

1 Article

2 Hexachlorocyclohexanes, Cyclodiene, Methoxychlor 3 and Heptachlor in Sediment of the Alvarado Lagoon 4 System in Veracruz, Mexico

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9 **Abstract:** The objective of the research was to evaluate the concentration of organochlorine
10 pesticides in sediment of the Alvarado Veracruz lagoon system, Mexico. To define the risk that
11 causes to the public health the consumption of organisms that inhabit in sediments of this
12 ecosystem. In 20 out of 41 stations analyzed, 11 prohibited organochlorine pesticides were
13 identified, such as hexachlorocyclohexane, lindane, aldrin, dieldrin, endrin, among others. The
14 highest concentrations were: aldrin 46.05; β -HCH 42.11; α -HCH 38.44; γ -HCH (lindane) 34.20;
15 δ -HCH 31.61; methoxychlor 29.40; heptachlor epoxide 25.70; heptachlor 24.11; dieldrin 22.13;
16 endrin 21.23; and endrin aldehyde 12.40 ng g⁻¹. Concentrations reported are prohibited in
17 international standards. In Mexico it is necessary to establish permissible limits in the
18 environmental legislation for this matrix. There is a strong need to demonstrate, with scientific
19 studies, the level of concentration reported by impact of compounds widely used in
20 agricultural-livestock activities.

21 **Keywords:** bioavailability; toxicity; public health; pesticides; aquatic ecosystems

23 1. Introduction

24 Persistent Organic Compounds (POPs) are a chemical group that poses a high risk to public
25 health and the environment, these compounds due to their transport capacity in the air or by
26 run-offs reach areas far from where they were initially applied [1]. Because of their chemical
27 characteristics, these organic molecules are included as prohibited in the Stockholm Convention list.
28 Also, compounds such as polychlorinated biphenyls (PCBs), dioxins, furans, and a variety of
29 organochlorine pesticides including aldrin, dieldrin, DDT, endrin, chlordane, hexachlorobenzene,
30 mirex, toxaphene and heptachlor are prohibited [2,3]. Recent studies report the presence of these
31 pesticides at high levels of concentration in soils, sediments, aquatic and terrestrial biota [4]. For its
32 transport capacity, the presence of these compounds has been determined in various aquatic
33 ecosystems of Mexico, becoming a risk to public health and the environment [5-8]. They have been
34 found mainly among the coastal ecosystems located in the southeast region of the Gulf of Mexico. In
35 addition, the presence of prohibited POPs as organochlorine pesticides: DDT, and their metabolites,
36 endosulfan, lindane, among the main ones continues to be reported [9-13]. The main routes of entry
37 of organochlorine pesticides correspond to those used in agricultural areas. These pesticides reach
38 the coastal environment through rivers, drains, runoffs, and through atmospheric transport.
39 Likewise, those that are used in health campaigns join them [14,15]. Once these compounds are
40 found in aquatic environments, they are adsorbed by the organic matter particles in the water
41 column. Here, several processes occur that cause the deposition of organochlorine compounds in the
42 bottom of these bodies, where they are in direct contact with the benthic organisms that inhabit this
43 zone and are of commercial interest for human consumption [16, 17].

44 The sediment analysis in an aquatic ecosystem allows an integral estimation of its composition,
45 since the sediment is the most stable matrix for the materials and substances dispersed in the water

46 column. They are the main receptors of most of the contaminants deposited, due to their
47 precipitation and accumulation capacity [17-19].

48 In coastal lagoons, it must be considered that chemical compounds undergo transformations in
49 addition to precipitation; such as dilution, flocculation, sedimentation and degradation before
50 finally reaching the sea [20]. In relation to the above, indicated that the sediment acts as a secondary
51 source of pollution in the marine environment. The processes of transformation can cause a greater
52 toxicity, as well as increase its residence time in the water column and its toxicity in the benthic
53 organisms that inhabit these ecosystems [11,15,16,21].

54 Sediments as a habitat for benthic biota are a source and mechanism for the removal of some
55 pollutants, towards the streams and from the same aquatic stream. Therefore, sediments constitute a
56 transport route for contaminants [21].

57 An efficient way to evaluate the presence of hydrophobic compounds in aquatic bodies is the
58 analysis of contaminants in sediments and aquatic benthic biota, which also have a low solubility in
59 water, a high solubility in lipids and a strong tendency to absorb organic material in soil and
60 sediment [17,21]. Accordance to the above, it can be pointed out that chemical contaminants
61 accumulating in benthic organisms that inhabit sediments can be transferred to higher trophic
62 levels through the food chain and thus constitute elements of risk to public health [11,13].
63 Therefore it is necessary to know the environmental quality of the sediments due to the effect it has
64 on different trophic levels and on the transport of pollutants in the coastal zone. The objective of this
65 work was to determine, in the sediment matrix of the Alvarado Veracruz lagoon system, the
66 concentration of organochlorine pesticides; hexachlorocyclohexanes, endrin, methoxychlor and
67 heptachlor, as elements of risk to the public health due to its consumption.

