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Article

Process Validation of Air-Dried Beef Sticks (Droëwors) to Achieve >5-Log Reduction of *Salmonella* serovars, *Listeria monocytogenes*, and *E. coli* O157:H7 Using Natural Pyrolyzed Plant Extracts

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Abstract

The concept of using 'acid-adapted' challenge cultures in microbial validation of food processes that incorporate an acidic treatment is that they would be more resistant to acid and require a robust process to obtain targeted log reductions. The recent confirmation that acid-adapted *Salmonella* challenge cultures for droëwors and biltong processes are more sensitive to those processes than non-adapted cultures changes that preference for the use of non-adapted cultures for validation studies with these processes. However, it is difficult to achieve > 5-log reductions with non-adapted cultures, one of two USDA-FSIS parameters available for validation of processes that are not aligned with traditional process conditions for dried beef products in the USA (i.e., beef jerky). A natural multipurpose (flavor, antimicrobial) plant-derived commercial product provided > 7-log reductions with droëwors when challenged with non-adapted cultures of *Salmonella* (5 serovar mixture), STEC *E. coli* (4 strain mixture), and *Listeria monocytogenes* (4 strain mixture) as well as > 7-log reduction with biltong processing (vs *Salmonella*). Comparisons between standard droëwors and biltong processes (all < 5-log reductions) using non-adapted challenge cultures vs the same formulation plus 0.75% pyrolyzed plant extracts (Flavoset) showed greater and significant ($p < 0.05$) reductions in duplicate trials with triplicate samples at each sampling point in each trial (total $n = 6$) when analyzed by repeated measures analysis of variance (RM-ANOVA). This study provides process conditions to improve the safety of droëwors and biltong by achieving > 5 log reduction with non-adapted pathogenic challenge cultures since acid-adapted cultures have proven to be overly sensitive to the various stresses in these processes. Validation processes for droëwors and biltong established with these parameters should result in greater safety from traditional foodborne pathogens commonly associated with meats or meat processing environments.

Keywords: acid-adaptation; non-adapted; *Salmonella*; *Listeria monocytogenes*; STEC *E. coli*; droëwors; biltong; air-dried beef

1. Introduction

Dried beef products are popular snack foods in many countries, especially among young and health-conscious consumers. These products are shelf-stable, portable, and an excellent source of protein. Recently, traditional South African air-dried beef products such as biltong and droëwors have attracted attention in United States because of their nutritional and health benefits [1–3] and forecasts expect a compound annual growth rate of 8.5% from 2025 through 2033 [3,4]. These ready to eat (RTE) meat products are distinct from traditional U.S. dried meat (beef jerky) because they follow different processing techniques. Beef jerky is a cooked product available under a variety of

flavors and readily found in convenience stores and supermarkets. Beef jerky undergoes thermal processing inside sealed ovens operating above 62.5 °C (145 °F) with a relative humidity of more than 90% for a portion of total heating time. Biltong and droëwors, however, avoid heat treatment during production, but undergo drying at room temperatures between 21.1 °C-26.7 °C (70 °F-80 °F) and 50-55% relative humidity (RH) levels. Hence, manufacturer's of these products cannot rely upon the U.S Department of Agriculture - Food Safety and Inspection Service (USDA-FSIS) guidelines for dried beef products [5,6]. USDA-FSIS requires that any alternative processing method in the U.S needs validation through peer-reviewed studies or third-party laboratory validation to show effective pathogen reduction. Accordingly, USDA-FSIS presents two compliance options: Option one requires manufacturers to perform testing for *Salmonella* (and be negative) on each lot of ingredients and use a process that achieves at least a 2-log reduction of *Salmonella*. Option two requires that the processing demonstrate ≥ 5 -log reduction of *Salmonella* without need for testing for *Salmonella*. The first option imposes significant economic challenges when there is non-compliance or test omission, but the second approach offers a more simple, yet technically demanding process for validation of the air-dried beef products and is the preferred option if reduction levels can be achieved [6,7].

Research has been conducted on the validation of the biltong process with a focus on improving reduction of foodborne pathogens to increase safety and satisfy US regulatory concerns. Biltong, made from vacuum-tumbled, marinated lean beef, was shown to reduce pathogenic microorganisms by ≥ 5 logs, including *Salmonella* serovars, *Escherichia coli* O157:H7, *Listeria monocytogenes*, and *Staphylococcus aureus* [8,9]. Furthermore, this reduction was also obtained when replacing sodium chloride-based marinade systems with alternative salt formulations using potassium and calcium chloride, indicating the potential for low-sodium alternatives [10]. Importantly, *S. aureus* did not make enterotoxins under the conditions of the biltong process, which includes low water activity, acidified marinade, high salt, and desiccation, despite its known ability to do so in other low-moisture environments [8]. The pathogens used in these works were 'acid-adapted' by culturing pathogens in broth media containing 1% glucose so they would ferment and acidify the media to pH ~4.8 so that challenge cultures used in process validation would not easily succumb to acidic treatment, requiring a robust process to ensure adequate log reduction. This concept was supported by various studies touting the benefits of acid adaptation of challenge cultures to induce acid tolerance [11–15], recommended by the National Advisory Committee on Microbial Criteria for Foods (NACMCF) [16], and adopted by both USDA-FSIS and FDA for use in validation studies of meat processes subjected to acidic treatments [17,18].

Recently, we examined the use of acid-adapted vs non-adapted strains of 6 *Salmonella* serovars as the 'challenge inoculum' in air-dried beef (biltong, droëwors)[17]. The intention was to validate that acid-adapted cultures would be more resistant to acidic process treatments and therefore to the process (i.e., biltong, droëwors), requiring more robust conditions to provide adequate reduction of the pathogen of concern. However, the opposite was observed, that using acid-adapted *Salmonella* (6 serovars) led to increased sensitivity of *Salmonella* to either process providing greater reductions than when non-adapted cultures were employed providing new evidence that challenges an existing regulatory practice [17,19]. Further, droëwors are beef sticks made from ground beef and marinade ingredients that are stuffed into casings and dried, which distributes marinade components and any contaminating microorganisms uniformly through the product matrix, coating them in protein and fat. Droëwors product format makes microbial inactivation more difficult than for whole-muscle biltong where inhibitory marinade components and contamination are concentrated at the surface and where desiccation occurs the greatest.

As droëwors and biltong continue to gain market interest [3,4], research is needed to determine whether validated biltong processing methods can be effectively applied to this more complex product or whether new antimicrobial intervention strategies must be developed to meet USDA-FSIS compliance standards for air-dried meat products like droëwors. Droëwors and biltong have been designated as 'knowledge gap' areas having validation challenges needing research support by USDA-FSIS [20]. Ingredients may be added to meat products if they are approved by FDA as safe

and by USDA-FSIS as having 'efficacy' in the purpose intended. Numerous ingredients that have been approved by USDA-FSIS are found in the declared 'list of suitable ingredients for meat and poultry products' [21]. Among these are multi-functional natural ingredients, some of which have overlapping flavor and antimicrobial activities. In this study, we have examined the use of additional safe, 'green-label' ingredients in air-dried beef (biltong, droëwors) processing to achieve >5-log reduction of *Salmonella* in spite of using non-acid-adapted cultures to produce safe air-dried beef products.

