

Review

Not peer-reviewed version

Synthesis of Carbon Quantum Dots for Excellent Energy Density in Supercapacitors: A Comprehensive Review

Km Nisha , Ujala Sharma , Aprana Singh , Kajal Kumara Maurya , Sonam Kumari , Soni Kumari , Kahkashan Khan , Hemant Kumar Shukla *

Posted Date: 27 June 2024

doi: 10.20944/preprints202406.1932.v1

Keywords: carbon quantum dots; energy storage; power storage; supercapacitor



Preprints.org is a free multidiscipline platform providing preprint service that is dedicated to making early versions of research outputs permanently available and citable. Preprints posted at Preprints.org appear in Web of Science, Crossref, Google Scholar, Scilit, Europe PMC.

Copyright: This is an open access article distributed under the Creative Commons Attribution License which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Review

Synthesis of Carbon Quantum Dots for Excellent Energy Density in Supercapacitors: A Comprehensive Review

Km. Nisha ¹, Ujala Sharma ¹, Aprana Singh ², Kajal Kumara Maurya ³, Sonam Kumari ⁴,
Soni Kumari ⁴, Kahkashan Khan ³ and Hemant Kumar Shukla ^{2,*}

¹ Dept. of Physics, Late Chandrashekhar ji Purva-Pradhanmantri Smarak MahavidhyalayaSevarayi, Ghazipur

² Dept. of Chemistry, Late Chandrashekhar ji Purva-Pradhanmantri Smarak MahavidhyalayaSevarayi, Ghazipur

³ Department of Zoology, Late Chandrashekhar ji Purva-Pradhanmantri Smarak MahavidhyalayaSevarayi, Ghazipur

⁴ Department of Mathematics, Late Chandrashekhar ji Purva-Pradhanmantri Smarak MahavidhyalayaSevarayi, Ghazipur

* Correspondence: pptdisplay@gmail.com

Abstract: Carbon Quantum Dots (CQDs) have emerged as promising nanomaterials for enhancing the performance of supercapacitors, offering unique advantages such as high surface area, excellent electrical conductivity, and tunable surface chemistry. This review provides a comprehensive overview of recent advancements in the synthesis, characterization, and integration of CQDs into supercapacitor devices. Various synthesis methods, including chemical oxidation, hydrothermal/solvothermal methods, microwave-assisted synthesis, and pyrolysis, are discussed, highlighting their impact on the structural and electrochemical properties of CQDs. Characterization techniques such as transmission electron microscopy (TEM), X-ray diffraction (XRD), Raman spectroscopy, and photoluminescence (PL) spectroscopy are elucidated for assessing the morphology, crystallinity, and optical properties of CQDs. The integration of CQDs into supercapacitors, including their utilization in composite electrodes, binder-free electrodes, and doping strategies, is explored to enhance specific capacitance, energy density, power density, and cycle stability of the devices. Challenges and future perspectives in the field are outlined, emphasizing the need for scalable synthesis methods, enhanced electrochemical performance, and sustainable device engineering to realize the full potential of CQD-based supercapacitors for various energy storage applications. This review aims to provide insights into the current state of research and guide future endeavors towards developing high-performance and environmentally sustainable energy storage technologies.

Keywords: carbon quantum dots; energy storage; power storage; supercapacitor

1. Introduction

In the quest for efficient and sustainable energy storage solutions, supercapacitors have emerged as pivotal devices, bridging the gap between conventional capacitors and batteries [1]. Renowned for their exceptional power density, rapid charge/discharge cycles, and long operational lifespan, supercapacitors are integral to applications ranging from portable electronics to electric vehicles [2]. However, their relatively low energy density compared to batteries poses a significant limitation, prompting extensive research into advanced materials that can enhance their energy storage capabilities [3].

Among the myriad of materials explored, Carbon Quantum Dots (CQDs) have garnered significant attention due to their unique physicochemical properties [4]. CQDs are quasi-spherical carbon nanoparticles typically less than 10 nm in size, known for their excellent electrical conductivity, high surface area, and versatile surface functionalities [5]. These properties make them promising candidates for supercapacitor electrodes, where efficient charge storage and transfer are paramount [6].

This review aims to provide a comprehensive overview of the synthesis methods of CQDs and their application in supercapacitors to achieve superior energy density. By examining various synthesis approaches, characterization techniques, and integration strategies, this paper highlights the potential of CQDs in revolutionizing supercapacitor technology. Additionally, it addresses the challenges associated with CQDs and proposes future research directions to overcome these obstacles and fully harness the capabilities of CQDs in energy storage devices.

2. Synthesis of Carbon Quantum Dots

The synthesis of CQDs can be broadly categorized into two approaches: top-down and bottom-up methods.

Table 1. Synthesis of Top down and bottom up methods of Carbon Quantum Dots.