68

69 **2. Materials and Methods**

70 *2.1. Study area*

71 The Alvarado lagoon system is located in the southeast region of the state of Veracruz at
72 coordinates 18°44'00 and 18°52'15 latitude North, 95°44'00 and 95°57'00 longitude West, located at 70
73 km from the southeast of the port of Veracruz with an elevation of 10 m above sea level [22-25]. This
74 lagoon body has a total extension of approximately 6 200 ha and a maximum width of 4.5 m. The
75 lagoon-estuarine system is made up of more than 100 brackish coastal lagoons and seasonally
76 flooded areas, among the main lagoon bodies are: Alvarado, Camaronera and Buen País, and
77 internal lagoons such as Pajarillos, Popuyeca, Embarcadero [26,27]. The main contributions of water
78 to the system are the Papaloapan, Acula, Blanco and Limón rivers [22].

79 The average annual temperature is 26 °C and the coldest monthly average is above 18 °C. The
80 dry season is from January to May, the rainy season from June to October and the north winds
81 season is from November to January. The Alvarado lagoon is a water system with a high degree of
82 turbidity, showing low transparency during the rainy season [22,25,28].

83

84 *2.2. Collection and treatment of sediment samples for analysis*

85 For sample collection, 41 sampling stations were geo-referenced in the study area (Figure 1).
86 The sediment collection was performed in each season in a timely manner in triplicate during the
87 dry season corresponding to the months of April, May and June.

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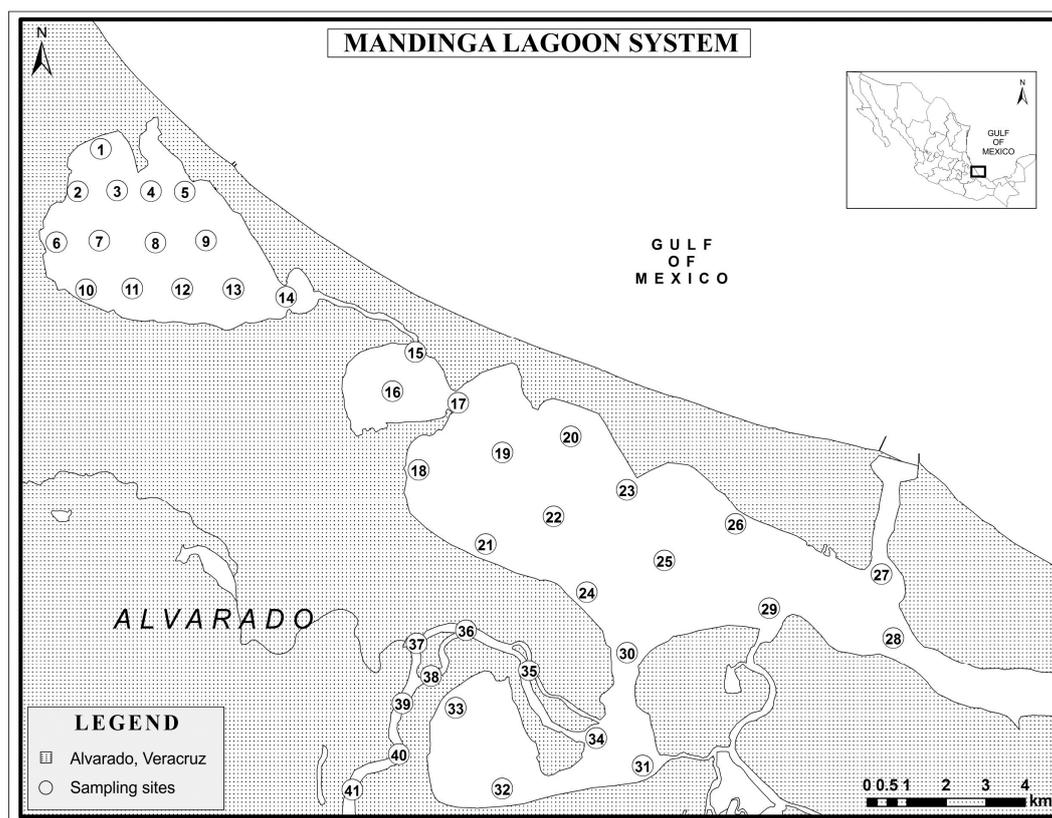


Figure 1. Sampling stations in the Alvarado lagoon system, Veracruz, Mexico.