2. Materials and Methods

2.1. Bacterial Strains, Growth and Storage Conditions, and Inoculum Preparation

Bacterial cultures were inoculated from frozen stocks into 9 mL tubes in Tryptic Soy Broth without dextrose (TSB, BD Bacto, Franklin Lakes, NJ, USA) overnight at 37 °C (*Salmonella*, *E. coli*) or 30 °C (*L. monocytogenes*). Cultures were maintained for storage by centrifugation (6,000 × g, 5 °C) and cell pellets were resuspended in 2-4 mL of fresh sterile TSB containing 15% glycerol + 1% trehalose. Cell suspensions were placed in glass vials and stored as frozen stocks in an ultra-low freezer (-80 °C; Sanyo Fisher Ultra Low Freezer VIP series). Frozen stocks were revived by transferring 100 µL of partially thawed cell suspension into 9 mL of TSB, incubating overnight at 37 °C or 30 °C, and sub-cultured again before use. Microbial enumeration for all assays was carried out on Tryptic Soy Agar (TSA, BD Bacto; 1.5% agar) containing antibiotics specific to the particular pathogen and plated in duplicate.

Salmonella serovars used in this study included: *Salmonella enterica* subsp. *enterica* serotype Enteritidis H3527 (phage type 13a, clinical isolate), *Salmonella enterica* subsp. *enterica* serotype Thompson 120 (chicken isolate), *Salmonella enterica* subsp. *enterica* serotype Heidelberg F5038BG1 (ham isolate), *Salmonella enterica* subsp. *enterica* serotype Typhimurium H3380 (DT 104 clinical isolate), and *Salmonella enterica* subsp. *enterica* serotype Hadar MF60404 (turkey isolate). These strains have been used in many research publications involving antimicrobial interventions against *Salmonella* [9,17,22–26]. They are resistant to spectinomycin (5 µg/mL; Sigma-Aldrich, St. Louis, MO, USA), clindamycin (5 µg/mL; Sigma-Aldrich), and novobiocin (50 µg/mL; Sigma-Aldrich) and were plated on Selenite Cystine agar (SCA; [26]) containing these antibiotics. Strains of *E. coli* O157:H7 included ATCC 35150, ATCC 43894, ATCC 43889, and ATCC 45756 that are known for acid tolerance [27,28]. These strains were all resistant to 5 µg/mL novobiocin and 2.5 µg/mL rifamycin S/V (Sigma-Aldrich) and enumeration of these strains was conducted on TSA (BD Difco) containing these antibiotics. Strains of *L. monocytogenes* included ATCC 49594 (Scott A-2, serotype 4b, human isolate), V7-2 (serotype 1/2a, milk isolate), 39-2 (retail hotdog isolate), and 383-2 (ground beef isolate) [21]. These strains were resistant to streptomycin (100 µg/mL; Sigma-Aldrich) and rifamycin S/V (10 µg/mL; Sigma-Aldrich) and were plated on TSA (BD Difco) containing these antibiotics.

For meat inoculum preparation, 200 mL of individual cultures were grown in TSB without dextrose and harvested by centrifugation (8,000 RPM), decanted, pellets resuspended with 6-8-mL of 0.1% buffered peptone water (BPW, BD), and held on ice until needed (i.e., 1-3 hr). An equal volume of each culture was then combined to form a 5-serovar (*Salmonella*) or a 4-strain (*E. coli* O157:H7, *L. monocytogenes*) cocktail. The mixture was held on ice until needed.

In prior studies with biltong processing, we used 'acid-adapted' cultures as specified by USDA-FSIS, the regulatory agency in charge of approving compliance of manufacturing processes based on recommendations by a white paper on challenge studies by the National Advisory Committee on Microbial Criteria for Foods [16]. The idea was to build tolerance to acid so that when the challenge cultures are exposed to acid treatment during processing, they aren't easily inhibited, requiring that the process be sufficiently robust to inhibit even acid-adapted or acid-tolerant cultures. We recently compared acid-adapted vs non-adapted cultures in biltong and droëwors processing and found that surprisingly, acid-adapted challenge cultures (i.e., *Salmonella*) are more sensitive to biltong/droëwors processing conditions than when using non-adapted cultures, which runs opposite of what was

originally thought [17]. Therefore, we have decided to carry out these droëwors experiments with non-adapted cultures.

2.2. Beef Preparation, Inoculation, Marinade Seasoning, and Processing

2.2.1. Beef Preparation

Boneless beef bottom rounds were obtained from Ralph's Packing Co. (Perkins, OK), who acquires beef from various sources via a beef broker and processed in the Robert M. Kerr Food and Agricultural Products Center (FAPC; Oklahoma State University, Stillwater, OK, USA). Boneless beef rounds, or outside/bottom rounds, were select grade or ungraded, as per USDA Institutional Meat Purchase Specifications 171B [29] (Figure 1 A). The vacuum-packaged beef was held at (35 °F/1.7 °C) in our meat pilot plant coolers when received and then trimmed prior to use (Figure 1B-1D). Trimmed beef was held overnight at 5 °C (41 °F) to facilitate droëwors or biltong processing the next morning. Droëwors ingredient formulation was based on averaging of 5-6 ingredient compositions posted on popular biltong/droëwors sites on the internet. Beef fat (8%) was obtained from our abattoir meat-processing facility or recovered as trimmings from beef bottom rounds (Figure 1C, 1D). The remainder of ingredients and percent relative to total beef/fat were 100-grain red wine vinegar (3.9%), salt (2%), coriander (0.63%), black pepper (0.32%), and water + bacterial culture (2.50%).

