

Review

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Review

Soft Tissue Scaffolds in Breast Reconstruction: Evolution from Acellular Dermal Matrices to Synthetic Polymers

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Abstract

Soft tissue reconstruction often requires biomaterials that provide temporary mechanical support while allowing vascular integration and tissue remodeling. In reconstructive breast surgery, these demands converge within a uniquely challenging environment characterized by large surface areas, variable perfusion, frequent exposure to radiation, and reliance on prosthetic implants. As a result, breast reconstruction has emerged as a clinically relevant model for evaluating the performance and limitations of soft tissue scaffolds. Acellular dermal matrices (ADM) were initially adopted to provide biologically derived reinforcement based on the premise of host integration and neovascularization. While ADM reshaped implant-based reconstruction, accumulating clinical experience has revealed important constraints, including variability in mechanical properties, inconsistent vascularization, susceptibility to fibrosis, and limited performance in compromised tissue beds. These limitations have driven increasing interest in synthetic polymer scaffolds engineered for predictable mechanics, controlled degradation, and scalable manufacturing. This narrative review examines the evolution from ADM to synthetic and hybrid scaffold systems in breast reconstruction. We discuss how scaffold architecture, thickness, porosity, and degradation kinetics influence angiogenesis, immune response, and mechanical load transfer during healing. Hybrid strategies that integrate selective bioactivity within synthetic frameworks are also considered, highlighting both their translational promise and practical challenges. These concepts are particularly relevant for implant-based breast reconstruction, where scaffold performance directly influences complication rates, implant stability, and long-term reconstructive outcomes.

Keywords: soft tissue support; breast reconstruction; acellular dermal matrix; mesh; scaffolds; bioresorbable

1. Introduction

Soft tissue reconstruction often requires coordinated restoration of volume, mechanical support, vascular perfusion, and tissue architecture. In reconstructive breast surgery, these demands converge within a uniquely challenging biological environment characterized by large surface areas, tenuous perfusion, frequent exposure to radiation, and the presence of prosthetic implants [1–3]. As a result, breast reconstruction has emerged as a clinically relevant testing ground for biomaterial-based soft tissue support strategies.

Over the past two decades, acellular dermal matrices (ADM) have played a central role in reshaping implant-based breast reconstruction by providing immediate structural support and a biologically derived scaffold for tissue incorporation [4–8]. Their rapid clinical adoption was driven by the promise of host integration, neovascularization, and remodeling into native-like tissue [9,10]. However, accumulating clinical experience has revealed important limitations related to variability, cost, inflammatory response, and inconsistent vascularization, particularly in compromised tissue beds [4,11–17]. Additionally, all use of soft tissue support in the breast is not United States Food and

Drug Administration (FDA) approved, making it challenging to construct studies for evaluation of true clinical outcomes [18].

These challenges have catalyzed growing interest in synthetic polymer scaffolds designed to provide predictable mechanical performance, controlled degradation, and scalable manufacturing [19–22]. Unlike biologic matrices, synthetic materials can be engineered with defined microarchitecture, degradation kinetics, and mechanical properties tailored to the demands of soft tissue support [23,24]. This narrative review examines the evolution from ADM to synthetic polymers in breast surgery, using this clinical domain to extract broader design principles relevant to soft tissue reconstruction and repair. An overview of these materials is found in Table 1.

Table 1. Representative Soft Tissue Scaffolds Used in Breast Reconstruction.

