

Case Report

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Case Report

Urinary Multidrug-Resistant *Klebsiella pneumoniae*: Essential-Oil Countermeasures in a One Health Case Report

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Abstract

Carbapenem-resistant *Klebsiella pneumoniae* (CR-Kp) is eroding therapeutic options for urinary-tract infections. We isolated a multidrug-resistant strain from the urine of a chronically bacteriuric patient and confirmed its identity by Vitek-2 and MALDI-TOF MS. Initial disk-diffusion profiling against 48 antibiotics revealed susceptibility to only five agents. One month later, repeat testing showed that tetracycline alone remained active, highlighting the strain's rapidly evolving resistome. Given the scarcity of drug options, we performed an "aromatogram" with six pure essential oils and two commercial phytotherapeutic blends. Biomicin Forte® produced a 30 mm bactericidal halo, while thyme, tea-tree, laurel and palmarosa oils yielded clear inhibition zones of 11–22 mm. These in-vitro data demonstrate that carefully selected plant-derived products can target CR-Kp where conventional antibiotics fail. Integrating aromatogram results into One-Health stewardship plans may therefore help preserve last-line antibiotics and provide adjunctive options for persistent urinary infections.

Keywords: *Klebsiella pneumoniae*; multidrug resistance; urinary tract infection; essential oils; One Health

1. Introduction

As a foremost cause of hospital acquired infections worldwide, *Klebsiella pneumoniae* (*K. pneumoniae*) exemplifies a One Health threat that bridges human, animal, and environmental reservoirs. Contemporary phylogenomic analyses recognise at least seven species or subspecies: *K. pneumoniae* subsp. *pneumoniae*, *K. quasipneumoniae* subsp. *quasipneumoniae*, *K. quasipneumoniae* subsp. *similipneumoniae*, *K. variicola* subsp. *variicola*, *K. variicola* subsp. *tropica*, *K. quasivariicola*, and *K. africana* [1,2]. Accurate species delineation can be achieved using a seven-gene multilocus sequence typing (MLST) barcode that combines single-linkage clustering at multiple thresholds with life identification numbers (LIN) [3].

K. pneumoniae is ubiquitous, occurring in soil, water, and the gastrointestinal tracts of humans and diverse animal species, which facilitates zoonotic transmission [4]. After faecal contamination, it adapts and multiplies in varied biotopes such as tree surfaces, plant phyllospheres, and the interior walls of wooden water tanks. Other reported habitats include sewage, drinking water, industrial effluents, and vegetation. In humans, the bacterium is common in hospital environments, colonising the urinary and respiratory tracts or the intestine, particularly following prolonged antibiotic therapy [5].

Clinically, *K. pneumoniae* is a prominent opportunistic pathogen in both nosocomial and community settings, renowned for its ability to develop multidrug resistance and for its pronounced genotypic and phenotypic diversity [1,6,7]. Companion animals (dogs and cats) with urinary-tract

infections have been shown to carry *K. pneumoniae* strains harboring resistance and virulence genes that mirror those found in human isolates [8].

The emergence of multidrug-resistant (MDR) and extensively drug-resistant (XDR) clones represents a serious public-health threat, limiting therapeutic options and increasing both morbidity and mortality [5,9]. Within this genetically diverse species, it remains difficult to recognize or predict the rise of clinically significant clones. *K. pneumoniae* possesses a large accessory genome, comprising approximately 30,000 protein-coding genes, many of which encode virulence functions. The convergence of virulence and resistance loci may ultimately yield untreatable invasive infections [1]. Nosocomial outbreaks with wide geographic amplitude have been attributed to *K. pneumoniae*, causing severe infections for which effective treatments are lacking owing to antibiotic resistance [10,11]. The organism is now considered an urgent global health threat because of the emergence of MDR and hypervirulent strains capable of causing severe disease worldwide [1,12].

