

1 **The matrisome during aging and longevity: a systems-level approach towards**  
2 **defining matreotypes promoting healthy aging**

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11 ECM, collagen, MMP, homeostasis

12

## 13 **Abstract**

14 Accumulation of damage is generally considered the cause of aging. Interventions that  
15 delay aging mobilize mechanisms that protect and repair cellular components.  
16 Consequently, research has been focused on studying the protective and homeostatic  
17 mechanisms within cells. However, in humans and other multicellular organisms, cells  
18 are surrounded by extracellular matrices (ECM), which are important for tissue  
19 structure, function and intercellular communication. During aging, components of the  
20 ECM become damaged through fragmentation, glycation, crosslinking, and  
21 accumulation of protein aggregation, all of which contribute to age-related pathologies.  
22 Interestingly, placing senescent cells into a young ECM rejuvenates them and we  
23 found that many longevity-assurances pathways re-activate *de-novo* synthesis of  
24 ECM proteins during aging. This raises the question of what constitutes a young ECM  
25 to reverse aging or maintain health? In order to make inroads to answering this  
26 question, I suggest a systems-level approach of quantifying the matrisome or ECM  
27 compositions reflecting health, pathology, or phenotype and propose a novel term, the  
28 “matreotype”, to describe this. The matreotype is defined as the composition and  
29 modification of ECM or matrisome proteins associated with or caused by a phenotype,  
30 such as longevity, or a distinct and acute physiological state, as observed during aging  
31 or disease. Every cell type produces its unique ECM. Interestingly, cancer-cell types  
32 can even be identified based on their unique ECM composition. Thus, the matreotype  
33 reflects cellular identity and physiological status. Defined matreotypes could be used  
34 as biomarkers or prognostic factors for disease or health status during aging with  
35 potential relevance for personalized medicine. Treatment with biologics that alter  
36 ECM-to-cell mechanotransduction might be a strategy to reverse age-associated  
37 pathologies. An understanding of how to reverse from an old to a young matreotype  
38 might point towards novel strategies to rejuvenate cells and help maintain tissue  
39 homeostasis to promote health during aging.

40

## 41 **Introduction**

42 Cells and tissues are embedded within extracellular matrices (ECM), which are  
43 important for tissue geometry, integrity, and function [1]. Besides providing structural  
44 support, the ECM controls intercellular communication by either storing or transporting  
45 signaling molecules, such as growth factors, hormones, and neuropeptides [1-3].  
46 Receptors on the cell surface, such as integrins, directly link ECM to cell signaling to  
47 regulate various biological functions (Figure 1). Cells synthesize and secrete ECM  
48 proteins, such as collagens, extracellular glycoproteins, and proteoglycans that are  
49 integrated into matrices by extracellular enzymes [2]. Cells also continuously monitor  
50 and integrate signals from the ECM via mechanotransduction and adjust their  
51 surrounding environment by synthesizing and remodeling their ECM [2]. Thus, the  
52 ECM at least during development and normal tissue homeostasis is a dynamic system.

53 During aging, the connective tissue or ECM integrity declines through  
54 accumulation of damage from collagen fragmentation, oxidation, glycation,  
55 crosslinking, and accumulation of protein aggregates (Figure 1), leading to a decline  
56 in ECM dynamics and loss of organs support and function [3,4]. This decline in ECM  
57 integrity has been implicated in many age-dependent diseases, such as  
58 atherosclerosis, diabetes, and cancer. Accumulation of damage to the ECM drives  
59 cellular aging and disease progression. Below, I discuss how collagen fragmentation,  
60 collagen glycation and crosslinking, and aggregation of proteins in the extracellular  
61 space affect ECM integrity to accelerate aging. Moreover, longevity-assurance  
62 pathways might slow aging by activating collagen and ECM remodeling to protect from  
63 this progressive decline in ECM integrity.

64

## 65 **Progressive decline in ECM turnover and dynamics during aging**

66 Protein homeostasis is defined as the cellular regulation of synthesis, folding,  
67 trafficking and degradation of proteins. In contrast to unfolded intracellular proteins  
68 that can be refolded through chaperones, damaged and unfolded ECM proteins need  
69 to be excised out of the matrix and novel ECM proteins must be synthesized to replace  
70 them (Figure 1A). Since this turnover requires cells to be adjacent to the ECM, ECM  
71 structures that are acellular lack this dynamic turnover. For example, certain collagens  
72 in the eye lenses or cartilages of humans are only once synthesized and integrated  
73 into the ECM and remain there lifelong with spectacular half-life times of over 117  
74 years [4,5]. On the other hand, collagens in other tissues can be turned over extremely

