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Article

A Clinical Prediction Model for Bacterial Coinfection in Children with Respiratory Syncytial Virus Infection: A Development and Validation Study

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Abstract

Objectives: Respiratory Syncytial Virus (RSV) is a leading cause of hospitalization for acute lower respiratory tract infections (ALRIs) in children, with bacterial coinfection complicating diagnosis and often driving antibiotic overuse. This study aimed to develop and validate a clinical prediction model using common laboratory biomarkers to enable early, accurate identification of clinically significant bacterial coinfection in children with RSV infection. **Methods:** A single-center, retrospective cohort study was conducted at Fujian Children's Hospital, enrolling 518 hospitalized children with tNGS-confirmed RSV infection. Patients were randomly divided into a training set (n=363) and a test set (n=155) at a 7:3 ratio. The primary outcome, bacterial coinfection, was defined by a composite reference standard integrating etiological evidence from tNGS with clinical, inflammatory, and imaging data, and adjudicated by a blinded expert panel. LASSO regression identified independent predictors, followed by multivariable logistic regression modeling. Model performance was assessed via discrimination (AUC), calibration (Hosmer-Lemeshow test), and clinical utility (Decision Curve Analysis) in both sets. **Results:** Neutrophil-to-Lymphocyte Ratio (NLR), C-Reactive Protein (CRP), and Serum Amyloid A (SAA) were selected as predictors. The model achieved an AUC of 0.832 (95% CI: 0.788–0.875) in the training set and 0.811 (95% CI: 0.737–0.885) in the test set, with well-calibrated predictions ($P > 0.05$). Decision Curve Analysis demonstrated net clinical benefit across 10%–80% threshold probabilities. A nomogram was developed for practical application. **Conclusions:** This study established a model integrating NLR, CRP, and SAA. It offers a reliable tool for the early detection of bacterial coinfection in RSV-infected children, enabling targeted antibiotic stewardship and improving clinical outcomes.

Keywords: respiratory syncytial virus; bacterial coinfection; prediction model; neutrophil-to-lymphocyte ratio; C-reactive protein; serum amyloid A; nomogram

1. Introduction

Respiratory Syncytial Virus (RSV) remains a leading cause of acute lower respiratory tract infections (ALRIs) in infants and young children, imposing a substantial global health burden [1]. A key challenge in managing RSV infections is the early detection of bacterial coinfection, which exacerbates disease severity and drives antibiotic overuse, particularly when clinical presentations overlap with viral pathology [2,3]. The advent of genetic testing, such as targeted next-generation sequencing (tNGS), has revolutionized etiological diagnosis by identifying pathogens with high

sensitivity, yet distinguishing clinically significant bacterial coinfection from colonization remains a complex task requiring integrated laboratory approaches [4].

Traditional laboratory markers, including C-reactive protein (CRP) and white blood cell count (WBC), offer limited diagnostic precision for bacterial coinfection in RSV cases [5]. Emerging evidence suggests that novel inflammatory biomarkers, such as the neutrophil-to-lymphocyte ratio (NLR) and serum amyloid A (SAA), captured through routine laboratory testing, may enhance diagnostic accuracy by reflecting distinct immune responses [6]. However, the diagnostic potential of individual markers is constrained, highlighting the need for multivariable models that leverage laboratory data [7]. The integration of tNGS with conventional biomarkers presents a unique opportunity in laboratory medicine to develop precise diagnostic tools.

This study aimed to develop and internally validate a clinical prediction model combining NLR, CRP, and SAA, utilizing tNGS-confirmed RSV cases, to identify bacterial coinfection. We further created a nomogram to translate this model into a practical, laboratory-supported decision tool, aligning with the era of genetic testing by transforming complex laboratory data into an actionable clinical strategy to optimize antibiotic stewardship and advance pediatric precision medicine.

2. Materials and Methods

2.1. Study Design and Ethical Statement

This single-center, retrospective cohort study was conducted at Fujian Children's Hospital. The study protocol was approved by the Ethics Committee of Fujian Children's Hospital (Approval No.: 2025ETKLRK10017) and adhered to the Declaration of Helsinki. Individual informed consent was waived due to the retrospective nature and use of anonymized data.

