

Review

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Review

# Cytokine Storm Fatal Acute Kidney Infection triggered by COVID-19 (SARS CoV-2) Infection: A Review

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Abstract: Acute kidney infection (AKI) occurred by tubular necrosis and glomerular dysfunction caused by many factors. SARS CoV-2 infection identified to cause fatal AKI. This paper aims to review the effect of covid-19 infection on the failure of the kidney and its mechanism. It identified that the SARS-CoV-2 received by the targeted cell by Angiotensin-converting enzyme 2 (ACE2). After the virus received by the target cells, it induces the production of pro-inflammatory cytokines such as tumor necrosis factor (TNF), interleukin (IL)-1, and interferons (IFN) by immune cells and causes cytokine storm. The pro-inflammatory cytokines are again responsible to induce the secretion of cyclooxygenase-2 (COX-2), which causes inflammation and pain as well it stimulates the iNOS enzyme to produce NO which allows the vasodilation of renal arteries. The increased production of NO by iNO enhanced the vasodilation of arteries, and allows the adhesion of neutrophils to the artery, and causes damage to glomerulus and tubules. Hence, the most likely sustainable intervention could be the application of angiotensin-converting enzyme 2 (ACE2) inhibition by the receptors of the target cells in these vital organs to reduce sever destruction during treatment at the early stage of infection.

**Keywords:** cytokine storm; COVID-19; acute kidney infection; SARS-CoV-2; pro-inflammatory cytokines

# Introduction

Coronaviruses categorized into three genera known as alpha, beta, and gamma within the subfamily Coronavirinae, within the family of Coronaviridae, and within the order or super-family of Nidovirales. Of all genera, there are six varieties of SARS virus out of which four of them cause common cold whereas two of them induce SARS, and the Middle East respiratory syndrome that is more severe lead to death (Sukardiman et al., 2019; Liu et al., 2020; Yuan et al., 2020). It causes infection to a variety of domestic and wild animals including humans (Weiss et al., 2011). COVID-19 earlier known as "2019 novel coronavirus" a disease caused by a virus known as severe acute respiratory syndrome coronavirus (Gorbalenya et al., 2020). It was announced "severe acute respiratory syndrome coronavirus 2 (SARS CoV-2)" as the name of the new virus by the International Committee on the taxonomy of virus on 11 February 2020 (Gorbalenya et al., 2020). Most people

recover out from the infection as simple flu. However, some suffered from mild infection, and a few got complications that resulted in multi-organ failure, which may be fatal. The kidney is one of the essential organs, which fails to function due to the infection of the virus.

Acute kidney infection (AKI) occurred by tubular necrosis and glomerular dysfunction caused by many factors. SARS CoV-2 infection identified to cause fatal AKI (Sharma et al., 2020). The infection causes sepsis and septic reaction to kidney cells which may be caused by over secretion of cytokines and overproduction of immune cells such as neutrophils, monocyte, and phagocytes (Gómez and Kellum, 2019; Pan et al., 2020). The AKI caused by sepsis has components of ischemia-reperfusion injury, direct inflammatory injury, coagulation and endothelial cell dysfunction, and apoptosis (Pelte et al., 2009). Ischemia-reperfusion injury is the damage of tissue that occurs when the oxygen supply is less and leads to the low flow of blood in the tissues. This case directly related to the blockage of oxygen supply in the alveoli due to the secretion of large amounts of mucus as an immune response.

The inflammatory injury caused by the secretion of pro-inflammatory cytokines that damage the kidney tissues to function properly (Pelte et al., 2009). Coagulation of blood content is also caused by different chemicals secreted as a result of immune cell response to the viral infection and endothelial cell dysfunction caused by the inflammation caused by pro-inflammatory cytokines (Pelte et al., 2009; Al-Lamki et al., 2001).

The endothelial cells of nephrons and epithelial cells of tubules likewise expected to harm by the development of NO. Alongside the kidney, the (SARS CoV-2) contamination makes harm the lungs, liver and sensory system, and gastrointestinal lot and the component of inability to organs is fairly comparative (Li et al., 2021). However,, at present, we have investigated the failure of kidney, mechanism, and possible intervention in future as the invention of vaccine might not be secured due to the unstable nature of the virus genome. The most likely sustainable method to prevent the virulence of the virus could be the hindrance of the target from receiving the virus

## General Symptoms of SARS-CoV-2

Manifestations of SARS-CoV-2 contamination incorporate fever, cough, and intense respiratory infection, with serious cases prompting pneumonia, failurity of kidney eventually leads to death (Sabino-Silva et al., 2020). To date, most SARS-CoV-2 infected patients have developed mild symptoms such as dry cough, sore throat, and fever. Most of cases have able to be settled. However, some have developed different lethal complications including organ failure, septic shock, pulmonary edema, extreme pneumonia, and Acute Respiratory Distress Syndrome (Chen et al., 2020). The vast majority of people recover from the basic influenza however some experienced mild infection and a few got complications that came about because of multi-organ failure, which might be deadly. The kidney is one of the fundamental organs, which able to fail to function properly because of the contamination of COVID-19 (Sharma et al., 2020).

