

Review

Not peer-reviewed version

Gene Editing Strategies for Neurological and Mental Disorders: Advances in Delivery, Methodology, and Clinical Translation

Amer Elias and [Shani Stern](#) *

Posted Date: 23 March 2026

doi: 10.20944/preprints202603.1795.v1

Keywords: gene editing; crispr-cas; base editing; prime editing; neurological disorders; central nervous system (CNS); precision medicine; adeno-associated virus (AAV); blood-brain barrier (BBB); exosomes



Preprints.org is a free multidisciplinary platform providing preprint service that is dedicated to making early versions of research outputs permanently available and citable. Preprints posted at Preprints.org appear in Web of Science, Crossref, Google Scholar, Scilit, Europe PMC.

Copyright: This open access article is published under a [Creative Commons CC BY 4.0 license](#), which permit the free download, distribution, and reuse, provided that the author and preprint are cited in any reuse.

Disclaimer/Publisher's Note: The statements, opinions, and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions, or products referred to in the content.

Review

Gene Editing Strategies for Neurological and Mental Disorders: Advances in Delivery, Methodology, and Clinical Translation

Amer Elias and Shani Stern *

Sagol Department of Neurobiology, Faculty of Natural Sciences, University of Haifa, Haifa, Israel

* Correspondence: sstern@univ.haifa.ac.il

Highlights

- This review provides a comprehensive analysis of next-generation genome-editing tools, including CRISPR-Cas9, base editing, and prime editing, specifically optimized for the post-mitotic environment of the central nervous system.
- It evaluates the technological landscape of CNS delivery vehicles, contrasting traditional AAV constraints with advanced solutions like the AAVLINK recombination system, customizable virus-like particles (RIDE), and the natural blood-brain barrier-crossing capabilities of stem cell-derived exosomes.
- The article catalogs pivotal clinical milestones, such as the 2025 FDA approval of Itvisma (onasemnogene abeparvovec-brve) for SMA and the use of convection-enhanced delivery (CED) for GDNF-mediated neuroprotection in Parkinson's disease.
- It provides evidence of breakthrough preclinical "genomic surgeries," specifically the first successful systemic in vivo base editing for MEF2C-related ASD and high-fidelity prime editing to correct ATP1A3 mutations in Alternating Hemiplegia of Childhood.

Abstract

Neurological and mental disorders are among the main causes of disability worldwide, affecting over three billion people and increasing the socioeconomic burden. Advances in molecular genetics and genome engineering have led to gene-targeted therapies that address root causes rather than just symptoms. This review covers current genome-editing tools, including CRISPR/Cas, base editing, and prime editing. The focus is on the benefits of gene editing in the central nervous system, where post-mitotic neurons allow lasting effects after a single treatment. It also discusses emerging delivery platforms such as viral vectors, nanoparticles, and exosome systems, as well as methods to bypass the blood-brain barrier. Recent clinical progress in spinal muscular atrophy, Parkinson's, Huntington's, and Alzheimer's diseases is highlighted, with promising preclinical results for autism, bipolar disorder, epilepsy, and other neurogenetic conditions. The review concludes with regulatory issues, market trends, and ongoing clinical trials, underscoring the potential of gene therapies to transform disease management and provide long-term solutions.

Keywords: gene editing; crispr-cas; base editing; prime editing; neurological disorders; central nervous system (CNS); precision medicine; adeno-associated virus (AAV); blood-brain barrier (BBB); exosomes

1. Introduction

Rare diseases, affecting fewer than 1 in 2000 people [1], impact about 473 million worldwide [2,3], with around 70% appearing in childhood [4]. Despite their prevalence, 90% of these diseases lack effective treatments [5]. Nearly half are neurological, and about 90% of childhood cases involve neurological issues [6]. Diagnosing neurologic disorders early remains difficult due to the absence of

specific molecular markers, clear symptoms, and limited clinical expertise and therapies. However, recent advances in diagnostics, such as genomic next-generation sequencing, transcriptomics, and proteomics, have greatly improved diagnosis by providing functional insights often missed by genomic testing [7–16]. These innovations have shortened diagnostic times and increased identification rates. Additionally, more diseases are included in newborn screening panels [17], allowing for the detection of presymptomatic patients and opening new avenues for early intervention and treatment.

Alongside improvements in early detection methods, a new wave of therapeutic innovations, including cutting-edge gene-targeted therapies, offers promising potential not only for managing symptoms but also for possibly changing the disease's natural course. At present, there are 832 clinical trials focused on gene therapies for neurological conditions[18]. This evolving landscape underscores the urgent need to educate our clinical workforce to recognize and stratify patients who are suitable for these novel treatments. As therapies transition from trials into routine clinical practice and the pool of treatable patients expands, comprehensive education on gene therapies, treatment eligibility, and post-treatment care is critical. This article offers a detailed overview of available gene therapies for neurologic disorders, emphasizing their mechanisms, expected benefits, considerations for follow-up care, and ongoing preclinical and clinical trials.

Gene-targeted therapies represent a transformative class of medical interventions designed to treat or prevent disease by directly modifying, replacing, or modulating the expression of genetic material within a patient's cells. Unlike conventional pharmacological approaches, which typically target downstream pathways, gene-targeted therapies address the underlying molecular etiology of a disorder. This broad category encompasses several core strategies: gene replacement (providing a functional copy of a defective gene), gene addition (supplementing therapeutic genes to counteract disease mechanisms), gene knockdown (using RNA interference or antisense oligonucleotides to silence harmful gene products), and gene editing (introducing permanent, targeted changes directly to the host genome). By addressing the root causes of genetic disorders, these treatments offer the potential for durable, one-time cures for previously incurable neurological and neuromuscular conditions.

1.1. Neurological Disorders: Scope and Impact Overview

Neurological disorders cover a wide range of conditions that affect the central and peripheral nervous systems. These include neurodegenerative diseases such as Alzheimer's and Parkinson's, neurodevelopmental conditions like autism spectrum disorder (ASD), various types of epilepsy, and neuropsychiatric diseases such as bipolar disorder and schizophrenia. Together, they are the leading cause of disability globally. The 2021 Global Burden of Disease Study reports that about 3.4 billion people, roughly 43% of the world's population, are impacted by these disorders, causing over 11.1 million deaths and 443 million disability-adjusted life years (DALYs) lost each year [19]. The overall burden has grown significantly over the past three decades, driven by aging populations and increased numbers worldwide [19]. Besides health implications, these chronic conditions create substantial economic and emotional challenges for individuals and society, often leading to permanent disability and a sharp decline in quality of life [19].

1.2. Genetic Basis

Gene editing is particularly suitable for neurology because many disorders, such as Huntington's disease [20], spinal muscular atrophy (SMA) [21], Rett syndrome [22], ASD [23], and parts of ALS [24] and Parkinson's disease [25], are monogenic. This straightforward genotype-phenotype link enables the development of programmable gene-editing tools that can directly target and correct harmful mutations or disable dangerous alleles [26]. Additionally, improvements in next-generation sequencing and the expansion of newborn screening (NBS) panels have greatly reduced the time to diagnosis, enabling early intervention before irreversible neuronal loss occurs [7–17,27].

1.3. Durability

A key advantage of gene editing in the central nervous system is its potential durability. Because neurons are largely post-mitotic cells that do not undergo cell division, genomic edits introduced into these cells are not diluted over time, allowing the correction to persist long term [28]. This raises the possibility that a single therapeutic intervention could provide lifelong benefits, representing a significant advantage over conventional treatments that require repeated dosing throughout a patient's life. However, neurological disorders often involve additional cellular components beyond neurons. Some disease-associated mutations also affect glial cells [29], which retain proliferative capacity, as well as the brain extracellular matrix (ECM), which is produced by both neurons and glial cells and plays an important role in maintaining neural structure and signaling [30–33]. Despite this cellular complexity, neuronal dysfunction remains a major driver of many neurological phenotypes. Therefore, efficient and durable genetic correction in neurons is expected to provide substantial therapeutic benefit, even if additional cellular compartments may also contribute to disease pathology.

1.4. Cell-Type Specificity

The field has advanced to enable high cell-type specificity, leveraging specialized promoters and engineered delivery vehicles to restrict editing to disease-relevant populations. For instance, promoters can be used to selectively target dopaminergic neurons in Parkinson's disease or GABAergic interneurons in Dravet syndrome [34]. Innovative systems like the Ribonucleoprotein Delivery system (RIDE), a customizable virus-like particle, further enhance this specificity through programmable cell tropism, which can be customized with single-chain antibodies to target specific neural subpopulations while minimizing off-target effects in non-target organs [35].

1.5. Multimodal Potential

Gene editing offers vast multimodal potential that extends beyond simple DNA correction, including gene silencing, which disrupts the expression of toxic gain-of-function alleles (such as mutant huntingtin or alpha-synuclein) [36,37], risk allele modulation, where we downregulate risk factors like APOE ϵ 4 in Alzheimer's disease to shift cellular metabolism toward a neuroprotective state [38,39], and functional modulation that utilize CRISPRa (activation) to upregulate compensatory genes or CRISPRi (interference) to repress transcriptional repressors, effectively rewiring dysfunctional cellular pathways [40].

1.6. Therapeutic Strategies Combination

Gene editing techniques are highly complementary to other treatments and could have synergistic effects when used together. They can be combined with gene-supplementation methods, such as RNA-targeting drugs, or antisense oligonucleotides (ASOs), to improve therapeutic outcomes [41,42]. For instance, combining an adenine base editor with an ASO has demonstrated superior outcomes compared with ASO alone in animal studies [43]. Additionally, combining gene therapy with conventional drugs like L-DOPA in Parkinson's disease or riluzole in ALS could provide more comprehensive approaches for managing progressive neurodegenerative conditions [44,45].

2. Targeted Gene Therapy

2.1. Genetic Materials

The genetic material utilized in targeted gene therapies varies depending on the therapeutic objective and the specific tool being deployed. Deoxyribonucleic acid (DNA) is frequently used in the form of plasmids (circular DNA) or complementary DNA (cDNA) to replace or supplement missing or defective genes [46]. In the case of viral delivery, this DNA often resides in the cell nucleus as episomes (circularized molecules that do not integrate into the host genome), allowing long-term

expression in non-dividing cells such as neurons [47,48]. Ribonucleic acid (RNA) is another vital component, including messenger RNA (mRNA) for the transient expression of therapeutic proteins or genome-editing enzymes, and small non-coding RNAs, such as siRNA or miRNA, used for gene silencing [49–51]. Furthermore, antisense oligonucleotides (ASOs) are short, synthetic single-stranded DNA or RNA chains designed to bind specific mRNA sequences to trigger degradation or modulate splicing [52–54].

2.2. Mechanisms of Action for Gene-Editing Tools

The development of programmable nucleases has created a flexible toolkit for precise genome editing by enabling targeted DNA cuts at specific genomic sites. Early versions include Zinc Finger Nucleases (ZFNs) and Transcription Activator-Like Effector Nucleases (TALENs), which both depend on engineered DNA-binding protein domains fused to the FokI endonuclease's catalytic domain [55,56]. ZFNs are made up of zinc finger motif arrays, each recognizing a particular DNA triplet through amino acid interactions with the DNA's major groove. These modules are combined to target longer DNA sequences, usually 9-18 base pairs. Since FokI operates as a dimer, two ZFN monomers must bind to opposite strands with proper spacing to enable FokI dimerization and produce a site-specific double-strand break. Designing ZFNs often involves complex protein engineering and meticulous optimization to ensure high specificity and minimize off-target effects [57,58].

TALENs are based on transcription activator-like effector proteins originally derived from *Xanthomonas* bacteria. Their DNA-binding domain contains tandem repeats of approximately 34 amino acids, each recognizing a single nucleotide through two hypervariable residues known as repeat-variable diresidues (RVDs). This one-to-one nucleotide recognition code simplifies the design of TALENs compared with ZFNs. Similar to ZFNs, TALEN DNA-binding domains are fused to the FokI nuclease domain, and cleavage occurs only when two TALEN monomers bind to adjacent DNA sites and allow FokI dimerization to generate a DSB. Although TALENs are generally easier to design and often exhibit high targeting specificity, their large size can make delivery, particularly via viral vectors such as AAV, more challenging [57,58].

More recently, the CRISPR-Cas9 system has revolutionized genome editing due to its simplicity and programmability. Derived from a bacterial adaptive immune system, CRISPR-Cas9 uses a short single-guide RNA (sgRNA) to direct the Cas9 nuclease to a complementary genomic sequence adjacent to a Protospacer Adjacent Motif (PAM), typically the NGG sequence recognized by *Streptococcus pyogenes* Cas9 [59,60]. The sgRNA contains a 20-nucleotide spacer sequence that base-pairs with the target DNA, allowing Cas9 to bind and induce a double-strand break through its two nuclease domains: the HNH domain, which cleaves the DNA strand complementary to the guide RNA, and the RuvC domain, which cleaves the non-complementary strand. Following cleavage, the DSB is repaired by endogenous cellular DNA repair pathways. The Non-Homologous End Joining (NHEJ) pathway ligates the DNA ends directly but is error-prone, frequently introducing insertions or deletions (indels) that can disrupt gene function and generate knockout mutations. Alternatively, the Homology-Directed Repair (HDR) pathway can be used for precise genome editing when a donor DNA template containing homologous sequences is supplied, enabling the introduction of specific nucleotide substitutions, insertions, or gene corrections [61,62] (Figure 1c).

