expressed as mg of solasodine per gram DE with a value of 173. These differences could be attributed mainly to how the results are described and the species, type of extract, and extraction method. On the other hand, after the *in vitro* digestion process in extracts obtained from the eggplant fruit biomass, the total alkaloid content is almost entirely reduced, with a bioaccessibility of 4%; this behavior was previously reported regarding the content of piperine mixed in food after the *in vitro* digestive simulation indicated a decrease due to pH variations [25]. This effect could be due to the conditions of the different digestion phases, mainly pH [43], which could be causing physicochemical transformations by oxidation or interactions with other groups of compounds [44].

The TEAC assay measures the antioxidant capacity of hydrophilic and lipophilic compounds, offering a perspective on the group of compounds able to interact with the radical [45]. In this research, a decrease in the digested extract was shown. However, it has greater antioxidant capacity than what was reported in eggplant fruits in the commercial stage (7 $\mu\text{mol TE/g}$) by Elizalde-Romero, *et al.* [46]; these differences are attributed to the stage of maturity and the type of compounds evaluated because the extraction method that was carried out removes the majority of secondary metabolites such as phenols, saponins, flavonoids, and some alkaloids. This allows us to show that the alkaloid-rich extract of eggplant biomass has antioxidant properties, as do the alkaloids of other species of the *Solanum* genus, such as *Solanum macrocarpon* L. and *Solanum nigrum* L.[47].

Regarding the effect of *in vitro* digestion, our results showed a lower antioxidant capacity in the digested extract compared to the undigested, which indicates that it is less bioaccessible (12%); this behavior was similar to *Solanum nigrum* evaluated by Moyo, *et al.* [48] reported 650 $\mu\text{mol TE/g}$ of undigested extract and 379 $\mu\text{mol ET/g}$ of digested extract. Similarly, the fruit of *Solanum lycopersicum*, the undigested extract, showed greater antioxidant capacity than the digested extract, 713 $\mu\text{mol TE/g}$, and 430 $\mu\text{mol TE/g}$, respectively [49]. These results were superior to those reported in this research; however, the behavior of the extracts during the assay was similar, demonstrating the negative impact of *in vitro* digestion caused by the gastrointestinal environment.

Regarding the results by FRAP, which consist of the reduction of the ferric ion, it was observed a greater antioxidant capacity obtained in the undigested extract of the biomass of the eggplant fruit;

these results were higher than those of the eggplant fruit collected after harvest with values of 107 $\mu\text{mol TE/g}$ [8]; likewise, in different varieties of eggplant, values of 0.82 to 8.11 $\mu\text{mol TE/g}$ were reported [50]. These differences are attributed to the group of compounds that were extracted and evaluated, as well as to the eggplant's variety, region, and stage of maturity. About *in vitro* digestive simulation, it was found that the digested fruit extract decreased its antioxidant capacity just like extract from the fruit of *Solanum lycopersicum* reported 0.477 $\mu\text{mol TE/g}$ of undigested extract to 0.276 $\mu\text{mol TE/g}$ of digested [49]. These behaviors are attributable to the physicochemical and structural characteristics of the compounds affected by the digestive simulation. On the other hand, the antioxidant capacity was higher in this research and is related to the ability of alkaloids to reduce metal ions [51].

The ORAC method uses a radical generator to analyze the antioxidant capacity of compounds based on the transfer of hydrogen atoms [52,53]. The inhibition of the peroxy radical in this study was more significant in the undigested extract (1778 $\mu\text{mol TE/g}$). Compared to that reported in eggplant fruit biomass, its antioxidant capacity is almost 3 times higher (547 $\mu\text{mol TE/g}$) [8]. The differences could be due to the type of extract used for the assay. Similarly, our data were higher than the benzylisoquinoline alkaloids in *Plumula nelumbinis* with a value of 0.00553 $\mu\text{mol TE/g}$ [54], the same as the alkaloids present in *Catharanthus roseus* with values of 185 $\mu\text{mol TE/g}$ [55] and 56 $\mu\text{mol TE/g}$ [56]. The previously reported data were lower than this research's, possibly due to the biosynthetic origin and the type of alkaloids specific to each species and genus [57]. After *in vitro* digestive simulation, a lower capacity to transfer hydrogen atoms was observed; however, our data were superior to the hydrophilic compounds of *Solanum lycopersicum* with values of 310 $\mu\text{mol TE/g}$ of undigested extract and 270 $\mu\text{mol TE/g}$ of digested extract [58]. *Solanum nigrum* leaves obtained values of 299 $\mu\text{mol TE/g}$ of undigested extract and 620 $\mu\text{mol TE/g}$ of digested extract [48]. The authors maintain that these differences could be related to the availability of hydroxyl groups of the compounds in the extracts and their physicochemical properties.