2.2. Study Population

We planned to screen all children aged 28 days to 14 years who were hospitalized with a primary diagnosis of RSV infection between January 2022 and August 2025. The diagnosis of RSV infection was to be confirmed via tNGS of respiratory specimens. Exclusion criteria were predefined as: (1) the presence of severe underlying conditions that could confound the assessment of infection (e.g., congenital heart disease, severe immunodeficiency); (2) receipt of systemic antibiotic therapy for more than 48 hours prior to admission; and (3) records with incomplete data for key variables required for model development. Following the screening and selection process, all eligible patients were to be randomly allocated into a training set and a test set at a 7:3 ratio for the purpose of model development and internal validation.

2.3. Data Collection and Definitions

Data were extracted from the hospital's electronic medical record (EMR) system by two independent researchers using a standardized form, with discrepancies resolved by consensus. Collected variables included: demographic data (age, sex, weight), clinical outcomes (hospital stay length, severity, ICU admission, mechanical ventilation), imaging findings (chest X-ray/CT: increased markings, consolidation, infiltrates, pleural effusion), and laboratory parameters (first 24-hour results: WBC, platelet count, neutrophil/lymphocyte counts, CRP, procalcitonin, SAA, ferritin, LDH, albumin, ALT, AST, D-dimer). Derived indices included NLR (neutrophil/lymphocyte ratio) and PLR (platelet/lymphocyte ratio). RSV subtyping (A/B) was determined via tNGS.

2.4. Targeted Next-Generation Sequencing (tNGS) and Pathogen Identification

Nasopharyngeal swab or bronchoalveolar lavage fluid specimens were collected from patients, typically within 24 hours of admission, and transported to certified third-party clinical laboratories for analysis. Pathogen identification was performed using commercial multiplex PCR-based tNGS assays from either Dian Diagnostics (Hangzhou, China) or KingMed Diagnostics

(Fuzhou/Hangzhou, China). Although the specific panels and proprietary bioinformatics pipelines differ slightly between the two providers, both assays are designed for the comprehensive targeted detection of over 200 respiratory pathogens (including viruses, bacteria, fungi, and mycobacteria) using high-throughput sequencing platforms. Both assays incorporate internal standards to allow for semi-quantitative estimation of pathogen load (reported as copies/mL), with a lower limit of detection of approximately 100–500 copies/mL. The bioinformatic workflow for both services included quality control, removal of human host sequences, and alignment of high-quality reads to a curated microbial reference database to identify pathogens based on validated criteria.

2.5. Outcome Definition and Adjudication

The primary outcome, clinically significant bacterial coinfection, was defined using a composite reference standard [8]. A case was classified as coinfection if targeted next-generation sequencing (tNGS) detected bacterial pathogens in respiratory specimens with a sequence read count >10,000 or an estimated concentration >10³ copies/ml, with colonization excluded based on clinical context, AND at least two of the following criteria were met: (1) clinical signs (e.g., persistent fever, worsening respiratory distress); (2) elevated inflammatory markers (e.g., procalcitonin >0.5 µg/L, CRP >20 mg/L); (3) imaging evidence (e.g., new consolidation); (4) response to targeted antibiotics. These tNGS thresholds were determined through local validation to distinguish pathogenic bacteria from colonizing flora, enhancing the precision of genetic testing in laboratory diagnostics [9]. Case adjudication was performed by two independent attending pediatricians in a blinded manner; discrepancies were resolved by a senior consultant with advanced expertise.

2.6. Statistical Analysis

The hospital dataset was randomly split into a training set (n=363) and a test set (n=155) at a 7:3 ratio using stratified sampling. Data distribution was assessed with the Shapiro-Wilk test, with normally distributed variables summarized as mean ± standard deviation and non-normally distributed variables as median (interquartile range); baseline comparisons employed Pearson's chi-squared or Fisher's exact tests for categorical variables, and Student's t-test or Mann-Whitney U test for continuous variables (P<0.05), with missing data (5.2%) excluded. In the training set, Least Absolute Shrinkage and Selection Operator (LASSO) regression with 10-fold cross-validation (glmnet package in R) identified predictors of bacterial coinfection, followed by multivariable logistic regression modeling. Model performance was evaluated using the area under the receiver operating characteristic curve (AUC, 0.5-1.0), Hosmer-Lemeshow calibration test, and Decision Curve Analysis (DCA) for net benefit estimation [10,11]. All analyses were conducted with R software (version 4.2.2) and MSTAT (www.mstata.com), with a two-sided P-value <0.05 considered significant.

