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Keywords: Beef; natural additives; monensin; essential oils; tannins; bioflavonoids



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*Article*

# Performance and Rumen Fermentation in Finishing Steers Fed a Total Mixed Ration Supplemented with a Blend of Essential Oils, Tannins, and Bioflavonoids or Monensin

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**Simple Summary:** This study examined how adding a combination of essential oils, tannins, and bioflavonoids, along with monensin, affects the performance and rumen fermentation of finishing steers fed a mixed diet. Thirty steers, each weighing about 441 kilograms and averaging 34 months old, were divided into three groups based on the supplements they received. The first group was given essential oil tannin blend, the second received monensin, and the third received both. Over a 60-day trial, which included a 14-day adjustment period, daily feed intake, weight gain, feed efficiency, and rumen fermentation characteristics like pH, ammonia nitrogen, and volatile fatty acids were measured. The results showed that the group receiving the essential oil blend had higher feed intake than the combination group. However, there were no significant differences in weight gain or feed efficiency across the groups. While the rumen pH and ammonia levels remained constant, the combination of treatments resulted in more stable levels of volatile fatty acids, indicating potential benefits from the combined supplementation that warrant further investigation.

**Abstract:** This study investigated the effects of adding a blend of essential oils, tannins, bioflavonoids (ANAVRIN<sup>®</sup>, VetosEurope, Lugano, Switzerland), monensin, and their combination on the performance and rumen fermentation of finishing steers fed a total mixed ration (TMR). Thirty finishing steers (441 kg body weight, 34.3 months old) consuming a TMR were blocked by BW and randomly assigned to three treatments according to the addition of: 1) EOTB (ANAVRIN<sup>®</sup> at 0.35 g/100 kg body weight); 2) MON (monensin at 0.033 g/kg dry matter); and 3) EOTB+MON (at the same dose as in 1 and 2). A 60-day feeding trial was conducted, including a 14-day adaptation period. Data collected included daily dry matter intake (DMI), average daily gain (ADG), feed conversion ratio (FCR), and rumen fermentation parameters (pH, N-NH<sub>3</sub> and volatile fatty acids (VFA) concentration). EOTB resulted in higher DMI compared to EOTB+MON, while no significant differences were observed in ADG or FCR. Ruminal pH and N-NH<sub>3</sub> concentration were similar among treatments, but there were interactions treatment×hour for VFA. The EOTB+MON led to a more stable VFA concentration in rumen, suggesting possible complementary supplementation effects. However, more studies are needed to confirm this, going deeper in the mechanism of action beyond.

**Keywords:** beef; natural additives; monensin; essential oils; tannins; bioflavonoids

## 1. Introduction

The rise in global beef meat demand imposes the need for a sustainable intensification of the production systems. Intensive beef production often faces challenges in optimizing both animal

performance, animal welfare and health, while reducing environmental impact. It is well known that in intensive meat production systems, good rumen functioning is directly associated with animal health. Due to the type of diet used in these systems, with very high proportions of concentrate, rumen health deserves special care to guarantee high gains and conversion efficiencies [1]. One of the most used additives for this purpose are ionophores, carboxylic polyether antibiotics naturally produced by *Streptomyces* spp. Particularly, monensin, ionophor produced by *Streptomyces cinnamomensis*, is widely used and studied [2]. This antibiotic acts mainly reducing cell viability of Gram+ bacteria and protozoa [3] and demonstrated to have positive effects performance and conversion in beef cattle [4]. Regarding ruminal parameters, de Moura et al. [5], reviewing 52 peer-reviewed publications reported that the administration of monensin does not affect NH<sub>3</sub>-N concentration, but alters the volatile fatty acids (VFA) profile by increasing propionate and decreasing butyrate concentration. The widespread use of monensin as a growth promoter in Europe ended in January 2006, when the regulation 1831/2003 of the European Parliament and of the Council (<https://eur-lex.europa.eu/legal-content/EN/TXT/PDF/?uri=CELEX:32003R1831>) became effective. This regulation prevented the use of antibiotics used as growth promoting agents in diets, and led to the search for alternatives, mainly through plant-derived compounds and extracts [6]. Anyway, due to the worldwide accepted action, even in Europe, monensin has continued to be used as positive control in experiments [7].

