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Posted Date: 13 May 2025

doi: 10.20944/preprints202505.0931.v1

Keywords: Oncology biosimilars; Rituximab biosimilar; Extrapolation; Pharmacovigilance; Real-world evidence



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Article

# Real-World Evidence of Assessing the Safety of Rituximab Intravenous Biosimilar in the First Cycle and Subcutaneous Administration in Subsequent Cycles in B-Cell Lymphoma

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**Abstract: Background:** Biosimilar versions of Rituximab have similar safety and efficacy as the reference product across all indications based on the extrapolation principle. Our organization had replaced intravenous (IV) Rituximab (Mabthera) with IV Rituximab (Truxima-Biosimilar) in 2021. Hence, practice was changed to give first cycles of IV Rituximab (Truxima-Biosimilar) instead of Rituximab (Mabthera) and if first cycle was completed without severe infusion related reactions (IRRs) then subsequent cycles were given with subcutaneous (SC) Rituximab as per institutional guidelines. However, the safety of this approach has not been evaluated. **Methods:** A retrospective study was conducted at Princess Nourah Oncology Center in Saudi Arabia. The primary objective was to assess IRRs after using IV Rituximab (Truxima-Biosimilar) in the first cycle followed by SC rituximab in subsequent cycles. **Results:** Seventy-one patients were reviewed, and 35 patients met the eligibility criteria. Only one (3%) patient developed IRR. However, it was grade-1 IRR as per CTC.AE.V5 and patient was able to complete the rest of IV infusion successfully. Hence all patients transitioned from IV Rituximab biosimilar to SC Rituximab Mabthera. **Conclusions:** This real-world study demonstrates that transitioning from IV Rituximab biosimilar to SC Mabthera is well tolerated and safe practice, confirming the extrapolation principle of biosimilars.

**Keywords:** oncology biosimilars; rituximab biosimilar; extrapolation; pharmacovigilance; real-world evidence

## 1. Introduction

The introduction of biosimilars is a cost-effective strategy to provide an alternative for a reference product [1]. Integration of biosimilars into the clinical practice in the Kingdom of Saudi Arabia (KSA) is befitting Saudi Vision 2030. KSA is the largest biosimilar market in the Middle East and Africa [2]. A local simulation study evaluated the cost efficiency and expanded access to care by switching from reference filgrastim and pegfilgrastim to biosimilar filgrastim in 4000 patients in the country. Biosimilar conversion from reference to biosimilar filgrastim enabled expanded access to ado-trastuzumab emtansine ranging from 61 patients to 191 patients with locally advanced her2neu positive breast cancer in adjuvant settings [3].

The Saudi Food and Drug Authority (SFDA) has approved many biosimilars for monoclonal antibodies such as rituximab, trastuzumab and bevacizumab. The rituximab biosimilar was implemented only partially in our organization and mainly in in-patient regimens for treating

malignant and non-malignant conditions. Subcutaneous (SC) rituximab was kept in the formulary since there is a major advantage with SC rituximab regarding ease and convenience of administration. Therefore, our organization decided to limit IV biosimilar rituximab use to B-cell acute lymphocytic leukemia, salvage regimens for lymphomas, chronic lymphocytic leukemia, first cycle for lymphoma patients aiming for SC rituximab in subsequent cycles in out-patient setting and all non-malignant conditions [1,2].

Rituximab is an anti-CD20 monoclonal antibody that is highly effective in treating B-cell malignancies. It has also shown efficacy in autoimmune disorders like rheumatoid arthritis and granulomatosis with polyangiitis. Rituximab's mechanism of action involves the depletion of B-cells through complement-dependent cytotoxicity (CDC) and antibody-dependent cell-mediated cytotoxicity (ADCC) [4].

The originator rituximab (MabThera) was first approved by the Food and Drug Administration (FDA) in 1997, followed by the European Medicines Agency (EMA) in 1998, and the Saudi Food and Drug Authority (SFDA) in 2008. Later, with the expiration of Rituximab's patent, Truxima (rituximab-abbs) became the first biosimilar, receiving FDA approval on November 28, 2018 [5]. This was followed by the approval of Ruxience (rituximab-pvvr) in 2019 and Riabni (rituximab-arrx) in 2020 [6,7].

