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Article

Sacubitril/Valsartan Combination Partially Improves Cardiac Systolic Function through β_1 -/ β_2 -AR Responsiveness but Not Diastolic Function in a Rat Model of Type 2 Diabetes

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Abstract: Cardiovascular complications are the major cause of diabetes-related morbidity and mortality. Increased renin-angiotensin-aldosterone system activity and decreased β -adrenergic receptor (β -AR) responsiveness contribute to diabetic cardiac dysfunction. We evaluated the effect of sacubitril/valsartan (neprilysin inhibitor plus angiotensin receptor antagonist combination), and valsartan treatments on the diabetic cardiac function through β -AR responsiveness, and on protein expression of diastolic components. 6-week-old male Sprague-Dawley rats were divided into control, diabetic, sacubitril/valsartan (68 mg/kg), and valsartan treated (31 mg/kg) diabetic groups. Diabetes was induced by high fat diet plus low dose streptozotocin (30 mg/kg, intraperitoneal). After 10 weeks of diabetes, rats were treated for 4 weeks. Systolic/diastolic function was assessed by *in vivo* echocardiography and pressure-volume loop analysis. β -AR mediated responsiveness was assessed by *in vitro* papillary muscle and Langendorff heart experiments. Protein expression of sarcoplasmic reticulum calcium ATPase2a, phospholamban, and phosphorylated phospholamban was determined by Western blot. Sacubitril/valsartan improved ejection fraction and fractional shortening to a similar extent as valsartan alone. None of the treatments affected *in vivo* diastolic parameters or expression of related proteins. β_1 -/ β_2 -AR mediated responsiveness was partially restored in treated animals. β_3 -AR mediated relaxation responses were comparable among groups. The beneficial effect of sacubitril/valsartan on systolic function may be attributed to improved β_1 -/ β_2 -AR responsiveness.

Keywords: β -adrenoceptor; diabetes; heart; sacubitril; valsartan

1. Introduction

Sacubitril/valsartan, a first-in-class neprilysin inhibitor plus angiotensin receptor antagonist combination (ARNI), was approved in 2015 for the treatment of heart failure with reduced ejection fraction (HFrEF) [1]. Sacubitril, a neprilysin inhibitor, increases natriuretic peptide (NP) levels, which has a protective effect on the heart [2]. Valsartan, an angiotensin type 1 receptor blocker (ARB), prevents the long-term adverse effects of renin-angiotensin-aldosterone system (RAAS) activation on cardiac function [3]. Treatment with sacubitril/valsartan has been shown to be superior to enalapril in reducing heart failure-related hospitalization and cardiovascular and all-cause mortality in patients with HFrEF [4]. A meta-analysis showed that sacubitril/valsartan reversed cardiac

remodeling in patients with HFrEF compared with ARBs or angiotensin-converting enzyme inhibitors (ACEIs) alone [5]. There are ongoing clinical studies investigating the efficacy, safety, and tolerability of the sacubitril/valsartan combination in heart failure and other diseases including diabetes [6].

Diabetes is a chronic, endocrine disease that affects hundreds of millions of people worldwide. People with diabetes are 2-3 times more likely to develop cardiovascular disease than non-diabetics [7]. Cardiovascular complications include a major risk factor for mortality in individuals with both type 1 and type 2 diabetes [8]. Diabetic cardiomyopathy (DCM) is a dysfunction of the cardiac muscle which occurs independently of hypertension or coronary artery disease in diabetes. DCM can lead to heart failure in the late stages of the disease [9]. Increased activity of RAAS contributes to the pathogenesis of the diabetic heart [10]. Treatment approaches for heart failure are similar in patients with or without diabetes and drugs targeting the RAAS (ARBs and ACEIs) are considered first-line treatment agents in patients with HF and concomitant diabetes [11]. However, the recent European Society of Cardiology guideline recommends SGLT2 inhibitors for the management of patients with heart failure and type 2 diabetes [12]. Decreased levels of NPs are associated with obesity [13], insulin resistance [14] and the development of diabetes [15]. Therefore, it was proposed that therapeutic agents that increase NPs may be beneficial in the treatment of diabetes and its complications [16,17].

Alterations in β -adrenergic receptor (β -AR) signaling contribute to the cardiac dysfunction in diabetes [18,19]. Sympathetic overdrive in diabetes [20] leads to blunted β_1 - and β_2 -AR mediated cardiac contractile responses [21,22], which may occur in part due to reduced expression of β_1 - and β_2 -ARs [23,24]. On the other hand, β_3 -AR mediated cardiac relaxation [25,26] as well as receptor expression is increased in diabetes [21,23,24]. Elevated β_3 -AR expression plays a protective role against the deleterious effects of catecholamines in cardiac tissue [27]. Similarly, sympathetic overdrive results in reduced β_1 - and β_2 -AR mediated responsiveness in heart failure [28]. Impaired β -AR signaling in pathological conditions can affect the function of several downstream components such as sarcoplasmic reticulum calcium ATPase 2a (SERCA2a), phospholamban (PLN), and phosphorylated phospholamban (p-PLN).

Considering the role of the RAAS and NPs in diabetes and the beneficial effects of these systems on the heart, the sacubitril/valsartan combination may also be a promising therapeutic approach for diabetic cardiac dysfunction. The sacubitril/valsartan combination improves glucose homeostasis in patients with concomitant HFrEF and diabetes [29]. Moreover, sacubitril/valsartan has been shown to reduce sympathetic nervous system activity in patients with HFrEF [30]. There are few preclinical studies investigating the effect of sacubitril/valsartan on the diabetic heart. Based on the results of these studies, reduced fibrosis [31,32], inflammation and apoptosis [33,34], oxidative stress [33] and endoplasmic reticulum stress [34] have been suggested as possible mechanisms underlying this effect. It is therefore plausible that the sacubitril/valsartan combination affects β -AR mediated responses in the diabetic heart.

Based on these findings, the current study was conducted to investigate the effect of sacubitril/valsartan on cardiac contraction/relaxation in comparison with valsartan using β -AR agonists and, the effect of treatments on diastolic downstream components in a rat model of type 2 diabetes induced by high fat diet (HFD) plus low dose streptozotocin (STZ).

2. Results

2.1. General Characteristics of Animals

The body weight of diabetic rats at study end was reduced compared to control rats as typically observed in this model. Neither sacubitril/valsartan nor valsartan treatment reversed the loss of body weight in diabetes (Figure 1a). Blood glucose at study end was higher in diabetic rats as expected. However, blood glucose levels in rats treated with either sacubitril/valsartan or valsartan were markedly higher than in diabetic rats (Figure 1b). In addition, sacubitril/valsartan caused a greater increase in blood glucose levels than valsartan throughout the treatment period (Supplementary Figure S1). Heart weight was comparable between groups (Figure 1c). The ratio of heart weight to

body weight (HW/BW), an indicator of cardiac hypertrophy, was higher in diabetic rats compared to the control group. This ratio was not improved by either treatment (Figure 1d). Blood glucose levels of diabetic and treated diabetic rats were higher than those of control rats at each time point of the oral glucose tolerance test (OGTT) experiments (Supplementary Figure S2 and Supplementary Table S1). There was no difference in fasting insulin levels between the experimental groups, but the Homeostatic Model Assessment-Insulin Resistance (HOMA-IR) index was increased in diabetic rats and was not attenuated in treated diabetic rats (Supplementary Table S2). Plasma cholesterol and triglyceride levels were substantially increased in diabetic rats compared with the control group. Neither treatment reversed the increase in plasma cholesterol and triglyceride levels (Supplementary Figure S3).