Essential oils (EOs) are plant-derived compounds widely used instead of monensin, and according to several reports could represent a good alternative [8,9]. However, according to others, monensin showed clearer effects than EOs [10]. Adding to this, there is very limited information regarding the synergy between essential oils and other phytogetic compounds, such as tannins, which could potentially enhance the effectiveness of the blend.

ANAVRIN® (ANAVRIN®, VetosEurope, Lugano, Switzerland) contains EOs, and also includes tannins and bioflavonoids, which can improve the action of the additive. The EOs are provided by cloves (*Syzygium aromaticum*), coriander seeds (*Coriandrum sativum*), and geranium (*Pelargonium cucullatum*). Cloves contain eugenol (4-allyl-2-methoxyphenol), known for its antimicrobial properties against both Gram-positive and Gram-negative bacteria [11]. Geranium oils provide also antibacterial, with additional antifungal [12], and antioxidant effects [13]. Coriander oils positively impacted on digestibility in ruminants by modulating rumen fermentation [14] and have recognized antioxidant and reducing power activities [15]. ANAVRIN® also contains tannins from chestnuts (*Castanea sativa*) with beneficial properties on protein metabolism and anti-inflammatory action [16,17], and bioflavonoids derived from olives (*Olea europaea*), which have antioxidants, anti-inflammatory, and antimicrobial properties [18]. Recent studies communicated that ANAVRIN® increased productivity of dairy cows [19] and beef calves [20], in experiments that compared its incorporation against control diets without additives. Comparative studies are required to assess ANAVRIN's efficacy across diverse production systems and conditions, and to evaluate its performance relative to monensin as a potential antibiotic replacement.

It is to note that monensin is not banned in several regions (e.g., North and South America). Considering that these are the regions with higher beef production in the world [21], it would be interesting to evaluate whether the mixture of both additives have complementary effects, due to the similar actions and expectations. The mechanisms of action, however, have not been sufficiently studied for phytogetic mixtures [22,23], among which is the additive under study.

This study aimed to provide information on the efficacy of a blend of essential oils, tannins, and bioflavonoids compared to monensin, while also investigating any potential additive effects from their combined use. Our objective was to evaluate the effects of a specific blend of essential oils, tannins, and bioflavonoids compared to monensin and a combination of both, on the performance and rumen fermentation parameters of finishing steers consuming a total mixed ration.

## 2. Materials and Methods

### 2.1. Experimental Design and Feeding Management

The experiment was conducted at the IPAV, Faculty of Veterinary Science, Universidad de la República (UdelaR), Uruguay (Ruta 1 km 42.5, San José, Uruguay; GPS coordinates -34.68486892825304, -56.541669330312466). Animal procedures and management adhered to the guidelines Animal Experimentation Ethics Committee of the UdelaR (Protocol: 11982021). Thirty crossbred beef steers ( $441 \pm 27$  kg body weight (BW),  $34.3 \pm 7.1$  months old) consuming a TMR were blocked by BW and randomly assigned to three dietary treatments (n=10 per treatment), which consisted in the addition to the TMR of: 1) EOTB (blend of essential oils, tannins, bioflavonoids); 2) MON (monensin) and 3) EOTB+MON.

The EOTB (ANAVRIN®), was provided at 0.35 g/100 kg body weight, monensin (Rumensin®, Elanco, Krebs, Uruguay), at 0.033 g/kg dry matter of TMR, and the combination (EOTB+MON) at the same individual dose as in 1 and 2 treatments.

Four steers per treatment had a rumen permanent catheter (8 mm diameter) inserted through the dorsal sac for rumen liquor sampling.

The TMR (Table 1) was formulated using the Beef Cattle Nutrient Requirements Model 2016 (Version 1.0.37.15) software [24] to achieve a target average daily gain (ADG) of 1.4 kg/day per animal. The TMR was prepared daily (08:00–10:00 h) using a vertical mixer (Mary S.R.L, Santa Catalina, Uruguay), weighed using a floor scale (EL-5 Marvic Ltd., Montevideo, Uruguay), and individually supplied for each steer. The steers were fed at 10:00 and 16:00 h, providing approximately half of the daily allowance for each meal. The TMR offered for each steer was adjusted every 12 days based on BW gain.