Samples were collected at the stations using a Van Veen crab-type dredge and stored in Ziploc® polyethylene bags for storage at temperatures between 4 to 5 °C, while being transported to the laboratory, where they were frozen until treated and analyzed. The already frozen sediment samples were lyophilized in a Thermo Savant ModulyOD-114 kit for 72 hours at -49 °C and a vacuum pressure of 36x10⁻³ mbar. After lyophilized they were stored in sealed bags to be ground in a porcelain pistil mortar until obtaining a fine particle size. Finally, they were homogenized in a No. 30 sieve with an aperture of 595 µm. Samples were stored in a desiccator to avoid contact with the ambient humidity.

2.3. Laboratory analysis of fine sediment samples

The material used in the development of this research was prepared according to the pesticide residue analysis protocol standardized [29]. The material was washed with phosphate-free neutral Extran® soap for 24h, then rinsed with potable water, followed by distilled water (Milli-Q), finally washed with ethyl ether and acetone. To avoid cross-contamination of the samples, the purity of the ethyl ether used to wash the glassware was periodically evaluated, using gas chromatography.

2.4. Microwave extraction

Extraction of pesticides from the sediment was performed with the CEM microwave equipment MARS 5 (CEM Corporation, Matthews NC). Solvents and reagents used in all analyzes were reactive grade. The following were used: hexane (Backer) with a boiling temperature range of 40-50 °C; sulfuric acid (Merck) from 95 to 97% purity and sodium sulfate powder (Backer) previously activated and purified in a forced air oven model Riossa CF-102 at 650 °C for 24 hours.

The technique of Murphy [30] modified by Waliszewski [29] was used for the determination of the concentration of organochlorine pesticides. Using 10 g of lyophilized and ground sample, placed then in a Teflon vessel with 20 ml of acetone and 20 ml of hexane as solvents. The microwave assisted extraction was carried out for a period of 20 minutes at 110 °C and a pressure of 200 PSI.

120

121 *2.5. Separation and cleaning of organochlorine pesticides in samples.*

122 The sample was collected from the microwave extraction was placed in 250 ml flasks, this was
123 cooled for 30 min and then this solution was filtered over a layer of sodium sulfate (8.0 g) and
124 washed with 10 ml of petroleum ether. Subsequently, final purification of the sample was performed
125 with a Florisil® cartridge as an adsorbent for 60-100 mesh chromatography (Sigma-Aldrich, Merck
126 KGaA, Darmstadt, Germany). Finally, the obtained extract was concentrated with a rotoevaporator
127 to a volume of 1 ml of purified sample at 45 °C and stored in an amber vial (Reacti-vial, Pierce®).

128

129 *2.6. Preparation of the calibration curve*

130 Quality control of the readings was performed on the chromatograph for each organochlorine
131 pesticide analyzed. These were a total of 11 pesticides: α -HCH, Lindane (γ -HCH), β -HCH,
132 Delta-HCH (δ -HCH), Heptachlor, aldrin, heptachlor epoxide, dieldrin, endrin, endrin aldehyde and
133 methoxychlor. It was performed by producing a linear regression of 5 points of the calibration curve.
134 The reference standards and reference certificates used to make the calibration curve were
135 ChemService, Inc., West Chester, Pennsylvania 19381, USA, a fortification test was also performed to
136 ensure a recovery of 93%.

137

138 *2.7. Quantification of organochlorine pesticides*

139 The equipment used for the quantification was a Thermo Electron Model Trace GC Ultra 115V
140 gas chromatograph (Thermo Fisher Scientific Inc ©) with electron capture detector. Pesticide
141 separation was performed on a 30m x 0.32mm x 0.25 μ m of 14% cyanopropylphenyl polysiloxane
142 chromatographic column from Thermo Scientific (Belleford PA, EU). Ultrapure nitrogen
143 (Praxair-Mexico) was used as the entrainment gas at a flow rate of 2.5 ml/min. The operating
144 temperatures were as follows: detector 300 °C, injector 250 °C and column 160 at 280 °C (4 °C/min).
145 The injection volume was 1 μ l in splitless mode.

146 3. Results and Discussion

147 3.1. Sediments as a source of pollutant distribution

148 The concentration of organochlorine pesticides analyzed at the sampling stations from number
149 30 to number 41 had values below the detection limit of the equipment (0.01 ng g⁻¹). In contrast, there
150 were higher concentrations in the 20 analyzed sites, which included stations 1 through 19 and 25 in
151 the study area. This indicates that for the first points there is a low risk for the aquatic biota that is in
152 direct contact with the sediment, particularly for the molluscs, these organisms act as a link between
153 the trophic levels, which are also important species indicative of pollution [31].