Method	Description	Advantages	Disadvantages	Key Parameters
Top-Down Approaches				
Laser Ablation	Fragmentation of carbon materials (e.g., graphite) using laser irradiation in a solvent.	High purity, control over size by adjusting laser parameters.	High cost, complex equipment required.	Laser power, irradiation time, solvent type.
Electrochemical Oxidation	Electrochemical oxidation of carbon materials in an electrolyte.	Simple setup, tunable size and surface properties.	Requires post-synthesis purification.	Electrolyte type, applied voltage.
Chemical Oxidation	Oxidation of carbon materials using strong acids (e.g., nitric acid, sulfuric acid).	Simple and scalable process.	Generates hazardous waste, requires purification.	Concentration of acids, reaction time.
Bottom-Up Approaches				
Hydrothermal/Solvothermal	Carbonization of organic precursors (e.g., glucose, citric acid) under high temperature and pressure.	Tunable properties by adjusting reaction conditions, relatively simple.	Long reaction times, requires high pressure.	Temperature, pressure, precursor type, reaction time.
Microwave-Assisted Synthesis	Decomposition of organic precursors using microwave irradiation.	Rapid synthesis, energy-efficient.	Limited control over particle size.	Microwave power, irradiation time, precursor type.
Pyrolysis	Thermal decomposition of organic precursors at high temperatures.	Produces large quantities, tunable properties.	High energy consumption, requires inert atmosphere.	Temperature, precursor type, pyrolysis time.

in an inert
atmosphere.

2.1. Top-Down Approaches

Laser Ablation: Laser ablation is a sophisticated top-down approach used for synthesizing Carbon Quantum Dots (CQDs), involving the use of a high-energy laser to irradiate a target carbon material, typically graphite, immersed in a liquid medium [7]. This process entails directing a focused laser beam at the carbon target, causing localized heating and vaporization of the material, followed by rapid cooling and condensation into nanoparticles, including CQDs. The key advantages of laser ablation include the production of high-purity CQDs with well-controlled size and properties, achieved by meticulously adjusting laser parameters such as power, wavelength, pulse duration, and irradiation time [8]. Additionally, the choice of solvent plays a crucial role in determining the stability and surface characteristics of the CQDs. Despite the high cost and complexity of the setup, as well as relatively low yield compared to other methods, laser ablation is highly valued for its ability to produce CQDs without the need for harsh chemicals, making it an environmentally friendly option. The method's precision and control make it particularly suitable for applications demanding specific material properties, such as in the fabrication of high-performance supercapacitors, where CQDs can significantly enhance energy and power density [9].

Electrochemical Oxidation: Electrochemical oxidation is a top-down method for synthesizing Carbon Quantum Dots (CQDs) that involves the electrochemical breakdown of carbon materials in an electrolyte solution. In this process, a carbon electrode (such as graphite or carbon fiber) is subjected to a voltage in an electrochemical cell, causing oxidation and fragmentation of the carbon material into smaller nanoparticles, including CQDs [10]. This method allows for fine control over the size and surface properties of the CQDs by adjusting the applied voltage, electrolyte composition, and reaction time. Electrochemical oxidation is advantageous due to its relatively simple setup and the ability to produce CQDs with uniform and tunable characteristics. Additionally, it avoids the use of strong chemicals, making it a more environmentally friendly option compared to chemical oxidation. However, the process often requires optimization of parameters to achieve high yield and quality of CQDs, and post-synthesis purification may still be necessary to remove any by-products formed during the reaction [11].

Chemical Oxidation: Chemical oxidation is a widely utilized top-down approach for synthesizing Carbon Quantum Dots (CQDs) that involves the oxidative breakdown of larger carbon structures using strong oxidizing agents, typically a mixture of nitric acid (HNO_3) and sulfuric acid (H_2SO_4) [12]. This method is favored for its simplicity and scalability, making it suitable for large-scale production. During the process, carbonaceous materials such as graphite, carbon black, or carbon-rich waste are treated with the acid mixture, resulting in the oxidation and fragmentation of the carbon into smaller CQDs. The process often requires reflux conditions to ensure uniform oxidation and formation of CQDs with desired properties [13]. The main advantages of this method include its straightforward procedure and the ability to produce CQDs in significant quantities. However, it also generates hazardous waste and necessitates thorough post-synthesis purification to remove residual acids and by-products, making the environmental impact a significant consideration [14].

