

Case Report

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Case Report

# Case Report: Shift from Aggressive Periodontitis to Feline Chronic Gingivostomatitis is Linked to Increased Microbial Diversity

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**Abstract:** Aggressive Periodontitis (AP) and Feline Chronic Gingivostomatitis (FCGS) are two oral inflammatory diseases in cats with unknown etiology. Both conditions present with severe inflammation of the oral cavity and in FCGS it is found with additional deterioration of the non-keratinized mucosa. The oral microbiome is increasingly implicated in disease progression, but little is known about shifts of the microbial community during the AP and FCGS progression. To that end, we used deep metagenomic sequencing with total RNA on three longitudinal samples of the oral microbiome in a cat first diagnosed with AP that progressed to FCGS. This deep sequencing approach revealed that increased diversity at both the genus and species-level marked the shift from AP to FCGS, including increases in *Porphyromonas* and *Treponema* species, and decreased *Streptobacillus* species. The metatranscriptomes were then probed for expression of antimicrobial resistance genes and virulence factors. Disease-related genes that include *cheY*, and *ompP5* were expressed in early AP and FCGS, while others like *galU* were only expressed in one or the other disease state. Both genus and species-level shifts were observed along the longitudinal microbiome samples with a noted increase in species diversity in the FCGS-associated microbiome. Corroborating that functional shifts accompany taxonomic changes, the AMR and virulence factor expression similarly changed between the sampling points. Together these taxonomic and functional shifts indicate that AP and FCGS are potentially linked and may be marked by changes in the oral microbiome, which supports the development of microbial-based clinical diagnostics and therapeutics.

**Keywords:** Aggressive Periodontitis; Feline Chronic Gingivostomatitis; oral microbiome; metatranscriptomics; microbial community

## 1. Introduction

Aggressive periodontitis (AP) and Feline Chronic Gingivostomatitis (FCGS) are two debilitating diseases of the cat oral cavity marked by progressing inflammation and deterioration leading to early tooth loss [1]. Both diseases decrease the quality of life and are prevalent, with AP affecting up to 13% of juvenile cats and FCGS affecting up to 26% of adult cats [1,2]. While clinically AP and FCGS are not considered to be connected diseases, a portion of cats diagnosed with AP in early life have been later diagnosed with FCGS [1]. Both chronic diseases are important contributors to declining oral health and subsequent sequelae, but the origin of either disease remains unknown. Ongoing work supports a multifactorial cause that includes a combination of host immune status, systemic infection, and changes in the oral microbiota [3–9]. The lack of a known cause for either AP or FCGS has led to limited treatment options for clinicians that largely include near full mouth or full mouth tooth extractions, and medical management including pain control and immunosuppressive or modulating therapies that are often times given lifelong [10]. A deeper understanding of the suspected

contributing factors, like related shifts in oral microbiome, is therefore necessary to improve treatment options and patient outcomes.

The oral microbiome is a known contributor to oral health and disease in cats and other mammals [11–13]. Though there is some variation between individuals, the health oral microbiota in cats is dominated by members *Actinobacteria*, *Bacteroidetes*, *Firmicutes*, and *Proteobacteria* [14,15]. These microbes colonize the hard dental structures and soft tissue of the oral cavity and together help digest food particles, influence immune responses of the host, and contribute to systemic health [16–18]. When this delicate compositional and functional balance of is broken through antibiotic treatment, dietary changes, infection, or other influences, the host becomes susceptible to progressive oral dysfunction and disease [19–21]. Periodontal pathogens also contribute to the development and exacerbation of dysbiosis and disease [22–25]. While no single pathobiont has been identified for AP or for FCGS in cats, periodontal pathogens like *Aggregatibacter actinomycetemcomitans*, *Porphyromonas gingivalis* and *Treponema denticola* have previously been associated with AP in humans [26,27]. These organisms may well play a role in cat oral health as well [15]. The association of dental pathogens to some periodontal disease and the known contributions of the oral microbiome to maintaining host health together underscore how the oral microbiome contributes to both disease and health.

