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Review

# Phytochemical Compounds and Their Antibacterial Activity of Species of the Fabaceae Family Located in Tamaulipas, Mexico: Review

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## Abstract

The increasing resistance to antibiotics resulting from their indiscriminate use in humans and animals is a serious public health concern recognized by the WHO and WOA. In this context, phytotherapy based on medicinal plants represents a promising alternative, particularly due to the presence of bioactive compounds such as flavonoids and alkaloids with antimicrobial potential. The **Fabaceae** family stands out for its remarkable diversity and pharmacological relevance. This review integrates available information on the 347 species recorded in the state of Tamaulipas, Mexico. Only 64 species have been subjected to phytochemical studies, and 46 are traditionally used in medicine, mainly to treat digestive disorders (32%), dermatological conditions (18%), and parasitic infections (15%). The most frequently reported metabolites are tannins and flavonoids, which support their empirical use and therapeutic potential. The main extraction techniques identified were maceration (47.7%) and Soxhlet (10.8%), employing solvents such as methanol (21.5%), water, ethanol, ethyl acetate, and hexane. Herbaceous and arboreal plants were the most investigated. Phenols and flavonoids exhibited antioxidant properties with antibacterial and antifungal activity, whereas alkaloids showed antibacterial, antifungal, anticancer, and anti-inflammatory effects. The greatest metabolic diversity was found in leaves. Microbiological studies highlight notable activity against *Staphylococcus aureus*, *Escherichia coli*, and *Candida albicans*, mainly evaluated through the disk diffusion method.

**Keywords:** Fabaceae; traditional medicinal use; bioactive compounds; extraction techniques

## 1. Introduction

Since ancient times, plants have been used for a wide variety of purposes, including the treatment of diseases due to the presence of bioactive compounds with therapeutic properties, such as the control of infectious diseases in animals and humans [1,2]. Both the World Health Organization (WHO) [3], and the World Organisation for Animal Health (WOAH) [4] have declared antimicrobial resistance to be one of the greatest threats to public health and animal health worldwide [3,4]. For this reason, the current need lies in the search for new alternatives to treat bacterial infections that are resistant to existing antimicrobial agents. One of these alternatives is the exploration of natural compounds, particularly those derived from plants, as they produce secondary metabolites that provide adaptive advantages, such as defense against herbivores and pathogens, and therefore represent potential candidates as medicinal compounds [5–8].

Species belonging to the Fabaceae family are recognized for their chemical diversity and their multiple applications in both traditional and modern medicine [9]. The Fabaceae family comprises

770 genera and nearly 19,500 species worldwide [10]. Their high adaptive capacity defines them as a cosmopolitan family [10,11], with notable diversity in temperate and warm regions, as well as in rainforests, dry forests, and semidesert areas [10,12].

In Mexico, Fabaceae is the second richest family in terms of species, including trees, shrubs, and perennial or annual herbs [10]. Species within this family have significant economic importance, as they are used for food, timber, forestry resources, and forage. Additionally, through symbiosis with bacteria, they contribute to nitrogen fixation in soil [10,12], and some species have also been used in traditional medicine [11,12]. Among their medicinal uses, anti-inflammatory, antiseptic, and antimicrobial properties stand out, attributed to secondary metabolites such as flavonoids, tannins, alkaloids, and saponins, which exert effects on various bacterial microorganisms [9,11].

Although Tamaulipas possesses rich plant biodiversity and a significant ethnobotanical context, the medicinal use of Fabaceae species is limited, and available information mainly derives from community-based knowledge [13]. However, in other regions of Mexico and around the world, studies have been conducted on the antibacterial activity of phytochemical compounds from Fabaceae species against pathogenic bacteria such as *Escherichia coli*, *Staphylococcus aureus*, *Pseudomonas aeruginosa*, and *Salmonella Typhi* [14].

The aim of this study is to provide a comprehensive review of the Fabaceae species present in Tamaulipas and to evaluate whether these species have been the subject of research in Mexico or other regions of the world related to the extraction of chemical compounds with antibacterial, antifungal, or other therapeutic activities.

## 2. Results and Discussion

### 2.1. Applications in Traditional Medicine

This study provides a detailed analysis of 347 Fabaceae species from the state of Tamaulipas, distributed across 81 genera. The family is globally recognized for its economic importance, particularly in the areas of food production and human and animal health. Additionally, the characteristics of these species allow their use as timber resources, dyes, resins, and other products [11,15]. This review includes information generated in 16 countries, including Mexico, which accounted for 28% of the studies analyzed; however, none of the reviewed studies correspond to the state of Tamaulipas. Of the total species recorded for the state, the global search revealed that only 64 species have been studied for the extraction of phytochemical compounds, and of these, only 46 have been documented in traditional medicine for the treatment of various ailments (Table 1). In contrast, research conducted in communities within Tamaulipas indicates that the traditional use of Fabaceae comprises only 4–5% of the total plant species present in the region [13].

The traditional uses attributed to these plants (46 species) primarily address digestive ailments, representing 32% of the reported uses. These species are commonly used to manage symptoms such as diarrhea, vomiting, and stomach pain [15,16]. In Mexico, species such as *Prosopis* sp. and *Vachelia* sp., which have a wide distribution, have long been used to treat diarrhea and stomach discomfort [17–19]. The second most common category includes dermatological problems (18%), covering a broad range of skin conditions from mild irritations to severe infections [20–22]. Additionally, 15% of traditional applications focus on the treatment of parasitic infections [23,24].

Fabaceae species are also used to treat renal and urinary problems, respiratory conditions, inflammation, and other therapeutic purposes, due to the presence of active compounds such as tannins, flavonoids, alkaloids, and terpenes, which possess significant biological effects. The fact that these species are used across diverse cultures demonstrates the widespread nature of traditional medicinal knowledge and suggests their usefulness both in ancestral remedies and in contemporary treatments [11].

**Table 1.** Species of the Fabaceae family recorded in the state of Tamaulipas, including common names and traditional uses.

| Botanical name                                       | Synonyms | Common name in México   | Traditional use  | References (Study location) |
|--|----------|-------------------------|--|-----------------------------|
| <i>Acaciella angustissima</i> (Mill.) Britton & Rose | -        | Guajillo                | No data recorded   | [25] (Queretaro, Mexico)    |
| <i>Aeschynomene indica</i> L.                        | -        | No data recorded        | Urticaria, furuncle, nyctalopia, hepatitis, enteritis, and diarrhea. | [21] (Quzhou, China)        |
| <i>Calliandra tergemina</i> (L.) Benth.              | -        | No data recorded        | No data recorded   | [26] (Klang, Malaysia)      |
| <i>Canavalia rosea</i> (Sw.) DC.                     | -        | Frijol de playa         | No data recorded   | [27] (Crato, Brazil)        |
| <i>Canavalia villosa</i> Benth.                      | -        | Gallinitas              | No data recorded   | [28] (Brazil)               |
| <i>Chamaecrista nictitans</i> (L.) Moench            | -        | Guajito                 | Fever and antiviral  | [29] (Morelos, Mexico)      |
| <i>Dalea aurea</i> Nutt. ex Pursh                    | -        | No data recorded        | Diarrhea, stomach pain, and cramps                                   | [30] (Oklahoma, USA)        |
| <i>Dalea bicolor</i> Humb. & Bonpl. ex Willd.        | -        | Escobilla               | Gastrointestinal problems, vomiting, and diarrhea                    | [31] (Hidalgo, Mexico)      |
| <i>Dalea foliolosa</i> (Aiton) Barneby               | -        | Almaraduz               | Anti-inflammatory and hypoglycemic                                   | [32] (Oaxaca, Mexico)       |
| <i>Dalea nana</i> Torr. ex A.Gray                    | -        | Trébol enano de pradera | No data recorded   | [33] (Arizona, USA)         |
| <i>Dalea versicolor</i> Zucc.                        | -        | No data recorded        | No data recorded   | [33] (Arizona, USA)         |
| <i>Desmodium incanum</i> (Sw.) DC.                   | -        | Amor seco               | Back pain, colds, and kidney Problems                                | [34] (Manchester, Jamaica)  |
| <i>Desmodium molliculum</i> (Kunth) DC.              | -        | Hierba de los niños     | Infections, body Pain, fever, cough, dyspnea                         | [35] (Santa Rosa, Ecuador)  |