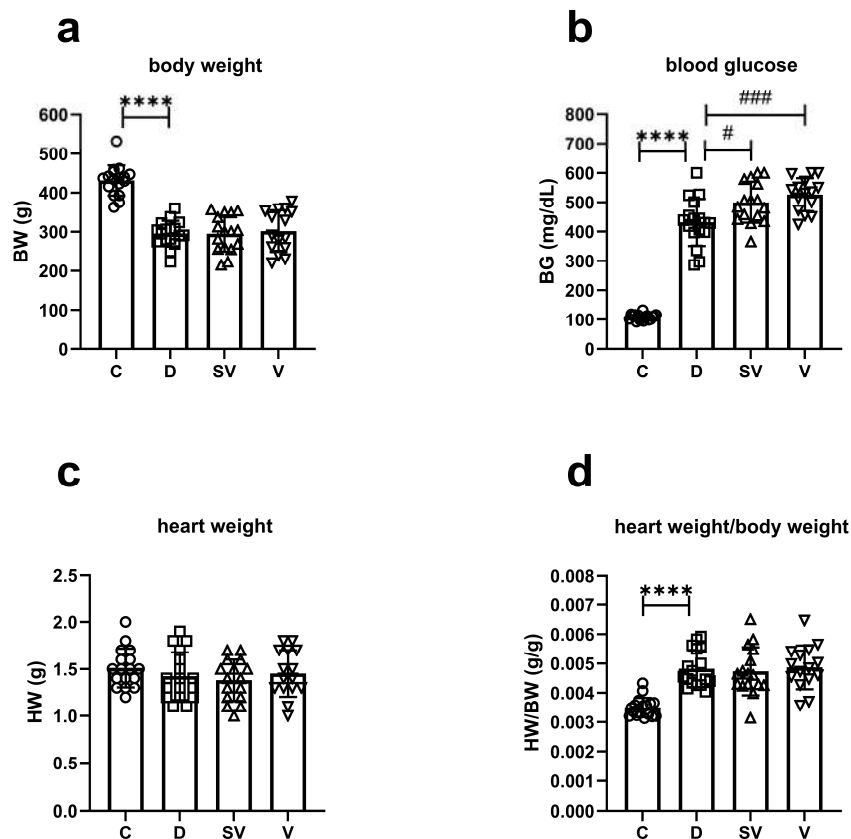


Figure 1. General characteristics at study end. (a) Body weight (BW); (b) Blood glucose (BG); (c) Heart weight (HW); (d) The ratio of heart weight to body weight (HW/BW). C, Control (n=17); D, Diabetic (n=17); SV, Sacubitril/valsartan treated diabetic (n=16); V, Valsartan treated diabetic (n=15). ****, $p < 0.0001$ compared to control. #, $p < 0.05$; ###, $p < 0.001$ compared to diabetic.

2.2. In Vivo Cardiac Parameters

2.2.1. In Vivo Pressure-Volume (PV) Loop Analysis

Basal blood pressure level was measured in rats under anesthesia using a pressure-volume catheter placed in the carotid artery. Systolic blood pressure, diastolic blood pressure, and mean arterial pressure were comparable between the groups. Heart rate (HR) was decreased in the diabetic group and was not normalized with either treatment approach. End systolic and end diastolic volumes (ESV and EDV) were slightly increased in the diabetic group and not normalized by treatment. The indices of these parameters were significantly higher in diabetic rats and not reversed by treatment. While stroke volume (SV) was comparable between groups, surprisingly, the SV index was markedly increased only in diabetic rats compared to the control group (Table 1).

Table 1. *In vivo* basal cardiac hemodynamic parameters.

	C (n=6)	D (n=7)	SV (n=6)	V (n=7)
SBP (mmHg)	110.89 ± 18.41	103.40 ± 11.69	93.54 ± 19.72	91.52 ± 20.41
DBP (mmHg)	79.29 ± 22.43	71.94 ± 9.23	67.69 ± 16.18	65.99 ± 20.57
MAP (mmHg)	100.36 ± 19.55	92.91 ± 10.77	84.92 ± 18.24	83.01 ± 20.13
HR (beat/min)	311.13 ± 39.09	247.17 ± 20.27**	256.29 ± 18.74	251.35 ± 21.76
EDV (μL)	370.64 ± 69.67	436.66 ± 46.89	436.09 ± 76.22	411.52 ± 74.01
EDVI (μL/g)	0.92 ± 0.16	1.56 ± 0.29***	1.59 ± 0.31	1.43 ± 0.29
ESV (μL)	162.06 ± 37.83	200.17 ± 26.07	209.34 ± 26.93	191.61 ± 22.42
ESVI (μL/g)	0.40 ± 0.08	0.71 ± 0.13***	0.77 ± 0.18	0.67 ± 0.11
SV (μL)	208.58 ± 47.93	236.49 ± 36.31	226.75 ± 60.39	219.91 ± 60.81
SVI (μL/g)	0.52 ± 0.12	0.85 ± 0.19**	0.82 ± 0.18	0.76 ± 0.21

SBP, systolic blood pressure; DBP, diastolic blood pressure; MAP, mean arterial pressure; HR, heart rate; EDV, end diastolic volume; EDVI, end diastolic volume index; ESV, end systolic volume; ESVI, end systolic volume index; SV, stroke volume; SVI, stroke volume index. C, Control (n=6); D, Diabetic (n=7); SV, Sacubitril/valsartan treated diabetic (n=6); V, Valsartan treated diabetic (n=7). **, p<0.01; ***, p<0.001, compared to control.

End systolic pressure (ESP) which indicates the systolic function of the heart, decreased in the diabetic group and both treatments had no effect on this parameter (Figure 2a). The rate of contraction, which is another indicator of systolic cardiac function, was significantly reduced in the diabetic group and was not affected by the treatments (Figure 2b).

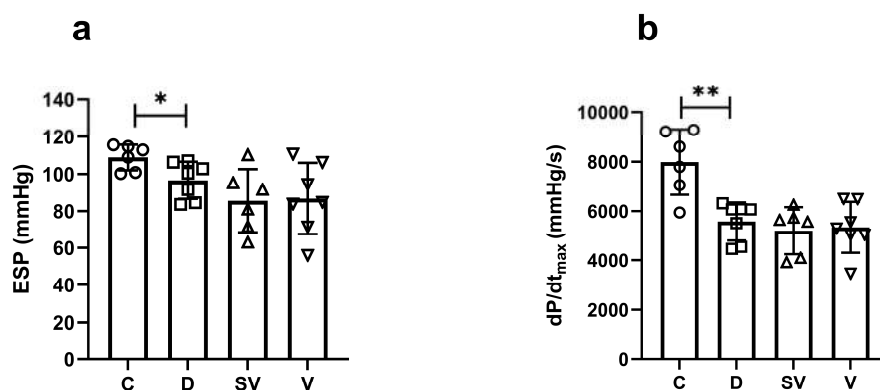


Figure 2. *In vivo* basal cardiac parameters of systolic function. (a) ESP, end systolic pressure; (b) dp/dt_{max}, rate of contraction. C, Control (n=6); D, Diabetic (n=7); SV, Sacubitril/valsartan treated diabetic (n=6); V, Valsartan treated diabetic (n=7). *, p<0.05; **, p<0.01 compared to control.