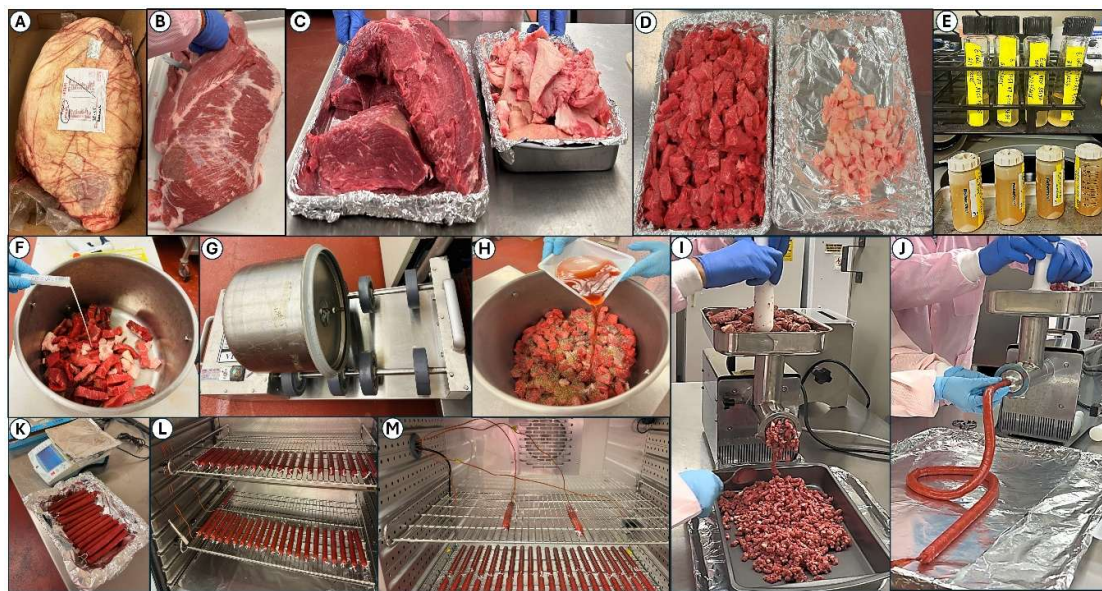


Figure 1. Processing of air-dried droëwors sausage links. Panels: (A) bottom round fresh beef; (B) trimmed of fat; (C) sectioned into large beef pieces and fat pieces; (D) beef and fat cubed into smaller pieces; (E) growth and centrifugation of challenge cultures; (F) addition of challenge culture mixture onto beef/fat pieces followed by tumbling to insure distribution (G); (H) addition of salt, pepper, coriander, and red wine vinegar onto inoculated beef/fat followed by more tumbling to mix; (I) first grind followed by (J) simultaneous second grind and stuffing into collagen casings; (K) weighing droëwors sausage links and (L) placing them in drying oven; (M) wires for manual 4-channel temperature data logger (2 probes into sausages, 2 probes for recording chamber temperature) and sensor/cord for relative humidity meter.

2.2.2. Beef Inoculation and Marination

Beef and fat were added to a chilled stainless-steel Biro VTS-43 vacuum tumbler chamber (Biro, Marblehead, OH, USA) with sufficient 5-serovar mixed *Salmonella* inoculum ($\sim 1 \times 10^{10}$ cfu/ml) to achieve $\sim 1 \times 10^7$ cfu/gm in the ground beef. This beef/fat/culture was tumbled on the meat/fat components for 10 min to allow bacterial dispersion on their surfaces to resemble a situation

mimicking contaminated beef. The vacuum tumbler was stopped, the chamber opened, and the marinade components (salt, pepper, coriander, water, and vinegar) were added and vacuum-tumbling (15 in Hg) resumed for 30 min. When extracts of pyrolyzed plant extract (Flavoset 5400L, Kerry, Beloit, WI, USA) were added for flavor enhancement and antimicrobial activity, the volume added was used to displace some of the water that was added. Similar culture inoculation and handling was performed with *L. monocytogenes* and *E. coli* O157:H7 droëwors processing.

2.3. Droëwors Beef Stick Processing

After tumbling, the beef was ground in a LEM (West Chester, OH, USA) meat grinder with an 8-mm grinding plate. The grinder was cleaned up of loose beef, and the plate was replaced with a 10-mm grinding plate and 12-mm stuffing horn. The ground beef, fat, and marinade was then passed again through the grinder with 17-mm collagen casings (Ralph's Packing Co., Perkins, OK, USA). Sausage links were tied with string at approximately 6-in in length, individually weighed/recorded, and refrigerated until all were ready to be placed in the humidity-controlled oven (Hotpack, Warminster, PA, USA).

2.4. Biltong Processing

The biltong process was performed as described previously [8–10]. Briefly, fabricated beef pieces (~ 3.0 × 2.0 × 0.63-inches) were inoculated on both sides with 150 µL of inoculum (~10¹⁰ cfu/mL) and spread with a gloved finger and placed in a refrigerator for 30 min to promote attachment. Beef pieces were then transferred to a chilled stainless steel tumbler chamber where they were marinated by the addition of spices (coriander, black pepper), salt, and vinegar and tumbled for 30 min [9]. The beef pieces were then hung in a drying oven set at 23.9 °C (75 °F) and 55% relative humidity (RH). Samples (i.e., 3 per sampling time) were retrieved for microbial enumeration at 0, 2, 4, 6, 8, and 10 days.

2.5. Quantifying Process Parameters

2.5.1. Temperature and Humidity

Oven chamber temperature was measured using a 4-thermocouple handheld temperature monitor (Center 378, New Taipei City, Taiwan) whereby 2 thermocouples were placed in droëwors sausages and 2 were placed hanging at different points in the chamber (Figure 2A). Although the humidity oven has its own temperature and humidity probes, these are strangely placed behind a side panel and outer wall; we prefer to measure temperature and humidity readings made directly in the oven chamber as there is often a slight difference between the chamber and inside wall temperature and humidity readings.

