

Review

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Review

# FAPi PET/CT Imaging to Identify Fibrosis in Immune-Mediated Inflammatory Diseases

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Abstract: Immune-mediated inflammatory diseases (IMIDs) are characterized by chronic systemic inflammation and multiorgan involvement. Fibrosis formation in IMIDs can cause tissue destruction and subsequently organ malfunction. Fibroblast activation protein inhibitor positron emission tomography/computed tomography (FAPi PET/CT) represents a novel imaging technique that holds great potential to visualize in vivo fibrosis. We here provide an overview of available evidence on FAPi PET/CT imaging to visualize fibrosis in various IMIDs, including interstitial lung diseases, Immunoglobulin G4-related diseases, cardiovascular diseases, kidney diseases and gastrointestinal diseases. FAPi PET/CT imaging demonstrates high sensitivity in detecting early fibrosis, correlating with disease severity, across different IMIDs, showing superiority compared to conventional imaging modalities. Although FAPi PET/CT might be a useful tool to assess fibrosis formation, thereby aiding in grading disease severity and staging, future studies should include larger sample sizes in a broad variety of IMIDs with emphasis on the optimization of imaging protocols to further validate its diagnostic value.

**Keywords:** Fibrosis; Immune-mediated inflammatory diseases (IMIDs); FAPi PET/CT; Fibroblast activation protein (FAP); Positron emission tomography imaging

### 1. Introduction

Immune-mediated inflammatory diseases (IMIDs), such as inflammatory bowel disease (IBD), systemic sclerosis, spondylarthritis, and interstitial lung diseases, are characterized by chronic systemic inflammation frequently leading to fibrosis formation in various organs [1]. Although the exact underlying mechanisms remain to be defined, it is generally hypothesized that the development of fibrosis is primarily caused by longstanding tissue injury, myofibroblast activation and expansion of mesenchymal stroma cells (MSCs) in synovial membranes or parenchymatous organs. These activated myofibroblasts represent a mesenchymal cell subset that regulate accumulation and degradation of the extracellular matrix. In the process of fibrogenesis, there is an overshoot of extracellular matrix accumulation compared to degradation [2].

Fibroblast activation protein alpha (FAP) is a transmembrane glycoprotein with dipeptidyl peptidase and endopeptidase activity, which, as its name suggest, is primarily expressed by activated fibroblasts [3]. These activated fibroblasts play a crucial role in various pathophysiological conditions, including tumor growth, wound-healing, migration of tumor cells, inflammation and fibrogenesis [4,5]. FAP levels have been shown to be elevated in IMIDs due to chronic inflammation,

tissue response and fibrosis [3]. Positron emission tomography/computed tomography (PET/CT) with a FAP inhibitor (FAPi) labeled with radioactive isotopes fluorine-18 (18F) or gallium-68 (68Ga) represents a promising molecular imaging technique, with high sensitivity and specificity for the detection of inflammatory and fibrotic lesions [6]. This imaging modality allows visualization of in vivo FAP protein expression, indicating tissue remodeling, inflammation and fibrosis in patients with IMIDs [1,5,7–9]. As the global availability and interest in FAPi PET/CT expands, the potential indications for its use are expected to increase. Therefore, the objective of this review is to evaluate FAPi PET/CT imaging in identifying fibrosis in various IMIDs, while providing an overview of both pre-clinical and clinical findings on FAPi PET/CT imaging to detect fibrotic lesions in IMID's.

## 2. Pulmonary Diseases

Interstitial lung diseases (ILDs) consist of various diseases and they are known to have a poor prognosis in a substantial proportion of patients, as they are associated with irreversible pulmonary fibrosis [10]. Pulmonary imaging is essential for the diagnosis and follow-up of ILDs. High resolution (HR) CT imaging and conventional imaging with (

