

Review

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Review

# West Nile Virus in Vultures from Europe

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**Abstract:** West Nile virus (WNV) is an arbovirus mainly transmitted by *Culex* spp., which causes a worldwide zoonotic disease. This pathogen is endemically maintained in a life cycle with birds acting as reservoirs and humans and horses as accidental and dead-end hosts. Sporadic WNV outbreaks have been reported in Europe and the potential impact of WNV infection on populations of threatened or endangered birds of prey is considerable. Surveillance programs are needed for early detection of this virus. All four species of vultures present in Europe are considered protected species. As scavengers, vultures are at the top of the food chain, and can be susceptible to and negatively affected by pathogens like WNV. In a conservation perspective, the impact of WNV in European vultures, alone or concomitantly with other factors, should be addressed. This review of documented cases can be considered a state point.

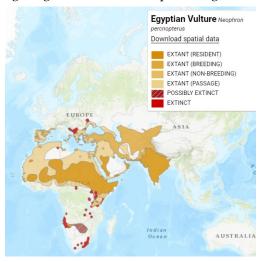
Keywords: epidemiology; Europe; scavengers; vultures; West Nile virus; zoonotic

## 1. Introduction

Vultures are the biggest European bird scavengers, performing an essential role in the environment. Information and awareness-raising are needed to change the paradigm of the bad reputation they are given. Vultures provide an important service to the ecosystem by cleaning up and recycling carcasses of dead animals. They can quickly eliminate large amounts of flesh, in different stages of decomposition, that may potentially host pathogenic microorganisms, removing this potential source on infection from the environment. Furthermore, thanks to its extremely acidic gastric pH and stable intestinal microbiome with remarkable antimicrobial activity, can neutralize pathogens that pass through their gastrointestinal tract, limiting the spread of diseases [1–4]. These majestic group of raptors also provide great socioeconomic value to local communities. Birdwatching of scavenging birds is yielding economic benefits to rural economies within developing regions [5].

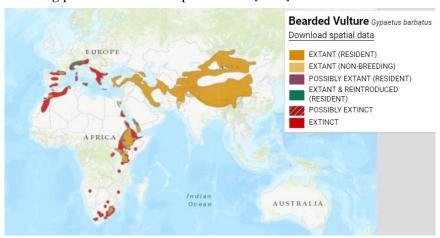
Four species of vulture are found in Europe: bearded vulture (*Gypaetus barbatus*), cinereous vulture (*Aegypius monachus*), griffon vulture (*Gyps fulvus*) and Egyptian vulture (*Neophron percnopterus*). Two-hundred years ago, these species of vultures were among the most common breeding bird species in the mountains of central and southern Europe. Yet, the decreasing availability of food, coupled with habitat loss, persecution, and poisoning, made vultures disappear from most of their European range, with populations considerably smaller and increasingly isolated by the 1960s. Many conservation efforts have been and are being made, so European vulture populations are steadily recovering.

In 2007 Egyptian vulture was declared globally 'Endangered' by the International Union for the Conservation of Nature (IUCN) Red List [6]. Most of its European population is found on the Iberian Peninsula with an estimated 1,300–1,500 pairs. This species is a long-distance migratory bird of prey, spending its winters in sub-Saharan Africa and returning from March to reproduce in Europe (Figure 1). It faces many threats, highlighting electrocution and poisoning.



**Figure 1.** Distribution map of Egyptian vulture (Neophron perconopterus). Reproduced with permission from BirdLife International and Handbook of the Birds of the World 2021. Neophron perconopterus. The IUCN Red List of Threatened Species. Version 2022-2. [6].

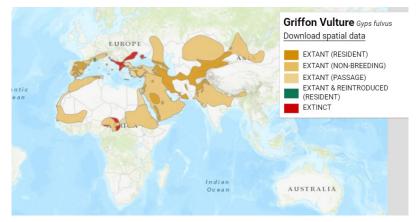
The bearded vulture's population crashed at the beginning of the 20<sup>th</sup> century and was driven to extinction throughout most of its former range. Nowadays, it is the rarest vulture in Europe, and its presence is limited to the Alps, Pyrenees, and Andalusia, with isolated populations in Crete and Corsica islands (Figure 2). It is considered 'Near Threatened' by IUCN Red List [6]. This vulture has a unique feeding habit: its diet consists of a huge percentage of bleached carcass bones [7]. In the wild, they rub themselves with ferric oxides, which turns their plumage rusty orange. Major threats are changes in farming practices and direct persecution [8–10].