|   |                                       |                        |   |                              |
|---|---------------------------------------|------------------------|---|------------------------------|
| <i>Desmodium scorpiurus</i><br>(Sw.) Poir.                | -                                     | No data recorded       | Constipation, cough, convulsions, venereal infections, tinea                        | [36]<br>(Kaduna, Niger)      |
| <i>Desmodium tortuosum</i><br>(Sw.) DC.                   | -                                     | Cadillo                | Cardiovascular events   | [37]<br>(Ucayali, Peru)      |
| <i>Ebenopsis ebano</i><br>(Berland.) Barneby & J.W.Grimes | -                                     | Ébano                  | No data recorded  | [38]<br>(Nuevo Leon, Mexico) |
| <i>Enterolobium cyclocarpum</i> (Jacq.) Griseb.           | -                                     | Guanacaste             | No data recorded  | [39]<br>(Oyo, Niger)         |
| <i>Erythrina herbacea</i> L.                              | -                                     | Hierba de colorín      | No data recorded  | [40]<br>(Texas, USA)         |
| <i>Eysenhardtia platycarpa</i><br>Pennell & Saff.         | -                                     | No data recorded       | Kidney and gallbladder diseases   | [38]<br>(Nuevo Leon, Mexico) |
| <i>Eysenhardtia polystachya</i> (Ortega) Sarg.            | -                                     | Palito azul            | Diuretic, kidney and bladder infections   | [41]<br>(Hidalgo, Mexico)    |
| <i>Gleditsia aquatica</i><br>Marshall                     | -                                     | No data recorded       | No data recorded  | [42]<br>(Giza, Egypt)        |
| <i>Gleditsia triacanthos</i> L.                           | -                                     | Acacia de tres espinas | Pain, whooping cough, measles, smallpox, skin diseases, asthma                      | [22]<br>(South Africa)       |
| <i>Gliricidia sepium</i> (Jacq.) Kunth                    | -                                     | Cacahuananc he         | Wounds, diarrhea, repelling mosquitoes, fumigating                                  | [43]<br>(Kerala, India)      |
| <i>Grona adscendens</i> (Sw.) H.Ohashi & K.Ohashi         | <i>Desmodium adscendens</i> (Sw.) DC. | Amor seco              | Oral-dental and urogenital problems, and opportunistic infections                   | [44]<br>(Ibadan, Niger)      |
| <i>Grona triflora</i> (L.) H.Ohashi & K.Ohashi            | <i>Desmodium triflorum</i> (L.) DC.   | Hierba cuartillo       | Diarrhea, convulsions, tonic, diuretic, and biliary conditions.                     | [45]<br>(Lucknow, India)     |
| <i>Haematoxylum brasiletto</i> H.Karst.                   | -                                     | Madera de Brasil       | Oral and kidney infections, hypertension, gastrointestinal disorders, and diabetes. | [46]<br>(Sonora, Mexico)     |
| <i>Indigofera suffruticosa</i><br>Mill.                   | -                                     | Anileira               | Healing   | [20]<br>(Pernambuco, Brazil) |
| <i>Inga vera</i> Willd.                                   | -                                     | No data recorded       | Treatment of diseases   | [47]<br>(Santo Domingo,      |

|  |  |                  |  |                                   |
|--|--|------------------|--|-----------------------------------|
|  |  |                  |  | Dominican Republic)               |
| <i>Leucaena leucocephala</i> (Lam.) de Wit                         | -  | No data recorded | Gastrointestinal   | [48] (Ibadan, Niger)              |
| <i>Lonchocarpus punctatus</i> Kunth                                | -  | Balché           | Parasitic  | [49] (Yucatan, Mexico)            |
| <i>Lysiloma acapulcense</i> (Kunth) Benth.                         | -  | No data recorded | Respiratory, gastrointestinal, urinary, and skin infections                                  | [50] (Baja California, Mexico)    |
| <i>Macroptilium lathyroides</i> (L.) Urb.                          | -  | No data recorded | No data recorded   | [51] (Chennai, India)             |
| <i>Mimosa malacophylla</i> A.Gray                                  | -  | No data recorded | Diuretic and kidney stones   | [52] (Nuevo Leon, Mexico)         |
| <i>Mucuna pruriens</i> (L.) DC.                                    | -  | Mucuna           | Purgative and diuretic   | [53] (Osun, Niger)                |
| <i>Neltuma glandulosa</i> (Torr.) Britton & Rose                   | <i>Prosopis glandulosa</i> Torr.                                 | Mesquite dulce   | Gastrointestinal, rashes, eye infections, hernias, skin conditions, sore throat              | [54] (Nevada, USA)                |
| <i>Neltuma juliflora</i> (Sw.) Raf.                                | <i>Prosopis juliflora</i> (Sw.) DC.                              | Mesquite         | Colds, diarrhea, flu, hoarseness, inflammation, measles, sore throat, liver and eye problems | [19] (Bushehr, Iran)              |
| <i>Neltuma laevigata</i> (Humb. & Bonpl. ex Willd.) Britton & Rose | <i>Prosopis laevigata</i> (Humb. & Bonpl. ex Willd.) M.C.Johnst. | Mesquite         | Skin, gastrointestinal, and respiratory diseases   | [18] (Zapotitlan Salinas, Mexico) |
| <i>Neptunia oleracea</i> Lour.                                     | -  | Mimosa de agua   | Diabetes mellitus, inflammation, and fever   | [55] (Selangor, Malaysia)         |
| <i>Pachyrhizus erosus</i> (L.) Urb.                                | -  | Jícama           | Skin rashes  | [56] (Morelos, Mexico)            |
| <i>Parkinsonia aculeata</i> L.                                     | -  | Escoba           | Skin and urinary tract infections  | [57] (Maharashtra, India)         |

|   |   |                        |  |   |
|---|---|------------------------|--|---|
| <i>Parkinsonia florida</i><br>(Benth. ex A.Gray)<br>S.Watson              | - | Palito azul<br>verdoso | No data recorded   | [58]<br>(Sonora,<br>Mexico)             |
| <i>Parkinsonia praecox</i><br>(Ruiz & Pav.)<br>Hawkins                    | - | Palo brea              | Gastrointestinal, antitussive,<br>wound healing, headaches,<br>earaches, and scorpion stings | [59]<br>(Oaxaca,<br>Mexico)             |
| <i>Phaseolus coccineus</i> L.   | - | Ayocote                | No data recorded   | [60]<br>(Dali, China)                   |
| <i>Phaseolus lunatus</i> L.   | - | Habas                  | Food   | [61]<br>(Machala,<br>Ecuador)           |
| <i>Phaseolus vulgaris</i> L.  | - | Frijoles               | Food   | [62]<br>(Giza, Egypt)                   |
| <i>Pithecellobium dulce</i><br>(Roxb.) Benth.                             | - | Jungli Jalebi          | Earache, leprosy, peptic ulcer,<br>and toothache   | [63]<br>(Haryana,<br>India)             |
| <i>Rhynchosia minima</i> (L.)<br>DC.                                      | - | Frijolillo             | Skin conditions and to relieve<br>boils.   | [64]<br>(Harare,<br>Zimbabwe)           |
| <i>Senegalia berlandieri</i><br>(Benth.) Britton &<br>Rose                | - | Espino                 | No data recorded   | [17]<br>(Texas, USA)                    |
| <i>Senegalia greggii</i><br>(A.Gray) Britton &<br>Rose                    | - | Tesota                 | No data recorded   | [17]<br>(Texas, USA)                    |
| <i>Senna crotarioides</i><br>(Kunth) H.S.Irwin &<br>Barneby               | - | No data<br>recorded    | Inflammation   | [65]<br>(San Luis<br>Potosi,<br>Mexico) |
| <i>Senna hirsuta</i> (L.)<br>H.S.Irwin & Barneby                          | - | Cuajillo               | Hypertension, dropsy, diabetes,<br>fevers, bile, rheumatism, tinea,<br>and eczema            | [66]<br>(Uyo, Niger)                    |
| <i>Senna obtusifolia</i> (L.)<br>H.S.Irwin & Barneby                      | - | Tasba                  | Eye infection and laxative   | [67]<br>(Yola, Niger)                   |
| <i>Senna occidentalis</i> (L.)<br>Link                                    | - | Candelilla<br>pequeña  | Malaria and trypanosomiasis  | [68]<br>(Minna,<br>Niger)               |
| <i>Senna pendula</i> (Humb.<br>& Bonpl. ex Willd.)<br>H.S.Irwin & Barneby | - | Pito canuto            | Liver diseases and psoriasis   | [69]<br>(Ceará, Brazil)                 |

|   |   |                      |   |                                   |
|---|---|----------------------|---|-----------------------------------|
| <i>Senna septemtrionalis</i><br>(Viv.) H.S.Irwin &<br>Barneby | - | Cafecillo            | Diuretic, anti-inflammatory,<br>laxative, expectorant, and<br>fungicide, fever, burns, cholera,<br>hemorrhoids, pain,<br>gastroenteritis. | [70]<br>(Guanajuato,<br>Mexico)   |
| <i>Senna wislizeni</i><br>(A.Gray) H.S.Irwin &<br>Barneby     | - | Carrozo              | Laxative properties, skin and<br>parasitic diseases   | [23]<br>(Morelos,<br>Mexico)      |
| <i>Sophora tomentosa</i> L.                                   | - | No data<br>recorded  | Cholera, diarrhea,<br>gastrointestinal antidote   | [71]<br>(Giza, Egypt)             |
| <i>Tephrosia cinerea</i> (L.)<br>Pers.                        | - | Bardana<br>medicinal | Diarrhea, diuretic, bronchitis,<br>asthma, inflammation   | [72]<br>(Chamrajanagar,<br>India) |
| <i>Vachellia farnesiana</i> (L.)<br>Wight & Arn.              | - | Huizache             | No data recorded  | [17]<br>(Texas, USA)              |
| <i>Vachellia rigidula</i><br>(Benth.) Seigler &<br>Ebinger    | - | Chaparro<br>prieto   | No data recorded  | [17]<br>(Texas, USA)              |
| <i>Vigna luteola</i> (Jacq.)<br>Benth.                        | - | Porotillo            | No data recorded  | [73]<br>(Nantou,<br>Taiwan)       |
| <i>Vigna vexillata</i> (L.)<br>A.Rich.                        | - | Bejuco pato          | No data recorded  | [74]<br>(Nantou,<br>Taiwan)       |
| <i>Zapoteca portoricensis</i><br>(Jacq.) H.M.Hern.            | - | Palo blanco          | Convulsions, constipation, skin<br>infections   | [75]<br>(Abakaliki,<br>Niger)     |
| <i>Zornia diphylla</i> (L.)<br>Pers.                          | - | Raíz de<br>víbora    | Diarrhea and venereal diseases  | [76]<br>(Kerala, India)           |

## 2.2. Extraction Methods

Table 2 presents the analysis of the most frequently used extraction techniques and solvents. For this section, the biological form of the species and the plant organ employed were considered. Five main extraction techniques were documented: maceration, hydro distillation, percolation, reflux, and Soxhlet. The most widely used method was maceration, applied in 47.7% of the studies due to its operational simplicity and compatibility with thermosensitive compounds, as it is performed at room temperature [77]. This technique, based on the prolonged immersion of plant material in solvents, is accessible for laboratories with limited resources [78,79]. However, it requires large volumes of solvent, the extraction process tends to be lengthy, and aqueous extracts may require preservatives to reduce the risk of microbial contamination [77].

