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Article

Organic Sunscreens – Biological Activity from an Enzymatic Perspective

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Abstract

Selected organic sunscreens from different chemical families were investigated in the context of their ability to inhibit butyrylcholinesterase using novel Multiple Linear Regression, Artificial Neural Network and Support Vector Regression models based on a set of six independent variables commonly associated with compounds' absorption and distribution properties. It was established that the descriptors that have a particularly strong, positive influence on the ability of compounds to inhibit BChE expressed as pIC_{50} are the count of rotatable bonds ($nRot$) and lipophilicity ($\log D$); pIC_{50} is negatively correlated with flexibility ($Flex$), fraction of sp^3 carbon atoms (F_{sp^3}), *caco*-2 permeability (*caco*2) and plasma protein binding ability (*PPB*). The sunscreens that are likely to be particularly strong BChE inhibitors are Ethylhexyl Triazone (ET), Diethylhexyl Butamido Triazone (DOBT), Octocrylene (OCR) and Diethylamino Hydroxybenzoyl Hexyl Benzoate (DHHB), although it must be stressed that ET and DOBT are outside the chemical space of the reference compounds.

Keywords: organic sunscreens; biological activity; butyrylcholinesterase inhibition

1. Introduction

Organic sunscreens are used in personal care products to protect skin and hair skin from harmful ultraviolet radiation and in other products (textiles, dyes, household chemistry products) to prevent their photodegradation by conversion of UV radiation into thermal energy upon absorption [1]. It was demonstrated that sunscreens help to prevent sunburn, solar keratosis, and non-melanoma skin cancer [2]. Although organic sunscreens are considered beneficial when used reasonably [3], some compounds from this group are biologically active – they cross biological barriers and are known or suspected endocrine disruptors, i.e. compounds interfering with human and animal hormonal systems and thus likely to impair developmental, reproductive, neurological, and immune functions [4,5]. Several *in vitro* and *in vivo* studies (mainly on animal models) demonstrated that organic sunscreens (especially benzophenone-3; according to some studies also benzophenone-2, homosalate, OD-PABA, PABA, 3-benzylidene camphor, 3-(4-methyl-benzylidene) camphor, 2-ethylhexyl 4-methoxy cinnamate, octocrylene) effect the estrogenic signaling, exhibit antiandrogenic and progesterone activity, induce changes in weight and histology of reproductive organs in both sexes and interfere with the hypothalamic–pituitary–thyroid axis [2,6–8].

Humans are exposed to organic sunscreens by direct contact (skin absorption, ingestion and inhalation) and by indirect routes (contaminated water, sea food) [5], with detectable levels of organic sunscreens found in urinary samples of the vast majority of the US population [6]. Sunscreens were detected in drinking water supplies in countries such as Spain, Australia, Singapore, and Brazil [9].

Studies indicated that there is a negative correlation between the organic UV filters exposure and adiposity measures in peripubertal boys, but not girls [10]; maternal exposure to organic sunscreen during pregnancy changes the offspring's birth outcomes [11].

Sunscreens are metabolized mainly in human liver (a detailed report on oxybenzone, avobenzone, octocrylene, octinoxate, octisalate, and homosalate hepatic metabolism was provided in

[9]) and other organs, e.g. skin [12]. Metabolic pathways of sunscreens are complex, involving hydrolysis of esters (if applicable), oxidation and covalent binding to glutathione [13]. Some toxic effects of organic sunscreens could also be attributed to their metabolites, which appear to be more reactive electrophiles than the parent compounds. For example, skin metabolism of some sunscreens from the chemical family of benzophenones (benzophenone-3 and dioxybenzone) may lead to potentially phototoxic glucuronide metabolites [14]. Organic sunscreens were also investigated in the context of their possible metabolism- and transporter-based interactions with co-administered drugs; it was found that 4-methylidenecamphor and benzophenone-3 inhibit CYP2C9 and the renal transporters OAT3 and OCT2 in vitro, but their IC₅₀ values exceed the clinically relevant plasma levels [15].

Elevated bioactivity was also reported for synergistically acting mixtures of organic sunscreens, which is a matter of particular concern, since sun protection formulations contain usually more than one UV filter [7,16,17]. However, it must be stressed at this point that some sunscreen mixtures exhibit antagonism – their toxicity is reduced compared to that of single compounds [18–20].

Large quantities of organic sunscreens are released to the environment world-wide; the products of their environmental transformations appear to be more dangerous than the parent compounds and some of them are more environmentally persistent [21–23].

An undesired biological activity of organic sunscreens was also studied in the context of their possible interactions with the main detoxicating enzymes in the placenta: (i) glutathione-S-transferases, which catalyze the conjugation of reduced glutathione (GSH) to various electrophiles, thus facilitating their excretion; (ii) N-acetyltransferase 2, responsible for acetylation of compounds such as aromatic amines [24].

