

Review

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Review

Therapeutic Applications of CRISPR-Cas9 Gene Editing

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Abstract

CRISPR-Cas9 is a gene editing tool used extensively in biological research that is now making its way into clinical therapies. With the first CRISPR therapy obtaining approval by the United States' Food and Drug Administration (FDA) in late 2023, we look at clinical trials of emerging therapies involving CRISPR-Cas9, currently the most prevalent CRISPR-based tool in these trials. A CRISPR-based therapy is currently approved for treatment of both sickle-cell anemia and transfusion-dependent β -thalassemia but clinical trials for CRISPR-based therapeutics include a much broader range of targets. CRISPR-Cas9 is being explored to treat cancer, infectious disease, and more. This review highlights CRISPR-Cas9 clinical trials registered at clinicaltrials.gov as of 12/31/2024.

Keywords: CRISPR-Cas9; gene editing; therapeutics; clinical trials; cancer

1. Introduction

Precise gene editing has been made possible by co-opting an adaptive immune system first identified in bacteria. "Clustered Regularly Interspaced Short Palindromic Repeats" ("CRISPR") genomic regions store bits of foreign DNA, allowing the organism to swiftly recognize and respond if any of these foreign invaders return. The Cas9 endonuclease, guided by RNA transcribed from the CRISPR array, finds and cleaves the foreign genetic material, removing the threat (Yoshizumi et al. 2018). This RNA-targeted endonuclease system enabled development of a precise, programmable gene editing tool that holds immense promise for treating intractable diseases (Abbott 2016). Other CRISPR enzymes, such as Cas12a, are making their way into clinical trials. While Cas12a provides benefits over Cas9 in some situations, such as staggered double-strand breaks that leaves overhangs leading to more consistent repair, and a motif recognition that works better in AT-rich sequence, it can also yield more off-target effects (Zetsche et al. 2015). Because the vast majority of CRISPR-based therapies currently in trials utilize the Cas9 enzyme, here we focus on CRISPR-Cas9-based therapies.

Early CRISPR-Cas9 therapies targeted blood disorders, harvesting CD-34+ hematopoietic stem and progenitor cells (HSPCs) from the patient (autologous) or from a donor (allogenic), modifying cells using CRISPR-Cas9, then (re)introducing the modified cells into the patient (Figure 1). Blood cells derived from the modified HSPCs to quickly become dominant as blood cells turn over. In addition to *ex-vivo* approaches that modify cells outside of a living organism, *in-vivo* CRISPR therapies can be injected directly into the patient.

This review explores complete and ongoing CRISPR-Cas9 clinical trials registered at clinicaltrials.gov by 12/31/2024 in any clinical trial phase (Table 1) (National Institutes of Health 2022). Emerging CRISPR-cas9 therapies show immense promise for combating intractable diseases.

2. First Approved CRISPR-Cas9 Therapy

In late 2023, the first CRISPR-Cas9-based gene editing therapy (CASGEVY™) gained FDA approval for sickle-cell disease (SCD) (FDA 2023). SCD is caused by a β -globin (HBB) gene mutation,

breaking the β -subunit of adult hemoglobin (HbA; 2 α - and 2 β -subunits). This leads to sickle-shaped red blood cells (RBCs), reduced blood flow, and less efficient oxygen delivery. The gene editing does not fix the HBB mutation, but rather increases fetal hemoglobin (HbF) expression (2 α - and 2 γ -subunits), avoiding the mutated β -subunit. HbF binds oxygen more strongly and is less likely to cause sickling compared to HbA. To increase HbF, CRISPR-Cas9 breaks the BCL11A gene, which normally represses HbF production. This therapy is more tolerable, effective, and permanent than transfusions and transplants (Singh et al. 2024).