**Table 2.** Register of solvents and extraction methods applied to species of the Fabaceae family in Tamaulipas.

| Botanical name                                       | Biological form | Organ used             | Extraction technique | Solvent                                      | References |
|--|-----------------|------------------------|----------------------|--|------------|
| <i>Acaciella angustissima</i> (Mill.) Britton & Rose | Shrubby         | Seeds                  | Soxhlet              | No data recorded                             | [25]       |
| <i>Aeschynomene indica</i> L.                        | Shrubby         | Leaves and stems       | Hydro-distillation   | Distilled water                              | [21]       |
| <i>Calliandra tergemina</i> (L.) Benth.              | Shrubby         | Leaves                 | Maceration           | No data recorded                             | [26]       |
| <i>Canavalia rosea</i> (Sw.) DC.                     | Herbaceous      | Seeds                  | Purification         | Distilled water                              | [27]       |
| <i>Canavalia villosa</i> Benth.                      | Climbing        | Seeds                  | Purification         | Distilled water                              | [28]       |
| <i>Chamaecrista nictitans</i> (L.) Moench            | Herbaceous      | Aerial parts           | Maceration           | Ethyl acetate                                | [29]       |
| <i>Dalea aurea</i> Nutt. ex Pursh                    | Herbaceous      | Whole plant            | Maceration           | Methanol                                     | [30]       |
| <i>Dalea bicolor</i> Humb. & Bonpl. ex Willd.        | Shrubby         | Whole plant            | Maceration           | Methanol                                     | [31]       |
| <i>Dalea foliolosa</i> (Aiton) Barneby               | Herbaceous      | Leaves                 | Hydro-distillation   | Distilled water                              | [32]       |
| <i>Dalea nana</i> Torr. ex A.Gray                    | Herbaceous      | Roots and aerial parts | No data recorded     | No data recorded                             | [33]       |
| <i>Dalea versicolor</i> Zucc.                        | Herbaceous      | Whole plant            | No data recorded     | Ethanol and methanol                         | [33]       |
| <i>Desmodium incanum</i> (Sw.) DC.                   | Herbaceous      | Leaves and flowers     | Maceration           | Methanol and distilled water                 | [34]       |
| <i>Desmodium molliculum</i> (Kunth) DC.              | Herbaceous      | Aerial parts           | Maceration           | Methanol                                     | [35]       |
| <i>Desmodium scorpiurus</i> (Sw.) Poir.              | Herbaceous      | Aerial parts           | Soxhlet              | Petroleum alcohol, chloroform, and methanol. | [36]       |

|  |            |                        |                  |                                  |      |
|--|------------|------------------------|------------------|----------------------------------|------|
| <i>Desmodium tortuosum</i> (Sw.) DC.                   | Shrubby    | Stems and leaves       | Reflux           | Distilled water                  | [37] |
| <i>Ebenopsis ebano</i> (Berland.) Barneby & J.W.Grimes | Arboreal   | Seeds                  | No data recorded | No data recorded                 | [38] |
| <i>Enterolobium cyclocarpum</i> (Jacq.) Griseb.        | Arboreal   | Leaves                 | Reflux           | Ethanol                          | [39] |
| <i>Erythrina herbacea</i> L.                           | Shrubby    | Roots                  | Maceration       | Ethyl acetate, n-hexane, acetone | [40] |
| <i>Eysenhardtia platycarpa</i> Pennell & Saff.         | Arboreal   | Branches and leaves    | Maceration       | Distilled water and methanol     | [38] |
| <i>Eysenhardtia polystachya</i> (Ortega) Sarg.         | Arboreal   | Bark                   | Reflux           | Distilled water                  | [41] |
| <i>Gleditsia aquatica</i> Marshall                     | Arboreal   | Fruit                  | Maceration       | Ethanol                          | [42] |
| <i>Gleditsia triacanthos</i> L.                        | Arboreal   | Leaf, seeds, and stems | Maceration       | Methanol                         | [22] |
| <i>Gliricidia sepium</i> (Jacq.) Kunth                 | Arboreal   | Leaf                   | Maceration       | Ethanol                          | [43] |
| <i>Grona adscendens</i> (Sw.) H.Ohashi & K.Ohashi      | Herbaceous | Root                   | Maceration       | Methanol                         | [44] |
| <i>Grona triflora</i> (L.) H.Ohashi & K.Ohashi         | Herbaceous | Whole plant            | Maceration       | Distilled water and methanol     | [45] |
| <i>Haematoxylum brasiletto</i> H.Karst.                | Arboreal   | Stems                  | Maceration       | Methanol                         | [46] |
| <i>Indigofera suffruticosa</i> Mill.                   | Arboreal   | Leaf                   | Maceration       | Acetone, ether, and chloroform   | [20] |
| <i>Inga vera</i> Willd.                                | Arboreal   | Bark                   | Maceration       | Ethanol                          | [47] |
| <i>Leucaena leucocephala</i> (Lam.) de Wit             | Arboreal   | Seeds                  | Maceration       | Hexane                           | [48] |
| <i>Lonchocarpus punctatus</i> Kunth                    | Arboreal   | Inflorescence          | Maceration       | Ethanol                          | [49] |

|  |            |                |                  |  |      |
|--|------------|----------------|------------------|--|------|
| <i>Lysiloma acapulcense</i> (Kunth) Benth.                         | Arboreal   | Stems and root | No data recorded | Distilled water                              | [50] |
| <i>Macroptilium lathyroides</i> (L.) Urb.                          | Herbaceous | Leaf           | Maceration       | Distilled water                              | [51] |
| <i>Mimosa malacophylla</i> A.Gray                                  | Shrubby    | Leaf           | No data recorded | Ethanol                                      | [52] |
| <i>Mucuna pruriens</i> (L.) DC.                                    | Climbing   | Leaf           | No data recorded | Methanol                                     | [53] |
| <i>Neltuma glandulosa</i> (Torr.) Britton & Rose                   | Arboreal   | Leaf           | Percolation      | Ethanol                                      | [54] |
| <i>Neltuma juliflora</i> (Sw.) Raf.                                | Arboreal   | Seeds          | Maceration       | Distilled water, methanol, and ethyl acetate | [19] |
| <i>Neltuma laevigata</i> (Humb. & Bonpl. ex Willd.) Britton & Rose | Arboreal   | Leaf           | No data recorded | Methanol                                     | [18] |
| <i>Neptunia oleracea</i> Lour.                                     | Herbaceous | Leaf and stem  | Soxhlet          | Methanol                                     | [55] |
| <i>Pachyrhizus erosus</i> (L.) Urb.                                | Herbaceous | Seeds          | No data recorded | Hexane, dichloromethane, and acetone         | [56] |
| <i>Parkinsonia aculeata</i> L.                                     | Shrubby    | Leaf           | Soxhlet          | Ethanol, methanol                            | [57] |
| <i>Parkinsonia florida</i> (Benth. ex A.Gray) S.Watson             | Arboreal   | Leaf           | Reflux           | Distilled water                              | [58] |
| <i>Parkinsonia praecox</i> (Ruiz & Pav.) Hawkins                   | Arboreal   | Bark           | Maceration       | Methanol                                     | [59] |
| <i>Phaseolus coccineus</i> L.                                      | Herbaceous | Seeds          | Purification     | No data recorded                             | [60] |
| <i>Phaseolus lunatus</i> L.  | Herbaceous | Seeds          | Purification     | No data recorded                             | [61] |
| <i>Phaseolus vulgaris</i> L.                                       | Herbaceous | Seeds          | Purification     | Ammonium sulfate                             | [62] |

