

Review

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Review

Sulfate Radical-Based Oxidation Processes for Emerging Contaminants: Advances and Perspectives on Degradation of Hormones

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Abstract: The increasing presence of emerging contaminants in aquatic environments, particularly endocrine disruptors (EDs), has raised significant environmental and public health concerns due to their toxicity, persistence, and ability to interfere with the endocrine systems of both aquatic organisms and humans. Among these compounds, the steroid hormones 17 β -estradiol (E2) and 17 α -ethinylestradiol (EE2) stand out, as they are frequently detected in wastewater even after conventional treatment processes, which often exhibit limited removal efficiency. In this context, Advanced Oxidation Processes (AOPs), especially those based on the generation of sulfate radicals (SO₄•⁻), have emerged as promising alternatives due to their high redox potential, extended half-life, and broad effectiveness across various pH levels. This work reviews recent advances in AOPs for the degradation of E2 and EE2, focusing on sulfate radical-based processes. The main degradation mechanisms, operational parameters, removal efficiency, challenges for large-scale application, and gaps in the current literature were discussed. The analysis indicates that, despite their high effectiveness, sulfate radical-based processes still require further investigation in real wastewater matrices, assessment of the toxicity of byproducts, and optimization of operational variables to be established as viable and sustainable technologies for wastewater treatment.

Keywords: 17 α -ethinylestradiol; 17 β -estradiol; advanced oxidative processes

1. Introduction

With population growth, the demand for new substances to facilitate industrial, domestic and personal practices has increased significantly in recent years. As a result, new substances have been introduced into the environment. Some pollutants are present in water bodies in trace concentrations (mg/L or μ g/L). These pollutants are called contaminants of emerging concern (CEC), emerging contaminants or micropollutants, and there are intense concerns about their environmental effects and treatment challenges [1,2].

Among micropollutants, endocrine disruptor (ED) compounds deserve special attention. According to the World Health Organization (WHO), “an endocrine disruptor (ED) is an exogenous substance or mixture that alters the function(s) of the endocrine system and consequently causes adverse health effects in an intact organism, or its progeny, or (sub)populations” [3]. And, according to the US Environmental Protection Agency (EPA): “an agent that interferes with the synthesis, secretion, transport, binding or elimination of natural hormones in the body that are responsible for maintaining homeostasis, reproduction, development and/or behavior” [4].

Many substances can affect the endocrine system, such as dioxins, which are found in the environment as a result of burning waste; Bisphenol A, a xeno-estrogen commonly used in the

manufacture of polycarbonate plastic and resin coatings for food and drink; and phthalates, commonly used as plasticizers in PVC and as solvents and fixatives in fragrances [5].

Pharmaceuticals, pesticides, disinfectants and synthetic hormones are among the main routinely used products that can cause endocrine dysfunction. In addition, personal care products can also contain compounds classified as endocrine disruptors. Studies have also reported the presence of endocrine disruptors in aqueous matrices, such as sewage and drinking water [6–8]. Among the endocrine disruptors, estrogen hormones are the main ones responsible for estrogenic activity. For this reason, although they are found in water bodies in low concentrations (ng/L to µg/L), they can cause biological effects [9,10].

Endocrine disruptors can act in the body through different mechanisms: by mimicking the natural hormone produced in the endocrine glands and promoting signaling pathways after binding to hormone receptors (agonistic effect) or by blocking receptors, impairing the action of the natural hormone (antagonistic effect) [5]. In addition, EDs interfere with hormone biosynthesis by inhibiting or stimulating enzymes essential to produce hormones, altering their concentrations in the body [11,12].

Some of the consequences of the effects of EDs on human health are thyroid problems, obesity, endometriosis, infertility, congenital disabilities, neurological disorders or disorders of sexual organ development, adverse immunological effects, cardiovascular diseases and various types of cancer [11,12]. The effects can be particularly severe during critical periods of development, such as pregnancy and childhood, when the endocrine system is most vulnerable [5,11].

The natural hormones estrone (E1), 17β-estradiol (E2) and estriol (E3), and the synthetic hormone 17α-ethinylestradiol, widely used in contraceptive pills, have a high estrogenic potential and are released into the environment through sewage and industrial effluents. 17β-estradiol has the highest estrogenic activity among natural hormones, and 17α-ethinylestradiol also exhibits strong estrogenic potential [13–15].

When not produced internally and when in contact with the body, estrogen hormones can act as endocrine disruptors, potentially interfering with the synthesis, secretion, transport, binding or elimination of natural hormones in the body that are responsible for maintaining homeostasis, reproduction, development and/or behavior [4].

Wastewater is reported to be the main source of emerging contaminants in environmental matrices. Several reports in the literature on micropollutants in influent and effluents from wastewater treatment plants and in surface water, groundwater and drinking water in various countries [6–8,16]. 17β-estradiol (E2) and 17α-ethinylestradiol (EE2) can be biologically persistent and toxic and are capable of compromising essential functions for the maintenance and survival of aquatic biota, including reproductive processes and the development of various species [17–21].

Due to their biological persistence, conventional wastewater treatment processes generally cannot remove all micropollutants efficiently. In addition, a fraction of the endocrine disruptors can adsorb to the sludge, resulting in a secondary environmental problem [12,22,23]. Given this scenario, demand is growing for technologies capable of promoting the effective removal of EDs, including hormones.

Advanced Oxidative Processes (AOPs) are based on the formation of hydroxyl radicals (OH[•]), which promote the oxidation of the target contaminant, resulting in smaller molecules or even complete mineralization [24]. AOPs have been applied to remove emerging contaminants from aqueous matrices. For removing estrogen hormones, such as 17β-estradiol and 17α-ethinylestradiol, several studies applying different types of AOPs are found in the literature, like photocatalysis, ozonation and Fenton [15,25,26].

The study of oxidative processes with the formation of sulfate radicals has gained significant importance in removing endocrine disruptors from wastewater in the last decade. Research has been directed towards developing advanced oxidative processes based on photoactivated persulfate and peroxysulfate, either by ultraviolet (UV/PS), visible radiation or sunlight irradiation [27,28].

This review work aims to explore advances in Advanced Oxidative Processes (AOPs) for the removal of endocrine disruptors, with a focus on the estrogenic hormones 17β -estradiol (E2) and 17α -ethinylestradiol (EE2) using the activation of persulfate (PS) and peroxymonosulfate (PMS). The state-of-the-art Advanced Oxidation Processes (AOPs) for E2 and EE2 removal, focusing on sulfate radical-based oxidation, is presented. It highlights the high efficiency of these processes in degrading steroid hormones, the main degradation mechanisms, key operational parameters, and the current challenges for large-scale implementation. Furthermore, this review identifies existing gaps in the literature and explores perspectives for advancing and optimizing these technologies.

2. Background of Steroid Hormones

Among the endocrine disrupting substances are the natural hormones (estrone, 17β -estradiol and estriol) and the synthetic hormone (17α -ethinylestradiol). Although some of these hormones are naturally present in the human body, overexposure to these compounds can cause a hormonal imbalance. For this reason, they appear on the United Kingdom Environment Agency's (UKEA) list of EDs [13,14].

Hormones are chemical substances produced and secreted by the endocrine glands in different body areas, such as the thyroid, pituitary, gonads and adrenal glands. When released into the bloodstream, they coordinate the functioning of the entire organism [29,30]. These messengers perform essential functions for the human body's survival, such as controlling organ activities; levels of salts, sugars and liquids in the blood; using and accumulating energy; and acting in organisms' growth, development and reproduction [29,30].

Estrogens have a phenolic group in their structure and, in some cases, an aliphatic hydroxyl group [29]. They can be called C18 steroids because they have 18 carbon atoms in their structure. There are three natural forms of estrogen often found in female excretions: estrone (E1), 17β -estradiol (E2) and estriol (E3) (Figure 1). Of these, 17β -estradiol or E2 has the most significant biological and estrogenic activity [29–31].

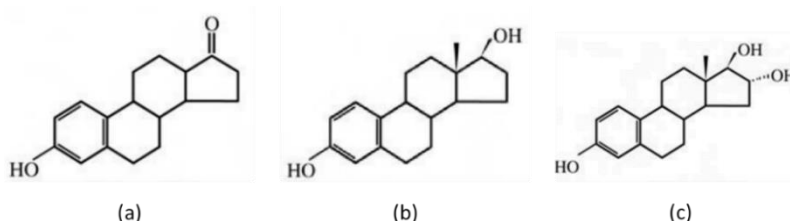


Figure 1. Molecular formula of natural hormones: (a) estrone (E1); (b) 17β -estradiol (E2) and (c) estriol (E3). Adapted from [29].

17β -estradiol can act as an endocrine disruptor in the environment, affecting plant growth and the reproductive development of wildlife in small amounts [20,21]. Even at concentrations of ng/L, E2 can induce the production of vitellogenin (VTG) (a protein of female gametes) in male fish, causing changes in their reproductive characteristics and reduced survival rates in several fish species [21,32,33]. Besides that, a small concentration between 10 and 100 ng/L can cause transcriptional changes in immune systems and protein degradation pathways in *Daphnia magna* [34], thus disrupting food chains in aquatic environments.

As they are primarily responsible for the growth and reproduction of animal species, including humans, synthetic derivatives of natural hormones are commonly used as contraceptives in the control of symptoms surrounding menopause, physiological disorders and in the treatment of prostate and breast cancer [29,35,36]. 17α -ethinylestradiol (EE2) (Figure 2), a synthetic hormone derived from the natural hormone E2, is widely used in these drugs [29,35]. EE2 can affect activities vital for the maintenance and survival of aquatic biota, such as the growth of bacteria, algae and hydrophytes [17]. Besides, in concentrations between 1.2 and 1.6 ng/L, EE2 can promote several effects in *Danio rerio*, like persistent behavioral and fertility changes—offspring behavior affected by

parental exposure (transgenerational effects) [37]. Table 1 shows the physicochemical properties of E2 and EE2.

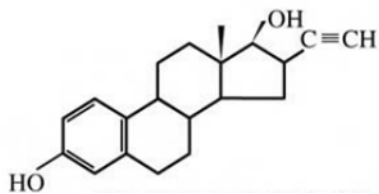


Figure 2. Molecular formula of the synthetic hormone 17α-ethinylestradiol (EE2). Adapted from [29].

Table 1. Physicochemical properties of 17β-estradiol (E2) and 17α-ethinylestradiol (EE2) [38–40].