**Figure 2.** Distribution map of bearded vulture (Gypaetus barbatus), Reproduced with permission from BirdLife International and Handbook of the Birds of the World 2021. Gypaetus barbatus. The IUCN Red List of Threatened Species. Version 2022-2. [6].

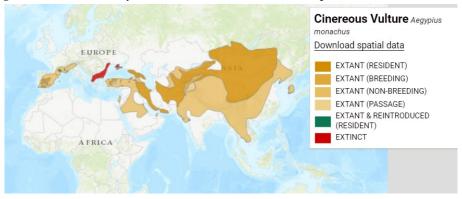
Griffon vultures are the most social of European vultures, with gregarious and competitive habits, breeding in large colonies. They feed in groups and can penetrate animal carcasses to feed on the softer tissues, such as muscles and viscera [11,12]. Following a decline in the 20<sup>th</sup> century, as a result of wildlife poisoning, hunting and decreasing of food supplies [13], in recent years the species

has significantly increased in some areas, particularly in France and in the Iberian Peninsula (Figure 3), and has an extremely large range in Europe, being now considered as 'Least concern' by IUCN [6,11].



**Figure 3.** Distribution map of griffon vulture (Gyps fulvus), Reproduced with permission from BirdLife International and Handbook of the Birds of the World 2021. Gyps fulvus. The IUCN Red List of Threatened Species. Version 2022-2. [6].

The cinereous vulture is the biggest raptor in Europe, with a wingspan almost reaching 3 meters. Its conservation status is listed as 'Near Threatened' by IUCN's red list and as 'Critically Endangered' in Portugal [6,14]. Over the last century, the population of this species has decreased across its distribution area in Europe, and it is now extinct in many European countries (namely in Italy, Austria, Poland, Slovakia, and Romania) (Figure 4) [6]. Major threats to the viability of the species include habitat destruction by increasing forest fires, illegal use of poisons, limited food availability due to health restrictions and reduced wild herbivore populations, consumption of food resources contaminated by veterinary drugs or lead (from hunting ammunition), human disturbance during the breeding season and death by collision with/electrocution on power lines [14].



**Figure 4.** Distribution map of cinereous vulture (Aegypius monachus), Reproduced with permission from BirdLife International and Handbook of the Birds of the World 2021. Aegypius monachus. The IUCN Red List of Threatened Species. Version 2022-2. [6].

The most frequently reported cause of free-living vulture death and disease worldwide (Table 1) was due to toxic agents, with special emphasis to lead and pesticides. Regarding traumatic causes of morbidity and mortality, the second highest prevalence, the most reported are of anthropogenic origin: collision with and electrocution by power lines, gunshot, direct persecution, among others [15]. It is not uncommon that the main cause of vulture admission at wildlife rehabilitation centers and the cause of subsequent death, when it occurs, remains unknown [16].

**Table 1.** Causes of free-living vulture morbidity and mortality (adapted from the review by Ives *et al.* [15]).

Species	IUCN global status <sup>a</sup>	Toxic	Trauma	Infectious	Idiopathic	Metabolic	Inflammatory	Total <sup>b</sup>
Aegypius monachus	NT	9 (485)	1 (9)	6 (46)	1 (1)	2 (16)	1 (1)	14 (542)
Gypaetus barbatus	NT	8 (61)	7 (80)	1 (3)	2 (2)	0	1 (1)	9 (143)
Gyps fulvus	LC	18 (615)	12 (978)	5 (73)	1 (5)	1 (51)	0	32 (1722)
Neophron percnopterus	EN	15 (500)	13 (176)	3 (38)	0	0	0	25 (714)

<sup>&</sup>lt;sup>a</sup> LC – Least concern; NT – Near threatened; EN – Endangered; CR – Critically endangered. <sup>b</sup> Number of studies (number of affected individual vultures reported).

Vultures may be considered resistant to certain microorganisms, such as *Bacillus anthracis* [17] or *Clostridium botulinum*, due to the fact of having naturally-occurring antibodies against their toxins [18]; however, on the other hand, vultures can be susceptible to and negatively affected by other pathogens. Infectious disease effects on their hosts have not been thoroughly investigated for most vulture species, obligate avian scavengers. Some pathogens should be seen as a potential threat to vulture conservation because they can cause disease in individual birds, and potentially jeopardize vultures' health when associated with other menaces, such as contaminants and intentional poisoning [5].

