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## Article

# Design, Synthesis, and Potent Anticancer Activity of Novel Indole-Based Bcl-2 Inhibitors

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**Abstract:** The Bcl-2 family plays a crucial role in regulating cell apoptosis, making it an attractive target for cancer therapy. In this study, a series of indole-based compounds, **U1-6**, were designed, synthesized, and evaluated for their anticancer activity against BCL-2-expressing cancer cell lines. The binding affinity, safety profile, cell cycle arrest, and apoptosis effects of the compounds were tested. The designed compounds exhibited potent inhibitory activity at sub-micromolar IC<sub>50</sub> concentrations against MCF-7, MDA-MB-231, and A549 cell lines. Notably, **U2** and **U3** demonstrated the highest activity, particularly against MCF-7 cells. Respectively, both **U2** and **U3** showed potential Bcl-2 inhibition activity with IC<sub>50</sub> values of  $1.2 \pm 0.02$  and  $11.10 \pm 0.07$   $\mu$ M using an ELISA binding assay compared to  $0.62 \pm 0.01$   $\mu$ M for gossypol, employed as positive control. Molecular docking analysis suggested stable interactions of compound **U2** at the Bcl-2 binding site through hydrogen bonding, pi-pi stacking, and hydrophobic interactions. Furthermore, **U2** demonstrated significant induction of apoptosis and cell cycle arrest at G1/S phase. Importantly, **U2** displayed a favorable safety profile on HDF human dermal normal fibroblast cells at 10-fold greater IC<sub>50</sub> compared to MDA-MB-231 cells. These findings underscore the therapeutic potential of compound **U2** as a Bcl-2 inhibitor and provide insights into its molecular mechanisms of action.

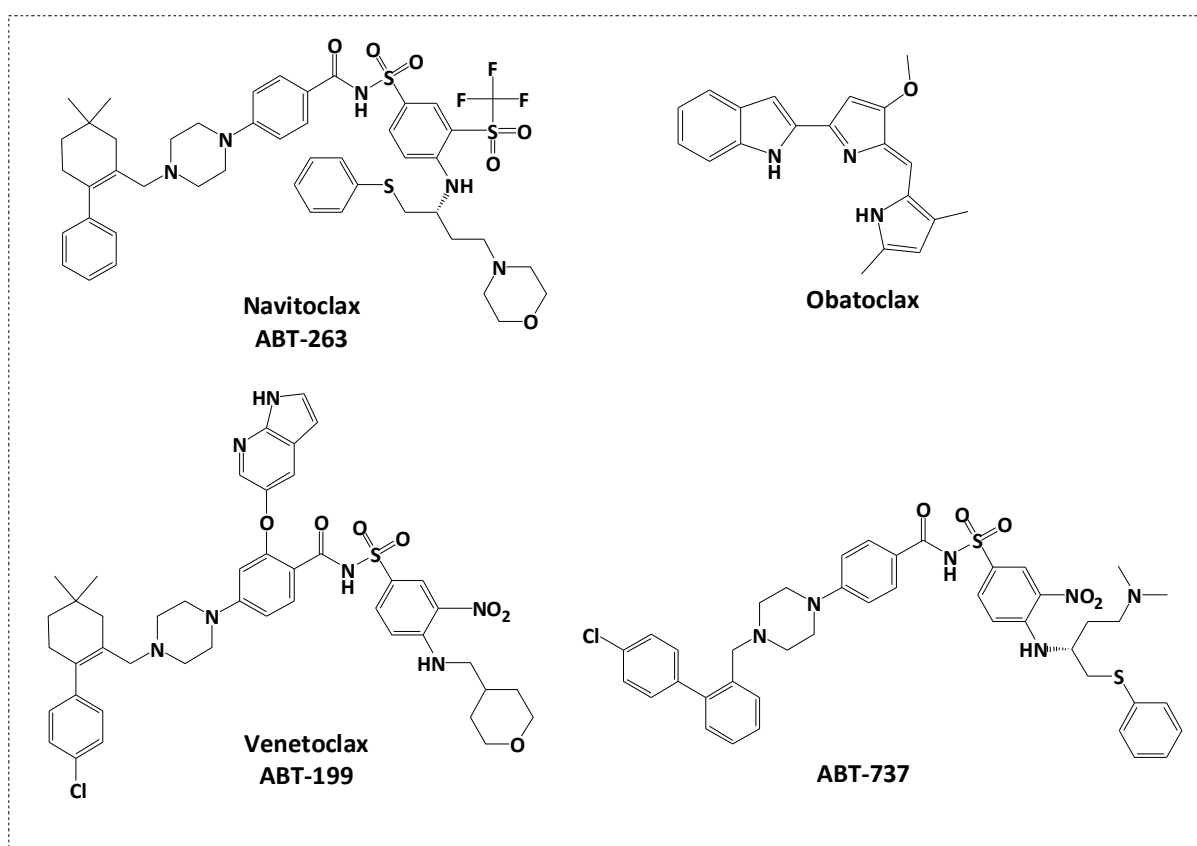
**Keywords:** Bcl-2; Anti-apoptotic protein; Indole; cancer drug discovery

## 1. Introduction

The B-cell lymphoma 2 (Bcl-2) protein is a key regulator of apoptosis, a programmed cell death process required for tissue homeostasis and elimination of damaged cells [1]. Bcl-2 is a member of the Bcl-2 protein family, which is categorized into pro-apoptotic (such as Bax and Bak) and anti-apoptotic members (such as Bcl-2, Bcl-XL, and Mcl-1) [2]. Bcl-2 is as an anti-apoptotic protein that suppresses cell death by inhibiting the activation of pro-apoptotic proteins, hence favouring cell survival [3]. Bcl-2 expression or function dysregulation contributes to cancer development and progression [4,5]. Several studies have linked the overexpression levels of anti-apoptotic Bcl-2 protein with resistance to chemotherapy, radiation treatment, and targeted therapies in many cancer types [6,7]. This resistance permits cancer cell survival, resulting in therapeutic resistance and disease progression [8]. Furthermore, multiple Bcl-2 inhibitors are being tested in clinical studies against various cancer types [9], and activity is widely reported in pre-clinical models such as human breast cancer cell MCF-7 [10,11], MDA-MB-231 [12], and human lung cancer cell A549 [13,14]. These trials are assessing their safety, efficacy, and potential synergistic benefits when paired with existing medicines, offering promise for improved cancer treatment outcomes [15].

The BH3 domain (Bcl-2 homology 3) is a conserved region present in the pro-apoptotic Bcl-2 family proteins [16]. It facilitates the interaction of pro-apoptotic and anti-apoptotic proteins and is required for apoptosis regulation [17]. Small molecule inhibitors that mimic the BH3 domain and specifically bind to anti-apoptotic Bcl-2 proteins can disrupt this protein-protein interaction, resulting in apoptosis activation in cancer cells [18]. These inhibitors aim to sensitise cancer cells to apoptotic signals and enhance the effectiveness of cancer treatments [19]. Several BH3 mimetic molecules have been developed and tested as potential anticancer agents (**Figure 1**). Venetoclax (ABT-199) is an FDA-approved medication that targets Bcl-2[20]; it is the first-in-class Bcl-2 inhibitor that treats lymphoid cancers [21] and has shown remarkable clinical activity against certain types of haematological malignancies such as chronic lymphocytic leukaemia [22]. Venetoclax combined with azacitidine is used for the treatment of acute myeloid leukaemia [23]. ABT-737 was also one of the first developed Bcl-2 inhibitors that demonstrated efficient activity against lymphoma [24]. However, its major limitation is low oral bioavailability; therefore navitoclax (ABT-263) was developed [25]. Navitoclax (ABT-263) is a small molecule Bcl-2 inhibitor with a broader inhibition profile of Bcl-2 family proteins [26]. It induces apoptosis in small cell lung cancer and other solid tumour patients [27], and showed safety and efficacy when combined with erlotinib in the treatment of solid tumours [28]. Obatoclax mesylate (GX15-070) is a small molecule pan-Bcl-2 family inhibitor that is employed in the treatment of advanced chronic lymphocytic leukaemia [29].

