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Posted Date: 15 May 2025

doi: 10.20944/preprints202505.1173.v1

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Article

# Triterpenoid Analysis of White Mutant Antrodia Cinnamomea with Differing Carbon Sources from Solid and Submerged Culture

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Abstract: Antrodia cinnamomea is a fungus endemic to Taiwan that exhibits various medicinal properties, many of which stem from its unique triterpenoids. Studies on A. cinnamomea generally focus on the red phenotype while only a handful of studies on its naturally-occurring mutant white phenotype exist. This study investigated the effect of two different culture types (solid-state dish culture and submerged flask culture) and three carbon sources (glucose, maltose and sucrose) on the mycelial dry weight and triterpenoid content of red (AC) and white (W) strains of A. cinnamomea. The concentrations of eight key triterpenoid compounds were also determined to compare triterpenoid profiles. Biomass accumulation in solid-state culture was significantly larger for the W strain than for the AC strain. In submerged culture mycelial biomass was not significantly different between strains. The AC strain had significantly higher triterpenoid content in both culture systems. Although both strains responded similarly to each carbon source with regards to mycelial dry weight, their triterpenoid content differed in solid state culture. None of the eight key compounds were found in the W strain. This study indicates that the triterpenoid profile of in vitro cultured white A. cinnamomea differs from red strains, and that further investigation of their metabolomic profiles is required.

**Keywords:** Antrodia cinnamomea; Taiwanofungus camphoratus; triterpenoid; medicinal fungi; liquid chromatography-mass spectrometry; solid-state culture; submerged culture

## 1. Introduction

Antrodia cinnamomea, synonym of Taiwanofungus camphoratus, is a parasitic fungus that grows only on the trunk of the tree Cinnamomum kanehirae, a species endemic to Taiwan [1]. It is a well-known traditional medicinal fungus in Taiwan and is consumed as a health food or used in the production of health supplements. Over 160 chemical compounds have been extracted and identified from A. cinnamomea [2], among which the triterpenoid compounds are considered to have the greatest biological activity [3]. Of these, antcins are unique to A. cinnamomea, and A. salmonea (synonymous with Taiwanofungus salmoneus)[2] and their medicinal properties include anti-cancer[4], anti-oxidative[5], and anti-inflammatory effects[6].

The therapeutic effects of *A. cinnamomea* have caused an increase in demand for the fungus. However, the fruiting body has a very slow growth rate in the wild, leading to overharvesting and the destruction of many endangered *C. kanehirae* trees [1]. In response, the Taiwanese government has placed prohibitions and restrictions on the harvesting of *C. kanehirae*, further increasing demand[7]. As a result of this, efforts to culture the fungus in vitro have been made.

Submerged culture is an alternative method of cultivating *A. cinnamomea* in vitro for commercial use, allowing for greater production of mycelium within a smaller area alongside reduced possibility of contamination[3]. Yet, studies have shown that mycelia produced by submerged culture show

drastically reduced triterpenoid content compared to wild-harvested fruiting bodies (basidiomata)[2]. Alternatively, solid culture has also been used to produce *A. cinnamomea* mycelia for therapeutic purposes. Solid culture presents advantage over submerged culture in that the formation of fruiting bodies is possible[8]. Lin et al.[9] found that abrasion of hyphae with cotton swabs was able to induce the production of fruiting bodies in *A. cinnamomea* grown on agar plates, and found that the chemical profiles of plate-grown mycelia and fruiting bodies differed. Although it has also been shown that the induction of fruiting bodies is inconsistent[10].

In addition to the culture method, fungal growth and secondary metabolite content also differs according to environmental conditions[11]. The carbon source present in culture media is one of the major factors affecting fungal growth. Carbohydrates—including monosaccharides, disaccharides, and polysaccharides—are the main energy source of fungi, and their availability influences fungal growth-rate, metabolism, and reproduction. The presence of monosaccharides causes a tendency toward asexual reproduction in fungi, whereas the presence of disaccharides and polysaccharides leads to increased sexual reproduction[12]. While studies have investigated the impact of carbon source on the accumulation of mycelial biomass of *A. cinnamomea*[13–17]; few have examined the effect of carbon source on triterpenoid production.