## Acute Kidney Injury (AKI) by SARS-CoV-2

Millions of humans infected with severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) shortly that breakout in China throughout the world. AKI is the complication of COVID-19 (Sharma et al., 2020). Following infection by COVID-19, acute kidney injury (AKI) is one of its complications, which occurred in 0.5-7% of all the cases that are higher incident to the patient incubate in ICU with 2.9–23% (Pan et al., 2020). The hypothesis showed that AKI caused by COVID-19 induced the effect of cytopathic consequence or cytokine storm-induced systematic inflammatory response, which remains unclear (Pan et al., 2020). Evidence of kidney injury shown on 15.5% of all patients infected with COVID-19 in China among which 3.2% of them developed kidney failure during hospital treatment (Chen et al., 2020). Among all patients admitted to the hospital about 13% of them experienced kidney infection, 40% of them had a confirmed kidney dysfunction and 5.1% had kidney injury during their hospitalization (Chen et al., 2020).

Cytokines are of different types, which secreted and act as responses of immune stimulus or an intracellular stimulus after certain invasions. After certain types of infection by a pathogenic

microorganism, the host cells produced an excessive amount of cytokines and created a condition called a cytokine storm, which results in an excessive inflammatory response ((Pan et al., 2020) ; Kroemer et al., 1993). The complication related to the kidney by coronavirus 2 (SARS-CoV-2) is acute tubular necrosis and collapsing glomerulopathy.

The absence of SARS-CoV-2 in the biopsy of the kidney indicated that the virus could not directly influence the tissue but other consequences such as excessive production of cytokines may be caused by the damage of tubules (Sharma et al., 2020). When the viral load increased the macrophage increasingly, secrete cytokine into the blood, which may make the vessel crowded in the renal arteries of the kidney. According to the kidney biopsy performed by Sharma et al., (2020), there is a viral particle in the tissue of the kidney but the cytokine secreted in the receptor cells of the respiratory system around the alveolar area.

#### Glomerulopathy Caused by SARS-CoV-2

Most ACE2 found in gastrointestinal and respiratory epithelium, blood vessels, heart, and kidneys, and hence the severity of COVID-19 infection causes serious damage to this organ. The main causes of glomerular dysfunction caused by an immune disorder caused after infection. Despite the presence of ACE2, the affinity of the virus to adhere to the host cell correlated directly to the severity of disease activated the production of many amounts of antibodies (Widiasta et al., 2020). Damage of glomerular capsule by over secretion of antibodies, the damage caused by a disorder of complement, damage by circulating pro-inflammatory cells such as neutrophil, macrophage, and damage caused by activating resident cells such as mesangial cells (Widiasta et al., 2020). Besides, as the pathogen invaded the host cell, the immune structures start to react (Widiasta et al., 2020).

Plasma cells activated to secrete antibodies increasingly in response to defend the body in the blood and it resulted to cause glomerular damage that occurred due to the filtration process. The important signalling that is caused by of infection of the pathogen and complement may directly damage the tubular cells (Widiasta et al., 2020; Noris and Remuzzi, 2013; Sethi et al., 2012; Larsen et al., 2020). Greater cell count of neutrophils, granulocyte during infection in blood vessels that block and hinder the renal flow of blood, block glomerulus, and damage glomeruli tubules. The overproduction of cytokine also another effect that brought about glomerular damage during filtration (Widiasta et al., 2020; Larsen et al., 2020; Jennette et al., 1990).

# **Tubular Necrosis Caused by SARS-CoV-2**

Kidney damage is associated with the infection of SARS-CoV-2 due to the high expression of the angiotensin-converting enzyme-2, (ACE2) receptor in the proximal tubules (Li et al., 2021; Werion et al., 2020; Prasad N, Agrawal, 2020). The cells of renal tubules of human is a potential host cell that targeted by SARS-CoV-2 (Xia et al., 2020). As the SARS-CoV-2 received by the epithelial cells of proximal tubules, it releases cytokine and instigates the production, activation of immune cells such as monocytes and neutrophils as a response reaction. The inflammation, damage, and failure of the tubules occurred by the mechanism highlighted in (Figure 1). Many studies have shown that the inflammatory immune reaction along with the release of a high level of a harmful mediator such as cytokine able to interact with cells instigating endothelial dysfunction of the glomerulus, and injury of tubules (Joannidis et al., 2020). Angiotensin-converting enzyme-2 (ACE-2) identified and applied as a receptor by beta coronaviruses SARS-CoV to facilitate its entry into target cells (Widiasta et al., 2020). This receptor cell found on the surface of endothelial and epithelial cells of kidney tubules. In response to the reception of the virus, the surface of the epithelial cell damaged by inflammation and eventually fails in its function (Letko et al., 2020).

# Genetic Aspects of Glomerupathy Related to SARS-CoV-2

A study carried out on African Americans who infected with SARS-CoV-2 by Larsen et al., (2020) and the result showed that they had experienced rapid renal failure. The failure of the glomerulus is the most impairment associated with kidney infection with SARS-CoV-2 common in

the APOL1 gene spectrum. A recent study revealed that African Americans have an increased risk of developing kidney failure after SARS-CoV-2 infection due to two homozygous genes of G1 and G2 APOL1 allele (Nasr et al., 2020). An estimate of 14% African American population found to be homozygous for the G1 or G2 APOL1 risk alleles (Kopp et al., 2008). Despite the related diseases, approximately 70% of the patients with failure of glomerulus were homozygous for APOL1 risk alleles (Larsen et al., 2020). The patient with the homozygous gene of APOL1 is at increased risk of glomerulus failure and tubular necrosis by a cytokine storm. There is a finding that a person with kidney failure was correlated with APOL1 high-risk gene variants from the biopsy that were performed on four patient who encountered with kidney failure (Kudose et al., 2020).

