

Review

Dermatological problems of brachycephalic dogs

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Simple Summary: Brachycephalic dogs are affected by respiratory disorders related to abnormal anatomic conformation that can significantly affect their general health and quality of life. In this review, we address dermatological disorders in these breeds, which are less recognized, but can also considerably impact welfare.

Abstract: Brachycephalic dogs are not only affected by brachycephalic obstructive airway syndrome (BOAS), but also comprise up to 30% of canine patients seen by veterinary dermatologists, with English Bulldogs and Pugs particularly overrepresented. Some skin diseases are associated with the abnormal anatomic conformation of brachycephalic dogs, while for others there is a underlying genetic basis or a general predisposition. Anatomic alterations associated with brachycephaly, leading to fold formation of the skin and stenosis of the ear canal, together with primary immunodeficiencies described in some breeds, favor the development of pyoderma, *Malassezia* dermatitis and otitis externa/media. Frequently neglected but often lifelong dermatological problems of brachycephalic dogs are an important consideration when discussing genetic and medical conditions affecting the welfare of those dogs. Here we review the current state of knowledge concerning dermatological problems of brachycephalic dogs, and combine it with clinical experience in the management of these challenging disorders.

Keywords: Canine; BOAS; brachycephaly; congenital; skin folds; allergy; infectious diseases; immunologic disorders; otitis externa; ethical

1. Introduction

Brachycephalic dogs are very popular due to cultural and social influences, as well as their “babyface” appearance and personality traits that favor bonding and companionship with their owners [1,2]. Owners may be unaware of how seriously the welfare of these breeds can be compromised by abnormalities in anatomic conformation [3,4]. Extreme brachycephaly, i.e. foreshortening of the cranium is associated with brachycephalic obstructive airway syndrome (BOAS) leading to stridor, stertor, dyspnoea, cyanosis, exercise intolerance, regurgitation, hyperthermia and syncope. Non-respiratory problems including spinal, dental, gastrointestinal, ophthalmological, dermatological and cardiovascular disorders as well as birthing difficulties, have also been recognized [4,5]. To mitigate these problems, several countries including the Netherlands and Norway, have instigated legal breeding restrictions, while many professional veterinary organizations such as the British Veterinary Association, the Australian Veterinary Association, the American Veterinary Medical Association and the Federation of European Companion Animal Veterinary Association, have launched public education awareness initiatives and campaigns [3-5].

The prevalence of dermatological abnormalities in brachycephalic dogs ranges from 10% to almost 30%, depending on breed and geographic origin [6,7]. Genetic, autoimmune

and parasitic diseases, immune deficiencies, vasculitis, allergies, secondary infections, otitis externa and media, claw and anal sac diseases, skin folding, alopecia and pruritus, have all been recognized as problems in brachycephalic dog breeds [8-10]. Genetic aspects, skull conformation, pressure changes between the middle ear and nasopharynx, skin folding, environmental factors and the microbiome composition may all contribute to the aetiopathogenesis of dermatological diseases in brachycephalic dogs [5,11].

Many of these skin conditions, may become chronic and difficult to treat as well as causing pain and pruritus, leading to abnormal behaviour and thus negatively impacting quality of life [5,12].

Here we review dermatological diseases encountered in brachycephalic breeds of dogs, including; (i) disorders directly associated with brachycephaly that are likely to be improved if measures to prevent extreme brachycephaly are implemented, as well as (ii) disorders, that are not directly linked to brachycephalic conformation.

There is no definitive list of brachycephalic breeds, because no uniform measure is used. Some authors use cephalic index (CI), the ratio of the width of the skull compared with its length, while others use craniofacial ratio or craniofacial angle [5]. In addition, the phenotypic variation within an individual breed can be very large, such that individual dogs within a “brachycephalic breed” may not be brachycephalic, while others in non-brachycephalic breeds may indeed be brachycephalic. Table 1 lists the most commonly described brachycephalic breeds of dogs [6,13], while Table 2 lists dermatological disorders reported in brachycephalic breeds.

Table 1. The most common brachycephalic UK [6,13]. Breeds particularly associated with extreme brachycephaly are bolded.

Affenpinscher
Bulldog Breeds:
Alapaha Blue Blood Bulldog; American Bulldog; British Bulldog; Bulldog; Dorset Olde Tyme Bulldogge; French Bulldog;
Victorian Bulldog
Boxer; Bull Boxer; German Boxer
Brasileiro
Brussels Griffon; Griffon
Boston Terrier
Cavalier King Charles Spaniel
Chihuahua; Long-haired Chihuahua; short-Haired Chihuahua; Teacup Chihuahua
Chow Chow
Dogue de Bordeaux
English Toy Spaniel
Japanese Chin
Lhasa Apso
Mastiff Breeds:
American Bandogge Mastiff; Bullmastiff; Cane Corso (Italian Mastiff); English Mastiff;
Neapolitan Mastiff; Tibetan Mastiff
Pekingese
Pug
Shar Pei
Shi Tzu
Staffordshire Bull Terrier

2. Dermatological diseases directly associated with brachycephaly

2.1. Skin fold dermatitis

Skin fold dermatitis or intertrigo is a major problem in brachycephalic breeds, especially in British Bulldogs, French Bulldogs, Pugs, Pekingese, Boston Terriers and Shar Peis [3,9,12,14-21]. A “big-data” study that searched the medical records of 905,553 dogs presented to veterinary clinics in the UK in 2016 for skin fold dermatitis, identified 11,375 cases (1.26%). Compared to cross-breed dogs, British Bulldogs (odds ratio [OR] 49.07, 95% CI [37.79-63.70]), French Bulldogs (OR 25.92, 95% CI [19.62-34.26]) and Pugs (OR 16.27, 95% CI [12.20-21.69]) were predisposed [12]. Foreshortening of the skull, results in folding of excessive skin around the muzzle, eyes and ears. The problem is exacerbated in Shar Peis by increased hyaluronic acid synthetase activity, which leads to more ground substance and mucin in the dermis and attracts water [22,23]. In addition, to facial involvement, skin folds can occur in other locations, such as at the tail base in dogs with “cork-screw” such as Pugs and Bulldogs [12,22]. This not only leads to secondary infections, but also spine instability, nerve compression and neurological deficiencies such as pain, ataxia and incontinence [24].

