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Article

Demographical, Morphological, and Histopathological Characteristics of Melanoma and Nevi Insights from Statistical Analysis and Machine Learning Models

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Abstract

Background: Early and accurate differentiation between melanomas and benign nevi is essential for making proper clinical decisions. This study evaluated 182 melanocytic lesions using clinical, morphological, and histopathological parameters. Univariable analysis was done in XLStat, while multivariable machine learning models were developed in Jamovi. Five supervised algorithms were compared, and glmnet (Elastic Net Regression) was selected as best model due to superior balance of performance and calibration (AUC = 0.97). Age, horizontal diameter, and secondary histological features such as interactions with adjacent structures like epidermis (IAS-E) and changes in the extracellular matrix – like prominence of elastic fibers at the base of a lesion (CEM-BL) emerged as key predictors. While univariable and multivariable findings were consistent, machine learning allowed improved modeling of complex interactions. The results in our study demonstrate that structured demographical, morphological and histopathological data can effectively support melanocytic lesions classification through machine learning approaches, offering a practical diagnostic support in dermatopathology.

Keywords: melanoma; nevi; diagnosis; histopathology; machine learning in medicine

1. Introduction

Melanoma is the most aggressive form of skin cancer, accounting for many skin cancer related deaths despite representing a smaller proportion of total cases [1-3]. Early and accurate differentiation between melanoma and benign melanocytic lesions, such as nevi, is critical for improving patient outcomes. Although clinical and histopathological evaluations remain the gold standard for diagnosis, overlapping morphological topography between benign and malignant lesions often lead to diagnostic uncertainty [4]. Well known risk factors such as age, gender, and lesion location significantly influence melanoma development. Morphological boundaries, the horizontal (dH) and vertical (dV) diameters of lesions, also contribute to distinguishing malignancy. Furthermore, histopathological changes including cellular atypia, immune response, and epidermal architecture, play an essential diagnostic role. However, interpretation of these characteristics may vary among pathologists and is often complicated by interrelated parameters and subjective judgment [5,6]. Advancements in information technology and artificial intelligence have enabled the application of machine learning (ML) in medical diagnostics. These algorithms can improve

diagnostic accuracy by modeling complex, multidimensional relationships that are not easily captured through traditional statistical methods [7,8]. ML approaches have shown promising results in dermatopathology, particularly for lesion classification and risk stratification, due to their high performance and potential for integration into clinical workflows [9]. The aim of this retrospective study, conducted at the Clinical Hospital in Shtip, North Macedonia, was to identify key demographic, morphological, and histopathological factors that differentiate melanomas from nevi. Both univariate statistical methods and supervised ML algorithms were applied to examine predictive patterns within the data. This manuscript presents the results of this analysis and discusses the potential approaches to enhance diagnostic precision in dermatopathology.

2. Materials and Methods

Data Collection

This study considered 184 paraffin-embedded tissue samples extracted from patients with melanocytic lesions at the Clinical Hospital in Shtip, North Macedonia, during the period 2019–2023. Secondary histopathological changes were evaluated on 3–5 μm sections prepared from formalin-fixed, paraffin-embedded (FFPE) blocks. Routine hematoxylin and eosin (H&E) staining was used for general tissue architecture. Special stains Van Gieson-Elastica for elastic fibers and Alcian blue-PAS for mucin depositions, and presence of the yeast *pytirosporium* were applied following the manufacturer's protocols [10,11]. All slides were reviewed using the same optical microscope, and representative characteristics were documented photographically. Demographic data: age, gender, and lesion localization were collected from patient records. Furthermore, generated diagnoses given by a pathologist were verified independently by two additional pathologists to ensure diagnostic accuracy. Secondary histopathological changes were systematically classified into five major categories, based on previously defined morphological groupings:

1. Cytological Changes (CC) – including features such as clear cell cytoplasm, oncocytic transformation, granular cell transformation, and eosinophilic cytoplasmic inclusion bodies.
2. Architectural Changes (A) – comprising suprabasal melanocytes, pseudogranulomatous structures, plexiform arrangements, and angioadnexocentric patterns.
3. Changes in the Extracellular Matrix (CEM) – including increased elastic fiber prominence, osseous metaplasia (Osteonevus of Nanta), and mucin deposition.
4. Changes Imitating Non-Melanocytic Components (CINC) – such as pseudolacunae, Pseudo Dabska-like patterns, neurotization (C-cell and pseudomeissnerian types), lipidization, and glandular/tubular-like formations.
5. Interactions with Adjacent Structures (IAS) – including epidermal interactions (IAS-E), folliculitis, and cystic formations (epidermal, dermal, or trichilemmal).