K. pneumoniae isolates are broadly divided into two major pathotypes: classical (cKP) and hypervirulent (hvKP) [13,14]. Both can lead to bacteraemia with substantial morbidity and mortality, but hvKP strains are more likely to provoke severe, disseminated disease than cKP [15,16]. These groups are genetically distinct, occupy non-overlapping ecological niches, cause different clinical syndromes, and interact differently with host immunity [14]. The species has thus evolved from a common opportunist into one of the most dangerous pathogens, with hvKP causing life-threatening, invasive disease [17,18]. Hypervirulent strains are globally disseminated, but accurate discrimination from classical strains may require animal models or molecular biomarkers such as the murine sepsis assay [19,20]. In addition to animal lethality tests, molecular detection offers a practical alternative [21]. A hypermucoviscous colony phenotype is a strong laboratory indicator of hvKP [13]. MDR, hvKP clones are emerging pathogens of global concern [22]. hvKP has spread from the Asia-Pacific region worldwide, causes highly invasive infections, and is progressively acquiring antimicrobial resistance [20,21,23]. The simultaneous presence of resistance and hypervirulence has raised major concern [2,12,24]. The rapid geographic expansion of MDR-hvKP clones is alarming [25], with hvKP ST23 now documented in at least one country in each of the six WHO regions [5]. HvKP strains are more likely to cause severe, disseminated infection than classical strains; their colonies appear hypermucoviscous on agar, and the simple string test aids early laboratory recognition [16].

K. pneumoniae harbours multiple potent virulence factors, including capsular exopolysaccharides, lipopolysaccharide (LPS), adhesive fimbriae (type 1 and type 3), and iron-scavenging siderophores. The polysaccharide capsule is a pivotal determinant that forms the bacterium's outermost layer and shields it against host defenses such as phagocytosis, complement, opsonophagocytosis, oxidative killing, and antimicrobial peptides [24,26]. Capsule and fimbriae also cooperate in biofilm formation. More than 80 capsular serotypes are recognized among pathogenic strains, yet only a subset predominates in invasive disease [27]. Determination of anti-*Klebsiella* antibodies (IgG, IgM, and IgA) is recommended in urinary-tract infections. LPS acts as an endotoxin and, together with the capsule, provides an effective barrier to serum complement [24]. In uropathogenic strains, fimbriae are critical for adherence to uroepithelial cells, preventing washout during micturition and allowing persistence in the host [18]. The frequency, clinical significance, and morbidity of *K. pneumoniae* UTIs have risen steadily [25,28,29]. Beyond pneumonia and other syndromes, the organism is a leading and often recalcitrant uropathogen [18,25,30]. It is also among the most common UTI agents that produce carbapenemases (KPCp isolates), creating major therapeutic challenges [29]. Given that UTIs rank among the world's most prevalent bacterial infections, the emergence of multidrug-resistant *K. pneumoniae* within this niche is of particular concern [6,24,31].

Accordingly, this study aimed to (i) identify and characterize a *K. pneumoniae* strain isolated from the urine of a human patient, (ii) describe its antimicrobial-resistance mechanisms, and (iii) evaluate the in-vitro activity of 56 antibiotics, six essential oils, a propolis tincture and two commercial phytotherapeutic blends as potential adjuncts or alternatives for urinary-tract infection management.

2. Materials and Methods

2.1. Isolation of the Strain

The strain was isolated from an 84-year-old male patient with a history of bacteriuria. The *K. pneumoniae* isolate was obtained by streaking routine media - nutrient broth and nutrient agar - together with selective media (MacConkey agar and UriSelect™, Bio-Rad Laboratories Inc., Hercules, CA, USA) that facilitate the preliminary recognition of *Enterobacteriaceae*. After inoculation, tubes and Petri plates were aerobically incubated at 37°C in a thermostatic chamber and examined after 24 and 48 h.

2.2. Phenotypic and Morphological Characterization

Presumptive identification relied on colony appearance on the various media and cellular morphology revealed by Gram-stained smears.

2.3. Definitive Identification

Species confirmation was achieved with two automated systems, Vitek® 2 Compact 15 (bioMérieux, Craponne, France), which uses an array of biochemical reactions to generate species-level identifications, and MALDI Biotyper® Sirius System (Bruker, Ettlingen, Germany), which applies matrix-assisted laser desorption/ionisation time-of-flight mass spectrometry (MALDI-TOF MS) to analyse the bacterial protein profile (CLSI, 2023).

