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2 ISO 14001 and 26001, agents of change in the SMEs

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9

10 **Abstract:** At present, business strategies in SMEs (Small and medium enterprises) are crucial for
11 consolidation in highly competitive markets, in achieving a better image and in business
12 profitability. One of the strategies that have the most success and business success are sustainable
13 practices and social responsibility such as: ISO 14001 and ISO 26001. The literature related to
14 sustainable business is based mainly on the theory of resources and capabilities, and in theory
15 based on Stakeholders. These currents state that companies should focus on profitable strategies to
16 ensure significant and long-term results, in order to achieve organizational and financial results for
17 stakeholders. In this work, the sample consists of 215 companies from the commerce, services and
18 industry sectors, located in the southern region of the State of Sonora in Mexico. The objective of
19 the work is to analyze the influence of ISO 14001 and 26001 standards on the image and
20 profitability of SMEs. The statistical analysis of the data has been carried out through the linear
21 regression technique by OLS (Ordinary Least Squares). The findings prove that the ISO 14001
22 standard is the one that most influences the improvement of the business image and the level of
23 profitability of the SME. In addition, we discovered that ISO 26001 has a partial influence on the
24 image and profitability of the SME.

25 **Keywords:** ISO, Social Responsibility, Image, Profitability, SMEs.

26

27 1. Introduction

28 Since the appearance of the industrial revolution and with the changes in economic systems,
29 companies have been in constant movement towards learning, standardization of their processes
30 and the ongoing struggle for competitiveness [1,2]. To this type of organizations that live in
31 environments with technological advances and economic obstacles, they are called as visionary,
32 strategic and innovative [3]. One of the effective strategic actions that in recent years has been
33 generating value within and outside organizations, has been the implementation of certification
34 standards related to quality management, environmental management and social responsibility
35 practices [4,5]. These regulations are controlled by the international organization for standardization
36 (ISO-International Organization for Standardization), with the purpose of improving the internal
37 processes of organizations [6,7]. Due to strong international regulations on the subject of process
38 improvement, the quality of products and services, and the control of natural resources, companies
39 are becoming more aware and rational [8,9]. Theories such as resources and capabilities
40 (RBV-Resource Based View) have considered these business practices as a trigger for growth,
41 improvement of corporate image, increased innovation and significant financial returns for their
42 stakeholders[10,11]. However, this philosophy focuses its efforts on the social and economic aspect,
43 often bordering on the theme of sustainability [12]. From another perspective, some scholars have
44 exposed that sustainability and social practices have penetrated with force in their organizational
45 results [13]. Stakeholders theory (interest groups) has been one of the main axioms taken as reference
46 by specialists in the subject to support that sustainable businesses with social and environmental

47 actions achieve significant organizational and financial benefits [14]. These benefits usually focus on
48 investors, internal customers, external customers, suppliers and residents of communities. This is
49 achieved through collaborative work between the different actors involved in the social economy
50 [15,16]. Undoubtedly, these two theories conceive that the ISO 14001 standard focused on the
51 sustainability of business can contribute more to the reputation and business image [17]. In the same
52 direction, the ISO 26001 standard, focused on the management of social responsibility, has recently
53 been a business practice of great value for business [6]. Among the most significant benefits of these
54 regulations, is that they help to standardize processes, improve the quality of products (sustainable),
55 improve collaborative work, strengthen productive work, reduce costs, increase image and
56 strengthen the organizational reputation [18]. However, in the case of the SME (small and medium
57 enterprises), the implementation of these standards has been a complicated and pending issue. The
58 main barriers faced by these organizations to incorporate these practices, mainly focus on the lack of
59 financial budget (high implementation and monitoring costs), the short-term vision of managers and
60 the lack of commitment of investors and employees [6,19,20]. Derived from the above, we have
61 defined that the main objective of this work is to empirically analyze the effect of the environmental
62 standard ISO 14001 and the social responsibility standard ISO 26001, on the image and profitability
63 of SMEs in the southern region of the State of Sonora in Mexico. The research questions we present
64 and try to answer are: 1) Does the SME that focuses its resources and capacities on the
65 implementation of the ISO 14001 standard obtain higher results of image and corporate
66 performance? 2) The SME that focuses its resources and capacities on the implementation of the ISO
67 26001 standard obtains higher image results and business performance? This work contributes to the
68 literature of the resources and capacities and to the theory the groups of interest from two
69 perspectives. First, analyzing the ability of companies (SMEs) in the application of human and
70 financial resources in terms of standardization and standardization of their processes, with the firm
71 purpose of strengthening their image and increase their performance in competitive markets. In the
72 literature there is a considerable number of empirical studies that analyze the business,
73 environmental and financial benefits that are achieved through the standardization of their
74 processes [21–23]. However, these works mostly focus on the study of large companies with
75 international scope [22,24,25]. Second, from the perspective of the Stakeholder theory, we analyze
76 the benefits that occur within the SME, derived from the application of environmental standards and
77 CSR (Corporate Social Responsibility) practices in global markets. In this same direction, we have
78 detected that a large number of researchers have studied these variables in multinational companies,
79 leaving aside the impacts of these variables within the SME. The research has been structured
80 through: 1) literature review, and development of hypotheses for analysis; 2) the second section
81 describes the methodology, the sample and the justification of the variables under study; 3) the third
82 section examines the results obtained and 4) finally the main conclusions and discussions are
83 presented.
84