Scaffold Category	Representative Materials	Commercial Examples	Key Design Features	Advantages	Limitations
Acellular Dermal Matrices (ADM)	Decellularized human or animal dermis retaining extracellular matrix proteins (collagen, elastin, structural ECM)	AlloDerm®, DermACELL®, FlexHD®, SurgiMend®, Strattice®	Biologic scaffold intended to support host cell infiltration and neovascularization	<ul style="list-style-type: none"> • Biologic integration • Good handling characteristics • Extensive clinical experience 	<ul style="list-style-type: none"> • Batch variability • High cost • Inconsistent vascularization • Risk of inflammatory response or fibrosis
Synthetic Permanent Meshes	Non-resorbable polymers (e.g., polypropylene, polyester)	Prolene® mesh, Parietex® mesh	Durable polymer mesh providing long-term mechanical reinforcement	<ul style="list-style-type: none"> • Strong mechanical support • Low material variability 	<ul style="list-style-type: none"> • Chronic foreign body response • Stiffness mismatch • Long-term complications • Limited use in contemporary breast reconstruction
Synthetic Resorbable Scaffolds	Bioabsorbable polymers designed to degrade over time (e.g.,	GalaFLEX® (P4HB), TIGR® Matrix, Vicryl® mesh	Temporary load-sharing scaffold that gradually transfers	<ul style="list-style-type: none"> • Predictable mechanical properties • Controlled degradation 	<ul style="list-style-type: none"> • Limited bioactivity • Dependence on host vascularization

	poly-4-hydroxybutyrate, polylactic acid, polyglactin)		mechanical support to host tissue	<ul style="list-style-type: none"> • Lower long-term foreign body burden 	<ul style="list-style-type: none"> • Long-term outcome data still evolving
Hybrid / Composite Scaffolds	Combination of synthetic polymers with biologic components or biofunctionalized surfaces	P4HB with ECM coatings (experimental), collagen-polymer composites, biofunctionalized electrospun scaffolds	Integrate mechanical reliability of synthetic materials with selective biologic signaling	<ul style="list-style-type: none"> • Potential for improved angiogenesis • Potential for improved immune modulation • Tunable architecture 	<ul style="list-style-type: none"> • Increased manufacturing complexity • Regulatory challenges • Limited clinical adoption to date

key: ECM extracellular matrix, P4HB poly-4-hydroxybutyrate, ADM acellular dermal matrix.

2. Acellular Dermal Matrices: Origin and Early Success

Acellular dermal matrices were introduced into reconstructive surgery as a means of harnessing the instructive properties of native extracellular matrix (ECM) while minimizing immunogenicity^{25,26}. Derived from human or animal dermis through decellularization processes, ADMs retain key structural proteins such as collagen and elastin, as well as bioactive cues thought to support cell migration, angiogenesis, and tissue remodeling [27–29].

In breast reconstruction, ADMs were rapidly adopted to reinforce the implant pocket, define the inframammary fold, and facilitate immediate reconstruction following mastectomy [4,30,31]. Early clinical experience suggested benefits including improved implant positioning, reduced capsular contracture, and enhanced soft tissue coverage [30,32,33]. These advantages were attributed to the biologic integration of ADM into host tissue, with neovascularization enabling long-term incorporation [6].

From a bioengineering perspective, ADMs offered an appealing paradigm: a naturally derived scaffold with inherent bioactivity capable of supporting vascular ingrowth without the need for exogenous growth factors or cells [6]. Their success accelerated broader interest in decellularized matrices across soft tissue repair applications, including abdominal wall reconstruction, extremity coverage, and pelvic floor repair [34–36].

3. Limitations of Acellular Dermal Matrices in Clinical Practice

Despite their widespread adoption, acellular dermal matrices exhibit several limitations that have become increasingly apparent with expanded clinical use and longer-term follow-up. Many of these constraints arise from the inherent variability of biologically derived materials and from a mismatch between the biological assumptions underlying ADM use and the mechanical and vascular realities of reconstructive breast surgery.

3.1. Variability in Source, Processing, and Mechanical Properties

ADMs are derived from human or animal dermis and undergo multistep decellularization, sterilization, and preservation processes that vary substantially between manufacturers [29,37,38].

