

## Paving therapeutic avenues for FOXP1 syndrome: untangling genotypes and phenotypes from a molecular perspective

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### Abstract

Development of the central nervous system (CNS) depends on accurate spatiotemporal control of signalling pathways and transcription programs. Forkhead Box G1 (FOXP1) is one of the master regulators that plays fundamental roles in forebrain development, from the timing of neurogenesis to the patterning of the cerebral cortex. Mutations in the *FOXP1* gene cause a rare neurodevelopmental disorder called FOXP1 syndrome, also known as congenital form of Rett syndrome. Patients presenting with FOXP1 syndrome manifest a spectrum of phenotypes ranging from severe cognitive dysfunction and microcephaly to social withdrawal and communication deficits with varying severities. To develop and improve therapeutic interventions, there has been considerable progress towards unravelling the multi-faceted functions of FOXP1 in neurodevelopment and pathogenesis of FOXP1 syndrome. Moreover, recent advances in genome editing and stem cell technologies, as well as increased yield of information from high throughput omics opened promising and important new avenues in FOXP1 research. In this review, we provide a summary of clinical features and emerging molecular mechanisms underlying FOXP1 syndrome, and explore disease-modelling approaches in animals and human-based systems to highlight prospects of research and possible clinical interventions.

### Keywords:

Rett syndrome, FOXP1 syndrome, neurodevelopmental disorders, disease modelling, hiPSCs, organoids, FOXP1, brain development

## Introduction

FOXG1 syndrome (OMIM #613454) is a rare and severe neurodevelopmental disorder caused by heterozygous *de novo* mutations in the gene encoding for the transcription factor Forkhead Box G1 (FOXG1). FOXG1 has fundamental and non-redundant roles in brain development from the timing of neurogenesis to the patterning of the cerebral cortex [1], [2]. It has been previously classified as a congenital variant of Rett Syndrome (RTT, OMIM #312750) due to clinical similarities. Nevertheless, a combination of developmental and anatomical features distinguish FOXG1 syndrome from the typical Rett syndrome, which is caused by mutations in the X-linked gene encoding for the transcriptional repressor methyl-CpG-binding protein (MECP2) [3]. Compared to typical Rett syndrome, the FOXG1 syndrome shows earlier onset in patients with a complex spectrum of phenotypes comprising microcephaly, corpus callosum agenesis, delayed myelination, seizures, disrupted circadian rhythm, social withdrawal and severe intellectual disability with poor or absent speech development [4], [5]. Additionally, FOXG1 syndrome is associated with autism spectrum disorders (ASD) and *FOXG1* variants are identified in patients with ASD [6]. However, due to its variable and broad spectrum of phenotypes FOXG1 syndrome remains underdiagnosed, which consequently limits the research on its aetiology and potential therapeutic interventions.

As of October 2021, 860 cases of FOXG1 syndrome are reported worldwide, with the number of diagnosed individuals increasing as genetic testing becomes more prevalent [7]. Thus far, the identified mutations associated with FOXG1 syndrome include chromosomal micro-aberrations such as deletions and duplications, as well as frameshift and point mutations [4], [5], [8]–[10]. Depending on the type of mutation, a variability in phenotypic manifestations has been observed [4], [5], [11], [12]. The most severe phenotypes occur in patients with frameshift or nonsense mutations in the N-terminal domain, including the Forkhead domain, while milder phenotypes associate with FOXG1 missense mutations in the Forkhead domain [5]. As this genetic variability in patients makes it difficult to pinpoint the direct and indirect outcomes of identified mutations in the *FOXG1* gene, the challenge remains to dissect genotype-phenotype associations. Functional variability of residual FOXG1 and contribution of dosage-effects to

the syndrome make it even more difficult to disentangle the aetiology of the syndrome and the diverse molecular functions of *FOXG1*. In this review, we discuss the clinical features and possible correlation to the seemingly diverse molecular alterations underlying *FOXG1* syndrome, and explore up-to-date disease models aiming to advance potential therapeutic avenues.

### **Clinical manifestations of *FOXG1* syndrome**

The first heterozygous *de novo* translocation mutation in *FOXG1* was identified in a 7-year-old patient in 2005 [13]. The patient manifested microcephaly, complete agenesis of the corpus callosum, and cognitive disability. Shortly after, two other individuals fulfilling criteria for Rett syndrome variants were diagnosed with carrying mutations in the *FOXG1* gene [14]. Because of a substantial phenotypic overlap between the condition caused by mutations in the *FOXG1* gene and typical Rett syndrome, mutations in *FOXG1* were classified as a congenital variant of Rett syndrome [14], [15]. However, increasing numbers of patients diagnosed with *FOXG1* mutations nowadays allowed refinement of the phenotypic manifestations and classification of this condition as *FOXG1* syndrome. Among the phenotypes of *FOXG1* syndrome that diverge from typical Rett syndrome were the earlier (congenital) onset, specific brain imaging abnormalities, dyskinesia and lack of regression, which comprised the hallmarks used to distinguish *FOXG1* syndrome from typical Rett syndrome [4], [5], [11]. Following studies and several clinical screens laid further foundation to specify the *FOXG1* syndrome, which is now recognised as a distinct human neurodevelopmental disorder.

