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## Article

# Global and Conditional Disruption of the *Igf-I* Gene in Osteoblasts and/or Chondrocytes Unveils Epiphyseal and Metaphyseal Bone-Specific Effects of IGF-I in Bone

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**Simple Summary:** To establish the relative importance of IGF-I expression in various cell types for endochondral ossification, we analyzed the trabecular bone phenotypes at the distal femoral epiphysis and the secondary spongiosa of male mice with a global KO of *Igf-I* gene as well as conditional KO of *Igf-I* in osteoblasts, chondrocytes, osteoblasts/chondrocytes, and their corresponding control littermates. Our study and others demonstrated that disruption of the *Igf-I* globally reduces bone size much more than conditional disruption in osteoblasts. Trabecular bone mass is similarly reduced in the secondary spongiosa of all four genotypes studied. Global *Igf-I* KO but not conditional KO of *Igf-I* locally reduces trabecular bone mass in the epiphysis. Our findings using male mice provide evidence that local and endocrine IGF-I actions in bone are pleiotropic and dependent on cell type and the bone compartment where IGF-I acts.

**Abstract:** To evaluate the relative importance of IGF-I expression in various cell types for endochondral ossification, we quantified the trabecular bone at the secondary spongiosa and epiphysis of the distal femur in 8-12-week-old male mice with a global knockout of the *Igf-I* gene as well as conditional deletion of the *Igf-I* gene in osteoblasts, chondrocytes, osteoblasts/chondrocytes, and their corresponding control wild type littermates. The osteoblast-, chondrocyte- and osteoblast/chondrocyte-specific *Igf-I* conditional knockout mice were generated by crossing *Igf-I* floxed mice with Cre transgenic mice in which Cre expression is under the control of *Col1a2* or *Col2a1* promoter. We found that global disruption of *Igf-I* resulted in 80% and 70% reduction in bone size, which is defined as total volume, at the secondary spongiosa and epiphysis of the distal femur, respectively. Abrogation of *Igf-I* in *Col1a2*-producing osteoblasts, but not *Col2a1*-producing chondrocytes, decreased bone size by 25% at both the secondary spongiosa and epiphysis while deletion of the *Igf-I* globally or specifically in osteoblasts or chondrocytes reduced trabecular bone mass by 25%. By contrast, global *Igf-I* knockout but not conditional knockout of *Igf-I* in osteoblasts and/or chondrocytes reduced trabecular bone mass in the epiphysis. The reduced trabecular bone mass at the secondary spongiosa in osteoblast- and/or chondrocyte-specific *Igf-I* conditional knockout mice is caused by reduced trabecular number and increased trabecular separation. Immunohistochemistry studies revealed that expression levels of chondrocyte (COL10, MMP13) and osteoblast (BSP) markers were reduced in the secondary spongiosa and the epiphyses in the global *Igf-I* knockout mice. Our data indicate that local and endocrine IGF-I actions in bone are pleiotropic and dependent on cell type as well as the bone compartment where IGF-I acts.

**Keywords:** *Igf-I*; knockout; bone; chondrocyte; osteoblast; endochondral ossification; epiphysis; secondary spongiosa; bone mass

## 1. Introduction

Bone size and bone mineral density (BMD) are two key determinants of bone strength. Regarding the potential regulatory molecules that contribute to skeletal changes during postnatal growth, insulin-like growth factor 1 (IGF-I) has received considerable attention for several reasons. First, we have previously demonstrated that bone size and BMD are severely compromised in mice with targeted disruption of the *Igf-I* gene [1]. Total BMD, femoral cortical BMD, and femur bone length were reduced by 68%, 29%, and 42%, respectively in the global *Igf-I* KO mice at 8 weeks of age [1]. Periosteal circumference of the femur was reduced by 46% as compared to the control WT mice. Deletion of *Igf-I* completely blunted the periosteal expansion during puberty. Second, targeted overexpression of *Igf-I* in osteoblasts increases peak BMD caused by increased activity of resident osteoblasts [2]. Femoral trabecular and cortical BMD were increased by 10% and 4%, respectively, in osteoblast specific *Igf-I* transgenic mice at 6 weeks of age. Femoral bone volume to total volume was increased by 28% [2]. Treating adult OVX rats with IGF-1 increased trabecular bone mass in the distal femoral metaphysis, epiphysis, and lumbar vertebral body [3]. Regarding the relevance of these findings to explain peak BMD variation in humans, we have shown that the serum level of IGF-I is increased during puberty and correlates with bone size and BMD [4]. Furthermore, the findings that both the variation in peak BMD and circulating levels of IGF-I are largely determined genetically provide evidence that the differences in IGF-I expression caused by gene polymorphism could, in part, contribute to peak BMD differences and, therefore, the risk of osteoporosis [5]. In terms of mechanisms for IGF-1 regulation of bone size and peak BMD, both endocrine and local autocrine/paracrine actions of IGF-I have been proposed [6,7]. Much of the circulating IGF-I is known to be produced primarily by liver hepatocytes which enter the blood circulation and acts as an endocrine hormone [6]. In mice with a liver-specific abrogation of *Igf-I*, the circulating IGF-I protein level was reduced by more than 75% of normal [8,9]. Despite the great reduction in the systemic level of IGF-I, hepatic *Igf-I* conditional KO mice grew normally. [8]. The appendicular skeletal growth of the liver-specific *IGF-I* conditional KO mice, as determined by body weight, body length, and femoral length, did not differ from wild-type littermates [8]. However, the adult axial skeletal growth and the cortical bone width were reduced in the liver-specific conditional KO mice [10]. By contrast, global deletion of the *IGF-I* gene in every cell caused a 20-40% reduction in femur length, size, and BMD [1]. Our studies and those of others strongly suggest that IGF-I produced locally by the cells that reside in bone acts in an autocrine/paracrine manner and is sufficient to support skeletal development and growth during puberty [11,12]. However, the relative contribution of the IGF-I produced by specific skeletal cell types to skeletal development remains unclear.