85 **2. Literature Review and Development of the Hypothesis**

86 *2.1. ISO 14001 and 26001 standards, in the business image*

87 Some theoretical currents, such as the Stakeholders and the RBV, have concluded that there are
88 companies of different sizes that have achieved success through the implementation of quality and
89 environmental standards [26,27]. Taking sustainability as a reference, businesses are adopting
90 economic models that will lead them to improve their profitability [28]. For this, companies have a
91 greater occupation for the environmental care issue, for the satisfaction of internal and external
92 customers [29,30]. For example, recently some scholars have concluded that an effective way to
93 generate wealth for investors, is improving the working conditions of employees, improve quality
94 processes and care for the environment, this through the so-called circular economy [31,32]. The

95 issue of sustainability and social responsibility in the last decade has been a business strategy aimed
96 at improving innovation, reputation, image and contributes to the business leadership of the
97 business [16,33,34]. A large number of studies in Europe and North America have concluded that
98 SMEs have a serious problem when implementing environmental management systems, this has
99 caused disinterest and a null value added [35–37]. On the other hand, several studies have
100 confirmed that the implementation of standards focused on sustainable and environmental actions,
101 help in the design and innovation of products, control their production processes, improve the
102 strengthening of the image, improve the perception of the community (customers) and the benefits
103 for investors are maximized [27,38]. In the subject of social responsibility, the regulation for
104 companies through the standard 26001 is currently a business practice that is mostly applied as a
105 marketing strategy [39]. This is because it is adopted for convenience and not for conviction (ethics
106 and moral) [7]. Some research in the field of SMEs from countries with developed and emerging
107 economies have exposed that these practices generate a greater projection of the commercial image
108 of companies, increase the satisfaction of their stakeholders and increase the business reputation
109 [12,40]. From the theoretical and empirical analysis we have developed the following hypotheses:

110 Hypothesis 1a (H1a). A greater focus (implementation) in the ISO 14001 standard, the SME becomes
111 an innovative company.

112 Hypothesis 1b (H1b). A greater focus (implementation) in the ISO 14001 standard, the SME is
113 consolidated as a leader in its sector.

114 Hypothesis 1c (H1c). A greater focus (implementation) in the ISO 14001 standard, the SME is
115 consolidated as a safe company.

116 Hypothesis 1d (H1d). A greater focus (implementation) in the ISO 14001 standard increases the
117 business image in the SME.

118 Hypothesis 2a (H2a). A greater focus (implementation) in the ISO 26001 standard, the SME becomes
119 an innovative company.

120 Hypothesis 2b (H2b). A greater focus (implementation) in the ISO 26001 standard, the SME is
121 consolidated as a leader in its sector.

122 Hypothesis 2c (H2c). A greater focus (implementation) in the ISO 26001 standard, the SME is
123 consolidated as a secure company.

124 Hypothesis 2d (H2d). A greater focus (implementation) in the ISO 26001 standard increases the
125 business image in the SME.