Current Bcl-2 inhibitors, such as venetoclax, have limited application because of overexpression of anti-apoptotic proteins, particularly MCL-1, which leads to resistance and decrease in patient survival [30]. As a result, this study attempted to identify novel inhibitors of Bcl-2 protein that would provide enhanced therapeutic benefits through integrating distinct pharmacophoric moieties to improve potency, selectivity, and binding affinity towards the target proteins. Development of new Bcl-2 inhibitors represents a promising therapeutic approach in oncology, with the potential to overcome drug resistance and improve the efficacy of cancer treatments. Continued research and clinical trials can reveal the full potential of Bcl-2 inhibition in cancer treatment.



**Figure 1.** Reported small molecule inhibitors of Bcl-2.

## 2. Experimental

### 2.1. Chemistry

The identity and purity of synthesised compounds were monitored on thin-layer chromatography (TLC) using pre-coated silica gel plates (Kieselgel 60F254, BDH, Taufkirchen, Germany) and visualised using UV light at 254 nm. A Gallenkamp melting point apparatus (London, UK) was used to calculate the melting points (mp). <sup>1</sup>H NMR spectra were acquired at 500 MHz on a Bruker spectrometer. Chemical shifts were indicated in parts per million (ppm) relative to TMS, coupling constant (J) values were expressed in hertz (Hz), and the signals were labelled as s (singlet), d (doublet), t (triplet), and m (multiplet). Positive mode electrospray ionization (ESI) mass spectroscopy (Bruker Daltonics mass spectrometer, Bremen, Germany) was used to confirm molecular mass and formula.

#### 2.1.1. Synthesis of 2-chloro-N-(4-nitrophenyl)acetamide (2)

Chloro-acetyl chloride (1 mL, 10 mmol) was added dropwise to a mixture of *p*-nitro aniline (1.4 g, 10 mmol) and potassium carbonate (20 mmol) in DCM (20 mL). The reaction mixture was refluxed for 4 h. The aqueous layer was extracted with dichloromethane, dried over anhydrous sodium sulphate and evaporated *in vacuo* until dryness. The crude product was re-crystallized from ethanol. Yield: 70%, mp: 158-159 °C. <sup>1</sup>H-NMR (DMSO-*d*<sub>6</sub>) δ 4.32 (s, 2H, CH<sub>2</sub>), 7.83 (d, 2H, J = 9.15, ArH), 8.25 (d, 2H, J = 9.15, ArH), 10.38 (s, 1H, NH).

#### 2.1.2. Synthesis of 2-morpholin-4-yl-N-(4-nitrophenyl)acetamide (3)

2-Chloro-N-(4-nitrophenyl) acetamide (2, 2 g, 10 mmol) in anhydrous THF (10 mL) was added dropwise to K<sub>2</sub>CO<sub>3</sub> solution (2.8 g, 20 mmol), followed by addition of morpholine (1, 1 mL, 10 mmol). The reaction mixture was heated to 80 °C for 16 h. Water (30 mL) was added, and the resulting precipitate was collected by filtration, rinsed with water, and allowed to dry to obtain the crude product without further purification.

#### 2.1.3. Synthesis of N-(4-amino-phenyl)-2-morpholin-4-yl-acetamide (4)

2-Morpholin-4-yl-N-(4-nitrophenyl)acetamide (3, 2.7 mL, 10 mmol) in 75% ethanol (30 mL) was added to a solution of reduced iron 5 gm in water (10 mL) and concentrated hydrochloric acid (0.5 mL). solution. The reaction mixture was heated to reflux for 1 h. Iron was removed through filtration and the filtrate was rinsed three times with ethanol. The filtrate was then run through a silica pad to eliminate any leftover iron residues. The filtrate was evaporated *in vacuo* until dryness and purified using preparative TLC. Yield: 92%, mp: 97-99°C. <sup>1</sup>H-NMR (DMSO-*d*<sub>6</sub>) δ 2.49 (s, 4H, 2xCH<sub>2</sub>), 3.01 (s, 2H, CH<sub>2</sub>), 3.66 (m, 6H, 2xCH<sub>2</sub>, NH<sub>2</sub>), 6.54 (d, 2H, J = 8.65, ArH), 7.22 (d, 2H, J = 8.65, ArH), 8.78 (s, 1H, NH).

#### 2.1.4. N-[4-(2-chloroacetyl-amino)phenyl]-2-morpholin-4-yl-acetamide (5)

Chloroacetyl chloride (1 mL, 10 mmol) in anhydrous THF (10 mL) was added dropwise to K<sub>2</sub>CO<sub>3</sub> solution (2.8 g, 20 mmol), followed by N-(4-amino-phenyl)-2-morpholin-4-yl-acetamide (4, 2.4 mL, 10 mmol). The reaction mixture was heated at reflux for 16 h, crush ice was added, and the precipitate was collected by filtration and crystallized using ethanol. Yield: 78%, mp.: 97-99 °C. <sup>1</sup>H-NMR (DMSO-*d*<sub>6</sub>) δ 2.50 (s, 4H, 2xCH<sub>2</sub>), 3.11 (s, 2H, CH<sub>2</sub>), 3.63 (s, 4H, 2xCH<sub>2</sub>), 4.23 (s, 2H, CH<sub>2</sub>), 7.52 (d, 2H, J = 8.69, ArH), 7.58 (d, 2H, J = 8.85, ArH), 9.71 (s, 2H, NH, NH).

#### 2.1.5. General procedure for triazole thiol (7a-f) preparation

A solution of previously prepared indolyl-3-carbonyl-N-substituted phenyl thiosemicarbazides (6a-f, 10 mmol) in 2N NaOH (4 mL) was refluxed for 3h [31]. Water was added, and the solution was

carefully neutralized with diluted HCl. The corresponding precipitate was filtered, dried, and recrystallized from ethanol.

**2.1.5.1. 4-(4-Fluorophenyl)-5-(1H-indol-3-yl)-4H-1,2,4-triazole-3-thiol (7a).** Yield: 62%, mp: 223-225 °C. <sup>1</sup>H-NMR (DMSO-d<sub>6</sub>) δ 6.46 (d, 1H, J = 2.53, ArH), 7.18 (m, 2H, ArH), 7.42-7.48 (m, 3H, ArH), 7.51-7.55 (m, 2H, ArH), 8.06 (d, 1H, J = 7.5, ArH), 11.45 (s, 1H, NH), 13.94 (s, 1H, SH).

**2.1.5.2. 4-(Methoxyphenyl)-5-(1H-indol-3-yl)-4H-1,2,4-triazole-3-thiol (7b).** Yield 56%, mp: 210-212 °C. <sup>1</sup>H-NMR (DMSO-d<sub>6</sub>) δ 3.86 (s, 3H, OCH<sub>3</sub>), 6.40 (d, 1H, J = 2.85, ArH), 7.12-7.22 (m, 4H, ArH), 7.35 (d, 2H, J = 8.91, ArH), 7.43 (d, 1H, J = 7.84, ArH), 8.09 (d, 1H, J = 7.84, ArH), 11.52 (s, 1H, NH), 13.80 (s, 1H, SH).

**2.1.5.3. 5-(1H-indol-3-yl)-4-methylphenyl-4H-1,2,4-triazole-3-thiol (7c).** Yield 60%, mp: 208-210 °C. <sup>1</sup>H-NMR (DMSO-d<sub>6</sub>) δ 2.45 (s, 3H, CH<sub>3</sub>), 6.38 (d, 1H, J = 2.84, ArH), 7.14-7.23 (m, 2H, ArH), 7.32 (d, 2H, J = 8.18, ArH), 7.43 (d, 3H, J = 8.18, ArH), 8.08 (d, 1H, J = 8.18, ArH), 11.40 (s, 1H, NH), 13.93 (s, 1H, SH).

**2.1.5.4. 4-(3-Chlorophenyl)-5-(1H-indol-3-yl)-4H-1,2,4-triazole-3-thiol (7d).** Yield: 71%, mp: 170-172 °C. <sup>1</sup>H-NMR (DMSO-d<sub>6</sub>) δ 6.49 (d, 1H, J = 2.49, ArH), 7.19 (m, 2H, ArH), 7.45 (t, J = 7.5, 2H, ArH), 7.64 (t, J = 6.50, 1H, ArH), 7.68 (d, 1H, J = 1.25, ArH), 7.7 (d, 1H, J = 1.25, ArH), 8.0 (d, 1H, J = 7.97, ArH), 11.49 (s, 1H, NH), 13.9 (s, 1H, SH).

