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Keywords: Hepatocellular Carcinoma; Hepatectomy; Laparoscopy; Robotic Surgical Procedures



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Article

A Decade of Experience between Open and Minimally-Invasive Hepatectomies for Hepatocellular Carcinoma

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Abstract: Background: Hepatic resection offers promising outcomes for patients with hepatocellular carcinoma (HCC) but can be constrained by factors like patient suitability. Continuous advancements in laparoscopic and robotic technologies have made minimally invasive hepatectomies (MIH) viable alternatives to open hepatectomies with benefits in recovery and complications. Materials and Methods: We completed a retrospective review on 138 HCC patients at the Hume-Lee Transplant Center that underwent OH or MIH between 2010 and 2020. Univariate and multivariate analyses were completed on demographic, clinical, and tumor-specific data were collected to assess the impact of these variables on overall and disease-free survival at 1-, 3-, and 5-years. Preoperative metrics like length of hospital stay (LOS) and operation duration were also evaluated. Results: Of the 109 OH and 29 MIH patients, MIH patients demonstrated shorter LOS and operative times. However, overall survival (OS) and disease-free survival (DFS) were similar between groups, with no significant variations in 1-, 3-, and 5-year survival rates. Ages > 60 years and lack of preoperative transcatheter arterial chemoembolization (TACE) were significant predictors of inferior OS and DFS in multivariate analyses. Conclusions: MIH is an efficient substitute to OH with comparable survival even in older patients. The reduced LOS and operation time enhances its feasibility, and older patients previously denied for curative resection may qualify for MIH. Preoperative TACE also enhances survival outcomes, emphasizing its general role in managing resectable HCCs. Both robotic and laparoscopic hepatectomies offer acceptable short- and long-term clinical outcomes, highlighting MIH as the standard choice for HCC patients.

Keywords: hepatocellular carcinoma; hepatectomy; laparoscopy; robotic surgical procedures

1. Introduction

Hepatocellular carcinoma (HCC) is the third leading cause of cancer death worldwide, accounting for 70-85% of all primary liver cancers [1]. HCC is typically associated with hepatitis B or C, alcohol use, and non-alcoholic fatty liver disease [2]. With a 5-year survival rate of approximately 18%, prognosis remains poor without treatment. The World Health Organization estimates more than 1 million cancer deaths from liver cancer by 2030 [2,3]. Stage of disease primarily determines treatment options for HCC. Surgical treatment offers the highest cure rates but is reserved for early-stage (I/II) HCC with minimal liver disease [2,4–6]. Liver transplantation, while preferred for HCC patients with cirrhosis (80% of HCC cases), is limited by organ shortage and strict selection criteria [7,8]. Thus, the role of surgical resection in patients with localized HCC has garnered greater interest, along with improvements in clinical decision algorithms [9,10]. Previously, surgical resection was reserved for patients with a solitary tumor of any size or up to three nodules of < 3 cm [11,12]. However, technological advancements in techniques and devices have allowed for major hepatectomies to be performed in patients with larger, more malignant liver lesions [13].

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Laparoscopic techniques have long been established as a safe and effective alternative, providing improved visualization, magnification, less intraoperative blood loss, and more meticulous dissection [14–16]. Smaller incisions in the anterior abdominal wall minimize interruption in portosystemic collateral vessels, reducing liver failure and ascites recurrence in patients with severe cirrhosis [17–20].

Furthermore, robotic platforms have addressed constraints associated with laparoscopic hepatectomies [21]. Robotic systems can achieve safer surgical margins by adhering to curvilinear resection planes through well-articulated instruments and contact ultrasonography via robotic probes [22,23]. Improved visualization, ergonomics, and range of motion within the abdominal cavity may enhance handling, dexterity, and fine dissection maneuvers [24]. The present study evaluates the short- and long-term outcomes of patients receiving open hepatectomy surgery (OH) versus minimally invasive hepatectomy surgery (MIH) for hepatocellular carcinoma. Through a decade of experience at a tertiary referral center, this study aims to assess the effectiveness and safety of MIH in managing HCC, potentially influencing surgical protocols and patient care.

2. Materials and Methods

Patient confidentiality and privacy were strictly maintained and all data was anonymized to protect participant identities. The Institutional Review Board at Virginia Commonwealth University approved our study under protocol number HM20007405 in 2021.