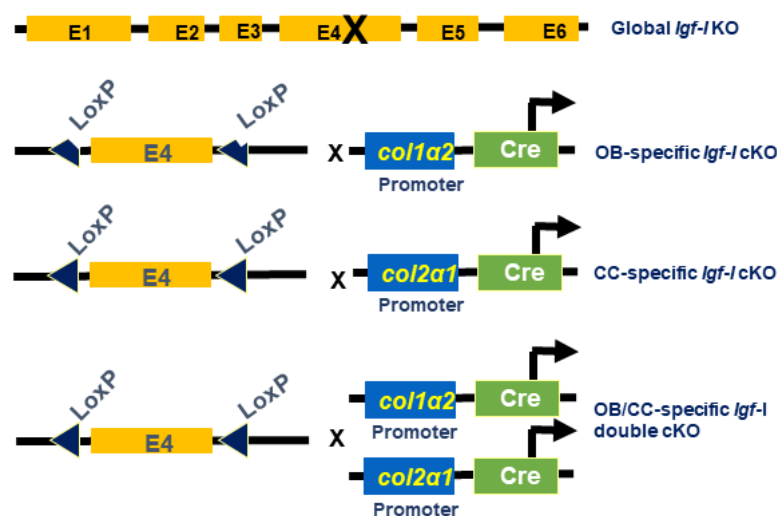
Recent studies have established that the increase in thyroid hormone levels during the prepubertal growth period is essential for the endochondral ossification that occurs at the epiphyses and secondary spongiosa of long bones. Thyroid hormone effects on endochondral bone formation are predicted to be mediated via activation of several growth factor signaling pathways. One such mediator of thyroid hormone effects is IGF-I which elicits both endocrine and local actions in different bone cell types [13]. To establish the relative importance of different sources of IGF-I in mediating skeletal growth, we performed microCT scanning to evaluate the trabecular bone phenotypes at the distal femoral epiphysis and secondary spongiosa of mice with global KO of the *Igf-I* gene as well as conditional KO of the *Igf-1* in osteoblasts and/or chondrocytes generated by crossing cell-type specific Cre transgenic mice with *Igf-I* floxed mice.

## 2. Materials and Methods

### 2.1. Generation of *Igf-I* KO mice

Generation of *Igf-I* global and conditional KO mice is illustrated in Figure 1. The global IGF-I KO mice in which the exon 4 of *Igf-I* gene is disrupted in every cell in the body was generated as reported previously [1]. The osteoblast-specific *Igf-I* conditional KO mice in which the exon 4 of *Igf-I* gene is deleted only in type I collagen producing osteoblasts were generated by crossing *Igf-I* floxed mice with *Col1α2*-Cre mice as described [14]. The chondrocyte-specific *Igf-I* conditional KO mice in which the exon 4 of the *Igf-I* gene is disrupted only in type II collagen-expressing chondrocytes were

produced by breeding *Igf-1* floxed mice with *Col2 $\alpha$ 1*-Cre mice [15]. The osteoblast- and chondrocyte-specific *Igf-1* double conditional KO mice in which the exon 4 of *Igf-1* is abrogated in both cell types were made by crossing *Igf-1* floxed mice with Cre double transgenic mice in which Cre expression is driven by regulatory elements of the *Col1 $\alpha$ 2* and *Col2 $\alpha$ 1* genes [14,15]. Cre negative, homozygous floxed mice were used as control WT mice. Cre positive, homozygous floxed mice were considered as conditional KO mice. In our previous studies, we have demonstrated that the osteoblast-specific *Igf-1* cKO mice generated using A26 line of *Col1 $\alpha$ 1*-Cre also generated conditional mutants with normal skeletal structures at the expected ratio [14]. *Col1 $\alpha$ 2*-Cre expression was observed in the bone-forming region of the tibia (primarily osteoblasts) in newborn conditional mutants but not control mice. There was no measurable Cre expression in the livers of conditional mutant and control mice. Expression of IGF-I in the long bones of conditional mutants was reduced by 70% compared to control mice [14]. The chondrocyte-specific *Igf-1* cKO mice generated using *Col2 $\alpha$ 1*-Cre were born normal at the expected ratio of 50% conditional mutant and 50% control. There were no significant differences in any of the growth or skeletal parameters at 2 weeks of age. Cre was expressed in primary chondrocytes but not in primary osteoblasts. IGF-I expression was reduced by 40% in the long bones but not in the kidney or liver of chondrocyte-specific *Igf-1* cKO mice [15]. Mice were housed at the Loma Linda Veterans Administration Healthcare System (LLVAHCS) with controlled temperature (22°C), illumination (14-h light, 10-h dark), and unrestricted food and water. All procedures were performed by a protocol (MOH0029/204) approved by the Institutional Animal Care and Use Committee of the LLVAHCS. Mice were anesthetized with isoflurane prior to ear punch and tail clipping for genotyping. Experimental mice were euthanized by exposure to carbon dioxide followed by cervical dislocation.



