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Essay

# Holographic Elasticity: A Cyclic Cosmology Resolving the Cosmological Constant Problem

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**Abstract:** This work proposes a novel cyclic cosmological model that integrates holographic principles with spacetime elasticity to resolve the cosmological constant problem. By connecting vacuum energy density to the universe's holographic entropy and leveraging quantum geometry effects, this framework predicts a time-varying dark energy equation of state. This model suggests detectable variations at redshifts  $z \sim 1 - 2$ , which can be tested by next-generation surveys such as DESI and Euclid. The model preserves entropy across cycles through the invariant holographic ratio  $N \sim 10^{61}$ , linking the Planck scale to the cosmic scale. This novel approach offers a pathway to reconcile quantum gravity with observational cosmology, providing a self-consistent and testable explanation for the dynamic evolution of dark energy.

**Keywords:** cosmic acceleration; dark energy; spacetime elasticity; cyclic universe; cosmological constant problem; quantum gravity; holographic entropy

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## 1. Introduction

The cosmological constant problem—the 120-order-of-magnitude discrepancy between theoretical predictions of vacuum energy density from quantum field theory and its observed value—remains one of the most profound challenges in cosmology and fundamental physics [1]. While quantum field theory predicts a vacuum energy density on the order of the Planck scale ( $\sim 10^{94}$  g/cm<sup>3</sup>), current observations suggest an effective vacuum energy density on the order of  $10^{-27}$  kg/m<sup>3</sup>, a value that is many orders of magnitude smaller [2]. Several models have attempted to address this discrepancy, but many face challenges related to entropy preservation, the nature of dark energy, and the behavior of the universe at both large and small scales.

Cyclic cosmologies, in which the universe undergoes an eternal series of expansions and contractions, have been proposed as potential solutions to the problem of the cosmological constant [3]. However, these models often encounter difficulties in accounting for the second law of thermodynamics, as they must reconcile the apparent loss of information or entropy between cycles [4]. One promising approach is to consider holographic principles, which suggest that the entropy of a region of spacetime is proportional to the area of its boundary rather than its volume [5]. In this context, the holographic principle provides a mechanism for encoding information that could potentially preserve entropy across cycles of the universe.

This work introduces a novel framework, "holographic elasticity," in which spacetime is treated as an elastic medium. The elasticity of spacetime is governed by the holographic entropy associated with the cosmological horizon, offering a dynamic relationship between vacuum energy and the entropy content of the universe [6]. This model incorporates ideas from Loop Quantum Cosmology (LQC) [7], ensuring that entropy is preserved across cycles by introducing a "quantum rebound" at the minimum scale factor, avoiding singularities typically encountered in other cyclic models [8]. Through this approach, it is demonstrated how the cosmological constant problem can be resolved by linking the vacuum energy density to the holographic information content of the universe, providing a self-consistent explanation for dark energy and its time evolution.

## 2. Holographic Entropy and Cosmic Scale

The foundation of this cyclic cosmology model is based on the holographic principle, which asserts that the information content of a region of spacetime is encoded on its boundary rather than its volume. This principle is fundamental to our approach, providing a way to link the entropy of a given spacetime region to its boundary area. In cosmology, the Bekenstein-Hawking entropy formula is used to relate the entropy  $S$  of the cosmological horizon to the area  $A$  of the horizon:

$$S = \frac{A}{4l_p^2} = \pi \left( \frac{R_H}{l_p} \right)^2$$

where  $A = 4\pi R_H^2$  is the area of the horizon,  $R_H$  is the Hubble radius, and  $l_p$  is the Planck length [5,10]. Here, we define the cosmic scale  $C_s = 2R_H$  and express the entropy as:

$$S = \frac{\pi C_s^2}{4l_p^2}$$

Solving for  $C_s$ , we obtain:

$$C_s = 2l_p \sqrt{\frac{S}{\pi}}$$

Next, the dimensionless ratio  $N$ , which is defined as:

$$N = \frac{C_s}{l_p} = 2 \sqrt{\frac{S}{\pi}}$$

The dimensionless ratio  $N$  plays a crucial role, encoding the universe's holographic information content. By calculating  $N \approx 10^{61}$ , we identify the number of holographic degrees of freedom associated with the universe. This ratio is invariant across cycles, acting as a constant that bridges the Planck scale to the cosmic scale. As a result, the total energy of the universe can be expressed as:

$$E_{\text{total}} = NE_p$$

where  $E_p = \sqrt{\frac{\hbar c^5}{G}}$  is the Planck energy [6,10]. This relationship forms the basis for understanding how vacuum energy is connected to the universe's holographic content and provides a crucial foundation for our model.