The cholinergic system is a major neurotransmitter system engaged in learning and memory processes [25]. It encompasses the acetylcholine (ACh) neurotransmitter, the enzyme that synthesizes it: choline O-acyltransferase (ChAT), the muscarinic and nicotinic receptors of the neurotransmitter, and the enzymes which hydrolyze the neurotransmitter: acetylcholinesterase (AChE) and butyrylcholinesterase (BChE) [26]. Cholinergic neurons play an important role in cognitive functions and their degeneration is considered a main factor in the development of dementia [27]. Recently non-neuronal cholinergic systems located in the skin, cardiovascular system and placenta [28–30] and the functions of the cholinergic system not directly related to neurotransmission [25,26,31] attract considerable attention. However, the main focus is on the CNS cholinesterase inhibitors in two contexts: (i) therapeutic – cholinesterase inhibitors used to treat symptoms of neurodegenerative diseases [32]; (ii) toxic – irreversible or reversible ACh inhibitors (mainly from the chemical families of organophosphates and carbamates) are used as pesticides (insecticides) [33]; some organophosphates are potent nerve agents [34]. New developments focus mainly on novel or re-purposed drugs against the Alzheimer's disease [35–41]; there is also some interest in novel insecticides from the chemical families other than organophosphates or carbamates [42,43].

The Alzheimer's disease is a multi-factorial neurodegenerative condition, so attention turns often to drugs inhibiting the cholinesterase enzymatic activity and simultaneously interfering with other neurodegenerative pathways: A β aggregation, oxidative stress, metal dyshomeostasis, and neuroinflammation - by targeting both catalytic and peripheral domains of ChE's (dual-site ligands) or acting simultaneously on cholinesterases and other targets (multi-target-directed ligands) [44–46].

Another enzyme involved in the cholinergic system is butyrylcholinesterase (BChE). This enzyme has been long underestimated, as it seemed to be involved in no specific physiological processes; both humans and animals deprived of BChE can lead almost normal life although they are likely to suffer from faster weight gain on high-fat diets than the individuals with normal BChE blood levels [47]. At present BChE is being extensively investigated in the context of the pharmacotherapy of dementia [48,49] (many AChE inhibitors interfere also with the activity of BChE [50]). BChE was found to be a bioscavenger that protects AChE in nerve synapses from inhibition by toxic compounds, e.g. nerve agents from the chemical family of organophosphates [51,52]. BChE is also associated with some specific physiological problems, as some studies on animal models revealed

that it hydrolyzes ghrelin and controls ghrelin levels in the peripheral circulation, thus effecting the physiological processes in which ghrelin is involved (including insulin release, fat metabolism and adiposity) [47].

The possible interactions of organic sunscreens with biological targets related to the cholinergic system have attracted relatively little attention so far. In this research we wished to fill this gap by investigating the possible interferences of the selected organic sunscreens from different chemical families with the activity of BChE.

2. Results and Discussion

The ability of compounds to inhibit BChE expressed as their half-maximal inhibitory concentration (IC_{50}) or the enzyme inhibitory constant (K_i) can be predicted *in silico* using the published machine learning, 3D QSAR or SMILES-based QSAR models [48,53–56]. In this research we attempted to predict pIC_{50} of the selected organic sunscreens using novel models based on a set of molecular descriptors usually associated with the absorption and distribution of compounds in the organism.

$$pIC_{50} = 1.68 (\pm 1.26) + 0.481 (\pm 0.053) nRot - 5.14 (\pm 0.77) Flex - 1.75 (\pm 0.47) F_{sp^3} + 1.18 (\pm 0.14) \log D - 0.847 (\pm 0.195) caco2 - 0.0591 (\pm 0.0113) PPB$$

$$(n = 100, R^2 = 0.706, R^2_{adj.} = 0.687, Q^2 = 0.667, F = 37.15, p < 0.001, RMSE_{pred} = 0.59) \quad (1)$$

Based on the Multiple Linear Regression model (Equation (1), Figure 1) it was concluded that the ability of compounds to inhibit BChE is positively correlated with the rotatable bond count ($nRot$) and lipophilicity ($\log D$) and negatively correlated with flexibility ($Flex$), fraction of sp^3 carbon atoms (F_{sp^3}), caco-2 permeability ($caco2$) and plasma protein binding ability (PPB).

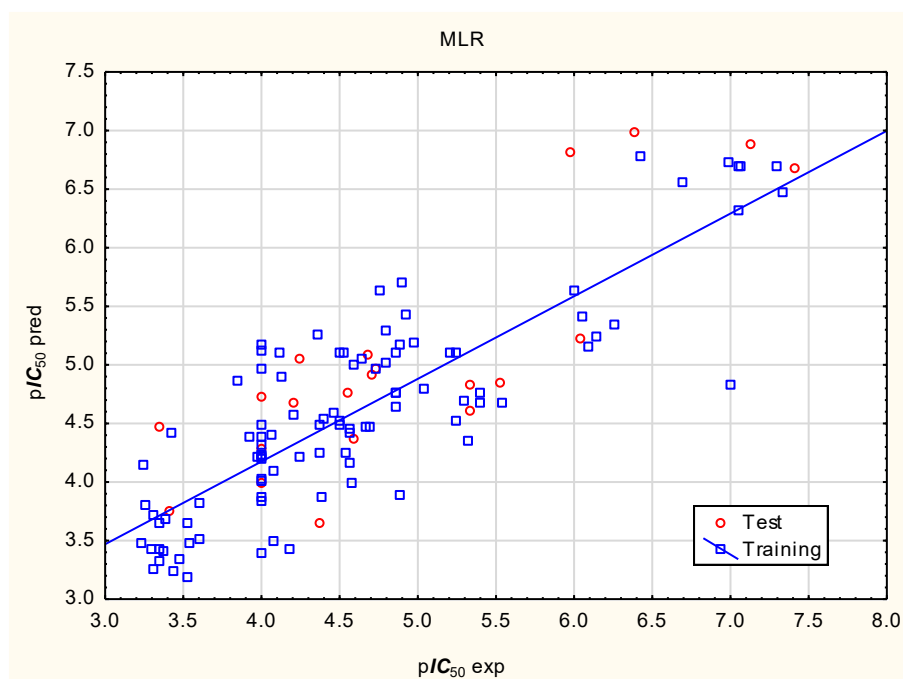


Figure 1. MLR model of pIC_{50} , predicted vs. experimental values.