Beyond this, newer approaches have emerged. Base Editing (BE) employs a catalytically inactive Cas9 (dCas9) or a Cas9 nickase (nCas9) fused to a deaminase enzyme to chemically convert one DNA base into another (e.g., C-to-T or A-to-G) without inducing DSBs, thus reducing the risk of unintended genomic rearrangements [63,64] (Figure 1d). Prime Editing (PE), described as a "search-and-replace" tool, combines a Cas9 nickase fused to a reverse transcriptase (RT) with a prime editing guide RNA (pegRNA). The pegRNA guides this complex to the target site and serves as a template for the RT to directly incorporate the desired DNA changes, enabling precise substitutions, small insertions, or deletions [65] (Figure 1e).

Another set of epigenomic editing tools is CRISPRi and CRISPRa, which use dCas9 fused to transcriptional repressors or activators, respectively. Instead of cutting DNA, they bind to promoters or regulatory regions to suppress or enhance gene expression [66,67] (Figure 1f). Lastly, RNA editing tools such as Cas13 and CasRx target messenger RNA (mRNA) rather than DNA [68,69] (Figure 1g). They use RNA-guided nucleases to specifically degrade or modify transcripts, offering a reversible, transient alternative to permanent genomic edits [70].

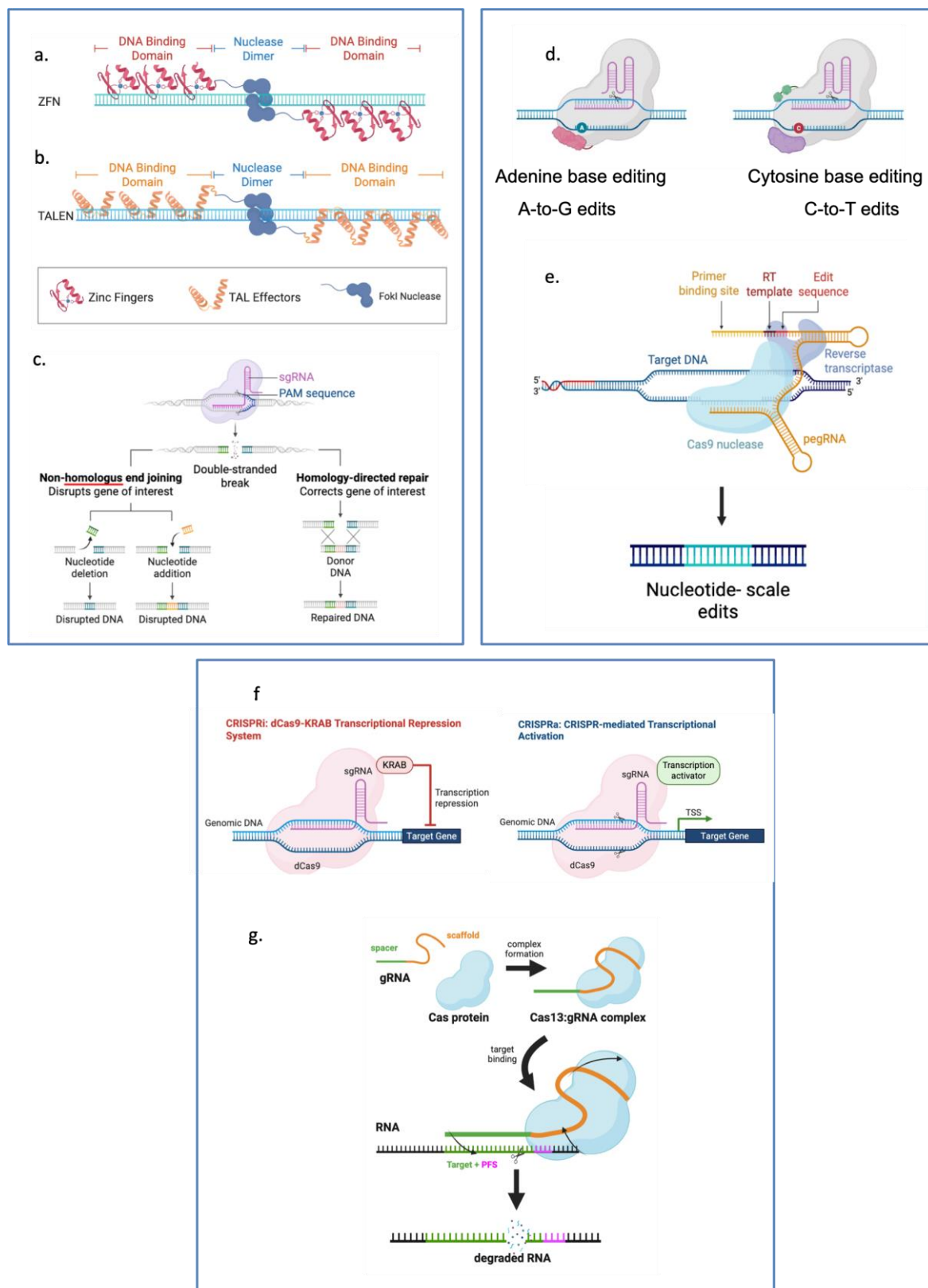


Figure 1. Gene editing tools. (a) Zinc Finger Nucleases (ZFNs). (b) Transcription activator-like effector nucleases (TALENs). (c) CRISPR-Cas9. (a-c) causes a DSB. The break can be repaired by host mechanisms such as NHEJ, which is error-prone and can cause gene disruption via indels, or HDR, which allows precise gene editing when a donor template is provided. (d) Adenine base-editing and Cytosine base-editing. (e) Prime editing allows 12 types of base substitutions and short-sequence insertions/deletions. (f) CRISPRi for gene repression and CRISPRa for gene activation. (g) Cas13 and CasRx target and edit mRNA.

2.3. Delivery Technologies and Mechanisms

Delivery technologies are specialized vehicles or methods that transport genetic material or editing tools into target cells and tissues [71]. These systems are designed to protect nucleic acid cargo from degradation by nucleases during circulation and cellular uptake [72]. Efficient delivery is a critical determinant of gene therapy success because the therapeutic payload must reach the appropriate intracellular compartment to exert its function [73]. An important characteristic of these delivery platforms is their packaging or payload capacity, which defines the maximum size of genetic material that can be transported and therefore constrains the complexity of therapeutic constructs that can be introduced into cells [74,75].

2.3.1. Viral Delivery Systems and Capacity Constraints

Viral delivery systems are the most established methods for delivering therapeutic genetic material into target cells, especially in the central nervous system (CNS) [76,77]. They work by exploiting the natural infection processes of viruses, in which their replication-related genes are removed and replaced with a therapeutic DNA or RNA payload, rendering the vector unable to replicate [78]. These vectors are highly effective at transducing both dividing and non-dividing cells [76]. However, a key challenge is the limited capacity of each viral capsid. The size of the therapeutic sequence, including promoters, regulatory elements, and the transgene, must stay within the virus's physical packaging limit to ensure successful assembly and strong transgene expression [79].

Adeno-Associated Virus (AAV) is the most commonly used vector for *in vivo* central nervous system (CNS) studies because it is nonpathogenic and can maintain long-term expression in postmitotic neurons [80,81] (Figure 2a). However, its packaging capacity is limited to approximately 4.5-4.7 kb, making it challenging to accommodate traditional CRISPR-Cas9 systems. For example, the SpCas9 gene alone is around 4.1 kb, leaving minimal space for essential promoters and regulatory sequences. Consequently, researchers often choose smaller Cas orthologs, such as SaCas9, or use split/dual-AAV systems to fit within the vector [79,82].

In contrast, lentiviral vectors can carry larger payloads of 8 to 10 kb, with some designs accommodating up to 18 kb, allowing the delivery of full-length genes or multiple editing components in a single vector (Figure 2a). While they enable persistent expression through integration into the host genome, their larger size can restrict their distribution within the brain [83,84]. Adenoviral vectors (AdV), originally used in gene therapy, have an approximate capacity of 8 kb. Although they can transport large genes, their clinical use in CNS treatments is limited by their high immunogenicity and potential to trigger inflammatory responses [76,85].

2.3.2. Non-Viral Delivery Systems

Non-viral delivery systems are synthetic or physical platforms designed to overcome the limitations of viral vectors, such as their small packaging capacity, risk of integrating into the genome, and pre-existing immunity [86,87]. These systems are highly valued for their ability to carry larger and more diverse payloads, often surpassing the 4.7 kb limit of AAV vectors, enabling the delivery of extensive genetic elements, such as full-length genes or complex prime editing tools. A key safety benefit of non-viral methods is their transient nature; they typically deliver cargo as mRNA or ribonucleoprotein (RNP) complexes that degrade within days inside the cell. This limited duration ensures editing tools are active only as long as needed for the desired modification, reducing the risk

of off-target effects and preventing insertional oncogenesis. Additionally, these synthetic vehicles tend to elicit weaker immune responses than viral capsids, making repeat dosing feasible if necessary [88]. Non-viral delivery is generally classified into chemical approaches, such as lipid nanoparticles and polymers, and physical techniques, including electroporation used in ex vivo cell therapy and microinjection [87].

2.3.2.1. Lipid Nanoparticles

The most commonly used non-viral delivery tool is Lipid Nanoparticles (LNPs), which encapsulate nucleic acids within a protective lipid bilayer and are distinguished by their substantial payload capacity (Figure 2a). Their relatively large physical dimensions, typically 50-150 nanometers and occasionally up to 500 nanometers, enable them to convey genetic material that exceeds the capacity of viral vectors [89–91]. Post-delivery, LNPs are readily degraded by physiological processes, thereby enhancing safety by constraining the duration of genome editing activity [92]. While highly efficient for hepatic targeting, LNPs' large size poses a significant obstacle to their traversal of the blood-brain barrier (BBB) [93,94].

2.3.2.2. Polymeric Nanoparticles

An additional method is Polymeric Nanoparticles (PNPs), which are composed of various cationic nanomaterials such as poly-L-lysine, poly-L-ornithine, chitosan, or gelatin [95] (Figure 2a). These particles typically range in size from 10 to 200 nanometers and serve as versatile delivery platforms, with payload capacity contingent on the specific nanomaterials employed. This adaptability facilitates the transport of diverse genetic materials, including plasmids, RNA, or oligonucleotides. A primary advantage of PNPs is their safe and easy preparation, offering a non-pathogenic alternative that can be administered at higher, more effective doses than viral vectors [96,97]. While PNPs can be customized with surface ligands, stealth coatings, or targeting molecules to improve blood-brain barrier penetration and cell-specific uptake, they are often limited by a relatively low delivery and transduction efficiency compared to viral systems [96].

2.3.2.3. Exosomes

Exosomes, natural membrane-bound vesicles ranging from 30 to 150 nm, represent a sophisticated “cell-free” therapeutic platform characterized by high biocompatibility, inherent stability, and minimal immunogenicity [98,99] (Figure 2a). Functioning as essential mediators of intercellular communication, these vesicles can be bioengineered to transport a versatile array of biomolecules, including mRNA, miRNA, siRNA, and even functional CRISPR-Cas9 ribonucleoprotein complexes [100–104]. A primary advantage of exosome-based delivery for neurological indications is the ability of these particles to naturally cross the blood-brain barrier (BBB), facilitating non-invasive access to neural tissue [107–105]. Preclinical studies have highlighted their robust therapeutic potential; for instance, intranasal administration of stem cell-derived extracellular vesicles has been shown to improve motor symptoms and normalize tyrosine hydroxylase expression in Parkinson's disease models [108–110], while Mesenchymal stem cell-derived exosomes containing antioxidant miRNAs provide significant neuroprotection to motor neurons [111,112]. Further research demonstrated that exosomes from healthy stem cells (MSCs and iPSCs) successfully reduce cellular hyperexcitability and promote normal maturation in human iPSC-derived cortical neurons with SHANK3 mutations. Additionally, intranasal delivery of these healthy iPSC-derived exosomes notably improves ASD-related behavioral issues, particularly emotion recognition (emotional state preference), in Shank3B $-/-$ mouse models. [113]. Despite this promise, broad clinical translation remains hindered by technical hurdles in large-scale manufacturing, the complexity of high-purity isolation, and the need for precise ligand engineering to ensure selective targeting of specific neuronal populations [114,115].

2.3.3. Advanced Delivery Systems for CNS Penetration

The central nervous system (CNS) remains one of the most challenging targets for gene therapy due to the restrictive nature of the blood-brain barrier (BBB), which prevents approximately 95% of therapeutic agents from reaching the brain tissue [116]. To overcome this obstacle, advanced delivery systems have been developed to bypass the BBB while also addressing the limitations of traditional vectors [117].

For instance, the AAVLINK strategy tackles the 4.7 kb packaging limit of adeno-associated viruses (AAVs) by employing Cre/lox-mediated intermolecular DNA recombination. In this approach, a long therapeutic gene is split into segments that are separately packaged into multiple AAVs (Figure 2a); upon entry into the target cell, these segments recombine to reconstitute the full-length gene, enabling the delivery of genes exceeding 11 kb, such as those involved in autism (Shank3) or epilepsy (SCN1A) [118,119].

An additional approach is RIDE, which uses biosynthetic virus-like particles (VLPs) to deliver transient ribonucleoprotein (RNP) complexes (Figure 2a). These VLPs have a payload capacity comparable to lentiviral vectors but allow for “hit-and-run” editing, as the Cas9 protein degrades within 72 hours, thereby substantially reducing off-target effects and immunogenicity [35]. Furthermore, engineered AAV capsids, such as AAV-PHP.eB, created through directed evolution, demonstrate enhanced ability to cross the BBB with greater efficiency than natural serotypes, permitting systemic administration at lower, safer doses [120,121].

Physical and magnetically-guided techniques also contribute to CNS delivery; for example, Focused Ultrasound (FUS) combined with microbubbles can transiently open the BBB to facilitate the passage of therapeutic particles [122–124] (Figure 2b), while magneto-electric nanoparticles (MENPs) can be directed across the BBB using magnetic fields to deliver CRISPR components without disrupting cellular junctions [125,126] (Figure 2c).