Property	E2	EE2
CAS	50-28-2	57-63-6
Molar mass (g/mol)	272.4 g/mol	296.4 g/mol
Molecular formula	C ₁₈ H ₂₄ O ₂	C ₂₀ H ₂₄ O ₂
Water solubility (mg/L)	3.90 mg/L (at 27 °C)	11.3 mg/L (at 27 °C)
log Kow	4.01	3.67
pKa	10.4	10.46

2.1. Sources and Occurrence of Hormones in Water

Steroid hormones and other endocrine disruptors can contaminate water resources by discharging raw wastewater (from urban, hospital or industrial sources) and effluents from wastewater treatment plants (WWTPs). Most wastewater treatment plants are not designed to remove these micropollutants [12,33,41]. As a result, EDs are discharged along with the effluents. In addition, endocrine disruptors can reach water bodies by leaching waste from landfills, agricultural surface drains and cattle and pig farms (Figure 3) [12,33,41].

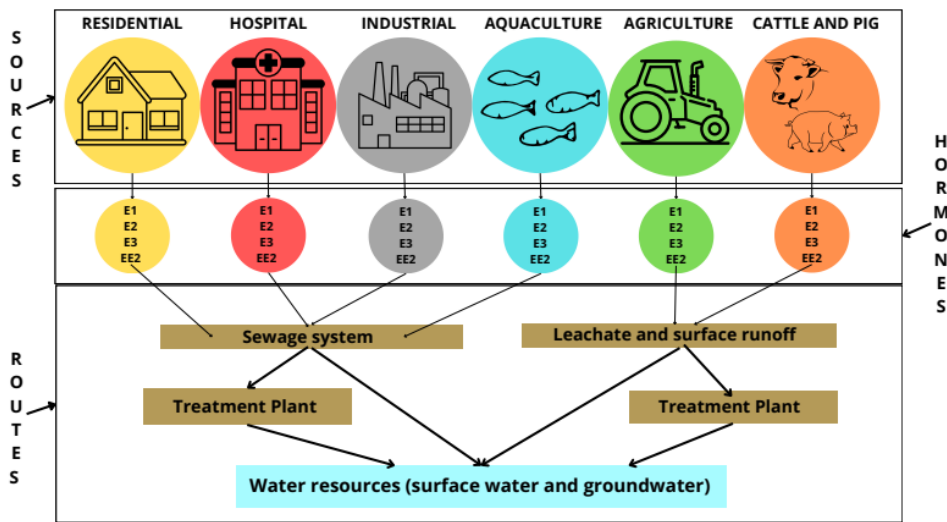


Figure 3. Contamination routes of steroidal estrogens in groundwater and surface water bodies. Adapted from [41].

The environmental and human health problem related to the presence of endocrine disruptors in water is a topic of great relevance. However, there is evidence of the presence of hormones in water as far back as 1999, when a concentration of 0.021 µg/L of EE2 and 0.040 µg/L of estrone was quantified in the raw effluent of a sewage treatment plant located in Rio de Janeiro State (Brazil) [42].

Steroid hormones are recalcitrant substances, and conventional treatment applied in sewage treatment plants is generally inefficient for their complete removal [12,22,23]. In this way, hormones accumulate in the environment and are detected in surface waters, sediments, wastewater, and landfill leachate worldwide [19,43,44]. The concentration of hormones in surface waters varies depending on the water body and the source of pollution to which it is exposed (Table 2).

Table 2. The concentration of E2 and EE2 in surface waters in different countries.

Location	EE2 concentration (ng/L)	Reference
United States	3.01 – 4.67	[45]
Turkey	11.7 – 14	[46]
India	98 – 350	[47]
Argentina	5.91 – 22.37	[48]
Rio de Janeiro (BR)	248	[49]
São Paulo (BR)	4390	[50]
Federal District (BR)	0.07	[51]

In response to the increasing contamination of water resources by endocrine-disrupting compounds (EDs), the European Union has established regulatory frameworks to control and monitor these substances in surface waters. Directive 2013/39/EU, which amends Directive 2008/105/EC, introduced Environmental Quality Standards (EQS) for priority substances, including steroid hormones. As part of these efforts, Commission Decision 2015/495/EU outlined a Watch List of substances requiring priority monitoring, notably including 17β-estradiol (E2) and 17α-ethinylestradiol (EE2). To safeguard aquatic biota, the European Commission recommended maximum allowable concentrations of 0.4 ng/L for E2 and 0.035 ng/L for EE2, reflecting these compounds' high estrogenic potency and ecological relevance [25,52–54].

Beyond ecological implications, WHO also acknowledges the potential human health risks associated with estrogens in drinking water. The WHO recommends a provisional guideline value of 1 ng/L for E2 in water intended for human consumption based on toxicological data and exposure assessments. These regulatory benchmarks underscore the persistence and bioactivity of EDs and the pressing need for the advancement of water and wastewater treatment technologies, as conventional processes often fail to achieve complete removal of these micropollutants [25,52,53,55].

2.2. Removal of Hormones from Wastewater

The removal of steroid hormones from wastewater has become a growing concern due to the environmental impact of these compounds. Thus, various technologies have been developed and improved to treat these substances, including physical, chemical, and biological processes and their combinations [56]. The removal of EDs in conventional activated sludge systems is mainly based on the mechanisms of biodegradation and sorption to biomass [57,58]. As a result, only the transfer of pollutants from the liquid to the solid phase can occur, which turns the sludge into a potential secondary vector of contamination, with additional risks to public health and the environment, especially when there is no proper treatment or disposal [22,23].

Several studies have proposed using other biological technologies for the degradation of EDs, such as membrane bioreactors (MBR) [22,59–61]. MBR can effectively remove a wide range of EDs, including compounds resistant to biodegradation. The removal efficiency of E2 and EE2 by MBR was reported by [62]. The authors achieved efficiency removal of 89.0% and 70.9%, respectively. However, many variables need to be controlled, as the removal of EDs by MBR can be affected by sludge age, concentration of the target contaminants, the existence of anoxic and anaerobic compartments, wastewater composition, operating temperature, pH and conductivity [22,59–61].

There are also studies of hormone removal applying biological treatment technologies using adhered biomass, such as biofilm [63,64]. In this case, biomass adhered to support becomes more resistant than in suspension, as in activated sludge. For example, the Moving Bed Biofilm Reactor

(MBBR) is a technology used to degrade toxic compounds, such as phenol, showing good removals for this compound [65]. E2 removal values of over 99% were achieved using MBBR, but 65 days of operation were required to reach this degradation [63].

Table S1 (Supplementary Material) shows that studies involving biological processes can achieve good removal efficiency for the hormones E2 and EE2. Similar results have been reported in other investigations that employed different biological treatment technologies to remove micropollutants [66–71].

However, it is important to highlight that several factors often limit the effectiveness of biological treatment. These include the complexity of the microbial degradation pathways, the need for extended hydraulic retention times, and the strong dependence on environmental parameters such as temperature, dissolved oxygen, pH, and nutrient availability. Additionally, the low concentrations of endocrine-disrupting compounds in wastewater can further hinder their biodegradation. As a result, many studies on this topic are relatively outdated, as recent research has increasingly focused on alternative and more efficient technologies for removing these persistent contaminants.

Besides biological processes, some studies use physical processes to remove endocrine disruptors from wastewater, such as adsorption and membrane filtration techniques (ultrafiltration, microfiltration and nanofiltration) [72–74]. The adsorption process on activated carbon has been applied to remove EDs, as this adsorbent has advantages such as high surface area and pore structure, the possibility of regeneration and reuse, and low acquisition cost [12].

The removal of E2 and EE2 using activated carbon was evaluated, and adsorption efficiencies of approximately 50% for E2 and 40% for EE2 were reported [75]. Chemical modifications were made to the activated carbon using nitric acid, increasing adsorption efficiencies of approximately 80% for E2 and 70% for EE2. Despite the removal rates obtained, activated carbon adsorption does not achieve degradation. Instead, the hormones are merely transferred from the aqueous phase to the adsorbent material, as this is a phase transfer process. If the adsorbent cannot be regenerated, its disposal becomes a new environmental problem [12].

In membrane separation processes, the effectiveness of removing endocrine disruptors is directly related to the size of the molecules of interest and the pore size and physicochemical properties of the membranes used, depending on the material composition, surface charge and hydrophobicity [12,73,74]. Due to their larger diameter pores, microfiltration membranes have limitations in retaining these molecules. In contrast, studies indicate that nanofiltration, ultrafiltration and reverse osmosis can efficiently remove EDs in aqueous matrices [12,73,74].

However, the high operating cost associated with membrane separation technologies must be considered due to the frequent need to replace membranes due to fouling (fouling and clogging of pores), significantly reducing their useful life. In addition, it is important to note that, as with adsorption processes, membrane separation is a phase transfer method, i.e., the contaminants are only removed from the liquid phase and transferred to the membrane matrix without being degraded [12,73,74].

The context outlined above underscores the need for complementary strategies to ensure the mineralization or transformation of endocrine disruptors (EDs) into less toxic and environmentally concerning byproducts. In this regard, chemical treatment processes can remove EDs, such as steroid hormones, from water. Techniques such as ozonation and Advanced Oxidation Processes (AOPs) have demonstrated high efficiency for this purpose and are the focus of recent research efforts [25,76,77]. Unlike physical treatment methods, these processes do not merely promote contaminants' phase transfer but enable their effective degradation.

3. Bibliometric Survey on Scientific Literature Regarding Steroidal Hormone Removal in Wastewater

To highlight the relevance of the topic "removal of steroidal hormones from wastewater," a bibliographic search was conducted using the Scopus database. The keywords "17 β -estradiol or 17 α -

ethinylestradiol and wastewater" were applied to article titles, abstracts, and keywords, with results filtered up to the year 2023 and restricted to the subject areas of Engineering, Chemical Engineering, Chemistry, Environmental Science, and Agricultural and Biological Sciences. The search returned 885 documents, with the earliest publication dating to 1998. A marked increase in publications has been observed since 2002 (Figure 4), indicating growing scientific interest in the topic. Regarding the geographical distribution of publications, the United States leads with 221 documents, followed by China with 156. Brazil ranks eighth, with 36 publications (Figure 5). These data reinforce the importance of studying the occurrence of hormones in wastewater and underscore the ongoing need to develop effective technologies for their removal.