2.2. Bottom-Up Approaches

Hydrothermal/Solvothermal Methods: Hydrothermal and solvothermal methods are bottom-up approaches for synthesizing Carbon Quantum Dots (CQDs) that involve the thermal decomposition of organic precursors in a high-temperature and high-pressure environment within an autoclave [15]. These methods use water (hydrothermal) or organic solvents (solvothermal) as the reaction medium, facilitating the carbonization of precursors such as glucose, citric acid, or other carbon-rich organic materials. The conditions inside the autoclave promote nucleation and growth of CQDs, resulting in nanoparticles with controllable size and surface properties. These methods are advantageous for their simplicity, the ability to produce CQDs with high crystallinity and diverse

surface functionalities, and the relative ease of tuning the reaction parameters such as temperature, pressure, and precursor concentration to obtain desired CQD characteristics [16]. However, hydrothermal and solvothermal methods typically require longer reaction times and high-pressure equipment, which can limit scalability and increase operational costs [17].

Microwave-Assisted Synthesis: Microwave-assisted synthesis is a rapid and energy-efficient bottom-up approach for producing Carbon Quantum Dots (CQDs) by exposing organic precursors to microwave irradiation [18]. In this method, the microwave energy rapidly heats the precursor molecules, promoting their decomposition and carbonization within minutes. The process allows for precise control over the size and properties of the resulting CQDs by adjusting parameters such as microwave power, irradiation time, and precursor composition. Microwave-assisted synthesis offers several advantages, including high efficiency, reduced reaction times, and the ability to produce CQDs with uniform size distribution [19]. However, limitations such as limited control over particle size and the need for optimization of reaction conditions may impact the quality and reproducibility of the synthesized CQDs. Despite these challenges, microwave-assisted synthesis holds great promise for scalable production of CQDs for various applications, including energy storage, bioimaging, and sensing.

Pyrolysis: Pyrolysis is a widely employed bottom-up method for synthesizing Carbon Quantum Dots (CQDs) through the thermal decomposition of organic precursors at high temperatures in an inert atmosphere [20]. This process induces the carbonization and fragmentation of the precursor molecules, leading to the formation of CQDs. Pyrolysis offers advantages such as scalability, simplicity, and the ability to produce CQDs with tunable properties by adjusting parameters such as temperature, precursor type, and pyrolysis time [21]. Despite its energy-intensive nature and the requirement for inert gas atmospheres, pyrolysis stands out for its potential to produce high-quality CQDs in large quantities. Additionally, the versatility of this method allows for the incorporation of various dopants and functional groups into the CQD structure, further expanding their potential applications in fields such as energy storage, catalysis, and biomedicine.

3. Characterization of Carbon Quantum Dots

To ensure the optimal performance of CQDs in supercapacitors, their physicochemical properties need to be thoroughly characterized. Key characterization techniques include:

Table 2. Characterization of Carbon Quantum Dots with different methods.

Characterization Technique	Description	Key Information Obtained
Transmission Electron Microscopy (TEM)	Imaging technique where a beam of electrons passes through the sample to produce a high-resolution image.	Size, morphology, and uniformity of CQDs.
X-ray Diffraction (XRD)	Analytical technique used to determine the crystalline structure of materials by analyzing the diffraction pattern of X-rays.	Identification of crystal phases and degree of crystallinity in CQDs.
Fourier Transform Infrared Spectroscopy (FTIR)	Spectroscopic technique used to analyze the functional groups present on the surface of materials by measuring the absorption of infrared radiation.	Identification of surface functional groups and chemical bonding in CQDs.
Raman Spectroscopy	Technique that measures the scattering of monochromatic light by molecules to provide information about molecular vibrations and crystal structures.	Assessment of graphitic structure, defects, and disorder in CQDs.

Photoluminescence (PL) Spectroscopy	Spectroscopic technique used to study the emission of light from materials upon excitation with photons.	Evaluation of optical properties, such as emission wavelength, quantum yield, and stability of CQDs.
UV-Vis Absorption Spectroscopy	Technique that measures the absorption of ultraviolet and visible light by a material.	Determination of bandgap energy, absorption spectra, and optical properties of CQDs.
Dynamic Light Scattering (DLS)	Method for measuring the size distribution of particles in a solution by analyzing the intensity of scattered light.	Hydrodynamic size and colloidal stability of CQDs in solution.

Transmission Electron Microscopy (TEM): Transmission Electron Microscopy (TEM) is a high-resolution imaging technique that involves passing a beam of electrons through a thin sample to produce detailed images of the internal structure and morphology of Carbon Quantum Dots (CQDs) [22]. By examining the electron transmission patterns, TEM provides crucial information about the size, shape, and uniformity of CQDs at the nanoscale level. This technique allows researchers to visualize individual CQDs and assess their structural integrity, surface morphology, and distribution within a sample. TEM is indispensable for characterizing CQDs and understanding their physical properties, aiding in the optimization of synthesis methods and the development of CQD-based applications in various fields, including energy storage, catalysis, and biomedicine.