126

127 2.2. *The norms ISO 14001 and 26001, in the business profitability*

128

129 The theory of resources and capabilities has exposed during the last two decades that
130 organizations that focus their efforts on strategies based on business sustainability, manage to
131 develop products and services with greater value, increase innovation, improve profitability and
132 strengthen their administrative processes and productive [3,13]. Numerous studies developed in
133 large organizations have explained that environmental management and CSR are correlated and
134 that, in addition, they generate significant financial returns [20,41]. In the field of SMEs, some
135 researchers have reported mostly that environmental management standards and CSR actions are

136 in a development phase [42,43]. But in this last decade, there is a greater interest in putting them
137 into practice by small businesses, this because of the benefits that are achieved [44]. For example,
138 scholars in the subject have exposed that the SMEs that carry out these practices and/or business
139 strategies manage to improve their processes, manage to efficiently manage logistics, and
140 standardize products and services. These actions lead them to more competitive markets and to the
141 total satisfaction of their customers [34,45]. In addition, with strategies aimed at environmental
142 sustainability and commitment to stakeholders, companies achieve the improvement of the
143 business image, innovation is increased, they manage to penetrate new markets with greater force,
144 they manage to increase the level of customers, they increase their sales, competitiveness increases
145 and consequently the financial and economic profitability increases [46–49]. After reviewing the
146 theoretical and empirical context, the following hypotheses have been developed:
147

148 Hypothesis 3a (H3a). A greater focus (implementation) in the ISO 14001 standard increases the
149 market share in the SME.

150 Hypothesis 3b (H3b). A greater focus (implementation) in the ISO 14001 standard increases the level
151 of satisfaction of the SME's customers.

152 Hypothesis 3c (H3c). A greater focus (implementation) in the ISO 14001 standard increases the
153 profits of the SME.

154 Hypothesis 3d (H3d). A greater focus (implementation) in the ISO 14001 standard increases the
155 profitability of the SME.

156 Hypothesis 4a (H4a). A greater focus (implementation) in the ISO 26001 standard increases the
157 market share in the SME.

158 Hypothesis 4b (H4b). A greater focus (implementation) in the ISO 26001 standard increases the level
159 of satisfaction of SME customers.

160 Hypothesis 4c (H4c). A greater focus (implementation) in the ISO 26001 standard increases the
161 profits of the SME.

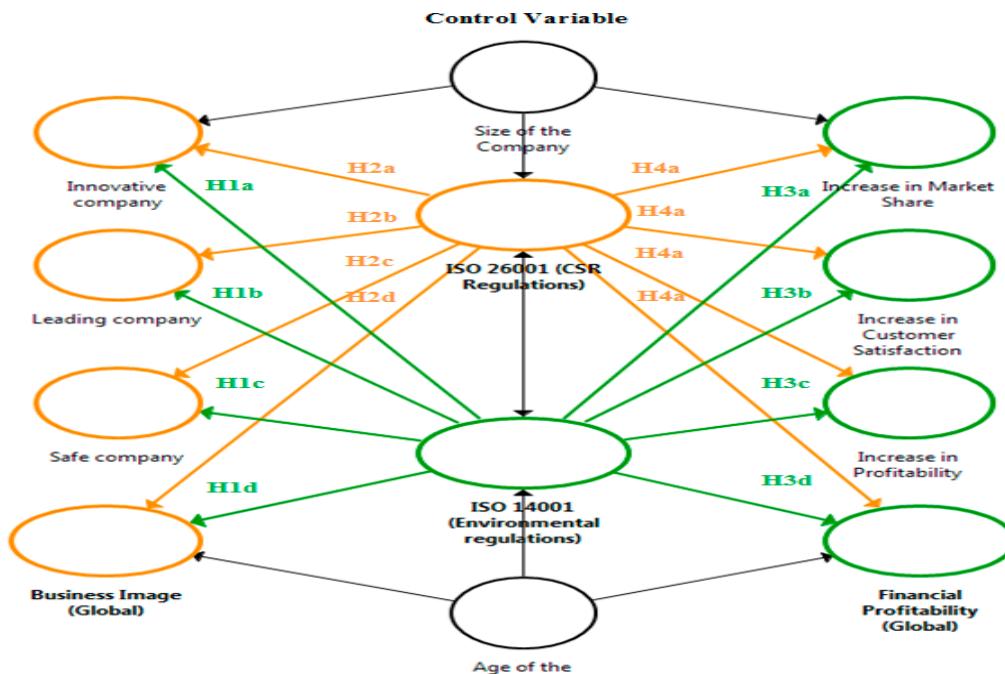
162 Hypothesis 4d (H4d). A greater focus (implementation) in the ISO 26001 standard increases the
163 profitability of the SME.