154 The presence of a higher concentration of organochlorine pesticides in sediments with respect
155 to the concentrations found in the analyzed water samples, which is why it is important to analyze
156 the sediment matrix [32]. The presence of organochlorine compounds represents an environmental
157 risk, since among the environmental consequences are their bioaccumulation in the food chain and
158 the alteration of aquatic ecosystems in both fresh and coastal waters. Likewise, the pollutant effect of
159 these compounds in productive activities such as fishing, due to their risk in public health and in the
160 environment must be considered [7].

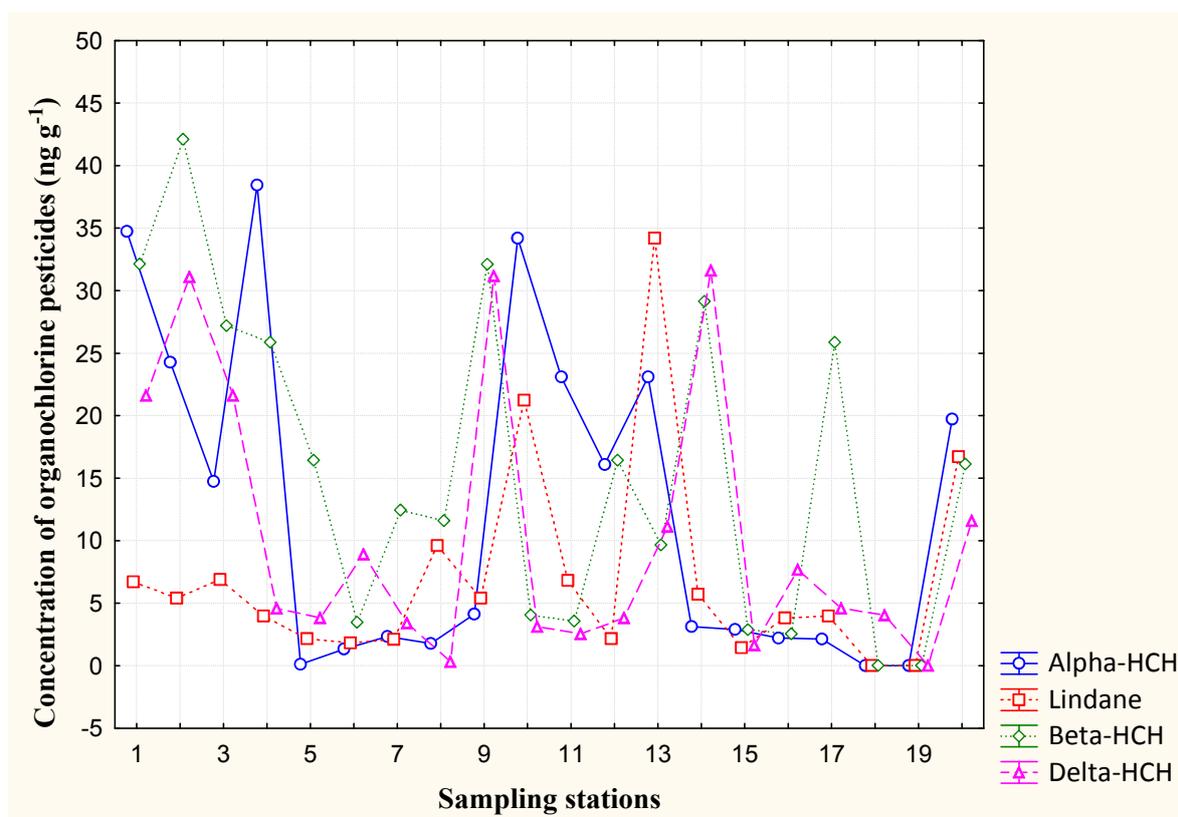
161 In coastal environments and according to their application, organochlorine pesticides must be
162 closely related to what is established by Mexican legislation, since there are several prohibited and
163 highly toxic compounds. It have been indicated that five pesticides (aldrin, dieldrin, endrin, mirex
164 and chlordecone) have been banned in Mexico, five are not marketed and are banned (chlordane,
165 lindane, DDT, sulfluramide and endosulfan) and finally six others have never been approved for use
166 (heptachlor, HCB, toxaphene, pentachlorobenzene, α and β -HCH) [7]. However, despite being
167 banned, the presence of these compounds indicates their regular use and are found in the
168 environment as degradation products of the original compounds [7].