### 2. West Nile Virus

West Nile virus (WNV), lying within the genus Flavivirus and family Flaviviridae, is the most widespread arbovirus [19,20]. The cycle of WNV is maintained between birds (as reservoirs) and mainly mosquitos of the genus Culex (as vectors). When infected mosquitoes bite mammals, spread occurs, and horses and humans can be accidental dead-end hosts, along with other mammals [21,22]. WNV has recently emerged as a major public health concern in Europe. The infection numbers recently raised in European countries, while some remarkable socio-economic and environmental changes were noticed, including an economic crisis (in part due to the COVID-19 pandemic) and very high temperatures registered [23,24].

WNV strains have been grouped into nine genetic lineages, by phylogenetic analysis, and lineage 1 and 2 are the most important [25,26]. Both lineages 1 and 2 have been shown to be able to cause severe disease in birds, horses and humans [27–29].

In humans, the severity of infections can range from asymptomatic to serious or fatal hemorrhagic fever or neurological disease. Most people (around 80%) with WNV infections remain asymptomatic. Of those who develop symptoms and clinical signs, the most common presentation is febrile illness (fever) accompanied by an acute syndrome, and less than 1% develop encephalitis or other forms of neuroinvasive disease [30–32].

As the key vertebrate hosts in WNV transmission cycle, avian species are the focus of surveillance worldwide [33]. The information on the role of the birds of prey as reservoirs, spreaders, or sentinels of WNV is not yet clearly described, and specially the vulture species influence on the epidemiology of WNV remains scarce [34,35].

For birds of prey, the pathogen is usually detected in the carcasses of birds found dead or moribund through wildlife surveillance programs or raptors admitted to wildlife rehabilitation centers [36]. Three modes of WNV infection may be considered: mosquito-borne transmission, contact transmission and oral transmission [34]. Variations in the prevalence of WNV infection between different species and populations of birds of prey can be explained by differences in exposure, based on infection prevalences of prey species, differences in roosting habitat and exposure to ornithophilic mosquito [37–39].

WNV infection in raptors appears to act like a multi-systemic disease, affecting different organs depending on the host species and also individuals. The disease can be fatal in most raptors, with an acute onset of illness a few days after infection occurs [40]. On the other hand, the infection can also originate a debilitating and chronic disease, predisposing the affected animals to concurrent pathological conditions. In these cases, unspecific signs often occur, like depression, dehydration and severe weight loss [39,41,42]. WNV is neurotropic and, consequently, neurological signs are a very common outcome of infection, such as alterations in the mental status, head tilt, tremors, leg paresis or paralysis, among others. Ocular disorders often occur as well. [27,43–45]. The most common abnormalities in haematology screening are anaemia and leukocytosis [46], accompanied by splenomegaly, which can be seen in the ventrodorsal and laterolateral radiographic projections [47]. Long-term sequelae have been detected in raptors, among which reccurrence of neurologic signs, feather pulp abnormalities and abnormal molt can persist over the long term, and may have a negative impact on the longevity of these species [35,40].

WNV infections can be diagnosed by isolating the virus, detecting viral antigens or RNA, or using serological methods. Research on avian immunity has focused on humoral immunity and there is yet a lack of information on cellular immunity. Humoral immunity against WNV is determined by the presence of antibodies in the blood of animals. This can be measured by a range of serological assays, being the virus neutralization test (VNT) considered the gold standard in flaviviruses serology, which detects serum neutralizing antibodies and more accurately detects protective antibodies, being more specific than other serological techniques [34]. The main alternative is the capture enzyme-linked immunoassay (cELISA) that detects antibodies directed against the virus envelope protein. There are class-specific ELISAs for the detection of immunoglobulin (Ig) Y (the avian equivalent of IgG in mammals) or IgM against WNV. In adult birds, antibodies are developed following exposure and infection with WNV [34,48]. In juveniles, presence of maternal antibodies can be detected [49]. The long-term stability of antibodies confirmed in several species of raptors suggests that humoral immunity to WNV may be long-lasting in most individuals that survive infection [50]. That is why positive serological results from ELISA suggest that a bird has been exposed to WNV, but generally do not indicate when the infection occurred [51]. It is highly suggested to use VNTs to confirm WNV in all positive and doubtful samples detected by ELISA, in order to increase the accuracy of estimated seroprevalences in wild birds. The use of VNT will be especially important in areas where co-circulation of related flaviviruses exists [48].