The colour of *A. cinnamomea* typically ranges from yellow to a dark reddish-brown, but a white variant of the fungus also exists in the wild. This variant is rare and said to be more medicinally potent, making it more desirable and thus expensive, but has not been extensively studied[18]. Chung et al.[19] found that the phytomic similarity index values for common triterpenoids of variants of red *A. cinnamomea* were similar, while that of the white variant was notably different, suggesting that the white variant may have different therapeutic value. However, another study found that the concentrations of most of 10 major triterpenoid compounds found in white *A. cinnamomea* were lower than that of the common variant, contrary to the beliefs of traditional Chinese medicine practitioners[20]. Furthermore, Liu[21] observed that the growth of different *A. cinnamomea* variants (including a white variant) did not respond in the same way different carbon sources—the carbohydrate that resulted in the greatest mycelial dry weight was different among variants. However, the differences in triterpenoid content between wild-type and white *A. cinnamomea* in response to different carbon sources has not yet been examined.

This study examines the effect of different culture methods and carbon sources on the triterpenoid content of two *A. cinnamomea* variants: a red, wild-type variant and a white variant.

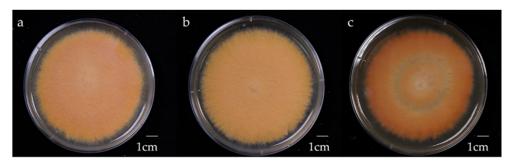
# 2. Materials and Methods

## 2.1. A. cinnamomea Strains and Preparation

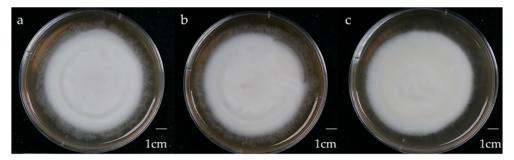
Two *A. cinnamomea* strains previously studied by Liu[21] known as "A1" and "W" were obtained. A1 (hereafter referred to as AC) is a wild-type *A. cinnamomea* variant with orange hyphae, while W is a mutant variant with white hyphae. Both were obtained from Da-Shan Farm in Zhushan Township, Nantou County, Taiwan. Using distilled water, spores were washed from the basidiomata onto plates, and diluted 10 times. Next, 1  $\mu$ L of this suspension was taken and observed under a microscope to ascertain the spore count per microlitre. This dilution was continued until only one spore remained per microlitre. The monospore was inoculated onto lysogeny broth agar (LB) and incubated for 24 h at 27 °C. After 24 h, the LB agar media was cut into 1 × 1-mm2 squares containing hyphae for inoculation onto malt extract agar (MEA) for 1 month at 27 °C.

#### 2.2. A. cinnamomea Culture

The AC (Figure 1) and W (Figure 2) strains were cultured on media with three carbohydrate sources: glucose, maltose, and sucrose. The culture methods included solid-state culture on MEA and submerged culture in malt extract broth (MEB) in a 250-mL flask. Both MEA and MEB contained 1% malt extract, 1% peptone, 1% agar, and 1% carbohydrate (glucose, maltose or sucrose), with a pH of 5.5. The media were sterilized in an autoclave (TOMIN, New Taipei City, Taiwan) at 121 °C for 25 minutes, whereas the carbohydrate sources were sterilized via being passed through a 45-µm filter. A. cinnamomea was cultured in a growth chamber at 27 °C for 1 month, and the submerged culture was stirred at 120 rpm. The samples were harvested and dried in an oven at 45 °C for 14 days and their weight was determined.



**Figure 1.** Morphology of 4-week-old AC strain *Antrodia cinnamomea* solid-state culture on malt extract broth containing 1% (a) glucose, (b) maltose, (c) sucrose.



**Figure 2.** Morphology of 4-week-old W strain *Antrodia cinnamomea* solid-state culture on malt extract broth containing 1% (a) glucose, (b) maltose, (c) sucrose.

#### 2.3. Triterpenoid Extraction and Analysis

To extract triterpenoid compounds present in the sample, 0.1g of sample was extracted in 5 mL of 90% acetic acid under ultrasonication for 30 min, followed by centrifugation at 5000 rpm for 15 min. Then, to determine the triterpenoid content of the sample, 0.5 mL of the extracted sample was taken and dried at 80 °C in an oven for 2 weeks. After drying, 0.2 mL of 5% (w/v) vanillin acetic acid and 0.08 mL of perchloric acid were reacted at 60 °C with ultrasonic oscillations for 20 min until the colour of the sample was homogenous. After homogenization, acetic acid was used to dilute the solution five times. Next, the total triterpenoid content of the sample was determined through spectrophotometry at 550 nm.