# Sepsis Reaction of Kidney Cell to SARS-CoV-2 Infection

Sepsis is a disease condition that potentially threatens life caused by the response of infection. It demonstrated that normal or elevated renal blood flow leads et al., 2019) . When infection of pathogenic to tubular injury (Gómez microorganisms occurred, the body releases the chemicals into blood vessels that related to fighting against a pathogen. The chemicals that released in the bloodstream are antibodies and different types of cytokines. Our body then reacts to these chemicals aggressively, which subsequently evoke the changes that result in damage to multiple organ systems (Gómez et al., 2019). Vasopressin used to maintain the osmotic balance of the body, regulate blood pressure and kidney balance. The increment of chemicals in response to pathogen damages the kidney tubules. The application of vasopressin and the prevention of intra-abdominal hypertension used as a strategic measure to protect AKI (Majumdar et al., 2010). The virus causes the production of pro-inflammatory cytokines such as tumour necrosis factor (TNF), interleukin (IL)-1, and interferons (IFN). These bind to a different cell on their specific receptor (Pelte et al., 2009). In the kidney, glomerular endothelium cells form TNF receptor 1 and renal tubular epithelial cells from TNF receptor (Gorbalenya et al., 2020; Al-Lamki et al., 2001).

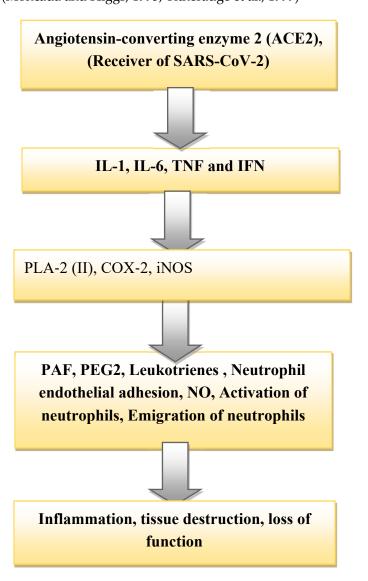
# The Basic Mechanism of Kidney Failure by SARS-CoV-2

Even though the mechanism through which SARS-CoV-2 causes multi-organ failure not known, we have highlighted important ways it can elicit inflammation and damage from the literature (Xia et al., 2020). The septic shock caused by viral infection causes complications of events to the cells (Li et al., 2020; Annane et al., 2005). SARS-CoV-2 received by the targeted cell by Angiotensin-converting enzyme-2 (ACE2) (Li et al., 2020; Werion et al., 2020; Prasad N, Agrawal, 2020). Then the infection of pathogen stimulated intracellular to an immune cell, endothelium issue of the glomerulus and epithelium tissue of tubules as indicated below to cause kidney failure. The virus causes the production of pro-inflammatory cytokines such as tumour necrosis factor (TNF), interleukin (IL)-1, and interferons (IFN). These bind to a different cell on their specific receptor (Pan et al., 2020; Pelte CH, Chawla, 2009; Li et al., 2020). The expression IL-6 caused by viral infection played a key role in instigating a primary response toward viral infection through enhancing neutrophils for clearance of the virus. The reduction of IL-6R in the blood during the events of infection leads to the persistence of influenza (Pelte CH, Chawla, 200; Dienz et al., 2012).

PLA-2 reported to cause and be involved in the process of inflammation of the tissue. In the process to cause inflammation in both humans and other animals, it releases lysophospholipids (LPLs) and free fatty acids to facilitate adhesion (Liu et al., 2020). The pro-inflammatory cytokines are also responsible to induce the secretion of cyclooxygenase-2 (COX-2), which causes inflammation and pain (Liu et al., 2020). The iNOS stimulated to produce NO which allows the vasodilation of

renal arteries. Nitric oxide (NO) is a small bioactive lipophilic molecule that diffuses across the cell membrane and controls many physiological functions of the body (Moncada and Higgs, 1995).

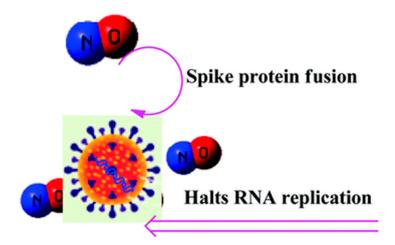
The effect of the three (PLA-2 (II), COX-2, iNOS) causes the adhesion of chemicals to endothelium tissue of glomerulus that in turn causes the secretion of chemokines in response to chemical bindings to it (Titheradge et al., 1999) (Figure 1). Then platelet-activating factor (PAF) secretes the production of platelets that may damage the kidney tubules by crowding the contents. After a series of reactions, the transcription of the inducible NO synthase (iNOS) gene occurred, and the translation of iNOS mRNA, which resulted subsequently in the formation of iNOS proteins which elevated the formation of NO. Production of NO results in the inflammation of tubular cells and glomeruli tissue that damages and hinder its function. The inflammation more alleviated along with the production of cytokines/chemokines by causing sepsis to the organ system. The production of inflammatory chemicals, such as Prostaglandin-2 (PEG) and Leukotrienes elicited by the cells leads to tubular damage (Moncada and Higgs, 1995; Titheradge et al., 1999)



