Review

# Biothermodynamics of Viruses from Absolute Zero (1950) To – Virothermodynamics (2022)

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**Abstract:** Biothermodynamics of viruses is among the youngest, but rapidly developing scientific disciplines. During the COVID-19 pandemic, it has closely followed the results published by molecular biologists. Empirical formulas were published for 50 viruses and thermodynamic properties for multiple viruses and virus variants, including all variants of concern of SARS-CoV-2, SARS-CoV, MERS-COV, Ebola virus, Vaccinia and Monkeypox virus. A review of development of biothermodynamics of viruses during the last several decades and intense development during the last 3 years has been described in this paper.

**Keywords:** Thermodynamics; Calorimetry; Entropy; Enthalpy; Gibbs energy; Virus-host interaction; SARS-CoV-2; COVID-19; Ebola virus

#### 1. Introduction

#### 1.1. From Thermodynamics to biothermodynamics

There is a common opinion among many that thermodynamics is a scientific discipline related to machines, engines and devices, being related mostly to efficiency of energy transformation and utilization. Indeed, Lazarus Carnot [1786, 1803] and his son Sadi Carnot [1824] have through their brilliant research imposed such a perception into public during over two centuries [Müller, 2010]. In that way, classical thermodynamics began its development. It is less widely known that, simultaneously with classical thermodynamics, appeared biothermodynamics. Lavoisier and Laplace [Lavoisier and marquis de Laplace, 1783; Lavoisier and DeLaplace, 1994] developed the first calorimeter and one of the first samples for calorimetry was an organism - live mouse. Thus, simultaneously with classical thermodynamics, biothermodynamics started its development.

Often, the same researchers worked in the field of classical thermodynamics and biothermodynamics. Indeed, Boltzmann [1974], one of the founders of statistical thermodynamics, has written about change in entropy in living organisms. Clausius [1867, 1870, 1976] has laid the theoretical foundations of classical thermodynamics, with the goal of analysis of machines. However, von Bertalanffy [1950] has suggested the theory of open systems in biology. Schrödinger in his famous book "What is Life?" discussed the thermodynamic background of life processes [Schrödinger, 1944]. Morowitz [1992, 1968, 1955] has discussed potential controversies related to self-assembly in organisms and emergence of life, and the second law of thermodynamics.

Growth is one of the main characteristics of organisms. The answer to the question of what represents the driving force for growth of organisms was given by von Stockar [von Stockar and Liu, 1999; von Stockar, 2013a, 2013b; von Stockar et al., 2006; Patiño et al., 2007]. It seems that biothermodynamics has, even though it is less widely known than classical thermodynamics, has been equally long in the scientific arena and has given impressive results. Hansen analyzed whether an extended thermodynamic framework can be used to analyze processes in organisms that involve information, such as biological evolution [Hansen et al., 2021, 2018, 2009]. Application of thermodynamics to biological

evolution was also discussed by Skene [2015]. Battley has made a great contribution towards applying the quantitative thermodynamic approach to living organisms and life processes [Battley, 2013, 1999a, 1999b, 1998, 1997, 1992]. Quantifying thermodynamic properties of organisms has also been contributed by Roels [Roels, 1983; von Stockar and Liu, 1999], and Sandler [Sandler and Orbey, 1991; Sandler, 2017]. Barros has applied thermodynamics to study growth of microorganisms in soil ecosystems [Barros, 2021; Barros et al., 2020, 2016]. Maskow has applied calorimetry and thermodynamic analysis to study growth of microorganisms in bioreactors [Maskow, 2013; Maskow and Harms, 2006] and ecosystems [Maskow et al., 2010a; Maskow and Paufler, 2015], as well as viruses in host cells [Maskow et al., 2010b]. Gushoeng et al. [2003] have also applied calorimetric methods to study multiplication of bacteriophages inside host cells.