The molecular diagnosis of WNV infection can be made using specific RT-PCR. Fresh brain samples, cloacal, and choanal swabs can be tested for this virus, as well as other organs where the virus is commonly found in raptors (heart, spleen, liver, kidney, adrenal gland and intestine. Immunohistochemistry (IHC)also can be useful to detect WNV antigens in affected tissues from live or dead birds [42,45,52,53].

There is yet no specific treatment for WNV infection in raptors. In spite of the supportive treatment and anti-inflammatory drugs, to minimize the effects caused by infection, the majority of affected birds end up dying [54,55]. There are still no vaccines specifically available for use in birds [34,41,43] or humans [22].

#### 2.1. West Nile Virus in vultures

We have reviewed the scientific literature retrieved from PubMed and ScienceDirect databases, using general searches with the following terms: 'West Nile Virus' AND 'Vultures'. We performed other searches using different combinations of the following relevant terms: 'Scaveng\* bird' AND 'flaviviruses'. We filtered our search based on the geographical location where the studies were performed, focusing on Europe and European species of vultures (Table 1). Eight reports were found

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that reported WNV infections in European vulture species, in Russia, Serbia, Austria and Spain, plus one in Iran.

Between 2008 and 2009 outbreaks of WNV infection occurred in central Europe, with an unexpected spread of a lineage 2 WNV strain. In 2011, a study from Austria described a WNV outbreak in birds of prey in 2008 and 2009 in the eastern part of the country. Samples were collected from birds nearby the location of the first detected infections and from poultry houses aviaries at the Research Institute of Wildlife Ecology in Vienna. ELISA positive results were found in 10 bearded vultures (G. barbatus) among other species of birds. 66% of the positive ELISA reactions could be confirmed with VNT, including two out of three vultures tested [56]. One wild bearded vulture was confirmed by RT-PCR and IHC as positive for WNV, also in Austria [57].

In 2011 the first report of flaviviruses circulation in Egyptian vulture (N. percnopterus) was published from Spain. Between 2006 and 2009 serum samples were obtained from several bird species in Andalusia, southern Spain, among free-ranging and captive animals held in rehabilitation centres. Two cinereous vultures (A. monachus) and two Egyptian vultures tested positive on cELISA for WNV. As the used ELISA kit has been designed to detect antibodies directed against the envelope protein (pr-E) of WNV, which contains an epitope common to Japanese encephalitis virus (JEV) antigen, the VNT was further performed as a confirmation and more specific test for the positive samples on ELISA [58].

In 2017, WNV was detected in one bearded vulture (*G*. barbatus) in Lleida, northeastern Spain. The animal had been admitted at a local wildlife rehabilitation centre, and evidenced neurological signs. Serum samples were analysed and the results were positive on cELISA and negative on serum neutralization test (SNT). One month later antibodies against WNV were detected on SNT. Thirteen additional vultures of the same species tested positive by cELISA, from which two were confirmed by SNT (titers between 1/20 and 1/40) [59].

Among samples collected in 2017-2018, two Egyptian vultures published (N. percnopterus) tested positive with micro-VNT, after a positive result on ELISA in Iran [60]. This species is estival migratory in the European continent, and migrates to the African Sahelian region in the winter [61]. Birds from western Europe usually winter in western Africa, and birds from eastern Europe winter in eastern Africa or the Arabian Peninsula [62]. They are the same birds that return to Europe, a reason for mentioning this study, despite the fact of being based on another continent.

From October 2017 to December 2019, almost 400 wild birds were sampled in Cáceres and Badajoz provinces, western Spain, in collaboration with two local rehabilitation centres. Analysis by RT-PCR in sick birds confirmed the presence of WNV lineage 1 RNA in a griffon vulture (G. fulvus) and specific antibodies against WNV in juvenile birds were detected in specimens of griffon vulture and cinereous vulture [63].

In the period of 2018 and 2022 in Serbia, 25 dead griffon vultures from the wild were submitted to macroscopical and histopathological examination, followed by different diagnostic screening. Infectious agents were detected in 4/25 animals, confirming a West Nile virus infection with lymphoplasmacytic encephalitis by PCR [64].

WNV emerged in the United States of America (USA) in 1999 [65] and has since spread throughout much of the American continent. WNV was identified as the primary cause of death in one nestling wild California condor (Gymnogyps californianus). The infection was diagnosed by IHC on heart in conjunction with compatible lesions. In the USA, WNV infection is an emerging mortality factor for young, wild-hatched birds and vaccination is required at nest sites where WNV is prevalent [66]. Other New World vulture species such as the black vulture (Coragyps atratus) and Turkey vulture (Cathartes aura) were confirmed to WNV infection [67,50,46], as well as the Lappet-faced vulture (Torgos tracheliotus), an Old-World vulture not present in Europe [55].