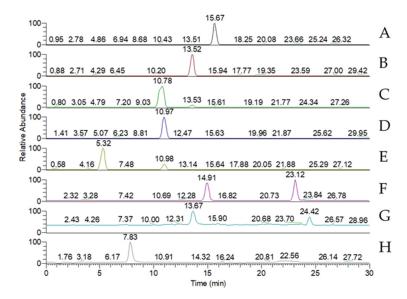
A liquid chromatograph (LC) DGU-20A (SHIMADZU, Kyoto, Japan) with a TSQ quantum access MAX triple stage quadrupole mass spectrometer (Thermo Scientific, Waltham, USA) was used to identify the presence of eight key triterpenoid compounds—antcin A, antcin B, antcin C, antcin H, antcin K, dehydroeburioic acid (DEA), dehydrosulphurenic acid (DSA), and 2,4-dimethoxy-6-methylbenzene-1,3-diol (DMMB)—and their concentrations. For mass spectrometry (MS), the column Syncronis C18 (150 × 2.1 mm2; Thermo Scientific) was used. Extracts from the 1% glucose-media samples were used for these analyses. The sample volume used for triterpenoid quantification

was 5  $\mu$ L. The flow rate was 0.4 mL/min, the binary gradient was (A) water with 0.2% formic acid and (B) acetonitrile. The mobile-phase gradient was as follows: 0 min, 35% (B); 7 min, 55% (B); 10 min, 65% (B); 19 min, 100% (B); 21 min, 65% (B); 25 min, 55% (B); 25.1 min, 35% (B); and 30 min, 35% (B). Triterpenoids were detected under MS/MS conditions, with the chromatograph running in the multiple reaction monitoring (MRM) mode. Table 1 and Figure 3 show the MRM conditions of the MS analysis and the standard peaks of the eight key triterpenoid compounds respectively.

**Table 1.** Multiple Reaction Monitoring conditions of the Mass Spectrometry analysis of eight key triterpenoids of *Antrodia cinnamomea*.

| Cample   | Selected | Parent ion | Product ion | Collision energy | Scan time |  |
|----------|----------|------------|-------------|------------------|-----------|--|
| Sample   | ion      | (m/z)      | (m/z)       | m/z) (V)         |           |  |
| Antcin A | [M-H]-   | 453.4      | 393.7,409.6 | 30               | 0.2       |  |
| Antcin B | [M-H]-   | 467.5      | 407.6,423.6 | 30               | 0.1       |  |
| Antcin C | [M-H]-   | 469.5      | 407.6,425.5 | 30               | 0.5       |  |
| Antcin H | [M-H]-   | 485.4      | 413.4,441.5 | 30               | 0.1       |  |
| Antcin K | [M-H]-   | 487.4      | 391.7,443.6 | 30               | 0.2       |  |
| DEA      | [M-H]-   | 467.4      | 337.8       | 34               | 0.5       |  |
| DSA      | [M-H]-   | 483.4      | 270.1       | 41               | 0.5       |  |
| DMMB     | [M+H]+   | 197.0      | 139.0       | 21               | 0.5       |  |

DEA: Dehydroeburioic acid; DSA: Dehydrosulphurenic acid; DMMB: 2,4-Dimethoxy-6-methylbenzene-1,3-diol.



**Figure 3.** MRM chromatogram of the standard peaks of eight key triterpenoid compounds of *Antrodia cinnamomea*. (A) Antcin A; (B) Antcin B; (C) Antcin C; (D) Antcin H; (E) Antcin K; (F) Dehydroeburioic acid; (G) Dehydrosulphurenic acid; (H) 2,4-Dimethoxy-6-methylbenzene-1,3-diol.