In general, a reduction in the antioxidant capacity of the alkaloid extract from eggplant biomass was observed in the three assays after *in vitro* digestion. In addition, a low bioaccessibility was obtained, which varied from 6 to 31% depending on the assay.

In eggplant fruits, the main glycoalkaloids reported in *S. melongena* are solasonine and solamargine, both glycosides of solasodine [57]. In previous research, the content of solasonine and solamargine in eggplant fruit was 0.062 ng/g and 0.373 ng/g, respectively [12]; these values were lower than what was found in this study, which may be caused by the collection time, type of species, and crop conditions [9]. Currently, there are few reports on the bioaccessibility of alkaloids of the *Solanum* genus, so this research is one of the few to report the effect of simulated gastrointestinal digestion on solamargine and solasonine content. In previous studies, it was reported that the alkaloid piperine (*Piper nigrum*) decreased by 60% after the digestion process [25]. Bioactive compounds tend to undergo structural changes such as isomerization, attributed to digestion conditions, the action of intestinal enzymes, the presence of chemical elements such as transition metals, and the presence of oxygen [43]. Regarding the decrease in glycoalkaloids, the possible hydrolysis of glycosylated molecules is considered, caused by the enzymes and the pH of the different digestive phases [59]. Besides, the differences observed between the assays could be explained by the ability of the compounds to transfer electrons [51], reduce metal ions [41], and transfer hydrogen atoms [53].

In the next stage of the study, the alkaloid-rich extract of the fruit of the eggplant biomass was microencapsulated with maltodextrin. The size of the microcapsules obtained was considered relatively homogeneous and uniform and not very narrow, which is regarded as favorable to maintaining the consistency of the microencapsulation [60]. The observed roughness is a common characteristic of microcapsules made with maltodextrin and spray drying due to rapid evaporation of moisture and cooling [61]. Maltodextrin microcapsules with anthocyanins from the peel of *Solanum melongena* were made with an inlet temperature of 180 °C, forming smooth, dented, and irregular microcapsules due to the rapid loss of moisture due to high inlet temperature [62]. On the other hand, agglomerations were reported in maltodextrin microcapsules with an extract of the alkaloid vasicine

from *Adhatoda vasica* Nees prepared with an inlet temperature of 110 °C [28]. Under the same conditions as our study, sizes of 12 µm and a spherical morphology with depressions were obtained in maltodextrin microcapsules loaded with oregano phenolic compounds [34]. The differences between our study and what was found in the literature are due to the variations in the inlet temperature [38].

Moisture is an indicator of quality and stability. Low moisture percentages prevent powder hardening, guarantee a long shelf life, and protect it from microbiological contamination during storage [63]. Our data is similar to that of Arrazola, Herazo and Alvis [62], who reported 3.4% humidity in anthocyanin microparticles from eggplant peel using maltodextrin as an encapsulating agent. Besides, maltodextrin microcapsules with alkaloids from the *Adhatoda vasica* plant with an inlet temperature of 110 °C had a moisture of 5.1% [28].

The yield of the powder obtained indicates the efficiency of the spray drying process. In this research, the yield was lower than that obtained in maltodextrin microcapsules (20 DE) with purple potato compounds (*Solanum tuberosum* L.); the process was made at an inlet temperature of 130 °C with a feed of 100 g, generating a yield of 58% [64]. Our data were slightly lower than those reported by Sarabandi, Jafari, Mahoonak, and Mohammadi [61], who worked with eggplant peel metabolites microencapsulated with maltodextrin (18-20 DE) with an air inlet of 140 °C and a feed of 300 mL, resulting in a yield of 52%. This result could be due to the quantity and low viscosity of the solution fed, as it is related to greater water elimination and less adhesion of the encapsulated microparticles on the walls of the dryer. In this sense, the value considered favorable is greater than 50%, and the main factors that influence this percentage are the viscosity of the wall material and the content of fed solids, so the differences found are attributed to the content of the feeding solution.

The EE is considered an essential characteristic during the encapsulation process, as it is defined as the amount of material to be encapsulated that was encapsulated within a wall material [39]. This research was similar to microcapsules of alkaloid-rich extract of *Adhatoda vasica* Nees leaves prepared with maltodextrin at an inlet temperature of 80 °C, obtaining 84 % EE [28]. Contrary to this, phenolic compounds from the fruit of *Malphigia emarginata* DC fruit were microencapsulated with maltodextrin, using an inlet temperature of 170 °C, obtaining 69 % EE [65]. These differences may be due to high temperatures during the spray drying process, which can cause the loss of volatile active compounds, resulting in low encapsulation efficiency [66].

