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Review

# The Deficits of Insulin Signal in Alzheimer's Disease and the Mechanisms of Vanadium Compounds in Curing AD

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**Abstract:** Vanadium is a well-known essential trace element, which usually exists in oxidation states in form of vanadate cation intracellularly. The pharmacological study of vanadium begins at the discovery of its unexpected inhibitory effect on ATPase. Thereafter, the protective effects on  $\beta$  cells and the abilities in glucose metabolism regulation were observed from vanadium compound, leading to the application of vanadium compounds in clinical trials for curing diabetes. Alzheimer's disease (AD) is the most common dementia disease in elderly people. However, there is still no efficient agents for treating AD safely to date. This is mainly because of the complexity of the pathology, which are characterized by the senile plaques composed by amyloid-beta ( $A\beta$ ) protein in the parenchyma of brain and the neurofibrillary tangles (NFTs) derived from hyperphosphorylated tau protein in neurocyte, along with mitochondrial damage, and eventually the central nervous system (CNS) atrophy. AD was also illustrated as type-3 diabetes, because of the observations of insulin deficiency and the high level of glucose in cerebrospinal fluid (CSF), as well as the impaired insulin signaling in brain. In this review, we summarized the advance of applying vanadium compound on AD treatment in experimental research and pointed out the limitation of the current study on using vanadium compounds in AD treatment. We hope it will help the future study in this field.

**Keywords:** vanadium; Alzheimer's disease; diabetes; insulin resistance; mitochondrial; oxidative phosphorylation;

## 1. Introduction

Vanadium is an essential trace element which plays important role in the metabolism of cholesterol and triglyceride, as well as the oxidation of glucose and the synthesis of glycogen [1]. Vanadium usually existed in form of vanadate anion ( $VO_3^-$ ) extra-cellularly, and in form of vanadyl cation ( $VO_2^+$ ) intracellularly in body, respectively [2]. Since the ATPase inhibitory effects of vanadate were observed by accident [3], it had been well documented that vanadate was similar with phosphate in size and charge, which gave vanadium the ability of irreversibly prohibiting the conformational variety of dephosphorylate enzyme [4]. Later on, vanadyl ions showed insulin-like feature in rat adipocytes [5]. Further studies revealed that peroxovanadates inhibited the function of protein tyrosine phosphatase (PTPase) [6], which was involved in the dephosphorylation of insulin receptor and arrest the insulin signaling. It was also demonstrated that vanadyl bisacetylacetonate exerted an antilipolytic influence via activating Akt (protein kinase B, PKB) [7, 8], a key kinase that downstream of insulin-PI3K (phosphatidylinositol-3-kinase) signaling pathway. Moreover, it was reported that the protein level of PPAR $\gamma$  (peroxisome proliferator-activated receptor gamma), a transcriptional factor which was shown to reduce insulin resistance [9] upon activation in  $\beta$ -pancreas cells [10] and adipocytes [11], was modulated by vanadyl bisacetylacetonate.

Though the biological functions of vanadium were well documented, the toxicity was also seen in animal studies [12, 13]. Clinical study revealed that the consumption of vanadium at 125 mg/day

was safe for adults [14]. However, rats would all die when they received vanadyl sulfate more than 2 mM/kg body weight [15]. The biological effects are different according to the species of vanadium compounds [16], the toxicities of vanadium in different oxidation state were divergent as well. Studies illustrated that the highest oxidated valence (+5) of vanadium was the most toxic state [17]. Be-cause in this state, the strong prooxidant property of vanadium would severely aggrandize oxidative stress [18] and perturb mitochondria [19]. In pharmacological studies, many vanadium compounds, such as, bis(maltolato) oxovanadium(IV) (BMOV) [20], bis(2-ethyl-3-hydroxy-4-pyronato) oxovanadium (IV) (BEOV) [21], N,N-dimethylphenylenediamine-derivatized nitrilotriacetic acid vanadyl complexes (VO(dmada)) [22], vanadyl complex of p-hydroxyl aminophenol derivative (VOphpa-da) [23], and graphene quantum dots(GQD)-VO(p-dmada) [24], have been synthesized to improve the affordability and stability of inorganic vanadium salts. It was shown that oral uptake of BEOV increased the absorbance of vanadium 2-3 times in most tissues than VOSO<sub>4</sub> [25].

Interestingly, it was reported that the level of vanadium was declined in the plasma of Alzheimer's disease (AD) patients [26, 27], indicating that this trace element may get involved in AD pathology. Recently, the protective effects of vanadium compounds on AD pathology were observed in different AD mice models. In this article, we reviewed the emerging role of vanadium compounds in AD treatment and the underlying mechanisms of these agents.