Reduced air circulation and increased temperature, humidity and debris within skin folds, together with intermittent friction and trauma, leads to commensal overgrowth and toxin production, then inflammation, maceration and infection [15,22]. Affected areas exhibit erythema, hypotrichosis to alopecia, erosion/ulceration and crusting, lichenification, pigmentary changes, accumulation of keratosebaceous debris and malodour (**Figure 1**).

Involved areas can be pruritic and painful. Since the changes take place between skin folds, disease may not be noticed by owners [12,15,22]. If corrective surgery is not an option, lifelong treatment may be required, with various topical preparations (e.g., antiseptics, glucocorticoids, antimicrobials, medical honey or silver sulfadiazine). In severe cases where there is deep pyoderma, systemic antimicrobial therapy may be indicated, and used according to culture and susceptibility test results [15,19,22].



Figure 1. French Bulldog with severe skin fold dermatitis secondary to excessive skin folds on the face/muzzle that are a direct consequence of extreme brachycephalic conformation. In addition, this dog has chronic skin fold dermatitis associated with excessive folding on the distal limbs.

2.2. Otitis externa

Otitis externa (OE), inflammation of the ear canal and often outer ear, is more prevalent in brachycephalic dogs, especially British Bulldogs, Pugs and Boxers, than in non-brachycephalic dogs [8,16,17,25]. Otitis externa is associated with predisposing factors (e.g. anatomic conformation, swimming), primary factors (direct induction of inflammation e.g. parasites, food allergy, atopy, foreign body, growths, hormonal), secondary factors (e.g. secondary infection by commensals) and perpetuating factors (chronic changes of the ear canal, ear drum or middle ear). Recently, it was shown that two brachycephalic breeds of dogs, French Bulldogs and Pugs have significantly narrower external ear canals than non-brachycephalic dogs of similar size [26]. The diameter of the horizontal ear canal was measured between its cranial and caudal bony walls on computer tomographic (CT) scan images, and had a median value of 2.5mm, 2.6mm and 5.0mm in French Bulldogs,

Pugs and non-brachycephalic control dogs, respectively. Also, on otoscopic examination, the tympanic membrane could only be visualized in 3.3% of brachycephalic dogs due to ear canal stenosis. Among the brachycephalic dogs examined in the study no significant association was made between the presence of OE and ear canal diameter. However, their striking differences in ear canal diameter compared to non-brachycephalic dogs, suggests that OE is likely a direct consequence of brachycephalic conformation, at least in some cases. Other predisposing factors to OE including allergic skin diseases are discussed in section 3.4.2.

Clinical signs of OE include abnormal scratching of the pinnae, excoriations, head shaking, otic discharge, malodour, swelling, pain, formation of “hot-spots” (moist dermatitis) and othematoma (**Figure 2**) [15,27]. If left untreated, OE may further progress to involve the middle ear (otitis media), internal ear (otitis interna) and extend into the central nervous system (CNS). Diagnosis is usually by otoscopy and cytology, but advanced investigations (video-otoscopy, CT/MRI) may also be required [27,28].

Treatment of OE typically includes a combination of topical ear drops, ear cleaner and if not contra-indicated an anti-inflammatory dose of oral glucocorticoids to reduce the stenosis, pruritus and pain [15,29]. Flushing of the ear canal under anaesthesia can help to remove debris, toxins, biofilm and exudates but also increases the efficacy of topical medications [15,27,28]. Biofilm can also be disrupted by topical usage of silver nanoparticles, Tris-EDTA and oral n-acetylcysteine or bromhexine [29-31]. Topical ear preparations may be ototoxic (e.g. macrolide, polypeptide and aminoglycoside antibiotics, propylene glycol, ceruminolytics and antiseptics), and must be used cautiously. Ototoxicity can lead to hearing loss, imbalance or nausea by direct effect on the hair cells, stria vascularis or cochlear nerve of the internal ear or via the formation of reactive oxygen species [32,33].



Figure 2. Chronic otitis externa in a Pug showing erythema, lichenification, crusting and accumulation of keratosebaceous debris.

2.3. Caudal occipital malformation syndrome/Chiari-like malformation/Primary secretory otitis media

This congenital and multifactorial inherited abnormality was first recognized and reported in Cavalier King Charles Spaniels (CKCS) with up to 95% of individuals being affected [34-37]. It is also recognized in other brachycephalic small breed dogs [38-41]. The caudal occiput is too small relative to the cerebellum, which may prolapse through the foramen magnum, leading to an abnormal flow of cerebrospinal fluid and the formation of a fluid filled cyst (syrinx) within the spinal cord (syringomyelia). In chronic cases, spinal cord degeneration including ventral horn cell or white matter damage, may complicate

the situation [42,43]. Neuropathic pain results in “air-guitar” scratching, “pseudo-fly catching”, spontaneous vocalization and hopping, repeated body shaking and severe rubbing of the face on the floor [43,44]. In more severely affected dogs, other signs may be present including ataxia, head tilt, head tremor, facial nerve deficits, nystagmus, seizures, and scoliosis [41,43].

Primary secretory otitis media, a sterile effusion of the middle ear, is another complication, especially observed in CKCS with Chiari-like malformation [45]. Auditory tube dysfunction associated with the craniofacial abnormalities, is implicated in disease pathogenesis [46,47]. Magnetic resonance imaging (MRI) is the best diagnostic tool to assess primary anatomic conformational abnormalities and the severity of their neurological consequences [41,43].

Medical treatment with non-steroidal inflammatory inhibitors, glucocorticoids, opioids and anticonvulsants (gabapentin, pregabalin) help to relieve pain, whilst omeprazole, acetazolamide, methazolamide may be prescribed to reduce formation of cerebrospinal fluid [48,49]. Alternative pain management options such as acupuncture and laser therapy are becoming more popular, and may help as well, but progressive disease is common and surgical intervention may be required, in severe disease [44,50]. For severe cases or dogs not responding to medical treatment, there is up to an 80% chance of clinical improvement following foramen magnum decompression and durotomy [41,51]. Duraplasty or craniotomy/cranioplasty in combination with tissue grafting/titanium prosthesis/titanium mesh/polymethylmethacrylate plate, further improve the success rate [52,53]. However, despite surgical intervention, residual scratching is often reported [53,54].

