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Article

Effects of Restoration Strategies on the Ion Distribution and Transport Characteristics of *Medicago sativa* in Saline-Alkali Soil

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Abstract: Studying the distribution and transport dynamics of cations in plants is crucial for understanding their response mechanisms to saline-alkali stress conditions. However, our current understanding of how restoration measures affect cation distribution and transport in plants is surprisingly limited. To address this gap, we conducted a split-plot experiment using *Medicago sativa* L. cv. "Zhongmu No. 1" to investigate the combined effects of biological and chemical restoration measures—with bio-fertilizer as the primary zone and flue gas desulfurization (FGD) gypsum with humic acid as the secondary zone—on soil properties, plant growth, and the content, distribution, and transport of cations in plants. The results revealed that different restoration strategies decreased soil alkalinity and enhanced plant growth. Significantly, bio-fertilizer exhibited positive effects on plant growth and yield. On the contrary, FGD gypsum with humic acid reduced the soil's pH level, exchangeable sodium percentage, and sodium adsorption ratio, while increasing the contents of K⁺, Ca²⁺, and Mg²⁺ in the soil. The triple combination of FGD gypsum and humic acid with bio-fertilizer reduced Na⁺ transport in *M. sativa* by enhancing the selective absorption of beneficial ions, such as K⁺, Ca²⁺, and Mg²⁺ in leaves, and by facilitating the transport of Ca²⁺ and Mg²⁺ from roots and stems to the leaves. Therefore, the application of FGD gypsum and humic acid combined with bio-fertilizer has the potential to decrease soil alkalinity and the proportions of water-soluble ions in the soil, ultimately enhancing the translocation of key ionic components to leaves. This, in turn, increases the salt tolerance of plants and promotes their growth. Our results offer new insights into the interactions among measures, soil, and plants in saline-alkali land restoration, providing practical solutions for the restoration of saline-alkali soil.

Keywords: bio-fertilizer; flue gas desulfurization gypsum; humic acid; ion metabolism; saline-alkali land

1. Introduction

Environmental degradation, restricted agricultural development, and poverty resulting from increasing soil salinization have profoundly affected human society, particularly in the face of escalating global greenhouse gas emissions. (Upasana et al., 2017). Effective restoration strategies and the judicious utilization of saline-alkali land are paramount for halting the salinization process, rectifying the issue of insufficient arable land, and augmenting agricultural efficiency and livestock growth. However, previous research on the restoration of saline-alkali land has primarily centered on plant yield and soil properties, often neglecting an evaluation of plant intrinsic response mechanisms.

Engineering, chemical, biological, and integrated approaches can rectify soil structure, enhance its physical and chemical attributes, bolster nutrient accumulation, and amplify crop yield, production performance, and plant nutrient quality (Zhao et al., 2020; Qin et al., 2021; Zhou et al.,

2021). Flue gas desulfurization (FGD) gypsum, a prominent by-product of power generation plants and a chemical amendment for saline-alkali land, has shown promise. Recent studies indicate that FGD gypsum can lower soil pH and exchangeable sodium percentage (ESP), thereby expediting plant growth and improving salt tolerance (Mao et al., 2016; Zhao et al., 2018). Combining FGD gypsum with other soil-conditioning materials such as organic matter and humic acid can decrease soil pH, electrical conductivity (EC), and Na^+ content, while increasing soil porosity and Mg^{2+} content, consequently boosting crop yield (Zhao et al., 2018; Gao et al., 2020). Targeted biological interventions, such as planting salt-tolerant species on saline-alkali land and applying microbial materials, are currently deemed the most effective and secure means of restoring saline-alkali lands (Hidri et al., 2016; Sun, 2017). Studies have demonstrated that biological measures not only diminish soil salinity during plant growth but also enhance the physicochemical properties of saline soils and facilitate the recovery of soil microbiomes (Hu et al., 2008; Wang, 2018). Nevertheless, each of these engineering, chemical, and biological measures possesses its own set of drawbacks. For instance, engineering measures entail substantial human and material resources. Excessive application of chemical substances as soil conditioners may lead to secondary contamination of soil or plants, or both. Biological measures often entail an unpredictable and protracted duration of persistent effects effects (Alvarez et al., 2006; E et al., 2014). Thus, adopting an integrated and systematic approach, wherein various measures are applied judiciously and scientifically, is imperative to surmount these limitations. Employing both chemical and biological measures in tandem to reduce the quantity of chemical conditioning agents used, while maximizing overall improvement through synergistic effects, could represent an efficient strategy for capitalizing on the benefits of both methods while minimizing associated risks and addressing their respective weaknesses. In China, FGD gypsum and humic acid have been extensively researched and employed in saline land restoration, with growing interest in microbial-mediated restoration of saline land. However, there has been relatively scant research on the combined use of these methods, especially in realistic field settings for saline-alkali grassland.

Plants employ a mechanism wherein they selectively absorb K^+ and Ca^{2+} to elevate their internal K^+/Na^+ and $\text{Ca}^{2+}/\text{Na}^+$ ratios, maintaining heightened levels of K^+ and Ca^{2+} . This, in turn, mitigates the detrimental impact of Na^+ on the plant, thereby enhancing its salt resistance (Shen et al., 2020; Ye et al., 2020; Qin et al., 2021). Despite various restoration measures potentially causing differential alterations in the ionic content and balance of plants, the underlying patterns and mechanisms remain poorly elucidated.

Medicago sativa L., known for its salinity tolerance, plays a pivotal role in enhancing the characteristics of saline-alkali soils (Hu et al., 2008; Wang, 2018; LIU et al., 2021). Unsurprisingly, it finds widespread application in establishing artificial grasslands and fortifying the resilience of natural grasslands. As a result, it holds significant importance in both grassland ecosystem restoration and sustainable livestock development. However, the growth of *M. sativa* can be impeded under escalating salinity stress (Wang et al., 2018; Wang et al., 2021).

Recent research predominantly focuses on the impact of intervention measures on soil properties, plant growth, and crop quality. Rarely has there been reporting on the distribution or transport of cations within plants under varying restoration measures, leaving the mechanisms behind most vegetation restoration largely unexplored. Hence, this study seeks to examine the effects of combined biological and chemical restoration measures on soil properties, as well as the characteristics of ion distribution and transport in plants. This knowledge can be harnessed to enhance the salt tolerance of plants and expand the range of salt-tolerant species based on recommended practices. This, in turn, could optimize the benefits of saline-alkali land restoration and utilization while mitigating the risk of secondary contamination.

With this objective in mind, the study aimed to assess the effects of FGD gypsum in conjunction with humic acid and bio-fertilizer on soil properties, plant growth, and the distribution and transport of ions in *M. sativa*. Additionally, it seeks to unravel the interplay between measures, soil, and plants. Three hypotheses were tested: (1) the applied restoration measures can variably reduce soil pH, ESP, and SAR, thereby improving the soil environment; (2) the application of bio-fertilizer combined with

FGD gypsum and humic acid amplifies the positive effects and is more conducive to plant growth; and (3) the restoration measures promote plant growth by facilitating the distribution of beneficial ions within plants and their subsequent transport to leaves.

2. Material and Methods

2.1. Experimental Site

The experimental saline-alkali soil was collected from Toketo County, Hohhot City, in the Inner Mongolia Autonomous Region, China. Toketo County is situated on the Tumochon Plain at the southern foot of the Yin Mountains and on the northern bank of the upper and middle parts of the Yellow River ($111^{\circ}2'30''\sim111^{\circ}32'21''E$, $40^{\circ}5'55''\sim40^{\circ}35'15''N$). It falls within a temperate continental monsoon climate zone, with an average annual temperature of $9^{\circ}C$ and an active accumulated temperature ($\geq10^{\circ}C$) of $2961^{\circ}C$. The average annual precipitation in this area is 316 mm, with 70% falling between July and September, and the average annual evaporation is 1938.2 mm.

2.2. Experimental Design

The experiment was conducted at the Shaerqin Experimental Station of the Institute of Grassland Research, Chinese Academy of Agricultural Sciences, from June to October 2021. The *M. sativa* cultivar employed in the experiment was "Zhongmu No. 1." Saline-alkali soil was collected from a depth of 40 cm in Manshui Village (Gucheng Town, Tokoto County) over a 25-m² surface area (5 m × 5 m). After removing contaminants such as plant roots, the soil was thoroughly mixed and packed into plastic pots with a top diameter of 28 cm, a bottom diameter of 20 cm, and a height of 28 cm. Each pot was filled with 10 kg of soil, and all pots (n = 40) were buried in the experimental area. The basic properties of the soil and FGD gypsum used in the experiment are detailed in Table 1. The humic acid was manufactured by Dalian Jiucheng Products Co., Ltd., containing 75% humic acid content; the bio-fertilizer was produced by Shandong Jinyao Biotechnology Co., Ltd., with an effective live bacterial count of $\geq200 \times 10^8 \cdot g^{-1}$.