|   |            |                             |                    |  |      |
|---|------------|-----------------------------|--------------------|--|------|
| <i>Pithecellobium dulce</i> (Roxb.) Benth.                          | Arboreal   | Leaf                        | Maceration         | Chloroform, acetone, methanol, and distilled water | [63] |
| <i>Rhynchosia minima</i> (L.) DC.                                   | Climbing   | Leaf                        | Hydro-distillation | Distilled water                                    | [64] |
| <i>Senegalia berlandieri</i> (Benth.) Britton & Rose                | Shrubby    | Leaf                        | Soxhlet            | Ethanol, chloroform, ethyl acetate                 | [17] |
| <i>Senegalia greggii</i> (A.Gray) Britton & Rose                    | Shrubby    | Leaf                        | Soxhlet            | Ethanol, chloroform, ethyl acetate                 | [17] |
| <i>Senna crotalarioides</i> (Kunth) H.S.Irwin & Barneby             | Shrubby    | No data recorded            | No data recorded   | No data recorded                                   | [65] |
| <i>Senna hirsuta</i> (L.) H.S.Irwin & Barneby                       | Shrubby    | Fruit                       | No data recorded   | No data recorded                                   | [66] |
| <i>Senna obtusifolia</i> (L.) H.S.Irwin & Barneby                   | Herbaceous | Leaf                        | Reflux             | Acetone, hexane, methanol                          | [67] |
| <i>Senna occidentalis</i> (L.) Link                                 | Herbaceous | Leaf                        | Maceration         | Methanol   | [68] |
| <i>Senna pendula</i> (Humb. & Bonpl. ex Willd.) H.S.Irwin & Barneby | Shrubby    | Leaf, flowers, and branches | Maceration         | Hexane and ethanol                                 | [69] |
| <i>Senna septemtrionalis</i> (Viv.) H.S.Irwin & Barneby             | Shrubby    | Aerial parts                | Maceration         | Ethanol  | [70] |
| <i>Senna wislizeni</i> (A.Gray) H.S.Irwin & Barneby                 | Shrubby    | Whole plant                 | Maceration         | Methanol and hexane                                | [23] |
| <i>Sophora tomentosa</i> L.   | Shrubby    | Leaf                        | Maceration         | Petroleum ether                                    | [71] |

|  |            |             |                        |   |      |
|--|------------|-------------|------------------------|---|------|
| <i>Tephrosia cinerea</i><br>(L.) Pers.                     | Herbaceous | Leaf        | No data<br>recorded    | Ethyl acetate,<br>acetone,<br>petroleum ether       | [72] |
| <i>Vachellia farnesiana</i> (L.)<br>Wight & Arn.           | Arboreal   | Leaf        | Soxhlet                | Ethanol,<br>chloroform, ethyl<br>acetate            | [17] |
| <i>Vachellia rigidula</i><br>(Benth.) Seigler &<br>Ebinger | Shrubby    | Leaf        | Soxhlet                | Ethanol,<br>chloroform, ethyl<br>acetate            | [17] |
| <i>Vigna luteola</i><br>(Jacq.) Benth.                     | Herbaceous | Whole plant | Maceration             | Methanol  | [73] |
| <i>Vigna vexillata</i><br>(L.) A.Rich.                     | Herbaceous | Whole plant | Maceration             | Methanol,<br>chloroform, and<br>distilled water     | [74] |
| <i>Zapoteca portoricensis</i><br>(Jacq.) H.M.Hern.         | Shrubby    | Leaf        | Maceration             | Water, methanol,<br>ethyl acetate,<br>diethyl ether | [75] |
| <i>Zornia diphylla</i><br>(L.) Pers.                       | Herbaceous | Whole plant | Hydro-<br>distillation | Distilled water                                     | [76] |

The Soxhlet method, used in 10.8% of the studies, was the second most common technique. It is characterized by its efficiency in the continuous extraction of thermostable compounds and its suitability for volatile solvents. One of its major advantages is the ability to obtain larger extract yields using smaller amounts of solvent. Nevertheless, the continuous extraction at high temperatures makes it unsuitable for plant materials containing thermolabile compounds, which limits its application for certain heat-sensitive metabolites [80,81].

The reflux method was employed in 7.70% of the studies, and hydro distillation in 4.60%. Percolation, applied in only 1.50% of the reviewed studies, was the least used technique. These methods are preferred for obtaining volatile compounds, although their implementation requires more specialized equipment [82,83] (Figure 1).

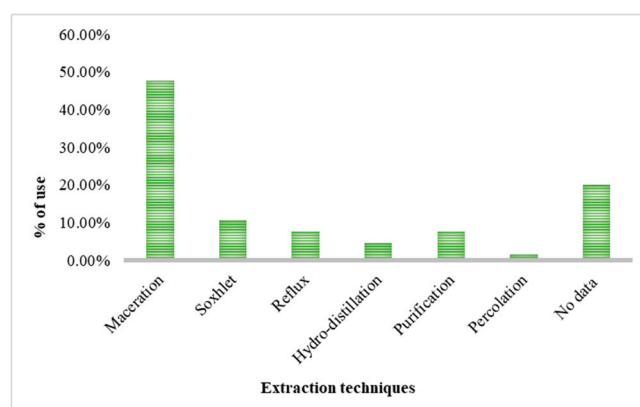
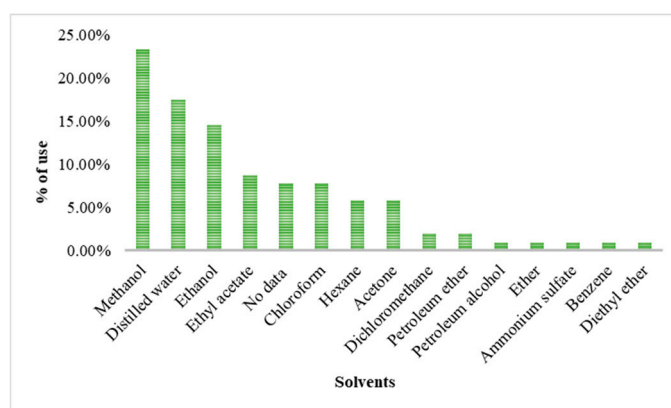


Figure 1. Extraction techniques implemented in the reviewed literature.

### 2.2.1. Solvents

The choice of solvent for the extraction of phytochemicals is essential and depends on both the chemical characteristics of the target compounds and the specific plant material used. The type of metabolite sought helps determine the most appropriate solvent, as each compound dissolves more efficiently in solvents of different polarity. Polar compounds are best extracted with solvents such as methanol or ethanol, whereas non-polar metabolites are commonly extracted with solvents such as hexane. The plant organ selected for extraction is also an important factor [81].

Polar compounds typically require solvents such as water, methanol, or ethanol, due to their polar nature. Conversely, non-polar compounds are extracted using non-polar solvents such as hexane or dichloromethane [80]. The most frequently used solvents in the reviewed studies were methanol, distilled water, ethanol, ethyl acetate, acetone, and hexane (Figure 2). Methanol, used in 21.50% of the extraction assays, was the most common solvent; its intermediate polarity facilitates the extraction of a wide range of secondary metabolites [84]. However, its toxicity limits its applicability, as exposure through ingestion, inhalation, or skin contact can pose significant risks.

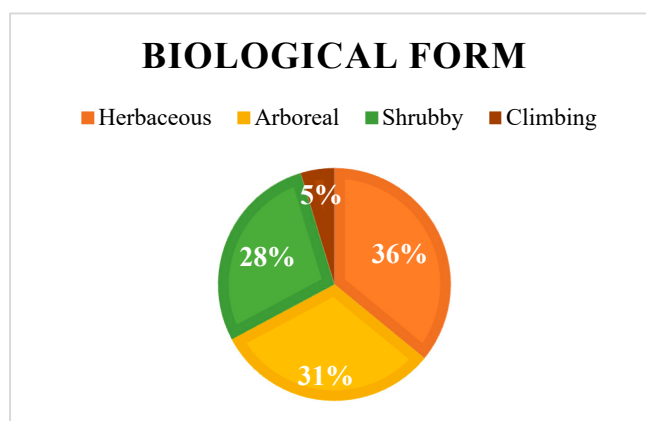


**Figure 2.** Solvents most commonly used in the extraction of organic compounds.

As safer alternatives, ethanol and distilled water have gained importance due to their favorable safety profiles and, in the case of ethanol, its lower environmental impact [80,85]. Ethanol, in particular, stands out for achieving extraction recoveries of up to 80% for metabolites such as flavanones and triterpenoids [86]. Hexane, a petroleum-derived solvent, presents economic and environmental challenges because its recovery requires substantial energy input, and it is volatile, toxic, and flammable. A less invasive alternative to hexane is ethyl acetate, which offers lower risk, reduced environmental impact, and greater sustainability [87].

### 2.2.2. Biological Categories

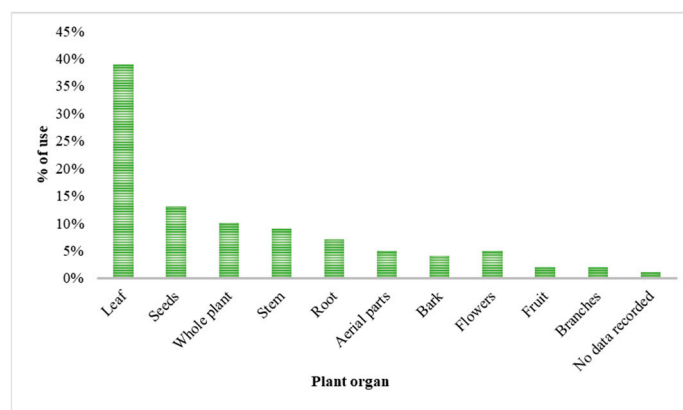
Las The biological form categories of the plant species included shrubs, trees, herbs, and climbers. Herbaceous and tree species were the most frequently studied, accounting for 36% and 31% of the records, respectively. These categories are most commonly collected and analyzed in ethnobotanical studies due to their abundance, availability, and ease of collection in the field, making them more accessible for research. Shrub species followed in lower proportion, and climbers were the least represented (Figure 3) [88,89].