### 1.2. Biothermodynamics intersects with biochemistry

Thermodynamic characterization of life processes has been a subject of interest for many researchers. Von Stockar et al. [2013, 2006] applied thermodynamics to quantitatively analyze thermodynamic feasibility of complex metabolic pathways, like glycolysis. Thermodynamic analysis has been used to find accurate Gibbs energy values with activity coefficient corrections, for important biological reactions, including Hexokinase reaction [Meurer et al., 2016], Glucose-6-phosphatase reaction and ATP hydrolysis [Meurer et al., 2017], 3-phosphoglycerate kinase reaction [Wangler et al., 2018], Triosephosphate isomerase reaction [Greinert et al., 2020a], Enolase reaction [Greinert et al., 2020b], and Glyceraldehyde 3-phosphate dehydrogenase reaction [Greinert et al., 2020c]. Also, thermodynamic analysis has been made of cellulose hydrolysis by microorganisms into aqueous glucose solution [Popovic et al., 2019]. Niebel et al. [2019] found that cellular metabolism is governed by an upper limit in Gibbs energy dissipation, using metabolomics. Ould-Moulaye et al. [1999] found Gibbs energy changes for the reactions in glycolysis and Krebbs cycle. Kümmel et al. [2006] discuss applications of thermodynamics in metabolic network models.

The importance of thermodynamic considerations in life sciences are clearly seen from the Gibbs energy being used to define catabolic and anabolic processes [Berg et al., 2002]. Annamalai used the quantitative thermodynamic approach to study the metabolic processes [Annamalai, 2021; Annamalai and Miller, 2017] and aging of organisms [Annamalai and Nanda, 2017; Annamalai and Silva, 2012; Silva and Annamalai, 2009, 2008, 2006]. Hayflick was among the first who related a thermodynamic property (entropy) to the aging process, in a series of papers [Hayflick, 2016, 2010, 2007a, 2007b, 2003, 2001, 1998, 1985].

# 1.3. From Biothermodynamics to virothermodynamics

Viruses are the most numerous organisms: there are more viruses than stars in the Universe [Wu, 2020]. There are 9,110 named species listed by the International Committee on Taxonomy of Viruses (ICTV) [Dance, 2021]. Until 2019, despite the wide variety of viruses, they have been the subject of research of microbiology, virology, biology and medicine. However, inside host cells, viruses represent growing open chemical and thermodynamic systems [Popovic, 2022j, 2018a, 2018b, 2017]. Until 2019, elemental composition was known only for the poliovirus [Wimmer, 2006; Molla et al., 1991]. This is a consequence of the fact that analytical laboratories rarely have biosafety levels required for work with most viruses, as well as the fact that viruses are difficult to isolate in sufficient amount and purity [Popovic, 2022a]. Until recently, viruses were not a subject of thermodynamic research. Thermodynamic properties of virus particles and nucleocapsids were unknown.

With the appearance of COVID-19 pandemic, various scientific disciplines attempted to give in the shortest time possible their contribution to the fight against the pandemic. Molecular biology has played an important role, with the reading of genetic sequences of SARS-CoV-2. Thermodynamics has joined the fight and in 2020, thermodynamic properties have been published for multiple viruses [Popovic and Minceva, 2020a]. An analysis was made of virus-host

interactions in the cytoplasm (virus multiplication) [Popovic and Minceva, 2020a]. The first empirical formula and thermodynamic properties of the Hu-1 variant of SARS-CoV-2, as well as SARS-CoV and MERS-CoV, were published in 2020 [Popovic and Minceva, 2020b]. In 2020, in parallel with the COVID-19 pandemic, an epidemic caused by the rhinovirus occurred, while the influenza epidemic has not occurred that year. An explanation of coinfection by rhinovirus and SARS-CoV-2, and interference between influenza and SARS-CoV-2 has been published in [Popovic, 2021a]. SARS-CoV-2 belongs to the group of RNA viruses, which exhibit a great tendency to mutate [Duffy, 2018]. Thus, during 2.5 years of the pandemic, the virus has mutated several dozen times [Callaway, 2020; Barton et al., 2021; Wang et al., 2021]. The mutants have suppressed the older variants and caused new waves of the pandemic. Elemental composition and thermodynamic properties of SARS-CoV-2 variants from Hu-1 to Omicron BA.2.75 have been published in [Popovic and Popovic, 2022; Popovic, 2022b, 2022c, 2022d, 2022e, 2022f; Şimşek et al., 2021; Degueldre, 2021; Popovic and Minceva, 2020b]. Biothermodynamic characterization of viruses was continued on Monkeypox, Vaccinia and Ebola viruses [Popovic, 2022g, 2022h].