Additionally and separately from all the characteristic above, the presence of the yeast *Pytirosporium* (*Malassezia furfur*) in the corneal layer was noted.

3. Results

Significant differences were observed between the melanoma and nevi groups regarding several clinical parameters (**Table 1**). Patients with melanoma were significantly older than those with nevi, with a median age of 66.5 years (Q1=55.75, Q3=74.75) compared to 37.0 years (Q1=30.00, Q3=48.00), $p < 0.0001$. Age demonstrated a strong association with lesion type ($\eta^2 = 0.4048$). Lesion size also differed significantly between groups. The horizontal diameter (dh) was larger in melanoma cases (median = 1.55 cm) compared to nevi (median = 0.70 cm), $p < 0.0001$, with a moderate association ($\eta^2 = 0.3554$). Vertical diameter (dv) also showed a statistically significant difference ($p = 0.0171$), but with a much weaker association ($\eta^2 = 0.0306$).

Table 1. Descriptive statistics and univariate analysis of age, lesion size (dh and dv) and lesion type.

Predictor	Melanocytic lesion	N	Q1/Med/Q3	AM± SD	MW, p value	Squared correlation ratio
	Age	18	33.00 / 42.00 /	45.51 ±	< 0.0001	0.4048
		2	58.00	18.10		
	M	42	55.75 / 66.50 /	66.48 ±		
			74.75	12.41		
	N	14	30.00 / 37.00 /	39.21 ±		
		0	48.00	14.44		
dh (cm)		18	0.50 / 0.80 / 1.20	1.00 ± 0.73	< 0.0001	0.3554
		2				
	M	42	1.20 / 1.55 / 2.45	1.80 ± 0.85		
		14	0.40 / 0.70 / 1.00	0.76 ± 0.49		
	N	0				
		0				
dv (cm)		18	0.20 / 0.40 / 0.58	0.42 ± 0.27	0.0171	0.0306
		2				
	M	42	0.30 / 0.50 / 0.60	0.51 ± 0.30		
		14	0.20 / 0.35 / 0.50	0.39 ± 0.26		
	N	0				
		0				

Gender and lesion location distributions also differed significantly between the groups (Table 2). Females were significantly less likely to have melanoma (OR=0.193, 95% CI: 0.094–0.400, $p < 0.0001$). Lesions on the trunk and head/neck were more commonly associated with melanoma, while other sites were more frequent in nevi. (Cramér's $V=0.2967$) indicated a moderate association between lesion location and lesion type.

Table 2. Cross-tabulation of melanocytic lesions by gender and anatomical location with association measures.

Predictor	Melanocytic lesion		Significance by cell (Fisher's exact test)		χ^2 test	Association coefficients
	Melanoma (M)	Nevi (N)	M	N	p-value	
	Frequency (Proportion)	Frequency (Proportion)				
Gender	Female	17 (0.093)	109 (0.599)	<	>	Odds ratio 0.000 0.193 [0.094;0.400] 1
	Male	25 (0.137)	31 (0.170)	>	<	
Location	0	3 (0.016)	24 (0.132)	<		Cramer's V 0.2967
	1	10 (0.055)	55 (0.302)	<	0.003	
	2	3 (0.016)	5 (0.027)		0	
	3	19 (0.104)	52 (0.286)			
	4	7 (0.038)	4 (0.022)	>	<	

Legend: Head and neck (1), Arm (2), Trunk (3), Leg (4), Unknown (0).

