

Case Report

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Case Report

# Giant Intraabdominal Lymphangioma in a Pediatric Patient

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**Abstract:** Introduction. Intra-abdominal cystic formations represent heterogeneous pathologies with varied localization and clinical manifestation. The first challenge of a giant intra-abdominal cystic lesion is identifying the organ of origin. The clinical presentation of intra-abdominal cystic lesions varies from acute manifestations to non-specific symptoms or accidental discovery. Case presentation: A 2-year-old girl presents to the emergency unit with a fever of 38.5 Celsius, loss of appetite, and apathy. The investigations showed a gigantic intra-abdominal mass whose organ belonging could not be specified. Postoperatively, a giant mesenteric lymphangioma was evident, which was completely excised. Discussions Giant cystic formations modify the anatomical reports and become space-replacing formations, and the starting point is even more challenging to assess preoperatively. Nevertheless, the careful evaluation of the characteristics of the formation, the effect on the adjacent organs, the age of the patient, and the clinical picture can provide elements of differential diagnosis.

**Keywords:** intra-abdominal cyst; large masses; mesenteric lymphangioma

# 1. Introduction

Intra-abdominal cystic formations represent heterogeneous pathologies with varied localization and clinical manifestation. The first challenge in front of a giant intra-abdominal cystic lesion is identifying the starting organ [1,2]. The clinical picture of intra-abdominal cystic lesions varies from acute manifestations, non-specific symptoms, or accidental discovery [3,4]. The mass effect in giant formations causes non-specific symptomatology, which can delay the diagnosis. This phenomenon also happened in the presented case. The association of information obtained from imaging investigations [ultrasound, C.T., M.R.I.], laboratory analyses, and the clinical picture is essential to obtaining a preoperative diagnosis. However, the therapeutic strategy can be changed intraoperatively, depending on the characteristics of the lesion [5–7]. The purpose of this work is that starting from the presented case, we tried to systematize intra-abdominal lesions according to the organ of origin and to make the preoperative diagnosis of an intra-abdominal cystic lesion in the pediatric patient easy to perform. The preoperative identification of the characteristics of an intra-abdominal formation and the effect on the adjacent organs facilitates surgical intervention and shortens the anesthetic time.

A 2-year-old girl presents to the emergency service with a fever of 38.5 °C, loss of appetite, and apathy. The febrile syndrome started 2-3 days ago. It is slightly improved by the administration of NSAIDs, and following the pediatric consultation, the diagnostics were a mild respiratory infection. However, the apathy and lack of appetite were present for approximately 4-5 months; they evolved progressively and were added to transit disorders and weight stagnation. The patient comes from a disorganized family. The medical file was incomplete due to the family's lack of involvement. The girl was placed in the care of the state, and the delayed transfer of medical information led to the delay in the diagnosis. The child has been institutionalized for about one year, so there is no data on her health status from the first year of life. For about a week, the patient refused food, is apathetic, has reduced motor activity, refuses to mobilize, and prefers static activities. She becomes agitated when placed supine, preferring the lateral position. The clinical examination noted that the abdomen had an increased globular volume without collateral circulation and a decrease in fatty tissue on the abdomen, chest, limbs, and face. It does not present palpable adenopathies. At presentation, the patient weighs 11 kg, and I.P. is 0.65. On palpation, the abdomen is slightly depressed, without muscular contracture; palpating an abdominal tumor with liquidity character, which occupies the entire abdominal cavity, cannot be mobilized during bimanual palpation (Figure. 1).



**Figure 1.** A and B, the clinical appearance of the abdomen shows marked distention, with thinned skin, without collateral circulation.

An abdominal ultrasound was performed, highlighting a voluminous abdominopelvic cystic expansive formation with an irregular outline delimited by a thin wall. The lesions are multiloculated and multiseptate, with several solid hyperechoic areas adhering to the septa. The axial dimensions of the lesions are 160/90 mm; the described lesion moves the intestinal loops and both kidneys, with the demarcation line present posteriorly. The uterus and left ovary do not have modified echographic characters, and intraperitoneal fluid is absent.