Fluoro- D-glucose (FDG) FDG-PET are the most frequently used imaging modalities. Pulmonary function tests are also used to monitor lung function [11]. The potential of FAPi PET/CT imaging to visualize in vivo fibrosis in ILD was reported by several studies, as shown in Table 2. For instance, Bahtouee et al. suggested that 68Ga-FAPi-46 PET imaging could serve as a non-invasive method for evaluating active fibrosis and inflammation in ILD patients [12]. Additionally, imaging with Technetium-99m sestamibi scintigraphy was reported to increase sensitivity and specificity for fibrosis evaluation, while also differentiating levels of fibrotic activity based on High resolution computed tomography patterns (HRCT) [12]. These findings were further validated by Röhrich et al., who showed increased FAPi-uptake in patients with fibrotic ILD (fILD) [13]. Additional dynamic imaging analysis illustrated a difference between FAPi-uptake in fILD patients compared to ILD patients with lung cancer. The so-called tissue to background ratio increased over time in lung cancer patients, while remaining stable in fILD. Dynamic PET imaging revealed fILD lesions with an early peak, followed by a slow decrease in signal intensity. Lung cancer patients had a late peak, followed by a gradual washout phase. Therefore, dynamic FAPi PET imaging was suggested to serve as a valuable imaging modality to distinguish benign from malignant lesions [13]. Furthermore, Mori et al. assessed the potential of 18F-FAPi-74 PET imaging in idiopathic pulmonary fibrosis (IPF) compared to controls [14]. FAPi positive areas were seen in fibrotic lesions in the lung parenchyma. Significantly higher levels of the maximum and mean standardized uptake value (SUVmax and SUVmean) were found in fibrotic lung tissue as compared to the control group. Moreover, measured fibrotic active volume of IPF patients could delineate fibrotic changes and a strong correlation between FAPi imaging and HRCT was reported (R = 0.887, p < 0.005). Overall, these data suggest that FAPi can serve as a non-invasive imaging technique to detect and assess pulmonary fibrotic processes and changes in IPF. Additionally, FAPi was able to predict disease progression by quantifying fibrosis, with tracer uptake being higher in IPF patients compared to controls [14]. Another study showed that FAPi PET imaging was a promising imaging modality to detect pulmonary fibrosis in mice [15]. Bleomycin treated and control mice underwent 68Ga-FAPi-46 PET/CT imaging at 7 and 14 days post-treatment. At day 14, increased FAPi-uptake was seen in the bleomycin group compared to controls. This was further supported by histological and immunohistochemical analyses, where higher collagen deposition and FAP protein expression was seen in lung samples acquired from both the bleomycin and control group [15]. These findings were supported by recent data from Ji et al., who investigated the possibility of 68Ga-FAPi PET/CT imaging compared with 18F-FDG PET/CT imaging to detect pulmonary fibrosis in mice with bleomycin-induced pulmonary fibrosis. FAPi imaging was able to detect fibrosis formation in these mice. Upon treatment with pirfenidone, an approved anti-fibrotic drug for IPF, both FDG and FAPi-uptake showed a significant decrease. This suggests that FAPi imaging also holds promise to monitor treatment responses in fibrotic diseases

[16]. Interestingly, a recent study by Chen *et al.* suggested that imaging with a heterobivalent probe, which visualizes not only FAPi-46 but also Dotatate-LM3 (DOTA-LM3), a somatostatin receptor (SSTR) antagonist, may open new doors in early fibrosis detection [17]. In this pre-clinical study, mice with bleomycin-induced fibrosis underwent 68Ga-FAPI-46, 68Ga-DOTA-LM3 and 68Ga-FAPI-LM3 PET imaging at day 7 post-induction. Increased tracer uptake in mice with early pulmonary fibrosis using combined imaging with FAPi and LM3 was significantly higher compared to monomeric tracers. These data were further corroborated by increased mRNA and protein expression levels of FAP and somatostatin receptor 2 in pulmonary samples obtained from these mice [17].

Table 2. Summary of patient characteristics, general study information and main findings

AUTHOR,	COUNTRY	STUDY	IMID	STUDY	CONTROL	AGE	COMPARISON	ADDITIONAL	MAIN RESULTS
YEAR		DESIGN		POPULATION	GROUP (N)	(YEARS)	WITH 18F-FDG	PARAMETERS	
				(% MALE)					
PRE-CLINICAL	AND TRANSLA	TIONAL STUDI	ES						
CHEN ET AL.	China	Prospective	Pulmonary	3 mice, exact	Yes	N/A	No	Immunofluoresce	68Ga-FAPI-LM3 which targets not
2024*			fibrosis	number not				nce, western	only FAP, but also SSTR2, is a
				specified				blotting, RT-qPCR	promising potential tracer for early
									diagnosis of pulmonary fibrosis.
JI ET AL. 2024*	China	Prospective	Pulmonary	19 mice	yes (n=7)	N/A	Yes	Histological	FAPi-PET can assess fibrosis and
			fibrosis					staining and FAP	treatment response in a pulmonary
								and GLUT1	fibrosis mouse model. FAP protein
								immunohistochem	expression corroborates this.
								ical staining	
LI ET AL.	China	Prospective	Intestinal	22 rats	Yes (n=4)	N/A	Yes	MTI,	FAPi-PET imaging was reported to
2024*			fibrosis,					histopathology,	hold great accurate diagnostic value
			Crohn's					FAP	in the early detection of intestinal
			disease					immunohistochem	fibrosis. In rats, FAPi uptake showed
								ical staining of	to have a higher correlation with
								intestinal	fibrosis compared to FDG and MTI,
								specimens	specifically in early phase fibrosis. In
									patients with Crohn's disease, FAPi
									more superior than FDG in
									distinguishing fibrosis gradations.
ROSENKRAN	United states	Prospective	Pulmonary	3-5 mice per	Yes (not	N/A	Yes	Masson's	68Ga-FAPi-46 lung uptake was
S ET AL. 2022*	of America		fibrosis	subgroup, exact	specified)			trichrome staining	significantly increased n bleomycin
				number not				and FAP	mice compared to controls at both day
				specified					7 and 14. 18F-FDG uptake was highest