Infectivity and pathogenicity are terms mostly used in microbiology, biology and medicine. These terms have their physical basis and driving forces in biothermodynamics. The basis of infectivity of viruses is susceptibility and permissiveness (binding affinity and multiplication rate, respectively). Antigen-receptor binding represents a chemical reaction, similar to protein-ligand interactions [Du et al., 2016]. The driving force for antigen-receptor binding is Gibbs energy of binding [Popovic and Popovic, 2022; Popovic, 2022c, 2022f; Gale, 2021, 2020, 2019, 2018]. Thus, biothermodynamic consideration and determination of Gibbs energy of binding is very important for infection spreading [Lucia et al., 2020a, 2020b]. More negative Gibbs energy of binding of new variants has given an advantage during entry of a new strain over older ones, which has led to faster spreading of the virus and shorter incubation period. Gibbs energies of binding and binding affinities of viruses have been reported in the literature for various viruses [Casasnovas and Springer, 1995; Gale, 2021, 2020, 2019, 2018; Popovic and Popovic, 2022; Popovic, 2022b, 2022b, 2022c, 2022d, 2022e, 2022f, 2022f, 2022h].

To explore the interaction between a virus and its human host, it was necessary to find thermodynamic properties for host organisms. Thermodynamic properties have been reported for human tissues [Popovic and Minceva, 2020c; Popovic, 2022h]. Thermodynamic properties of plant host organisms have been reported in [Popovic and Minceva, 2021b]. Phage-bacteria interactions are often used as a model in research of virus-host interactions. Thus, thermodynamic properties have been determined for a large number of bacteria [Popovic, 2019; Popovic et al., 2021; Duboc et al., 1999; Wang et al., 1976; Battley et al., 1997] and bacteriophages [Guosheng et al., 2003; Maskow et al., 2010b; Popovic and Minceva, 2020a].

The second virus-host interaction is in the cytoplasm. In the paper [Popovic and Minceva, 2020a, 2020b] a biothermodynamic mechanism was suggested for virus hijacking of host cell metabolism. The permissiveness represents the ability of a virus to multiply inside the host [Hou et al., 2017]. Multiplication of a virus represents a chemical reaction of polymerization of nucleotides into nucleic acids, and amino acids into structural and functional proteins of the virus [Popovic, 2022h]. The driving force for these reactions is Gibbs energy of biosynthesis [Popovic, 2022i]. After their biosynthesis, the virus components undergo self-assembly into the new virus particle [Buzón et al., 2020; Garmann et al., 2019]. During biosynthesis and self-assembly viruses change their thermodynamic properties [Popovic, 2014a, 2014b]. Thus, the virus life cycle represents a biological, chemical and thermodynamic process that should be analyzed using nonequilibrium thermodynamic apparatus [Popovic and Minceva, 2021c].

The aim of this review paper is to summarize the intense development in the field of biothermodynamics of viruses during the last few decades and try to predict directions of future development of the youngest scientific discipline – virothermodynamics.

# 2. Methods and Results

This section discusses the methodologies used in biothermodynamics of viruses and the results they provide. First, the experimental techniques are discussed, followed by theoretical approaches.