More recently, CASGEVY was approved for transfusion-dependent β -thalassemia (TDT), also a result of an HBB mutation that results in insufficient amounts of β -globin. CASGEVY treats TDT the same way as SCD, releasing the HbF block, thereby reducing transfusion requirements for TDT patients (Vertex Pharmaceuticals 2024). Ongoing CASGEVY (CTX001) TDT/SCD trials measure long-term success, including engraftment stability, HbF levels, maintenance of transfusion independence, and mitigation of severe vaso-occlusive crises (NCT05356195, NCT03655678, NCT05477563, NCT03745287, NCT05329649, NCT04208529, NCT05951205).

3. Additional CRISPR-Cas9 Therapies In Clinic Trials

Clinically-trialed CRISPR-Cas9 therapies target a broad range of diseases. While only a small portion of clinical trials are successful, the increasing number of therapies and diseases they treat in CRISPR-Cas9-based clinical trials bring hope for treating intractable diseases.

Hemoglobinopathies

Further clinical trials are underway for hemoglobinopathies (including SCD and TDT), diseases that result in too little hemoglobin, compromising oxygen delivery. BRL-101's treatment of SCD/TDT also targets the BCL11A gene, disrupting BCL11A's enhancer, thereby lowering transcription and increasing HbF production. With a safety profile similar to that of the required autologous transplantation, BRL-101 enables transfusion independence and increased HbF and HbA levels (NCT06287099, NCT06287086, NCT06300723, NCT05577312) (Fu et al. 2022, 2023). Other hemoglobinopathy clinical trials directly target the HBB mutation. For example, GPH101 edits HSPCs to reverse HBB's valine to glutamic acid change in β -thalassemia (NCT04819841) (Kanter et al. 2021).

Cancer

CRISPR-Cas9 therapies also combat cancers, often using Chimeric Antigen Receptor T cell (CAR-T) therapy, a type of immunotherapy increasingly employing CRISPR's precision. In CAR-T therapy, T cells from patient (autologous) or donor (allogenic) and edited *ex-vivo* to recognize and kill cancer cells. A synthetic gene is inserted that encodes a chimeric antigen receptor (CAR), which includes an antigen binding domain targeting cancer cell surface proteins. These cancer cell surface antigens include various Cluster of Differentiation (CD) genes, which create important functional proteins on the surface of white blood cells (Zhang et al. 2017). These CD proteins are targeted by CARs in cancers derived from white blood cells such as leukemias, lymphomas and myelomas.

Other antigen genes currently being targeted include B-cell Maturation Antigen (BCMA), which is essential for B cell maturation, survival, and proliferation and is overly expressed in multiple myeloma, a B cell-derived cancer (NCT04244656) (Rinaldi et al. 2022). The mutation or overexpression of Epidermal Growth Factor Receptor (EGFR) is often seen in cancers, increasing uncontrolled cell growth, making it another important antigen target in some cancers (NCT04976218) (Sasaki et al. 2013). An important target for mesotheliomas, cancers derived from the lining of different organs, is the mesothelin gene. This is an especially attractive target because this gene's expression is limited to mesothelial cells, a cell type that is dispensable (NCT03545815, NCT03747965, NCT05812326) (Hassan et al. 2016).

CAR-T therapy has been improved by manipulating additional genes beyond the CAR insertion, increasing its effectiveness and longevity. Most CAR-T therapies disrupt the T cell receptor α (TRAC) gene by inserting the CAR into it, which has the added advantage of ensuring uniform CAR expression. Without the α -subunit, the T cell receptor (TCR) is not functional. This increases therapy

effectiveness by reducing spontaneous activation and differentiation of the modified T cells, avoiding T cell exhaustion. In addition, the lack of the TCR protein, which normally recognizes foreign material, helps to avoid graft vs host disease (GvHD), opening up CAR-T therapy to allogenic sources, reducing costs and timelines, and standardizing treatment (Eyquem et al. 2017; Loney and Brehm 2024; Terrett et al. 2023).