2.1. Patient Selection

This single-center, retrospective study evaluated the medical records of 134 HCC patients who underwent liver resections at the Hume-Lee Transplant Center in Richmond, Virginia from January 1, 2010 to December 31, 2020. Patients were stratified into OH and MIH groups. Patients with American Joint Committee on Cancer (AJCC) stages I-IV diagnosis who underwent curative intent liver resection were included as well as those that had undergone preoperative treatment including TACE, RFA, resection, or a combination of treatments.

We collected comprehensive demographics and clinical data, including tumor specific characteristics like number, total and largest size, AJCC three-tier grading, microvascular and macrovascular invasion, and lymphatic and capsular invasion. Preoperative labs and morbidity-related data on the length of hospital stay, operative duration, transfusion, and estimated resection margins were reported. Our primary outcomes were overall survival at 1, 3, and 5-year intervals, defined as the time interval between the liver resection and death or the most recent follow-up. Our secondary outcomes were disease-free survival at these time intervals, defined as the period after hepatectomy without signs of HCC recurrence.

2.2. Statistical Analysis

Categorical variables were reported as percentages and continuous variables as means with standard deviations (SD). Surgical factors like resection margin and technique were also evaluated. For comparing patients undergoing OH or MIH, Pearson's Chi-square test or Fisher's exact test was used for categorical variables and Kruskal-Wallis rank-sum test for continuous variables. Kaplan-Meier plots were used to analyze overall and disease-free survival at 1, 3, and 5-year intervals. Cox proportional hazards regression analyzed predictors of overall survival and of disease-free survival, with significant variables (age and prior TACE) from univariate analysis included in the multivariate model. Hazard ratio (HR) and 95% confidence intervals (CI) were used to determine significance for predicting overall survival. Statistical analyses were conducted using Python (Ver. 3.8.18) where *p*-values were based on two-sided statistical tests with *p*<0.05 considered significant.

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3. Results

3.1. Patient Characteristics

Between 2010 and 2020, 109 patients diagnosed with HCC had undergone OH while 29 received MIH (**Table 1**). Within the MIH cohort, 15 patients underwent robotic surgery (2016-2020). 14 patients underwent conventional laparoscopic surgery (only 2 cases were performed in 2018 and 2019, respectively). There was no significant difference between the MIH and OH groups in gender (82.8% vs 66.1%; p=0.112) or racial distribution between the two groups (p=0.070). However, the mean age at time of surgery was significantly higher in the MIH group than the OH group (66.9 years vs 60.1 years; p=0.015).

Both groups had similar rates of cirrhosis, prior cancers, and preoperative therapy (p=0.233; p=0.767; p=0.732). However, a higher proportion of the MIH group had three or fewer tumors than the OH group (96.6% vs 80.7%; p=0.045). While the largest tumor sizes found were similar, the MIH group had shown smaller total tumor size (4.9 cm vs 7.3 cm; p=0.031). There were no significant differences in differentiation grading, microvascular or macrovascular invasion, lymphatic or capsular invasion, and AJCC staging.

Table 1. Baseline characteristics of patients undergoing open and minimally-invasive hepatectomies.

| Characteristics | Open (n=109) | Minimally-Invasive (n=29) | P-value |
|---|--------------|------------------------------|---------|
| Sex, n (%) | | | 0.112 |
| Male | 72 (66.1) | 24 (82.8) | |
| Female | 37 (33.9) | 5 (17.2) | |
| Age (year), mean (SD) | 60.1 (13.4) | 66.9 (12.1) | 0.015 |
| Race, n (%) | | | 0.070 |
| White | 46 (42.2) | 14 (48.3) | |
| Black | 49 (45.0) | 11 (37.9) | |
| Asian | 14 (12.8) | 2 (6.9) | |
| Hispanic | 0 (0) | 1 (3.4) | |
| Other | 0 (0) | 1 (3.4) | |
| WBC (x10 ⁹ /L), mean (SD) | 6.8 (2.4) | 5.8 (2.0) | 0.059 |
| PLT (x10 ⁹ /L), n (%) | | | 0.828 |
| <225 | 72 (66.1) | 20 (69.0) | |
| ≥225 | 37 (33.9) | 9 (31.0) | |
| ALT (U/L), n (%) | | | 0.648 |
| <80 | 76 (70.4) | 22 (75.9) | |
| ≥80 | 32 (29.6) | 7 (24.1) | |
| Serum Sodium (mmol/L), mean (SD) | 139.0 (3.1) | 140.0 (2.6) | 0.125 |
| Serum Creatinine (µmol/L), mean (SD) | 0.9 (0.3) | 1.0 (0.5) | 0.042 |
| TBIL (μmol/L), mean (SD) | 0.8 (0.7) | 0.8 (0.5) | 0.750 |
| INR, mean (SD) | 1.1 (0.3) | 1.1 (0.1) | 0.511 |
| AFP (ng/mL), mean (SD) | | | 0.039 |
| <200 | 76 (74.5) | 27 (93.1) | |
| ≥200 | 26 (25.5) | 2 (6.9) | |