**Figure 3.** Biological form of species used in tests.

The review shows that, of the 66 published studies, 39% used leaves, as they contain high concentrations of active compounds such as polyphenols and alkaloids, which exhibit antioxidant, anticancer, and anti-inflammatory properties [88,90]. A study on *Dendrobium officinale* demonstrated that its leaves contain higher levels of polyphenols and lipids, supporting their potential as a source of bioactive compounds [91].

Seeds, used in 13.8% of the studies, are valued mainly for their content of essential oils and antioxidant compounds. These metabolites have significant therapeutic applications [92]. The least used organs were stems, bark, inflorescences, fruits, and roots (Figure 4).



**Figure 4.** Organ used in extraction tests.

### 2.3. Isolated Compounds

Table 3 provides a detailed analysis of the bioactive compounds isolated from the studied plant species and their associated therapeutic properties. Phenols and flavonoids were the most common compounds, exhibiting antioxidant, antibacterial, and antifungal activities [93,94]. In addition, the extracts contained alkaloids, tannins, saponins, terpenoids, essential oils, lectins, and isoflavones, each contributing diverse therapeutic effects depending on the isolated compound.

**Table 3.** Isolated compounds, bioactive properties, and effects on microorganisms of species of the Fabaceae family.

| Botanical name                                       | Isolated compounds                                       | Bioactive properties  | Effect on microorganisms   | Study/dose used                          | References |
|--|--|---|--|--|------------|
| <i>Acaciella angustissima</i> (Mill.) Britton & Rose | Phenols and flavonoids                                   | Antioxidants, antimutagenic, antidiabetic, anticancer, and anti-inflammatory. | <i>Rhizoctonia solani</i> ,<br><i>Fusarium oxysporum</i> y<br><i>Phytophthora capsici</i>  | Dextrose potato agar culture (200 mg/mL) | [25]       |
| <i>Aeschynomene indica</i> L.                        | Essential oils   | Antibacterial, antioxidant, and cytotoxic                                     | <i>Staphylococcus aureus</i> y<br><i>Bacillus subtilis</i>   | Broth dilution (0.312–0.625 mg/mL)       | [21]       |
| <i>Calliandra tergemina</i> (L.) Benth.              | Flavonol   | Antioxidant   | <i>Staphylococcus aureus</i>   | Broth dilution (0.02–1.00 mg/mL)         | [26]       |
| <i>Canavalia rosea</i> (Sw.) DC.                     | Lectins  | No data recorded  | <i>Candida albicans</i>  | Microdilution (512 to 0.5 µg/mL)         | [27]       |
| <i>Canavalia villosa</i> Benth.                      | Lectins  | Hemagglutination activity   | No data recorded   | No data recorded                         | [28]       |
| <i>Chamaecrista nictitans</i> (L.) Moench            | Flavonoids, ellagic acid, and proanthocyanidin oligomers | Anthelmintic, antioxidant, and prebiotic                                      | <i>Haemonchus contortus</i>  | Ovicidal activity (2134 and 601 µg/mL)   | [29]       |
| <i>Dalea aurea</i> Nutt. ex Pursh                    | Isoflavones  | Anti-amebic   | <i>N. fowleri</i>  | In vitro assay (10 µg/mL)                | [30]       |
| <i>Dalea bicolor</i> Humb. & Bonpl. ex Willd.        | No data recorded   | No data recorded  | <i>Salmonella choleraesuis</i> , <i>E. coli</i> ,<br><i>Staphylococcus aureus</i><br><i>Bacillus subtilis</i><br><i>Pseudomonas aeruginosa</i> | Broth dilution (50 and 100 mg/mL)        | [31]       |

|   |   |   |   |   |      |
|---|---|---|---|---|------|
|   |   |   | <i>Salmonella Typhi</i>   |   |      |
| <i>Dalea foliolosa</i> (Aiton) Barneby  | Monoterpenes, sesquiterpenes, and aliphatic hydrocarbons  | Antioxidant, anti-glucosidase                 | <i>Pseudomonas syringae</i>   | Microdilution (35–155 µg mL <sup>-1</sup> ) | [32] |
| <i>Dalea nana</i> Torr. ex A.Gray       | Flavonoids  | Antimicrobial                                 | <i>Cryptococcus neoformans</i> ,<br><i>Staphylococcus aureus</i> ,<br><i>Candida albicans</i> . | Microdilution (6.7–37.0 µM)                 | [33] |
| <i>Dalea versicolor</i> Zucc.           | Flavonoids  | Antimicrobial                                 | <i>Staphylococcus aureus</i> y<br><i>Bacillus cereus</i><br><i>Staphylococcus aureus</i> ,      | Microdilution (10–30 µg/mL)                 | [33] |
| <i>Desmodium incanum</i> (Sw.) DC.      | No data recorded.   | Antimicrobial                                 | <i>Streptococcus y</i><br><i>Klebsiella Pneumoniae</i>  | Well diffusion (5–100 mg/dL)                | [34] |
| <i>Desmodium molliculum</i> (Kunth) DC. | Flavonoids, phenols, terpenes, essential oils, and alkaloids; hypocholesterolemic and hepatoprotective effects. | Antioxidant, antibacterial, anti-inflammatory | No data recorded  | No data recorded                            | [35] |
| <i>Desmodium scorpiurus</i> (Sw.) Poir. | Alkaloids, saponins, glycosides, steroids, and flavonoids.  | Antibacterial                                 | <i>Pseudomonas aeruginosa</i> ,<br><i>Escherichia coli</i> y<br><i>Streptococcus pyrogenes</i>  | Broth dilution (200 mg/mL)                  | [36] |
| <i>Desmodium tortuosum</i> (Sw.) DC.    | Phenols, flavonoids, carotenoids.   | Antioxidant                                   | No data recorded  | Microdilution (200 µg/mL)                   | [37] |

|   |   |  |   |  |      |
|---|---|--|---|--|------|
| <i>Ebenopsis ebano</i><br>(Berland.)<br>Barneby &<br>J.W.Grimes | Phenols.  | Antimicrobial  | <i>Escherichia coli</i> , <i>S. enterica</i><br>y <i>Candida albicans</i><br><i>Serratia</i>  | Colorimetric<br>assay<br>(125–500<br>mg/mL)                          | [38] |
| <i>Enterolobium cyclocarpum</i><br>(Jacq.) Griseb.              | Phenols   | Antimicrobial  | <i>liquefaciens</i> y<br><i>Staphylococcus warneri</i>  | Disc diffusion<br>(10 µl)  | [39] |
| <i>Erythrina herbacea</i><br>L.                                 | Alkaloids   | No data<br>recorded  | <i>Staphylococcus aureus</i>  | Microdilution<br>(6.25–50<br>µg/mL)                                  | [40] |
| <i>Eysenhardtia platycarpa</i> Pennell<br>& Saff.               | No data<br>recorded   | Anti-<br>inflammatory,<br>antifungal   | No data<br>recorded   | No data<br>recorded  | [38] |
| <i>Eysenhardtia polystachya</i><br>(Ortega) Sarg.               | Anthraquino<br>nes, cardiac<br>glycosides,<br>coumarins,<br>reducing<br>sugars,<br>saponins,<br>and tannins | Blood purifier,<br>antitussive,<br>antispasmodic,<br>antidiabetic,<br>febrifuge, anti-<br>inflammatory,<br>antirheumatic,<br>and analgesic | No data<br>recorded   | In vivo activity<br>(500 and 750<br>mg/kg)                           | [41] |
| <i>Gleditsia aquatica</i><br>Marshall                           | Saponins  | Cytotoxic  | No data<br>recorded   | No data<br>recorded  | [42] |
| <i>Gleditsia triacanthos</i> L.                                 | No data<br>recorded   | Analgesic, anti-<br>inflammatory,<br>hepatoprotectiv<br>e, and<br>antimicrobial<br>activity  | <i>Proteus spp.</i> ,<br><i>Streptococcus</i><br><i>spp.</i> , <i>E. coli</i> y<br><i>Enterobacter</i><br><i>spp.</i> y one yeast<br><i>species viz. C.</i><br><i>albicans.</i> | Well diffusion<br>(1000, 500, 250,<br>125, 62.5 and<br>31. 25 µg/mL) | [22] |
| <i>Gliricidia sepium</i><br>(Jacq.) Kunth                       | Glycosides,<br>phytosterols,<br>alkaloids,<br>oils,<br>saponins,<br>phenols, and<br>flavonoids              | Antibacterial,<br>antifungal,<br>antiviral, and<br>antioxidant   | <i>Escherichia coli</i><br>y <i>Pseudomonas</i><br><i>aeruginosa</i>  | Disc diffusion<br>(0.1g/1ml)   | [43] |
| <i>Grona adscendens</i><br>(Sw.) H.Ohashi &<br>K.Ohashi         | Tannins,<br>saponins,<br>alkaloids,   | Antimicrobial  | <i>Staphylococcus aureus</i> ,<br><i>Candida</i><br><i>albicans</i>   | No data<br>recorded<br>(0.25 - 0.50<br>mg/ml)                        | [44] |