169

170

171 3.2 Hexachlorocyclohexane (HCHs)

172 Lindane was the only compound identified at station 22 at a concentration of 4,051 ng.g⁻¹ and
 173 the same case was found for α -HCH at station 28 with an average concentration of 4,051 ng.g⁻¹
 174 (Figure 2). The remaining 17 stations had concentrations with minimum and maximum values of:
 175 α -HCH with 2.13 (station 17) and 38.44 (station 4); β -HCH with 2.56 (station 6) and 42.11 (station 2);
 176 lindane (γ -HCH) with 1.45 (station 15) and 34.20 (station 13) and δ -HCH with 1.67 (station 15) and
 177 31.61 ng g⁻¹ (station 14). High concentrations of HCH are related to their extensive use reported [8],
 178 according to the information issued by CICOPALFEST that lindane (γ -HCH) constitutes
 179 approximately 10 to 15% of the product hexachlorocyclohexane. This is authorized in Mexico for the
 180 treatment of oats, barley, maize, sorghum and wheat seeds, for industrial use in pesticide
 181 formulating plants, for the control of some cattle pests such as mites and lice. While urban use is
 182 exclusively in health campaigns [8,33].
 183



184
 185 **Figure 2.** Concentrations of the hexachlorocyclohexane (HCHs) group in sediment from the
 186 Alvarado lagoon, Veracruz, Mexico.

187
 188 The Agency for Toxic Substances and Disease Registry (ATSDR) also noted its extensive use as
 189 an insecticide in fruits, vegetables and forest plantations, and in animals [34]. In addition to storage
 190 spaces where these are maintained without a control of handling. The latter, in contrast to indicate
 191 that α and β -HCH have never been approved for use, in the case of lindane (γ -HCH) not marketed
 192 and found in prohibition process [7]. ATSDR has classified γ -HCH as a pesticide for restricted use, it
 193 can be used by licensed and certified persons for its control and management [34].

194 Concentrations reported of the HCH isomers in this research in the Alvarado lagoon system
 195 were lower than those found in the state of Ondo, Nigeria with concentrations of α -HCH (ND 8.07 \pm
 196 3.00); β -HCH (ND-10.91 \pm 6.66 μ g g⁻¹) and finally γ -HCH (ND-9.08 \pm 0.02 μ g g⁻¹) [32]. Also, it was
 197 reported in Densu River in Ghana, maximum sediment concentrations for γ -HCH of (0.555 \pm 0.12 μ g
 198 Kg⁻¹ and 0.608 \pm 0.24 μ g Kg⁻¹), for δ -HCH (0.140 \pm 0.05 and 0.14 \pm 0.01 μ g Kg⁻¹). Associating the
 199 variations in the distribution of the HCH isomers concentration with the use and handling of the

200 mixture of this compound in different localities. Besides considering the greater contribution of
201 γ -HCH compared to δ -HCH, due to its widespread use in the market as lindane (γ -HCH) [35].

202 Lindane (γ -HCH) even in low concentrations represents a risk to public health, this compound
203 is listed as a carcinogen of Group 1 by the International Agency for Research on Cancer (IARC) and
204 the World Health Organization (WHO) reported [36]. ATSDR (2016a) also noted that IARC has
205 classified all HCH isomers as possible carcinogens in humans [34].

206

207 3.3. Cyclodienes (*endrin and endrin aldehyde, aldrin and dieldrin*)

208 The maximum concentration range of the cyclodiene family in the sediments of the Alvarado
209 lagoon was as follows: aldrin 46.05; endrin 21.23; endrin aldehyde 12.40 and dieldrin 22.13 ng g⁻¹
210 (Table 1, Figure 3). The previous concentrations were higher than those reported in
211 Navachiste-Macapule lagoon, Sinaloa, Mexico. Where a maximum mean concentration of aldrin 0.58
212 ng g⁻¹; endrin 4.93 \pm 5.82 ng g⁻¹; endrin aldehyde 0.76 \pm 0.39 and dieldrin 1.13 \pm 0.80 ng g⁻¹ were
213 obtained [37].

214

215 **Table 1.** Concentration of organochlorine pesticides (ng g⁻¹) in sediment of the Alvarado lagoon
216 system in Veracruz, Mexico.

