

22 ABSTRACT

23 *Tamarix nilotica* (Ehrenb.) Bunge (Tamaricaceae), an indigenous plant to the
24 Middle East region, is well-known as a medicinal plant for treating many human
25 ailments. The current study aimed at exploring the polyphenols profile of *T.nilotica*
26 alcohol soluble fraction of aqueous extract, assessing its *in-vivo* antifibrotic activity
27 and the possible underlying mechanism, to unravel the impact of quantitative
28 difference of sulphated polyphenols content on the antifibrotic activity of *T.nilotica*
29 grown in two different habitats. Polyphenols profiling of *T. nilotica* extracts was
30 performed using HPLC-HRESI-QTOF-MS-MS. The major polyphenol
31 components included sulphated flavonoids, phenolic acids and free aglycones. The
32 antifibrotic activity was evaluated through carbon tetrachloride-induced liver
33 fibrosis in rats. Biochemical evaluations revealed that both fractions ameliorated
34 the increased levels of hepatic aminotransferases, lipid peroxidation,
35 hydroxyproline, α -smooth muscle actin (α -SMA), tumor necrosis factor- α (TNF-
36 α), cyclooxygenase-2 (COX-2) and nuclear factor kappa B (NF- κ B). Moreover,
37 both fractions reduced catalase activity (CAT) and enhanced hepatic glutathione
38 (GSH) content. Histopathological imaging undoubtedly confirmed such results. In
39 conclusion, *T. nilotica* polyphenols rich fraction exhibited potential antifibrotic
40 activity in rats. Significant alterations in GSH levels were recorded based on
41 sulphated polyphenol metabolites content.

42 **Keywords:** *Tamarix nilotica*; Tamaricaceae; polyphenols; HPLC/HRESI/MS/MS;

43 antifibrotic activity.

44

45 **1. Introduction**

46 Hepatic fibrosis is a consequence of chronic liver diseases such as chronic hepatitis
47 C virus (HCV) infection, alcohol abuse and non-alcoholic steatohepatitis (NASH)
48 [1]. Hepatic fibrosis is characterized by an excessive accumulation of extracellular
49 matrix (ECM) proteins including collagen as a common wound healing response
50 distorting the normal hepatocellular architecture and forming a fibrous scar, which
51 subsequently develops into hepatocellular nodules or an irreversible complication
52 known as liver cirrhosis [2]. In the developing and the developed countries, liver
53 cirrhosis represents an end-stage liver complication where liver transplantation
54 becomes the only treatment choice, which is even not easy to achieve with regards
55 to the number of donor organs available and the clinical condition of the potential
56 recipients [3].

57 Therefore, research interests have been directed toward hepatic fibrosis several
58 decades ago as the last reversible phase of complicated chronic hepatic diseases
59 before turning into liver cirrhosis [1]. Based on the inconsistent effectiveness of
60 treatment protocols using corticosteroids and interferon in chronic liver diseases
61 and their complications, much attention have been drawn to herbal remedies as a
62 last resort to help regenerating hepatocytes in liver fibrosis [4]. This notion was
63 practically proven by the sudden rise in the popularity and use of herbal drugs by
64 liver patients (up to 65%) within few years due to the fact that herbal remedies

65 represent undoubtedly an easily accessible, affordable and safe alternative to the
66 current treatment protocols which turned out to be explicitly inadequate [4].

67 Genus *Tamarix* is native to Africa as well as Eurasian region, the genus comprises
68 over 50 species including *T. nilotica* which is an evergreen trees or shrubs that can
69 grow up to 5 m [5]. *Tamarix nilotica* have been widely incorporated in folk
70 medicine of many societies and cultures for the treatment of sores, wounds, spleen
71 oedema or uterus infections, while the extract itself has been used as an antiseptic
72 [6] [7].

73 Former scientific reports proved that *T. nilotica* flowers possesses *in-vivo*
74 hepatoprotective properties [8] which inspired this study to compare the
75 antifibrotic activity of alcohol soluble fraction of aqueous extract of *T. nilotica*
76 aerial parts from two different habitats, Egypt (ETN) and Saudi Arabia (STN) and
77 their secondary metabolites profiling using HPLC/HRESI/MS/MS.

78 **2. Results**

79 *2.1. Polyphenols Metabolic profiling*

80 Chemical investigation of alcohol soluble fraction of aqueous extract of ETN and
81 STN was conducted via HPLC/HRESI/MS/MS and dereplication tools using the
82 natural product databases and comparison with the reported literature. Results
83 (Tables 1 and 2) revealed that both fractions feature the abundance of polyphenol

84 secondary metabolites including flavonoid glycosides, methylated flavonoid
85 aglycones, phenylpropanoids together with different sulphated compounds.

86 The negative ion mode profile of ETN showed three major peaks corresponding to
87 methyl ferulate – sulphate, ferulic acid - sulphate derivative and coniferyl alcohol
88 sulphate derivative. Peak of $[M-H]^-$ at m/z 287 and a fragment ion at m/z 207
89 comparable to removal of (SO_3) group were in consistence with those reported for
90 methyl ferulate -3-*O*-sulphate [9]. Isoferulic acid 3-*O*-sulphate was identified with
91 $[M-H]^-$ at m/z 273 and a base peak signal at m/z 193 standing for the deprotonated
92 phenolic acid [10]. Coniferyl alcohol 4-*O*-sulphat showed $[M-H]^-$ peak at m/z 259
93 and a fragment ion at m/z 179 after the loss of (SO_3) group [11]. The chromatogram
94 further showed a molecular ion peak at m/z 299 along with fragment ion at m/z
95 284 as a result of losing a (CH_3) group assigned for Kaempferide [9]. Gallic acid
96 was identified after showing a peak at m/z 169 and a fragment at m/z 125 as
97 described by [12] [13]. A molecular ion peak at m/z 483 with fragment ion at m/z
98 313 due to loss of galloyl moiety proved the existence of nilocitin [14]. Kaempferol
99 7,4' dimethyl ether 3- *O*-sulphate was identified by a peak at m/z 393 and a
100 fragment ion at m/z 313 indicating desulphonation [15]. A peak of the deprotonated
101 ion at m/z 315 accompanied by a fragment ion at m/z 300 due to demethylation
102 were similar to those reported for tamarixetin [16] [9] [17]. Kaempferol showed a
103 molecular ion peak at m/z 285 [18] [15]. Another peak at m/z 193 corresponding to

104 deprotonated isoferulic acid showing a base peak at m/z 178 after the loss of a
105 methyl group was detected [19] [17]. Quercetin was identified by a molecular ion
106 peak at m/z 301 [18] [15]. Furthermore, a peak of $[M-H]^-$ m/z 197 representing
107 methyl gallate 4-methyl ether showing fragments at m/z 182 and 167 indicating
108 successive demethylation [18] [15]. Another peak appeared at m/z 461 referring to
109 Kaempferol 3-*O*- β -glucuronide with a daughter ion fragment at m/z 285 that
110 belongs to the deprotonated free aglycone [15]. Further examination revealed the
111 presence of 4'-*O*-methyl quercetin 3-*O*- β -hexoside at $[M-H]^-$ m/z 477 and a base
112 peak at m/z 315 due to cleavage of the *O*-glycosidic bond release of the free
113 aglycone and loss of the sugar moiety and another fragment at m/z 300
114 representing demethylation [16]. Kaempferol 4'-methyl ether 3-*O*-Sulphate was
115 characterized by a molecular ion peak at m/z 379, the removal of (SO_3) moiety was
116 responsible for the base peak at m/z 299 [11]. Finally, tamarixetin 3-*O*-sulphate was
117 identified at m/z 395 and a base peak at m/z 315 standing for the loss of (SO_3)
118 group [11] [17]. *n*-feruloyltyramine was only detected through inspection of the
119 positive ion mode showing a major peak of $[M+H]^+$ at m/z 314 and a fragment at
120 m/z 177 that represents the loss of ferulic aldehyde [20] [21].
121 Quantitative difference in polyphenols profile of ETN and STN was proved,
122 whereas kaempferol 4'-methyl ether 3-*O*-sulphate, methyl ferulate-3-*O*-sulphate,

123 isoferulic acid-3-*O*-sulphate and tamarixetin 3-sulphate were the major
124 polyphenols of STN extract.

125 2.2. Total phenolic content

126 The total phenolic contents of ETN and STN were determined through a
127 calibration curve using gallic acid as a standard. Results (Table 3) are presented in
128 equivalent milligrams of gallic acid per 1.0 g of dried extract and they revealed that
129 STN possesses a relatively higher total phenolic content (111.8 mg GA/g extract)
130 compared to ETN (95.1 mg GA/g extract).

131 2.3. Oxygen radical absorbance capacity (ORAC assay)

132 The antioxidant activities of ETN and STN were tested by the ORAC assay using
133 Trolox as a positive control. Both extracts exhibited a pronounced antioxidant
134 activity with ED₅₀ values of 6.38 and 9.32 µg/mL, respectively, which are
135 significantly lower than that of the reference standard Trolox (ED₅₀ = 27.0 µg/mL),
136 (Fig.1).