The overarching challenge remains a fundamental trade-off between vector size and capacity: smaller vectors such as AAV, which are approximately 25 nm in size, are more efficient at crossing the BBB but lack the necessary capacity for advanced tools like prime editors; conversely, larger systems like lipid nanoparticles (LNPs) offer the capacity required for next-generation gene editing but encounter significant barriers in penetrating the BBB.

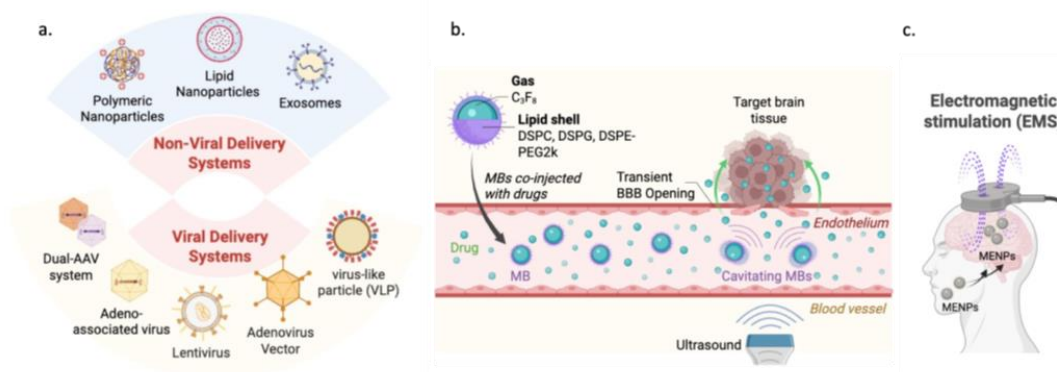


Figure 2. Delivery Technologies. (a) To deliver genetic therapies for neurogenetic conditions, various viral and nonviral delivery systems are available. Additionally, advanced physical and magnetically-guided techniques delivery systems for CNS penetration are used, including (b) Focused Ultrasound combined with microbubbles that transiently open the BBB to facilitate the passage of therapeutic particles, and (c) magneto-electric nanoparticles that are directed across the BBB using magnetic fields to deliver CRISPR components without disrupting cellular junctions.

3. Disease-Specific Landscape and Clinical Translation (Table 1)

Neurological Disorders: From Rescue to Modification

The clinical landscape for neurological gene therapy has pivoted from proof-of-concept to systemic and localized optimization.

Table 1. Ongoing Gene Therapy Clinical Trials (2025-2026).

Disorder.	Therapy/Vector	Phase	Status	Reference
SMA	Itvisma (OAV101 IT)	Approved	Post-market monitoring (approved Nov 2025)	[127]
Parkinson's	AB-1005 (AAV2-GDNF)	Phase 2	Safety & Efficacy; Enrolling in EU/US	[129]
Parkinson's	exPDite-2 (Autologous)	Phase 3	First patient treated Sept 2025	[130]
Huntington	AMT-130 (AAV5-miRNA)	Phase 1/2	FDA feedback pending for BLA path	[131,132]
Huntington	SPK-10001 (Engineered AAV-miRNA)	Phase 1/2	Evaluate the Safety, Tolerability, and Efficacy	[133]
Huntington	AB-1001 (AAVrh10- CYP46A1)	Phase 1/2	Dose Finding Study to Evaluate the Safety, Tolerability, and Efficacy	[134]
Alzheimer's Disease	LX1001 (AAVrh.10hAPOE2)	Phase 1/2	Safety evaluate	[139]
Alzheimer's Disease	AAV2-BDNF	Phase 1	Safety evaluate	[144]

3.1. Spinal Muscular Atrophy (SMA)

In November 2025, the therapeutic paradigm for SMA expanded with the FDA approval of onasemnogene abeparvovec-brve (Itvisma). This treatment is a non-replicating recombinant gene therapy that utilizes an adeno-associated virus serotype 9 (AAV9) capsid as a delivery vehicle. The vector carries a functional human survival motor neuron 1 (*SMN1*) transgene, whose expression is driven by a constitutive cytomegalovirus (CMV)-enhanced chicken β -actin hybrid promoter to ensure continuous, sustained production of the essential SMN protein within motor neurons. Specifically indicated for patients aged 2 years and older, this intrathecal formulation is administered via a single lumbar puncture into the cerebrospinal fluid. Unlike its intravenous predecessor, this concentrated delivery route uses a fixed dosing regimen independent of patient weight, significantly reducing the total viral load required and mitigating the risk of systemic complications, such as hepatotoxicity, while ensuring robust transgene expression directly within the spinal cord parenchyma [127,128].

3.2. Parkinson's Disease (PD)

Current therapeutic approaches have pivoted toward disease-modifying neuroprotection and restorative cell replacement, moving beyond the transient symptomatic relief provided by traditional levodopa-based regimens [45].

AAV-Mediated Neuroprotection (AB-1005): Starting in September 2025, the Phase 2 REGENERATE-PD trial is evaluating AB-1005, a recombinant gene therapy using an adeno-associated virus serotype 2 (AAV2) vector, with 132 participants. This construct is engineered to express human Glial Cell Line-Derived Neurotrophic Factor (*GDNF*), a potent neurotrophic factor

that binds to the GFR α 1/RET receptor complex, triggering downstream pro-survival signaling pathways, specifically PI3K/Akt and MAPK/ERK, within dopaminergic neurons. Delivery is achieved through a single convection-enhanced delivery (CED) procedure, a pressurized infusion technique that ensures the homogeneous distribution of AAV2-GDNF throughout the putamen. By establishing a localized “bio-factory” for continuous GDNF secretion, this intervention aims to stabilize the nigrostriatal circuitry and promote the functional recovery of surviving neurons [129].

Autologous Ex Vivo Gene Therapy (exPDite-2): Complementing these direct viral approaches is the exPDite-2 Phase 3 trial, which involves approximately 102 participants and reached a clinical milestone with the first patient treated in September 2025. This trial utilizes an autologous cell-based platform in which the patient’s own cells are harvested and genetically modified ex vivo to overexpress specific therapeutic factors (such as Aromatic L-amino acid decarboxylase, AADC) before reimplantation into the striatum. This autologous transplantation strategy aims to restore the brain’s enzymatic capacity to convert levodopa into dopamine locally, while minimizing the risk of immunogenic rejection or the inflammatory MRI signals observed in previous allogeneic or high-dose viral trials. By precisely calibrating the dopamine synthesis machinery at the circuit level, exPDite-2 seeks to provide a durable, long-term correction of motor fluctuations [130].

3.3. Huntington’s Disease (HD)

Precision silencing of the huntingtin (*HTT*) gene remains the primary objective for treating this autosomal dominant trinucleotide repeat disorder. The investigational therapy AMT-130 represents a first-in-class recombinant AAV5-based vector engineered to deliver a specialized microRNA (miRNA) expression cassette. This cassette is designed to undergo endogenous processing into an active miRNA that targets and binds to a conserved sequence on the human *HTT* mRNA via the RNA-induced silencing complex (RISC). By facilitating the catalytic degradation of both mutant and wild-type *HTT* transcripts, the therapy aims to significantly reduce the concentration of the toxic, misfolded huntingtin protein and its associated intranuclear aggregates. Administered via a single, MRI-guided convection-enhanced delivery (CED) into the striatum (putamen and caudate), AMT-130 transforms local neurons into persistent inhibitory units. While in Phase 1/2 evaluation, the regulatory trajectory encountered a hurdle in late 2025 when the FDA requested longitudinal data beyond the initial cohorts to validate the durability and safety of long-term non-selective huntingtin suppression before proceeding with a Biologics License Application (BLA) [131,132]. An additional trial is investigating SPK-10001, a one-time AAV-based gene therapy developed by Spark Therapeutics that delivers microRNA that specifically targets and degrades the *HTT* mRNA, lowering mHTT protein levels. It is delivered directly into the brain via surgical infusion and is currently in Phase 1/2 clinical trials to evaluate its safety and potential to halt disease progression [133]. A recent Phase 1/2 trial involving 29 patients is examining AB-1001 (formerly BV-101), a gene therapy based on AAVrh10 developed by Brainvectis for early Huntington’s disease. The treatment consists of a single surgical infusion into the brain that delivers the *CYP46A1* gene. This gene helps break down brain cholesterol into 24-hydroxycholesterol (24OHC), promoting neuron health, restoring cholesterol metabolism, and reducing the toxic mutant huntingtin protein, which may slow the disease’s progression [134].

Alzheimer’s Disease (AD)

While clinical efforts primarily target monoclonal antibodies against amyloid-beta (A) and tau [135,136], research in 2025 shows a shift towards gene therapy approaches that modulate genetic risk factors at the transcriptional level [137]. A current study is testing the LX1001 treatment, which focuses on AAV-based delivery of the neuroprotective apolipoprotein E2 (*APOE2*) or on CRISPR-mediated disruption of the pro-inflammatory *APOE* ϵ 4 allele [138,139]. This approach uses AAVrh.10, which are renowned for targeting neurons effectively, and are administered via intracisternal or intraparenchymal injections to achieve widespread distribution in the cortex and hippocampus. By employing neuron-specific promoters like synapsin I, these therapies promote *APOE2* expression, which competes with *APOE4* for receptor binding and lipid transport. This process enhances amyloid

clearance and reduces microglial-driven neuroinflammation. Ultimately, these interventions aim to shift the brain's biochemical environment from neurodegeneration toward neuroprotection, targeting the underlying genetic causes rather than just removing protein debris [140–142].

An additional trial, in phase 1, is testing an AAV2 vector that delivers the Brain-Derived Neurotrophic Factor (*BDNF*) gene directly into the brain. The trial plans to enroll 12 participants total, 6 with early Alzheimer's and 6 with Mild Cognitive Impairment. It aims to test whether continuous BDNF production can slow or reverse disease progression in early AD and Mild Cognitive Impairment (MCI) patients [143]. Initial reports indicate the therapy has been safe, with no serious adverse events related to the procedure, and it has shown signs of restoring brain activity in treated areas [144].

4. Preclinical Studies That Harness Novel Gene Editing Tools To Treat ASD, Bipolar Disorder, Parkinson's, Alternating Hemiplegia, and Dravet Syndrome (Table 2)

The preclinical gene therapy landscape has evolved to focus on next-generation genome editing, particularly base editing and prime editing. These technologies are well-suited for the CNS because they enable the correction of harmful variants in post-mitotic neurons without creating DSBs. They greatly reduce the likelihood of random indels, extensive genomic deletions, or chromosomal translocations, which are common issues with standard CRISPR-Cas9 approaches.

Table 2. Preclinical Progress.

Disorder	Target Gene	Editing Tool	Key Advancement	Reference
ASD	<i>MEF2C</i>	Base Editing (AeCBE)	Correction of c.104T>C, p.L35P <i>in vivo</i> in mice	[145]
ASD	<i>CHD8</i>	CRISPRa	Increased protein levels in iPSC-derived neurons and brain organoids	[148]
Bipolar Disorder	<i>BDNF</i>	CRISPRa	Increased protein levels in diverse brain structures	[151]
Parkinson's	<i>LRRK2</i>	Adenine Base Editor	Correction of <i>G2019S</i> in human iPSCs	[156]
Parkinson's	<i>SNCA</i>	Prime Editing	Correction of <i>A53T</i> mutation with high fidelity	[157]
Alternating hemiplegia	<i>ATP1A3</i>	Prime Editing	Repaired 5 different mutations D801N, E815K, L839P, and G947R (two variants) in AHC patient cells	[158]
Dravet Syndrome	<i>SCN8A</i>	Adenine Base Editor	Correction of the <i>R1872W</i> mutation in mice model	[159]
Epilepsy and ASD	<i>SCN2A</i>	CRISPRa	Increased protein levels in iPSC-derived neurons and mouse model	[162]

4.1. Autism Spectrum Disorder (ASD): *In Vivo* Base Editing of *MEF2C*

A landmark 2024 study effectively used Adenine Base Editors (ABEs) to fix a point mutation in the Myocyte Enhancer Factor 2C (*MEF2C*) gene, a key regulator of cortical structure and synaptic plasticity. Delivered through an engineered AAV-PHP.eB capsid for widespread brain distribution, the AeCBE system enabled the hydrolytic deamination of a specific adenine, successfully reversing the mutation responsible for *MEF2C* haploinsufficiency. By restoring natural protein levels in the prefrontal cortex and hippocampus, the therapy reestablished excitatory-inhibitory synaptic balance

and reduced core ASD-like behaviors, such as social avoidance and repetitive grooming. This marks the first successful use of systemic in vivo base editing to treat a complex neurodevelopmental disorder [145].

Additional preclinical studies targeting CHD8-ASD have explored the use of CRISPRa to restore gene expression in cases of haploinsufficiency. *CHD8* encodes a chromatin remodeler that plays a central role in neurodevelopment, including regulation of Wnt signaling, neuronal proliferation, and synaptic gene networks, and loss-of-function mutations in this gene are among the most strongly associated genetic causes of ASD [146,147]. In preclinical models, including human iPSC-derived neurons and brain organoids carrying CHD8 mutations, CRISPRa-mediated upregulation of the remaining functional allele has been shown to partially restore CHD8 expression levels and rescue downstream transcriptional dysregulation [148]. These corrections were associated with improvements in neuronal phenotypes, including normalization of gene expression programs, synaptic function, and neuronal morphology. Importantly, this approach avoids permanent genome modification while addressing the dosage sensitivity characteristic of CHD8-related ASD. Together, these studies support CRISPRa-based gene activation as a promising therapeutic strategy for haploinsufficient neurodevelopmental disorders, although further in vivo validation and optimization of delivery systems remain necessary before clinical translation.