3. Other skin diseases in brachycephalic breeds

3.1. Genetic skin diseases

3.1.1. Ichthyosis

Ichthyosis is a rare genetic disease affecting various breeds including CKCS and American Bulldogs [55-59]. In the latter, a mutation in NIPAL-4 (Nipa-Like Domain-Containing 4, ICHTHYIN) is implicated in abnormal lipid metabolism in the epidermis [56]. In a multicentric study, approximately 35% of tested dogs were heterozygote carriers and 5.4% were clinically affected. Disease was associated with an autosomal recessive insertion mutation 5781 bp upstream of NIPAL-4 [56]. Fine scaling throughout a rough hair coat, prominent erythematous to brown scales on the axillae and abdomen, together with wrinkling of the skin are typical features described in affected American Bulldogs. Secondary *Malassezia* dermatitis/overgrowth, pododermatitis and otitis externa are common sequela [56,60].

In CKCS the condition is caused by a mutation in FAM83H (family with sequence similarity 83, member H), which is yet to be further characterized [60]. In CKCS a roughened, scaly and curly haircoat together with a hyperpigmented abdomen, footpad hyperkeratosis and nail abnormalities (nail dystrophy, onychomadesis) become apparent. Affected dogs also have keratoconjunctivitis sicca and may become blind if this is undetected [55].

In both breeds, the first clinical signs occur directly after birth [60]. A definitive diagnosis can be obtained via histopathology or genetic blood testing in case of ichthyosis in American Bulldogs [56,60]. Since ichthyosis is a congenital disease, only symptomatic treatment including treatment of secondary infections, regular combing, mild shampoo treatment, systemic and topical fatty acids as well as systemic retinoids (isotretinoin, etretinate) can be employed [15,60]. Affected dogs should not be used for breeding.

3.1.2. Tyrosinase deficiency

This genetic abnormality is rarely seen in Chow Chow puppies [15,61]. Affected dogs have a pink (instead of black) tongue, depigmentation of the buccal mucosa and whitening of the haircoat. They are otherwise healthy [15,61]. Since tyrosinase is necessary

to produce melanin, supplementation of tyrosinase to histopathologic preparations, and melanin measurement after tissue staining, can help with the diagnosis [15,61]. There is no specific treatment but due to a spontaneous reappearance of melanin, improvement is seen within 2 to 4 months [15,61].

3.1.3. Congenital alopecia

Congenital alopecia is a rarely observed problem of various brachycephalic and other canine breeds including French Bulldog, Lhasa Apso and Chihuahua [15,62-64]. It typically occurs within weeks to months after birth, associated with an x-linked, autosomal dominant or autosomal recessive trait [15,62,65]. Disease phenotype ranges from hypotrichosis to alopecia, which may be localized or generalized [15,62]. Hair loss is typically well-demarcated, occurring on the head, ears and ventrum [15,62]. Some residual hair, symmetrically arranged, can be observed on the dorsal head, distal limbs, tail, umbilical area and around mucocutaneous sites [62]. In more chronic cases, scaling and hyperpigmentation may occur [15]. This needs to be differentiated from ectodermal dysplasia, where other structures such as sweat glands, sebaceous glands, respiratory glands, lacrimal glands, claws and teeth are involved as well [66]. A definitive diagnosis of congenital alopecia is made through collection of multiple skin biopsies from different skin sites which exhibit complete absence or a decreased number of hair follicles [15,62]. There is no specific treatment. Prevention can be effectively achieved by avoiding breeding of affected individuals [15].

3.1.4. Colour dilution alopecia (CDA)/black hair follicular dysplasia/follicular dysplasia

These dermatopathies are reported in both brachycephalic and non-brachycephalic dog breeds including Chihuahuas, Yorkshire Terriers, Shih Tzus, Boxers, Boston Terriers, Cavalier King Charles Spaniel and blue Chow Chows [15,67-72]. Disease is inherited by an autosomal-recessive trait, with singular or multiple mutations within or near the melanophilin gene [73,74]. Melanin precursors with cytotoxic effects and abnormal pigment clumps in the epidermis, hair shaft, hair follicle and hair matrix lead to bulging and fracture of the hair cuticle and therefore alopecia [75]. Progressive hypotrichosis to alopecia and scaling develop at affected areas. In Colour dilution alopecia (CDA), there is also folliculitis and furunculosis. The full extent of disease is usually recognized around 2 to 3 years of age, or earlier in case of follicular dysplasia [15,67,75].

An increased risk for cancer development has been described for CDA [76]. Trichograms, showing numerous macromelanosomes within the hair shaft leading to irregularities and distortion and skin biopsies with histopathology exhibiting dilated hair follicles filled with keratin, hair shafts, free melanin and abnormal melanin clumps in the epidermis and hair follicles, are important diagnostic tools. Commercially available DNA tests, targeting the Ras-related protein Rab-27 (RAB27) or melanophilin (MLPH) are now also available [15,67,73,75]. There is no specific treatment and trauma as well as intense UV-light exposure should be avoided [15,67,75]. Oral retinoic acid may be beneficial [15].

3.1.5. Canine flank alopecia/seasonal flank alopecia

This localized, cyclic, likely polygenetic follicular dysplasia has a high prevalence in middle-aged Boxers and Affenpinschers, but is also reported in other breeds including English Bulldogs, Chihuahua and Staffordshire bull terrier [77-80]. The aetiology is not known, but reduced light exposure and an association with melatonin are considered likely [15,81]. Well-circumscribed, non-pruritic, hyperpigmented, mostly symmetric alopecia, forming a geographic map appearance, develops over the flanks typically during winter time (**Figure 3**). Spontaneous hair regrowth, which may be associated with colour change, occurs within 1 to 14 months. Occasionally, alopecia becomes permanent [15,77,82]. Around 20% of individuals only have one episode, whereas most dogs have recurrent alopecic episodes in the following years [77,82]. Affected individuals are

otherwise healthy. The breed, history, clinical signs and exclusion of endocrinopathies make a diagnosis very likely, but in atypical cases histopathology may be warranted. Since this is a cosmetic problem, observation without treatment is an option, but affected individuals should not be used for breeding. Treatment success can be achieved with melatonin (oral, implants) and increased contact to the sun/artificial light [15,77,81,82].