**Figure 1.** The routes of kidney failure by SARS-CoV-2 infection. It indicated that the receiver of SARS-CoV-2 is Angiotensin-converting enzyme 2 (ACE2) responsible to receive the virus by the target cells. It then activates immune cells such as neutrophils and monocyte to secrete pro-inflammatory cytokines (IL-1, IL-6, TNF, and IFN). This pro-inflammatory cytokinesis instigates the production of three (PLA-2 (II), COX-2, iNOS) causes the adhesion of chemicals to endothelium tissue of glomerulus that in turn causes the secretion of chemokines in response to chemical bindings to it. The Synergetic effects of all these cytokines again cause severe inflammation to tissue destruction (endothelial tissue of glomerulus, and epithelial tissue of tubules) that ultimately leads to loss of function to the kidney.

# The Effect of NO to Kidney Failure

Nitric oxide (NO) plays a vital role in the regulation of blood pressure and acts as a key mediator of renal physiology and also. Deficiency of NO is a prerequisite condition for renal programming, and early life NO targeting interferences help in the prevention of hypertension and kidney diseases (Hsu and Tain, 2019). NO is formed from a reaction between L-arginine and oxygen catalysed by nitric oxide synthase enzyme and is an effective vasodilator, and is called a vasorelaxant factor (Aleksandar et al., 2020). NO performs various important functions in the kidney such as the modulation of renal hemodynamics, natriuresis, control of blood flow in the medulla of the kidney, weakening of tubuloglomerular feedback, controlling renal sympathetic neural activity and obstruction of sodium (Na) reabsorption (Hsu and Tain 2019; Bachmann and Mundel, 1994). A decline in NO synthesis plays a significant role in the development of systemic hypertension, as NO obstructs the excretion of Na and H2O from the kidney and NO hampers the response of the kidney to volume augmentation (Bachmann and Mundel, 1994). Moreover, the enhanced NO generation may serve a significant function in diabetic hyperfiltration, and perhaps also in the amplified blood flow in several other vital organs as well (Bachmann and Mundel, 1994). SARS-CoV-2 infection depends upon the interaction between the SARS-CoV-2 Spike (S) protein's receptor-binding domain present on the surface of viral particles and the ACE2. NO cause conformational alterations on surface glycoproteins that can obstruct host cell fusion, thereby prevent viral infection and discharge of viral particles from infected host cells such as neuraminidase inhibitors (Coutu, 2021). NO can inhibit its replication by dual mechanisms as shown in (Figure 1).



**Figure 2.** First, NO or its derivatives effect a decrease in the palmitoylation of nascent spike (S) protein which impairs the fusion between the S protein and its cognate receptor, **i.e.** ACE2 enzyme. Second, NO or its derivatives reduces the viral RNA production in the early phases of viral replication, by effecting one or both of the cysteine proteases being encoded in Orf1a of SARS-CoV (Adopted from Mir and Maurya., 2021).

Under normal physiological conditions, identified that nitric oxide produced from eNOS and neuronal nitric oxide synthase (nNOS) in the kidney. The localized eNOS to vascular endothelial cells control the vascular tone of renal vessels. It plays a role in the direct control of oxygen supply to the tissue of the kidney and in turn, affects the rate of glomerular filtrates (Deng et al., 2005; Min et al., 2016) . The higher concentration of NO facilitates supply of many amounts of oxygen and prevents the risk of COVID-19 infection (Min et al., 2016). There was a reported that the expression of nNOS in proximal tubular cells to regulate the rate of mitochondrial respiration is well iNOS expressed in macula densa where it affected the feedback mechanism of tubuloglomerular functioning (Deng et al., 2005). The dysfunctional production of nitric oxide leads to an abnormal supply of oxygen in several pathological settings (Palm et al., 2009).

One of the pathological condition in which abnormal production of NO occurred is the infection of COVID-19. After a series of events caused by the infection of COVID-19, the history ends with the

abnormal production of NO that put a huge impact on the failure of the kidney as described above (Wang et al., 2020). Increased production of NO by iNOS enhanced the vasodilation of arteries and allowed the adhesion of neutrophils to the arteries. The synergetic effect of all triggered inflammations and destruction of kidney tissues that eventually hinder its proper functioning (Figure 1). Septic shock finally characterized by weakness, peripheral low pulse, low blood pressure, and coldness. Peripheral low pulse, low pressure, and weakness may be caused by the excess production of NO and its effect on vasodilation and make blood volume flowing slowly (Wang et al., 2020).