## 2. The deficits of insulin signal in AD

### 2.1. The role of APP in glucose metabolism

The extracellular deposits of amyloid-beta (A $\beta$ ) plaques and the intracellular neurofibrillary tangles (NFT) formed by hyperphosphorylated tau are well known histopathological characters of AD, which are accompanied by damaged mitochondrial in neuron and the severe atrophy of central nervous system (CNS).

It seems that the level of A $\beta$  correlated with onset of AD, as indicated by the familial AD (FAD) patients, those who carrying the mutations on amyloid precursor protein (APP) [28], a disintegrin and metalloproteinase 10 (ADAM10, an  $\alpha$ -secretase) [29, 30] and/or presenilin-1/2 (PS1/2, the components of  $\gamma$ -secretase) [31] which give rise to overproduction of A $\beta$ , probably suffer AD during their younger life. The typical neuropathology of AD seen in Down' syndrome also emphasized the toxicant of A $\beta$ . The gene encoding APP is located on chromosome 21. The trisomy 21 patients harboring 3 copies of APP exhibited abundant diffused A $\beta$  plaques in their CNS and invariably get AD pathologies after certain age. A $\beta$  is produced by the cleavage of APP, which is a type 1 transmembrane protein, by  $\alpha$ -secretase (BACE1) and  $\gamma$ -secretase to generate 3 fragments including a soluble APP ectodomain, an A $\beta$  domain, and an APP intra-cellular domain (AICD). However, when APP is hydrolyzed by  $\alpha$ -secretase, it will generate the APP ectodomain, which is longer than APP ectodomain, without producing the A $\beta$  fragment. Thus, this is not an amyloidogenic process.

The toxicities of A $\beta$  have been intensively studied. It was observed that A $\beta$  oligomers could assemble to form pores on cell membranes for ion transportation and impair the appropriate permeability of membranes [32], which resulted in the depolarization of microglia and neuron [33]. The soluble A $\beta$  could also impair the synaptic plasticity through over-activating NMDA receptor [34], which resulted in mitochondria damage [35, 36]. In addition, A $\beta$  oligomers was demonstrated to induce inflammatory reactions through toll-like receptor [37] and perturb the blood-brain barrier [38]. Although, A $\beta$  overproduction is considered as the most pivotal risk factor for AD development, it was observed that many elderly non-dementia persons also carrying A $\beta$  plaques in their brains. Recently, it has been confirmed that the severity of dementia is dependent on the NFT burden but not the level of A $\beta$  senile depositions [39]. Therefore, many scientists suggested that AD should be considered as a secondary tau pathology. This idea is also supported by the discovery that two persons who carrying PS1-E280A mutation, which usually resulted in typical AD before 50 years old, did not get dementia before age 70. They all had severe A $\beta$  plaques burden in their brains, but they

did not develop tau pathology in brains as other PS1-E280A mutation carriers did. One of them is a APOE3-R136S homozygote [40], the other one is a RELN-H3447R mutation carrier [41].

Is the function of APP aimed to produce A $\beta$  which is a toxicant for brain? The answer must be not. It has been found that APP played important roles in glucometa-bolic. For example, the App knockout mice had reduced plasma glucose than the wild-types (WT) [42]. When mice were treated with glucose or a membrane-permeant cAMP, the insulin secretion in App knockout mice was increased much higher than that in WT [43]. More interestingly, the APP deficiency resulted in mice being resistant to diet-induced obesity and having higher energy expenditure at night [44]. Meanwhile, the level of insulin was lower in brains of App ablated mice, because of the increase of insulin-degrading enzyme (IDE), and the synaptosomes prepared from App ablated mice showed diminished insulin receptor phosphorylation compared with WT mice [45]. On the other hand, the APP fragment of APP, which is generated by  $\gamma$ -secretase hydrolyzation, also modified the phosphorylation of Akt [46], indicating that APP it-self is involved in glucometabolic.

## 2.2. The influence of tau on insulin signal

Despite the terrible toxicity of A $\beta$  seen in vivo and in vitro, a great many elder people bearing A $\beta$  plaques in their brains did not exhibit dementia symptom until tau pathology appeared [47]. This may due to the sequestration of A $\beta$  plaques by microglia [48]. Tau is a microtubule-associated protein which was believed to stabilize microtubule facilitate cargo transport. It is encoded by MAPT on chromosome 17. In human brain, the exons 2, 3, and 10 of MAPT can be alternatively spliced, the former two en-coding two N-terminal repeats (N), while the later one encoding a microtubule-binding repeat (R) domain. There are 4 microtubule-binding repeats in total. Therefore, alternative splicing of MAPT will produce 6 distinct tau isoforms, which are 0N3R, 1N3R, 2N3R, 0N4R, 1N4R, 2N4R. All of them could be detected in the paired helical filaments of AD.