End diastolic pressure (EDP), one of the diastolic function parameters of the heart, was similar between groups (Figure 3a). Another indicator of cardiac diastolic function, the rate of relaxation (dp/dt_{min}) was decreased in diabetic rats compared to control and both treatment approaches did not normalize this parameter (Figure 3b). Tau Weiss and Tau Glantz values, the time constants for isovolumic relaxation, were significantly increased in diabetic rats and neither sacubitril/valsartan nor valsartan treatment had ameliorated Tau values (Figure 3c and 3d respectively).

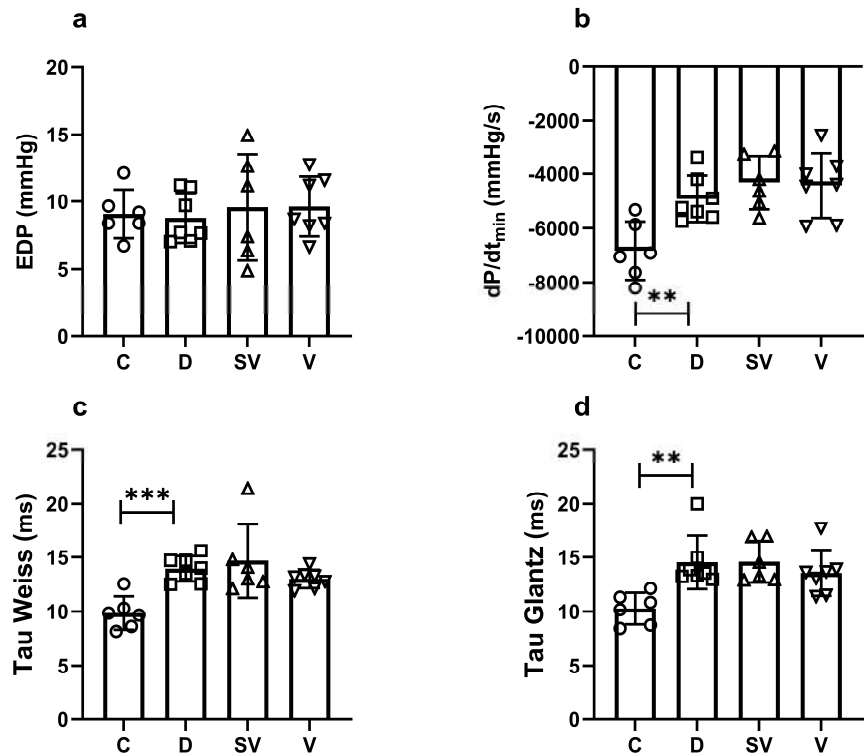


Figure 3. *In vivo* basal cardiac parameters of diastolic function. (a) EDP, end diastolic pressure; (b) dP/dt_{min}, rate of relaxation; (c) and (d) Tau, isovolumic relaxation constant. C, Control (n=6); D, Diabetic (n=7); SV, Sacubitril/valsartan treated diabetic (n=6); V, Valsartan treated diabetic (n=7). **, p<0.01; ***, p<0.001 compared to control.

Preload independent cardiac parameters; the slope of end systolic pressure-volume relationship (ESPVR), end diastolic pressure-volume relationship (EDPVR) and preload recruitable stroke work (PRSW) were comparable between groups (Table 2).

Table 2. Preload independent *in vivo* cardiac parameters.

	C (n=5)	D (n=6)	SV (n=6)	V (n=6)
ESPVR	0.390 ± 0.156	0.449 ± 0.166	0.334 ± 0.106	0.317 ± 0.132
EDPVR	0.010 ± 0.002	0.007 ± 0.003	0.006 ± 0.003	0.006 ± 0.003
PRSW	62.58 ± 9.44	53.69 ± 6.83	56.86 ± 7.73	53.31 ± 3.79

ESPVR, end systolic pressure-volume relationship; EDPVR, end diastolic pressure-volume relationship; PRSW, preload recruitable stroke work. C, Control (n=5); D, Diabetic (n=6); SV, Sacubitril/valsartan treated diabetic (n=6); V, Valsartan treated diabetic (n=6).

2.2.2. In Vivo Echocardiography Analysis

In vivo echocardiographic analysis showed that ejection fraction (EF) (%) and fractional shortening (FS) (%) were markedly reduced in diabetic rats. This indicates impaired systolic function due to diabetes. These parameters were improved by both sacubitril/valsartan and valsartan treatment without superiority to each other (Figure 4 and Table 3). Interventricular septum thickness at end diastole index (IVSId), left ventricular internal dimension at end diastole index (LVIDId), left ventricular internal dimension at end systole (LVIDs), left ventricular internal dimension at end systole index (LVIDIs) and left ventricular posterior wall thickness at end systole index (LVPWIs) values were significantly higher in diabetic group. Both treatments improved IVSId and only valsartan improved LVIDs values. Cardiac output (CO) was markedly reduced in diabetic group and

was not reversed by treatments. Other echocardiographic parameters were comparable between groups (Table 3).

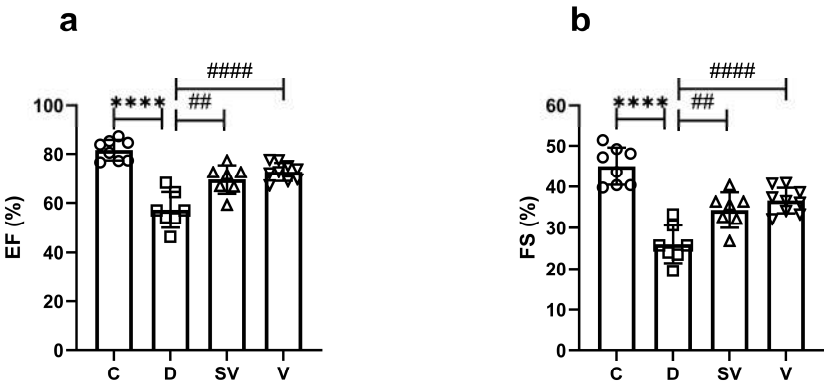


Figure 4. *In vivo* echocardiography parameters of systolic function. (a) % EF, ejection fraction; (b) % FS, fractional shortening. C, Control (n=8); D, Diabetic (n=7); SV, Sacubitril/valsartan treated diabetic (n=7); V, Valsartan treated diabetic (n=9). ****, p<0.0001 compared to control. ##, p<0.01; ####, p<0.0001 compared to diabetic.

Table 3. *In vivo* echocardiography parameters.