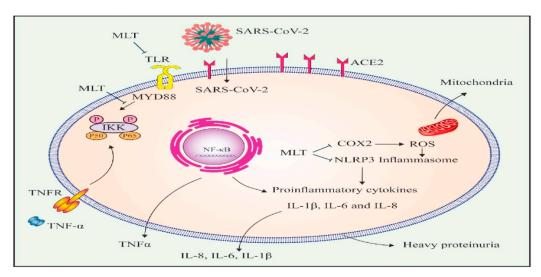
An amino acid L-arginine (simply arginine) for the synthesis of nitric oxide (NO) in the body and have a great contribution to the regulation of central and peripheral nervous system, cardiovascular and hemostatic conditions in the body (Moncada and Higgs, 1995). Nitric oxide is produced nitric oxide synthase enzyme (NOS) intracellularly from endothelial, neuronal, and inducible; transforms L-arginine to citrulline and nitric oxide (Adusumilli et al., 2020). Oxygen delivery to kidney tissue and glomerular filtration rate controlled by endothelial nitric oxide synthase (eNOS) (Palm et al., 2009). Neuronal nitric oxide synthase (nNOS) provides functional evidence for nNOS expressed in proximal tubular cells, where it adjusts mitochondrial respiration (Palm et al., 2009). High oxygen metabolism by mitochondria in a diabetic person kidney lessen oxygen tension and leads to the development of diabetic kidney disease (Adusumilli et al., 2020).

Nitric oxide has a different effect on the physiological function of the body including kidney function regulation and involvement in the most process resulting in malfunction of the kidney during disease (Adusumilli et al., 2020). Endothelium and epithelium malfunction or death and causes inflammatory immune responses leading to hypercytokinemia (Adusumilli et al., 2020). In inflammatory response, platelets activated by less NO and lead to coagulation highly (Adusumilli et al., 2020). Endothelial NO as a modulator of coagulation secrete inflammatory promoting cytokine heme and iron activate platelets; this leads to low blood flow then oxygen delivery to the kidney becomes hypoxic (Adusumilli et al., 2020). The production of less amount of NO causes failure of the kidney by depriving a sufficient supply of oxygen to its tissue. This happened through unselective or selective nNOS inhibition results in increasing kidney oxygen utilization and decreased electrolyte transport efficiency per consumed oxygen molecule (Adusumilli et al., 2020). NO has a prolonged half-life and concentration during periods of low oxygen pressure as a direct consequence of decreased degradation by the cytochrome C oxidase, which may help to prevent excessive oxygen utilization during limited oxygen delivery Palm et al., 2009).

# Cytokine Storm, Capillary Leakage and Kidney Failure

The macrophage can produce a large number of molecular species and pro-inflammatory cytokines such as interleukin (IL) II, VI, VIII, interferon (IFN) - $\alpha/\beta$ , tumour necrosis factor (TNF) - $\alpha$  that nullify invading organism (Cheung et al., 2005). Excessive production of these cytokines as an immune response is called a "cytokine storm" (Cheung et al., 2005) (Figure 2). Previously it was studied that the infection of influenza caused the secretion of cytokines by macrophages, epithelial cells of the lungs, and dendritic cells through activation of pattern recognition receptors such as (tall like receptors LR3, TLR7, and TLR8), a retinoic acid-inducible gene-I and the NOD-like receptor family members (Iwasaki and Pillai, 2004).

As the epithelium tissue damaged, it causes the leakage of the capillary that represents the improper adaptation and uninvited flow of electrolytic fluid with or without protein into the interstitial space that leads to the failure and dysfunction of the organs (Duchesne et al., 2015; Honore et al., 2019). The globally increased permeability syndrome (GIPS) defined as a positive cumulative fluid balance and new-onset organ dysfunction/failure described in patients with persistent systemic inflammation resulting in continuing trans capillary albumin leakage (Pan et al., 2020). After the initial storm of cytokine and ischemia-reperfusion injury, this may be characterized as the third phase of a continuum of injury (Honore et al., 2019; Malbrain et al., 2018) (Figure 2). Melatonin (MTL) is the hormone that used to regulate state of human activity and it can also directly influenced the regulation and experession of ACE2 and hinder and activate its effect to cause the viral infection (Askari et al., 2021).



**Figure 3.** Cytokine storm caused as a result of SARS-Cov-2 received by ACE2 and instigated the cell to produce different types of cytokine (Adopted from Askari et al. 2021) [50]. Melatonin (MTL) influenced the regulation and experesed ACE2 and allow to receive the virus. It indicated that the receiver of SARS-CoV-2 is making the virus be received by the target cells. After it has been received, it entered into the target cell and targeted cells reacted then started to secrete proinflammatory cytokines. It then activates immune cells such as neutrophils and monocyte to secrete cytokines (IL 1, IL 6, IL8, IL-1 $\beta$ , TNF $\alpha$ , and TNFR) that caused the presence of many amounts of protein in the urine (heavy proteinuria).

#### The Effect of Cytokines

Cytokines are signal molecules to convey messages from one cell to the next (Ren et al., 2020). Cytokines are soluble proteins that interface with specific cell receptors, which engaged with the regulation, development, and activation of immune cells. Additionally, intervene in normal and pathologic inflammatory and immune reactions (Ren et al., 2020). They are peptides utilized by cells for intercellular interaction and for controlling the internal environment of the cells in which they operate. Inflammation is essential for the complex natural reaction of body tissues to harmful stimuli, such as microbes, damaged cells, or a protective response involving immune cells, blood vessels, and molecular mediators (Pan et al., 2020). The importance of inflammation is to take out the underlying reason for cell injury, eliminate necrotic cells, and damaged tissue (NHCPRC, 2021; Voysey et al., 2021). The rush of these viruses listed in (Table-1) caused the glomerulopathy and damage of tubules that subsequently hinder the normal functioning of the filtration process.