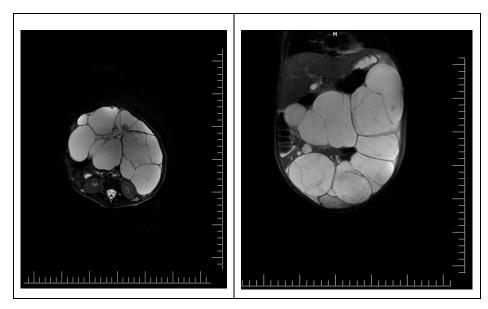
To accurately specify the diagnosis, an abdominal pelvic MRI was performed. It shows a voluminous abdominal-pelvic cystic expansive formation, with convex contour, relatively well delimited by a thin wall, multiloculated, multiseptate, with moderate parietal gadolinophilia and at the level of the septa, partially altered content due to the presence of areas with intermediate T2 signal, with dimensions of approximately 86/157/230 mm [AP/T/CC]. The described formation presents the following reports:

- *Superior*, the lesion has a mass effect on the liver, spleen, stomach, and transverse colon, which appear displaced superiorly, with the border of separation;

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- *Inferior*, the lesion comes in contact with the upper wall of the urinary bladder, with the limit of separation;
- Posteriorly, the lesion comes into contact with the intestinal loops
- Anteriorly, it comes in contact with the anterior abdominal wall

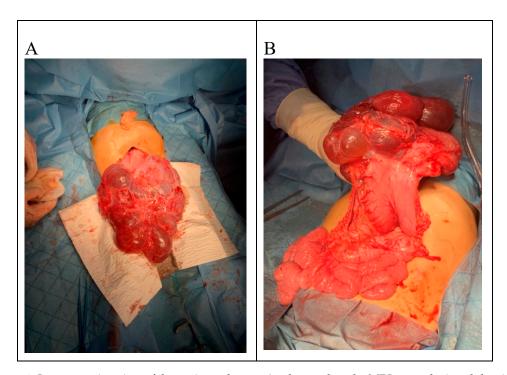
Ovaries are challenging to visualize, imprinted by the formation described—the uterus without expansive formations. The urinary bladder was examined in fullness, regular parietal contour, and homogeneous liquid. Liver with an anteroposterior diameter of the right lobe of ~ 117 mm and the lobe left ~ 65 mm, with a homogeneous structure without focal lesions. Undilated intra-/ extrahepatic bile ducts. The cholecyst is dilated, a wall with average thickness and liquid content, without stones. The spleen has a 74 mm diameter and a homogeneous structure. Pancreas, adrenal glands, and both kidneys, with normal M.R.I. appearance. Intraperitoneal liquid with a maximum thickness at the pelvic level of 10 mm. Without abdominal and pelvic adenopathy. No suspicious bone lesions were noted (Figure 2).



**Figure 2.** MRI scan of intrabdominal mass. Chistic masses in close relation to intrabdominal structures are observed. However, on an MRI scan, no involvement of the intrabdominal structures is observed.

Laboratory tests revealed WBC 22,000 10^3/mm^3, RBC 3.73 10^6/ul L, hemoglobin 8.99 g/dL, hematocrit 28 %, C reactive protein 7.77mg/dL, total proteins 4.8 g/dL, V.S.H. 92 mm/h, procalcitonin 3.9 ng/ml. The preoperative preparation of the patient aimed to correct the imbalances by administration of Albumin, Vitalipid, enteral solutions of electrolytes, and energetically enriched enteral solutions.

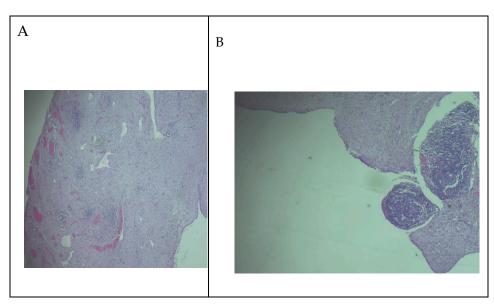
Surgical intervention was decided, and median exploratory laparotomy was performed; the abdominal formation tends to herniation when entering the peritoneal cavity. The cyst has adhesion to the peritoneum. It is multilobed and well-defined, with a thin wall through the transparency. Adhesions are lysed by digitoclasia and electrocautery. We made a breach in the cystic cavity, which decompressed and exteriorized. The tumor has a diameter of 22/15 cm after partial decompression and starts from the great omentum. It has a contact area with greater curvature of the stomach, and all the small intestinal loops are agglutinated subhepatically. The tumor was excised entirely [Figure. 3], an intraperitoneal drain was placed, and the abdominal wall was closed.