CRISPR Therapeutics's allogenic CAR-T therapies are being improved by editing additional genes beyond the CAR insertion and its disruption of TRAC. CTX110 (NCT04035434), targeting CD19+ cancers (B cell leukemias and lymphomas), and CTX130 (NCT04502446 and NCT04438083), targeting CD70+ cancers (T cell lymphomas and renal cell carcinomas), both knockout the $\beta 2M$ gene, an MHC I subunit. The broken MHC I protein prevents donor CAR-T cells from being recognized and destroyed by the patient's immune system (host vs. graft disease (HvGD)) (McGuirk et al. 2022; Terrett et al. 2023).

The next generation versions of these drugs, CTX112 for CD19+ cancers (NCT05643742) and CTX131 (NCT06492304) for CD70+ cancers, improve on their counterparts through additional gene knockouts. Regnase-1 normally tamps down on cytokine secretion and, by extension, the immune system. The Regnase-1 knockout, therefore, keeps the immune response strong. Likewise, Transforming Growth Factor-beta (TGF- β) receptor type 2 (TFGBR2) knockouts create a CAR-T cell without a receptor to recognize the (TGF- β) produced in the tumor microenvironment that would normally inhibit the T cell. In CTX131, CD70 is also knocked out, preventing fratricide in CD70-targeting CAR-T cells. The improvements are stark. For example, CTX112 is 10X more potent than CTX110 with improvements in persistence and anti-tumor effects (Kalaitzidis et al. 2023).

Further genes been identified whose disruption in CAR-T cells can lead to therapeutic improvements (Feng et al. 2024; Moradi et al. 2024). Knockout of the Programmed Cell Death Protein 1 (PDCD-1) gene can help keep anti-tumor activity strong and avoid immune suppression and T cell exhaustion. PDCD-1 creates the PD-1 protein. When PD-1 binds its ligand (PD-L1), it acts as a brake, inactivating T cells. Tumors take advantage by overexpressing PD-L1, allowing them to inactivate immune cell that recognized the cancer, thereby evading the antitumor immune response and leading to T cell exhaustion (Moradi et al. 2024; Munari et al. 2021). Several clinical trials (NCT03545815, NCT03747965, NCT05812326) deploy PDCD-1 knockout CAR-T cells against mesothelin+ breast and other solid tumors. In one case (NCT03747965), the GC008t therapy stabilized disease in 4 patients and achieved tumor shrinkage for 2 patients, though engraftment could be improved (Wang et al. 2020).

One autologous clinical trial (NCT05566223) uses CRISPR-Cas9 technology to knockout the CISH (Cytokine-induced SH2 protein) gene in tumor infiltrating lymphocytes (TILs), a type of T cell that can penetrate solid tumors. CISH limits T cell activation and signaling, so its disruption keeps anti-tumor responses high. This therapy treats non-small cell lung cancer (NSCLC), which accounts for about 85 percent of all diagnosed lung cancers, with lung cancers being the leading cause of cancer-related deaths globally (Gridelli et al. 2015).

CRISPR-Cas9 is also being used to altering CAR-T cells in order to make concurrent treatment with a monoclonal antibodies possible. One autologous therapy (NCT05662904) treats ALL by inactivating the CD33 gene in the patient's HSPCs to make them immune to the CD33-specific antibody-drug conjugate Gemtuzumab-ozogamicin (GO), allowing for escalating doses of GO to be administered. (Godwin et al. 2017) In another study, PBLTT52CAR19 targets CD19+ pediatric B cell acute lymphoblastic leukemia (ALL) (NCT04557436). In addition to disrupting the TRAC gene, the CD52 gene was also disrupted, allowing the concurrent use of Alemtuzumab (Drugs.com 2024), an anti-CD52 monoclonal therapy. Four out of six patients infused with the CAR-T cells showed CAR-T cell proliferation, achieved remission, and then received allogenic stem cell transplantation for a more permanent therapy. (Ottaviano et al. 2022)

CRISPR-cas9 editing can also introduce safety switches into cancer therapies to avoid serious side effects, including Cytokine Release Syndrome (CRS) and immune cell-associated neurotoxicity syndrome (ICANS) (Xiao et al. 2021). CT125A is an autologous CAR-T cell therapy that targets CD5+ hematologic malignancies, including T cell-derived leukemias and lymphomas (NCT04767308).