**Table 1.** Proportion of each component of the total mixed ration (TMR, % of DM) and chemical composition of feeds used (SD in parenthesis).

	TMR	CG	SM	Hay
<i>Ingredients of TMR</i>				
Ground corn grain (CG)	71,7			
Solvent extracted soybean meal (SM)	10,1			
Pasture hay (Hay)	17			
Vitamin-mineral premix <sup>1</sup>	1,2			
Water (% as feed)	27,1			
<i>Nutrient composition</i>				
DM, % as feed	88,3 (1,6)	86.7 (0.4)	91.3 (0.2)	86.6 (1.0)
OM	95,8 (0.4)	98.6 (0.01)	93.0 (0.01)	92.4 (0.007)
NDF	16,91 (2.8)	8.0 (0.4)	10.7 (0.4)	59.4 (1.0)
ADF	8,93 (0.8)	2.4 (0.1)	7.8 (0.9)	37.9 (0.6)
CP	11,42 (1.5)	9,0 (0,09)	38.6 (3.2)	6.3 (0.1)

<sup>1</sup> Vitamin-mineral premix (Agrifirm S.A., Uruguay): Anavrin® 0.35g / 100 kg BW; vitamina A, 53000 UI; vitamina D, 10600 UI; vitamina E, 200 UI; Co, 2.6mg/kg; I, 18.4mg/kg; Se inorg., 4.4mg/kg; Zn inorg., 1200mg/kg; Cu inorg., 421mg/kg; Na, 6.3 g/kg; Mg, 1.5g/kg; Ca, 22.0 g/kg.

The experiment lasted 60 days, including a 19-day adaptation period. Three 6-day periods for data collection and sampling were included, separated by 9-day intervals. Steers were housed in individual 15 m² open-air pens with shade, feeders, and water available ad libitum.

2.2. Dry Matter Intake, Average Daily Gain, and Feed Conversion Efficiency

Individual dry matter intake (DMI) of TMR was measured over 5 consecutive days of each period, weighing the feed offered and refused. Samples of the TMR offered and refused were taken each day and frozen at -20°C for further analysis.

Steer body weights were determined by averaging two consecutive daily measurements taken at days 0-1, 14-15, 27-28, 40-41, and 54-55. All weightings were conducted before TMR feeding (08:00–10:00 h), using a bovine scale (Terko, Tk3515c, Montevideo, Uruguay). Individual daily gain (DG, kg/d) for each steer was calculated as the difference in weight (kg) divided by the number of days between weightings. Feed conversion efficiency (FCE) was calculated as the ratio of DMI to the average DG (ADG) for the whole period.

### 2.3. Ruminal Environment

On the first day of each measurement period, approximately 50 ml rumen fluid samples were collected via rumen catheter at eight time points (09:30, 13:00, 15:00, 17:00, 19:00, 21:00, 03:00, and 09:30 h) to determine pH,  $\text{NH}_3\text{-N}$ , and VFA concentrations. Rumen pH was measured immediately using a digital pH meter (EW-05991-36, Cole Parmer, Vernon Hills, IL, USA). A rumen fluid subsample (1 ml) was preserved with 0.02 ml of 50% (v/v) sulfuric acid and another one with 1 ml of 0.1 M perchloric acid, and frozen at  $-20^\circ\text{C}$  for subsequent  $\text{NH}_3\text{-N}$  and VFA analysis, respectively. The  $\text{NH}_3\text{-N}$  concentrations were determined colorimetrically using a spectrophotometer (1200, UNICO®, United Products & Instruments Inc., Dayton, OH, USA) and a phenol-hypochlorite reaction [25]. The VFA (acetic, propionic and butyric) were analyzed by High-Performance Liquid Chromatography (HPLC; Dionex Ultimate 3000, Sunnyvale, CA) according to Adams et al. [26] using an Acclaim Rezex Organic Acid H+ (8%) column ( $7.8 \times 300$  mm) set to 210 nm. Total VFA concentration was calculated as the sum of acetic, propionic, and butyric acid concentrations.