|  |  |  |  |   |      |
|--|--|--|--|---|------|
|  | and<br>flavonoids  |  | <i>Staphylococcus aureus,</i><br><i>Micrococcus luteus, Bacillus pumilus,</i><br><i>Pseudomonas aeruginosa,</i><br><i>Pseudomonas fluorescens,</i><br><i>Escheria coli</i>                                 | Disc diffusion<br>(50 and 100<br>µg/ml)                           | [45] |
| <i>Grona triflora</i> (L.)<br>H.Ohashi &<br>K.Ohashi | Alkaloids,<br>steroids,<br>tannins,<br>saponins,<br>and<br>flavonoids                  | Antispasmodic,<br>sympathomime<br>tic, central<br>nervous system<br>stimulant, and<br>diuretic |  |   |      |
| <i>Haematoxylum<br/>brasiletto</i> H.Karst.          | Flavonoids   | Antimicrobial  | <i>Candida albicans</i>  | Disc diffusion<br>(8.7 to 128<br>µg/mL)                           | [46] |
| <i>Indigofera<br/>suffruticosa</i> Mill.             | Alkaloids,<br>flavonoids,<br>phenylpropa<br>noids,<br>triterpenoids<br>, volatile oils | Anti-<br>inflammatory<br>and<br>anticonvulsant   | <i>Staphylococcus aureus</i>   | Disc diffusion<br>(0.78 - 6.25<br>mg/mL)                          | [20] |
| <i>Inga vera</i> Willd.                              | No data<br>recorded  | Antimicrobial  | <i>Escherichia coli, Klebsiella pneumoniae,</i><br><i>Staphylococcus aureus,</i><br><i>Pseudomona aeruginosa, y</i><br><i>Candida albicans</i><br><i>Staphylococcus aureus,</i><br><i>Esherichia coli,</i> | Disc diffusion<br>(35 µg/mL)                                      | [47] |
| <i>Leucaena<br/>leucocephala</i><br>(Lam.) de Wit    | Essential oils   | Central nervous<br>system<br>depressant,<br>anthelmintic,<br>and antidiabetic                  | <i>Bacillus subtilis y</i><br><i>Pseudomonas aeruginosa,</i><br><i>Aspergillus niger,</i><br><i>Rhizopus stolon,</i><br><i>Penicillum</i>  | Microdilution<br>(100µg/ml,<br>50µg/ml,<br>25µg/ml,<br>12.5µg/ml) | [48] |

|  |  |   |  |   |      |  |
|--|--|---|--|---|------|--|
|  |  |   |  | <i>notatum</i> y<br><i>Candida</i><br><i>albicans</i> |      |  |
| <i>Lonchocarpus punctatus</i> Kunth              | Alkaloids, camptothecins, epipodophyllotoxins, and taxanes   | Anticancer  | No data recorded   | Colorimetric assay                                    | [49] |  |
| <i>Lysiloma acapulcense</i> (Kunth) Benth.       | Tannins  | Antimicrobial   | <i>E. coli</i> , <i>P. aeruginosa</i> , <i>S. aureus</i> y <i>C. albicans</i>  | Well diffusion (2.5 µg/mL to 5.0 µg/mL)               | [50] |  |
| <i>Macroptilium lathyroides</i> (L.) Urb.        | Flavonoids, polyphenols, terpenoids, saponins, and alkaloids | Antioxidant, antibacterial, cytotoxic, anticancer, and antifungal.    | <i>Staphylococcus aureus</i> and <i>Escherichia coli</i>   | Disc diffusion (1000 µg/mL, 750 µg/mL, and 500 µg/mL) | [51] |  |
| <i>Mimosa malacophylla</i> A.Gray                | No data available  | No data   | <i>Stenotrophomonas maltophilia</i>  | Well diffusion (2.9 ± 0.5 mg/mL-1)                    | [52] |  |
| <i>Mucuna pruriens</i> (L.) DC.                  | No data available  | Astringent, laxative, anthelmintic, alexipharmic, and tonic           | <i>Staphylococcus aureus</i> , <i>Escherichia coli</i> , <i>Bacillus subtilis</i> , <i>Pseudomonas aeruginosa</i> , <i>Leishmania donovani</i> , | Well diffusion (240 mg/mL)                            | [53] |  |
| <i>Neltuma glandulosa</i> (Torr.) Britton & Rose | Alkaloids  | Antibacterial, antifungal, anti-infective, and antiparasitic activity | <i>Plasmodium falciparum</i> , <i>Cryptococcus neoformans</i> , <i>Mycobacterium intracellulare</i>  | Microdilution (0.66-20 µg/mL)                         | [54] |  |
| <i>Neltuma juliflora</i> (Sw.) Raf.              | Alkaloids  | Antibacterial   | <i>Staphylococcus aureus</i> , <i>Staphylococcus epidermidis</i> , <i>Escherichia coli</i>   | Broth dilution (2.5 mg/mL)                            | [19] |  |

|   |   |   |  |  |      |
|---|---|---|--|--|------|
| <i>Neltuma laevigata</i><br>(Humb. & Bonpl.<br>ex Willd.) Britton<br>& Rose | Phenols and<br>alkaloids  | Antimicrobial<br>and antioxidant          | <i>Pseudomonas<br/>aeruginosa</i><br><i>Staphylococcus<br/>aureus</i> ,<br><i>Escherichia coli</i><br>, <i>Candida<br/>tropicalis</i> y<br><i>Fusarium<br/>moniliforme</i><br><i>Staphylococcus<br/>aureus</i> , | Broth dilution<br>(0.08-4.62<br>mg/mL) | [18] |
| <i>Neptunia oleracea</i><br>Lour.   | Alkaloids,<br>glycosides,<br>flavonoids,<br>proteins,<br>terpenoids,<br>phytosterols,<br>and tannins        | Antioxidants<br>and anti-<br>inflammatory | <i>Escherichia<br/>coli</i> ,<br><i>Pseudomonas<br/>aeruginosa</i> y<br><i>Candida<br/>albicans</i><br>C.  | Disc diffusion<br>(10-100 mg/mL)       | [55] |
| <i>Pachyrhizus erosus</i><br>(L.) Urb.                                      | Isoflavones   | Antifungal                                | <i>gloeosporioides</i> ,<br><i>F. oxysporum</i> ,<br>y <i>R. stolonifer</i><br><i>Staphylococcus<br/>aureus</i> ,  | Disc diffusion<br>(0.5–250<br>µg/mL)   | [56] |
| <i>Parkinsonia<br/>aculeata</i> L.  | Alkaloids,<br>glycosides,<br>flavonoids,<br>terpenoids,<br>and tannins                                      | Antibacterial                             | <i>Escherichia<br/>coli</i> , y<br><i>Pseudomonas<br/>aeruginosa</i>   | Disc diffusion<br>(12.5–50<br>mg/mL)   | [57] |
| <i>Parkinsonia florida</i><br>(Benth. ex<br>A.Gray)<br>S.Watson             | Alkaloids,<br>carbohydrat<br>es, saponins,<br>phenols,<br>flavonoids,<br>proteins,<br>cardiac<br>glycosides | Antibacterial                             | <i>Staphylococcus<br/>aureus</i> y<br><i>Escherichia<br/>coli</i> .  | Disc diffusion<br>(125–2000<br>µg/mL)  | [58] |
| <i>Parkinsonia<br/>praecox</i> (Ruiz &<br>Pav.) Hawkins                     | Triterpenes   | Anticancer,<br>antibacterial              | <i>Listeria<br/>monocytogenes</i>  | Microdilution<br>(2000 µg/mL)          | [59] |
| <i>Phaseolus<br/>coccineus</i> L.   | Lectins   | Antinoplastic<br>and antifungal.          | <i>Candida<br/>albicans</i> ,<br><i>Penicillium<br/>italicum</i> ,   | Disc diffusion<br>(31.3–250<br>mg/mL)  | [60] |

|   |   |  |  |  |      |
|---|---|--|--|--|------|
| <i>Phaseolus lunatus</i><br>L.                | Isolated and hydrolyzed proteins  | Antibacterial, antioxidant, anti-inflammatory  | <i>Helminthosporium maydis</i> ,<br><i>Sclerotinia sclerotiorum</i> ,<br><i>Gibberalla sanbinetti</i> y<br><i>Rhizoctonia solani</i><br><i>Staphylococcus aureus</i> ,<br><i>Escherichia coli</i> , <i>Bacillus cereus</i> , <i>Listeria monocytogenes</i> y <i>Pseudomonas aeruginosa</i><br><i>Staphylococcus aureus</i> ATCC 6538, and <i>Streptococcus mutants</i> ATCC 25175,<br><i>Pseudomonas aeruginosa</i> ATCC 10145 and <i>Klebsiella pneumoniae</i><br><i>Bacillus subtilis</i> ,<br><i>Enterococcus faecalis</i> ,<br><i>Micrococcus luteus</i> , | Well diffusion (500, 375, 250, 200, and 150 mg/mL) | [61] |
| <i>Phaseolus vulgaris</i><br>L.               | Lectins   | Antibacterial and antifungal   | <i>Staphylococcus aureus</i> and <i>Staphylococcus epidermidis</i> ),<br><i>Aeromonas hydrophila</i> ,<br><i>Alcaligenes faecalis</i> ,<br><i>Enterobacter</i>   | Microdilution (0.24–1000 µg/mL)                    | [62] |
| <i>Pithecellobium dulce</i> (Roxb.)<br>Benth. | Alkaloids, anthraquinones, flavonoids, cardiac glycosides, proteins, tannins, sugars, and terpenoids. | Anti-inflammatory, antivenom, protease inhibitor, spermicide, antimicrobial, and antituberculosis activity |  | Microdilution (200–1000 µg/mL)                     | [63] |