	C (n=8)	D (n=7)	SV (n=7)	V (n=9)
IVSd (mm)	1.91 ± 0.58	2.31 ± 0.38	1.83 ± 0.25 [#]	1.78 ± 0.25 ^{##}
IVSId (mm/kg)	4.30 ± 1.37	6.94 ± 1.04 ^{**}	5.64 ± 0.65 [#]	5.73 ± 1.13 [#]
LVIDd (mm)	5.49 ± 0.67	5.06 ± 0.91	5.21 ± 1.12	4.92 ± 0.50
LVIDId (mm/kg)	12.26 ± 1.55	15.33 ± 3.35 [*]	16.46 ± 5.39	15.84 ± 2.52
LVPWd (mm)	2.35 ± 1.90	2.20 ± 0.72	1.89 ± 0.29	2.01 ± 0.66
LVPWId (mm/kg)	5.05 ± 3.47	6.51 ± 1.65	5.82 ± 0.87	6.47 ± 2.30
IVSs (mm)	2.93 ± 0.83	2.76 ± 0.51	2.17 ± 0.45 [#]	2.17 ± 0.35 [#]
IVSIs (mm/kg)	6.50 ± 1.69	8.31 ± 1.65	6.76 ± 1.65	6.96 ± 1.37
LVIDs (mm)	3.01 ± 0.21	3.71 ± 0.51 ^{**}	3.43 ± 0.78	3.10 ± 0.21 ^{##}
LVIDIs (mm/kg)	6.75 ± 0.72	11.27 ± 2.20 ^{****}	10.86 ± 3.80	9.96 ± 1.16
LVPWs (mm)	2.93 ± 0.49	2.80 ± 0.66	2.56 ± 0.54	2.79 ± 0.60
LVPWIs (mm/kg)	6.57 ± 1.36	8.33 ± 1.43 [*]	7.80 ± 1.09	9.00 ± 2.29
CO (mL/dk)	101.25 ± 39.07	52.86 ± 29.84 [*]	60.14 ± 28.64	51.11 ± 13.64
CI (mL/dk.g)	0.23 ± 0.09	0.16 ± 0.09	0.19 ± 0.11	0.16 ± 0.05
EF (%)	81.60 ± 4.20	57.27 ± 7.21 ^{****}	69.56 ± 5.84 ^{##}	72.69 ± 3.72 ^{####}
FS (%)	45.01 ± 4.54	26.04 ± 4.60 ^{****}	34.34 ± 4.31 ^{##}	36.63 ± 3.11 ^{####}

IVSd, interventricular septum thickness at end diastole; IVSId, interventricular septum thickness at end diastole index; LVIDd, left ventricular internal dimension at end diastole; LVIDId, left ventricular internal dimension at end diastole index; LVPWd, left ventricular posterior wall thickness at end diastole; LVPWId, left ventricular posterior wall thickness at end diastole index; IVSs, interventricular septum thickness at end systole; IVSIs, interventricular septum thickness at end systole index; LVIDs, left ventricular internal dimension at end systole; LVIDIs, left ventricular internal dimension at end systole index; LVPWs, left ventricular posterior wall thickness at end systole; LVPWIs, left ventricular posterior wall thickness at end systole index; CO, cardiac output; CI, cardiac index; % EF, ejection fraction; % FS, fractional shortening. C, Control (n=8); D, Diabetic (n=7); SV, Sacubitril/valsartan treated diabetic (n=7); V, Valsartan treated diabetic (n=9). *, p<0.05; **, p<0.01; ****, p<0.0001 compared to control. #, p<0.05; ##, p<0.01; ####, p<0.001 compared to diabetic.

2.3. β -AR Mediated Responsiveness

In the papillary muscle preparation, the contractile response induced by isoprenaline, a non-selective β -AR agonist, was reduced in the diabetic group as expected. Both sacubitril/valsartan and valsartan treatment slightly improved the contractile response compared with the diabetic group, without being superior to each other (Figure 5a and 5b). Despite a noticeable effect of the treatment approaches on isoprenaline induced contraction, the effect was not statistically significant between groups due to the high standard deviation. In the papillary muscle, forskolin mediated contractile response was partially higher in sacubitril/valsartan treated diabetic rats compared to other groups (Figure 5c).

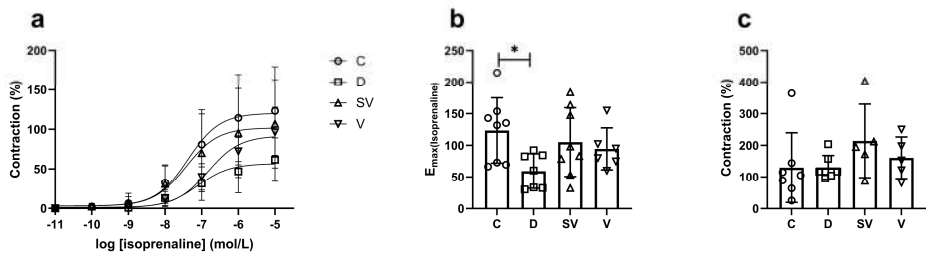


Figure 5. Isoprenaline and forskolin mediated contractile responses. (a) Cumulative concentration-response curve. (b) E_{max} , efficacy C, Control (n=8); D, Diabetic (n=7); SV, Sacubitril/valsartan treated diabetic (n=8); V; Valsartan treated diabetic (n=6). *, $p<0.05$ compared to control. (c) Contraction response at 3 μ M forskolin (% of control). C, Control (n=7); D, Diabetic (n=7); SV, Sacubitril/valsartan treated diabetic (n=5); V; Valsartan treated diabetic (n=5).

In the Langendorff heart preparation, the % change in left ventricular developed pressure (LVDP) induced by CL 316,243, a selective β_3 -AR agonist, did not differ between groups (Figure 6a). Moreover, the rate of contraction (dP/dt_{max}) and relaxation (% basal value) (Figure 6c and 6d respectively) and the relaxation response induced by 10^{-8} M CL 316,243 (considered as E_{max} value) (Figure 6b) were comparable in all groups.

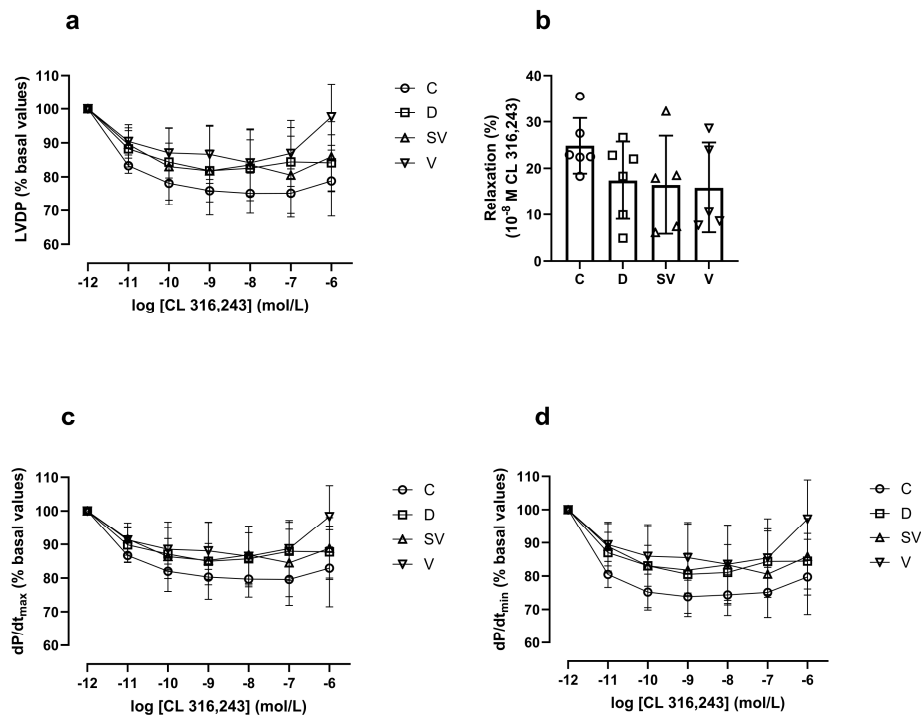


Figure 6. CL 316,243 mediated relaxation responses. (a) LVDP, left ventricle developed pressure; (b) % relaxation response at 10^{-8} M CL 316,243; (c) dP/dt_{max} (% basal values), rate of contraction; (d) dP/dt_{min} (%basal values), rate of relaxation. C, Control (n=6); D, Diabetic (n=6); SV, Sacubitril/valsartan treated diabetic (n=5); V; Valsartan treated diabetic (n=5).