**Figure 1.** Generation of global knockout (KO) and conditional KO (cKO) of *Igf-1* gene in osteoblasts, chondrocyte, and osteoblasts/chondrocytes. OB, osteoblast; CC, chondrocyte; OB/CC, osteoblast/chondrocyte.

## 2.2. MicroCT evaluation

Mouse axial skeleton length were measured after euthanization. Femur length was measured after dissection of the femur and removal of the soft tissues prior to microCT scanning. The epiphysis and secondary spongiosa of the femurs of 12-week-old global *Igf-1* KO and 8-week-old osteoblast-and/or chondrocyte-specific *Igf-1* conditional KO male mice and their wild-type gender-matched littermates were scanned by X-ray at 55 kVp with a voxel size of 10.5  $\mu$ m using vivaCT 40 microCT system from Scanco (Scanco Medical, Bruttisellen, Switzerland). The trabecular bone of the epiphysis was scanned from the top to the bottom of the femoral epiphysis. The femoral trabecular bone of the secondary spongiosa region started at 0.36 mm from the distal growth plate in the direction of the metaphysis and extended for 180 slices (1.89 mm) for WT control mice. Because the bone length in

*Igf-I* KO mice was significantly changed, the location of slices selected for analyses was adjusted for bone length so that the analyzed regions of the bone samples were anatomically comparable. The starting point for analysis is calculated by the formula: bone length of mutant mouse/mean bone length of wild type mice X 0.36 mm. The number of slices analyzed is calculated by the formula: bone length of mutant mouse/mean bone length of wild type mice X 180 slices. Based on the calculation, the range of the number of slices analyzed was 110-180 for global KO and conditional KO mice. The average number of slices was, 110, 166, 180, and 155 for global, osteoblast-specific, chondrocyte-specific, and osteoblast/chondrocyte-specific conditional KO mice, respectively. Total volume (TV, mm<sup>3</sup>), bone volume (BV, mm<sup>3</sup>), Bone volume fraction (BV/TV, %), trabecular number (Tb. N, mm<sup>-1</sup>), trabecular thickness (Tb. Th, mm) and trabecular separation (Tb. Sp, mm) were evaluated as reported [16–18]. The cross-sectional area (CSA) of the femoral metaphyseal secondary spongiosa was calculated by dividing TV by the scan length (10.5 µm x slice number).

### 2.3. Immunohistochemistry

Frozen bone sections were prepared via a cryostat and pretreated with a blocking solution containing normal goat serum for 20 minutes, and then incubated with primary antibodies at dilution of 1:100 for COL10 (ab58632, abcam), MMP13 (nbp1-45723, Novus) and BSP11 (a kind gift from Dr. Renny Franceschi, University of Michigan), respectively, for 30 minutes at room temperature. After 3 times washing with PBS, the sections were incubated with the secondary anti-mouse or anti-rabbit Dylight 488-fluorochrome labeled antibody at 1x pre-dilution (Vector Laboratories, Burlingame, CA) for another 30 minutes at room temperature. The sections were washed with PBS again and mounted with Vectashield mounting medium with DAPI (Vector Laboratories, Inc, Burlingame, CA).