Among secondary histopathological changes (*Error! Reference source not found.*), Cytological changes (CC), particularly clear cell cytoplasm were more frequent in nevi ($p < 0.0001$, OR=0.081, 95% CI: 0.032–0.203). Changes imitating non melanocytic components (CINC-L and CINC-T) were exclusively observed in nevi ($p=0.0040$ and $p=0.0010$, respectively), suggesting specificity for benign lesions. Changes in the extracellular matrix (CEM-BL, CEM-TL, CEM-S) were significantly more common in melanoma cases ($p < 0.0001$), with odds ratios ranging from 4.84 to 7.97. The strongest association overall was observed with epidermal interactions (IAS-E), which were predominantly seen in nevi (OR=13.377, 95% CI: 4.270–41.903, $p < 0.0001$). Presence of the Pityrosporum (PIT) was

also more frequent in nevi ($p=0.0021$). Architectural changes (AA) and additional subcategories such as IAS-F and IAS-T were not statistically significant ($p>0.05$), indicating a limited role in lesion differentiation within this dataset.

Table 3. Frequency and statistical association of secondary histopathological changes with lesion type.

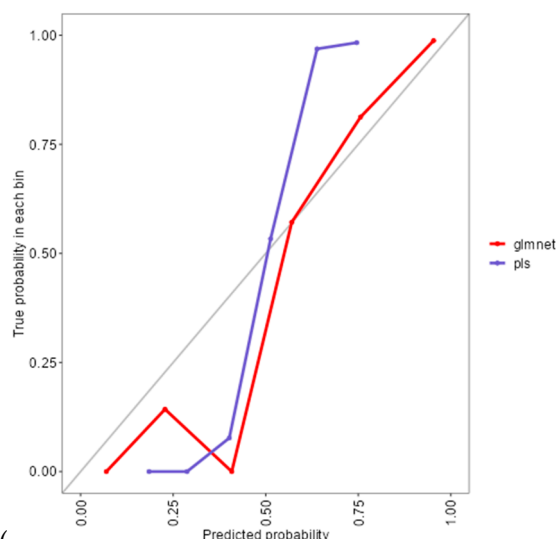
Predicator	Category	Melanocytic Lesion		Significance by Cell(Fisher's Exact Test)		χ^2 test	Odds Ratio [95% CI]
		Melanoma (M) Frequency (Proportion)	Nevi (N) Frequency (Proportion)	M	N	p -Value	
CC	0	24 (0.132)	132 (0.725)	<	>	<	0.081
	1	18 (0.099)	8 (0.044)	>	<	0.0001	[0.032;0.203]
AA	0	27 (0.148)	78 (0.429)				1.431
	1	15 (0.082)	62 (0.341)			0.3241	[0.707;2.898]
CINC-L	0	42 (0.231)	116 (0.637)	>	<		
	1	0 (0.000)	24 (0.132)	<	>	0.0040	
CINC-T	0	42 (0.231)	110 (0.604)	>	<		
	1	0 (0.000)	30 (0.165)	<	>	0.0010	
CEM-BL	0	17 (0.093)	11 (0.060)	>	<		7.975
	1	25 (0.137)	129 (0.709)	<	>	0.0001	[3.386;18.782]
CEM-TL	0	27 (0.148)	26 (0.143)	>	<		7.892
	1	15 (0.082)	114 (0.626)	<	>	0.0001	[3.719;16.747]
CEM-S	0	23 (0.126)	28 (0.154)	>	<		4.842
	1	19 (0.104)	112 (0.615)	<	>	0.0001	[2.339;10.024]
IAS-F	0	31 (0.170)	113 (0.621)				0.673
	1	11 (0.060)	27 (0.148)			0.3342	[0.305;1.489]
IAS-T	0	38 (0.209)	134 (0.736)				0.425
	1	4 (0.022)	6 (0.033)			0.1914	[0.121;1.491]
IAS-E	0	39 (0.214)	69 (0.379)	>	<		13.377
	1	3 (0.016)	71 (0.390)	<	>	0.0001	[4.270;41.903]
PIT	0	40 (0.220)	102 (0.560)	>	<		7.451
	1	2 (0.011)	38 (0.209)	<	>	0.0021	[1.971;28.170]

Machine Learning Models

To identify the most appropriate classification model, five machine learning algorithms were developed and compared: random forest (rf), partial least squares (pls), elastic net regression

(glmnet), conditional inference trees (ctree), and k-nearest neighbors (knn). All models were trained on 128 samples using 14 predictor variables (excluding CINC-L and CINC-T due to the absence of category 1 in melanoma), with 54 independent samples used for validation.