Though the importance of the microbiome in driving disease is established, the underlying triggers driving the switch from a commensal organism to an antagonistic pathobiont remain unknown [28]. Given the importance of the oral microbiome in either initiating or driving the progression of AP and FCGS, characterizing community shifts over time is a necessary step towards developing a mechanistic understanding of the oral microbiome's contribution to dental health. To that end, we used deep sequencing of total RNA from buccal swabs in a cat first diagnosed with AP and later diagnosed with FCGS. The longitudinal sampling of three time points during the progression of dental disease coupled to the deep sequencing approach provides a previously unparalleled look at the shifting oral microbiome in two understudied cat oral diseases. Taken together these microbiome snapshots across time chronicle an oral microbiome in flux and highlight that the microbial composition in the mouth changes over taxonomic levels with progressive inflammation and worsening oral lesions. Notably, the use of total RNA sequencing in this work illustrates changing microbial activity across time, via functional profiling and enrichment analyses of activities that include antimicrobial resistance (AMR) genes and virulence factors. While this work focuses on a single cat and thus requires larger studies to validate the findings at a population level, the observations here of an actively changing oral microbiome longitudinally supports the hypothesis that the oral microbiome may function as a marker for and possibly a contributor to disease status.

## 2. Case Description

A 7-month-old female spayed domestic short hair weighing 3.9 kg presented 4 months after being rescued from a shelter in Northern CA with suspected juvenile gingivitis. About three weeks prior to presentation, the primary care veterinarian had noted enlarged mandibular lymph nodes, moderate gingivitis with buccal mucositis and halitosis. Feline leukemia virus (FeLV) and feline calicivirus (FIV) testing was negative at that time. No evidence of oral discomfort was noted by the owner.

On presentation to a board-certified veterinary dentist, mild to moderate gingival enlargement with moderate to severe gingivitis was noted on the maxillary and mandibular premolar and molar teeth. Mild inflammation of the buccal mucosa was noted, and the mandibular lymph nodes were moderately enlarged and firm. The rest of the physical examination was unremarkable. Pre-operative blood minimum data base was unremarkable.

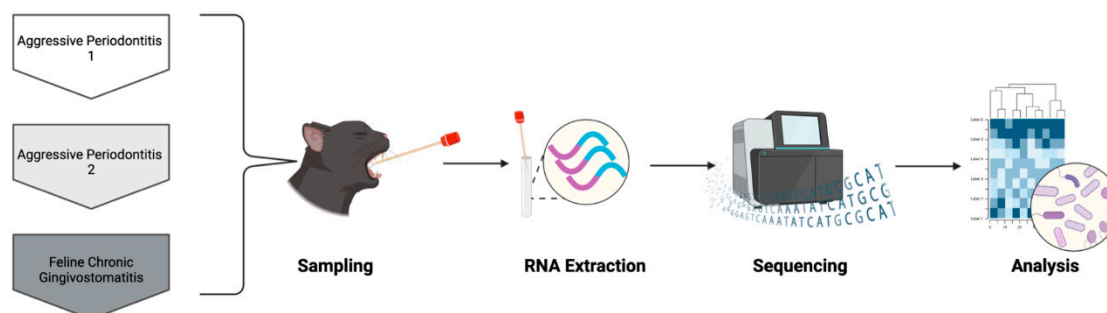
Anesthetized evaluation two weeks later including dental charting and intraoral dental radiographs were performed and revealed pseudo pocketing on the maxillary and mandibular premolar and molar teeth and stage 2 periodontal disease. Gingival recontouring and a periodontal treatment were performed. Extractions were not indicated at that time. Biopsy of the inflamed gingiva showed severe, chronic, erosive to proliferative lymphoplasmacytic and neutrophilic gingivitis.