75 fast, for example within 72 hours in the Achilles tendons after exercise [6]. During  
76 aging, either through collagen fragmentation or loss of adherence proteins [7], cells  
77 detach from the ECM potentially leading to cell dysfunction and loss of ECM synthesis  
78 and turnover. In fact, the loss of ECM-to-cell connection might start a vicious  
79 downwards spiral. For instance, during aging there is an increase in activity of ECM  
80 degrading enzymes, such as matrix metalloproteases (MMP) [7]. Increased MMP  
81 activity leads to collagen and ECM fragmentation, causing cell detachment, which  
82 leads to altered integrin signaling and an increase in mitochondrial reactive oxygen  
83 species, which in turn promotes the expression of more MMPs, leading to further ECM  
84 fragmentation [7]. Since cells synthesize the ECM (Figure 1A), this self-amplifying  
85 downwards spiral might underlie the observed decline in collagen production during  
86 aging across species [3,8,9]. For instance, collagen mass continuously declines at a  
87 rate of 1% per year in the human skin [10], as best illustrated by wrinkles and sagging  
88 skin. In general, during aging there is a progressive decline in ECM biosynthesis,  
89 accompanied by an increase in ECM degradation. There are two striking pieces of  
90 evidence suggesting that this loss of ECM biosynthesis and increase in ECM  
91 degradation might drive or accelerate aging. First, treating young human skin samples  
92 with MMPs quickly alters the skin morphology to look like old skin [7], and second  
93 deficits in an ECM-remodeling enzyme MMP14 in the skin leads to premature aging,  
94 short lifespan, and cellular senescence in mice [11]. MMPs cleave collagens. We  
95 might expect that mice genetically engineered to express modified collagen COL1A1<sup>tr</sup>  
96 that cannot be cleaved by MMPs, would not show age-dependent ECM degradation  
97 and would live longer. However, collagen COL1A1<sup>tr</sup> mice showed accelerated aging,  
98 short lifespan, and cellular senescence [12], suggesting that blocking of ECM turnover  
99 is also detrimental. This points towards a balanced ECM turnover being important to  
100 maintain health during aging. Moreover, mouse models with premature aging disease  
101 (Hutchinson-Gilford Progeria Syndrome) fail to produce a functional ECM and their  
102 progeric cellular phenotypes and short lifespan are rescued by a functional ECM [13].  
103 This suggests an integrated system of ECM-to-cell-to-nucleus linkage, translating  
104 outside mechanical forces to changes in cellular gene transcription to balance ECM  
105 and tissue homeostasis. Taken together, fragmentation or gradual weakening of the  
106 ECM, signals to cause alterations in mechanotransduction to the nucleus, thereby  
107 initiating a self-amplifying process, disrupting cell-ECM interaction and accelerating  
108 aging.

109

**110 Collagen glycation and crosslinking during aging**

111 The Maillard reaction is the major non-enzymatic glycation pathway for advanced  
112 glycation end-products (AGE) formation [4]. Simplistically described, glucose interacts  
113 with lysine and arginine side chains of a protein (e.g., collagen) to form a reversible  
114 Schiff base product within hours, which is stabilized to keto amine (Amadori product)  
115 within days, and in a series of chemical reactions within weeks to months these are  
116 transformed into AGE (Figure 1B), such as carboxymethyl-lysine, 3-deoxyglucosone-  
117 lysine dimer, glyoxal, glucosepane, pentosidine etc [4]. These AGEs are able to  
118 crosslink and thus stiffen collagen structures. Glycation and crosslinking of collagens  
119 impairs wound healing and is a major problem for diabetes patients with high blood  
120 sugar levels [4]. Cells sense this increase in ECM stiffness and respond by expressing  
121 ECM-remodeling enzymes to adjust to their preferred matrix stiffness. However, AGEs  
122 or crosslinks hinder enzymatic cleavage, potentially leaving these stiffer matrix parts,  
123 but cleave the surrounding intact matrix resulting in collateral damage. Ultimately, this  
124 leads to stiffer and mechanically weaker matrices during aging.

125

**126 Accumulation of protein aggregation in the ECM**

127 Aggregation of proteins is a hallmark of many neurodegenerative diseases and is  
128 thought to be a crucial factor in their pathogenesis. Post-mortem studies of brains from  
129 Parkinson's patients show an intracellular aggregation of  $\alpha$ -synuclein. Recent  
130 evidence suggests that  $\alpha$ -synuclein aggregates might be actively secreted or released  
131 after cell death and taken up by other neurons to spread  $\alpha$ -synuclein aggregation in a  
132 "prion-like fashion" throughout the brain. Injecting mice with antibodies against  $\alpha$ -  
133 synuclein helps to clear extracellular  $\alpha$ -synuclein [14]. Importantly, this kind of "prion-  
134 like" spreading has been observed in models for Tau pathologies or models for SOD1  
135 mutant amyotrophic lateral sclerosis. Interestingly, targeting and clearing extracellular  
136 SOD1 by intraventricular infusion of a SOD1-specific antibody delayed the disease-  
137 onset and increased the lifespan of these SOD1(G93A) transgenic mice [15]. The  
138 accumulation of extracellular amyloid peptide ( $A\beta$ ) has been suggested to be involved  
139 in the etiology of neurodegeneration in Alzheimer's disease [16]. How these  
140 extracellular aggregates are cleared and how these mechanisms directing this are lost  
141 during aging is still unclear. Microglia ("brain macrophages") and autophagy have