2.4. Antimicrobial Susceptibility Testing

Susceptibility was evaluated by the standard Kirby-Bauer agar-disk diffusion method, interpreted according to EUCAST breakpoints, but cross-checked with CLSI zone-diameter tables. A 0.5 McFarland suspension of the isolate was swab-spread onto Mueller-Hinton agar (Merck, Darmstadt, Germany) plates; antibiotic disks (commercially coded micro-tablets) were then placed on the surface. Plates were incubated at 35±1°C for 18±2 hours. Inhibition zones were measured to the nearest millimeter with a digital vernier caliper and categorized as susceptible (S), intermediate (I), or resistant (R). Two evaluations were performed using the same antibiotics at one month apart. For the second susceptibility testing, the *K. pneumoniae* strain was once again isolated from the urine sample of the same patient.

The tested antimicrobials were the following (drug/code/content): Penicillin (PEN, 1 unit), Oxacillin (OX, 1 unit), Mecillinam (MEC, 10 µg), Piperacillin (PRL, 30 µg), Ampicillin + Sulbactam (SAM, 10/10 µg), Amoxicillin + Clavulanic Acid (AMC, 20/10), Cefadroxil (CFR, 30 µg), Cephadrine (CE, 30 µg), Cefacetrile (CEF, 30 µg), Cephalothin (CH, 30 µg), Cefaclor (CEC, 30 µg), Cefotetan (CTT, 30 µg), Cefuroxime (CXM, 30 µg), Cefamandole (MA, 30 µg), Ceftriaxone (CRO, 30 µg), Ceftazidime (CAZ, 10 µg), Cefazidime + avibactam (CZA, 10/4 µg), Cefoperazone (CEP, 75 µg), Ceftiofur (FUR, 30 µg), Cefixime (CFM, 5 µg), Cefquinome (CFQ, 30 µg), Meropenem (MEM, 10 µg), Imipenem (IMI, 10 µg), Amikacin (AK, 30 µg), Streptomycin (S, 10 µg), Gentamicin (GME, 10 µg), Azithromycin (AZM, 15 µg), Clarithromycin (CLR, 15 µg), Tetracycline (TE, 30 µg), Doxycycline (DOX, 30 µg), Tulathromycin (TUL, 30 µg), Spiramycin (SP, 30 µg), Bacitracin (DTD, 10 units), Colistin (CT, 25 µg), Fosfomycin (FF, 200 µg), Pristinamycin (PT, 15 µg), Novobiocin (NV, 30 µg), Norfloxacin (NX, 10 µg), Marbofloxacin (MAR 5 µg), Ofloxacin (OFX, 5 µg), Chloramphenicol (C, 30 µg), Rifampicin (RD, 5 µg), Nitrofurantoin (F, 100 µg), Metronidazole (MET, 5 µg), Furazolidone (FX, 50 µg), Fusidic Acid (FA, 10 µg), Compound Sulphonamides (S3, 300 µg), Trimethoprim + Sulfamethoxazole (SXT, 1.25/23.75 µg). All commercial antibiotic disks were purchased from Liofilchem®, Roseto degli Abruzzi, Italy, and Bio-Rad Laboratories Inc., Hercules, CA, USA.

2.5. Essential Oil and Antiseptic Susceptibility Testing

Sterile blank filter-paper disks (\varnothing 6 mm) were impregnated with 10 μ L of each test solution - neat essential oil, tincture, or antiseptic - then placed on Mueller–Hinton agar plates that had been lawn-inoculated with the *K. pneumoniae* 0.5 McFarland suspension, following the same layout as the antibiotic disk-diffusion assay. Plates were incubated at 37°C for 24 h and re-read at 48 h; inhibition halos were measured in millimeters. Complete absence of growth within the halo was interpreted as bactericidal activity, whereas satellite colonies were recorded as evidence of partial resistance. Essential oils screened were represented by palmarosa (*Cymbopogon martini*), geranium (*Pelargonium graveolens*), frankincense (*Boswellia carteri*), laurel (*Laurus nobilis*), tea tree (*Melaleuca alternifolia*), and thyme (*Thymus vulgaris*), all purchased from Elemental SRL, Oradea, Romania. Natural remedy formulations were represented by propolis tincture, Biomicin Urinar[®] (A20, Fares, Romania), Biomicin Forte[®] (A3, Fares, Romania). An antiseptic comparator represented by 1 % methylene-blue solution was also used. Moreover, a standard antibiotic disk containing amoxicillin + clavulanic acid (AMC) was included on each plate as a broad-spectrum reference control.