Compound	Minimum	Maximum	Mean	Standard deviation
α -HCH	0.121	38.44	12.428	13.264
γ -HCH (Lindane)	1.45	34.20	7.010	8.287
β -HCH	2.56	42.11	15.683	12.737
δ -HCH	0.34	31.61	10.424	10.801
Heptachlor	1.98	24.11	8.621	8.000
Aldrin	2.11	46.05	11.667	12.088
Heptachlor epoxide	2.13	25.70	7.052	5.884
Dieldrin	2.18	22.13	9.041	6.051
Endrin	0.34	21.23	8.420	7.724
Endrin aldehyde	0.01*	12.40	2.581	3.224
Methoxichlor	1.13	29.40	5.650	6.561

217 *Limit of detection of 0.01 ng g⁻¹ (< LDD).

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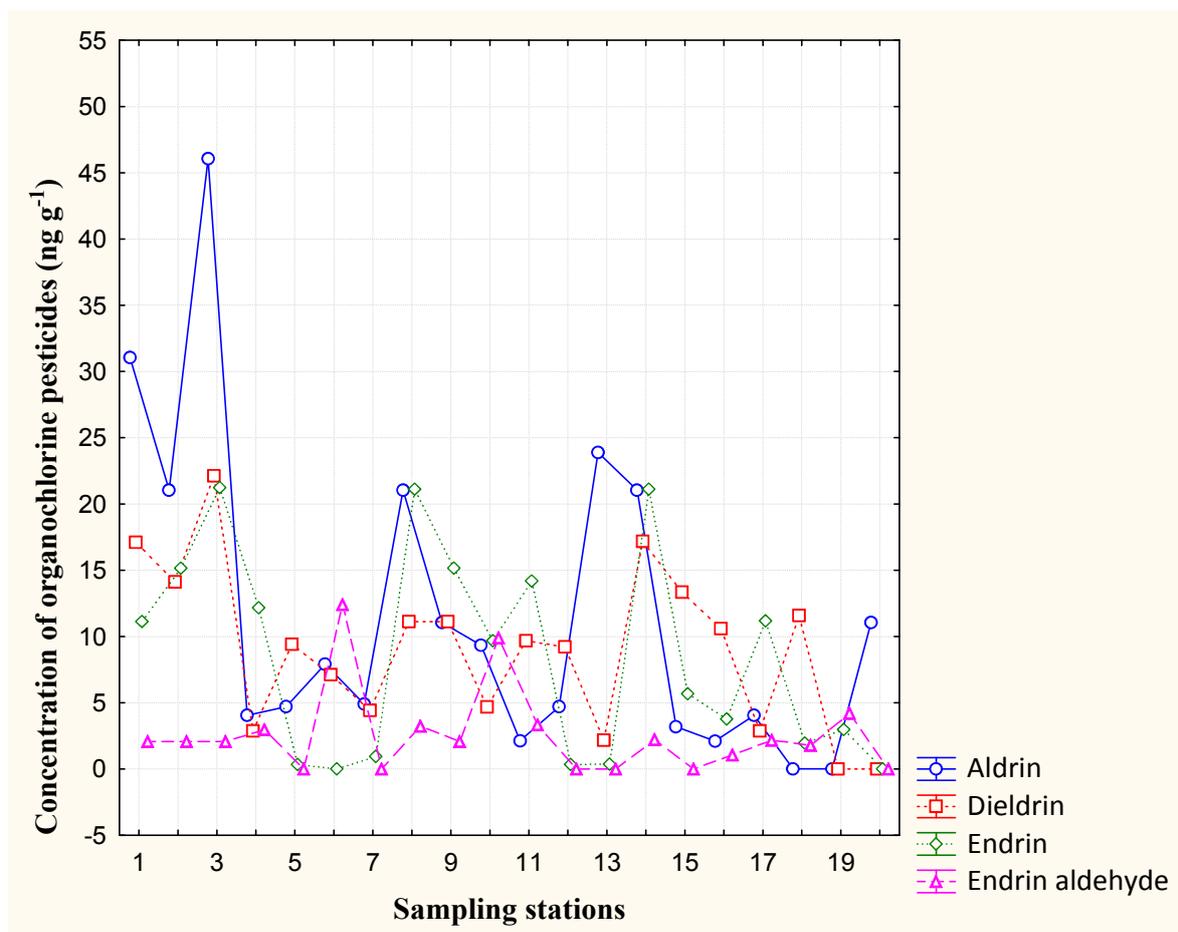
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228 **Figure 3.** Concentrations of the cyclodiene family in sediment of the Alvarado lagoon in Veracruz,
 229 Mexico.

230

231 The high concentrations of endrin, followed by dieldrin, endrin aldehyde and finally aldrin
 232 indicate a recent application. In addition, these maximum concentrations can be associated with the
 233 rainy season due to runoff from the agricultural fields [37].