Despite significant variability in phenotypes and severity observed in individuals depending on the genotype, the core *FOXG1* syndrome phenotype consists of severe postnatal microcephaly and mental retardation, deficient language development, poor social interactions and eye contact (indicating a link to ASD), postnatal growth deficiency, problematic sleep patterns, epilepsy, and irritability during infancy [4], [12]. Additionally, data from brain imaging studies uncovered corpus callosum agenesis and reduced white matter, as well as poor and delayed myelination patterns [4], [5], [11].

In humans, *FOXG1* is located on chromosome 14q12 and contains only one coding exon [16], [17]. Among vertebrates, the N-terminal domain does not display a large degree of evolutionary conservation [18]. In contrast, the amino acid sequence from the Forkhead domain (FKHD) to C-terminal domain is highly conserved [16], [19]. The FKHD mediates binding of FOXG1 to the DNA. In addition to the FKHD, the FOXG1 protein harbours a 20-residue Groucho (Gro)-binding domain (GBD) and a 10-residue histone demethylase (KDM5B/JARID1B)-binding domain (JBD) within the C-terminal part (**Figure 1**). A striking feature of the N-terminal domain is its contribution to DNA-binding in addition to the classical FKHD. Thereby, FOXG1 seems to recognise and bind to canonical, FKHD recognition binding motifs, and to alternative, non-canonical DNA sequences [20]–[22]. Notably, other members of the FOX transcription factor (TF) family also bind or recognise DNA through both their FKHD and the variable N-terminal protein domain, which indicates generally important roles of other domains of the protein than the FKHD. However, these roles are not fully understood as of yet.

Since the first identified case of FOXG1 syndrome [13], more patients with mutations in FOXG1 were diagnosed utilising chromosomal microarray, whole exome sequencing (WES), and gene sequencing methods [1], [4], [5], [7], [11], [12]. As mentioned before, *FOXG1* mutations encompass missense, nonsense, and frameshift mutations as well as micro-deletions proximal to or spanning the *FOXG1* gene [4], [5], [29], [30], [36]–[38]. Although the mutations distributed throughout the entire gene and could thus localise principally to all known protein domains, a few hotspots were eminently more susceptible to *de novo* mutations, as has been reported by genotype-phenotype studies [1], [4], [5], [11], [12] (**Figure 2**). Two of these hotspots located in stretches of cytosine and guanine repeats within the 5'-end of the gene that encodes the N-terminal protein domain, c.256dupC and c.460dupG, respectively [4], [5], [11], [24] (**Figure 2**). Mechanistically, one assumes a particular susceptibility towards replication errors in this genomic sequence [25]. In addition to mutations that occurred directly in the *FOXG1* gene, some patients carried micro-deletions in genomic regions that regulate *FOXG1* expression. These deletions localised both up- and downstream of the coding

sequence and led to misregulation, and consequently mostly insufficient expression of *FOXG1* [8], [9], [26].

As screenings for *FOXG1* syndrome became more prevalent, increasing number of variants and corresponding phenotypes have been identified, and this allowed the exploration of genotype-phenotype correlations in more detail. Several studies based on comparably large patient cohorts provided overlapping conclusions in regard to the phenotypic manifestation of *FOXG1* syndrome. However, also conflicting results regarding more uncommon phenotypes were reported [4], [5], [11], [27]. Most importantly, mutations in the 5'-end and the FKHD seemingly caused more severe phenotypes compared to mutations in other localisations. Notably, the most severe outcomes were observed in patients who carried mutations bearing truncated *FOXG1* protein variants [5]. On the other hand, mutations located in the 3'-end of the gene and thus affecting the protein's C-terminus associated with milder phenotypes compared to the 5'-end. The high degree of evolutionary conservation of the FKHD among different species already hinted towards its critical role for *FOXG1* functions. It is thus expected that mutations affecting the DNA-binding domain of *FOXG1* or the DNA-binding regulatory region within the N-terminal protein domain are poorly tolerated and lead to severely dysfunctional *FOXG1* variants [5], [21], [22]. Puzzling though was the finding that the mutation hotspots of c.256dupC and c.460dupG associated with great variability of features and severities. This poor correlation between genotype and phenotype might therefore indicate that further components should be considered as potentially critical modulators of the clinical phenotypes in *FOXG1* syndrome. Putative, as thus far mainly unexplored, components might include the genetic background, variable epigenetic landscapes, or environmental influences [5].

It has become clear that also pleiotropic and non-redundant functions of *FOXG1* are involved in a severe pathophysiology with complex genotype-phenotype relationships upon mutations [4], [5], [12]. Thus, recognition of *FOXG1* syndrome as a distinct entity was of great importance for focusing upcoming research efforts, disease modelling approaches, and subsequent potential therapeutic undertakings. Further activities should be based on a clear understanding

of the diverse functions of FOXC1, especially in human model systems, to eventually embark on therapeutic avenues to cure or facilitate living with *FOXC1* mutations.

## Recapitulation of FOXC1 functions in brain development and function

FOXC1, previously also called brain factor-1 (BF-1), is a winged-helix TF of the Forkhead (FKH) family. FOXC1 is uniquely expressed in the nervous system, and is active in the early telencephalon, the cerebral cortex and hippocampus, in addition to the inner ear, retina and olfactory epithelium [2], [18], [28]. It has diverse and non-redundant functions, comprising cell proliferation and progenitor pool expansion [29], regional patterning of the forebrain [30], cell migration during corticogenesis [31] and circuit assembly [29], [32]–[35] (**Figure 1**). Over the years, numerous studies, using conventional and conditional knockout mouse models and genome editing techniques, have established FOXC1 as a master regulator of brain development, as reviewed in detail elsewhere [1], [18]. Here, we focus on the functions and molecular aspects of FOXC1 relating to the core phenotypes of FOXC1 syndrome.