2.4. Protein Expression of Diastolic Components

SERCA2a expression was reduced in the diabetic group and was not reversed by either treatment approach (Figure 7a). The p-PLN to PLN ratio, which indicates the reduced inhibitory activity of PLN on SERCA2a function, was markedly reduced in diabetic rats and was not normalized with treatments (Figure 7b). In addition, the PLN to SERCA2a ratio was comparable between groups (Figure 7c).

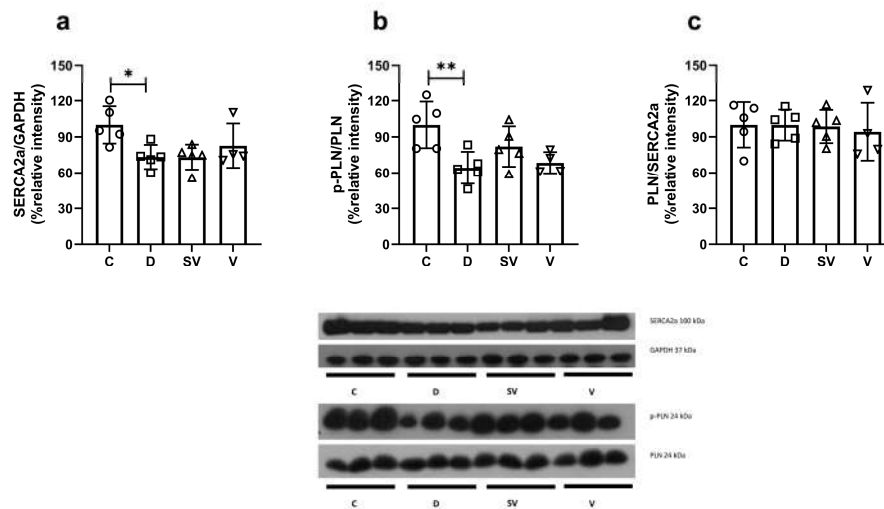


Figure 7. Protein expression levels and representative images. (a) SERCA2a protein expression level normalized to GAPDH; (b) The ratio of p-PLN to PLN; (c) The ratio of PLN to SERCA2a. C, Control (n=5); D, Diabetic (n=5); SV, Sacubitril/valsartan treated diabetic (n=5); V; Valsartan treated diabetic (n=4). *, p<0.05; **, p<0.01 compared to control.

3. Discussion

To the best of our knowledge, the present study is the first to investigate the effect of the sacubitril/valsartan combination on cardiac contraction and relaxation by β -AR agonists and on expression of proteins related to diastolic function. Our results indicate:

Sacubitril/valsartan and valsartan were comparable and slightly increased β_1 - and β_2 -AR mediated contractile responses, which were impaired in diabetic rats.

In vivo diastolic parameters and the protein expression of the diastolic components were not affected by the sacubitril/valsartan and valsartan treatments.

3.1. Critique of Study Design and Experimental Model

The type 2 diabetes model induced by HFD plus a low dose of STZ was chosen for this study because this experimental model accurately reflects hyperglycemia, hyperlipidemia and insulin resistance observed in type 2 diabetic patients [35,36]. Furthermore, the HFD plus low dose STZ diabetes model resembles the late stage of type 2 diabetes [37]. Considering the increasing prevalence of type 2 diabetes worldwide and its cardiovascular complications, the HFD and low dose STZ induced diabetes model is a suitable experimental model for the current study. Based on the findings such as elevated fasting insulin levels, high HOMA-IR index and increased triglyceride levels, we can conclude that the experimental model has been established. On the other hand, the weight loss in the diabetic groups does not fit with the model, as it is a common feature of type 1 diabetes. Nevertheless, there are other studies reporting weight loss in this diabetic model [37-40].

The randomization for group allocation was performed after the acclimatization period, as prespecified. The blood glucose levels of both sacubitril/valsartan and valsartan treated diabetic rats were numerically higher than those of untreated diabetic rats at the end of the study. However, interpretation of these data is hampered by the fact that rats with higher blood glucose levels were randomly assigned to the treated groups. Furthermore, sacubitril/valsartan treatment resulted in a greater increase in blood glucose levels than valsartan treatment alone in the time course analysis (Supplementary Figure S1). Unlike our findings, sacubitril/valsartan combination improved glucose homeostasis in heart failure patients with concomitant diabetes [29] and in high fat and high fructose fed rats [41]. In addition, studies have shown that valsartan and other ARBs have little or no effect on blood glucose levels [3]. We found markedly increased cholesterol and triglyceride levels in diabetic rats, and both treatments failed to reduce this increase (Supplementary Figure S3). However, sacubitril/valsartan has been shown to reduce triglyceride levels in patients with HFpEF [42]. On the other hand, preclinical studies have reported conflicting results on the effect of sacubitril/valsartan combination on blood glucose and lipid levels. For example, sacubitril/valsartan treatment improved blood glucose and lipid parameters in type 1 diabetic rats [43] and ameliorated blood lipid levels but not glucose levels in Zucker obese rats [44]. However, it did not affect either blood glucose or lipid levels in the genetic model of type 2 diabetic mice [45]. The different effects of sacubitril/valsartan may be explained by the different animal models used in these studies.

3.2. Cardiac Hypertrophy

Hypertrophy is a common feature of the diabetic heart [46,47] and the HW/BW ratio is an indicator of cardiac hypertrophy. In the current study, the HW/BW ratio was greater in diabetic rats. However, neither sacubitril/valsartan nor valsartan treatment improved this ratio. Consistent with this finding, neither treatment approach had a beneficial effect on increased LVIDd, LVIDs and LVPWs based on echocardiographic analysis. Sacubitril/valsartan improved only IVSd and valsartan improved both IVSd and LVIDs.

Improved cardiac hypertrophy with sacubitril/valsartan treatment has been shown in diabetes [33,34] and in other disease models [48-50]. However, supporting our data, some studies revealed that the combination did not show an improvement in cardiac hypertrophy. For instance, Miyoshi et al. reported that sacubitril/valsartan attenuated cardiac fibrosis but had no effect on cardiac hypertrophy [51]. Similarly, both treatments failed to attenuate cardiac hypertrophy in Zucker obese rats [52]. While most studies suggest a beneficial effect of sacubitril/valsartan on cardiac remodeling, further studies are needed to reach a definitive conclusion in diabetic models.