3. Results

3.1. Patient Enrollment and Baseline Characteristics

Between January 2022 and August 2025, 2615 children hospitalized with RSV infection were screened at Fujian Children's Hospital. Of these, 1235 underwent targeted next-generation sequencing (tNGS), with 102 excluded due to severe underlying conditions (e.g., congenital heart disease), 376 due to systemic antibiotic use >48 hours pre-admission, and 239 due to incomplete records, yielding 518 eligible patients. These were randomly allocated to a training set (n=363) and a test set (n=155) at a 7:3 ratio (Figure 1). Baseline characteristics showed no significant differences between cohorts in sex (male: 57.9% vs. 60.6%, P=0.554), median age (12 vs. 12 months, P=0.271), or weight (10.7 vs. 9.9 kg, P=0.325), with laboratory and clinical features also balanced (all P>0.05, Table 1), confirming successful randomization.

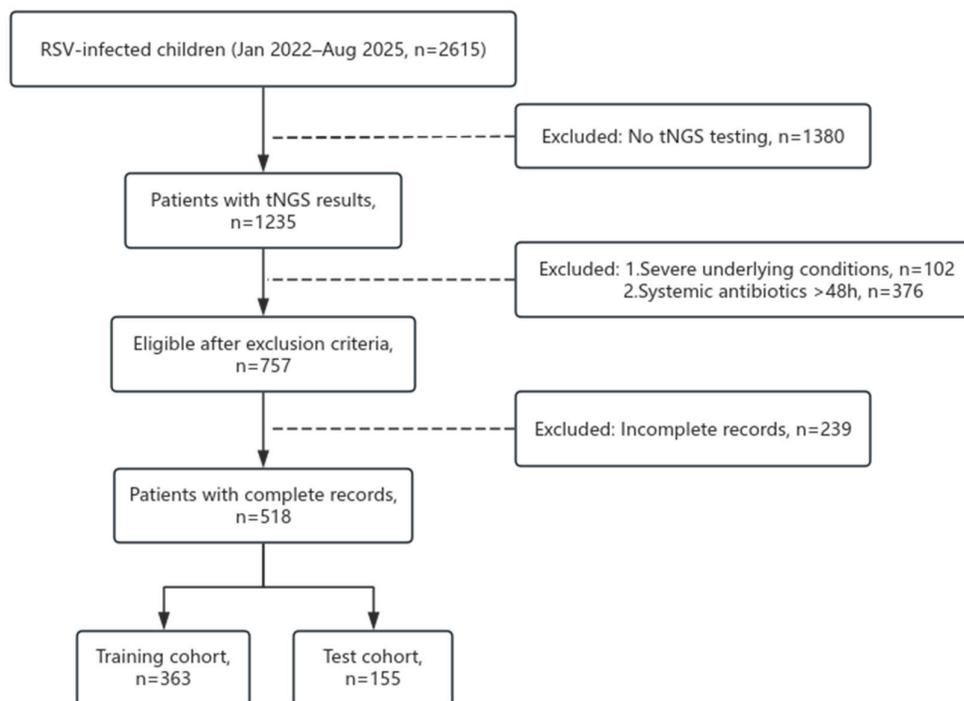


Figure 1. Flow diagram of patients enrollment for the study.

Table 1. Baseline characteristics of patients in the training and test cohorts.

Characteristic	Training Cohort (n=363)	Test Cohort (n=155)	<i>p</i> -value
Demographics			
Sex, n (%)			0.554 ¹
Female	153 (42.1)	61 (39.4)	
Male	210 (57.9)	94 (60.6)	
Age, months, median (IQR)	12 (7, 24)	12 (6, 24)	0.271 ²
Weight, kg, median (IQR)	10.7 (8.0, 13.8)	9.9 (7.8, 13.3)	0.325 ²
Clinical Outcomes			
Length of stay, days, median (IQR)	6.0 (5.0, 7.0)	5.0 (5.0, 7.0)	0.579 ²
Severe disease, n (%)	54 (14.9)	23 (14.8)	0.991 ¹
ICU admission, n (%)	5 (1.4)	6 (3.9)	0.094 ³
Mechanical ventilation, n (%)	4 (1.1)	3 (1.9)	0.432 ³
Laboratory Parameters, median (IQR)			
WBC ($\times 10^9/L$)	8.8 (6.6, 12.3)	9.1 (6.9, 11.6)	0.517 ²
Platelet count ($\times 10^9/L$)	332 (260, 425)	334 (271, 424)	0.584 ²
NLR	0.79 (0.42, 1.59)	0.77 (0.48, 1.29)	0.557 ²
PLR	81 (58, 116)	77 (56, 113)	0.373 ²
CRP (mg/L)	4 (2, 12)	5 (2, 14)	0.552 ²
Procalcitonin ($\mu g/L$)	0.09 (0.06, 0.18)	0.09 (0.06, 0.17)	0.477 ²
SAA (mg/L)	28 (17, 63)	32 (18, 65)	0.652 ²