The patient healed from gingivoplasty uneventfully however, inflammation of the caudal mucosa continued to worsen. Re-evaluation 3 months after surgery showed persistent gingivitis of the premolar and molar teeth and worsening of the caudal oral cavity despite treatment with moderate inflammation and ulceration noted. The incisors and canine teeth were spared. The patient had gained weight and body condition score at the time was 7/9 (4.5kg). Given progression of inflammation and no response to conservative management, FCGS was discussed and partial mouth extractions were recommended and performed five months after initial presentation. Biopsy of lesional tissue from the caudal oral mucosa then showed marked multifocal to coalescing chronic neutrophilic and plasmacytic inflammation with intralesional bacterial colonies.

Extractions healed uneventfully, persistent but mild inflammation was seen two months post-operatively and then the patient was lost to follow up until two years later. Anesthetized evaluation then showed stage 2 periodontal disease in the remaining incisors and early stage 3 (30% attachment loss) in the remaining canine teeth and persistent mild inflammation in the caudal oral cavity. Great appetite, energy level and persistent over conditioning (BCS 7/9 at 5.2 kg) were noted during that visit. No plaque and calculus control was ever done at home nor was this patient treated with immunosuppressives. Onsiar was prescribed after the first biopsy (6 mg PO QD for 2 days). Amoxicillin clavulanate was prescribed after extraction of premolar and molar teeth (62.5 mg PO BID for 10 days). Pain management was otherwise accomplished with buprenorphine (0.15mg PO up to TID) and gabapentin (25-50 mg PO up to TID) as needed.

The collection and study design were reviewed and approved by the University of California-Davis Institutional Animal Care and Use Committee (IACUC #22738) and signed owner consent was obtained before sampling. A swab of the caudal buccal mucosa was taken during each of three visits (1/13/21, 2/10/21, 5/26/22) and the same method for extraction and sequencing was applied to all three swabs (Figure 1) and as described previously [8].

A cytobrush (FLOQSwabs, Coplan, Italy, EU) was used to swab the oral mucosa lateral to the palatoglossal folds, then placed in 500  $\mu$ L of DNA/RNA Shield (Zymo, Irvine, CA, USA), vortexed, and stored at  $-20^{\circ}$  C. Bacterial cells were enzymatically lysed according to the protocol used by the 100K pathogen project [29], and then RNA was isolated using Trizol LS (Ambion, Austin, TX, USA) according to manufacturer instructions. RNA sequencing libraries were prepared as described previously [30–32], with RNA purity and integrity confirmed using TapeStation (Agilent Technologies Inc., Santa Clara, CA, USA). Sequencing libraries were constructed using the enzymatic-based KAPA HyperPlus Library Preparation kit (KK8514) (Kappa Biosystems, Wilmington, MA, USA) on a PerkinElmer Sciclone G3 (PerkinElmer Inc. Waltham, MA, USA) and sequenced on an Illumina NovaSeq S4 (Illumina, San Diego, CA, USA).



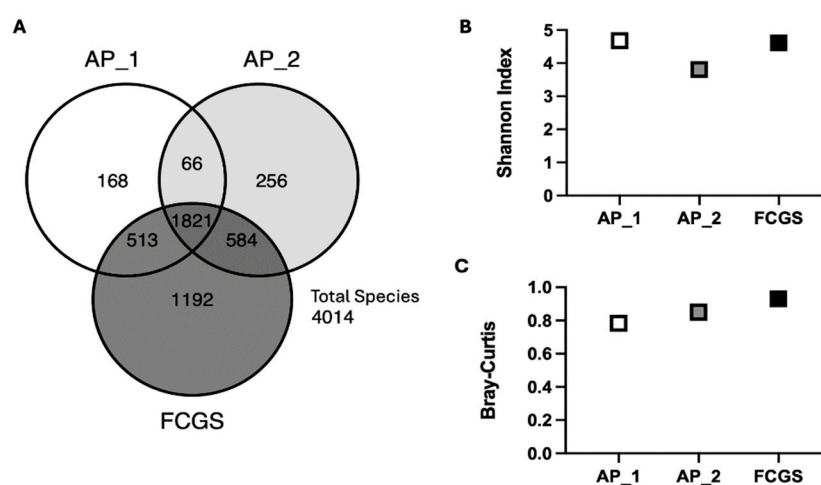
**Figure 1.** Schematic overview of the extraction and processing of three oral swabs.