One of the best studied model systems to understand FOXC1 functions are transgenic mice. Several *Foxg1* knockout mouse models were created by replacing the coding region of *Foxg1* with *lacZ*, *cre*, or *tet* (tetracycline transactivator) [27], [28], [35]. These models all showed severe reduction in size of the cerebral cortex and mortality at birth [28], while the haploinsufficient *Foxg1*<sup>Cre/+</sup> mice survived postnatally, and exhibited microcephaly and impaired neurogenesis phenotypes in the cortex and hippocampus [37]–[39]. Therefore, the *Foxg1*<sup>Cre/+</sup> mice served as an appropriate model to study the human FOXC1 syndrome.

The mechanisms underlying the observed hypoplasia was investigated rather extensively. Cortical stem cells featuring constitutive loss of FOXC1 exhibited a premature lengthening of the cell cycle, concomitant with an increased exit from the cell cycle, which led to neuronal differentiation [28], [29]. Both DNA-binding dependent and independent mechanisms regulated the functions of FOXC1 in cell cycle control. While the cell cycle length was dependent on DNA-binding role of FOXC1, the normal cell cycle exit required that FOXC1 antagonised the anti-proliferative activity of TGF $\beta$  by associating with DNA-binding proteins

which function as SMAD partners [29], [40]. A decreased level of FOXG1 in intermediate progenitor cells (IPCs) was also associated with an increased expression of the cell-cycle inhibitor *Cdkn1a* (p21), contributing to the early exit from cell cycle [39]. Additionally, it was reported that FOXG1 antagonized FOXO/SMAD-dependent neuronal differentiation of cortical progenitors through direct association with the FOXO/SMAD complex, or by competitively binding the consensus FKH binding site [41], [42]. FOXG1 thus reduces the expression of *Cdkn1a*, prevents cell cycle exit and enables the continued proliferation of FOXG1 expressing cells, consequently enabling prolonged progenitor pool expansion [29], [41], [42]. Cells lacking FOXG1 differentiate into neurons prematurely, thus depleting the progenitor pool and leading to a reduction in the brain size. Together, the observed microcephaly in these mouse models was seemingly multi-faceted and involved both DNA-dependent and -independent mechanisms that subsequently comprised the regulation of cell cycle proteins and other factors.

As FOXG1 affected the early phase of corticogenesis, it was not surprising that layering defects were observed in *Foxg1* knockout mice. The mammalian cerebral cortex consists of six layers of neurons that are generated in an inside-out manner, except for the first-born neurons residing in layer 1, called Cajal Retzius cells (CRC) [43], reviewed in detail elsewhere [44], [45]. In depth studies on the role of FOXG1 in corticogenesis and layering of the cortex used conditional knockouts of the murine *Foxg1*. Early during corticogenesis, the absence of FOXG1 caused an excessive production of CRC, and a failure to produce later-born neurons [29], [32]. Moreover, deep-layer progenitors reverted to the production of the early born CRC [32]. Under normal conditions, FOXG1 coordinated the production of different types of projection neurons through direct inhibition of the early progenitor transcriptional factor network of *Tbr1*, *Dmrta1*, *Ebf2*, and *Ebf3*, as shown by transcriptome and ChIP-seq studies [30], [32], [33]. Moreover, the expression of FOXG1 in the intermediate zone in the later stages of corticogenesis was needed for the separation of later-born subtypes of cortical neurons [34]. Thus, FOXG1 has crucial roles in mammalian cortical expansion, not only in progenitor pool expansion but also in proper layering and patterning of the cortex and subtype identities, consequently affecting the functionality of the cortex.

Agenesis of corpus callosum is another hallmark of FOXG1 syndrome relating to cortical development, seen in varying severities in patients [4], [13]. This malformation was also observed in some *Foxg1* haploinsufficient mice, while severe hypogenesis was a feature in *Foxg1* knockout mice [28], [29], [35], [38]. Callosal projections connect both cerebral hemispheres and confer associative connections, disturbance of which has been also observed for example in ASD. Neurons residing in all cortical layers contribute to callosal projections [46]. Although *Foxg1* expression becomes variable in post-mitotic neurons, recent studies demonstrated that heterozygous deletion of *Foxg1* in mature cortical projection neurons resulted in defects in upper-layer projection neurons, concomitant to aberrant axonal projections through the corpus callosum [34], [35]. Mechanistically, FOXG1 repressed NR2F1 (COUP-TFI) expression, which transformed local projection neurons to callosal projection neurons [34]. Additionally, FOXG1 formed a repressive complex with ZNF238 (RP58, ZBTB18), and ChIP-seq analyses revealed *Robo1*, *Slit3*, and *Reelin* as target genes of this repressor complex, all of which are key regulators of callosal axon guidance. Thus, FOXG1 plays a crucial role in establishing callosal projections and promotes the radial migration of cortical neurons [35]. These studies provided critical insight into the molecular mechanisms behind the agenesis of the corpus callosum and identified FOXG1 as an important factor favouring cortico-cortico projections.