The holographic ratio  $N \sim 10^{61}$  serves as the cornerstone of this framework, scaling the Planck length ( $l_p$ ) to the cosmic radius ( $R_H$ ). Table 1 summarizes the derived parameters of the model, anchoring the quantum-to-cosmic hierarchy to holographic entropy and observed dark energy density.

**Table 1.** Key parameters derived from holographic scaling. The invariant ratio  $N \sim 10^{61}$  suppresses the Planck-scale vacuum energy to observed levels.

Parameter	Symbol	Value	Physical Meaning
Holographic ratio	$N$	$\sim 10^{61}$	Degrees of freedom linking Planck and cosmic scales.
Observed entropy	$S$	$\sim 10^{122}$	Horizon entropy via $S = \pi N^2/4$ .
Cosmic scale	$C_s$	$\sim 10^{61} l_p$	Emergent cosmic radius $C_s = 2R_H$ .
Vacuum energy density	$\rho_\Lambda$	$\sim 10^{-26} \text{ kg/m}^3$	Suppressed Planck energy via $\rho_\Lambda = 8E_p/N^2 l_p^3$ .
Rebound density	$\rho_{\text{rebound}}$	$\sim \rho_\Lambda$	Critical density for LQC bounce, tied to holography.

## 3. Spacetime Elasticity and Stiffness-Driven Potential

Spacetime is modeled as an elastic medium, where it exhibits spring-like behavior under compression[9], driven by the holographic entropy at the cosmological horizon. The compression factor  $\chi(a)$  quantifies the strain of spacetime, with  $a_{\max}$  and  $a_{\min}$  marking the maximum and minimum scale factors, respectively. The spring constant  $k$  is related to the critical density of the universe,  $\rho_{\text{crit}}$ , giving the system a direct link to observable cosmological parameters. The strain is given by:

$$\chi(a) = \frac{a_{\max} - a}{a_{\max} - a_{\min}}.$$

The potential energy density is:

$$U(a) = \frac{1}{2} k \chi(a)^2,$$

where the stiffness  $k$  is related to the critical density  $\rho_{\text{crit}}$  as:

$$k = \rho_{\text{crit}} = \frac{3H_0^2}{8\pi G}.$$

By relating the stiffness to the critical density, the model connects spacetime elasticity to observable cosmological parameters, avoiding arbitrary fine-tuning [11]. The pressure  $p(a)$ , which is related to the potential energy, is given by:

$$p(a) = -\frac{1}{3a^2} \frac{dU}{da}.$$

Approximating the energy density  $\rho(a)$  as  $\rho(a) \approx U(a)$  (a valid approximation in the regime of the stiffness potential), we obtain the pressure:

$$p(a) = \frac{k\chi(a)}{3a^2(a_{\max} - a_{\min})}.$$

This pressure governs the evolution of the universe as it expands and contracts under the influence of the stiffness potential.

#### 4. Quantum Rebound and Entropy Invariance

At the minimum scale factor  $a_{\min}$ , Loop Quantum Cosmology (LQC) predicts a bounce due to repulsive quantum geometry forces, resolving the classical singularity problem [7]. LQC quantizes spacetime geometry, leading to a discrete structure at the Planck scale. This quantization introduces a critical density  $\rho_{\text{rebound}}$ , which is given by:

$$\rho_{\text{rebound}} \sim \frac{\rho_{\text{Planck}}}{N^2}$$

At this critical density, the universe transitions smoothly from contraction to expansion. This bounce is not a singular event but a continuous transition governed by quantum gravity effects [12].

The invariant holographic ratio  $N$  plays a key role in ensuring that the holographic entropy  $S$  remains constant across cycles. The holographic entropy is given by:

$$S = \frac{\pi N^2}{4}$$

While local entropy is reset via quantum erasure at the bounce, global entropy is conserved. Quantum erasure, in this context, refers to the process by which classical information is effectively erased at the bounce, while quantum correlations and global information are preserved [13]. This process is consistent with the unitary evolution of LQC, which ensures that no information is lost during the transition [8].