### 2.4. Statistical Analysis

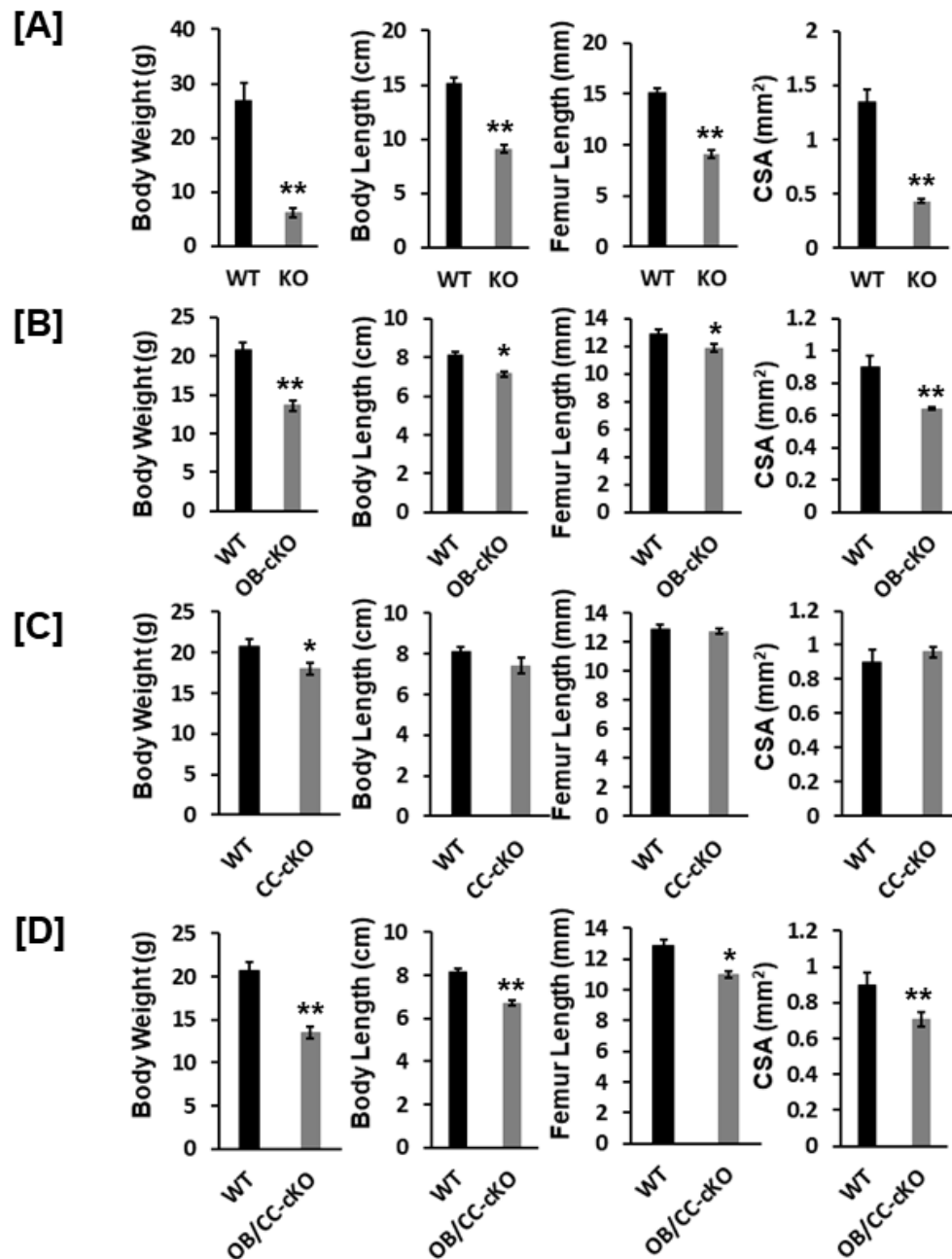
Data was analyzed with Student's t-test. Values are presented as mean ± SEM (n = 6-9 male mice per genotype).

## 3. Results

### 3.1. Bone size at the epiphysis is reduced in mice with global and osteoblastic specific disruption of the *Igf-I* gene but not in chondrocyte-specific conditional KO mice

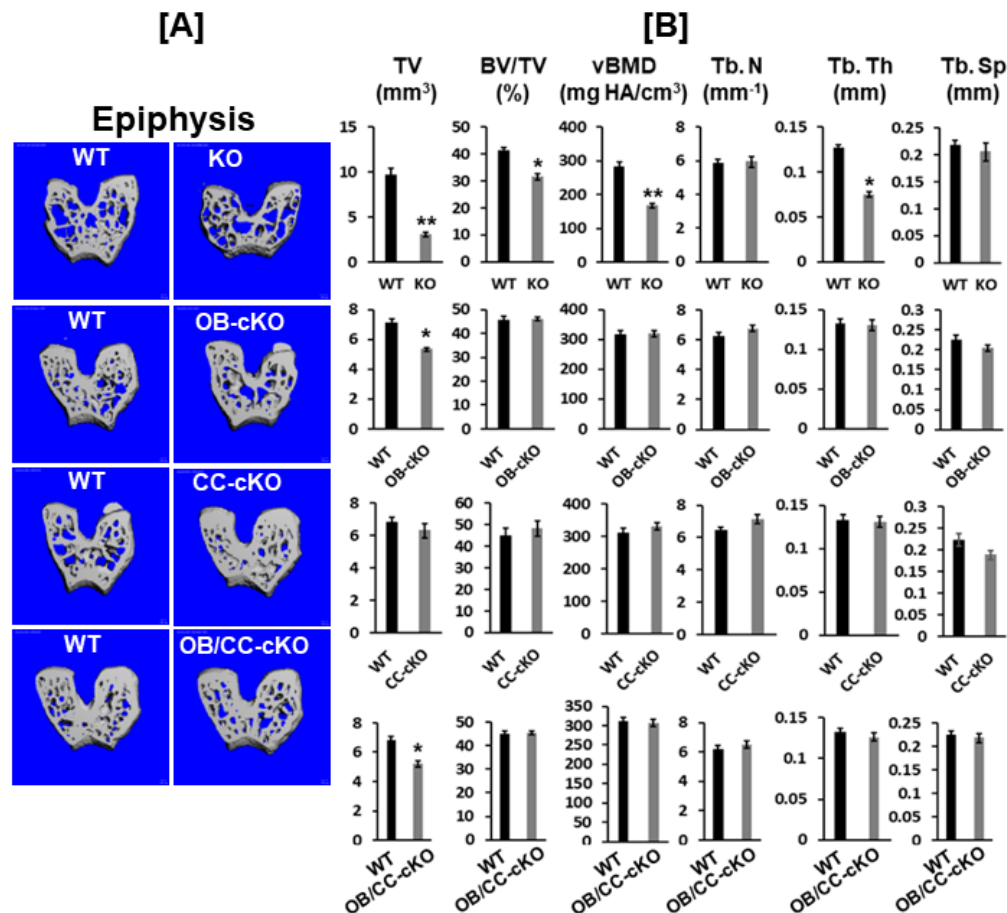
Body weight was reduced by 77%, 34%, 18%, and 35% in the global *Igf-I* KO, osteoblast-specific, chondrocyte-specific, and osteoblast/chondrocyte-specific *Igf-I* conditional KO mice, respectively, as compared to the control WT mice (Figure 2A, B, C, D). Body length was also diminished by 40%, 12%, and 17% in the global *Igf-I* KO, osteoblast-specific, and osteoblast/chondrocyte-specific *Igf-I* KO mice, respectively. Body length was not significantly different between chondrocyte specific conditional *Igf-I* conditional KO and control mice (Figure 2C). In concurrent with the reduced body length and femur length, the CSA of the femoral metaphyseal secondary spongiosa were also significantly decreased in the global *Igf-I* KO, osteoblast-specific, and osteoblast/chondrocyte-specific *Igf-I* KO mice (Figure 2A, B, D). The CSA of the femoral metaphyseal region was reduced by 68%, 29% and 33% in the global, osteoblast-specific, and osteoblast/chondrocyte-specific *Igf-I* KO mice, respectively.