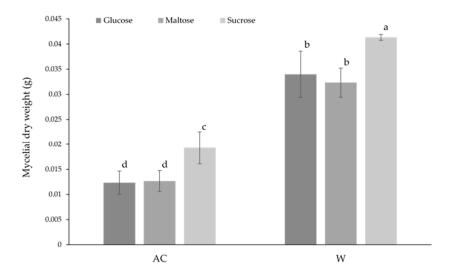
## 2.4. Statistical Analysis

All the experiments were performed in triplicate to verify their reproducibility. The data were analysed using Statistical Product and Service Solution (SPSS; version 22). Analysis of variance (ANOVA) was used to compare means and Duncan's multiple range tests were used for post-hoc analysis (p < 0.05).

## 3. Results

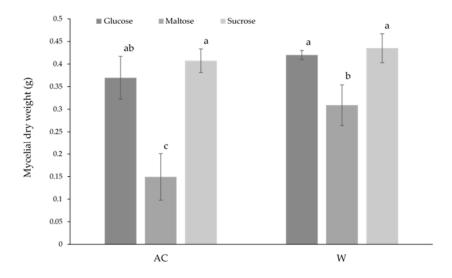
# 3.1. Effect of Culture Method and Carbohydrate Source on Biomass

In solid-state culture (Figure 4), the mycelial dry weight of the W strain was significantly greater under all conditions compared to the AC strain, with the dry weight of the W strain being more than double that of the AC strain when compared to the same carbohydrate culture. Of all carbon sources, sucrose was found to result in significantly greater biomass for both strains. Within both strains, there was no significant difference between culture with glucose or maltose.



**Figure 4.** The effect of carbon source on the biomass of wild-type (AC) and white-mutant (W) *Antrodia cinnamomea* grown in solid-state culture for one month. Values shown are the mean  $\pm$  standard deviation of three replicates. Letters indicate significant difference (p < 0.05).

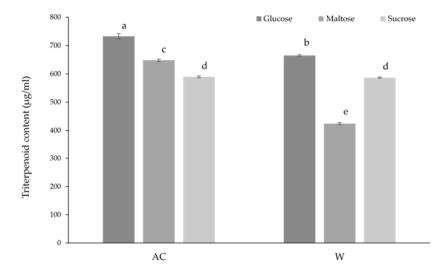
Figure 5 shows that there were no significant differences in biomass between the two strains when grown with glucose or sucrose in submerged culture. However, the culture with maltose as the carbon source resulted in significantly greater mycelial dry weight for the W strain compared to the AC strain.



**Figure 5.** The effect of carbon source on the biomass of wild-type (AC) and white-mutant (W) *Antrodia cinnamomea* grown in submerged culture for one month. Values shown are the mean  $\pm$  standard deviation of three replicates. Letters indicate significant difference (p < 0.05).

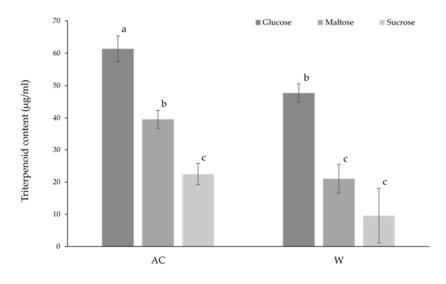
#### 3.2. Effect of Culture Method and Carbohydrate Source on Triterpenoid Content

The effect of different carbohydrates on the triterpenoid content of *A. cinnamomea* from solid-state culture is shown in Figure 6. The AC strain grown with glucose media resulted in the greatest total triterpenoid content overall, while glucose media also showed the highest triterpenoid content among the W strain conditions. The lowest triterpenoid content was found in the W strain culture cultivated on maltose media. Furthermore, there was no significant difference in triterpenoid content between both strains when sucrose was the carbon source.



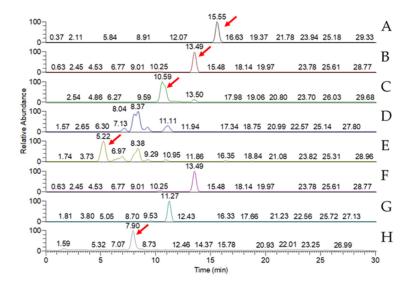
**Figure 6.** The effect of carbon source on the triterpenoid content of wild-type (AC) and white-mutant (W) *Antrodia cinnamomea* grown in solid-state culture for one month. Values shown are the mean  $\pm$  standard deviation of three replicates. Letters indicate significant difference (p < 0.05).

