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Article

Evaluation of Antiviral Compounds from *Commiphora molmol* Myrrh Resin and Their Promising Application with Biochar

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Abstract: *Commiphora molmol* myrrh resin extracts, which have different physical properties such as polarity and dielectric constant, were prepared by immersion in extraction solvents (hot water, DMSO, hexane, ethanol, and methanol). Methanolic myrrh resin extracts showed broad antibacterial activity against isolated airborne bacteria. Furanoeudesma-1,3-diene and curzerene, as the main terpenoids in the methanolic myrrh resin extract, were analyzed using GC-MS, and the methanolic myrrh resin extracts were found to have antiviral activity (81.2% viral RNA inhibition) against H1N1 influenza virus. Biochars (wood powder- and rice husk-derived) coated with myrrh resin extracts also showed antiviral activity (22.6% and 24.3% viral RNA inhibition), due to the adsorption of terpenoids onto biochar. Myrrh resin extract using methanol as the extraction solvent is a promising agent with antibacterial and antiviral efficacy, and it can be utilized as a novel material via adsorption onto biochar for air filtration processes, cosmetics, fertilizers, drug delivery, and corrosion inhibition.

Keywords: myrrh; Antivirus; furanoeudesma-1,3-diene; curzerene; biochar

1. Introduction

Naturally derived compounds extracted from natural sources (e.g., plants, marine organisms, microorganisms, and animals) are of growing interest because of their non-toxic properties and high biocompatibility compared with chemically synthesized compounds (e.g., β -lactams such as penicillin and cephalosporins) [1,2]. Natural compounds (e.g., phytochemicals), including flavonoids, phenolic compounds, terpenes, terpenoids, saponins, iridoids, essential oils, bacteriocins, and enzymes, are known to have various biological activities, including antioxidant, antimicrobial, antiviral, and anti-inflammatory [3–7]. Several researchers have studied these natural compounds to analyze their physicochemical and biological properties. *Eucalyptus camaldulensis* extracts, with terpenes, terpenoids, and secondary metabolites as the major compounds, showed antimicrobial activity against bacteria, fungi, viruses, and protozoa [8]. Extracts of *Pimpinella* species have been found to contain anethole, which has antioxidant, antimicrobial, and anticancer effects, and with low cytotoxicity [6]. Borges et al. reported the antioxidant efficiency of *Acacia dealbata* and *Olea europaea* extracts and analyzed their antimicrobial activities against *Staphylococcus aureus* and *Escherichia coli* [9].

In recent years, microorganisms such as viruses and bacteria have become a crucial issue in both animal diseases and life-threatening diseases affecting humans (e.g., COVID-19). Humans are routinely exposed to airborne pathogenic microorganisms; therefore, prevention strategies are necessary. According to studies, extracts derived from natural sources (e.g., plants, marine origin exhibit resistance to microorganisms, such as gram-positive and gram-negative bacteria, fungi, and viruses [10–14]. Thus, naturally derived compounds may be potential materials for solving microbial threats.

In previous studies, supercritical CO₂, enzyme-, ultrasonic-, and microwave-assisted extractions have been introduced as alternatives to conventional solvent extraction processes for more effective extraction of bioactive molecules from natural materials [8,15–17]. Although these extraction techniques have some advantages, they are limited by various factors (e.g., high cost, high energy requirements, and complicated processes) [18]. Consequently, numerous studies have employed the solvent extraction method to acquire naturally derived compounds. Investigating the most optimal extraction solvent is necessary because variations in the performance of the extraction solvents and raw materials (e.g., plants, microalgae) lead to differences in outcomes [9,19–24]. *Carica papaya* extracts using water and organic solvents showed differences in extraction yield, antioxidant capacity, and antibacterial activity depending on the type of solvent used [19]. The results from *Eugenia pyrifomis* and *Sargassum serratifolium* extractions showed that the content of extracted polyphenols, such as phenolic acids and flavonoids, is affected by the polarity of the solvent [20,21]. Similarly, several authors have reported that the amount of extracted polyphenols and the antibacterial ability of the extracts are altered according to the polarity of the extraction solvent [12,22,24].

Myrrh resin produced from *Commiphora* genus (most *C. myrrha* and *C. molmol* of 150 species in Africa, Arabia, and India) has been used for various therapeutic applications (e.g., embalming ointment, antiseptic, and pain reliever) due to the prevention and treatment performance of several components, such as terpenes, steroids, and sterols [17,23]. Therefore, myrrh resin is beneficial as a medicinal agent for infection prevention and wound treatment [25]. In addition, myrrh resin shows antimicrobial activity against bacteria such as *Staphylococcus aureus*, *Bacillus cereus*, *Bacillus subtilis*, *Escherichia coli*, *Klebsiella pneumoniae*, *Fusobacterium nucleatum* [26–30]. Madia et al. analyzed the antiviral activity of myrrh extracts obtained using a supercritical fluid extraction process against influenza A virus [17]. Extracts containing alpha-tocopherol acetate (ATA) decrease viral replication and nucleoprotein expression. However, a few studies have investigated the viral resistance of myrrh resins.

Researchers have attempted to study antimicrobial materials and synthesize them using phytochemicals for potential applications. Modern technologies include bionanoparticles (for therapy and drug delivery), Ag nanoparticle composites (for antimicrobial and antiviral purposes), and biochar (for environmental remediation) [31–33]. Strasakova et al. reported that caraway essential oils, including aromatic compounds such as terpinene, cymene, and limonene, need to be immobilized and incorporated into a matrix (e.g., polypropylene) owing to their inherent volatility [34]. Overcoming these problems can reduce the loss of compounds and maintain desired compounds. Therefore, biochar has attracted considerable attention because of its advantages such as cost-effectiveness, eco-friendliness (e.g., usage of waste biomass and CO₂ storage), adsorption potential, and easy functionalization compared to other carbonaceous materials (e.g., activated carbon and graphene) [35,36]. Currently, biochar produced from various biomass wastes (e.g., rice husk, wood, sludge, grass, and microalgae) under O₂ limitation has been used as a soil amendment and adsorbent for remediation [37–42]. However, the utilization of biochar has been steadily increasing across various fields (e.g., cosmetics, air filtration, fertilizers) in recent years, with the potential for further expansion. However, to the best of our knowledge, the potential of biochar coated with naturally derived compounds as an antiviral agent has rarely been evaluated. Thus, the myrrh resin extract-coated biochar is a promising material with antiviral and antibacterial activities.