Table 1. Water-soluble ions in the initial soil and flue gas desulfurization gypsum used in the present study.

Index	Soil	FGD Gypsum
pH	8.90	7.23 ± 0.06
Water content/%		13
EC/ $\mu\text{m}\cdot\text{cm}^{-1}$	367.79	
$\text{Na}^+/\text{mg}\cdot\text{kg}^{-1}$	54.2	574.0
$\text{K}^+/\text{mg}\cdot\text{kg}^{-1}$	10.6	19.6
$\text{Ca}^{2+}/\text{mg}\cdot\text{kg}^{-1}$	78.5	2731.0
$\text{Mg}^{2+}/\text{mg}\cdot\text{kg}^{-1}$	24.8	55.0
$\text{Cl}/\text{mg}\cdot\text{kg}^{-1}$	4.4	435.0
$\text{SO}_4^{2-}/\text{mg}\cdot\text{kg}^{-1}$	15.6	7950.0
$\text{HCO}_3^- + \text{CO}_3^{2-}/\text{mg}\cdot\text{kg}^{-1}$	363.0	126.0
Exchangeable Na^+ cmol (Na^+) $\cdot\text{kg}^{-1}$	0.33	2.59

The field experiment utilized a two-factor split-plot design, with the main plot receiving the applied bio-fertilizer (B) factor at two levels, while the subplot received FGD gypsum with humic acid (D) at four levels. The dosage and ratio of FGD gypsum to humic acid (10:1) were determined based on relevant research. The dosage levels for each treatment are detailed in Table 2, with five replicates used for each. Each pot was sown with 20 fully developed *M. sativa* seeds and watered twice or three times daily in small amounts during the first week post-sowing, and as needed afterward until seedling emergence. All treatments and their levels were managed uniformly in the field, and no additional fertilizer was applied during the experiment.

Table 2. The treatment scheme of different remediation measurement.

Treatment	Bio-Fertilizer	FGD Gypsum+Humic Acid
	/g·kg ⁻¹	/g·kg ⁻¹
B ₀	D ₀	0
	D _{7.5}	0
	D ₁₅	0
	D ₃₀	0
B ₆	D ₀	6.0
	D _{7.5}	6.0
	D ₁₅	6.0
	D ₃₀	6.0

2.3. Sampling and Measurements

After harvesting the plants in pots, soil samples were collected. Initially, any debris was removed, followed by air-drying, grinding, and passing through a 1-mm aperture sieve. The soil was then shaken in a 5:1 ratio of water-to-soil and allowed to stand before being filtered. Soil pH was measured using the potentiometry method, soil EC was determined using the electrode method, and soil salinity was derived using Pang et al.'s method (Pang et al., 2010). For the quantification of soil water-soluble HCO₃⁻ and CO₃²⁻, the double-indicator titration method was employed; Cl⁻ was assessed using the AgNO₃ titration method; SO₄²⁻ was determined using the EDTA indirect titration method; Ca²⁺ and Mg²⁺ were measured using the EDTA complex titration method; and, Na⁺ and K⁺ were quantified using the flame photometry method (Bao, 2000). Cation exchange capacity (CEC) was assessed via spectrophotometry, and exchangeable sodium (ES) was determined using flame photometry with NH₄ OAc-NH₄ OH (Yang et al., 2020).

2.3.1. Plant Growth and Biomass Variables

Before harvesting, five plants of similar size (i.e., growth) were selected from each pot to determine individual plant height, with the average value per pot calculated. Similarly, five plants of average growth were chosen to measure alfalfa's root diameter with vernier calipers, and the average value per pot was determined. Biomass was harvested using the total harvest method, and the removed plants were divided into leaves, stems, and roots. These samples were weighed, and after bringing them back to the laboratory, they were heated at 105°C for 30 minutes, followed by further drying at 65°C until a constant weight was achieved. They were then re-weighed (dry), and the biomass of each plant organ per treatment level was calculated.

2.3.2. Plant Ion Content

For each sample, 0.2 g was weighed and dried following the method described in the *Plant growth and biomass variables* section. Subsequently, 8 mL of HNO₃ was added. The mixture was boiled using a graphite digestion apparatus until about 1 mL of liquid remained, after which 2 mL of H₂O₂ was introduced. The resulting digested solution was brought to a 50-mL volume with ultrapure water, and passed through a 0.45-μm filter membrane. Finally, an inductively coupled plasma emission spectrometer (ICP-OES, Thermo Fisher Scientific, ICAP6300Duo, Waltham, MA, USA) was utilized to measure the contents of Na⁺, K⁺, Ca²⁺, and Mg²⁺.

2.4. Data Analysis

The sodium adsorption ratio (SAR) was calculated using the following formula:

$$\text{SAR} = \text{Na}^+ / \sqrt{\text{Ca}^{2+} + \text{Mg}^{2+}}$$

where Na⁺, Ca²⁺, and Mg²⁺ are the amounts of water-soluble Na⁺, Ca²⁺, and Mg²⁺ in a soil sample.

$$\text{ESP (\%)} = (\text{ES}/\text{CEC}) \times 100$$

The transport selectivity ratio (TS) indicates whether cations in transport are behaving synergistically or antagonistically. A greater TS value suggests that organ b is more effective in regulating Na^+ and facilitating the transport of Y ions to organ a. The equation for TS is as follows:

$$\text{TS (Y, Na⁺) = organ a (Y/Na⁺)/organ b (Y/Na⁺)},$$

where: Y is the ion content; a, b are the leaf, stem, and/or root organ of the plant sample.

2.5. Statistical Analysis

To test the effects of both treatments on plant attributes (height, root length, root diameter, biomass, ion content, and ion transport indicators) and soil properties (pH, salinity, SAR, ESP, and amounts of water-soluble ions), a two-way analysis of variance (ANOVA) was conducted. This was followed by Tukey's HSD test (at $P < 0.05$), implemented in SPSS software (v23.0; SPSS Inc., Chicago, IL, USA). Each reported value represents the mean \pm standard deviation of five individuals ($n = 5$). Pearson correlation tests were utilized to identify the relationships between plant and soil properties. Redundancy analysis (RDA) was employed to establish the relationships among soil properties, plant growth indicators, and the biomass, ion content, and transport indicators of plants, using Canoco 5.0 software. Linear Regression analysis was performed to quantify the relationship between soil environmental factors and the biomass of plants. For evaluating direct or indirect effects, Structural Equation Modeling (SEM) was employed using AMOS 24 software.

3. Results

3.1. pH, Salinity, SAR, ESP, and Water-Soluble Ion Content in the Soil

All treatments led to a significant decrease in pH and SAR ($P < 0.05$; see Figure 1), while significantly increasing soil salinity ($P < 0.05$; see Figure 1). The water-soluble Na^+ content and ES were notably higher after the application of bio-fertilizer ($P < 0.05$; see Figure 2). Meanwhile, the water-soluble K^+ content exhibited a highly significant difference under the treatment of FGD gypsum with humic acid and bio-fertilizer ($P < 0.05$; see Figure 2). As for water-soluble Ca^{2+} , Mg^{2+} , Cl^- , SO_4^{2-} , HCO_3^- , and CO_3^{2-} , all their contents displayed significant variations under different applications of FGD gypsum with humic acid ($P < 0.05$; see Figure 2).