								immunohistochem	during the inflammatory phase of the
								ical staining.	mouse model (day 6) and a non-
									significant decrease was seen during
									the profibrotic phase.
SONG ET AL.	China	Prospective	Liver fibrosis	34 mice	Yes (n=26)	N/A	No	Immunofluoresce	68Ga-DOTA-FAPI-04 PET holds great
2024*								nce and	potential to detect multiple stages of
								immunohistochem	hepatic fibrosis. FAPi imaging was
				26 patients	No	Mean: 50		ical analysis for	shown to be superior to other
				(38.5%)				FAP and aSMA	conventional markers in the early
								expression.	detection of fibrosis.
								Histological	
								analysis, serum	
								markers, Forns	
								index for	
								inflammation and	
								fibrosis, fibroscan	
CLINICAL STUE	DIES								
BAHTOUEE	Iran	Prospective	Interstitial	20 patients	Yes (n=10)	Mean: 58,7	No	HRCT fibrosis	68Ga-FAPi PET/CT, combined with
	I	Prospective	Interstitial Lung	20 patients (40%)	Yes (n=10)	Mean: 58,7	No	HRCT fibrosis score, ESR, CRP	68Ga-FAPi PET/CT, combined with 99mTc-MIBI SPECT/CT, could serve
BAHTOUEE	I	Prospective		-	Yes (n=10)	Mean: 58,7	No		
BAHTOUEE	I	Prospective	Lung	-	Yes (n=10)	Mean: 58,7	No	score, ESR, CRP	99mTc-MIBI SPECT/CT, could serve
BAHTOUEE	I	Prospective	Lung	-	Yes (n=10)	Mean: 58,7	No	score, ESR, CRP tests and	99mTc-MIBI SPECT/CT, could serve as a noninvasive method for
BAHTOUEE	I	Prospective	Lung	-	Yes (n=10)	Mean: 58,7	No	score, ESR, CRP tests and pulmonary	99mTc-MIBI SPECT/CT, could serve as a noninvasive method for evaluating active fibrosis and
BAHTOUEE	I	Prospective	Lung	-	Yes (n=10)	Mean: 58,7	No	score, ESR, CRP tests and pulmonary	99mTc-MIBI SPECT/CT, could serve as a noninvasive method for evaluating active fibrosis and inflammation in ILD patients, while
BAHTOUEE	I	Prospective  Retrospectiv	Lung	-	Yes (n=10)	Mean: 58,7 Median: 23	No No	score, ESR, CRP tests and pulmonary	99mTc-MIBI SPECT/CT, could serve as a noninvasive method for evaluating active fibrosis and inflammation in ILD patients, while also differentiating levels of fibrotic
BAHTOUEE ET AL. 2024	Iran		Lung Disease	(40%)				score, ESR, CRP tests and pulmonary function tests.	99mTc-MIBI SPECT/CT, could serve as a noninvasive method for evaluating active fibrosis and inflammation in ILD patients, while also differentiating levels of fibrotic activity based on HRCT patterns.
BAHTOUEE ET AL. 2024 CHEN ET AL.	Iran	Retrospectiv	Lung Disease Crohn's	(40%)				score, ESR, CRP tests and pulmonary function tests.	99mTc-MIBI SPECT/CT, could serve as a noninvasive method for evaluating active fibrosis and inflammation in ILD patients, while also differentiating levels of fibrotic activity based on HRCT patterns.  68Ga-FAPi-04 PET/CT demonstrated
BAHTOUEE ET AL. 2024 CHEN ET AL.	Iran	Retrospectiv	Lung Disease Crohn's	(40%)				score, ESR, CRP tests and pulmonary function tests.  Ileocolonoscopy (CDEIS and SES-	99mTc-MIBI SPECT/CT, could serve as a noninvasive method for evaluating active fibrosis and inflammation in ILD patients, while also differentiating levels of fibrotic activity based on HRCT patterns.  68Ga-FAPi-04 PET/CT demonstrated promising sensitivity and specificity
BAHTOUEE ET AL. 2024 CHEN ET AL.	Iran	Retrospectiv	Lung Disease Crohn's	(40%)				score, ESR, CRP tests and pulmonary function tests.  Ileocolonoscopy (CDEIS and SES- CD) and CTE	99mTc-MIBI SPECT/CT, could serve as a noninvasive method for evaluating active fibrosis and inflammation in ILD patients, while also differentiating levels of fibrotic activity based on HRCT patterns.  68Ga-FAPi-04 PET/CT demonstrated promising sensitivity and specificity for detecting endoscopic (fibrotic)