Ferritin (µg/L)	148 (99, 246)	145 (94, 248)	0.857 ²
Lactate dehydrogenase (U/L)	323 (283, 373)	324 (276, 383)	0.917 ²
Albumin (g/L)	44.9 (42.7, 46.4)	45.2 (42.8, 47.0)	0.228 ²
ALT (U/L)	19 (15, 28)	20 (16, 27)	0.568 ²
AST (U/L)	42 (35, 50)	42 (35, 50)	0.713 ²
D-dimer (mg/L)	0.39 (0.28, 0.52)	0.36 (0.26, 0.48)	0.330 ²
Imaging Findings, n (%)			
Increased lung markings	112 (30.9)	51 (32.9)	0.646 ¹
Consolidation	19 (5.2)	10 (6.5)	0.581 ¹
Patchy infiltrates	77 (21.2)	29 (18.7)	0.518 ¹
Pleural effusion	0 (0.0)	1 (0.6)	0.299 ³
RSV Subtype, n (%)			
RSV-A	106 (29.2)	44 (28.4)	0.852 ¹
RSV-B	256 (70.5)	111 (71.6)	0.803 ¹

Data are presented as n (%) for categorical variables and median (interquartile range, IQR) for continuous variables. Abbreviations: WBC, white blood cell count; CRP, C-reactive protein; SAA, Serum amyloid A; ALT, alanine aminotransferase; AST, aspartate aminotransferase; ICU, intensive care unit; IQR, interquartile range; NLR, neutrophil-to-lymphocyte ratio; PLR, platelet-to-lymphocyte ratio; RSV, respiratory syncytial virus. ¹ Pearson's Chi-squared test. ² Wilcoxon rank sum test. ³ Fisher's exact test.

3.2. Univariate Analysis of Risk Factors for Bacterial Coinfection

In the training set (n=363), 129 patients (35.5%) were adjudicated with bacterial coinfection. Univariate analysis revealed significant differences: median age (24 vs. 12 months, P<0.001), white blood cell count (10.2 vs. 8.2×10⁹/L, P<0.001), NLR (1.64 vs. 0.54, P<0.001), PLR (103 vs. 74, P<0.001), CRP (11 vs. 3 mg/L, P<0.001), procalcitonin (0.12 vs. 0.09 µg/L, P<0.001), and SAA (52 vs. 20 mg/L, P<0.001) were higher in the coinfection group (Table 2), suggesting these markers' potential in distinguishing infection states.

Table 2. Univariate analysis of risk factors for bacterial coinfection in the training cohort (N=363).

Characteristic	No Bacterial Coinfection (n=234)	Bacterial Coinfection (n=129)	p-value
Demographics			
Sex, n (%)			0.055 ¹
Female	90 (38.5)	63 (48.8)	
Male	144 (61.5)	66 (51.2)	
Age, months, median (IQR)	12 (5, 24)	24 (11, 36)	<0.001 ²
Weight, kg, median (IQR)	10.0 (7.6, 13.0)	12.0 (9.0, 15.5)	<0.001 ²
Clinical Outcomes			
Length of stay, days, median (IQR)	6.0 (5.0, 7.0)	6.0 (5.0, 7.0)	0.974 ²
Severe disease, n (%)	35 (15.0)	19 (14.7)	0.953 ¹