As with solid state culture, media containing glucose resulted in the highest triterpenoid content in both strains in the submerged culture, with the glucose-cultured AC strain containing the highest triterpenoid content overall (Figure 7). The AC strain cultured on maltose had a similar triterpenoid content to that of the W strain cultured on media containing glucose. No difference was observed between the AC strain grown on sucrose media and the W strain grown on either maltose or sucrose media.

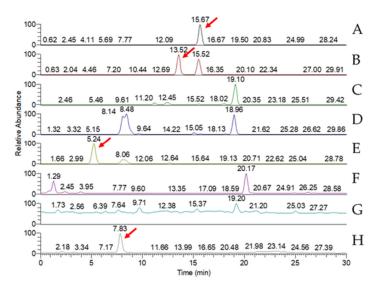


**Figure 7.** The effect of carbon source on the triterpenoid content of wild-type (AC) and white-mutant (W) *Antrodia cinnamomea* grown in submerged culture for one month. Values shown are the mean  $\pm$  standard deviation of three replicates. Letters indicate significant difference (p < 0.05).

LC-MS analysis of the triterpenoid extract of the AC strain cultured in solid-state culture with 1% glucose (Figure 8) showed that, of the eight key triterpenoids, five were detected in the extract: Antcin A, Antcin B, Antcin C, Antcin K, and DMMB. In submerged culture, extract of the AC strain showed the presence of four of the key compounds: Antcin A, Antcin B, Antcin K, and DMMB (Figure 9). None of the eight triterpenoids were detected in the W strain samples for either culture method.



**Figure 8.** MRM chromatogram of eight key triterpenoid compounds of wild-type *Antrodia cinnamomea* grown in solid-state culture for one month. (**A**) Antcin A; (**B**) Antcin B; (**C**) Antcin C; (**D**) Antcin H; (**E**) Antcin K; (**F**) Dehydroeburioic acid; (**G**) Dehydrosulphurenic acid; (**H**) 2,4-Dimethoxy-6-methylbenzene-1,3-diol.



**Figure 9.** MRM chromatogram of eight key triterpenoid compounds of wild-type *Antrodia cinnamomea* grown in submerged culture for one month. (**A**) Antcin A; (**B**) Antcin B; (**C**) Antcin C; (**D**) Antcin H; (**E**) Antcin K; (**F**) Dehydroeburioic acid; (**G**) Dehydrosulphurenic acid; (**H**) 2,4-Dimethoxy-6-methylbenzene-1,3-diol.

Table 2 shows the concentrations of eight key triterpenoids detected in the glucose-cultured AC strain from MRM chromatography. Mycelia of solid-state and submerged culture contained similar

concentrations of DMMB, with the concentration from submerged-culture AC being marginally larger. However, the concentration of Antcins A, B, and K were magnitudes greater in the solid-state culture sample than in the submerged-culture sample. Of all the key compounds, the Antcin B concentration in the solid-state culture was by far the highest at  $3.58 \pm 0.19 \,\mu\text{g/g}$ , followed by Antcin C at  $1.09 \pm 0.01 \,\mu\text{g/g}$ .

**Table 2.** Concentrations of eight key triterpenoid compounds of wild-type *Antrodia cinnamomea* grown identified from MRM chromatograms.

| Culture<br>Method | Triterpenoid content (μg/g) |            |        |        |            |     |     |            |
|-------------------|-----------------------------|------------|--------|--------|------------|-----|-----|------------|
|                   | Antcin                      | Antcin     | Antcin | Antcin | Antcin     | DEA | DSA | DMMB       |
|                   | A                           | В          | C      | Н      | K          |     |     |            |
| Solid-State       | 0.46 ±                      | 3.58 ±     | 1.09 ± |        | 0.14 ±     | -   | -   | 0.21 ±     |
|                   | 0.01                        | 0.19       | 0.01   | -      | 0.01       |     |     | 0.01       |
| Submerged         | $0.02 \pm$                  | $0.03 \pm$ | -      | -      | $0.02 \pm$ | -   | -   | $0.26 \pm$ |
|                   | 0.01                        | 0.01       |        |        | 0.01       |     |     | 0.01       |

DEA: Dehydroeburioic acid; DSA: Dehydrosulphurenic acid; DMMB: 2,4-Dimethoxy-6-methylbenzene-1,3-diol. A dash indicates the presence of the chemical was not detected.