4.2. Bipolar Disorder (BD) and Affective Pathologies: CRISPR-SKIP and Epigenetic Modulation

Research into psychiatric gene modulation is currently focused on epigenetic editing and transcriptional tuning rather than genomic correction, due to the polygenic nature of these disorders. Tools such as CRISPR-SKIP are precise gene-editing methods that employ base editors to intentionally omit specific exons during RNA splicing. They achieve this by altering a single DNA base at a splice acceptor or donor site, disrupting splicing without generating large, potentially risky double-strand breaks (DSBs). [149]. Such a tool can be employed to alter key splice donor or acceptor sites, such as inducing transitions, which have the potential to allow cells to bypass pathogenic splice-site mutations, as in the exon 38 splice donor of the *UNC13B* gene, and the c.393G>A mutation in exon 2 of the *NLRP3* gene [150]. Additionally, epigenetic editing with dCas9-VPR (CRISPRa) or dCas9-KRAB (CRISPRi) systems is being used in preclinical models to reversibly increase Brain-Derived Neurotrophic Factor (*BDNF*) expression in the dentate gyrus [151]. By modifying chromatin at risk-related promoters, these techniques aim to stabilize neural oscillations and enhance neuroplasticity, potentially addressing the cyclic mood episodes characteristic of the disorder [152].

4.3. Parkinson's Disease (PD): Precision Correction of LRRK2 and SNCA

Parkinson's disease is a heterogeneous neurodegenerative disorder, with about 85% of cases sporadic and ~15% from monogenic or familial causes. Monogenic forms, linked to genes such as SNCA, LRRK2, VPS35, GBA1, PRKN, PINK1, and DJ-1, have helped uncover pathogenic mechanisms, including α -synuclein aggregation, lysosomal-autophagic dysfunction, mitochondrial dysfunction, and synaptic dysregulation [30,153,154]. Recent studies show that both sporadic and genetic PD share neuronal phenotypes in patient-derived dopaminergic neurons, particularly altered synaptic activity and ECM dysregulation [30]. While sporadic and GBA1-associated PD have reduced neuronal activity, PINK1/PRKN mutations can increase synaptic activity, indicating genotype-specific differences [154]. Findings also revealed TMEM16F as a regulator of α -synuclein secretion and spread, linking membrane dynamics to disease progression [155]. Early neuronal abnormalities before neurodegeneration are crucial targets for understanding PD and developing treatments.

Preclinical efforts in PD have advanced toward the precise repair of familial mutations and the mitigation of toxic protein aggregation. ABEs have been successfully deployed in patient-derived induced pluripotent stem cells (iPSCs) to revert the common *LRRK2 G2019S* mutation (adenine to guanine). This single-nucleotide correction normalized kinase activity and enhanced the survival of midbrain dopaminergic neurons [156]. Beyond transition mutations, in human iPSC models, PE has demonstrated the ability to correct the *SNCA A30P* and *A53T* mutations with high fidelity [157]. By

utilizing a prime editing guide RNA (pegRNA) to direct a reverse transcriptase to the target site, this technology achieves precise sequence restoration of 60% in hPSCs, while minimizing unintended indels and off-target activity to less than 0.5%, compared to 19.6% with traditional CRISPR-Cas9-mediated repair [157].

4.4. *Alternating Hemiplegia of Childhood (AHC): Precision Correction of ATP1A3*

In a significant preclinical breakthrough for neurogenetic disorders, researchers successfully utilized PE to rescue the phenotypic manifestations of Alternating Hemiplegia of Childhood (AHC) in murine models. By targeting the *ATP1A3* gene, which encodes the alpha-3 subunit of the Na⁺/K⁺-ATPase pump, the study used PE to correct the most common pathogenic missense mutations (such as D801N) that cause severe motor and cognitive deficits. Using an engineered AAV-mediated dual-vector system delivered via intracranial injection, the PE achieved high-fidelity sequence restoration in neurons across critical motor circuits, without requiring double-strand breaks. This molecular correction led to a robust recovery of ATPase enzymatic activity, a significant reduction in the frequency and severity of hemiplegic episodes, and a marked improvement in overall motor coordination and survival rates. This study represents a landmark proof-of-concept for the use of *in vivo* PE to treat dominant-negative neurodevelopmental disorders by precisely repairing point mutations within the endogenous genomic context [158].

4.5. *Epilepsy: Dravet Syndrome - Correction of SCN8A*

In a significant advancement for the treatment of severe genetic epilepsies, recent studies have demonstrated the efficacy of *in vivo* BE to mitigate the phenotype of SCN8A-related epilepsy in a murine model. Utilizing an Adenine Base Editor delivered via a dual-AAV9 vector system, the researchers targeted the gain-of-function *SCN8A R1872W* mutation, achieving precise reversion in approximately 10% of hippocampal and cortical neurons. This molecular correction led to a robust reduction in spontaneous seizure frequency and a significant delay in the onset of status epilepticus [159]. Notably, while the intervention successfully attenuated paroxysmal electrical activity and improved motor coordination, the current editing efficiency, likely limited by the postmitotic nature of the target neurons and constraints of systemic AAV delivery, was insufficient to substantially extend the subjects' overall lifespan. This study serves as a critical proof-of-concept for the use of non-DSB-dependent genome surgery to treat early-onset encephalopathies, while highlighting the ongoing need for enhanced delivery vectors to achieve the transduction thresholds required for full phenotypic rescue.

An additional preclinical study targeting SCN2A-related severe epilepsy has demonstrated the therapeutic potential of CRISPRa to restore gene expression in cases of haploinsufficiency. SCN2A encodes the voltage-gated sodium channel Nav1.2, which is critical for action potential initiation and neuronal excitability, and loss-of-function mutations are strongly associated with early-onset epileptic encephalopathy and neurodevelopmental delay [160,161]. In preclinical hESC-derived neurons and mouse models, CRISPRa-mediated upregulation of SCN2A has been shown to increase Nav1.2 expression and partially restore sodium currents and neuronal firing properties [162].

5. Regulatory and Commercial Landscapes

5.1. *FDA Guidance and Regulatory Frameworks*

The U.S. Food and Drug Administration (FDA) significantly updated its regulatory roadmap in early 2026 to accommodate high-precision modalities such as genome editing [163]. Current FDA Guidance emphasizes a risk-based approach for preclinical testing, requiring sponsors to perform unbiased off-target discovery (e.g., GUIDE-seq) to ensure genomic integrity before human translation. Dose selection strategies have shifted toward utilizing pharmacokinetic and pharmacodynamic (PK/PD) modeling from relevant animal models, such as non-human primates,

for CNS delivery, to determine the “minimal effective dose” and mitigate systemic toxicity [164]. For clinical trial design, the agency now favors innovative, accelerated pathways for bespoke therapies in small populations, allowing for adaptive master protocols and the use of natural history data as external controls to facilitate the approval of personalized gene-editing products [163,165].

5.2. *The FDA’s Shift to Human Models from Animal Models*

Recent regulatory and scientific developments have accelerated the shift from traditional animal models to human-relevant systems such as organoids and advanced in vitro platforms. In 2022, the FDA Modernization Act 2.0 officially eliminated the need for animal testing in drug development, allowing alternative approaches such as human cell-based assays, organoids, and microphysiological systems (organ-on-chip technologies) for preclinical safety and efficacy assessments [166]. This change reflects increasing awareness that animal models often do not accurately predict human responses, especially for complex neurological and genetic diseases, whereas human-derived organoids can better mimic tissue structure, cellular diversity, and disease-specific characteristics [167]. As a result, brain and cortical organoids are being used more to study neurodevelopmental disorders, test gene-editing methods, and evaluate treatments in a patient-specific setting. The FDA has also supported this shift through initiatives promoting New Approach Methodologies (NAMs), which highlight their potential to enhance translational relevance, reduce costs, and address ethical issues associated with animal testing [168]. These advancements collectively represent a major shift toward more predictive, human-centric preclinical models in biomedical research and drug development.

5.3. *The Commercial Pipeline and Strategic Partnerships*

The commercial success of gene therapy increasingly depends on biotech-pharma collaborations that bridge the gap between preclinical research and major human trials [169]. Over the past five years (2021–2025), the industry has experienced substantial capital flow; after hitting a peak of \$22.7 billion in 2021, yearly investments stabilized around \$11.7 billion to \$12.6 billion during 2023–2024, then rose again in late 2025 due to a “tale of haves and have-nots,” where funding favored late-stage assets. Large companies are shifting toward partnerships, offering manufacturing and regulatory support to move assets from academia into Phase 3 trials [169–171]. This trend is evident in the growing global pipeline: by late 2025, over 2,000 clinical trials will be underway in cell and gene therapy (CGT), with gene therapies making up about 49% of development projects [172]. The neurology sector has seen notable growth, with a 22.5% Compound Annual Growth Rate (CAGR), and is now a key focus alongside oncology and rare diseases [173]. In 2025–2026, the market experienced a rise in strategic deals, such as the \$5.8 billion increase in Bristol Myers Squibb’s portfolio and collaborations between Neurocrine, Voyager, and Intellia, mainly targeting IV-delivered neuro gene therapies and non-viral platforms [174]. These collaborations are essential for increasing Good Manufacturing Practice (GMP) production capacity and meeting clinical needs for worldwide commercialization, particularly since the neurological gene therapy sector is dominating the market in 2023 and is expected to continue to do so through 2032 [175].

6. Future Perspectives and Personalized Medicine

6.1. *Biomarkers for Patient Stratification and Monitoring*

The effectiveness of gene therapy for neurological and psychiatric disorders will increasingly rely on identifying and validating reliable biomarkers. These biomarkers are essential for selecting appropriate patients, forecasting how they will respond to treatment, and tracking treatment progress. In CNS diseases, biomarkers are especially important because clinical symptoms often appear only after significant neuronal damage. Sensitive molecular markers can enable earlier intervention and help optimize the timing of therapies [176].

Neurofilament light chain (NfL) is one of the most promising biomarkers in neurology [176]. It is a structural protein released into cerebrospinal fluid and blood after axonal damage. Elevated NfL levels are observed in several neurodegenerative diseases, such as Alzheimer's, Parkinson's, amyotrophic lateral sclerosis, and multiple sclerosis [177]. Longitudinal studies indicate that NfL levels correlate with disease progression and treatment response, making it a useful tool for assessing therapeutic outcomes in clinical trials. In gene therapy research, NfL can act as an early marker of neuroprotection or neuronal rescue, often before clinical improvements appear. In addition to NfL, new biomarkers, such as phosphorylated tau, synaptic proteins, and transcriptomic signatures, are being investigated to improve patient stratification and support personalized therapy choices [176].

6.2. Artificial Intelligence and Systems Biology

The fusion of artificial intelligence (AI) and systems biology is set to be crucial in developing the next generation of gene therapies [178]. Progress in machine learning enables the analysis of large biological datasets generated by multi-omics methods, such as genomics, transcriptomics, proteomics, metabolomics, and epigenomics [179–183]. By combining these diverse datasets, AI-based strategies can identify intricate molecular network changes underlying neurological and psychiatric disorders [184,185].

In gene therapy, AI models are already being used to develop high-precision genome editors that offer greater specificity and fewer off-target effects [186]. These computational tools can forecast guide RNA effectiveness, find potential off-target regions throughout the genome, and refine vector design to improve delivery success [187]. Additionally, AI-driven protein engineering is accelerating the development of new Cas variants, base editors, and prime editors with greater accuracy and broader targeting capabilities [188]. Systems biology approaches further help uncover patient-specific disease mechanisms by linking genetic variants to cellular pathways and regulatory networks. This approach supports the development of personalized gene-editing treatments tailored to an individual's genetic makeup. Such precision strategies could be especially beneficial for complex neurological and psychiatric conditions, where disease symptoms often result from complex interactions among multiple genes and environmental influences [189].

6.3. Toward Durable, One-Time Therapies

Looking ahead, gene therapy could significantly change how neurological and psychiatric disorders are treated. Unlike traditional drugs, which require ongoing use and primarily target downstream processes, gene therapies focus on the root genetic causes. Since neurons are mostly post-mitotic, effective genome editing in these cells can yield long-lasting or even lifelong benefits after a single treatment [28].

Progress in delivery systems, genome editing, and molecular diagnostics is steadily making this vision more achievable. Enhancements in both viral and non-viral vectors enable more efficient, targeted delivery to the brain [35,118–124]. Meanwhile, advanced editing platforms such as base editing and prime editing offer safer, more accurate ways to correct disease-causing mutations [40,43,145,150,159,190]. Additionally, the combination of biomarker-guided therapies and AI-powered design is setting the stage for highly personalized gene treatments [176,184].

While major challenges such as long-term safety, effective brain-wide delivery, and ethical issues persist, the convergence of gene editing, advanced delivery systems, and precision medicine offers extraordinary possibilities. These combined innovations could eventually provide lasting, one-time cures for many neurological and psychiatric disorders that were once considered incurable, representing a revolutionary change in treating brain diseases.

Data Availability Statement: Not Applicable.

Conflicts of Interest: The authors declare no conflicts of interest.