**Figure 2.** Body weight and bone size were reduced in the global *Igf-I* and osteoblast-specific or osteoblast/chondrocyte-specific conditional KO mice. WT, wild type; KO, knockout (12-week-old) ; cKO, conditional KO (8-week-old); OB, osteoblast; CC, chondrocyte; CSA, cross sectional area. Values are Mean  $\pm$  SEM (N = 6-9, males). A star (\*) indicates  $p < 0.05$ . Stars (\*\*) indicate  $p < 0.01$ .

MicroCT analyses unveiled that disruption of the *Igf-I* gene in every cell type in the global *Igf-I* KO mice resulted in a 70% reduction in bone size, which is defined as total volume, at the epiphysis of the distal femur. Trabecular bone volume adjusted to total volume (BV/TV) and volumetric BMD (vBMD) were reduced by 25% and 40%, respectively, at the epiphysis of the distal femur compared to wild type (WT) control mice. The reduced bone volume and vBMD were due to a significant reduction in trabecular thickness (Figure 3A, B). Deletion of *Igf-I* gene in type I collagen-producing osteoblasts but not type II collagen-producing chondrocytes diminished bone size by 25% at the epiphysis. Compared with littermate control siblings, mice with the conditional abrogation of the *Igf-I* gene in both osteoblasts and chondrocytes exhibited a 25% reduction in bone size at the epiphysis of the femur (Figure 3B).