The covid-19 stimulates the production of a huge number of neutrophils and monocytes that are associated with higher production of cytokines in the blood of Middle East Respiratory Syndrome (MERS-CoV) patients that had been checked in COVID-19 too (Wang et al., 2020). The pro-inflammatory cytokines such as IL-1, TNF  $\dot{\alpha}$ , IL-6 directly linked with the failure of the organs (Table-1). They are secreted by neutrophils and monocytic macrophages as a response against the virus from the surface of endothelial and epithelial tissues and responsible to create inflammation in these structures (NHCPRC, 2021; Voysey et al., 2021). The pro-inflammatory cytokines such as IL-1, TNF  $\dot{\alpha}$ , IL-6 directly linked with the failure of the organs (Table 1). They are secreted by neutrophils and monocyte macrophages as a reaction against the virus from endothelial and epithelial tissues surfaces and responsible to create inflammation in these structures (NHCPRC, 2021; Liu et al., 2020).

Cytokin	Source	Target and its effect (function)	References		
es					
TNF ά	Macrophage	Play Pro-inflammatory role by inducing nitric	Voysey et al., 2021		
		oxide synthase			
IL-6	Monocytic	B-cell activating, Play Proinflammatory role by	Voysey et al., 2021;		
	Macrophage &	inducing nitric oxide synthase	Channappanavar et al., 2019		
	endothelial		)		
	cell				
IL-1β	Macrophage &	Induce nitric oxide synthase	Voysey et al., 2021;		
	dendritic cell		Channappanavar et al., 2019		
IFN-I	Macrophage &	Ant-viral in early stage of viral infection	Ren et al., 2020		
	dendritic cell				
IFN- γ	TH1 cell, CD8,	Actvate macrophage, T-cell to secrete other	Ren et al., 2020		
	NK cells	cytokine and induce inflammatory cells			
		infilitration			
IFN ά	Macrophage	Antiviral cytokine at early stage	Ren et al., 2020; Liu et al.,		
			2020)		
IFN β	Fibroblast	Antiviral cytokine at early stage	Ren et al., 2020; Liu et al.,		
			2020)		
IL-1	Monocyte,	Pro-inflammatory role	Ren et al., 2020; Liu et al.		
	Macrophage,		2020; NHCPRC, 2021		
	endothelial				
	cell &				
	epithelial cell				

Over time through mutations viruses constantly form new variants and these variants persists causing pandemics while some disappear. Various modified viral strains of covid-19 were identified in the pandemic all over the world in recent times. COVID-19 pertain to the large family of coronavirus because of the crown-like spikes on their surfaces. The new variants of the virus are forms with the alteration in the spikes attached on the outer surface (Ren et al., 2020). According to the recent report, the study reveals that UK inhabits variant B.1.1.7 was identified in late 2020 with mutations which grows rapidly and handily. In US, byepilogue of 2020, there was increased risk of deaths as compared to other variants of the virus (Horby et al., 2021). In October 2020, another variant in South Africa that is B.1.351 which shares some mutations with B.1.1.7 causes numerous casualties in South Africa. Then, in the US January 2021 (Resende et al., 2021) and later on, in January 2021, Japan, a variant P.1 was identified from the travelers from Brazil comprises of set of increased modifications. The mutations in the variants help them to evade T cells – a component of the immune system that is particularly important for decreasing the hazards by contagious disorder. (NHCPRC, 2021).

The delta strain of SARS-CoV-2 also referred as B.1.617 emerged on high extent in some regions across India and UK, which later on expanded to many other countries out-breaking covid-19 pandemic. It has more immune invasion potential compared to other strains of the virus recognized so far. This is due to the spike mutations in the N-terminal domain (NTD) and the receptor binding domains (RBD) of the mutant viral strain (Planas et al., 2021).

Table 2. List of Mutants/Variants of Covid 19.

Name of Variant	Pango	First Out	Notable	Properties	References
	Linage	Break	Mutations		
		(Country)			
Alpha	B.1.1.7	United	N501Y,	Variant of Concern	Horby et al.,
		Kingdom	D614G, E484K	This Variant is more contagious.	2021
				Ability to re-infect people who have	
				recovered from earlier versions of the	
				Coronavirus.	
				Potential increased severity based on	
				hospitalizations and case fatality Rates	
Beta	B.1.351	South	K417N,	Variant of Concern	TWR et al.,
		Africa	E484K,	Reduces the effectiveness of some	2021
			N501Y,	Vaccines.	
			D614G,	50% Increased Transmission	
Gamma	P.1	Brazil	K417T, E484K,	Variant of Concern	Wang et al.,
	/B.1.1.248		N501Y, D614G	Overcome the immunity developed	2021
				after infection by other variants.	
				Reduced neutralization by convalescent	
				and post-vaccination sera	
Epsilon	B.1.429,	United	L452R, D614G	Variant of Concern	Deng et al.,
	B.1.427	States		20% Increased Transmission	2021
Delta	B.1.617.2	India	L452R, T478K,	Variant of Concern	Allen et al.,
			D614G,	Double Mutant Strain help the Virus	2021
			P681R,	evade some of the antibodies.	
				Increased Transmissibility	