142 been implicated in the clearance of extracellular aggregates. However, components  
143 of the extracellular matrix itself, such as collagen COL25A1, have emerged from  
144 whole-genome sequencing of healthy elderly people to be protective against A $\beta$   
145 pathology [17]. Thus, the ECM might not only be a by-stander that accumulates these  
146 aggregate-prone proteins, but might also have a functional role in either safe-storing  
147 or clearing these aggregates (Figure 1C). Alternatively, these aggregate-prone  
148 proteins in the ECM might turnover during the physiological ECM process (Figure 1C),  
149 which is progressively lost during aging.

150

### 151 **Longevity-assurance pathways activate collagen turnover to protect against the** 152 **progressive decline of ECM integrity during aging**

153 Aged ECMs are characterized by a loss of collagen mass, accumulation of AGEs and  
154 protein aggregates, are stiffer, and fragmented, losing their protective and mechanical  
155 function important for cellular integrity. Many interventions that increase lifespan of *C.*  
156 *elegans*, prolong the expression and synthesis of collagens during aging [9].  
157 Accompanying this prolonged-collagen-synthesis are MMPs and other enzymes,  
158 suggesting a proper integration and remodeling of collagens into the ECM [9]. This  
159 prolonged expression of collagens is required to extend lifespan of longevity-  
160 interventions, such as reduced Insulin/IGF-1 signaling, reduced TOR signaling, germ-  
161 stem cell ablation, and dietary restriction [9]. Furthermore, overexpression of certain  
162 key collagens is sufficient to increase lifespan of *C. elegans* [9]. Supplementing the  
163 diet with collagen peptides increases collagen expression and lifespan of *C. elegans*  
164 [18] and rats [19,20]. In human osteoblasts, supplementation with collagen peptides  
165 increases collagen expression [21]. It is unknown how collagen supplementation or  
166 collagen overexpression induces *de-novo* collagen biosynthesis and how this  
167 promotes longevity. I speculate that certain collagen levels or their integrity are  
168 monitored as indicators to maintain collagen and ECM homeostasis.

169

### 170 **Rejuvenation capacity of young ECM**

171 A fascinating finding is that placing senescent cells [22] or aged stem cells [23] in a  
172 “younger ECM” has been shown to rejuvenate these old cells. The ECM provides  
173 instructive signals that change cellular function and identity. For instance, placing  
174 tumor cells into an embryonic ECM, reprograms them to lose their tumorigenicity [24].

175 Furthermore, the lost regenerative potential of old muscles is rejuvenated by grafting  
176 them into young, but not old hosts [25,26]. Heterochronic parabiosis, i.e., stitching  
177 together a young with an old circulatory system, or simply injecting young blood  
178 plasma has been shown to rejuvenate several organs of old mice. Moreover,  
179 administering human umbilical cord plasma, which is enriched in TIMP2, rejuvenates  
180 the brain of old mice [27]. Tissue inhibitor of metalloproteinase TIMP2 inhibits MMPs,  
181 which suggest that alteration of the ECM might underlie this rejuvenation. Although  
182 the underlying rejuvenating mechanisms are unknown, these findings point towards  
183 the importance of maintaining ECM integrity for healthy aging. This raises the question  
184 of what constitutes a “young” ECM? Which are the key ECM components important to  
185 maintain cellular homeostasis and promote health during aging? In order to answer  
186 these questions, we first need to identify the key molecular components, modifications,  
187 and proteins that make up a “young or healthy ECM”. Recent advances in the field of  
188 proteomics and data analysis enable such a quantification of ECM protein  
189 compositions. I build on these advances to define a novel concept that will help  
190 grasping changes in ECM composition during disease, health, aging, and longevity.