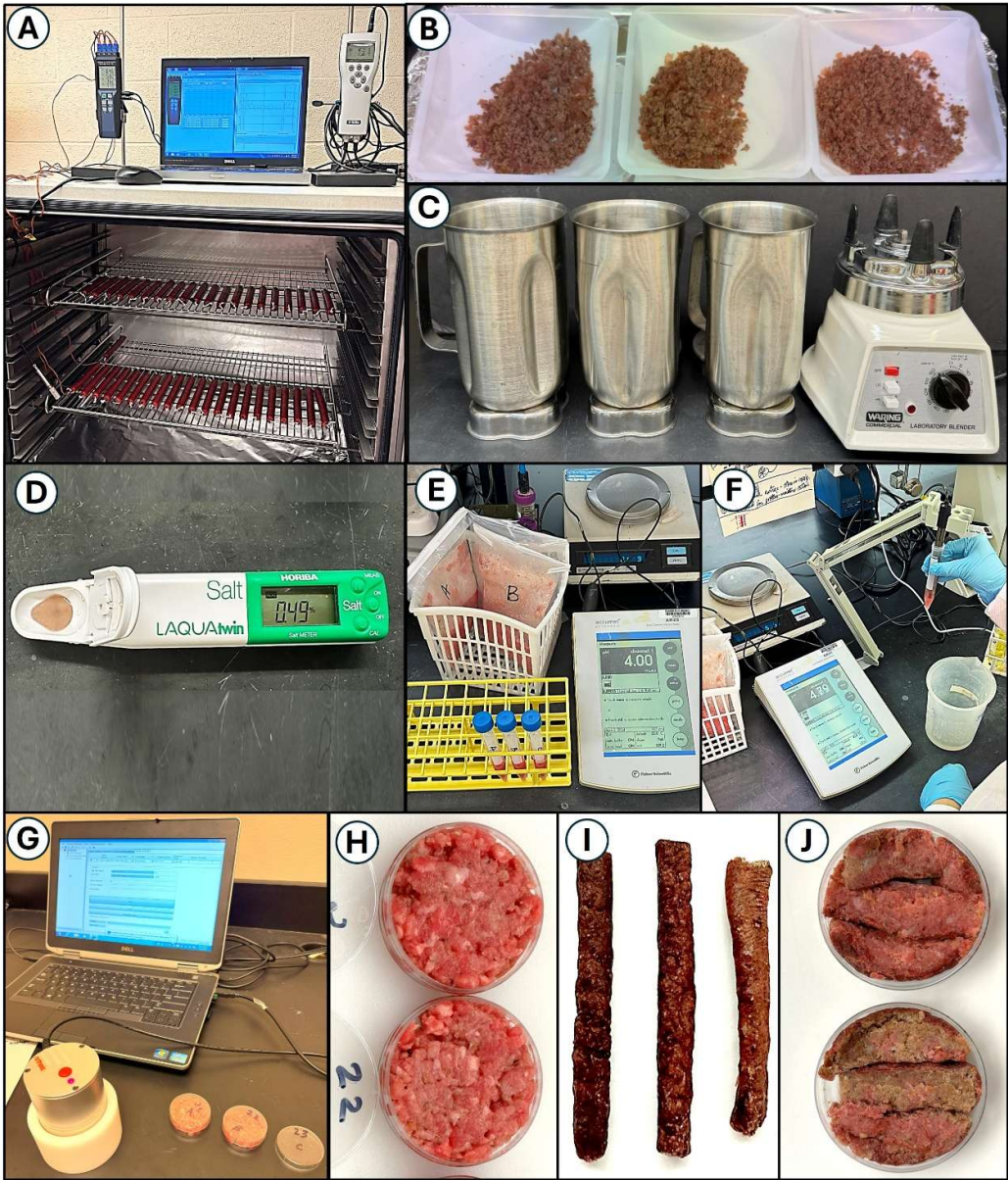


Figure 2. Measuring processing parameters for droëwors sausage links. Panels: (A) handheld temperature and humidity data loggers with laptop; (B) ground droëwors sausage samples for pH and salt determination; (C) blenders with steel blades for grinding droëwors sausages; (D) solid state salt meter for determining salt concentrations; (E, F) pH meter for raw and dried ground beef pH measurements; (G) Rotronic USB water activity meter, laptop with software, and sample cups for water activity; (H) raw ground beef in sample cups; (I) dried droëwors sausage links whole and (J) sectioned into sampling cups with insides facing up.

2.5.2. Salt

Following drying, droëwors sausages were ground using a laboratory blender (Waring, New Hartford, CT, USA) until homogenous as fine ground particles (Figures 2B, 2C). Five (5) g of the finely ground droëwors beef was weighed out and brought up to 100 g with distilled water in a filter-stomacher bag and macerated in a paddle mixer (IUL instruments) to thoroughly mix the sample and solubilize the salt. A Horiba LAQUA Pocket Ion Meter (Horiba Instruments, Irvine, CA, USA) was used for NaCl quantitation standardized with 0.5% and 5.0% NaCl standards (Figure 2D). Following the manufacturer’s instructions, 300 µl of the dilution water in the mixed sample was placed into the sensor chamber and readings were obtained (% NaCl) when stabilized and multiplied by the dilution

of the ground sample. Readings were taken for triplicate samples at each trial sampling period. To determine the salt concentration in the droëwors sausage, the following was used:

$$\text{Calculated Salt (\%)} = \text{Meter reading } \left(\frac{\text{mg}}{\text{L}} \right) \times \frac{\text{Volume after Dilution (L)}}{\text{Droëwors Weight (g)}} \times 100 = \% \text{ Salt (as NaCl)}$$

2.5.3. pH

Sample pH was obtained from the droëwors sausage samples that were ground and paddle-blended in de-ionized water as used for the salt concentrations. The lack of buffering capacity of the de-ionized water did not affect the pH of the droëwors sausage. The pH meter (Accumet Research, AR25, Fisher Scientific) was standardized with pH 4.0 and 7.0 buffers as the droëwors pH was expected to be within this pH range (Figures 2E, 2F). As with the salt concentrations, pH was obtained with triplicate samples taken at each sampling period.

2.5.4. Water Activity

Water activity was measured using a HC2-AW-USB portable USB probe with direct PC interface and HW4-P-Quick software (Rotronic Corp., Hauppauge, NY, USA) (Figure 2G). Samples for water activity, pH, NaCl concentration, and moisture loss were obtained using un-inoculated beef for safety issues. Water activity was obtained either directly after grinding (day 0; Figure 2H) or upon removal from casings at various periods during the drying process (2, 4, 6, 8, and 10 days). For droëwors sausages, segments of sausage were peeled and casing removed, then sliced in half lengthwise with the internal surfaces positioned upwards (towards the humidity sensor); additional pieces were positioned to fill the space in the sampling cups also with internal sections facing upwards (Figures 2I, 2J).

2.5.5. Moisture Loss

Moisture loss was determined by weighing droëwors sausages prior to drying (initial weights) and then again upon removal from the drying oven to determine moisture loss at those specific time periods (0, 2, 4, 6, 8, and 10 days; n = 6 per sampling period).

Comparison of latter weights to initial weights of the same pieces resulted in determination of % moisture loss as shown in Equation (1):

$$\% \text{ Moisture Loss} = \frac{[(\text{initial weigh}) - (\text{latter weigh})]}{(\text{initial weigh})} \times 100 \quad (1)$$

2.6. Microbial Sampling

The concern in microbial plating to determine process lethality of droëwors (or biltong) samples is that enumeration based on CFU/gm will be incorrect because the log reduction due to process lethality competes with microbial concentration due to moisture loss; these two opposing conditions occur simultaneously during processing. In order to perform microbial quantitation of process lethality (i.e., process log reduction), we must compare microbial enumeration relative to the initial weight of the product.

Raw droëwors beef stick sausages were weighed initially and then again at the time of sampling. Dilution of samples were made to correlate to the initial weight of individual droëwors sausages. This allowed us to eliminate the conflicting impact of microbial concentration (due to 60-65% moisture loss) and microbial reduction (due to process conditions) that occur simultaneously, and would lead to enumeration errors had we quantified on a per gram basis after moisture loss had occurred. Droëwors samples were placed in sterile stainless steel blender cups followed by addition of chilled 1% neutralizing buffered peptone water (nBPW, Criterion, Hardy Diagnostics, Santa Maria, CA) based on initial day, pre-dried sample weight; additional diluent was added to make up for loss from drying compared to initial weight. Following blending in diluent, samples were transferred to a filter-stomacher bag and stomached for 60 sec in a masticator paddle-blender (IUL Instruments,

Barcelona, Spain). The filter bag dilution (stomached sample) was considered the 10^0 dilution for all samplings, including the initially inoculated raw beef through the final samples at up to 8-10 days of drying so that microbial counts were directly comparable with each other at all stages of drying. After stomaching in 1% nBPW, inoculated (experimental) and non-inoculated (negative control) samples were 10-fold serially-diluted with 0.1% BPW. Dilutions were then surface plated (0.1 mL) in duplicate on TSA/SCA containing appropriate antibiotics for the specific challenge organism and incubated at 30-37 °C for 48 h before enumeration. In a prior study, SCA was shown to enumerate these same non-adapted *Salmonella* serovars comparably to TSA, even after exposure to different types of stress[17]. When microbial counts were expected to be low, 0.2 mL was plated on each of 5 plates (1 mL total) to increase the sensitivity of plating, lowering the limit of detection (LOD). Biltong beef samples were treated similarly to droëwors, whereby each sample was weighed before placement in the humidity oven and dilutions of retrieved samples were made based on initial their weights rather than on dried weights, allowing for direct comparison of microbial counts without the effects of moisture loss.