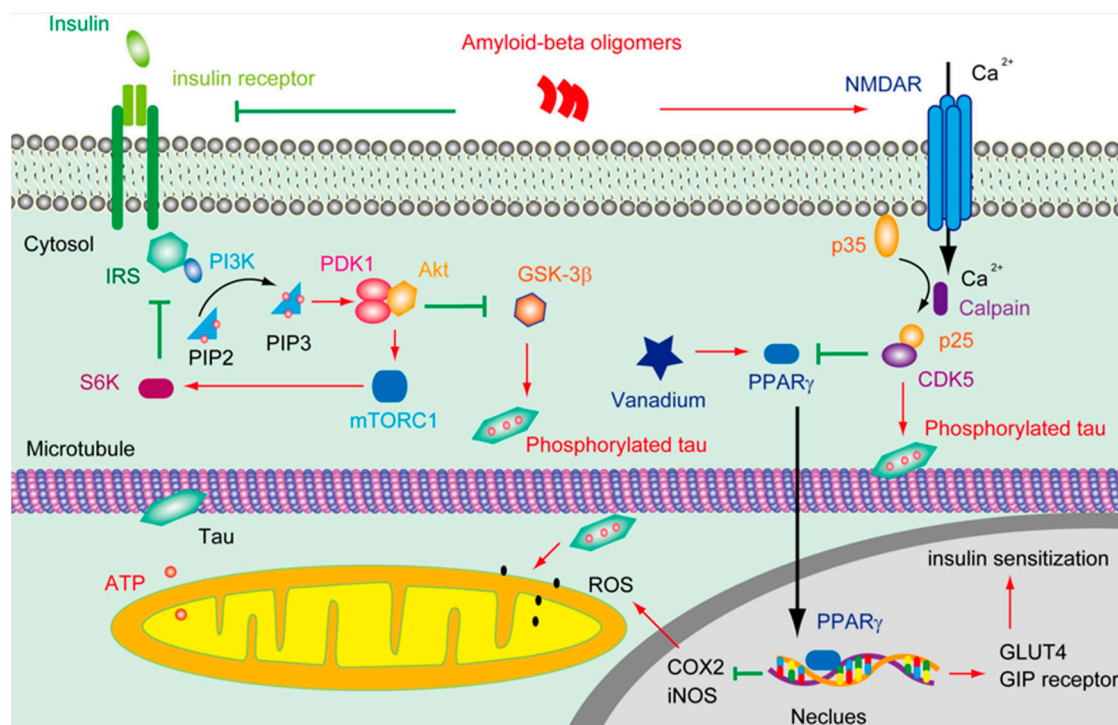
A great many efforts have been made to disclose how A $\beta$  can trigger tau pathology, thus to integrate the conventional A $\beta$  cascade hypothesis of AD pathophysiology. It was found that A $\beta$  oligomer activated Fyn through prion protein (PrP) [49], leading to the hyperphosphorylation of tau [50]. It was also demonstrated that oligomeric A $\beta$  overstimulated N-methyl-D-aspartate receptor (NMDAR), which in turn triggered cyclin dependent kinases 5 (CDK5) activation and tau phosphorylation [51] (Figure 1). In addition, it was shown that A $\beta$  was able to attenuate insulin signaling and activate glycogen synthase kinase -3 (GSK-3 $\beta$ , which resulted in tau phosphorylation [52]. Moreover, A $\beta$  was found to increase tau proteolysis at Asp421 and exacerbate the rate and extent of tau filament assembly in vitro [53].

Notably, there are many other tau pathologies besides AD, such as, Pick's disease (PiD), chronic traumatic encephalopathy (CTE), argyrophilic grain disease (AGD), corticobasal degeneration (CBD), progressive supranuclear palsy (PSP), and a subclass of frontotemporal dementia with Parkinsonism linked to chromosome 17 (FTDP-17tau) [54]. Tau is hyperphosphorylated not only in the NFT of AD but also in other tau pathologies. There are many kinases involved in tau hyperphosphorylation, including death-associated protein kinase 1 (DAPK) which is also associated with late-onset of AD [55] [56], Ca<sup>2+</sup>/Calmodulin-dependent protein kinase II (CAMKII) which is involved in LTP formation [57], and Fyn, CDK5, GSK-3 $\beta$  as forementioned above. On the other side, the dysfunction of protein phosphatase 2A (PP2A) was also shown to be responsible for intensive phosphorylation of tau [58]. The hyperphosphorylation of tau resulted in the dissociation of tau and microtubules [59, 60]. However, it seems that the NFT itself was not sufficient to cause cognitive decline or neuronal death alone [61].