As shown in (Figure 1), the rf, glmnet, pls, and ctree models achieved similar median values for classification accuracy and Cohen's Kappa, suggesting comparable average performance. In contrast, knn showed consistently lower median values. Regarding consistency, rf, glmnet, and pls displayed tighter interquartile ranges (IQRs), while ctree and knn showed greater variability. Outliers were observed in rf, ctree, and knn, particularly for accuracy, indicating occasional performance drops. ROC curve analysis confirmed excellent discrimination by both glmnet and rf, with AUC values of



0.97 and 0.98, respectively (). Glnet and pls shared equivalent AUCs (0.97), but glmnet demonstrated better probability calibration. The reliability diagram (Figure 3) showed glmnet's predictions closely aligned with observed outcomes across moderate-to-high probability ranges (0.5–1.0), while pls tended to overpredict in the mid-probability range (0.5–0.75). Given its superior calibration and strong discrimination, glmnet was selected as the final classification model. Optimal performance was achieved at $\alpha = 0.4$ and $\lambda = 0.04636$ (Figure 4).

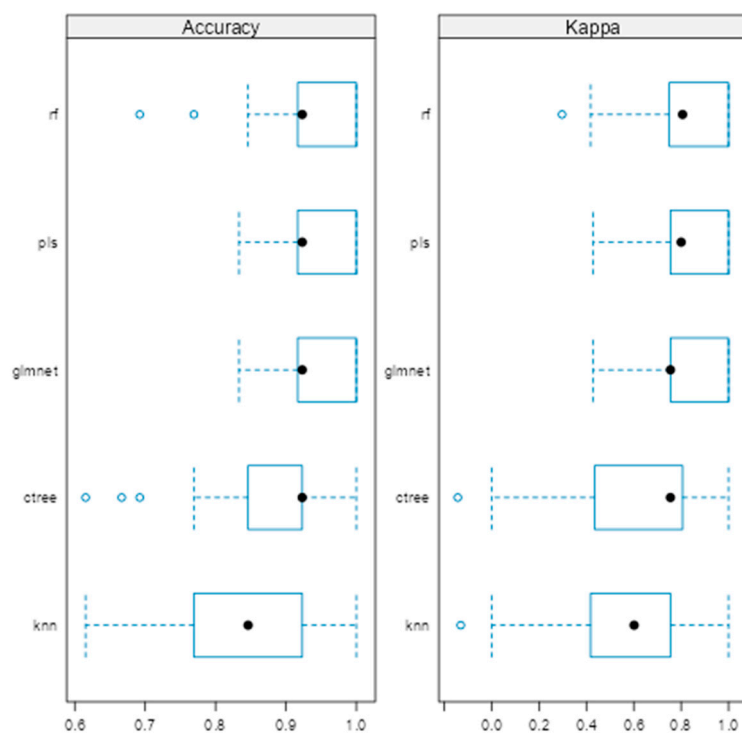


Figure 1. Comparison of machine learning models based on accuracy and Cohen’s Kappa.

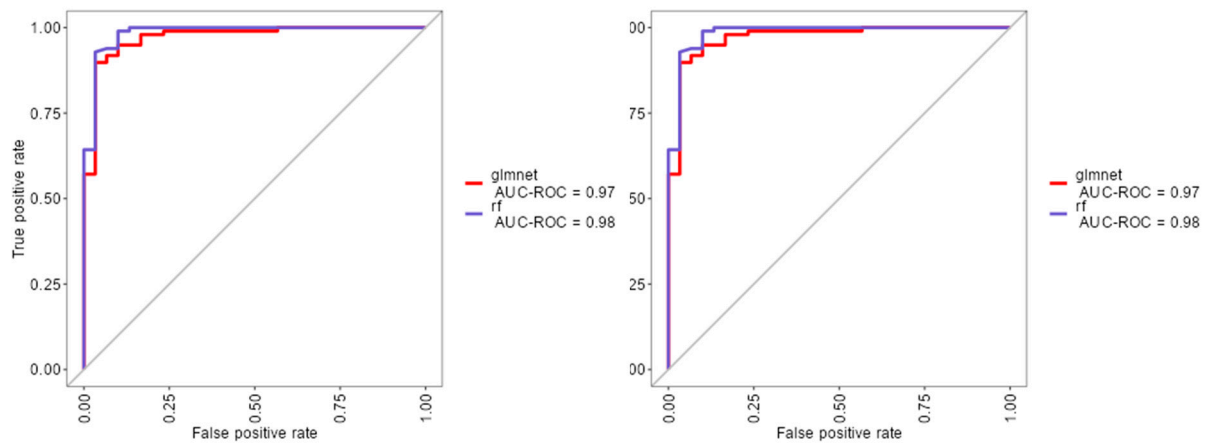


Figure 2. ROC curves for glmnet, rf and pls machine learning models.