**2.1.5.5. 4-(4-Chlorophenyl)-5-(1H-indol-3-yl)-4H-1,2,4-triazole-3-thiol (7e).** Yield: 67%, mp: 165-167 °C. <sup>1</sup>H-NMR (DMSO-d<sub>6</sub>) δ 6.51 (d, 1H, J = 2.48, ArH), 7.19 (m, 2H, ArH), 7.45 (d, 1H, J = 8.14, ArH), 7.51 (d, 2H, J = 8.50, ArH), 7.68 (d, 2H, J = 8.14, ArH), 8.04 (d, 1H, J = 7.79, ArH), 11.40 (s, 1H, NH), 13.96 (s, 1H, SH).

**2.1.5.6. 4-(3,4-Dichlorophenyl)-5-(1H-indol-3-yl)-4H-1,2,4-triazole-3-thiol (7f).** Yield: 63%, mp: 198-200 °C. <sup>1</sup>H-NMR (DMSO-d<sub>6</sub>) δ 6.62 (d, 1H, J = 2.85, ArH), 7.17 (m, 2H, ArH), 7.46 (d, 1H, J = 8.05, ArH), 7.5 (d, 1H, J = 8.56, ArH), 7.87 (d, 1H, J = 8.67, ArH), 7.92 (s, 1H, ArH), 8.0 (d, 1H, J = 7.97, ArH), 11.63 (s, 1H, NH), 14.0 (s, 1H, SH).

#### 2.1.6. General procedure of S alkylation of triazole thiol (U1-6)

*N*-[4-(2-chloroacetylaminophenyl)-2-morpholin-4-yl-acetamide (5, 10 mmol) was added to a mixture of 4-(substituted-phenyl)-5-(1H-indol-3-yl)-4H-1,2,4-triazole-3-thiol (7a-f, 10 mmol) in ethanol and KOH (10 mmol) and stirred for 16 h at room temperature. The produced precipitate was then filtered, dried, and recrystallized from ethanol to obtain the corresponding S-alkyl triazole thiol U1-6.

**2.1.6.1. 2-(4-(4-Fluorophenyl)-5-(1H-indol-3-yl)-4H-1,2,4-triazol-3-ylthio)-N-(4-(2-morpholinoacetamido)phenyl)acetamide (U1).** Yield: 65%, mp: 208-210 °C. <sup>1</sup>H-NMR (DMSO-d<sub>6</sub>) δ 2.14 (s, 4H, 2xCH<sub>2</sub>), 3.14 (s, 4H, 2xCH<sub>2</sub>), 3.63 (s, 2H, CH<sub>2</sub>), 4.15 (s, 2H, CH<sub>2</sub>), 6.60 (d, 1H, J = 2.12, ArH), 7.19 (m, 2H, ArH), 7.45 (d, 1H, J = 6.37, ArH), 7.50-7.56 (m, 4H, ArH), 7.60-7.66 (m, 4H, ArH), 8.2 (d, 1H, J = 7.79, ArH), 9.73 (s, 1H, NH), 10.32 (s, 1H, NH), 11.35 (s, 1H, NH). MS analysis for C<sub>30</sub>H<sub>28</sub>FN<sub>7</sub>O<sub>3</sub>S: Calcd mass: 585.65, found (m/z, M<sup>+</sup>): 586.16.

**2.1.6.2. 2-(5-(1H-indol-3-yl)-4-(4-methoxyphenyl)-4H-1,2,4-triazol-3-ylthio)-N-(4-(2-morpholinoacetamido)phenyl)acetamide (U2).** Yield: 65%, mp: 173-175 °C. <sup>1</sup>H-NMR (DMSO-d<sub>6</sub>) δ 2.12 (s, 4H, 2xCH<sub>2</sub>), 3.11 (s, 4H, 2xCH<sub>2</sub>), 3.60 (s, 2H, CH<sub>2</sub>), 3.86 (s, 3H, OCH<sub>3</sub>), 4.11 (s, 2H, CH<sub>2</sub>), 6.54 (d, 1H, J = 2.21, ArH), 7.15 (m, 4H, ArH), 7.41-7.51 (d, 4H, J = 8.50, ArH), 7.60 (d, 3H, J = 8.50, ArH), 8.20 (d, 1H, J = 5.66, ArH), 9.68 (s, 1H, NH), 10.31 (s, 1H, NH), 11.30 (s, 1H, NH). MS analysis for C<sub>31</sub>H<sub>31</sub>FN<sub>7</sub>O<sub>4</sub>S: Calcd mass 597.69, found (m/z, M<sup>+</sup>): 598.22.

**2.1.6.3. 2-(5-(1H-indol-3-yl)-4-methylphenyl-4H-1,2,4-triazol-3-ylthio)-N-(4-(2-morpholinoacetamido)phenyl)acetamide (U3).** Yield: 67%, mp: 250-252 °C. <sup>1</sup>H-NMR (DMSO-d<sub>6</sub>) δ 2.10 (s, 4H, 2xCH<sub>2</sub>), 2.41 (s, 3H, CH<sub>3</sub>), 3.09 (s, 4H, 2xCH<sub>2</sub>), 3.57 (s, 2H, CH<sub>2</sub>), 4.09 (s, 2H, CH<sub>2</sub>), 6.50 (d, 1H, J = 2.12, ArH), 7.19 (m, 2H, ArH), 7.45 (dd, 5H, J = 6.37, 7.15 ArH), 7.52 (d, 2H, J = 6.90, ArH), 7.64 (d, 2H, J = 6.90, ArH), 8.2 (d, 1H, J = 7.79, ArH), 9.73 (s, 1H, NH), 10.39 (s, 1H, NH), 11.43 (s, 1H, NH). MS analysis for C<sub>31</sub>H<sub>31</sub>FN<sub>7</sub>O<sub>3</sub>S: Calcd mass 581.69, found (m/z, M<sup>+</sup>): 582.18.

**2.1.6.4. 2-(4-(3-Chlorophenyl)-5-(1H-indol-3-yl)-4H-1,2,4-triazol-3-ylthio)-N-(4-(2-morpholinoacetamido)phenyl)acetamide U4.** Yield: 45%, mp: 220-222 °C. <sup>1</sup>H-NMR (DMSO-d<sub>6</sub>) δ 2.16



(s, 4H, 2xCH<sub>2</sub>), 3.17 (s, 4H, 2xCH<sub>2</sub>), 3.68 (s, 2H, CH<sub>2</sub>), 4.18 (s, 2H, CH<sub>2</sub>), 6.50 (d, 1H, J = 2.30, ArH), 7.15 (m, 2H, ArH), 7.45 (d, 1H, J = 6.37, ArH), 7.54-7.57 (m, 4H, ArH), 7.62-7.66 (m, 3H, ArH), 7.74 (t, J = 6.75, 1H, ArH), 8.2 (d, 1H, J = 7.79, ArH), 9.63 (s, 1H, NH), 10.52 (s, 1H, NH), 11.34 (s, 1H, NH). MS analysis for C<sub>30</sub>H<sub>28</sub>ClN<sub>7</sub>O<sub>3</sub>S: Calcd mass: 601.17, found (m/z, M<sup>+</sup>): 602.20.

**2.1.6.5. 2-(4-(4-Chlorophenyl)-5-(1H-indol-3-yl)-4H-1,2,4-triazol-3-ylthio)-N-(4-(2-morpholinoacetamido)phenyl)acetamide (U5).** Yield 65%, mp: 208-210 °C. <sup>1</sup>H-NMR (DMSO-d<sub>6</sub>) δ 2.15 (s, 4H, 2xCH<sub>2</sub>), 3.16 (s, 4H, 2xCH<sub>2</sub>), 3.64 (s, 2H, CH<sub>2</sub>), 4.18 (s, 2H, CH<sub>2</sub>), 6.58 (d, 1H, J = 2.42, ArH), 7.14 (m, 2H, ArH), 7.40 (d, 1H, J = 8.37, ArH), 7.52-7.54 (m, 4H, ArH), 7.68 (d, 2H, J = 7.50, ArH), 7.62-7.64 (m, 2H, ArH), 8.2 (d, 1H, J = 7.79, ArH), 9.73 (s, 1H, NH), 10.30 (s, 1H, NH), 11.20 (s, 1H, NH). MS analysis for C<sub>30</sub>H<sub>28</sub>ClN<sub>7</sub>O<sub>3</sub>S: Calcd mass: 601.17, found (m/z, M<sup>+</sup>): 601.98.