The acetylated tau was also seen in tauopathies due to the dysregulation of both p300 acetyltransferase and sirtuin 1 (SIRT1) deacetylase [62]. The acetylation of tau inhibited chaperone mediated clearance of tau and promoted tau propagation in mice [63]. Inhibition of p-300 induced tau acetylation by salsalate reduced tau level and prevented hippocampal atrophy [64]. Attractively, it was found that the acetylation of tau was significantly enhanced in high glucose treated cells. In contrast, the activation of AMP-activated protein kinase (AMPK) ameliorated acetylation of tau and rescue memory impairments in a SIRT1 dependent manner in mice model [65]. AMPK is involved

in glucose metabolism. Upon activating by liver kinase B1 (LKB1), transforming growth factor - activated kinase 1 (TAK1), AMPK can regulate the level of peroxisome proliferator activated receptor gamma coactivator 1  $\alpha$  (PGC-1 $\alpha$ ) [66].

Before asking the neurotoxicity of tau phosphorylation and/or aggregation, one may want to know the basic functions of tau itself. Indeed, except for binding to microtubule, tau is involved in regulating insulin signaling as well. It was found that tau interacted with tension homologue on chromosome 10 (PTEN) and exert an inhibitory effect on its lipid phosphatase activity. Knockout of tau resulted in the activation of PTEN, and the dephosphorylation of PtdIns(3,4,5), thus impaired the hippocampal re-sponse to insulin induced LTD in brain slides [67]. It was also reported that tau ablation in mice lead to pancreatic  $\beta$  cell dysfunction and glucose intolerance [68]. Besides, tau knockdown increased basal insulin level, but perturbed glucose-stimulated insulin secretion [69]. Interestingly, it was also observed that the phosphorylation of tau re-sulted in intraneuronal accumulation of insulin oligomers and insulin signaling defi-cits [70]. However, in streptozotocin (STZ) induced type 1 diabetes model mice, tau knockout attenuated the cognitive impairment triggered by insulin deficiency [71]. Whereas, in the same conditions human tau transgenic mice showed severe impair-ments in learning and memory [72]. In addition, in P301L mutation knock-in male mice but not female mice, the high-fat diet triggered higher insulinemia and glucose intolerance by comparing with wild type littermates [73]. These studies suggested that tau is closely correlated with insulin signaling and glucometabolic instead of only par-ticipating in microtubule stabilization.



**Figure 1.** The deductive effluence of vanadium compounds on insulin signal in AD pathology.

A $\beta$  overproduction resulted in Ca<sup>2+</sup> influx through NMDAR, which in turn activated CDK5 via calpain mediate cleavage of p35 into p25. CDK5 subsequently phosphorylated tau and suppressed the activity of PPAR $\gamma$ . Tau phosphorylation and truncation will impair the functions of mitochondria and increase the level of ROS. However, vanadium can activate PPAR $\gamma$ , which is involved in facilitating insulin secretion and maintaining insulin receptor activation through upregulating GIP receptor and IRS, thus restraining the hyperphosphorylation of tau, on the other hand, the activation of PPAR $\gamma$  by vanadium may protect mitochondria from the accumulation of ROS by downregulating the level of cyclooxygenase-2 (COX2) and inducible nitric oxide syn-thase (iNOS).

### 2.3. The impaired insulin signal in AD

The “Type 3 diabetes” was first used to describe AD by Steen, E., et al., [74] for the abnormal levels of insulin, and glucose in CSF [75], as well as the insulin resistance that were found in brains of AD patients [76]. Type 3 diabetes is not a medical approved term though, it has been demonstrated that Ab oligomer interrupted the activation of PI3K and abolished the suppression of insulin on GSK-3 $\beta$ , which is involved in triggering the hyperphosphorylation of tau besides the energy metabolism [77]. In addition, the IDE is able to decompose both insulin and A $\beta$  [78]. In IDE deficient mice, the level of endogenous soluble A $\beta$  was elevated brain in the contrary, overexpression of IDE in the neuron of APP transgenic mice significantly reduced the level of soluble A $\beta$  and postponed the formation of amyloid plaque. Interestingly, in brain of those who carrying apolipoprotein E-epsilon 4 (APOE4), the most significant genetic risk factor for sporadic AD, the protein level of IDE was reduced by approximately 50% [79]. However, in the blood-brain barrier of AD with cerebral amyloid angiopathy (CAA) the level of IDE was enhanced [80], which may impair the transportation of insulin from periphery to CNS. Moreover, when insulin was depleted in mice, both of tau phosphorylation and tau filaments were reinforced in brains [81]. In line with these observations, depleting insulin by STZ also triggered tau phosphorylation and NFT formation [82]. Moreover, when insulin receptor substrate 2 (IRS2) was lost, the phosphorylation of tau had been promoted [83]. Taken together, these evidences coincidentally demonstrated that insulin signaling pathway dysfunction may play a pivotal role between A $\beta$  overproduction and tau pathology.