|  |                     |  |   |                                 |      |
|--|---------------------|--|---|---------------------------------|------|
| <i>Rhynchosia minima</i> (L.) DC.                                | Essential oils      | Antimicrobiana<br>s y<br>antioxidantes | <i>aerogenes</i> ,<br><i>Escherichia coli</i> , <i>Klebsiella pneumoniae</i> ,<br><i>Pseudomonas aeruginosa</i> y<br><i>Salmonella typhimurium</i><br><i>Acenotobacter calcoaceticus</i> ,<br><i>Bacillus subtilis</i> ,<br><i>Citrobacter freundii</i> ,<br><i>Escherichia coli</i> , <i>Proteus vulgaris</i> ,<br><i>Pseudomonas aeruginosa</i> ,<br><i>Salmonella typhii</i> ,<br><i>Staphylococcus aureus</i> y<br><i>Yersinia enterocolitica</i> . | Well diffusion<br>(100 µg/mL)   | [64] |
| <i>Senegalia berlandieri</i><br>(Benth.) Britton &<br>Rose       | No data<br>recorded | Antibacterial                          | No<br>antibacterial<br>effects<br>observed  | Disc diffusion<br>(100 mg/mL)   | [17] |
| <i>Senegalia greggii</i><br>(A.Gray) Britton<br>& Rose           | No data<br>recorded | Antibacterial                          | No<br>antibacterial<br>effects<br>observed  | Disc diffusion<br>(100 mg/mL)   | [17] |
| <i>Senna crotalarioides</i><br>(Kunth)<br>H.S.Irwin &<br>Barneby | No data<br>recorded | Anti-<br>inflammatory                  | No data<br>recorded   | No data<br>recorded             | [65] |
| <i>Senna hirsuta</i> (L.)<br>H.S.Irwin &<br>Barneby              | Essential oils      | Antimicrobial                          | <i>Escherichia coli</i> ,<br><i>Staphylococcus aureus</i> ,   | Microdilution<br>(78-625 µg/mL) | [66] |

|   |   |   |   |   |      |
|---|---|---|---|---|------|
| <i>Senna obtusifolia</i><br>(L.) H.S.Irwin &<br>Barneby                         | Saponins,<br>tannins,<br>alkaloids,<br>and<br>flavonoids.   | Antimicrobial   | <i>Bacillus subtilis</i> y<br><i>Aspergillus niger</i><br><i>Neisseria gonorrhoeae</i> ,<br><i>Salmonella sp.</i> ,<br><i>Pseudomonas aeruginosa</i> ,<br><i>Proteus vulgari</i> ,<br><i>Staphylococcus aureus</i> y<br><i>Streptococcus aeruginosa</i> | Disc diffusion<br>(200 - 1000<br>µg/mL) | [67] |
| <i>Senna occidentalis</i><br>(L.) Link  | Tannins,<br>alkaloids,<br>glycosides,<br>flavonoids,<br>steroids,<br>saponins,<br>anthraquinones, and<br>flobanoids | Antimalarial,<br>antitrypanosomal,<br>immunosuppressive, anti-inflammatory,<br>larvicidal,<br>antidiabetic,<br>anticancer,<br>antiulcer, and<br>hepatoprotective. | <i>Escherichia coli</i> , <i>Klebsiella pneumoniae</i> ,<br><i>Candida albicans</i> ,<br><i>Staphylococcus aureus</i> ,<br><i>Pseudimonas aeruginosa</i> y<br><i>Salmonella typhi</i>   | Well diffusion<br>(80 and 120<br>mg/mL) | [68] |
| <i>Senna pendula</i><br>(Humb. & Bonpl.<br>ex Willd.)<br>H.S.Irwin &<br>Barneby | Anthraquinones, steroids,<br>flavones,<br>flavonols,<br>saponins,<br>tannins,<br>triterpenoids,<br>xanthones        | Inflammatory,<br>antimicrobial,<br>antitumor,<br>antimalarial,<br>cardioprotective, and<br>antioxidant.   | No studies on<br>M.O. are<br>presented.   | No data<br>recorded                     | [69] |
| <i>Senna septemtrionalis</i><br>(Viv.) H.S.Irwin<br>& Barneby                   | No data<br>recorded   | Diuretic activity<br>and<br>neuropharmacological effects  | No studies on<br>M.O. are<br>presented.   | No data<br>recorded                     | [70] |
| <i>Senna wislizeni</i><br>(A.Gray)  | Flavonols   | Laxative,<br>antimicrobial,<br>antiviral,   | <i>Escherichia coli</i><br>y <i>Salmonella thyphimurium</i>   | Agar overlay<br>bioautography           | [23] |

|  |  |  |  |                              |      |
|--|--|--|--|------------------------------|------|
| H.S.Irwin & Barneby                                  |  | antifungal, anti-inflammatory, antitumor, antioxidant  |  |                              |      |
| <i>Sophora tomentosa</i> L.                          | Hydrocarbons, sterols, terpenes                                  | Antioxidants, antimicrobials, anti-inflammatories, and anticancer agents   | <i>B. subtilis</i> , <i>S. aureus</i> y <i>E. coli</i> | Well diffusion (50 mg/mL)    | [71] |
| <i>Tephrosia cinerea</i> (L.) Pers.                  | Phenols  | Antimicrobial  | <i>Pseudomonas aeruginosa</i> , <i>E. coli</i>         | Broth dilution (10-90 mg/mL) | [72] |
| <i>Vachellia farnesiana</i> (L.) Wight & Arn.        | Phenols, tannins, diterpenes, sterols, triterpenes, and saponins | Antibacterial  | <i>M. roseus</i>                                       | Disc diffusion (100 mg/mL)   | [17] |
| <i>Vachellia rigidula</i> (Benth.) Seigler & Ebinger | Phenols, tannins, diterpenes, sterols, triterpenes, and saponins | Antibacterial  | <i>P. alcalifaciens</i>                                | Disc diffusion (100 mg/mL)   | [17] |
| <i>Vigna luteola</i> (Jacq.) Benth.                  | Flavonoids and isoflavonoids                                     | Antioxidant, antifungal, antitumor, antiparasitic, hypoglycemic, hepatoprotective, renal protection, antibacterial, hypotensive, and hypolipidemic | No studies on M.O. are presented.                      | No data recorded             | [73] |
| <i>Vigna vexillata</i> (L.) A.Rich.                  | Sterols and isoflavones  | Hypoglycemia, antihypertensive, cholesterol-   | No studies on M.O. are presented.                      | No data recorded             | [74] |

|  |  |   |   |   |  |      |
|--|--|---|---|---|--|------|
|  |  |   | lowering,<br>antioxidant,<br>antibacterial,<br>anticancer |   |  |      |
|  |  |   |   | <i>S. aureus</i> ,<br><i>S.pyogenes</i> , <i>E.</i>   |  |      |
| <i>Zapoteca</i><br><i>portoricensis</i><br>(Jacq.) H.M.Hern. | Alkaloids,<br>saponins,<br>tannins,<br>terpenoids,<br>flavonoids | Antimicrobial,<br>antiviral,<br>antioxidant |   | <i>coli</i> , <i>K.</i><br><i>pneumoniae</i> , <i>P.</i><br><i>aeruginosa</i> , <i>C.</i><br><i>albicans</i> , <i>M.</i><br><i>audouini</i> | Disc diffusion<br>(5.0, 10.0, 20.0<br>mg/mL) | [75] |
| <i>Zornia diphylla</i><br>(L.) Pers.                         | Essential oils   | Antifungal,<br>antimicrobial                |   | <i>Salmonella</i><br><i>typh</i>  | Microdilution<br>(50 µg/mL)                  | [76] |

### 2.3.1. Properties of the Main Isolated Compounds

**Phenols and flavonoids:** These are the most common antioxidants in plants and exhibit antibacterial and antifungal activities [25,26]. The antibacterial mechanisms of flavonoids include inhibition of nucleic acid synthesis, disruption and damage of the bacterial cytoplasmic membrane, and inhibition of biofilm formation [95].

**Alkaloids:** Their mechanism of action primarily involves the disruption and destruction of the bacterial cell membrane. Alkaloids demonstrate broad-spectrum activity against both Gram-positive and Gram-negative bacteria [96].

**Tannins:** They exhibit antimicrobial, antidiabetic, and anti-inflammatory properties [36,47]. These compounds are soluble in water, alcohol, and acetone, and by interacting with proteins in the bacterial plasma membrane, they interfere with enzymatic function and inhibit microbial activity [97].

**Saponins:** They display cytotoxic activity through induction of cell death in both tumor and normal cell lines, which limits their use in consumer products [98].

**Terpenoids:** Although less frequent, they possess antimicrobial and antifungal activities. Their high lipid affinity and low molecular weight allow them to interact with and disrupt the cell membrane, leading to cell death or inhibiting key fungal processes such as germination and sporulation [99].

**Essential oils:** Their hydrophobic nature disrupts the lipid structure of cell membranes, increasing permeability and causing leakage of intracellular contents, resulting in cell death. They exhibit strong antimicrobial activity, particularly against Gram-positive bacteria [99,100].

**Lectins:** They exhibit antibacterial properties by inhibiting bacterial growth through recognition of specific carbohydrates present on bacterial surfaces, triggering immune responses without necessarily causing bacterial death [101].