Therefore, this study focused on the evaluation of the antibacterial activity of myrrh resin extracts against isolated airborne bacteria and the antiviral activity against the H1N1 influenza virus. First, the optimal extraction solvent for myrrh resin extracts was investigated through an antibacterial activity test using the disk-diffusion method. Second, antiviral activity, cytotoxicity, and anti-inflammatory tests were conducted using the myrrh resin extracts with the chosen optimal extraction solvent. Furthermore, this study assessed the properties of myrrh resin extract-coated biochar (e.g., surface changes of biochar using FTIR) as a promising application and identified possible compounds (e.g., terpenoids) with antiviral activity.

2. Materials and Methods

2.1. Materials

Commiphora molmol myrrh resin was obtained from the KT&I Trade Industry (Myrrh Gum, Addis Ababa, Ethiopia) and powdered using a mortar. Pure water (HPLC grade), ethanol (99%), methanol (99%), and DMSO (dimethyl sulfoxide; 99%) as solvents for extraction were purchased from Sigma-Aldrich (Seoul, Republic of Korea). Tryptic soy agar, tryptic soy broth, and nutrient broth used as media for bacterial cultures were purchased from Difco (Seoul, Republic of Korea). Rice husk and wood powder were used as waste biomass for biochar production. The rice husk and wood powders were oven-dried at 100 °C for 24 h and ground to particle sizes ranging from 100 to 200 µm. For biochar production, pyrolysis of rice husk and wood powder were conducted at the temperature of 550 °C for 2 h under N₂ gas. Rice husk-derived biochar (RH-BC) and wood powder-derived biochar (WD-BC) were washed several times with distilled water to remove impurities.

2.2. Preparation of myrrh resin extracts

Dried myrrh resin (2.5 g) was weighed into a vial, and 10 mL of solvents (e.g., pure water, ethanol, methanol, and DMSO) were added for extraction. For the hot water extraction, the mixtures of myrrh resin powder and pure water were shaken at 180 rpm for 3 h at 80 °C. For the extraction of myrrh resin using ethanol, methanol, and DMSO, mixtures of myrrh resin powder and each solvent were vigorously shaken at 180 rpm for 24 h at room temperature. Each solution was centrifuged at 3500 rpm and filtered through a 0.2 µm PVDF syringe filter. The vials containing the extracts were subsequently stored at 4 °C for subsequent experiments.

2.3. Isolation and identification of airborne bacterial strains

Airborne bacterial strains were isolated for the antibacterial experiments. The airborne bacterial strains were collected and cultured on tryptic soy agar plates. Airborne bacterial strains were selected based on differences in colony morphology and color. All bacterial strains were subcultured on nutrient agar for identification and tryptic soy broth for antibacterial experiments were placed at 30 °C for 24 h. The isolated bacterial strains were identified using 16S rRNA sequencing by Macrogen (Seoul, Republic of Korea). Two oligonucleotide primers (forward:27F and reverse:1492R) were used as universal prokaryotic primers for amplifying the bacterial 16S rRNA gene. The isolated bacterial strains were identified using BLAST Basic Local Alignment Search Tool (BLAST).

2.4. Antibacterial activities evaluation of myrrh resin extracts

The antibacterial activity of myrrh resin extracts was evaluated using the disk diffusion method described by Kang et al. [43]. For the antibacterial activity evaluation, the isolated strains were cultivated in sterile tryptic soy broth 30 °C for 24 h. Cultures were spread on the surfaces of tryptic soy agar plates. Disks loaded with the myrrh resin extract were placed on agar plates. All plates were incubated at 30 °C for 24 h, and the inhibition zone diameter was measured.

2.5. Evaluation of cytotoxicity and anti-inflammatory of myrrh resin extracts

For *In vitro* cytotoxicity of myrrh resin extracts, the murine macrophage-like cell line RAW 264.7 were obtained from the Korean Cell Line Bank (Seoul, Korea). The cells were cultured in Dulbecco's modified Eagle's medium (DMEM; WelGENE Inc., Daegu, Korea) supplemented with 10% fetal bovine serum (FBS; Gibco Laboratories, NY, USA) and antibiotics. Cell suspensions were seeded in 96-well flat-bottomed plates with 200 µL per well to culture 3×10⁴ cells per well for 24 h. The cells were incubated with myrrh extract at a concentration of 0.078–10% (v/v) for 48 h at 37 °C in a CO₂ incubator. Cell viability was measured using the NR assay (Neutral Red). The cells were treated with a Neutral Red (NR; Sigma Aldrich Corporation, MO, USA) solution containing DMEM for 3 h to dye the lysosomes of the living cells. After exposure to the NR solution, the supernatant was completely removed and treated with a desorption solution to extract the dye from the cells. The desorbed solution was

made with a 49% ethanol solution (v/v) containing 1% acetic acid (v/v). Absorbance was measured at 540 nm using a microplate spectrophotometer (μ 2 Micro Digital, MOBI, Seoul, Korea).

The anti-inflammatory activity of the myrrh resin extracts was evaluated by measuring the amount of nitric oxide produced by Raw 264.7 cells within the ranges of low cytotoxicity. RAW 264.7 cell suspensions were seeded in 96-well flat-bottomed plates with 200 μ L per well to culture 3×10^4 cells per well for 24 h. The cells were incubated with myrrh extract at a concentration of 0.078–10% (v/v) for 48 h at 37 °C in a CO₂ incubator. The myrrh extract was diluted with DMEM media with no phenol red, supplemented with 10% fetal bovine serum, antibiotics, and 1 μ g/mL lipopolysaccharide from *Escherichia coli* (LPS; Sigma Aldrich Corporation, MO, USA). Nitrite release in the culture medium was determined by transferring the supernatant (100 μ L) to a new 96-well flat-bottomed plate and adding 100 μ L of the Griess reaction to each well. The plates were incubated at room temperature for 15 min. Absorbance was measured at 540 nm using a microplate spectrophotometer (MOBI). NO levels were estimated to assess the anti-inflammatory effect of myrrh extract by determining the decrease in NO concentration in the media that was provoked by LPS.