Figure 3. English Bulldog with seasonal flank alopecia.

3.1.6. Pattern baldness

Canine pattern baldness is an uncommon disease occurring in both brachycephalic and non-brachycephalic breeds [15,83]. Four different syndromes have been described, in Dachshunds, another in American Water Spaniels, third in Greyhounds and a fourth syndrome in various breeds including English Bulldogs, Boston Terriers, Boxers and Chihuahuas [15,83].

Disease often starts around 6 to 9 months of age and progresses over months to years [15,83]. The cause is not known and an association with an androgen receptor dysfunction as has been described in humans, could not be shown [83]. The fourth syndrome is most common, especially in female dogs and affects periauricular skin, the ventrum, perineal region and the caudomedial thighs [15,83]. Affected areas do not show complete hair loss but rather miniaturized hair [15,83]. In chronic cases, hyperpigmentation and scaling may occur [15]. A trichogram can help to confirm a diagnosis if the patient has normal hair in non-affected areas and miniaturized hair in affected areas. Histopathologically, hair follicles and hairs shafts are smaller and thinner than normal [83]. Due to the cosmetic nature of this disease, treatment is not necessary, but oral melatonin may be beneficial [84]. If successful, improvement is typically seen within around 6 weeks [84].

3.1.7. Cutaneous asthenia

This rare genetic disease occurs in various canine breeds, among which Boxers are more frequently affected [15,85]. Both, autosomal-recessive and dominant genetic mutations are reported [15,85]. The skin is thin, hyperextensible, can be easily torn, leaving “fish-mouth” ulcerated wounds, which have minimal to no bleeding and heal quickly to leave characteristic “cigarette-paper” like scars. Rarely, other manifestations such as widening of the bridge of the nose, inguinal and umbilical hernia, increased joint laxity, hygroma formation and ocular changes can occur [15]. Cutaneous asthenia is associated with an increased skin fragility index, i.e. the distance between occiput and the base of the tail divided by the length of a stretched skin fold from base to top (>14.5%) [86]. Histopathology classically shows abnormally arranged, irregular collagen fibers with atypical staining properties (Masson trichrome stain). These changes are not always visible and clear [87,88].

Since vitamin C is involved in the collagen synthesis, oral supplementation, may be beneficial [15]. Lifestyle and housing adjustments are needed to reduce the chance of trauma and wound formation. Such measures include: soft bedding, removal of sharp corners and rough surfaces, and reduced interactions with other animals [15]. One of the authors (SH) has successfully used special protective body suits. Affected animals should not be used for breeding [15].

3.2. Infectious skin diseases

3.2.1. Canine demodicosis

Canine demodicosis is a common parasitic disease, which can occur at young age or later on in life [10,89]. Adult-onset demodicosis is typically associated with an underlying disease (hormonal, neoplasia, immunosuppression) [10,89]. Juvenile disease is the result of a mostly temporary immune alteration, leading to an overgrowth of these commensal mites [10,89,90]. Other predisposing factors include inadequate nutrition, severe stress, parturition and post-partum oestrus and endoparasites [91,92]. Many brachycephalic breeds including Pugs, Boxer, English Bulldog, French Bulldog, Shih Tzu, Chow Chow, Boston Terrier, Staffordshire Bull Terrier, Shar Pei and Chihuahua are predisposed [10,93-102].

Various degrees of multifocal hypotrichosis to alopecia, erythema, crusts, scales, follicular casts, papules, pustules, nodules, hyperpigmentation, lichenification and comedones occur on the head, trunk, limbs and paws [10,89]. Secondary infections, especially with bacteria, are common and may lead to a mild degree of pruritus [89,94]. Ceruminous otitis externa can also be seen [103]. In severe cases, especially if immunosuppressed and left untreated, deep bacterial infections can lead to sepsis and unspecific systemic signs like fever, anorexia, lethargy and peripheral lymphadenopathy [94].

Different stages of demodex mites (larvae, adults, eggs) can be identified via deep skin scrape, trichogram or acetate tape squeezing technique [89]. Depending on the severity of the presentation, the general condition of the patient and the form of demodicosis, active surveillance is sufficient whilst medical treatment may be initiated in selected cases [89,94]. For the juvenile form, even with generalized disease, spontaneous remission is reported [89]. Also, since there is a genetic predisposition for juvenile onset disease, breeding of affected individuals is not recommended [89,104]. Desexing of affected intact female dogs is recommended, due to flare ups during oestrus [105]. In adult onset disease, correction of the underlying cause is indicated [106]. Amitraz, macrocyclic lactones and isoxazolines are efficacious, but potential adverse effects and drug legislation should be considered when selecting these drugs [89,93,106].

3.2.2. Malassezia dermatitis

A nationwide insurance analysis in the US recognized an increased risk in brachycephalic dogs for fungal skin diseases [107]. *Malassezia* spp. are yeasts and are skin and mucosal commensals [108]. This fungal organism is commonly associated with dermatitis including intertrigo, otitis externa, paronychia and rarely keratomycosis [108]. Brachycephalic breeds predisposed to *Malassezia* dermatitis include, Shih Tzu, English Bulldog, Boxer, Cavalier King Charles Spaniel and Lhasa Apso [15,109,110].

Malassezia dermatitis can cause hypotrichosis to alopecia, erythema, scales, crusts, greasiness, lichenification, hyperpigmentation and variable pruritus, especially on the concave pinnae, muzzle, ventral neck, perianal, medial thighs, axillae, inguinal and paws [108]. Typical triggers include hypersensitivities (flea bite hypersensitivity, food allergy, atopic dermatitis), ectoparasites, superficial pyoderma, endocrinopathies, keratinization abnormalities and autoimmune diseases [108]. Diagnosis can easily be achieved via cytological examination of affected areas, showing round to oval to peanut shaped organisms of 3 to 8µm [15]. Besides addressing the underlying cause, topical treatment with chlorhexidine or azole preparations are preferred, and systemic therapy with itraconazole,

terbinafine or fluconazole should be reserved for severe, generalized cases or where topical treatment fails [108,111].