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166

167 In Figure 1, we can observe the theoretical model proposed for this investigation. This model
168 has been developed based on the premises of stakeholder theory and sustainable business.
169



170

171

Figure 1. Theoretical operational model

172 **3. Methodology**

173 The structure and determination of the sample has been developed based on the principles
 174 of stratified sampling for finite populations. The population of companies is segmented according to
 175 the business activity (see table 1). The companies in the commerce, services and industrial sectors are
 176 the participants in the research. The total number of companies established in the southern region of
 177 the State of Sonora in Mexico. Each one of the built sectors has been obtained from the information
 178 provided by the economic census of the National Institute of Statistics and Geography [50].
 179 Companies with 10 to 100 workers are included in the sample. The sample size was determined to
 180 ensure that the maximum margin of error for the estimation of a proportion was less than 0.03 points
 181 with a confidence level of 95%. The technique for collecting the information was through a personal
 182 interview (questionnaire) addressed to the manager of the companies. The fieldwork for data
 183 collection was carried out during the months of May to September 2016. Finally, a sample of 215
 184 companies was obtained, which have had experience with the implementation of ISO 14001 and
 185 26001 standards (see table 1 and 2).

186

187

188

Table 1. Conformation of the population.

Sector	Total companies	Small Companies	Medium Companies	% Total
Commerce	176	81	95	49.7
Services	101	39	62	28.5
Industrial	77	14	63	21.8
Total	354	134	220	100.0

189

Source: Own elaboration

190

191

Table 2. Structure of the sample.

Sector	Total companies	Small Companies	Medium Companies	% Total
Commerce	88	35	53	40.9
Services	55	24	31	25.6
Industrial	72	9	63	33.5
Total	215	68	147	100.0

192

Source: Own elaboration

193 3.1. Measurement of Variables

194 3.1.1. Exogenous Variables

195

196 ISO 14001, 26001. The literature has exposed that the norms and/or environmental regulations
 197 and corporate social responsibility, are generators of innovation, growth, image, reputation and
 198 financial profitability in organizations [20], [51]. From the theoretical and empirical review, a series
 199 of structured questions were developed in a questionnaire addressed to SME managers.
 200 Respondents were asked to indicate if in their company they had introduced environmental
 201 management (ISO 14001) and ISO (26001) social responsibility standards in their internal processes.
 202 To the values given for the positive answers (yes), the 1 was assigned and for the negative answers
 203 (no) the value of 0 was assigned.

204

205 3.1.2. Endogenous variables

206

207 The Business Image. In this study, the managers answered the questions of the questionnaire
 208 to assess the degree of importance of the results obtained in the corporate image in terms of
 209 environmental regulations and social responsibility practices during the last two years. This
 210 variable was measured with 3 items that comprise it: 1. Innovative company, 2. Leader company
 211 and 3. Secure company. In addition, the business image variable was also measured through the
 212 average of the three items that build it. For this, a Likert scale of 5 points was used with 1 = Not
 213 important and 5 = Very important. The questions were elaborated based on the studies of Sarbutts
 214 [52], Jenkins [53] y Lee [54], observe table 3.

Table 3: Reliability and validity.