These differences affect collagen architecture, residual bioactive components, thickness, stiffness, and tensile strength [13,14,28,37,38]. As a result, ADM products are not mechanically equivalent, and even within a single product line, batch-to-batch variability may occur [28]. From an engineering standpoint, this lack of reproducibility complicates reliable load sharing and limits precise matching of scaffold mechanics to the evolving demands of healing soft tissue [12].

3.2. *Inconsistent Vascularization and Host Integration*

The clinical utility of ADM relies heavily on timely neovascularization to support incorporation and long-term function. However, vascular ingrowth into ADM is highly dependent on local tissue conditions, including perfusion of mastectomy flaps, prior radiation, and the presence of implants [4,6,11]. In thicker matrices or compromised tissue beds, diffusion limitations and delayed angiogenesis may lead to partial incorporation, persistent acellularity, or chronic inflammatory response [4,11,39,40]. These phenomena challenge the assumption that biologic origin alone guarantees effective vascular integration.

3.3. *Fibrosis, Inflammation, and Encapsulation*

While ADMs are designed to reduce immunogenicity, they are not immunologically inert. Persistent foreign body response, fibroblast activation, and macrophage-mediated inflammation have been observed in both experimental and clinical settings [17,41]. In some cases, this response manifests as excessive fibrosis, thickening of the reconstructed pocket, or a contribution to capsular contracture [16]. Importantly, these outcomes undermine one of the primary theoretical advantages of ADM, which is facilitation of organized, regenerative tissue remodeling rather than fibrosis-dominated scarring.

3.4. *Performance in Irradiated and Revision Settings*

Radiation therapy remains one of the most significant challenges in breast reconstruction due to its deleterious effects on vascular density, fibroblast behavior, and tissue compliance [42–45]. In irradiated fields, ADM incorporation is frequently delayed or incomplete, and complication rates, including infection, seroma, and reconstructive failure, are increased [11,46,47]. Similar vulnerabilities are observed in revision surgery, where prior scarring and altered vascular anatomy further limit the biologic potential of decellularized matrices [1,48].

3.5. *Implications for Scaffold Design Evolution*

Collectively, these limitations highlight a fundamental tension between biologic mimicry and engineering predictability. While ADMs do offer valuable bioactive cues, their variability, dependence on host vascular conditions, and inconsistent mechanical behavior limit their reliability as universal soft tissue support solutions [12,15]. These shortcomings have driven growing interest in synthetic polymer scaffolds engineered to deliver controlled mechanical support, predictable degradation, and reproducible integration across a broader range of clinical scenarios [49,50].

4. Emergence of Synthetic Polymer Scaffolds for Soft Tissue Support

The limitations of acellular dermal matrices have prompted a paradigm shift toward synthetic polymer-based scaffolds engineered to provide predictable mechanical support, controlled degradation, and scalable manufacturing [49,50]. Rather than attempting to recapitulate the full biological complexity of native extracellular matrix, synthetic scaffolds are designed around principles of soft tissue repair, that is: temporary load sharing during the initial wound healing phase, followed by gradual transfer of mechanical load to vascularized host tissue [21,51]. In breast surgery, resorbable synthetic scaffolds such as poly-4-hydroxybutyrate (P4HB), Vicryl mesh, and other biosynthetic matrices have been increasingly adopted to provide temporary soft tissue reinforcement while avoiding the long-term persistence of permanent polymers⁵²⁻⁵⁴.

4.1. Mechanical Load Sharing

One of the primary advantages of synthetic polymer scaffolds is the ability to define and reproduce mechanical performance parameters such as tensile strength, elasticity, and creep resistance [19,22,55]. In breast reconstruction, these properties influence implant positioning, contour stability, and resistance to deformation under gravitational and muscular forces [55]. Importantly, synthetic scaffolds can be designed to distribute mechanical loads across a broader surface area, reducing focal stress on fragile mastectomy flaps or compromised tissues [56]. This load-sharing function is especially critical in the early postoperative period, when vascular supply is still evolving and tissue tolerance to strain is limited [57].