2.6. Antiviral activities by myrrh resin extracts and myrrh resin extracts coated biochar

The H1N1 influenza virus (Influenza A/Human/Korea/KUMC-33/2005, obtained from the Korea Bank for Pathogenic Viruses (Seoul, Republic of Korea)) used in this study was tested for antiviral activity. First, the antiviral activity of methanol as a control and myrrh resin extract was evaluated against the H1N1 influenza virus. The concentration of H1N1 influenza virus was adjusted to 5.0×10^7 plaque-forming units (PFU)/mL in 1.5 mL of aqueous solution with 100 μ L of methanol and myrrh resin extracts in methanol. In addition, concentrations of the standard samples (e.g., furanoeudesma-1,3-diene and curzerene) ranging from 10–90 μ L/mL were investigated for their antiviral activity. To evaluate the antiviral activity of myrrh resin extract-coated biochar, 5 mg of myrrh resin extract-coated biochar was added to a vial containing water (3 mL) with virus (5.0×10^7 plaque-forming units (PFU)/mL). The mixture was shaken at 120 rpm and 25 °C for 48 h. Subsequently, the mixture was centrifuged at 13000 rpm for 5 min and filtrated through a 0.2 μ m PVDF syringe filter. After the reaction, the residual virus concentration and viral RNA inhibition were measured using qRT-PCR after RNA extraction from the harvested mixture solution (Song et al., 2023). The residual virus concentration and viral RNA inhibition were compared with those of biochar without myrrh resin extract coating.

2.7. Adsorption myrrh resin extracts onto biochar

To adsorb the myrrh resin extracts onto biochars (RH-BC and WD-BC), 50 mg of biochar was mixed with 1 mL of the extract solution in a vial. The mixtures were then placed in a shaking incubator at 25 °C for 24 h at 120 rpm. The myrrh resin extract-coated biochar and the residue solution were separated by centrifugation at 3500 rpm for 20 min. The separated biochar was dried at 60 °C for 24 h to remove methanol. The functional groups of the separated biochars were investigated using Fourier-transform infrared (FTIR) spectroscopy (FT/IR-4600 spectrometer; Jasco, Japan). The FTIR spectra were subsequently compared with those of the biochar without extract adsorption. The changes in polyphenols and terpenoids in the initial (with extract adsorption) and final solutions (without extract adsorption) were determined using HPLC and GC-MS.

To identify the thermal stability for various compounds in myrrh resin extracts on the surface of biochar, myrrh resin extracts coated RH-BC neglected in oven under different temperatures (25 °C, 50 °C, 100 °C, and 200 °C) for 1 h. Changes on the surface of the biochar were observed using X-ray photoelectron spectroscopy (XPS, K-Alpha, Thermo Scientific, U.S.).

2.8. Natural compounds analysis of myrrh resin extracts

Various natural compounds in the myrrh resin extract were analyzed using HPLC and GC-MS for polyphenols and terpenoids. Centrifugation and filtration were performed to separate soluble compounds and insoluble materials. Polyphenols were detected using HPLC (YL 9100 system,

Younglin, Republic of Korea) with a UV detector. The chromatograms were determined at 254 nm with YMC-Triart C18 column (250 mm × 4.6 × 5 μm) (YMC, Republic of Korea) at 25 °C under gradient condition of mobile phase A (4% acetic acid in water) and mobile phase B (Methanol) with the flow rate of 0.5 mL/min. The gradient program was begun with 100% of A solution and was held for the first 5 min. The concentration of A solution was followed by 50% eluent B for the next 7 min. This was followed by 80% eluent B for the next 10 min. Subsequently, this was returned to by 50% and 100% for 6 min and 7 min. Finally, the mixtures were incubated for 5 min. The detection of terpenoids was investigated using GC-MS (Perkin Elmer, Waltham, MA, USA) with a fused silica capillary column (Elite-5 ms, 30 m × 0.25 mm i.d. × 0.25 μm). The analytical conditions were as follows: 250 °C (inlet temperature), increased from 40 °C for 1 min to 120 °C for 2 min at 15 °C for 1 min, and then increased to 3000 °C for 5 min at 10 °C /min.

3. Results and Discussion

3.1. Identification of test microorganisms

To obtain bacterial strains for analysis of the antibacterial activity of the myrrh resin extracts, airborne bacteria were collected and isolated. The isolated bacterial strains showed high homology to *Paenibacillus pasadenensis* NBRC 161214 (98% homology), *Micrococcus yunnanensis* YIM 65004 (99% homology), *Pseudomonas azotoformans* NBRC 12693 (99% homology), *Rhodococcus qingshengii* dj1-6-2 (99% homology), *Staphylococcus capitis* JCM 2420 (99% homology), *Staphylococcus epidermidis* NBRC 100911 (98% homology), and *Deinococcus radiodurans* R1 (99% homology). The isolated strains were mostly Gram-positive, except for *Pseudomonas azotoformans* NBRC12693. These strains, which are found in soil, water, sewage, and human skin, have various characteristics (e.g., pollutant-degrading, infecting cereal grains, carbendazim-degrading, and radiation-resistant) (Table 1) [44–49]. Hence, these airborne bacterial strains could be used as potential samples for testing antibacterial activity.

Table 1. Isolated airborne bacterium and its characteristics.

Name of strains	Homology (%)	Morphology	Gram staining	Remark	Ref.
<i>Paenibacillus pasadenensis</i> NBRC 161214	98	Rods	Positive	Soil, Water, Sewage, etc.	[47]
<i>Micrococcus yunnanensis</i> YIM 65004	99	Cocci	Positive	Pollutants-degrading	[49]
<i>Pseudomonas azotoformans</i> NBRC 12693	99	Rods	Negative	Infecting cereal grains	[45]
<i>Rhodococcus qingshengii</i> dj1-6-2	99	Ovoid	Positive	Carbendazim-degrading	[44]
<i>Staphylococcus capitis</i> JCM 2420	99	Cocci	Positive	Human skin	[46]
<i>Staphylococcus epidermidis</i> NBRC 100911	98	Cocci	Positive	Human skin	[46]
<i>Deinococcus radiodurans</i> R1	99	Cocci	Positive	Radiation-resistant	[48]

3.2. Screening of optimal solvent for antibacterial activity of myrrh resin extracts on airborne bacterium

The different extraction yields, antioxidant activities, and antibacterial activities depend on the type of solvent, because the characteristics of the extraction solvent influence the sorting and activity of the compounds extracted from the raw materials. Extracts of *C. papaya*, *A. dealbata*, *O. europaea*, and *P. betle* Linn. using various solvents such as ethanol, methanol, hexane, and ethyl acetate, showed different antibacterial activities depending on the physical properties of the extraction solvent [9,19,22].