Table 2. Diagnosed cases of WNV infection in European vultures.

Species	WNV diagnosis	Geographical area	Year	Study
Gypaetus barbatus	ELISA; VNT	Austria	NM	[56]
Gypaetus barbatus	RT-PCR	Austria	2008	[57]
Aegypius monachus Neophron percnopterus	ELISA	Spain	2006-2009	[58]
Gypaetus barbatus	ELISA; SNT	Spain	2017	[59]
Neophron percnopterus	ELISA; MNT	Iran	2017-2018	[60]
Aegypius monachus Gyps fulvus	ELISA; VNT; RT-PCR	Spain	2017-2019	[63]
Gyps fulvus	RT-PCR	Serbia	2018-2022	[64]

ELISA – enzyme-linked immunosorbent assay; MNT – microneutralization test; NM – not mentioned; RT-PCR – reverse transcription polymerase chain reaction; SNT – serum neutralization test VNT – virus neutralization test.

#### 3. Discussion

Zoonotic emerging infectious diseases represent a raising and important threat to public health, and vector-borne diseases were responsible for almost a quarter of the documented emerging infectious diseases events in the first decade of the 21st century [68].

West Nile virus (WNV) was first reported in Uganda in 1937 [69] and was subsequently isolated from patients, birds, and mosquitoes from the early 1950s [70]. The virus became endemic in several parts of the African continent [71] and the first outbreak of WNV in Europe was reported in 1962 in the French Camargue region [72]. Since 1996, after a high rate of confirmed cases in Eastern Europe (Romania) [73] several outbreaks have been often reported in the European continent, with a noticeable seasonal pattern, during the warmer weather (July to October) [74]. Birds of prey are especially susceptible to WNV [34]. Upon the species and individuals, WNV infection can cause acute death, a fatal outcome several weeks after infection, or birds can eventually survive to chronic infections [40,54,55]. Either in Europe or North America, raptors are among the birds described as more frequently infected during WNV outbreaks [47,57]. Identifying target species is important for developing an efficient surveillance and monitoring program, a reason why targeting specific raptor species as disease sentinels may be beneficial.

The role of Palearctic-African migratory birds in the introduction of WNV to Europe has long been the subject of debate [19,20,75]. The suspicion that migratory birds could be the main introductory hosts of WNV in new regions was based on the following: the majority of outbreaks in temperate regions occurring during late summer or early fall, when migratory birds and mosquitoes coexist on a large scale [70,74,76]; the principal vectors from which the virus has been isolated are mainly ornithophilic mosquitoes [77,78]; circulating antibodies against WNV have been found in many migratory bird species, and long-distance migrants in Europe (in particular, species wintering south of the Sahara) are exposed during their migratory journeys and/or their winter stay in Africa to higher levels of WNV circulation (or a closely antigenically related Flavivirus), when compared with the levels found in their breeding grounds in [79] and, finally, migratory birds have been linked with transporting related viruses in the Western Hemisphere [80]. It is difficult to define a population geographically, especially for migratory birds WNV has been isolated from some actively migrating species of birds (e.g., the White stork (*Ciconia ciconia*) [81] and the Turtle dove (*Streptopelia turtur*) [76]. Migratory birds play an essential role in the long-distance movement of JEV serocomplex flaviviruses. When migrations occur between enzootic and areas free of WNV, birds that become

infected prior to or during migration can actively transport the virus in their blood or tissues and infect mosquitoes and/or their predators [79]. West Nile virus (WNV) poses a threat to endangered species around the world, such as Iberian imperial eagle (*Aquila adalberti*) [82]. Egyptian vultures (*N. percnopterus*) is a long-distance migratory species, as mentioned above [6], and therefore may be even more susceptible to contracting a WNV infection.