2.1. Experimental approaches in biothermodynamics of viruses

Binding affinities of virus antigens to host cell receptors (susceptibility) have been measured using surface plasmon resonance [Rusnati et al., 2015; Han et al., 2022] and non-competitive ELISA approach [Beatty et al., 1987; Wu et al., 2022]. Surface plasmon resonance (SPR) gives kinetic and thermodynamic data on antigen-receptor binding, including association rate constant,  $k_{off}$ , and dissociation equilibrium constant,  $K_D$  [Rusnati et al., 2015; Han et al., 2022]. SPR is a label free optical technique that measures biomolecular interactions in real time, by detecting reflected light from a prism-gold film interface [Rusnati et al., 2015]. The non-competitive ELISA approach measures thermodynamic properties of antigen-receptor binding [Beatty et al., 1987; Wu et al., 2022]. It represents a simple, rapid, and reliable method for measuring dissociation equilibrium constants,  $K_D$  [Beatty et al., 1987; Wu et al., 2022]. The experimental results can be used to calculate other important parameters of antigen-receptor binding, including binding equilibrium constants,  $K_B$ , standard Gibbs energies of binding,  $\Delta_B G^0$ , binding phenomenological coefficients,  $L_B$ , and binding rates,  $r_B$  [Popovic, 2022c, 2022f].

Calorimetry has been used to study viruses, including differential scanning calorimetry (DSC), isothermal titration calorimetry (ITC) and reaction calorimetry. Differential scanning calorimetry (DSC) measures the difference in heat absorption rates between sample and reference during gradual heating, revealing various thermal effects such as phase transitions or protein unfolding [Privalov, 2012; Sarge et al., 2014]. DSC has been used since the 1970s in research on viruses, including measurements of energetics of virus capsid self-assembly and denaturation [Krell et al., 2005; Yang et al., 2017], virus particle structure [Bauer et al., 2015, 2013], thermal stability [Yang et al., 2017; Makarov et al., 2013; Virudachalam et al., 1985a, 1985b], virus identification [Krell et al., 2005], virus denaturation [Toinon et al., 2015; Brouillette et al., 1982], entry into host cell [Banerjee et al., 2010; Nebel et al., 1995], capsid self-assembly [Sturtevant et al., 1981; Stauffer, 1970] and vaccine development [Deschuyteneer et al., 2010; Wang et al., 2015].

While DSC performs measurements by changing temperature, isothermal titration calorimetry (ITC) measures heat released or absorbed when as a reagent is titrated into a solution at constant temperature [Privalov, 2012; Sarge et al., 2014]. ITC was also applied to study a wide range of phenomena related to viruses, such as virus adsorption and disassembly [Yu et al., 2015], influence on metabolism and cell cycle [Javorsky et al., 2022; Prins et al., 2010], apoptosis inhibition [Anasir et al., 2017; Aladag et al., 2014], virus structure and entry into host cells [Liu et al., 2014], nucleocapsid self-assembly [Maassen et al., 2019], inactivation [Yang et al., 2020; Kawahara et al., 2018], immune response evasion [Gao et al., 2021], antiviral therapy development [Zhou et al., 2022; Noble et al., 2016; Sharma et al., 2016 Byrn et al., 2015], vaccine development [Vorobieva et al., 2014] etc. Finally, reaction calorimetry or isothermal microcalorimetry measures heat released or absorbed during a chemical reaction, usually at constant temperature (without titration like in ITC) [Privalov, 2012; Sarge et al., 2014]. Reaction calorimetry has been applied to study virus multiplication inside host cells [Sigg et al., 2022; Tkhilaishvili et al., 2018a; Guosheng et al., 2003; Morais et al., 2014], phage action against bacterial biofilms [Tkhilaishvili et al., 2020a, 2020b, 2018a, 2018b, 2018c; Wang et al., 2020a, 2020b], phage-bacteria interactions [Fanaei Pirlar et al., 2022; Wang et al., 2020c], phage transition from lytic into lysogenic cycles [Maskow et al., 2010b], antiviral therapy [Shadrick et al., 2013; Tkhilaishvili, 2022; Gelman et al., 2021], and influence on marine ecosystem metabolism [Djamali et al., 2012].