The same set of independent variables was employed in models prepared to predict pIC_{50} based on Artificial Neural Network (ANN) and Supported Vector Regression (SVR) algorithms (Figures 2 and 3, respectively; Table 1). It was observed that the significance of the particular independent variables in the ANN models is different depending on the model, and on average it

decreases in the following order: *Flex* > *nRot* > $\log D$ > F_{sp3} > *PPB* > *caco2*, with no independent variable scoring 1 or less in Global Sensitivity Analysis.

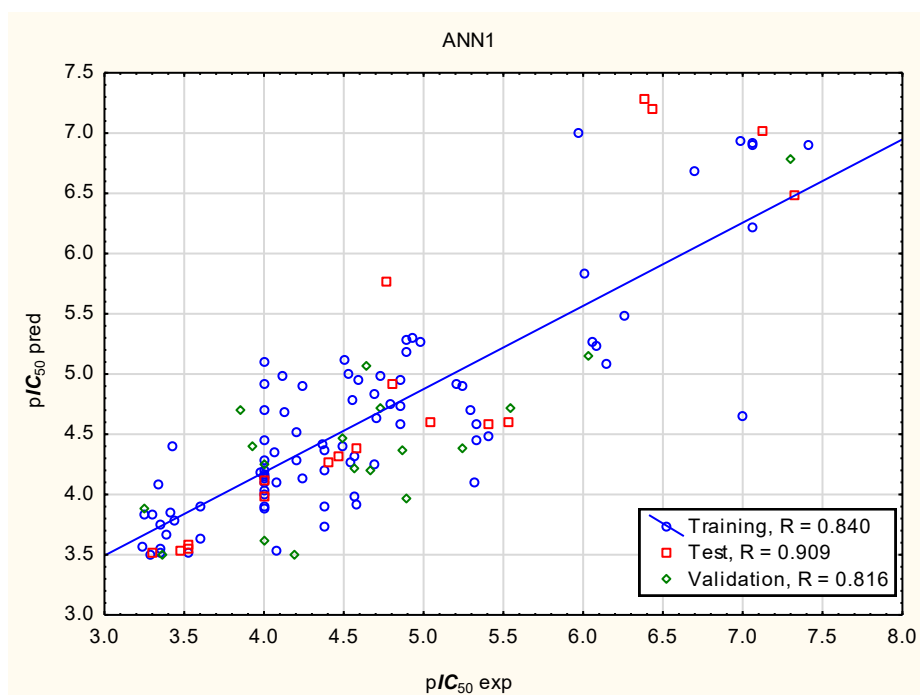


Figure 2. ANN model of pIC_{50} , predicted vs. experimental values.

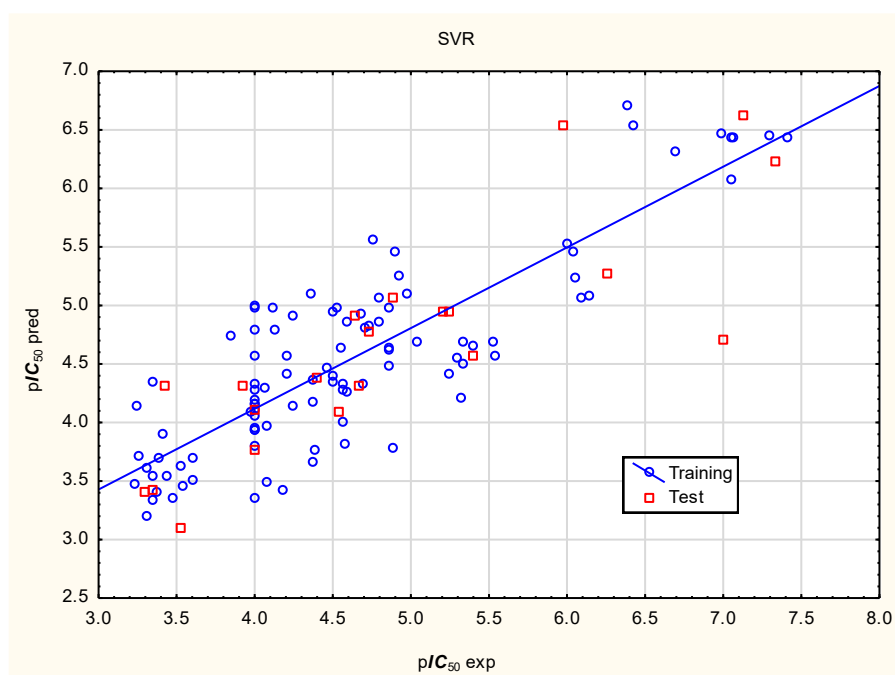


Figure 3. SVR model of pIC_{50} , predicted vs. experimental values.

Table 1. SVR performance metrics (pIC_{50}).