Trimmomatic (version 0.39) [33] was first used to remove low-quality sequences and sequencing adapters then sequence data quality was reviewed with FastQC (version 0.11.9) [34]. Kraken2 with a microbial reference database, using standard settings (k-mer size = 35), was used to assign taxonomy

and Bracken (version 2.6.1) [35] was then used to estimate the relative proportion of respective taxa at the species level [30]. Expression of AMR genes was determined by running Trinity (v2.15.1) [36] assembled reads through the Comprehensive Antimicrobial Resistance Database (CARD, built 10 August 2023) [37]. Virulence factor expression was evaluated using the Virulence Factor Database (VFDB, built 10 August 2023) [38]. The STRING database (accessed on October 2, 2024) was used to search for gene and protein connections between AMR and virulence genes in selected oral microorganisms [39]. Shannon diversity and Bray-Curtis dissimilarity were calculated using the diversity function of the vegan package (Version 2.6-8) in R (Version 4.4.1), and subsequently plotted using Prism 10 (GraphPad, Menlo Park, CA). The correlation plot was made using R (Version 4.2.3) in tandem with Inkscape (Version 1.0) and accessed via GitHub (<https://github.com/inkscape/inkscape>). The Venn diagram and alluvial plot were made using ggplot (Version 3.5.1) in R (Version 4.4.1), with Adobe Illustrator (Adobe, San Jose, CA) used to reformat text placement and size. All other figures were made using BioRender (biorender.com).

### 3. Results

The species-level diversity in the oral microbiome of a single cat with progressive dental disease increased from early AP to the onset of FCGS (Figure 2). A total of 4,014 microbial species were found among all three sampling points. The number of species unique to each oral microbiome increased from 168 in the first AP sample, to 256 in the second AP sample and 1,192 in the FCGS sample (Figure 2A). Notably AP\_1 and AP\_2 samples shared 513 and 584 species with FCGS, respectively, while only sharing 66 species with each other. The increased number of unique species in the most progressed disease state suggests species-level remodeling of the oral microbial community underlies disease status as opposed to the outgrowth of a pathobiont or collapse of the community. Further supporting this observation, all three oral samples had high  $\alpha$ - and  $\beta$ -diversity indices (Figure 2A, 2B). The high Shannon Diversity Index for all three microbiome samples suggest notable diversity in each microbiome and an even distribution of species abundance (AP\_1 = 4.7, AP\_2 = 3.8, FCGS = 4.6). Reflecting the observed increase in oral microbial diversity from inflammation limited to the periodontium (AP) to more generalized inflammation affecting mucosa in addition (FCGS), the Bray-Curtis dissimilarity index for all three samples was close to one and consistently increased from AP\_1 (0.78) to AP\_2 (0.85) to FCGS (0.93). Together the number of unique species in each sampling point and the general trend of increasing  $\alpha$ - and  $\beta$ -diversity along the disease continuum from focal to diffuse inflammation crossing over the mucogingival line supports microbiome remodeling may be an important facet in determining disease status.