The endogenous CD5 gene was disrupted using CRISPR-Cas9 to avoid fratricide. A safety switch was added to the CAR-T cells by editing a truncated epidermal growth factor receptor (tEGFR) into the genome. The resulting receptor, though not functional, was still recognized by Cetuximab, a monoclonal antibody therapy that targets the receptor, killing the CAR-T cells when administered to the patient (Chidharla et al. 2023). Clinical outcomes were both positive and negative. All three patients achieved at least partial remission but one patient (complete remission) died of sepsis and multi-organ dysfunction. The other two patients achieved partial remission but one patient subsequently relapsed. As expected, the therapy caused CRS, which was reversed following administration of cetuximab, allowing for this toxic treatment to be limited in time, though CAR-T cells were not completely eliminated. Nevertheless, this study showed that safety switches can be viable strategies for limiting patient exposure to therapies with dangerous side effects (Lin et al. 2024).

Improvements upon CARs are being tested. One of these is STAR (Synthetic TCR and Antigen Receptor) T cell therapy. STAR-T therapy uses a construct that mimics TCR, increasing sensitivity to the cancer-presented antigens, which is especially important in solid tumors with low antigen density (Huang et al. 2024). Two related studies (NCT05631912: autologous and NCT06321289: allogenic) are trialing CD19-targeting STAR-T therapy for B cell non-Hodgkin's lymphoma. Additional CRISPR-Cas9 editing knocked out TRAC, PDCD-1, human leukocyte antigen (HLA)-A/B, and Class II Transactivator (CIITA) genes to strengthen the intervention. In addition to reducing the immune suppression, delaying T cell exhaustion, and increasing anti-tumor activity with the TRAC and PDCD-1 knockouts, knockouts of HLA-A/B and CIITA, which are subunits of MHC I and MHC II proteins, respectively, reduce the recognition of allogenic STAR-T cells as foreign, thereby reducing the risk of GvHD.

This review describes some of many promising CRISPR-Cas9-based cancer therapies and strategies. The number of antigen targets is expanding, additional constructs are improving on CARs, and therapies are becoming more sophisticated with additional gene edits to improve longevity and safety and keep immune and anti-tumor functions high.

Infectious Disease

CRISPR-Cas9 can also be utilized to fight infectious disease, either by targeting host or pathogen genes. Two clinical trials explore unique methods to treat Acquired Immunodeficiency Syndrome (AIDs), caused by human immunodeficiency virus I (HIV-1). These therapies target the host CCR5 (CC chemokine receptor 5) gene, which is one of the co-receptors that HIV-1 uses to enter the host's CD4+ lymphocytes, thereby destroying a critical part of the host's immune function. A frameshifting 32-nt deletion in CCR5 occurs naturally in a small proportion of the human population. This CCR5-Δ32 mutation, when homozygous, prevents HIV-1 from entering the cell, allowing infected individuals (termed "HIV controllers") to live with the virus (Carrington et al. 1997; Oppermann 2004).

One allogenic study (NCT03164135) used CRISPR-Cas9 to modify donor HSPCs, ablating the CCR5 receptor to make the immune cells resistant to HIV-1. This study was designed for HIV patients who also had a hematologic malignancy that required stem cell transplantation, creating an opportunity to simultaneously test CCR5 ablation with minimal additional risk to the patient. One HIV-positive patient in this study had ALL. Transplantation and long-term engraftment was achieved, however, CCR5 was disrupted in only 5 percent of lymphocytes (Xu et al. 2019).

Another AIDS therapy, EBT-101, uses CRISPR-Cas9 to disrupt the HIV-1 genome in aviremic patients (patients that have latent infections without detectable blood virus levels (NCT05144386). Initial results met safety benchmarks and temporarily suppressed viral reservoirs (Johnson 2024).