137 2.4. Hepatotoxicity indices

138 The exposure to CCl₄ caused a significant escalation in the levels of serum AST
139 and ALT levels by 3 folds when compared to the control group. Co-administration
140 of silymarin with CCl₄ significantly lowered the AST and ALT levels near to the
141 normal levels. Moreover, the concurrent administration of ETN with CCl₄ caused a
142 dose related decrease in the levels of the AST and ALT by 61% and 60%

143 respectively as compared to the CCl₄ intoxicated group. Similarly, the
144 simultaneous administration of the hydro alcoholic extract of STN with CCl₄
145 caused a dose related lowering in the levels of the AST and ALT by 60% and 58%
146 respectively in comparison with the CCl₄- challenged group. Remarkably, the
147 treatment of the rats with the ETN or STN extract alone caused a significant
148 decline in the AST and ALT concentrations as compared to the control group (Fig.
149 2).

150 2.5. *Histopathological examination with hematoxylin and eosin (H and E) stain*

151 Liver sections taken from the control group stained with H&E displayed normal
152 histological structure of the central vein and surrounding hepatocytes with no
153 histopathological alterations (Fig.3A). Treatment with ETN or STN only didn't
154 exhibit any change in the normal liver architecture (Fig.3F& 3I). Exposure to CCl₄
155 triggered a thickening and fibrosis with fat cells deposition in the hepatic capsule
156 associated with extended fibrosis to the hepatic parenchyma between the
157 degenerated hepatocytes, in addition to the portal area that showed also fibrosis
158 which was extended to the parenchyma between the degenerated hepatocytes with
159 inflammatory cells infiltration and congestion in the portal vein (Fig.3B). The rats
160 concurrently treated with silymarin showed restoration of normal histological
161 structure (Fig.3C). Animals co-treated with ETN (100 mg/kg) presented a mild
162 congestion in the central vein (Fig.3D), while ETN lower dose showed portal vein

163 congestion with inflammatory cells infiltration in the portal area (Fig. 3E). On the
164 other hand, groups co-administered STN (100 mg/kg) showed only focal
165 infiltration with inflammatory cells (Fig.3G), while STN co-treatment (50 mg/kg)
166 revealed diffuse cell infiltration with hepatocellular degeneration (Fig. 3H).

167 2.6. *Oxidative stress parameters*

168 As shown in (Fig. 4A) the CCl₄ intoxication significantly reduced the GSH level
169 by 50% as compared to the control group. Concomitant treatment with silymarin
170 and CCl₄ offered a significant protection against CCl₄ intoxication by significantly
171 increasing the GSH level reaching 230% as compared to the CCl₄ groups.
172 Furthermore, animals treated with the ETN or STN extract along with CCl₄ showed
173 an increase in the level of GSH by 147% and 328% respectively when compared to
174 group exposed to CCl₄ in a dose related manner. Remarkably, the administration of
175 the ETN or STN alone revealed a significant increment in the level of GSH
176 reaching 214% and 185% in comparison to the control group.

177 Lipid peroxidation measured as malondialdehyde (MDA) concentration showed a
178 significant 3-fold increase as a result of CCl₄ administration, as compared to the
179 control group. The administration of silymarin in tandem with CCl₄ exhibited a
180 significant inhibition in the rise of MDA level and kept it within the normal values
181 when compared to the control. Moreover, animals treated with the ETN or STN
182 extract in addition to CCl₄ showed a dose related reduction in the level of MDA by

183 42% and 54% respectively when compared to CCl₄ intoxicated group. On the other
184 hand, there was no significant change in the lipid peroxidation when the animals
185 were administered the ETN or STN extract alone in comparison with the control
186 group (Fig. 4B).

187 Intoxication with CCl₄ brought an evident reduction in the catalase activity by 62%
188 as compared to the control group. Treatment of animals with silymarin
189 concomitantly with CCl₄ triggered significant increased the catalase activity level
190 to reach 248% as compared to the CCl₄-exposed group. Moreover, animals treated
191 by ETN or STN extract along with CCl₄ exhibited a dose related increase in the
192 activity of catalase reaching 200% and 224% respectively when compared to group
193 exposed to CCl₄. Interestingly The administration of the ETN or STN alone
194 revealed a significant raise in the catalase activity by 88% and 81% after
195 comparison with the control group (Fig. 4C).

196 2.7. *Liver fibrosis markers*

197 Liver fibrosis was assessed biochemically by determining collagen accumulation
198 indices in terms of its main component, hydroxyproline. Measurement of
199 hydroxyproline assured the histological observation of enhanced liver fibrosis by
200 CCl₄. As the liver hydroxyproline content in the CCl₄ challenged group was 513 %
201 as compared to the control group. The animal treatment with silymarin together
202 with CCl₄ significantly lowered the hydroxyproline content in liver by 73% with

203 respect to the CCl₄ exposed group. Moreover, animals treated with the ETN or
204 STN extract in addition to CCl₄ showed a dose related significant reduction in the
205 level of liver hydroxyproline by 64% and 71% respectively when compared to
206 CCl₄ intoxicated group. On the other hand, there was no significant alteration in the
207 hydroxyproline liver content when the animals were administered the ETN or STN
208 extract alone in comparison with the control group (Fig.5).

209 The immunohistochemical examination of α -SMA expression revealed minimal
210 staining in the blood vessels of the control group (Fig.6A). A marked expression
211 was observed periportally and perisinusoidally in the CCl₄ exposed group as shown
212 by the intense brown staining and optical density (O.D) of 127% with respect to
213 the control group (Fig.6B). Animals co-treated with silymarin, ETN or STN extract
214 markedly attenuated this elevated expression (Fig.6C-E) which was assured by
215 lowering the O.D to 83%, 80% and 77% as compared to the CCl₄ exposed group.

216 2.8. *Inflammatory markers*

217 The measurement of the TNF- α and COX-2 content was carried out using ELISA
218 technique. Exposure to CCl₄ caused a significant rise in the TNF- α value by 133%
219 with respect to the control group. The concurrent treatment with silymarin, ETN or
220 STN suppressed the rise in the TNF- α by 53%, 42.5% and 42% respectively, in
221 comparison with the CCl₄ challenged group (Fig. 7A).

222 The COX-2 levels showed a similar pattern to that of TNF- α by a 3-fold increase
223 in the COX-2 concentration upon exposure to CCl₄. The effect of the intoxication
224 was ameliorated by co-administration of silymarin, ETN or STN that reduced the
225 COX-2 level to 41%, 43% and 35% respectively, as compared to the group
226 intoxicated with CCl₄ (Fig. 7B).

227 NF- κ B was assessed immunohistochemically by detecting the activated subunit
228 p65 in liver tissues. Control rats showed a minimal immunostaining for NF- κ B
229 (Fig. 8A). CCl₄ brought an increase in the p65 content in the liver tissues, which
230 was manifested by the intense brown staining that was proven by the significant
231 increase in OD by 33% (Fig. 8B). However, silymarin significantly lowered the
232 expression of NF- κ B as well as the OD by 19% with respect to the CCl₄-
233 challenged group. In addition, Co-treatment of rats with ETN or STN significantly
234 reduced the expression of NF- κ B, which was assured by the reduction in the OD
235 by 12% and 16% respectively, when compared to CCl₄-intoxicated group (Fig. 8D
236 & 8E).

237 Discussion

238 The aim of current study was to explore the metabolites profile of *T.nilotica*
239 soluble alcohol fraction of aqueous extract (ETN and STN), assess *in-vivo*
240 antifibrotic activity and the possible underlying mechanism. HPLC/HRESI/MS/MS
241 profiling of ETN and STN highlighted the presence of various polyphenol
242 derivatives, which played an important role in the antioxidant and antifibrotic
243 activities. Interestingly, sulphated polyphenols represented the main components of
244 STN in comparison to ETN. This finding is due to the fact that, same species
245 growing in different geographical locations is subjected to variations due to their
246 occurrence in contrasting ecological and environmental conditions [22]. Despite
247 the reality that ETN and STN exhibited potential antifibrotic activity; the results
248 displayed a significant GSH elevation in animal groups treated with STN when
249 compared to that treated with ETN or even the control rats. This could be referred
250 to the high content of sulphated polyphenols present in STN, which assure the fact
251 reported earlier that the intake of sulphated polyphenols significantly influence
252 GSH synthesis [23]

253 Polyphenols are well-known for their antioxidant and anti-inflammatory
254 properties on both *in-vitro* and *in-vivo* experimental models [24]. Accumulating
255 evidence shows that inflammation - in addition to increased oxidative stress - plays
256 an important role in the development of different liver diseases including fibrosis

257 [25]. According to the current and former study results, *T. nilotica* is reported as a
258 rich source of various polyphenol compounds [26]. In the present study, the ORAC
259 assay results stand in line with the calculated total phenolic content, showing that
260 the radicale scavenging capacity of ETN and STN fractions could be a result of the
261 high phenolic content of both extracts.