191

## 192 **The Matrisome is the proteome of extracellular matrices**

193 The entire set of proteins that can be expressed by the genome is known as the  
194 proteome. The proteome of extracellular matrices has been recently defined for  
195 humans, mice, and *C. elegans* and is called the “matrisome”  
196 (<http://matrisomeproject.mit.edu>; [28,29]). Thus, the matrisome is a subset of the  
197 entire proteome dedicated to extracellular matrices [28]. The matrisome is divided into  
198 two main categories: core- and associated- matrisome [28]. The core-matrisome is the  
199 set of proteins that are synthesized and secreted by cells to form extracellular  
200 matrices. The human genome encodes 44 collagen genes, 195 ECM glycoproteins  
201 (including, fibronectins, laminins etc), and 35 proteoglycans, forming the core-  
202 matrisome [28]. The “associated-matrisome” comprises of proteins that are secreted  
203 and either localize to the ECM or remodel the ECM. Thus, the “associated-matrisome”  
204 is further divided into secreted factors localizing to ECMs (344 proteins, including  
205 TGF $\beta$ , BMPs, Wnts, cytokines), ECM-regulators (238 proteins, including the proteases  
206 MMPs and cathepsins, the ECM-crosslinkers lysyl oxidases and transglutaminases),  
207 and ECM-affiliated (171 proteins, including annexins, semaphorins, syndecans,

208 glypicans, C-type lectins) [28]. The matrisome of humans comprises of 1027 genes,  
209 of mice 1110 genes, and of *C. elegans* 719 genes, which for each of these organisms  
210 is about 4% of their protein-encoding genome [28,29]. The mouse and human  
211 matrisome are quite similar, whereas the evolutionary more distant nematode *C.*  
212 *elegans* shares about 45% of conserved matrisome proteins with humans [29]. These  
213 include proteins usually found in metazoans, such as laminins, collagens type IV,  
214 XVIII, and XXV, perlecans, and syndecans [29]. For instance, human COL25  
215 associated with healthy aging [17] is *col-99* in *C. elegans* [29]. This *in-silico* definition  
216 and comprehensive compendium of ECM proteins is key for the analysis of  
217 transcriptomic and proteomic datasets in order to identify matrisome gene products  
218 associated with young ECM and/or with healthy aging.

219

### 220 **The matreotype is the state of the matrisome associated with a phenotype**

221 The matrisome encompasses all the ECM and ECM-associated proteins that are or  
222 can be expressed by a genome. However, different cell types express different ECM  
223 proteins [3]. Organismal phenotypes and physiological stages are characterized by  
224 distinct sets of expressed ECM proteins and by the occurrence of different  
225 posttranslational protein modifications [3]. Thus, the compositions and modifications  
226 of different matrisome proteins reflect cellular identity, physiological status, and  
227 phenotype. Based on this, I propose here a new term: the “matreotype”, which is the  
228 acute state of an ECM composition and/or modification associated with or causal for  
229 a given physiological condition or phenotype. Similar to the proteotype reflecting a  
230 specific state of the proteome [30], the matreotype reflects a specific state of the  
231 matrisome linked to a phenotype.

232 Below, I discuss technical challenges and theoretical considerations of the  
233 matreotype. As a proof-of-concept, we re-analyzed gene expression and proteomics  
234 data to identify a preliminary matreotype during aging and longevity, demonstrating  
235 that by combining transcriptomic, proteomic, and genetic approaches, the matreotype  
236 of healthy aging can be revealed across species in future approaches. Furthermore, I  
237 highlight that identifying and defining matreotypes will be of translational value.

238

### 239 **Theoretical considerations of matreotypes during aging and longevity**

240 Aging is characterized by a progressive physiological decline over time. This  
241 physiological decline is reflected in the matreotype as for instance in changes in

242 composition of ECM proteins, accumulation of AGEs on collagens, and collagen  
243 crosslinking. During development and growth, cells constantly remodel the ECM by  
244 degrading parts of the ECM and through *de-novo* synthesis of matrisome components  
245 in order to maintain homeostasis. This dynamic and energy-intensive process might  
246 decline after reproduction. Either because natural selection, as defined as  
247 reproductive fitness, is ineffective after reproduction, or because of a shift in resource  
248 allocation from somatic to germline tissue during the onset of reproduction.  
249 Irrespective of the etiology, this predicts that after reproduction the homeostasis of  
250 matrisome components, i.e. *de-novo* synthesis and ECM remodeling, would decline  
251 and should be reflected in the temporal change of matreotypes during aging. Thus,  
252 the matreotype of a young ECM is different compared to an old ECM. The gradual  
253 decline of ECM over time should be reflected by distinct matreotypes at any given time  
254 point during aging. This raises the question whether in long-lived animals this gradual  
255 decline in matreotype is simply slowed during aging (temporal scaling) or longevity-  
256 assurance pathways produce an alternate matreotype to maintain youthfulness? The  
257 alternate matreotype could be conceptually like the Waddington model during  
258 development; i.e., just an alternative or parallel path or fate during aging. Either model,  
259 temporal scaling or alternate path/fate, would have implications on how to design  
260 strategies to improve health during aging. If its temporal scaling, interventions might  
261 be started right after reproduction to slow down this progressive decline in physiology.  
262 If it is an alternate fate, it could be activated during old age, assuming that there has  
263 not been excessive damage accumulation in order to promote some cellular function  
264 and reprogramming during aging.