									the state of the set
								ileocolonic	lesions significantly correlating with
								PET/CT score	the intensity of FAPi uptake.
LUO ET AL.	China	Prospective	IgG4-related	26 patients	No	Mean: 51,5	Yes	CT-scan	68Ga-FAPi PET/CT demonstrated a
2021			disease	(76,9%)					higher sensitivity accompanied with
									greater uptake in the bile duct, liver,
									salivary and lacrimal gland and
									pancreas compared to 18F-FDG in
									IgG4-RD. 68Ga-FAPi is not suitable
									for detecting IgG4-related
									lymphadenopathy.
MORI ET AL.	Chile	Prospective	Idiopathic	8 patients	Yes (n=6)	Median: 71	No	HRCT-scan	18F-FAPi-74 PET/CT could serve as a
2024			pulmonary	(50%)				(HUmean and	non-invasive imaging technique to
			fibrosis (IPF)					Humax) FVC,	detect and assess pulmonary fibrotic
								DLCO	processes and changes in IPF.
									Additionally, FAPi could potentially
									predict disease progression by
									quantifying fibrosis, with tracer
									uptake being higher in IPF patients
									compared to controls.
RÖHRICH ET	Germany	Retrospectiv	Fibrotic	15 patients	No	Mean: 71,2	No	CT-based fibrosis	FILD lesions showed an elevated
AL. 2022		e	Interstitial	-				scores (FIB-index	68Ga-FAPi uptake, thus FAPI could
			Lung					and GGO-index)	be a valuable tool in managing fILD,
			Diseases					FAP	especially in predicting disease
								immunohistochem	progression and evaluating therapy
								ical staining of	response. Also,
								fILD biopsies	immunohistochemistry of human
									biopsy samples showed a patchy
									expression of FAP in fibrotic lesions,

									preferentially in the transition zone to healthy lung parenchyma.
RÖHRICH ET	Germany	Retrospectiv	LVV	8 patients	Yes (n=8)	Active	No	MRI	FAPi uptake can be detected in aortitis
AL. 2024		e	(Aortitis)	(12,5%)		LVV (n=3)		(inflammatory	patients even during remission, years
						median: 58		activity score),	after onset, and with low MRI
						Inactive		CRP	inflammatory activity scores. This
						LVV (n=5)			suggests that FAPI is a promising
						median: 59			tracer for large vessel vasculitis (LVV)
									and may detect ongoing pathology in
									the vessel walls despite clinical
									remission.
SCHMIDKON	Germany	Prospective	IgG4	27 patients	No	Mean 54,9	Yes	Histological	FAPi PET/CT enables differentiation
Z ET AL. 2020			-related	(70,4%)				analysis and	between inflammatory and fibrotic
			diseases					fluorescence	activity in IgG4-related disease in
								imaging of the	vivo, with fibrotic activity indicated
								corresponding	by increased FAPi uptake.
								biopsies.	
								RNA-sequencing	
								of fibrotic and	
								resting fibroblasts.	
WANG ET AL.	China	Prospective	Light-chain	30 patients	No	Mean: 59.1	No	CMR, clinical	FAPi PET/CT can assist in identifying
2022			cardiac	(66.7%)				biomarkers and	light-chain cardiac amyloidosis by
			amyloidosis					echocardiography	detecting myocardial fibroblast
									activation associated with myocardial
									remodeling, while also demonstrating
									a strong correlation with disease
									severity.

WANG ET AL.	China	Prospective	Immunoglob	20 patients	Yes (n=10)	Mean: 44	No	Renal biopsy,	18F-AlF-NOTA-FAPI-04 PET/CT can
2024			ulin A	(65,0%)				assessed using the	serve as a non-invasive technique for
			nephropathy					Oxford	evaluating inflammation and fibrosis,
								classification,	providing valuable insights into the
								Masson trichrome	pathological severity in IgAN
								staining for	patients.
								tubular atrophy	
								and interstitial	
								fibrosis, and	
								immunohistochem	
								ical staining for	
								FAP and $\alpha$ SMA.	
ZHOU ET AL.	China	Retrospectiv	Renal	13 patients	Yes (n=9)	Mean: 42	No	Immunochemical	68Ga-FAPi-04 is eligible to detect
2021		e	fibrosis	(61,5%)				analyses assessing	moderate-to-severe renal fibrosis
								glomerular	caused by different forms of diseases.
								fibrosis, renal	
								interstitial fibrosis	
								and the extent of	
								disease.	