In brains, insulin can either derived from in situ de novo synthesis [84] or from the peripheral plasma. Insulin can pass across the capillary endothelial cells of BBB in saturable, selective, receptor dependent manners [85, 86]. Through stimulating insulin receptor (IR) and/or insulin-like growth factor 1 receptor (IGF1R), insulin facilitated the phosphorylation of insulin receptor substrate (IRS), and subsequently activated PI3K and AKT (Figure 1). As a result, the glucose transporter 4 (GLUT4) in cytosol were translocated onto the plasma membrane to enhance the glucose uptake [87]. Insulin triggered translocation of GLUT4 is very critical in the process of hippocampal dependent memory consolidation [88]. Of note, the insulin signaling pathway was regulated by negative feedback. Except for stimulating Rho GTPase to facilitate the transportation of GLUT4, the activation of Akt also induced the functioning of mammalian target of rapamycin complex 1 (mTORC1), which is sensitive to Rapamycin. mTORC1 can further stimulate ribosomal protein S6 kinase (S6K), which will inhibit the activity of IRS1, thus silencing the insulin-PI3K-Akt signal. mTORC1 is also involved in regulating some other cellular process, including autophagy and mitochondrial oxidative respiration. Upon binding to its receptor, insulin can also trigger the activation of growth factor receptor-bound protein 2 (Grb2), which will further stimulate Ras, Raf and mitogen-activated protein kinases (MAPK) [89]. Notably, hyperactivation of mTORC1 was spotted in early to mid-stage of AD brains [90]. In terms of MAPK, except from being stimulated by insulin signal, the overreaction of p38 was also implicated in A $\beta$  induced toxicity [91].

The dysregulation of insulin signal were also seen in APOE4 carrier, it was found that the insulin receptor were trapped in the endosomes in primary neurons treated by APOE4 [92]. In addition, knockout of triggering receptor expressed on myeloid cells 2 (TREM2), which is a great genetic risk factor following APOE4, also exacerbated insulin resistance [93]. Interestingly, the insulin resistance upregulated the expression of GCN5, a histone acetyltransferase, which resulted in the increase of CDK5 and tau phosphorylation [94]. These data indicated that the A $\beta$  overproduction and genetic risk factors of AD can directly and indirectly impair insulin signal, therefore triggering tau phosphorylation. On the other hand, the dysfunction of tau may further induce insulin resistance and/or insulin deficiency in AD brain.

### 3. The effects of vanadium on curing AD

It was shown that the administration of insulin can reduce the ratio of tau-phosphorylated tau-181/A $\beta$ 42 in plasma and maintained the volume of AD brains [95]. However, the long-term insulin administration probably triggers insulin resistance. In contrast, the intranasal administration allowed insulin arriving in CNS bypasses the periphery and prevents the risks associated with

hypoglycemia [96]. The study on rats indicated that intranasal insulin supply was able to improve memory and inhibit the inflammation in AD [97]. The clinical study also indicated that verbal memory of MCI and AD patients without APOE4 were improved immediately after 40 IU intranasal insulin supply, without perturbing the plasma levels of insulin and glu-cose [98]. Another trial showed that 40 IU/day intranasal insulin administration for 21 days significantly ameliorated the working verbal memory and working visuospatial memory [99]. Nevertheless, these effects were affected by the APOE alleles. Insulin administration alleviated insulin resistance only in APOE4 carriers but not in APOE3 or APOE2 carriers [100]. Nonetheless, a recently study reported that the intranasal insulin administration exhibited no benefits on cognitive functions in a randomized clinical trial including 289 adults with mild cognitive impairment or AD [101]. However, this study had a profound limitation, which is the device that used in this study for intranasal insulin administration had not been tested in before. Therefore, further researches on this field are still needed to illustrate the effects of insulin on AD curing and the underlying mechanism.

In other studies, the effects of insulin sensitizers, which showed benefits on curing type-2 diabetes, were tested in curing AD on different mice models or clinical trials. The peroxisome proliferator-activated receptor (PPAR- $\gamma$ ) agonists, such as, rosiglitazone [102] pioglitazone [103], showed great benefits on AD pathologies. 6 months of rosiglitazone administration for 4 mg/day significantly improved the selective attention and delayed recall of AD patients. In addition, 6 months of pioglitazone administration for 10-30 mg/day decreased fasting plasma insulin levels of AD patients who also suffered from type2 diabetes mellitus. Meanwhile, the plasma A $\beta$  levels of these subjects were declined by comparing with the AD patients in control group who received placebo [102, 104]. Another study showed that 24 weeks of rosiglitazone administration at 8 mg/day significantly ameliorated the performance of the APOE4 negative AD patients [105]. Nonetheless, a phase 3 trial demonstrated that rosiglitazone had no effects on the cognitive functions of AD, regardless of APOE type [106]. In addition, it was found that metformin increased the IDE level in transgenic AD mice [107], and prevented amyloid plaque deposition and memory impairment [108]. In vitro study also revealed that metformin induced dephosphorylation of tau through PP2A [109]. Clinically, the use of metformin showed protective effects on brain volumes in non-demented elderly individuals with diabetes [110]. For mild cognitive impairment or mild dementia due to AD, metformin also improved executive functioning [111].