262 Concerning the antifibrotic activity, ETN and STN were investigated against
263 CCl₄-induced fibrosis in rats. In this regard, CCl₄ is considered as one of the most
264 regularly used hepatotoxins in the experimentally-induced liver diseases in animals
265 [27]. Its hepatotoxic effect is initiated by cytochrome P450 2E1 that converts CCl₄
266 to the highly reactive trichloromethyl radical (CCl₃•) which is afterward
267 transformed into more destructive trichloromethyl peroxy radical (CCl₃OO•) in the
268 presence of oxygen [28]. The generated free radicals cause injury of hepatocellular
269 membrane via depleted GSH content, increased lipid peroxidation, and release of
270 inflammatory mediators from activated inflammatory cells that in turn potentiate
271 CCl₄-induced hepatic injury [29].

272 In the present study, CCl₄ caused a significant elevation in serum ALT and
273 AST, indicating hepatocellular inflammation and necrosis [30]. Co- treatment of
274 animals with ETN or STN significantly alleviated such progressive hepatic
275 changes. Silymarin was used as a standard antifibrotic agent due to its well-known
276 hepatoprotective ability [31]. These effects were further proven by

277 histopathological examination of the CCl₄ animals co-treated with the extract or
278 silymarin, which presented minimal hepatic tissues disfiguring as compared to the
279 CCl₄-exposed rats.

280 Lipid peroxidation (measured as MDA) is recognized as one of the principal
281 steps of CCl₄-induced liver injury, as a result, the antioxidant activity is a very
282 important property in a hepatoprotective agents. In fact, MDA has been used for a
283 long time as a biomarker of oxidative stress [32,33]. The increase of MDA reflects
284 enhanced lipid peroxidation and tissue injury. Catalase (a tetrameric heme protein),
285 is one of the major intracellular antioxidant enzymes. Its function is to protect cells
286 from the accumulation of H₂O₂ by catalyzing its decomposition into water and
287 oxygen [34]. The reduced catalase (CAT) activity is a proof for compromised
288 enzymatic protection against tissue damage caused by elevated oxidative stress. In
289 contrast, GSH represents the non-enzymatic part of the host antioxidant defense
290 mechanism. It can effectively scavenge free radicals, while being oxidized by
291 glutathione peroxidase into glutathione disulfide which can be reduced back to
292 GSH by glutathione reductase with the consumption of NADPH [35]. GSH can
293 also react with various electrophiles, physiological metabolites and xenobiotics to
294 form mercapturates, which are catalyzed by other antioxidant enzymes.

295 In this study, there was a marked increase in MDA with concomitant
296 decrease in GSH and CAT activity after chronic CCl₄ challenge. However, ETN

297 and STN extracts and standard silymarin kept the MDA levels close to or within
298 the normal values. In another context, ETN, STN and silymarin triggered a
299 significant increase in the CAT activity making it closer to the normal values. As
300 for the GSH content, the silymarin and ETN prevented its consumption, while STN
301 significantly raised the GSH level even above control which could count for the
302 STN efficient antioxidant activity. The observed results are in agreement with
303 earlier studies that showed that several antioxidants possess potential protective
304 effects against CCl₄ induced liver fibrosis [36,37] .

305 Interestingly, NF- κ B is a transcriptional regulator of genes involved in
306 immunity, inflammatory response, cell fate, and function [38]. Kupffer cells
307 display powerful NF- κ B activation in response to liver injury by CCl₄ and the
308 oxidative damage. This results in production and secretion of proinflammatory
309 cytokines such as TNF- α which is strongly implicated as a fibrosis promoter [39].
310 Accordingly, the persistent elevation in the levels of NF- κ B promote the secretion
311 of inflammatory and chemotactic factors in hepatocytes and thereby worsen
312 hepatic inflammation and fibrosis [40] . In this context, several studies showed that
313 downregulation of NF- κ B expression and subsequent inflammatory cascade is
314 capable of alleviating CCl₄ induced hepatic fibrogenesis [41,42]. Of the various
315 kinds of inflammatory mediators; TNF- α plays an important role in the
316 pathogenesis of liver fibrosis through activation of Kupffer cells. TNF- α stimulates

317 the release of cytokines from the macrophages and induces phagocyte oxidative
318 metabolism [43]. Thus, a vicious cycle is established in the hepatocytes: TNF- α
319 promotes NF κ B activation, and NF- κ B leads to enhanced production of additional
320 TNF- α . This cycle eventually alters the structure of the hepatocytes, and impairs
321 their function, consequently, prolonged activation of NF- κ B leads to perpetuated
322 inflammatory responses [44]. Moreover, the upregulation of COX-2 has been
323 demonstrated in human liver cirrhosis as a result of active inflammation. [45,46].
324 In the current study, the administration of silymarin, ETN and STN concomitantly
325 with CCl₄ significantly reduced the expression of NF- κ B and hence inhibited the
326 downstream inflammatory cascade as evidenced by the significant inhibition of the
327 augmented hepatic levels of TNF- α and COX-2 demonstrating the satisfactory
328 anti-inflammatory properties of the extracts

329 Hydroxyproline is one of the sensitive markers that significantly rises during
330 fibrosis reflecting the increase in the synthesis of collagen [47]. In addition to
331 collagen, expression of the microfilament protein “ α -SMA” has been explored as a
332 marker for activation hepatic stellate cells and hence hepatic fibrosis [48]. In this
333 study, there was a significant increase in the hydroxyproline content associated
334 with α -SMA overexpression due to CCl₄ exposure. Co-administration of ETN,
335 STN or silymarin offered a decrease in the hydroxyproline level along with

336 reduction in the α -SMA expression. It is important to note that all of the effects
337 caused by the co-treatment with ETN or STN were dose dependent.

338 From the available results, it could be concluded that the ETN and STN
339 presents a significant *in-vivo* dose related antifibrotic activities, which in turn may
340 be due to the polyphenols content. The underlying mechanism could be – at least
341 partly - due to restraining of the oxidative stress through GSH replenishment along
342 with inhibiting the inflammatory response. These findings stands in line with
343 previous reports that confirms the antifibrotic activity of quercetin [49] [50],
344 kaempferol [51], gallic acid [52] or falvonoids [53]. In addition to the earlier report
345 which refer the *in-vivo* hepatoprotective properties of *T. nilotica* flowers to its
346 phenolic constituents [8].

347 **3. Materials and methods**

348 *3.1. Materials*

349 The aerial parts of *T. nilotica* were collected from the campus of German
350 university, Cairo, Egypt and from Al-Taif Mountain, Saudi Arabia, March, 2015.

351 Both plants were collected at the flowering stage. The authenticity of the species
352 was confirmed by Dr. Mohamed El Gebaly (Professor of Taxonomy at the
353 National Research Center, Egypt). A voucher specimen was deposited at the
354 herbarium of department of pharmacognosy, faculty of pharmacy, Ain Shams
355 University, Egypt. Sample was kept under voucher number PHG-P-TN194.

356 Ellman's reagent [5,5-dithio-bis(2-nitrobenzoic acid); DTNB], reduced glutathione
357 (GSH), bovine serum albumin, chloramine-T, *p*-dimethylaminobenzaldehyde
358 (PDMA), hydroxyproline, and thiobarbituric acid (TBA) were purchased from
359 Sigma-Aldrich Chemical Co. (St Louis, MO, USA). Carbon tetrachloride (CCl₄),
360 *n*-butanol, dipotassium hydrogen phosphate (K₂HPO₄), potassium dihydrogen
361 phosphate (KH₂PO₄) and trichloroacetic acid (TCA) were obtained from Al-
362 Gomhoryyah Chemical Co (Egypt).

363 3.2. *Animals*

364 Animal experiments were conducted in accordance with the ethical guidelines (Ain
365 Shams University, Egypt). Male albino rats (100–150 g) were obtained from Nile
366 Co. for Pharmaceutical and Chemical industries, Egypt. Rats were housed in an
367 air-conditioned atmosphere, at a temperature of 25 °C with alternatively 12 hour
368 light and dark cycles. Animals were acclimatized for 2 weeks before performing
369 the study. They were kept on a standard diet and water *ad libitum*. Standard diet
370 pellets (El Nasr, Egypt) contained not less than 20% protein, 5% fiber, 3.5% fat,
371 6.5% ash and a vitamin mixture.

372

373 3.3. *Plant extraction*

374 *Tamarix nilotica* aerial parts (750 g) from Egypt and Saudi Arabia were
375 exhaustively extracted with distilled water at 25°C with stirring (2 Lx3),
376 individually. Each extract was dried at 40 °C under vacuum followed by alcohol
377 extraction. The alcohol soluble fractions of aqueous extracts were dried under
378 vacuum to yield 40.36 g and 44.71 g, respectively. The alcohol soluble fraction of
379 aqueous extract of Saudi *T.nilotica* (STN) and Egyptian *T.nilotica* (ETN) were
380 subjected to further analysis by HPLC/HRESI/MS/MS.