265

### 266 **Technical challenges for quantifying matreotypes**

267 There are several technical challenges for quantifying matreotypes that in principle  
268 could be overcome. First, quantifying the matreotype through standard proteomics  
269 needs to be adopted to enrich for ECM proteins. Since ECM proteins are crosslinked  
270 and form high molecular networks, they become insoluble and this insoluble fraction  
271 is often discarded. However, there are currently several proteomic protocols that have  
272 been successfully used to enrich for ECM proteins [31]. Furthermore, a targeted  
273 proteomics approach is needed for the quantification and reproducibility, such as  
274 SWATH-MS (<https://imsb.ethz.ch/research/aebersold/research/swath-ms.html>) or  
275 other comparable approaches. Second, although mRNA levels might be indicative for

276 *de-novo* synthesis of ECM proteins, mRNA expression levels largely do not reflect  
277 protein levels, which is very likely to be true for ECM proteins. For instance, even if a  
278 collagen is synthesized, correctly modified, forms a triple helix, and is secreted, this  
279 collagen needs to be further processed and incorporated into the matrix. Otherwise  
280 these soluble collagens accumulate amorphously in the extracellular space as seen  
281 in fibrosis. Since collagens can act as a glue (“*kolla*” means glue, “*gen*” means  
282 producing), this property of filling the extracellular space is important for wound  
283 closure. Moreover, inflammation proceeds fibrosis [32] and during aging there is a  
284 steady increase of inflammation. This inflammation-induced matreotype, which is  
285 characteristic for fibrosis and amorphous collagen deposition during aging can be  
286 assessed through tissue staining and biochemical techniques [33]. A third aspect for  
287 consideration is that there is also heterogeneity within cell types and tissues due to  
288 randomness in cellular gene expression including the expression and biosynthesis of  
289 ECM proteins. While single cell RNA-sequencing is feasible, single cell proteomics is  
290 more challenging. Alternatively, tagging ECM proteins with fluorescent proteins could  
291 reveal the matreotypes during aging *in vivo* and *non-invasively* [34]. Thus, these few  
292 examples already indicate that it might be challenging but feasible to quantify and  
293 interpret matreotypic changes during aging. A possible strategy would be to focus on  
294 functional or “causal” matreotypic changes during aging, which need to be  
295 experimentally identified and validated.

296

### 297 **Matreotype during aging**

298 A systematic and longitudinal quantification of matreotype during aging or longevity is  
299 missing. However, here I present a preliminary matreotype by re-analysing publicly  
300 available expression profiles and a proteomics dataset. Budovskaya and colleagues  
301 [35] measured the mRNA expression levels during *C. elegans* aging (day 0-11 of  
302 adulthood). They found that of the approximately twenty thousand *C. elegans* genes,  
303 about 900 genes decline and 300 are increased in expression during aging [35]. To  
304 re-analyze this dataset, we used the *C. elegans* Matrisome Annotator ([http://ce-  
305 matrisome-annotator.permalink.cc/](http://ce-matrisome-annotator.permalink.cc/); [29]). About 150 out of these 1254 age-regulated  
306 genes [35] are matrisome genes, comprising of 92 collagen genes (Figure 2A, 2B).  
307 Most matrisome genes are expressed during development and growth, but their  
308 expression rapidly declines during the reproductive phase (day 1-4 of adulthood;  
309 Figure 2C). There are only three matrisome-associated genes that increase in

310 expression during aging (*cpr-2*, *chil-14*, *lec-2*; Figure 2C). CPR-2 is the cathepsin B  
311 (CTSB) orthologue and might be involved in ECM degradation. Consistent with  
312 observations in mammals, tissue inhibitor of metalloproteases, TIMP-1, expression is  
313 also progressively lost during aging (Figure 2C). Taken together, we found a general  
314 decline of matrisome gene expression during aging for the model organism *C. elegans*  
315 (Figure 2C) that is similar to the progressive decline in collagen biosynthesis observed  
316 in human skin [10] and across species [8,9]. A comprehensive assessment of not only  
317 the transcriptional matreotype but also of the protein levels in mammalian tissues  
318 during aging might be feasible by using an *in-situ* decellularization protocol coupled  
319 with ECM proteomics [36]. This could reveal the longitudinal signature of the  
320 matreotype during aging.