3.3. Cardiac Hemodynamic Parameters

Diastolic and/or systolic dysfunction are important features of the diabetic heart [53,54]. Diastolic dysfunction is an early finding of diabetes whereas systolic dysfunction is observed in the late stage of the pathology [9]. Based on our echocardiographic analysis, EF (%) and FS (%) were markedly reduced in diabetic rats, indicating systolic dysfunction. Furthermore, these parameters were improved with each treatment. Twelve-month of treatment with sacubitril/valsartan resulted in a greater increase in EF (%) compared with valsartan alone (10.0% vs. 4.6%, respectively) in diabetic patients with acute myocardial infarction [55]. Preclinical studies also support the superiority of sacubitril/valsartan over valsartan alone in improving systolic function in diabetes [31,34] or in the myocardial infarction model [56]. In contrast to these studies, we found that sacubitril/valsartan combination had a similar effect to valsartan on systolic function. In line with the reduction in EF and FS, dP/dt_{max} was also diminished in the diabetic group, further confirming systolic dysfunction due to diabetes. On the other hand, neither treatment did not correct this parameter.

In patients with HFrEF, sacubitril/valsartan treatment ameliorated diastolic and systolic echocardiographic parameters, which is associated with clinical improvement [57]. In addition, switching from ACEi/ARB to sacubitril/valsartan improved both diastolic and systolic cardiac function in patients with HFrEF [58,59]. In the current study, the diastolic dysfunction was also confirmed by reduced dP/dt_{min} and increased Tau values. Furthermore, increased ESV and EDV

indices support the impairment of diastolic function. None of these parameters improved in the treatment groups. Unlike our findings, Tau constant decreased and some hemodynamic parameters improved in rats with myocardial infarction treated with sacubitril/valsartan [60]. Despite the same drug dose and duration of treatment, the discrepancy between the study by von Lueder et al. and ours could be partly explained by the differences in the animal models. In another study, sacubitril/valsartan treatment improved diastolic function parameters (i.e. E'/A' ratio, diastolic stiffness, myocardial performance index) better than valsartan alone in Zucker obese rats [52]. However, diastolic function was preserved in rats treated with sacubitril/valsartan, but not in rats treated with valsartan in the HFpEF model [61]. Although the doses of the drugs are the same, the different results between these studies and ours could be due to the duration of the treatment (10-week [52] and 8-week [61]) and/or the different animal models.

3.4. β -Adrenergic Responsiveness

β_1 - and β_2 -AR mediated contractile response to isoprenaline was markedly reduced in diabetic rats. Blunted β_1 - and β_2 -AR mediated contractility in diabetic rat heart has also been reported in previous studies [62,63]. Impairment of cardiac contractile response in diabetic heart has been attributed to reduced β_1 -AR expression levels [62,64,65] and hyperinsulinemia induced desensitization of β_2 -AR [66]. Although both treatments improved the decline in contractile performance, the results were not statistically significant due to the high standard deviation. Nevertheless, considering the $E_{\max}$ values, it could be assumed that sacubitril/valsartan is more effective than valsartan alone on the contractile response. This effect may be related to the sympatho-inhibitory effect of sacubitril/valsartan [30] and/or improved Ca^{2+} homeostasis [56,67]. As β_1 - and β_2 -ARs mediate the cardiac contraction through the adenylyl cyclase (AC)-cyclic adenosine monophosphate (cAMP)-cAMP-dependent protein kinase A (PKA) downstream pathway [68], we also assessed forskolin induced contractility. Despite slightly higher values in the sacubitril/valsartan treated group, the contractile response was comparable between the groups.

CL 316,243, a β_3 -AR agonist, induced relaxation in a concentration dependent manner in the Langendorff perfused heart preparation. Although the relaxation response was slightly lower in diabetic rats, there was no statistically significant difference between groups. Interestingly, we found in previous studies that β_3 -AR mediated relaxation was enhanced in the diabetic heart [25,69,70]. Of note, those studies have been performed in an STZ diabetic model that mimics type 1 diabetes. On the other hand, the model we used in the current study mimics type 2 diabetes. Consistent with our findings, Derkach et al. reported that cardiac β_3 -AR mediated relaxation response is preserved in HFD and low dose STZ induced diabetic rats [71]. Another explanation for the different results may be that HFD and low dose STZ induced diabetes present a milder cardiac phenotype, which contributes to preserved β_3 -AR mediated relaxation.

3.5. Protein Expression of Diastolic Components

During systole, Ca^{2+} influx from L-type Ca^{2+} channels into cardiomyocytes triggers Ca^{2+} induced Ca^{2+} release which enables cardiac contraction. Reuptake of cytosolic Ca^{2+} into the sarcoplasmic reticulum (SR) by SERCA2a is a critical step in cardiac relaxation and subsequent contraction [72]. Reduced SERCA2a protein density is a common feature in the pathogenesis of diabetic cardiac dysfunction [62,73] and heart failure [74]. The decrease in SERCA2a protein expression may be due to reduced phosphorylation of PLN, which has an inhibitory effect on SERCA2a [75,76].

Changes in SERCA2a expression are associated with diastolic parameters such as relaxation rate and Tau constant [77]. Cardiac SERCA2a expression was decreased in 6-week STZ-induced diabetic rats and this finding was attributed to impaired diastolic function [73]. Similar results have been reported by other researchers in 8- and 12-week diabetic rats [62,78,79]. In parallel with these studies, we found that SERCA2a was downregulated in diabetic rats, which may have contributed to the impaired relaxation rate and Tau constant values. However, both treatment approaches failed to normalize the reduced SERCA2a protein expression.

PLN regulates SERCA2a activity through its inhibitory effect. p-PLN to PLN ratio is an indicator of PLN activity. A decreased ratio of p-PLN to PLN indicates inadequate phosphorylation of PLN during diastole, leading to impaired cardiac relaxation. A decrease in the ratio of p-PLN to PLN, due to or independent of adrenergic stimulation, has been reported in type 2 diabetic animals [19]. In our study, p-PLN to PLN ratio was decreased in the diabetic group which correlates with impaired *in vivo* diastolic parameters. Treatment approaches failed to normalize this ratio. Changes in PLN to SERCA2a ratio has been suggested to involve diastolic dysfunction in type 2 diabetic heart [80]. However, we found similar PLN to SERCA2a ratio in our study.