### 2.4. Chemical Analysis of Feeds

Offered and refused feed samples were dried in a forced-air oven at  $60^\circ\text{C}$ , ground using a 1 mm sieve mill (Arthur H. Thomas Co., Philadelphia, USA), and analyzed for dry matter (DM) and ash content [27] (Methods 942.05 and 934.01, respectively). Organic matter (OM) was calculated as the difference between DM and ash. Total N was determined using the Kjeldahl method [27] (Method 984.13), and crude protein (CP) was calculated as  $\text{N} \times 6.25$ . Neutral detergent fiber (NDF) with  $\alpha$ -amylase and sodium sulfite, acid detergent fiber (ADF) [28] were determined, and values presented include residual ash.

### 2.5. Statistical Analysis

Data were analyzed using SAS version 9.0 (SAS Institute Inc.). Outliers were identified using the PROC UNIVARIATE. The variables DMI, weight gain, and DG, data were analyzed by the PROC MIXED using the model:

$$Y_{ijk} = \mu + B_i + T_j + P_k + T_j \times P_k + e_{ijk}$$

Where:  $Y_{ijk}$  = dependent variable;  $\mu$  = overall mean;  $B_i$  = random effect of block ( $i = 1$  to 5);  $T_j$  = fixed effect of treatment ( $j = \text{EOTB, MON, EOTB+MON}$ );  $P_k$  = random effect of period for DMI or day of measurement for BW or DG ( $k = 1$  to 3 or 1 to 5);  $T_j \times P_k$  = fixed effect of the interaction between treatment and period;  $e_{ijk}$  = residual error. For ADG, FCE only the random effect of the block and the fixed effect of treatment were included in the model.

The variables pH,  $\text{NH}_3$  and VFA were analyzed as repeated measures over time using the following model:

$$Y_{ijkl} = \mu + B_i + T_j + P_k + T_j \times P_k + H_l + T_j \times H_l + e_{ijkl}$$

This model included, in addition to the above-mentioned effects, the fixed effects of hour of measurement ( $H_l = 9:30, 13:00, 15:00, 17:00, 19:00, 21:00, 03:00$  h) and the interaction between treatment and hour ( $T_j \times H_l$ ). A spatial power (SP(POW)) for irregularly spaced data, and Tukey's test was used for mean separation, with significance declared at  $P < 0.05$ .

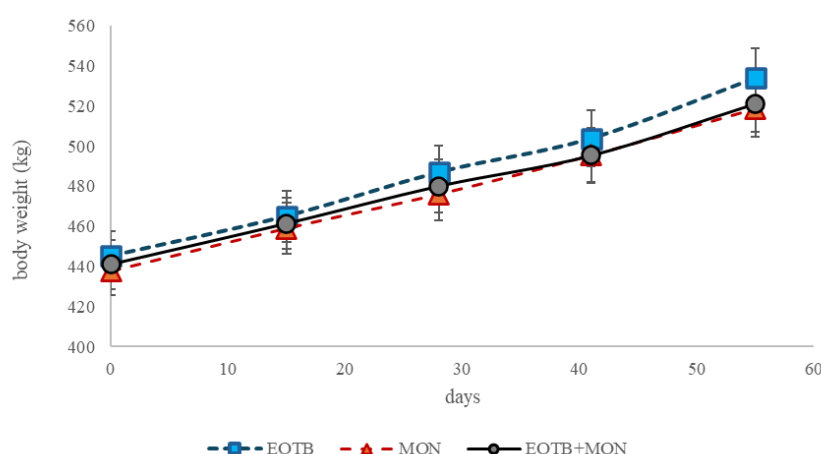
## 3. Results

The EOTB treatment led to higher DMI compared to EOTB+MON ( $P=0.02$ ) and this was the only difference on intake and performance (Table 2, Figure 1).

**Table 2.** Intake and performance of steers fed a total mixed ration and supplemented with a blend of essential oils, tannins and bioflavonoids (EOTB), monensin (MON), or their combination (EOTB+MON).