### 2.4. Evaluated Microorganisms

The effects of the isolated compounds have been evaluated primarily against the following microorganisms:

- A) *Staphylococcus aureus* (Gram-positive bacterium), a clinically important pathogen. Studies indicate that it is particularly sensitive to phenols, flavonoids, alkaloids, and essential oils [14,102,103].
- B) *Escherichia coli* (Gram-negative bacterium), inhibited by tannins, terpenoids, and hydrolyzed proteins. Tannins modulate the bacterial cell membrane, while specific terpenoids produce

significant inhibition zones (5.5–6 mm). Antimicrobial flavonoids act by inhibiting DNA gyrase, thereby affecting cell replication [14].

- C) *Candida albicans* (yeast-like fungus), which exhibits sensitivity to lectins, flavonoids, and essential oils [14,103].

Other evaluated microorganisms include Gram-positive bacteria (*Bacillus subtilis*, *Listeria monocytogenes*), Gram-negative bacteria (*Pseudomonas aeruginosa*, *Pseudomonas syringae*, *Neisseria gonorrhoeae*, *Salmonella* spp., *Proteus vulgaris*), filamentous fungi (*Aspergillus niger*, *Fusarium oxysporum*, *Penicillium italicum*, *Rhizoctonia solani*), yeasts (*Cryptococcus neoformans*, *Candida tropicalis*), phytopathogenic fungi (*Colletotrichum gloeosporioides*, *Helminthosporium maydis*, *Sclerotinia sclerotiorum*), and pathogenic parasites (*Leishmania donovani*, *Plasmodium falciparum*, *Naegleria fowleri*) (Table 3).

It is important to note that tannins exhibit stronger activity against Gram-positive bacteria compared to Gram-negative ones, with their action being slower due to the double membrane characteristic of the latter [104]. Conversely, terpenoids such as carvacrol, limonene, and linalool act against both groups, showing greater effectiveness against *S. aureus*, *E. coli*, and *Salmonella* spp., while *Pseudomonas* spp. and *Streptococcus* spp. tend to be more resistant [14].

### 2.5. Antimicrobial Evaluation Techniques

A variety of methods were employed to assess the antimicrobial effects of the plant extracts, with a total of 10 different techniques identified. Approximately 70% of the methodologies were primarily focused on bacterial testing. Among the most frequently used assays, disk and well diffusion emerged as the predominant technique, applied in 47.17% of the analyzed studies, followed by microdilution variants, which accounted for 19.81% of the cases. This distribution aligns with the widespread acceptance and applicability of these techniques in microbiology due to their simplicity, low cost, and ease of implementation. Notably, 15.11% of the reviewed studies did not report the specific technique used [105].

The disk diffusion method is an *in vitro* assay that determines the susceptibility of microorganisms to antimicrobial agents by observing inhibition zones around disks impregnated with the compound of interest. Its popularity stems from several advantages: it is a relatively rapid and straightforward technique, suitable when evaluating multiple compounds against various microorganisms, and it does not require sophisticated equipment or large quantities of reagents, making it accessible for laboratories with limited resources [106].

However, disk diffusion presents inherent limitations. The results are primarily qualitative or semiquantitative, indicating microbial susceptibility or resistance but not providing an exact measurement of the minimum inhibitory concentration (MIC). Additionally, the method can be influenced by factors such as the solubility of the tested compound, the composition of the culture medium, and the growth rate of the microorganism [107].

## 3. Materials and Methods

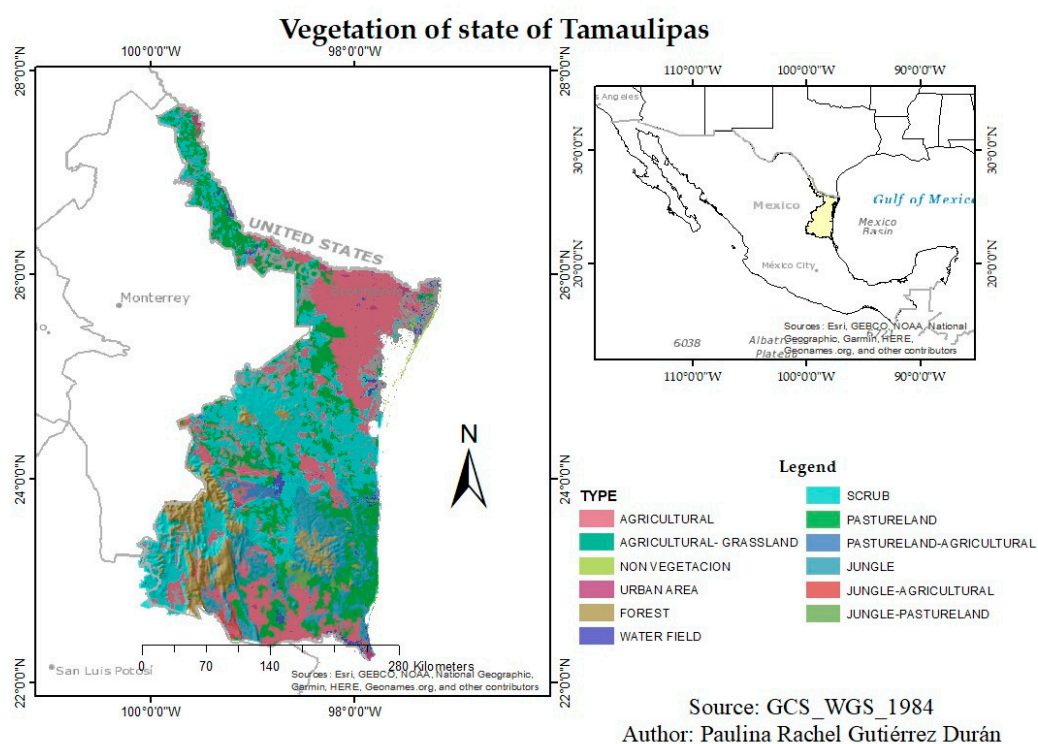
An assessment of the species richness of the Fabaceae family in the state of Tamaulipas was conducted based on documented records. Species records were obtained from Villaseñor's *Plantas vasculares de México* [108], which reports 347 species for the region; these were used as the reference dataset for the present analysis.

Using these records, a detailed systematic review was performed through Google Scholar, Web of Science, PubMed, and SciELO. This review includes information generated in 16 countries. The search criteria applied to each of the 347 Fabaceae species were: (a) phytochemical extracts, (b) antimicrobial activity of extracts, (c) bioactive compounds, (d) phytocompounds, and (e) medicinal use. All studies combining these keywords and providing relevant information were included, regardless of publication year or language. Articles lacking essential information were considered non-relevant and excluded. In total, 109 publications were incorporated into the manuscript,

approximately 44% of which were published within the last ten years (2015–2025). Most sources were journals indexed in the *Journal Citation Reports (JCR)*, although additional publications containing relevant data were also considered. The review focused on the chemical composition of the species, their traditional uses, the microorganisms affected by the extracts, the plant organs used for extraction, and the solvents employed.

Tamaulipas is recognized for its great diversity of ecosystems, resulting from its varied topography—ranging from coastal areas to elevations of 3,100 m a.s.l.—and its position at the transition between the Nearctic and Neotropical biogeographic regions (Figure 5). The state's climatic diversity includes dry and semi-dry climates, warm sub-humid conditions across most of the territory, and small areas with temperate sub-humid and warm humid climates toward the southwest. These conditions have supported substantial floristic richness, with 4,278 vascular plant species recorded, distributed across 218 families and 1,309 genera [10,108].

Validation of the scientific names of the 347 species was essential to ensure accurate identification and classification. For this purpose, *The Plant List* (plantlist.org) was used to confirm nomenclatural accuracy, and the names of the Fabaceae species were cross-checked using the *Catalogue of Life* (catalogueoflife.org) [109]. This procedure ensures nomenclatural authenticity and prevents potential synonymies that might generate confusion in scientific literature. The combined use of both tools strengthens the reliability and consistency of taxonomic information, ensuring that all names used are globally accepted and recognized.



**Figure 5.** Location of the state of Tamaulipas and types of vegetation.

#### 4. Conclusions

The Fabaceae family stands out not only for its remarkable ecological diversity and species richness but also for its significant importance in traditional medicine worldwide. The literature search conducted across multiple databases revealed that 19% of the Fabaceae species native to Tamaulipas have undergone phytochemical studies, identifying phenols, flavonoids, alkaloids, tannins, and terpenoids, among other compounds. These metabolites are associated with antimicrobial, antifungal, antidiabetic, antispasmodic, anti-inflammatory, and tumor-cytotoxic

activities. However, only 13.3% of the species have documented traditional therapeutic uses, mainly for digestive disorders, dermatological conditions, and parasitic infections.

The widespread use of Fabaceae across different cultures for purposes related to human health highlights the need to deepen research on their pharmacological and phytochemical properties. Moreover, the careful selection of extraction and analytical methods for bioactive compounds, along with rigorous evaluation of their activity against various microorganisms, is essential to scientifically validate their therapeutic potential and to promote their incorporation into modern medicine.

The integration of traditional knowledge with updated scientific research strengthens the importance of the Fabaceae family as a valuable source for the development of new treatments and natural products, reinforcing its relevance as a biological and cultural resource at a global level.

**Conflicts of Interest:** The authors declare no conflict of interest.

**Author Contributions:** P.R. G.—D. Conceptualization; P.R. G.—D., H.B. B-G. Investigation; H.B. B-G. Antimicrobial Activity, J.V. H-V Validation; F.E. O-S and J.E.-G. review and editing. P.R. G.—D. Writing—original; H.B. B-G. Formal analysis. All authors have read and agreed to the published. All authors have read and agreed to the published version of the manuscript.

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