\* (partly) pre-clinical study

αSMA: α-smooth muscle actin; CDAI: Crohn's disease activity index; CDEIS: Crohn's disease endoscopy index of severity; CMR: cardiac magnetic resonance; CRP: C-reactive protein; CTE: computed tomography enterography; DLCO: diffusing capacity for carbon monoxide; ESR: erythrocyte sedimentation rate; FAP: fibroblast activation protein; FAPi: fibroblast activation protein inhibitor; FCP: fecal calprotectin; FIB: fibrosis index; fILD: fibrotic interstitial lung disease; FVC: forced vital capacity; GGO-Index: ground-glass opacity index; HRCT: High resolution computed tomography; HU: Hounsfield unit; MRI: magnetic resonance imaging; MTI: magnetization transfer magnetic resonance imaging; MTR: magnetization transfer ratio; PET/CT: positron emission tomography; RT-qPCR: Real-Time Quantitative PCR; SES-CD: simple endoscopic score for Crohn's disease

**Table 3.** Summary of main characteristics investigated in FAPi PET/CT.

			ADMINISTERED	POST INJECTION IMAGING	
AUTHOR AND YEAR	TRACER	PET/CT SCANNER			(SEMI)QUANTITATIVE UPTAKE METRICS
			DOSE	(MIN)	

PRE-CLINICAL AND TRANSLA	TIONAL STUDIES				
Chen et al. 2024	68Ga-FAPi-46, 68Ga-DOTA-LM3	Inveon small-animal scanner (Siemens)	7.4 MBq	30+5 and 60+5 min	% ID/g, VOI
	and 68Ga-FAPi-LM3				
Ji et al. 2024	68Ga-FAPI	Small-animal PET/CT scanner (Novel Medical)	6.0 MBq	50 min	HU, %ID/g, correlation %ID/g with percentage positive area of
					FAP immunohistochemical staining
Li et al. 2024	18F-FAPi	IRIS PET/CT system (Inviscan)	3.7 MBq	60 min	SUVmean, SUVmax, MTR
		Discovery MI (GE Healthcare)			
D 1	(00 117) // 1/00 1071		1.8-2.2 MBq/kg		
Rosenkrans et al. 2022	68Ga FAPi-46 and 68Ga-DOTA	Inveon small-animal scanner (Siemens)	0.8–3.8 MBq for dynamic	0 and 60 min	HU, %IA, %IA/cc, VOI
			imaging and 3.8 MBq for		
Song et al. 2024	68Ga-DOTA-FAPI-04	InliView-3000B and NMSoft-AIAC (NovelMedical™)	static imaging 3.70 - 7.40 MBq	40 min	%ID/cc, SUVmax, ASUVmax, SUVmean, ASUVmax/B and
301.g ct al. 2021		in ten soob and this of the Crotenical of	0.70 7.10 1.12q	10 11111	ASUVmean/B.
		TOF-PET/MR (SIGNA, GE Healthcare) or Discovery			
		VCT® (GE Healthcare)			
			100 - 218 MBq		
CLINICAL STUDIES	'				
Bahtouee et al. 2024	68Ga-FAPi-46	General Electric (Discovery IQ)	150 MBq	60 min	TL-FAPI, SUVmax, SUVmean, TLRmax, TLRmean, HUmax and
					HUmean
Chen et al. 2023	68Ga-FAPi-04	Umi 780	1.85 - 2.96 MBq/kg	$60 \pm 10 \text{ min}$	SUVmax, TBR, global FAPi PET/CT score
Luo et al. 2021	68Ga-FAPi	Polestar m660 (SinoUnion) or Biograph 64 TruePoint	85.2 ± 27.0 MBq	54.4 ± 15.8 min	SUVmax
		TrueV (Siemens)			
Mori et al. 2024	18F-FAPi-74	Biograph mCT Flow scanner (Siemens)	199 - 239 MBq	60 min	SUV,mean, SUVmax, FAV
Röhrich et al. 2022	68Ga-FAPi-46	Biograph mCT Flow (Siemens)	150 - 250 MBq	10* and 60 and 180 min	SUVmean, SUVmax, TBR/LBR
Röhrich et al. 2024	68Ga FAPi-46	FlowMotion (Siemens)	177 - 285 MBq	60 min	SUVmean, SUVmax TBR, FAPi visual activity score
Schmidkonz et al. 2020	68Ga-FAPi-04	Biograph mCT 40			SUVmax, SUVmean, MAV, TL-FAPi

		(Siemens)			
Wang et al. 2022	68Ga-FAPi-04	Polestar m660	107.4 ± 26.5 MBq	60 min	SUVmax, SUVmean, SUV ratio, LV molecular volume
		(SinoUnion)			
Wang et al. 2024	18F-AlF-NOTA-FAPi-04	Biograph mCT	3.70 - 4.44 MBq/kg	61.2 ± 8.5 min	SUVmax, SUVmean
		Flow 64 (Siemens)			
Zhou et al. 2021	68Ga-FAPi-04	Not specified	1.85 - 2.59 MBq/kg	50 to 60 min	SUVmax of kidney, SUVmean
					of liver and TBR

<sup>\*</sup> Dynamic scans were conducted over a 40-minute period instead of imaging after 10 minutes in three out of the eight patients, static imaging followed, after 60 and 180 minutes.