	EOTB	MON	EOTB+MON	SEM	P
DMI, kg/d	12.3 <sup>a</sup>	11.8 <sup>ab</sup>	11.3 <sup>b</sup>	0.46	0.02
Initial BW, kg	447.1	440.9	435.9	11.50	0.62
Final BW, kg	534.7	519.8	516.3	15.26	0.33
Average DG, kg/d (60d)	1.5	1.3	1.4	0.10	0.40
FCR, DMI/DG	8.7	9.1	8.9	0.66	0.90

DMI, dry matter intake; BW, body weight; DG, daily gain; FCR, feed conversion rate; SEM, standard error of the mean; <sup>a,b</sup> values with different superscript within the same row are different ( $P<0.05$ ); <sup>x,y</sup> values with different superscript within the same row are tendencies ( $0.05<P<0.1$ ).



**Figure 1.** Body weight evolution of steers fed a total mixed ration and supplemented with a blend of essential oils, tannins and bioflavonoids (EOTB), monensin (MON), or their combination (EOTB+MON). The bars represent the standard error of the mean.

No differences were observed between treatments for average daily gain (ADG) or feed conversion rate (FCR).

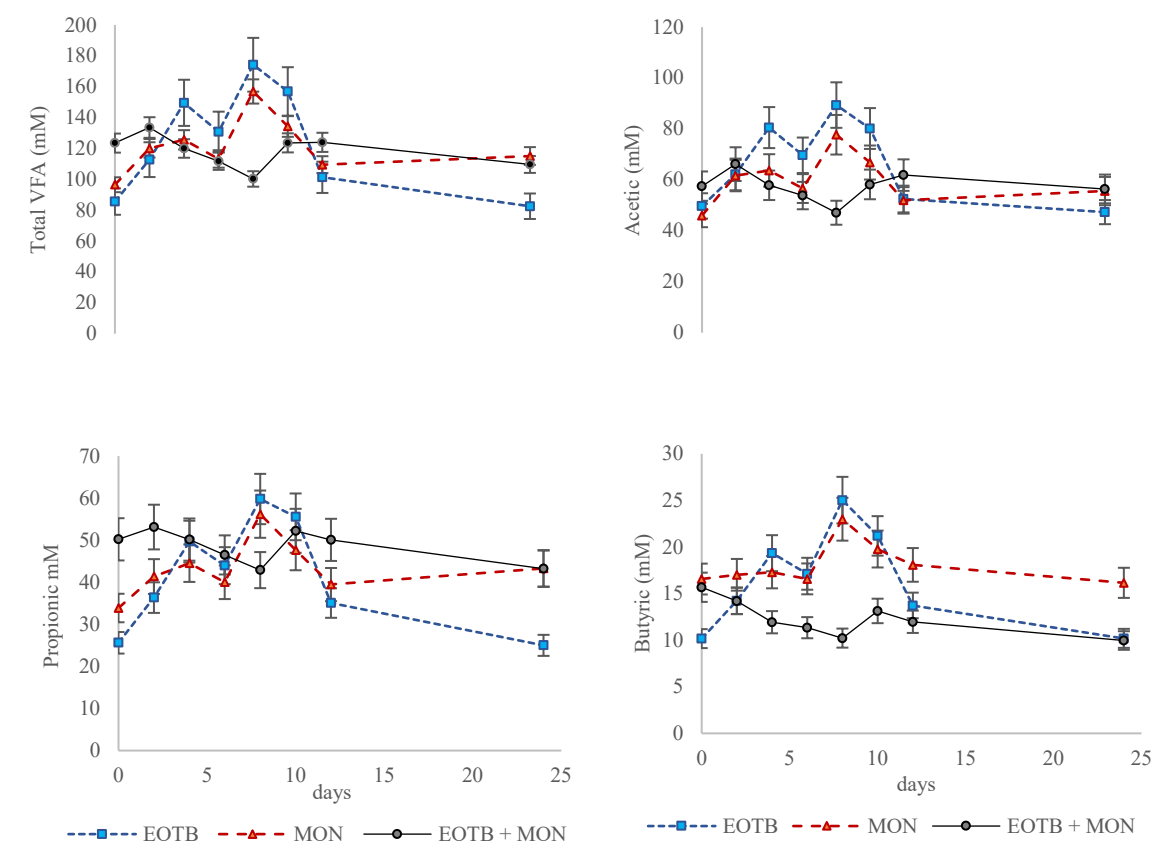
Rumen fermentation variables (Table 3) showed little variation among treatments. There were no differences for pH, NH<sub>3</sub>, and total and individual VFA expressed as percentages. However, interactions treatment  $\times$  hour for total VFA, acetic and butyric acids expressed in Mm, being more stable when the combination of additives was used, respect to the other two (Figure 2). Between treatments, the percentage of butyric acid was higher for MON respect to EOTB+MON ( $P=0.02$ ), and there was a tendency for a higher propionic for EOTB+MON respect to EOTB ( $P=0.06$ ). Between treatments, the percentage of butyric acid was higher for MON respect to EOTB+MON ( $P=0.02$ ), and there was a tendency for a higher propionic for EOTB+MON respect to EOTB ( $P=0.06$ ).