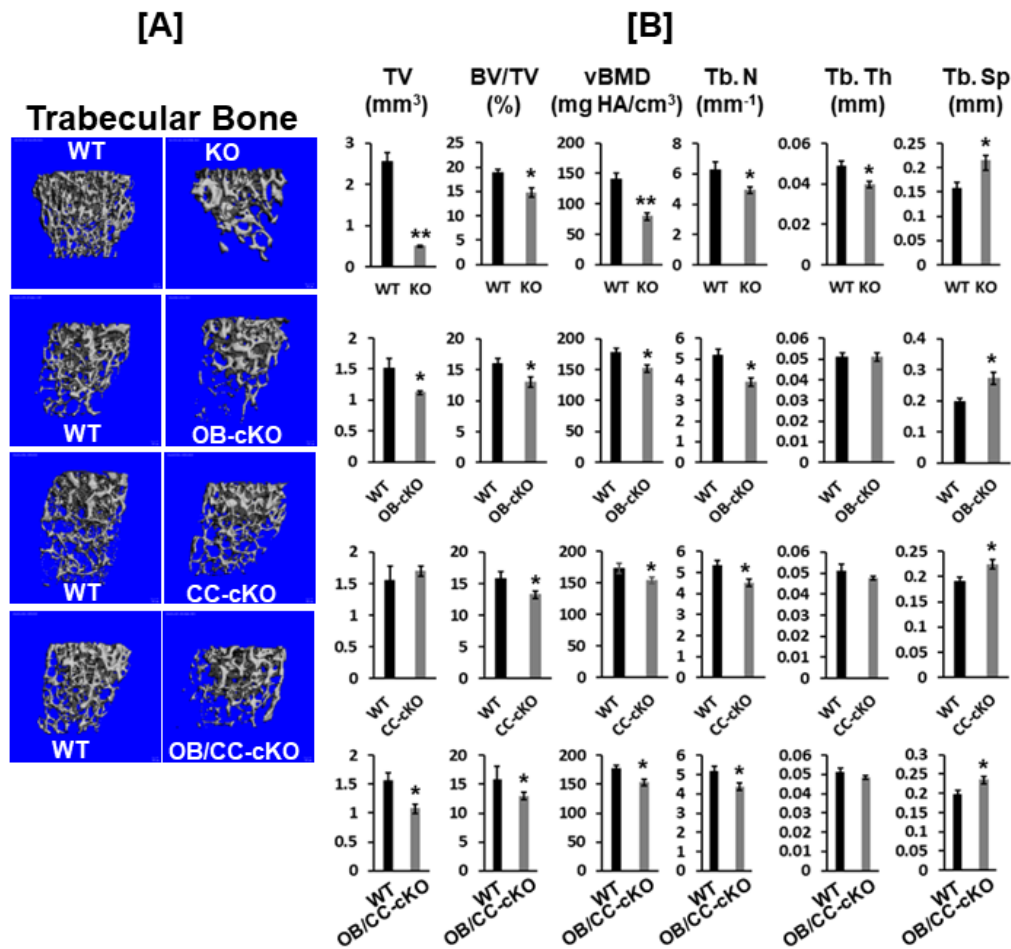


**Figure 3.** Bone size at the epiphysis is reduced in mice with global and osteoblastic-specific conditional KO of *Igf-I* gene but not in chondrocyte-specific conditional KO mice. [A] MicroCT images of the trabecular bone of the epiphyses of the KO (12-week-old) and cKO mice (8-week-old). [B] Quantitative microCT data of the trabecular bone of the epiphysis in Figure 2A. TV, total volume; BV, bone volume; Tb. N, trabecular number; Tb.Th, trabecular thickness; Tb.Sp, trabecular spacing; vBMD, volumetric bone mineral density. Values are Mean  $\pm$  SEM (N = 6-9, males). A star (\*) indicates  $p < 0.05$ . Two stars (\*\*) indicate  $p < 0.01$ .

### 3.2. Trabecular bone volume and vBMD are reduced at the secondary spongiosa of the distal femur in mice with disruption of *Igf-I* gene

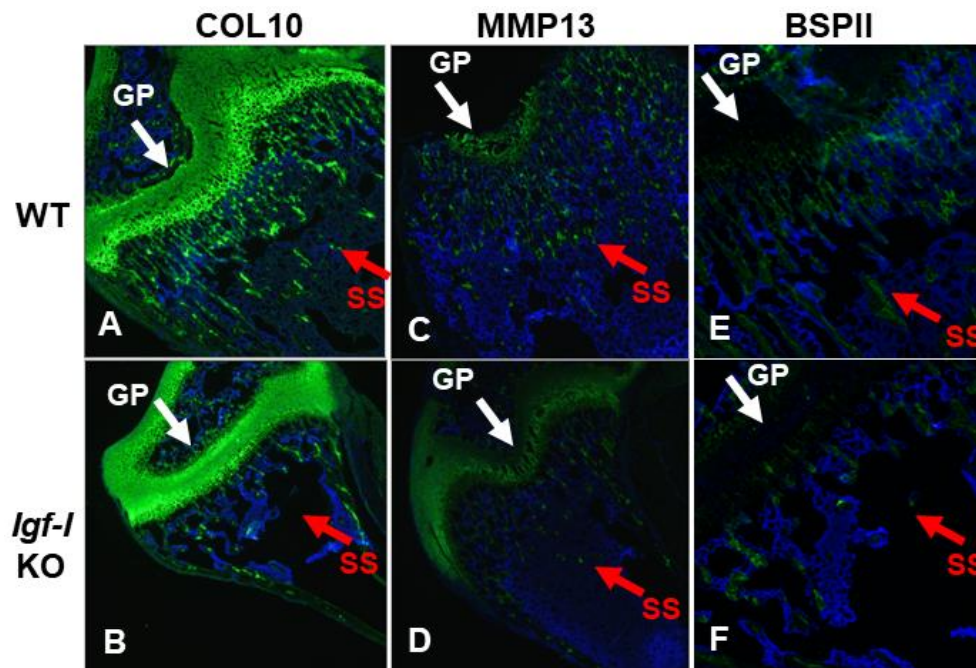
Disruption of the *Igf-I* gene in every cell type exhibited an 80% reduction in bone width, as reflected by TV, while mice with deletion of the *Igf-I* gene in osteoblasts or in both osteoblasts and chondrocytes displayed a 25% reduction in bone size at the secondary spongiosa of the distal femur (Figure 4A, B). By contrast, specific KO of the *Igf-I* gene in chondrocytes did not change the bone size at the secondary spongiosa of the distal femur. Trabecular BV/TV and vBMD were also reduced by 25% and 40%, respectively, in the global *Igf-I* KO mice compared to the littermate control mice. Disruption of the *Igf-I* gene specifically in osteoblasts, chondrocytes, or both osteoblasts and chondrocytes, reduced trabecular BV/TV and vBMD by 25% (Fig 3B). The reduced trabecular bone mass in the global and osteoblast- and/or chondrocyte-specific *Igf-I* conditional KO mice is primarily caused by reduced trabecular number and increased trabecular separation. Trabecular thickness was reduced in the secondary spongiosa of the distal femur in the global *Igf-I* KO mice but not in the osteoblast-, chondrocyte- or osteoblast/chondrocyte-specific conditional KO mice. Immunofluorescent staining found that collagen 10 (COL10), matrix metalloproteinase 13 (MMP13), two markers of differentiating chondrocytes, but not bone sialoprotein II (BSP), a marker of differentiating osteoblast, were expressed in growth plate chondrocytes as expected (Figure 5A, B, C,

D). The expression of BSP<sup>II</sup> was restricted in the trabecular bone of the secondary spongiosa of the distal femur (Figure 5E, F). In accordance with the micro-CT findings, both COL10- and MMP13-expressing chondrocytes and BSP<sup>II</sup>-expressing osteoblasts were markedly reduced in the secondary spongiosa of the *Igf-1* KO males compared to control mice (Figure 5A, B, C, D, E, F).