Abbreviations

The following abbreviations are used in this manuscript:

AADC	Aromatic L-amino acid decarboxylase
AAV	Adeno-Associated Virus
ABE	Adenine Base Editor
AD	Alzheimer's Disease
AdV	Adenoviral Vector
AHC	Alternating Hemiplegia of Childhood
AI	Artificial Intelligence
ALS	Amyotrophic Lateral Sclerosis
ASD	Autism Spectrum Disorder
ASO	Antisense Oligonucleotide
BBB	Blood-Brain Barrier
BD	Bipolar Disorder
BDNF	Brain-Derived Neurotrophic Factor
BE	Base Editing
BLA	Biologics License Application
CAGR	Compound Annual Growth Rate
CED	Convection-Enhanced Delivery
CGT	Cell and Gene Therapy
CMV	Cytomegalovirus
CNS	Central Nervous System
CRISPR	Clustered Regularly Interspaced Short Palindromic Repeats
CRISPRa	CRISPR activation
CRISPRi	CRISPR interference
DALY	Disability-Adjusted Life Year
dCas9	Catalytically inactive "dead" Cas9
DNA	Deoxyribonucleic acid
DSB	Double-Strand Break
ECM	Extracellular Matrix
EV	Extracellular Vesicle
FDA	U.S. Food and Drug Administration
FUS	Focused Ultrasound
GDNF	Glial Cell Line-Derived Neurotrophic Factor
GMP	Good Manufacturing Practice
HD	Huntington's Disease

HDR	Homology-Directed Repair
HTT	Huntingtin
Indel	Insertion or deletion
iPSC	Induced Pluripotent Stem Cell
kb	Kilobase
LNP	Lipid Nanoparticle
MCI	Mild Cognitive Impairment
MENP	Magneto-electric Nanoparticle
miRNA	MicroRNA
mRNA	Messenger RNA
MSC	Mesenchymal Stem Cell
NAM	New Approach Methodology
NBS	Newborn Screening
NfL	Neurofilament light chain
NHEJ	Non-Homologous End Joining
PAM	Protospacer Adjacent Motif
PD	Parkinson's Disease
PE	Prime Editing
pegRNA	Prime editing guide RNA
PK/PD	Pharmacokinetic and pharmacodynamic
PNP	Polymeric Nanoparticle
RIDE	Ribonucleoprotein Delivery system
RISC	RNA-induced silencing complex
RNA	Ribonucleic acid
RNP	Ribonucleoprotein
RT	Reverse Transcriptase
RVD	Repeat-variable diresidue
sgRNA	Single-guide RNA
siRNA	Small interfering RNA
SMA	Spinal Muscular Atrophy
TALEN	Transcription Activator-Like Effector Nucleas

References

1. Orphanet : Diseases n.d. <https://www.orpha.net/en/disease> (accessed February 21, 2026).
2. Ferreira CR. The burden of rare diseases. *Am J Med Genet A* 2019;179:885–92. <https://doi.org/10.1002/ajmg.a.61124>.
3. Haendel M, Vasilevsky N, Unni D, Bologna C, Harris N, Rehm H, et al. How many rare diseases are there? *Nat Rev Drug Discov* 2020;19:77–8. <https://doi.org/10.1038/d41573-019-00180-y>.

4. Nguengang Wakap S, Lambert DM, Olry A, Rodwell C, Gueydan C, Lanneau V, et al. Estimating cumulative point prevalence of rare diseases: analysis of the Orphanet database. *Eur J Hum Genet* 2020;28:165–73. <https://doi.org/10.1038/s41431-019-0508-0>.
5. Mabbott A, Knisley L, Scott S. Identifying the knowledge needs and preferences of parents of children with rare diseases regarding clinical trials: a scoping review protocol. *Identifying the knowledge needs and preferences of parents of children with rare diseases regarding clinical t...* n.d. <https://doi.org/10.1186/s1364>.
6. NINDS Recognizes Rare Disease Day: Shining a Light on the Unknown | National Institute of Neurological Disorders and Stroke n.d. <https://www.ninds.nih.gov/news-events/directors-messages/all-directors-messages/ninds-recognizes-rare-disease-day-shining-light-unknown> (accessed March 15, 2026).
7. Wigby KM, Brockman D, Costain G, Hale C, Taylor SL, Belmont J, et al. Evidence review and considerations for use of first line genome sequencing to diagnose rare genetic disorders. *NPJ Genom Med* 2024;9. <https://doi.org/10.1038/s41525-024-00396-x>.
8. Sathe G, Deepha S, Gayathri N, Nagappa M, Parayil Sankaran B, Taly AB, et al. Ethylmalonic encephalopathy ETHE1 p. D165H mutation alters the mitochondrial function in human skeletal muscle proteome. *Mitochondrion* 2021;58:64–71. <https://doi.org/10.1016/j.mito.2021.02.011>.
9. Frazier AE, Compton AG, Kishita Y, Hock DH, Welch AME, Amarasekera SSC, et al. Fatal perinatal mitochondrial cardiac failure caused by recurrent de novo duplications in the ATAD3 locus. *Med* 2021;2:49–73. <https://doi.org/10.1016/j.medj.2020.06.004>.
10. Alston CL, Heidler J, Dibley MG, Kremer LS, Taylor LS, Fratter C, et al. Bi-allelic mutations in NDUFA6 establish its role in early-onset isolated mitochondrial complex I deficiency. *Am J Hum Genet* 2018;103:592–601. <https://doi.org/10.1016/j.ajhg.2018.08.013>.
11. Sbardella D, Tundo GR, Cunsolo V, Grasso G, Cascella R, Caputo V, et al. Defective proteasome biogenesis into skin fibroblasts isolated from Rett syndrome subjects with MeCP2 non-sense mutations. *Biochim Biophys Acta Mol Basis Dis* 2020;1866. <https://doi.org/10.1016/j.bbadis.2020.165793>.
12. Helman G, Compton AG, Hock DH, Walkiewicz M, Brett GR, Pais L, et al. Multiomic analysis elucidates Complex I deficiency caused by a deep intronic variant in NDUF10. *Hum Mutat* 2021;42:19–24. <https://doi.org/10.1002/humu.24135>.
13. Braconi D, Bernardini G, Spiga O, Santucci A. Leveraging proteomics in orphan disease research: pitfalls and potential. *Expert Rev Proteom* 2021;18:315–27. <https://doi.org/10.1080/14789450.2021.1918549>.
14. Yépez VA, Mertes C, Müller MF, Klapproth-Andrade D, Wachutka L, Frésard L, et al. Detection of aberrant gene expression events in RNA sequencing data. *Nat Protoc* 2021;16:1276–96. <https://doi.org/10.1038/s41596-020-00462-5>.
15. Kremer LS, Bader DM, Mertes C, Kopajtich R, Pichler G, Iuso A, et al. Genetic diagnosis of Mendelian disorders via RNA sequencing. *Nat Commun* 2017;8. <https://doi.org/10.1038/ncomms15824>.
16. Zhao T, Hock DH, Pitt J, Thorburn DR, Stroud DA, Christodoulou J. Review: Utility of mass spectrometry in rare disease research and diagnosis. *Npj Genomic Medicine* 2025 10:1 2025;10:29-. <https://doi.org/10.1038/s41525-025-00487-3>.
17. Mütze U, Scharré S, Schnabel-Besson E, Kuseyri Hübschmann O, Höster F, Tuncel AT, et al. Newborn screening for neuro-metabolic disorders: Strategies, clinical benefits, and prerequisites for program expansion. *European Journal of Paediatric Neurology* 2025;56:84–96. <https://doi.org/10.1016/j.ejpn.2025.03.017>.
18. Gene Therapies for Neurological Diseases Report n.d. <https://beacon-intelligence.com/market-reports/gene-therapies-for-neurological-diseases/> (accessed March 5, 2026).
19. Steinmetz JD, Seeher KM, Schiess N, Nichols E, Cao B, Servili C, et al. Global, regional, and national burden of disorders affecting the nervous system, 1990–2021: a systematic analysis for the Global Burden of Disease Study 2021. *Lancet Neurol* 2024;23:344–81. [https://doi.org/10.1016/S1474-4422\(24\)00038-3](https://doi.org/10.1016/S1474-4422(24)00038-3).
20. MacDonald ME, Ambrose CM, Duyao MP, Myers RH, Lin C, Srinidhi L, et al. the disease course spans 17 to 20 years, chromosomes. *Cell* 1993;72:971–83.

21. Lefebvre S, Bürglen L, Reboullet S, Clermont O, Burlet P, Viollet L, et al. Identification and characterization of a spinal muscular atrophy-determining gene. *Cell* 1995;80:155–65. [https://doi.org/10.1016/0092-8674\(95\)90460-3](https://doi.org/10.1016/0092-8674(95)90460-3).
22. Amir RE, Van Den Veyver IB, Wan M, Tran CQ, Francke U, Zoghbi HY. Rett syndrome is caused by mutations in X-linked MECP2, encoding methyl-CpG-binding protein 2. *Nature Genetics* 1999 23:2 1999;23:185–8. <https://doi.org/10.1038/13810>.
23. Geschwind DH, State MW. Gene hunting in autism spectrum disorder: On the path to precision medicine. *Lancet Neurol* 2015;14:1109–20. [https://doi.org/10.1016/S1474-4422\(15\)00044-7](https://doi.org/10.1016/S1474-4422(15)00044-7).
24. Taylor JP, Brown RH, Cleveland DW. Decoding ALS: from genes to mechanism. *Nature* 2016 539:7628 2016;539:197–206. <https://doi.org/10.1038/nature20413>.
25. Klein C, Westenberger A. Genetics of Parkinson's Disease. *Cold Spring Harb Perspect Med* 2012;2:a008888. <https://doi.org/10.1101/cshperspect.a008888>.
26. Devinsky O, Coller J, Ahrens-Nicklas R, Liu XS, Ahituv N, Davidson BL, et al. Gene therapies for neurogenetic disorders. *Trends Mol Med* 2025;31:814–26. <https://doi.org/10.1016/j.molmed.2025.01.015>.
27. Stern T, Hussein Y, Cordeiro D, Sadis H, Garin-Shkolnik T, Spiegel R, et al. Case Report: A Case of a Patient with Smith–Magenis Syndrome and Early-Onset Parkinson's Disease. *International Journal of Molecular Sciences* 2024, Vol 25, 2024;25. <https://doi.org/10.3390/ijms25158447>.
28. Ming G li, Song H. Adult Neurogenesis in the Mammalian Brain: Significant Answers and Significant Questions. *Neuron* 2011;70:687–702. <https://doi.org/10.1016/j.neuron.2011.05.001>.
29. Fischer I, Shohat S, Leichtmann-Bardoogo Y, Nayak R, Wiener G, Rosh I, et al. Shank3 mutation impairs glutamate signaling and myelination in ASD mouse model and human iPSC-derived OPCs. *Science Advances* 2024;10:4573. <https://doi.org/10.1126/sciadv.adl4573>.
30. Rosh I, Tripathi U, Hussein Y, Rike WA, Djamus J, Shklyar B, et al. Synaptic dysfunction and extracellular matrix dysregulation in dopaminergic neurons from sporadic and E326K-GBA1 Parkinson's disease patients. *Npj Parkinson's Disease* 2024 10:1 2024;10:38-. <https://doi.org/10.1038/s41531-024-00653-x>.
31. Sadis H, Rike WA, Peles D, Hussein Y, Stern T, Sagi I, et al. Brain extracellular matrix implications in multiple neurological disorders revealed through a meta-analysis of transcriptional changes. *Neurobiol Dis* 2026;219:107263. <https://doi.org/10.1016/j.nbd.2026.107263>.
32. Stern S, Lau S, Manole A, Rosh I, Percia MM, Ben Ezer R, et al. Reduced synaptic activity and dysregulated extracellular matrix pathways in midbrain neurons from Parkinson's disease patients. *Npj Parkinson's Disease* 2022 8:1 2022;8:103-. <https://doi.org/10.1038/s41531-022-00366-z>.
33. Tripathi U, Rosh I, Ben Ezer R, Nayak R, Hussein Y, Choudhary A, et al. Upregulated ECM genes and increased synaptic activity in Parkinson's human DA neurons with PINK1/ PRKN mutations. *Npj Parkinson's Disease* 2024 10:1 2024;10:103-. <https://doi.org/10.1038/s41531-024-00715-0>.
34. Thakore PI, Black JB, Hilton IB, Gersbach CA. Editing the epigenome: technologies for programmable transcription and epigenetic modulation. *Nat Methods* 2016;13:127–37. <https://doi.org/10.1038/nmeth.3733>.
35. Banskota S, Raguram A, Suh S, Du SW, Davis JR, Choi EH, et al. Engineered virus-like particles for efficient in vivo delivery of therapeutic proteins. *Cell* 2022;185:250-265.e16. <https://doi.org/10.1016/j.cell.2021.12.021>.
36. Kampmann M. CRISPR-based functional genomics for neurological disease. *Nat Rev Neurol* 2020;16:465–80. <https://doi.org/10.1038/s41582-020-0373-z>.
37. Yang S, Chang R, Yang H, Zhao T, Hong Y, Kong HE, et al. CRISPR/Cas9-mediated gene editing ameliorates neurotoxicity in mouse model of Huntington's disease. *J Clin Invest* 2017;127:2719–24. <https://doi.org/10.1172/JCI92087>.
38. Teter B, Campagna J, Spilman P, John V. APOE Gene Editing as a Therapeutic Target Toward Precision Medicine in AD. *Apolipoprotein E* 2025;1–26. https://doi.org/10.1007/978-3-031-52641-1_73-1.
39. Günaydin C, Hackett NR, Wakim V, Sondhi D, Kaminsky SM, Crystal RG. Prime Editing of Alzheimer's Disease High-Risk APOE4 Allele by Brain-Directed Adeno-Associated Virus Vectors. *Hum Gene Ther* 2025. <https://doi.org/10.1177/10430342251401888>.
40. Srinivasa MA, Escobar M. CRISPR-Based Transcriptional Regulation: Technologies, Applications, and Future Directions. *DNA* 2025, Vol 5, 2025;5:57. <https://doi.org/10.3390/dna5040057>.