**Table 3.** Rumen environment of steers fed a total mixed ration and supplemented with a blend of essential oils, tannins and bioflavonoids (EOTB), monensin (MON), or their combination (EOTB+MON).

	EOTB	MON	EOTB+MON	SEM	P		
					T	H	T $\times$ H
pH	6.0	5.8	5.9	0.06	0.18	<0.01	0.94
Total VFA, mM	127.3	123.4	119.4	8.80	0.75	<0.01	0.03
Acetic, mM	67.0	63.6	56.3	5.39	0.15	<0.01	0.05
Propionic, mM	44.2	42.6	49.7	5.90	0.50	<0.01	0.11

Butyric, mM	16.2 <sup>ab</sup>	18.4 <sup>a</sup>	14.4 <sup>b</sup>	1.77	0.01	<0.01	0.01
Acetic, %	53.7	50.1	47.4	3.51	0.37	<0.01	0.10
Propionic, %	33.3 <sup>y</sup>	34.9 <sup>x, y</sup>	42.1 <sup>x</sup>	3.27	0.06	<0.01	0.84
Butyric, %	13.0 <sup>ab</sup>	14.7 <sup>a</sup>	11.5 <sup>b</sup>	1.42	0.02	0.21	0.18
Acetic/Propionic	1.7	1.5	1.1	0.26	0.18	<0.01	0.81
NH <sub>3</sub> , mg/dl	17.9	16.9	20.7	8.20	0.684	<0.01	0.90

VFA, volatile fatty acids; SEM, standard error of the mean; T, treatment; H, hour; T × H, interaction between treatment and hour; <sup>a,b</sup> values with different superscript within the same row, are different for the treatment effect (P<0.05); <sup>x,y</sup> values with different superscript within the same row are tendencies for the treatment effect (0.05<P<0.1).



**Figure 2.** Ruminal volatile fatty acids (VFA) kinetics of steers fed a total mixed ration and supplemented with a blend of essential oils, tannins and bioflavonoids (EOTB), monensin (MON), or their combination (EOTB+MON). The bars represent the standard error of the mean.

#### 4. Discussion

It is worth noting that this study did not include control treatment without additives. While this study design does not permit isolating the impact of each additive on productive performance, it offers the innovative advantage of enabling a direct comparison of the two additives and their combined effect.

Only minor differences in voluntary intake were observed among treatments. Similarly, Diepersloot et al. [29], working with high producing dairy cows, reported no difference in DMI after adding EOs, monensin, or a combination of both for 10 weeks. However, the additive's effect on intake varied by week. According to Wood et al. [30], the intake reduction triggered by monensin is

to be dose dependent. These authors studied the effect of increasing the dose of monensin in crossbreed finishing heifers, and observed a linear decrease of DMI as the dose increased from 0 to 48 mg monensin/kg of TMR. The highest dose employed by those authors was equivalent to 60 mg/kg DM, while in our study, monensin was provided at 33 mg/kg DM. Although the effect of monensin in reducing DMI is well-documented [30,31], there is less information available regarding the impact of EOs blends. In a recent study by Silvestre et al. [32], working with dairy cow, did not find effect on DMI after adding EOs from geranium and cloves to the diet, and Atzori et al. [33] didn't find differences between a control diet, and the same diet supplemented with the blend of EOs, tannins and bioflavonoids used in this article, in dairy sheep. This aligns with the findings of the meta-analyses of Belanche et al. [9], who indicated that the essential oil blend had no impact on DMI or milk composition. The only difference observed in the present study was a higher DMI in EOTB treatment compared to EOTB+MON, which suggests that the studied blend counteracted the intake-reducing effect of monensin. In our study, the inclusion of tannins does not appear to have negatively affected intake, as reported in the literature [34].