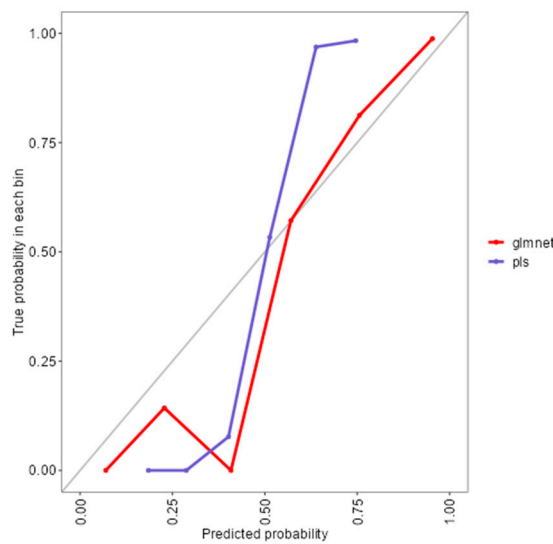


Figure 3. Reliability diagram comparing calibration performance of glmnet and plsmodels.

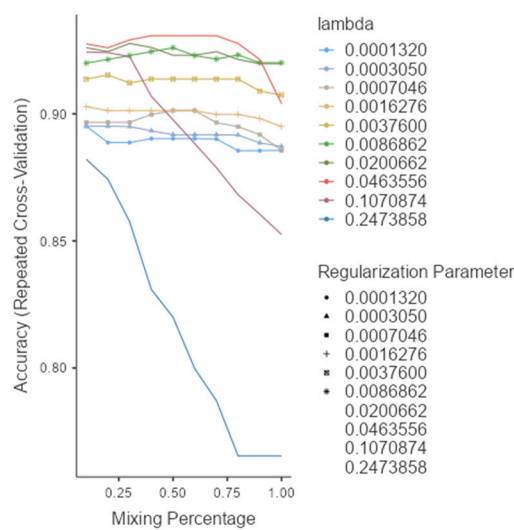


Figure 4. Model selection and tuning parameters for glmnet.

Table 3 summarizes glmnet's performance. On the training set, it achieved 96.9% accuracy (95% CI: 92.2–99.1), sensitivity of 90.0%, specificity of 99.0%, and F1-score of 0.893. On the independent test set, accuracy was 90.7%, sensitivity 75.0%, specificity 95.2%, and F1-score 0.783, reflecting a balanced trade-off between precision and recall.

Table 3. Performance metrics for glmnet on training and test datasets.

	Sensitivity	Specificity	Pos Pred Value	Neg Pred Value	F1	Balanced Accuracy
Training set	0.833	0.990	0.962	0.951	0.893	0.912
Test set	0.750	0.976	0.900	0.932	0.893	0.863

Table 4 presents the confusion matrices, confirming that 9 of 12 melanoma cases and 41 of 44 nevi were correctly classified on the test set. This highlights glmnet's strength in identifying benign lesions while preserving sensitivity for detecting melanomas.

Table 4. Confusion matrices for glmnet model classification.

		Predicted	
		M	N
Training set	M	25	1
	N	5	97
Test set	M	9	1
	N	3	41

Variable importance analysis (**Figure 5**) identified CC1, horizontal diameter (dH), IAS-E1, CEM-BL1, CEM-S1, and CEM-TL1 as the most influential factors. Clinical parameters such as age, gender, and lesion location (trunk and head/neck) also contributed meaningfully. Variables like vertical diameter (dV), PIT1, IAS-T1, and lesion location 'C' (arm) were penalized toward zero, indicating limited predictive utility.