**2.1.6.6. 2-[4-(3,4-Dichlorophenyl)-5-(1H-indol-3-yl)-4H-1,2,4-triazol-3-ylthio)-N-[4-(2-morpholinoacetamido)phenyl] acetamide (U6).** Yield: 57%, mp: 218-220 °C. <sup>1</sup>H-NMR (DMSO-d<sub>6</sub>) δ 2.10 (s, 4H, 2xCH<sub>2</sub>), 3.04 (s, 4H, 2xCH<sub>2</sub>), 3.12 (s, 2H, CH<sub>2</sub>), 4.07 (s, 2H, CH<sub>2</sub>), 6.58 (d, 1H, J = 2.12, ArH), 7.18-7.21 (m, 2H, ArH), 7.46 (d, 1H, J = 8.05, ArH), 7.64 (t, J = 7.1, 1H, ArH), 7.70-7.74 (m, 3H, ArH), 7.82-7.84 (m, 2H, ArH), 7.92 (s, 1H, ArH), 8.0 (d, 1H, J = 7.97, ArH), 9.73 (s, 1H, NH), 10.34 (s, 1H, NH), 11.63 (s, 1H, NH). MS analysis for C<sub>30</sub>H<sub>27</sub>Cl<sub>2</sub>N<sub>7</sub>O<sub>3</sub>S: Calcd mass: 635.13, found (m/z, M<sup>+</sup>): 636.78.

## 2.2. Biology

### 2.2.1. Cell culture and maintenance

MDA-231 triple-negative breast cancer cells, MCF-7 breast cancer cells, and A549 adenocarcinomic human alveolar basal epithelial cells were maintained in Roswell Park Memorial Institute media (RPMI 1640, Sigma-Aldrich, St. Louis, MO, USA) supplemented with 10% foetal bovine serum and 1% penicillin/streptomycin. HDF human dermal normal fibroblast cells were cultured in Dulbecco's Modified Eagle Medium (DMEM, Sigma-Aldrich, Germany). MCF-7 breast cancer cell line was obtained from cell lines service (CLS; Germany). MDA-MB-231 breast cancer cell line and A549 cancer cells were obtained from European Collection of Authenticated Cell Cultures (ECACC; UK). Cell lines were maintained at 37° C in a humidified incubator with 5% CO<sub>2</sub>.

### 2.2.2. Cytotoxicity assay

The antiproliferative activity of compounds **U1-6** was assessed using 3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyl tetrazolium bromide MTT assay as previously described [32,33]. Cancer cell lines were seeded in 96-well flat bottom plates at a density of 10<sup>4</sup> cells/ well for 24 h. The cells were subsequently treated with **U1-6** compounds at a screening concentration of 50 μM and incubated at 37°C for 48 h in a humidified incubator containing 5% CO<sub>2</sub>. Serial dilution concentrations ranged from 1, 10, 25, 50, 100 μM were used for IC<sub>50</sub> calculation of each compound on the three cancer cell lines. DMSO was used as a negative vehicle control. The culture media was then removed and incubated for 2 h with fresh 200 μl culture media containing 5 mg/ml MTT. After removing the culture media and dissolving the produced formazan crystals in 100 μl DMSO and then incubated for another 30 min at 37 °C. The produced colour was measured at 570 nm using a microplate reader (Thermo-Scientific, Vantaa, Finland). GraphPad Prism 9.1 software was used to generate plots of absorbance versus the compound's concentration. Three independent repeat experiments were performed for each concentration to ensure reproducibility. IC<sub>50</sub> values were obtained from nonlinear regression plots of absorbance versus log concentration of the tested compounds using GraphPad Prism 5 software (San Diego, CA, USA).

### 2.2.3. Cell cycle assay

Most active compound **U2** was applied to MCF7 cells for 24 h at its IC<sub>50</sub> concentration. DMSO vehicle was used as negative control. The cells were collected, centrifuged, and fixed in 70% ethanol on ice for 20 min. The fixed cells were incubated for 1 h at room temperature with staining solution

(50 mg/mL propidium iodide PI, 0.05% Triton X-100, 0.1 mg/mL RNaseA). Gallios flow cytometer (Beckman Coulter, Brea, CA, USA) was used to measure cell cycle proportion [34].

#### 2.2.4. Apoptosis Assay

The Annexin-V-FITC apoptosis detection kit (Catalog # k101-25, Biovision, USA) was used for the apoptosis experiment according to previously published data. MCF-7 cells were treated with **U2** compound for 24 h. The negative control was 0.1% DMSO. The cells were collected by centrifugation and resuspended in 500  $\mu$ l of 1X Binding Buffer. Treated and control cells were stained with 5  $\mu$ l Annexin V-FITC and 5  $\mu$ l propidium iodide (PI 50 mg/ml) and then incubated at room temperature for 5 min in dark. Fluorescence-activated cell sorting (FACS) was quantified by flow cytometry. Flow cytometry (Excitation at 488 nm; Emission at 530 nm) was used to examine Annexin V-FITC binding and PI staining using the FITC signal detector and the phycoerythrin emission signal detector [35].

#### 2.2.5. Bim Enzyme-Linked Immunosorbent Assay (ELISA)

Bim binding assay (Thermo scientific, catalogue no # BMS244-3, Austria) was performed according to previously published data [31,36]. PBS solution containing 0.05% Tween-20 was used to wash a streptavidin-coated 96-well plate. For immobilisation, biotinylated Bim peptide (residues 81–106) was diluted in superbloc blocking solution and applied to each well. After incubation, the plate was washed with 0.5% BSA in PBS with Tween-20 solution. In PBS, test compounds were treated with His-tagged Bcl-2 protein and incubated for 1h after that transferred to the wells containing the immobilised Bim peptide. After another wash, each well received anti-His antibody with horseradish peroxidase enzyme. Following incubation and washing, O-phenylenediamine and hydrogen peroxide solution was added for color production. A plate reader (Thermo-Scientific, Vantaa, Finland) was used to measure the optical density at 450 nm. The reduction in Bim affinity was measured using non-linear regression curve (GraphPad Prism 5), which was also utilized to generate the IC<sub>50</sub> value for Bcl-2 inhibition.

### 2.3. Computational modeling

All computational work was carried out using Schrödinger suite 12.7 available at [www.schrodinger.com](http://www.schrodinger.com) and using Maestro graphical user interface software.

#### 2.3.1. Protein and ligand preparation

The protein data bank (<https://www.rcsb.org>) was used to obtain the 3D crystal structure of human Bcl-2 (PDB ID: 4AQ3). The protein was prepared and refined using the Protein Preparation Wizard Maestro. Water molecules that were crystallographically larger than 5 Å<sup>3</sup> were eliminated. At pH 7.3, all the missing hydrogen atoms were added to the protein for correct ionization using EPIC module [37,38]. The tautomerization state and bond order of amino acid residues were assigned. Water molecules having three hydrogen bonds to non-waters were eliminated. Finally, to alleviate steric conflicts, energy was minimized using OPLS4 [39]. Ligand compounds were built, and energy minimized using LigPrep tool [40], and the ligand 2D structure was transformed to 3D structure [41].

#### 2.3.2. Grid generation and molecular docking

In grid generation, the ligand having the crystal structure of human Bcl-2 (PDB ID: 4AQ3) was utilized. For docking investigations, a grid box was constructed at the active site's centroid, and the active site was defined around the native ligand of Bcl-2 (PDB ID: 4AQ3) crystal structure. The prepared ligands were docked within the grid-generated Bcl-2 (PDB: 4AQ3) binding site using the standard precision (SP) mode of Glide without any limitations [42,43]. The visual inspection of the interaction indicated the affinity of docked ligands to the binding site.

### 2.3.3. Pharmacokinetics predication

Using the Swiss-ADME website (<http://www.swissadme.ch/>), the bioavailability radar of the best active substance **U2** was projected versus Bcl-2 small molecule inhibitor ABT-263. Structure sketches were converted to SMILES format [44]. The bioavailability radar indicates desired features such as size, solubility, saturation, polarity, lipophilicity, and flexibility [45].