4.2. Host Response and Integration

Unlike biologic matrices, synthetic polymers do not inherently contain bioactive cues. Rather, their integration depends on host-mediated cellular infiltration and neovascularization, and scaffold architecture plays a central role in facilitating this process [58,59]. Properly designed synthetic scaffolds can support fibroblast migration, endothelial ingrowth, and gradual tissue incorporation without excessive fibrosis [59–61]. The host response to resorbable polymers is also influenced by degradation byproducts, which must be biocompatible and metabolically managed [62,63]. When degradation kinetics are appropriately matched to tissue healing rates, inflammatory responses are ideally transient rather than chronic, which supports constructive remodeling rather than encapsulation [60,64].

4.3. Predictability as Design Motivation

Synthetic polymers offer a level of reproducibility that is difficult to achieve with biologic materials. Polymer chemistry, molecular weight, crystallinity, and processing methods can be precisely controlled, enabling consistent mechanical properties and degradation behavior across batches [65]. This predictability is particularly valuable in breast reconstruction, where scaffold performance must be reliable across patients with widely variable tissue quality, perfusion, and exposure to adjuvant therapies. From an engineering perspective, the goal of synthetic soft tissue scaffolds is not permanent replacement of native tissue, but rather temporary mechanical reinforcement during a biologically vulnerable period [66,67]. By providing early structural support and then resorbing as host tissue remodels, these materials aim to reduce stress concentrations, limit tissue deformation, and promote organized healing [50,60,68].

4.4. Resorbable Versus Permanent Polymers

Early generations of synthetic meshes relied on permanent polymers that offered durable strength but were associated with chronic foreign body response, stiffness mismatch, and long-term complications [69]. In contrast, contemporary soft tissue applications increasingly favor resorbable polymers, which are engineered to degrade over months to years in parallel with tissue maturation [66,69,70]. These resorbable scaffolds can be designed particularly so that loss of mechanical integrity coincides with the development of sufficient host tissue strength and vascularization [66,70,71]. This time-dependent design distinguishes modern synthetic approaches from both permanent meshes and biologic matrices, offering a more deliberate alignment between material behavior and wound healing biology [66,70].

5. Hybrid and Composite Scaffold Strategies for Breast Soft Tissue Support

As experience with both biologic and synthetic scaffolds has matured, it has become increasingly clear that neither approach alone fully addresses the complex demands of soft tissue reconstruction. This recognition has driven the development of hybrid and composite scaffolds that seek to combine the biological signaling advantages of extracellular matrix-derived materials with the mechanical predictability and scalability of synthetic polymers [72,73].

5.1. Rationale for Hybrid Scaffolds

Hybrid scaffolds are motivated by the observation that biologic matrices excel at providing cell-adhesive cues and promoting angiogenesis, while synthetic polymers offer superior control over mechanical behavior, degradation kinetics, and manufacturing consistency [74,75]. By integrating these complementary features, composite systems aim to support early vascularization and tissue integration without sacrificing structural reliability [75]. In breast reconstruction, where scaffolds must function in mechanically loaded, perfusion-limited environments, hybrid strategies offer a theoretical advantage. The goal is not to recreate native tissue wholesale, but to engineer a scaffold that delivers selective bioactivity while maintaining a defined mechanical role during healing [73].

Hybrid scaffold designs span a range of strategies from simple physical composites to more sophisticated biofunctionalized polymers. One approach involves combining a synthetic structural backbone with a biologic surface or coating derived from decellularized matrix components [76]. This configuration preserves bulk mechanical integrity while presenting bioactive cues that facilitate cell attachment and angiogenesis at the tissue–scaffold interface [76]. Another strategy employs biofunctionalization of synthetic polymers, incorporating short peptide sequences, growth factor-binding domains, or extracellular matrix fragments to modulate host response [77–80]. These modifications can influence macrophage polarization, fibroblast behavior, and endothelial migration without introducing the variability associated with whole-tissue biologics [77–80].