Kappa	B.1.617.1	India	L452R,	Variant of Interest	Greaney et
			E484Q,	Potential Reduction in neutralization by	al., 2021
			D614G,	Post-Vaccination Sera	
			P681R,		
Eta	B.1.525	Nigeria	E484K,	Variant Of Interest	Xie et al.,
			D614G, F888L	Potential Reduction In Neutralization	2021
				By Convalescent And Post Vaccination	
				Sera	
Iota	B.1.526	United	E484K,	Variant of InterestReduced	Annavajhala
		States	D614G,	Neutralization by convalescent and	et al., 2021
				Post-Vaccination Sera	
Bengal Strain	'B.1.618'	India	E484K	Variant of Interest	Sahoo et al.,
				Triple Mutant Variant	2021
Zeta		Brazil	E484K,	Variant of Interest	Garcia-
			D614G,	Reduced neutralization by post-	Beltran et
				vaccination sera	al., 2021
Delta Plus or	B.1.617.1	Europe	K417N	Variant of Concern in India	Wang, et al.,
Ay.1				More Transmissible	2021

#### SARS-CoV-2 Vaccine and its future challenge

People are being afflicted with coronavirus variant B.1.1.7 across the whole globe. They are more prone to death as juxtaposed with the ones who are infected with some other circulating variants. A SARS-CoV-2 variant B.1.351 also regarded as 501Y. V2 has been united to decreased efficacy for treatment by Novavax and Johnson & Johnson. At the University of Witwatersrand in Johannesburg in South Africa, a trial carried on over 2,000 people aged 18-64 with the vaccine project that advanced by the University of Oxford, UK and AstraZeneca vaccine that accredits only 21.9% shield against the COVID-19 and 10.4% resistance to the B.1.351(Voysey et al., 2021).

There is the assumption that the genetic unsustainability of the virus could make the vaccine inefficient in future. Generally, viruses have got the highest rate of mutations and might make the vaccine less efficient and unsustainable. It was informed that mutations of the virus may impact the transmission of the virus, its virulence, the efficiency of vaccine, and therapeutic development of the disease (Ye et al., 2020). Hence, a vaccine could not be the final solution to control the virulence of the virus rather, scientists should focus on a method to hinder the target cell from receiving the virus. The medium by which SARS-CoV-2 received into the cytoplasm of the target cell is angiotensin-converting enzyme 2 (ACE2) receptors. This receiver is abundantly found in the endothelium and epithelial structure of essential organs such as the lung, kidney, liver, gastrointestinal tract (Cheng et al., 2020). Hence, the most likely sustainable intervention could be the application of angiotensin-converting enzyme 2 (ACE2) inhibition by the receptors of the target cells in these vital organs. Several pieces of evidence suggested that the application of Nephro Checking may help physicians to identify patients with tubular stress before kidney dysfunction is manifested (Ronco et al., 2020).

A positive test recommending the development of a higher risk of AKI may require an early consultation of nephrology, close observation of creatinine and discharged urine, the enhancement of volume and hemodynamic status. The evasion of iodinated contrast procedures whenever the situation allows, and the utilization of nephrotoxic medication (e.g., aminoglycosides, ACE inhibitors, NSAIDs, nonsteroidal anti-inflammatory drugs, and angiotensin receptor blockers) or the close checking of medication levels (vancomycin) (Grubaugh et al., 2020). There was one cytokine named IFN-I that acted antagonistically against the virus at an early stage before it can cause infection

and applied to prevent the multiplication of the virus (Chowdhury et al., 2020). Not only IFN-I but also other antiviral innate immune signallings such as TLR7, Toll-like receptor (TLR)3 or interferon signalling (IFNAR2) or interferon regulatory factor 7 (IRF7) are very important to hinder the multiplication of the virus at the early stage of infection. The primary immunodeficiency syndromes may lack these cytokines and innate immune signalling and thereby the infection becomes more serious in them.

At the later stage of infection, the inflammatory response elicited the secretion of immunoglobulins from B-cell which are responsible for the formation of cytokines and then for the production of NO by cascade pathway of reaction. A patient who falls into sepsis shock has been suggested to be treated by removing excess cytokines secreted by an immune cell in response to pathogenic infection (Honore et al., 2019). This can be achieved by the application of more recent technologies of sorbent that could attract much attention to a physician. The technology is highly efficient in removing inflammatory mediators particularly cytokines from the bloodstream (Honore et al., 2019). The same procedure followed to remove the cytokines that produced excessively after COVID-19 infection.

Though, evolving variants/strains of original Sars-Cov-2 and its world wide growth have created worries regarding possibly decreased defense against variants of Concern (VOCS) by recent Covid-19 Vaccines. B.1.1.7 Variant/strain has a N501y type of Mutation, has been linked with enhanced transmission rate .B.1.351 Variant (20h/501y.V2) comprises of a number of mutations, including K417n, E484k, and N501y. P.1 Variant/strain (B.1.1.28.1) acquires K417t, E484k, and N501y replacement in the RBD of the Spike Protein. These VOCS additionally has the D614G type of mutation, which presents an enhanced capability meant for fastviral spread.