Over 80% of FOXG1 syndrome patients presenting with deletions or intragenic mutations of *FOXG1* are diagnosed with epilepsy, rendering this feature as one core phenotype [24]. Notably, patients with *FOXG1* duplications also developed epilepsy albeit to a lesser extent [24]. Thus, deciphering varying characteristics of epilepsy is important to distinguish genotype-phenotype associations in patients, and to provide effective therapies. Epileptic phenotypes and seizures have also been observed in *Foxg1<sup>Cre/+</sup>* mice. *In vivo* electrophysiological characterisation of this animal model revealed that *Foxg1<sup>Cre/+</sup>* mice showed hippocampal hyperexcitability and that they were susceptible to seizures, which was linked to decreased expression of the chloride transporter KCC2 and GABA transporter vGAT [47]. Similar insights were obtained for the *Foxg1* haploinsufficient cortex, whereby decreased levels of FOXG1 led to higher excitability and depressed synaptic transmission, due to increased expression of



vGLUT2, accompanied by decreased levels of KCC2, decreased levels of GLUA1 and PSD-95, respectively [48]. *Foxg1<sup>Cre/+</sup>* mice had susceptibility to seizures both in the cortex and the hippocampus that can be linked to excitation/inhibition imbalance, while underlying mechanisms remain to be unraveled.

Another way of action for FOXG1 impinged on mitochondrial function to regulate bioenergetics. This finding implicated that FOXG1 is crucial for mitochondrial functions during embryonic development and in pathological conditions [49], and further signified that it functions beyond chromatin-mediated transcriptional regulation. Interestingly, a triheptanoin-based anaplerotic diet, which has been used previously to treat some inherited metabolic disorders including typical RTT [47], [50]–[52], rescued the altered expression of KCC2 and vGAT and normalised enhanced susceptibility to seizures [47]. Although we are still far from fully understanding the underlying mechanisms or the role FOXG1 in neuronal metabolism and whether this translates to misbalanced excitation and inhibition, these findings present a promising therapeutic approach to alleviate the epileptic symptoms of FOXG1 syndrome patients.

Along those lines, in haploinsufficient FOXG1 mice, GLUD1 (orphan glutamate receptor  $\delta$ -1 subunit) expression decreased alongside other GABAergic and glutamatergic markers, indicating a shift in excitation/inhibition balance [53]. Using cellular and animal models, this comprehensive study also reported a temporal shift towards a general decrease of brain synapses, although the regulatory link between FOXG1 and GLUD1 remained to be disentangled [53]. Additionally, FOXG1 associated with the microprocessor complex through its interaction with DDX5 and played a role in miRNA biogenesis of miR-200 family regulating post-transcriptionally PRKAR2B expression. PRKAR2B inhibits postsynaptic functions by interfering with PKA activity [54], implying that deregulation of PRKAR2B in FOXG1 syndrome could contribute to synaptic dysfunctions observed in patients.

Together, the function of FOXG1 at different developmental stages emphasises its importance in the proper development and function of the CNS and establishes it as an important player

in human neurodevelopmental disorders, while its diverse mechanisms remain to be fully explored.

### **Human-based models of FOXP1 syndrome and function**

While the constitutive knockout of FOXP1 caused prenatal death in mice [28], its haploinsufficiency only exhibited both mild microcephaly and behavioural abnormalities [32]. However, humans with heterozygous loss of FOXP1 develop variable symptoms with differing severities [4], [5], [11], [12]. Nevertheless, direct and deeper analyses of the effects of FOXP1 mutations in humans is limited ethically to medical imaging, clinical observations and post-mortem analyses. Therefore, developing appropriate models for projected investigations is crucial. Investigations during the last decades opened the door to additional opportunities of modelling, especially owing to the outstanding progress in stem cell biology. Human induced pluripotent stem cells (hiPSCs) harbour a high potential for the study of neurodevelopmental diseases. Their use in basic research aims to decipher molecular alterations underlying for example CNS diseases. This model system shall provide an extended picture of potential mechanisms triggered by gene defects in human cells; allowing for experimental attempts that bypass interspecies variations. Additionally, hiPSCs offer patient-specific modelling and therapeutic adjustments for many different diseases, as they are directly generated from patient-derived fibroblasts or other cells. During the last years, research on Rett syndrome, in the context of understanding the neurodevelopmental basis, used hiPSCs and hiPSC-derived NSCs as well as neurons to analyse and describe changes in gene expression, cell activity and cell composition [55]. The differentiation of RTT-patient-derived hiPSCs into neurons led to fewer synapses, reduced spine density, and smaller soma size by reduced MECP2 expression [56]. Moreover, comparative studies focussing on typical and atypical Rett syndrome have been fuelled by hiPSC-derived technology. Mechanistic comparison between Rett syndrome caused by either *MECP2* or *CDKL5* mutation revealed common targets including Glutamate Dehydrogenase 1 (GLUD1), which is encoded by the *GRID1* gene. Increased expression levels of GLUD1 were observed in NSCs differentiated from one patient cell line with MECP2 mutation and two cell lines with CDKL5 mutations [57].