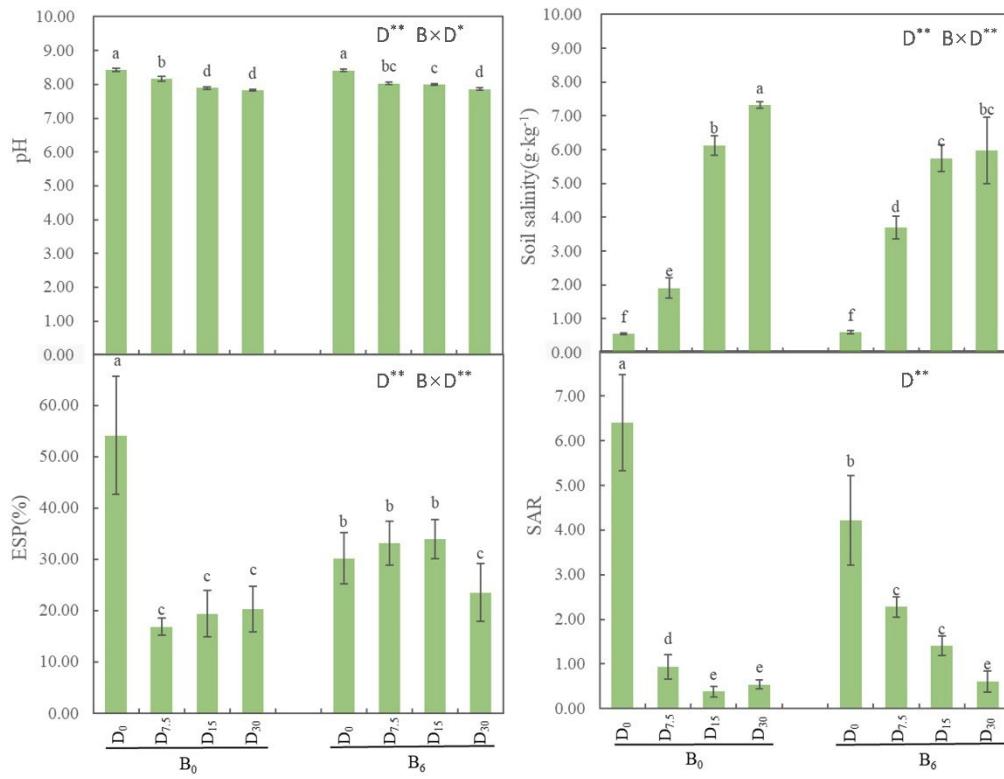


Figure 1. Effects of restoration strategies on soil pH, salinity, SAR, and ESP. B: bio-fertilizer, D: FGD gypsum, the superscript indicates application amount. Different letters represent the significant differences between treatments ($P < 0.05$).

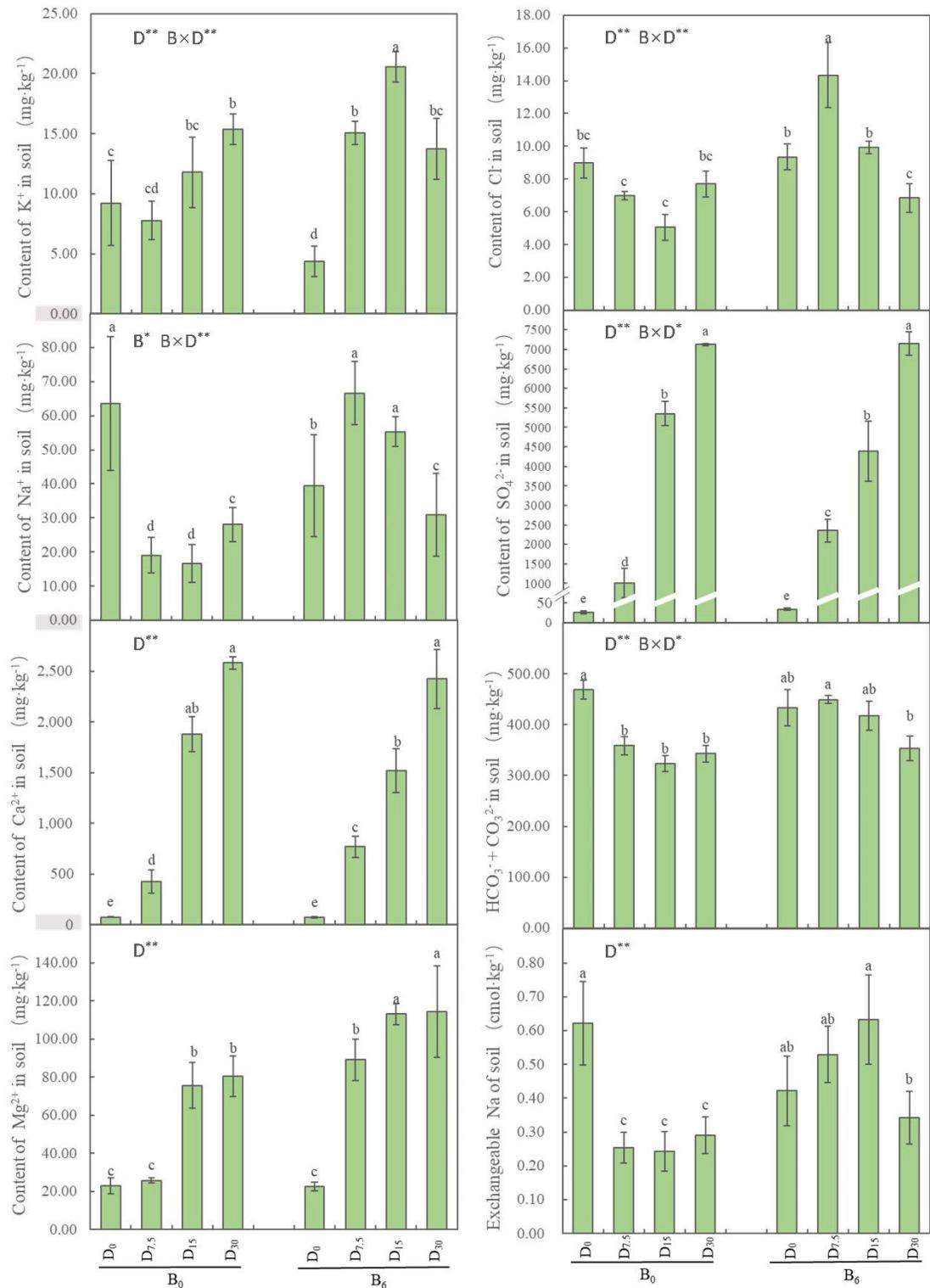


Figure 2. Effects of restoration strategies on the content of water-soluble ions. B indicates bio-fertilizer, D indicates FGD gypsum, the superscript indicates application amount. Different letters represent the significant differences between treatments ($P < 0.05$).

3.2. Plant Growth Indicators and Biomass

Application of bio-fertilizer significantly enhanced plant height, root length, and root diameter ($P < 0.05$; see Figure 3), along with the biomass of each organ, as well as the overall biomass, of *M. sativa* plants ($P < 0.05$; see Figure 4).

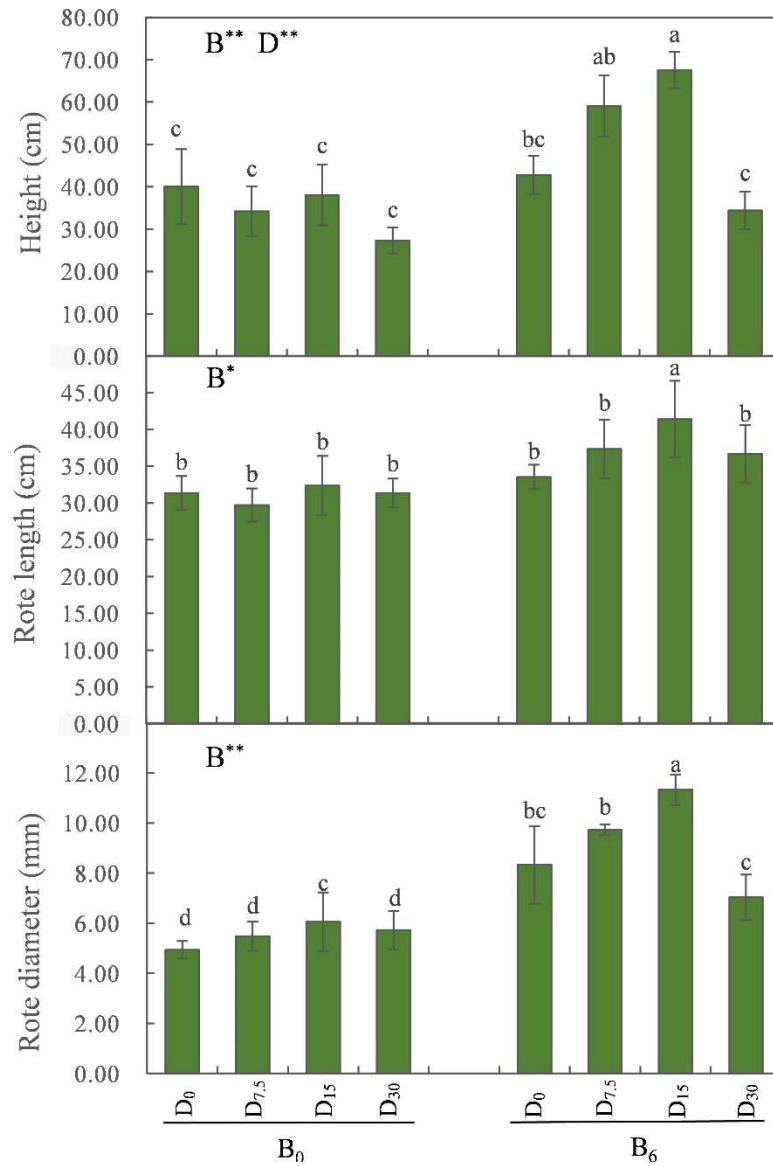


Figure 3. Effects of restoration strategies on the height, root length and root diameter of *Medicago sativa*. B indicates bio-fertilizer, D indicates FGD gypsum, the superscript indicates application amount. Different letters represent the significant differences between treatments ($P < 0.05$).