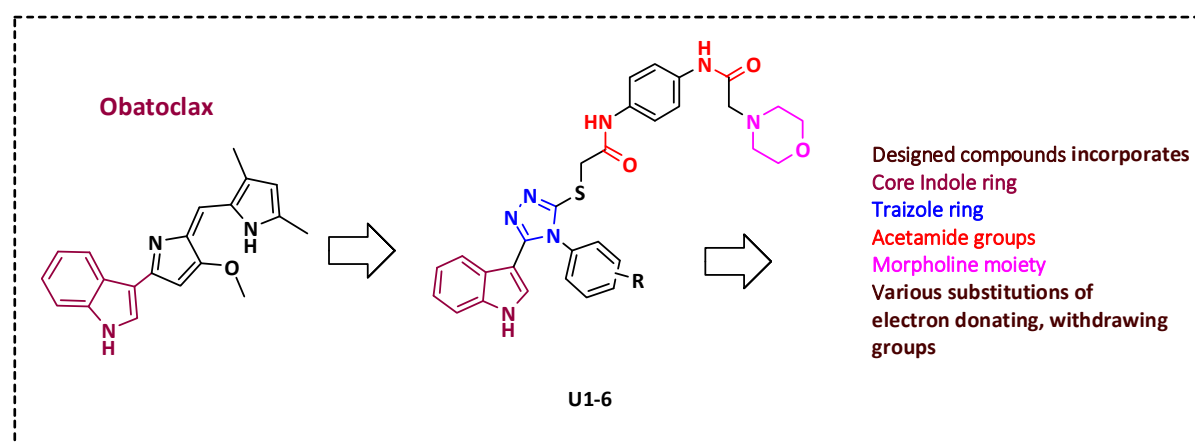
### 2.4. Statistical analysis

GraphPad prism (version 9.1.0) was used for data analysis using one-way analysis of variance (ANOVA) and Multiple Comparison Test. The data were represented by the mean SEM of three independent replicates.  $P < 0.05$  was used as the statistical significance level. \* Reveals that  $P$ -value  $< 0.05$ , \*\* reveals that  $P$ -value  $< 0.01$ , \*\*\* reveals that  $P$ -value  $< 0.001$ , \*\*\*\* reveals that  $P$ -value  $< 0.0001$ .

## 3. Results

### 3.1. Rational design

The rational design of Bcl-2 inhibitors has been explored using various small molecule inhibitors with core heterocyclic scaffolds, such as isoquinoline [2,46], and indole [47,48], along with different substitutions to enhance their activity and physiochemical properties. We previously designed series of indole-based compounds with triazole [36], oxadiazole [3,31], and quinoline-fused triazolothiadiazoles [2] scaffolds. The inclusion of a triazole ring was beneficial in targeting anti-apoptotic proteins Bcl-2 and Mcl-1 [49]. Morpholino substitution has demonstrated efficacy in targeting Bcl-2 proteins as in the case of ABT-263 [50,51]. Additionally, acetamide derivatives have been investigated for their ability to inhibit anti-apoptotic Bcl-2 proteins [52]. Various substitutions of electron donating or withdrawing groups have been introduced to the aforementioned compounds to alter the electronic properties and physicochemical characteristics of the molecule, potentially impacting its interactions with the target protein or modulating its biological activity. The rational construction of a series of molecules involves incorporating various functional groups and substitution patterns including an indole ring, a 1,2,4-triazole ring, a thioether linkage, an acetamide linker, and a morpholino moiety. The arrangement and connectivity of these structural elements can contribute to the compound's functional activity. It is worth noting that the discovery of small molecule inhibitors targeting the Bim binding site of anti-apoptotic Bcl-2 is an active area of research (**Figure 2**). The rational design of these compounds aims to optimize their potency, selectivity, and other pharmacological properties, with the ultimate goal of developing effective therapeutic agents for the treatment of specific disease.

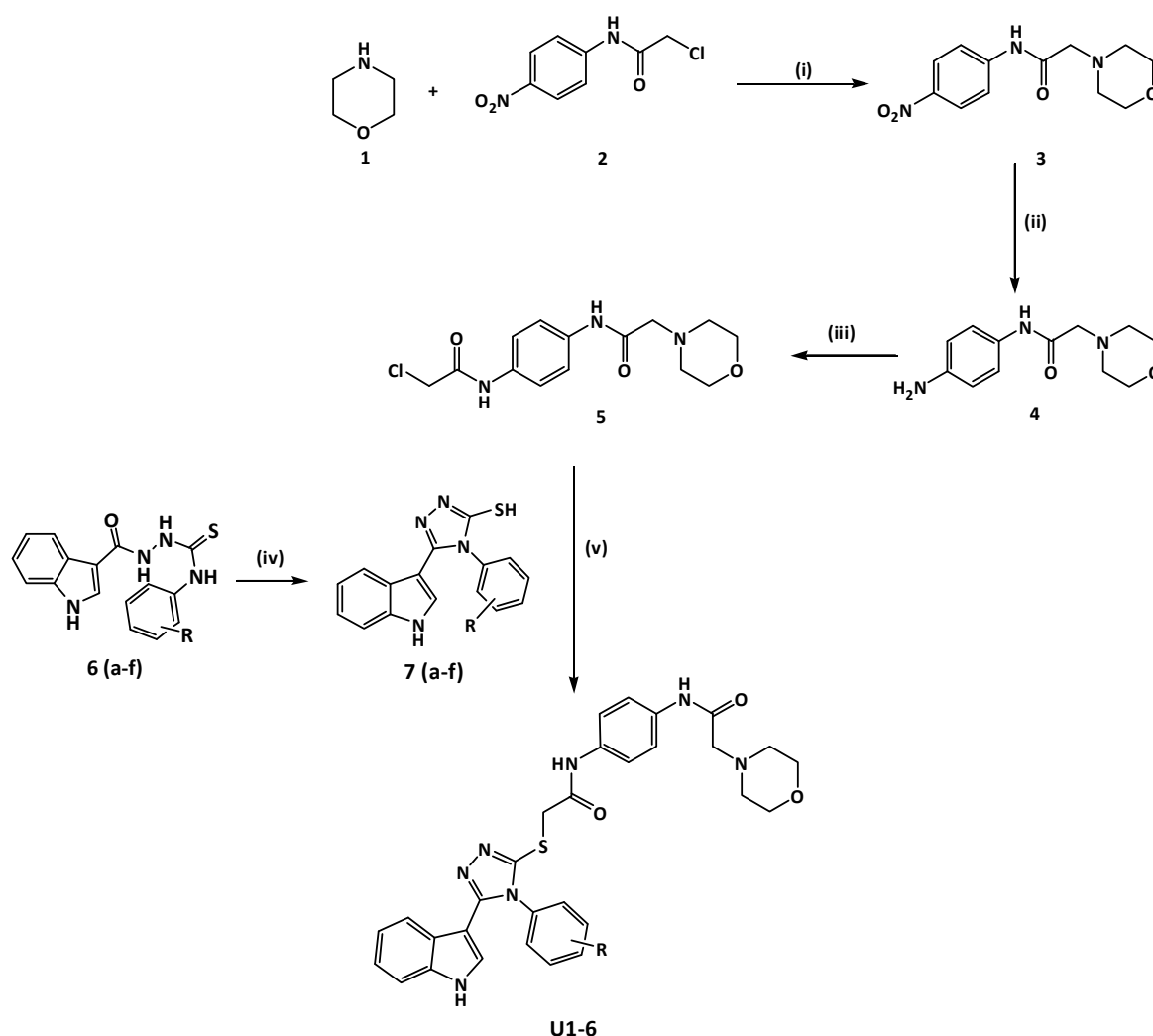


**Figure 2.** Rational design of novel Bcl-2 inhibitors.



### 3.2. Synthesis of the title compounds U1-6

A multistep procedure was used to synthesize compounds **U1-6**. First, 2-chloro-*N*-(4-nitrophenyl)acetamide **2** was synthesised by refluxing chloroacetyl chloride in a dichloromethane solution of *p*-nitroaniline and potassium carbonate. Then 2-morpholin-4-yl-*N*-(4-nitrophenyl)acetamide **3** was prepared by heating compound **2** in anhydrous THF with morpholine. Following that, *N*-(4-amino-phenyl)-2-morpholin-4-yl-acetamide **4** was synthesized by refluxing compound **3** in ethanol and HCl with reduced iron. Further, reaction of compound **4** with 2-chloroacetyl chloride produced *N*-[4-(2-chloro-acetyl-amino)-phenyl]-2-morpholin-4-yl-acetamide **5**. The substituted-phenyl-5-(1*H*-indol-3-yl)-4*H*-1,2,4-triazole-3-thiol (**7a-f**) were synthesized by treatment of previously reported indolyl-3-carbonyl-*N*-substituted phenyl thiosemicarbazides (**6a-f**, 10 mmol) in refluxing sodium hydroxide solution [31]. Finally, compound **5** was mixed in ethanol and KOH with substituted-phenyl-5-(1*H*-indol-3-yl)-4*H*-1,2,4-triazole-3-thiol (**7a-f**) to effect *S*-alkylation of the triazole thiol and yield the desired product, **U1-6** as illustrated in **Figure 3**.