381 3.4. Phenolic content

382 The total phenolic content of the extract was assessed through Folin–Ciocalteu
383 method [54]. A volume of 200 μ L of crude extract (1 mg/mL) were diluted with
384 distilled water to 3 mL then mixed thoroughly with 0.5 mL of Folin–Ciocalteu
385 reagent for 3 min, followed by the addition of 2 mL of 20% (w/v) anhydrous
386 sodium carbonate. The mixture was allowed to stand for 60 min in the dark, and
387 absorbance was measured at 765 nm. The calculation of the total phenolic content
388 was done using gallic acid as a standard via calibration curve with a straight line
389 equation ($y = 0.0012x + 0.5958$) and regression correlation ($R^2 = 0.9994$). Results
390 (Table 3) are presented in equivalent milligrams of gallic acid per 1.0 g of dried
391 extract. All assays were carried out in triplicates.[55]

392

393 3.5. LC–HRESI–MS–MS analysis

394 The chromatographic analysis was performed on an HPLC Agilent 1200 series
395 instrument, the column was Gemini 3 μ m C18 110 Å from Phenomenex with
396 dimensions 100 x 1 mm i.d. , protected with RP C18 100 Å guard column with
397 dimensions (5 mm x 300 μ m i.d., 5 μ m). The mobile phase components were 2%
398 acetic acid (A) and 90% MeOH, 2% acetic acid (B) at a flow rate of 50 μ L/min.
399 The mobile phase gradient was: 0-60 min, 5% B; 60-70 min, 50% B; 70-80 min,
400 90% B; 80-90 min, 5% B. The samples were dissolved in 5% MeOH and 2% acetic

401 acid with a concentration of 1 mg/mL then filtered using a syringe filter with a
402 pore size 0.2 μm . The sample injection volume was 10 μL . A Fourier transform ion
403 cyclotron resonance (FTICR) mass analyzer was used equipped with an
404 electrospray ionization (ESI) system and controlled by X-calibur[®] software.
405 Detection was performed in the negative and positive ion modes applying a
406 capillary voltage of 36 V and a temperature of 275 $^{\circ}\text{C}$. The API source voltage was
407 adjusted to 5 kV, and the desolvation temperature to 275 $^{\circ}\text{C}$. Nitrogen was used as
408 a nebulizing gas with a flow adjusted to 15 L/min. The analytical run time was 89
409 min and the full mass scan covered the mass range from 150 to 2000m/z with
410 resolution of 100000 [55]. Quantitation by LC-MS-MS; the absolute area and area
411 percent of each peak was calculated by Xcalibur[®] software with ICIS peak
412 algorithm then exported to Microsoft Excel[®] software for preparation of graphs
413 and more analysis of data.

414

415 3.6. *Oxygen radical absorbance capacity (ORAC assay)*

416 Experiments were performed as previously described in black 96-well plates [56].
417 In each well of a 96-well plate, 150 μL fluorescein (final concentration: 2.5 nM),
418 25 μL Trolox (final concentrations: 0.78–25 μM) or 25 μL tested samples were
419 pipetted in quadruplicate. Plate was allowed to equilibrate at 37 $^{\circ}\text{C}$ for 30 min.
420 After this time, fluorescence measurements (Ex. 485 nm, Em. 520 nm) were taken

421 every 90 s; first to determine the background signal. After three cycles 25 μ L
422 AAPH (final concentration: 60 mM) were added manually in each well with a
423 multi-channel-pipette. Measurements were taken as quickly as possible since the
424 ROS generator displays immediate activity after addition. Fluorescence
425 measurements were continued for 90 min. Half-life time of fluorescein was
426 determined using MS Excel software.

427

428 3.7. *In-vivo Experimental design*

429 Animals were classified randomly into nine groups (Ten animals per group) and
430 treated for six weeks as follows; Group 1: Rats were given corn oil three times per
431 week and considered as control animals. Group 2: Rats were given CCl₄ (1mL/kg,
432 1:1 mixture with corn oil, i.p.), twice weekly to induce liver fibrosis [57]. Group 3:
433 Rats were given CCl₄ (1mL/kg, 1:1 mixture with corn oil, i.p.) twice weekly and
434 silymarin oral suspension (100 mg/kg, suspended in distilled water), three times
435 per week at alternating days with CCl₄ and considered as a positive control. Group
436 4: Rats were given CCl₄ (1mL/kg, 1:1 mixture with corn oil, i.p.) twice weekly and
437 ETN extract (100 mg/kg, orally, dissolved in distilled water) , three times per week
438 at alternating days with CCl₄. Group 5: Rats were given CCl₄ (1mL/kg, 1:1 mixture
439 with corn oil, i.p.) twice weekly and ETN extract (50 mg/kg, orally, dissolved in
440 distilled water), three times per week at alternating days with CCl₄. Group 6: Rats

441 were given ETN extract alone (100 mg/kg, orally, dissolved in distilled water)
442 three times per week. Group 7: Rats were given CCl₄ (1mL/kg, 1:1 mixture with
443 corn oil, i.p.) twice weekly and STN extract (100 mg/kg, orally, dissolved in
444 distilled water), three times per week at alternating days with CCl₄. Group 8: Rats
445 were given CCl₄ (1mL/kg, 1:1 mixture with corn oil, i.p.) twice weekly and STN
446 extract (50 mg/kg, orally, dissolved in distilled water), three times per week at
447 alternating days with CCl₄. Group 9: Rats were given STN alone (100 mg/kg,
448 orally, dissolved in distilled water) three times per week.

449 At the end of the sixth week, the rats were anaesthetized and blood samples were
450 collected from the retro-orbital plexus and allowed to clot. Serum was separated by
451 centrifugation at 1000 rpm for 10 min and used for the assessment of liver
452 functions. Then, rats were sacrificed and liver tissues were dissected, weighed and
453 washed with ice-cold saline. Then livers were then homogenized in ice-cold saline
454 using a homogenizer to obtain 20 % homogenate. Aliquots of the liver homogenate
455 were stored at - 80 °C prior to biochemical analysis. In addition, specimens from
456 the three major lobes of each liver were fixed in 10% formalin saline for
457 histopathological and immunohistochemical investigations.

458 3.8. *Assessment of hepatotoxicity indices*

459 Serum aspartate aminotransferase (AST) and alanine aminotransferase (ALT) were
460 determined according to the procedure previously reported [57].

461 3.9. *Assessment of oxidative stress markers*

462 For evaluating GSH reserves, 0.5 mL of the homogenate was added to a tube with
463 0.5 ml of 10% TCA. For 15 min, the tubes were shaken moderately and
464 intermittently, then a centrifugation at 3000 rpm for 10 min was done. An aliquot
465 of the formed supernatant (0.2 mL) was added to a tube containing 0.1 mL
466 Ellman's reagent and 1.7 mL phosphate buffer, then the absorbance was read at 412
467 nm within 5 min [58]. The results were expressed as mmol of GSH/mg protein.
468 Lipid peroxidation was measured by calculating the level of thiobarbituric acid
469 reactive substances (TBARS) measured as malondialdehyde (MDA), as per the
470 method of [59]. The reaction was prepared by addition of 0.5 mL of the
471 homogenate to 1.0 mL 0.6% TBA and 2.5 mL of 20% TCA, and then the mixture
472 was heated in a boiling water bath for 20 min followed by cooling and addition of
473 4 mL *n*-butanol along with shaking. Separation of the alcohol layer was done by 10
474 min centrifugation at 2000 rpm for and absorbance was measured at 535 nm. The
475 results were expressed as nmole of MDA/mg protein using 1,1,3,3-
476 tetraethoxypropane used as standard. In addition, CAT activity was assessed using
477 commercially available biochemical kit (Biodiagnostics, Egypt)

478 3.10. *Assessment of liver fibrosis*

479 Liver fibrosis was evaluated using 2 different markers; hydroxyproline and α -
480 SMA. The first one was determined according to previously described method

481 [60]. The procedure utilized a volume of 0.5 ml of 20% liver homogenate which
482 was kept in 1 mL of 6 M HCl for 8 h at 120 °C. A portion of the digested
483 homogenate (25 µL) is added to 25 µL citrate-acetate buffer then 500 µL of
484 chloramine T solution was added and finally the mixture is kept for 20 min at room
485 temperature. Then, 500 µL Ehrlich's solution was added and the mixture is
486 incubated at 65 °C for 15 min. After cooling for 10 min, the color developed was
487 spectrophotometrically measured at 550 nm. The results were presented as µg/g of
488 wet tissue. In addition, α -SMA expression in formalin-fixed paraffin-embedded rat
489 liver was assessed immunohistochemically using monoclonal antibody (MA1-744,
490 ThermoFisher, UK).