321

### 322 **Matreotype during longevity**

323 Comparing the gene expression or protein levels at a given chronological age between  
324 wild type and long-lived animals revealed several molecular mechanisms at work,  
325 which were then experimentally assessed for their functional importance for longevity.  
326 For instance, reduced Insulin/IGF-1 signaling, upregulates genes involved in  
327 antimicrobial, oxidative stress and xenobiotic responses, protein homeostasis, and  
328 metabolism, all of which are required to promote healthy aging [37]. Re-analyzing the  
329 expression profile of these long-lived mutants with reduced Insulin/IGF-1 signaling [9],  
330 revealed that almost one-fifth, i.e., 79 of the 426 upregulate genes are matrisome  
331 genes (See Supplementary Table 5 of [29]). Out of the 79 upregulated matrisome  
332 genes, 48 are collagens and 15 are ECM proteases (cathepsins, astacin-like  
333 metalloendopeptidases, MMPs) [29], suggesting an activation of collagen remodeling  
334 [9]. Such a mobilization of matrisome genes also occurs through other longevity-  
335 assurance pathways. Re-analyzing the proteomics dataset comparing long-lived germ  
336 stem cell mutants (*glp-1*) with wild-type *C. elegans* [38], revealed an increase of 177  
337 proteins including 25 matrisome proteins in long-lived *C. elegans* (Supplementary  
338 Table 6 of [29]). The 25 matrisome proteins include two basement membrane-forming  
339 laminins, ten collagens, one prolyl 4-hydroxylase (DPY-18), which is important for  
340 collagen stability, and three ECM-remodeling enzymes (Supplementary Table 6 of  
341 [29]), suggesting an increase in ECM turnover and homeostasis. Surprisingly, I could  
342 not find any proteomics attempts comparing long-lived mice with wild type during  
343 aging. Whether longevity-assurance pathways in mammals alter the matreotype

344 towards re-activating ECM homeostasis needs to be investigated. Taken together,  
345 based on the data from *C. elegans*, it appears that longevity-assurance pathways  
346 invest in collagen or ECM turnover to maintain a youthful matreotype.

347

### 348 **Clinical implications for the matreotype**

349 The physiological state of a cell or tissue is reflected in an unique ECM composition  
350 or matreotype [2]. For instance, fibroblasts that become senescent or are  
351 dedifferentiated into myofibroblasts or cancer-associated fibroblast express a distinct  
352 set of ECM proteins. Based on the ECM signature or matreotype, it is even possible  
353 to identify tumor type [39]. Thus, distinct matreotypes could be developed into  
354 biomarkers or prognostic indicators for disease and health status with implications for  
355 personalized medicine. Targeting ECM-cell surface receptors might provide an entry  
356 point to remodel ECM and matreotype, since cell-surface receptors read-out ECM  
357 stiffness and ECM properties to reprogram cells. Biologics or antibodies that act only  
358 on the cellular surfaces could target and alter these ECM-cell surface receptors to  
359 change intracellular signaling and to induce the desired gene expression program.  
360 Currently, there are about 11 different targets being investigated in 27 clinical trials  
361 with primary end points specific to ECM stiffness [40] that might reprogram the  
362 matreotype.

363

### 364 **Conclusions**

365 Major efforts have revealed how proteins are maintained within cells and cellular  
366 compartments and how longevity interventions improve protein homeostasis during  
367 aging (Figure 1). Here, I propose that collagen homeostasis or ECM turnover is a  
368 process that works efficiently when the organisms are young to maintain their somatic  
369 tissue. Since collagen biosynthesis is costly and energy-intensive, upon reproduction  
370 resources might be allocated to produce high quality off-springs. Moreover, ECM  
371 turnover might be the repair mechanism to cleave-out, digest, and degrade damaged  
372 ECM proteins from the matrix. This requires cellular contact, proper  
373 mechanotransduction, and *de-novo* synthesis of ECM components from cells.  
374 Damage to the ECM or to cells will start a vicious downwards spiral of ECM  
375 fragmentation and cell-detachment leading to a progressive decline in cellular and  
376 ECM homeostasis during aging. Longevity interventions might also maintain protein  
377 homeostasis of extracellular proteins reflected in changes of the matreotype (Figure