**Figure 3.** (Scheme 1). Reagent and condition, (i) THF, K<sub>2</sub>CO<sub>3</sub>, r.t, overnight, (ii) Fe, HCl, ethanol, 3hrs reflux, (iii) Chloroacetyl chloride, K<sub>2</sub>CO<sub>3</sub>, DCM, 60 °C, 4h, (iv) a- 2 N NaOH, reflux, 3 h ; b- HCl, H<sub>2</sub>O , (v) Ethanol 70 %, KOH, overnight stir at room temperature (RT).

### 3.3. Compounds U2 and U3 showed potent inhibitory activity towards Bcl-2- expressing cancer cells

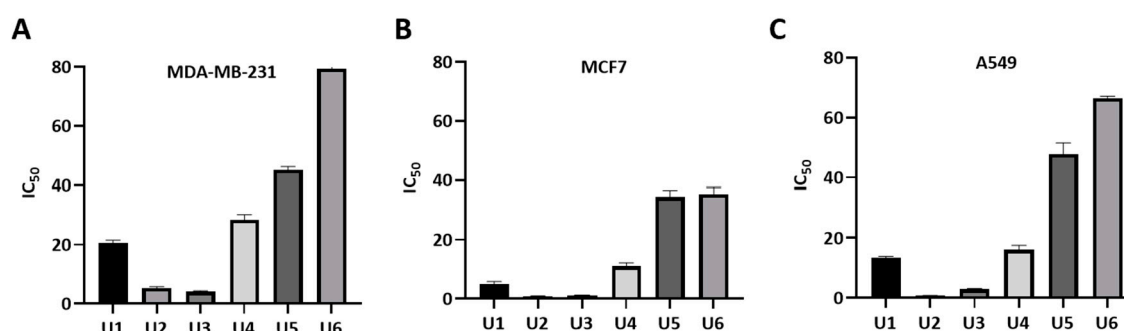
The designed compounds demonstrated inhibitory activity against Bcl-2 expressing human cell lines including breast cancer lines MCF-7 and MDA-MB-231; and A549 lung cancer cells at sub-micromolar concentrations indicating their potency (**Table 1**, **Figure 4**). The most potent activity was

observed by **U2**, followed by **U3**, **U1** and **U4**. Overall, the antiproliferative activity of all compounds was the highest against the MCF-7 cancer cell line. Compounds **U2**, **U3** showed  $IC_{50}$  values of  $0.83 \pm 0.11$  and  $1.17 \pm 0.10$   $\mu$ M against MCF-7;  $0.73 \pm 0.07$  and  $2.98 \pm 0.19$   $\mu$ M against A549; and  $5.22 \pm 0.55$ ,  $4.07 \pm 0.35$   $\mu$ M against the metastatic and treatment-refractory triple-negative breast cancer cell line MDA-MB-231, respectively. The physicochemical characteristics of various substitution patterns and the potent activity of **U2**, **U3**, led to their selection for further investigation.

**Table 1.**  $IC_{50}$  of **U1-6** compounds against MDA-MB-231, MCF-7, and A549 human cancer cells.

Compound	R	$IC_{50}$ *		
		MDA-MB-231	MCF-7	A549
<b>U1</b>	4-F	$20.66 \pm 0.85$	$5.05 \pm 0.80$	$13.34 \pm 0.58$
<b>U2</b>	4-OCH <sub>3</sub>	$5.22 \pm 0.55$	$0.83 \pm 0.11$	$0.73 \pm 0.07$
<b>U3</b>	4-CH <sub>3</sub>	$4.07 \pm 0.35$	$1.17 \pm 0.10$	$2.98 \pm 0.19$
<b>U4</b>	3-Cl	$28.38 \pm 1.79$	$11.0 \pm 1.2$	$16.11 \pm 1.4$
<b>U5</b>	4-Cl	$45.1 \pm 1.15$	$34.43 \pm 2.20$	$47.77 \pm 3.7$
<b>U6</b>	3,4-Dichloro	$79.4 \pm 4.04$	$35.45 \pm 2.14$	$66.5 \pm 0.62$
<b>Gossypol</b>		$5.5 \pm 0.35$	$4.43 \pm 0.54$	$3.45 \pm 0.40$

\*The results are presented as triplicate mean values  $\pm$ STD, from testing on three independent occasions.



**Figure 4.** Measurement of  $IC_{50}$  values of **U1-6** compounds against different cancer cell lines. (A) MDA-MB-231 cells. (B) MCF7 cells. (C) A549 cells. The data were analyzed using GraphPad prism and were calculated with nonlinear retrogression curve analysis. The data display the mean  $\pm$  standard error (SEM) of three replicates.

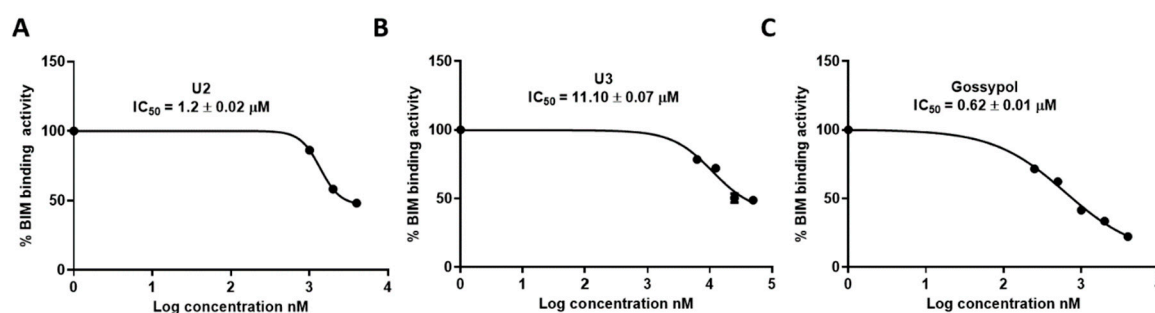
### 3.4. ELISA indicated the superior activity of compound **U2** against Bcl-2 protein

The ability of compounds **U2** and **U3** to bind to the Bcl-2 binding pocket as BH3 mimetics was tested by the ELISA binding assay, as previously described by our group [31,36]. The different attributes of the substitution such as size, shape, and electrostatic interaction influence their effectiveness as Bcl-2 competitive inhibitors. Compound **U2** exhibited an  $IC_{50} = 1.2 \pm 0.02$   $\mu$ M, which is 2-fold less potent than gossypol ( $IC_{50} = 0.62 \pm 0.01$   $\mu$ M), while **U3** exhibited lower binding affinity with  $IC_{50} = 11.10 \pm 0.07$   $\mu$ M (Table 2, Figure 5). These results indicated the potential activity of compound **U2** as a BCL-2 inhibitor warranting further investigation.

**Table 2.**  $IC_{50}$  of the selected compounds using ELISA against Bcl-2.

Compound	$IC_{50}$ *
<b>U2</b>	$1.2 \pm 0.02$
<b>U3</b>	$11.10 \pm 0.07$
<b>Gossypol</b>	$0.62 \pm 0.01$

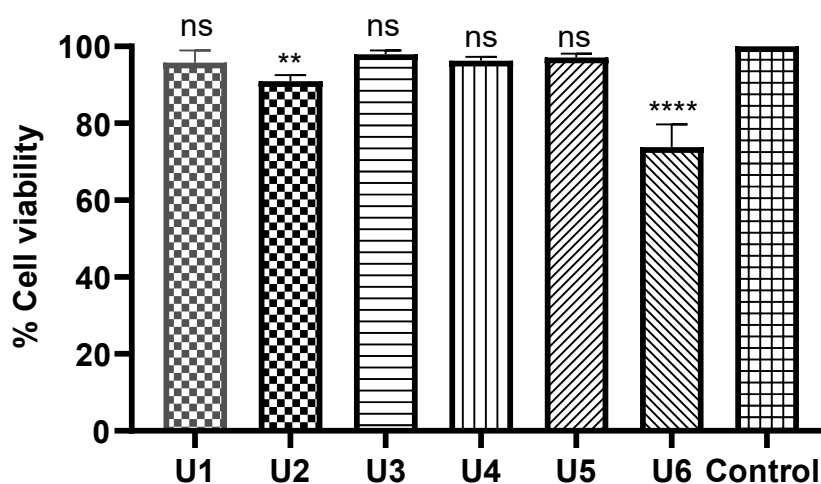
\*Mean value and SEM score of three independent measurements.