In contrast to typical Rett syndrome, only few studies report so far on FOXP1 syndrome patient-derived hiPSCs. In consequence, we are missing a rich data resource to further discern mechanistically between typical Rett, atypical Rett and FOXP1 syndrome. Despite this general shortage of data reporting on molecular alterations in FOXP1 syndrome, first studies are available, in which transcriptional alterations in hiPSC-derived (from two female FOXP1<sup>+/-</sup> patients) NSCs were reported. The authors observed an imbalanced expression of proteins that confer excitation and inhibition in patient-hiPSC-derived NSCs. This observation fostered the conclusion that FOXP1 is an important modulator of the ratio of excitatory and inhibitory neurons [53], similar to the outcomes from the mouse model described above [47]. Therefore, it seems highly likely that misbalanced neuronal activity in regard to excitation or inhibition is one direct link to the patient's microcephalic and epileptic features. Interestingly, the same study showed also an increase of GLUD1 expression, similar to the observation of transcriptional alterations upon MECP2 and CDKL5 mutation, which hints towards commonalities between typical and atypical Rett and FOXP1 syndromes. Such overlaps might be particularly important for the rare diseases we are describing here, as they might share future therapeutic attempts [53]. However, GLUD1 was found decreased in mouse models. These contradicting findings between different model systems emphasises the power and need of using novel technology such as hiPSCs to study FOXP1 syndrome in the best model of the patients' conditions.

Thus, another promising avenue of using FOXP1 patient-derived hiPSCs and their cellular progeny is to test rescue strategies for the *FOXP1* mutation. Recently, the modification of patient cell lines using an adeno-associated virus (AAV)-coupled CRISPR/Cas9 system was reported [58]. This study showed that using CRISPR/Cas9-mediated genome editing was not only effective in repairing the mutation in primary fibroblasts of two FOXP1 syndrome patients, but also in correcting the pathogenic variant in hiPSCs. Effectivity on the molecular level was indicated, for example, by normalised levels of PAX6 expression in developing neurons. With this study the authors laid the foundation for a novel approach towards CRISPR-based personalised therapy of a severe neurodevelopmental disease [58].

Despite the low outcome of hiPSC-driven study of FOXP1 syndrome, several hiPSCs that originate from FOXP1 syndrome patients are available for further research and they are deposited in different biobanks [59], e.g. the Coriell Institute for Medical Research, USA or the Biobank of the University of Siena, Italy [60]. Current progress in stem cell research, especially regarding the generation of diverse types of brain organoids, gives additional opportunities to generate cellular model systems, in which, for example, dynamic spatiotemporal processes of early brain development can be mimicked. This renders stem cell research attempts very useful, to model particularly human brain disorders [61]. Cerebral organoids can give important insights into neurodevelopmental diseases affecting the forebrain [62], and could thus serve as a suitable model and research platform to advance the understanding of FOXP1 syndrome both mechanistically and clinically. As one of the first experiments in this direction, hiPSC lines and organoids from ASD patients led to the observation that increased levels of FOXP1 correlated with this disease [6]. Accordingly, treatment of these ASD mimicking organoids with different *FOXP1* shRNAs rescued the observed molecular changes. Levelling the FOXP1 expression towards control conditions, restored differences in GABAergic neuronal differentiation that was observed in patient-compared to healthy donor-derived organoids. But this rescue strategy did not majorly affect the expression of dorsal forebrain marker genes or transcription factors responsible for cortical excitatory neuron differentiation [6]. Together, this ground-breaking study revealed the important role of FOXP1 in controlling the balance of neuronal subtypes in functional neuronal networks [6].

Another line of experiments was based on CRISPR/Cas9 and small molecule-assisted shut-off (SMASH) technology to modulate *FOXP1* expression in hiPSCs and hiPSC-derived cells. This experimental paradigm allowed the investigation of FOXP1 function in a dosage-dependent setting in which the differentiation of hiPSCs into neurons was studied, as well as the cross talk of cortical and medial ganglionic eminence organoids [63]. In accordance with the finding upon increased expression, the reduced expression of FOXP1 bore fewer inhibitory GABAergic neurons, alongside impaired maturation of this interneuron class and overall smaller brain organoid formation. The severity of the phenotypic alterations upon impaired

FOXG1 expression correlated directly with the remaining dose of FOXG1 in the cells, emphasising that a well-balanced availability of the FOXG1 protein is critical for proper brain development and function [63]. But still, whereas Rett syndrome patient-derived hiPSCs were differentiated into organoids [64],[65], this experimental approach is thus far not reported for hiPSCs of FOXG1 patients. Overall, there are now opportunities for investigating FOXG1 syndrome in hiPSCs and different types of organoids, e.g. modelling the ventral or the dorsal telencephalon and to verify findings from mouse or other animal models. However, more importantly, these novel technologies allow getting more insights into human- and mutation-specific mechanisms driving the FOXG1 syndrome phenotypes.

### **Future of FOXG1 syndrome modelling, therapeutic prospects and limitations**

Patient-derived hiPSCs as well as brain organoids generated from such resources are currently a very promising approach for modelling neurodevelopmental diseases including FOXG1 syndrome. While hiPSC 2D cultivation and differentiation serve as a model for the development of single cell lineages and to decipher cell lineage-dependent molecular mechanisms, 3D brain organoids add on to this, as they are a more systematic model that integrates the single cells into their quite natural network consisting of a heterogeneous variety of cell lineages [66].

The hiPSCs technology now allows studying individual mutations of FOXG1 syndrome patients in order to determine genotype-phenotype specific correlations, cellular processes and molecular mechanisms. Additionally, the advantage of CRISPR/Cas9 editing is the ability to introduce specific mutations into an even more controlled model system due to isogenic backgrounds. Therefore, studies on genome-edited hiPSCs might avoid batch effects caused by the patient specific genomic or epigenetic background. Moreover, approaches resembling those of the AAV-mediated repair of *FOXG1* mutations are not only serving the generation of cell lines with the same genetic background, but also lay a foundation for individualised medicine and early gene-therapy of FOXG1 syndrome [58] (**Figure 3**).