**Figure 4.** Trabecular bone volume and vBMD are reduced at the secondary spongiosa of the distal femur in mice with disruption of the *Igf-1* gene. [A] MicroCT images of the trabecular bone of the secondary spongiosa of the KO (12-week-old) and cKO (8-week-old) mice. [B] Quantitative microCT data of the trabecular bone of the distal femur in Figure 2A. Values are Mean  $\pm$  SEM (N = 6-9, males). A star (\*) indicates  $p < 0.05$ . Two stars (\*\*) indicate  $p < 0.01$ .





**Figure 5. Expression of COL10, MMP13, and BSP1I expression was reduced in the distal femur of global *Igf-I* KO.** Expression levels of collagen type 10 (COL10, matrix metalloproteinase 13 (MMP13), and bone sialoprotein II (BSP1I) were analyzed by immunofluorescent staining. Nuclei were stained in blue with DAPI. Signals are shown in green. A, C, and E represent longitudinal sections of distal femur from wild type mice while B, D, and F represent longitudinal sections of distal femur from global *Igf-I* KO mice. GP, growth plate; SS: the secondary spongiosa. Arrows indicate differentiating chondrocytes expressing COL10 and MMP13 or osteoblasts expressing BSP1I (Green).

#### 4. Discussion

Although IGF-I is known to be produced by many cell types in the body, hepatocytes are the primary contributor to circulating IGF-I [8,9]. The IGF-I produced in the liver acts in an endocrine manner, circulating in the blood primarily as a ternary complex with acid labile subunit (ALS) and IGF binding protein-3 [19]. Growth hormone and thyroid hormones are major regulators of IGF-I expression in hepatocytes [20,21]. *Growth hormone deficiency* in childhood had decreased BMD, and growth hormone replacement in these children increased *bone growth* and bone strength [22]. There is also a positive correlation between serum IGF-I and BMD in humans [23,24]. Lower levels of serum IGF-I in women are associated with increased osteoporotic fractures [25]. Local IGF-I expression is induced by systemic hormones such as growth hormone and thyroid hormone, as well as local growth factors, including BMP-7 and TGF $\beta$ 1, to act in an autocrine/paracrine manner [13,20,26]. Both endocrine and local IGF-I actions have been implicated in promoting skeletal growth [1,15]. In terms of the relative role of circulating versus locally produced IGF-I in regulating bone growth and trabecular bone mass, previous studies have shown that the liver-specific KO of *Igf-I* in mice caused more than an 80% reduction in circulating IGF-I level and an increase in growth hormone. Still, these mice developed normally [8]. The circulating IGF-I level was further reduced in the mice lacking both liver-derived IGF-I and ALS, causing a reduction in bone size [27,28]. But the reduction in bone size in *Igf-I* and *Als* double KO mice was much smaller than the global *Igf-I* KO mice, suggesting locally produced IGF-I plays a pivotal role in promoting normal bone growth during development. However, the importance of IGF-I produced by different cell types and tissue compartments in bone in mediating skeletal growth has not been fully elucidated.

In this study, we hypothesized that circulating IGF-I and locally produced IGF-I in various cell types contribute differently to endochondral ossification between the metaphysis (primary ossification center) and the epiphysis (secondary ossification center) of the long bones. While both primary and secondary ossification centers are formed via endochondral ossification, important

differences exist between them including the time at which they occur [29]. In previous studies, we found that thyroid hormone is essential for initiation and progression of secondary ossification center at the epiphysis. Since thyroid hormone has been shown to stimulate IGF-I expression [13], we evaluated if trabecular bone formation at the epiphysis also IGF-I dependent, as in the case of metaphysis. To test the different role of IGF-I in the endochondral bone formation, we performed microCT scans to evaluate the trabecular bone phenotypes at the distal femoral epiphysis and the secondary spongiosa of male mice with a global KO of the *Igf-I* gene as well cKO of the *Igf-I* gene in osteoblasts and/or chondrocytes, and their corresponding control WT littermates. We only analyzed males because female mice have estrous cycles that cause a significant variation on bone growth and remodeling. Consistent with a previous study [27], global *Igf-I* KO mice exhibited a more significant reduction in bone size, as evidenced by reduced body weight, body length, femur length, and femur cross sectional area, compared to osteoblast and chondrocyte double conditional KO mice. We observed that disruption of the *Igf-I* gene in every cell type in the global IGF-I KO mice resulted in an 80% and 70% reduction in bone size at the secondary spongiosa and the epiphysis of the distal femur, respectively. Deleting the *Igf-I* gene in type I collagen-producing osteoblasts but not type II collagen-producing chondrocytes in mice decreased bone size by 25% at both secondary spongiosa and the epiphysis of the femur. Abrogation of the *Igf-I* gene globally or specifically in osteoblasts or chondrocytes reduced trabecular bone mass by 25%. The reduced trabecular bone mass in the global and osteoblast- and/or chondrocyte-specific *Igf-I* conditional KO mice is primarily caused by reduced trabecular number and increased separation. Trabecular thickness was reduced in both secondary spongiosa and epiphysis of global *Igf-I* KO mice but not in the *Igf-I* conditional KO mice. In congruence with the findings by micro-CT scanning, the differentiation of both osteoblasts and chondrocytes was severely compromised as evidenced by reduced expression of COL10 and MMP13 in chondrocytes of the secondary spongiosa and diminished BSP1 staining in the distal metaphysis of the femur in global *Igf-I* KO mice.