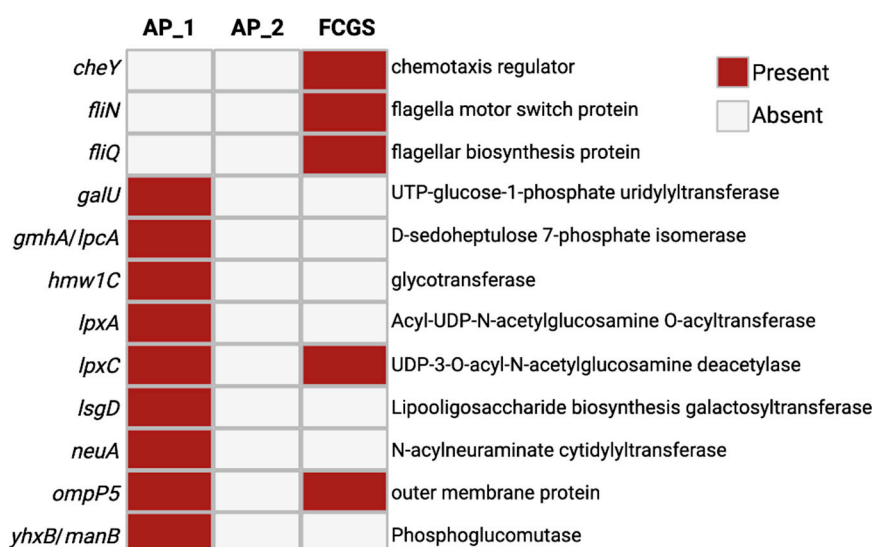


**Figure 2.** Species-level diversity increases from early aggressive periodontitis (AP\_1 and AP\_2) through severe dental disease (FCGS). (A) Venn diagram illustrating the unique number of species and number of shared species



diagonal line suggests notable overlap in species present in the AP and FCGS microbiomes and that the proportions of these species are similar between the two diseases.

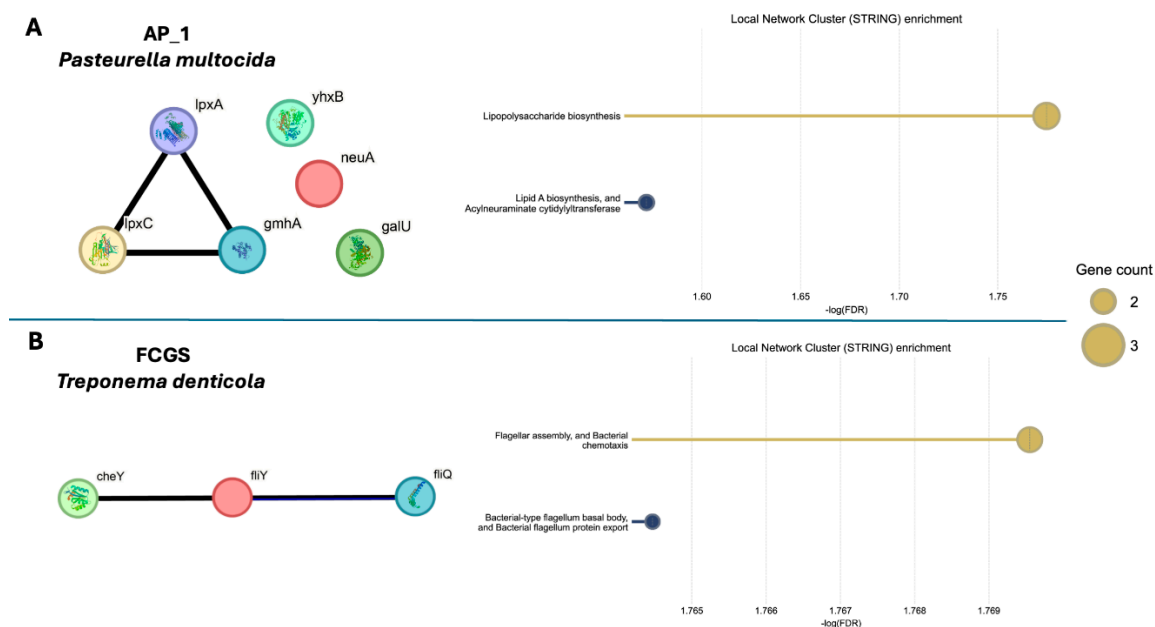
To assess whether changes in antimicrobial resistance gene (AMR) or virulence gene expression accompanied the noted microbial membership remodeling across time, the assembled transcripts for all three sampling points were examined with AMR and virulence factor databases (Figure 4). The AMR and virulence factor paralleled the observations of changing community composition across time, with AP\_1 expressing primarily capsule remodeling factors, AP\_2 with no significant hit, and FCGS expressing primarily motility related genes. In AP\_1, a total of nine different AMR and virulence-related genes were found in the metatranscriptome. These genes were primarily related to microbial membrane remodeling, lipid and capsule production, including *galU*, *lpxA*, *lpxC*, and *neuA*. In FCGS there were five genes found, including *lpxC* and *ompP5*-like AP1. Unique to FCGS was the expression of the flagella-related genes *cheY*, *fliN*, and *fliQ*. Intriguingly the AP\_2 metatranscriptome had no identified transcripts related to AMR or virulence genes, even with a lower identity threshold of 80% that allows for sequence diversity between species. The expression of capsule and membrane-remodeling genes in the AP\_1 microbiome suggests an active and ongoing response to environmental stressors while the flagella-related genes expressed in FCGS support that oral microbes could be actively moving through the deteriorating tissues and binding oral structures.