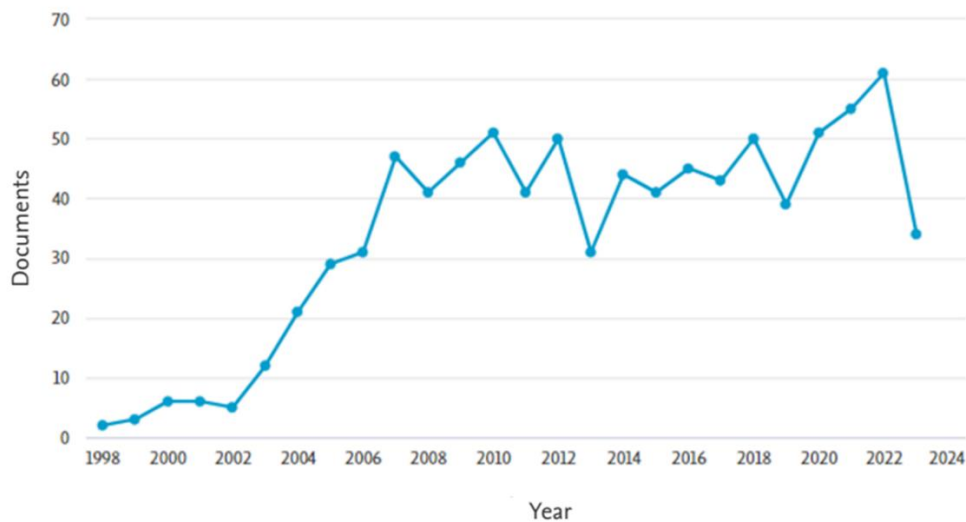


Figure 4. Evolution of the number of scientific publications on treating steroidal hormones (E2 and EE2) in wastewater theme.

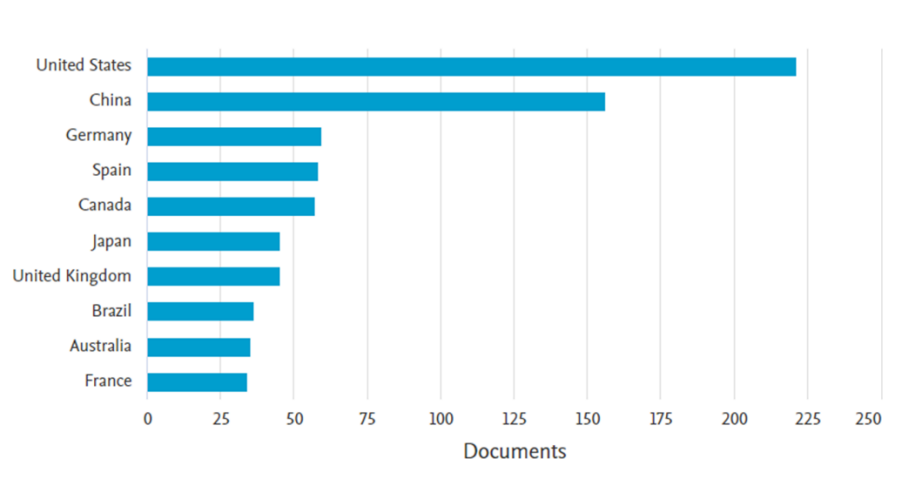


Figure 5. Leading Countries in Scientific Publications on treating steroidal hormones (E2 and EE2) in wastewater theme.

To deepen the understanding of the application of Advanced Oxidation Processes (AOPs) for the removal of steroidal hormones—specifically 17 β -estradiol (E2) and 17 α -ethinylestradiol (EE2)—from wastewater, a bibliographic survey was conducted using the Scopus database. The search encompassed publications from the past decade (2013–2023), limited to article titles, abstracts, and keywords. Only documents classified under Engineering, Chemical Engineering, Chemistry, Environmental Science, Agricultural, and Biological Sciences were considered as a filtering criterion.

The search strategy was designed to specifically identify studies addressing the removal of these hormones through AOPs based on photolysis, photocatalysis, ozonation, sonolysis, Fenton processes, and technologies involving the generation of sulfate radicals (Figure 6). To avoid duplication of records across overlapping techniques, control measures were implemented. For instance, since sulfate radical-based processes often involve activation by photolysis or transition metals in combination with light—thus overlapping with photocatalysis—the keywords “persulfate,” “PMS,” and “PDS” were excluded from the queries related to photolysis and photocatalysis.

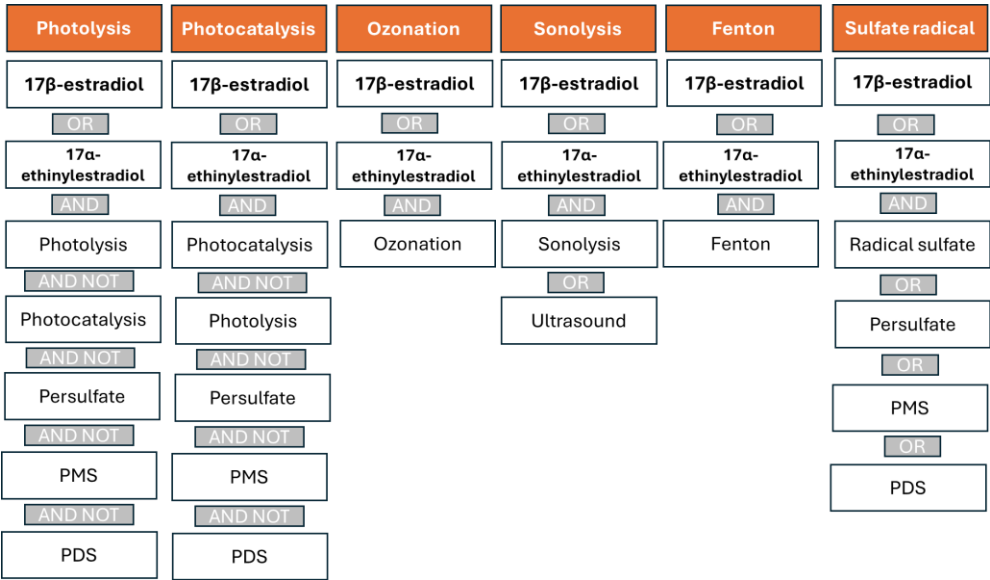


Figure 6. Strategies used in the Scopus database search to identify articles related to removing E2 and EE2 using Advanced Oxidation Processes (AOPs).

The search yielded a total of 229 articles related to the application of Advanced Oxidation Processes (AOPs) for the removal of 17β-estradiol (E2) and 17α-ethinylestradiol (EE2) from wastewater. A predominance of studies based on photolysis and photocatalysis was observed, accounting for more than 50% of the identified publications (Figure 7). Studies on sulfate radical-based processes have been published since 1999 and show a steady increase beginning in 2015 (Figure 8). This progressive growth in scientific output suggests a rising interest within the academic community and indicates that these processes hold untapped potential for further exploration.

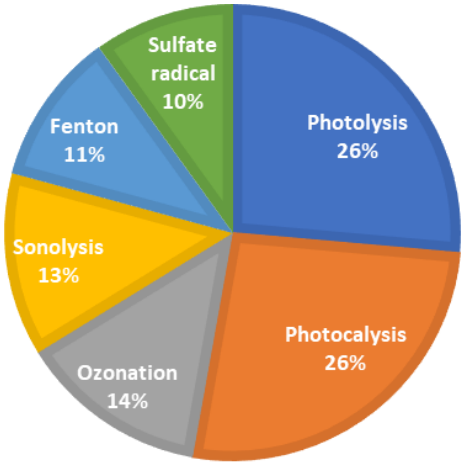


Figure 7. Trends in applying Advanced Oxidation Processes for E2 and EE2 removal (2013–2023).

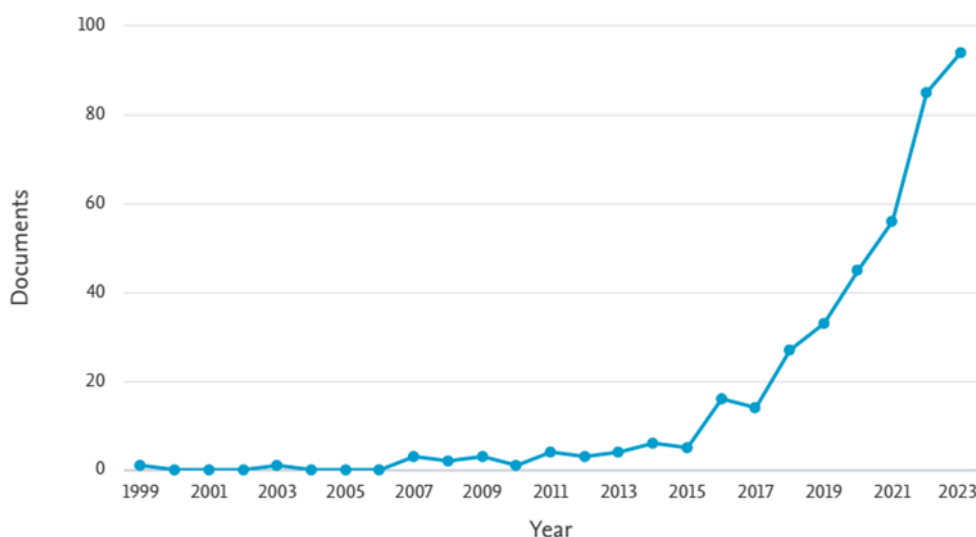


Figure 8. An annual number of publications indexed in Scopus containing the keywords “AOP and sulfate radical or persulfate” (1999–2023).

4. Advanced Oxidation Processes (AOPs)

AOPs are based on the oxidation of organic compounds through the action of highly reactive radicals, primarily the hydroxyl radical ($\text{HO}\bullet$), whose generation characterizes most of these processes. In addition to hydroxyl radicals, AOPs may also involve other oxidative species, such as sulfate radicals ($\text{SO}_4\bullet^-$) and chlorine radicals ($\text{Cl}\bullet$ and $\text{Cl}_2\bullet^-$) [78–81].

4.1. Main AOP Applied to the Removal of E2 and EE2: Observations and Trends

Standard oxidation processes reported in the literature generate hydroxyl radicals by photolysis, photocatalysis, sonolysis, ozonation, and Fenton reactions. Several studies have also explored combining these techniques to enhance the removal efficiency of contaminants [81–83].