| MELD-XI, mean (SD) | 8.7 (3.5) | 8.8 (2.8) | 0.852 |
|----------------------------------|-----------|-----------|-------|
| Cirrhosis, n (%) | 96 (88.1) | 23 (79.3) | 0.233 |
| Prior cancer, n (%) | 15 (13.8) | 5 (17.4) | 0.767 |
| Preoperative therapy, <i>n</i> | | | 0.732 |
| (%) | | | 0.732 |
| No therapy | 79 (73.1) | 24 (82.8) | |
| TACE only | 19 (17.6) | 2 (6.9) | |
| RFA only | 3 (2.8) | 1 (3.4) | |
| Radiation only | 1 (0.9) | 0 (0) | |
| Resection only | 1 (0.9) | 0 (0) | |
| Combination | 5 (4.6) | 2 (6.9) | |
| Tumor number | | | 0.045 |
| ≤3 | 88 (80.7) | 28 (96.6) | |
| >3 | 21 (19.3) | 1 (3.4) | |
| Largest tumor size (cm) | 5.6 (4.3) | 4.3 (3.3) | 0.138 |
| Total tumor size (cm) | 7.3 (5.2) | 4.9 (4.1) | 0.031 |
| Tumor differentiation, | | | 0.372 |
| n (%) | | | 0.372 |
| G1 | 11 (10.7) | 5 (19.2) | |
| G2 | 62 (60.2) | 16 (61.5) | |
| G3 | 30 (29.1) | 5 (19.2) | |
| Microvascular invasion, n (%) | 59 (54.1) | 10 (34.5) | 0.118 |
| Macrovascular invasion, n (%) | 29 (26.6) | 5 (17.2) | 0.460 |
| Lymphatic invasion, <i>n</i> (%) | 5 (4.6) | 1 (3.4) | 1.000 |
| Capsular invasion, <i>n</i> (%) | 69 (63.3) | 18 (62.1) | 0.643 |
| AJCC staging, n (%) | | | 0.159 |
| I-II | 78 (76.5) | 22 (91.7) | |
| III-IV | 24 (23.5) | 2 (8.3) | |
| | | | |

Abbreviations: AFP: alpha fetoprotein; ALT: alanine aminotransferase; AJCC: American Joint Committee on Cancer; INR: international normalized ratio; MELD-XI: model for end-stage liver disease excluding INR; PLT: platelet; RFA: radiofrequency ablation; SD: standard deviation; TACE: transcatheter arterial chemoembolization; TBIL: total bilirubin; WBC: white blood count.

3.2. Clinical Outcomes

Univariate analysis showed that age \geq 60 was associated with worse overall survival (OS) (HR 1.891, CI: 1.156-3.093; p=0.011) (**Table 2**). Multivariate analysis confirmed the significance between age and overall survival (HR 1.848, CI 1.122-3.046; p=0.016). Lack of preoperative TACE showed improved overall survival in univariate analyses (HR HR 0.393, CI: 0.221-0.698; PI=0.001) and multivariate analyses (HR 0.398, CI: 0.222-0.712; p=0.002).

Table 2. Cox-regression analysis of predictors of overall survival.