X-ray Diffraction (XRD): X-ray Diffraction (XRD) is a powerful analytical technique used to characterize the crystalline structure of materials, including Carbon Quantum Dots (CQDs) [23]. By directing X-rays onto a sample and measuring the diffraction pattern of the scattered X-rays, XRD provides valuable insights into the arrangement of atoms within the CQDs. This technique enables the identification of crystal phases, determination of crystallographic orientation, and assessment of crystallite size and lattice parameters in CQDs. XRD analysis plays a crucial role in elucidating the structural properties of CQDs, aiding in the understanding of their formation mechanisms and guiding the optimization of synthesis processes. Moreover, XRD data are essential for assessing the degree of graphitization and crystallinity of CQDs, which are critical factors influencing their electronic, optical, and catalytic properties for diverse applications in energy storage, sensing, and photonics [24].

Fourier Transform Infrared Spectroscopy (FTIR): Fourier Transform Infrared Spectroscopy (FTIR) is a spectroscopic technique widely employed for analyzing the surface chemistry and functional groups present in Carbon Quantum Dots (CQDs) [25]. By measuring the absorption and transmission of infrared light by the sample, FTIR provides detailed information about the molecular vibrations and chemical bonds within the CQDs. This technique enables the identification of various functional groups, such as hydroxyl, carboxyl, and amino groups, which play a crucial role in determining the surface properties and chemical reactivity of CQDs. FTIR analysis is essential for characterizing the surface functionalization of CQDs, assessing their stability, and understanding their interaction with other materials in composite systems. Additionally, FTIR data aid in elucidating the synthesis mechanisms of CQDs and guiding the optimization of fabrication processes to tailor their properties for specific applications in fields such as energy storage, biosensing, and environmental remediation [26].

Raman Spectroscopy: Raman spectroscopy is a powerful technique used to characterize the structural and chemical properties of Carbon Quantum Dots (CQDs) by analyzing the inelastic scattering of monochromatic light [4]. When a sample is irradiated with laser light, a fraction of the scattered light undergoes energy shifts due to interactions with molecular vibrations and rotations within the material. By measuring the frequency and intensity of these Raman shifts, Raman spectroscopy provides valuable insights into the vibrational modes and bonding configurations of carbon atoms in CQDs. In particular, Raman spectroscopy is crucial for assessing the degree of graphitization, identifying defects, and quantifying disorder within the carbon lattice of CQDs. The presence of characteristic Raman peaks, such as the G-band (associated with sp²-hybridized carbon

bonds) and the D-band (related to defects and disorder), allows researchers to determine the structural quality and crystallinity of CQDs. Moreover, Raman spectroscopy provides information about surface functionalization, chemical doping, and interactions with other materials, aiding in the optimization of CQD synthesis methods and the development of tailored CQD-based applications in areas such as energy storage, catalysis, and biomedicine [7].

Photoluminescence (PL) Spectroscopy: Photoluminescence (PL) spectroscopy is a powerful analytical technique used to study the optical properties of Carbon Quantum Dots (CQDs) by measuring the emission of light upon excitation with photons [27]. When CQDs are illuminated with light of a specific wavelength (typically UV or visible light), some of the absorbed energy is re-emitted as light at longer wavelengths. PL spectroscopy allows researchers to characterize the photoluminescent behavior of CQDs, including their emission wavelength, intensity, quantum yield, and stability. The emission spectrum obtained from PL spectroscopy provides valuable information about the electronic structure and energy bandgap of CQDs, as well as the presence of surface states and defects. By analyzing PL spectra, researchers can gain insights into the size-dependent quantum confinement effects, surface passivation, and electronic transitions within CQDs. PL spectroscopy is indispensable for assessing the optical properties of CQDs and optimizing their synthesis methods for various applications, including bioimaging, sensing, light-emitting diodes (LEDs), and photovoltaics. Additionally, PL spectroscopy plays a crucial role in understanding the photophysical mechanisms underlying the photoluminescence of CQDs and guiding the design of CQD-based materials with tailored optical functionalities [28].

4. Integration of CQDs into Supercapacitors

The integration of Carbon Quantum Dots (CQDs) into supercapacitors involves incorporating these nanomaterials into the electrode structures to enhance the energy storage performance of the devices [29]. Various strategies are employed to effectively utilize the unique properties of CQDs in supercapacitor systems. One common approach is the fabrication of composite electrodes by mixing CQDs with other carbonaceous materials such as graphene, carbon nanotubes, or activated carbon. This synergistic combination exploits the high surface area, excellent electrical conductivity, and pseudocapacitive behavior of CQDs to improve the charge storage capacity and rate capability of the electrodes. Another method involves directly growing or depositing CQDs onto conductive substrates, such as carbon cloth or metal foams, to form binder-free electrodes. This approach eliminates the need for binders, reduces the internal resistance, and enhances the charge transfer kinetics within the electrode materials. Furthermore, surface functionalization of CQDs with heteroatoms (e.g., nitrogen, sulfur) or surface modifiers can enhance their electrochemical activity and stability, further improving the performance of CQD-based supercapacitors. Overall, the integration of CQDs into supercapacitors offers a promising pathway for developing high-performance energy storage devices with increased energy density, improved cycling stability, and faster charge/discharge rates, contributing to the advancement of sustainable energy technologies.