ICU admission, n (%)	5 (2.1)	0 (0.0)	0.165 ³
Mechanical ventilation, n (%)	4 (1.7)	0 (0.0)	0.302 ³
Laboratory Parameters, median (IQR)			
WBC ($\times 10^9/L$)	8.2 (6.3, 11.2)	10.2 (7.6, 13.4)	<0.001 ₂
Platelet count ($\times 10^9/L$)	333 (263, 413)	324 (258, 436)	0.455 ²
NLR	0.54 (0.33, 1.00)	1.64 (0.95, 2.85)	<0.001 ₂
PLR	74 (53, 100)	103 (74, 151)	<0.001 ₂
CRP (mg/L)	3 (2, 7)	11 (4, 22)	<0.001 ₂
Procalcitonin ($\mu g/L$)	0.09 (0.06, 0.14)	0.12 (0.07, 0.27)	<0.001 ₂
SAA (mg/L)	20 (15, 42)	52 (22, 119)	<0.001 ₂
Ferritin ($\mu g/L$)	144 (95, 246)	150 (112, 220)	0.537 ²
Lactate dehydrogenase (U/L)	325 (290, 390)	307 (272, 350)	0.002 ²
Albumin (g/L)	45.0 (43.0, 46.8)	44.2 (42.3, 46.0)	0.133 ²
ALT (U/L)	20 (16, 30)	18 (15, 24)	0.013 ²
AST (U/L)	43 (36, 52)	39 (31, 46)	<0.001 ₂
D-dimer (mg/L)	0.39 (0.27, 0.50)	0.40 (0.29, 0.54)	0.234 ²
Imaging Findings, n (%)			
Increased lung markings	78 (33.3)	34 (26.4)	0.168 ¹
Consolidation	11 (4.7)	8 (6.2)	0.539 ¹
Patchy infiltrates	48 (20.5)	29 (22.5)	0.661 ¹
Pleural effusion	0 (0.0)	0 (0.0)	>0.999 ₃
RSV Subtype, n (%)			
RSV-A	75 (32.1)	31 (24.0)	0.108 ¹
RSV-B	159 (67.9)	97 (75.2)	0.147 ¹

Data are presented as n (%) for categorical variables and median (interquartile range, IQR) for continuous variables. Variables with statistically significant differences ($P < 0.05$) are highlighted in bold. Abbreviations: WBC, white blood cell count; CRP, C-reactive protein; SAA, Serum amyloid A; ALT, alanine aminotransferase; AST, aspartate aminotransferase; ICU, intensive care unit; IQR, interquartile range; NLR, neutrophil-to-lymphocyte ratio; PLR, platelet-to-lymphocyte ratio; RSV, respiratory syncytial virus. ¹ Pearson's Chi-squared test. ² Wilcoxon rank sum test. ³ Fisher's exact test.

3.3. Development of the Predictive Model via LASSO Regression

LASSO regression with 10-fold cross-validation in the training set identified NLR, CRP, and SAA as key predictors, with an optimal penalty coefficient $\lambda=0.0943$ (Figure 2A). The coefficient profile plot showed variable shrinkage, retaining these three markers (Figure 2B). Multivariable logistic regression confirmed their independence: NLR (OR=2.13, 95% CI: 1.64–2.79, $P<0.001$), CRP (OR=1.03, 95% CI: 1.01–1.06, $P=0.017$), and SAA (OR=1.01, 95% CI: 1.00–1.01, $P=0.007$) (Table 3).

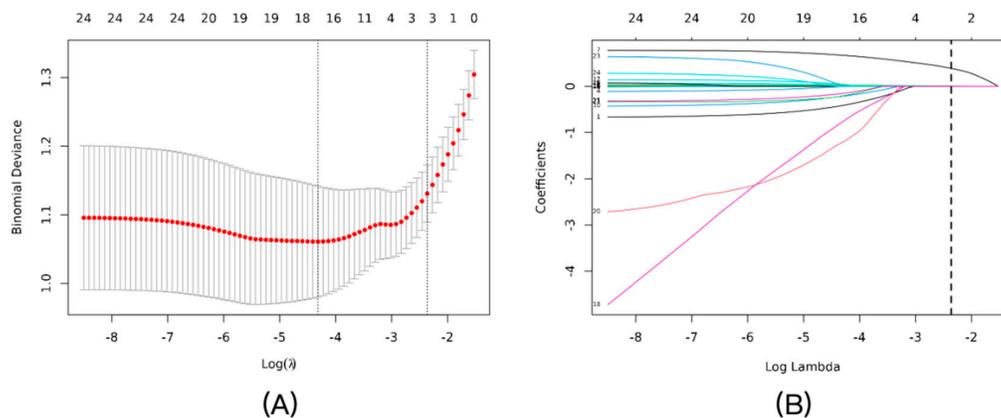


Figure 2. Feature selection using the LASSO logistic regression model. (A) Tuning parameter (λ) selection in the LASSO model using 10-fold cross-validation. The binomial deviance was plotted versus $\log(\lambda)$. The vertical dotted lines indicate the optimal λ value (λ_{min} , left line) that results in the minimum mean cross-validated error, and the λ_{1se} value (right line) that corresponds to the most regularized model within one standard error of the minimum. We chose λ_{1se} to build the most parsimonious model. (B) LASSO coefficient profiles of the candidate predictors. A vertical line is drawn at the optimal λ value selected by the cross-validation process, where three features remained with non-zero coefficients.