4. Materials and Methods

4.1. Animals and the Study Protocol

The study protocol had been approved by the animal welfare committee of Ankara University (permit 2016-23-198) and was in line with NIH Guidelines for Care and Use of Laboratory Animals. Four-week-old male Sprague Dawley rats were obtained from the Department of Molecular Biology and Genetics, Laboratory Animals Unit, Bilkent University and housed under 12:12-hour light:dark cycle with chow and water *ad libitum*. After a 2-week acclimatization period, the rats were randomized into groups (control (C), diabetic (D), sacubitril/valsartan treated diabetic (SV), valsartan treated diabetic (V)). These rats were given either a HFD (45% kcal fat) or a control diet (10% kcal fat). After 4-week, the rats on the HFD received an intraperitoneal injection of STZ (30 mg/kg, in citrate buffer, pH 4.5), while the rats on the control diet received an injection of vehicle (citrate buffer, pH 4.5). One-week after STZ injection, the rats with blood glucose levels above 200 mg/dl were considered diabetic. Some rats received a second (37 rats), third (15 rats) or fourth (11 rats) STZ injection if necessary. The need for multiple doses of STZ injection to establish the diabetes model caused a delay in the experimental protocol. Following 10-week of diabetes, the rats were treated with either sacubitril/valsartan (68 mg/kg/day, oral gavage) or valsartan treatment (31 mg/kg/day, oral gavage) for 4-week. Sacubitril/valsartan and valsartan treatment dosage, and treatment period were applied according to 'Guidance to investigators for formulating and administering LCZ696-ABA and valsartan to rats' by Novartis. Body weight and plasma glucose levels were measured weekly. Regarding a delay of diabetes establishment, the rats reached the point for *in vitro* experiments at 25-29-week of age instead of the planned time point (24-week of age). Rats were anesthetized under isoflurane (2% infusion) and the hearts were excised. Tissues and plasma samples were stored at -80 °C for further experiments. Plasma cholesterol and triglyceride levels were measured at the time of sacrifice using enzymatic colorimetric kits. Western blot experiments were performed on a new set of animals, not on the tissues of the animals in which *in vivo* and *in vitro* functional studies were performed, due to breakdown of the -80 °C freezer during the study.

4.2. Oral Glucose Tolerance Test (OGTT)

OGTT was performed during the third week of the sacubitril/valsartan and valsartan treatment. The rats were fasted for 12-hour, and 2 g/kg glucose was administered by oral gavage. Blood glucose levels were measured at 0, 30, 60, 90 and 120 min using a glucometer via the tail vein. Blood samples were collected in EDTA tubes, and plasma was separated. Plasma samples were stored at -80 °C for insulin level measurements. The HOMA-IR index was calculated as previously described [(fasting blood glucose (mmol/L) × fasting insulin level (μIU/mL))/22.5] [81]. Fasting plasma insulin levels during the OGTT analysis were measured by using ELISA kits.

4.3. In Vivo PV Loop Analysis

Rats were injected with 3000 U/kg intraperitoneal heparin 10 min before anesthesia and then anesthetized with isoflurane (2% infusion) at the end of 4-week sacubitril/valsartan and valsartan treatment. Body temperature was maintained at 37°C. The right carotid artery was dissected, and a small incision was made on the surface of the carotid artery. After the catheter was inserted into the carotid artery, the blood pressure was recorded. The catheter was then placed into the left ventricle.

After a 10 min stabilization period, PV loops were recorded at constant preload. The following hemodynamic parameters were measured and analyzed: ESP, EDP, ESV, EDV, SV, CO, HR, dP/dt_{max} , dP/dt_{min} , Tau. Volume dependent hemodynamic parameters were calculated as body weight normalized index values to eliminate the effect of body weight changes due to diabetes. Preload independent cardiac parameters (PRSW, ESPVR and EDPVR) were then measured and analyzed by occlusion of the inferior vena cava for 5-second.

4.4. *In Vivo Echocardiography Experiment*

Due to logistic reasons, the echocardiography experiment was carried out 2 to 3-week after the start of the sacubitril/valsartan and valsartan treatment period. The rats were anesthetized by 2% isoflurane inhalation, placed in the left lateral recumbent position and scanned using the Arietta V60 ultrasound cardiovascular system echo scanner (Hitachi Healthcare Inc.) with a pediatric S31 (9-2 MHz) phased array transducer and a high temporal and spatial resolution cardiac application. The transmission frequency was 10 MHz, the depth was 2.5 cm, and the frame rate was 225 frames per second. The conventional two-dimensional (2D) short-axis images were acquired at the level of the papillary muscles. They were then digitally stored for further offline analysis. Left ventricular dimensions were measured using M-mode echocardiography through the short-axis view at the mid-papillary level and left ventricular EF was calculated using the Teicholz method. DAS-RS1echoLAB (Hitachi Healthcare Inc) was used for the analysis of radial strain (Srad), strain rate (SRrad), and circumferential strain rate (SRcirc). This 2D strain program tracks the movement of speckle patterns due to reflection, scattering, and interference between tissue and ultrasound beams in echocardiographic images. They can be tracked from frame to frame throughout the cardiac cycle. This method allows easy assessment of rotation, torsion, and synchronous disturbance for the left ventricle, as well as strain and strain rate. The endocardial boundary was marked, while the outer boundary was adjusted to fit the epicardial contour. The software automatically tracked and calculated strain and strain rate in the radial and circumferential directions throughout the six cardiac cycles. Peak systolic Srad, SRrad and SRcirc were obtained from 6 segments of the papillary muscle levels. Data from at least three different cardiac cycles were averaged. Volume parameters, wall thickness and internal dimension values were given both as raw data and as body weight ratio index as previously described [82].

4.5. *In Vitro Papillary Muscle Experiment*

Hearts were excised under terminal 2% isoflurane inhalation anesthesia. Immediately after exsanguination, the hearts were placed in the dissection dish containing heparinized Krebs-Henseleit solution (120 mM NaCl, 4.8 mM KCl, 1.25 mM $CaCl_2 \cdot 2H_2O$, 1.25 mM $MgSO_4 \cdot 7H_2O$, 1.2 mM KH_2PO_4 , 25 mM $NaHCO_3$, 10 mM $C_6H_{12}O_6 \cdot H_2O$) gassed with 95% O_2 and 5% CO_2 mixture to maintain pH 7.4 at 30 °C. Papillary muscles were carefully dissected from the left ventricular wall, avoiding any mechanical tension and mounted on the force transducer (Commat Pharmacology & Physiology Instruments, Ankara, Türkiye) in the horizontal organ bath chamber. Papillary muscles were perfused continuously with Krebs-Henseleit solution through a peristaltic pump at 5 ml/min. Papillary muscles were stimulated with electric field pulses at 0.6 Hz, 2 ms, twice the threshold voltage value. After a 60 min stabilization period, the papillary muscles were gradually stretched and L_{max} (maximal contraction value) was recorded. Tension was adjusted to 90% of L_{max} value and experiments were performed at adjusted tension individually for each preparation. A cumulative concentration-response curve of isoprenaline (0.1 nM-10 μ M) was generated. After a washout period, the papillary muscles were challenged with 3 μ M forskolin (adenylyl cyclase activator).

4.6. *In Vitro Langendorff Heart Preparation Experiment*

Hearts excised from the rats under terminal 2% isoflurane anesthesia were rapidly cannulated through the aorta and perfused retrogradely with the Krebs-Henseleit solution (120 mM NaCl, 4.8 mM KCl, 1.25 mM $CaCl_2 \cdot 2H_2O$, 1.25 mM $MgSO_4 \cdot 7H_2O$, 1.2 mM KH_2PO_4 , 25 mM $NaHCO_3$, 10 mM

C₆H₁₂O₆.H₂O). Krebs-Henseleit solution was continuously gassed with a mixture of 95% O₂ and 5% CO₂ to maintain pH 7.4 at 37°C. Surrounding adjacent tissue was removed and the hearts were allowed to beat spontaneously to record the flow rate for each preparation. The hearts were then freed from the atria and paced with an electrode placed in the right ventricle connected to a stimulator (Grass S44 Stimulator, Quincy, MA, USA) to maintain a heart rate of 300 beat/min. An elastic cling film balloon which is connected to a pressure transducer (Commat Pharmacology & Physiology Instruments, Ankara, Türkiye) via a polyethylene tube was inserted into the left ventricle to measure left ventricular function. The left ventricular end diastolic pressure (LVEDP) value was set individually for each preparation according to the Frank-Starling curve. Hearts were perfused at constant flow for 30 min to reach a steady state and a concentration response curve of CL 316,243, a selective β_3 -AR agonist, (10 pM- 1 μ M) was generated. Left ventricular function was assessed by the following parameters: LVDP, LVEDP, dP/dt_{max} and dP/dt_{min}.