Several studies have demonstrated that rituximab biosimilars offer equivalent efficacy and safety compared to the originator rituximab [8,9]. In REFLECT trial, Riximyo (a rituximab biosimilar), combined with R-CHOP in CD20-positive DLBCL. An 94.7% overall response rate (ORR) was achieved in this trial; 65% of patients achieved complete response (CR) and 30 percent partial response (PR). The one-year progression-free survival rate was 84.9%, while 78% successful PFS was obtained after two years. The safety data indicated that adverse events were suffered by 84.6% of patients. Serious adverse events (SAEs) occurred in 37 percent of cases [8]. Similarly, in the ASSIST-FL study, patients with untreated advanced follicular lymphoma (FL) received rituximab biosimilar Rixathon (GP2013) and CVP (cyclophosphamide, vincristine, prednisone) [9]. The study established that Rixathon was equally safe and effective as the originator rituximab. In the test group, the ORR was 87.1% for Rixathon, compared to 87.5% in the originator, meeting its primary endpoint of equivalence. In addition, the safety data pointed to an also similar profile across both groups [9].

Rituximab is a key therapy used in the treatment of B-cell lymphomas and can be administered either intravenously (IV) or subcutaneously (SC). Although both formulations have shown similar efficacy, there are important differences in pharmacokinetics, safety, route of administration, and resource use [9]. Clinical trials have shown that SC rituximab is non-inferior to IV rituximab in terms of efficacy in follicular lymphoma SABRINA trial and in diffuse large B-cell lymphoma (DLBCL) MabEase trial [10,11]. Pharmacokinetically, SC rituximab achieves higher and more sustained serum trough levels due to its slower absorption, whereas IV administration results in a rapid peak concentration but similar overall drug exposure [12–14]. The SABRINA trial showed that SC rituximab was non-inferior to IV rituximab in follicular lymphoma patients, with an overall response rate (ORR) of 84.9% with SC and 84.4% with IV. The progression-free survival (PFS) was similar in both groups [10]. In contrast, The MabEase study showed that in diffuse large B-cell lymphoma (DLBCL) setting, SC rituximab was equally efficacious as IV rituximab with ORRs of 90.5% and 84.4%, respectively. Response rates for complete responses were also similar [11].

Safety profiles between the two formulations are comparable, though IV rituximab is associated with a higher incidence of infusion-related reactions (IRRs), particularly during the first infusion, necessitating premedication, extended infusion time, and monitoring. In contrast, SC administration offers a significant advantage in terms of patient convenience, as it is administered over 5–7 minutes, thereby reducing bedtime and healthcare resource utilization [15,16].

Building trust in biosimilars is a vital component in this paradigm shift. Real-world clinical data will be an important next step in instilling trust in healthcare providers. King Abdulaziz Medical City Jeddah (KAMC-J) is currently doing many real-world evidence studies in extrapolated indications on the use of oncology biosimilars. One of our published studies in the extrapolated indication [17],

and preliminary data of many other unpublished studies is reassuring the comparability of efficacy and safety of oncology biosimilars in extrapolated indications of oncology biosimilars.

Infusion-related reactions (IRRs) are expected after rituximab administration and can be life-threatening; thus, it is recommended to give the patient one full IV dose before transitioning to the SC formulation. At the Ministry of National Guards Health Affairs (MNGHA), an initial IV rituximab biosimilar is used, and if no severe IRR are reported, subsequent cycles are administered using SC rituximab per institutional guidelines. There is currently no safety data available for this switch; however, many centers in UK and Canada have already adopted this practice based on the extrapolation and switchability principles of biosimilar indications which are approved by international regulators [18]. MNGHA had also approved this practice based on our institutional guidelines [19].

This study aims to evaluate the real-world safety and efficacy of rituximab biosimilar (Truxima) compared to the originator, as well as the IV-to-SC combined strategy of rituximab biosimilars in patients with B-cell lymphoma, focusing on IRRs. While clinical trials support the IV-to-SC switch for originator rituximab, real-world data on biosimilars are lacking.

## 2. Materials and Methods

### 2.1. Study Design and Patient Population

A retrospective observational study was conducted at Princess Nourah Oncology Center (PNOC), King Abdulaziz Medical City in Jeddah, Saudi Arabia. Following approval from the Institutional Review Board (IRB No. IRB/1539/23), electronic medical records were reviewed for eligible patients treated between October 2022 and June 2023. The objective was to assess the safety of IV rituximab biosimilar during the first cycle, followed by the administration of SC rituximab in the second cycle. Eligible patients were adults ( $\geq 18$  years) diagnosed with follicular lymphoma, low-grade lymphoma, or diffuse large B-cell lymphoma (DLBCL). They must have received IV rituximab biosimilar (Truxima) during the first treatment cycle, followed by SC rituximab (Mabthera) in subsequent cycles at PNOC. Patients were excluded if they had incomplete medical records, received only IV rituximab (Truxima), or were under 18 years of age.

