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Article

# An Improved Approach to Estimate Stocking Rate and Carrying Capacity Based on Remotely Sensed Phenology Timings

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**Abstract:** Accurate estimation of livestock carrying capacity (LCC) and implementing an appropriate actual stocking rate (ASR) is key to sustainable management of grazing adapted alpine grassland ecosystems. Reliable determination of aboveground biomass is fundamental to these determinations. Peak aboveground biomass (AGB<sub>P</sub>) captured from satellite data at the peak of the growing season (POS) is widely used as a proxy for annual aboveground biomass (AGB<sub>A</sub>) to estimate LCC of grasslands. Here we demonstrate limitations of this approach and highlight the ability of POS in the estimation of ASR. We develop and trial new approaches that incorporate remote sensing phenology timings of grassland response to grazing activity, considering relations between biomass growth and consumption dynamics, in efforts to support more accurate and reliable estimation of LCC and ASR. Results show that based on averaged values from large-scale studies of alpine grassland on the Qinghai-Tibet Plateau (QTP), differences between AGB<sub>P</sub> and AGB<sub>A</sub> underestimate LCC by about 31%. Findings from a smaller-scale study that incorporate phenology timings into estimation of annual aboveground biomass reveal that Haibei alpine meadows were overgrazed by 11.5% during the study period from 2000-2005. The methods proposed can be extended to map grassland grazing pressure by predicting LCC and tracking ASR, thereby improving sustainable resource use in alpine grasslands.

**Keywords:** alpine grassland; livestock carrying capacity; stocking rate; peak aboveground biomass; remote sensing phenology

## 1. Introduction

Appropriate adaptation of actual stocking rate (ASR) and livestock carrying capacity (LCC) is key to sustainable management and environmental protection of alpine grasslands (Bardgett *et al.* 2021; Yuan *et al.* 2021). Reliable estimation of aboveground biomass (AGB), based on understandings of interactions between climate, plant growth and land-use intensity, is key to these determinations (Luo *et al.* 2002; Harris 2010). Given the vast and remote landscapes of the alpine grasslands on earth, automated modelling procedures use remotely sensed data to estimate peak aboveground biomass (AGB<sub>P</sub>) at the peak of the growing season (POS) as a proxy for annual aboveground biomass (AGB<sub>A</sub>) to appraise and predict spatial and temporal variability in livestock carrying capacity (LCC) (Piipponen *et al.* 2022; Yang *et al.* 2022). Here we demonstrate how AGB<sub>P</sub> may underestimate LCC as it fails to incorporate understandings of adaptive grazing practices and consumption dynamics in a

given setting. Building on research which shows POS as an indicator of grazing activities (Duparc *et al.* 2013; Wang *et al.* 2021), we develop and trial a novel approach based on phenology timings that uses as a measure of grazing intensity or ASR to provide a more reliable information base to guide sustainable determinations of ASR and LCC.

The concept of LCC is widely used to determine the appropriate stocking rate that an area of grassland can sustainably support (Oesterheld *et al.* 1992; Zhang *et al.* 2014a). This approach considers various factors, such as the quality and quantity of available forage, and the type and size of the livestock being considered. By determining the LCC, it is possible to develop a grazing strategy that ensures the grassland's long-term environmental health and productivity while meeting the needs of the livestock (Cao *et al.* 2019). LCC is usually estimated based on livestock forage consumption and grassland forage production (Retzer & Reudenbach 2005). Theoretically, forage production is estimated from annual AGB ( $AGB_A$ ), defined as the total amount of AGB over a year (Zhang *et al.* 2019). However, because estimating  $AGB_A$  in grazing adapted grasslands is challenging, the peak AGB ( $AGB_P$ ), the maximum amount of AGB in a given area at a certain point in time (POS), is frequently used to estimate LCC (Zhang *et al.* 2014a; Piipponen *et al.* 2022; Yang *et al.* 2022; Zhang *et al.* 2022b). Various processing methods accurately capture  $AGB_P$  based on the rich spectral information available via remote sensing imagery (Yang *et al.* 2018; Zhang *et al.* 2022a). Although  $AGB_P$  is often considered as a good proxy for  $AGB_A$  (Scurlock *et al.* 2002), the accuracy and uncertainty of using  $AGB_P$  rather than  $AGB_A$  to estimate LCC are largely unknown. Furthermore, the variability in estimates of these parameters may result in propagation of errors (Table 1). For example, Zhang *et al.* (2022b) and Mo *et al.* (2021) estimated AGB on the Qinghai-Tibet Plateau (QTP) over the period 2000-2018. However, these two studies produced a two-fold difference in estimates of annual biomass (peak AGB), with Zhang *et al.* reporting 104.2 g/m<sup>2</sup> while Mo *et al.* reported 47.18 g/m<sup>2</sup>. The difference arises from the ground truthing data used in these studies; the former was collected in non-grazed grassland, but the latter was in grazed grassland.

Limitations and challenges in the use of  $AGB_P$  to estimate LCC affect its predictive accuracy. Ground truth data of  $AGB_P$  for the grasslands on the QTP are generally derived from August or September (Liu *et al.* 2018). In reality, however,  $AGB_P$  occurs at a specific time in each year, as it marks the AGB peak of the growing season (POS). The  $AGB_P$  is heterogeneous in space and time as a function of different environmental conditions and grazing regimes in different grasslands. In some cases,  $AGB_P$  (or modelled NPP back-transformed to AGB) is a useful predictor of livestock carrying capacity (Zhang *et al.* 2022b); for example, where  $AGB_P$  was measured in the non-grazed grassland and it actually reflects  $AGB_A$ , and POS occurs on the same day as the end of the growing season (EOS). In these instances, the amount of vegetation available for grazing supports reliable estimates of the number of animals that can be sustained. However, when the ground-truth data for validating  $AGB_P$  were collected in grazed grassland (Qin *et al.* 2021),  $AGB_P$  was less than the  $AGB_A$ , because livestock continue consume AGB. Peak AGB observed on grazed grassland is widely used for the estimation of LCC (Table S1), which technically leads to under-estimation of LCC. Moreover, grazing practices vary at different times and locations over a year. Tibetan herders generally graze their stock in summer from May to September in areas above 3,700 m, but in winter months grazing takes place at elevations below 3,700 m (Ping *et al.* 2010). Moving livestock from winter pasture to summer pasture before mid-June, then returning the livestock to the winter pasture in late September to October (Wei *et al.* 2020) helps to avoid intensive degradation caused by intensive grazing in early spring and winter season (Wang *et al.* 2020b; Wang *et al.* 2022). These rotational grazing regimes cause difficulties in  $AGB_A$  and  $AGB_P$  estimation by the dynamics of grazing activities. Furthermore, although ground-truth data can be collected in ungrazed grassland, as most areas are grazed, errors in the estimation of  $AGB_A$  and LCC are inevitable. Unfortunately, the relationship between  $AGB_P$  and  $AGB_A$  is simply not reported in many situations, especially in the seasonal rotational grazing regimes.