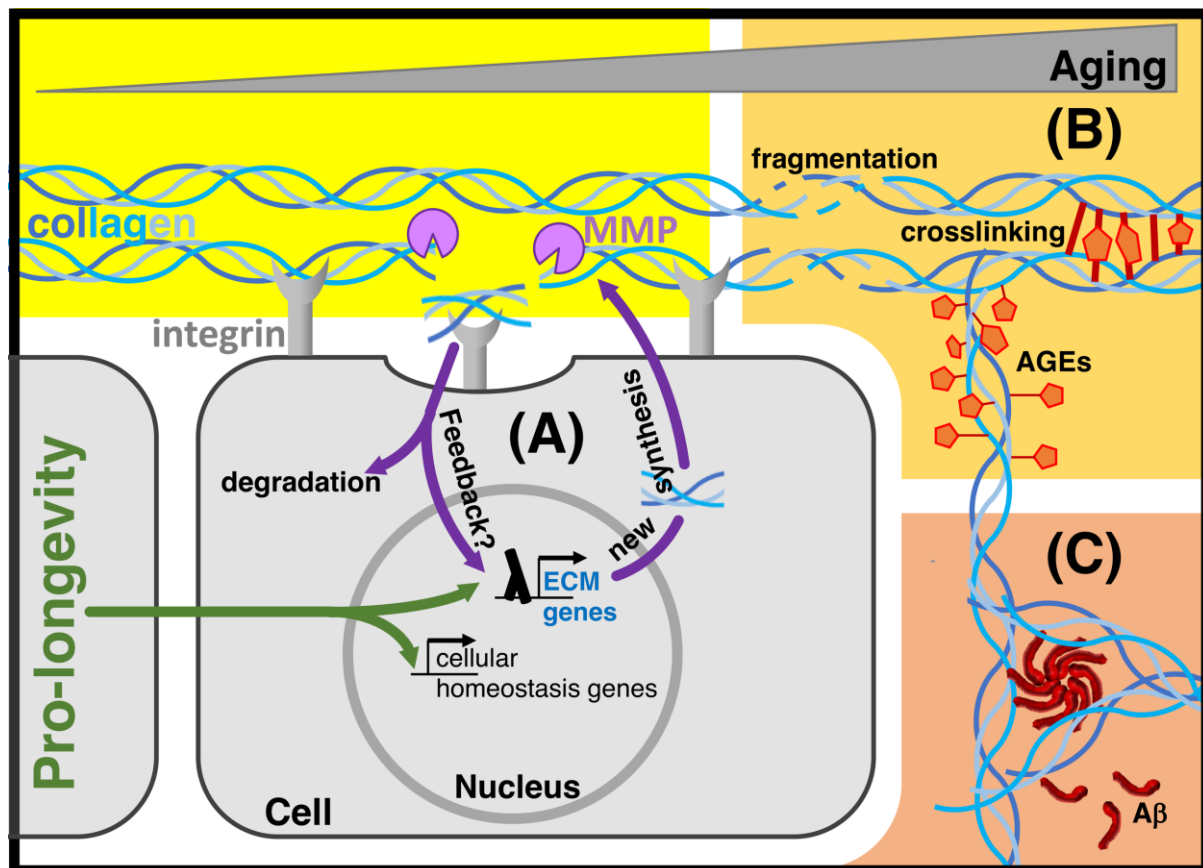
378 1). Thus far, we have taken the first steps to define the matrisome and the matreotypes  
379 during aging and longevity (Figure 2). Since the matreotype reflects the cellular, tissue,  
380 and disease status, quantifying and defining the matreotype could become a valuable  
381 biomarker for health assessment. Rejuvenating the matreotype might systemically  
382 rejuvenate cellular and tissue functions. Identifying druggable targets and  
383 understanding how to trigger rejuvenation of the aged matreotype has broad  
384 implications for clinical applications.

385

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389 manuscript. My inspiration for the term matreotype came from reading about the  
390 matrisome by Alexandra Naba and Richard O. Hynes and from Ruedi Aebersold's  
391 definition of proteotype. Furthermore, this work was also inspired by Fritz Verzár  
392 (1886–1979), the founder of this journal and a pioneer in investigating collagens in  
393 aging research ([https://www.unibas.ch/en/Research/Uni-Nova/Uni-Nova-128/Uni-](https://www.unibas.ch/en/Research/Uni-Nova/Uni-Nova-128/Uni-Nova-128-An-almost-forgotten-pioneer.html)  
394 [Nova-128-An-almost-forgotten-pioneer.html](https://www.unibas.ch/en/Research/Uni-Nova/Uni-Nova-128/Uni-Nova-128-An-almost-forgotten-pioneer.html)). Standing on the shoulders of giants; I  
395 apologize for omitting or not citing individual original work and simply referring to  
396 reviews due to reference limitation. This work was supported by the Swiss National  
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398