2.7. Statistical Analysis

Trials were performed in duplicate replication with 3 samples tested per sampling period ($n = 6$). This is in accordance with validation criteria established by the NACMCF [28] and accepted by the USDA-FSIS [29]. Replications were performed as separate experiments using meat sourced from different animals and randomly obtained from different sources. The data are presented as the mean of multiple replications with standard deviation of the mean represented by error bars. Statistical analysis was performed with Sigma-Plot ver. 13 (Systat Software, San Jose, CA, USA). Repeated measures one-way analysis of variance (RM-ANOVA) and the Holm-Sidak test for pairwise multiple comparisons was used to determine significant differences ($p < 0.05$) between treatments. Data treatments with different letters are significantly different ($p < 0.05$); treatments with the same letter are not significantly different ($p > 0.05$).

3. Results and Discussion

3.1. Droëwors: Reduction of *Salmonella* Serovars Using Pyrolyzed Plant Extracts as Flavoring and Antimicrobial

The droëwors process was validated for efficacy against five serovars (mixed) of *Salmonella* whereby pyrolyzed plant extracts were added to the marinade at 0.5% and 0.75% of total product composition (i.e., marinade + meat ingredients) and compared to the droëwors process without the added extract. A prior trial with the standard marinade formulation or one including 0.3% Flavoset did not achieve the targeted 5 log reduction with *Salmonella* (data not shown) prompting us to increase levels in subsequent trials. The data shows that non-adapted *Salmonella* with just the standard marinade formulation achieved approximately 3.5 log reduction while droëwors with 0.5% and 0.75% of the Flavoset plant extract added to the marinade mixture demonstrated 4.9 log and >7 log reductions, respectively (Figure 3).

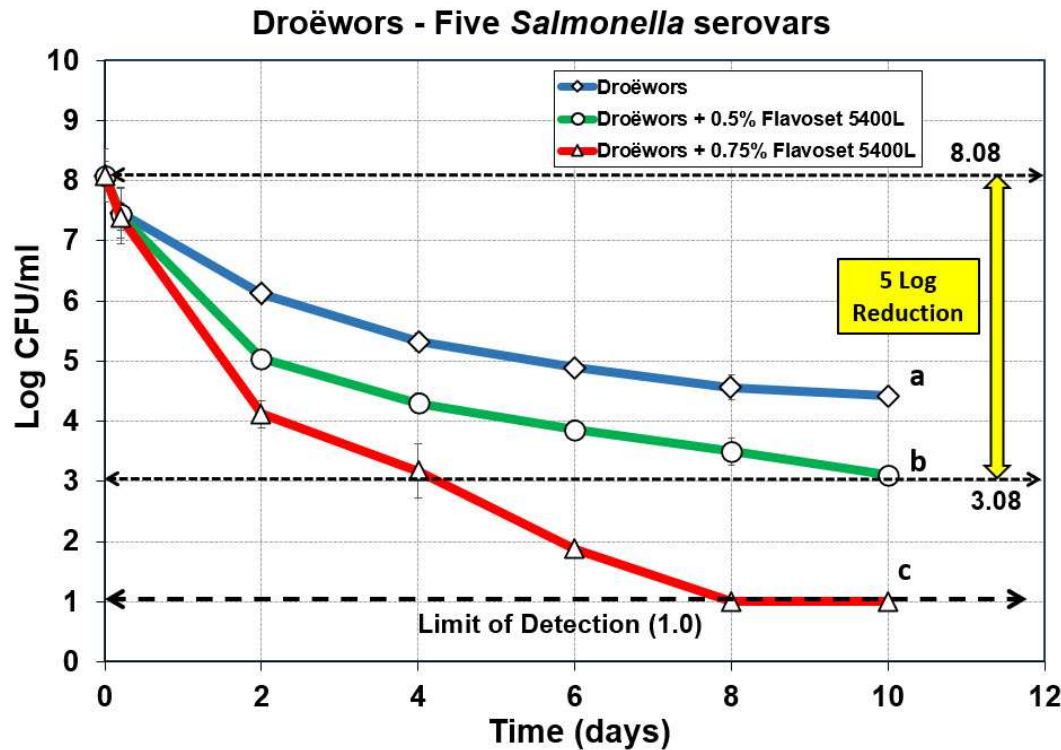


Figure 3. Droëwors process against five serovar mixture of *Salmonella* without added Flavoset extract (open diamond symbols) versus droëwors made with 0.5% (open circles) and 0.75% (open triangles) Flavoset extract. Treatments were analyzed by repeated measures one-way analysis of variance (RM-ANOVA) using the Holm–Sidak test for pairwise multiple comparisons to determine significant differences; treatments with different letters are significantly different ($p < 0.05$). The Limit of Detection (LOD) was established at 1 log cfu/ml by plating 1 mL of dilution instead of 0.1 mL when low levels were expected from prior day sample data.

3.2. Droëwors: Reduction of *E. coli* O157:H7 Using Pyrolyzed Plant Extracts as Flavoring and Antimicrobial

Demonstration of 5 log reductions was sufficient for USDA-FSIS to approve the process for safety based on sufficient log reduction against a pathogen of concern (i.e., *Salmonella*). However, food safety managers of major supermarket clients who purchase biltong and droëwors often require additional proof of process and product safety against other potential foodborne pathogens. We therefore examined additional foodborne pathogens typically associated with raw beef and/or meat processing facilities. We examined Flavoset 5400L against 4 strains of *E. coli* O157:H7 that were known as being acid tolerant and had a history of experimental use with antimicrobials. The data shows that inclusion of Flavoset 5400L provided >7 log reduction of a four-strain mixture of *E. coli* O157:H7 strains in 10 days when 0.75% Flavoset 5400L was included in the marinade while achieving only 4.5 log reduction without the added ingredient (Figure 4).