Albeit promising, disease-modelling systems also have their limitations. Mice and other animals have the advantages that an entire organism and entire developmental processes

can be studied, but they lack the human background, have limitations to mimic all facets of human CNS development, and cannot reflect human-specific gene regulation and molecular mechanism. Aspects like the basic understanding of brain development in FOXP1 syndrome may be sufficiently mirrored, but systematic outcomes and whole organism effects can just be conjectured. The same limitations, however, also apply to hiPSC-derived organoids. Nevertheless, ongoing and future development of highly structured organoids, combining various CNS regions and containing blood-vessel structures, will give rise to even better model systems. Such advanced or second-generation organoids are closer to the natural development compared to the possibilities that are the current state-of-the-art. One can hope that in the future, organoids can grow further to mimic late human development and function, to include a higher variety of neural subclasses, and thus a more complex brain/organoid structure. The first generation of vascularised organoids [67], [68] gives rise to further development, standardisation, and generation of models reflecting later neurodevelopmental steps. The generation of vascularised organoids with a potentially functional blood brain barrier [69] as well as the screening and analysis of potential drugs with blood-brain-barrier organoids [70] are promising and necessary steps towards therapeutic approaches. Moreover, fusion of brain organoids is currently used to model interactions between different brain regions [71]. The development of additional tissues, like bilateral optical vesicles [72], or even the fusion with muscle cells for the development of motoneurons and of neuromuscular junctions, [73], [74] have been performed and these studies exemplified the advantages ahead using organoids to study human brain diseases. Thus, these approaches will prove useful in the future to investigate in further detail, how FOXP1 influences later neural development, its potential influence on tissue interaction, on entire organ function, and even multi-organ interplay. The use of such "higher developmental organoids" will serve to decipher the fundamental functions of FOXP1 in neural development. In addition, they can be exploited as standardised model systems for screening potential drugs targeting symptomatic and developmental features of FOXP1 syndrome patients. Examples of similar approaches have been reported for Glioblastoma patients [75] amongst others [76], [77]. In this light,

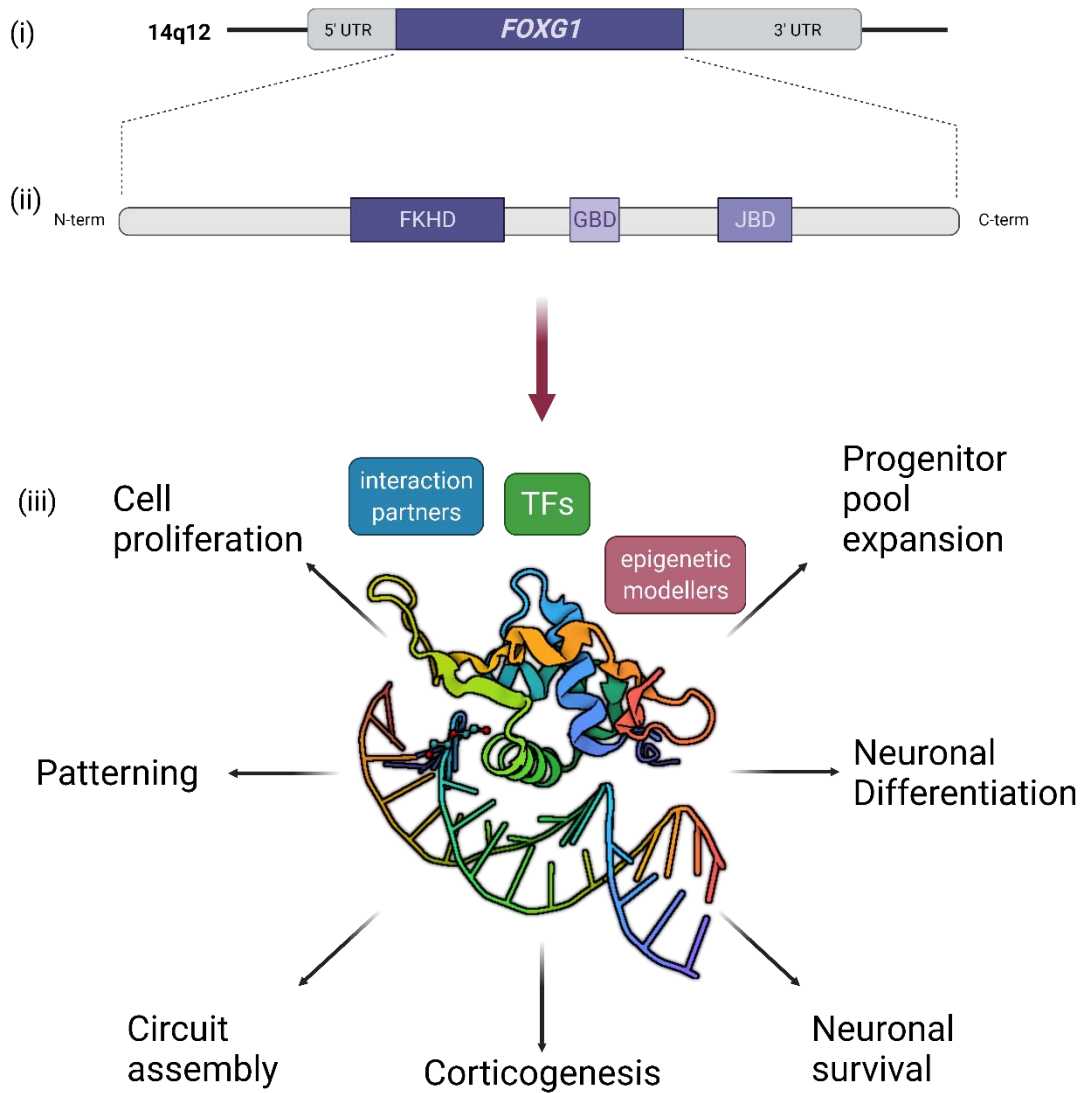
personalised medicine for individual FOXP1 patients could be implemented in future on the grounds of screening patient-derived organoids with common or new drugs.