**Figure 4.** Expression of AMR and virulence factors differs between early AP and FCGS. Assembled transcripts from each community were run through CARD and VFDB with an identity cut-off of 80%. Data are displayed as presence or absence for each gene hit in each sample.

Altered microbial activity, in concert with the observed taxonomic changes, may contribute to the progression of oral inflammation and disease. To illustrate the changing microbial activity between early AP and FCGS, the respective virulence factors found in each condition (Figure 4) were analyzed for protein-protein interactions and network cluster enrichment and known protein associations using STRING (Figure 5). As abundant organisms in their respective microbiomes, *Pasteurella multocida* was used as the genetic background for the STRING enrichment analysis in AP1 and *Treponema denticola* was used as background for the FCGS STRING enrichment analysis. Membrane remodeling, from lipopolysaccharide biosynthesis ( $-\log_{10}\text{FDR} = 1.8$ ) and lipid A biosynthesis and sialylation activity ( $-\log_{10}\text{FDR} = 1.6$ ), was significantly enriched in the virulence factors found in AP\_1. Contrastingly, the virulence factors found in the FCGS timepoint showed enrichment for the motility related pathways of flagellar assembly and chemotaxis ( $-\log_{10}\text{FDR} = 1.8$ ) and flagellum body and flagellum protein export ( $-\log_{10}\text{FDR} = 1.8$ ). Though only covering the annotated virulence factors and thus narrow in scope, the notable difference between the type of

enriched pathways in AP and FCGS suggests the microbiome alters microbial stress responses in ways unique to each disease state and community membership. Enrichment analysis of the AP\_1 virulence factors suggests a need for increased stress tolerance in the microbiome through increased membrane construction and modification. Contrastingly, the virulence factors found in FCGS support motility in the microbiome and potentially indicate bacteria may be moving in the oral cavity or through the deteriorating dental structures.



**Figure 5.** STRING enrichment of virulence factors support functional differences between the microbiomes of AP\_1 and FCGS. The STRING Database was used to perform a Local Network Cluster enrichment to determine functional profiles of the virulence factors found in each sample. One abundant organism in each sample was used as the genetic background for enrichment with (A) *Pasteurella multocida* used for AP\_1 and (B) *Treponema denticola* for FCGS. AP\_2 had no virulence factor hits and so was excluded from this analysis. Each circle labeled with the gene name represents a virulence factor with the connecting lines indicating gene cooccurrence, gene fusions, gene neighborhood or experimentally determined protein-protein interactions.

#### 4. Discussion

Shifts in the oral microbiome composition and function have been associated with the onset and progression of multiple periodontal diseases [21,40–43]. Considering this, diseases without an established etiology, like AP and FCGS, warrant a deeper investigation into potential microbial connections. Identifying microbial signatures of disease progression or potentially causative community structures is necessary for the development of effective treatments. The current lack of effective treatments make AP and FCGS clinically challenging to manage for veterinarians and severely decrease the quality of life for patients [44]. Connecting the oral microbiome composition and function to disease status is therefore an important step in developing better clinical approaches to treating AP and FCGS.