4.1.1. Photolysis-Based Processes

Endocrine disruptors (EDs) photodegradation can occur via two pathways: direct photolysis or indirect photolysis. In direct photolysis, the ED molecule absorbs a photon, promoting bond cleavage or molecular rearrangement, which converts the compound into simpler fragments. In contrast, indirect photolysis involves the absorption of incident light by photosensitizing agents (such as hydrogen peroxide, sodium persulfate, chlorine, or chromophoric groups of dissolved organic matter), leading to the formation of reactive radicals responsible for the degradation of target compounds [40,80,84]. It is important to note that indirect photolysis, which involves the generation of oxidizing radicals, is classified as an Advanced Oxidation Process (AOP), whereas direct photolysis is not [26,40].

Photolysis has been widely investigated for removing steroid hormones (E2 and EE2) in aqueous matrices. Several studies have explored the use of photosensitizers, such as hydrogen peroxide and chlorine, in photolysis processes aimed at treating these hormones in synthetic solutions, drinking water, and wastewater, intending to generate oxidative radicals to degrade endocrine disruptors [26,40]. Some researchers have reported complete removal (100%) of E2 and EE2 through indirect photolysis using photosensitizers (Table S2 - Supplementary Material).

Another strategy to enhance the efficiency of ultraviolet (UV)-based processes is to replace photosensitizers with a light source and a metal oxide semiconductor, which facilitates the generation of oxidative radicals responsible for hormone degradation. This process is known as photocatalysis [25,85].

4.1.3. Photocatalysis-Based Processes

Photocatalysis can be understood as the acceleration of a photochemical transformation by a metal oxide semiconductor—such as TiO_2 , ZnO , CdS , Fe_2O_3 , and WO_3 —which acts as a catalyst. The activation of the semiconductor is triggered by artificial light sources (typically ultraviolet lamps) or natural sunlight [25,85]. Among the most widely used catalysts, titanium dioxide (TiO_2) stands out due to its cost-effectiveness, chemical inertness, and photostability [25,85].

Photocatalysis is one of the most extensively studied Advanced Oxidation Processes for the degradation of hormones in water (Figure 7). One of the main challenges associated with using photocatalysts lies in the recovery of nanoparticles from the aqueous matrix after treatment. As a result, there has been a growing research interest in developing membranes embedded with TiO_2 nanoparticles [25,86]. The selection of membrane materials is critical in ensuring stability and durability and is a significant focus of current investigations. Research is also directed toward identifying alternative semiconductor materials that may enhance hormone removal efficiency [76,87]. Accordingly, several studies have reported removal rates exceeding 98% for E2 and EE2 using photocatalytic processes (Table S2 - Supplementary Material).

4.1.4. Ozonation-Based Processes

Ozone can oxidize organic pollutants due to its high oxidation potential ($E^\circ = 2.08 \text{ V}$) and has been widely applied in wastewater treatment. Ozonation can be enhanced through its combination with ultraviolet (UV) radiation, hydrogen peroxide (H_2O_2), or photocatalysis, which promotes the generation of reactive radicals and thereby intensifies the degradation of organic molecules [41,88].

The ozonation process has demonstrated high efficacy in removing pharmaceutical compounds, personal care products, and endocrine-disrupting substances found in surface waters and effluents [88]. Increasing interest is in advancing ozonation techniques to enhance removal efficiency for steroid hormones such as estradiol (E2) and ethinylestradiol (EE2). Among the recent approaches is the use of microbubbles, which aim to increase the contact area between the ozone and the aqueous phase, thereby improving its solubility and the overall degradation of organic contaminants (Lee et al., 2019). Another strategy involves using ozone-loaded nonpolar solvents to enhance the solubility and stability of ozone in water [89]. As a result, several studies report removal efficiencies for E2 and EE2 exceeding 98% (Table S2).

4.1.5. Sonolysis-Based Processes

In aqueous matrices, sonolysis is based on applying sound waves at specific frequencies, which produce cycles of compression and rarefaction, leading to the formation of cavitation bubbles. These bubbles grow through the diffusion of vapor or gas from the surrounding liquid until they reach a critical size and collapse violently. This implosion generates extremely high local temperatures and pressures—approximately 4200 K and 975 bar—resulting in "hot spots." These hot spots promote the dissociation of water molecules, generating hydroxyl radicals ($\text{HO}\cdot$) [90–92].

Ultrasonic irradiation has gained increasing attention for removing endocrine-disrupting compounds from wastewater, as it is considered an environmentally friendly approach that avoids using chemical reagents for pollutant degradation. Furthermore, since no sludge or residual waste is generated after contaminant degradation, sonolysis presents a promising alternative [90,92,93]. For the removal of steroid hormones such as E2 and EE2, studies have proposed the combined use of oxidants with ultrasound (e.g., US and KMnO_4/US) to enhance removal efficiencies [94]. Consequently, removal efficiency approaching 100% for E2 and EE2 has been reported in the literature through sonolysis (Table S2 - Supplementary Material).

4.1.6. Fenton-Based Processes

The Fenton process is based on redox reactions in which ferrous iron (Fe^{2+}) is first oxidized to ferric iron (Fe^{3+}) in the presence of hydrogen peroxide (H_2O_2), which is also oxidized by the iron ion under acidic conditions [84,85,95]. Fenton reactions are most effective at low pH, with optimal values between 2 and 4. At higher pH levels, the degradation rates of target compounds tend to decrease

[41,84,85]. A significant drawback of the conventional Fenton process is using iron salts as catalysts, which leads to the generation of large volumes of metallic sludge as waste. This limitation has driven the development of novel systems aimed at minimizing the presence of dissolved iron species and reducing sludge production without significantly compromising process efficiency [88].

Several strategies are being implemented to enhance Fe^{2+} regeneration, reduce the need for continuous iron addition, and minimize sludge formation, making the process more cost-effective. For the removal of endocrine-disrupting compounds, particularly the hormones E2 and EE2, studies have explored the use of light-assisted Fenton processes (photo-Fenton) [15,96], heterogeneous Fenton systems [44,97], and Fenton processes combined with biological treatments for high-COD effluents [98–102]. These studies aim to enhance the efficiency of hormone removal, with reported removal rates of up to 100% (Table S2).

4.2. Comparison of the Main AOPs Applied to the Removal of E2 and EE2: Advantages and Limitations of the Processes

Table S3 (Supplementary Material) shows a comparative analysis of different technologies and operational conditions, facilitating the identification of specific advantages and limitations of each advanced oxidation process. It is important to emphasize that all technologies present strengths and drawbacks, and their performance varies according to the characteristics of the matrix and the target compounds. Therefore, selecting the most appropriate process for hormone removal must consider factors such as hormone concentration, organic matter content, wastewater turbidity, and operational costs.

It is essential to assess not only the percentage of removal but also the residual hormone concentrations. Even with high removal rates, the remaining concentrations may still exhibit estrogenic activity and pose toxicological risks to aquatic biota. Furthermore, many studies listed in Table S2 (Supplementary Material) employed less environmentally relevant hormone concentrations, highlighting the need for future research to use initial concentrations in the ng/L range.

Given that all processes have inherent advantages and disadvantages, combining different oxidants and treatment strategies has been widely reported in the literature to enhance pollutant removal and overcome the individual limitations of each process. It is common to find studies that combine processes based on photolysis, photocatalysis, ozonation, sonolysis, and Fenton reactions to increase process efficiency, reduce energy costs, reagent demands, and the treatment of possible generated residues. Thus, it is possible to find research on the treatment of micropollutants and endocrine disruptors that combine different processes, such as ozonation and photolysis (O_3/UV , $\text{H}_2\text{O}_2/\text{O}_3/\text{UV}$) [103,104]; ozonation and photocatalysis [105]; sonolysis and ozonation [106]; sonolysis and Fenton [107]; among other possibilities.

Another widely reported combination in the literature involves the use of photolysis, photocatalysis, and sonolysis techniques associated with the addition of salts that, when activated, generate sulfate radicals responsible for the oxidation and degradation of micropollutants [79]. These sulfate radical-based processes, like the previously described AOPs, can be applied to removing E2 and EE2 hormones and offer the advantage of releasing sulfate radicals, which have a higher oxidation potential than hydroxyl radicals [108,111].

5. Sulfate Radical-Based Processes for Hormone Removal

The study of oxidative processes involving the formation of sulfate radicals has gained significant importance in removing endocrine disruptors from wastewater over the past decade (Figure 8). Degradation occurs mainly through forming sulfate radicals ($\text{SO}_4^{\bullet-}$), which trigger an electron transfer mechanism that breaks down the contaminant into smaller molecules. In addition to sulfate radical formation, the activation of persulfate or peroxymonosulfate can also generate secondary oxidants, such as hydroxyl radicals, superoxide radicals, or singlet oxygen, which may influence the transformation efficiency and by-product formation [82,111].

Compared to hydroxyl radicals, sulfate radicals offer several advantages: high redox potential ($E_0 = 2.5\text{--}3.1\text{ V}$, compared to $1.9\text{--}2.7\text{ V}$ for $\text{HO}\bullet$); longer half-life ($30\text{--}40\text{ }\mu\text{s}$, approximately 7.5 times the half-life of $\text{HO}\bullet$); and less dependence on operational conditions (broader pH tolerance range) [78,79]. Moreover, compared with processes that use hydrogen peroxide (H_2O_2) to generate $\text{HO}\bullet$ radicals, persulfate salts present several advantages. These salts are relatively low cost ($\$0.93\text{--}2.65/\text{kg}$), are widely available on the market, and are easier to transport and store than H_2O_2 [78,79].

Studies confirm the advantage of using sulfate radical-generating salts over hydrogen peroxide (H_2O_2) to remove endocrine disruptors. A comparative kinetic study between different widely used hydroxyl radical-based advanced oxidation technologies was conducted by [112], such as UV-Vis/ $\text{H}_2\text{O}_2/\text{Fe(II)}$ (Fenton) and UV/ TiO_2 (photocatalysis), and sulfate radical-based oxidative technologies (using peroxymonosulfate – PMS), such as UV-Vis/PMS/ Fe(II) . The results indicated that the process involving sulfate radicals demonstrated higher removal efficiency in a shorter time for 17β -estradiol (E2) compared to traditional AOPs. With sulfate radical formation, E2 removal exceeded 80% in approximately 7 minutes, and estrogenic activity was eliminated. Regarding reaction kinetics, the UV-Vis/PMS/ Fe(II) process ($k = 0.305$) showed a degradation rate nearly four times faster compared to UV/ TiO_2 ($k = 0.079$).