3. Results

3.1. Cultural Characterization

Regarding growth in nutrient broth, after 24 h of incubation, the broth became markedly turbid, with a thick surface pellicle that later sedimented to the bottom of the tube. When the tubes were tilted or gently rotated, the culture adhered to the glass walls, indicating abundant extracellular mucus. With aging (48–72 h), the broth viscosity increased further because of copious capsular-mucus production. The hyper-mucoviscous phenotype was most obvious when the culture was withdrawn with a loop or Pasteur pipette, producing long, filamentous strings (“string test” positive).

After 24 h on solid media, the isolate formed colonies whose size, surface appearance, pigmentation and consistency evolved over time (48–72 h), as follows: on nutrient and Mueller-Hinton agar: large (3-5 mm diameter), convex, opaque, glossy, non-pigmented colonies (Supplementary material). On UriSelect[™] chromogenic agar, colonies were similar in size and shape, but black in color, consistent with the primary differentiation of *Enterobacteriaceae*. On blood agar, intensely shiny, non-hemolytic colonies were observed that clearly exhibited the mucoid character. Upon prolonged incubation, the colonies enlarged, acquired a faint pink hue, and tended to coalesce (Supplementary material).

3.2. Antibiotic Susceptibility Testing

Regarding the first evaluation, out of the 48 antibiotics and chemotherapeutics agents tested, susceptibility was demonstrated for only 5 (10.42%, CI 95% 3.47-22.66), as follows: streptomycin, tetracycline, doxycycline, chloramphenicol, and tulathromycin. Resistance was recorded to a large number of the agents tested, 43 in total (89.58%, CI 95% 77.34-96.53) (Table 1).

On the other hand, the second evaluation revealed a higher resistance rate, with only 1 efficient antibiotic (2.08%, CI 95% 0.05-11.07), namely tetracycline, the bacterial strain being resistant to 47 antimicrobials (97.92%, CI 95% 88.93-99.95). Results are presented in Table 1.

Table 1. Antibiotic susceptibility profile of the *K. pneumoniae* isolate.

| Antimicrobial class | Nr. | Antibiotic | Result | |
|---------------------|-----|----------------------------|----------------|----------------|
| | | | 1st evaluation | 2nd evaluation |
| Aminoglycosides | 1 | Amikacin (AK) | R | R |
| | 2 | Streptomycin (S) | S | R |
| | 3 | Gentamicin (GME) | R | R |
| Penicillins | 4 | Penicillin (PEN) | R | R |
| | 5 | Oxacillin (OX) | R | R |
| | 6 | Ampicillin–sulbactam (SAM) | R | R |

| | | | | |
|------------------------------------|----|-------------------------------------|---|---|
| | 7 | Piperacillin (PRL) | R | R |
| | 8 | Mecillinam (MEC) | R | R |
| | 9 | Amoxicillin–clavulanic acid (AMC) | R | R |
| Macrolides | 10 | Azithromycin (AZM) | R | R |
| | 11 | Clarithromycin (CLR) | R | R |
| | 12 | Tulathromycin (TUL) | S | R |
| | 13 | Spiramycin (SP) | R | R |
| Polypeptides | 14 | Bacitracin (DTD) | R | R |
| Polymyxins | 15 | Colistin (CT) | R | R |
| Phosphonic acid derivatives | 16 | Fosfomycin (FF) | R | R |
| Cephalosporins ➤ 1st generation | 17 | Cefadroxil (CFR) | R | R |
| | 18 | Cephadrine (CE) | R | R |
| | 19 | Cefacetrile (CEF) | R | R |
| | 20 | Cephalothin (CH) | R | R |
| ➤ 2nd generation | 21 | Cefaclor (CEC) | R | R |
| | 22 | Cefotetan (CTT) | R | R |
| | 23 | Cefuroxime (CXM) | R | R |
| | 24 | Cefamandole (MA) | R | R |
| ➤ 3rd generation | 25 | Ceftriaxone (CRO) | R | R |
| | 26 | Ceftazidime (CAZ) | R | R |
| | 27 | Cefoperazone (CEP) | R | R |
| | 28 | Ceftiofur (FUR) | R | R |
| | 29 | Cefixime (CFM) | R | R |
| | 30 | Ceftazidime-avibactam (CZA) | R | R |
| ➤ 4th generation | 31 | Cefquinome (CFQ) | R | R |
| Carbapenems | 32 | Meropenem (MEM) | R | R |
| | 33 | Imipenem (IMI) | R | R |
| Streptogramins | 34 | Pristinamycin (PT) | R | R |
| Aminocoumarins | 35 | Novobiocin (NV) | R | R |
| Fluoroquinolones | 36 | Norfloxacin (NX) | R | R |
| | 37 | Ofloxacin (OFX) | R | R |
| | 38 | Marbofloxacin (MAR) | R | R |
| Tetracyclines | 39 | Tetracycline (TET) | S | S |
| | 40 | Doxycycline (DOX) | S | R |
| Rifamycins | 41 | Rifampicin (RD) | R | R |
| Amphenicols | 42 | Chloramphenicol (C) | S | R |
| Fusidic acid | 43 | Fusidic acid (FA) | R | R |
| Chemotherapeutic agents | 44 | Furazolidone (FX) | R | R |
| | 45 | Nitrofurantoin (F) | R | R |
| | 46 | Metronidazole (MET) | R | R |
| Sulfonamides | 47 | Sulfonamide compound (S3) | R | R |
| | 48 | Trimethoprim–sulfamethoxazole (SXT) | R | R |