AP and FCGS are treated as separate diseases of the oral cavity, but 7% of cats 2 years old or younger included in a retrospective study first diagnosed with AP went on to later develop FCGS [1]. The connection between these two diseases is not well-understood, nor is the origin of either [1,8,45]. To that end this case study provides insight into how the oral microbiome may link AP and FCGS in time and potentially how shifts in the microbial community can mark or contribute to disease progression. This case describes a single cat first diagnosed with AP and later with FCGS was sampled with a caudal buccal swab at three timepoints encompassing two within the diagnosis of AP and one after the diagnosis of FCGS. This work combined longitudinal samples with progressing

disease using total RNA sequencing revealed a dynamic shift in both microbiome composition and virulence related activity.

The sampling of a single microbiome over time in a cat revealed a changing microbial community with markedly different compositions at the genus and species level during progressive inflammatory disease in the oral cavity. Interestingly, while two of these microbiomes were sampled during the same diagnosis of AP, they were distinctly different in their composition. The first AP sample included species of *Capnocytophaga*, *Fusobacterium*, *Leptotrichia*, *Pasteurella*, and *Streptobacillus*. Contrastingly, the second sample of the AP associated microbiome was dominated by *Aspergillus* and saw the rise of other fungal grouping *Kluveromyces*, along with increased bacterial membership of species from *Porphyromonas* and *Prevotella*. The microbiome community shifted once again in the FCGS sampling point, where *Treponema* and *Porphyromonas* were the two most dominant genera. This shifting profile both within the same diagnosis and to severe chronic disease highlights the complex and dynamic nature of the oral microbiome in the context of inflammatory disease progression.

The importance of considering the entire microbial community rather than just a few pathogens is further evidenced by the fact that, while *Porphyromonas* was present in both the AP and FCGS samples, its relative activity varied greatly between the two states. Similarly, *Treponema*, a genus associated with periodontal disease [46], only became dominant in FCGS. These findings suggest that the entire consortium of microbes, rather than a single or small group of "keystone" pathogens, play a critical role in driving the transition to a dysbiotic state and the progression of inflammatory disease in the oral cavity [47]. Clinically this indicates the need for a holistic consideration of the oral microbiome in treatment for inflammatory conditions, rather than a focus on a small set of pathogens [48,49].

In addition to profiling taxonomic shifts, the assembled transcripts from each microbiome were examined using a virulence factor database and an AMR database to reveal microbial functional changes associated with disease progression. The first sampled AP microbiome expressed genes related to membrane remodeling, including lipid synthesis and glycosylation. For instance, *galU* was found in the AP\_1 sample and is a known contributor to virulence in multiple organisms through its role in modifying lipopolysaccharide (LPS) and connection to biofilm formation [50,51]. Relatedly drivers of LPS component lipidA, *lpxA* and *lpxC*, were also expressed in periodontitis. The expression of virulence factors primarily related to membrane modifications and subsequently to biofilm formation support the ongoing hypothesis that biofilm activity contributes to the deterioration of oral tissues and structures as seen in periodontitis [52]. This observation of potential biofilm formation in AP is congruent with the notable microbial diversity observed in the AP microbiome. Previous work in human periodontitis revealed increasing diversity was connected to progressing disease in part due to the expansion of biofilm niches in deepening gingival pockets [53,54]. While the samples in this case study were from the mucosa and not the sub gingival compartment like the aforementioned human periodontal work, a parallel process of mucosal deterioration may be taking place in the cat oral tissue. Biofilms that contribute to worsening disease can be initiated by commensal oral organisms like *Streptococcus oralis*, which are early colonizers of the dental structure [55,56]. These early colonizers change the local environment, releasing metabolites and polysaccharide matrices that recruit other oral microbes, include periodontal pathogens like *T. denticola* and *P. gingivalis* [54,57]. This complex community structure on the surface of host structures then utilizes the host tissues as metabolic substrates and ultimately contributes to dental decay [52,54]. The manual disruption of oral biofilms in one study improved periodontal outcomes in humans with periodontitis and led to decreased diversity in the oral microbiome, further supporting that biofilms are contributing factors to dental decay [54]. Thus, the observation of diverse microbiomes and biofilm-related gene expression in AP supports microbial activity is contributing to worsening dental disease in cats.