491

492 3.11. Assessment of inflammatory markers

493 The TNF- α and COX-2 levels in liver homogenate was performed using
494 commercial ELISA kit Sigma Aldrich Chemical Co. (St Louis, MO, USA)
495 according to the manufacturer's instructions. The quantities of TNF- α and COX-2
496 were expressed as ng/mg protein. The Protein was calculated using bovine serum
497 albumin as standard [61]. Furthermore, NF- κ Bp65 subunit expression was assessed
498 immunohistochemically in formalin-fixed paraffin-embedded rat liver using
499 polyclonal antibody (PA5-16545, ThermoFisher, UK).

500 *3.12. Statistical analysis*

501 Data are presented as mean \pm SEM, multiple group comparisons were carried out
502 using one-way analysis of variance (ANOVA) followed by the Tukey-Kramer test
503 for post-hoc analysis. Probability values of $P < 0.05$ were considered statistically
504 significant. All statistical analyses were performed using GraphPad InStat
505 software, version 3.05 (GraphPad Software, Inc. La Jolla, CA, USA). Graphs were
506 sketched using GraphPad Prism software, version 5.00 (GraphPad Software, Inc.
507 La Jolla, CA, USA).

508

509 *Conflict of Interest:* None to declare.

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- 657

658 **Table 1.** Characterization of metabolites from ETN by HPLC-MS/MS in negative ion mode

#	Rt (Min)	[M-H] ⁻	Error (ppm)	MS/MS fragment	Formula	Identity	References
1	3.9	169.0220	-2.9	125.1086	C ₇ H ₆ O ₅	Gallic acid	[12] [13]
2	4.12	301.0421	1.6	273.0435, 179.0096, 150.9980	C ₁₅ H ₁₀ O ₇	Quercetin	[18] [15]
3	6.59	483.0859	-1.2	331.1573, 313.1711, 169.1114	C ₂₀ H ₂₀ O ₁₄	di-Galloyl-glucose (Nilocitin)	[14]
4	14.72	285.0469	2.8	239.0530, 143.1847	C ₁₅ H ₁₀ O ₆	Kaempferol	[18] [15]
5	28.09	197.0531	-1.5	183.2035, 182.1017, 168.1108, 167.1539	C ₉ H ₁₀ O ₅	Methyl gallate-methyl ether	[14]
6	30.61	259.0356	-0.8	229.0872, 179.0628,	C ₁₀ H ₁₂ O ₆ S	Coniferyl alcohol-sulphate	[11]
7	36.82	193.0574	2.6	178.1750, 149.1777, 134.0983	C ₁₀ H ₁₀ O ₄	Ferulic acid isomer	[19] [17]
8	42.4	477.1101	2.1	315.0990, 300.1015	C ₂₂ H ₂₂ O ₁₂	Methyl-quercetin-hexoside (Tamarixetin-3- <i>O</i> -hexoside)	[16]
9	43.93	273.0145	0.7	229.0810, 193.1538, 178.0940	C ₁₀ H ₁₀ O ₇ S	Ferulic acid-sulphate derivative	[10]
10	53.62	314.1315	-0.32	177.0162, 164.1282, 145.1110	C ₁₈ H ₁₉ NO ₄	<i>n</i> -Feruloyltyramine*	[20] [21]
11	57.08	287.0299	1.4	272.1937, 207.1997, 192.1747	C ₁₁ H ₁₂ O ₇ S	Methyl ferulate-sulphate	[9]
12	58.3	461.0806	-1.7	285.1083, 257.3536	C ₂₁ H ₁₈ O ₁₂	Kaempferol-glucuronide	[15]
13	67.53	315.0587	-1.3	300.1302, 193.1954	C ₁₆ H ₁₂ O ₇	Methyl-quercetin (Tamarixetin)	[16] [9] [17]
14	71.19	299.0624	3	284.1601, 271.2777	C ₁₆ H ₁₂ O ₆	Methyl-kaempferol (Kaempferide)	[9]
15	74.7	395.0154	-0.8	315.1095, 300.2426, 217.0871	C ₁₆ H ₁₂ O ₁₀ S	Methyl-quercetin-sulphate (Tamarixetin-3- <i>O</i> -sulphate)	[11] [17]
16	75.12	379.0195	1.8	299.1220, 284.2777	C ₁₆ H ₁₂ O ₉ S	Kaempferol-methyl ether -sulphate	[11]
17	75.89	393.0366	-2	313.1219, 298.0152, 283.8303	C ₁₇ H ₁₄ O ₉ S	Kaempferol-dimethyl ether -sulphate	[15]

659

660 * detected only through inspection of the positive ion mode. ETN is the alcohol soluble fraction of aqueous extract
 661 of *T.nilotica* from Egypt

662

663 **Table 2.** Characterization of metabolites from STN by HPLC-MS/MS in negative ion mode

#	Rt (Min)	[M-H] ⁻	Error (ppm)	MS/MS fragment	Formula	Identity	References
1	4.81	169.0213	1.18	125.1079	C ₇ H ₆ O ₅	Gallic acid	[12] [13]
2	5.26	301.0425	0.33	273.0441, 179.0084, 150.9916	C ₁₅ H ₁₀ O ₇	Quercetin	[18] [15]
3	6.47	483.0851	0.41	331.1561, 313.1709, 169.1116	C ₂₀ H ₂₀ O ₁₄	di-Galloyl-glucose (Nilocitin)	[14]
4	10.57	285.0483	-2.10	239.0536, 143.1841	C ₁₅ H ₁₀ O ₆	Kaempferol	[18] [15]
5	23.52	197.0533	-2.52	183.2027, 182.1022, 168.1119, 167.1531	C ₉ H ₁₀ O ₅	Methyl gallate--methyl ether	[14]
6	25.62	259.0351	1.15	229.0876, 179.0632	C ₁₀ H ₁₂ O ₆ S	Coniferyl alcohol-sulphate	[11]
7	37.82	273.0151	-1.46	229.0806, 193.1527, 178.0947	C ₁₀ H ₁₀ O ₇ S	ferulic acid-sulphate derivative	[10]
8	53.72	314.1319	-1.60	177.0161, 164.12874, 145.1103	C ₁₈ H ₁₉ NO ₄	<i>n</i> -Feruloyltyramine*	[20] [21]
9	56.93	287.0301	0.69	272.1925, 207.2002, 192.1733	C ₁₁ H ₁₂ O ₇ S	Methyl ferulate-sulphate	[9]
10	57.16	461.0795	0.65	285.1096, 257.3548	C ₂₁ H ₁₈ O ₁₂	Kaempferol-glucruonide	[15]
11	68.48	315.0589	-1.90	300.1311, 193.1967	C ₁₆ H ₁₂ O ₇	Methyl-quercetin (Tamarixetin)	[16] [9] [17]
12	71.17	299.0629	1.33	284.1607, 271.2769	C ₁₆ H ₁₂ O ₆	Methyl-kaempferol (Kaempferide)	[9]
13	72.56	395.0159	-2.02	315.1085, 300.2417, 217.0865	C ₁₆ H ₁₂ O ₁₀ S	Methyl-quercetin-sulphate (Tamarixetin-sulphate)	[11] [17]
14	74.06	379.0191	2.89	299.1221, 284.2782	C ₁₆ H ₁₂ O ₉ S	Kaempferol-methyl ether-sulphate	[11]
15	75.60	393.0368	-2.54	313.1212, 298.0147, 283.8312	C ₁₇ H ₁₄ O ₉ S	Kaempferol-dimethyl ether-sulphate	[15]

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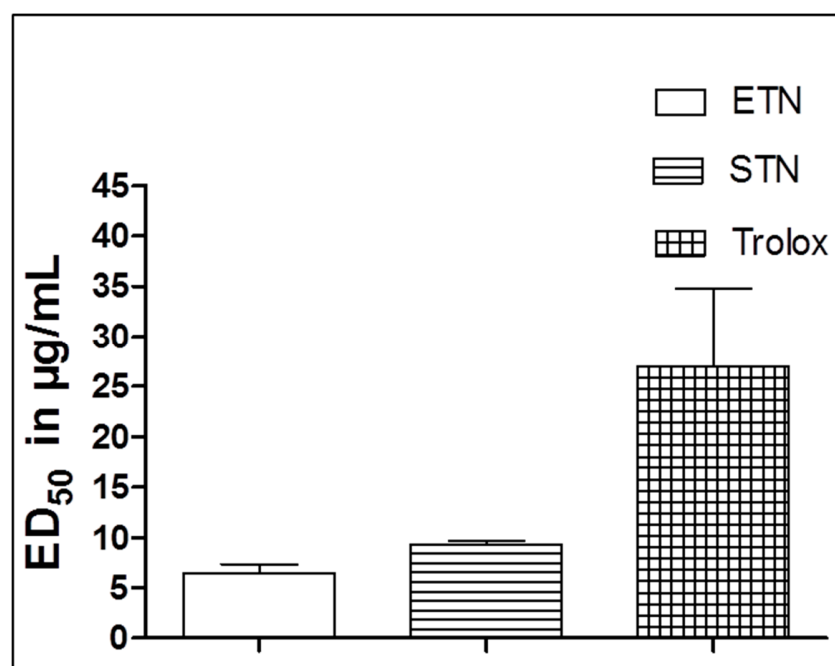
665 * detected only through inspection of the positive ion mode. STN is the alcohol soluble fraction of aqueous extract
 666 of *T.nilotica* from Saudi Arabia