5.2. Hybrid Scaffold Architecture

Beyond material composition, hybrid scaffolds leverage architectural design to enhance vascular integration. Controlled pore size, fiber alignment, and spatial patterning can direct cell infiltration and capillary formation [81–83]. In this context, biologic cues function synergistically with physical architecture, reinforcing angiogenic pathways that are already favored by scaffold geometry [83]. For breast soft tissue support, where diffusion distances and tissue thickness are critical constraints, hybrid scaffolds may enable more efficient vascular penetration while maintaining thin, load-sharing constructs [20,84]. This architectural–biological coupling represents a key advance over earlier scaffold designs that relied primarily on material composition alone.

5.3. Immunomodulation and Remodeling

An emerging focus of hybrid scaffold development is immunomodulation rather than simple immune avoidance. By shaping the early inflammatory milieu, hybrid materials can promote constructive remodeling rather than fibrotic encapsulation [77,85–87]. Selective presentation of bioactive signals within a synthetic framework allows for targeted immune engagement without the prolonged inflammatory responses sometimes associated with biologic matrices [77,85–87]. This immunologically informed design approach is especially relevant in breast reconstruction, where chronic inflammation can contribute to capsular contracture, contour irregularities, and reconstructive failure [88].

5.4. Challenges and Limitations

Despite their conceptual appeal, hybrid scaffolds introduce additional complexity in manufacturing, regulatory approval, and clinical deployment [21,89,90]. Combining biologic and synthetic components increases variability, complicates sterilization, and may reintroduce supply chain dependencies [89–91]. Furthermore, isolating the clinical benefit of added bioactivity can be challenging, particularly when surgical technique and host factors exert strong influence over outcomes [92]. These considerations underscore the need for indication-specific hybridization, rather than broad application of biologic augmentation. In some clinical scenarios, purely synthetic scaffolds may suffice, whereas in others, targeted biologic signaling may offer incremental benefit [21,76].

6. Design Constraints for Soft Tissue Support

Across all soft tissue reconstruction strategies, vascularization remains the principal biological determinant of scaffold success [93–95]. Regardless of material composition, mechanical strength, or bioactivity, scaffolds that fail to support timely perfusion are predisposed to inflammation, fibrosis, infection, and structural failure [93]. Breast reconstruction highlights this reality particularly clearly as scaffolds are routinely implanted into tissue beds with compromised vascularity due to mastectomy, prior surgery, or radiation therapy [3].

6.1. Diffusion Limits on Scaffold Thickness

Oxygen and nutrient diffusion impose strict physical limits on scaffold design. In the absence of intrinsic vasculature, cell survival within implanted scaffolds depends on diffusion from adjacent tissues until angiogenesis occurs [96]. Excessive scaffold thickness or dense microarchitecture increases diffusion distances, delaying vascular penetration and creating hypoxic regions vulnerable to necrosis and chronic inflammation [96–98]. These constraints are especially relevant in breast reconstruction, where scaffolds often span large surface areas and interface with thin, occasionally poorly perfused, mastectomy flaps [76].

Most clinically deployed soft tissue scaffolds rely on angiogenesis with capillary sprouting from existing host vessels [99]. While effective in well-perfused tissues, angiogenesis proceeds more slowly in irradiated or scarred environments [76]. Vasculogenesis offers theoretical advantages but remains challenging to achieve in clinical scaffolds without exogenous cellular or molecular augmentation [100,101]. Synthetic and hybrid scaffold designs increasingly recognize this limitation, emphasizing permissive architecture and degradation rather than attempting to force vascularization through biologic signaling alone [82,102]. This pragmatic approach aligns scaffold function with realistic expectations of host vascular capacity.