# 2.2. Theoretical approaches in biothermodynamics of viruses

Thermodynamic properties of viruses can be calculated using biothermodynamic methodology. Thermodynamic properties of virus biosynthesis can be found from virus elemental composition in three steps:

- (1) empirical formula
- (2) thermodynamic properties of live matter
- (3) thermodynamic properties of biosynthesis

The first step is to find empirical formulas of virus live matter. This can be done using the atom counting method [Popovic, 2022a], which gives elemental composition of viruses using widely available data on genetic sequences [Sayers et al., 2022; NCBI, 2022; Khare et al., 2021; Elbe and Buckland-Merrett, 2017; Shu and McCauley, 2017], protein sequences [Sayers et al., 2022; NCBI, 2022; UniProt Consortium, 2021] and virus morphology [Popovic, 2022a]. The second step is to calculate thermodynamic properties of virus live matter, using predictive biothermodynamic models [Popovic, 2022a]. Elemental composition of virus live matter can be used to find its thermodynamic properties using the Patel-Erickson equation [Patel and Erickson, 1981; Battley, 1998; Popovic, 2022c, 2019], Battley equation [Battley, 1999; Popovic, 2022c, 2019] and Hurst-Harrison equation [Hurst and Harrison, 1992; Ozilgen and Sorgüven, 2017]. The third step is to use elemental composition of live matter to construct biosynthesis reactions for the viruses [Popovic, 2022c; Popovic and Minceva, 2020a]. The biosynthesis reactions are combined with thermodynamic properties of live matter to find thermodynamic properties of growth [Popovic, 2022c; Popovic and Minceva, 2020a].

Phenomenological equations are an important tool, relating thermodynamic and kinetic properties of processes [Demirel, 2014; Balmer, 2010; von Stockar, 2013a]. Phenomenological equations are intuitive and simple to apply, stating that the rate of a process is proportional to its thermodynamic driving force - Gibbs energy [Demirel, 2014; Balmer, 2010]. A phenomenological equation for a chemical process has the general form [Demirel, 2014; Balmer, 2010]

$$r = -\frac{L}{T}\Delta G \tag{1}$$

where r is the rate of a chemical process, T temperature, while  $\Delta G$  is Gibbs energy change of the process. L is a constant known as phenomenological coefficient and is specific for each process. Phenomenological equations can be applied to both antigen-receptor binding and virus multiplication inside host cells [Popovic, 2022c, 2022f]. In case of antigen-receptor binding, the binding phenomenological equation relates binding rate,  $r_B$ , and Gibbs energy of binding,  $\Delta_B G$ :

$$r_B = -\frac{L_B}{r} \Delta_B G \tag{2}$$

where *L*<sup>B</sup> is the binding phenomenological coefficient [Popovic, 2022c, 2022f, 2022k].

Similarly, growth phenomenological equation relates the rate of biosynthesis of virus components,  $r_{bs}$ , to Gibbs energy of biosynthesis,  $\Delta_{bs}G$ :

$$r_{bs} = -\frac{L_{bs}}{T} \Delta_{bs} G \tag{3}$$

where  $L_{bs}$  is the biosynthesis phenomenological coefficient [Popovic, 2022h, 2022c, 2022k]. Phenomenological equations have also been applied to analyze growth of bacteria [von Stockar, 2013; Demirel, 2014].

# 3. Discussion

The path from thermodynamics to biothermodynamics was very short. The researchers who laid the foundations of classical thermodynamics were also the first to apply them to living organisms [Lavoisier and marquis de Laplace, 1783]. The road from biothermodynamics to biothermodynamics of viruses, virothermodynamics, has been much longer. It lasted 150 years. In that period, the basis was laid for experimental measurements on virus samples, as well as the methodology for theoretical analysis. Thus, the opportunities for virus research offered by

biothermodynamics are great. However, the limiting factor for research represents the problem of providing biological samples of sufficient size and adequate purity, high sample prices, as well as finding laboratories with required biosafety level and personnel ready to work on biothermodynamics [Popovic, 2022a]. Having in mind that the discipline is really young, biothermodynamics courses are rarely offered at universities in Europe, even though it seems that students are showing interest for this discipline. In this early period of development of biothermodynamics of viruses, of particular importance are results of molecular biology, which have made widely available the data on sequences of nucleic acids and proteins, as well as the work of virologists who made available data on virus morphology.