R - resistant; S – susceptible.

Serial testing revealed a precipitous loss of activity, so that streptomycin, tulathromycin, chloramphenicol and doxycycline all flipped from susceptible to resistant between evaluations, leaving tetracycline as the sole agent retaining efficacy (Figure 1).

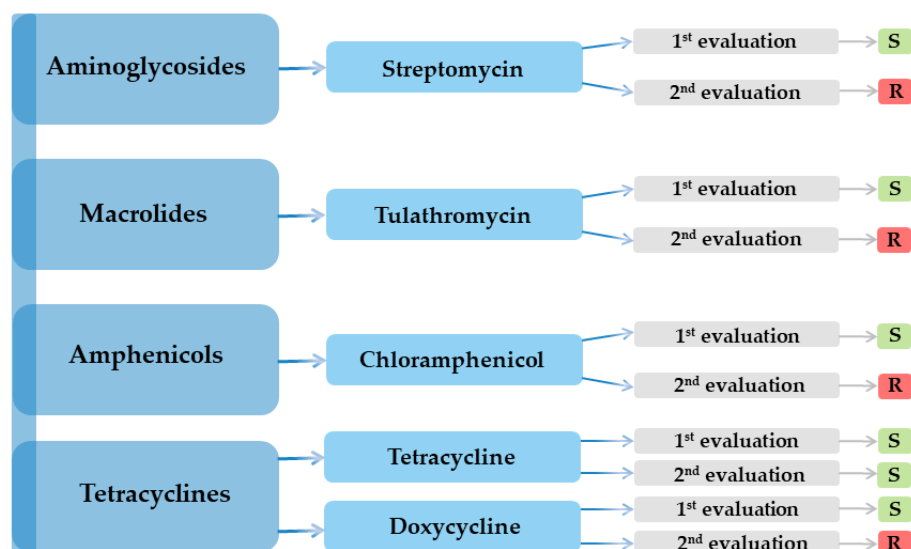


Figure 1. *K. pneumoniae* strain's antibiotic susceptibility variation.

Periodic evaluations consisting of urine culture with susceptibility testing (interpreted according to EUCAST guidelines), that were performed in a private laboratory (Synevo, Romania), with the identification of the bacterial species and quantification of the bacterial load (CFU mL⁻¹). Results are summarized in Table 2.

Table 2. Evolution of *K. pneumoniae* CFU mL⁻¹.

| | | |
|--|--|--|
| 06 Feb 2024 – Urine culture with antibiogram: > 100,000 CFU mL⁻¹, <i>K. pneumoniae</i> | | |
| Susceptible to three agents: colistin, gentamicin, and fosfomicin. | Resistance to 17 agents: amikacin, ampicillin, amoxicillin–clavulanic acid, aztreonam, ceftazidime, cefuroxime, cefepime, cefotaxime, ciprofloxacin, imipenem, nitrofurantoin, piperacillin, tobramycin, trimethoprim–sulfamethoxazole, piperacillin–tazobactam, meropenem, and ertapenem. | Observations Treatment with fosfomicin Over time, the strain became resistant to fosfomicin. |
| | | |
| 05 Mar 2024 – Urine culture: < 1,000 CFU mL⁻¹; not clinically significant. | | |
| 23 Sep 2024 – Urine culture: < 1 000 CFU mL⁻¹; not clinically significant. | | |
| 22 Nov 2024 – Urine culture with antibiogram: > 100,000 CFU mL⁻¹, <i>K. pneumoniae</i> | | |
| Susceptible to four agents: amikacin, amoxicillin–clavulanic acid, gentamicin, and trimethoprim–sulfamethoxazole | Resistant to two agents: piperacillin–tazobactam and levofloxacin | Treatment with trimethoprim–sulfamethoxazole |
| Intermediate susceptibility to two agents: | | |