POS is one of the most important remote sensing phenology timings (including start of growing season (SOS), and end of growing season (EOS)), it is highly related to livestock grazing activities, but there is little known about the relationship of POS and ASR in the alpine grassland. Previous research has predominantly focused on the impact of climate change on phenology and plant growth

(Wu *et al.* 2021; Möhl *et al.* 2022; Song *et al.* 2023). Less attention has been given to the effects of grazing activities on phenology, particularly with respect to POS, and plant growth. Detection of the exact day at which the peak growing season occurs is feasible using remote sensing, even if the underlying mechanisms that govern POS remain largely unknown. The complex interplay between plant growth and consumption by grazing animals (ASR) is a key determinant of the timing of the POS (Richardson *et al.* 2021; Shen *et al.* 2022). A recently developed empirical plant growth model for monitoring vegetation growth in alpine meadows on the QTP shows high predictive accuracy with coefficients of determination ( $r^2$ ) ranging from 0.94 to 1.00 (Wang *et al.* 2021). This plant growth model can be used to evaluate the relationship between POS and grazing activities, such as actual stocking rate (ASR).

Here, we evaluate the use of phenological parameters (here we explicitly mean those derived using remote sensing techniques) to estimate ASR and LCC for alpine grassland. Specifically, we asked the following questions: (1) How reliably does peak biomass ( $AGB_p$ ) represent the annual biomass ( $AGB_A$ ) to calculate LCC? (2) What grazing effects determine the occurrence of POS in alpine grasslands? (3) How can remote sensing phenology timings (RPT) improve estimations of the actual stocking rate (ASR) and carrying capacity (LCC)?

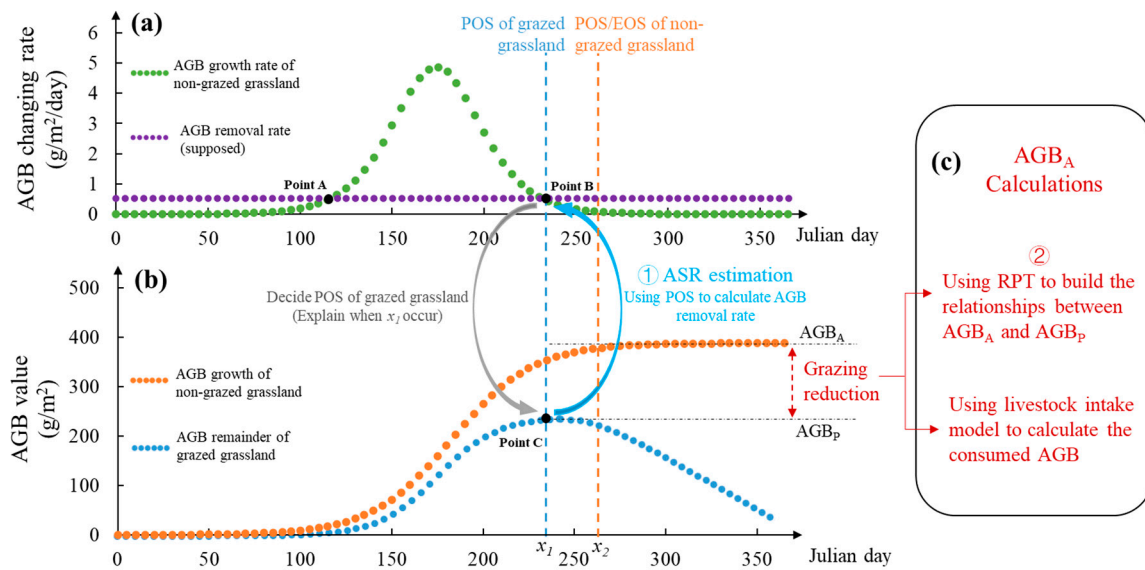
## 2. Study Area

The research area encompasses the diverse alpine grasslands of northern China, including the Qinghai-Tibet Plateau (QTP), Inner Mongolia Plateau, and Hulun Buir Plateau. Temperate continental and plateau climate support five distinct vegetation types: desert steppe, typical steppe, meadow steppe, alpine meadow, and alpine steppe (Mao *et al.* 2014; Zhang *et al.* 2014b). Annual precipitation across the region varies from 500 mm in the northeast to as little as 50 mm in the northwest, with approximately 70% occurring between July and September (Chai *et al.* 2015). Annual evaporation rates range from 1,500 to 2,600 mm (Deng *et al.* 2006). Livestock grazing is the primary land use activity, serving as the cornerstone of local livelihoods.

## 3. Methodology

### 3.1. Modelling theory

The theoretical models for estimating  $AGB_A$  and ASR are delineated in Figure 1. Figure 1a illustrates the respective trendlines for the growth rate of AGB in non-grazed grassland (green) and the AGB removal rate (purple) due to livestock grazing. Figure 1b presents a comparative analysis of two trendlines, AGB growth of non-grazed grassland (orange) and AGB remainder of grazed grassland (blue), illustrating the commonly ignored consumed AGB caused by livestock (explanations displayed in Figure 1).