| | | Univariate | | | Multivariate | |
|-------------------|-------|-------------|---------|----|--------------|---------|
| | HR | 95% CI | P-value | HR | 95% CI | P-value |
| Sex (ref: female) | | | 0.602 | | | |
| Male | 1.137 | 0.701-1.845 | | | | |
| Age (ref: <60) | | | 0.011 | | | 0.016 |

| >=60 1.891 1.156-3.093 1.848 1.122-3.046 WBC (ref: <3.5) 0.350 >=3.5 0.615 0.222-1.704 PLT (ref: <225) 0.778 >=225 0.933 0.577-1.510 ALT (ref: <80) 0.634 >=80 0.870 0.492-1.541 TBIL (ref: <2) 0.398 >=2 1.663 0.512-5.402 AFP (ref: <400) 0.695 >=400 0.874 0.447-1.711 MELD-XI (ref: <15) 0.710 <15) 0.710 <15) 0.710 <15) 0.979 Present 1.008 0.565-1.799 Prior TACE 0.001 0.002 No 0.393 0.221-0.698 0.398 0.222-0.712 Prior RFA 0.077 0.066-1.150 Prior Resection 0.291 No 2.147 0.520-8.858 | | | | | 1.848 | 1.122-3.046 | |
|--|------------------|-------|---------------|--------|-------|-------------|-------|
| >=3.5 0.615 0.222-1.704 PLT (ref: <225) | | | 1.156-3.093 | 0.350 | 1.010 | 1.122 0.010 | |
| PLT (ref: <225) | | 0.615 | 0 222-1 704 | 0.550 | | | |
| >=225 0.933 0.577-1.510 ALT (ref: <80) | | | 0,222 1,7 0 1 | 0.778 | | | |
| ALT (ref: <80) | , | 0.933 | 0.577-1.510 | 0.7.0 | | | |
| >=80 0.870 0.492-1.541 TBIL (ref: <2) | | 0.700 | 0.077 1.010 | 0.634 | | | |
| TBIL (ref: <2) | , , | 0.870 | 0 492-1 541 | 0.001 | | | |
| >=2 1.663 0.512-5.402 AFP (ref: <400) | | 0,0,0 | 0.12 2 1.0 11 | 0.398 | | | |
| AFP (ref: <400) | • | 1.663 | 0.512-5.402 | | | | |
| >=400 0.874 0.447-1.711 MELD-XI (ref: 0.710 <15) | | | | 0.695 | | | |
| MELD-XI (ref: 0.710 <15) | , , | 0.874 | 0.447-1.711 | | | | |
| <15) | | | | | | | |
| >=15 1.250 0.385-4.051 Cirrhosis 0.979 Present 1.008 0.565-1.799 Prior TACE 0.001 0.002 No 0.393 0.221-0.698 0.398 0.222-0.712 Prior RFA 0.077 No 0.276 0.066-1.150 Prior Resection 0.291 | · | | | 0.710 | | | |
| Cirrhosis 0.979 Present 1.008 0.565-1.799 Prior TACE 0.001 0.002 No 0.393 0.221-0.698 0.398 0.222-0.712 Prior RFA 0.077 No 0.276 0.066-1.150 Prior Resection 0.291 | , | 1.250 | 0.385-4.051 | | | | |
| Prior TACE 0.001 0.002 No 0.393 0.221-0.698 0.398 0.222-0.712 Prior RFA 0.077 No 0.276 0.066-1.150 Prior Resection 0.291 | Cirrhosis | | | 0.979 | | | |
| Prior TACE 0.001 0.002 No 0.393 0.221-0.698 0.398 0.222-0.712 Prior RFA 0.077 No 0.276 0.066-1.150 Prior Resection 0.291 | | 1.008 | 0.565-1.799 | | | | |
| No 0.393 0.221-0.698 0.398 0.222-0.712 Prior RFA 0.077 No 0.276 0.066-1.150 Prior Resection 0.291 | | | | 0.001 | | | 0.002 |
| Prior RFA 0.077 No 0.276 0.066-1.150 Prior Resection 0.291 | | 0.393 | 0.221-0.698 | | 0.398 | 0.222-0.712 | |
| No 0.276 0.066-1.150 Prior Resection 0.291 | | | | 0.077 | | | |
| Prior Resection 0.291 | | 0.276 | 0.066-1.150 | | | | |
| | | | | 0.291 | | | |
| | | 2.147 | 0.520-8.858 | | | | |
| Resection Margin | | | 0.0_0 0.000 | | | | |
| (ref: positive) | O | | | | | | |
| <10mm 1.756 0.924-3.339 0.086 | | 1.756 | 0.924-3.339 | 0.086 | | | |
| >10mm 1.204 0.610-2.379 0.593 | >10mm | 1.204 | 0.610-2.379 | 0.593 | | | |
| Surgical | | | | | | | |
| Technique (ref: 0.072 | e e | | | 0.072 | | | |
| open) | - ' | | | | | | |
| Lap/Robotic 1.703 0.953-3.044 | Lap/Robotic | 1.703 | 0.953-3.044 | | | | |
| Tumor Number 0.715 | Tumor Number | | | 0.715 | | | |
| (ref: <3) | (ref: <3) | | | 0.715 | | | |
| >3 1.174 0.496-2.779 | >3 | 1.174 | 0.496-2.779 | | | | |
| Mean Largest | Mean Largest | | | | | | |
| Tumor Size (ref: 0.135 | Tumor Size (ref: | | | 0.135 | | | |
| <5) | <5) | | | | | | |
| >=5 0.678 0.408-1.128 | >=5 | 0.678 | 0.408-1.128 | | | | |
| Mean Tumor Size 0.471 | | | | 0 471 | | | |
| (ref: <10) | , | | | 0.171 | | | |
| >=10 0.781 0.399-1.529 | | 0.781 | 0.399-1.529 | | | | |
| Microvascular 0.315 | | | | 0.315 | | | |
| Invasion | | | | | | | |
| Present 0.786 0.492-1.257 | | 0.786 | 0.492-1.257 | | | | |
| Macrovascular 0.349 | | | | 0.349 | | | |
| Invasion | | | | | | | |
| Danasant 0.744 0.400.1.000 | Present | 0.744 | 0.400-1.382 | | | | |
| | | | | 0.731 | | | |
| Lymphatic 0.731 | Invacion | | 0.00= - : : : | | | | |
| Lymphatic 0.731 Invasion | | 0.706 | 0.097_5.142 | | | | |
| Lymphatic 0.731 | Present | 0.708 | 0.077-3.142 | 0.71.4 | | | |