Statistics	Training set	Validation set
MSE	0.291	0.498
R ²	0.710	0.661

MAE 0.432 0.495

Table 2. Key descriptors and the pIC_{50} values calculated using MLR, ANN1 and SVR models (Mean⁽¹⁾ – calculated for MLR, ANN1 and SVR values; Mean⁽²⁾ – ANN2 do ANN5 values also included).

	<i>nRot</i>	<i>Flex</i>	<i>Fsp3</i>	<i>logD</i>	<i>caco2</i>	<i>PPB</i>	MLR	ANN1	SVR	Mean ⁽¹⁾	Mean ⁽²⁾
BMDM	6	0.429	0.300	4.08	-4.70	96.29	4.95	4.52	4.83	4.77	4.82
BP-3	3	0.231	0.071	3.42	-4.86	97.81	4.19	4.15	4.09	4.14	4.18
DHHB	12	0.857	0.417	4.26	-4.75	98.13	5.57	4.97	5.37	5.30	5.27
PABA	1	0.143	0.000	1.00	-5.24	43.55	4.48	5.10	4.66	4.75	4.87
EHDP	9	1.286	0.588	3.89	-4.90	98.46	1.30	3.27	1.42	2.00	2.77
Et-PABA	3	0.429	0.222	1.97	-5.12	74.52	2.79	3.64	2.90	3.11	3.45
PBSA	2	0.111	0.000	1.62	-5.59	98.51	2.90	3.64	2.80	3.11	3.54
MBC	1	0.063	0.500	3.85	-4.57	95.07	3.76	3.57	3.78	3.70	3.64
EHMC	10	1.250	0.500	3.86	-4.90	98.60	2.07	3.34	2.12	2.51	3.05
IMC	7	0.875	0.400	3.59	-4.80	96.20	2.47	3.39	2.50	2.79	3.20
OCR	10	0.667	0.333	4.52	-4.94	99.28	6.13	5.78	5.91	5.94	5.96
ET	30	1.111	0.500	5.09	-4.99	100.70	13.82	14.82	12.94	13.86	10.70
OS	8	1.143	0.533	3.53	-4.89	98.07	1.24	3.27	1.34	1.95	2.75
HMS	3	0.231	0.562	3.58	-4.87	98.30	3.50	3.51	3.49	3.50	3.57
DOBT	25	0.926	0.455	4.72	-5.06	99.40	12.14	13.28	11.40	12.27	9.90
BZ-4	4	0.267	0.071	1.87	-5.49	98.90	3.12	3.70	3.00	3.27	3.65

The values of pIC_{50} predicted using the MLR, ANN1 and SVR models (Table 2) are in a relatively close agreement (Table 3) and are particularly strongly correlated with *nRot* and *log D*.

Table 3. Proximity matrix (Pearson correlation coef.).

	<i>nRot</i>	<i>Flex</i>	<i>Fsp3</i>	<i>log D</i>	<i>caco2</i>	<i>PPB</i>	MLR	ANN1	SVR
<i>nRot</i>	1.000	0.657	0.451	0.691	0.088	0.351	0.841	0.904	0.833
<i>Flex</i>	0.657	1.000	0.667	0.594	0.277	0.360	0.165	0.303	0.155
<i>Fsp3</i>	0.451	0.667	1.000	0.761	0.669	0.474	0.124	0.184	0.118
<i>log D</i>	0.691	0.594	0.761	1.000	0.686	0.655	0.512	0.494	0.503
<i>caco2</i>	0.088	0.277	0.669	0.686	1.000	0.245	0.001	-0.060	0.007
<i>PPB</i>	0.351	0.360	0.474	0.655	0.245	1.000	0.117	0.114	0.092
MLR	0.841	0.165	0.124	0.512	0.001	0.117	1.000	0.974	1.000
ANN1	0.904	0.303	0.184	0.494	-0.060	0.114	0.974	1.000	0.972
SVR	0.833	0.155	0.118	0.503	0.007	0.092	1.000	0.972	1.000

Based on the predicted pIC_{50} values it may be suspected that some sunscreens are likely to be relatively strong BChE inhibitors, with the pIC_{50} values comparable to these of tacrine [57] and some novel BChE inhibitors developed by Sang et al. [58] – or even the very strong BChE inhibitors reported by Kamal [59] or reviewed by Bubley [60]. Two compounds (ET and DOBT) have the mean pIC_{50} values over 12 (or ca. 10-11, if results from the ANN models 2 to 5 are included), which implies their very high inhibitory activity; DHHB and OCR are also expected to be strong BChE inhibitor (pIC_{50} between 5 and 6). Three other sunscreens (BMDM, BP-3, PABA) have the predicted pIC_{50} values between 4 and 5 – they might be as strong inhibitors of BChE as donepezil, rivastigmine or

galantamine ($pIC_{50} = 5.26, 5.5$ and 4.86 , respectively) [61]; the remaining sunscreens are moderate inhibitors with pIC_{50} between 2 and 4.

The predicted pIC_{50} values for ET and DOBT imply their extremely strong affinity for BChE; it should be stressed, however, that these compounds (and, to a lesser degree, PABA) are outside the chemical space defined for the group of reference compounds used in this study (Figure 4), so the predictions based on the models described in Sections 3.3 to 3.5 may require further verification.