6.2. Scaffold Architecture and Vascularization

Microarchitectural features such as pore size, interconnectivity, and fiber alignment exert a strong influence over vascular ingrowth [102–104]. Larger, interconnected pores facilitate endothelial migration and capillary looping, while anisotropic fiber orientation can guide vessel directionality [104]. These architectural parameters often have a greater impact on vascularization than material chemistry alone [102,104]. In breast reconstruction, thin, macroporous scaffolds are favored to minimize diffusion barriers and encourage uniform perfusion [20,97]. Hybrid scaffolds that combine architectural guidance with selective bioactivity may further enhance vascular efficiency without increasing scaffold bulk [105].

6.3. Balancing the Timing of Vascularization with Mechanical Support

An underappreciated design challenge is the need to synchronize vascular integration with mechanical load sharing [19,51]. Scaffolds must maintain sufficient strength during the period of limited perfusion while avoiding prolonged persistence that could perpetuate inflammation once vascularization is established [60,71]. Resorbable synthetic polymers are particularly well suited to this temporal coupling, as their degradation profiles can be engineered to align with the progression of angiogenesis and tissue remodeling [20,60,71,106].

6.4. Implications for Future Scaffold Design

The experience of breast reconstruction suggests that vascularization should be treated not as a secondary outcome, but as a primary design constraint [93]. Successful soft tissue scaffolds must be thin, porous, and mechanically supportive while remaining permissive to host-driven vascular integration [19,20,104]. Advances in biofabrication, including spatial patterning and gradient architectures, offer promising avenues to further optimize this balance [19,20,107,108].

7. Translational Lessons from Breast Reconstruction for Soft Tissue Repair

Breast reconstruction offers a uniquely informative translational model for evaluating soft tissue scaffolds, as it combines high mechanical demand, variable vascularity, frequent use of foreign materials, and long-term functional and aesthetic endpoints [21,76]. Lessons drawn from this field extend beyond breast surgery, informing biomaterial design across diverse soft tissue reconstruction applications [109].

7.1. Clinical Context Shapes Biomaterial Performance

One of the clearest lessons from breast reconstruction is that biomaterial performance is inseparable from the surgical context. Tissue perfusion, flap thickness, radiation exposure, and surgical technique exert effects that may overshadow intrinsic material properties [46,57,110]. As a result, scaffolds that perform well in preclinical models or select clinical scenarios may fail when applied indiscriminately [46,111]. This reality argues against one-size-fits-all biomaterial solutions and supports context-specific scaffold selection based on tissue quality and reconstructive goals.

7.2. Engineering Reliability Versus Biological Naturality

The historical progression from ADM to synthetic polymers reflects a broader shift away from biological idealism toward engineering reliability. While biologic matrices offer theoretical advantages in bioactivity, their dependence on host vascular capacity and inherent variability limit reproducibility [111,112]. Synthetic scaffolds, by contrast, prioritize consistent mechanical behavior and controlled interaction with host biology [113]. Breast reconstruction demonstrates that predictability and controlled degradation can be as clinically valuable as biologic mimicry, particularly in hostile tissue environments [47,68,113].

7.3. Surgical Technique Is a Determinant of Scaffold Success

Scaffold performance cannot be fully separated from surgical handling, fixation, and placement. Tension distribution, scaffold orientation, and interface with native tissue all influence mechanical load transfer and vascular access [56,93,114,115]. Breast reconstruction highlights the importance of surgeon–engineer alignment, where material design anticipates real-world surgical use rather than idealized deployment conditions. Complications such as infection, seroma, capsular contracture, and reconstructive failure provide critical feedback for scaffold design [116–120]. These failure modes often reflect mismatches between scaffold properties and tissue biology, including excessive stiffness, delayed resorption, or inadequate vascular integration [51,115]. Incorporating clinical failure data into iterative design cycles is essential for advancing soft tissue scaffold technology [121].