4.7. Western Blot Experiments

Frozen left ventricular tissue was powdered in liquid nitrogen and homogenized with a mixture of RIPA buffer, sodium orthovanadate and protease inhibitor cocktail. After sonication, samples were agitated at +4°C for 2-hour and centrifuged at 12000 rpm at +4°C to obtain the supernatant fraction. The protein concentration of the samples was measured by bicinchoninic acid assay (BCA). Samples containing equal amounts of protein (10 or 45 or 100 μ g) were loaded onto 4% acrylamide SDS-PAGE stacking gel and separated by 10% acrylamide SDS-PAGE separation gel. Proteins were transferred to either polyvinylidene difluoride or nitrocellulose membranes at 100 V for 2-hour (10 μ g), 3-hour (45 μ g) or 4-hour (100 μ g). The membranes were blocked with Tris-buffered saline containing 0.1% Tween 20 (TBST) and 5% bovine serum albumin for 1-hour at room temperature to prevent non-specific protein binding. The membranes were then incubated with primary antibodies (SERCA2a (1/2000), PLN (1/2000), p-PLN (PLN^{ser16/thr17}) (1/1000), GAPDH (1/5000)) at +4°C for overnight. The membranes were then washed with TBST and incubated with horseradish peroxidase (HRP) conjugated antirabbit secondary antibodies (SERCA2a (1/5000), PLN (1/2000), p-PLN (PLN^{ser16/thr17}) (1/2000), GAPDH (1/5000)) at +4°C for 1.5-hour. The membranes were washed with TBST and incubated with enhanced chemiluminescence (ECL) mixture for 1 min, and then the blots were exposed to film. Films were scanned and protein bands were analyzed by using Image J. GAPDH was used as a housekeeping gene to normalize densitometric values of protein bands; quantitative GAPDH signals in each group are shown in Supplementary Figure S4.

4.8. Data Analysis

Descriptive statistics were performed for each parameter and data are expressed as mean $\pm$ SD. Prism-GraphPad was used for all analyses and generated graphs (version 9.1.2, La Jolla, CA, USA). The efficacy of isoprenaline was determined by fitting a 3-parameter model of the concentration-response curve to obtain estimated E_{max} values. When the same model was applied to derive estimated E_{max} values of CL 316,243, ambiguous values were observed. Therefore, the E_{max} values were considered as those obtained at 10 nM CL 316,243, where the highest relaxation was observed. All data were assumed to be normally distributed. Unpaired *t*-test was used to compare C and D groups for model validation. The unpaired *t*-test was used as a hypothesis test to compare D and SV groups and D and V groups. *p*-values < 0.05 were considered statistically significant. Data from two Western blots was pooled and analyzed for GAPDH validation using one-way ANOVA followed by post-hoc Bonferroni test (Supplementary Figure S4).

4.9. Chemicals

HFD and the control diet were purchased from Altromin Spezialfutter GmbH&Co. KG (Lage, Germany) and Arden Research & Experiment (Ankara, Türkiye). Sacubitril/valsartan and valsartan were kindly gifted by Novartis AG (Basel, Switzerland). Isoflurane was purchased from Adeka (Samsun, Türkiye). Chemicals for Krebs-Henseleit solution, STZ, CL 316,243, isoprenaline and

forskolin were from Sigma-Aldrich (Ankara, Türkiye). GAPDH (14C10) primary antibody (CST2118S) (RRID: AB_561053), PLN primary antibody (CST8495) (RRID: AB_10949105), p-PLN (PLN^{Ser16/thr17}) primary antibody (CST8496) (RRID: AB_10949102), SERCA2a primary antibody (CST4388) (RRID: AB_2227684) and antirabbit seconder antibody (CST7074) (RRID: AB_2099233) were obtained from Cell Signaling (USA). Triglyceride (GPO-PAP) and cholesterol (CHOD-PAP) enzymatic colorimetric kits were purchased from ADS analytic diagnostic systems (Istanbul, Türkiye). The rat insulin ELISA kit (201-11-0708) was purchased from SunRed Biotechnology Company (China).

5. Conclusions

Our data show that the ameliorative effect of sacubitril/valsartan on EF and FS was similar to that of valsartan alone in HFD and low dose STZ induced diabetes. Neither sacubitril/valsartan nor valsartan treatment has a beneficial effect on blood glucose, triglyceride, and cholesterol levels. In addition, neither treatment reversed cardiac hypertrophy or systolic or diastolic dysfunction *in vivo*. On the other hand, β_1 - and β_2 -AR mediated responsiveness appear to have improved in both sacubitril/valsartan and valsartan treated groups, but high standard deviations make it difficult to make a definitive statement. Sacubitril/valsartan combination slightly ameliorated cAMP induced contraction. In terms of β_3 -AR mediated responsiveness there was no statistically significant difference between the groups. Based on these results in our study, the beneficial effect of sacubitril/valsartan treatment on EF and FS may be attributed to improved β_1 - and β_2 -AR mediated responses. However, further studies are needed to make a definitive statement.

Limitations of this study:

- The age of the animals was considered as a baseline characteristic rather than blood glucose levels at the time of randomized group allocation. Therefore, it was not possible to interpret whether sacubitril/valsartan or valsartan affected glycemic control in the present study.
- Interpretation of the statistical significance data in some experiments was difficult with large standard deviations. In addition, we were not able to increase the sample size due to compliance with ethical constraints and the limited number of animals in the study.
- Cardiac β -AR subtype mRNA and/or protein expression levels could not be measured due to the non-specific binding capacity of the antibodies [83] and for economic reasons.
- The possible involvement of components contributing to the β -AR signaling pathways could not be investigated in the present study.

Supplementary Materials: The following supporting information can be downloaded at the website of this paper posted on Preprints.org, Figure S1: Blood glucose levels during treatment; Figure S2: Time course blood glucose levels during OGTT; Figure S3: Plasma lipid levels; Figure S4: GAPDH validation as a housekeeping gene. C; Table S1: Blood glucose levels at each time point during OGTT; Table S2: Fasting blood glucose and insulin levels prior to OGTT and HOMA-IR values.

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Institutional Review Board Statement: The study protocol had been approved by the animal welfare committee of Ankara University (permit no: 2016-23-198, date of approval: 23.11.2016) and was in line with NIH Guidelines for Care and Use of Laboratory Animals.

Informed Consent Statement: Not applicable.

Data Availability Statement: The raw data supporting the conclusions of this article will be made available by the authors on request.

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