Similarly, the steroid hormone E2 removal in ultrapure water using UVA/UVB/ H_2O_2 and UVA/UVB/PS systems was compared [109]. The study showed that using UVB/PS resulted in higher removal efficiencies. Removal efficiency exceeded 99% in 45 minutes with UVB + 5 mM H_2O_2 and in just 5 minutes with UVB + 5 mM $\text{S}_2\text{O}_8^{2-}$. In addition to hormone degradation, the processes could completely remove estrogenic activity. Table 3 summarizes the advantages of sulfate radical-based processes reported by the cited authors.

Table 3. Comparison of sulfate radicals to hydroxyl radicals based processes [109,112].

Criteria	Sulfate radical ($\text{SO}_4^{\cdot-}$) based processes	Hydroxyl radical ($\text{HO}\bullet$) based processes
Technology used	UV-Vis/PMS/ Fe(II) , UVA/UVB/PS	UV-Vis/ $\text{H}_2\text{O}_2/\text{Fe(II)}$, UV/ TiO_2 , UVA/UVB/ H_2O_2
E2 removal efficiency	> 80% in 7 min [112] > 99% in 5 min [109]	Slower removal > 99% in 45 min [109]
Removal of estrogenic activity	Total	Total
Degradation constant (k)	$k = 0.305$ (UV-Vis/PMS/ Fe(II)) [112]	$k = 0.079$ (UV/ TiO_2) [112]
Time to significant removal	5 minutes [109]	Up to 45 minutes [109]
Efficiency under the same oxidant dose (5 mM)	> 99% with PS (5 min) [109]	> 99% with H_2O_2 (45 min) [109]

5.1. Use of Peroxydisulfate (PDS) and Peroxymonosulfate (PMS) in AOPs for Hormone Removal

The use of PDS can be considered more economically viable than PMS in advanced oxidation processes (AOPs). For this reason, this salt has been more commonly employed in research involving

the oxidation of hormones through sulfate radicals [113,114]. However, some studies have confirmed that when using a heterogeneous activation system, peroxymonosulfate (PMS) has proven to be more effective than peroxydisulfate (PDS) in the oxidation of organic compounds and steroid hormones due to electron transfer-mediated mechanisms [77,115].

When applied in advanced oxidation processes (AOPs) for hormone removal, each salt presents specific advantages and disadvantages, as listed in Table 4. The selection of the most suitable salt depends on process variables such as the pH of the medium, the type of activation used, and financial feasibility.

Table 4. Comparison of PMS and PDS characteristics for use in Advanced Oxidation Processes [77,78,108,111,115,116].

Characteristic	PMS (Peroxymonosulfate)	PDS (Peroxydisulfate)
Formula	2KHSO ₅ ·KHSO ₄ ·K ₂ SO ₄ (commonly as Oxone®)	Na ₂ S ₂ O ₈ (sodium PDS)
Activation type	Heat, UV, metals	Heat, UV, metals
pH	There is less need for acidic pH control; effective also in alkaline pH	Better removal at more acidic pH (3 to 5)
Radical generated	Significant generation of SO ₄ • ⁻ and •OH, with proportions varying by pH (Figure 11)	Predominant generation of SO ₄ • ⁻ , with minor contribution from •OH (Figure 11)
Reactivity with hormones	High (often more efficient than PDS)	High, but can be slower.
Cost	More expensive	Less expensive

Peroxydisulfate (PS) or Peroxydisulfate (PDS) is derived from peroxydisulfuric acid (H₂S₂O₈) and can be found in three salt forms: sodium (Figure 9 a), potassium, and ammonium. Potassium PDS has low water solubility (50 g/kg H₂O at 25 °C), while ammonium PDS may release residual ammonia into the water. Sodium PDS (Na₂S₂O₈), on the other hand, has high solubility—730 g/kg H₂O at 25 °C—making it the first choice for oxidative treatment in wastewater. The bond dissociation energy of the peroxide bond in PDS is 140 kJ mol⁻¹ [111,117,118].

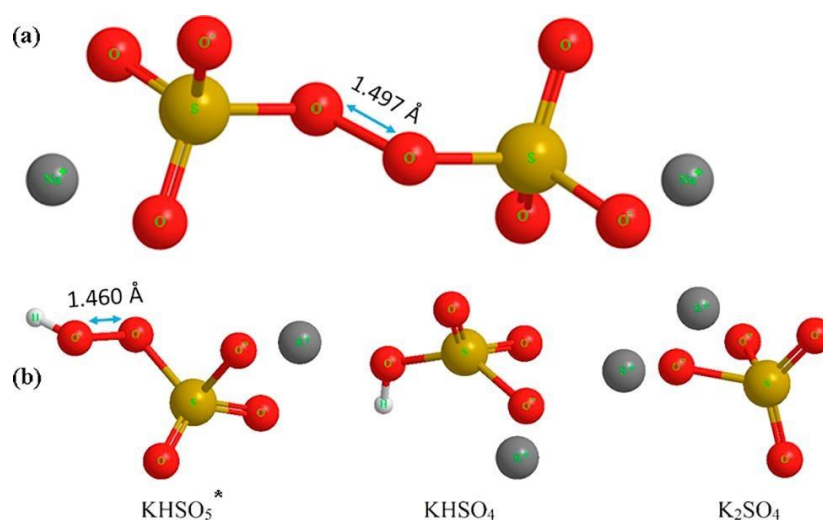


Figure 9. (a) Structural formula of sodium peroxydisulfate (PDS), also known as sodium persulfate, with the peroxide bond at 1.497 Å. (b) Structural formula of potassium peroxymonosulfate ($2\text{KHSO}_5 \cdot \text{KHSO}_4 \cdot \text{K}_2\text{SO}_4$) [111]. With permission of Elsevier (license 6023120378404).

In addition to PS, there is also peroxymonosulfate (PMS or monopersulfate) derived from persulfuric acid. PMS is typically found in a more stable triple salt form, such as potassium PMS or Oxone® (chemical formula: $2\text{KHSO}_5 \cdot \text{KHSO}_4 \cdot \text{K}_2\text{SO}_4$, Figure 9 b), which has a high solubility in water (298 g/kg H_2O). The energy required to break the peroxide bond in PMS is greater than in PDS, amounting to 377 kJ/mol. PMS has a shorter bond length than PDS [111,119].

5.3. Activation Methods of PMS and PDS

Activating the salts is necessary to increase the PDS or PMS's reaction rate with endocrine-disrupting compounds. Oxidation removal of phenolic compounds using PS without a catalyst or other activation method was reported to be less than 5% after 24 hours of testing, demonstrating the need for PS activation for phenolic compound oxidation [120]. A comparative study with PS and UV-activated PS analyzed the efficiency of amoxicillin removal and proved that the removal was higher with UV-activated PS [121].

PDS and PMS can be activated to form sulfate radicals through different mechanisms: by photoactivation (photolysis), heat (thermolysis), ultrasound (sonolysis), homogeneous catalysis, or heterogeneous catalysis (with oxides of Fe, Co, Mn, and Ti) (Figure S1 - (Supplementary Material) [78,110,111].

5.4. Direct Activation by Ultraviolet Irradiation

For large-scale applications in water and wastewater treatment plants, activation through heat or ultrasound may render the process economically unfeasible due to the high energy demand involved [27,28]. Photoactivation requires lower energy consumption, and because of this, recent research has been directed toward developing PS-based AOPs using photoactivation, whether by ultraviolet radiation, visible light, or sunlight irradiation [27,28].

Persulfate photoactivation can involve two mechanisms: homolysis of the peroxide bond, which occurs through direct UV activation, or electron transfer reactions via photocatalytic activation (homogeneous or heterogeneous). In the activation by homolysis of the peroxide bond, sulfate and hydroxyl radicals are predominantly formed. In contrast, activation via electron transfer mechanisms predominantly leads to the formation of sulfate radicals, hydroxyl radicals, and superoxide radicals [79,122].

The direct application of peroxydisulfate (PDS) or peroxymonosulfate (PMS) without activation results in a slow reaction kinetics, generally insufficient for the effective removal of pollutants [121]. Direct ultraviolet (UV) irradiation, within the wavelength range of 200 to 400 nm, has been considered

a sustainable activation method since it avoids generating sludge from metal catalysts [79,111]. Within this range, a wavelength of 254 nm—emitted by low-pressure mercury lamps—is commonly used, providing adequate energy for the homolytic cleavage of the peroxide bond [78,79].

LED lamps have emerged as a more sustainable alternative due to their higher energy efficiency, lower energy dissipation as heat, and significantly longer lifespan. Low-intensity UVC-LED lamps (with UV irradiance below 5 W/m²) have effectively treated micropollutants in wastewater [27,123,124]. However, studies regarding the use of UVC-LED lamps for activating PDS or PMS in sulfate radical-based processes are scarce. The limited research has primarily focused on removing antibiotics [124–126].

In the direct activation of PDS or PMS with UV radiation, pollutant degradation occurs via two mechanisms:

- (i) by photolysis, in which molecules are broken down by direct light absorption (Reaction 1);
- (ii) through the formation of active oxidizing radicals resulting from the cleavage of the peroxide bond (–O–O) in PDS and PMS (Reactions 2 and 3, respectively) (Figure 10). Sulfate radicals can react with water or hydroxide ions, generating hydroxyl radicals (Reactions 4 and 5, respectively). Finally, both SO₄•[–] and •OH radicals promote the degradation of pollutants (Reaction 6), leading to smaller transformation products or complete mineralization into CO₂ and water [78,79].