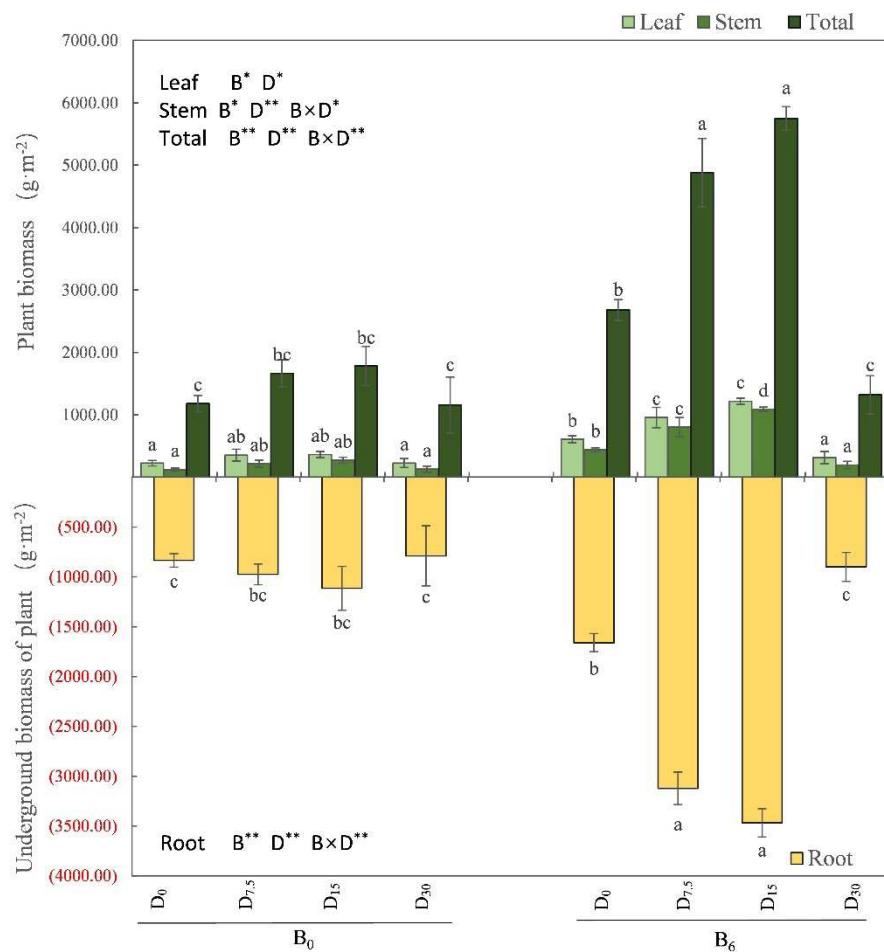


Figure 4. Effects of restoration strategies on the aboveground biomass and belowground biomass of the *Medicago sativa*. B indicates bio-fertilizer, D indicates FGD gypsum, the superscript indicates application amount. Different letters represent the significant differences between treatments ($P < 0.05$).

3.3. Ionic Effects in *M. sativa*

3.3.1. Concentrations of Na^+ , K^+ , Ca^{2+} , and Mg^{2+}

Leaf K^+ levels were notably affected by the doses of FGD gypsum with humic acid. Additionally, the application of bio-fertilizer significantly increased leaf Mg^{2+} while decreasing stem K^+ . The combined use of FGD gypsum with humic acid and bio-fertilizer substantially reduced the Na^+ content in leaves (Figure 5).

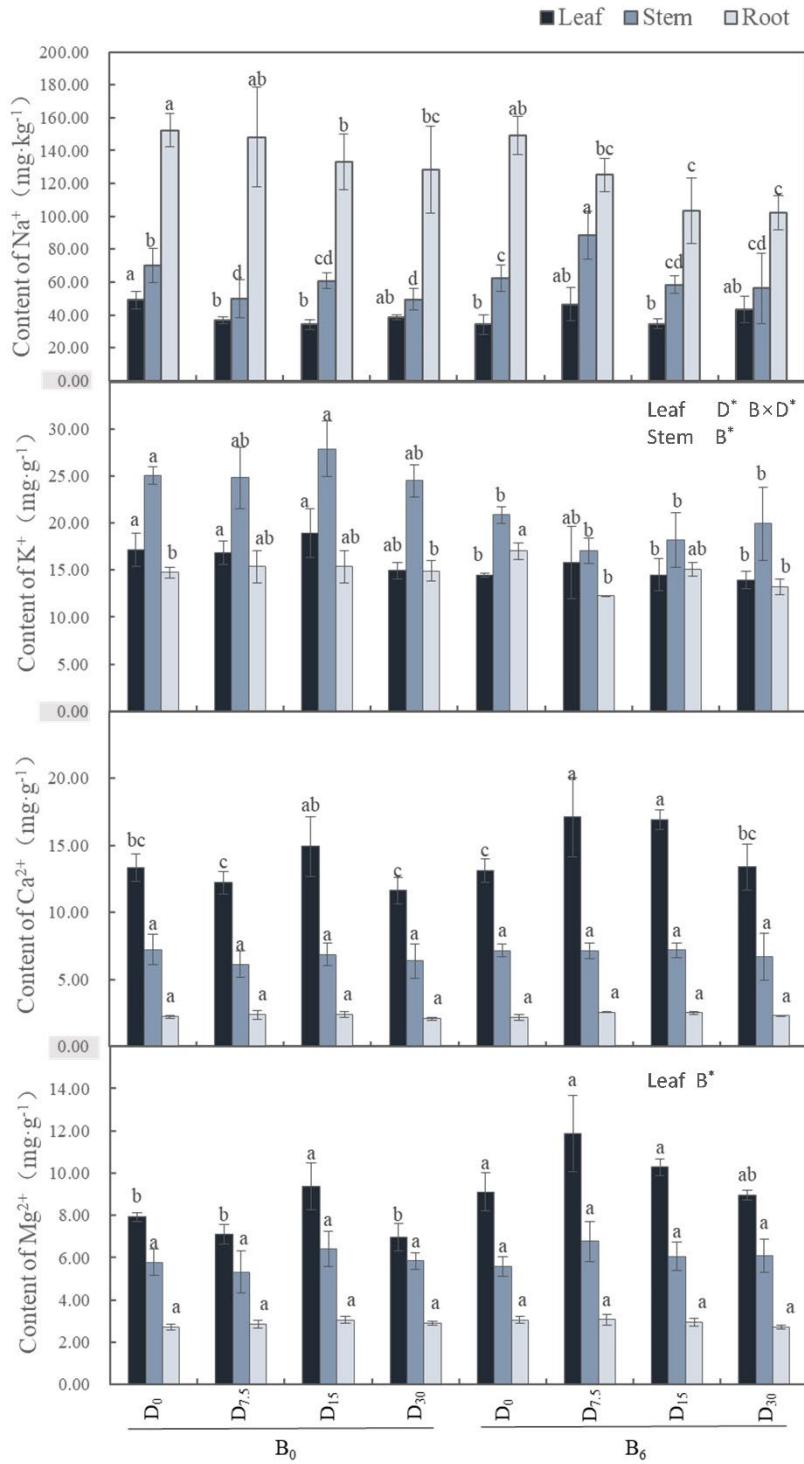


Figure 5. Effects of restoration strategies on the content of ions in each organ of *Medicago sativa*. B indicates bio-fertilizer, D indicates FGD gypsum, the superscript indicates application amount. Different letters represent the significant differences between treatments ($P < 0.05$).