The expression of these biofilm and membrane-related virulence factors in the first AP microbiome is in contrast with the motility-related genes expressed by the FCGS-associated microbiome. *CheY*, *fliN* and *fliQ* were all expressed in the FCGS microbiome and are involved in

flagellar activity with *fliN* and *fliQ* contributing flagellar building blocks and *cheY* transmitting chemotaxis signals to direct movement [58]. The expression of such motility related genes in the FCGS is an interesting observation in the context of previous work highlighting the role of flagella in instigating oral inflammation and systemic disease in host tissues [27,59–61]. The periplasmic flagella of oral pathogen *T. denticola* has been shown to initiate inflammation through activation of the innate immune system via interaction with toll-like receptor 2 (TLR2) on host cells [62]. Other work in *T. denticola* has shown flagella to be important for bacterial penetration and thus successful infection of the host epithelium, while non-motile or chemotaxis-deficient counterparts were unable to invade host tissue [61]. The immunogenic nature of flagellar structure in conjunction with their importance for successful host colonization suggest the expression of these functions in the FCGS microbiome may be a notable finding from this study. FCGS results in the degradation of tissues and thus release of host proteins and other compounds which may act as chemotaxis signals, inviting motile oral microbes to colonize the deteriorating host tissues and structures [63].

The exploration here of changing microbial composition and virulent activity in the oral microbiome of a cat with expanding oral inflammation provides multiple findings that can guide future work in this area. Though limited to a single cat as a case study, the results of this study suggest taxonomic differences are associated with progressing inflammation, that it remains to be determined whether these changes instigate or follow disease in a larger study. Similarly, the identification of different microbiome virulence factor profiles in AP and FCGS support that function, especially in connection to biofilm and motility, is an important facet when evaluating the connection between a shifting microbiome and host health. Collectively, this work provides a foundation for future work investigating how inflammatory diseases of the oral cavity are connected to the microbial consortia in the oral cavity.

## 5. Conclusions

Longitudinal sampling of the oral microbiome during progressing AP on to the diagnosis of FCGS in a single cat revealed a dynamic microbiome with distinct profiles at the genus and species level. *Streptobacillus* species were most dominant in the first AP sample followed by a notable increase in *Aspergillus* at the second AP timepoint with *Porphyromonas* and *Treponema* as the predominant genera in the FCGS microbiome. In concert with the changing composition, the expression of virulence factors also changed through the progression of disease. Genes primarily related to microbial membrane composition and modification were expressed in the first AP community, while motility related virulence factors were the predominate virulence function in the FCGS profile. The longitudinal profiling of both the oral microbiome composition and virulence profile across time and in conjunction with progressive oral inflammation support the microbiome is either responding to or inciting disease in the host. While further work is necessary to confirm these results at a population level, the observations here support that changing microbial composition and function mark disease progression from AP to FCGS and that development of clinically relevant microbial markers for oral disease state is possible.

**Author Contributions:** C.A.S. analyzed the data, created the visualizations, and wrote and edited the original manuscript. M.S.-R. conceptualized the work, collected samples, and wrote and edited the manuscript. R.P. analyzed the data, contributed to the visualizations, and edited the manuscript. B.C.W. conceptualized the work and edited the manuscript. All authors have read and agreed to the published version of the manuscript.

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**Institutional Review Board Statement:** All study procedures were reviewed and approved by the University of California-Davis Institutional Animal Care and Use Committee 19881 (4 May 2017), 19170 (28 January 2016), 18476 (21 November 2014).

**Informed Consent Statement:** We received the owner's consent for all sampling procedures.

**Data Availability Statement:** Sequencing data generated and analyzed in this study can be found at the 100K Pathogen Project on NCBI SRA under BioProject PRJNA1136879.

**Conflicts of Interest:** The authors declare no conflict of interest.

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