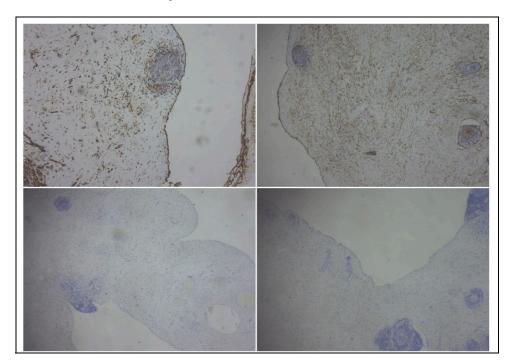
**Figure 3.** Intraoperative view of the peritoneal mass. As observed on the MRI. scan, the intrabdominal masses are well-defined, with no extra vascularization and no involvement of the near structures.

The subsequent evolution was favorable; with the resumption of intestinal transit in 24 hours, the intraperitoneal drain was removed on the fourth postoperative day. The patient remained hospitalized for 14 days, and during this period, the nutritional recovery was initiated so that in 2 months, the patient gained 1400 g in weight. Also, appetite and intestinal transit normalized. In addition, motor activity has improved, as has the patient's interest in age-specific activities. The patient was clinically and sonographically monitored at three months. The serial ultrasounds performed did not show the recurrence of the lesions.

The gross examination of the resection specimen revealed a multicystic mass with a smooth external surface, measuring 17x14x4 cm, filled with serous type fluid and a soft inner lining. The walls of the cysts had variable widths, a grey-pink color, and elastic consistency. At the microscopic examination, the walls of the cysts were lined by flattened, bland cells and consisted of varying amounts of fibro collagenous stroma with lymphoid aggregates. Immunohistochemistry was performed, and the lining cells were positive for CD31 and Podoplanin and negative for WT1 and PAX8, confirming the diagnosis of cystic lymphangioma (Figures 4 and 5).



**Figure 4.** A. The histological aspect of the cystic wall – consisted of connective stroma, with variable-sized vascular spaces and small lymphoid aggregates, H&E stain, magnification 40x. B. The cysts were lined by a single layer of flattened endothelial cells, and there were peripheral lymphoid aggregates in the stroma, H&E stain, and magnification 100x.



**Figure 5.** Immunohistochemical findings. In the upper left – CD31 [at magnification 100x] and in the upper right – Podoplanin [40x magnification] were positive in the lining of the cystic walls. Calretinin and PAX8 [40x magnification] are harmful in the lower quadrants.

### 3. Discussion

90% of lymphangiomas occur in children under two years of age. They are preferentially located in the head and neck [75%] and <u>axilla</u> [20%]. The abdominal location of lymphangiomas is rare, and precisely, this location allows the lesion to grow and cause late symptoms[8]. Intra-abdominal lymphangioma is a rare entity. In the abdomen, lymphangioma occurs most commonly in the mesentery, followed by the omentum, mesocolon, and retroperitoneum.

Abdominal lymphangiomas are classified as follows [9]:

- I- pedicled with the clinical manifestation dominated by torsion
- II- sessile located between the layers of the mesentery
- III- retroperitoneal
- IV- multicentric with the involvement of both intraperitoneal and retroperitoneal organs

The starting point of an intra-abdominal cystic lesion can be a parenchymal organ. The organ can be identified quickly in these conditions, allowing the doctor to focus on the differential diagnosis of organ lesions. However, with increased mobility, the cysts that develop from the rest of the intra-abdominal organs have centrifugal development and occupy the same space, the abdominal cavity [10–12]. This determines that these lesions have similar characteristics, making it challenging to identify the organ belonging before the operation. Giant cystic formations modify the anatomical reports and become space-replacing formations, and the starting point is even more challenging to assess preoperatively. <u>Ultrasonography</u>, <u>Computed tomography</u>, and Magnetic resonance imaging studies are helpful for diagnosis and surgical planning of abdominal cyst lymphangioma by determining its location and relation to surrounding structures[13]. Nevertheless, the careful evaluation of the characteristics of the formation, the effect on the adjacent organs, the age of the patient, and the clinical picture can provide elements of differential diagnosis [14]. To characterize a cystic lesion from an imagistic view, the following elements must be observed: the contents of the

cyst, the unilocular or multilocular type, the thickness of the walls, the presence of internal septa, the presence of calcifications, the presence of a solid component, debris or blood. In Table 1, the characteristics of formations starting from an intra-abdominal organ.