234 In the case of Ondo state reported concentrations of these compounds higher than those
 235 reported for Navachiste lagoon, these are: aldrin (ND ; $6.55 \pm 0.02 \mu\text{g.g}^{-1}$); dieldrin (0.01 ± 0.01 , $7.62 \pm$
 236 $5.72 \mu\text{g.g}^{-1}$) and endrin (ND - $21.28 \pm 3.17 \mu\text{g.g}^{-1}$) [32]. Furthermore, reported on benthic sediment from
 237 Agboyi Creek, Lagos, Nigeria, also high concentrations of aldrin ($43.6 \pm 2.1 \text{ ng g}^{-1}$); endrin ($8139.5 \pm$
 238 2.3); endrin aldehyde (536.2 ± 7.4) and dieldrin ($38.9 \pm 7.5 \text{ ng g}^{-1}$) [38].

239 Despite variations in concentrations among various investigations, the detection of endrin
 240 compounds suggests its continued use, despite its prohibition by government laws [37]. In Mexico,
 241 however, only the Comisión Federal para la Protección contra Riesgos Sanitarios (COFEPRIS) is the
 242 federal agency that issues this type of recommendations on the use of pesticides. ATSDR issued a
 243 recommendation for lifetime water consumption for children and adults with endrin of 0.002 mg L^{-1}
 244 and in the case of ambient waters recommended a maximum level of 0.001 mg L^{-1} to protect the
 245 health of human beings [39].

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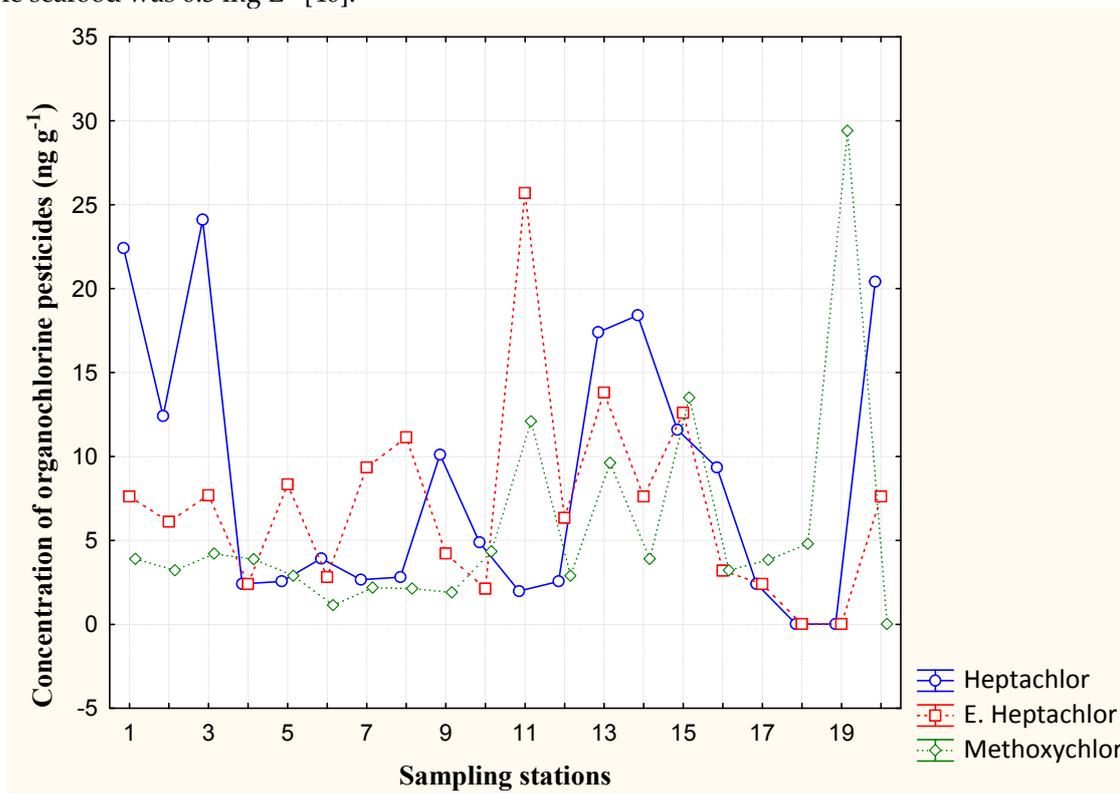
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250 3.4. Methoxychlor and heptachlor

251 The maximum value of methoxychlor obtained in sediment of the Alvarado lagoon was 29.40 at
 252 station 19 (Figure 4), followed by heptachlor with 24.1 (station 3) and heptachlor epoxide with 25.79
 253 ng g^{-1} (station 11). These sediment concentrations are lower than those reported in Lagos, Nigeria
 254 with maximum concentrations of methoxychlor 146.7 ± 8.2 , heptachlor 125.6 ± 8.5 and heptachlor
 255 epoxide $403.6 \pm 9.3 \text{ ng g}^{-1}$ [38]. The above concentrations for heptachlor are high, considering that
 256 ATSDR reported 0.01 mg L^{-1} as the limit for most crops. And in case of food, the limit reported in
 257 edible seafood was 0.3 mg L^{-1} [40].