| | | |
|---|--|---|
| ceftazidime and cefepime | | |
| 13 Dec 2024 – Urine culture with antibiogram: > 100,000 CFU mL⁻¹, <i>K. pneumoniae</i> | | |
| Susceptible to two agents: colistin and tigecycline | Resistant to 14 agents: amikacin, aztreonam, ceftazidime, cefepime, cefotaxime, ciprofloxacin, gentamicin, imipenem, tobramycin, trimethoprim–sulfamethoxazole, piperacillin–tazobactam, meropenem, levofloxacin, and ertapenem | Over time, the strain became resistant to trimethoprim–sulfamethoxazole |
| | | |
| 26 Feb 2025 – Urine culture: < 1 000 CFU mL⁻¹; not clinically significant. | | |
| 25 Apr 2025 – Urine culture with antibiogram: 10,000–100,000 CFU mL⁻¹, <i>K. pneumoniae</i> | | |
| Susceptible to two agents: gentamicin and trimethoprim–sulfamethoxazole | Resistant to ten agents: ampicillin, amoxicillin–clavulanic acid, ceftazidime, ceftriaxone, cefpodoxime, ciprofloxacin, meropenem, levofloxacin, ertapenem, and cefixime | Susceptibility to trimethoprim–sulfamethoxazole is once again observed. |
| | | |

Notably, the susceptibility profile shifted during bacteriuria for several agents, such as gentamicin, amikacin, amoxicillin–clavulanic acid, ceftazidime, cefepime, and trimethoprim–sulfamethoxazole, indicating acquisition or loss of resistance over time. Accordingly, we recommend periodic urine cultures with a full antibiogram, even when the bacterial count is below the usual detection threshold (<1,000 CFU mL⁻¹), to ensure that therapy remains effective. Multiple intrinsic and extrinsic factors can alter the susceptibility/resistance status of the *Klebsiella* strain in question, and timely monitoring allows treatment to be adjusted before clinical failure occurs.

3.3. Essential oils susceptibility testing

The antimicrobial activity of the tested essential oils and natural products against *K. pneumoniae* varied significantly. The largest inhibition zones were observed for Biomicin forte® (A3) and *Thymus vulgaris* (thyme), with diameters of 30 mm and 22 mm, respectively, indicating strong antibacterial properties. *Melaleuca alternifolia* (tea tree oil) showed moderate efficacy, with inhibition zones of 20 mm. Moderate activity was also recorded for *Laurus nobilis* (laurel) and Biomicin urinar® (A20), both yielding zones around 12 mm, although the latter showed the presence of resistant colonies. In contrast, several oils, including *Pelargonium graveolens* (geranium), *Boswellia carteri* (frankincense), *Cymbopogon nardus* (citronella), and propolis, exhibited no inhibitory activity, as indicated by resistant growth. These findings highlight considerable variability in the susceptibility of *K. pneumoniae* to different natural products, suggesting potential for selective use in antimicrobial strategies. The results are presented in Table 3.

Table 3. Susceptibility/resistance of the *K. pneumoniae* isolate to essential oils.

| International name | Latin name/composition | Inhibition area diameter (mm) |
|--------------------|-------------------------------|-------------------------------|
| Palmarosa | <i>Cymbopogon martini</i> | 11 |
| Geranium | <i>Pelargonium graveolens</i> | R |
| Frankincense | <i>Boswellia carteri</i> | R |
| Laurel | <i>Laurus nobilis</i> | 12 |
| Tea tree | <i>Melaleuca alternifolia</i> | 20 |

| | | |
|------------------------|---|----------------------------|
| Citronella | <i>Cymbopogon nardus</i> | R |
| Thyme | <i>Thymus vulgaris</i> | 22 |
| Propolis | <i>Apis mellifera propolis</i> | R |
| Biomicin urinar® (A20) | <i>Origanum aetheroleum</i> + | 12 (resistant colonies) |
| | <i>Cinnamomum verum</i> + | |
| | <i>Salvia officinalis</i> + | |
| | <i>Thymi aetheroleum</i> | |
| Biomicin forte® (A3) | <i>Thymi aetheroleum</i> + <i>Caryophylli floris aetheroleum</i> | 30 |
| Methylene blue 3% | - | 13 |

R-resistant.