Other viruses are also being targeted with CRISPR-Cas9 therapies. Persistent human papillomavirus (HPV) infection is the major cause of cervical cancer. The viral E6 and E7 oncoproteins inactivate host tumor suppressor genes promoting uncontrolled cell growth (Narisawa-Saito and Kiyono 2007). Although small interfering RNA targeting of these oncogenes may temporarily inhibit HPV, it does not destroy the viral genes (Hu et al. 2015). Administration of a transcription activator-like effector nucleases (TALENs) or a CRISPR-Cas9 E6/E7-targeting plasmid in a gel reduced E6/E7 DNA and expression, initiated cell death, and prevented tumor growth (NCT03057912) (Hu and Team 2025).

SARS-CoV-2 is a virus causing COVID-19, and is targeted in a study that uses CRISPR-Cas9 to ablate the host PDCD1 and ACE2 receptor genes in CD8+ virus-reactive memory T cells (NCT04990557). PDCD-1 was knocked out because its upregulation during COVID-19 infection, even in patients with mild symptoms, promotes T-cell exhaustion. Knocking out the ACE2 receptor removes SARS-CoV-2's main entry path into the modified T cell (Scialo et al. 2020).

CRISPR-Cas9 therapies also target bacterial pathogens. One study uses CRISPR-Cas9 to disrupt virulence and β -lactam antibiotic resistance genes in Enterobacteriaceae genomes (NCT05850871).

Eye diseases

CRISPR-Cas9 therapies work well for eye diseases because they can be injected directly into relevant eye tissue. In Intraocular Hypertensive Primary Open Angle Glaucoma (POAG), increased intraocular pressure damages the optic nerve, leading to blindness (Quigley et al. 1983). Dominant mutations in the cytoskeletal myocilin (MYOC) gene, which is expressed in the trabecular meshwork where intraocular pressure is regulated, can cause POAG. The therapy (BD113) is delivered in a virus-like particle (VLP) by eye injection. It aims to knockdown or knockout the mutated MYOC gene, reducing the amount of mutated protein (NCT06465537).

Another VLP therapy (BD111) is injected into the cornea to treat recalcitrant herpes stromal keratitis, which can cause infectious blindness (NCT04560790). The therapy uses CRISPR-Cas9 to disrupt the herpes simplex virus type 1 (HSV-1) genome. No HSV-1 was detected follow-ups, averaging 18 months (Wei et al. 2023).

Reinitis pigmentosa results in rod cell loss, leading to night blindness, and the gradual loss of cone cells, leading to tunnel vision or blindness. The therapy, ZVS203e, is administered by subretinal injection and fixes a causal rhodopsin (RHO) gene mutation to create a functional protein that is activated under low light conditions (NCT05805007) (Nathans and Hogness 1984; National Library of Medicine 2025).

Another CRISPR-Cas9 therapy (EDIT-101) targets Leber Congenital Amaurosis 10 (LCA10) (NCT03872479). A homozygous mutation in the centrosomal protein 290 (CEP290) gene (or a heterozygous compound mutation) causes retinal degeneration leading to blindness or severe vision loss at birth or shortly thereafter (den Hollander et al. 2006). The mutation causes an additional splice site that forms a cryptic (additional) exon. Initial clinical trial results established safety and 75% of participants showed measurably improved vision.

Other Conditions

Hemophilia B a bleeding disorder caused by a mutated coagulation Factor IX (FIX) gene that results in insufficient FIX (Kurachi and Kurachi 2000). CRISPR-Cas9-based therapies insert wildtype FIX gene into liver and B cells, enabling clotting factor production (NCT06379789, NCT06611436).

Hereditary Angioedema (HAE) results in debilitating or fatal swelling under the skin. Treatments target kallikrein, a protease encoded by the KLB1 gene, which causes swelling when overproduced in blood plasma (Banerji et al. 2017; Longhurst et al. 2022). NTLA-2002 is a CRISPR-Cas9-based therapy that disrupts KLB1 in liver cells, reducing plasma kallikrein levels. (Longhurst et al. 2022). Initial results established safety and showed a reduction in plasma kallikrein levels (NCT05120830, NCT06634420).