3.3.2. Ratios of K^+/Na^+ , $\text{Ca}^{2+}/\text{Na}^+$, $\text{Mg}^{2+}/\text{Na}^+$ in Plant Organs

Both leaf K^+/Na^+ and $\text{Mg}^{2+}/\text{Na}^+$ ratios saw significant increases under the medium dose of FGD gypsum with humic acid. However, the application of bio-fertilizer significantly increased the leaf $\text{Ca}^{2+}/\text{Na}^+$ and $\text{Mg}^{2+}/\text{Na}^+$ ratios while lowering the stem K^+/Na^+ ratio (Figure 6).

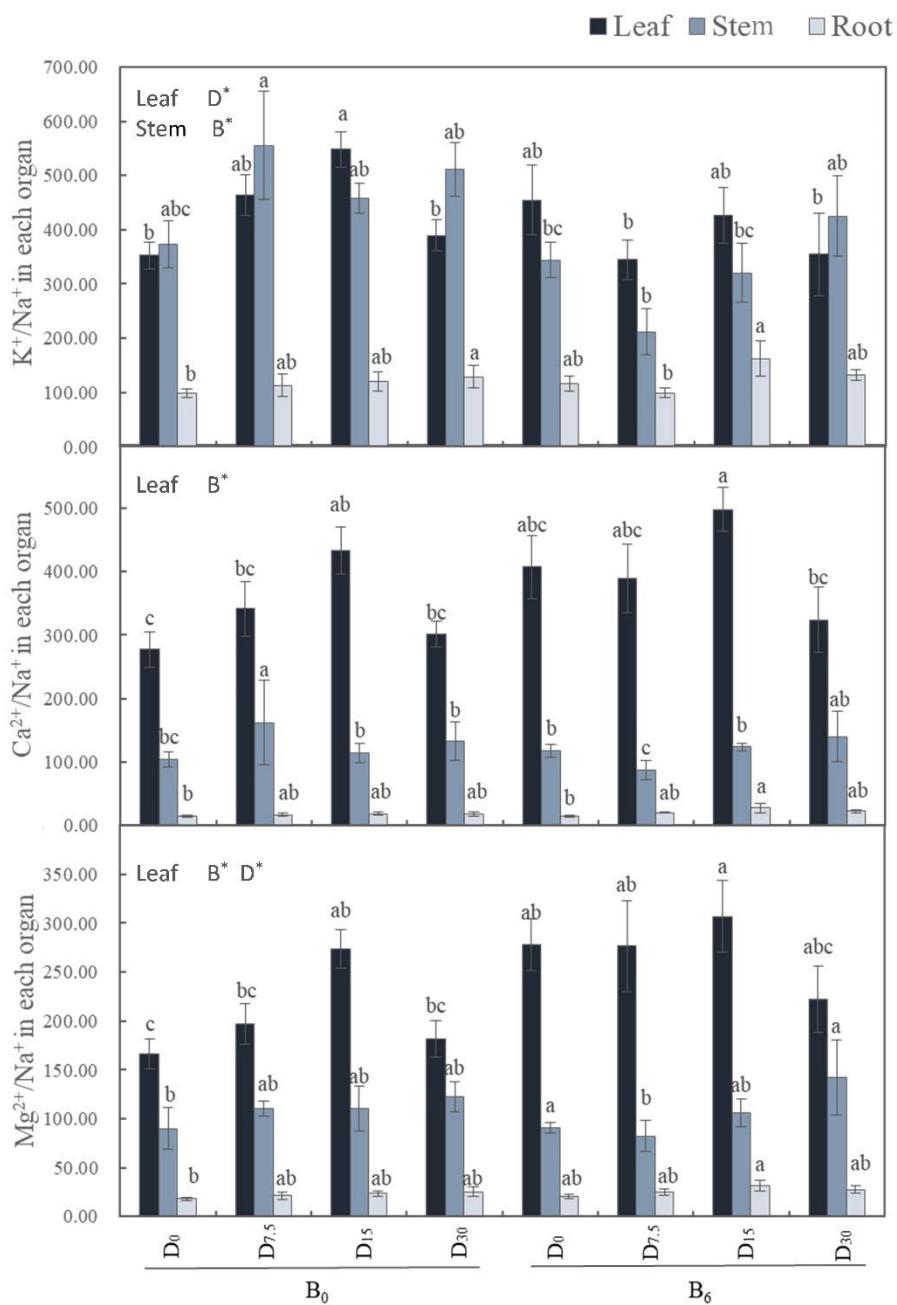


Figure 6. Effects of restoration strategies on the K^+/Na^+ , Ca^{2+}/Na^+ , Mg^{2+}/Na^+ in each organ of *Medicago sativa*. B indicates bio-fertilizer, D indicates FGD gypsum, the superscript indicates application amount. Different letters represent the significant differences between treatments ($P < 0.05$).

3.3.3. Cation TS Ratio of *M. sativa*

The stem-to-leaf selectivity ratio of K^+ showed significant variation under subplot treatments, with the highest ratio observed at $D_{7.5}$. Furthermore, the stem-to-leaf selectivity ratio of Ca^{2+} was significantly elevated by the application of bio-fertilizer. As for Mg^{2+} , its ratio was notably affected by both the primary and secondary zones. Specifically, the application of bio-fertilizer substantially increased the ratio for Mg^{2+} (Figure 7).

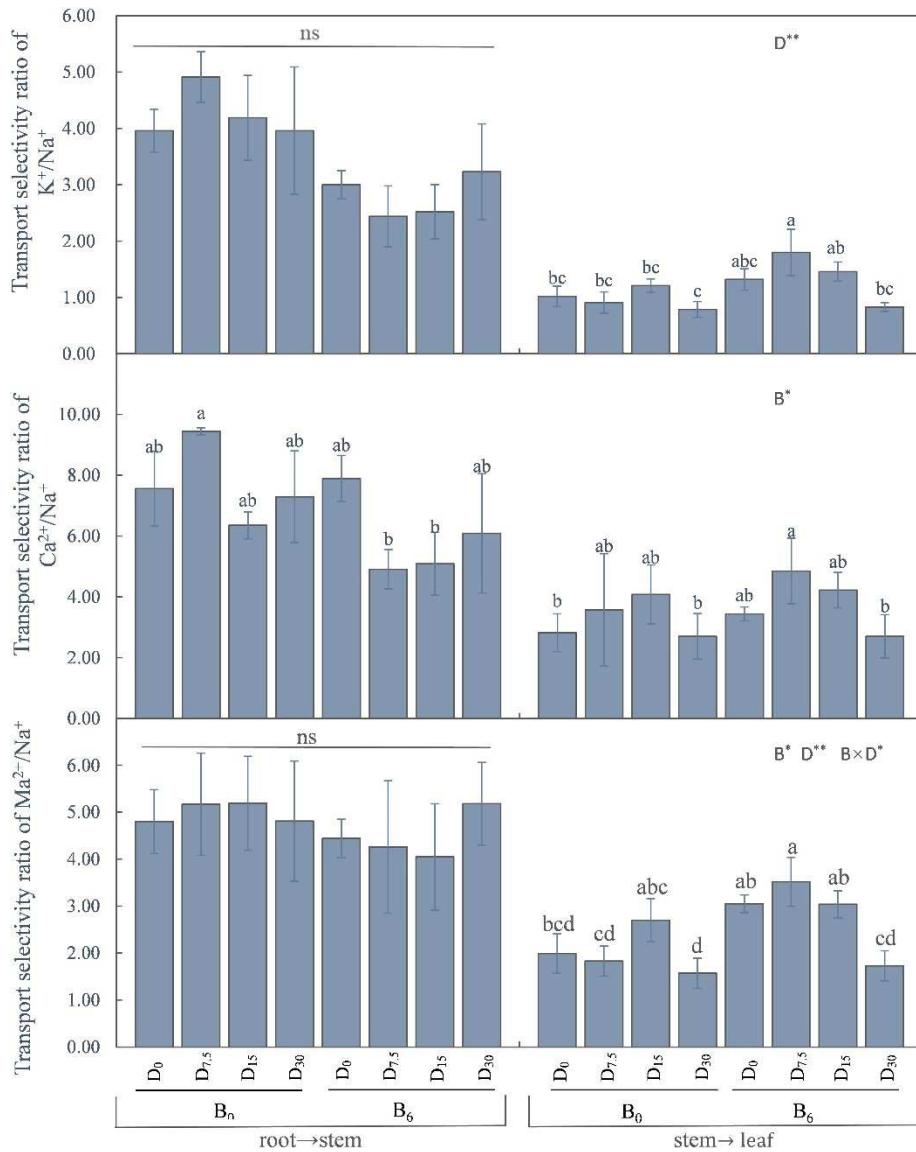


Figure 7. Effects of restoration strategies on cation transport selectivity ratio of ions in *Medicago sativa*. B indicates bio-fertilizer, D indicates FGD gypsum, the superscript indicates application amount. Different letters and ns represent the significant differences between treatments ($P < 0.05$).