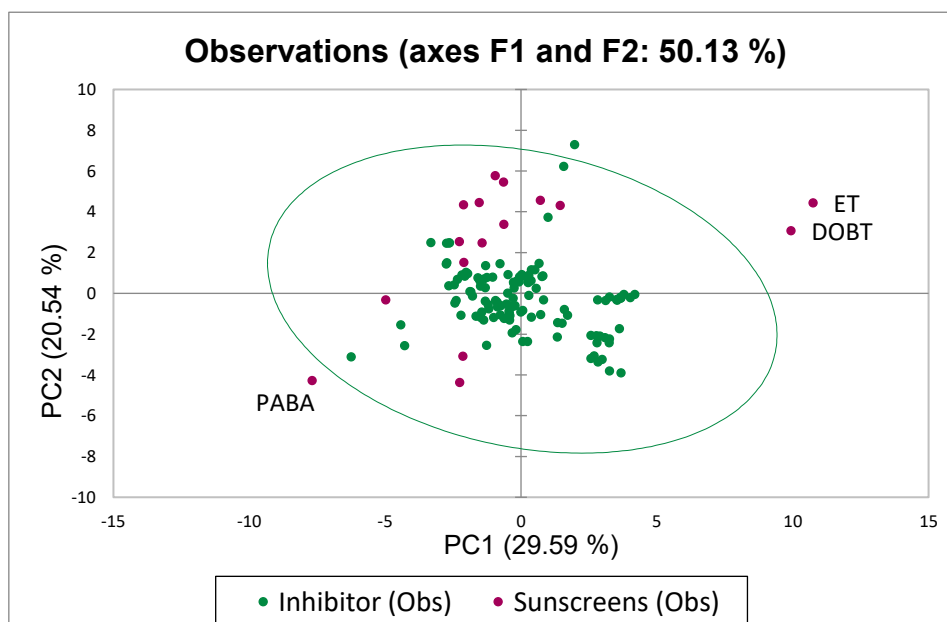
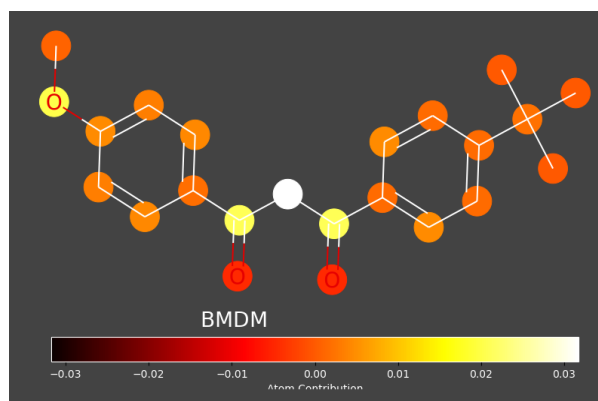
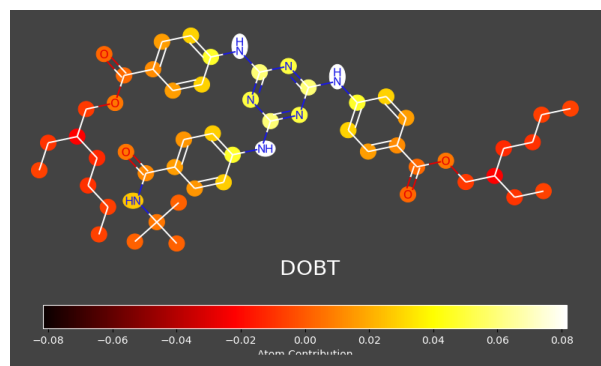
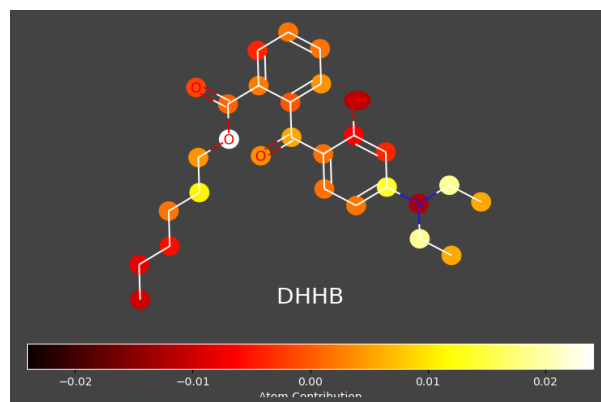
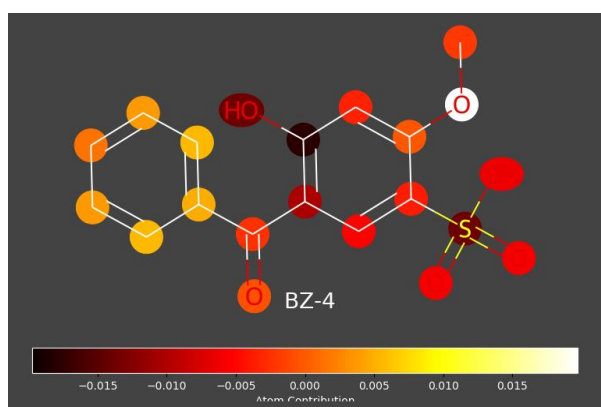
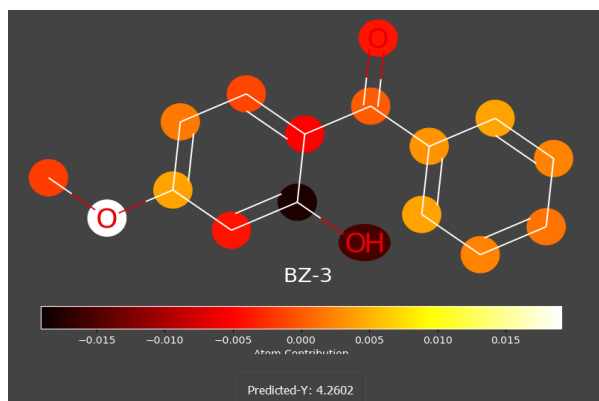
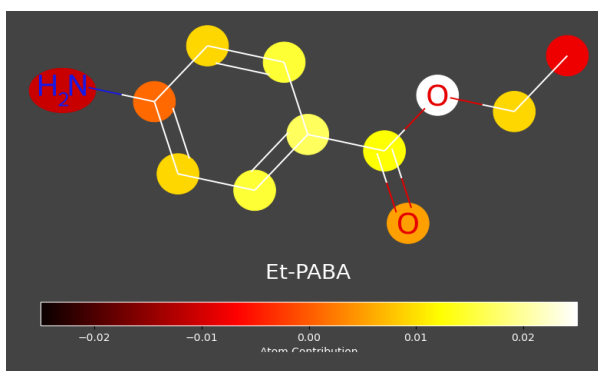
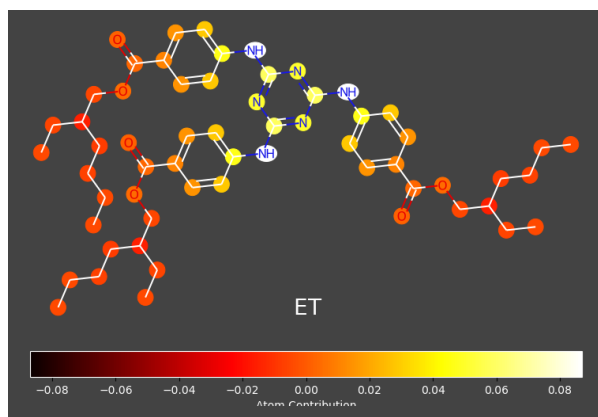
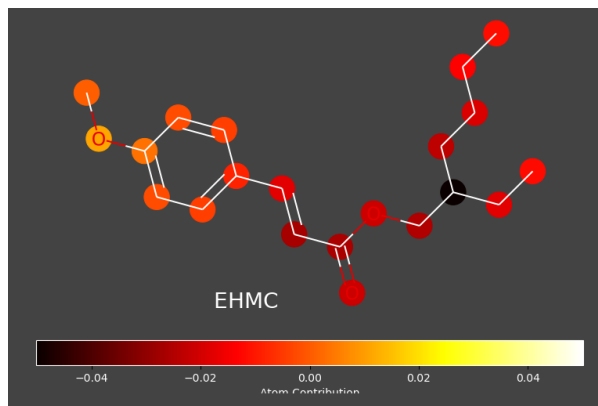
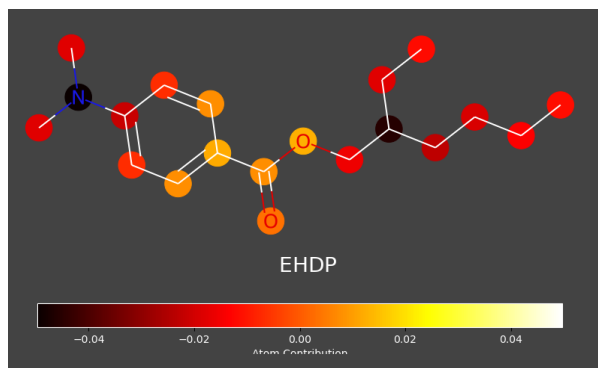