Table 1. Abdominal cystic lesion and related symptomatology concerning organ topology

Organ	Lesion	Characteristics
Liver and biliary tract	Hydatid cyst	Single, circular cystic lesions located in the liver parenchyma
	Mesenchymal	Septate lesions, starting from the right lobe of the liver, can
	hamartoma	reach large dimensions with
	Blom	a compressive effect. The single, circular lesion, located in the liver parenchyma, with variable sizes
Spleen	Splenic cyst	Uniloculated oval/circular lesion located in the splenic parenchyma with dimensions of 6-7 cm
Pancreas	Pancreatic cyst	Uniloculated lesion, placed at the level of the tail/pancreatic body, reaches dimensions of 4-5 cm.
Kidney	Hydronephrosis	Cystic dilatation of the renal calyces and the renal pelvis with the reduction of the renal parenchyma
	Polycystic kidney disease	Round/oval cystic lesion with a retroperitoneal starting point with the absence of renal parenchyma
Gastro-intestinal	Mesenteric cyst	Uni/multiloculated cystic lesion with a thin wall may have a retroperitoneal extension.
	Epiploic cyst	Uni/multiloculated cystic lesions can reach large sizes with calcifications or intralesional debris. They are tubular or globular,
	Enteric duplication cyst	have a thick wall, have no septa, and the common wall is highlighted.
Genito—urinary	Ovarian cyst	Uniloculated or multiloculated lesions, pelvic starting point and can reach large sizes.
	Urachal cyst	The single cystic lesion, located on the midline, has a thick wall that imprints the urinary bladder.
	Ovarian teratomas	Cystic formation with an average diameter of 10 cm, with mixed liquid/solid

		content and intracystic calcifications
Other injuries	Intra-abdominal abscess	Cystic lesion with thick wall, with infiltration of adjacent tissues, with nonhomogeneous content
	Cystic teratomas	Uniloculated cystic lesion, with nonhomogeneous content with a pelvic starting point

Abdominal cystic lesions have different symptomatology depending on the organ of origin and size. However, when the lesions are extensive and become space-replacing formations, the present symptomatology is non-specific, determined by their mechanical complications [14,15].

The clinical picture varies from incidental discovery to acute abdomen. The most common clinical form is non-specific symptomatology of partial intestinal obstruction, anorexia with a palpable, mobile, recalcitrant, painless tumor mass, nausea, stagnation/loss of weight. Children can also present recurrent intestinal transit disorders [16–18].

Although laparoscopic treatment is an elegant method, it was not an option due to the voluminous lesion. As cited in the specialized literature, laparoscopic techniques for the excision of voluminous lesions presuppose punction of the lesion, with partial decompression to obtain the space necessary for surgical maneuvers. Laparoscopic treatment of voluminous intra-abdominal lesions is challenging due to the increased risk of injuring the lesion, the impossibility of obtaining a suitable working space, and the risk of incompletely excising the lesion. Sclerotherapy is a form of palliative treatment with limited indications for children due to local complications and the high rate of recurrence. The main indication for sclerotherapy is the proximity of a major blood vessel, which makes surgical resection risky [19].

The presented patient had non-specific symptoms, and her visit to the doctor was due to a respiratory infection. Lymphangioma is a benign congenital lesion that occurs due to the failure of communication in the intrauterine period [20] between the small intestinal lymphatic vessels and the major intestinal lymphatic vessels, which causes the cystic dilation of the lymphatic space [21,22]. The incidence of lymphangioma of the omentum is low, with approximately 1:20,000 hospitalizations in pediatric hospitals, most under the age of 10 and with an average age of appearance of 4.5 years [23,24]. The condition is slightly more common in males in the pediatric population [60%] than in the adult population [predominantly in women]. Mesenteric lymphatic cysts are four times more common than omental cysts [25,26]. In the presented patient, the location was at the level of the greater omentum. However, the literature also describes locations such as lesions at the level of the gastrocolic or gastro-lineal ligament [27,28]. Therefore, surgical treatment with a curative visa is the treatment of choice. In the presented case, this objective was accomplished without recurrence postoperatively in the first six months, significantly improving the quality of life[29].

## 4. Conclusions

Intra-abdominal cystic lesions represent a challenge for both the radiologist and the surgeon. The investigations cannot accurately suggest the type of injury so that the therapeutic plan can change intraoperatively. In the presented case, the lesion was proven postoperatively to have a starting point in the greater omentum and could be completely resected.

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