Nevertheless, researchers should also be aware of ethical issues that are associated with the generation of organoids with increasing complexity and developmental structures [78].

## Conclusions

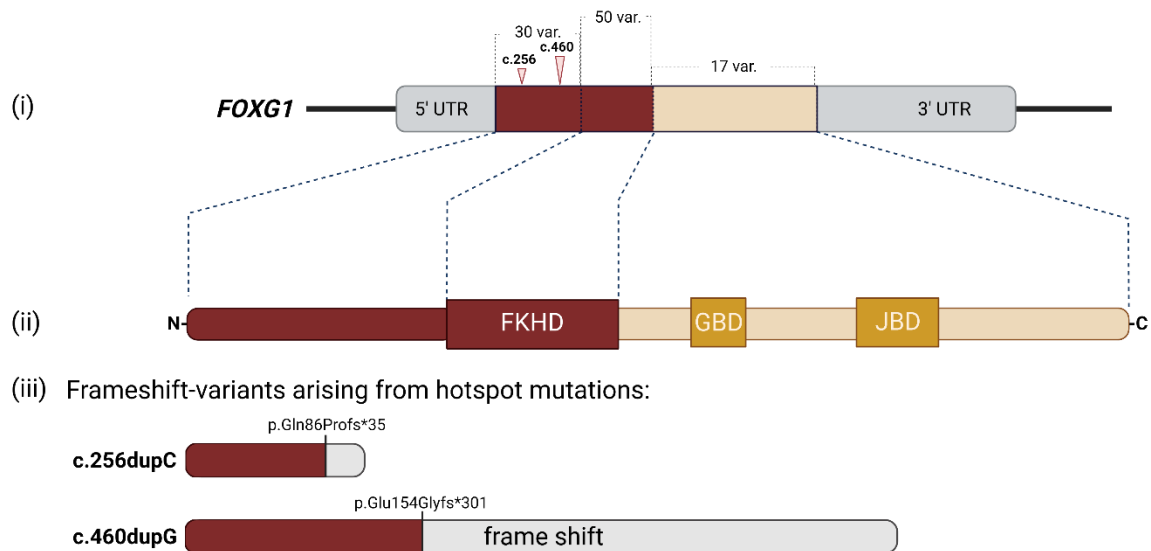
FOXP1 syndrome is a severe neurodevelopmental disorder that has been studied for many years as a variant of Rett syndrome, and must therefore be considered to be underdiagnosed as an individual disease. The diversity of FOXP1 mutations, the plethora of FOXP1-associated mechanisms of transcriptional and posttranscriptional regulations, and the diverse and non-redundant functions of FOXP1 underline the importance of further research into disease-relevant alterations. Research focusing on exploration of varying FOXP1-dependent molecular mechanisms on one hand, and understanding genotype-phenotype correlations on the other hand, will lead to further discrimination of FOXP1 and other Rett-like syndromes. By now, many different studies pointed out the importance of FOXP1 in spatiotemporal control of neurodevelopment, the development and composition of different neural lineages within the CNS, and resulting effects on neural plasticity. These results can be directly connected to the severe phenotypes that are observed in FOXP1 syndrome patients. The current development in stem cell biology and disease modelling offers a variety of opportunities to investigate FOXP1 function and the individual genotype-phenotype relations even further. With the help of patient-derived hiPSCs and organoids, the development of new and personalised therapeutic approaches for the FOXP1 syndrome can be improved and expedited. After an upcoming experimental phase aiming to corroborate findings of animal models in human organoids harbouring various complexity, novel technology shall embark to integrate the most important findings, and finally to pinpoint key players that one can exploit therapeutically to improve conditions to live with *FOXP1* mutation.