<sup>%</sup>IA: percent injected activity; %IA/cc: percent injected activity per cubic centimeter of tissue; %ID/g: percentage injected dose per gram; %ID/cc: percentage injected dose per cubic centimeter; ASUVmax/B: ratio of average maximum standardized uptake volume to the background; ASUVmean/B: ratio of average mean standardized uptake value to the background; FAPi: Fibroblast activation protein inhibitor; FAV: fibrotic active volume; HU: Hounsfield unit; LBR: lesion to back ratio; LV: left ventricle; MAV: metabolism activation volume; SUV: standardized uptake value; TBR: target to back ratio; TL: total lesion; VOI: volume of interest.

# 3. IgG4-Related Diseases

Immunoglobulin G4 (IgG4)-related diseases are characterized by local and/or systemic inflammation and fibrosis formation. Inflammation and fibrosis are typically present in salivary and lacrimal glands, retroperitoneal organs and lymph nodes, in these patients [18]. FDG PET/CT is often used to assess the severity of organ involvement and monitor disease progression [19]. Schmidkonz et al. aimed to differentiate inflammatory from fibrotic disease activity in fibroinflammatory conditions, by comparing 68Ga-FAPi-04 PET/CT with 18F-FDG-PET/CT (tables 2 and 3) [20]. Results showed FDG-uptake in inflammatory and mixed fibroinflammatory phenotypes, whereas fibrotic (i.e., without signs of active inflammation) lesions remained FDG negative. In contrast, inflammatory manifestations were negative for FAPi, whereas fibrotic lesion showed clear uptake. FDG and FAPiuptake showed no significant correlation, which might be due to various gradations in both inflammation and fibrosis. Thus, FAPi and FDG PET/CT seems to be suitable for the investigation of different stages of IgG4-related diseases as a fibro-inflammatory disease, especially in distinguishing between inflammatory and non-inflammatory fibrosis. Follow-up imaging did not show reduced FAPi-uptake after anti-inflammatory treatment compared to baseline, while FDG-uptake was significantly reduced. FAPi and FDG PET/CT were also compared by Luo et al. [21]. Findings demonstrated more pronounced FAPi-uptake levels in the pancreas, lacrimal gland, sublingual gland, submandibular gland, bile ducts and liver, compared with FDG. Nevertheless, FAPi activity was absent in affected lymph nodes that were FDG positive. Moreover, the low background uptake of FAPi in the head and neck provides an advantage over FDG for detecting IgG4-related diseases in these organs [21].

### 4. Cardiovascular Diseases

Systemic amyloid light chain (AL) can involve various organs, such as the kidney and heart. AL cardiac amyloidosis (CA), is often underdiagnosed or misdiagnosed [22]. Thus, early and accurate detection of AL CA is essential. Wang et al. aimed to evaluate the feasibility of 68Ga-FAPi-04 PET/CT in assessing AL CA [23]. Patients underwent FAPi PET/CT, cardiac magnetic resonance (CMR), echocardiography and clinical parameters such as N-terminal pro-brain natriuretic peptide and cardiac troponin I were assessed. The patients were subsequently categorized in three groups based on uptake patterns of the tracer: i.e., patchy (PET-patchy), extensive (PET-extensive) and negative (PET-negative). The SUV ratio and left ventricle molecular volume were significantly higher in the PET-extensive group compared to the PET-patchy group (P = 0.005). In addition, FAPi-uptake showed a significant correlation with clinical parameters, such as heart structure and function metrics. This suggested that, FAPi PET/CT could assist in identifying light-chain cardiac amyloidosis by detecting myocardial fibroblast activation associated with myocardial remodeling, and also demonstrated a strong correlation with disease severity [23].