**Figure 1.** Modelling theory of  $AGB_A$  correction and ASR estimation.

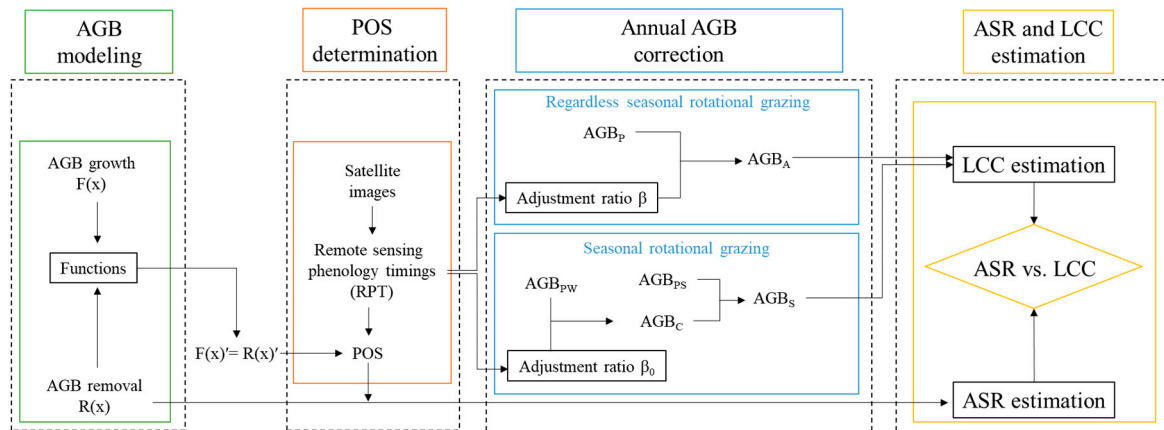
The key connection between Figure 1a and Figure 1b is POS ( $x_1$  and  $x_2$ ), which links Point B and Point C. In scenarios where grassland undergoes grazing in Figure 1a, Point B, one of the point of intersections between these two trendlines, signifies an equilibrium where the AGB growth rate is equivalent to the AGB removal rate. Beyond this intersection, the growth rate subsequently falls behind the removal rate. Consequently, in Figure 1b, the peak of AGB for the grazed grassland is attained at the juncture marked by Point C, which correlates to the POS ( $x_1$ ) for the grazed grassland (Figure 1b). The path from Point B to Point C in Figure 1 explicates the methodology for deciding the POS ( $x_1$ ) in a grazed grassland context. This process explains the underlying mechanisms to determine when  $x_1$  occurs. Inversely, the POS of grazed grassland can be employed to calculate the AGB removal rate by the path from Point C to Point B (① in Figure 1b), thereby serving as an indirect measure of the stocking rate.

Figure 1c shows two methods used to improve  $AGB_A$  and LCC estimation. The first one uses RPT derived from remote sensing images to build the relationships between  $AGB_A$  and  $AGB_P$  (② in Figure 1b). The second one employs a livestock intake model to calculate the consumed AGB if the livestock stocking rate is applicable. Our primary focus in this paper is on the first method, exploring the potential of RPT to enhance  $AGB_A$  estimation.

As seasonal grazing is generally used in alpine grasslands, we evaluate the effectiveness of the modelling methods with and without the consideration of rotational grazing regimes. While the above modelling process is based on an assumption of pastures without seasonal rotational grazing regimes, it still works in a seasonal rotational grazed pastures for the growing season.

### 3.2. Overall workflow

The workflow for estimating  $AGB_P$ , LCC and ASR based on remote sensing phenology timings has four main steps (Figure 2): (1) AGB modelling (including AGB growth and consumption models), (2) POS determination, (3) the correction of annual AGB estimation, and (4) LCC and ASR estimation and comparison. All the abbreviations in this study are listed in Table S2 in the supplementary files.



**Figure 2.** A framework for LCC and ASR estimation.  $F(x)$  is the AGB growth function,  $F(x)'$  refers to AGB growth rate.  $R(x)$  and  $R(x)'$  are functions of AGB removal and removal rate,  $AGB_{PW}$  is the peak above ground biomass of winter pasture,  $AGB_{PS}$  is the peak above ground biomass of summer pasture,  $AGB_C$  is the plant biomass consumed by livestock in growing season, LCC is livestock carrying capacity, ASR is the actual stocking rate.

First, we introduce models of AGB growth  $F(x)$  (in the condition of grazing exclusion) and AGB removal  $R(x)$  (consumption by livestock) to explain the underlying mechanisms between AGB accumulation and consumption. Second, the determination of POS is a priority to accurately estimate the  $AGB_P$ . On one hand, phenological parameters including SOS, POS, EOS, and the length of the growing season can be determined using a smoothed VI time series (Xie *et al.* 2020). On the other hand, POS can be calculated through functions representing AGB growth rate and AGB removal rate (Figure 1). This study focuses solely on the latter, as the former has been extensively researched and is widely documented in the existing literature (Wang *et al.* 2018; Song *et al.* 2023). Third, we propose two adjustment ratios,  $\beta_0$  and  $\beta$ , to characterise relations between peak and annual above ground biomass for situations with and without rotational grazing, respectively. The basis for these adjustment ratios is derived from the theory of AGB growth and consumption, as  $AGB_P$  is not necessarily representative of  $AGB_A$  in the context of grazed grasslands. Fourth, a comparative analysis between ASR and LCC is used to evaluate the grazing pressure on grassland ecosystems.

### 3.2.1. AGB modelling

In alpine grassland, changes in AGB can be represented by a logistic function with three parameters (Huang *et al.* 2018; Wang *et al.* 2020a), expressed as:

$$F(x) = \frac{AGB_{max}}{1 + e^{-k \times (x - X)}} \quad (1)$$

$$(x)' = \frac{AGB_{max} \times e^{-k \times (x - X)}}{20 \times (1 + e^{-k \times (x - X)})^2} \quad (2)$$

where:  $F(x)$  is the AGB growth representing the remaining AGB on the ground in the non-grazed grassland,  $F(x)'$  is the derivative of  $F(x)$  and is the AGB growth rate.  $x$  is the Julian date.  $AGB_{max}$  is the maximum AGB by the day of EOS, which is the peak AGB in non-grazed grassland.  $X$  is the day (FOS) having the fastest growth rate,  $k$  is the standardized AGB growth rate (dividing the fastest AGB growth rate by  $AGB_{max}$ ).