4.1. Composite Electrodes

Composite electrodes represent a prominent approach for integrating Carbon Quantum Dots (CQDs) into supercapacitors, leveraging the synergistic effects between CQDs and other carbonaceous materials [7]. Typically, CQDs are combined with graphene, carbon nanotubes, or activated carbon to form composite electrode structures. The unique properties of CQDs, such as high surface area, excellent electrical conductivity, and pseudocapacitive behavior, complement the desirable features of the host carbon materials, enhancing the overall electrochemical performance of the electrodes. The intimate integration of CQDs within the composite matrix facilitates efficient charge storage and transfer, leading to improved specific capacitance, rate capability, and cycling stability of the supercapacitor devices [29]. Moreover, the tunable surface chemistry and functional groups of CQDs enable tailored interactions with the host materials, further optimizing the electrode-electrolyte interface and enhancing the overall energy storage efficiency. Composite electrodes thus offer a versatile platform for harnessing the unique properties of CQDs in supercapacitor

applications, paving the way for the development of high-performance energy storage systems with enhanced energy density and long-term reliability [30].

4.2. Doping

Doping, the introduction of foreign atoms or molecules into the lattice of Carbon Quantum Dots (CQDs), represents a strategic approach to enhance their electrochemical performance in supercapacitors[31]. Common dopants include heteroatoms such as nitrogen, sulfur, or phosphorus, which can alter the electronic structure and surface chemistry of CQDs, leading to improved charge storage capabilities. Doping facilitates the creation of additional active sites, enhances electrical conductivity, and modifies the electrochemical reactions occurring at the electrode-electrolyte interface. This results in enhanced specific capacitance, improved rate capability, and better cycling stability of CQD-based supercapacitors. Furthermore, doping can tailor the bandgap energy and electronic properties of CQDs, enabling precise control over their electrochemical behavior and optimizing their performance for specific applications. By leveraging doping strategies, researchers can unlock the full potential of CQDs in supercapacitors, advancing the development of high-performance energy storage devices with superior efficiency and durability [32].

4.3. Binder-Free Electrodes

Binder-free electrodes represent a promising approach for integrating Carbon Quantum Dots (CQDs) into supercapacitors, eliminating the need for binders and enhancing the overall electrochemical performance of the devices. In this strategy, CQDs are directly grown or deposited onto conductive substrates, such as carbon cloth or metal foams, forming self-supporting electrode structures [33]. This intimate integration of CQDs with the conductive substrates facilitates efficient charge transfer and electron transport pathways, leading to reduced internal resistance and improved electrochemical kinetics. Binder-free electrodes offer several advantages, including enhanced specific capacitance, superior rate capability, and enhanced cycling stability compared to conventional electrodes with binders. Moreover, the absence of binders eliminates potential issues related to binder degradation and electrode delamination during cycling. By exploiting the unique properties of CQDs and the conductive substrates, binder-free electrodes provide a robust platform for developing high-performance supercapacitors with increased energy density and long-term reliability for diverse energy storage applications [34].

5. Electrochemical Performance

Electrochemical performance refers to the behavior of Carbon Quantum Dots (CQDs) when integrated into supercapacitors, as assessed through various electrochemical techniques. Key parameters evaluated include capacitance, energy density, power density, and cycle stability.

Capacitance: Capacitance, in the context of supercapacitors utilizing Carbon Quantum Dots (CQDs), refers to the ability of the electrode material to store electrical charge [31]. It is typically measured in units of farads per gram (F/g) or farads per square centimeter (F/cm²). Capacitance is a crucial parameter as it directly influences the energy storage capacity of the supercapacitor.

The specific capacitance of CQD-based electrodes can be determined through electrochemical techniques such as cyclic voltammetry (CV) and galvanostatic charge-discharge (GCD) measurements [35]. During CV, the current response of the electrode to a linearly swept voltage is recorded, allowing for the calculation of the area under the curve, which represents the charge storage capacity. GCD involves applying a constant current to the electrode and measuring the resulting voltage change over time, enabling the determination of capacitance from the charge/discharge curve.

The capacitance of CQD-based electrodes is influenced by various factors, including the surface area, pore structure, conductivity, and surface chemistry of the CQDs. Strategies such as doping, surface functionalization, and composite formation with other carbonaceous materials can be employed to enhance capacitance by increasing the active surface area, improving charge transfer kinetics, and introducing pseudocapacitive contributions [7].

High capacitance values are desirable as they indicate a greater charge storage capacity, leading to higher energy density and longer cycle life of the supercapacitor. Therefore, optimizing the capacitance of CQD-based electrodes is crucial for developing high-performance supercapacitor devices for a wide range of energy storage applications.