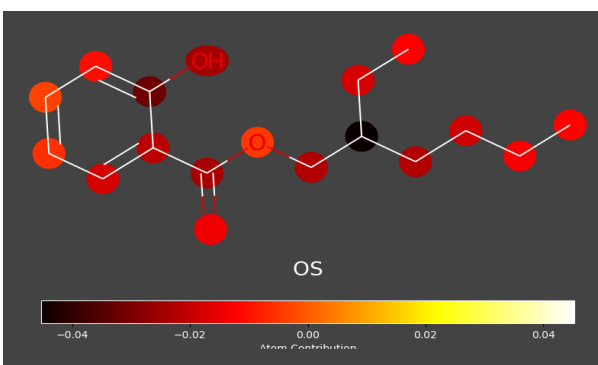
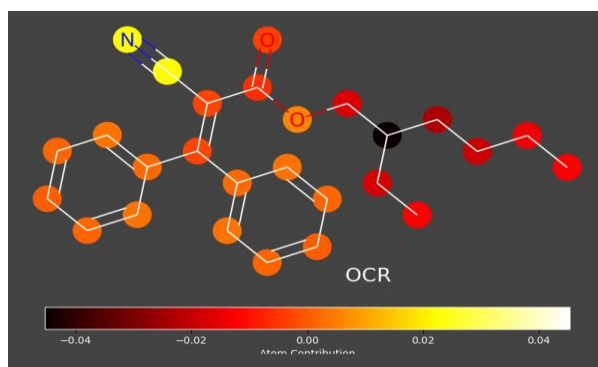
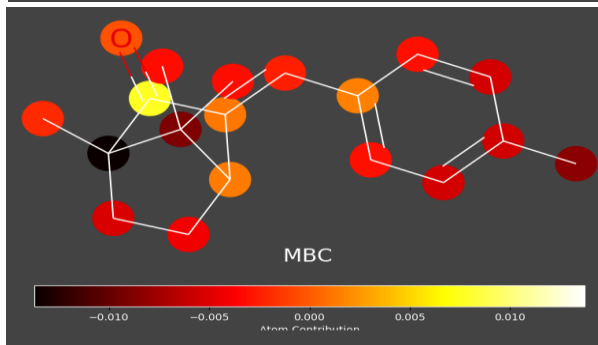
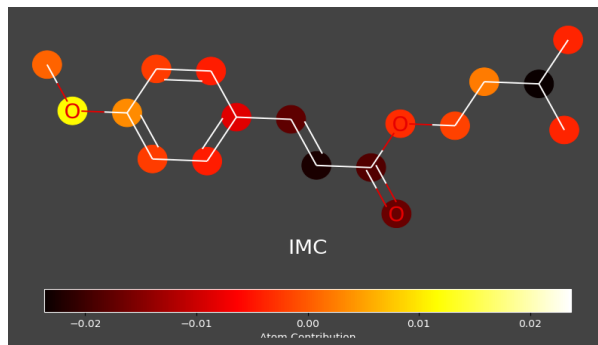
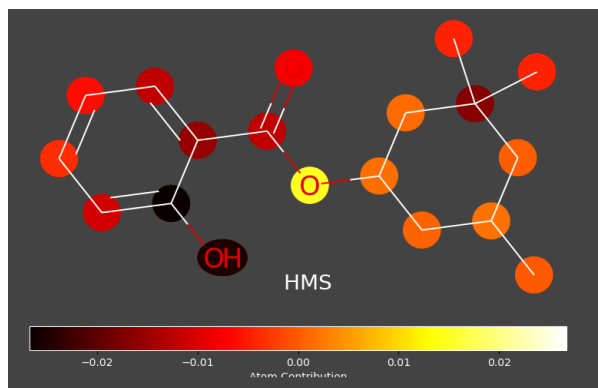
Figure 4. PC2 vs. PC1 for studied sunscreens and the reference compounds.