Thus, the antibacterial effects of myrrh resin extracts using various solvents (hot water, hexane, DMSO, methanol, and ethanol) were evaluated, to determine the optimal solvent for acquiring the extract with effective antibacterial properties. The extracts were tested against isolated airborne bacteria assayed in agar plates using the disk diffusion method. Myrrh resin extracted by methanol and ethanol exerted antibacterial effects against *Paenibacillus pasadenensis* NBRC 161214, *Micrococcus yunnanensis* YIM 65004, and *Deinococcus radiodurans* R1 (Table 2). Additionally, the antibacterial effect of myrrh resin extracts only by methanol was observed against *Rhodococcus qingshengii* dj1-6-2. However, no antibacterial effects were observed in myrrh resin extracted by hot water, DMSO (except *Micrococcus yunnanensis* YIM65004), and hexane. Hence, the various extraction solvents used in obtaining myrrh resin extracts are likely to influence their antibacterial effects due to differences in their effective components. In general, the antibacterial effect may be related to the cell wall structure. However, no correlation between the antibacterial effect and the cell wall structure (e.g., gram-positive and gram-negative strains) were observed in this study. These phenomena may be due to the action and resistance mechanisms (e.g., cell wall synthesis, nucleic acid synthesis, protein synthesis, and folic acid metabolism) of the effective components in myrrh resin extracts [50]. Therefore, selecting an effective extraction solvent is an important parameter.

Table 2. Screening of optimal solvent for antibacterial activity of myrrh resin extracts on the isolated airborne bacterium.

No.	Name of strains	Antibacterial activity				
		Hot water	DMSO	Hexane	Ethanol	Methanol
1	<i>Paenibacillus pasadenensis</i> NBRC 161214	-	-	-	+	+
2	<i>Micrococcus yunnanensis</i> YIM 65004	-	+	-	+	+
3	<i>Pseudomonas azotoformans</i> NBRC 12693	-	-	-	-	-
4	<i>Rhodococcus qingshengii</i> dj1-6-2	-	-	-	-	+
5	<i>Staphylococcus capitis</i> JCM 2420	-	-	-	-	-
6	<i>Staphylococcus epidermidis</i> NBRC 100911	-	-	-	-	-
7	<i>Deinococcus radiodurans</i> R1	-	-	-	+	+

+: positive effect, -: negative effect.

The polarity indices of the solvents used for extraction were in the following order: water (10.2) > DMSO (7.2) > ethanol (5.2) > methanol (5.1) > hexane (0.1), whereas the dielectric constants of the solvents were in the following order: water (78.54) > DMSO (47) > methanol (32.6) > ethanol (24.3) > hexane (1.89). The polarity index and dielectric constant of solvents are associated with the extraction of hydrophobic or hydrophilic compounds from raw materials (e.g., plants and fruits). According to

previous studies, the solvent polarity index and dielectric constant are correlated with the efficiency, extraction yield, and solubility of the compounds [20,51–53]. Adam and Selim and Al-Madi et al. measured the antibacterial efficiency of a myrrh resin extract using ethanol and methanol as extraction solvents, respectively, and found that only the ethanolic extract exhibited antibacterial activity against *Enterococcus faecalis* [26,54]. Moreover, Mohamed et al. and Abdallah et al. also reported that the antibacterial effect of myrrh resin extract was dependent on the polarity of the extraction solvent [30,55,56]. These results may be due to differences in solvent properties (polarity and dielectric constant) that affect the type of compound being extracted. When myrrh resin was extracted using hot water and ethanol, the quantity of extracted effective compounds containing carbohydrates, proteins, lipids, polyphenols, and alkaloids changed, which affected the antibacterial activity [56,57]. These results imply that the quantity of some compounds (e.g., tannic acid, rutin, and quercetin as polyphenols) in the myrrh resin extracts obtained using methanol may be higher than those obtained using other solvents. Therefore, in the following experiments, methanol was used as the extraction solvent for myrrh resin because it yielded active compounds with the most potent antibacterial activity against the isolated airborne bacteria. Various polyphenols and tannic acid, rutin, and quercetin were observed as three major polyphenols in the myrrh resin extracts treated with methanol (Figure 1). Mandal et al. reported that tannic acid, rutin, and quercetin is effective against *Staphylococcus epidermidis* and *Pseudomonas aeruginosa* [58]. In particular, tannic acid, a major compound of methanolic myrrh resin extract, inhibits the adhesion of bacteria to the surface of cells, thereby preventing microbial infection and hindering bacterial growth by reducing nutrient uptake [59,60]. Previous studies reported that tannic acid extracted from green tea, *Anthemis praecox* Link, *Quercus infectoria* galls, and *Neolamarckia cadamba* fruits showed antibacterial activity against *Staphylococcus aureus*, *Escherichia coli*, *Streptococcus pyogenes*, *Enterococcus faecalis*, *Pseudomonas aeruginosa*, *Yersinia enterocolitica*, *Listeria innocua*, *Bacillus cereus*. Moreover, it is more sensitive to gram-positive bacteria compared to gram-negative bacteria [1,59–62]. These results are consistent with our study. Based on the results of previous studies, three polyphenols (e.g., tannic acid, rutin, and quercetin) are potential antibacterial substances against the airborne bacteria examined in the present study.

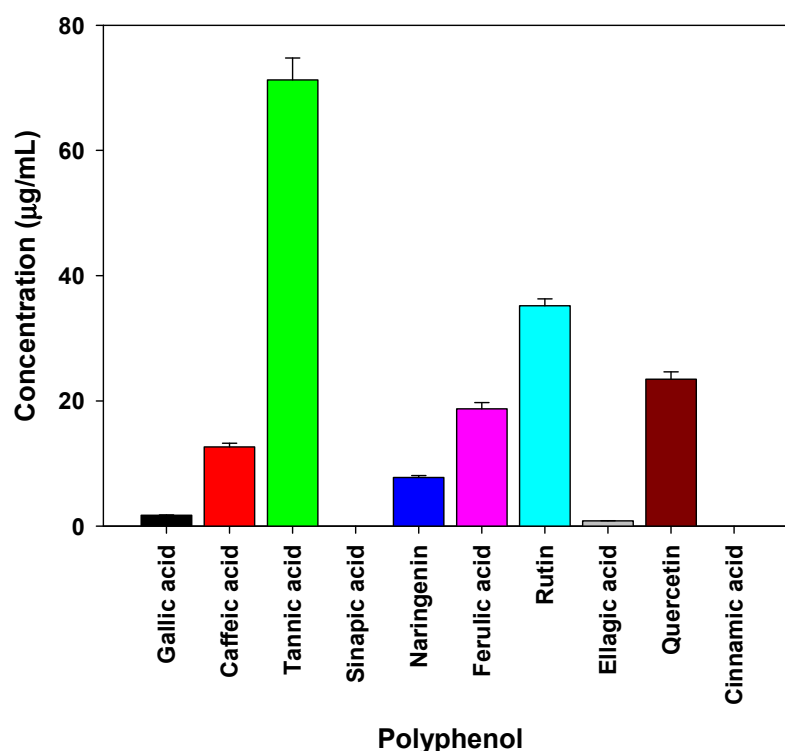


Figure 1. Polyphenol concentrations in myrrh resin extracts.