### 2.2. Study Outcomes and Data Collection

The primary endpoint was the safety of IV Rituximab Biosimilar (Truxima-Biosimilar), assessed by the proportion of patients who developed IRR after the first cycle. The severity of IRR was graded using the Common Terminology Criteria for Adverse Events Version 5 (CTCAE.V5), which categorizes reactions into five grades [20]. Grade 1 indicates a mild, transient reaction that does not necessitate infusion interruption. Grade 2 refers to a reaction that requires symptomatic treatment or temporary interruption of infusion, with rapid symptom resolution. Grade 3 includes a prolonged reaction that does not respond quickly to treatment and may require hospitalization. Grade 4 involves life-threatening symptoms requiring immediate medical intervention, while Grade 5 corresponds to death resulting from the reaction. Data were collected retrospectively from the patient's electronic medical records and entered into a pre-designed Excel sheet in a de-identified manner. The secondary endpoint was the effectiveness of Rituximab biosimilar, assessed through the overall response rate (ORR) based on positron emission tomography/computed tomography (PET/CT) findings. Complete Response (CR) was defined as a Deauville score of 1, 2, or 3; partial response (PR) as a score of 4; and progressive disease (PD) as a score of 5. The ORR was calculated as the combined proportion of patients achieving CR and PR.

### 2.3. Statistical Analysis

Continuous variables were reported as the mean with standard deviation (SD), while categorical data was presented as frequencies and percentages. Data were entered into Microsoft Office Excel and analyzed using GraphPad Prism software (version 10.0).

### 2.3. The Use of generative artificial intelligence (GenAI)

During the preparation of this manuscript, the authors used ChatGPT 4.0 Mini to paraphrase the text and enhance readability. In addition, the authors reviewed and edited the content as needed and take full responsibility for the content of the publication.

## 3. Results

### 3.1. Baseline Characteristics

A total of 81 patients were initially screened. After excluding duplicate records, 71 unique patients remained, of whom 35 met the eligibility criteria and were included in the final analysis. The majority were male (63%), with a mean age of  $55 \pm 18$  years and an average weight of  $73 \pm 18$  kg. Laboratory parameters relevant to the risk of infusion-related reactions included a mean white blood cell (WBC) count of  $6 \pm 3 \times 10^9/L$  and an absolute neutrophil count (ANC) of  $4 \pm 3 \times 10^9/L$ . Electrolyte levels, including potassium and calcium, were within normal ranges, with mean values of  $4 \pm 1$  mmol/L and  $2 \pm 0.1$  mmol/L, respectively. Common comorbidities included hypertension (43%), diabetes mellitus (31%), and cardiovascular disease (20%), while 45% of patients were medically free. The most frequent lymphoma diagnosis was diffuse large B-cell lymphoma (63%), followed by follicular lymphoma (20%). The most administered treatment regimen was R-CHOP (63%) followed by R-B (20%). The baseline characteristics of the patients are presented in Table 1.