Large vessel vasculitis (LVV) is a rare disease, which can lead to active inflammation and chronic vessel damage [24]. Röhrich et al. aimed to detect fibroblast activation in vessel walls with 68Ga-FAPi-46 in active and inactive LVV [25]. FAPi PET/CT imaging, CT and magnetic resonance imaging (MRI) scans were performed. FAPi-uptake was detected in all patients with LVV and was absent in the control group. One patient with active LVV demonstrated the highest FAPi-uptake. Interestingly, patients who were in long-standing remission also showed FAPi activity. For instance, significantly increased FAPi tracer uptake was observed in the aortic arch of a patient with inactive LVV. Thus, FAPi-uptake was significantly higher in LVV compared to controls and fibroblast activation in vessel walls in LVV could be visualized using FAPi PET/CT [25].

### 5. Renal Diseases

Progression in chronic kidney diseases often leads to renal fibrosis, which is considered to be irreversible. Renal fibrosis is a key predictor of a patient's prognosis [26]. Therefore, accurate assessment of renal fibrosis is necessary. Zhou et al. studied patients who underwent kidney biopsies to determine renal fibrosis [27]. 68Ga-FAPi-04 PET/CT and multiple staining techniques were performed to asses glomerular fibrosis, renal interstitial fibrosis and disease severity (graded as: mild I, moderate II or severe fibrosis III), compared to controls. Out of the 13 included patients, 4 had renal fibrosis caused by an immune-mediated condition, including membranoproliferative glomerulonephritis (MPGN) and crescentic glomerulonephritis. All 4 patients had moderate or severe fibrosis with increased SUVs compared to the control group. FAPi PET/CT was considered a promising imaging technique to detect renal fibrosis, which can aid in assessing disease progression, diagnosis and management [27].

IgAN is a subtype of glomerulonephritis and a leading cause of kidney failure worldwide, resulting in progressive inflammation and eventually fibrosis [28]. Wang et al. aimed to evaluate the severity of IgAN with 18F-AlF-NOTA-FAPi-04 PET/CT imaging [29]. Kidney biopsy tissues were analyzed using immunofluorescent staining. Additionally, immunohistochemical staining was performed to evaluate FAP protein expression. A significant negative correlation was found between estimated glomerular filtration rate levels and SUVs in the renal parenchyma (P < 0.001). The SUVmax and SUVmean in this patient group were significantly higher than those in the control group (P < 0.001). Moreover, analysis of interstitial fibrosis demonstrated lower SUVmax an SUVmean levels observed in lesions with mild interstitial fibrosis and tubular atrophy, in contrast to those with moderate or severe interstitial fibrosis and tubular atrophy. Based on this work, it was concluded that FAPi PET/CT can serve as a non-invasive technique for evaluating renal inflammation and fibrosis, providing valuable insights into the pathological severity in IgAN patients [29].

### 6. Gastro-Intestinal Diseases

Liver fibrosis is often considered a preliminary stage of irreversible liver cirrhosis. Hepatic fibrogenesis had been described to be predominantly mediated by hepatic stellate cells (HSCs) [30]. Continuous events of inflammation and tissue injury can lead to HSC activation and subsequent collagen deposition, eventually leading to fibrosis formation [31]. A recent (pre)clinical study by Song et al. investigated the potential of 68Ga-DOTA-FAPI-04 PET to identify early hepatic fibrosis in mice and patients with suspected or confirmed fibrosis [32]. Mice with CCl4-induced liver fibrosis and controls underwent FAPi PET imaging at various timepoints. Immunofluorescence, immunohistochemical and histological analyses were performed to assess FAP and alpha smooth muscle actin protein expression, as well as hepatic disease activity. Higher tracer uptake was seen in mice with active fibrosis as compared to controls. Furthermore, histological analyses showed increased fibrotic markers in hepatic tissue of CCL4 treated mice compared to controls. For the clinical part of the study, 26 patients with suspicion of liver fibrosis underwent FAPi PET imaging with CT or MRI. Additionally, serum biomarkers (including alanine aminotransferase and aspartate aminotransferase) were acquired from participants. FAPi-uptake was significantly correlated to inflammation and fibrosis. Interestingly, the SUV showed distinguishing capacities between inflammation and fibrosis, further strengthening the potential of FAPi PET imaging to detect early stages of liver fibrosis [32].

Crohn's disease (CD) is a subtype of IBD, known for its inflammatory and fibrotic manifestations in the gastrointestinal tract [7]. Progressive CD often leads to complications such as strictures, perforations, fistulas, and abscess formation, which often requires surgical interventions [33]. In order to prevent disease progression, adequate disease monitoring is necessary. Chen et al. assessed multiple intestinal segments of CD patients using CT enterography (CTE), 68Ga-FAPi-04 PET/CT and ileocolonoscopy (tables 2 and 3). In total, 74 intestinal segments were investigated. Out of these 74 segments, 45 were identified by ileoncolonoscopy, of which FAPi PET/CT identified 42 segments with a sensitivity of 94% and specificity of 72%. CTE identified 39 out of 45 segments with a sensitivity of