The AGB removal function refers to the daily consumption of AGB by livestock, and can be expressed as a linear function:

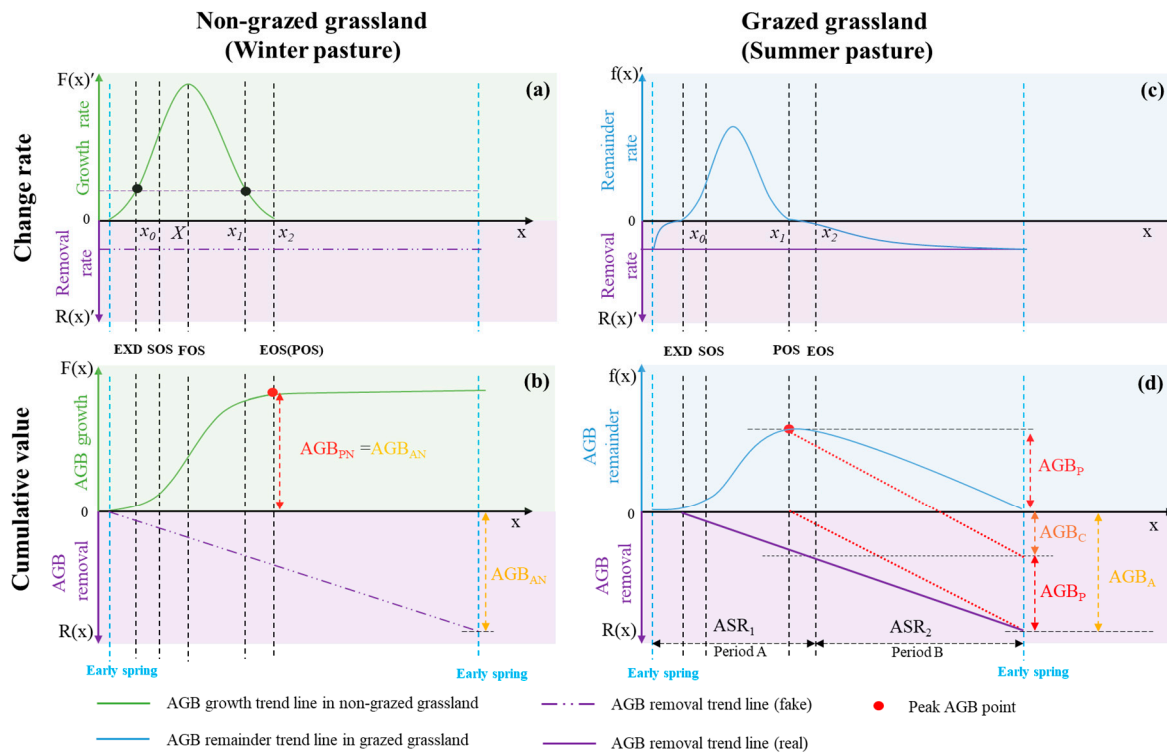
$$R(x) = x \times \frac{AGB_A}{365} \quad (3)$$

$$R(x)' = \frac{AGB_A}{365} \quad (4)$$

where  $R(x)'$  is the AGB removal rate, which is a constant; 365 represents 365 days.

### 3.2.2. The determination of POS

Figure 3 presents a schematic illustration of AGB cumulative value and its change rate in grazed and non-grazed grasslands, showing relationships between AGB and RPT. It is worth noting that the remote sensing detected phenology timings may slightly earlier than the ground observations, it should be considered in the algorithms.



**Figure 3.** Schematic illustration of AGB production and consumption ( $AGB_{AN}$  and  $AGB_{PN}$  are for non-grazed grassland (or winter pasture),  $AGB_A$  and  $AGB_P$  are for grazed grassland (or summer pasture).  $F(x)$  is the AGB growth representing the remaining AGB in the non-grazed grassland,  $F(x)'$  refers to AGB growth rate.  $f(x)$  represents the remainder AGB in the grazed grassland,  $f(x)'$  refers to AGB remainder rate.  $R(x)$  and  $R(x)'$  are AGB removal and removal rate.  $X$  is the day having the fastest growth rate (FOS) in the grazed grassland,  $x_0$  (EXD) is the day of when  $F(x)'$  exceed  $R(x)'$ ,  $x_1$  is the day of when  $F(x)'$  lags behind  $R(x)'$ .

In non-grazed grassland,  $AGB_P$  occurs at the end of the grazing season, so in those settings POS is the same as EOS in Julian day (Figure 3b). The AGB growth rate,  $F(x)'$ , for non-grazed grassland is simply the plant growth rate, but the AGB accumulation rate  $f(x)'$  for grazed grassland is the joint effect of plant growth and livestock consumption (Figure 3d). Obviously, POS occurs before EOS in the grazed grassland, and it occurs when the AGB growth rate of non-grazed grassland ( $F(x)'$ ) is equal to the AGB removal rate ( $R(x)'$ ), just before the end of the growing season; this time point is displayed as  $x_1$  in Figure 3a. Thus, POS ( $x_1$ ) and EXD ( $x_0$ ) can be derived by the cross point of  $F(x)'$  and  $R(x)'$  as:

$$F(x)' = R(x)' \quad (5)$$

$$x_1 = POS = \left\{ x, \begin{array}{l} F(x)' = R(x)' \\ F(x)'' < 0 \end{array} \right\} \quad (6)$$

$$x_0 = EXD = \left\{ x, \begin{array}{l} F(x)' = R(x)' \\ F(x)'' > 0 \end{array} \right\} \quad (7)$$

where  $F(x)'' < 0$  secures the second point of the intersections of  $F(x)'$  and  $R(x)'$ . It is noteworthy that at the juncture denoted by  $x_0$ , the AGB growth rate  $F(x)'$  surpasses the AGB removal rate  $R(x)'$ , whereas at  $x_1$ , the AGB growth rate  $F(x)'$  lags behind the AGB removal rate  $R(x)'$ . In another word,  $f(x_0)'$  and  $f(x_1)'$  are zero as shown in Figure 3d.