According to our brief analysis of atomic contributions (Figure 4), the atoms/groups which contribute to the reduction of pIC_{50} are long aliphatic chains, phenolic OH, NH_2 in aromatic amines and SO_3H groups; the groups that act opposite are N in benzimidazole rings, triazine rings and NH groups adjacent to it and COOH groups.









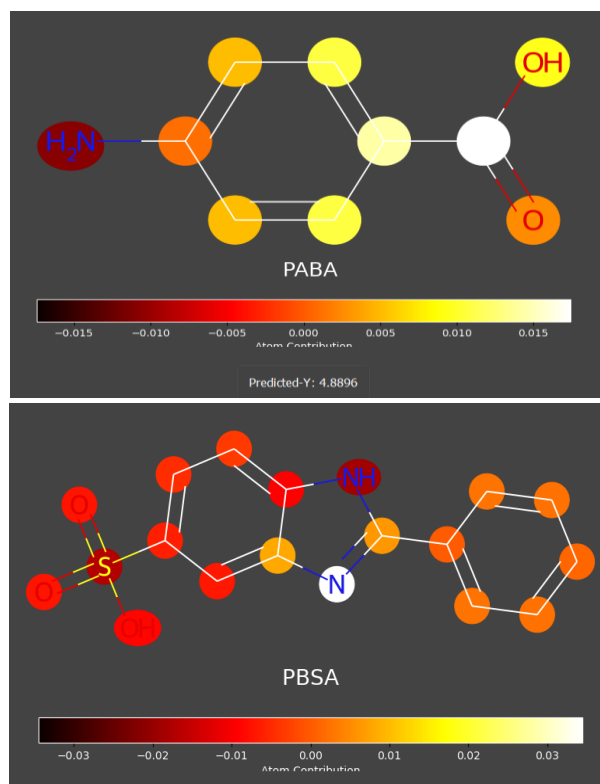


Figure 5. Atomic contributions to pIC_{50} – organic sunscreens.

3. Materials and Methods

3.1. Reference Compounds

The experimental IC_{50} (nM) values for 121 compounds used to create QSAR models were taken from [54,62]. The compounds used to generate the MLR and SVR models were randomly assigned to one of the two sets: a training set ($n = 100$) and a test set ($n = 21$) using XLSTAT v. 2025.2.0 from Lumivero; in ANN models the training/test/validation sets were randomly selected using Statistica v. 13.3.