3.3. Evaluation of antibacterial activities of myrrh resin extracts

Methanol was chosen as the optimal extraction solvent in the preceding experiments. The myrrh resin extracted in methanol exhibited antibacterial activity against gram-positive bacteria, including *Paenibacillus pasadenensis* NBRC 161214, *Micrococcus yunnanensis* YIM 65004, *Rhodococcus qingshengii* dj1-6-2, and *Deinococcus radiodurans* R1, with inhibition zones measuring 14, 10, 10, and 12 mm, respectively (Table 3). Although *Staphylococcus capitis* JCM 2420 and *Staphylococcus epidermidis* NBRC 100911 are Gram-positive bacteria, the myrrh resin extract did not show any antibacterial effects against them, and *Pseudomonas azotoformans* NBRC 12693, a Gram-negative bacterium, showed resistance to the myrrh resin extract. This is because the bacteria may possess different cell walls, chemically and structurally, depending on the strain (e.g., peptidoglycan layer, membrane composition, lipopolysaccharides, etc.) [63].

Table 3. The antibacterial activity of myrrh resin extracts using methanol against airborne bacterium.

No.	Name of strains	Inhibition zone diameter (mm)
1	<i>Paenibacillus pasadenensis</i> NBRC 161214	14 ± 2.8
2	<i>Micrococcus yunnanensis</i> YIM 65004	10 ± 0.0
3	<i>Pseudomonas azotoformans</i> NBRC 12693	ND
4	<i>Rhodococcus qingshengii</i> dj1-6-2	10 ± 1.4
5	<i>Staphylococcus capitis</i> JCM 2420	ND
6	<i>Staphylococcus epidermidis</i> NBRC 100911	ND
7	<i>Deinococcus radiodurans</i> R1	12 ± 4.2

ND: not detected.

3.4. Evaluation of cytotoxicity and anti-inflammatory of myrrh resin extracts

To evaluate the potential of myrrh resin extracts as commercial products, the cytotoxicity and anti-inflammatory activity of the methanolic extracts were measured using RAW 264.7 cell line. The cell viability significantly decreased with the addition of myrrh resin extracts exceeding more than 0.31% (Figure 2A). Therefore, we focused on the extracts within a non-cytotoxic concentration range for further investigation of their anti-inflammatory effect on RAW 264.7 cells by monitoring NO formation. In comparison to the control, when 0.08% and 0.16% of myrrh resin extracts were added, the produced NO was 83.5% and 66.9%, respectively (Figure 2B). The NO yield decreased with increasing extract content. These results indicate that the myrrh resin extracted using methanol has anti-inflammatory properties *in vitro*. Cheng et al. reported the anti-inflammatory effects of a myrrh resin extract prepared by immersing in methanol on RAW 264.7 macrophages. The extract inhibited NO synthase and cyclooxygenase-2 induction, leading to reduced production of NO, prostaglandin E₂, interleukin-1beta, and tumor necrosis factor-alpha [64].

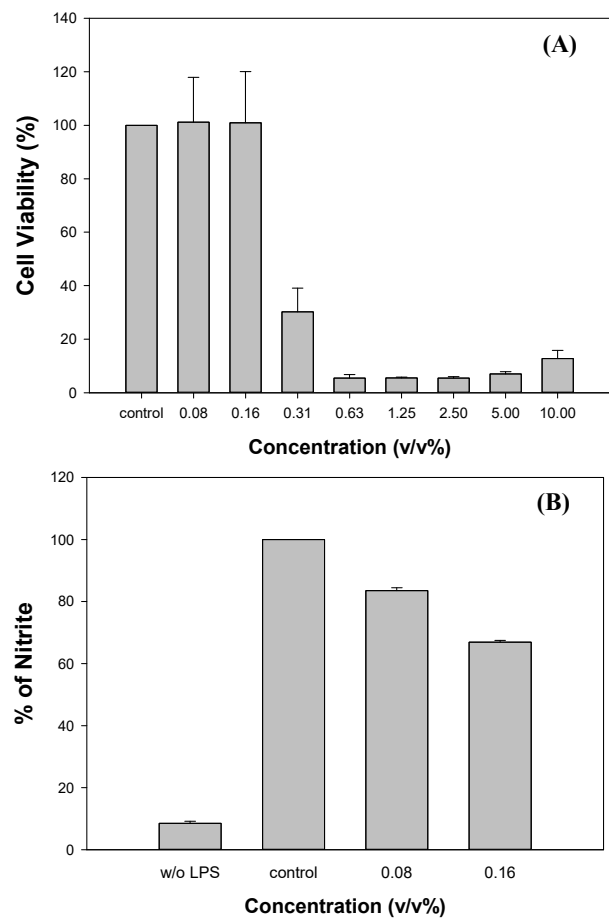


Figure 2. Cytotoxic (A) and anti-inflammatory (B) effects of myrrh resin extracts in methanol.

3.5. Evaluation of antiviral activities of myrrh resin extracts

The antiviral activity of methanol as control and myrrh resin extracted by s by methanol was evaluated against the H1N1 influenza virus. Methanol and myrrh resin extract showed 2.8% and 81.2% virus RNA inhibition (from qRT-PCR results), respectively (Figure 3). These results implied that methanol did not inhibit viral RNA. In contrast, myrrh resin extracts prepared using methanol can be associated with higher viral RNA inhibition due to the antiviral compounds of the extract.

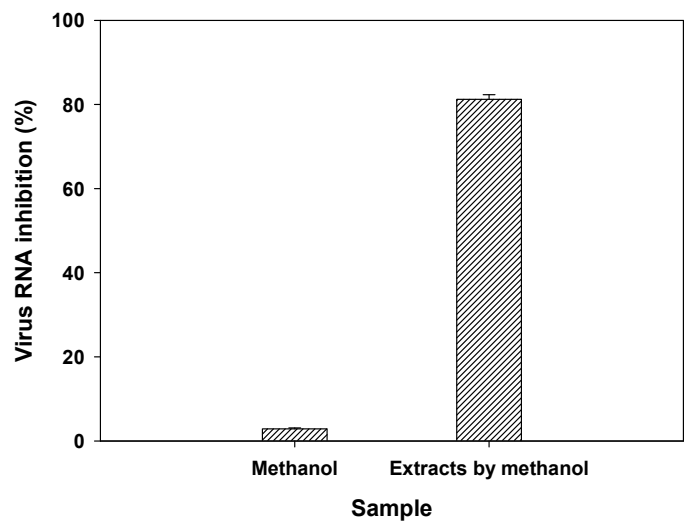


Figure 3. Antiviral activity of methanol as a control and myrrh resin extract using methanol against the H1N1 influenza virus.