**Figure 5.** Inhibition activity of the most active compounds against Bcl-2-Bim binding. (A). IC<sub>50</sub> calculation of U2. (B) IC<sub>50</sub> calculation of U3. (C) IC<sub>50</sub> calculation of gossypol as positive control. The data were analyzed using GraphPad prism and were calculated with nonlinear retrogression curve analysis. DMSO was used as a negative control. The data display the mean ± standard error (SEM) of three replicates.

### 3.5. Compounds U1-6 showed an excellent safety profile on human normal cells.

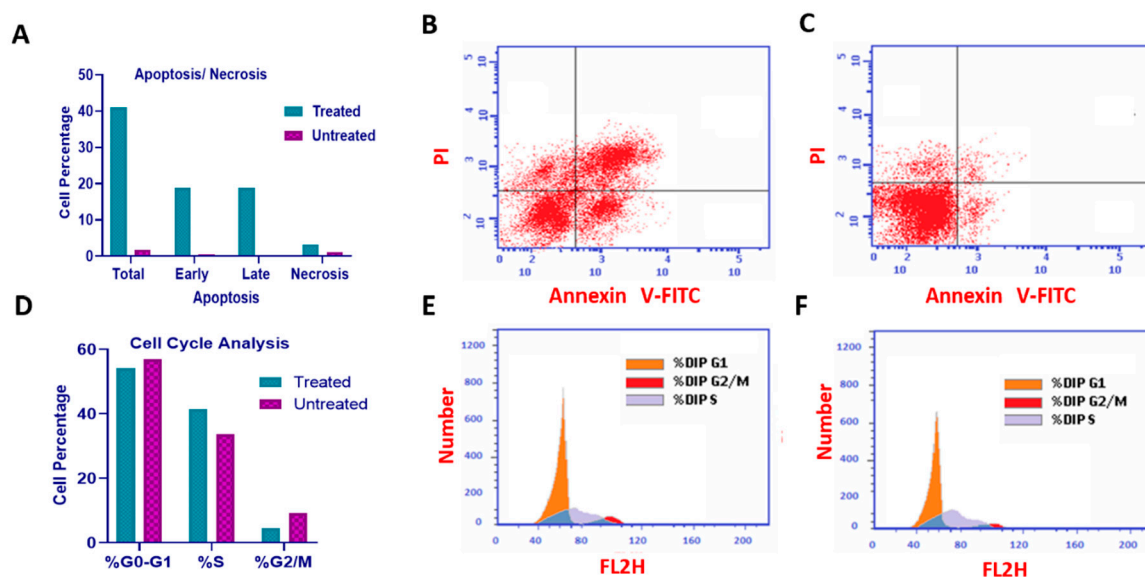
All tested compounds displayed minimal inhibitory activity against the HDF human dermal normal fibroblast cells at a concentration of 50 μM (over 24 hrs), indicative of a high safety profile. In particular, compounds U1, U3, U4, and U5 showed no significant change compared to the negative control. U6 and U2 exhibited limited toxicity on fibroblasts with *P* values of < 0.0001 and 0.01, respectively (Figure 6).



**Figure 6.** Safety profile of the designed compounds against HDF (normal cell fibroblasts). The data were analyzed using one-way ANOVA and were calculated with multiple comparisons test. The significance level indicated by asterisks (\**P* < 0.05; \*\**P* < 0.01; \*\*\**P* < 0.001; \*\*\*\**P* < 0.0001). The data display the mean ± standard error (SEM) of three replicates.

### 3.6. Compound U2 induced apoptosis and cell cycle arrest at G1/S phase.

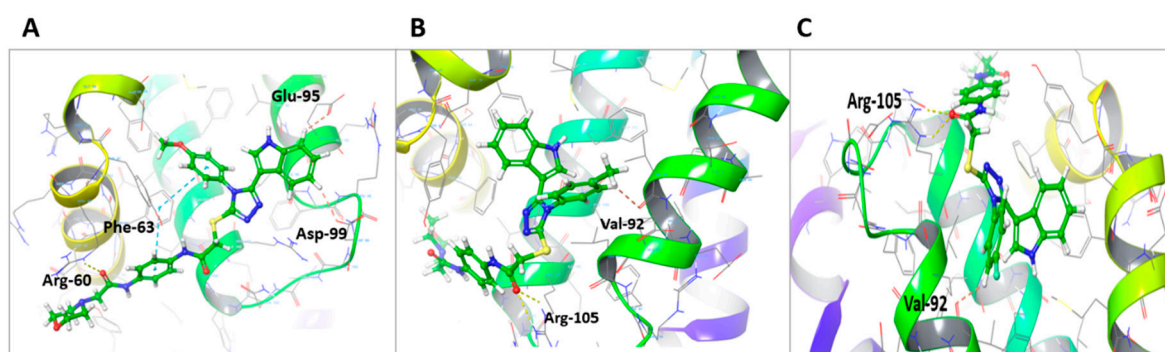
Compound U2 effectively inhibited cell growth through apoptosis, and significantly increased early apoptosis, displaying a 43-fold increase compared to control untreated cells (Figure 7A, B, C), while inducing a remarkable 111-fold increase in late apoptosis (Figure 7A, B, C). Additionally, the compound caused cell cycle arrest at G1/S phase as indicated in Figure 7D, E, F. These findings highlight the ability of compound U2 to induce programmed cell death and disrupt cell cycle progression.



**Figure 7.** Cell cycle analysis and detection of apoptosis. **(A)** Percentage of cells showing the increase in apoptosis because of U2. **(B)** MCF-7 treated with compound U2 for 24 h showed an increase in early and late apoptosis. **(C)** MCF-7 treated with vehicle as negative control. **(D)** Percentages of cells in different phases indicating G1/S cell cycle arrest. **(E)** Cell cycle analysis of U2-treated MCF-7 cells. **(F)** Cell cycle analysis of vehicle-treated MCF-7 cells.

### 3.7. Molecular docking revealed efficacy and selectivity of U2 compound against Bcl-2

Molecular docking analysis revealed that all U1-6 compounds formed stable interactions at Bcl-2 binding site (PDB: 4AQ3). The carbonyl group of U2 showed H-bond interactions with Arg-60, the phenyl ring showed pi-pi staking interaction with Phe-63 alongside hydrophobic interaction with Ala-108, Arg-105, Glu-95, Tyr-67 and Phe-63 that further contributed to the binding stability (**Table 3, Figure 8A**). Carbonyl group of compound U3 showed H-bond interactions with Arg-105, in addition to aromatic H-bond interaction of the phenyl ring with Val-92, and hydrophobic interaction with Arg-105, Glu-95, Asp-70, Leu-96, Tyr-67, and Phe-63 (**Table 3, Figure 8B**). On the other hand, carbonyl group of compound U1 showed H-bond interactions with Arg-105 and aromatic H-bond interaction with Val-92, hydrophobic interaction with Asp-70, Phe-63, and Try-67, and Arg-105 within the binding site (**Table 3, Figure 8C**). The collective interactions resulted in an overall glide score of -5.8 kcal/mole, suggesting a strong binding affinity.