41. Boti MA, Diamantopoulos MA, Scorilas A. RNA-Targeting Techniques: A Comparative Analysis of Modern Approaches for RNA Manipulation in Cancer Research and Therapeutics. *Genes* 2025, Vol 16, 2025;16. <https://doi.org/10.3390/genes16101168>.
42. Yanagidaira M, Yoshioka K, Nagata T, Nakao S, Miyata K, Yokota T. Effects of combinations of gapmer antisense oligonucleotides on the target reduction. *Mol Biol Rep* 2023;50:3539. <https://doi.org/10.1007/s11033-022-08224-0>.
43. Whittaker MN, Testa LC, Quigley A, Brooks DL, Grandinette SA, Said H, et al. Improved specificity and efficiency of in vivo adenine base editing therapies with hybrid guide RNAs. *Nature Biomedical Engineering* 2025 2025:1–13. <https://doi.org/10.1038/s41551-025-01545-y>.
44. Li X, Peng X, Zoulikha M, Bofo GF, Magar KT, Ju Y, et al. Multifunctional nanoparticle-mediated combining therapy for human diseases. *Signal Transduction and Targeted Therapy* 2023 9:1 2024;9:1-. <https://doi.org/10.1038/s41392-023-01668-1>.
45. Axelsen TM, Woldbye DPD. Gene therapy for Parkinson's disease, an update. *J Parkinsons Dis* 2018;8:195–215. <https://doi.org/10.3233/JPD-181331>.
46. Naldini L. Gene therapy returns to centre stage. *Nature* 2015 526:7573 2015;526:351–60. <https://doi.org/10.1038/nature15818>.
47. Suarez-Amaran L, Song L, Tretiakova AP, Mikhail SA, Samulski RJ. AAV vector development, back to the future. *Molecular Therapy* 2025;33:1903–36. <https://doi.org/10.1016/j.ymthe.2025.03.064>.
48. Brommel CM, Cooney AL, Sinn PL. Adeno-Associated Virus-Based Gene Therapy for Lifelong Correction of Genetic Disease. *Hum Gene Ther* 2020;31:985. <https://doi.org/10.1089/hum.2020.138>.
49. Sahin U, Karikó K, Türeci Ö. mRNA-based therapeutics — developing a new class of drugs. *Nature Reviews Drug Discovery* 2014 13:10 2014;13:759–80. <https://doi.org/10.1038/nrd4278>.
50. Fire A, Xu S, Montgomery MK, Kostas SA, Driver SE, Mello CC. Potent and specific genetic interference by double-stranded RNA in *Caenorhabditis elegans*. *Nature* 1998 391:6669 1998;391:806–11. <https://doi.org/10.1038/35888>.
51. Bray N. Spanner in the works of filovirus infection. *Nature Reviews Drug Discovery* 2014 13:5 2014;13:334–334. <https://doi.org/10.1038/nrd4310>.
52. Crooke ST. Molecular Mechanisms of Antisense Oligonucleotides. *Nucleic Acid Ther* 2017;27:70. <https://doi.org/10.1089/nat.2016.0656>.
53. Chen S, Heendeniya SN, Le BT, Rahimizadeh K, Rabiee N, Zahra Q ul ain, et al. Splice-Modulating Antisense Oligonucleotides as Therapeutics for Inherited Metabolic Diseases. *Biodrugs* 2024;38:177. <https://doi.org/10.1007/s40259-024-00644-7>.
54. Laufer MC, van Roon-Mom W, Aartsma-Rus A. Possibilities and limitations of antisense oligonucleotide therapies for the treatment of monogenic disorders. *Communications Medicine* 2024 4:1 2024;4:6-. <https://doi.org/10.1038/s43856-023-00419-1>.
55. Urnov FD, Rebar EJ, Holmes MC, Zhang HS, Gregory PD. Genome editing with engineered zinc finger nucleases. *Nature Reviews Genetics* 2010 11:9 2010;11:636–46. <https://doi.org/10.1038/nrg2842>.
56. Klug A. The discovery of zinc fingers and their applications in gene regulation and genome manipulation. *Annu Rev Biochem* 2010;79:213–31. <https://doi.org/10.1146/annurev-biochem-010909-095056>.
57. Joung JK, Sander JD. TALENs: a widely applicable technology for targeted genome editing. *Nature Reviews Molecular Cell Biology* 2012 14:1 2012;14:49–55. <https://doi.org/10.1038/nrm3486>.
58. Gaj T, Gersbach CA, Barbas CF. ZFN, TALEN, and CRISPR/Cas-based methods for genome engineering. *Trends Biotechnol* 2013;31:397–405. <https://doi.org/10.1016/j.tibtech.2013.04.004>.
59. Nishimasu H, Ran FA, Hsu PD, Konermann S, Shehata SI, Dohmae N, et al. Crystal structure of Cas9 in complex with guide RNA and target DNA. *Cell* 2014;156:935–49. <https://doi.org/10.1016/j.cell.2014.02.001>.
60. Jinek M, Chylinski K, Fonfara I, Hauer M, Doudna JA, Charpentier E. A programmable dual-RNA-guided DNA endonuclease in adaptive bacterial immunity. *Science* (1979) 2012;337:816–21. <https://doi.org/10.1126/science.1225829>.
61. Hsu PD, Lander ES, Zhang F. Development and applications of CRISPR-Cas9 for genome engineering. *Cell* 2014;157:1262–78. <https://doi.org/10.1016/j.cell.2014.05.010>.

62. Lieber MR. The mechanism of double-strand DNA break repair by the nonhomologous DNA end-joining pathway. *Annu Rev Biochem* 2010;79:181–211. <https://doi.org/10.1146/annurev.biochem.052308.093131>.
63. Komor AC, Kim YB, Packer MS, Zuris JA, Liu DR. Programmable editing of a target base in genomic DNA without double-stranded DNA cleavage. *Nature* 2015 533:7603 2016;533:420–4. <https://doi.org/10.1038/nature17946>.
64. Rees HA, Liu DR. Base editing: precision chemistry on the genome and transcriptome of living cells. *Nature Reviews Genetics* 2018 19:12 2018;19:770–88. <https://doi.org/10.1038/s41576-018-0059-1>.
65. Anzalone A V., Randolph PB, Davis JR, Sousa AA, Koblan LW, Levy JM, et al. Search-and-replace genome editing without double-strand breaks or donor DNA. *Nature* 2019;576:149–57. <https://doi.org/10.1038/s41586-019-1711-4>.
66. Qi LS, Larson MH, Gilbert LA, Doudna JA, Weissman JS, Arkin AP, et al. Repurposing CRISPR as an RNA-guided platform for sequence-specific control of gene expression. *Cell* 2013;152:1173–83. <https://doi.org/10.1016/j.cell.2013.02.022>.
67. Chavez A, Scheiman J, Vora S, Pruitt BW, Tuttle M, P R Iyer E, et al. Highly efficient Cas9-mediated transcriptional programming. *Nature Methods* 2015 12:4 2015;12:326–8. <https://doi.org/10.1038/nmeth.3312>.
68. Abudayyeh OO, Gootenberg JS, Konermann S, Joung J, Slaymaker IM, Cox DBT, et al. C2c2 is a single-component programmable RNA-guided RNA-targeting CRISPR effector. *Science (1979)* 2016;353. <https://doi.org/10.1126/science.aaf5573>.
69. Konermann S, Lotfy P, Brideau NJ, Oki J, Shokhirev MN, Hsu PD. Transcriptome Engineering with RNA-Targeting Type VI-D CRISPR Effectors. *Cell* 2018;173:665-676.e14. <https://doi.org/10.1016/j.cell.2018.02.033>.
70. Cox DBT, Gootenberg JS, Abudayyeh OO, Franklin B, Kellner MJ, Joung J, et al. RNA editing with CRISPR-Cas13. *Science (1979)* 2017;358:1019–27. <https://doi.org/10.1126/science.aaq0180>.
71. Wang JH, Gessler DJ, Zhan W, Gallagher TL, Gao G. Adeno-associated virus as a delivery vector for gene therapy of human diseases. *Signal Transduction and Targeted Therapy* 2024 9:1 2024;9:78-. <https://doi.org/10.1038/s41392-024-01780-w>.
72. Zhang L, Lou W, Wang J. Advances in nucleic acid therapeutics: structures, delivery systems, and future perspectives in cancer treatment. *Clin Exp Med* 2024;24:200-. <https://doi.org/10.1007/s10238-024-01463-4>.
73. Mollé LM, Smyth CH, Yuen D, Johnston APR. Nanoparticles for vaccine and gene therapy: Overcoming the barriers to nucleic acid delivery. *Wiley Interdiscip Rev Nanomed Nanobiotechnol* 2022;14:e1809. <https://doi.org/10.1002/wnan.1809>.
74. Chamberlain K, Riyad JM, Weber T. Expressing Transgenes That Exceed the Packaging Capacity of Adeno-Associated Virus Capsids. *Hum Gene Ther Methods* 2016;27:1. <https://doi.org/10.1089/hgtb.2015.140>.
75. Bennett A, Mietzsch M, Agbandje-Mckenna M. Understanding capsid assembly and genome packaging for adeno-associated viruses. *Future Virol* 2017;12:283. <https://doi.org/10.2217/fvl-2017-0011>.
76. Naldini L. Gene therapy returns to centre stage. *Nature* 2015 526:7573 2015;526:351–60. <https://doi.org/10.1038/nature15818>.
77. Hocquemiller M, Giersch L, Audrain M, Parker S, Cartier N. Adeno-Associated Virus-Based Gene Therapy for CNS Diseases. *Hum Gene Ther* 2016;27:478–96. <https://doi.org/10.1089/hum.2016.087>.
78. Kay MA. State-of-the-art gene-based therapies: the road ahead. *Nat Rev Genet* 2011;12:316–28. <https://doi.org/10.1038/nrg2971>.
79. Wang D, Tai PWL, Gao G. Adeno-associated virus vector as a platform for gene therapy delivery. *Nat Rev Drug Discov* 2019;18:358–78. <https://doi.org/10.1038/s41573-019-0012-9>.
80. Hocquemiller M, Giersch L, Audrain M, Parker S, Cartier N. Adeno-Associated Virus-Based Gene Therapy for CNS Diseases. *Hum Gene Ther* 2016;27:478–96. <https://doi.org/10.1089/hum.2016.087>.
81. Hudry E, Vandenberghe LH. Therapeutic AAV Gene Transfer to the Nervous System: A Clinical Reality. *Neuron* 2019;101:839–62. <https://doi.org/10.1016/j.neuron.2019.02.017>.
82. Ran FA, Cong L, Yan WX, Scott DA, Gootenberg JS, Kriz AJ, et al. In vivo genome editing using Staphylococcus aureus Cas9. *Nature* 2015 520:7546 2015;520:186–91. <https://doi.org/10.1038/nature14299>.
83. Humbel M, Ramosaj M, Zimmer V, Regio S, Aeby L, Moser S, et al. Maximizing lentiviral vector gene transfer in the CNS. *Gene Therapy* 2020 28:1 2020;28:75–88. <https://doi.org/10.1038/s41434-020-0172-6>.

84. Sakuma T, Barry MA, Ikeda Y. Lentiviral vectors: basic to translational. *Biochem J* 2012;443:603–18. <https://doi.org/10.1042/BJ20120146>.
85. Wold W, Toth K. Adenovirus Vectors for Gene Therapy, Vaccination and Cancer Gene Therapy. *Curr Gene Ther* 2014;13:421–33. <https://doi.org/10.2174/1566523213666131125095046>.
86. Ramamoorth M, Narvekar A. Non Viral Vectors in Gene Therapy- An Overview. *J Clin Diagn Res* 2015;9:GE01. <https://doi.org/10.7860/JCDR/2015/10443.5394>.
87. Geng G, Xu Y, Hu Z, Wang H, Chen X, Yuan W, et al. Viral and non-viral vectors in gene therapy: current state and clinical perspectives. *EBioMedicine* 2025;118:105834. <https://doi.org/10.1016/j.ebiom.2025.105834>.
88. Seijas A, Cora D, Novo M, Al-Soufi W, Sánchez L, Arana ÁJ. CRISPR/Cas9 Delivery Systems to Enhance Gene Editing Efficiency. *International Journal of Molecular Sciences* 2025, Vol 26, 2025;26. <https://doi.org/10.3390/ijms26094420>.
89. Cullis PR, Felgner PL. The 60-year evolution of lipid nanoparticles for nucleic acid delivery. *Nature Reviews Drug Discovery* 2024 23:9 2024;23:709–22. <https://doi.org/10.1038/s41573-024-00977-6>.
90. Sarmah S, Baidya S, De M. Recent Advances in Lipid Nanoparticles: Nucleic Acid Therapeutics and Targeting Strategies. *Small* 2025;21. <https://doi.org/10.1002/sml.202506812>.
91. Mora-Raimundo P, Gilon A, Kadosh H, Richtman Y, Sela M, Ackerman S, et al. Music enhances lipid nanoparticle brain delivery and mRNA transfection in brain cells. *Journal of Controlled Release* 2025;388. <https://doi.org/10.1016/j.jconrel.2025.114301>.
92. Amoako K, Mokhammad A, Malik A, Yesudasan S, Wheba A, Olagunju O, et al. Enhancing nucleic acid delivery by the integration of artificial intelligence into lipid nanoparticle formulation. *Front Med Technol* 2025;7:1591119. <https://doi.org/10.3389/fmedt.2025.1591119>.
93. Kuzminich Y, Shakked A, Calkins R, Rudden S, Jones C, Doan J, et al. Lipid nanoparticles deliver mRNA to the blood–brain barrier. *Nano Res* 2024;17:9126–34. <https://doi.org/10.1007/s12274-024-6827-7>.
94. Cao D, Hou X, Wang C, Wang S, Liu Z, Tian M, et al. Lipid nanoparticles for mRNA delivery in brain via systemic administration. *Sci Adv* 2025;11:eadw0730. <https://doi.org/10.1126/sciadv.adw0730>.
95. Saraiva C, Praça C, Ferreira R, Santos T, Ferreira L, Bernardino L. Nanoparticle-mediated brain drug delivery: Overcoming blood-brain barrier to treat neurodegenerative diseases. *Journal of Controlled Release* 2016;235:34–47. <https://doi.org/10.1016/j.jconrel.2016.05.044>.
96. Li R, Rscpharma /, Walia S, Mehta MJ. Recent progress on nanosystems for nucleic acid delivery. *RSC Pharmaceutics* 2024;1:645–74. <https://doi.org/10.1039/d4pm00009a>.
97. Eltaib L. Polymeric Nanoparticles in Targeted Drug Delivery: Unveiling the Impact of Polymer Characterization and Fabrication. *Polymers* 2025, Vol 17, 2025;17. <https://doi.org/10.3390/polym17070833>.
98. Tan A, Rajadas J, Seifalian AM. Exosomes as nano-theranostic delivery platforms for gene therapy. *Adv Drug Deliv Rev* 2013;65:357–67. <https://doi.org/10.1016/j.addr.2012.06.014>.
99. Pegtel DM, Gould SJ. Exosomes. *Annu Rev Biochem* 2019;88:487–514. <https://doi.org/10.1146/annurev-biochem-013118-111902>.
100. Dunbar CE, High KA, Joung JK, Kohn DB, Ozawa K, Sadelain M. Gene therapy comes of age. *Science* (1979) 2018;359. <https://doi.org/10.1126/science.aan4672>.
101. Balaraman AK, Babu MA, Moglad E, Mandaliya V, Rekha MM, Gupta S, et al. Exosome-mediated delivery of CRISPR-Cas9: A revolutionary approach to cancer gene editing. *Pathol Res Pract* 2025;266:155785. <https://doi.org/10.1016/j.prp.2024.155785>.
102. Lin Y, Wu J, Gu W, Huang Y, Tong Z, Huang L, et al. Exosome–Liposome Hybrid Nanoparticles Deliver CRISPR/Cas9 System in MSCs. *Advanced Science* 2018;5. <https://doi.org/10.1002/advs.201700611>.
103. Chen Z, Xiong M, Tian J, Song D, Duan S, Zhang L. Encapsulation and assessment of therapeutic cargo in engineered exosomes: a systematic review. *J Nanobiotechnology* 2024;22. <https://doi.org/10.1186/s12951-023-02259-6>.
104. Bahadorani M, Nasiri M, Dellinger K, Aravamudhan S, Zadegan R. Engineering Exosomes for Therapeutic Applications: Decoding Biogenesis, Content Modification, and Cargo Loading Strategies. *Int J Nanomedicine* 2024;19:7137–64. <https://doi.org/10.2147/IJN.S464249>.