7.4. Broader Implications for Soft Tissue Reconstruction

The evolution of scaffold use in breast reconstruction illustrates a generalizable framework for soft tissue repair: prioritize vascular permissiveness, match mechanical support to healing timelines, and design for reproducibility and scalability [20,21,89,93]. These principles apply across reconstructive contexts, from abdominal wall repair to extremity reconstruction and beyond [40,81]. By serving as a clinically demanding testbed, breast reconstruction continues to inform the development of next-generation biomaterials that integrate engineering precision with biological realism [109].

8. Future Directions in Soft Tissue Scaffold Design

Continued progress in soft tissue reconstruction will depend on scaffold strategies that integrate vascular permissiveness, mechanical reliability, and immunologic control while remaining practical for surgical translation [64,82,93,122,123]. Insights gained from the evolution of scaffold use in breast reconstruction suggest several priority directions for future biomaterial development.

8.1. Vascular-Patterned and Gradient Scaffolds

One promising avenue is the incorporation of spatially defined architectures that actively guide vascular ingrowth [108,124–127]. Advances in biofabrication, including additive manufacturing and controlled fiber deposition, enable the creation of scaffolds with gradient porosity, anisotropic mechanics, and preferential vascular pathways [128–131]. Such designs may better accommodate diffusion limits while preserving load-sharing capacity, particularly in large or perfusion-limited soft tissue reconstructions [108,132]. Rather than relying solely on biochemical cues, these approaches emphasize physical guidance of angiogenesis, aligning scaffold geometry with known principles of vessel formation and remodeling.

8.2. Immunomodulatory Material Design

Future scaffolds are likely to move beyond passive biocompatibility toward active modulation of the host immune response [123,133]. Early inflammatory signaling plays a decisive role in determining whether healing proceeds toward regenerative remodeling or fibrotic encapsulation [123]. Synthetic and hybrid scaffolds that bias macrophage polarization and fibroblast behavior toward constructive pathways may reduce long-term complications such as fibrosis and contracture [77,78,123]. Importantly, immunomodulation must be tightly controlled and indication-specific to avoid unintended systemic or chronic effects [134].

8.3. Personalized and Context-Specific Scaffold Selection

As understanding of tissue-specific biology improves, scaffold selection is likely to become more personalized, accounting for factors such as prior radiation, tissue thickness, vascular status, and reconstructive goals [93,111,115,135]. Rather than a single “best” scaffold, future practice may involve algorithmic or decision-guided material selection, matching scaffold properties to patient-specific risk profiles [136,137]. Breast reconstruction, with its heterogeneity of clinical scenarios, provides a natural framework for developing and validating such precision approaches.

8.4. Minimally Invasive and Injectable Strategies

Injectable and minimally invasive scaffold systems represent an emerging frontier in soft tissue support [138]. These approaches aim to reduce surgical trauma while providing localized mechanical reinforcement and biological modulation [138]. While challenges remain in achieving sufficient mechanical strength and spatial control, advances in shear-thinning hydrogels and in situ polymerization may expand the applicability of these systems [139–141].

8.5. Translational Integration

Finally, future success will depend on tighter integration between material scientists, surgeons, and clinical researchers. Iterative design informed by real-world failure modes will be essential [121,142]. Breast reconstruction offers a valuable feedback-rich environment for this process, accelerating translation from bench to bedside.

9. Conclusions

The evolution of soft tissue scaffolds in breast reconstruction from acellular dermal matrices to synthetic polymers and hybrid systems reflects a broader maturation of biomaterial design philosophy. Early reliance on biologic mimicry has given way to a more pragmatic emphasis on engineering predictability, vascular permissiveness, and controlled host interaction. Clinical experience has demonstrated that successful soft tissue support depends less on material origin than on alignment between scaffold properties and the biological and mechanical realities of the reconstructive environment. Breast reconstruction, with its high demands and frequent vascular compromise, serves as a stringent translational model for evaluating these principles. As the field

advances, future scaffold strategies will need to prioritize vascular integration as a primary design constraint and couple mechanical support to healing timelines, while accommodating changing and imperfect patient-specific tissue conditions.

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