### 3.2.3. Annual AGB correction

In ungrazed grassland (Figure 3c,d), AGB growth rate peaks at the end of the growing season:

$$AGB_{AN} = AGB_{PN} \quad (8)$$

$$AGB_{AN} = AGB_{PN} = \left\{ F(x), \begin{array}{l} F(x)' = 0 \\ F(x)'' < 0 \end{array} \right\} \quad (9)$$

where  $F(x)'=0$  secures the extreme and  $F(x)''<0$  ensures the POS (EOS).

Similarly, the peak biomass for the grazed grassland can be derived as (Figure 3c,d):

$$AGB_A > AGB_P = \left\{ f(x), \begin{array}{l} f(x)' = 0 \\ f(x)'' < 0 \end{array} \right\} \quad (10)$$

where  $f(x)'=0$  secures the extremes and  $f(x)''<0$  ensures the POS ( $x_1$ ).

The situation in the grazed grassland is more complex, due to the effects of livestock on the biomass dynamics of the system.  $AGB_P$  is generally estimated through remotely sensed images obtained around POS, it can be regarded as the forage storage used to feed livestock in dormant season (period B), which is the period after POS until growing re-commences, as shown in Figure 3d. Thus,  $AGB_A$  includes  $AGB_P$  and  $AGB_C$ :

$$AGB_A = AGB_C + AGB_P \quad (11)$$

where:  $AGB_C$  is the plant biomass consumed by livestock in growing season (period A), during which biomass is accumulating. It is worth noting that if AGB is in shortage or plenty by the end of winter season, the forage supplementary and the remanent biomass should be added and deducted in equation 11, respectively.

Based on the concept outlined in Figure 3d,  $AGB_C$  and  $AGB_P$  can be used to calculate livestock carrying capacity for the period A and B, respectively (Figure 3):

$$ASR_1 = \frac{AGB_C \times R_s}{L \times (EOS - SOS)} \quad (12)$$

$$ASR_2 = \frac{AGB_P \times R_s}{L \times (365 - EOS)} \quad (13)$$

where  $ASR_1$  and  $ASR_2$  stand for the actual stocking rate of periods A and B, respectively.  $R_s$  is a ratio including biomass use efficiency, availability, and edibility; it is assigned a value of 0.456 according to previous studies (Yu *et al.* 2010; He *et al.* 2020).  $L$  is the daily intake for a standard sheep unit (SU), it is 1.8 kg/SU (NY/T635-2015) (Cao *et al.* 2020).

Theoretically, some livestock would be slaughtered after the growing season (regardless of the birth and death rates throughout the year). The actual stocking rate for the two periods (period A and B) can be described as equation 14. Thus, the relationship between  $AGB_A$  and  $AGB_P$  can be derived from equations 11-14:

$$ASR_1 \times (1 - S_{rate}) = ASR_2 \quad (14)$$

$$AGB_A = \left\{ \left( 1 + \frac{EOS - SOS}{(1 - S_{rate}) \times (365 - EOS)} \right) \times AGB_P, ASR_1 \times S_{rate} = ASR_2 \right\} \quad (15)$$

$$\beta = \left(1 + \frac{EOS - SOS}{(1 - S_{rate}) \times (365 - EOS)}\right) = \frac{AGB_A}{AGB_P} \quad (16)$$

where  $S_{rate}$  is slaughter rate,  $\beta$  is the adjustment ratio needed to convert  $AGB_P$  to  $AGB_A$  for the grazed grassland assuming that grasslands were grazed in the same place across the year.

### 3.2.4. LCC and ASR estimation

According to the definition and equation 15, the annual LCC can be expressed as:

$$LCC = AGB_A \times \frac{R_s}{L \times 365} = \beta \times AGB_P \times \frac{R_s}{L \times 365} \quad (17)$$

According to equations 5-6, POS is determined by  $F(x)$  (AGB growth of non-grazed grassland) and  $R(x)$  (the AGB removal function). With converse thinking, POS can also reflect important information of plant growth ( $F(x)$ ) and livestock grazing ( $R(x)$ ). ASR can be calculated by two steps. First, deriving POS from VI time series data of the grazed grassland, and then assign this  $POS(x_1)$  to  $F(x)'$  (AGB growth rate of non-grazed grassland) to calculate  $R(x)'$  (the AGB removal rate). So, ASR can be expressed as:

$$R(x)' = \left\{ \begin{array}{l} F(x_1)', \quad x_1 = POS \\ POS = f(VI) \end{array} \right\} \quad (18)$$

$$ASR = \frac{R(x)' \times R_s}{L} \quad (19)$$

where ASR is the actual stocking rate by the time of POS.

### 3.3. Model application in seasonal rotational grazing regimes

In theoretical terms, EXD and EOS on Figure 3a denote the optimal timing for the translocation of livestock between winter and summer pastures (see Figure 4). The temporal interval spanning from EXD to EOS signifies a state of abundance in AGB, whereas the days falling outside this temporal range are characterized by a scarcity of AGB. Grazing of summer pastures extends from EXD to EOS while livestock stay at winter pasture at other times of a year.

Summer pasture Phenology timings	Early spring	EXD( $x_0$ )	SOS	FOS	POS ( $x_1$ )	EOS	Early spring	AGB	LCC
Summer pasture (S)		Grazing	Grazing	Grazing	Grazing			$AGB_S = AGB_{PS} + AGB_C$	$LCC_S$
Winter pasture (W)	Grazing						Grazing	$AGB_W = AGB_{PW}$ $AGB_W = AGB_{PW} + F_S$	$LCC_W$
Winter pasture Phenology timings	Early spring		SOS			EOS/POS	Early spring		

**Figure 4.** Grazing status for summer and winter pastures at different phenology timings (AGBs is the total produced AGB on summer pasture,  $AGB_W$  is the total demanded AGB for livestock on winter pasture;  $AGB_{PS}$  and  $AGB_{PW}$  represent  $AGB_P$  for summer pasture and winter pasture, respectively.  $LCC_S$  and  $LCC_W$  represent LCC for summer pasture and winter pasture, respectively).