Table 3. Multivariable logistic regression analysis of independent predictors for bacterial coinfection in the training cohort.

Characteristic	β (Beta)	SE	OR (95% CI)	p-value
NLR	0.758	0.136	2.13 (1.64–2.79)	<0.001
C-reactive protein (mg/L)	0.032	0.013	1.03 (1.01–1.06)	0.017
Serum amyloid A (mg/L)	0.006	0.002	1.01 (1.00–1.01)	0.007

Abbreviations: β , beta coefficient; SE, standard error; OR, odds ratio; CI, confidence interval; NLR, neutrophil-to-lymphocyte ratio.

3.4. Nomogram for Clinical Application

Based on the developed model, a nomogram was constructed to estimate bacterial coinfection probability, integrating NLR, CRP, and SAA values. Clinicians can sum points from each variable's axis and project the total onto a risk scale for rapid assessment (Figure 3A).

3.5. Performance and Validation of the Predictive Model

The model's discriminative ability was strong, with an AUC of 0.832 (95% CI: 0.788–0.875) in the training set and 0.811 (95% CI: 0.737–0.885) in the test set (Figure 3B). Calibration curves showed good agreement between predicted and observed probabilities (Hosmer-Lemeshow $P>0.05$, Figure 3C-D). Decision Curve Analysis indicated net clinical benefit across 10%–80% threshold probabilities (Figure 3E-F), supporting practical utility.