3.2.3. Viral pigmented plaques

This viral skin disease associated with *Chipapillomavirus*, is reported in many brachycephalic breeds including the Pug, French Bulldog, Chihuahua and Boston Terrier, as well as in non-brachycephalic breeds [112-115]. The onset of the disease may be related to a genetic immunodeficiency, as reported in Pugs, Vizslas and Chihuahuas, or secondary to immunosuppression [116]. Numerous, small, plaque-like, hyperpigmented lesions with an irregular and scaly surface appear on the ventral neck, thorax, abdomen and ventro-medial, proximal limbs (**Figure 4**). A progression to wart-like lesions is described [116]. Depending on the location and number of lesions, discomfort and pruritus can occur [116]. Lesions further progress, especially at the beginning and rarely transform into squamous cell carcinoma [117]. The clinical appearance together with histopathology often allow a diagnosis, but in early stages of the disease further work up such as PCR may be needed [118]. Several treatment options are described including surgical removal, laser treatment, cryotherapy, systemic azithromycin, interferons and retinoids, but also topical agents such as vitamin A, imiquimod or tigilanol tiglate gel [116,118].



Figure 4. Pug with multiple viral plaques caused by *Chipapapillomavirus* infection.

3.3. Bacterial skin diseases

3.3.1. Bacterial folliculitis (superficial pyoderma)

Brachycephalic breeds are predisposed to bacterial skin infections, as indicated by an insurance survey in the US as well as an Australian study [3]. The British Bulldog, Pug,

Boxer, Shar Pei and Bullmastiff are predisposed to superficial bacterial folliculitis, which is usually associated with *Staphylococcus pseudintermedius* [15-18]. Clinical signs range from mild (loss of hair gloss, increased shedding, erect hairs or mild scaling) to severe (alopecia, erythema, follicular papules/pustules, epidermal collarettes and crusts. This may lead to secondary pruritus and deep pyoderma [15,119]. Common underlying triggers are allergies, trauma, ectoparasites, dermatophytes, excessive brushing, seborrhoea and systemic diseases [15,120]. Diagnosis can be made by recognition of characteristic lesions, cytology (presence of cocci and inflammation) and culture and susceptibility testing [15,121]. Topical treatment with products containing chlorhexidine, benzoyl peroxide or ethyl lactate is recommended. Systemic antimicrobial therapy is reserved for widespread, deep pyoderma or where topical treatment alone fails [15,120].

3.3.2. Pyotraumatic dermatitis (Hot spot)

This skin condition is characterized by a peracute onset of severe pruritus associated with a well-demarcated area of alopecia, erythema, swelling, papules, pustules and crusts. British Bulldogs, Pugs and Rottweilers are predisposed [14,16-18,122].

3.3.3. Muzzle folliculitis and furunculosis

Muzzle folliculitis and furunculosis, another form of bacterial infection restricted to the skin of the muzzle, presents with pruritus, alopecia, erythema, swelling, papules, pustules, erosion/ulceration, crust formation and haemorrhagic bullae. An increased risk is recognized in the British Bulldog, Boxer, Rottweiler and brachycephalic breeds overall [3,15,123].

3.3.4. Canine leproid granuloma

Boxers are predisposed to this infectious disease, suggesting a genetic predisposition [15,124,125]. Disease, caused by mycobacterial strains of the *Mycobacterium simiae* clade in association with trauma, previous skin lesions and insect bites, is most prevalent in Australia, USA and South America (Brazil) [126]. Affected individuals show multiple, intact to ulcerated, well-demarcated nodules to plaques on the head (especially pinnae) and limbs but are otherwise healthy [126]. Diagnosis is based on clinical, cytological (acid-fast bacilli) and histopathological findings [126]. Although there is a chance for spontaneous remission within one to three months, systemic treatment with azithromycin and rifampicin with or without surgery may be needed, particularly in more severe and refractory cases [126]. Topical formulation may be supportive [127].

3.4. Immunological skin diseases

3.4.1. Primary immune deficiencies

Very rarely dogs are born with specific immune deficiencies, leading to recurrent infections of the skin, respiratory, urogenital and/or gastrointestinal tract. These deficiencies include cyclic haematopoiesis (Pomeranian), T-cell dysfunction (Bull Terrier) IgA/IgG (Chow Chow, Rottweiler) and granulocyte colony stimulating factor (G-CSF) (Rottweiler) abnormalities. Affected individuals are young and the skin might be affected by juvenile demodicosis, recurrent secondary pyoderma and subcutaneous abscesses [15,128-132].

3.4.2. Hypersensitivities

Many brachycephalic breeds show an increased risk for different forms of allergy including flea bite hypersensitivity (FBH; Chow Chow), food allergy (FA; Lhasa Apso, Boxer, Shar Pei), atopic dermatitis (AD; Boxer, American Bulldog, English Bulldog, French Bulldog, Boston Terrier, Lhasa Apso, Shih Tzu, Chow Chow, Pug, Staffordshire Bull Terrier, Shar Pei) [15,133-142]. In addition, Pugs have an increased risk for the development of pruritus in general [143]. The pathogenesis of most of these diseases is complex and still not fully understood, but likely includes a combination of genetic, skin/mucosal

barrier, immunologic and skin/mucosal microbiome abnormalities [144]. All of these conditions are characterized by variable primary pruritus, associated secondary lesions, and are further complicated by secondary bacterial and yeast infections (otitis externa, *Malassezia* dermatitis, pyoderma, pododermatitis/furunculosis).

In many brachycephalic breeds, especially Pugs and French Bulldogs, the nails and footpads do not wear down normally, further contributing and worsening allergic pododermatitis [145,146]. Primary pruritus mainly affects the posterior in FBH, whereas in FA and AD the ears, face, muzzle, ventral neck, distal limbs, paws, axillae, inguinal and perineum are commonly affected (**Figure 5**) [140,147-150]. Atopic dogs and dogs with FA may also present for anal sac impaction, acute moist dermatitis, acral lick dermatitis, seborrhoea, hyperhidrosis, rhinitis, reverse sneezing, gastrointestinal disturbances and sexual cycle abnormalities [151]. Alternatively, dogs with FA may have other presentations such as erythema multiforme, cutaneous vasculitis, urticaria, anaphylaxis, seizures and behavioural changes [15,152].