## 4. Discussion

## 4.1. Effect of Culture Method

When comparing the two culture methods, in concurrence with the existing literature, mycelia yield was lower in the solid-state culture than the submerged culture (Figures 4 and 5) [22,23]. This is theorised to be due to increased aeration in the liquid culture as it is continuously stirred, dispersing oxygen throughout the mixture, a critical factor affecting protein production of basidiomycete fungi such as *A. cinnamomea*[24–26].

Contrastingly, it was also observed that the increase in mycelial dry weight from submerged culture was proportionate to the decrease in triterpenoid content—an approximately 10-fold difference (Figures 6 and 7). In a review on solid-state culture, Barrios-González and Tarragó-Castellanos[27] suggested that increased secondary metabolite production in solid-state culture compared to submerged culture is due to three main factors: direct air contact, stimulation from the supporting substrate, and water availability. This theory was formulated from the observations of Ávila et al.[28], who examined the effect of these factors on lovastatin production of *Aspergillus terreus*. Periodic submergence of solid-state culture in liquid at timer intervals of 12 hours induced greater lovastatin production than more frequent submergence, while inoculated polyurethane bands within a submerged culture resulted in greater lovastatin production compared with a standard free-floating submerged culture. Additionally, solid culture petri dishes covered with a polyethersulfone membrane (to prevent water loss) produced higher concentrations of lovastatin compared to those with no membrane. The presence of a solid substrate for hyphae to anchor to and provide structure, as well as contact with the air, may therefore induce greater triterpenoid production in *A. cinnamomea* cultured with solid-state culture over submerged culture.

Furthermore, secondary metabolite production is usually initiated during the secondary growth stage (idiophase)—rather than the growth phase (trophophase)—which is usually initiated by the depletion of nutrients[29]. The concentration gradients present in solid culture also facilitate this. Nutrients must be taken up and transported from the penetrative hyphae on the inner layer of the solid substrate to the aerial hyphae on the outer layer of the mycelium via diffusion in the cytoplasm[30]. This process is slower than direct uptake from the nutrient solution the mycelia are suspended in when grown with submerged culture. As a result, mycelia in submerged culture are saturated with nutrients, and so do not enter idiophase until the sugar concentration in the entire

solution is reduced, whereas there is a constant nutritional gradient between the outermost and innermost hyphae in solid culture, inducing the synthesis of secondary metabolites[31].

Studies investigating *A. cinnamomea* cultivation report a wide variety of triterpenoid profiles for different cultivation techniques. Qiao et al.[32] found that *A. cinnamomea* samples grown with solid-state culture on petri dishes contained antcin A, antcin B, antcin C, antcin H, antcin K, DEA, and DSA, but that none of these triterpenoids were detected in samples from submerged culture. Conversely, Chang et al.[33] did not detect antcin C, antcin B, antcin H, and antcin K in any mycelia—either wild harvested or grown from liquid or solid culture. However, DEA and DSA were detected in mycelia from all sources. Similar differences in the triterpenoid profiles of the AC strain cultivated with the two methods were observed in this study (Table 2). In the solid-state culture, five of the eight key triterpenoids (antcin A, antcin B, antcin C, antcin K, and DMMB) were detected, whereas only four were detected in the submerged culture (antcin A, antcin B, antcin K, and DMMB).

Despite this, many studies have demonstrated that *A. cinnamomea* submerged culture extracts exhibit a variety of therapeutic effects that are beneficial to humans[34]. *A. cinnamomea* production in submerged culture usually takes around 14 days[35], whereas solid-state dish cultures require anywhere from six weeks[8,10,36], to three months[37]. The use of repeated batch fermentation—when a portion of one culture is used to inoculate future batches—also has the potential to improve commercial cultivation, allowing for continuous cultivation and peak triterpenoid content observed after only seven days[35]. Moreover, methods of augmenting the triterpenoid content of submerge-cultured *A. cinnamomea* through the supplementation of the liquid broth have also been discovered. Beneficial supplements include olive oil[11], limonene[3], soybean oil[4], tangerine oil[1], chitosan[38], and alpha-terpineol[39]. Submerged culture may therefore also be a reliable source of medicinally-valuable *A. cinnamomea*, in spite of its low triterpenoid yield as submerged culture has greater scalability compared with solid-state culture in petri dishes as the size of the culture vessel can be increased[26].