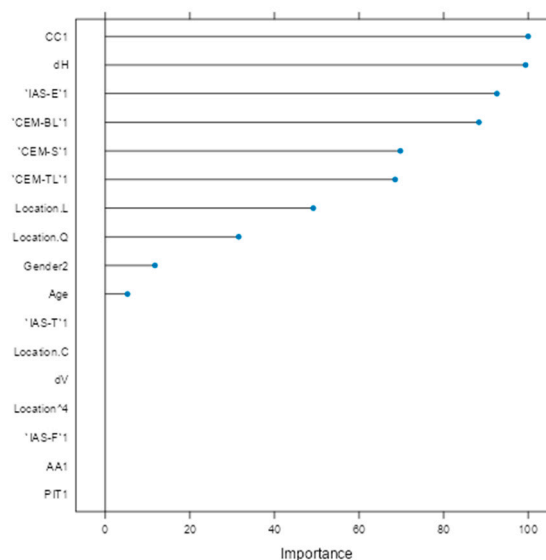


Figure 5. Variable importance plot for glmnet model.

4. Discussion

This study investigated demographic, morphological, and histopathological predictors for differentiating melanomas from nevi through both univariate statistical analysis and multivariable

machine learning (ML) approaches. Age emerged as the most robust univariate discriminator: melanoma patients were significantly older (median 66.5 years vs. 37.0; $p < 0.0001$), consistent with cumulative sun exposure and age-related genetic damage observed in other studies [22]. Horizontal lesion diameter (dh) also showed a strong association with malignancy ($p < 0.0001$), confirming previous findings that wider lesions are a sign of melanoma. In contrast, vertical diameter (dv) reached statistical significance but contributed little to predictive power ($\eta^2 = 0.0306$), supporting the notion that horizontal spread is a more clinically meaningful parameter. Gender and lesion location further enhanced diagnostic differentiation. Females were significantly less likely to develop melanoma (OR = 0.193, $p < 0.0001$), aligning with established gender based risk patterns. In this study, melanomas were more frequently located on the trunk and head/neck regions (**Table 2**), supporting anatomical distribution trends. [22,23]. Secondary histopathological changes also demonstrated strong discriminatory potential. Cytological Changes (CC) were significantly more common in nevi (OR = 0.081), suggesting they may serve as negative indicators for malignancy. Changes Imitating Non-Melanocytic Components (CINC-L, CINC-T) were entirely absent in melanoma, reinforcing their specificity for benign lesions. Conversely, Changes in the Extracellular Matrix (CEM-BL, CEM-TL, and CEM-S) were significantly more frequent in melanomas (ORs from 4.84 to 7.97), consistent with studies describing stromal remodeling as a malignant signature [24]. Among the strongest markers was IAS-E (epidermal interaction), which favored nevi with an OR of 13.377, suggesting its role as a reliable benign indicator [25]. Presence of Pityrosporum in the corneal layer (PIT) were also more common in nevi (OR = 7.451), supporting their potential as auxiliary benign markers. Unfortunately no studies with a similar context were found for a relevant comparison of the reported results. Features such as Architectural Alterations (AA), IAS-F, and IAS-T showed no significant differences, highlighting the limited diagnostic relevance of architectural variability in this dataset an observation also echoed in literature describing overlapping features among melanocytic lesions [25]. To extend beyond the limitations of univariate assessment, five ML models were implemented: random forest (rf), partial least squares (pls), elastic net (glmnet), conditional inference trees (ctree), and k-nearest neighbors (knn). These models were chosen to evaluate both linear and non-linear patterns, manage multicollinearity, particularly important for smaller, imbalanced clinical datasets [26,27]. Rf, glmnet, pls, and ctree achieved comparable classification accuracy and Kappa scores (**Figure 1**), while kNN showed inferior performance. Tighter interquartile ranges for rf, glmnet, and pls suggested more consistent behavior across validation folds. By contrast, ctree and especially kNN exhibited broader variability and frequent outliers, indicating reduced robustness. ROC curve analysis showed strong discriminative capacity across models, with glmnet and rf achieving AUCs of 0.97 and 0.98, respectively (**Figure 2**). While PLS also achieved an AUC of 0.97, its calibration was inferior to glmnet's. Glnet predicted probabilities closely aligned with observed outcomes in the moderate-to-high range, whereas pls overestimated probabilities in the midrange, potentially compromising clinical reliability (**Figure 3**). These results align with prior studies suggesting regularized linear models balance accuracy and interpretability well in medical classification tasks [28,29].