## Figures

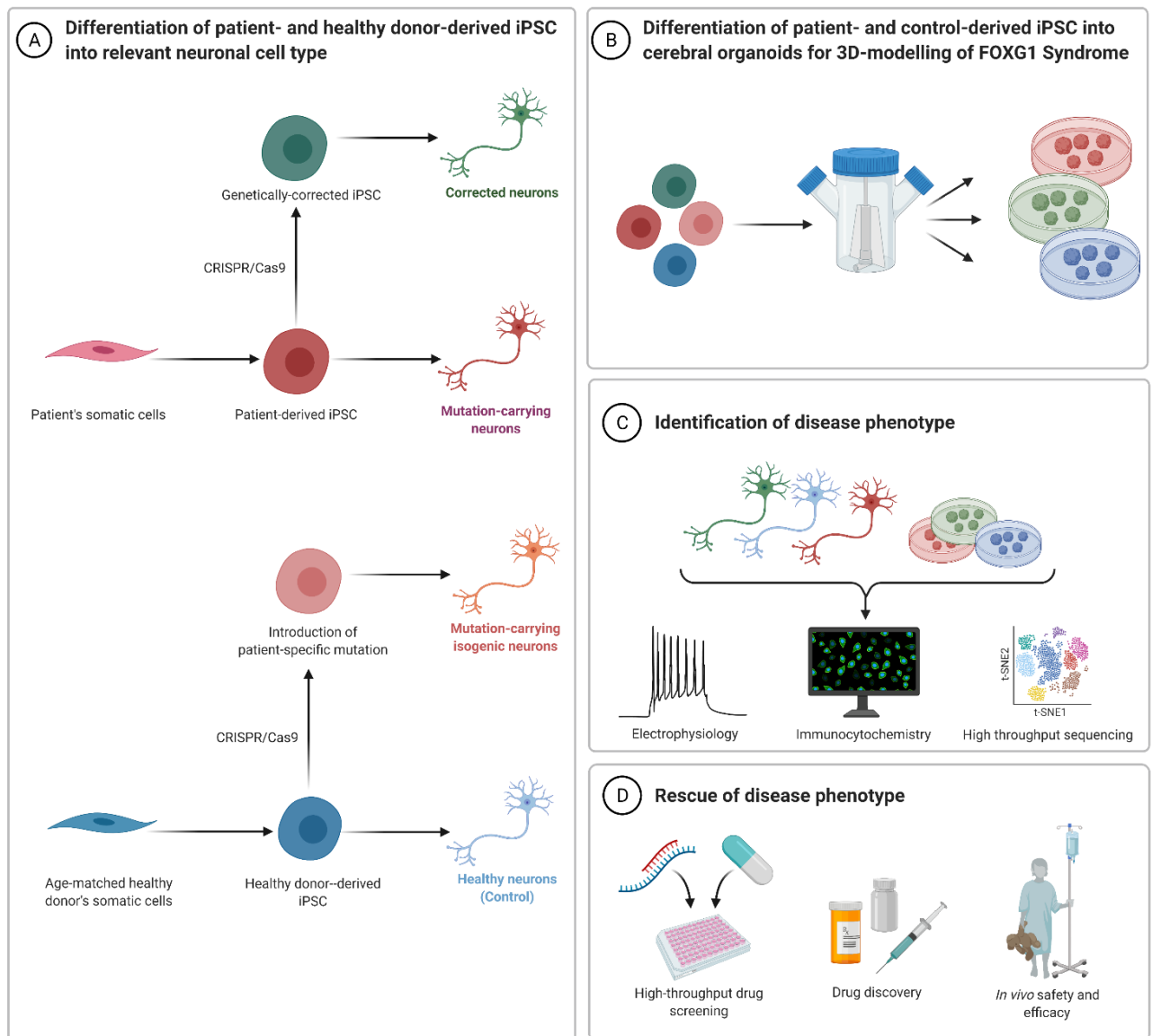


**Figure 1: Functions of FOXG1.** FOXG1 is located in 14q12 in humans and contains only one exon (i). FOXG1 protein domains: FOXG1 consists of a Forkhead domain (FKHD), a 20-residue Groucho (Gro)-binding domain (GBD) and a 10-residue histone demethylase (KDM5B)-binding domain (JBD) (ii). FOXG1 plays important roles in many neurodevelopmental processes by its interaction with DNA and protein interaction partners (iii). Illustration was created with Biorender.com.





**Figure 2: Mutation hotspots of FOXG1.** FOXG1 gene (i) and protein (ii) domains, and the distribution of variants in a schematic illustration depicting the N-terminal domain, Forkhead binding domain (FKHD), Groucho-binding domain (GBD), JARID1B-binding domain (JBD), and C-terminal domain. The mutations are distributed in all parts of the gene, affecting all protein domains. The most severe phenotypes are observed upon mutations in the N-terminal domain and FBD (shown in red) There are two mutation hotspots in the N-terminal region (arrows) that lead to frame shifts starting upstream of the FBD, GBD, and JBD. Potential variants arising from the mutations in the two hotspots, c.256 and c.460, are shown in (iii). The variants in the C-terminal domain, including GBD and JBD cause milder phenotypes of FOXG1 syndrome (shown in yellow). Number of variants observed in each protein domain are noted on the illustration [4], [5], [11], [12]. Illustration was created with Biorender.com.



**Figure 3: Approaches and potentials of human-based disease modelling for FOXG1 syndrome. (A)** Upon genetic screening for FOXG1 syndrome, specific mutations are identified. Patient-derived somatic cells (fibroblast and other cell types) are reprogrammed to a pluripotent state (iPSC). The mutations in these cells are “corrected” using CRISPR/Cas9 approach. In parallel, iPSCs from healthy donors are used to introduce the patient-specific mutations using CRISPR/Cas9 genome editing approaches. iPSCs carrying the disease-related mutation can be differentiated into neural cells type which are affected in the disease. **(B)** In another approach, iPSCs carrying patient-specific mutations are used to generate cerebral organoids to model neurodevelopment. **(C)** High throughput sequencing approaches and functional assays are employed on these differentiated neurons and cerebral organoids to recapitulate the syndrome in the human model system. **(D)** Potential targets and biomarkers obtained from these studies would potentially contribute to drug discoveries and treatment of symptoms in patients. Illustration was created with Biorender.com.

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