Thus, the calculation of  $AGB_S$  should include  $AGB_{PS}$  (the peak biomass of summer pasture) and  $AGB_C$  (livestock consumed biomass). So,  $AGB_S$  can be described as:

$$AGB_S = AGB_{PS} + AGB_C \quad (20)$$

In winter pastures,  $AGB_{PW}$  is produced in the summer season, and it is consumed in the winter season. The incorporation of  $F_S$  (Forage Supplement) becomes imperative due to the diminished quality of AGB throughout the winter season. So,  $AGB_W$  can be expressed as:

$$AGB_W = \begin{cases} AGB_{PW}, \text{ without forage supplement} \\ AGB_{PW} + F_s, \text{ with forage supplement} \end{cases} \quad (21)$$

Based on the grazing status for a year displayed in Figure 4, the stocking rate in two pastures can be expressed as:

$$ASR_S = \frac{AGB_C \times R_s}{L \times (EOS - EXD)} \quad (22)$$

$$ASR_W = \frac{AGB_W \times R_s}{L \times (365 - EOS + EXD)} \quad (23)$$

$$ASR_S \times (1 - S_{rate}) = ASR_W \quad (24)$$

ASR<sub>S</sub> is the actual stocking rate for summer pasture, ASR<sub>W</sub> is the actual stocking rate for winter pasture, S<sub>rate</sub> is slaughter rate.

During the winter season, there is an observed decline in the crude protein content of the grasses from the summer season, decreasing notably from 10.43% to 5.56% (Cai *et al.* 2022). So, the forage quality declined to 53.3% (Q) of the original (calculated by 5.56%/10.43%) based on the protein content. According to equations 22-24, AGB<sub>C</sub> can be expressed as:

$$AGB_C = AGB_W \times Q \times \frac{EOS - EXD}{(1 - S_{rate}) \times (365 - EOS + EXD)} \quad (25)$$

$$\beta_0 = \frac{Q \times (EOS - EXD)}{(1 - S_{rate}) \times (365 - EOS + EXD)} \quad (26)$$

where  $\beta_0$  is the adjustment factor for calculating AGB<sub>C</sub> by the time of POS in summer pasture based on AGB<sub>W</sub>. So, AGB<sub>S</sub> can be expressed as:

$$AGB_S = AGB_{PS} + AGB_W \times \frac{EOS - EXD}{(1 - S_{rate}) \times (365 - EOS + EXD)} \quad (27)$$

So, the livestock carrying capacity for two kinds of pastures can be expressed as:

$$LCC_S = AGB_S \times \frac{R_s}{L \times (EOS - EXD)} \quad (28)$$

$$LCC_W = AGB_W \times \frac{R_s}{L \times (365 - EOS + EXD)} \quad (29)$$

where LCC<sub>S</sub> and LCC<sub>W</sub> represent LCC for summer pasture and winter pasture, respectively. The determination of grassland carrying capacity is contingent upon the manner of utilization. For a grassland household with one summer pasture and one winter pasture, the best stocking rate during the summer season should be LCC<sub>S</sub>, and is should be reduced to LCC<sub>W</sub> during the winter season.

The expression of ASR at the time of POS within the summer pasture can be derived in a similar manner to use of equations 18 and 19.

### 3.4. Case study

Figure 5 shows the workflow of the case study to test and validate the proposed models based on data derived from previously published papers (see Tables 1-5). The flow chart includes two parts, one is 'Evaluation of the reliability of  $\beta/\beta_0$ ', the other one is 'Application of the conceptual model'. The reliability of  $\beta$  was evaluated and validation of  $\beta$  draws on field-measured biomass and estimated RPT based on Equation 16-17 (blue arrows in Figure 5). Unfortunately, we are unable to evaluate in this study due to the lack of data (controlled experiments).

The conceptual models start with POS and then via backward and forward pathways we estimate ASRs and LCCs, respectively. Comparison of ASRs and LCCs indicates grassland grazing pressure: ASR > LCC means grassland is over-grazed, ASR  $\approx$  LCC means grassland is grazed at a



**Table 3.** Statistical summary of the phenological timings information used to calculate  $\beta$ .

Site	Period	Vegetation	SOS	POS	$\beta$	References
QTP	2000-2005	Alpine meadow	154	221	1.47	Zhu <i>et al.</i> (2019)
		Alpine steppe	160	226	1.47	
	1999-2009	All grasslands	145	211	1.43	Ding <i>et al.</i> (2013)
North-west China	1985-2010	Alpine meadow	129	204	1.47	Wang <i>et al.</i> (2018)
		Alpine steppe	129	204	1.47	
		Desert steppe	121	198	1.46	
		Meadow steppe	123	198	1.45	
		Temperate meadow	126	197	1.42	
	Typical steppe	122	198	1.46		
	2000-2016	Alpine grassland	150	212	1.41	Yang <i>et al.</i> (2019)
Temperate grassland	152	211	1.38			
Inner Mongolia	1982-2015	Temperate grassland	110	220	1.76	Zhang <i>et al.</i> (2020)
	Mean		135.08	208.33	1.47	
	SD		16.20	10.10	0.10	

Note: SD is the standard deviation. The units of SOS, POS and EOS are Julian days.

**Table 4.** Statistical summary of the field measurements of AGB in plot experiments used to calculate  $\beta$ .

Study region	Period	Vegetation/location	AGB ( $\text{g m}^{-2}$ )		$\beta$	References
			Non-grazed (AGB <sub>A</sub> )	Grazed (AGB <sub>P</sub> )		
Northern Tibetan Plateau	2006-2010	Alpine meadow	55.6	47.2	1.27	Wu <i>et al.</i> (2013)
		Alpine steppe	27.9	20.7	1.34	
		Alpine desert steppe	8.7	6.0	1.45	
	2000-2014	Alpine grassland	52.5	34.0	1.54	Cao <i>et al.</i> (2019)
Central Tibetan Plateau	2006	Elevation 4650	95.00	145.00	1.53	Zhao <i>et al.</i> (2019)
Elevation 4950		180.00	280.00	1.56		
Elevation 5100		145.00	210.00	1.45		
	Mean		80.67	106.13	1.45	
	SD		62.71	106.87	0.11	

Note: SD is standard deviation.