Variable (Global image)	LF	Validation of the variable
In the last 2 years:		
An innovative company	0.804***	CA = 0.670, Factorial: 1: KMO: 0.678
A leading company	0.815***	Explained variance: 60.09%, Sig. Bartlett: 0.000
A safe company	0.677***	

Source: Own elaboration. LF, Load Factor; CA, Cronbach's Alpha; KMO, Kaiser-Mayer-Olkin,

*** p< 0.001.

215

216 Financial profitability. To measure this variable, we have considered the relationship and
 217 influence that financial results receive from ISO standards, social responsibility practices and
 218 corporate image [55,56]. In this study, the managers answered the questions of the questionnaire to
 219 classify the degree of importance of the profitability of the SME obtained in the last two years. The
 220 variable was measured with 3 items: 1. Increase in market share, 2. Increase in customer
 221 satisfaction, and 3. Increase in profits. In addition, this variable was also measured globally by
 222 building an average of the three components that make up the business profitability of the SME. For
 223 this, a Likert scale of 5 points was used with 1 = Poor performance and 5 = High performance. These
 224 questions have been developed taking as reference the studies developed by Orlitzky, Schmidt, &
 225 Rynes [57] and by Melnyk & Tobias [58], see table 4.

226

227

Table 4: Reliability and validity.

Variable (Global Financial profitability)	LF	Validation of the variable
In the last 2 years:		
Increase in market share	0.780***	CA= 0.776, Factorial: 1: KMO: 0.787
Increase in customer satisfaction	0.833***	Explained variance: 57.20%, Sig. Bartlett: 0.000
Increase in profits	0.754***	

228

229

Source: Own elaboration. LF, Load Factor; CA, Cronbach's Alpha; KMO, Kaiser-Mayer-Olkin, *** p<0.001.

230

3.2 Control Variables

231 Frequently the structural size and age of the company are seen as a determining factor in the
 232 generation of economic and financial performance for organizations [59]. *The size of the company*, this
 233 variable was measured with the natural logarithm of the total of the employees of the year 2016. *The
 234 age of the company*, in the literature and in empirical studies this variable is used in the research
 235 models to analyze the financial influence and economic growth that is generated in organizations
 236 during a given period of time [60]. *The age of the company* determines the degree of consolidation and
 237 maturity within a market, results that are explained through the evolutionary theory [1]. This
 238 variable is measured based on the start of the operation and up to the current activities of the
 239 companies, see table 5.

240

Table 5. Age and Size of the company.

Characteristic	Minimum	Maximum	Average	SD
Age of the company (in years)	1	36	14.00	15,456
Size of the company (number of employees)	10	96	18.00	27,332

Source: Own elaboration; SD, Standard Deviation.

241

242 *3.3 Reliability and Validity*

243 For the evaluation of the reliability and validity of the endogenous variables of the instrument,
244 an Exploratory Factor Analysis (EFA) was performed through the maximum likelihood method,
245 using the SPSS software version 21. The reliability of the measurement scales was evaluated using
246 the Cronbach's alpha, the percentage of variance explained, the KMO (The Kaiser-Meyer-Olkin test)
247 and the factorial loads. Cronbach's alpha is considered satisfactory above .60 and/or close to 0.70
248 [61]. Our results are within the values of 0.670 and 0.776, demonstrating an acceptable reliability
249 between the constructs. The KMO is measured in a range of 0 to 1. To consider an acceptable
250 measure and a satisfactory interrelation between the items is recommended to obtain a value close
251 to and/or equal to 0.700 [61]. Our results are in a range of 0.678 and 0.787, indicating good reliability.
252 With respect to the variance explained, our values are 57% and 60%. For this indicator it is
253 recommended that the factorial solution explain, at least, 50% of the total variability of the test
254 response [62,63]. With regard to factor loads, the results obtained are 0.677 and 0.833, this indicator is
255 convenient to provide results above 0.600 as suggested by [61,64]. Other authors recommend that
256 these values be close to or above 0.707 as proposed by Carmines & Zeller [65] y Christmann &
257 Steinwart [66]. The validity of the scales has been carried out through the theoretical and empirical
258 review (content validity). With the previous analyzes it is concluded that the theoretical model has
259 an adequate consistency, validity and reliability among all the constructs.