The higher intake in EOTB did not affect ADG or FCR, which showed no differences between treatments. Although the absolute values could suggest a higher ADG with EOTB treatments, the absence of differences indicates that more animals would be needed to confirm this assumption.

Rumen pH values observed in this study were comparable to those reported for similar diets and remained above the levels deemed at risk [35]. The similarity of rumen pH among treatments is consistent with the absence of differences in VFA concentrations. Neither Diepersloot et al. [29] nor Flores et al. [36] observed major differences in pH or VFA concentrations. The only notable finding reported by the latter was an increase in butyrate concentration. It is noteworthy that although tannins are generally recognized as VFA concentration reducers [37], in the EOTB treatment VFA were not reduced. This can be due because of the type of tannins contained in this specific blend (from chestnut). Buccioni et al. [38], studying the effect of adding chestnut or quebracho tannins to dairy sheep diets, reported that tannins from quebracho reduced VFA concentrations, but tannins from chestnuts increased their concentration respect to the control. Among VFA, the higher butyric percentage observed with monensin can be related with the fact that *Butyrivibrio fibrisolvens*, a butyric acid-producing Gram-positive bacteria, is insensitive to dietary ionophores [3].

The interaction observed in VFA kinetics along time, with a more stable VFA concentration for EOTB+MON is an interesting finding. Although there is a slight effect, this can evidence a possible complementary action between monensin and this EOTB blend, which should be confirmed by deeper studies in rumen environment and microbiota. It is known that EOs, tanins and bioflavonoids can modify rumen microbiota [6,39,40]. However, the diversity of components and their specific actions make it difficult to identify the precise mechanisms at work in this situation.

The lack of differences in ruminal ammonia concentrations was expected. Monensin is known to inhibit amino acid-fermenting bacteria [41]. The blend of EOTB, on the other hand, contains tannins, which are known to reduce protein degradation by forming insoluble complexes with proteins [42]. Therefore, although through different mechanisms, both additives tend to reduce ruminal ammonia concentrations. The different mechanisms of both additives suggest potential complementarity, leading to the expectation that the EOTB+MON treatment would result in lower ammonium concentrations, which was not observed.

## 5. Conclusions

The addition of a blend of essential oils, tannins, bioflavonoids to finishing steers fed total mixed ration resulted in similar performance outcomes to monensin. However, the more stable volatile fatty acids concentration along time with the treatment that combined both additives, can support a possible complementary action, which should be confirmed by microbiome profile studies.

**Author Contributions:** Conceptualization, J.L.R. and C.C.; methodology, J.L.R., E.C., A.S and C.C.; software, E.C. and A.S.; validation, J.L.R., E.C., A.S., G.C. and C.C.; formal analysis, E.C. and A.S.; investigation, E.C. and G.C.;

resources, J.L.R. and C.C.; data curation, E.C.; writing—original draft preparation, J.L.R. and C.C.; writing—review and editing, J.L.R., E.C., A.S., G.C. and C.C. ; visualization, E.C. and C.C.; supervision, J.L.R. and A.S.; project administration, C.C.; funding acquisition, C.C. All authors have read and agreed to the published version of the manuscript.

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**Institutional Review Board Statement:** The study was conducted in accordance with the Declaration of Helsinki and approved by the Animal Experimentation Ethics Committee of the UdelaR (Protocol: 11982021).

**Informed Consent Statement:** Not applicable.

**Data Availability Statement:** The data presented in this study are available on request from the corresponding author due to research agreement restrictions.

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**Conflicts of Interest:** The experimental design of this study was discussed and agreed with Campo Express S.A. The authors declare no conflicts of interest.

## Abbreviations

The following abbreviations are used in this manuscript:

ADF Acid Detergent Fiber  
 ADG Average Daily Gain  
 BW Body Weight  
 CP Crude Protein  
 CG Ground Corn Grain  
 DM Dry Matter  
 DMI Dry Matter Intake  
 EOTB Essential Oil Tannin Blend  
 EOTB+MON Combination of EOTB and MON  
 FCR Feed Conversion Ratio  
 HPLC High-Performance Liquid Chromatography  
 MON Monensin

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