Based on performance metrics, glmnet was selected as the final model (**Figure 4**). On the training set, it achieved 96.9% accuracy and 90.0% sensitivity, while the test set confirmed strong generalizability with 90.7% accuracy and 75.0% sensitivity (**Table 3**). A stable F1-score of 0.783 indicated a sound balance between precision and recall crucial in clinical applications where both false positives and false negatives carry consequences. The confusion matrix (**Table 4**) showed successful identification of 9 out of 12 melanomas and 41 out of 44 nevi, underscoring high specificity and supporting glmnet's potential as a diagnostic aid. Variable importance analysis (**Figure 5**) provided insight into predictor contributions. The most influential features included CC1, horizontal diameter (dH), IAS-E1, and extracellular matrix components (CEM-BL1, CEM-S1, CEM-TL1). Age, gender, and lesion location (particularly trunk and head/neck) also demonstrated strong influence. Conversely, vertical diameter (dV), PIT1, IAS-T1, and lesion location "C" (arm) were penalized to near-zero, indicating limited multivariable value. Comparing univariate findings with glmnet's

variable importance highlights key areas of overlap and divergence. Parameters like age and dH remained highly significant across both approaches, affirming their central role in diagnosis. For example, age was both a significant univariate discriminator ($p < 0.0001$) and a key multivariable predictor confirming its integration into diagnostic models, although there are not any similar reports. Similarly, dH showed strong individual association and retained importance in multivariable modeling, validating earlier claims about horizontal expansion as a malignancy indication. In contrast, dV, which reached univariate significance, was heavily penalized in glmnet, likely due to redundancy with dH or weaker discriminatory value in early lesions. Factors such as IAS-E, CEM, and CC, which were univariately significant, also emerged as top ranked glmnet predictors supporting their independent relevance. Further studies need to be performed to confirm these findings as diagnostic indicators. Notably, some factors with strong univariate associations like CINC-L/T and PIT were excluded in the ML model. CINC variables were removed due to their absence in melanoma cases, and PIT was penalized during regularization, reflecting diminished value when adjusted for other variables. This aligns with the strength of regularized models in suppressing spurious or redundant predictors [31]. Interestingly, lesion location and gender, which were of borderline significance univariately, gained weight in the glmnet model. This suggests interaction effects not captured in univariate tests but detected in multivariable modeling consistent with findings.

5. Conclusions

Integrating clinical and histopathological features with ML algorithms like glmnet give a promising strategy for melanoma diagnosis. While univariate analysis helps highlight potential markers, multivariable modeling reveals their contextual relevance, allowing for more nuanced and clinically actionable predictions. The high accuracy, interpretability, and generalizability of the glmnet model support its use in diagnostic workflows, especially in settings where imaging data is unavailable or limited.

Abbreviations

The following abbreviations are used in this manuscript:

ML	Machine Learning
GLMNET	Elastic Net Regression
RF	Random Forest
PLS	Partial Least Squares
KNN	k-Nearest Neighbors
CTREE	Conditional Inference Trees
AUC	Area Under the Receiver Operating Characteristic Curve
OR	Odds Ratio
CC	Cytological Changes
AA	Architectural Changes
CEM	Changes in the Extracellular Matrix
CINC	Changes Imitating Non-Melanocytic Components
IAS	Interactions with Adjacent Structures
PIT	Pityrosporum
DH	Horizontal Diameter
DV	Vertical Diameter
SD	Standard Deviation
Q1 / Q3	First and Third Quartile
CI	Confidence Interval
FFPE	Formalin-Fixed Paraffin-Embedded
H&E	Hematoxylin and Eosin
AM	Arithmetic Mean
PPV	Positive Predictive Value
NPV	Negative Predictive Value

F1	F1-Score
ROC	Receiver Operating Characteristic
IQR	Interquartile Range
XLSTAT	XLSTAT Pro statistical software
Jamovi	Jamovi statistical software
SnowCluster	SnowCluster module for Jamovi

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