Based on the viral RNA inhibition results of the myrrh resin extracts in methanol, RH-BC and WD-BC were coated with the myrrh resin extracts to determine their antiviral activity. The remaining H1N1 influenza virus had decreased about 22.6% and 24.3% in aqueous solutions with the myrrh resin extracts coated RH-BC and WD-BC compared to the of initial virus containing aqueous solution (Table 4). In particular, the remaining viruses (96.5% and 96.7) after the reaction with RH-BC and WD-BC (without myrrh resin extract coating) were higher than those (77.4% and 75.6) after the reaction with myrrh resin extracts coated RH-BC- and WD-BC (Table 4). Therefore, myrrh resin extracts bound to the surfaces of RH-BC and WD-BC may exhibit antiviral activity. These results suggest that there are some antiviral compounds (e.g., terpenoids) in myrrh resin extracts, and that some antiviral compounds can be successfully coated onto biochar. For instance, curzerene, a type of terpenoid found in myrrh oil, is a possible antiviral compound [17]. Similarly, furanoeudesma-1,3-diene and curzerene, the major terpenoids, were observed in the present study, as reported by Madia et al. (Figure S1) [17]. The detailed quantities of furanoeudesma-1,3-diene and curzerene are described in section 3-6.

Table 4. Remained virus in water (without virus), initial (virus in water), RH-BC and WD-BC without myrrh resin extracts (final after reaction), and myrrh resin extracts coated RH-BC and WD-BC (final after reaction) after reaction.

Sample	Ct value	Remained virus (%)
Water (without virus)	0	-
Virus (Initial)	24.809	100.00
WD-BC (Final)	25.121	96.69
Extracts coated WD-BC (Final)	27.105	75.66
RH-BC (Final)	25.137	96.52
Extracts coated RH-BC (Final)	26.941	77.40

3.6. Potential mechanisms for antibacterial and antiviral activities of myrrh resin extracts

Various bioactive compounds with antibacterial and antiviral activities need to be investigated because of the useful phytochemicals (e.g., polyphenols and terpenoids) present in plants and/or plant-based extracts. According to the results of HPLC and GC-MS analysis, polyphenols (i.e., tannic acid, rutin, quercetin, ferulic acid, caffeic acid, naringenin, and ellagic acid) and terpenoids (i.e., furanoeudesma-1,3-diene, curzerene, lindestrene, gazaniolide, elemene, elemene) were detected in the myrrh resin extracts in this study (Figures 1, S1 and 4).

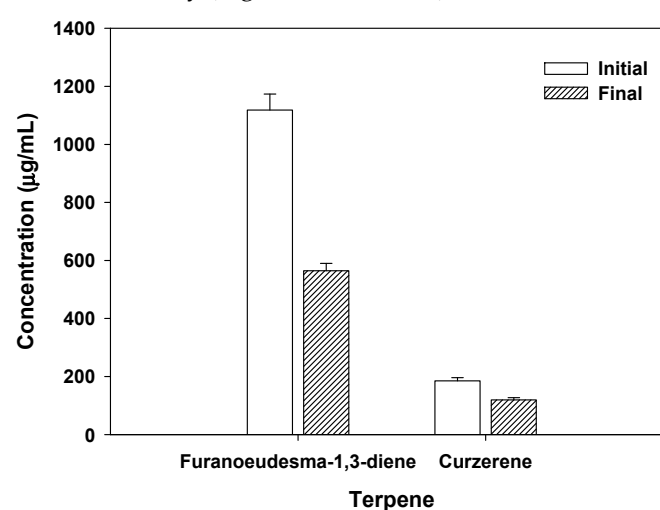


Figure 4. Concentration of terpenes (i.e., furanoeudesma-1,3-diene and curzerene) in solution before and after adsorption of myrrh resin extracts onto RH-BC.

As shown in Figure 1, tannic acid, rutin, and quercetin were the major polyphenols (above 20 g/mL) in the myrrh resin extracts. As mentioned, the three major polyphenols (tannic acid, rutin, and quercetin) had significant antibacterial effects. In particular, tannic acid may lead to improved antibacterial activity by disturbing the uptake of sugars and amino acids, restricting bacterial growth. According to Wang et al., tannic acid inhibits the growth of *Clostridioides difficile* strains at concentrations above 16 g/mL [65]. Qi et al. and Gullon et al. reported that rutin and quercetin possess antimicrobial efficacy [66,67]. Polyphenols have been proposed to disrupt bacterial cell wall homeostasis, nucleic acid synthesis, and energy metabolism.

As shown in Figure S1, various terpenoids such as furanoeudesma-1,3-diene, curzerene, lindrestrene, gazaniolide, β -elemene, γ -elemene, etc. were observed. Based on the results from previous literature regarding myrrh resin extracts, furanoeudesma-1,3-diene and curzerene were measured as major compounds [17,68]. According to the antiviral activity test, the viral RNA inhibition effects (81.2%) of myrrh resin extracts by methanol were revealed (Figure 3). In contrast, there were negligible effect of the virus RNA inhibition (2.8%) by methanol. The quantities of furanoeudesma-1,3-diene and curzerene in the terpenoids used in the antiviral activity experiment were 74.5 μ g/mL and 12.4 μ g/mL. Consequently, this finding may originate from terpenoids (i.e., furanoeudesma-1,3-diene and curzerene as the major compounds). The mechanisms of these terpenoids for antiviral activity were deduced to involve the interference of factors on the plasma membrane, viral attachment, antioxidant activity, and cell penetration [17].

Additionally, furanoeudesma-1,3-diene (1118.42 μ g/mL) and curzerene (185.34 μ g/mL) were found in myrrh resin extracts by methanol (Figure 4). After the precipitation of RH-BC in myrrh resin extracts, the concentration of these terpenoids (e.g., furanoeudesma-1,3-diene and curzerene) had decreased about 49% (553.36 μ g/mL) and 36% (66.89 μ g/mL), respectively (Figure 4). These results suggested that these terpenoids were bound to the surface of RH-BC. The remaining H1N1 influenza virus had decreased by approximately 22.6% in aqueous solution with the myrrh resin extracts coated with RH-BC (Table 4). Possibly, this is due to the coated quantity of terpenoids (i.e., furanoeudesma-1,3-diene (18.4 μ g/mL) and curzerene (2.2 μ g/mL) onto RH-BC).