#### 4.2. The estimation of LCC and ASR

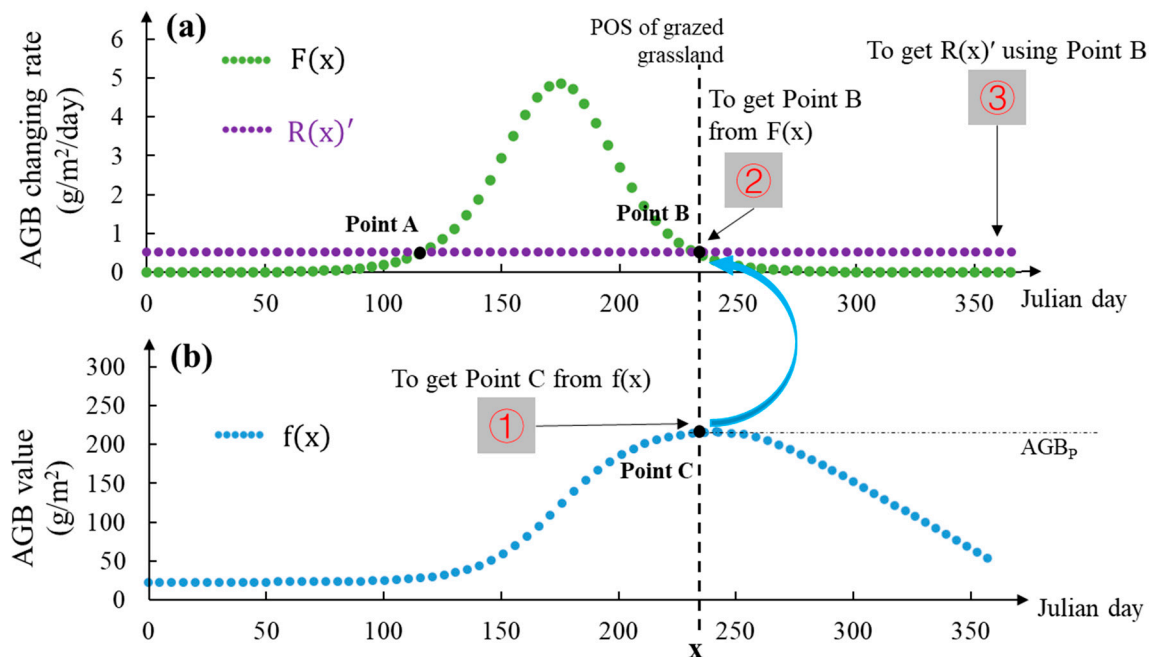
The estimation of LCCs and ASRs is based on the mechanisms displayed in Figure 3. POS was determined by the joint effects of plant growth and grazing activity (Hu *et al.* 2021; Shen *et al.* 2022). Conversely, POS can be used to reflect the grazing severity through plant growth function as shown in equations 18-19. The data used to estimate LCCs and ASRs were taken from the same place to ensure a similar plant growth function under similar ecological and environmental conditions. These studies were carried out in the alpine grasslands in Haibei alpine meadow, Qinghai, China (Table 5). The value of the variables is averaged corresponding to their observation periods. RPT variables were observed from the study of Zhu *et al.* (2019). Moreover, the peak AGB estimated by remote sensing for summer pastures is varied, so the mean value was used in the model (Table 5).

**Table 5.** Description of variables used in the model application.

	Description	Variable	Value	Period	Reference
Non-grazed	Plot experiment used for monitoring plant growth over growing season	$AGB_{max}(g/m^2)$	390		
		k	0.062	2002-2014	Wang <i>et al.</i> (2021)
		X	174		
	Peak AGB of winter pasture	$AGB_{PW}(g/m^2)$	353.7	2007	Li <i>et al.</i> (2009)
	VI time series images used for estimating remote sensing phenology parameters	$POS(x_1)$	218		
		EOS	264	2000-2005	Zhu <i>et al.</i> (2019)
Grazed	Forage quality decreasing rate	Q	0.53		Cai <i>et al.</i> (2022)
			230.0	2001-2005	Jia <i>et al.</i> (2016)
	Peak AGB of summer pasture	$AGB_{PS}(g/m^2)$	220.0	2000-2005	Gao <i>et al.</i> (2020)
			200.0	2001-2005	Yu <i>et al.</i> (2021)
			210.5	2001-2004	Yang <i>et al.</i> (2009)
		Mean	215.1		
	SD	12.8			

Note:  $AGB_{max}$  is the maximum AGB over the growing season in the non-grazed grassland, k is the standardized fastest AGB growth rate, X is the day having the fastest growth rate. Forage supplement ( $F_s$ ) is not available in this case study.

The plant growth rate model (Equation 30 is from Equation 2) was implemented based on the study of Wang *et al.* (2020a). Figure 6 shows a simplified workflow using POS to calculate AGB removal rate based on Figure 1. After the POS ( $x_1$ , in grazed grassland) was derived from remote sensing images (step ①), it was used to calculate the AGB removal rate ( $R(x)$ ) via Point B (step ② and ③).



**Figure 6.** Illustration of using POS to calculate AGB removal rate (a simplified workflow of Figure 1, ①-③ are three steps).

$$F(x)' = \frac{390 \times e^{-0.062 \times (x-174)}}{20 \times (1 + e^{-0.062 \times (x-174)})^2} \quad (30)$$

The results displayed in Table 6, which calculate  $EXD(x_0)$  and  $\beta_0$  from observations in Table 5, were 131 Julian day and 0.434, respectively. Based on these two important factors, ASR and LCC can

be derived. ASRs was 2.91 SU/ha and LCCs was 2.61 SU/ha. Thus, it appears that the summer pastures in Haihei alpine grassland were averagely over-stocked by 11.5% in the period from 2000-2005. Prospectively, methods outlined here to evaluate grazing pressure using phenology timings based on remote sensing imagery using a plant growth model could provide a solution to map the dynamics of grazing activities for large scale studies.