3.4. Correlation Analysis

According to the Pearson correlation coefficients, the biomass of *M. sativa* showed significant correlations with soil Na⁺, Cl⁻, HCO₃⁻, and ESP. Plant height and biomass exhibited positive correlations with leaf Ca²⁺ and Mg²⁺ contents, leaf Ca²⁺/Na⁺ and Mg²⁺/Na⁺ ratios, and the stem-to-leaf selectivity ratio of K⁺ as well as Mg²⁺. The biomass values of different organs were significantly and negatively correlated with the root-to-stem selectivity ratios of K⁺, Ca²⁺, and Mg²⁺ (see Figure 8).

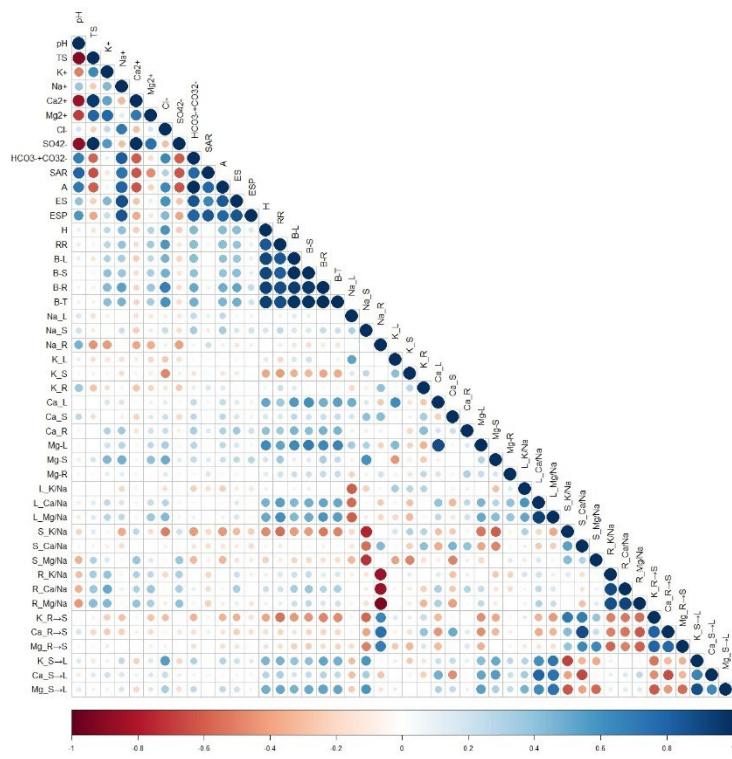


Figure 8. Correlation analysis of plant growth, ion partitioning, transport and soil environmental factors under different remediation measures. TS: soil solidity, B-L, B-S, B-R, B-T: biomass of leaf, stem and root, respectively. Na_L, K_L, Ca_L, Mg_L were content of Na⁺, K⁺, Ca²⁺, Mg²⁺ in leaf; Na_S, K_S, Ca_S, Mg_S: content of Na⁺, K⁺, Ca²⁺, Mg²⁺ in stem, Na_R, K_R, Ca_R, Mg_R: content of Na⁺, K⁺, Ca²⁺, Mg²⁺ in root, respectively. L_K/Na, L_Ca/Na, L_Mg/Na were K⁺/Na⁺, Ca²⁺/Na⁺, Mg²⁺/Na⁺ of leaf, S_K/Na, S_Ca/Na, S_Mg/Na were K⁺/Na⁺, Ca²⁺/Na⁺, Mg²⁺/Na⁺ of stem, R_K/Na, R_Ca/Na, R_Mg/Na were K⁺/Na⁺, Ca²⁺/Na⁺, Mg²⁺/Na⁺ of root, respectively. K_R→S, Ca_R→S, Mg_R→S: transport selectivity ratio of K⁺, Ca²⁺, Mg²⁺ from root to stem, K_S→L, Ca_S→L, Mg_S→L: transport selectivity ratio of K⁺, Ca²⁺, Mg²⁺ from stem to leaf. Same as below.

The RDA demonstrated the significant influence of the soil environment on plant growth and biomass. Both responses were highly correlated with ESP. While soil pH positively influenced growth and biomass, soil salinity (TS) had a negative effect. However, neither pH nor TS emerged as crucial environmental factors. The soil contents of Cl⁻ and Mg²⁺ each exerted a significant positive effect on the growth and biomass of *M. sativa* ($P < 0.05$). Additionally, the length, diameter, and biomass of roots each showed positive correlations with soil K⁺, Mg²⁺, and HCO₃⁻ (see Figure 8). The RDA also indicated a strong positive correlation between the ion content of roots and the corresponding ion content of soil. Notably, the Na⁺ content in organs was highly correlated with that in the soil. Furthermore, the Mg²⁺ content in soil had a robust positive effect on the ion content and transport dynamics in *M. sativa*, with a significant positive correlation between the Mg²⁺ content in roots or stems and that in the soil. The selective transport ratios of K⁺, Ca²⁺, and Mg²⁺ from stems to leaves, as well as that of Mg²⁺ from roots to stems, were positively correlated with the amounts of Na⁺, K⁺, and Mg²⁺ in the soil, whereas those of K⁺ and Ca²⁺ from roots to stems were negatively correlated with the amounts of Na⁺, K⁺, and Mg²⁺ in the soil (see Figure 9).

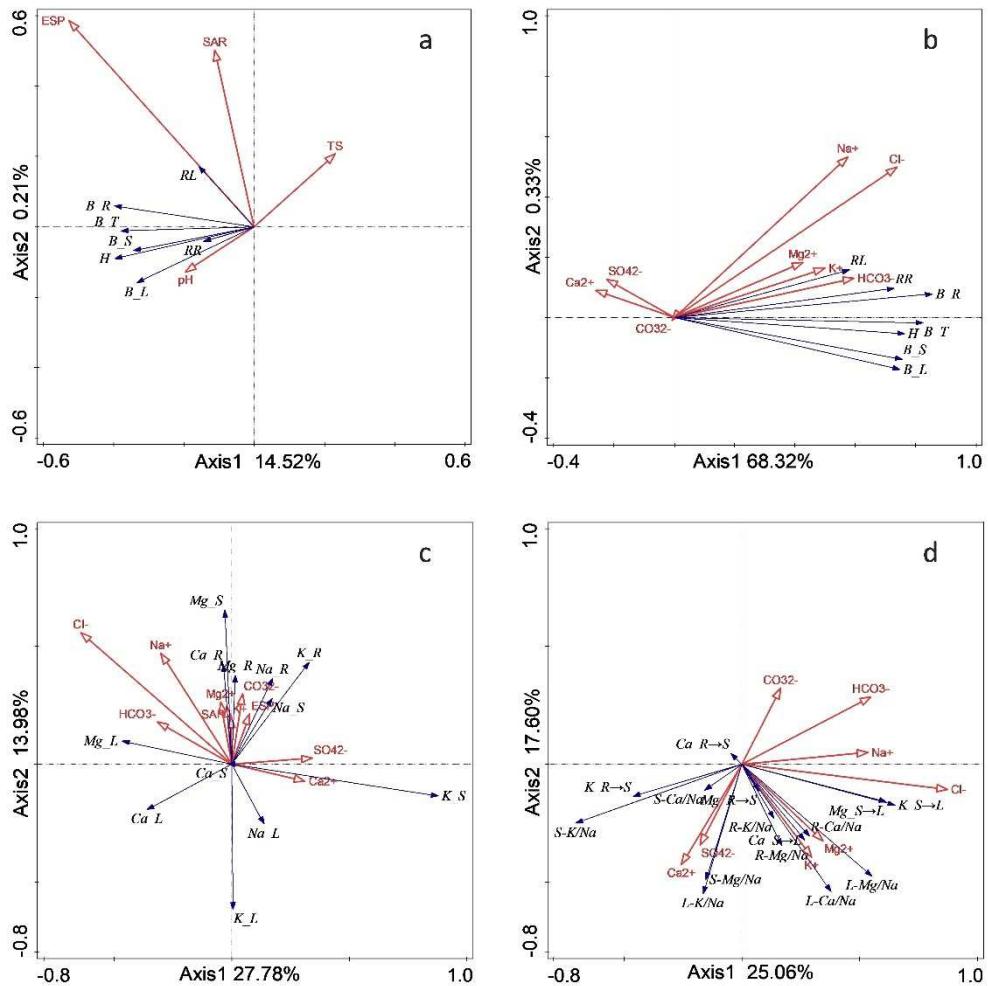


Figure 9. RDA analysis of plant growth, ion partitioning, transport and soil environmental factors under different remediation measures a. effect of soil salinity- alkalinity properties on plant growth and yield b. effect of soil water-soluble cations on plant growth and yield c. effect of soil water-soluble cations on contents of ions in plant d. effect of soil water-soluble cations on transportation of ions in plant.