4. Discussion

Klebsiella pneumoniae remains a leading cause of healthcare-associated infections worldwide, driven by a highly diverse population structure that complicates both genomic surveillance and clinical management. Kleborate, a recently developed analytic pipeline, now streamlines genotype to phenotype prediction directly from intestinal metagenomes and cultured isolates, offering a practical answer to this complexity [32]. MDR in *K. pneumoniae* arises through four, often co-occurring, mechanisms: (i) production of extended-spectrum β -lactamases (ESBLs), (ii) decreased outer-membrane permeability via porin loss (e.g., OmpK35/OmpK36), (iii) over-expression of efflux pumps such as the intrinsic MFS pump KpnGH, and (iv) modification of antimicrobial targets [10,33]. Most resistance determinants reside on mobile genetic elements such as plasmids, transposons, and integrons, facilitating both vertical inheritance and horizontal exchange within and across species [2,34].

Plasmids are typically circular, autonomously replicating DNA molecules, although linear variants have been documented. Standardized multiplex PCR enables rapid plasmid typing, a prerequisite for tracking dissemination of drug-resistance cassettes in *K. pneumoniae* populations [35]. Conjugative plasmids, in particular, encode the full complement of transfer machinery and therefore mediate inter-strain spread over large taxonomic distances [36]. Specific β -lactamase and carbapenemase genes often segregate with discrete plasmid backbones, and copy-number amplification can further boost resistance levels. Porin loss, particularly of OmpK36, synergizes with plasmid-borne ESBLs and carbapenemases to confer pan- β -lactam resistance [37].

MDR *K. pneumoniae* lineages are genomically plastic, engaging in frequent chromosomal recombination that reshuffles capsule (K-locus) and O-antigen loci [7]. By contrast, hyper-virulent clones tend to recombine less but acquire large virulence plasmids, siderophore systems and regulators of the hyper-mucoid phenotype [38,39]. Alarming, recent reports describe pathotypes that unite extensive drug resistance with hyper-virulence, creating both untreatable and highly invasive strains [11,40]. Global travel and healthcare tourism accelerate their dispersal, highlighting the need for continuous genomic surveillance.

Our isolate displayed broad resistance encompassing aminoglycosides, β -lactams (penicillins, cephalosporins, carbapenems), macrolides, fluoroquinolones, and several second-line classes. Serial susceptibility testing revealed a precipitous loss of activity: streptomycin, tulathromycin, chloramphenicol and doxycycline transitioned from susceptible to resistant between two evaluations, leaving tetracycline as the sole agent retaining efficacy. The phenotype aligns with the presence of transferable ESBL/carbapenemase genes combined with porin down-regulation and active efflux.

Class-by-class overview

Aminoglycosides: only streptomycin remained initially active; aminoglycosides act by irreversible binding to the 30S ribosomal subunit [34].

Penicillins & β -lactams: universal resistance likely reflects high-level ESBL and carbapenemase activity [34,43–46].

Macrolides: intrinsic resistance predominated, although veterinary tulathromycin was transiently effective. Efflux appears contributory [34].

Other classes: resistance to polypeptides, streptogramins, aminocoumarins, fluoroquinolones, rifamycins, sulfonamides, and nitrofurantoin derivatives was universal. Tetracycline and chloramphenicol showed the only measurable activity, but both were undermined by rapid resistance emergence.

With conventional options exhausted, monoclonal antibodies targeting pili and outer-membrane adhesins show promise in animal models of urinary-tract infection [9,26,48]. Bacteriophage therapy is garnering renewed interest for MDR *K. pneumoniae* infections [49].