Energy Density: Energy density in the context of supercapacitors utilizing Carbon Quantum Dots (CQDs) refers to the amount of energy that can be stored per unit volume or mass of the device [36]. It is a crucial performance metric as it directly impacts the practicality and efficiency of supercapacitor systems for various applications. Energy density is typically calculated using the formula $\frac{1}{2} CV^2$, where (C) is the capacitance and (V) is the operating voltage. Increasing the energy density of CQD-based supercapacitors involves optimizing factors such as the specific capacitance of the electrodes, operating voltage range, and electrode material loading. Strategies to enhance energy density include increasing the surface area and conductivity of CQD-based electrodes, optimizing the device architecture, and exploring advanced electrolyte formulations. By maximizing energy density, CQD-based supercapacitors can offer high-performance energy storage solutions for a wide range of applications, including portable electronics, hybrid vehicles, and renewable energy systems [37].

Power Density: Power density refers to the rate at which a supercapacitor utilizing Carbon Quantum Dots (CQDs) can deliver or absorb electrical energy per unit mass or volume [38]. It reflects the device's ability to charge and discharge rapidly, making it crucial for applications requiring quick energy bursts or high-power output, such as electric vehicles and pulse power systems. Power density is calculated using the formula $(P = 1/2 C \Delta V^2)/t$, where (P) is the power density, (C) is the capacitance, (ΔV) is the voltage change during charge or discharge, and (t) is the charging or discharging time. Enhancing the power density of CQD-based supercapacitors involves optimizing factors such as the electrode material conductivity, electrolyte composition, and device architecture to minimize internal resistance and maximize charge/discharge rates. Strategies such as employing hierarchical electrode structures and reducing the thickness of electrode materials can further enhance power density by improving ion diffusion and electron transport kinetics. By increasing power density, CQD-based supercapacitors can provide efficient and rapid energy storage solutions for demanding applications [29].

Cycle Stability: Cycle stability, in the context of supercapacitors incorporating Carbon Quantum Dots (CQDs), refers to the ability of the device to maintain its electrochemical performance over multiple charge-discharge cycles without significant degradation [9]. It is a critical parameter that determines the long-term reliability and durability of the supercapacitor system. Cycle stability is typically evaluated by subjecting the device to repeated charge-discharge cycles under specific operating conditions and monitoring changes in key performance metrics such as capacitance, energy density, and internal resistance. High cycle stability is desirable to ensure prolonged device lifespan and consistent energy storage performance over time. Strategies to enhance cycle stability in CQD-based supercapacitors include optimizing electrode materials and structures, designing robust electrolyte formulations, and minimizing side reactions and degradation mechanisms during cycling [39]. Improving cycle stability enables the development of reliable and long-lasting supercapacitor devices for various applications, including portable electronics, renewable energy systems, and electric vehicles.

6. Challenges and Future Perspectives

Challenges and future perspectives in the integration of Carbon Quantum Dots (CQDs) into supercapacitors highlight both current obstacles and potential advancements in the field. Challenges include enhancing the synthesis reproducibility and scalability of CQDs, optimizing their electrochemical performance, and addressing issues related to long-term stability and cycling durability. Achieving uniform size distribution, controlling surface chemistry, and minimizing aggregation are crucial for maximizing the energy storage capacity and rate capability of CQD-based electrodes. Additionally, improving the understanding of CQD-solvent interactions and electrolyte compatibility is essential for ensuring reliable device operation under different environmental

conditions. Future perspectives involve advancing CQD synthesis techniques, exploring novel composite materials and electrode architectures, and integrating emerging technologies such as machine learning and nanoscale engineering to overcome current limitations. Tailoring CQD properties for specific applications, such as flexible electronics, wearable devices, and grid-scale energy storage, holds promise for revolutionizing energy storage technologies and accelerating the transition towards sustainable energy systems. Collaboration between researchers, industry stakeholders, and policymakers will be critical for driving innovation and realizing the full potential of CQD-based supercapacitors in addressing global energy challenges.

7. Future Research Should Focus on

Future research in the field of Carbon Quantum Dots (CQDs) and their integration into supercapacitors should focus on several key areas to advance the development of high-performance energy storage devices:

7.1. *Synthesis and Scalability*

Develop scalable and cost-effective synthesis methods for producing CQDs with precise control over size, morphology, and surface properties. Explore innovative approaches, such as microwave-assisted synthesis, hydrothermal methods, and sustainable precursor materials, to improve the reproducibility and scalability of CQD production.

7.2. *Enhanced Electrochemical Performance*

Investigate strategies to enhance the electrochemical performance of CQD-based electrodes, including increasing specific capacitance, energy density, and power density. Explore novel doping techniques, surface functionalization methods, and composite electrode designs to optimize charge storage capacity and electrochemical stability.