Vanadium (IV) compound could rescue cholinergic neurons in the medial septum of bilateral olfactory bulbectomy mouse in a dose dependent manner. The impaired long-term potentiation (LTP) of these mice was also prevented by bis(1-N-oxide-pyridine-2-thiolato)oxovanadium(IV) (VO-(OPT)) [112]. However, the mechanisms have not been studied deeply. The vanadyl (IV) acetylacetonate (VAC) was found to attenuate neuron loss in APP/PS1 transgenic AD model mice, and preserved cognitive functions. It up-regulated the expression of glucose-regulated protein 75 (Grp75), thus suppressed p53-mediated neuronal apoptosis without reducing A $\beta$  plaques in the mice brain. Furthermore, the neuroprotective ability of VAC is correlated the activation of PPAR $\gamma$  and AMPK signaling [113]. Another vanadium compound, BEOV significantly reduced the phosphorylation of tau, and inhibited the A $\beta$  induced inflammation by inhibiting NF- $\kappa$ B signal both in vitro and in vivo [114]. BEOV also blocked the neurotoxicity induced by endoplasmic reticulum (ER) stress through inhibiting Bip and p-eIF2 $\alpha$  [115], and ameliorated the spatial learning and memory in AD mouse models [116]. More importantly, we found that the biological benefits of BEOV on AD pathologies are dependent on PPAR $\gamma$  [115, 117, 118], which resembled the functions of bis(5-hydroxy-4-oxo-4H-pyran-2-hydroxy-benzoato) oxovanadium (IV) (BSOV) [119].

PPAR $\gamma$  is a member of nuclear hormone receptor family of ligand-inducible transcription factors, which plays a pivotal role in lipid and glucose homeostasis. The activity of PPAR $\gamma$  could be inhibited by CDK5 and MAPK [120] (Figure 1). It was reported that the activation of PPAR $\gamma$  is involved in upregulating the level of glucose-dependent insulinotropic polypeptide (GIP) receptor [121], GLUT4, and pyruvate carboxylase [122, 123], which are correlated with the insulin sensitization. In addition, the activation of PPAR $\gamma$  is able to repress the NF- $\kappa$ B-dependent transcription of iNOS and COX2 [124], which are involved in the generation of ROS. Molecular docking analysis revealed

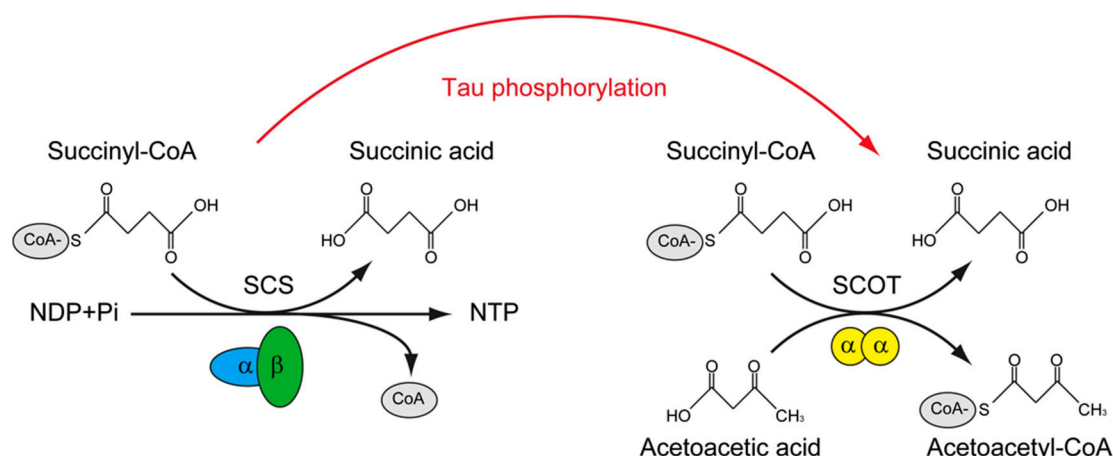
that the binding energy of BEOV with PPAR $\gamma$  was  $\sim$ 8.1 kcal mol<sup>-1</sup>, indicating that BEOV interacts quite well with PPAR $\gamma$  and may be a agonist for PPAR $\gamma$ [115]. Though the vanadium compound showed great protective effects on transgenic AD model mice, it is still unknown whether these anti-diabetes agents are valid in later stages of AD which is featured by severe neurotrophphy accompanied with the propagation of prion-liked tau.