Diagnosis of the different forms of allergy, can be achieved by a response to flea treatment, a strict elimination diet over 4 to 8 weeks with subsequent provocation, the exclusion of other causes of pruritus and the application of specific established criteria (Favrot's criteria) [144]. Dogs with FBH or FA can be managed with the use of appropriate flea control and/or dietary interventions [15]. A multimodal approach is often required for treatment of AD including addressing the pruritus, secondary infections and skin barrier, especially if allergen-specific immunotherapy is insufficient [15,144].



Figure 5. Atopic French Bulldog with chronic allergic dermatitis including mild to moderate alopecia, erythema, lichenification and accumulation of keratosebaceous debris on the pinnae, muzzle, ventral neck, chest, dorsal elbows and paws. Fold formation as a consequence of brachycephaly as well as abnormal wear of the paw pads negatively influence allergic disease.

3.4.3. Pemphigus foliaceus

Pemphigus foliaceus is the most common canine autoimmune skin disease, that mainly occurs in middle-aged and older animals [15,153]. Multiple breeds can be affected, but Chow Chow's have an increased risk [153-157]. Several factors including genetics, drugs, insects, UV-light and chronic inflammation may trigger an autoimmune response targeting the desmocollin-1 leading to acantholysis and pustule formation [158]. The disease mainly affects the pinnae, dorsal nose and paws, but may progress to involve other sites. The distribution is often symmetrical, and affected dogs show transient papules and pustules, intense crusting, alopecia, epidermal collarettes and fissures on the paw pads. There is variable pruritus and secondary bacterial and *Malassezia* infections. In severe cases, fever, lethargy, anorexia and lymphadenopathy are also present [153,159]. Cytology of intact pustules reveal neutrophils, eosinophils and acantholytic cells, in the absence of

bacteria. Since acantholytic cells can also occur with fungal (*Trichophyton* spp.) and bacterial infections (*Staphylococcus* spp.), these organisms must be excluded [15,153]. Definitive diagnosis is attained via multiple skin biopsies and histopathology [153]. Treatment typically includes topical and systemic antimicrobials as well as immunosuppressive drugs such as glucocorticoids, cyclosporine, azathioprine, chlorambucil, mycophenolate mofetil and recently oclacitinib [15,153,159]. Potential triggers should be eliminated. Cases with vascular involvement may show more serious clinical signs, be more challenging to treat and take longer to achieve remission [159]. Most patients require life-long treatment, and few die or will be euthanized due to treatment failure, drug side effects, complications and/or lack of compliance [153,159].

3.4.4. Uveodermatologic syndrome

This rare immune-mediated disease primarily affects Akitas, but also occurs in other breeds including Chow Chows [15,160,161]. The pathogenesis is complex, including a heritable component (canine leukocyte antigen alleles) and an inflammatory response including Th17, Th1 and Th2 helper cells with the formation of associated cytokines, autoantibodies and infiltration of macrophages, targeting pigmented structures of the eyes, ear, hair, skin and the nervous system [15,162]. The disease occurs in young to middle-aged dogs, presenting for bilateral photophobia, blepharospasm, epiphora and blindness. Skin abnormalities classically occur later on, are bilateral symmetric, and show depigmentation, leukotrichia, leukoderma, alopecia, erythema, scaling, erosion/ulceration, crusting, hyperkeratosis and rarely onychomadesis or swelling of the nose. The nasal planum, periocular skin, lips, oral cavity, genitals and footpads are commonly involved [163,164]. Neurologic and auditory signs are rarely reported, might very subtle and thereby underdiagnosed [163]. A rapid diagnosis is very important to avoid blindness. It includes a complete ophthalmological examination and histopathology in case of skin involvement [163,164]. Ophthalmic glucocorticoids together with oral immunosuppressive doses of glucocorticoids are indicated. Initial treatment can be enhanced by addition of systemic cyclosporine, azathioprine or other steroid-sparing immunosuppressants in refractory cases [15,164].

3.4.5. Sterile granuloma and pyogranuloma syndrome

Boxers, English Bulldogs and French Mastiffs are predisposed to this rare immune-mediated disease [15,165]. Infectious (bacteria, fungi, parasites, protozoa) and foreign bodies must first be ruled out before inflammation can be considered sterile [166]. Usually, there are multiple lesions consisting of non-pruritic, non-painful, erythematous, haired to alopecic, often ulcerated, fistulated and crusted, papules to nodules and plaques, especially occurring on the head and distal limbs. The lesions can spontaneously resolve but also wax and wane [166,167]. Definitive diagnosis requires bacterial and fungal culture, histopathology including a variety of special stains, and ideally also Leishmania and mycobacterial PCR testing [166,167]. Control can be achieved by immunosuppressive drugs, including glucocorticoids, azathioprine and cyclosporine. Oral fatty acids may have beneficial or drug-sparing effects. Tetracycline/doxycycline together with niacinamide may also be beneficial in selected cases, but are not suitable for long term treatment [15,168].

3.4.6. Acute febrile vasculitis

This vascular disease is rare, but is exclusively seen in Shar Peis [169-172]. The cause for it is not known, but vaccines, insect bites and infectious microorganisms are discussed as potential triggers [169]. The disease occurs in young puppies with affected individuals showing acute fever, lethargy, anorexia, lymphadenopathy and dramatic skin changes comprising of severe swelling, well-demarcated ulceration and necrosis as well as haemorrhagic maculae, vesicles and bullae on the head, limbs and trunk [169]. Diascopy is an easy, cheap and fast test to recognize bleeding into the skin, but further work up involving

comprehensive blood tests, imaging and skin biopsies are usually warranted [169]. Described treatment include wound and pain management, immunosuppressive and antimicrobial therapy and surgery. Potential triggers should be eliminated, and avoided. Prognosis is guarded with some affected individuals succumbing to the disease despite treatment [169,172].