667 **Table 3.** Total phenolic content of ETN and STN

	Total phenolic content (mg GA/ gm dry extract)
ETN	95.1
STN	111.8

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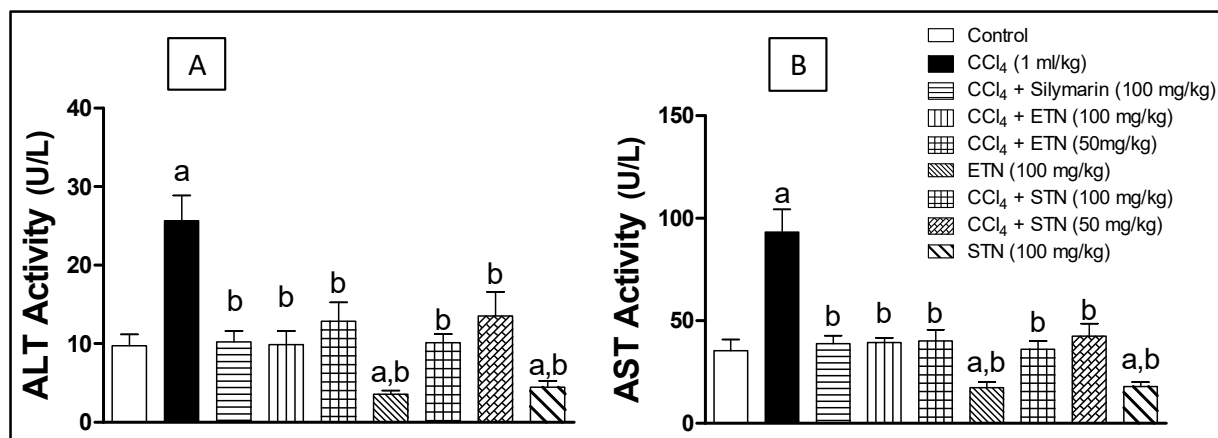
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Fig.1.: Radicle scavenging activity of ETN and STN.
Results are given as mean values \pm SD of n=3

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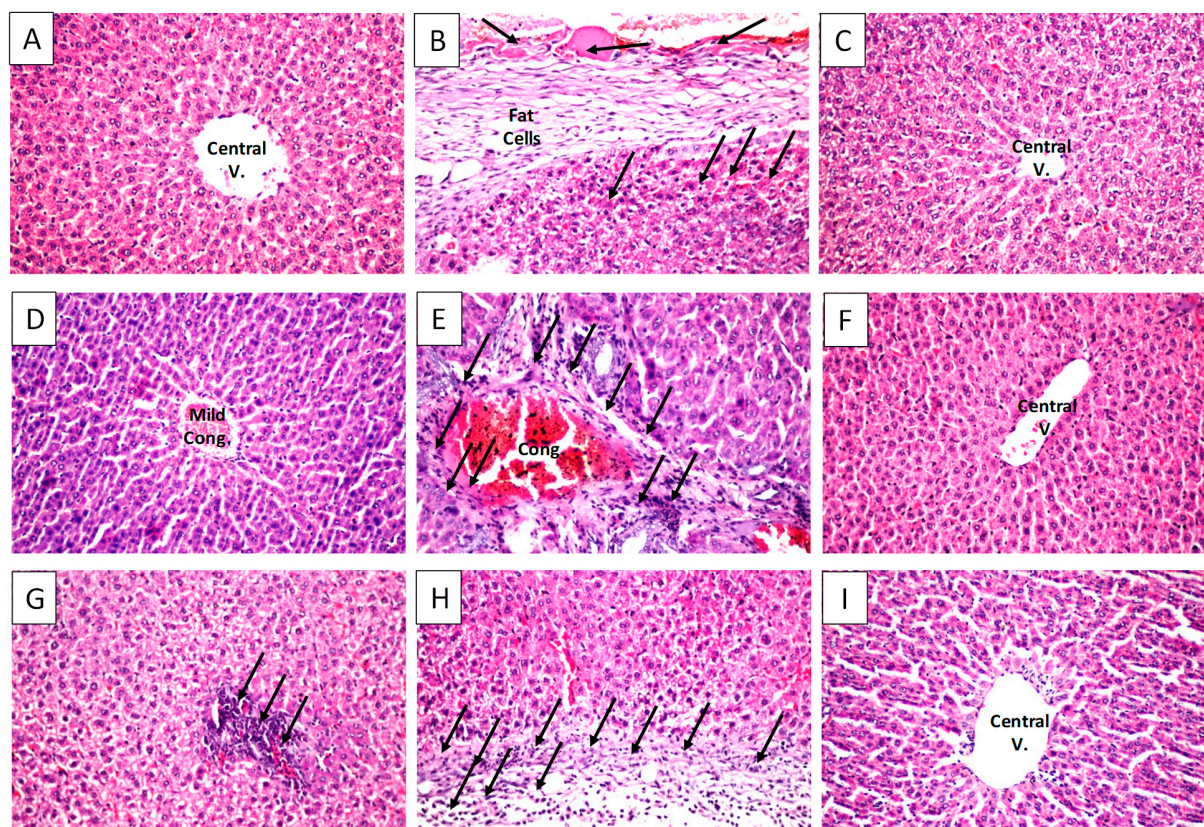


677

678 **Fig. 2.** Effect of ETN and STN on ALT (Panel A) and AST (Panel B) serum activities in rats
 679 subjected to chronic CCl₄ intoxication.

680 * Data are the mean \pm SD (n=10).

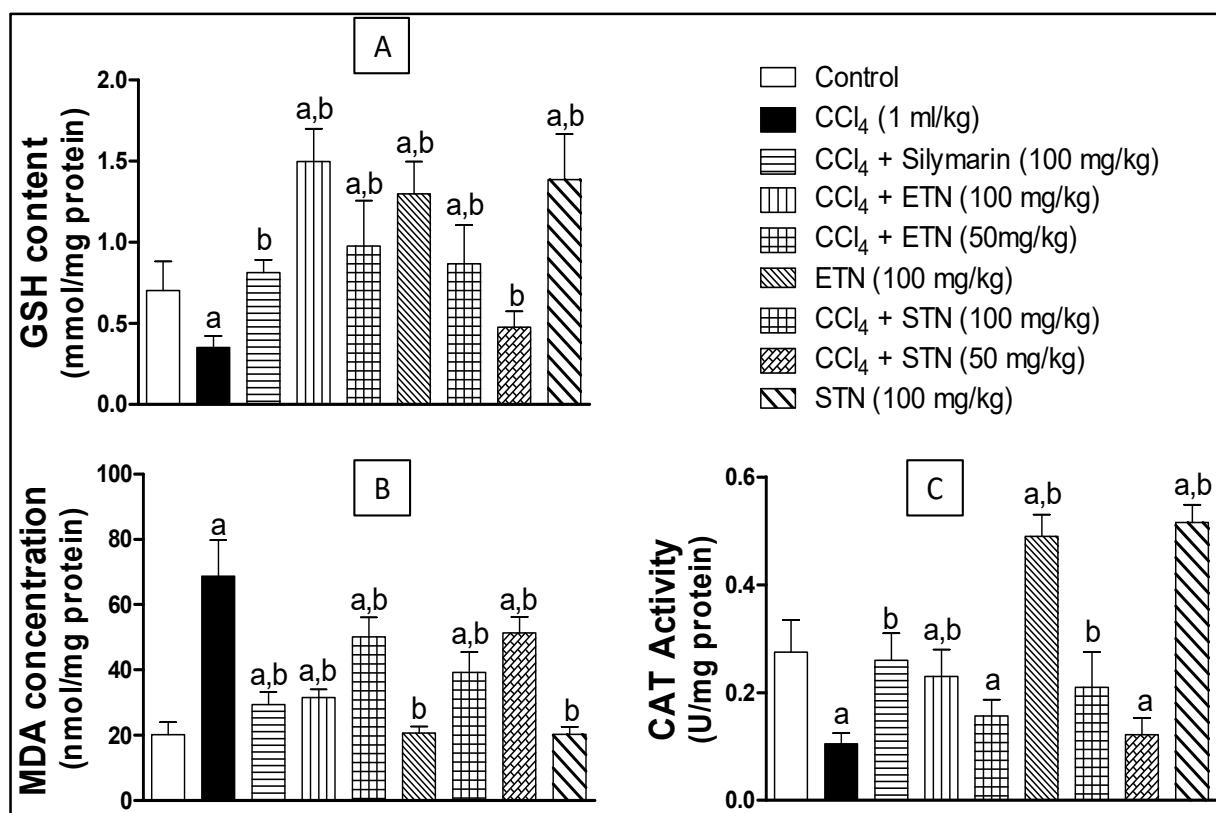
681 a or b: Significantly different from control or CCl₄ group respectively at $p < 0.05$ using ANOVA
 682 followed by Tukey-Kramer as a post-hoc test.