In the SEM conducted in this study, the soil ion latent variables consisted of K^+ , Na^+ , Cl^- , and HCO_3^- , while the plant growth latent variables encompassed plant height, root diameter, leaf, stem, and root biomass. The SEM results illuminated that the combination of FGD gypsum with humic acid and bio-fertilizer significantly influenced plant growth. Furthermore, FGD gypsum with humic acid exhibited a greater impact on soil properties, while bio-fertilizer had a more pronounced effect on ion partitioning and transport in *M. sativa* plants (see Figure 10).

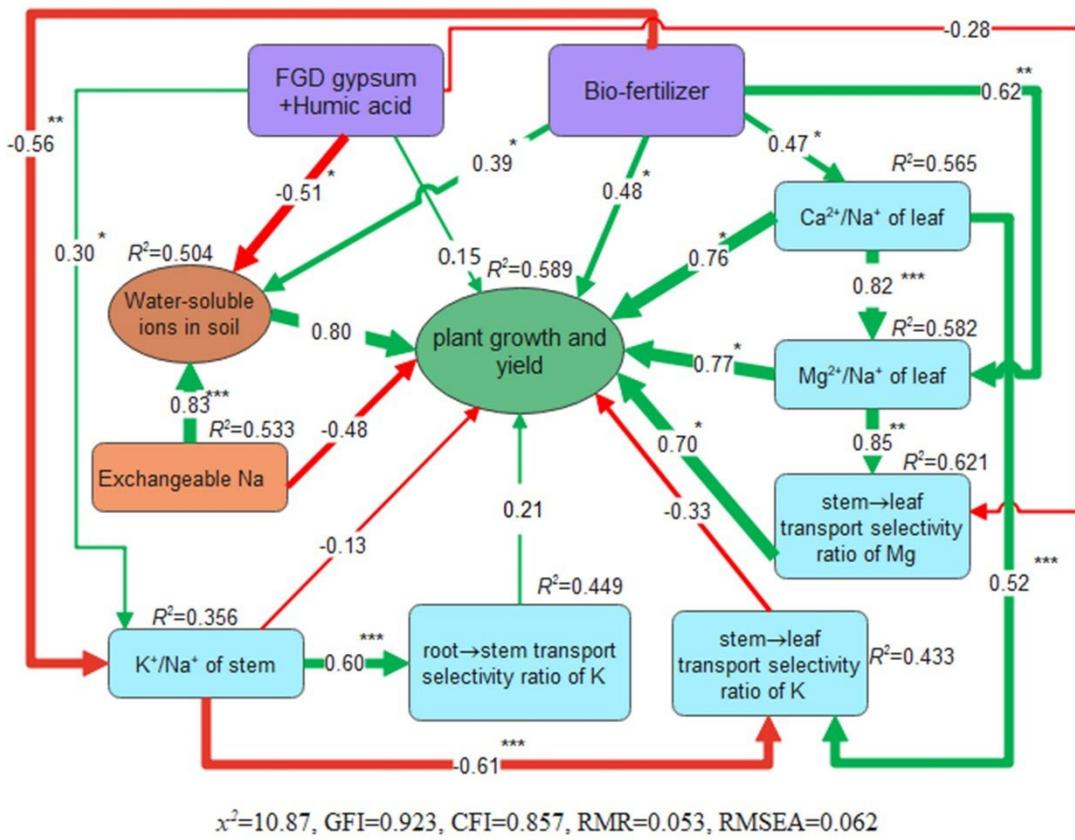


Figure 10. Structural equation modeling of the relationship among soil properties, plant growth and ion transport characteristics under different remediation measures. The green arrow represents positive correlation, the red arrow represents negative correlation, the number on the arrow is the normalized path coefficient, and the width of the arrow indicates the path coefficient intensity. * indicates significant difference at 0.05 level. ** indicates significant difference at 0.01 level. *** indicates significant difference at 0.001 level.

4. Discussion

4.1. Effects of Different Restoration Measures on Soil

Soil pH, EC, ES, and ESP represent the primary chemical properties that can be influenced by the type of salt. In this study, all restoration measures led to a decrease in soil pH, SAR, and ESP. As the dosage of FGD gypsum with humic acid application increased, soil Cl^- , HCO_3^- , pH, SAR, and ESP all exhibited a reduction. These findings align with those of previous research.

The presence of Ca^{2+} in FGD gypsum allows it to replace exchangeable Na^+ in soil colloids. Additionally, Ca^{2+} can engage in a precipitation reaction with water-soluble CO_3^{2-} and HCO_3^- in saline-alkaline soil (Zhao et al. 2018). The inclusion of humic acid enhances the dissolution of gypsum (Agbede et al. 2013; Arai et al. 2018), thereby augmenting the Na^+ replacement capacity. Although the dissolution rate of FGD gypsum is modest, the chemical reaction between Ca^{2+} and water-soluble CO_3^{2-} and HCO_3^- is relatively swift. This results in a sharp decline in soil pH during the year of application, which corroborates our current findings. This study highlights that the triple combination of FGD gypsum with humic acid and bio-fertilizer significantly diminishes Na^+ , HCO_3^- , and CO_3^{2-} levels in the soil. The joint application of FGD gypsum and bio-fertilizer exerts a more potent influence on ameliorating saline-alkali soil compared to their individual applications.

Previous studies have demonstrated that the application of bio-fertilizers can expedite the dissolution of desulphurization gypsum by enhancing soil structure, providing a beneficial complementary effect for the enhancement of saline soils (Wang et al. 2015). Furthermore, the use of

microbial mycorrhizal agents activates soil nutrients (Pang et al., 2009; Pang et al., 2011), intensifying the desalination effect on soil and fostering crop growth. This establishes favorable conditions for the improvement of salinized arable land through the use of desulphurization gypsum. Concurrently, the application of desulphurization gypsum bolsters soil structure (Chen et al. 2009; Liu et al., 2011) and lowers the soil's pH value, thereby enhancing the effectiveness of bacterial fertilization.

In this study, the addition of FGD gypsum with humic acid led to an increase in soil salinity. This outcome aligns with the findings reported by Zheng et al. and Tian et al. (Zheng et al., 2012; Tian et al., 2018). We conducted a potted experiment without irrigation during the plant-growing period, resulting in inadequate drainage of salts and an overall elevation in the total salinity of the potted soil. In this process, Ca^{2+} , acting as a salt, reacts with free NaHCO_3 and Na_2CO_3 in the soil, resulting in the formation of CaCO_3 , CaHCO_4 , and Na_2SO_3 . While Na_2SO_3 can be leached through drenching, insufficient drenching can lead to an increase in the overall soil salinity (Mao et al., 2016; Tian et al., 2018). Despite the rise in total water-soluble salts caused by the application of an appropriate dose range of FGD gypsum, it did not negatively impact plant growth. On the contrary, reductions in soil salinity and alkalinity notably enhanced plant growth (Mao et al., 2016).

4.2. Effects of Different Restoration Measures on Plant Growth and Yield

In this study, the application of bio-fertilizer notably enhanced plant height, root length, and root diameter. Under the conditions of bio-fertilizer application, the use of medium and low doses of FGD gypsum with humic acid proved to be more beneficial for plant growth and development. This underscores that the combined application of FGD gypsum and bio-fertilizer is more effective, in line with the findings of Wang (Wang et al., 2015). The application of FGD gypsum leads to improvements in soil organic matter, soil physical properties, and soil microbial communities (Li et al., 2012; Nan et al., 2016), in addition to promoting plant growth and enhancing plant stress tolerance (Sun 2013; Mao 2016). Macromolecular humic substances exhibit the capacity to bind ions. These substances, rich in oxygen-containing acidic functional groups, possess robust ion exchange and complexation capabilities. They may also interact with salt separation agents, thereby diminishing the latter's effectiveness (Rajapaksha et al., 2016; Zhou et al., 2016). Humic acid further fosters the formation of soil aggregates, enhancing the aggregate structure of the soil, and regulating water, fertilizer, gas, and heat conditions in the soil, thereby enhancing the growth environment for crops. The addition of humic acid to desulfurized gypsum alleviates the detrimental effects of salt stress on plants. It reduces the binding rate of Na^+ to the plant cell wall membrane and improves the functioning of cell plasma membranes. This, in turn, enhances salt tolerance and yield of plants (Agbede et al., 2013; Arai et al., 2018). Additionally, it promotes root growth by increasing the concentration of essential mineral nutrients in plants, along with the organic acids and residues secreted by their roots. The organic acids secreted by roots, as well as those produced by microbial decomposition, also neutralize soil alkalinity. Moreover, the return of litter (roots, stems, leaves) to the soil enhances soil structure, augments soil organic matter, and boosts soil fertility (Vishnu et al., 2016).