| Present | 0.870 | 0.411-1.838 | |
|-----------------------------|-------|-------------|-------|
| AJCC Staging (ref: I-II) | | | 0.307 |
| II-IV | 0.680 | 0.324-1.424 | |

Abbreviations: AFP: alpha fetoprotein; ALT: alanine aminotransferase; AJCC: American Joint Committee on Cancer; CI: confidence interval; HR: hazard ratio; INR: international normalized ratio; MELD-XI: model for end-stage liver disease excluding INR; PLT: platelet; RFA: radiofrequency ablation; SD: standard deviation; TACE: transcatheter arterial chemoembolization; TBIL: total bilirubin; WBC: white blood count.

Age \geq 60 years and the absence of preoperative TACE showed significant association with disease free survival (DFS) as well (**Table 3**). Age \geq 60 years worsened disease free survival in both univariate (HR 1.918, CI: 1.076-3.418; p=0.027) and multivariate analyses (HR 1.982, CI: 1.169-3.359; p=0.024). Lack of preoperative TACE was associated with improved DFS in univariate analysis (HR 0.360, CI 0.178-0.727; p=0.004).

Table 3. Cox-regression analysis of predictors of disease-free survival.

| | Univariate | | | Multivariate | | |
|--------------------------|------------|-------------|---------|--------------|-------------|---------|
| | HR | 95% CI | P-value | HR | 95% CI | P-value |
| Sex (ref: female) | | | 0.635 | | | |
| Male | 1.150 | 0.646-2.049 | | | | |
| Age (ref: <60) | | | 0.027 | | | 0.024 |
| >=60 | 1.918 | 1.076-3.418 | | 1.982 | 0.169-0.712 | |
| WBC (ref: <3.5) | | | 0.302 | | | |
| >=3.5 | 0.533 | 0.162-1.759 | | | | |
| PLT (ref: <225) | | | 0.643 | | | |
| >=225 | 0.876 | 0.500-1.534 | | | | |
| ALT (ref: <80) | | | 0.606 | | | |
| >=80 | 0.834 | 0.418-1.663 | | | | |
| TBIL (ref: <2) | | | 0.514 | | | |
| >=2 | 1.613 | 0.383-6.792 | | | | |
| AFP (ref: <400) | | | 0.547 | | | |
| >=400 | 0.792 | 0.370-1.693 | | | | |
| MELD-XI (ref: <15) | | | 0.745 | | | |
| >=15 | 0.719 | 0.098-5.263 | | | | |
| Cirrhosis | | | 0.883 | | | |
| Present | 1.052 | 0.536-2.063 | | | | |
| Prior TACE | | | 0.004 | | | 0.004 |
| No | 0.360 | 0.178-0.727 | | 0.347 | 0.169-0.712 | |
| Prior RFA | | | 0.130 | | | |
| No | 0.216 | 0.030-1.572 | | | | |
| Prior Resection | | | 0.269 | | | |
| No | 2.234 | 0.536-9.306 | | | | |
| Resection Margin (ref: | | | | | | |
| positive) | | | | | | |
| <10mm | 1.928 | 0.908-4.093 | 0.087 | | | |
| >10mm | 1.135 | 0.485-2.657 | 0.770 | | | |
| Surgical Technique (ref: | | | 0.060 | | | |
| open) | | | 0.000 | | | |
| Lap/Robotic | 1.815 | 0.975-3.379 | | | | |
| Tumor Number (ref: <3) | | | 0.893 | | | |