3.2. Calculated Molecular Descriptors and Membrane Permeability Data

Physico-chemical and ADMET properties were calculated using ADMETLab3.0 software using SMILES strings generated using ACDLabs ChemSketch v.2023.1.2 as input data. The physico-chemical descriptors considered relevant in this study are: molecular weight (MW); density = MW / Vol ($Dense$); topological polar surface area ($TPSA$), count of hydrogen bond acceptors (nHA); the count of hydrogen bond donors (nHD); the count of rotatable bonds ($nRot$); the count of rings ($nRing$); the number of atoms in the biggest ring ($MaxRing$); the count of non-carbon atoms (hydrogens included) ($nHet$); the count of rigid bonds ($nRig$); flexibility = $nRot / nRig$ ($Flex$); the logarithmic aqueous solubility ($\log S$); the logarithmic n-octanol/water partition coefficient ($\log P$); the logarithmic n-octanol/water distribution coefficients at pH=7.4 ($\log D$); the fraction of sp^3 hybridized carbon atoms (F_{sp^3}). ADMET properties considered in the study are: calculated permeabilities ($caco-2$; $MDCK$; $PAMPA$); the volume of distribution at steady state (VD_{ss}); plasma protein binding, % (PPB); the fraction unbound in plasma, % (F_u). The values of descriptors for the reference compounds and organic sunscreens are given in Supplementary Materials.

3.3. Multiple Linear Regression (MLR) Models

Multiple linear regression models were generated with XLSTAT from Lumivero, using descriptors calculated by ADMETLab3.0, in “best subset selection” mode, with the number of

independent variables set to be between 2 and 6 and the tolerance level set at 0.1 (it is assumed that two descriptors are colinear if the tolerance value between them, calculated as $(1-R^2)$, is < 0.1 [63]). The MLR models were validated using R^2 , R^2_{adj} , and Q^2 metrics for a training set, and $RMSE_{pred}$ (Root Mean Square Error of prediction) for a test set [64–66].

3.4. Artificial Neural Network (ANN) Models

Multilayer Perceptron (MLP) artificial neural networks (ANN) were generated using Statistica v. 13.3 (regression, Automated Network Search — ANS module, 500 networks to train, 50 networks to retain), based on the same set of independent variables as used in Section 4.3. The neuron activation functions considered were: identity, logistic, hyperbolic tangent and exponential. The BFGS (Broyden–Fletcher–Goldfarb–Shanno) algorithm was used to train the network. The error function was the sum of squares (SOS). The ANN models were evaluated using correlation coefficients for the training, test and validation sets. The independent variables used in the ANN models the same as used in Section 4.2. The importance of independent variables in the ANN models was evaluated using global sensitivity analysis (GSA), which rates the importance of any input variable in ANN models by computing sums of squared residuals for the model without the particular variable compared to the full model - when an input variable scores 1 or less than 1 in GSA, this network performs better without it. Detailed data on 5 retained networks, including the correlation coefficients and the GSA results are given in Supplementary Materials.

3.5. Support Vector Regression (SVR) Model

Support Vector Regression model was generated using XLSTAT, based on the set of independent variables used previously in Sections 4.3 and 4.4. The kernel functions considered initially were: linear, quadratic, RBF and sigmoid, with the linear kernel giving the best results: R^2 , Mean Absolute Error (MAE) and Mean Squared Error (MSE) for the training and the test sets.

3.6. Applicability Domain

The applicability domain of QSAR models was established based on the Principal Component Analysis of key physico-chemical properties of studied compounds (“Sunscreens”) and reference compounds (“Inhibitors”) described in Section 4.1. The Principal Components (PC) were calculated using XLSTAT (see Supplementary Materials). The 1st vs 2nd PC of studied and reference compounds were plotted in the 2D coordinate system and the area covering the chemical space of 99% of the reference compounds were indicated with an ellipse (Figure 4).

3.7. Analysis of Atomic Contributions Influencing pIC_{50}

Hologram QSAR analysis of pIC_{50} was conducted using ChemMaster v.2 software from CrescentSilico, based on Morgan circular fingerprints, with radius = 2 and the number of bits = 2048, pre-treated with PLS (6 components), with 5-fold cross-validation. 121 reference compounds and the organic sunscreens investigated in this study were randomly assigned to a training set (75%) and a test set (25%). Atomic contributions discovered in the molecules of the organic sunscreens are given in Figure 5.

4. Conclusions

Organic sunscreens have been long known to influence both human and animal health, but so far the main issues studied in the context of organic sunscreens and their behavior in the organism have been related to their absorption through the skin or from the gastrointestinal tract or interfere with the human/animal hormone systems.

In this study the ability of selected sunscreens to inhibit butyrylcholinesterase was investigated using Multiple Linear Regression, Artificial Neural Network and Support Vector Regression models based on the descriptors such as the count of rotatable bonds ($nRot$) and lipophilicity ($\log D$, flexibility

(Flex), fraction of sp³ carbon atoms (F_{sp^3}), caco-2 permeability (caco2) and plasma protein binding ability (PPB).

It was established that some of the studied compounds are likely to inhibit BChE at least as well as the established cholinesterase inhibitors (donepezil, rivastigmine) – or even better. Considering the risks associated with low BChE levels in the organism, such as altered metabolism of drugs, elevated susceptibility to organophosphate poisonings and metabolic issues such as impaired metabolism of fat it was concluded that organic sunscreens should be investigated further in the context of their possible interaction with both the neurotransmission and metabolic functions of the cholinergic system.

Supplementary Materials: The following supporting information can be downloaded at: Preprints.org.

Author Contributions: Conceptualization, A.W.S. and A.M.S.; methodology, A.W.S. and EB; validation, A.W.S.; investigation, A.M.S.; resources, A.W.S.; data curation, A.M.S.; writing—original draft preparation, A.W.S. and A.M.S.; funding acquisition, A.W.S. and EB. All authors have read and agreed to the published version of the manuscript.

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