87% and a specificity of 45%. Furthermore, FAPi detected more mild to moderate lesions than CTE. Additionally, some segments were positive for both Ga-FAPi and CTE despite the absence of endoscopic lesions, potentially indicating submucosal fibrosis. Thus, these data indicate that FAPi PET/CT might be superior in detecting endoscopic lesions compared to CTE, indicating the value of FAPi imaging to assess disease severity in CD. Of note, fibrosis is a multi-stage process, and FAPi-uptake might therefore differ according to the severity of fibrosis formation. For instance, a study by Scharitzer et al. reported differences in SUVmax between various degrees of fibrosis, with more severe fibrosis having a higher maximum SUVmax. Although this study used PET/MRI and not PET/CT, tracer uptake was shown to be higher in more severe fibrotic lesions [34].

### 7. Conclusion

Pre-clinical and clinical studies suggest that FAPi PET/CT represents a novel advanced imaging technique to visualize fibrosis in IMIDs, with superior specificity and sensitivity compared to conventional imaging methods, providing important insights into the pathophysiology of fibrosis. Despite its potentially great value in the early detection of fibrosis, many variables such as the most optimal FAPi-tracer and adequate acquisition protocol including uptake time, single- versus multi-time point imaging or (short) dynamic imaging for FAPi PET/CT imaging are yet to be fully elucidated. Furthermore, reliable qualitative and (semi)quantitative uptake metrics are yet to be addressed as in-depth knowledge about pharmacokinetics of FAPi tracers in the setting of inflammatory-fibrosis is still limited, questioning the reliability of the simplistic SUV metrics (as for FDG PET) for disease assessment, despite being dominantly applied in FAPi PET imaging studies which assess fibrosis. To address these matters, future studies should include larger sample sizes in a broad variety of IMIDs with emphasis on the acquisition protocol in order to further validate its diagnostic value. Investigating the utility in monitoring treatment responses and combining FAPi PET/CT with fibrosis and inflammatory biomarkers and with conventional imaging techniques will likely enhance its clinical application. FAPi PET/CT imaging might facilitate early fibrosis detection, thereby improving diagnostic, monitoring and treatment stratification of fibrosis in IMIDs.

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### **Abbreviations**

The following abbreviations are used in this manuscript:

18F Fluorine-18 68Ga Gallium-68

%IA Percent injected activity

%IA/cc Percent injected activity per cubic centimeter of tissue

%ID/cc Percentage injected dose per cubic centimeter

% ID/g Percentage injected dose per gram

 $\alpha$ SMA  $\alpha$ -smooth muscle actin

AL Systemic amyloid light chain

AL CA Systemic amyloid light chain cardiac amyloidosis

ASUV Average standardized uptake value

ASUVmax/B Ratio of maximum average standardized uptake value to the background ASUVmean/B Ratio of mean average standardized uptake value to the background

CD Crohn's disease

CDAI Crohn's disease activity index

CDEIS Crohn's disease endoscopy index of severity

CMR Cardiac magnetic resonance

CRP C-reactive protein

CTE Computed tomography enterography
DLCO Diffusing capacity for carbon monoxide

DOTA-LM3 Dotatate-LM3

ESR Erythrocyte sedimentation rate FAP Fibroblast activation protein

FAPi Fibroblast activation protein inhibitor

FAPi PET/CT Fibroblast activation protein inhibitor positron emission tomography/computed

tomography

FAV Fibrotic active volume
FCP Fecal calprotectin
FDG Fluoro- D-glucose

fILD Fibrotic interstitial lung disease

FVC Forced vital capacity
GGO Ground-glass opacity
HR High resolution

HRCT High resolution computed tomography

HSCs Hepatic stellate cells
HU Hounsfield unit

IBD Inflammatory bowel disease

IgG4 Immunoglobulin G4
ILDs Interstitial lung diseases

IMIDs Immune-mediated inflammatory diseases

IPF Idiopathic pulmonary fibrosis

LBR Lesion to back ratio

LV Left ventricle

LVV Large vessel vasculitis

MAV Metabolism activation volume

MDPI Multidisciplinary Digital Publishing Institute
MPGN Membranoproliferative glomerulonephritis

MRI Magnetic resonance imaging
MSCs Mesenchymal stroma cells

MTI Magnetization transfer magnetic resonance imaging

MTR Magnetization transfer ratio

PET/CT Positron emission tomography/computed tomography

RT-qPCR RT-qPCR: Real-Time Quantitative PCR SES-CD Simple endoscopic score for Crohn's disease

SSTR Somatostatin receptor SUV Standardized uptake value

SUVmax Maximum standardized uptake value SUVmean Mean standardized uptake value

TBR Target to back ratio
TL Total lesion
VOI Volume of interest

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