| >3 | 0.931 | 0.330-2.631 | |
|--------------------------------------|-------|-------------|-------|
| Mean Largest Tumor Size (ref: <5) | | | 0.098 |
| >=5 | 0.589 | 0.315-1.103 | |
| Mean Tumor Size (ref: <10) | | | 0.310 |
| >=10 | 0.620 | 0.246-1.562 | |
| Microvascular Invasion | | | 0.405 |
| Present | 0.794 | 0.461-1.366 | |
| Macrovascular Invasion | | | 0.590 |
| Present | 0.824 | 0.407-1.667 | |
| Lymphatic Invasion | | | 0.756 |
| Present | 0.730 | 0.100-5.335 | |
| Ductal Invasion | | | 0.728 |
| Present | 0.858 | 0.362-2.033 | |
| AJCC Staging (ref: I-II) | | | 0.181 |
| II-IV | 0.497 | 0.179-1.383 | |

Abbreviations: AFP: alpha fetoprotein; ALT: alanine aminotransferase; AJCC: American Joint Committee on Cancer; CI: confidence interval; HR: hazard ratio; INR: international normalized ratio; MELD-XI: model for end-stage liver disease excluding INR; PLT: platelet; RFA: radiofrequency ablation; SD: standard deviation; TACE: transcatheter arterial chemoembolization; TBIL: total bilirubin; WBC: white blood count.

Surgical technique did not impact OS (p=0.484) between OH and MIH patients. For MIH patients, the 1-, 3-, 5-year OS rates were 79.7%, 52.9%, and 44.1% while 1-, 3-, 5-year OS rates for OH patients were 79.3%, 64.2%, and 47.9% (**Figure 1**). The disease-free survival rates were comparable as well (p=0.729). For MIH patients, the 1-, 3-, 5-year DFS rates were 73.2%, 53.4%, and 40.0% while the 1-, 3-, 5-year OS rates for OH patients were 70.5%, 48.3%, and 40.0% (**Figure 2**). No MIH patients survived beyond 6.67 years.

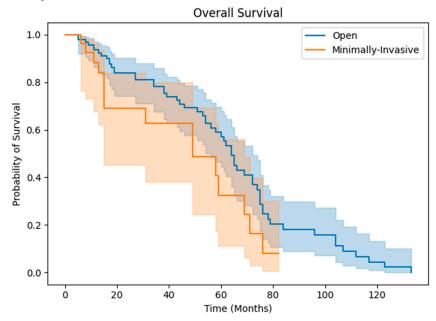


Figure 1. Overall Survival for OH and MIH Patients.

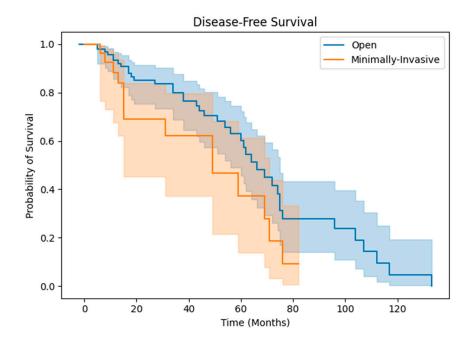


Figure 2. Disease-Free Survival for OH and MIH Patients.

Patients undergoing MIH had shorter LOS than those in the open surgery group (5.4 days vs 8.8 days; p=0.003) and shorter operation times (261.0 minutes vs 338.8 minutes; p=0.004 (**Table 4**). There were no considerable differences in intraoperative blood transfusion volume between MIH and OH patients (700.0 mL vs. 1161.6 mL; p=0.263) or resection margins (negative margins <10 mm: 11 vs 55; >10 mm: 11 vs 30; positive margins: 3 vs 16; p=0.392).