683

684 **Fig. 3.** Representative photomicrographs of liver sections stained with H and E (100x).

685 **A:** section taken from a control rat liver showing normal central vein and hepatic architecture. **B:**
 686 section taken from rat liver exposed to CCl₄ showing thickening and fibrosis with fat cells
 687 deposition in the hepatic capsule associated with extended fibrosis to the hepatic parenchyma
 688 between the degenerated hepatocytes (arrows). **C:** section taken from rat liver exposed to CCl₄
 689 and treated with silymarin (100 mg/kg) showing restoration of normal histological structure. **D:**
 690 section taken from rat liver exposed to CCl₄ and treated with ETN (100 mg/Kg) showing mild
 691 congestion in the central vein. **E:** section taken from rat liver exposed to CCl₄ and treated with
 692 ETN (50 mg/Kg) showing portal vein congestion with inflammatory cells infiltration in the
 693 portal area. **F:** section taken from rat liver exposed only to ETN (100 mg/Kg) showing no
 694 histopathological alterations. **G:** section taken from rat liver exposed to CCl₄ and treated with
 695 STN (100 mg/Kg) showing focal inflammatory cells infiltration (arrows). **H:** section taken from
 696 rat liver exposed to CCl₄ and treated with STN (50 mg/Kg) showing diffuse inflammatory cells
 697 infiltration (arrows), with hepatocytes degeneration. **I:** section taken from rat liver exposed only
 698 to STN (100 mg/Kg) showing normal liver architecture.



699

700 **Fig. 4.** . Effect of ETN and STN on hepatic GSH content (Panel A), lipid peroxidation as MDA
 701 MDA concentration (Panel B), Catalase enzymatic activity (Panel C) in rats subjected to chronic CCl₄
 702 intoxication.

703 * Data are the mean \pm SD (n=10).

704 a or b: Significantly different from control or CCl₄ group respectively at $p < 0.05$ using ANOVA
 705 followed by Tukey-Kramer as a post-hoc test.

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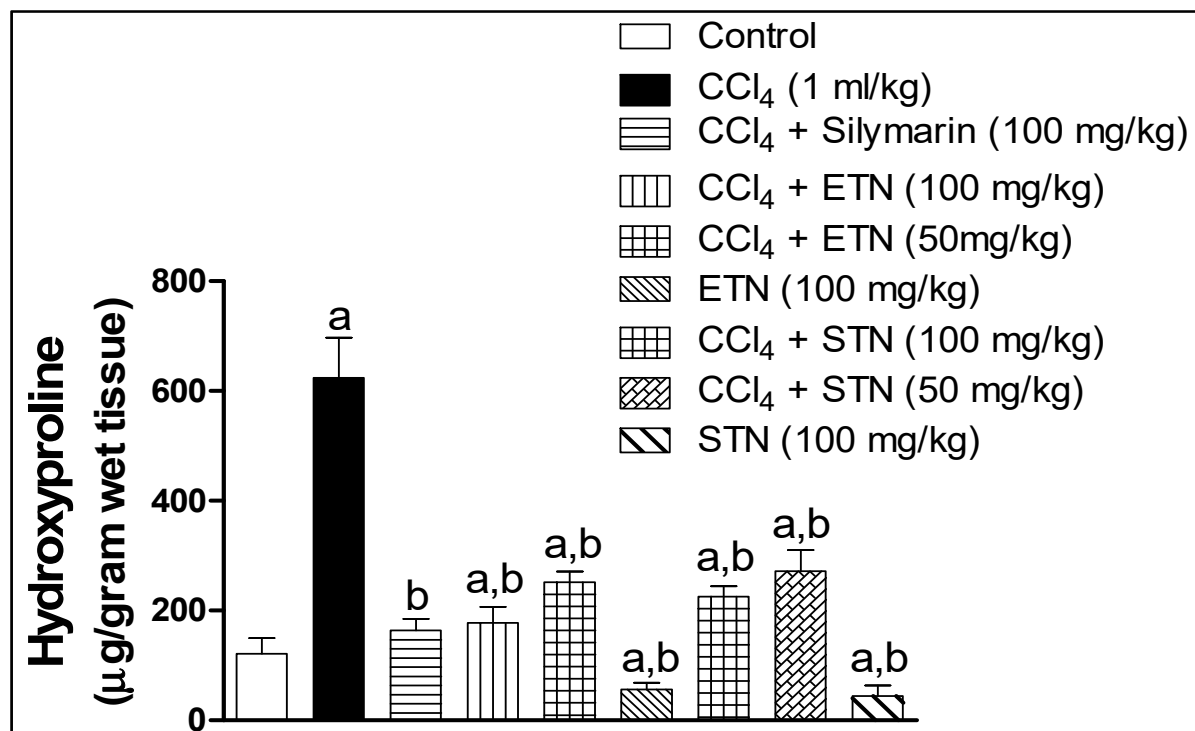
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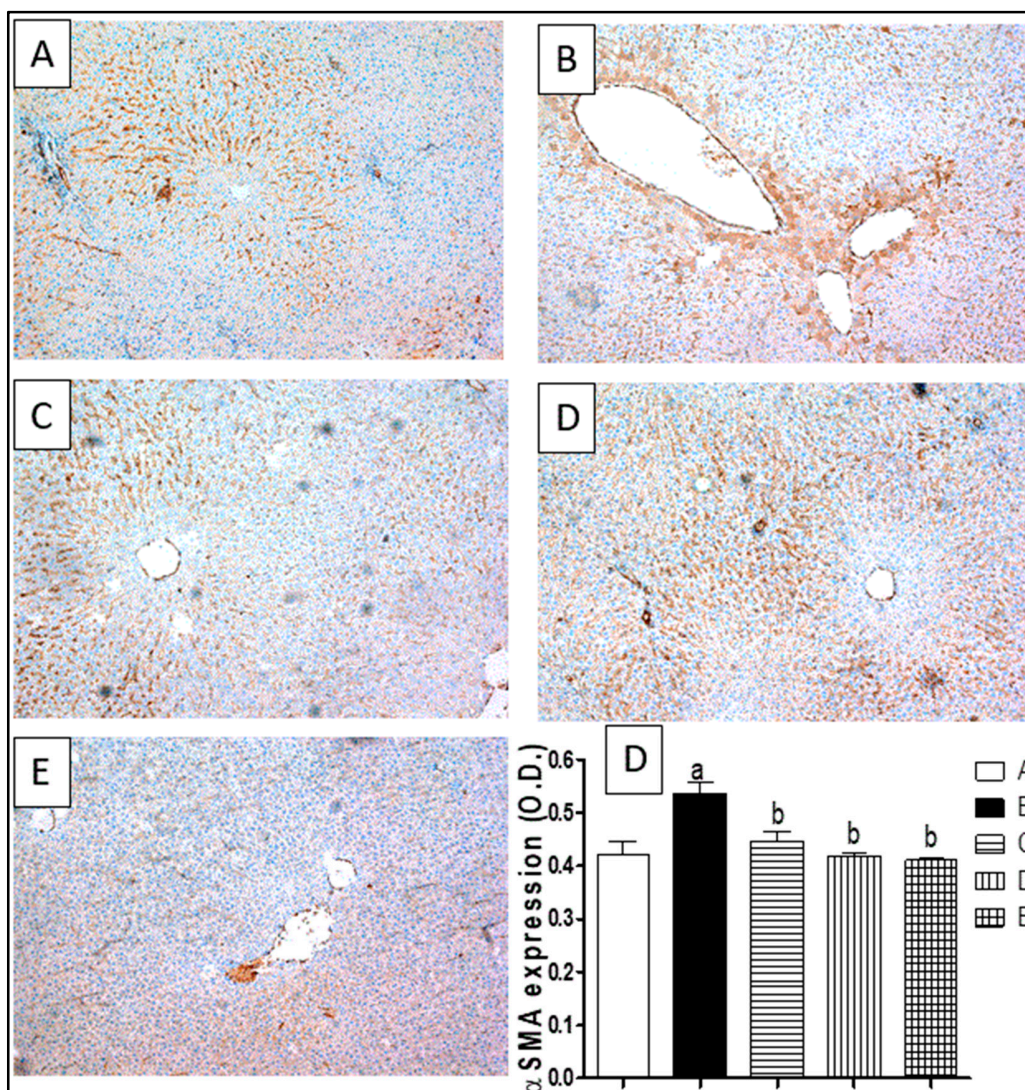
716



717 **Fig. 5.** Effect of ETN and STN on liver hydroxyproline content rats subjected to chronic CCl₄
 718 intoxication.