399 **Figures**

400

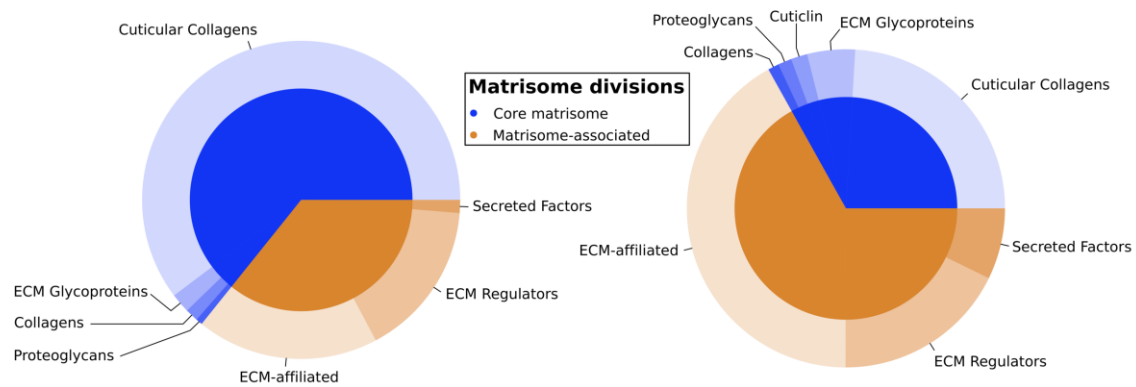
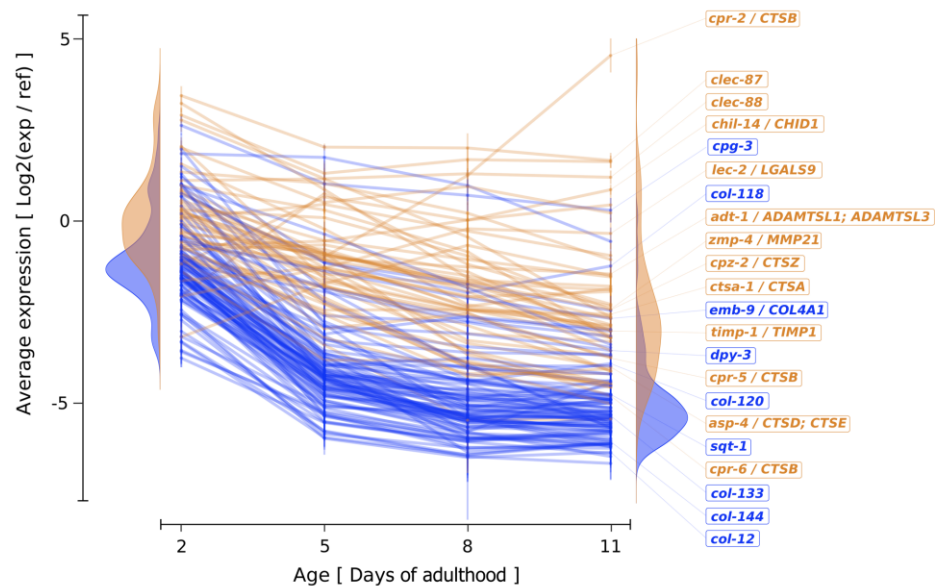
401 **Figure 1. Hypothetical model of age-related damages to extracellular matrices.**

402 A) Cells synthesize and secrete proteins that form extracellular matrices (ECM). Cells  
 403 are anchored to the ECM via cell-surface receptors, such as integrins. Integrins and  
 404 other receptors transduce mechanical information via biochemical intracellular  
 405 signaling cascades or cytoskeleton linkages to the nucleus. Matrix metalloproteases  
 406 (MMP) cleave collagens and other proteins from the ECM. Pro-longevity interventions  
 407 not only improve cellular protein homeostasis, but might also improve extracellular  
 408 protein homeostasis.

409 B) During aging, the ECM becomes fragmented, glycated, modified by advanced  
 410 glycation end products (AGE), and/or crosslinked.

411 C) Aggregation prone peptides, such as amyloid beta ( $A\beta$ ), accumulate in extracellular  
 412 matrices.

413

**A) Entire matrisome (719 genes)****B) Aging matreotype (150 genes)****C) Longitudinal expression change of the matreotype during aging**

414

415 **Figure 2. Changes in the matreotype during aging.**416 A) Schematic representation of the entire matrisome of *C. elegans*.417 B) The aging matreotype consists of 150 differentially expressed matrisome genes  
418 during *C. elegans* aging.419 C) Longitudinal expression profile of the 150 matrisome genes undergoing significant  
420 age-dependent expression changes.421 Core matrisome and corresponding subcategories in shades of blue and matrisome-  
422 associated categories in shades of organ. Expression dataset from Budovskaya *et al.*,  
423 *Cell* 2008 re-analyzed with the *C. elegans* Matrisome Annotator ([http://ce-matrisome-](http://ce-matrisome-annotator.permalink.cc/)  
424 [annotator.permalink.cc/](http://ce-matrisome-annotator.permalink.cc/) developed by Cyril Statzer (Teuscher *et al.*, *Matrix Biology*  
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