#### 4.2. Effect of Carbohydrate Source

Carbon source also had a significant effect on the growth of A. cinnamomea. Maltose was the least effective carbohydrate with regards to the accumulation of mycelial biomass in general, while the submerged (Figure 4) and solid-state (Figure 5) cultures showed differing results. In the solid culture condition, sucrose resulted the greatest biomass. This is contrary to the existing literature, which shows that glucose stimulates greater increases in A. cinnamomea biomass than sucrose in solid state culture[13,21]. Glucose and sucrose were equally effective at promoting mycelial growth in the submerged culture. However similar studies find that either sucrose[15,16] or glucose[14,17,40] result in greater mycelial biomass. Previous research has also noted that other sugars were superior to both glucose and sucrose in increasing A. cinnamomea growth, including galactose[13,21], xylose[1,16] and fructose [17,40]. As a parasitic fungus, A. cinnamomea relies on its host tree C. kanehirae to supply it with carbohydrates, within which sucrose, glucose, and fructose are the most common forms of soluble carbohydrates[41]. Additionally, the addition of water-soluble wood extracts of Cinnamomum camphora (a relative of C. kanehirae) resulted in hyphal growth significantly greater than extracts of C. kanehirae[42]. In a subsequent study, analysis of the crude polysaccharide content of this extract of C. camphora revealed the presence of galactose and glucose, in addition to high concentrations of mannose and galactosamine[43]. This suggests that these are some of the most abundant carbohydrates available in the natural environment of A. cinnamomea, and that they are a common energy source for the fungus in the wild. Further investigation into other carbohydrates or carbohydrate combinations that assist in simulating its natural environment may be warranted.

Triterpenoid content was significantly higher when glucose was used as the carbon source in the cultivation media for both solid-state (Figure 6) and submerged (Figure 7) culture. This finding is supported by both Chang et al.[14] and Shu et al.[1] who found that glucose induced greater triterpenoid production than when cultured with sucrose or xylose respectively. In *A. cinnamomea*, triterpenoids are synthesised via the mevalonic pathway, and a number of genes regulating this

production have been identified[44]. The initial reaction in the mevalonic pathway is the generation of acetoacetyl-CoA from acetyl-CoA[45], with acetyl-CoA itself a product of the decarboxylation of pyruvate, which in turn is generated from glycolysis—the initial substrate of this metabolic pathway being glucose[46]. An abundance of glucose in the environment may therefore result in increased production of triterpenoid precursors, resulting in the observed increase in triterpenoid content.

# 4.3. Effect of Phenotype

While the red phenotype of *A. cinnamomea* is the most ubiquitous, uncommon phenotypes of different colours exist in the wild and Chinese medicine practitioners claim that these variants—the white variant in particular—are more medicinally potent than its common red-coloured counterpart[20]. Although the growth of both strains responded similarly to submerged culture (Figure 5), the W strain accumulated significantly greater mycelial dry weight in solid-state culture across all carbon sources than the AC strain (Figure 4). Differences in the growth response of different *A. cinnamomea* phenotypes to various sugars in solid culture has previously been examined. However, white cinnamomea phenotypes typically have lower growth than red phenotypes [18,21], the inverse of what was observed in this study. In addition, Liu[21] observed that exposure to light during culturing resulted in significantly lower mycelial growth in the AC strain, while growth significantly increased for the W strain. Chen et al.[20] observed that exposure to blue light was able to induce a whitening effect in a red *A. cinnamomea* strain, and that the growth of the fungus under this treatment was similar to that of a white strain grown in darkness. It was also found that both the white and whitened mycelia grew faster over the first 10 days than the red strain.