4.3. Effects of Different Restoration Measures on Plant Ion Content and Transport

We observed that bio-fertilizer significantly increased the leaf content of Mg^{2+} and the leaf ratios of $\text{Ca}^{2+}/\text{Na}^+$ and $\text{Mg}^{2+}/\text{Na}^+$. It also facilitated the transport of Ca^{2+} and Mg^{2+} from stems to leaves. The application of FGD gypsum with humic acid significantly raised the leaf content of K^+ and the ratios of K^+/Na^+ and $\text{Mg}^{2+}/\text{Na}^+$ in leaves, and it promoted the transport of Mg^{2+} from stems to leaves. Overall, these findings suggest that the selective uptake of K^+ , Ca^{2+} , and Mg^{2+} by *M. sativa* leaves significantly increased due to the restoration measures, as did the transport of beneficial ions from roots and stems to leaves. This coordinated physiological response should alleviate the ion toxic effects of saline-alkali soils on plants, ensuring the normal functioning of their leaves (Wang et al., 2018).

Salinity and alkalinity stress primarily affect plants by disrupting osmosis, leading to physiological drought, ionic poisoning of tissues and cells, and hindering nutrient uptake (Sun 2017). Maintaining the ionic equilibrium within plant cells is crucial for stabilizing the intracellular environment. However, adverse abiotic conditions such as high temperature, salinity, and frost

damage can disrupt this balance, impairing normal metabolic processes (Tang et al., 2017). Elevated levels of Na in the soil solution can hinder the K nutrition of plants (Cakmak, 2005). Therefore, it is recommended to maintain an optimal K level in salt-affected soils for optimal plant growth (Wakeel, 2013), development, and yield. In this context, K⁺ plays a critical role as an osmoregulatory ion. A higher concentration of K⁺ can mitigate the osmotic stress effect in saline soil, enhancing the salt tolerance of plants. Ca²⁺ acts as an essential signaling molecule, contributing to cellular stability and safeguarding cell membrane structure under salt stress without affecting K⁺ quality in plants. This helps alleviate the effects of salt stress and even enhances the selective uptake and transport of K⁺ to reinforce the ionic balance (Ye et al., 2020). Another cation, Mg²⁺, proves advantageous in enhancing photosynthesis in leaves, improving light energy utilization, and meeting the light energy requirements for plant growth, thereby boosting salt tolerance. Upon absorption of Na⁺ from saline soils with high Na⁺ concentrations and subsequent accumulation in saline environments, plants face reduced ability to absorb K, P, Ca, and other nutrients due to the competition for Na⁺ (Lashari et al., 2013; Zhao et al., 2018). By regulating ion distribution and transport processes in plants, effective restoration measures for saline-alkali land can mitigate osmotic stress and ion toxicity. This, in turn, promotes plant growth, development, and enhances salinity tolerance. When applied to saline sites, the Ca²⁺-rich FGD gypsum supports the “potassium enrichment and sodium rejection” process in plants through Ca²⁺ aggregation (Peter 2012). Our research aligns with the findings of the aforementioned literature. Comparatively, the selective transport ratios of beneficial ions, namely K⁺, Ca²⁺, and Mg²⁺, from roots to stems and subsequently from stems to leaves were generally higher post-restoration, especially from roots to stems. This suggests that the experimental measures bolstered the ability of roots and stems to trap Na⁺ and thereby inhibit the internal transport of Na⁺ within plants. This, in turn, reduces the damage incurred by excess Na⁺ exposure and input to plants.

In this study, we observed a strong correlation between plant growth and the content and transport of Mg²⁺ within the plant body. The Mg²⁺/Na⁺ ratio and the selective transport ratios from roots or stems to leaves of all organs showed varying degrees of increase under different treatments. This indicates that these interventions enhanced the plant's ability to selectively absorb Mg²⁺ in its leaves, ultimately improving salt tolerance and promoting healthy growth. Mg²⁺ plays a crucial role in numerous physiological and biochemical processes during plant development and growth. Approximately 35% of atmospheric Mg²⁺ is transported to chloroplasts for photosynthesis. Beyond its role in light reactions as a component of chlorophyll, Mg²⁺ also activates photosynthetic enzymes for carbon fixation (Marschner 1995; Horlitz et al., 2000; Karley et al., 2009; White et al., 2009). Moreover, Mg²⁺ acts as an activator for many enzymes in plants, and a deficiency in Mg can reduce the efficiency of carbon assimilation, subsequently lowering photosynthetic efficiency (Riens et al., 1992). Additionally, Mg²⁺ supports protein synthesis and nitrogen metabolism, both of which are integral processes for plant growth. In particular, Mg²⁺ influences nitrogen metabolism by regulating the activity of key enzymes such as nitrate reductase (Chen et al., 2021). The effective restoration measures, such as B₆D₁₅ and B₆D_{7.5}, demonstrated in this study undoubtedly enhance these functions.

4.4. Restoration Measure–Soil–Plant Correlations

Our results revealed a close correlation between the content and transport of Ca²⁺, Mg²⁺, and, to a lesser extent, K⁺ within the body of *M. sativa* and its growth in response to the restoration measures (see Figures 7 and 8). The modification of FGD gypsum with humic acid and bio-fertilizer notably increased the transport of these beneficial ions (see Figure 9), with the addition of bio-fertilizer significantly amplifying this effect.

In this study, soluble K⁺, Mg²⁺, and HCO₃⁻ in the soil had notable effects on root growth, with soluble K⁺ exhibiting the most pronounced impact (see Figure 8). The application of FGD gypsum with humic acid significantly increased the amounts of K⁺, Mg²⁺, and Ca²⁺ ions in the soil. This facilitated the root uptake of these beneficial ions, thereby safeguarding their normal transport within the *M. sativa* plant and supporting their corresponding physiological functions (see Figure 9). Both Mg²⁺ and Cl⁻ in the soil play a role in promoting plant growth by facilitating the selective uptake of Ca²⁺ and Mg²⁺ by organs and their subsequent transport to leaves.

5. Conclusions

In this study, saline-alkali soil was improved through a combination of biological and chemical methods. FGD gypsum with humic acid contributed to the reduction of soil alkalinity and the increase in the content of beneficial ions in the soil. Additionally, bio-fertilizer clearly enhanced the growth and production indicators of *M. sativa*. Furthermore, applying FGD gypsum in combination with humic acid and bio-fertilizer improved soil conditions, enhancing the absorption and transport capacity of organs, particularly leaves, for beneficial ions such as K^+ , Ca^{2+} , and Mg^{2+} . This facilitated the ions' physiological functions more efficiently, mitigating the toxic effects of soil salinization on plants, increasing saline-alkali tolerance, and stimulating plant growth. Under the bio-fertilizer condition, the growth indicators and biomass of *M. sativa* were higher at the doses of D₁₅ and D_{7.5}. However, B₆D_{7.5} and B₆D₁₅ were evidently more conducive to the transport of K^+ , Ca^{2+} , and Mg^{2+} from the stem to the leaves in *M. sativa* plants. In terms of *M. sativa*'s growth, the most beneficial treatment combinations were found to be 15.0 g·kg⁻¹ of FGD gypsum with 1.5 g·kg⁻¹ of humic acid and 6.0 g·kg⁻¹ of bio-fertilizer, or 7.50 g·kg⁻¹ of FGD gypsum with 0.75 g·kg⁻¹ of humic acid and 6.0 g·kg⁻¹ of bio-fertilizer.

Highlights

We tested how FGD gypsum+HA (humic acid) with bio-fertilizer (BF) improves soil functioning and plant biomass

FGD gypsum+HA reduced soil alkalinity and increase beneficial ions' amount in soil

Including BF strongly promoted the growth and yield of *Medicago sativa*.

The best combination (g kg⁻¹) was 15.0 FGD gypsum (15.0)+HA (1.5) with BF (6.0)

Via ionic changes, FGD gypsum+HA with BF decreased most Na^+ transport in *M. sativa*

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