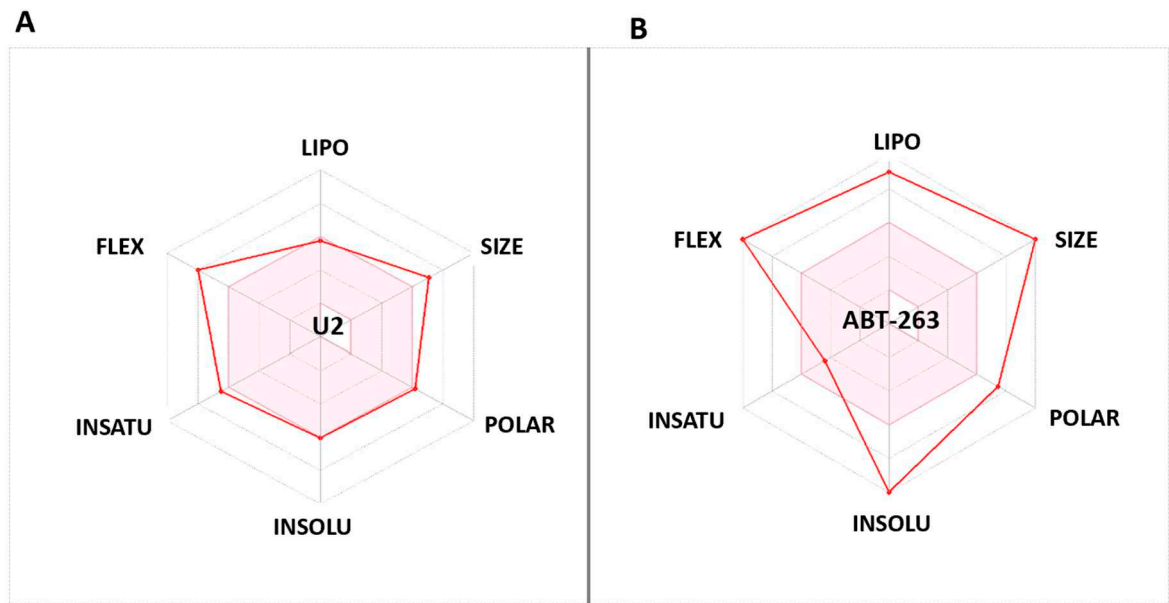
**Figure 8.** Molecular docking of U1-U3 compounds within Bcl-2 binding site (PDB 4AQ3). **(A)** Interaction of U2 within the active site of Bcl-2. **(B)** Interaction of U3 within the active site of Bcl-2. **(C)** Interaction of U1 within the active site of Bcl-2.

**Table 3.** Molecular docking of U1-3 within the binding site of Bcl-2 (PDB: 4AQ3).

Compound	Moiety	Interaction	Amino acid
U1	Carbonyl group	2 H-bond interaction	Arg-105
	Phenyl ring	Aromatic H-bond	Val-92
	Phenyl ring	Hydrophobic interaction	Tyr-67
	Phenyl ring	Hydrophobic interaction	Phe-63
	Phenyl ring	Hydrophobic interaction	Glu-95
	Sulfanyl group	Hydrophobic interaction	Leu- 96
U2	Carbonyl group	H-bond interaction	Arg-60
	Phenyl ring	Pi-pi staking	Phe-63
	Phenyl ring	Aromatic H-bond	Asp-99
	Phenyl ring	Pi-pi staking	Phe-63
	Phenyl ring	Aromatic H-bond	Glu-95
	Sulfanyl group	Hydrophobic interaction	Arg-105, Tyr-63 and Ala-108
	Phenyl ring	Hydrophobic interaction	Ala-108
	Phenyl ring	Hydrophobic interaction	Tyr-67
	Phenyl ring	Hydrophobic interaction	Glu-95
U3	Carbonyl group	2 H-bond interaction	Arg-105
	Phenyl ring	Aromatic H-bond	Val-92
	CH <sub>3</sub>	Hydrophobic interaction	Glu-95
	Sulfanyl group	Hydrophobic interaction	Leu-96
	Carbonyl group	Hydrophobic interaction	Arg-105
	Phenyl ring	Hydrophobic interaction	Asp-70
	Phenyl ring	Hydrophobic interaction	Tyr-67 and Glu-95
	Phenyl ring	Hydrophobic interaction	Val-92

3.8. Compound U2 showed improved properties compared to small molecule inhibitor ABT263.

The bioavailability radars (Swiss-ADME) [53] of the newly designed and highly potent compound **U2** were compared to those of ABT-263 compound (**Figure 9**). The pink areas in the figure represent the optimal range of six properties, namely unstauration, insolubility, lipophilicity, flexibility, polarity, and size. It was observed that **U2** compound fell within the desired range and exhibited acceptable parameters when compared to ABT-236. This suggests that **U2** exhibited favorable bioavailability characteristics, making it a promising candidate for further development.





**Figure 9. (A)** Bioavailability radar of **U2**. **(B)** Bioavailability radar of BCL-2 inhibitor ABT-263. The pink area indicates preferred properties range.

#### 4. Discussion

Venetoclax, an FDA licensed Bcl-2 inhibitor is quickly evolving as the standard care for acute myeloid leukaemia and chronic lymphocytic leukaemia. Because of the concomitant upregulation of anti-apoptotic proteins, particularly MCL-1 following prolonged exposure to venetoclax [54], which provides an escape route leading to venetoclax resistance, its use is limited and hence it has become part of a combination therapy [55]. To overcome this limitation, researchers have studied the dual inhibition of MCL-1 and Bcl-2 [56]. This includes the use of an indole-based lead compound that exhibits potent inhibition of MCL-1 and moderate inhibition of Bcl-2 [57].

Indole-based compounds showed potent anticancer activity through dual inhibition activity of both Bcl-2/Mcl-1 proteins [58]. Indole-based derivatives designed by incorporation of amide, biphenyl and sulfonamide pharmacophoric moieties aimed to enhance the inhibitory activity against Bcl-2 and Mcl-1 [59], potentially leading to more effective dual inhibitors [58]. Furthermore, indole-based coumarin compounds were reported as a potent anticancer agent by targeting Bcl-2, and halogen substitution showed the highest activity [60]. We previously designed and synthesized a series of indole-based compounds by incorporating various heterocyclic rings such as oxadiazole [61], triazole [62], thiazole [2,63], quinoline [2], and fused triazolo-thiazole ring [32]. Our previous studies highlight the chloro-substitution of indole-based oxadiazole amine as a promising inhibitor of Bcl-2 with similar binding affinity to gossypol; triazolo-thiazole and the dimethoxy derivatives showed 2-fold less potent binding affinity to Bcl-2 compared to gossypol employed as positive control [32].

The structure modifications aimed to optimize the binding interactions between the inhibitor and the protein. The extension to occupy more of the binding pocket of Bcl-2 played a vital role in enhancing the inhibitory activity against both proteins. The design of new molecular features that enhance potency and specificity was achieved by studying the pharmacophoric features of potent inhibitors and structural characteristics to make favorable interactions. A molecular docking study indicated the binding affinity of the designed compounds with Bcl-2 active site key amino acid residues due to the amide carbonyl moiety incorporated with H-bond interactions. The structure activity relationship study indicated that electron-donating groups substitution at the para position such as *p*-methoxy **U2** and *p*-methyl substituted **U3** showed the highest activity, followed by the electron-withdrawing functional groups such as *p*-fluoro substituted **U1**. These modifications can impact the compound's pharmacokinetic profile and potentially improve its efficacy and safety.

**U2** compound showed cytotoxic effects mainly by inducing the apoptosis and G1/S cell cycle arrest. This inference is consistent with earlier research highlighting the involvement of Bcl-2 inhibitors in cell cycle arrest, specifically in G0/G1 and S phases. For example, TW-37, a small molecule Bcl-2 inhibitor, induces S phase arrest in tumours [64]. Obatoclax inhibited the G0/G1 cell cycle in human oesophageal cancer cells [65]. Other studies have found that Bcl-2 has the most pronounced effect on the cell cycle by delaying passage from G0/G1 to S phases [66], and that direct inhibition of Bcl-2 by obatoclax improves G1/G0 to S phase transition rather than causing G1/G0 phase arrest [67]. Gossypol also limited cell cycle progression by triggering S phase arrest [68]. These findings contribute to continuing attempts to find more effective BCL-2 inhibitors, perhaps leading to new therapeutic alternatives for cancer treatment. More study and optimization of these compounds are required to increase their potency and selectivity.

#### 5. Conclusion

This study investigated the effects of designed indole-based derivatives **U1-6** on Bcl2-expressing cancer cell growth, apoptosis, and cell cycle progression. Out of the designed compounds, compound **U2** with a 4-methoxy substitution demonstrated potent inhibitory effects on cell growth through the induction of apoptosis. In comparison to untreated control cells, **U2** compound exhibited a significant 43-fold increase in early apoptosis and a remarkable 111-fold increase in late apoptosis. Moreover,

the compound induced cell cycle arrest at G1/S phase. These findings highlight the promising anticancer activity of U2. Further research and development of U2 can lead to novel strategies to combating cell proliferation-related diseases.

**Author Contributions:** Conceptualization, R.H. and A.D.W.; methodology, A.M, A.S., R.H, S.S and A.D.W.; investigation, R.H, A.M and A.D.W.; resources, A.M, SS and A.D.W.; writing, R.H., A.M. and SS. All authors have read and agreed to the published version of the manuscript.

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