105. Onohuean H, Naik Bukke SP, Thalluri C, Abass KS, Choonara YE. Exosome engineering for targeted therapy of brain-infecting pathogens: molecular tools, delivery platforms, and translational advances. *Front Med Technol* 2025;7. <https://doi.org/10.3389/fmedt.2025.1655471>.
106. Nouri Z, Barfar A, Perseh S, Motasadizadeh H, Maghsoudian S, Fatahi Y, et al. Exosomes as therapeutic and drug delivery vehicle for neurodegenerative diseases. *J Nanobiotechnology* 2024;22. <https://doi.org/10.1186/s12951-024-02681-4>.
107. Mehdizadeh S, Mamaghani M, Hassanikia S, Pilehvar Y, Ertas YN. Exosome-powered neuropharmaceuticals: unlocking the blood-brain barrier for next-gen therapies. *Journal of Nanobiotechnology* 2025;23. <https://doi.org/10.1186/s12951-025-03352-8>.
108. Mondal K, Ghanty R, Mahadevan A, Waghmare G, Santhoshkumar R, BN N, et al. Intranasal delivery of DPSC-derived small extracellular vesicles-encased phloroglucinol attenuates non-motor and motor deficits and promotes neurogenesis in an in vivo rat model of Parkinson's disease. *Stem Cell Research and Therapy* 2025;16. <https://doi.org/10.1186/s13287-025-04573-2>.
109. Narbute K, Piliipenko V, Pupure J, Dzirkale Z, Jonavičė U, Tunaitis V, et al. Intranasal Administration of Extracellular Vesicles Derived from Human Teeth Stem Cells Improves Motor Symptoms and Normalizes Tyrosine Hydroxylase Expression in the Substantia Nigra and Striatum of the 6-Hydroxydopamine-Treated Rats. *Stem Cells Transl Med* 2019;8:490–9. <https://doi.org/10.1002/sctm.18-0162>.
110. Huang W, Zhang T, Li X, Gong L, Zhang Y, Luan C, et al. Intranasal Administration of Umbilical Cord Mesenchymal Stem Cell Exosomes Alleviates Parkinson's Disease. *Neuroscience* 2024;549:1–12. <https://doi.org/10.1016/j.neuroscience.2024.04.010>.
111. Ozdemir AM, Senoglu HL, Dastouri M. miRNA-Loaded stem cell-derived exosomes in neuroregeneration: Current insights and future perspectives. *Biomedicine Advances* 2025;2:104–30. <https://doi.org/10.34172/bma.29>.
112. Shahsavandi Y, Banaeian F, Jafarinia M, Nasri F, Shapoori S. miRNAs from mesenchymal-stem-cell-derived extracellular vesicles: Emerging players in regenerative medicine and disease therapy. *Mol Ther Nucleic Acids* 2025;36:102715. <https://doi.org/10.1016/j.omtn.2025.102715>.
113. Choudhary A, Rosh I, Hussein Y, Netser S, Shemen A, Suliman T, et al. Extracellular vesicles from stem cells rescue cellular phenotypes and behavioral deficits in SHANK3-associated ASD neuronal and mouse models. *Cell Death & Disease* 2026 17:1 2026;17:244-. <https://doi.org/10.1038/s41419-026-08474-x>.
114. Rezaie J, Feghhi M, Etemadi T. A review on exosomes application in clinical trials: perspective, questions, and challenges. *Cell Communication and Signaling* 2022 20:1 2022;20:145-. <https://doi.org/10.1186/s12964-022-00959-4>.
115. Choi H, Choi Y, Yim HY, Mirzaaghasi A, Yoo JK, Choi C. Biodistribution of Exosomes and Engineering Strategies for Targeted Delivery of Therapeutic Exosomes. *Tissue Engineering and Regenerative Medicine* 2021 18:4 2021;18:499–511. <https://doi.org/10.1007/s13770-021-00361-0>.
116. *Advances in Gene Therapy for Neurologic Disorders: An Overview* 2025. <https://doi.org/10.15212/bioi-2024-0060>.
117. Terstappen GC, Meyer AH, Bell RD, Zhang W. Strategies for delivering therapeutics across the blood–brain barrier. *Nature Reviews Drug Discovery* 2021 20:5 2021;20:362–83. <https://doi.org/10.1038/s41573-021-00139-y>.
118. Lin J, Lin Y, Liu N, Cao W, Zhang J, Wen S, et al. AAVLINK: A potent DNA-recombination method for large cargo delivery in gene therapy. *Cell* 2026;189:969–986.e17. <https://doi.org/10.1016/j.cell.2025.12.039>.
119. Mich JK, Ryu J, Wei AD, Gore BB, Guo R, Bard AM, et al. Interneuron-specific dual-AAV SCN1A gene replacement corrects epileptic phenotypes in mouse models of Dravet syndrome. *Sci Transl Med* 2025;17. <https://doi.org/10.1126/scitranslmed.adn5603>.
120. Wang JH, Gessler DJ, Zhan W, Gallagher TL, Gao G. Adeno-associated virus as a delivery vector for gene therapy of human diseases. *Signal Transduction and Targeted Therapy* 2024 9:1 2024;9:78-. <https://doi.org/10.1038/s41392-024-01780-w>.
121. Chan KY, Jang MJ, Yoo BB, Greenbaum A, Ravi N, Wu WL, et al. Engineered AAVs for efficient noninvasive gene delivery to the central and peripheral nervous systems. *Nature Neuroscience* 2017 20:8 2017;20:1172–9. <https://doi.org/10.1038/nn.4593>.

122. Li HR, Harb M, Heath JE, Trippett JS, Shapiro MG, Szablowski JO. Engineering viral vectors for acoustically targeted gene delivery. *Nature Communications* 2024 15:1 2024;15:4924-. <https://doi.org/10.1038/s41467-024-48974-y>.
123. Noel RL, Kugelman T, Karakatsani ME, Shahriar S, Willner MJ, Jimenez DA, et al. Safe focused ultrasound-mediated blood-brain barrier opening is driven primarily by transient reorganization of tight junctions. *Communications Engineering* 2026 2026. <https://doi.org/10.1038/s44172-026-00597-5>.
124. Jeong J, Han M, Jeon S, Kim Y, Choi HJ, Choi W, et al. Aducanumab delivery via focused ultrasound-induced transient blood–brain barrier opening in vivo. *Scientific Reports* 2025 15:1 2025;15:17742-. <https://doi.org/10.1038/s41598-025-02412-1>.
125. Kolishetti N, Vashist A, Arias AY, Atluri V, Dhar S, Nair M. Recent advances, status, and opportunities of magneto-electric nanocarriers for biomedical applications. *Mol Aspects Med* 2022;83:101046. <https://doi.org/10.1016/j.mam.2021.101046>.
126. Rodriguez M, Kaushik A, Lapierre J, Dever SM, El-Hage N, Nair M. Electro-Magnetic Nano-Particle Bound Beclin1 siRNA Crosses the Blood-Brain Barrier to Attenuate the Inflammatory Effects of HIV-1 Infection in Vitro. *J Neuroimmune Pharmacol* 2017;12:120–32. <https://doi.org/10.1007/s11481-016-9688-3>.
127. Study Details | NCT07448610 | ASsessing The REAL-world Safety & Effectiveness of Spinal Muscular Atrophy Participants Treated With Intrathecal Onasemnogene Apeparovovec-brve (OAV101B) (ITVISMIA®): A U.S. Pragmatic Multicenter Study (STREAM) | ClinicalTrial... n.d. <https://clinicaltrials.gov/study/NCT07448610?term=Itvisma%20&rank=1> (accessed March 8, 2026).
128. FDA Approves Gene Therapy for Treatment of Spinal Muscular Atrophy | FDA n.d. <https://www.fda.gov/news-events/press-announcements/fda-approves-gene-therapy-treatment-spinal-muscular-atrophy> (accessed March 9, 2026).
129. Study Details | NCT07081841 | AB-1005 Long-Term Follow-up Study | ClinicalTrials.gov n.d. <https://clinicaltrials.gov/study/NCT07081841?term=AB-1005&rank=2> (accessed March 8, 2026).
130. Study Details | NCT06944522 | A Study to Investigate the Efficacy and Safety of Bemdaneprocel in Adults Who Have Parkinson’s Disease | ClinicalTrials.gov n.d. <https://clinicaltrials.gov/study/NCT06944522> (accessed March 8, 2026).
131. Study Details | NCT04120493 | Safety and Proof-of-Concept (POC) Study With AMT-130 in Adults With Early Manifest Huntington’s Disease | ClinicalTrials.gov n.d. <https://clinicaltrials.gov/study/NCT04120493?term=AMT-130&rank=2> (accessed March 8, 2026).
132. Study Details | NCT05243017 | Safety and Efficacy of AMT-130 in European Adults With Early Manifest Huntington’s Disease | ClinicalTrials.gov n.d. <https://clinicaltrials.gov/study/NCT05243017?term=AMT-130&rank=1> (accessed March 8, 2026).
133. Study Details | NCT06826612 | A Randomized Study of SPK-10001 Gene Therapy in Participants With Huntington’s Disease | ClinicalTrials.gov n.d. <https://clinicaltrials.gov/study/NCT06826612?cond=huntington%20disease&intr=AAV&rank=3> (accessed March 17, 2026).
134. Study Details | NCT05541627 | A Study to Evaluate AB-1001 Striatal Administration in Adults With Early Manifest Huntington’s Disease | ClinicalTrials.gov n.d. <https://clinicaltrials.gov/study/NCT05541627?cond=huntington%20disease&intr=AAV&rank=4> (accessed March 17, 2026).
135. Rabinovici GD, Selkoe DJ, Schindler SE, Aisen P, Apostolova LG, Atri A, et al. Donanemab: Appropriate use recommendations. *J Prev Alzheimers Dis* 2025;12:100150. <https://doi.org/10.1016/j.tjpad.2025.100150>.
136. Arroyo-Pacheco N, Sarmiento-Blanco S, Vergara-Cadavid G, Castro-Leones M, Contreras-Puentes N. Monoclonal therapy with lecanemab in the treatment of mild Alzheimer’s disease: A systematic review and meta-analysis. *Ageing Res Rev* 2025;104:102620. <https://doi.org/10.1016/j.arr.2024.102620>.
137. Katsoulaki EE, Dimopoulos D, Hadjipavlou-Litina D. Multitarget Compounds Designed for Alzheimer, Parkinson, and Huntington Neurodegeneration Diseases. *Pharmaceuticals* 2025, Vol 18, 2025;18. <https://doi.org/10.3390/ph18060831>.