**Table 1.** Patients' characteristics.

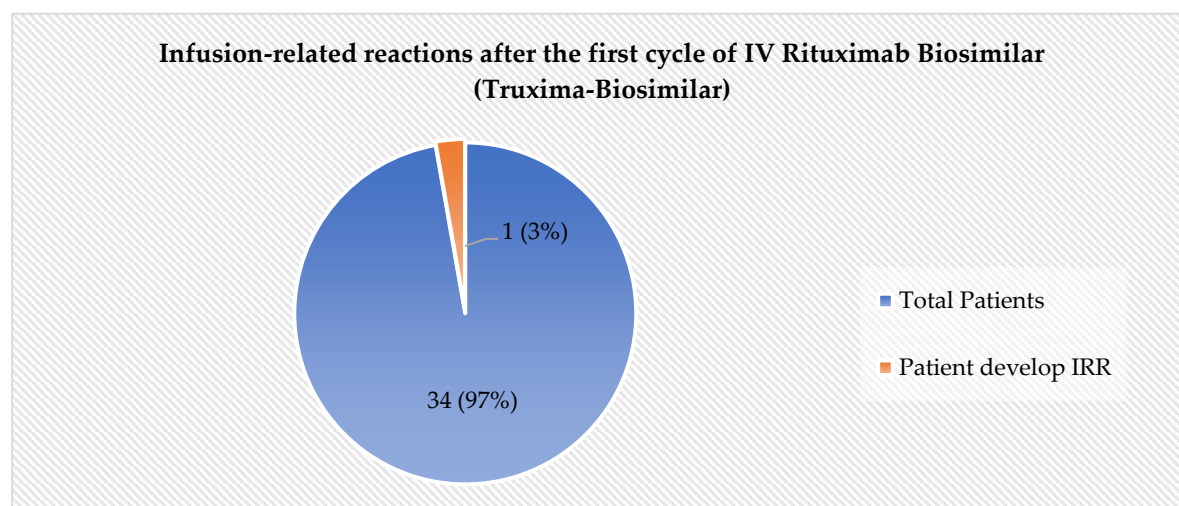
Characteristics	Overall (N = 35)
<b>Gender</b>	
Male	22 (63%)
Female	13 (37%)
<b>Weight (Kilograms)</b>	$73 \pm 18$
<b>Age (Years)</b>	$55 \pm 18$
<b>Laboratory values</b>	
Serum creatinine ( $\mu\text{mol/L}$ )	$70 \pm 31$
Alanine aminotransferase (U/L)	$18 \pm 13$
Aspartate aminotransferase (U/L)	$28 \pm 36$
Platelet ( $\times 10^9$ g/L)	$273 \pm 126$
Hemoglobin (g/dL)	$12 \pm 2$
Haematocrit (%)	$36 \pm 6$
White blood cells ( $\times 10^9/L$ )	$6 \pm 3$
Absolute neutrophils count ( $\times 10^9/L$ )	$4 \pm 3$
Potassium (mmol/L)	$4 \pm 1$
Sodium (mmol/L)	$138 \pm 2$
Calcium (mmol/L)	$2 \pm 0.1$
Phosphate (mmol/L)	$1 \pm 0.2$
<b>Comorbidities</b>	
Medically free	16 (45%)
Hypertension	15 (43%)
Diabetes mellitus	11 (31%)
Cardiovascular disease	7 (20%)

Hypothyroidism	4 (11%)
Benign prostatic hyperplasia	2 (6%)
Chronic obstructive pulmonary disease	2 (6%)
<b>Diagnosis</b>	
Diffuse large B-cell lymphoma	22 (63%)
Follicular lymphoma	7 (20%)
Lymphocyte-predominant Hodgkin lymphoma	3 (8%)
Primary mediastinal large B-cell lymphoma	2 (6%)
Splenic marginal zone lymphoma	1 (3%)
<b>Protocol</b>	
R-CHOP	22 (63%)
R-B	7 (20%)
R-GDP	3 (8%)
DA-R-EPOCH	2 (6%)
BR-Pola	1 (3%)

Numbers are presented as mean  $\pm$  standard deviation or frequency with (percentage). Abbreviations: R-CHOP: cyclophosphamide, doxorubicin, vincristine, prednisone and rituximab; DA-R-EPOCH: Dose-adjusted etoposide, prednisone, vincristine, cyclophosphamide, doxorubicin, and rituximab; R-GDP: gemcitabine, dexamethasone, cisplatin or carboplatin and rituximab; BR-Pola: Polatuzumab vedotin, bendamustine and rituximab; B-R: bendamustine and rituximab.

### 3.2. The Incidence of IRR

In the assessment of the primary safety endpoint, the incidence of IRRs was found to be low. Among the 35 patients included in the final analysis, only one patient (3%) experienced Grade 1 IRR as per CTCAE.V5 during the first cycle of intravenous rituximab biosimilar (Truxima) Figure 1. Patient who developed grade 1 IRR had eventually completed the intravenous infusion of Rituximab (Biosimilar) and successfully transitioned to Subcutaneous Rituximab from the subsequent cycle.



**Figure 1.** Infusion-related reactions (IRRs) after the first cycle of IV Rituximab Biosimilar (Truxima-Biosimilar).

### 3.3. Effectiveness Outcomes

The effectiveness of the rituximab biosimilar was evaluated in 33 patients with available PET/CT results at the end of therapy. Among these, 79% (n = 26) achieved CR, while 6% (n = 2) had PR. In contrast, PD was observed in 15% of patients (n = 5). The ORR was 85% (n = 28), indicating a favorable treatment response in this cohort. The treatment response is summarized in Table 2.

**Table 2.** Response rate.

Response	Overall (n = 33)
Complete response	26 (79%)
Progressive disease (PD)	5 (15%)
Partial response	2 (6%)
Overall response rate	28 (85%)

#### 4. Discussion

Rituximab remains a cornerstone treatment for non-Hodgkin's lymphoma, chronic lymphocytic leukemia, and even rheumatoid arthritis. It was the first monoclonal antibody approved by the FDA as an anticancer agent. The introduction of biosimilars, such as Truxima, offers a cost-effective alternative to the originator product, potentially increasing access to this critical therapy [6,21].