7.3. *Cycle Stability and Long-Term Durability*

Address challenges related to cycle stability and long-term durability by developing robust electrode materials and electrolyte formulations. Explore advanced characterization techniques and modeling approaches to understand degradation mechanisms and design CQD-based supercapacitors with improved cycle life and reliability.

7.4. *Integration and Device Engineering*

Explore innovative approaches for integrating CQDs into supercapacitor devices, including flexible and stretchable configurations for wearable electronics and energy storage systems. Investigate novel device architectures, electrode configurations, and manufacturing techniques to optimize performance and functionality.

7.5. *Environmental Sustainability*

Consider the environmental impact of CQD synthesis processes and device fabrication methods, and explore sustainable approaches to minimize resource consumption, waste generation, and environmental footprint. Investigate the potential for recycling and upcycling CQD-based materials to create closed-loop systems and promote circular economy principles.

8. Conclusion

The synthesis of CQDs represents a promising pathway to enhance the energy density of supercapacitors. Through various synthesis methods and strategic integrations, CQDs can significantly improve the performance of supercapacitors, making them competitive with other energy storage technologies. Continued research and development in this field hold the potential to

revolutionize energy storage systems, paving the way for more efficient and sustainable energy solutions.

References

1. Yadlapalli, R.T., et al., Super capacitors for energy storage: Progress, applications and challenges. *Journal of Energy Storage*, 2022. **49**: p. 104194.
2. Hepel, M., Advances in micro-supercapacitors (MSCs) with high energy density and fast charge-discharge capabilities for flexible bioelectronic devices—A review. *Electrochemical Science Advances*, 2023. **3**(3): p. e2100222.
3. Sagar, P., et al., Tagetes erecta as an organic precursor: synthesis of highly fluorescent CQDs for the micromolar tracing of ferric ions in human blood serum. *RSC advances*, 2021. **11**(32): p. 19924-19934.
4. Saraswat, S.K., et al., Carbon quantum dots: A comprehensive review of green Synthesis, characterization and investigation their applications in bioimaging. *Inorganic Chemistry Communications*, 2024: p. 112279.
5. Azam, N., M. Najabat Ali, and T. Javaid Khan, *Carbon quantum dots for biomedical applications: review and analysis*. *Frontiers in Materials*, 2021. **8**: p. 700403.
6. Olabi, A.G., et al., Supercapacitors as next generation energy storage devices: Properties and applications. *Energy*, 2022. **248**: p. 123617.
7. Rasal, A.S., et al., *Carbon quantum dots for energy applications: a review*. *ACS Applied Nano Materials*, 2021. **4**(7): p. 6515-6541.
8. Kabashin, A.V., et al., Laser-processed nanosilicon: A multifunctional nanomaterial for energy and healthcare. *ACS nano*, 2019. **13**(9): p. 9841-9867.
9. Liu, W., et al., Graphene quantum dots-based advanced electrode materials: design, synthesis and their applications in electrochemical energy storage and electrocatalysis. *Advanced Energy Materials*, 2020. **10**(29): p. 2001275.
10. Liu, Y., et al., A review of carbon dots and their composite materials for electrochemical energy technologies. *Carbon Energy*, 2021. **3**(5): p. 795-826.
11. El-Shabasy, R.M., et al., Recent developments in carbon quantum dots: properties, fabrication techniques, and bio-applications. *Processes*, 2021. **9**(2): p. 388.
12. MASCARENHAS, M.V., *carbon quantum dots in nanobiotechnology*. 2022, GOA UNIVERSITY GOA.
13. Saha, A., L. Bhattacharjee, and R.R. Bhattacharjee, Synthesis of carbon quantum dots, in *Carbon Quantum Dots for Sustainable Energy and Optoelectronics*. 2023, Elsevier. p. 39-54.
14. Falinski, M., et al., Doing nano-enabled water treatment right: sustainability considerations from design and research through development and implementation. *Environmental Science: Nano*, 2020. **7**(11): p. 3255-3278.
15. Gupta, G.K., et al., Excellent supercapacitive performance of graphene quantum dots derived from a bio-waste marigold flower (*Tagetes erecta*). *International Journal of Hydrogen Energy*, 2021. **46**(77): p. 38416-38424.
16. Gupta, G.K., et al., In situ fabrication of activated carbon from a bio-waste *desmostachya bipinnata* for the improved supercapacitor performance. *Nanoscale research letters*, 2021. **16**(1): p. 85.
17. Gupta, G.K., et al., Hydrothermally synthesized nickel ferrite nanoparticles integrated reduced graphene oxide nanosheets as an electrode material for supercapacitors. *Journal of Materials Science: Materials in Electronics*, 2024. **35**(3): p. 255.
18. Gupta, G., A Comprehensive Review on Various Techniques Used for Synthesizing Graphene Quantum Dots. 2024.
19. Srivastava, A., et al., *Fabrication Of Mnfe2o4/Rgo Nanostructure for Stable and Enhanced Super Capacitive Performance*. *Fabrication Of Mnfe2o4/Rgo Nanostructure for Stable and Enhanced Super Capacitive Performance*, 2023.
20. Srivastava, A., et al., *High-Performance Electrode Based on Nife2o4 Nanoparticles Architecture R-Go Nanosheets For Supercapacitors*. Gopal K. and Srivastava, Monika and Anwar, Sharmistha and Srivastava, Sanjay K. and Sagar, Pinky, *High-Performance Electrode Based on Nife2o4 Nanoparticles Architecture R-Go Nanosheets For Supercapacitors*.
21. Abbas, A., L.T. Mariana, and A.N. Phan, *Biomass-waste derived graphene quantum dots and their applications*. *Carbon*, 2018. **140**: p. 77-99.
22. Garcia-Gutierrez, D.F. and D.I. Garcia-Gutierrez, *Electron Microscopy Characterization of nanoparticles*, in *Nanochemistry*. 2023, CRC Press. p. 114-140.
23. Thambiraj, S. and R. Shankaran, Green synthesis of highly fluorescent carbon quantum dots from sugarcane bagasse pulp. *Applied Surface Science*, 2016. **390**: p. 435-443.
24. Khan, M.E., A. Mohammad, and T. Yoon, State-of-the-art developments in carbon quantum dots (CQDs): Photo-catalysis, bio-imaging, and bio-sensing applications. *Chemosphere*, 2022. **302**: p. 134815.