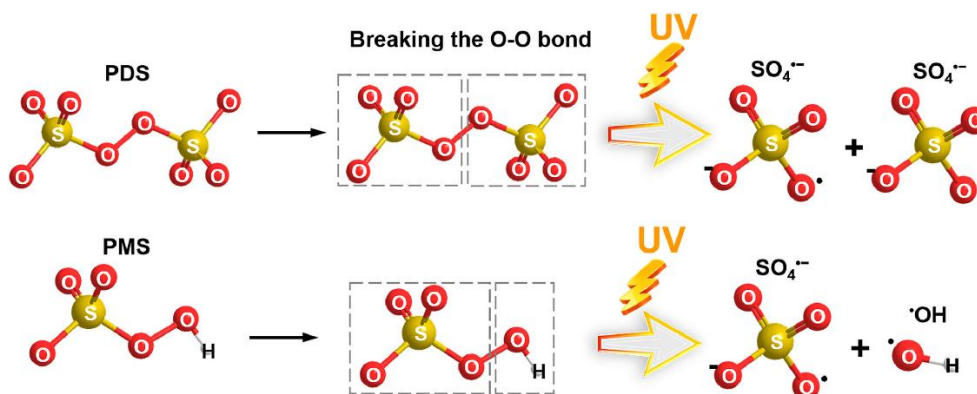
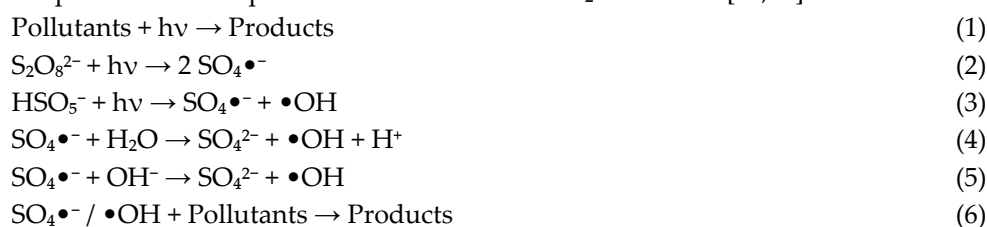


Figure 10. Activation of PDS and PMS by ultraviolet light. Adapted from [79] with permission of Elsevier (license 6023150870371).

6. Degradation of E2 and EE2 by Sulfate Radical-Based Processes

Several recent studies have investigated the removal of steroid hormones (E2 and EE2) through advanced oxidation processes (AOPs) involving persulfate (PDS) or peroxymonosulfate (PMS) (Table S4 - Supplementary Material), using different activation methods previously discussed (light radiation, heat, ultrasound, and transition metals). The available studies reveal these processes' broad effectiveness when properly activated. A significant portion of the studies employ metals (such as MnFe₂O₄, zero-valent iron, γ-MnOOH, or TiO₂) to activate the oxidant, often in combination with UV or visible light. Examples include [32,77,112,113,127], where metal activation is combined with UV/PMS or UV/PDS for hormone degradation.

Some studies used UV radiation alone to activate persulfate (PDS) without needing metallic catalysts. Notable examples include [78,108,109], in which persulfate was activated solely by UV radiation (UVC, UVA, or UVB). The absence of metal catalysts in these systems avoids the generation of secondary metal residues, eliminating the need for recovery and treatment of metals in the reaction

medium. However, the literature still lacks more comprehensive studies focused on removing steroid hormones using processes based solely on photoactivation (such as UV/PS and UV/PMS), which limits a more robust assessment of this approach's potential environmental and economic benefits.

Processes combining PDS with UV radiation (254–365 nm), hydrodynamic cavitation, or zero-valent iron (nZVI) show strong performance, achieving removal rates of up to 100% in treatment times ranging from 4 seconds to 60 minutes. PMS also demonstrates high efficiency, yielding similarly notable results, including the complete removal of estrogenic activity as reported in [112,127].

The diversity of tested matrices—including deionized water, treated wastewater, and animal farm effluents—demonstrates the robustness of sulfate radical-based AOPs under various operational conditions. These results highlight the potential of these processes as promising technologies for effectively removing estrogenic hormones from different types of wastewater.

6.1. Main Operational Factors Influencing Hormone Removal from Wastewater by Advanced Oxidation Processes with Sulfate Radical Generation

Several variables are critical to the efficiency of sulfate radical-based processes, including pH, the concentration of certain anions, the presence of organic matter, and the sample matrix. Some substances can act as scavengers of oxidizing radicals, negatively affecting the reaction. The concentrations of hormones and persulfate (PS) also significantly influence the reaction rate and hormone removal efficiency.

6.1.1. pH

pH directly affects hormone removal by influencing the generation of radicals ($\text{SO}_4^{\bullet-}$ and $\bullet\text{OH}$). The influence of pH on removing 17 β -estradiol using UV/PS in deionized water at pH values of 5, 7, 9, and 11 was studied [78]. A decrease in the kinetic rate constant (k) with increasing pH was observed, and the highest k was obtained at pH 5. Alkaline pH reduced the redox potential (E^0) of the hydroxyl radical and decreased the efficiency of the E2-UV/PS reaction, which can be partially attributed to the deprotonation process of E2, whose pK_a is 10.7.

17 β -estradiol removal using UV/PS under acidic and basic conditions, varying the pH from 3 to 11, was tested [108]. Hormone removal efficiency decreases as pH increases. The highest degradation rate was found at pH 3. Therefore, acidic pH is recommended for UV/PS processes to enhance removal efficiency. Additionally, the authors reported that under acidic conditions, $\text{SO}_4^{\bullet-}$ is the predominant radical species, and the faster degradation of E2 is due to a higher generation rate of $\text{SO}_4^{\bullet-}$ at lower pH.

Regarding PMS, E2 removal in deionized water via the Vis/PMS/Fe(II) process at pH 3, 5, 7, 8, and 11 were investigated [77]. The highest observed degradation rate constant (k_{obs}) occurred at pH 3 and the lowest at pH 9. At pH 11, k_{obs} increased again, showing that for PMS, under the activation system used by the authors, alkaline pH (11) can yield a degradation rate close to that observed at pH 3.

PMS activation using phosphorus-doped cow manure biochar (PBC500) for E2 degradation was examined in deionized water [116]. Experiments were conducted over a pH range of 3 to 11. Results showed that E2 degradation efficiency decreased from 98.91% to 89.65% over 90 minutes as the pH increased from 3 to 11. Despite the decrease, removal efficiency remained relatively high even at pH 11, indicating that the PBC500/PMS system is also effective under alkaline conditions.

In summary, pH is crucial in improving advanced oxidation processes based on sulfate radicals for hormone removal. Acidic conditions generally enhance the generation of $\text{SO}_4^{\bullet-}$ radicals, leading to higher degradation rates of 17 β -estradiol, as observed in multiple cited studies. Although some systems maintain relatively high efficiency even at alkaline pH, such as PMS activated with specific catalysts like PBC500, optimal removal is typically achieved under acidic conditions. Therefore, controlling pH is essential to maximize the effectiveness of these treatment processes.

6.1.2. Temperature

The temperature dependence of E2 removal via UV/heat/PS was assessed using an E2 concentration of 3 mg/L and PS at 20 mg/L [108]. Five temperatures were tested (25, 35, 45, 55, and 65 °C). The authors showed that the degradation rate significantly increased with temperature, which can be expected following thermodynamic principles. At 25 °C, only 20% of E2 was degraded after 72 hours ($k = 0.0024 \text{ h}^{-1}$), while complete degradation was achieved in 15 hours at 65 °C ($k = 0.4709 \text{ h}^{-1}$). These results indicate that higher temperatures enhance $\text{SO}_4^{\bullet-}$ generation.

6.1.3. Ions Concentration

A significant positive impact on E2 degradation with PS in the presence of nitrate (NO_3^-) was reported [78]. At a concentration of 20 mg/L NO_3^- , E2 degradation efficiency increased by 21.4% compared to the control. NO_3^- can generate oxygen radicals ($\text{O}^{\bullet-}$), which subsequently react with water to form hydroxyl radicals (OH^{\bullet}). Similarly, the increase of NO_3^- concentration enhanced hormone degradation rates using PMS. Nitrate positively influences E2 oxidation via $\text{SO}_4^{\bullet-}$ at concentrations up to 20 mg/L [77].

Regarding Cl^- , low concentrations of Cl^- (<500 mg/L) negatively affected the activity of both sulfate and hydroxyl radicals formed from PMS activation [77]. In contrast, there was a positive effect of Cl^- at concentrations between 1000 and 1500 mg/L with PS, possibly due to the generation of Cl^{\bullet} radicals, which may eventually lead to the formation of OH^{\bullet} radicals [78]. However, at very high Cl^- concentrations, complex chain reactions may be triggered, and Cl^- may react simultaneously with radicals such as $\text{SO}_4^{\bullet-}$, OH^{\bullet} , and Cl^{\bullet} , forming $\text{Cl}_2^{\bullet-}$, which subsequently reacts to reform Cl^- . Therefore, an adverse effect of Cl^- may become noticeable at elevated concentrations [78].

6.1.4. Organic Matter Concentration

E2, E1, and EE2 removal efficiency via UV/PS in two matrices, ultrapure water and wastewater effluent, were compared [109]. Dissolved carbon—particularly organic carbon in sewage—acted as the primary scavenger of hydroxyl and sulfate radicals, reducing hormone removal efficiency. It was estimated that approximately 82% of hydroxyl radicals and 74% of sulfate radicals were consumed by organic matter in the effluent. This demonstrates that organic carbon in real matrices is the main factor reducing the efficiency of advanced oxidation processes.

The effect of natural organic matter (represented by humic acids) and turbidity on E2 removal via UV/PS at different concentrations (5 to 100 mg/L of humic acids and 5 to 100 NTU turbidity) was assessed [78]. Both organic matter and turbidity can reduce the efficiency of E2 removal. Removal efficiency decreased by 43% at 100 NTU of turbidity, as turbidity inhibited E2 degradation by blocking UV light, thereby reducing $\text{SO}_4^{\bullet-}$ generation. Furthermore, at 100 mg/L of humic acids (approximately 100 NTU), the E2 removal rate dropped by about 98%.

Regarding the influence of organic matter on steroid hormone removal using PMS, humic acid concentrations up to 150 mg/L were tested to evaluate interference in E2 degradation via Vis/PMS/Fe(II) [77]. Results showed that increasing humic acid progressively reduced hormone degradation efficiency. The inhibitory effect was caused by the competitive reaction between the steroid hormone and humic acids with reactive and non-radical species.

6.1.6. Oxidant-to-Hormone Ratio

PS concentrations ranging from 5 to 40 mg/L were tested for E2 removal via UV/PS, and it was found that increasing PS concentration enhanced the E2 degradation rate [78]. Plotting k against PS concentration is a linear increase in the constant rate with rising PS levels. Furthermore, keeping the E2 concentration fixed at 3 mg/L while increasing PS from 5 to 40 mg/L led to a removal efficiency increase from 30% to 98% within 20 minutes. When varying E2 concentration from 1 to 3 mg/L at a constant 40 mg/L PS, a decrease in degradation rate was observed with rising hormone levels. The condition that yielded the highest E2 degradation was 40PS:1E2. PS concentrations ranging from 20 to 200 mg/L were tested for the treatment of 3 mg/L of E2 using a heat/UV activation system, and nearly complete removal was reported under the condition 200PS:3E2, equivalent to 66.67PS:1E2.

[108]. Some studies employ higher oxidant-to-hormone ratios and sometimes can exceed values of 100:1 [32,109,113,127].