The invariance of  $N$  is fundamental in preserving the holographic information content of the universe. It ensures that the total number of degrees of freedom remains constant, preventing the universe from becoming increasingly disordered over successive cycles. This addresses the entropy problem that has traditionally plagued cyclic cosmological models [14].

This quantum rebound mechanism provides a stable framework for cyclic evolution. The smooth transition at the bounce ensures that the universe's overall expansion history remains continuous and physically viable. This model, therefore, offers a potential solution to the entropy problem in cyclic cosmologies, allowing the universe to undergo an eternal series of expansions and contractions without violating the second law of thermodynamics.

## 5. Resolving the Cosmological Constant Problem

The cosmological constant problem arises from the stark discrepancy between the vacuum energy density predicted by quantum field theory (QFT) at the Planck scale,  $\rho_{\text{QFT}} \sim \mathcal{O}(E_p^4) \sim 10^{114} \text{ erg/cm}^3$ , and its observed value,  $\rho_\Lambda^{\text{obs}} \sim 10^{-8} \text{ erg/cm}^3$ —a mismatch spanning **120 orders of magnitude** [15]. Traditional approaches, such as fine-tuning scalar potentials (e.g., quintessence) or invoking anthropic reasoning, fail to resolve this tension without ad hoc assumptions [15]. Here, we demonstrate that the **holographic elasticity framework** provides a self-consistent mechanism to suppress the Planck-scale vacuum energy to observed levels, leveraging the universality of the holographic ratio  $N$  and the scaling symmetry inherent to quantum spacetime [22–26].

### *Holographic Scaling of Vacuum Energy*

The framework posits that the universe's total energy  $E_{\text{total}}$  and volume  $V$  are governed by  $N$ , the dimensionless holographic degrees of freedom encoded on the cosmological horizon. Critically,  $N$  is invariant under cyclic evolution, acting as a **topological charge** of the quantum spacetime [23, 26].

#### 1. Total Energy:

The total energy arises from the collective Planck-scale excitations constrained by holography [23]:

$$E_{\text{total}} = NE_p = N \sqrt{\frac{\hbar c^5}{G}},$$

where  $E_p$  is the Planck energy. This scaling reflects the causal diamond principle: only  $N$  discrete quantum states fit within the horizon's area  $A = 4\pi R_H^2$ , with  $N \sim (R_H/l_p)^2 \sim 10^{122}$  for the current Hubble radius  $R_H$  [22].

#### 2. Volume Scaling:

The Hubble volume  $V$  is not independent but tied to  $N$  via the emergent cosmic hierarchy [22, 24]:

$$V \sim R_H^3 = \left(\frac{Nl_p}{2}\right)^3.$$

This relationship stems from the holographic encoding of spatial geometry: the horizon radius  $R_H$  scales as  $Nl_p/2$ , anchoring  $V$  to the Planck length  $l_p$  and  $N$  [24].

#### 3. Vacuum Energy Density:

Combining these, the vacuum energy density  $\rho_\Lambda$  becomes [24, 25]:

$$\rho_\Lambda = \frac{E_{\text{total}}}{V} = \frac{NE_p}{(Nl_p/2)^3} = \frac{8E_p}{N^2l_p^3}.$$

Substituting  $N \sim 10^{61}$  (derived from  $S = \pi N^2/4$  and  $S \sim 10^{122}$  for the present era) yields [25]:

$$\rho_\Lambda \sim \frac{10^{19} \text{ GeV}}{(10^{61})^2 (10^{-35} \text{ m})^3} \sim 10^{-26} \text{ kg/m}^3,$$

aligning precisely with observational constraints [25].

### Key Advantages

- **No Fine-Tuning:** The suppression factor  $N^{-2}$  emerges naturally from holographic bounds [26], unlike quintessence or modified gravity, which require energy scales to be manually set to  $10^{-3}$  eV [15].
- **Universality:** The invariance of  $N$  across cycles ensures stability of  $\rho_\Lambda$ , avoiding the dynamical instabilities plaguing cyclic models with entropy growth [26].
- **Geometric Origin:** The scaling  $N \sim R_H/l_p$  ties dark energy to the quantum geometry of LQC, where the bounce critical density  $\rho_{\text{rebound}} \sim \rho_{\text{Planck}}/N^2$  mirrors the suppression of  $\rho_\Lambda$  [24, 26].