260

261 **4. Results**

262 To validate the hypotheses presented in the research and verify the effect that environmental
263 and social responsibility standards have on the corporate image and profitability, the linear
264 regression model by OLS was used. To test the hypothesis, four linear regression models were
265 developed with the following equations. The first equation represented in model 1, outlines the
266 influence that the business image (β_0) receives from ISO14001 (β_1), the size of the company (β_2)
267 and the age of the company (β_3) + ϵ (error). In model 2, the designed equation symbolizes the effect
268 that the business image (β_0) receives from ISO26001 (β_1), the size of the company (β_2) and the age
269 of the company (β_3) + ϵ (error). In model 3, the equation is observed indicating the influence that
270 business profitability (β_0) receives from ISO14001 (β_1), the size of the company (β_2) and the age of
271 the company (β_3) + ϵ (error). In the last structured equation represented in model 4, we observe the
272 influence that business profitability (β_0) receives from ISO26001 (β_1), the size of the company (β_2)
273 and the age of the company (β_3) + ϵ (error).

274

- 275 1. Model 1. Business image_i = $\beta_0 + \beta_1 \times \text{ISO14001}_i + \beta_2 \times \text{size of the company}_i + \beta_3 \times \text{age of the company}_i + \epsilon_i$.
- 276 2. Model 2. Business image_i = $\beta_0 + \beta_1 \times \text{ISO26001}_i + \beta_2 \times \text{size of the company}_i + \beta_3 \times \text{age of the company}_i + \epsilon_i$.
- 277 3. Model 3. Financial profitability_i = $\beta_0 + \beta_1 \times \text{ISO14001}_i + \beta_2 \times \text{size of the company}_i + \beta_3 \times \text{age of the company}_i + \epsilon_i$.
- 278 4. Model 4. Financial profitability_i = $\beta_0 + \beta_1 \times \text{ISO26001}_i + \beta_2 \times \text{size of the company}_i + \beta_3 \times \text{age of the company}_i + \epsilon_i$.

279

Table 6. Hypothesis test results.

Exogenous Variables	Endogenous variables			
	IC	LC	SC	GI
ISO 14001	0.198*** (3.483)	0.213*** (3.677)	0.174*** (3.059)	0.238** (4.195)
ISO 26001	0.002 (.008)	-0.073 (-1.225)	0.117** (2.007)	-0.066 (-1.137)
Age of the Company	0.033 (.626)	-0.012 (-.218)	0.017 (.321)	0.075 (1.387)
Size of the Company	0.122*** (2.154)	0.002 (0.035)	-0.0103* (-1.819.)	0.027 (.609)
Highest VIF	1.29	1.29	1.29	1.28
Value of F	4.641***	2.745***	1.928***	5.611***
R ² adjusted	0.059	0.035	0.070	0.064

284 Source: Own elaboration. IC: Innovate Company; LC, Leading Company, SF, Safe Company; GI,
 285 Global Image. The value of the standardized coefficients and below them in parentheses the Student
 286 t value is observed, the values of the Highest VIF, the value of f, and the value of R² adjusted. *: p <
 287 0.05, **: p < 0.01, ***: p < 0.001.

288
 289 Table 6 presents the regression results of model 1 and 2. This equation represents the
 290 relationship between ISO 14001 and ISO 26001, with the corporate image. The results show empirical
 291 support for H1a, H1b, H1c, H1d, and H2c. However, for H2a, H2b and H2d we did not find
 292 empirical support. The hypotheses H1a, H1b, H1c and H1d have a strong and significant positive
 293 influence on the corporate image according to the values of ($\beta=0.198$, $p<0.001$), ($\beta=0.213$, $p<0.001$),
 294 ($\beta=0.174$, $p<0.001$) y ($\beta=0.238$, $p<0.001$). This allows us to assume that the implementation of ISO
 295 14001 in the SME increases the corporate image. The H2c, indicates that the ISO 26001 has a positive
 296 and significant influence on the corporate image, according to the value of ($\beta=0.117$, $p<0.05$). With
 297 this the SME is perceived as a safe company. In relation to the control variables introduced in both
 298 models, the results indicate that only the size of the company has a positive and significant influence
 299 on the variable innovative company according to the value of ($\beta=0.122$, $p<0.001$). On the contrary, we
 300 find that the size of the company with a significant and negative effect exerts an influence on the
 301 variable of a secure company, according to the value of ($\beta=-0.103$, $p<0.01$). In order to validate the
 302 linear regression models of the hypothesis, the R² adjusted with a value of (0.059), (0.035), (0.070)
 303 (0.064) and the values in F of (4.641***), (2.745***), (1.928***) and (5.611***). In addition, the
 304 independent variables of the linear regression model show the variance inflation factor (VIF) close to
 305 the unit of (1.29), (1.29), (1.29) and (1.28), with this we rule out the presence of multicollinearity.
 306
 307
 308
 309

310

Table 7. Hypothesis test results.