The total triterpenoid content of the AC strain was significantly greater at its peak (when glucose was used as the carbohydrate source) in both solid-state and submerged culture than the W strain (Figures 6 and 7). Analysis of both wild grown[47] and in vitro cultured[18] *A. cinnamomea* have shown lower concentrations of triterpenoids in white strains than red ones, as was observed in this research. While both the AC and W strains responded similarly to the different carbon sources with regards to mycelial growth they responded differently in terms of triterpenoid content, particularly in the solid-state culture (Figure 6). The use of sucrose as the carbon source resulted in the lowest triterpenoid content in the AC strain, while in the W strain it resulted in the second highest. This suggests that the while the primary metabolism of the strains is similar their secondary metabolism differs. Analysis of the triterpenoid profiles of the two strains provides evidence for this difference. None of the eight key triterpenoids were detected in the W strain, while in the AC strain, five and four were present in the solid-state cultured and submerged cultured fungus respectively (Table 2).

Differences in the triterpenoid profiles of red and white *A. cinnamomea* strains have been previously investigated. Chung et al.[19] noted that while the phytomic similarity indices of three red *A. cinnamomea* strains were similar, the index of a white strain was significantly different. Likewise, Chen et al.[20] observed that no antcin I was detected in white mycelia before four weeks of growth, while the same was not true for red mycelia. Additionally, the concentrations of some triterpenoids—DSA, eburicoic acid, and DEA—were at some time points greater in the white strain. In contrast, Su et al.[47] noted that the triterpenoid profiles of red, yellow, and white fruiting bodies were relatively similar and that the relative abundance of metabolites was lower in white basidiomata in general, but that the red and yellow phenotypes had distinct groups of metabolites that were uniquely abundant. The triterpenoid profiles of *A. cinnamomea* also appear to vary widely between strains, even among those cultured on the same media, with large differences in the content of fruiting bodies in particular[32].

The basidiomata and mycelia of *A. cinnamomea* possess different triterpenoid profiles, with some compounds only found in the fruiting body [10,48]. Antcin K can be used as an indicator of fructification in *A. cinnamomea* as it is one of the most abundant triterpenoids present in fruiting bodies[49], yet is either not present or present at a far lower concentration in mycelia [32,33]. Emergence of fruiting bodies documented in solid-state dish culture of red but not white strains, accompanied by a characteristic spike in antcin k concentration[18]. This increase in concentration

was observed even in red mycelia whitened by blue light exposure, suggesting a difference in metabolic response between red and white *A. cinnamomea* strains. Induction of fruiting bodies has already been shown to be strain dependent[10], even so methods of stimulating the production of basidiomata in solid-state culture exist. Mechanical wounding with a cotton swab[9] and a decrease in the incubation temperature by around 5 °C[8] induced fruiting body formation in dish cultures. Investigation of the effects of these procedures of white *A. cinnamomea* strains may yield different chemical profiles.

#### 5. Conclusions

This study investigated the effect of carbon source and culture method on the growth and triterpenoid content of red wild-type and white mutant *A. cinnamomea*. In general, the results were in line with previous similar studies—solid-state culture yields greater biomass than submerged culture, sucrose and glucose are effective at increasing mycelial biomass, glucose induces the greater triterpenoid synthesis, and the W strain exhibited lower triterpenoid content than the AC strain. However, in contrast with the existing literature, the W strain and the AC strain showed similar yields of mycelia in submerged culture, with the W yielding significantly more in solid-state culture. The key triterpenoid content of both strains was lower than previous research, with no key triterpenoids detected in the W strain. Interestingly, both strains responded similarly to the different sugars in terms of biomass, while their secondary metabolism deviated. This is also evidenced by the fact that none of the key triterpenoids were detected in the W strain spectrophotometrically. Examination of methods of inducing basidiomatal production on the white strain alongside metabolomic and transcriptome analysis may further elucidate how the metabolism of the white strain differs from that of its red counterpart.

**Author Contributions:** Conceptualisation, P.L and S.Y.M; methodology, P.L. and S.Y.M.; formal analysis S.Y.M., P.L. and H.R.A.; investigation, S.Y.M.; writing—original draft preparation, S.Y.M. and H.R.A.; writing—review and editing, P.L.; supervision, P.L. All authors have read and agreed to the published version of the manuscript.

Funding: This research received no external funding.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: Not applicable

**Acknowledgments:** We would like to thank Kun Cheng Liu for kindly providing both the red and white strains of *A. cinnamomea*.

Conflicts of Interest: The authors declare no conflicts of interest.

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