In the introduction section, it was mentioned that viruses represent the most numerous living organisms. Moreover, there is nearly 10 000 different virus species. However, during the last few years, empirical formulas have been determined for less than 50 species, while thermodynamic properties are known for less than 70 species. Various virus species (and variants) are characterized by specific empirical formulas. For example, the Hu-1 variant (wild type) of SARS CoV-2 is characterized by its specific empirical formula CH<sub>1.6390</sub>O<sub>0.2851</sub>N<sub>0.2301</sub>P<sub>0.0065</sub>S<sub>0.0038</sub> [Popovic and Minceva,

2020b; Popovic, 2022f]. The empirical formula of the Ebola virus is CH<sub>1.569</sub>O<sub>0.3281</sub>N<sub>0.2786</sub>P<sub>0.00173</sub>S<sub>0.00258</sub> [Popovic, 2022f]. This difference in empirical formulas can be used for identification of various virus species and their variants, using single particle inductively coupled plasma mass spectroscopy analysis (SP-ICP-MS) [Degueldre, 2021] or the atom counting method [Popovic, 2022a]. Moreover, each variant of SARS-CoV-2 is characterized by its own empirical formula [Popovic, 2022b, 2022c, 2022d, 2022e, Popovic and Minceva, 2020b].

*Panta rhei*. World is moving and changing. The natural driving forces are hidden in the objective world and the human body. What were the physicochemical forces that drives life? Organisms perform biological and chemical processes. The driving force of all chemical processes in animate and inanimate matter represents Gibbs energy [Atkins and de Paula, 2011, 2014; Balmer, 2011; Demirel, 2014, von Stockar, 2013a]. This is why Gibbs energy represents the driving force for interactions of organisms with their environment [von Stockar, 2013a, 2013b; von Stockar and Liu, 1999; Liu et al., 2007; Patiño et al., 2007].

Viruses represent obligate intracellular parasites [Gelderblom, 1996]. This is why the environment of viruses during their life cycle is animate matter – host cell. Thus, the virus interacts with its host cell at the membrane, by binding to specific receptors on host cell surface and entry into host cells, as well as inside the cell in the cytoplasm, performing replication, transcription, translation, self-assembly and maturation. After maturation, new virions leave the cell, leading to its damage. All these phenomena represent chemical reactions or physical processes. Antigenreceptor binding represents a chemical reaction similar to protein ligand interactions [Popovic, 2022f, Du et al., 2016]. Transcription represents the process of transmission of information that in its basis represents polymerization of nucleotides into RNA [Pinheiro et al., 2008]. Translation represents a process of conversion of information from the RNA code into a protein code, based on a polymerization reaction of amino acids [Lee et al., 2020]. Both these process, as well as replication of nucleic acids [Dodd et al., 2020; Johansson and Dixon, 2013] are driven by Gibbs energy of biosynthesis. Biosynthesis reaction of structural and functional proteins of cells and biosynthesis of virus components are competitive. According to equations (1) and (3), reaction rate depends on Gibbs energy of biosynthesis. During competition, the reaction that occurs faster has an advantage. This is the way in which a virus hijacks the host cell's metabolism. In order to predict the outcome of this interaction, it is necessary to know thermodynamic properties (Gibbs energy, entropy and enthalpy) of both the virus and its host cell.

The permissiveness coefficient represents the ratio of rates of biosynthesis of virus components and host cell components. A permissiveness coefficient greater than 1 indicates the advantage in synthesis of virus components, leading to a successful viral life cycle inside the host. The permissiveness coefficient, *P*, is given by the equation

$$P = \frac{r_{bs}(virus)}{r_{bs}(host)} = \frac{\Delta_{bs}G^{0}(virus)}{\Delta_{bs}G^{0}(host)}$$
(4)