Collagen 2a1 is expressed in the cartilaginous primary spongiosa, but not the secondary spongiosa where the trabecular bone volume and BMD were significantly reduced in the chondrocyte specific conditional KO mice. The question is how disruption of chondrocyte produced IGF-I affects trabecular bone formation in the secondary spongiosa region of the femur. In our previous study, we found that growth plate hypertrophic chondrocytes can transdifferentiate to produce osteoblasts at the primary spongiosa region [29]. Therefore, the amount of trabecular bone changes in the secondary spongiosa may reflect direct effects of *Igf-I* gene disruption in chondrocytes influencing chondrocyte differentiation into osteoblasts, and thereby bone formation at the primary spongiosa. Our data suggest a larger role for local IGF-I than endocrine IGF-I in promoting bone development and growth. Locally, osteoblast-derived IGF-I, but not chondrocyte-derived IGF-I, regulates bone size. By contrast, osteoblast-derived IGF-I and chondrocyte-derived IGF-I are equally important in regulating trabecular bone mass at the secondary spongiosa but not at epiphysis. Interestingly, KO of *Igf-I* globally but not locally in mice reduces trabecular bone mass at the epiphysis. Our study supports our previous studies that circulating IGF-I is a major contributor of the epiphysis ossification. Thus, global and conditional disruption of the *Igf-1* gene in osteoblasts and/or chondrocytes in mice leads to a discovery of cell type- and tissue compartment-specific effects of IGF-I in bone as summarized in Table 1.

**Table 1.** Summary of bone phenotypes of mice with deletion of *Igf-I* gene.

KO Cell Type	Mechanism	Bone Size	Trabecular Bone
Every cell type (global)	Endocrine and local action	Reduced	Reduced
Osteoblasts	Local action	Reduced	Reduced
Chondrocytes	Local action	No change	Reduced
Osteoblasts/Chondrocytes	Local action	Reduced	Reduced
Hepatocytes	Local action	Reduced	No change

Other studies have evaluated the role of IGF-I expressed in various bone cell types in regulating skeletal growth, repair and remodeling [30]. IGF-I expressed in osteoblasts or osteocytes, but not liver hepatocytes has been shown to be indispensable for mechanical loading-induced bone formation [31–33]. While osteocyte-derived IGF-I plays an important role skeletal development [34], surprisingly disruption of *Igf1* gene in osteocytes did not impede but promoted fracture callus remodeling as well as bone repletion response in mice [35,36]. In our previous study, we found that disruption of *Igf1* gene in chondrocytes led a significant reduction in cortical bone size measured by peripheral quantitative computed tomography at the mid-diaphysis of femur [15]. By contrast, there was no change in CSA as measured by microCT at the epiphysis of chondrocyte specific *Igf1* conditional KO mice in the present study. These data are consistent with complex roles for IGF-I produced by different bone cell types in regulating bone metabolism.

The mechanism by which IGF-I regulates cell- and compartment-specific actions in bone is unknown. While we did not determine the expression level of the IGF-I receptor in osteoblasts, chondrocytes, and other tissues in this study, the IGF-I receptor is expressed widely in many tissues in the body. Whether disruption of *Igf-1* expression in osteoblasts and/or chondrocytes produces a compensatory increase in IGF-I receptor expression remains to be determined. Besides systemic hormones and local growth factors, mechanical strain is an important regulator of *Igf-1* expression in bone cells [30]. Besides, IGF-I's actions are controlled by IGF-binding proteins and their proteases [31]. Thus, the local actions of IGF-I in bone are likely subject to regulation by a variety of signals to meet the demands of the growing skeleton.

The limitations of this study include: 1) Failure to include female gender to confirm the cell-type and compartment-specific effects of IGF-I in female mice; and 2) Lack of cortical bone analyses to determine the role of IGF-I expressed in chondrocytes and osteoblasts in cortical bone volume regulation.

**Author Contributions:** Conceptualization, S.M.; methodology, C.K.; data curation, S.P., C.K., and W.X.; writing-original draft preparation, W.X. and S.M.; writing, review and editing, W.X. and S.M.; supervision, S.M.; funding acquisition, S.M. All authors have read and agreed to the published version of the manuscript.

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**Institutional Review Board Statement:** Institutional Review Board Statement: Animal procedures were performed by a protocol (MOH0029/214) approved by the Institutional Animal Care and Use Committee of the Jerry L. Pettis Memorial Veterans Affairs Medical Center, in accordance with the National Institutes of Health guidelines.

**Informed Consent Statement:** N/A.

**Data Availability Statement:** The raw datasets generated and/or analyzed during the current study are available from the corresponding author on reasonable request.

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**Conflicts of Interest:** The authors declare no conflict of interest.

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