258

259 **Figure 4.** Concentrations of methoxychlor and heptachlor in sediment of the Alvarado lagoon in
 260 Veracruz, Mexico.

261

262 The detection of methoxychlor and heptachlor, as well as other organochlorines (endrin and
 263 DDT) suggests its continued use, despite their prohibition by governmental laws [37]. It must be
 264 considered in the case of methoxychlor that most of it enters the environment when applied to
 265 agricultural crops, forests and livestock. The degradation of this compound is slow in environmental
 266 matrices (air, water and soil), due to the effect of sunlight and microorganisms this degradation can
 267 take a period of several months. Also, some degradation products of methoxychlor may be as
 268 damaging as the parent compound. Among toxicological effects, the presence of high levels of this
 269 compound in animals produced tremors and convulsions, as well as affecting fertility [41].

270

A higher concentration of methoxychlor ($12.70 \pm 15.20 \text{ ng g}^{-1}$), compared to heptachlor with 5.95 ± 6.72
 271 and heptachlor epoxide with $0.50 \pm 0.14 \text{ ng g}^{-1}$ [37]. They indicated that a high concentration of
 272 the first compound in the sediments suggests its constant use in the regions with influence in the
 273 lagoon system. The above according to the ATSDR is due to the fact that methoxychlor released into
 274 air is eventually deposited in soil, where it adheres firmly to particles. In addition to its zero
 275 solubility in water, this matrix is adhered to sediments and deposited in the bottom of bodies of
 276 water. It is important to mention that the amount of methoxychlor that may be present in drinking
 277 water is 0.04 mg L^{-1} [41].

278

The compounds heptachlor and heptachlor epoxide, like other organochlorines, including
 279 methoxychlor, adhere strongly to soil and sediment, evaporate slowly in the air and do not readily

280 dissolve in water. The heptachlor epoxide dissolves readily in water opposite to heptachlor and
281 evaporates slowly therefrom. Therefore, heptachlor epoxide degrades very slowly in the
282 environment and can remain many years in soil and water [40].

283 In addition to its persistence in the environment, the accumulation in living beings and
284 therefore their toxicity must be considered. ATSDR noted that heptachlor and heptachlor epoxide
285 accumulate in fish and livestock, whereas in human beings, heptachlor epoxide can be stored in
286 body fat. It has been shown that the latter can be detected in the body fat of a person 3 years after
287 exposure to this substance. Also, heptachlor epoxide is more toxic than heptachlor in laboratory
288 animals [40].

289 With respect to the long-term effect on health and due to the heptachlor toxicity and its
290 metabolite, the International Agency for Research on Cancer (IARC) has classified both compounds
291 as possible carcinogenic in humans [40].

292 4. Conclusions

293 Concentrations of organochlorine pesticides in the analyzed sampling stations show their
294 influence on the dynamics of the Alvarado lagoon system. These compounds are exported to the
295 coastal zone and finally deposited in open sea.

296 This research highlights the need for constant monitoring in sediments of the lagoon system
297 and hydrological basins of influence that are located in different regions of Mexico. Sediments are
298 the habitat of different aquatic organisms, such as crustaceans and bivalve molluscs that get
299 contaminated and therefore, when consumed by people could represent an element of risk to public
300 health.

301 Compounds highly toxic to public health of the group of organochlorine pesticides, such as
302 Hexachlorocyclohexanes, cyclodiene, methoxychlor and heptachlor were identified in this study.
303 Concentrations found indicate their illegal use in Mexico, despite being banned internationally.

304 Efficient regulation is required in the use and management of insecticides. As well as promoting
305 the use of environmentally friendly compounds in agricultural and livestock activities.

306 It is necessary to reflect on including the sediment matrix in the environmental legislation of
307 Mexico, in order to establish the maximum permissible limits in aquatic ecosystems. Considering
308 that these sediments are the habitat of important species of aquatic organisms of national and
309 international consumption.

310 **Acknowledgments:** to the TECNOLÓGICO NACIONAL DE MÉXICO and to the Academic Group of the
311 PRODEP Aquaculture and Fisheries Sciences.

312 **Author Contributions:** All authors significantly contributed the article.

313 **Conflicts of Interest:** The authors declare no conflict of interest.

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