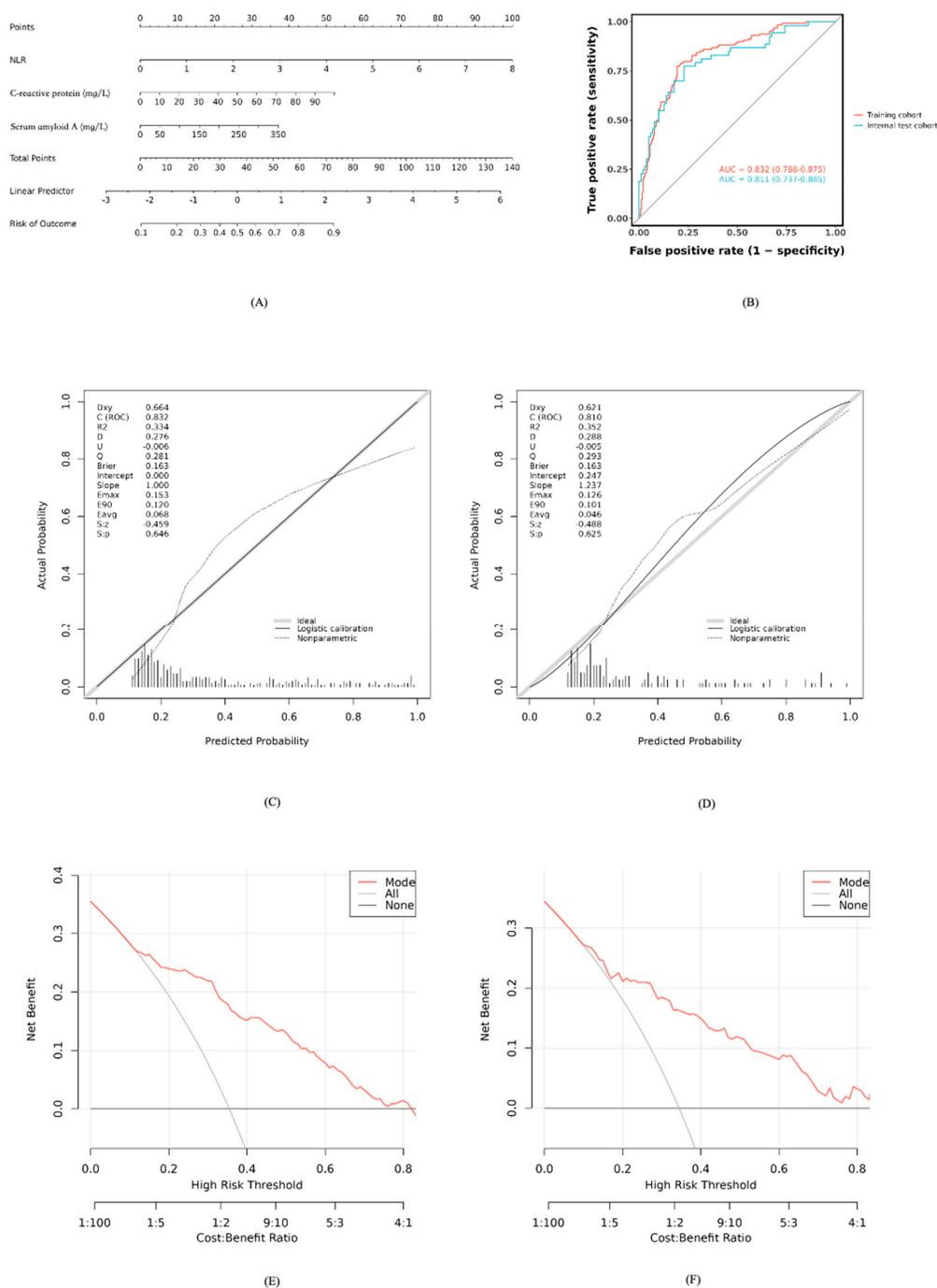


Figure 3. Development and performance of the nomogram for predicting bacterial coinfection. (A) The nomogram developed based on the three independent predictors (NLR, CRP, and SAA) in the training cohort. (B) Receiver operating characteristic (ROC) curves of the nomogram in the training and test cohorts. (C) Calibration curve of the nomogram in the training cohort. The y-axis represents the actual observed probability, and the x-axis represents the predicted probability. The diagonal dotted line represents a perfect prediction. (D) Calibration curve of the nomogram in the test cohort. (E) Decision curve analysis (DCA) for the nomogram in the training cohort. The y-axis measures the net benefit. The red solid line represents the nomogram. The thin gray line represents the “treat-all” strategy, and the black horizontal line represents the “treat-none” strategy. (F) Decision curve analysis (DCA) for the nomogram in the test cohort.

3.6. Pathogen Distribution of Bacterial Coinfections

Among 129 patients with bacterial coinfection, tNGS identified *Haemophilus influenzae* (98 cases, 18.92%), *Streptococcus pneumoniae* (65 cases, 12.55%), *Moraxella catarrhalis* (28 cases, 5.41%), *Bordetella pertussis* (12 cases, 2.32%), *Staphylococcus aureus* (10 cases, 1.93%), and *Klebsiella pneumoniae* (9 cases, 1.74%) as predominant pathogens (Table 4).

Table 4. Distribution and classification of bacterial pathogens identified in children with RSV coinfection.

Pathogen	Type	Number of Detections (n)	Detection Rate (%) ¹
<i>Haemophilus influenzae</i>	G-	98	18.92
<i>Streptococcus pneumoniae</i>	G+	65	12.55
<i>Moraxella catarrhalis</i>	G-	28	5.41
<i>Bordetella pertussis</i>	G-	12	2.32
<i>Staphylococcus aureus</i>	G+	10	1.93
<i>Klebsiella pneumoniae</i>	G-	9	1.74
<i>Pseudomonas aeruginosa</i>	G-	2	0.39
<i>Streptococcus intermedius</i>	G+	2	0.39
<i>Streptococcus pyogenes</i>	G+	1	0.19

Abbreviations: G-, Gram-negative; G+, Gram-positive. ¹ The detection rate was calculated based on the total study population (N=518).

4. Discussion

In this study, we successfully developed and validated a clinical prediction model that integrates the neutrophil-to-lymphocyte ratio (NLR), C-reactive protein (CRP), and serum amyloid A (SAA) for the early identification of clinically significant bacterial coinfection in children hospitalized with RSV infection. The model demonstrated not only excellent discrimination (AUC > 0.8) and good calibration in internal validation but, more importantly, its practical utility was confirmed by decision curve analysis across a wide range of clinical thresholds. To our knowledge, this is one of the first studies to integrate these three common inflammatory markers for this specific clinical scenario, providing a novel, evidence-based tool to address a persistent diagnostic challenge and promote precision antibiotic stewardship in pediatrics.