A successfully introduction of WNV in destination territories depends on the conditions for local maintenance, such as ecological key factors which promotes the virus maintenance and transmission, like presence and abundance of competent birds (hosts) and mosquitoes (vectors), and favorable abiotic conditions [83,84]. Temperature is the most frequently used environmental condition when it refers to WNV and/or its vectors, followed by precipitation [84]. Mediterranean savannahs, in Spanish known as 'dehesas' and in Portuguese 'montados', are found in regions with mild, rainy winters and very hot, dry summers occupied by an agro-silvopastoral landscape in the Southwest of the Iberian Peninsula. These areas are threatened by climate change and the abandonment of traditional uses, and are therefore protected under the European Habitats Directive [85,86]. Foraging griffon vultures from different populations located across Western Europe made long trips into these regions of the Iberian Peninsula, suggesting that these areas have a beneficial added value for griffon vultures and other avian species, also providing the main habitat for wintering bird species that come from Northerly latitudes [86,87]. According to Casades-Martí [83], this continental Mediterranean territory, with wildlife-livestock interaction is favorable to the circulation on WNV and other flaviviruses. Interactions between wild birds and farm animals are more likely to occur here, resulting in a higher probability of exposure to flaviviruses [88]. Besides mosquitoes are considered the main vectors of WNV, it has occasionally been isolated from other hematophagous arthropods, namely argasid and amblyommine ticks, [78]. Like other soaring bird species, griffon vultures perform longscale movements [87,89] and are considered a partial migratory species, with juveniles (especially in the first year of live) crossing the Strait of Gibraltar to Africa during fall and returning to Europe in the following years [90].

The abundance of vectors is a relevant parameter for pathogen transmission. Those habitats more suitable to the expansion of *Culex* mosquitoes during peak times of WNV transmission represent the highest risk for the potential spillover of WNV into human populations [91].

In spite of some ticks (soft ticks) can be considered resident and sedentary [92], that does not mean they have a limited role in the circulation of infectious agents. Pathogens transmitted by these ticks can be spread into new areas taking advantage of the large foraging movements or migration of its hosts, namely griffon vultures [87,89,90]. Although ticks can be alternative vectors, a recent study in the Pyrenees (Northeastern Spain), flavivirus was detected in all seven vulture's blood samples by the generic qRT-PCR, but all analyzed ticks were negative for flavivirus detection, which reinforces the potential involvement of other more common arthropod vectors, like mosquitoes, in the transmission of the virus [93,94].

Scavengers are susceptible to be infected by consuming WNV-infected carcasses [39,95]. WNV activity is far more likely to be detected in urban areas than in rural areas, suggesting that human density and associated factors should be considered when interpreting dead wild bird surveillance for WNV [95]. Long-lived avian scavengers are affected by the habitat where they live, being anthropized landscapes considered a more stressful habitat. Birds that live there generally present poor body condition and are more vulnerable to disease. Foraging in more anthropized areas can bring advantages and disadvantages in terms of energy balance and stress. In these territories, availability and predictability of food is likely higher, but data suggest, on the other hand, that the food quality is not so good, leading to a poor nutritional status [96], which contributes to higher levels of circulating glucocorticoids. Concurrent factors that lead to lower immunity must be taken in consideration, such as the risk of lead accumulation, ingested from hunting ammunition, or severe competition in a high density and challenging environment, especially in highly social species, like griffon vultures (*G. fulvus*), or less capable species, for example Egyptian vultures (*N. percnopterus*) [97]. It is known that WNV has killed many thousands of birds around the world, but it is difficult to measure the long-term impact of the disease on wildlife populations.

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Deforestation, besides being a major cause of biodiversity loss by itself and causing a negative impact on human health [98,99], is linked to the emergence of zoonotic and vector-borne diseases, like WNV. Deforestation can increase contact between vectors and avian reservoirs. Forest loss may facilitate exchanges between human and zoonotic cycles as open areas favor the human presence and settlement [98]. The relationship between deforestation and the occurrence of zoonotic outbreaks has already been suggested [74,99], and should be further investigated for WNV.

#### 4. Conclusion

There are relatively few reports of infectious diseases as a direct and primary cause of mortality in avian scavengers, and it has been a neglected topic of research so far. Given the current decline in scavenging bird populations, baseline information on exposure to infectious agents will be helpful for monitoring population health and investigating future disease-related epidemics, helping to guide conservation efforts. Besides, early detection of pathogens, like WNV, will allow the establishment of effective measures to prevent or mitigate the effect of the virus on human populations, as well as to protect susceptible endangered species. Mediterranean 'montados' hold a very important fraction of the European populations of some endangered avian scavengers such as cinereous and Egyptian vultures, as well as other endemic globally endangered top predators. The implementation of a collaborative international, holistic and multi-disciplinary *One Health* action is crucial to allow a more accurate risk assessment and an early response to West Nile virus and other emerging zoonotic pathogens. The presence of WNV in vultures may therefore have public health and wildlife conservation implications and deserves further investigation.

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