6.1.7. UV Radiation Dose

Studies employing ultraviolet (UV) activation tend to use lower oxidant-to-hormone ratios compared to those utilizing metal catalysts as activators. This can be considered an advantage of light-based activation due to the reduced need for chemical reagents. However, to ensure that radiation use translates into cost benefits—especially concerning energy consumption—optimizing light intensity and exposure time (i.e., the irradiation dose) is necessary for effective hormone degradation.

Another study used a significantly lower dose of just 45 mJ/cm² [113]. This wide variation highlights the need for optimization studies of UV/PS and UV/PMS irradiation doses to ensure efficient steroid hormone removal with minimal energy consumption and to avoid unnecessary costs.

7. Integrated Analysis of the Efficiency of Oxidative Processes with Sulfate Radical Formation for the Removal of E2 and EE2

Understanding degradation mechanisms, identifying transformation products (TPs), and assessing residual estrogenic activity and toxicity are essential steps for comprehensively evaluating the efficiency of advanced oxidation processes (AOPs). Removing pollutants does not guarantee environmental safety, as the TPs formed may exhibit toxicity, persistence, and estrogenic activity equal to or even greater than the original compounds. However, this comprehensive approach is still underexplored in literature, especially in studies involving sulfate radical-based processes.

7.1. Identification of Degradation Products

Despite the growing application of AOPs for the degradation of steroid hormones, few studies provide detailed information on degradation mechanisms and transformation products (TPs) generated during these processes. This gap is partly due to the need for high-cost analytical equipment, such as tandem LC-MS/MS and QTOF-MS (Quadrupole Time-of-Flight Mass Spectrometry), which are essential for identifying and elucidating the structure of these compounds [77,89].

Among the literature found on E2 degradation via sulfate radicals, the degradation mechanisms of 17 β -estradiol (E2) using a MnFe₂O₄/g-C₃N₄ system activated by peroxymonosulfate (PMS) under visible light (MnF/PMS/vis) was investigated, employing LC-MS/MS-QTOF analysis. After 30 to 45 minutes of oxidation, three main E2 transformation pathways were identified: (1) conversion to estrone (E1, m/z 270) via dehydrogenation of ring A; (2) formation of 2-hydroxy estradiol (m/z 288) via hydroxylation at the C-2 position of the aromatic ring; and (3) generation of a ketone intermediate (m/z 285) through hydroxyl group oxidation [77].

Fourteen transformation products (TPs) were identified during the degradation of E2 using the Vis/PMS/Fe(II) system and high-resolution mass spectrometry (LC-HR-MS). However, only six key TPs were definitively identified due to multiple isomers, which hindered precise structural assignments. Although structural elucidation was partial, the study revealed that E2 degradation occurred through reactions promoted simultaneously by sulfate radicals (SO₄•⁻) and hydroxyl radicals (HO•), both generated during PMS activation. These radicals mainly acted via hydrogen abstraction at allylic positions of the E2 aliphatic ring, forming ketones, hydroquinones, and quinones and promoting ring-opening reactions and subsequent mineralization [112].

For EE2, degradation intermediates were investigated using persulfate activated with Pg-C₃N₄/RGO/BiOI under visible light. High-resolution mass spectrometry (Waters Acquity UPLC I-Class with Xevo G2-XS QTOF) was employed, identifying six intermediates. Based on reactive species and degradation products, two predominant degradation pathways for EE2 were proposed (Figure 11). In the first route, oxidants attack C-2—a highly electron-dense site on the EE2 molecule—leading to the formation of an initial intermediate (P1, m/z 311), which is subsequently oxidized and

undergoes dehydration and decarbonylation reactions, forming lower molecular weight compounds (P2 to P4). In the second pathway, the initial oxidative attack produces a hydroxylated intermediate that generates P5 (m/z 287) and P6 (m/z 285) after successive dehydrogenation and dealkylation steps. These intermediates are eventually mineralized into CO₂ and H₂O [128].

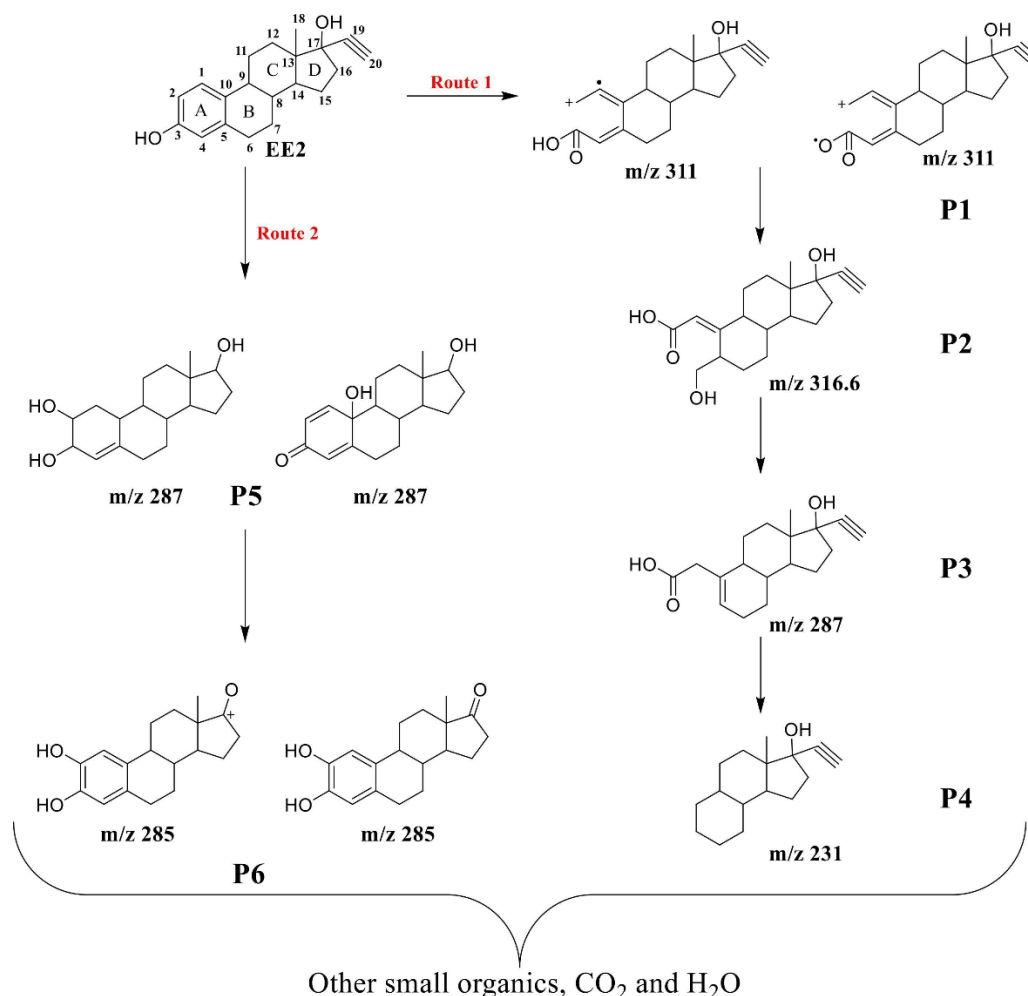


Figure 11. Degradation pathways for EE2 by oxidation using persulfate activated with Pg-C₃N₄/RGO/BiOI under visible light [128]. With permission of Elsevier (license 6027760431042).

7.2. Assessment of Estrogenic Activity

The evaluation of residual estrogenic activity remains underexplored in the literature. Many studies on hormone removal through sulfate radical formation processes do not assess the estrogenic activity of the transformation products formed [32,108,113,127]. Among the exceptions, one study stands out in which the estrogenic activity of intermediates generated during the oxidation of EE2 with persulfate activated by Pg-C₃N₄/RGO/BiOI under visible light was investigated. Using MCF-7 breast cancer cells, complete elimination of estrogenic activity after treatment was reported, demonstrating the effectiveness of the process not only in removing the parent compound but also in neutralizing its endocrine-disrupting potential [128].

The *in vitro* YES (Yeast Estrogen Screen) assay was employed to monitor the reduction in estrogenic activity during E1, E2, and EE2 (0.5 μM each) degradation in ultrapure water using the UVA/UVB/PS system. A substantial decrease in estrogenic activity, greater than 97%, was reported after 3 hours of treatment. The concentrations of hormones post-treatment accounted for approximately 3% of the initial estrogenic activity. It was impossible to determine whether this percentage was due to the persistence of estrogenic activity, possibly caused by degradation byproducts, proximity to the quantification limit (~15 nM), or experimental contamination [109].

The estrogenic activity of E2 in effluent treated with UV-Vis/PMS/Fe(II) was also evaluated. Estrogenic activity was measured using cell lines expressing the estrogen receptor alpha (ER α). Initially, a preliminary PMS/Fe(II) test without ultraviolet radiation was conducted. After 15 minutes of oxidation, the estrogenic activity corresponding to the concentration resulting in 50% of the maximum luciferase activity (EC₅₀ = 1.5×10^{-10} M) remained close to that of the initial solution (EC₅₀ = 6×10^{-10} M). The authors concluded that oxidation without UV radiation was ineffective in reducing estrogenic activity, even though 35% of the initial E2 concentration had already degraded. This suggests that one or more E2 degradation byproducts maintained an estrogenic activity level similar to the parent compound [112].

The phenolic group is essential for receptor binding and the estrogenic activity of all steroidal estrogens. Thus, the results reported indicate that the phenolic moiety of E2 was preserved, which may have hindered the conversion of hydroquinone-like structures into quinones. In contrast, after a few minutes of irradiation, luciferase activity dropped significantly, approaching the basal level of the cell line, suggesting that the treated effluent no longer exhibited estrogenic activity [112].

The efficiency of the Co-SA/CMN/PMS system in degrading 17 β -estradiol (E2) and eliminating its residual estrogenic activity was evaluated. A yeast-based estrogen receptor assay showed reduced estrogenic activity from 24.7 to 0.2 ng-E2 eq/L after only 8 minutes of treatment, indicating near-complete neutralization of endocrine-disrupting potential. This reduction was attributed to structural modifications in the transformation products, particularly in the phenolic region responsible for hormonal interaction [129].

The results presented in this section demonstrate that advanced oxidation processes based on sulfate radical formation can remove E2 and EE2 and significantly reduce the treated samples' estrogenic activity.