25. Rojas-Valencia, O., et al., Synthesis of blue emissive carbon quantum dots from Hibiscus Sabdariffa flower: Surface functionalization analysis by FT-IR spectroscopy. *Materialia*, 2021. **19**: p. 101182.
26. Mahto, B., et al., A review of coal-based carbon and graphene quantum dots: synthesis, properties, and applications. *Materials Science and Engineering: B*, 2024. **304**: p. 117386.
27. Sarkar, S., et al., Size dependent photoluminescence property of hydrothermally synthesized crystalline carbon quantum dots. *Journal of Luminescence*, 2016. **178**: p. 314-323.
28. Phang, S.J. and L.-L. Tan, Recent advances in carbon quantum dot (CQD)-based two dimensional materials for photocatalytic applications. *Catalysis Science & Technology*, 2019. **9**(21): p. 5882-5905.
29. Dave, K. and V.G. Gomes, Carbon quantum dot-based composites for energy storage and electrocatalysis: Mechanism, applications and future prospects. *Nano Energy*, 2019. **66**: p. 104093.
30. Sher, F., et al., Carbon quantum dots conjugated with metal hybrid nanoparticles as advanced electrocatalyst for energy applications—A review. *Coordination Chemistry Reviews*, 2024. **500**: p. 215499.
31. Permatasari, F.A., et al., Carbon-based quantum dots for supercapacitors: Recent advances and future challenges. *Nanomaterials*, 2021. **11**(1): p. 91.
32. Sikiru, S., et al., Advance and prospect of carbon quantum dots synthesis for energy conversion and storage application: A comprehensive review. *Journal of Energy Storage*, 2023. **60**: p. 106556.
33. Puttaswamy, R., R.K. Pai, and D. Ghosh, Recent progress in quantum dots based nanocomposite electrodes for rechargeable monovalent metal-ion and lithium metal batteries. *Journal of Materials Chemistry A*, 2022. **10**(2): p. 508-553.
34. Yan, J., et al., Metal-organic framework-based materials for flexible supercapacitor application. *Coordination Chemistry Reviews*, 2022. **452**: p. 214300.
35. Luo, W., et al., Electrodeposition coupled with electrochemical activation for constructing high-capacitance carbon quantum dot-based films on carbon cloth as electrodes. *ACS Applied Nano Materials*, 2021. **4**(11): p. 12051-12061.
36. Xu, Q., et al., Recent progress of quantum dots for energy storage applications. *Carbon Neutrality*, 2022. **1**(1): p. 13.
37. Lee, Y.-W., et al., Hierarchically assembled tubular shell-core-shell heterostructure of hybrid transition metal chalcogenides for high-performance supercapacitors with ultrahigh cyclability. *Nano Energy*, 2017. **37**: p. 15-23.
38. Jian, X., et al., Flexible all-solid-state high-performance supercapacitor based on electrochemically synthesized carbon quantum dots/polypyrrole composite electrode. *Electrochimica Acta*, 2017. **228**: p. 483-493.
39. Zhong, C., et al., A review of electrolyte materials and compositions for electrochemical supercapacitors. *Chemical Society Reviews*, 2015. **44**(21): p. 7484-7539.

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.