As illustrated in Figure 5, over 50% of the virus RNA inhibition revealed in 50 μ g/mL of furanoeudesma-1,3-diene and 70 μ g/mL of curzerene. Low concentrations of furanoeudesma-1,3-diene (2.5-30 μ g/mL) and curzerene (over 60 μ g/mL) only affects up to 50% of virus inhibition [17]. The results of the present study are consistent with those of the previous studies [17]. The effects of viral RNA inhibition in the aqueous solution with the myrrh resin extracts coated with biochar were lower than those in only myrrh resin extracts. This may be attributed to the low binding concentration of terpenoids into biochar and the lower concentration of terpenoids compared to only myrrh resin extracts. These effects of viral RNA inhibition through biochar can be easily solved by increasing the amount of biochar added and enhancing terpenoid quantity binding by the activation and functionalization of biochar. Therefore, myrrh resin extract-coated biochar has the potential to be used in various applications such as cosmetics, air filtration, fertilizers, drug delivery, and corrosion inhibition.

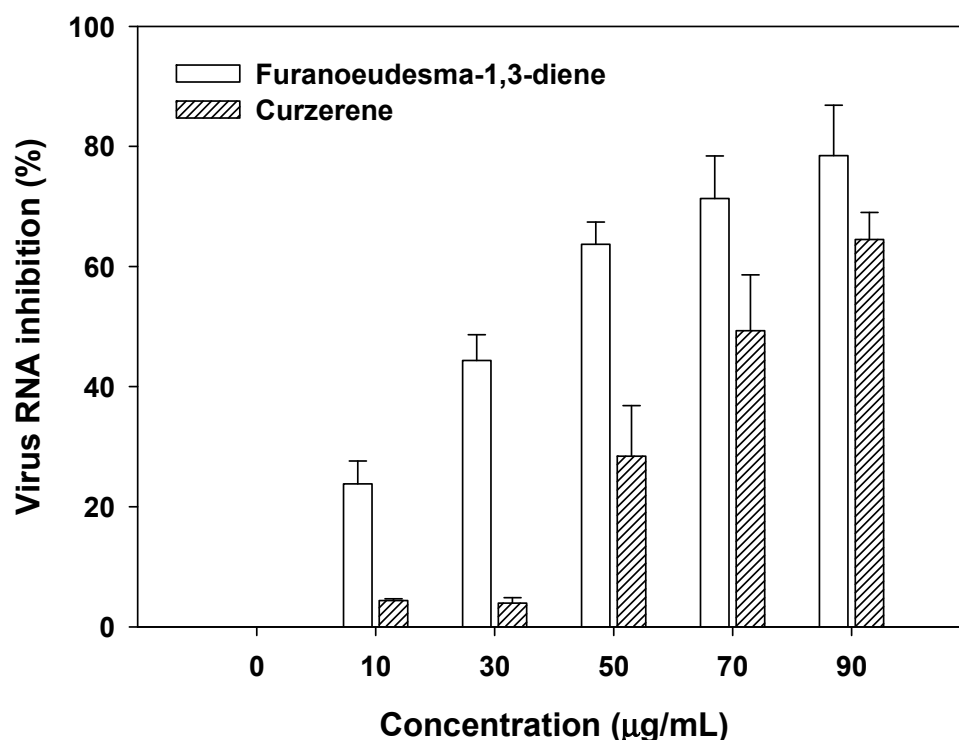


Figure 5. Antiviral activity of concentration dependence of terpenes (furanoeudesma-1,3-diene and curzerene) against the H1N1 influenza virus.

In addition, myrrh resin extracts coated biochars (e.g., RH-BC and WD-BC) with different properties (feedstock (e.g., RH-BC; rice husk and WD-BC; wood powder), BET surface area (i.e., RH-BC; 205.6 m²/g and WD-BC; 211.1 m²/g), and functional groups on the surface) were evaluated for their antiviral activity (Table S1 and Figure S2). The Brunauer-Emmett-Teller (BET) surface areas of RH-BC and WD-BC were similar; however, their functional groups were different (Figure S2). Accordingly, we deduced the differences in the adsorption capacity of terpenoids onto the biochar. To confirm terpenoid binding, changes in the functional groups on the surface of the RH-BC were analyzed before and after precipitation (e.g., adsorption) using FTIR. As shown in Figure 6, 875 cm⁻¹, 1049 cm⁻¹, 1375 cm⁻¹, 1430 cm⁻¹, 1740 cm⁻¹, 2930 cm⁻¹, and 3200-3400 cm⁻¹ peaks, indicating CO₃²⁻, C-O stretching, C=O carboxylate ion stretching, C-H bending, C=O group, -CH group, and OH group in RH-BC and myrrh resin extracts coated RH-BC appeared [35,69]. Among them, the peaks at 875 cm⁻¹, 1049 cm⁻¹ peak, indicating CO₃²⁻, and C-O stretching had decreased and 1740 cm⁻¹ indicated an increase in the C=O group. Hence, these results (e.g., the increase of C=O group) imply that the terpenoids such as furanoeudesma-1,3-diene and curzerene bind with the functional groups (e.g., CO₃²⁻, and C-O stretching) on the surface of RH-BC or π - π interaction by surface area.

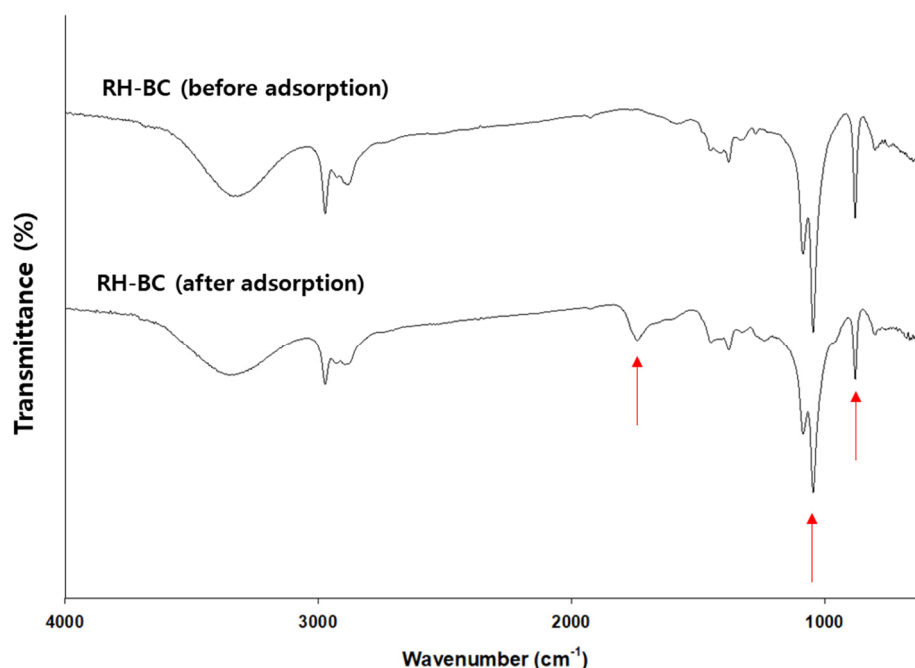


Figure 6. FTIR spectra of the RH-BCs before and after myrrh resin extract adsorption.