3.5. *Miscellaneous skin diseases*

3.5.1. Anal sac disease

Anal sac disease is common in dogs overall, but is especially common in brachycephalic dogs (up to 2.62 the odds of dolichocephalics), particularly Pugs (up to 2.23 the odds of non-Pugs) [3,6,173-175]. Obesity, soft stools, intestinal disorders, changes in muscle tone and relatively small anal sac ducts are contributing factors to disease [176]. Recurrent anal sac disease is often associated with AD or FA [15,176]. Anal sac impaction may progress to sacculitis and abscess formation. Perianal pruritus, tail chasing, scooting, tenesmus and abscess formation are common reasons for presentation. Clinical signs, digital palpation and perianal evaluation help with diagnosing these problems [15,176]. Anal sacs can be expressed, lavaged, topical antimicrobials instilled or in more severe cases, systemic antibiotics, wound treatment and surgical excision considered. In case of sacculitis, cannulation and flushing of the anal sac with normal saline, 0.025% chlorhexidine or 0.4% povidone-iodine solution can be done via 22 to 24 G catheter. Often a commercially available steroid/antifungal/antibiotic solution/ointment is instilled thereafter [177]. Since topical treatment is often effective, systemic antibiotics should only be used in refractory or severe cases [178]. In addition, underlying problems should be identified and corrected [15,176].

3.5.2. Calcinosis circumscripta

In young dog breeds, including Rottweiler, Boston Terrier, Boxer and Shih Tzu, repeated trauma may cause a localized calcification of the skin, called calcinosis circumscripta. In these cases, the underlying tissue as well as the calcium/phosphor homeostasis appear normal. In brachycephalic breeds, small to large, white to purple, firm, dome-shaped, sometimes ulcerated papules to nodules to plaques, filled with a chalky material, often occur at the cheek and base of the ear. Cytology and histopathology are diagnostic options and treatment is usually done by surgical excision [15,179-181].

3.5.3. Dermoid sinus/cyst

This inherited problem is associated with an abnormal separation of the skin and the neural tube, leading to cyst or tube formation of different depth and length (**Figure 6**) [15,182]. Each type of cyst/tube represents involuted skin with surrounding hair follicles and glands, and a lumen filled with keratin, sebum, debris and hairs [15]. There is an association with an autosomal-dominant mutation, involving fibroblast growth factors (FGF) 3, 4,19 being responsible for the ridge formation, and oral cancer overexpressed 1 factor (ORAOV1) [183]. Although Rhodesian Ridgebacks are most commonly affected, brachycephalic breeds including Boxers, Victorian Bulldogs, English Bull Terrier, French Bulldogs, Shih Tzus and Chow Chows [182,184-193]. There can be singular or multiple sinuses, mostly occurring in the cervical or thoracic region, although the head involvement is described in Rottweiler [187]. Lesions are often not recognized by the owner, since they occur very concealed as tufts of hairs or very small openings. When secondarily infected, fistulous wound may develop. Neurological signs occur if the defect includes the dura mater and the spinal cord, and are associated with a more guarded prognosis [182,185]. Diagnosis can be made via history, clinical signs, palpation, fistulogram, myelogram, CT or MRI. Depending on the type of sinus and possible complications, considerations between observation and conservative treatment or surgical interventions need to be made [182,185].

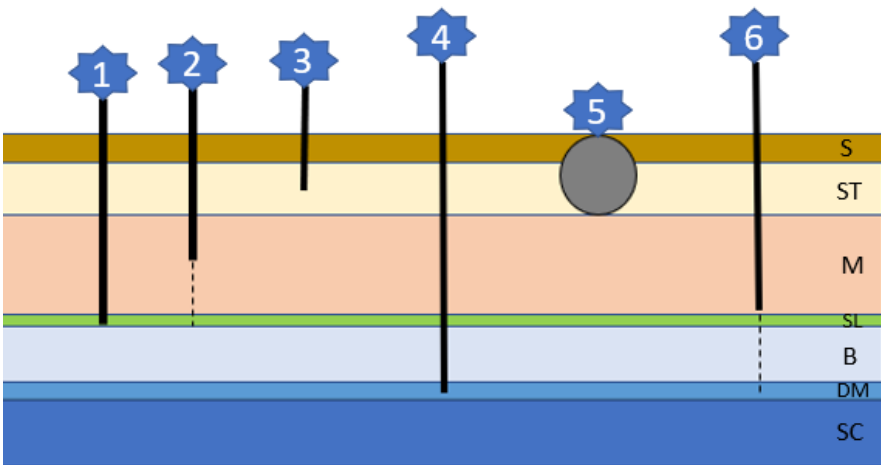


Figure 6. The six different sinus types of dermoid cysts (refer to text for details); *S*: skin; *ST*: Subcutaneous tissue; *M*: muscle; *SL*: supraspinous ligament; *B*: bone; *DM*: dura mater; *SC*: spinal cord.

3.6. Other skin diseases

Brachycephalic breeds are predisposed to skin cyst formation and nail overgrowth, the latter especially in British Bulldogs and Pugs [6,16,17]. Boxer are predisposed to gingival hyperplasia, solar dermatitis and sternal callus [15], English Bulldogs to idiopathic nasodigital hyperkeratosis [194], Boston Terriers to localized parakeratotic hyperkeratosis [195], French Mastiffs to footpad hyperkeratosis [196] and Chow Chows to post clipping alopecia [197,198].

4. General discussion and ethical considerations

Dermatological disorders are common among brachycephalic breeds. Whilst some are a direct consequence of the anatomic abnormalities that have been selected for over generations of breeding, others are not linked to brachycephaly, but highlight the consequences of small gene pool diversity within dog breeds. As breeding programs are modified to select for less extreme brachycephalic confirmation, the prevalence and expression of unrelated genetic disorders needs to be carefully monitored to prevent their unwitting selection.

Table 2. Dermatological diseases of brachycephalic breeds.