4. Discussion

CRISPR is a rapidly developing gene editing-tool revolutionizing research and clinical applications. The recent FDA approval of the first CRISPR-based therapy and the number of CRISPR-Cas9-based therapies in the clinical trial pipeline, promise transformative therapies on the horizon. Indeed, a recent example highlights the power of CRISPR-Cas9-based therapies. In May 2025, a research team supported by the National Institutes of Health developed and successfully delivered a personalized CRISPR-Cas9-based therapy to treat an infant born with a mutation in the carbamoyl-phosphate synthetase 1 (CPS1) gene. This meant he could not break down byproducts of protein metabolism within the liver, leading to ammonia toxicity. The team designed a patient-specific base-editing therapy to correct the mutation and administered it via lipid nanoparticles. The infant received two doses at ages

7 and 8 months. The patient tolerated high dietary protein even while cutting the dose of the initial nitrogen-scavenger drug in half with no severe adverse effects (Musunuru et al. 2025). Customized CRISPR-based therapies are expensive and not widely accessible. But autologous strategies that work across many patients with the same or similar diseases, and allogenic therapies that use donor cells to provide “off-the-shelf” solutions bring hope for treating currently intractable conditions.

Table 1. CRISPR-Cas9 clinical trials. All study numbers in bold are outlined within the review.

Disease Category	Intervention	Study Numbers
Hemoglobinopathies	CTX001	NCT05356195, NCT03655678, NCT05477563, NCT03745287, NCT05329649, NCT04208529, NCT05951205, NCT06287099
	BRL-101	NCT06287086, NCT06300723, NCT05577312
	ET-01	NCT04925206
	Plerixafor + Busulfan + Gene-modified CD34+ Cells	NCT06506461
	CRISPR-SCD001	NCT04774536
	nula-cel Drug Product	NCT04819841
	OTQ923	NCT04443907
Hematologic Malignancies	CTX131	NCT06492304, NCT04502446
	CTX110	NCT04035434
	Universal Dual Specificity CD19 and CD20 or CD22 CAR-T Cells	NCT03398967
	CTX112	NCT05643742
	UCART019	NCT03166878
	CT125A cells + Cyclophosphamide + fludarabine	NCT04767308
	PBLT52CAR19	NCT04557436
	Donor-derived CD34+ HSC with CRISPR/Cas9-mediated CD33 deletion + emtuzumab Ozogamicin	NCT05662904
	REGV131 + LNP1265	NCT06379789
	BE-101	NCT06611436
	NTLA-2002 + Normal Saline IV Administration	NCT06634420
	Biological NTLA-2002 + Normal Saline IV Administration	NCT05120830
	CTX120	NCT04244656

Table 1. Cont.

Disease Category	Intervention	Study Numbers
Solid Tumor	Anti-mesothelin CAR-T cells	NCT03545815
	Mesothelin-directed CAR-T cells	NCT03747965
	TGFβR-KO CAR-EGFR T Cells	NCT04976218
	MT027 cells suspension	NCT06726564
	Autologous CD19-STAR-T cell + Fludarabine + Cyclophosphamide	NCT05631912
	Allogeneic CD19-STAR T cell + Fludarabine + Cyclophosphamide	NCT06321289
	TRAC and Power3 Genes Knock-out Allogeneic CD19-targeting CAR-T cell (ATHENA CAR-T) + Fludarabine + Cyclophosphamide	NCT06014073
	CTX131	NCT05795595
	Fludarabine + Cyclophosphamide + CISH Inactivated TIL + Aldesleukin + Pembrolizumab	NCT05566223
	Transcatheter arterial chemoembolization BIOLOGICAL: PD-1 knockout engineered T cells	NCT04417764
	Fludarabine + Cyclophosphamide + Interleukin-2	NCT03044743
	Cyclophosphamide + PD-1 Knockout T Cells	NCT02793856
	MT027 cells suspension	NCT06742593, NCT06737146
	Cyclophosphamide + Fludarabine + Tumor-Infiltrating Lymphocytes (TIL) + Aldesleukin	NCT04426669
	PD-1 Knockout T Cells	NCT03081715
Infectious Disease	AJMUC1- PD-1 gene knockout anti-MUC1 CAR-T cells	NCT05812326
	CAZ/ AVI plus Aztreonam + Conventional treatment	NCT05850871
	CCR5 gene modification	NCT03164135
	EBT-101	NCT05144386
	TALEN + CRISPR/Cas9	NCT03057912
	PD-1 and ACE2 Knockout T Cells + PD-1 and ACE2 Knockout T Cells + PD-1 and ACE2 Knockout T Cells	NCT04990557