Wang et al., (2021), examined the counteracting action of Plasma from Vaccinees (Bnt162b2, N=6; Mrna-1273, N=14) aligned with pseudo kind Viruses holding K417N, E484K, N501Y, and ablend of these three RBD mutations (B.1.351 Variant). The research showed 1- to 3-fold reduced neutralizing actiona gainst E484K, N501Y, and K417N:E484K:N501Y combination (P=0.0033, P=0.0002, And P<0.0001, respectively), Although there was no considerable change in neutralizing activity compared towild-type and K417N type of mutation. This result recommends that Covid-19 MRNA Vaccine-elicited neutralizing antibodies are less efficient against developing Sars-Cov-2 VOCS with RBD mutations (Table-3).

**Table 3.** list of vaccines and their effectiveness. (Source:https://www.biospace.com/article/comparing-covid-19-vaccines-pfizer-biontech-moderna-astrazeneca-oxford-j-and-j-russia-s-sputnik-v/; https://www.yalemedicine.org/news/covid-19-vaccine-comparison)

Name of Vaccine	Type	Doses	Storage	Effectiveness against mutated	Overall
/Developer				Strains	effectiveness
(Azd1222).	Viral Vector	Two doses	2–8 °C	74.6% against B.1.1.7	Overall
Oxford/AstraZeneca.	Vaccine	with an		10% against B.1.351. Protection	efficacy of
/Covishield		interval of 8 To		Against The Double Mutant	70.4% to 76%
(U.K and India.)		12 Weeks.		Variant (B.1.617) First Found In	after the First
				India.	Dose and
					81% To 90%
					after A
					Second Dose
Novavax.	Spike Protein	Two doses	2-8°c	85.6 % against B.1.1.7 and 60 %	90.4 To 95.6
USA		with interval		against B.1.351.	%
		of 21 Days			

Sinopharm.	Inactivated	Two Doses	2-8°c	Less effective against B.1.351.	79.34%
(China)		with interval			
		of 3–4 Weeks			
Johnson and Johnson	Viral Vector	One dose	2-8°c	66 % Against P.1,	66% To 72%
(Netherland)	(Netherland) Vaccine			57% against B.1.351	
Moderna	m RNA	Two doses	30 Days At	B.1.1.7 Spike Protein were	94%
(USA)	Vaccine	with interval	2 -8°c, 6	neutralized but neutralization of	
		of 28 days	Months At	test Viruses with the spike	
			-20°C	Protein of B.1.351 Was 6.4-Fold	
				Lower.	
Pfizer-(USA)	m RNA	Two doses	30 Days At	Less Effective Against B.1.351.	95%
BioNTech	BioNTech Vaccine		2-8°c 6	Neutralization of test Viruses	
(Germany)		21 Days	Months At	with the Spike Protein of B.1.1.7	
			-70°c	was only slightly lower than it	
				was for earlier versions of the	
				Coronavirus.	
Covaxin	Inactivated	Two doses	$2-8^{0}c$	Effective against UK Variant	81%
India		with		(Alpha)	
	interval				
		Weeks			
Sputnik V	Viral Vector	Two doses	2-8°c	Neutral effect against Variants	91.6 %
Russia	Vaccine	with interval			
		of 21 Days			

# **Future directions**

COVID-19 causes infection after it has been received by angiotensin-converting enzyme 2 (ACE2) unless it cannot. Following the invasion of COVID-19, by the receiver of the target cell, other immune cells start to react. The reaction of immune cells mediated by cytokine/chemokines. Over secretion of cytokines and production of NO by immune cells, causes inflammation that leads to malfunctioning of the kidneys. These pro-inflammatory cytokines are also responsible to induce the secretion of cyclooxygenase-2 (COX-2), which causes inflammation. The kidney failure that caused by of COVID-19 infection is due to damage of endothelial tissues of the glomerulus and epithelial tissues of tubules through inflammation. The breaking of the routes of pathogenicity of the virus is very important by inhibiting angiotensin-converting enzyme-2 (ACE2) which is responsible to receive the virus to cause infection. Along with trying different vaccines to control the spread of COVID-19, it is advisable to produce a therapeutic agent/chemical that may inhibit the activities of angiotensin-converting enzyme 2 (ACE2) to prevent the receiving of the virus by the target cells along with the effort of developing the vaccine.

# Conclusion

COVID-19 causes infection after it has been received by angiotensin-converting enzyme 2 (ACE2) unless it cannot. Following the invasion of COVID-19, by the receiver of the target cell, other immune cells start to react. The reaction of immune cells mediated by cytokine/chemokines. Over secretion of cytokines and production of NO by immune cells, causes inflammation that leads to malfunctioning of the kidneys. These pro-inflammatory cytokines are also responsible to induce the secretion of cyclooxygenase-2 (COX-2), which causes inflammation. The kidney failure caused by

COVID-19 infection is due to damage of endothelial tissues of the glomerulus and epithelial tissues of tubules through inflammation. The breaking of the routes of pathogenicity of the virus is very important by inhibiting angiotensin-converting enzyme-2 (ACE2) which is responsible to receive the virus to cause infection. Along with trying different vaccines to control the spread of COVID-19, it is advisable to produce a therapeutic agent/chemical that may inhibit the activities of angiotensin-converting enzyme 2 (ACE2) to prevent the receiving of the virus by the target cells along with the effort of developing the vaccine.

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