138. Study Details | NCT05400330 | Long-Term Follow-up of Gene Therapy for APOE4 Homozygote Alzheimer's Disease | ClinicalTrials.gov n.d.
<https://clinicaltrials.gov/study/NCT05400330?intr=LX1001&rank=1> (accessed March 17, 2026).
139. Study Details | NCT03634007 | Gene Therapy for APOE4 Homozygote of Alzheimer's Disease | ClinicalTrials.gov n.d.
<https://clinicaltrials.gov/study/NCT03634007?cond=alzheimer%27s%20disease&term=APOE2&rank=1> (accessed March 11, 2026).
140. Gene Therapy for APOE4 Homozygote of Alzheimer's Disease | TrialScreen n.d.
<https://app.trialscreen.org/trials/phase-1-2-alzheimer-disease-gene-therapy-apoe4-homozygote-s-trial-nct03634007> (accessed March 9, 2026).
141. Günaydin C, Sondhi D, Kaminsky SM, Lephart HC, Leopold PL, Hackett NR, et al. AAVrh.10 delivery of novel APOE2-Christchurch variant suppresses amyloid and Tau pathology in Alzheimer's disease mice. *Molecular Therapy* 2024;32:4303–18. <https://doi.org/10.1016/j.ymthe.2024.11.003>.
142. Rosenberg JB, Kaplitt MG, De BP, Chen A, Flagiello T, Salami C, et al. AAVrh.10-Mediated APOE2 Central Nervous System Gene Therapy for APOE4-Associated Alzheimer's Disease. *Hum Gene Ther Clin Dev* 2018;29:24. <https://doi.org/10.1089/humc.2017.231>.
143. Study Details | NCT05040217 | A Clinical Trial of AAV2-BDNF Gene Therapy in Early Alzheimer's Disease and Mild Cognitive Impairment | ClinicalTrials.gov n.d.
<https://clinicaltrials.gov/study/NCT05040217?cond=alzheimer%27s%20disease&intr=AAV&rank=4> (accessed March 17, 2026).
144. Tuszynski MH, Scharre DW, Leger GC, Lonser RR, Bankiewicz KS, Elder JB. A Phase I Clinical Trial of AAV2-BDNF Gene Therapy for Alzheimer's Disease: Findings. *Alzheimer's & Dementia* 2025;21:e101305. https://doi.org/10.1002/alz70859_101305.
145. Li WK, Zhang SQ, Peng WL, Shi YH, Yuan B, Yuan YT, et al. Whole-brain in vivo base editing reverses behavioral changes in Mef2c-mutant mice. *Nat Neurosci* 2024;27:116–28. <https://doi.org/10.1038/s41593-023-01499-x>.
146. Sugathan A, Biagioli M, Golzio C, Erdin S, Blumenthal I, Manavalan P, et al. CHD8 regulates neurodevelopmental pathways associated with autism spectrum disorder in neural progenitors. *Proc Natl Acad Sci U S A* 2014;111:E4468–77. <https://doi.org/10.1073/pnas.1405266111>.
147. Bernier R, Golzio C, Xiong B, Stessman HA, Coe BP, Penn O, et al. Disruptive CHD8 mutations define a subtype of autism early in development. *Cell* 2014;158:263–76. <https://doi.org/10.1016/j.cell.2014.06.017>.
148. Chen GT, Nair G, Osorio AJ, Holley SM, Ghassemzadeh K, Gonzalez J, et al. Enhancer-targeted CRISPR-Activation Rescues Haploinsufficient Autism Susceptibility Genes. *BioRxiv* 2024:2024.03.13.584921. <https://doi.org/10.1101/2024.03.13.584921>.
149. Gapinske M, Luu A, Winter J, Woods WS, Kostan KA, Shiva N, et al. CRISPR-SKIP: programmable gene splicing with single base editors. *Genome Biology* 2018 19:1 2018;19:107-. <https://doi.org/10.1186/s13059-018-1482-5>.
150. Gapinske M, Luu A, Winter J, Woods WS, Kostan KA, Shiva N, et al. CRISPR-SKIP: programmable gene splicing with single base editors. *Genome Biol* 2018;19:107. <https://doi.org/10.1186/s13059-018-1482-5>.
151. Savell KE, Bach S V., Zipperly ME, Revanna JS, Goska NA, Tuscher JJ, et al. A Neuron-Optimized CRISPR/dCas9 Activation System for Robust and Specific Gene Regulation. *ENeuro* 2019;6. <https://doi.org/10.1523/ENEURO.0495-18.2019>.
152. Grande I, Fries GR, Kunz M, Kapczinski F. The Role of BDNF as a Mediator of Neuroplasticity in Bipolar Disorder. *Psychiatry Investig* 2010;7:243. <https://doi.org/10.4306/pi.2010.7.4.243>.
153. Stern S, Lau S, Manole A, Rosh I, Percia MM, Ben Ezer R, et al. Reduced synaptic activity and dysregulated extracellular matrix pathways in midbrain neurons from Parkinson's disease patients. *NPJ Parkinsons Dis* 2022;8. <https://doi.org/10.1038/s41531-022-00366-z>.
154. Tripathi U, Rosh I, Ben Ezer R, Nayak R, Hussein Y, Choudhary A, et al. Upregulated ECM genes and increased synaptic activity in Parkinson's human DA neurons with PINK1/ PRKN mutations. *NPJ Parkinsons Dis* 2024;10. <https://doi.org/10.1038/s41531-024-00715-0>.

155. Cohen-Adiv S, Amer-Sarsour F, Berdichevsky Y, Boxer E, Goldstein O, Gana-Weisz M, et al. TMEM16F regulates pathologic α -synuclein secretion and spread in cellular and mouse models of Parkinson's disease. *Aging Cell* 2025;24. <https://doi.org/10.1111/accel.14387>.
156. Chang KH, Huang CY, Ou-Yang CH, Ho CH, Lin HY, Hsu CL, et al. In vitro genome editing rescues parkinsonism phenotypes in induced pluripotent stem cells-derived dopaminergic neurons carrying LRRK2 p.G2019S mutation. *Stem Cell Res Ther* 2021;12. <https://doi.org/10.1186/s13287-021-02585-2>.
157. Li H, Busquets O, Verma Y, Syed KM, Kutnowski N, Pangilinan GR, et al. Highly efficient generation of isogenic pluripotent stem cell models using prime editing. *Elife* 2022;11. <https://doi.org/10.7554/eLife.79208>.
158. Sousa AA, Terrey M, Sakai HA, Simmons CQ, Arystarkhova E, Morsci NS, et al. In vivo prime editing rescues alternating hemiplegia of childhood in mice. *Cell* 2025;188:4275-4294.e23. <https://doi.org/10.1016/j.cell.2025.06.038>.
159. Reeve CM, Boscia AR, Deutsch TC, Patel MP, Miralles RM, Kittur S, et al. Base editing rescues seizures and sudden death in a SCN8A mutation-associated developmental epileptic encephalopathy model. *J Clin Invest* 2026;136:e196402. <https://doi.org/10.1172/JCI196402>.
160. Wolff M, Johannesen KM, Hedrich UBS, Masnada S, Rubboli G, Gardella E, et al. Genetic and phenotypic heterogeneity suggest therapeutic implications in SCN2A-related disorders. *Brain* 2017;140:1316–36. <https://doi.org/10.1093/brain/awx054>.
161. Sanders SJ, Campbell AJ, Cottrell JR, Moller RS, Wagner FF, Auldridge AL, et al. Progress in Understanding and Treating SCN2A-Mediated Disorders. *Trends Neurosci* 2018;41:442–56. <https://doi.org/10.1016/j.tins.2018.03.011>.
162. Tamura S, Nelson AD, Spratt PWE, Hamada EC, Zhou X, Kyoung H, et al. CRISPR activation for SCN2A-related neurodevelopmental disorders. *Nature* 2025;646:983. <https://doi.org/10.1038/s41586-025-09522-w>.
163. Fda, Cber. Considerations for the use of the Plausible Mechanism Framework to Develop Individualized Therapies that Target Specific Genetic Conditions with Known Biological Cause; Draft Guidance for Industry n.d.
164. Hinderer C, Katz N, Buza EL, Dyer C, Goode T, Bell P, et al. Severe Toxicity in Nonhuman Primates and Piglets Following High-Dose Intravenous Administration of an Adeno-Associated Virus Vector Expressing Human SMN. *Hum Gene Ther* 2018;29:285–98. <https://doi.org/10.1089/hum.2018.015>.
165. FDA Launches Framework for Accelerating Development of Individualized Therapies for Ultra-Rare Diseases | FDA n.d. <https://www.fda.gov/news-events/press-announcements/fda-launches-framework-accelerating-development-individualized-therapies-ultra-rare-diseases> (accessed March 10, 2026).
166. Han JJ. FDA Modernization Act 2.0 allows for alternatives to animal testing. *Artif Organs* 2023;47:449–50. <https://doi.org/10.1111/aor.14503>.
167. Kim J, Koo BK, Knoblich JA. Human organoids: model systems for human biology and medicine. *Nat Rev Mol Cell Biol* 2020;21:571–84. <https://doi.org/10.1038/s41580-020-0259-3>.
168. Roadmap to Reducing Animal Testing in Preclinical Safety Studies n.d. <https://doi.org/10.1177/026119291804600501>.
169. SECTOR SNAPSHOT n.d.
170. SECTOR SNAPSHOT n.d.
171. Big Pharma partnerships, record \$22.7B investment raise profile of regenerative medicine in 2021 | Fierce Biotech n.d. <https://www.fiercebiotech.com/biotech/big-pharma-partnerships-record-investment-raise-profile-regenerative-medicine-2021> (accessed March 10, 2026).
172. Gene, Cell, & RNA Therapy Landscape Report Q4 2025 Quarterly Data Report 2026.
173. Digital Health In Neurology Market Size & Share Report 2030 n.d. <https://www.grandviewresearch.com/industry-analysis/digital-health-neurology-market-report> (accessed March 10, 2026).
174. Voyager Reports Fourth Quarter and Full Year 2025 Financial and Operating Results | FirstWord Pharma n.d. <https://firstwordpharma.com/story/7131844> (accessed March 10, 2026).
175. Gene Therapy Market worth \$36.55 billion by 2032 n.d. <https://www.marketsandmarkets.com/PressReleases/gene-therapy.asp> (accessed March 10, 2026).

176. Myrou A, Barmpagiannos K, Ioakimidou A, Savopoulos C. Molecular Biomarkers in Neurological Diseases: Advances in Diagnosis and Prognosis. *International Journal of Molecular Sciences* 2025, Vol 26, 2025;26. <https://doi.org/10.3390/ijms26052231>.
177. Turner MR, Thompson AG, Teunissen CE. Blood level of neurofilament light chain as a biomarker for neurological disorders. *BMJ Medicine* 2025;4:e000958. <https://doi.org/10.1136/bmjmed-2024-000958>.
178. Topol EJ. High-performance medicine: the convergence of human and artificial intelligence. *Nature Medicine* 2019 25:1 2019;25:44–56. <https://doi.org/10.1038/s41591-018-0300-7>.
179. Zitnik M, Nguyen F, Wang B, Leskovec J, Goldenberg A, Hoffman MM. Machine Learning for Integrating Data in Biology and Medicine: Principles, Practice, and Opportunities. *Inf Fusion* 2019;50:71–91. <https://doi.org/10.1016/j.inffus.2018.09.012>.
180. Ali H. Artificial intelligence in multi-omics data integration: Advancing precision medicine, biomarker discovery and genomic-driven disease interventions. *International Journal of Science and Research Archive* 2023;8:1012–30. <https://doi.org/10.30574/ijrsra.2023.8.1.0189>.
181. Ballard JL, Wang Z, Li W, Shen L, Long Q. Deep learning-based approaches for multi-omics data integration and analysis. *BioData Min* 2024;17:38. <https://doi.org/10.1186/s13040-024-00391-z>.
182. Sharma O, Nayak R, Mizrahi L, Rike WA, Choudhary A, Sadis H, et al. Detecting suicide risk in bipolar disorder patients from lymphoblastoid cell lines genetic signatures. *Translational Psychiatry* 2025 15:1 2025;15:339-. <https://doi.org/10.1038/s41398-025-03573-3>.
183. Mizrahi L, Choudhary A, Ofer P, Goldberg G, Milanese E, Kelsoe JR, et al. Immunoglobulin genes expressed in lymphoblastoid cell lines discern and predict lithium response in bipolar disorder patients. *Molecular Psychiatry* 2023 28:10 2023;28:4280–93. <https://doi.org/10.1038/s41380-023-02183-z>.
184. Tudor Car L, Wong TY, Majeed A, Collins GS. Artificial intelligence and the future of evidence-based medicine. *Nature Health* 2026 1:3 2026;1:268–71. <https://doi.org/10.1038/s44360-025-00002-z>.
185. Yoon JH, Lee H, Kwon D, Lee D, Lee S, Cho E, et al. Integrative approach of omics and imaging data to discover new insights for understanding brain diseases. *Brain Commun* 2024;6. <https://doi.org/10.1093/braincomms/fcae265>.
186. Vemula Greeshma DrCBRDrVG, Greeshma V, Rao DrCB, Gopal DrV. The Impact of Artificial Intelligence in Gene Therapy. *International Journal of Scientific Research and Technology* 2024;2024:1. <https://doi.org/10.5281/ZENODO.14233536>.
187. Erdoğan S. Integration of Artificial Intelligence and Genome Editing System for Determining the Treatment of Genetic Disorders. *Balkan Med J* 2024;41:419. <https://doi.org/10.4274/balkanmedj.galenos.2024.2024-080824>.
188. Alipanahi R, Safari L, Khanteymooori A. Advancing CRISPR with deep learning: A comprehensive review of models and databases. *Mol Ther Nucleic Acids* 2025;36:102691. <https://doi.org/10.1016/j.omtn.2025.102691>.
189. d'Andrea V, Loscalzo J, De Domenico M. Challenges and opportunities in the network medicine of complex diseases. *Med* 2026;7:100920. <https://doi.org/10.1016/j.medj.2025.100920>.
190. Doman JL, Pandey S, Neugebauer ME, An M, Davis JR, Randolph PB, et al. Phage-assisted evolution and protein engineering yield compact, efficient prime editors. *Cell* 2023;186:3983-4002.e26. <https://doi.org/10.1016/j.cell.2023.07.039>.

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.