Table 1. Cont.

Disease Category	Intervention	Study Numbers
Ophthalmic Disorders	BD113vVLP	NCT06465537
	BD111 Adult single group Dose	NCT04560790
	ZVS203e	NCT05805007
	EDIT-101	NCT03872479
Other Conditions	VCTX211	NCT05565248
	VCTX210A unit	NCT05210530
	NTLA-2001	NCT04601051
Conclusive genetic testing + Genotype-phenotype correlation for personalized diagnosis + Personalized study of variants of uncertain clinical significance (VUS) through functional studies on 3D organ-on-a-chip		NCT06325072

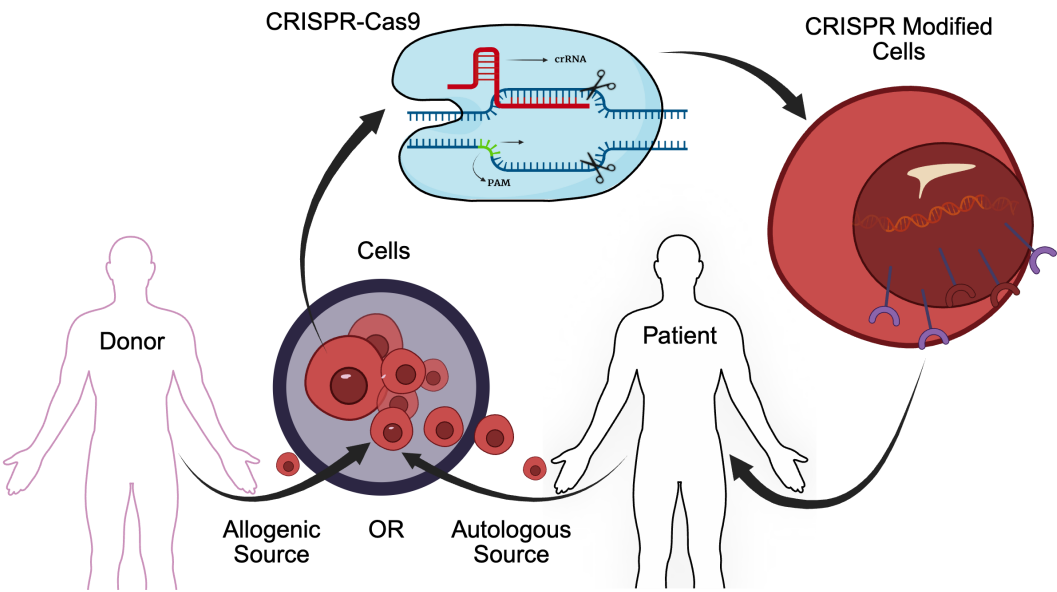


Figure 1. CRISPR-Cas9 therapies often involve removing cells from the patient’s body (autologous therapies) or obtaining cells from a donor (allogenic therapies), applying the therapy to alter the target gene, and (re)introducing the modified cells into the patient. The figure illustrates CAR-T therapy, often used in cancer but other CRISP-Cas9 therapies that edit cells outside of the body have a similar workflow.

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Conflicts of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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