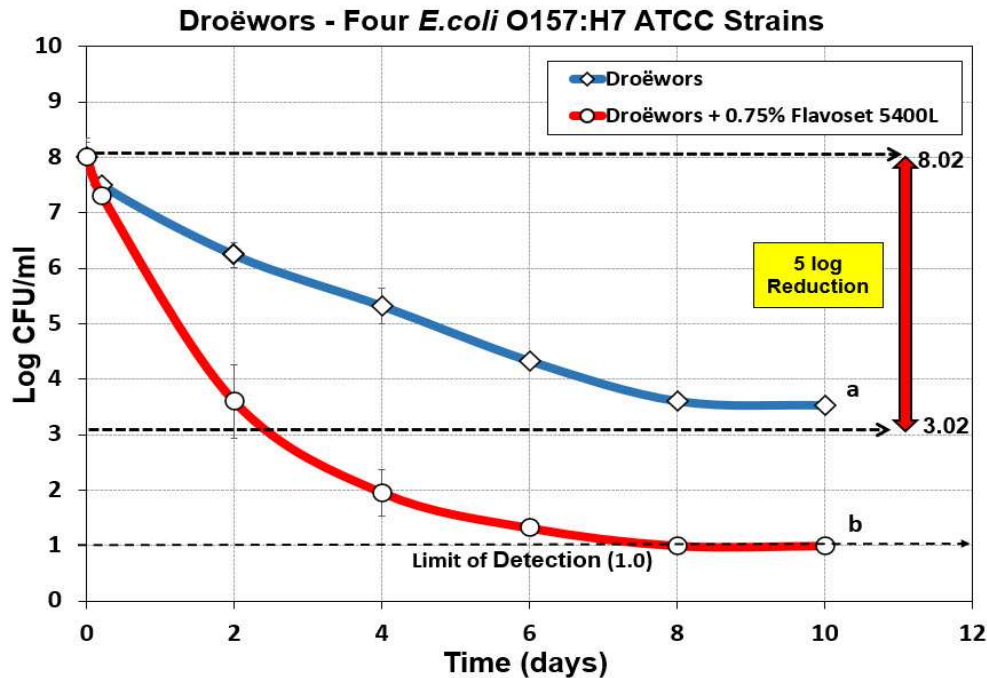


Figure 4. Droëwors process against four-strain mixture of *E. coli* O157:H7 ATCC strains without added Flavoset extract (diamond symbols) versus droëwors made with 0.75% (circles) Flavoset extract. Treatments were analyzed by repeated measures one-way analysis of variance (RM-ANOVA) using the Holm–Sidak test for pairwise multiple comparisons to determine significant differences; treatments with different letters are significantly different ($p < 0.05$). The Limit of Detection (LOD) was established at 1 log cfu/ml by plating 1 mL of dilution instead of 0.1 mL when low levels were expected from prior sample data.

3.3. Droëwors: Reduction of *Listeria monocytogenes* Using Pyrolyzed Plant Extracts as Flavoring and Antimicrobial

Listeria monocytogenes has been a significant problem with meat processing plants as implicated with past and recent recalls, outbreaks, and deaths associated with consumption of contaminated food. Much of this stems from the ability of many strains having strong adherence properties to surfaces that can initiate biofilm formation that lead to persistence in meat processing plants [30]. The best approach against *L. monocytogenes* contamination of food products is a program targeting biofilm formation/survival in plant facilities and the inclusion of antimicrobials on products should the former approach fail [31,32]. In prior work, a similar product (AM-3, Mastertaste Inc., Monterey, TN, USA) was used against the same 4 strain mixture of *L. monocytogenes* with artificially contaminated commercial [33] and inhouse manufactured hotdogs [34] demonstrating significant reduction over inoculated controls. Flavoset 5400L was tested against 4 strains of *L. monocytogenes* in the same droëwors product as processed above. We observed a very quick reduction of *L. monocytogenes* to achieve a 6.5 log reduction within 2 days and > 7 log reduction by 4 days of drying when 0.75% Flavoset 5400L was added to the droëwors marinade (Figure 5).

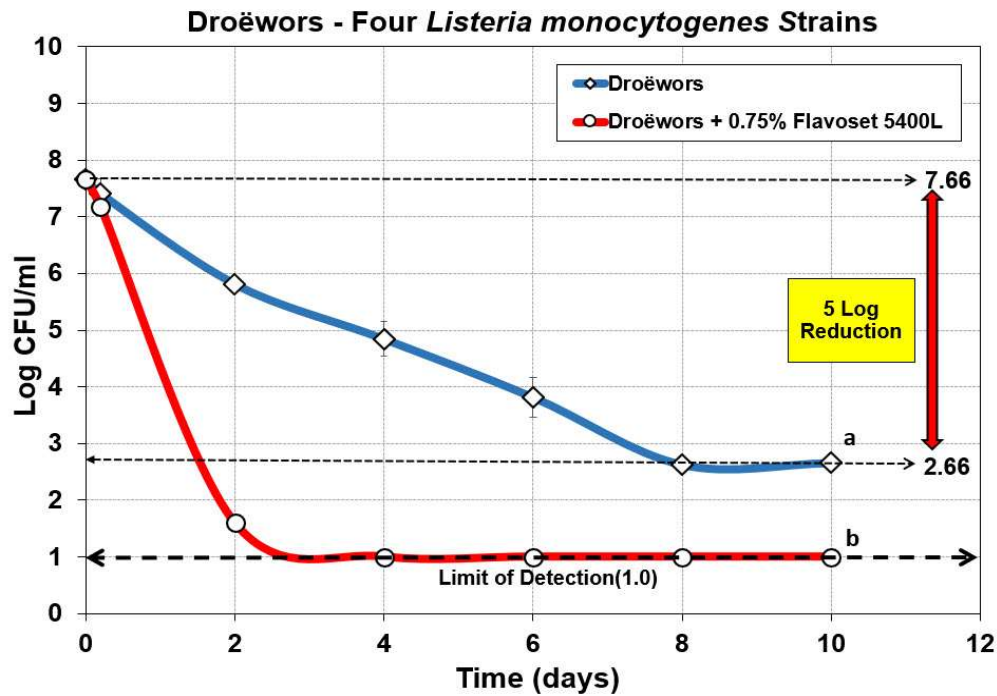


Figure 5. Droëwors process against four-strain mixture of *Listeria monocytogenes* strains without added Flavoset extract (diamond symbols) versus droëwors made with 0.75% (circles) Flavoset extract. Treatments were analyzed by repeated measures one-way analysis of variance (RM-ANOVA) using the Holm-Sidak test for pairwise multiple comparisons to determine significant differences; treatments with different letters are significantly different ($p < 0.05$). The Limit of Detection (LOD) was established at 1 log cfu/ml by plating 1 mL of dilution instead of 0.1 mL when low levels were expected from prior sample data.

3.4. Biltong: Reduction of *Salmonella* Serovars Using Pyrolyzed Plant Extracts as Flavoring and Antimicrobial

One concern was that prior work performed on the biltong process of air-dried beef was done using acid-adapted cultures as per USDA-FSIS specifications in order to desensitize *Salmonella* to acid for a process that would receive acidic treatment [8,9]. Later we learned that acid-adapted *Salmonella* were more sensitive, rather than resistant, to biltong/droëwors processing conditions [17] and questions arose whether we could still achieve 5 log reduction of *Salmonella* using non-adapted cultures. When the biltong process was applied using non-adapted challenge cultures we obtained only a 4.6 log reduction. Trials including 0.75% Flavoset 5400L (pyrolyzed plant extract) in the marinade formulation allowed us to achieve 5 log reduction in 5 days and > 6.41 log reduction within 8 days (Figure 6).