719 * Data are the mean \pm SD (n=6).

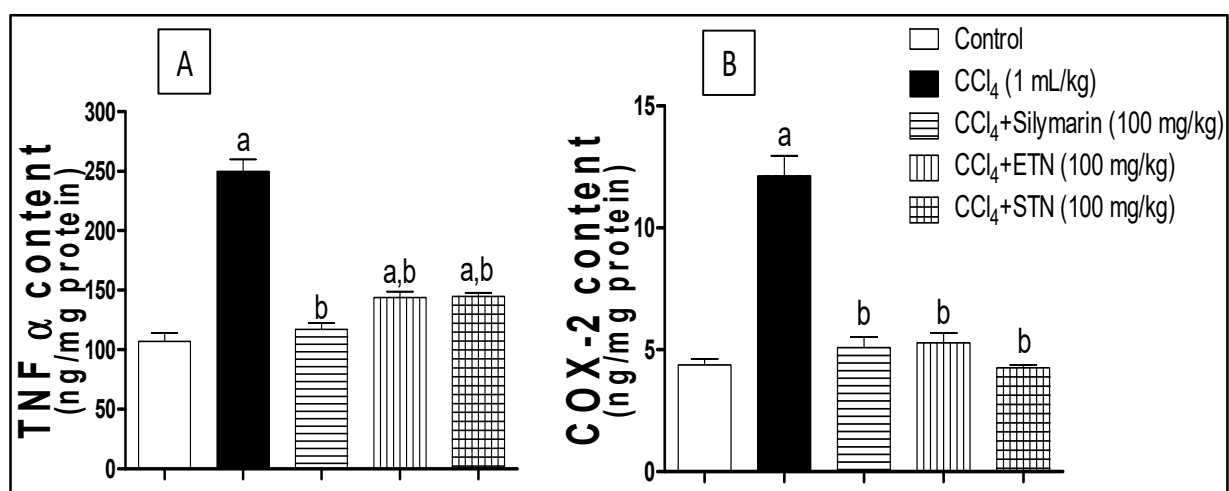
720 a or b: Significantly different from control or CCl₄ group respectively at $P < 0.05$ using ANOVA
 721 followed by Tukey-Kramer as a post-hoc test.



722 **Fig. 6. Expression of alpha smooth muscle actin (α -SMA) by immunohistochemical**
 723 **staining ($\times 100$).**

724 A: Photomicrograph of liver section of control rats showing minimal immunostaining for α -
 725 SMA. B: Photomicrograph of liver section of CCl₄ intoxicated rats showing extensive α -SMA
 726 expression of as shown by the intense brown staining. C: Photomicrograph of liver section of
 727 (CCl₄ / Silymarin) treated rats showing limited α -SMA expression. D: Photomicrograph of liver
 728 section of rats concurrently treated with CCl₄ (1ml/kg) twice a week and ETN (100 mg/kg) three
 729 times per week, showing limited α -SMA expression. E: Photomicrograph of liver section of rats
 730 simultaneously treated with CCl₄ (1ml/kg) twice a week and STN (100 mg/Kg) three times per
 731 week, showing minimal α -SMA expression. F: A graphical representation of the α -SMA
 732 expression as optical density (O.D) for the liver sections from different groups, where a or b
 733 express the significant difference from control or CCl₄ group respectively at P < 0.05 using
 734 ANOVA followed by Tukey-Kramer as a post-hoc test.

735



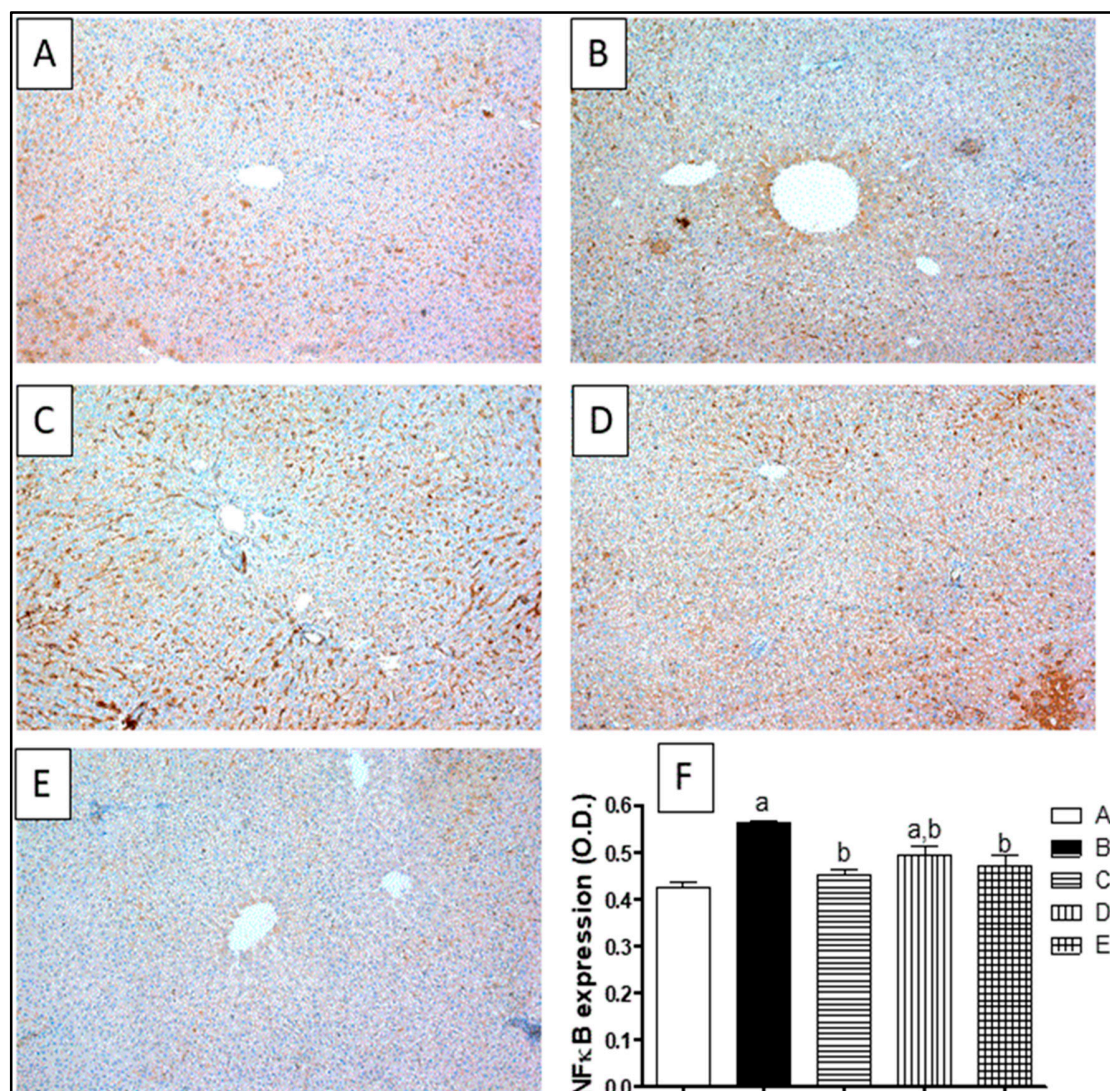
736

737 **Fig. 7.** Effect of ETN and STN aqueous alcohol extracts on hepatic TNF- α (Panel A) and COX-2
 738 content (Panel B) in rats subjected to chronic CCl₄ intoxication.

739 * Data are the mean \pm SD (n=6).

740 a or b: Significantly different from control or CCl₄ group respectively at $p < 0.05$ using ANOVA
 741 followed by Tukey-Kramer as a post-hoc test.

742



743 **Fig. 8. Expression of Nuclear Factor kappa B (NF-κB) by immunohistochemical staining**
 744 **(100X).**

745 **A)** Photomicrograph of liver section of control rats showing minimal immunostaining for NF-
 746 κB. **B)** Photomicrograph of liver section of CCl₄ intoxicated rats showing increased NF-κB
 747 expression of as shown by the intense brown staining. **C)** Photomicrograph of liver section of
 748 (CCl₄ / Silymarin) treated rats showing limited NF-κB expression. **D)** Photomicrograph of liver
 749 section of rats concurrently treated with CCl₄ (1ml/Kg) twice a week and ETN (100 mg/Kg)
 750 three times per week, showing limited NF-κB expression. **E)** Photomicrograph of liver section of
 751 rats simultaneously treated with CCl₄ (1ml/Kg) twice a week and STN (100 mg/Kg) three times
 752 per week, showing decreased NF-κB expression. **F)** A graphical representation of the NF-κB
 753 expression as optical density (O.D) for the liver sections from different groups, where a or b
 754 express the significant difference from control or CCl₄ group respectively at P < 0.05 using
 755 ONE-WAY ANOVA followed by Tukey-Kramer as a post-hoc test