It is recommended to give the patient one full IV dose before transitioning to the SC formulation. At the MNGHA, an initial IV rituximab biosimilar is used, and if no severe IRR are reported, subsequent cycles are given using SC rituximab per institutional guidelines. There is currently no safety data available for this switch; however. The KAMC-J has been the first institution to retrospectively evaluate the safety of this practice and to design and complete a real-world evidence study on this practice for B-cell lymphoma. Results of this study demonstrated that only one out of 34 patients developed IRR; however, it was grade 1 as per Common Terminology Criteria for Adverse Events v5.0, and the patient was able to complete the IV rituximab infusion in the first cycle. This study provides the first evidence that the transition from IV rituximab biosimilar to SC rituximab (MabThera) is well tolerated and safe practice and is recommended to be implemented in other institutions.

The findings of our study indicate that the transition from IV to SC Rituximab is well tolerated and safe. Only one patient (2.8%) out of 35 patients developed an IRR, which was classified as grade 1 according to the CTCAE.V5. This patient was able to complete the IV infusion successfully and subsequently transitioned to SC administration without further complications. This low incidence of IRRs is consistent with the safety profile observed in clinical trials of Rituximab biosimilars [8,9].

Several studies have demonstrated the equivalent efficacy and safety of Rituximab biosimilars compared to the originator product. For instance, the REFLECT trial reported a 94.7% ORR with Riximyo (a Rituximab biosimilar) in combination with R-CHOP for CD20-positive diffuse large B-cell lymphoma (DLBCL) [8]. Similarly, the ASSIST-FL study found that Rixathon (another Rituximab biosimilar) was equally effective and safe as the originator Rituximab in patients with advanced follicular lymphoma [9].

In our study, the secondary endpoint analysis showed that 79% of patients achieved a CR, defined as a Deauville score of 1, 2, or 3. This high response rate further supports the efficacy of Rituximab biosimilars in real-world settings. The transition from IV to SC administration offers several advantages, including reduced infusion times and improved patient convenience, without compromising safety or efficacy.

The safety profiles of IV and SC Rituximab are comparable, although IV administration is associated with a higher incidence of IRRs, particularly during the first infusion. On the other hand, SC administration may cause local injection-site reactions, such as pain or erythema [22,23]. The SC formulation also is more convenient, taking only a few minutes compared to over an hour for IV, thus reducing bed time and healthcare resource use [9].

One of the strengths of our study is that it provides real-world evidence on the safety and efficacy of Rituximab biosimilars, which is essential for informing clinical practice. However, our study has some limitations. The sample size was relatively small, and the study was conducted at a single center. Therefore, larger, prospective, multicenter studies are needed to confirm our findings and to explore the potential cost savings associated with the use of Rituximab biosimilars.

## 5. Conclusions

In conclusion, our study demonstrates that the transition from IV Rituximab biosimilar to SC Rituximab Mabthera is a well-tolerated and safe practice. This approach can potentially improve patient convenience and reduce healthcare resource utilization. We recommend that this practice be implemented on a larger scale and in other institutions to further validate our findings and to explore the potential benefits of Rituximab biosimilars in clinical practice.

**Author Contributions:** Conceptualization, T.A., M.A.K., A.A., M.B.A., M.A.A., A.A. M.A. and A.A.; methodology, T.A., M.A.K., A.A., M.B.A., M.A.A. and M.A.; software, T.A., M.A.K., A.A., M.B.A., M.A.A.; validation, T.A., M.A.K., A.A., M.B.A., M.A.A. and M.A.; formal analysis, T.A., M.A.K., A.A., M.B.A., M.A.A.; investigation, T.A., M.A.K., A.A., M.B.A., M.A.A.; resources, T.A., and M.A.K.; data curation, T.A., M.A.K, A.A., M.A.A.; writing—original draft preparation, T.A., M.A.K., A.A., M.B.A., M.A.A; writing—review and editing, T.A., M.A.K., A.A., M.B.A., M.A.A., M.A., A.A. M.A. and A.A.; visualization, T.A., M.A.K., M.A.A.; supervision, M.A.K; project administration, M.A.K., M.A., A.A., M.A. All authors have read and agreed to the published version of the manuscript.

**Funding:** This research received no external funding.

**Institutional Review Board Statement:** Ethical approval was received from King Abdullah International Medical Research Center, Jeddah, Saudi Arabia (IRB No. IRB/1539/23).

**Informed Consent Statement:** Data were collected retrospectively; therefore, informed consent was waived, as it was considered exempt.

**Data Availability Statement:** The data are available upon reasonable request from the corresponding author.

**Conflicts of Interest:** The authors declare no conflicts of interest.

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