In this same stage of encapsulated alkaloids, the total content of undigested and digested alkaloids was evaluated. After *in vitro* digestion simulation, the total content of microencapsulated alkaloids decreased; however, bioaccessibility was higher in the encapsulated extract than in the non-encapsulated extract. These results agree with those previously reported, which claim that the microencapsulation of bioactive compounds increases the percentage of bioaccessibility concerning the non-encapsulated sample when they pass through the three phases of the digestive system because the encapsulating agent manages to protect them from the conditions of the gastrointestinal simulation phases, enzymatic and pH variation [44,67,68].

Antioxidant compounds are sensitive to high temperatures, light, and pH; for that reason, encapsulation techniques have been carried out to protect them and improve their functionality [69]. In this sense, the microcapsules were evaluated using the TEAC test, where a greater antioxidant capacity was found in the digested microencapsulate (8 µmol TE/g powder), coinciding with what was reported in MD microcapsules from the fruit of *Eugenia stipitata* with values of 136 µmol TE/g and 253 µmol TE/g powder undigested and digested, respectively [70]. This may be due to the deprotonation of the hydroxyl groups of the bioactive compounds at high pH [26].

The reduction of metal ions was more significant in the undigested microcapsules (3.4 µmol TE/g powder), similar to the MD microcapsules of bioactive compounds from the fruit of *Eugenia stipitata*; the authors reported that after *in vitro* digestion simulation, the antioxidant capacity decreases slightly [70]. This is attributed to the ability to chelate metals due to the sample's pH and the method's optimal pH and structural modifications due to enzymatic hydrolysis, which causes the breakdown of glycosidic bonds [44].

The inhibition of peroxy radicals by microencapsulated alkaloids was more significant after *in vitro* digestion simulation, consistent with Tomé-Sánchez, *et al.* [71], who reported that after digestion process a two-fold increase in antioxidant capacity, which has been attributed to possible degradation of polymer during its passage through the different digestive phases, achieving the total release of the compounds in the intestinal phase, causing chemical transformations in the structures of the metabolites due to the effect of digestive enzymes that cause deprotonation [44].

The antioxidant capacity of the alkaloids microencapsulated by the different assays after digestion *in vitro* was increased, obtaining a bioaccessibility above 50 %.

Previous studies have indicated that solamargine and solasonine are the main chemical compounds in *Solanum* species that also have beneficial health properties [72]. In this sense, we can observe the identification and quantification of these compounds in both the undigested and digested microcapsules. In the digested microcapsules, the content of solamargine and solasonine increased by more than 100%. The increase observed after *in vitro* digestive simulation is consistent with previous investigations on ergot alkaloids, where some compounds' increases are attributed to bidirectional epimerization caused by intestinal enzymes [73]. Likewise, other compounds' isomerization has been described, and they speculate that it is due to temperature and prolonged exposure in the small intestine [74]. In the same way, Vronen [75] described the chemical hydrolysis of glycoalkaloids in potatoes. They mentioned that it is caused by time, temperature, and acid concentration, allowing the formation of compounds β and γ as new hydrolysis products.

5. Conclusions

The microencapsulation process with maltodextrin using the spray drying method managed to trap the alkaloids from the eggplant biomass, which allowed them to be protected during *in vitro* gastrointestinal digestion, increasing their bioaccessibility three-fold, while antioxidant capacity increased more than 50 %BA; likewise, solamargine and solasonine glycoalkaloids in microcapsule increase during digestion *in vitro*. However, it is necessary to continue exploring different wall materials and encapsulation methods to obtain encapsulates with more resistance to digestion and for the alkaloids to be more bioaccessible.

Author Contributions: For research articles with several authors, a short paragraph specifying their individual contributions must be provided. The following statements should be used “Conceptualization, B.G.G.-S., L.A.C.-A, J.B.H, N.L.-L and E.P.G.-G; methodology, B.G.G.-S., M.G.-C., P.B.-B and L.A.C.-A.; software, M.G.C. and P.B.-B; formal analysis, B.G.G.-S., L.A.C.-A, J.B.H, N.L.-L and E.P.G.-G.; investigation, B.G.G.-S, and L.A.C.-A.; writing—original draft preparation, B.G.G.-S.; writing—review and editing, B.G.G.-S., L.A.C.-A, J.B.H, and N.L.-L.; visualization, B.G.G.-S., L.A.C.-A.; supervision, L.A.C.-A.; project administration, L.A.C.-A, J.B.H, N.L.-L and E.P.G.-G.; All authors have read and agreed to the published version of the manuscript.

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