Our multivariable analysis revealed that NLR, CRP, and SAA were all independent predictors of bacterial coinfection in children with RSV-ALRI. As a marker of systemic inflammation, an elevated NLR reflects an immune status characterized by neutrophil activation and lymphocyte suppression, which is closely associated with the host's stress response during bacterial infection[12,13]. The odds ratio for NLR in our study was 2.13 (95% CI: 1.64–2.79), indicating that for each unit increase in NLR, the risk of bacterial coinfection approximately doubles. This finding is consistent with numerous studies in sepsis and intra-abdominal infections, where NLR has been proven to be a crucial indicator for predicting infection severity and prognosis[14]. As an acute-phase protein, CRP levels rise significantly during bacterial infections; although the OR in our study was modest at 1.03 (95% CI: 1.01–1.06), its dynamic changes should not be overlooked as an indicator of bacterial infection[15]. SAA, another sensitive inflammatory marker, had an OR of 1.01 (95% CI: 1.00–1.01), further supporting its value in differentiating viral from bacterial infections. The combined application of these inflammatory markers, integrated through a multivariable model, significantly improves the predictive accuracy for bacterial coinfection, overcoming the limitations of any single marker.

Compared to existing literature, the significant innovation of our study lies in its methodological rigor and specific clinical focus. First, regarding outcome definition, we directly confronted the core challenge of the tNGS era: how to distinguish “pathogen” from “colonizer.” We did not simplistically use a positive tNGS result as the gold standard. Instead, we pioneered a composite reference standard encompassing etiological, clinical, inflammatory, and imaging evidence, adjudicated through a blinded expert panel process[16]. This approach minimizes misclassification bias of the outcome event, ensuring that our model predicts a “clinically significant” infection that truly warrants intervention, rather than asymptomatic carriage. This greatly enhances the clinical relevance of our findings. Second, in terms of statistical strategy, the application of LASSO regression not only resolved the issues of subjectivity and collinearity in traditional multivariable analysis but also constructed a data-driven, parsimonious model with only three core predictors[17]. This simplicity is key to the model’s potential for clinical translation, as it is easy to remember, calculate, and implement.

This study also provides important local microbiological evidence for clinical practice. We found that *Haemophilus influenzae* and *Streptococcus pneumoniae* are the predominant pathogens in children with RSV and bacterial coinfection. This finding is consistent with the pathogen spectrum of community-acquired pneumonia in children in many regions, but clarifying their leading role in the context of RSV infection provides more precise guidance for empirical antibiotic selection[18,19]. For example, while awaiting etiological results, choosing an antibiotic that effectively covers these two pathogens (e.g., amoxicillin-clavulanate or a second/third-generation cephalosporin) would be a more evidence-based decision for RSV-infected children with a high suspicion of bacterial coinfection[20,21].

Despite its strengths, our study has limitations. As a single-center, retrospective analysis, our findings need to be interpreted with caution, as patient demographics and local practice patterns may have influenced the results. The model’s generalizability, therefore, remains to be established. While our sample size was sufficient for the primary analysis, it may not have been large enough for detailed subgroup evaluations, such as in different age brackets. Furthermore, our model was intentionally parsimonious, relying on three common inflammatory markers; future iterations could potentially be enhanced by incorporating other variables, like viral load or additional cytokines.

These limitations naturally guide our future work. An external, multicenter prospective validation is the immediate and essential next step to confirm the model’s robustness across diverse populations. Looking further ahead, a dynamic model that tracks the trajectory of these biomarkers over the first 48 hours could offer more nuanced predictions. Ultimately, the true clinical value of this tool can only be confirmed through a randomized controlled trial (RCT), designed to test whether a model-guided antibiotic strategy improves patient outcomes, such as reducing antibiotic usage and hospital stay.

5. Conclusions

In conclusion, this study successfully developed and validated a clinical prediction model integrating NLR, CRP, and SAA. This model serves as a simple, objective, and effective tool to help clinicians in the early and accurate identification of high-risk patients with clinically significant bacterial coinfection in the complex clinical scenario of RSV infection. It thereby provides strong evidence-based support for achieving precision antibiotic therapy and enhancing antimicrobial stewardship (AMS).

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Institutional Review Board Statement: The study was conducted in accordance with the Declaration of Helsinki, and approved by the Institutional Review Board of Fujian Children's Hospital (protocol code: 2025ETKLRK10017; date of approval: 21 October 2025).

Informed Consent Statement: Patient consent was waived due to the retrospective nature of the study and the use of anonymized data.

Data Availability Statement: The data presented in this study are available on request from the corresponding author. The data are not publicly available due to privacy and ethical restrictions.

Conflicts of Interest: The authors declare no conflicts of interest.

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