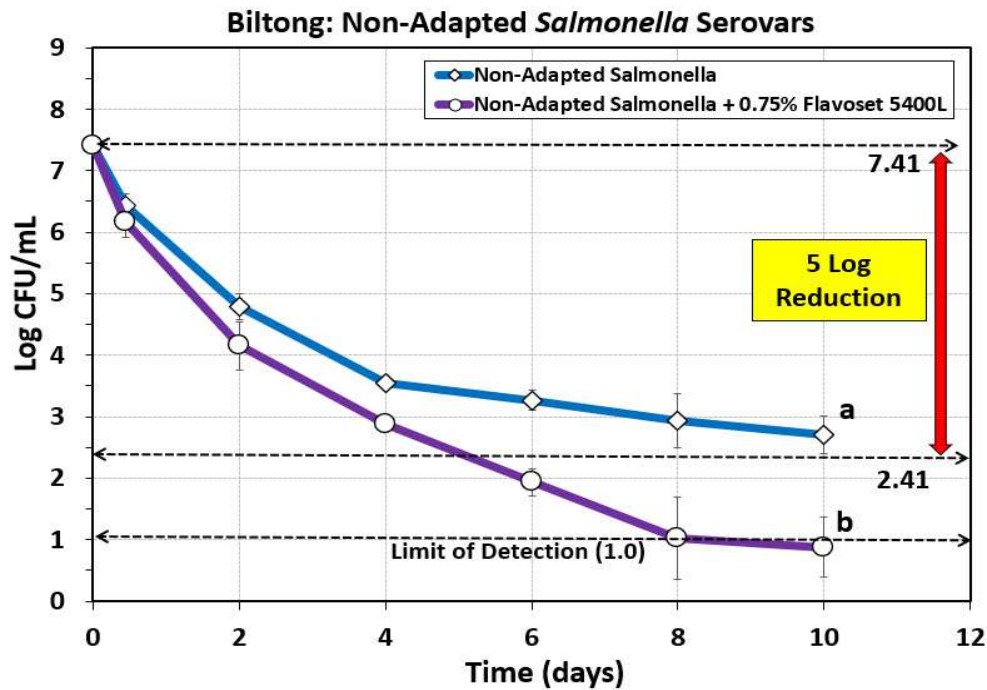


Figure 6. Biltong process against five serovar mixture of *Salmonella* (diamond symbols) versus biltong made with 0.75% (circles) Flavoset 5400L extract. Treatments were analyzed by repeated measures one-way analysis of variance (RM-ANOVA) using the Holm–Sidak test for pairwise multiple comparisons to determine significant differences; treatments with different letters are significantly different ($p < 0.05$). The Limit of Detection (LOD) was established at 1 log cfu/ml by plating 1 mL of dilution instead of 0.1 mL when low levels were expected from prior sample data.

3.5. Droëwors Processing Parameters

3.5.1. Droëwors Temperature and Relative Humidity Measurements.

The humidity oven chamber was monitored with a handheld temperature data monitor that could accommodate four probes. Two probes were placed in the chamber and an additional 2 probes were placed in either droëwors beef sticks or biltong beef pieces (Figure 2A). Additionally, a humidity probe extending to a handheld data monitor was set up in the chamber air space. The instrument was adjusted for temperature (75 °F/23.9 °C) and relative humidity (55% RH) based on our handheld probes as the oven’s own probes were situated in the walls of the unit and often were off a little from the direct measurements made from within the chamber air space. Both handheld monitors were recorded to a laptop computer for subsequent graphing of the temperature or RH trace (Figure 7). The data for the two sets of paired temperature probes (air, beef) were averaged and shown as a single curve in Figure 7.

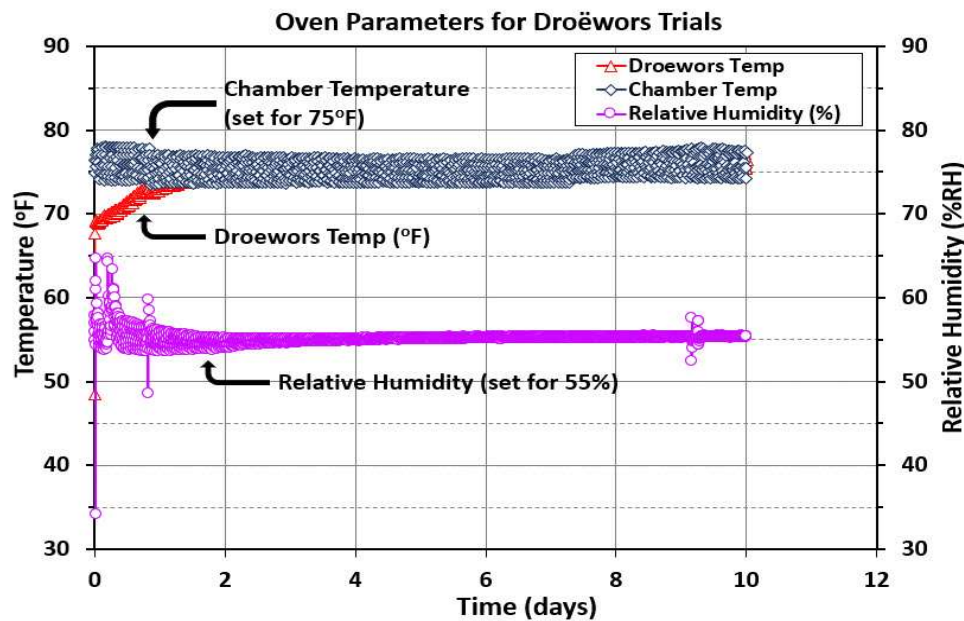


Figure 7. Oven temperature (°F) and relative humidity (%RH) measurements during droëwors processing. Chamber temperature (set for 75 °F/23.9 °C) is the average of two individual temperature probes in the chamber. Droëwors temperature (°F) is also the average of two probes, each placed in a different droëwors beef stick. Relative humidity (%RH) was also placed in the chamber. Measurements were taken at 15 min intervals over 10 days.

3.5.2. Comparison of Droëwors Moisture Loss, Salt, and pH Measurements

Moisture loss in droëwors was compared to both pH and % salt (Figure 8) and to water activity (Figure 9) as these are important aspects for safety of these products. Moisture loss drops faster in droëwors reaching ~50% loss in 2 days (Figure 8) as opposed to 50% loss in 5 days in biltong (data not shown; [9]). Since droëwors is a ground product in oxygen permeable collagen casings, it would be expected to lose moisture at a faster rate. Salt concentration is 2% in the formulation and after ~60% moisture loss this increases to 4.2-4.3% by the end of the 10-day drying cycle and similar to what would be observed in biltong at the same moisture loss. Droëwors pH dropped slightly from the original raw beef pH (5.6) down to pH 4.98-5.1 after being ground with vinegar and the rest of the marinade ingredients (day 0; Figure 8). Also, comparison of pH, salt, and moisture loss value trends in droëwors made with the standard formulation compared to droëwors with 0.75% Flavoset 5400L showed no significant difference (Figure 8).