Exogenous Variables	Endogenous variables			
	IMS	ICS	IP	GFP
ISO 14001	-0.170*** (-2.970)	0.200*** (3.521)	0.142*** (2.453)	0.182** (3.352)
ISO 26001	0.128** (2.166)	0.061 (1.038)	-0.028 (-.477)	0.121** (2.064)
Age of the Company	-0.032 (-0.605)	-0.012 (-0.218)	0.013 (0.238)	-0.015 (-0.279)
Size of the Company	0.126*** (2.158)	0.002 (0.035)	0.047 (0.811)	-0.034 (-0.628)
Highest VIF	1.29	1.28	1.29	1.28
Value F	3.657***	5.151***	2.594***	5.485***
R ² adjusted	0.047	0.070	0.037	0.062

311 Source: Own elaboration. IMS: Increase in market share; ICS, Increase in customer satisfaction, IP,
 312 Increase in profitability; GFP, Global financial profitability. The value of the standardized
 313 coefficients and below them in parentheses the Student t value is observed, the values of the Highest
 314 VIF, the value of f, and the value of R² adjusted. *: p < 0.05, **: p < 0.01, ***: p < 0.001.

315

316 Table 7 shows the regression results of model 3 and 4. This equation represents the relationship
 317 between ISO 14001 and ISO 26001, with the financial profitability of the company. The results show
 318 empirical support for H3a, H3b, H3c, H3d, H4a and H4d. However, for H4b, and H4c, we do not
 319 find empirical support. The hypotheses H3a, presents significant and negative effects according to
 320 the value of ($\beta=-0.170$, $p<0.001$), Indicating that less importance in the implementation of
 321 environmental standards, the company achieves less market share. The hypotheses H3b, H3c and
 322 H3d present a strong and significant positive influence on the financial profitability according to
 323 the values of ($\beta=0.200$, $p<0.001$), ($\beta=0.142$, $p<0.001$) y ($\beta=0.182$, $p<0.001$). This allows us to assume
 324 that the implementation and execution of ISO 14001 in the SME increases the financial profitability.
 325 H4a and H4d indicate that ISO 26001 has a positive and significant influence on market share and
 326 overall profitability, according to the values of ($\beta=0.128$, $p<0.05$) y ($\beta=0.121$, $p<0.05$). In relation to
 327 the control variables introduced in the statistical models, we have detected that only the size of the
 328 company has a positive and significant influence on the variable market share according to the
 329 value of ($\beta=0.126$, $p<0.001$). To validate the linear regression models of the hypothesis, the R²
 330 adjusted with a value of (0.047), (0.070), (0.037) (0.062) and the values in F of (3.657***), (5.151***),
 331 (2.594***) y (5.485***). In addition, the independent variables of the linear regression model show
 332 the variance inflation factor (VIF) close to the unit of (1.29), (1.28), (1.29) and (1.28), ruling out the
 333 presence of multicollinearity.

334

335 **4. Discussion**

336 The results of the research are derived from the analysis of a sample of 215 SMEs from the
337 services, trade and industrial sectors. The study has been developed in a context plagued by strict
338 environmental regulations, commercial uncertainty and complicated international financial markets
339 [67–69]. The results confirm that SMEs established in the southern region of the State of Sonora in
340 Mexico have placed greater interest in compliance with environmental regulations imposed by
341 government institutions and have been minimizing CSR actions. The main contribution of the study
342 is to corroborate that the SMEs established in this region, which are part of the business fabric of a
343 country submerged in the development and economic growth, are in an initial phase and on the
344 right path towards the implementation of environmental practices and of social responsibility. In
345 this section, we discuss our results in the context of the literature on the influence exerted by the
346 ISO standards of environmental management and social responsibility, on the image and business
347 profitability that is manifested in the SME. This research first shows that the SMEs that guide their
348 resources and capabilities in environmental actions significantly improve their image, particularly
349 in: 1) the perception of an innovative company, 2) a leading company in the market, 3) and as a safe
350 company. In addition, these sustainable strategies contribute to: 1) increase in customer satisfaction
351 and 2) increase in business profits. Secondly, we corroborate that SMEs that practice social
352 responsibility actions achieve significant results in: 1) being viewed as a safe company, 2) in
353 increasing market share and 3) in the overall profitability of the SME. With the above we have given
354 answers to the questions and the objective of the investigation.