**Table 6.** Comparison of modelling results.

Description	Variable	Results
The day of AGB growth rate $F(x)'$ exceed AGB removal rate $R(x)'$	EXD( $x_0$ )	131
The adjustment factor for calculating $AGB_c$ (by the time of POS in summer pasture) based on $AGB_w$ , Equation 25-26	$\beta_0$	0.434
AGB removal rate is estimated by the reverse verification process, Equation 18	$R(x)'$ (g/m <sup>2</sup> /day)	1.152
ASRs as calculated by Equation 24	ASRs (SU/ha)	2.91
LCCs as calculated by Equation 28-29, $AGB_p$ was adjusted by $\beta_0$	LCCs (SU/ha)	2.61
Comparison between ASRs and LCCs according to Figure 4	Grazing severity	Over-grazed
	Over-stock rate	11.5%

## 5. Discussion

Accurate prediction of ASR and LCC is key to determinations of grazing pressure that underpin interpretations of successful livestock management (Piipponen *et al.* 2022). Prospects for sustainable grazing reflect the balance between land-use practices (especially stocking rates and rotational grazing practices) and grassland productivity (Huang *et al.* 2016). Estimation of ASR and LCC via remote sensing requires an understanding of biomass growth and consumption mechanisms (Piipponen *et al.* 2022; Shen *et al.* 2022; Song *et al.* 2023). Findings from this study show the reliability and effectiveness of two ratios,  $\beta$  and  $\beta_0$ , which link  $AGB_p$  and  $AGB_c$  to  $AGB_A$ . These results enhance the utility of the models presented in Figure 1, highlighting the importance of phenological timings in the estimation of ASR and LCC.

Traditional models that do not incorporate spatial and temporal variability in forage production (Wang *et al.* 2022) or knowledge of seasonal grazing patterns (Briske *et al.* 2020) are likely to overestimate  $AGB_A$  and LCC. Conversely, utilizing  $AGB_p$  instead of  $AGB_A$  likely underestimates LCC. For averaged values in the large-scale studies of alpine grassland on QTP, our results indicate that LCC estimated based on  $AGB_p$  is underestimated by about 31% due to the difference between  $AGB_p$  and  $AGB_A$  ( $\beta$ ). This explains why previous studies that use  $AGB_p$  as a proxy for  $AGB_A$  have yielded inconsistent results for the same area over the same period (Table S1). Although ground truth data can be measured in non-grazed grassland, as most areas on the QTP are grazed, using only non-grazed information causes errors in spatial analyses of biomass and productivity. Furthermore, while most studies have collected ground truth data in grazed grassland (Table S1), what is stated to be annual AGB is actually the peak biomass. In any case, the proposed adjustment ratio  $\beta$  can be used to avoid underestimation of LCC for the pastures with and without the consideration of rotational grazing regimes. This exemplifies the critical importance of underlying assumptions and analytical procedures in using automated procedures (O'Neil 2017).

Determining and implementing an appropriate grazing intensity and ASR is key to the sustainable management of grassland resources (Zhang *et al.* 2018). An excessively high stocking rate may cause land degradation and desertification (Li *et al.* 2018), whereas appropriately managed grazing (e.g. rotational grazing regimes) can contribute to the provision of ecosystem services (Bengtsson *et al.* 2019). In this study grazing pressure was evaluated by using phenology timings derived from remote sensing images with the assistance of a plant growth model. The results indicate

that the summer pastures in Haibei alpine grassland were averagely over-stocked by 11.5% in the period of 2000-2005. The ability of remote sensing phenological timings to estimate ASR provides a solution to map the spatial dynamic of grazing activities, such as stocking rate and grazing intensity. However, multiple plant growth models are required to conduct such large scale mapping studies.

Livestock grazing and plant growth alter biomass dynamics and determine POS in tandem. In some instances, more productive plant communities in free-grazing alpine grasslands reach their POS later than less-productive plant communities (Duparc *et al.* 2013). Hence, parameterisation (and structure) of plant community growth models will likely need to vary from place-to-place to reflect local conditions in plant composition and the environment (Huang *et al.* 2018; Sanaei *et al.* 2019). For example, it has been argued that stocking rate should be estimated for different topographic positions, as topography (e.g. aspect) controls biomass and its availability to livestock (Sanaei *et al.* 2019; Hua *et al.* 2022). Given the sharply changing rate of  $F(x)$  (plant growth rate) displayed in Figure 5,  $R(x)$  (relevant to ASR and  $x_0$ ), it is critical to accurately estimate POS. Observations and analyses of specific plant community growth models and remote sensing phenology are required to support reliable transfer of LCC predictions in space and across scales. Accurate determination of POS can help to predict appropriate grazing intensity or stocking rate, thereby supporting livestock producers and land managers alike. Multiple plant growth models, reflecting different community or vegetation type, may be required to estimate ASR across large spatial extents. The availability of high-resolution and high-frequency satellite imageries, such as Sentinel 2 and Planet Scope satellites now provides strong foundations to support applications of procedures outlined in this study.

## 6. Conclusions

This study evaluated, for the first time, the underlying mechanisms between remote sensing phenology and grazing activity. Evidence provided highlights the importance of relationships between  $AGB_P$ ,  $AGB_C$  and  $AGB_A$ , and associated implications for determination of ASR and LCC. We present a new approach based upon phenological timings of plant growth models to support such tasks. A statistical method based on relationships between  $AGB_P$ ,  $AGB_C$  and  $AGB_A$  is used to derive adjustment ratios based on remote sensing phenology timings. The reliability of these ratios and the feasibility of the proposed models were corroborated and tested by observations from previous studies. Our novel method uses remote sensing phenology timings to estimate ASR based on plant growth models in a backward pathway. Estimates of LCC based on remote-sensed biomass are adjusted by  $\beta$  and  $\beta_0$  for different scale studies. Our method efficiently tracks stocking rate and predicts carrying capacity, thereby supporting sustainable grazing strategies in alpine grasslands.

**Supplementary Materials:** The following supporting information can be downloaded at the website of this paper posted on Preprints.org.

**Authors Contributions:** Yan Shi conceived the ideas and designed methodology; Gary Brierley contributed to the conception and the original draft. Yan Shi led the writing of the manuscript with contributions from George L W Perry, Jay Gao, Xilai Li, and Alexander V. Prishchepov, Meiqin Han and Jiexia Li. All authors contributed critically to the drafts and gave final approval for publication.

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