Table 4. Comparisons of clinical outcomes between open and minimally-invasive hepatectomies.

| | Open (n=109) | Minimally-Invasive (n=29) | P-value |
|---|----------------|------------------------------|---------|
| LOS (days), mean (STD) | 8.8 (5.7) | 5.4 (2.9) | 0.003 |
| Operation time (minutes), mean (STD) | 338.8 (129.1) | 261.0 (101.2) | 0.004 |
| Transfusion | | | 0.317 |
| Yes | 25 | 4 | |
| No | 82 | 25 | |
| Transfusion amount, median (IQR) | 1161.6 (788.4) | 700.0 (285.8) | 0.263 |
| Resection Margin | | | 0.392 |
| Negative <10mm, n (%) | 55 (54.5) | 11 (44.0) | |
| Negative >10mm, n (%) | 30 (29.7) | 11 (44.0) | |
| Positive, n (%) | 16 (15.8) | 3 (12.0) | |

Abbreviations: IQR: interquartile range; LOS: length of stay; STD: standard deviation.

4. Discussion

Hepatic resection for HCC remains challenging for patients and surgeons, but advancements in surgical techniques and improved equipment have popularized laparoscopic approaches for over three decades [25]. Several studies have illustrated its benefits among HCC patients including reduced hospitalization, blood loss, and postoperative morbidity while maintaining comparable oncological results to open resection [14,26–28]. With the recent emergence of robot-assisted liver resections, safety and feasibility of MIH are subject to continual assessment. Our analysis represents

a decade of experience with conventional and robot-assisted laparoscopic liver resections at a high-volume, tertiary referral center, in comparison to traditional open procedures.

OH and MIH patients were similar in demographics, comorbidities, and tumor characteristics, with notable exception for age. Despite no definitive consensus regarding the outcomes of OH and MIH among higher-risk elderly patients, it is crucial to identify patients who may benefit most from minimally-invasive alternatives. A recent meta-analysis indicates that elderly patients are more prone to postoperative morbidity and short-term mortality with laparoscopic hepatectomies [29]. The associated risk rises as individuals age, peaking when patients reach their seventies, before stabilizing in septuagenarians [29]. However, our data demonstrates that patients undergoing MIH (robotic and laparoscopic) may experience similar survival benefits compared to OH despite the age discrepancy.

This supports studies showing MIH's safety and feasibility profiles among elderly patients, possibly attributed to the significantly decreased length of hospital stay among MIH patients [30,31]. Elderly patients who spend a longer time in the Intensive Care Unit (ICU) may develop disabilities that impact overall quality of life, national analysis reporting a median LOS of 3 days among MIH recipients compared to 6 days among OH patients [14,32]. Other centers reported slightly higher LOS of 7 days for MIH patients, but still lower than 9 days seen in OH patients [33]. Our data regarding LOS is within these reported ranges. Additionally, postoperative infections are among the most frequent complications in elderly patients. While not addressed in this study, it is plausible that reducing severe postoperative wound infections and hastening the recovery process may have contributed to similar complication rates in both groups [14].

As the screening apparatus for liver cirrhosis continues to improve globally, elderly patients face higher risks for complications of liver resection and HCC [34]. Our experience indicates that sexagenarians had increased rates of mortality. Despite our patients being mostly sexagenarians, there were no differences in the presence of cirrhosis between OH and MIH groups. The benefits of the minimally-invasive approach may decrease with ages above 80 [35]. Nevertheless, this has not been demonstrated among our patients undergoing MIH. Liver transplantation is another important alternative to resection in HCC patients with cirrhosis, but elderly patients nearing their 70s are mostly excluded due to comorbidities [36]. Our data demonstrates that elderly patients previously denied an opportunity for a potentially curative liver resection can be offered a viable and potentially favorable treatment option of MIH.

The differences in operative time between OH and MIH are notable, as longer operative time is a significant predictor of surgical morbidity after laparoscopic liver resections [37]. Unlike recent national and institutional retrospective analyses showing no difference in operative times, our experience demonstrates significantly reduced duration of operation in favor of MIH [14,33]. This may be due to MIH patients having lower tumor numbers and sizes. Indeed, minor resections have decreased operative times in laparoscopic liver resections and may be associated with lower blood loss and intraoperative transfusion rates [38]. While our study showed no significant difference in intraoperative transfusion rates, MIH patients tended to require less overall transfusion volume.