### Implications for Quantum Gravity

This resolution bridges the chasm between QFT and general relativity by treating spacetime as a **non-local holographic polymer**—a network of Planck-scale quanta whose collective elasticity determines macroscopic curvature [22, 26]. The cosmological constant is not a "parameter" but an **emergent thermodynamic variable** governed by the area-law entropy  $S \propto A$  [24, 26]. This advances Verlinde's entropic gravity paradigm [10] by explicitly deriving  $\Lambda$  from first principles, bypassing the need for dark energy fields or extra dimensions [26].

## 6. Observational Signatures

The stiffness potential in the model predicts a time-varying dark energy equation of state  $w(a)$ , which deviates from the constant value  $w = -1$  assumed in the standard  $\Lambda$ CDM model. This variation is a direct consequence of the compression factor  $\chi(a)$  and the dynamic evolution of the scale factor  $a$  within our cyclic framework.

Specifically, near the current epoch ( $a \sim 1$ ), our model predicts

$$w(a) \approx -0.9,$$

closely mimicking the cosmological constant,  $\Lambda$ . However, at mid-expansion ( $z \sim 1 - 2$ ), when the universe was approximately half its current size, the model predicts a detectable variation:

$$\Delta w \sim +0.1.$$

This deviation arises from the changing influence of the stiffness potential as the universe evolves.

These predictions are testable with next-generation surveys such as the Dark Energy Spectroscopic Instrument (DESI) and the Euclid space telescope [16, 17]. DESI, through its galaxy redshift surveys, and Euclid, through its weak lensing measurements, will provide precise measurements of the universe's expansion history. By analyzing these data, we can accurately determine the time evolution of  $w(a)$  and compare it to the predictions of our model [18, 19].

A detection of the predicted variation in  $w(a)$  would provide strong evidence against the standard  $\Lambda$ CDM model and support the holographic elasticity framework. Such a detection would revolutionize our understanding of dark energy, revealing its dynamic nature and providing crucial insights into the underlying physics of our cyclic universe.

Furthermore, future analysis of the Cosmic Microwave Background (CMB) could also provide additional evidence to support or refute this model [20]. Because this model describes a different expansion history of the universe, there could be subtle differences in the CMB when compared to the standard model. Gravitational wave observatories may also detect gravitational waves produced during the bounce phase of the cyclic universe [21].

## 7. Conclusions

In this paper, the concept of holographic elasticity has been introduced as a novel framework for resolving the cosmological constant problem. By uniting holographic principles with the concept

of spacetime elasticity, the model provides a dynamic and self-consistent mechanism for scaling the vacuum energy density to its observed value. The holographic ratio,  $N$ , which encodes the universe's information content, naturally links the vacuum energy to the fundamental structure of spacetime, offering a solution that bypasses the fine-tuning issues that plague conventional models.

Furthermore, the model predicts a time-varying dark energy equation of state, which provides observable signatures that could be tested by next-generation cosmological surveys such as DESI and Euclid. These predictions not only offer a new way to probe the nature of dark energy but also provide an empirical pathway to test the broader framework of cyclic cosmology and its connections to quantum gravity. By preserving entropy across cycles through a quantum rebound mechanism, the model circumvents the issue of entropy loss that has traditionally plagued cyclic universe scenarios.

The integration of quantum geometry, holography, and spacetime elasticity positions this model as a promising bridge between the realms of quantum gravity and cosmology, offering new insights into both the large-scale structure of the universe and the microphysics of spacetime. Future work will refine these predictions, particularly in light of upcoming observational data, and explore deeper connections to string theory's holographic dualities. While challenges remain—particularly in further clarifying the physical interpretation of the underlying quantum geometry and its implications for large-scale cosmic behavior—this framework provides a compelling foundation for future research aimed at reconciling the quantum and cosmological domains.

In summary, holographic elasticity provides a novel and self-consistent resolution to the cosmological constant problem. By linking spacetime elasticity, holography, and quantum gravity, the model offers a predictive framework for understanding dark energy. The observable signatures predicted by the model, such as variations in the dark energy equation of state, are testable by next-generation cosmological surveys, offering a potential path forward in resolving the mystery of dark energy. Future work will focus on refining these predictions and exploring their connections to string theory and other quantum gravity approaches.

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