355 **5. Conclusions**

356 Analyzing our results in greater depth, we show relevant empirical evidence on the influence
357 of ISO 14001 on the image and profitability of SMEs. First, the result with greater strength is located
358 in the regression model 1, demonstrating that environmental management standards have a
359 positive and significant impact on the image of SMEs. These results are aligned with the literature
360 related to environmental management (Stakeholders) and with the theory of resources and
361 organizational capabilities [25,70]. In this same direction with an important force the regression
362 model 3, states that environmental management significantly influences the profitability of SMEs,
363 results that align with the Stakeholder literature and sustainability and, in addition, with some
364 empirical studies [13,27,34]. Regarding model 2, we observe that there is a smaller influence
365 between ISO 26001 and the business image. These findings have a similar behavior with model 4,
366 which indicates that there is a significant but smaller relationship between ISO 26001 and the
367 profitability obtained in the SME. This allows us to argue that these types of businesses are not
368 adopting these strategies in their entirety, this is mainly due to their limitations and barriers they
369 face in global markets and economies of scale, as enunciated by different theoretical and empirical
370 studies [23,71,72]. From the above, it can be deduced that SMEs must focus their resources and
371 capacities on sustainable business and models, on the adoption of ISO standards for environmental
372 management and even more on implementing CSR practices through ISO 26001. These strategic
373 actions they can lead to competitiveness in global terrains and to sustained profitability for all
374 interest groups that participate directly or indirectly in the business. On the other hand, it has been
375 detected that the control variable size of the company has a significant impact on the size and
376 profitability of the SME. In other words, when companies grow in structure and capacities, they
377 strengthen their level of innovation and increase their market share, penetrating more dynamically
378 and aggressively its sales strategy towards the client [73,74]. But these results also indicate that the
379 larger the company, the more complex and difficult to control, so organizations can become

380 insecure from the point of view of the organizational structure (complexity of resource
381 management) [75,76]. Results that are aligned with the theory of resources and capabilities and with
382 evolutionary economic theory [1,3].

383 F

384 The research exhibits some limitations and on the other hand it opens the door to continue
385 developing future lines of research. The first limitation refers to the fact that the information can
386 stimulate the bias of the results, this because the data were obtained from subjective perceptions
387 issued by the managers and/or managers of the SME. Second, the sample has only been focused on
388 companies in the southern zone of the State of Sonora in Mexico, and may be extended to other
389 geographical areas of the country. The last limitation considered in this paper is about the type of
390 statistical analysis carried out for the verification of hypotheses (linear regression). In order to face
391 these limitations, it is important to consider, in the future, the consolidation of the conceptual
392 model on the subject of sustainability, social responsibility, image and profitability through the
393 inclusion of a greater number of constructs. With this, we intend to strengthen the analyzes through
394 the use of the structural equations technique (variance and/or covariance). To continue in this same
395 direction and develop high value studies, it is advisable to continue with this type of studies
396 considering variables such as: 1) innovation 2) sustainable entrepreneurship and 3) the supply chain
397 in SMEs.

398

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400 developed the objective and the approach of the hypotheses, supervised the work of gathering information to
401 the managers through a questionnaire, contributed in the development of the literature, in the analysis of the
402 results and wrote the conclusions of this document and has made the final revision of the entire document.
403 E.R.E. Contributed in the development of the literature review, in the justification of the hypotheses and
404 supported writing part of the conclusions of this document and reviewed the translation from Spanish to
405 English. D.G.V. and E.P.B.A. They contributed with the validation of the instrument and discussions of the
406 document. All the authors declare to have contributed in the development of this work. In addition, the authors
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