A prior history of TACE was associated with lower mortality in patients undergoing both OH and MIH. Preoperative TACE identifies latent intrahepatic metastatic foci, improves the resectability of HCCs by reducing tumors initially borderline resectable or unresectable, allows adequate time for therapy in compromised liver function, and enhances overall survival and disease-free survival rates following curative resection [39]. Multiple retrospective studies have demonstrated its effectiveness in patients with intermediate-stage HCC who benefit from superior oncological results with OH or MIH [40]. These patients tend to have large and multifocal HCC without intrahepatic macrovascular invasion or extrahepatic metastases [41]. This is a salient point for patients undergoing OH who have larger and more numerous tumors compared to MIH patients, albeit statistically insignificant. Certain clinicians may not advocate for preoperative TACE in patients with resectable HCC being evaluated for surgical intervention. One of the key factors to consider is that TACE may affect well-differentiated HCC while incompletely eradicating poorly differentiated cells [42]. Consequently, preoperative TACE may increase the chance of HCC metastasis via the portal venous system.

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However, our experience shows selective chemoembolization of HCC tumors prior to hepatectomy may confer additional survival benefits for HCC patients.

Furthermore, it is known that MIH has a steep learning curve that requires concomitant training in both laparoscopic and robotic techniques [43]. Despite increasing variation in operator experience as MIH evolves, MIH offers several key advantages compared to OH. Unlike OH, MIH may minimize the damage to adherent structures and the liver through manipulation only inside the subphrenic rib cage. Laparoscopic instruments can get directly into the space caudally with minimal damage to the cage and minimal mobilization or compression on the liver [44]. Second, MIH may have advantages for the treatment of intrahepatic recurrence compared to OH. While our short and long-term data showed non-inferior DFS of MIH compared to OH, it is likely that reoperation to the liver is made more difficult once adhesions are formed. To address this, MIH may be associated with lower rates of adhesion formation, allowing for better visibility and maneuverability even in the small surgical fields between adhesions [44]. Comparable OS and DFS after MIH may be from reduced functional deterioration of the liver [25]. With reduced adhesion, the process of repeat treatments becomes more accessible, decreasing mortality among patients with liver insufficiency.

MIH has its disadvantages as maintaining orientation due to the lack of fine perceptible sensation and visibility of the entire surgical field can be difficult. However, effective simulation of minor anatomical resections can ensure precise localization of the tumor within the resected area and adequate surgical margins. This may result in reduced postoperative complications, diminished residual ischemic/congestive parenchyma, and potentially lower recurrence risk [45]. Robotic technology also confers numerous benefits compared to conventional laparoscopic techniques [46]. Features such as Endowrist technology provide a remarkable seven degrees of freedom in hand manipulation. Additionally, robotic systems enable operating surgeons to access lesions located in the posterior superior region, enhance their suturing, reduce physiological tremors, and promote better ergonomics [46]. Overall, these advancements in MIH have likely reduced operative time and other morbidities at our institution and we resultantly demonstrate acceptable short- and long-term clinical results with both robotic and laparoscopic techniques.

Limitations

While our study provides valuable insight into the outcomes and survival rates of patients having undergone OH and MIH for HCC, there are several limitations. First, this was a single center analysis which limits the generalizability of findings. Second, the retrospective nature of our study introduces a certain level of selection bias, as the choice between OH and MIH was determined by physicians based on clinical judgment and patient characteristics. Third, the lack of statistical significance in certain variables may be due to the insufficient power to identify a potential association. Finally, this study did not account for adjuvant therapies. Future studies with larger, multicenter cohorts and prospective design are needed for validating our findings and further exploring the benefits and limitations of MIH in the treatment of HCC. More studies are also needed to compare clinical outcomes between laparoscopic surgeries and robotic surgery using large sets of single-center or multi-center clinical data. Cost analysis studies are also needed to determine the financial impact that robotic and laparoscopic resections have towards optimizing resource allocation and decision-making.

5. Conclusion

This paper represents a recent decade of experience with both OH and MIH at a tertiary referral center. For patients with HCC, MIH, both robot-assisted and conventional laparoscopic, may confer faster recovery and reduced operative times compared to OH. Selected patients may also receive survival benefits when pre-operatively treated with TACE. Despite significantly increased age among patients undergoing MIH, these procedures showed comparable short and long-term oncologic outcomes when compared to OH.

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