where  $r_{ls}$  represents biosynthesis rate, while  $\Delta_{ls}G^0$  is standard Gibbs energy of biosynthesis [Popovic, 2022h]. By comparing permissiveness coefficients for two different viruses (or virus variants) for the same host tissue, it is possible to conclude whether during simultaneous contact with both viruses by the same host, there will be coinfection or interference. This practical application can be of use to epidemiologists and infectologists, since it is not rare for two viruses to appear in the same population at the same time and in the same place. If permissiveness coefficients of two viruses are similar for the same tissue, then the probabilities of virus multiplication will be similar. Such was the case with SARS-CoV-2 and rhinovirus [Popovic and Minceva, 2021a]. This resulted in simultaneous occurrence of COVID-19 pandemic and an epidemic caused by the rhinovirus. Also, a similar observation was made with epidemics caused by influenza and parainfluenza viruses. On the other hand, if there is a significant difference in permissiveness coefficients between two potential causes of epidemics, then one epidemic will suppress the other. This happened in the winters 2020/21 and 2021/22, when the influenza epidemics did not occur during the COVID-19 pandemic [Popovic and Minceva, 2021a].

It is obvious that biothermodynamics of viruses is able to offer a wide variety of important information, useful first of all to virologists, microbiologists, biologists, epidemiologists and infectologists. Knowing thermodynamic properties and mechanistic models that are developed in biothermodynamics can shed more light on basic processes from the domains of biophysics and chemistry, which represent the basis for biological phenomena. The immune response (humoral) implies antigen-antibody reaction. The antigen-antibody reaction is similar to protein-ligand interactions. Thus, driving force for antigen-antibody interaction is Gibbs energy of this interaction. Cellular immune response is related to mobilization of immune cells and thus increase in their number. This results in growth. Growth, like with other cells, represents a biological and biothermodynamic phenomenon, driven by Gibbs energy of growth. Thus it is necessary to know thermodynamic properties of immune cells. After an extensive search of the literature, the author could not find data on thermodynamic properties of lymphocytes, leukocytes and macrophages. Infection is a complex biological process, which except for the infective agent (microorganism) involves a host cell/tissue and immune cells. To reveal the thermodynamic basis of infections in full, it is necessary to know all 3 elements (thermodynamic properties of microorganisms, immune system and host cells). Biothermodynamics is a young discipline and obviously faces many challenges and a great work that needs to be done. The effort on the development of biothermodynamics seems justified, since it can greatly help explanation of pathogeneses of many diseases that occur as a result of microorganism-host interactions.

Time evolution of viruses can be followed through change in Gibbs energies of binding and biosynthesis [Popovic, 2022k]. Viruses exhibit a tendency to mutate. RNA viruses exhibit a greater tendency to mutate than DNA viruses [Duffy, 2018]. Mutations lead to change in information contained in the virus nucleic acid, but also change in empirical formula of the virus and its thermodynamic properties. During time and acquisition of new mutations, it is possible to follow changes in thermodynamic properties of viruses. A tendency was observed in the temporal evolution of viruses towards more negative Gibbs energy of binding [Popovic, 2022k]. This can be related to the prediction of the theory of evolution, that viruses should become more and more adapted to their host with time [Popovic, 2022k].

#### 4. Conclusion

Biothermodynamics of viruses is among the youngest scientific disciplines. However, appearance of new viruses, their rapid mutation, which can lead to epidemics and pandemics with a great number of cases and casualties, have given an impulse for the very rapid development of biothermodynamics of viruses. Knowing biothermodynamic

properties can give useful information to epidemiologists and infectologists about the mechanism of virus-host interaction and virus-virus competition. Knowing empirical formulas of viruses is significant because it allows fast and accurate identification of known viruses or detection of new viruses or variants. Moreover, phenomenological equations, which belong to nonequilbrium thermodynamics, have proven themselves an important tool for analysis of rates of antigen-receptor binding and rate of virus multiplication inside host cells. The permissiveness coefficient could be useful during estimation of the degree of damage to host tissues, caused by multiplication of viruses, as well as assessment of the outcome of virus-virus competition during simultaneous presence of two viruses or virus variants in the same time and the same place.

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