#### 4. The potential mechanisms of vanadium in curing AD for future study

Tau is localized in mitochondria besides associating with microtubule [125]. In neuron expressing mutated tau that found in FTLT, the hyperphosphorylated tau im-paired the function of mitochondria by breaking down the complex I of electron transport chain [126, 127]. In addition, it was demonstrated that the hyperphosphory-lated tau also promoted mitochondrial fission and morphology change through inter-acting with dynamin-related GTPase (Drp1) [128]. Moreover, it was shown that the cleavage of tau promoted the formation of NFTs [129]. Importantly, the cleaved tau perturbed the mitochondrial dynamics when the intracellular calcium level was in-creased by thapsigargin treatment as well [130, 131]. On the other hand, the reduction of tau has been found to protect neuron from loss of mitochondrial membrane poten-tial loss [132], excitotoxicity [133] and axonal transport inhibition [134] that induced by A $\beta$ [135].

The functions of tau on mitochondrial metabolism and homeostasis attracted more and more attentions these days. It has been shown overexpression of human tau resulted in mitochondrial elongation and accumulation, along with the reduced ubiq-uitination of mitofusion 2 (MFN2) [136]. Moreover, in the mutated human tau (P301) transgenic mice [137], 3x transgenic AD mice [138] and AD patients [139], the level of MFN2 was reduced [140]. In fly, the overexpression of tau affected the expression of drp1 and Marf (the homologous to human MFN2) [141]. The level of MFN1/2 were reduced in APOE4 carriers [142]. By analyzing genotypes and allele frequencies in Ko-rean AD population, the rs1042837 polymorphism in MFN2 is involved in the patho-genesis of AD [143, 144]. On the other hand, the forced overexpression of MFN2 in P301S human tau transgenic mice suppressed tau pathology induced neurodegenera-tion and cognitive decline [145]. It has also been reported that in tau knockout mice, the protein level of nuclear factor-erythroid-2-related factor 2 (Nrf2) was reduced, while the expression of MFN2 and PGC-1 $\alpha$ was significantly increased [146]. MFN2 is a guanosine triphosphatase (GTPase) on the outer membrane of mitochondria, which is involved in mitochondrial fusion. MFNs form dimers in a GTP dependent manner to facilitate the membrane tethering ability [147]. MFN1/2 are critical for glu-cose-stimulated insulin secretion (GSIS) through regulating the mtDNA expression via Tfam [148]. The trafficking of mitochondrial induced by 3,4-methylenedioxymeth-amphetamine (MDMA) is dependent on tau and MFN2/ Drp1 [149].

The tau interactome revealed that except for microtubule, tau could interact with presynaptic vesicle proteins and mitochondria proteins. More importantly, the FTD related mutations of tau impair the interaction of tau with mitochondria proteins, in-cluding SUCLG1, SUCLG2, SLC25A6, CYCS, et., al. [150]. In contrast, in the phosphor-ylated tau interactome that derived from NFT of AD, many of these mitochondrial proteins were not found, instead, novel phosphorylated tau interactors were presented, including OXCT1, COX5B, VDAC2, for example [151]. Among these tau interacting mitochondrial proteins, Oxct1 has been identified as a p-tau interacting protein [151] and a therapeutic target of AD [152], SUCLG2 has been recognized as a determinant of CSF A $\beta$ 1-42 levels and [153] and promising AD signature protein [154]. Interesting-ly, these two proteins are involved in a similar biological process, which is the transfer Co-A from Succinyl-CoA. The difference of them is that, SUCLG1/2 catalyzes the only substrate-level phosphorylation in the tricarboxylic acid cycle, and the transfer of CoA is accompanied with the production of GTP in mammal [155], however, OXCT1 cata-lyzes the reversible transfer of CoA from succinyl-CoA to acetoacetic acid without the production of GTP [156]. (Figure 2)



**Figure 2.** The putative role of tau phosphorylation on substrate level phosphorylation of mitochondrial.

Succinyl-CoA synthetase (SCS) catalyzes the only substrate-level phosphorylation in the tricarboxylic acid cycle, the transfer of CoA is accompanied with the production of ATP/GTP. The SCS is a heterodimer, which is composed of SUCLG1, and either SU-CLG2A (specific for ATP production) or SUCLG2G (specific for GTP production). Succinyl-CoA: 3-ketoacid-CoA transferase catalyzes (SCOT/OXCT1) is a mitochondrial homodimer, which catalyzes the reversible transfer of CoA from succinyl-CoA to acetoacetic acid without the production of ATP/GTP. The levels of ATP/GTP are critical for mitochondrial dependent glucose stimulated insulin secretion. SCS was found to interact with tau, whereas SCOT/OXCT1 was found to interact with phosphorylated tau. Whether tau phosphorylation is involved in regulating the substrate level phosphorylation in mitochondria is of interest to know.