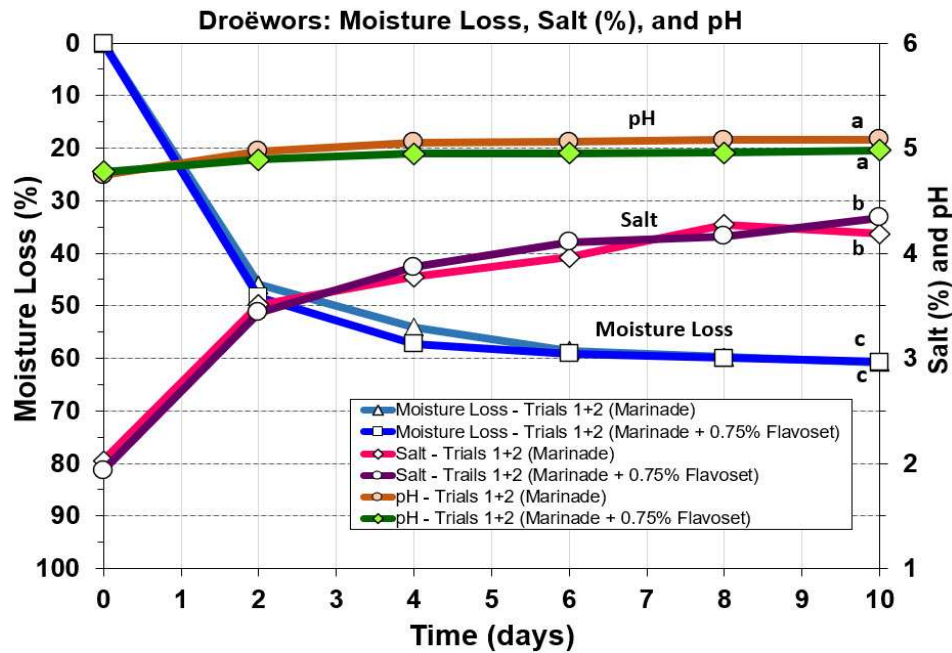


Figure 8. Droëwors processing: effect on moisture loss, salt (%), and pH during drying in a humidity chamber (set for 75 °F/23.9 °C; 55% RH). Each graph curve is the mean of data obtained from duplicate trials (Trial 1 and 2). Similar treatments of droëwors (marinade) vs droëwors (marinade + 0.75% Flavoset 5400L) were analyzed to each other by repeated measures one-way analysis of variance (RM-ANOVA) using the Holm–Sidak test for pairwise multiple comparisons to determine significant differences. Treatments with the same letters are not significantly different ($p > 0.05$).

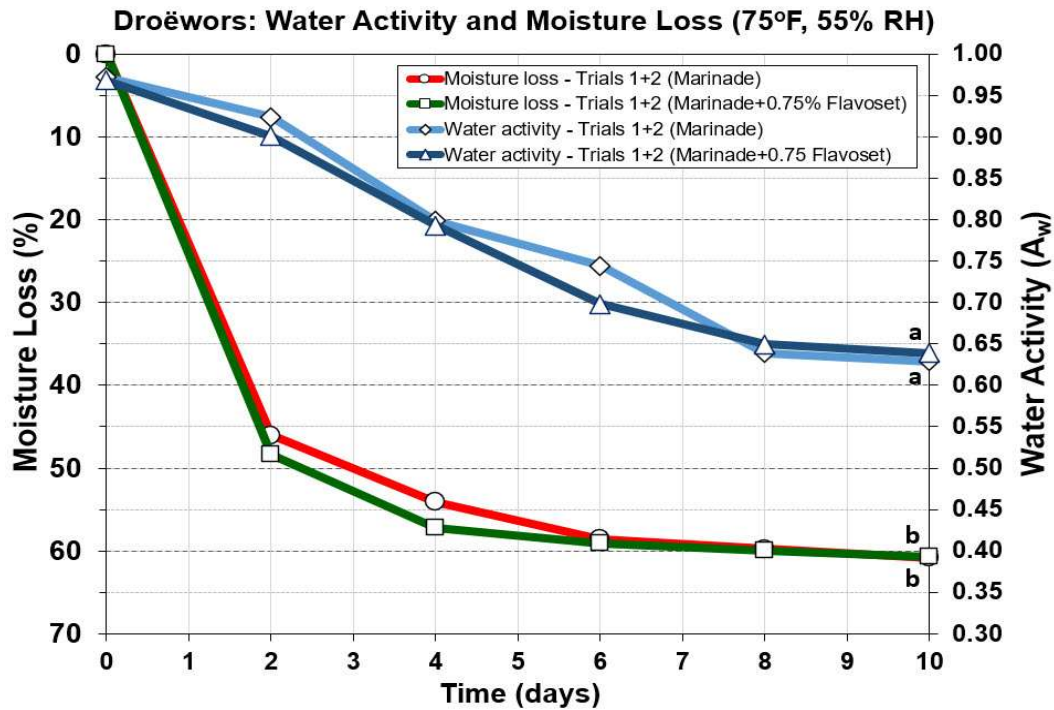


Figure 9. Droëwors processing: comparison of moisture loss and water activity (A_w) during drying in a humidity chamber (set for 75 °F/23.9 °C; 55% RH). Each graph curve is the mean of data obtained from duplicate trials (Trial 1 and 2). Similar treatments of droëwors (marinade) vs droëwors (marinade + 0.75% Flavoset 5400L) were

analyzed to each other by repeated measures one-way analysis of variance (RM-ANOVA) using the Holm–Sidak test for pairwise multiple comparisons to determine significant differences. Treatments with the same letters are not significantly different ($p > 0.05$).

3.5.3. Comparison of Droëwors Moisture Loss and Water Activity (A_w) Measurements

Water activity, the ‘free, available’ water is the defining level of water that sets limits for growth of microorganisms. Again, the difference between droëwors (ground beef ingredients) vs biltong (solid beef) is that droëwors has salt (and other components) mixed into the meat homogenously throughout the product while biltong has the marinade ingredients accumulated or absorbed at the surface. Therefore, the salt in droëwors can bind to free water and reduce its availability helping to lower it much more quickly than during drying of biltong. We observed that droëwors A_w reaches 0.80 in 4 days (Figure 9) while with biltong it barely reaches that level in 8 days [9] at 75 °F (23.9 °C). Again, the means of duplicate trials of each condition (marinade vs marinade + 0.75% Flavoset) for both moisture loss and A_w showed no significant difference from each other demonstrating no impact by Flavoset on processing parameters for droëwors (Figure 9).

5. Conclusions

Acid-adapted *Salmonella* have been shown to be more sensitive when used as challenge inocula in biltong and droëwors processing [17]. Therefore, we reverted to using non-adapted *Salmonella* cultures in processing droëwors and biltong to require identification of a more robust droëwors and biltong process for these pathogens. As others have noted, it is difficult to obtain 5 log reduction of *Salmonella*, *E. coli* O157:H7, or *L. monocytogenes* even when using acid-adapted cultures in either biltong or droëwors processes [35]. In this work we confirmed that non-adapted *Salmonella* could not achieve 5 log reduction of *Salmonella* to reach one of the targeted conditions specified by USDA-FSIS to validate the safety of droëwors and biltong. However, by including natural, multi-functional pyrolyzed plant extracts (flavor, antimicrobial) in the marinade formulation to provide additional antimicrobial activity, we were able to exceed that goal (i.e., > 7 log reduction) for validation and improving the safety of droëwors and biltong air-dried beef processes.

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Data Availability Statement: Data presented in this study are available on request from the corresponding author.

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