Disease Group	Disease	Breeds	References
Congenital Skin Diseases	Congenital Alopecia	Chihuahua	Miller et al. 2012
		French Bulldog	Ihrke et al. 1993
		Lhasa Apso	Marks et al. 1992
			O'Neill et al. 1981
	Color dilution alopecia	Blue Chow Chow	Miller et al. 2012
		Boston Terrier	Perego et al. 2009
	Black hair follicular dysplasia	Boxer	Kim et al. 2005, 2005
		Cavalier King Charles Spaniel	Rachid et al. 2003
	Follicular dysplasia	Chihuahua	Beco et al. 1996
		Shih Tzu	Roperto et al. 1995
	Flank alopecia	Affenpinscher	Vandenabeele et al. 2014
		Boxer	Mecklenburg et al.2009

		Chihuahua English Bulldog Staffordshire Bull Terrier	Fontaine et al. 1998 Miller et al. 1993
	Pattern baldness	Boston Terrier Boxer Chihuahua English Bulldog	Miller et al. 2012 Paradis et al. 2009
	Ichthyosis	American Bulldog Cavalier King Charles Spaniel	Mauldin et al. 2013, 2015 Hartley et al. 2012 Barnett et al. 2006 Alhaidari et al. 1994
	Cutaneous asthenia	Boxer	Miller et al. 2012 Bellini et al. 2009
	Tyrosinase deficiency	Chow Chow	Miller et al. 2012 Engstrom et al. 1966
	Caudal occipital malformation syndrome Chiari-like malformation	Affenpinscher Boston Terrier Brussels Griffon Cavalier King Charles Spaniel Chihuahua French Bulldog Pomeranian Pug Shih Tzu	Sanchis-Mora et al. 2016 Lewis et al. 2010 Cagle et al. 2010 Rusbridge et al. 2003, 2004, 2005, 2009 Dewey et al. 2005
Infectious Skin Diseases	Canine demodicosis	Boxer Boston Terrier Chihuahua Chow Chow English Bulldog French Bulldog Pugs Shih Tzu Staffordshire Bull Terrier Shar Pei	O'Neill et al. 2020 Wright et al. 2014 Barrientos et al. 2013 Kuznetsova et al. 2012 Plant et al. 2011 It et al. 2010 Mueller et al. 2009 Holm et al. 2003 Lemaire et al. 1996 Day et al. 1997 Chen et al. 1995
<i>Fungal</i>	<i>Malassezia dermatitis</i>	Boxer Cavalier King Charles Spaniel English Bulldog Lhasa Apso Shih Tzu	Bajwa et al. 2017 Miller et al. 2012 Mauldin et al. 1997

<i>Bacterial</i>	Superficial pyoderma	Boxer British Bulldog Bullmastiff Pug Shar Pei	O'Neill et al. 2016, 2019, 2022 Miller et al. 2012
	Hot spot	British Bulldogs Pugs	O'Neill et al. 2016, 2019, 2022 Holm et al. 2004
	Muzzle folliculitis and furunculosis	Boxer British Bulldog	Fawcett et al. 2018 Pedersen et al. 2016 Miller et al. 2012
	Canine leproid granuloma	Boxer	Miller et al. 2012 Conceição et al. 2011 Malik et al. 1998
<i>Viral</i>	Viral pigmented plaques	Australian Terrier Boston Terrier Chihuahua French Bulldog Pug	Nagata et al. 1995, 2013 Luff et al. 2012 Narama et al. 2005
<i>Mixed</i>	Otitis externa	Boxers British Bulldogs Pugs	O'Neill et al. 2016, 2019, 2021 Sapierzyński et al. 2009
Immunological Diseases	Primary immune deficiencies	Bull Terrier Chow Chow Pomeranian Shar Pei	Ellis et al. 2019 Olsson et al. 2015 Miller et al. 2012 Day et al. 1999 Lanevski et al. 1999 Rivas et al. 1995
	Hypersensitivities	American Bulldog Boston Terrier Boxer Chow Chow English Bulldog French Bulldog Lhasa Apso Pug Shar Pei Shih Tzu Staffordshire Bullterrier	Outerbridge et al. 2021 Mazrier et al. 2016 Miller et al. 2012 Theerawatanasirikul et al. 2012 Jaeger et al. 2010 Picco et al. 2008 Počta et al. 2007 Nødtvedt et al. 2006 Verlinden et al. 2006 Prélaud et al. 1998 Harvey et al. 1993
	Pemphigus foliaceus	Chow Chow	Goodale et al. 2019 Bizikova et al. 2012 Olivry et al. 2006 Gonsalves-Huber et al. 2005

			Kuhl et al. 1994
	Uveodermatologic syndrome	Chow Chow	Zarfoss et al. 2018 Miller et al. 2012 Blackwood et al. 2011
	Acute febrile vasculitis	Shar Pei	Weingart et al. 2022 Innerå et al. 2013 Malik et al. 2002 Tellier et al. 2001
	Sterile granuloma and pyogranuloma syndrome	Boxer English Bulldog French Mastiff	Miller et al. 2012 Panich et al. 1991
Miscellaneous Skin Diseases	Skin fold dermatitis	Boston Terriers British Bulldog Pekingese Pug Shar Pei	O'Neill et al. 2016, 2019, 2022, 2022, 2022 Packer et al. 2021 Fawcett et al. 2018 Beco et al. 2013 Miller et al. 2012
	Anal sac disease	Pugs	O'Neill et al. 2020, 2022 Fawcett et al. 2018 Feng et al. 2017
	Calcinosis circumscripta	Boston Terrier Boxer Shih Tzu	Doerr et al. 2013 Miller et al. 2012 Tafti et al. 2005 Scott et al. 1988
	Dermoid sinus/cyst	Boxers Chow Chow English Bull Terrier French Bulldog Shih Tzu Victorian Bulldog	Barrios et al. 2014 Ployart et at. 2013 Motta et al. 2012 Sturgeon et al. 2008 Bornard et al. 2007 Colón et al. 2007 Bowens et al. 2005 Burrow et al. 2004 Fatone et al. 1995 Booth et al. 1998 Selcer et al. 1984

5. Conclusions

Brachycephalic dogs are not only adversely affected by their airway problems, chronic hypoxia, hypertension, sleep disorders, ophthalmologic, dental and gastrointestinal problems, but also lifelong dermatological dilemmas, which are often challenging to treat and negatively affecting their quality of life. These are enough arguments that revised breed standards for those dogs are desperately needed.

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