7. Assessment of Residual Toxicity

The evaluation of residual toxicity following AOPs based on sulfate radical generation remains scarce in the literature. Many studies focus solely on quantifying the removal of the original pollutant without considering the potential toxic effects of the transformation products formed during treatment [32,108,113,127].

In this context, the residual toxicity after treating 17 β -estradiol (E2) using the Co-SA/CMN/PMS system was assessed [129]. Chinese hamster ovary (CHO) cells were used as a biological model. An integrated approach based on cellular biomarkers was applied, including cytotoxicity analysis, intracellular oxidative stress (via quantification of reactive oxygen species – ROS), DNA damage (through γ -H2AX expression), and oxidative DNA damage (measured by 8-OH(d)G). The results revealed that, prior to treatment, E2 induced severe cytotoxic effects, reducing cell viability to only 3%, along with high levels of ROS and DNA damage. After 8 minutes of treatment, toxicity was drastically reduced, with cell viability restored to 98%, a significant decrease in ROS levels, and virtually no evidence of genotoxic damage. These findings demonstrate that the process not only removed E2 but also eliminated its associated toxicity, highlighting the environmental and biological efficacy of the proposed system [129].

Residual toxicity following the MnF/PMS/Vis process was also evaluated. Two biological models were employed: rice seeds (*Oryza sativa* L.) and cell cultures, including Eker leiomyoma tumor-3 (ELT3) and mouse Sertoli TM4 cells. In the germination assay, seeds were exposed to different concentrations of treated water, and parameters such as shoot and root length and seedling dry weight indicated that the treatment did not negatively affect plant development. In parallel, the in vitro cytotoxicity analysis using ELT3 (uterine tumor) and TM4 (mouse Sertoli) cells showed that the treated water did not cause significant toxic effects, with high cell viability observed through optical density measurements and cellular morphology. The results indicate that the PMS-based process effectively removed contaminants and neutralized their residual toxicity [77].

The findings discussed in this section highlight that advanced oxidation processes involving sulfate radicals effectively eliminate E2 and EE2 and substantially minimize the treated samples' toxicity.

8. Summary of Key Findings

- The steroid hormones 17 β -estradiol (E2) and 17 α -ethinylestradiol (EE2) are emerging contaminants with high estrogenic potential and are frequently detected in aquatic environments, even after conventional wastewater treatment.
- Advanced oxidation processes (AOPs) are promising alternatives for the degradation of E2 and EE2, overcoming the limitations of conventional (biological) and physical treatment methods.
- Among the advanced oxidation processes (AOPs) investigated, those based on hydroxyl radicals—such as ozonation, photocatalysis, and Fenton reactions—have demonstrated high hormone removal efficiencies, often exceeding 99%. These results, however, are strongly influenced by several operational and environmental variables, including the oxidant concentration, pH, matrix composition, and the presence of organic matter, among others.
- AOPs involving sulfate radical ($\text{SO}_4^{\bullet-}$) formation have gained increasing attention recently due to their higher redox potential (2.5–3.1 V), longer half-life, and effectiveness across a broader pH range than hydroxyl radicals. These processes employ activation methods such as UV radiation, heat, ultrasound, and transition metals to activate salts like persulfate (PDS) and peroxymonosulfate (PMS), generating $\text{SO}_4^{\bullet-}$ radicals capable of efficiently degrading persistent compounds such as E2 and EE2.
- Several studies have reported 100% removal of E2 and EE2 using sulfate radical-based AOPs, demonstrating the potential of these processes to eliminate endocrine-disrupting compounds. Like in AOPs based on hydroxyl radicals, these results are strongly influenced by several operational and environmental variables, including the oxidant concentration, pH, matrix composition, and the presence of organic matter, among others.
- Despite their potential, sulfate radical-based AOPs still represent a small portion of the published research but have consistently grown since 2015, indicating increasing academic interest and promising future applications.

9. Gaps in Literature

- Although the photoactivation of persulfate (PS) and peroxymonosulfate (PMS) offers significant advantages, such as avoiding the generation of metal residues, few studies have assessed the exclusive use of photoactivation—without added metals—for the removal of the steroid hormones 17 β -estradiol (E2) and 17 α -ethinylestradiol (EE2).
- In the context of photoactivation, studies are not exploring alternative light sources beyond conventional mercury UV lamps, such as UV-LEDs and solar energy.
- Key operational parameters directly influencing process efficiency—such as pH, oxidant-to-hormone ratio, radiation source selection (UVA, UVB, or UVC), and irradiation dose—are not sufficiently investigated or optimized.
- Most studies on the degradation of E2 and EE2 are conducted using concentrations that are not environmentally relevant, typically in the mg/L or $\mu\text{g/L}$ range. There is a notable scarcity of research addressing degradation at environmentally relevant levels (ng/L). This can be attributed to the need for more sensitive analytical methods to detect hormones at such low concentrations.
- Real-scale applications using complex real wastewater under varying operational conditions are scarce, limiting our understanding of the AOPs' effectiveness in the presence of dissolved organic matter, salts, and pH fluctuations in real effluents.
- There is a significant gap in the integral evaluation of the processes: identifying degradation products and assessing residual estrogenic activity and toxicity of byproducts, particularly in sulfate radical processes UV/PS and UV/PMS.

- Economic and energy efficiency assessments of oxidative processes based on sulfate radicals are lacking, which hinders the evaluation of their feasibility for large-scale implementation in wastewater treatment plants.

10. Challenges and Prospects for Large-Scale Application

10.1. Future Research and Opportunities for Improvement

Technological advances are needed to make AOPs based on sulfate radicals viable on a large scale. Strategies such as regenerable catalysts, photoactivation by UVC-LED or solar radiation (replacing artificial UV), and integrated systems with membranes are promising [113]. In addition, few studies evaluate the formation of by-products and the removal of estrogenic activity and residual toxicity in an integrated manner. Some exceptions reported the identification of degradation products [77,128], the elimination of estrogenic activity following hormone degradation [109,129], and the reduction or elimination of toxicity associated with these compounds [77,129]. Most studies are still limited to removing the original compound, highlighting a significant gap in the comprehensive efficiency evaluation. This brings an excellent opportunity for new studies that provide a more integrated process assessment.

Furthermore, several studies employ varying oxidant-to-hormone ratios, irradiation doses, and pH ranges; however, a systematic approach to simultaneously optimize these parameters remains lacking. Such optimization is essential not only to maximize the removal efficiency of steroid hormones but also to ensure the economic feasibility of the process. The absence of optimized strategies may lead to excessive reagent use and high energy consumption, particularly due to the reliance on artificial light sources. In this context, conducting optimization studies that integrate treatment efficiency with operational sustainability presents a valuable opportunity for enhancing advanced oxidation processes, thereby promoting their practical applicability on a large scale in wastewater treatment plants.

10.2. Difficulties in Implementation in Industrial Wastewater Treatment Plants

Despite the proven effectiveness of advanced oxidative processes based on sulfate radicals in the degradation of endocrine disruptors such as 17 β -estradiol (E2) and 17 α -ethinylestradiol (EE2) on a laboratory scale, their application on a large scale faces challenges. One of the main obstacles is the complexity of real matrices, such as effluents from industrial wastewater treatment plants. Some studies have observed that degradation efficiency is significantly reduced in the presence of natural organic matter, turbidity and inorganic salts - typical components of municipal and industrial effluents [77,78]. For example, the degradation rate of E2 was shown to decrease from 0.140 min⁻¹ in deionized water to 0.001 min⁻¹ in effluent from a wastewater treatment plant, indicating substantial matrix interference[78].

Using ultraviolet radiation sources, combined with high dosages of oxidants such as peroxymonosulfate (PMS) and persulfate (PDS), can significantly increase the operating and energy costs of the processes. In some studies, such as one in which radiation doses of up to 1800 J/cm² were applied, significant challenges were highlighted regarding the feasibility of implementation in full-scale continuous systems [108]. Additionally, oxidant-to-hormone ratios exceeding 100:1 have been reported, with a ratio of 200:1 used in one case, indicating high reagent consumption [127]. Although catalytic systems with materials such as nZVI/PGBC or MnFe₂O₄/g-C₃N₄ are highly efficient at degrading steroid hormones, aspects such as the cost of synthesis, structural stability and the reuse of catalysts still need to be improved [32,77]. Thus, it is essential to carry out studies that address these processes' technical-economic optimization and energy efficiency to make their practical application in wastewater treatment plants feasible.

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Abbreviations

The following abbreviations are used in this manuscript:

AOP	Advanced Oxidation Process
Al-ZnO/Fe	Aluminum-Zinc Oxide with Iron
BSA	Bovine Serum Albumin
C/C ₀	Final/initial concentration ratio
CAS	Chemical Abstracts Service (Registry Number)
COD	Chemical Oxygen Demand
Cl•, Cl ₂ • ⁻	Chlorine radicals
D5	Decamethylcyclopentasiloxane
DEs	Endocrine Disruptors
E1	Estrone
E2	17β-estradiol
E3	Estriol
EE2	17α-ethinylestradiol
ED	Endocrine Disruptor
EDC	Endocrine-Disrupting Compound
EPA / USEPA	United States Environmental Protection Agency
EU	European Union
EfOM	Extracellular Organic Matter
Fe ²⁺	Ferrous Iron
Fe ³⁺	Ferric Iron
HO• / •OH	Hydroxyl Radical
HRT	Hydraulic Retention Time
H ₂ O ₂	Hydrogen Peroxide
KMnO ₄	Potassium Permanganate
LD	Limit of Detection
LED	Light Emitting Diode
LQ	Limit of Quantification
MBBR	Moving Bed Biofilm Reactor
MBR	Membrane Bioreactor
N ₂₀ BiOBr	Nitrogen-doped Bismuth Oxybromide
NCBI	National Center for Biotechnology Information
NaAH	Sodium Aldehyde
NaAg	Sodium Alginate
O.M	Organic Matter
PDS	Peroxydisulfate
PMS	Peroxymonosulfate
PS	Persulfate
ppmv	Parts per million by volume (GC-MS)
PVDF	Polyvinylidene Fluoride
SO ₄ • ⁻	Sulfate Radical
TiO ₂	Titanium Dioxide
UKEA	United Kingdom Environment Agency
US	Ultrasound / Sonolysis
UV	Ultraviolet
UVC-LED	Ultraviolet-C Light Emitting Diode
VTG	Vitellogenin
WHO	World Health Organization
k	Reaction rate constant
mg/L, µg/L, ng/L	Concentration Units (milligrams, micrograms, nanograms per liter)

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