GTP level determines cell fate through regulating Bcl2/Bax expression and activation of caspase-3 [157] and p53 [158]. Importantly, the Bax has been found to positively regulate mitochondrial fusion through MFN2 [159, 160]. In addition, Bak was involved in regulating mitochondrial morphology and pathology during apoptosis by interacting with MFNs [161]. Whether tau pathology will perturb the level of GTP is unknown. While, the experimental result indicated that phosphorylation of tau may perturb the substrate level phosphorylation and mitochondrial dependent GSIS. As also evidenced by the observation that tau knockout prevent neurotoxicity induced by A $\beta$  peptide [135, 162, 163] and stress induced dendritic atrophy [164] and type 1 diabetes induced cognitive impairment [71]. In addition, the tau ablation also improved mitochondrial function through increasing the levels of MFN2 and increased ATP production in the hippocampus [146]. Vanadium compound BEOV was found to significantly inhibit tau phosphorylation at Ser396 and Ser404 in primary neuron and brain of transgenic AD mice model, and improved the spatial learning activity of these mice [165]. However, whether vanadium had any influence on mitochondria functions is unknown. In the future study, the function of mitochondria need to be recruit into this field.

## 5. Conclusion and perspectives

Numerous studies demonstrated that tau is not only localized within mitochondria [125], but also exert pivotal functions in mitochondrial metabolisms. Apart from inducing mitochondrial abnormalities by hyperphosphorylated tau [140], the caspase 3 cleaved tau also impaired mitochondrial dynamics in AD [131] [166]. Meanwhile, the acetylation of tau also found in the brains of AD patients, which not only resulted in disability of mitochondria fission by decreasing mitofusion proteins, but also impaired mitochondrial biogenesis via reducing the level of PGC-1 $\alpha$  [167].

Collectively, these studies indicated that tau is intimately correlated with mitochondrial dependent glucose metabolisms and insulin signaling in brain.

Many theories of AD etiology had been devised, such as, the amyloid cascade hypothesis [168], mitochondrial hypothesis [169], cholinergic hypothesis [170], neuroinflammatory hypothesis [171], oxidative stress hypothesis [172], insulin resistance hypothesis [173], calcium hypothesis [174]. They are all supported by substantial clinical researches and experimental data. In the current paper, we try to put together the data that correlated with insulin signal, A $\beta$  overproduction, and tau phosphorylation, to illustrate a chain of evidence future pharmacological study in this field.

As the evidence accumulated, we proposed that insulin signaling pathway play an important role in AD pathologies. Farther more, the impairment of substrate level of phosphorylation may be involved in the hyperphosphorylated and truncated tau induced mitochondrial damage. In earlier stage of AD, anti-diabetes agents such as vanadium compounds was able to prevent or postpone the initiation of tau pathology though modulating insulin signaling pathway. However, further study is needed to investigate whether the vanadium compounds have any protective function on mitochondria.

### Abbreviations:

- A $\beta$ : amyloid-beta
- AD: Alzheimer's disease
- ADAM10: a disintegrin and metalloproteinase 10
- AGD: argyrophilic grain disease
- AICD: APP intracellular domain
- APOE: apolipoprotein E
- APP: amyloid precursor protein
- BEOV: bis(2-ethyl-3-hydroxy-4-pyronato) oxovanadium (IV)
- BMOV: bis(maltolato) oxovanadium(IV)
- CAA: cerebral amyloid angiopathy
- CBD: corticobasal degeneration
- CDK5: cyclin-dependent kinase 5
- COX2: cyclooxygenase-2
- CTE: chronic traumatic encephalopathy
- CTF-83: C-terminal fragment
- CNS: central nervous system
- Drp1: dynamin-related GTPase
- FAD: familial AD
- FTDP-17: frontotemporal dementia with Parkinsonism linked to chromosome 17
- GIP: glucose-dependent insulinotropic polypeptide
- GLUT4: glucose transporter 4
- GSIS: glucose-stimulated insulin secretion
- GSK-3 $\beta$ : 3glycogen synthase kinase -3
- IDE: insulin degrading enzyme
- IGF: insulin-like growth factor
- iNOS: inducible nitric oxide synthase
- IR: insulin receptor
- IRS2: insulin receptor substrate
- LTP: long-term potentiation
- MFN: mitofusion
- NFTs: neurofibrillary tangles
- Nrf2: nuclear factor-erythroid-2-related factor 2
- PGC-1 $\alpha$ : proliferator activated receptor gamma coactivator 1  $\alpha$
- PI3K: phosphatidylinositol-3-kinase
- PiD: Pick's disease

PP2A: protein phosphatase 2A  
 PPAR $\gamma$ : proliferator-activated receptor gamma  
 PS1/2: presenilin-1/2  
 PSP: progressive supranuclear palsy  
 PTEN: phosphatase and tension homologue on chromosome 10  
 PTPase: protein tyrosine phosphatase  
 SCS: Succinyl-CoA synthetase  
 SCOT/OXCT1: Succinyl-CoA: 3-ketoacid-CoA transferase catalyzes  
 STZ: streptozotocin

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