As shown in the XPS results, C1s, O1s, Si2s, and Si2p peaks appeared in the survey scans of the RH-BC and myrrh resin extract-coated RH-BC (Figure 7). In the comparison between RH-BC and myrrh resin extract-coated RH-BC, the C1s, O1s, Si2s, and Si2p peaks decreased after coating, indicating that various compounds in the myrrh resin extracts were bound to the surface of RH-BC. These peak intensities (e.g., C1s, O1s, Si2s, and Si2p) were similar at 25, 50, and 100 °C, although they slightly decreased at 200 °C. These phenomena can be attributed to the volatility of various compounds in the myrrh resin extracts at high temperatures (200 °C). Nevertheless, the C1s, O1s, Si2s, and Si2p peaks were still present. These results demonstrate that various compounds in myrrh resin extracts are strongly incorporated onto the surface of the biochar. Therefore, biochar is a promising material for reducing the loss of desired compounds. In addition, myrrh resin extract-coated RH-BC can be applied as a potential material for antibacterial and antiviral activity via the successful binding of phytochemicals (e.g., terpenoids) to the surface of the biochar. Further evaluation of the binding correlation between the properties of biochar and terpenoids, and more detailed binding mechanisms are necessary.

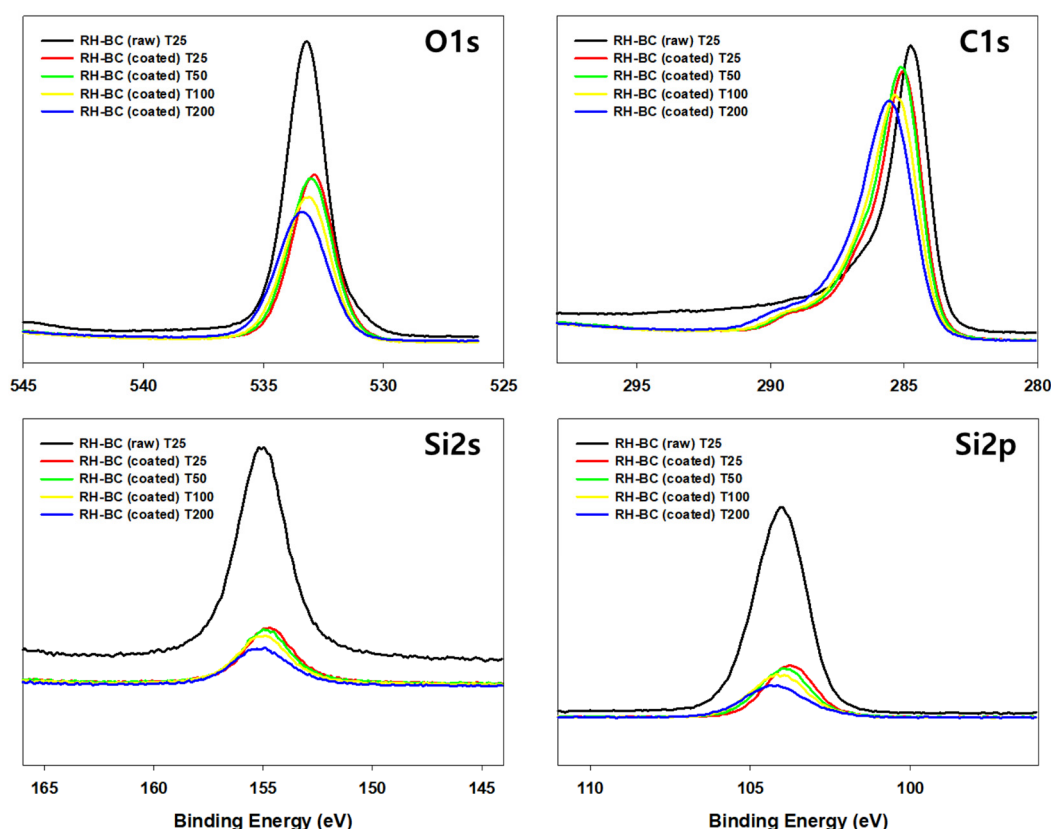


Figure 7. XPS spectra of raw RH-BC (not coated) and myrrh resin extracts coated RH-BC (coated) at various temperatures (25°C, 50°C, 100°C, and 200°C) for adsorption stability evaluation.

4. Conclusions

To extract effective compounds from myrrh resin, various solvents with different polarities and dielectric constants were used as extraction solvent. Among the myrrh resin extracts prepared, the methanolic extract showed significant antibacterial activity against gram-positive bacteria. This may be due to the distinct solvent properties, which lead to the extraction of different effective compounds. Particularly, the extract prepared by soaking in methanol exhibited anti-inflammatory activity at non-cytotoxic concentrations. According to the results of the component analysis using HPLC and GC-MS, the extracts contained various polyphenols (e.g., tannic acid, rutin, and quercetin) and terpenoids (e.g., furanoeudesma-1,3-diene and curzerene), which are known to have antibacterial, anti-inflammatory, and antiviral effects. Furthermore, novel biochar-based materials that introduced the functionality of myrrh resin extracts for antiviral activity were fabricated using a simple adsorption process. The myrrh resin extract-coated biochars, which adsorbed terpenoids, showed antiviral activity against the H1N1 influenza virus, along with extracts that existed in the liquid state. Therefore, biochar coated with methanolic myrrh resin extracts suggests the possibility of using natural-derived substances in various fields (e.g., purification, agriculture, pharmaceuticals, cosmetics, and food packaging), as they are fabricated as novel materials via the adsorption of effective compounds.

Supplementary Materials: Table S1: Brunauer-Emmett-Teller (BET) surface areas of the RH-BC and WD-BC; Figure S1: GC-MS spectra of myrrh resin extracts for terpenes analysis.; Figure S2: FTIR spectra of RH-BC and WD-BC before myrrh resin extract adsorption.

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