The worldwide rise in microbial resistance to conventional chemicals and drugs has spurred intensive searches for new broad-spectrum biocides and alternative therapeutic strategies [50,51]. Essential oils (EOs) possess notable antibacterial activity: their constituents disrupt the bacterial cell membrane, lower its permeability, and ultimately kill the microorganism. Moreover, pathogens appear unable to develop resistance to EOs because the oils contain such a wide variety of components that adaptive mutation is virtually impossible.

Natural products such as EOs are promising because of their complex composition; they have already proved effective against drug-resistant *K. pneumoniae* strains, although their overall mechanisms are not yet fully elucidated [45,52]. EOs contain diverse secondary metabolites capable of inhibiting or slowing the growth of bacteria, yeasts, and molds, mainly by targeting the cell membrane, cytoplasm and, in some cases, profoundly altering cell morphology [50]. Plant-derived EOs from oregano (*Origanum vulgare*), sage (*Salvia officinalis*), and thyme (*Thymus vulgaris*) have attracted attention because they may substitute for failing traditional antibiotics against pathogens, including *Klebsiella* spp. [53].

Representative single-compound and mechanistic findings include:

1. Eugenol - a guaiacol derivative in clove, nutmeg, basil, and bay oils—acts as a bactericidal antiseptic. At 0.2 mg mL⁻¹ it damages the cell membrane of carbapenem-resistant *K. pneumoniae* and blocks biofilm formation [54].
2. Cinnamon bark oil (*Cinnamomum verum*) induces oxidative stress in KPC-producing *K. pneumoniae*, disrupts the phospholipid bilayer, and leads to loss of major outer-membrane proteins and cell viability [45].
3. Thymol (from thyme) displays strong synergy with streptomycin or kanamycin, both inhibiting biofilm formation and destroying pre-formed *K. pneumoniae* biofilm [55].
4. Purified EO from hibiscus rosa-sinensis inhibits biofilm formation; scanning electron microscopy shows marked morphological alteration [56].
5. Ylang-ylang and vanilla/patchouli oils stabilized on iron-oxide nanostructures prevent *K. pneumoniae* adhesion and biofilm development [57].
6. Tea tree and thyme EOs exhibit potent activity against MDR *K. pneumoniae* and cause severe loss of cellular integrity under electron microscopy [51].

Although *in-vitro* EO activity is encouraging, pharmacokinetic and toxicity profiles *in vivo* remain under-studied. Future work should integrate whole-genome sequencing with plasmid typing to map resistance determinants, while controlled clinical trials are required to validate EO-based adjuncts.

The convergence of multidrug resistance and hyper-virulence in *K. pneumoniae* heightens the urgency for innovative countermeasures. Continuous genomic surveillance, strict antimicrobial stewardship and the development of adjunctive therapies, ranging from monoclonal antibodies to tailored essential-oil formulations, are pivotal to preserving treatment efficacy and safeguarding public health.

5. Conclusions

The urinary *K. pneumoniae* isolate displayed the classic hyper-mucoid phenotype and was confirmed by Vitek-2 and MALDI-TOF analyses. Kirby-Bauer testing showed that susceptibility was

limited to a small fraction of the antimicrobial panel, whereas three-quarters of the agents were categorized as resistant. Follow-up cultures, performed at intervals and interpreted with the same standard, reproduced this predominantly resistant profile and revealed that the strain's response to gentamicin, amikacin, amoxicillin–clavulanate, ceftazidime, cefepime, and trimethoprim–sulfamethoxazole fluctuated over time. These shifts highlight the importance of repeating the antibiogram, even when bacteriuria falls below 10^3 CFU mL⁻¹, to keep treatment aligned with the current susceptibility pattern.

Essential-oil screening indicated reproducible inhibition by palmarosa (*Cymbopogon martini*), laurel (*Laurus nobilis*), tea tree (*Melaleuca alternifolia*), and thyme (*Thymus vulgaris*) oils; geranium, frankincense, citronella oil, and propolis tincture were inactive. The commercial blends Biomicin Urinar and, in particular, Biomicin Forte produced clear, stable halos, with Biomicin Forte exerting a bactericidal effect. Given that resistant subcolonies were absent within these zones, selected essential oils could serve as adjuncts for *K. pneumoniae* urinary infections, provided they are chosen on the basis of a laboratory “aromatogram” performed in parallel with the routine antibiogram.

Supplementary Materials: The following supporting information can be downloaded at the website of this paper posted on Preprints.org.

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